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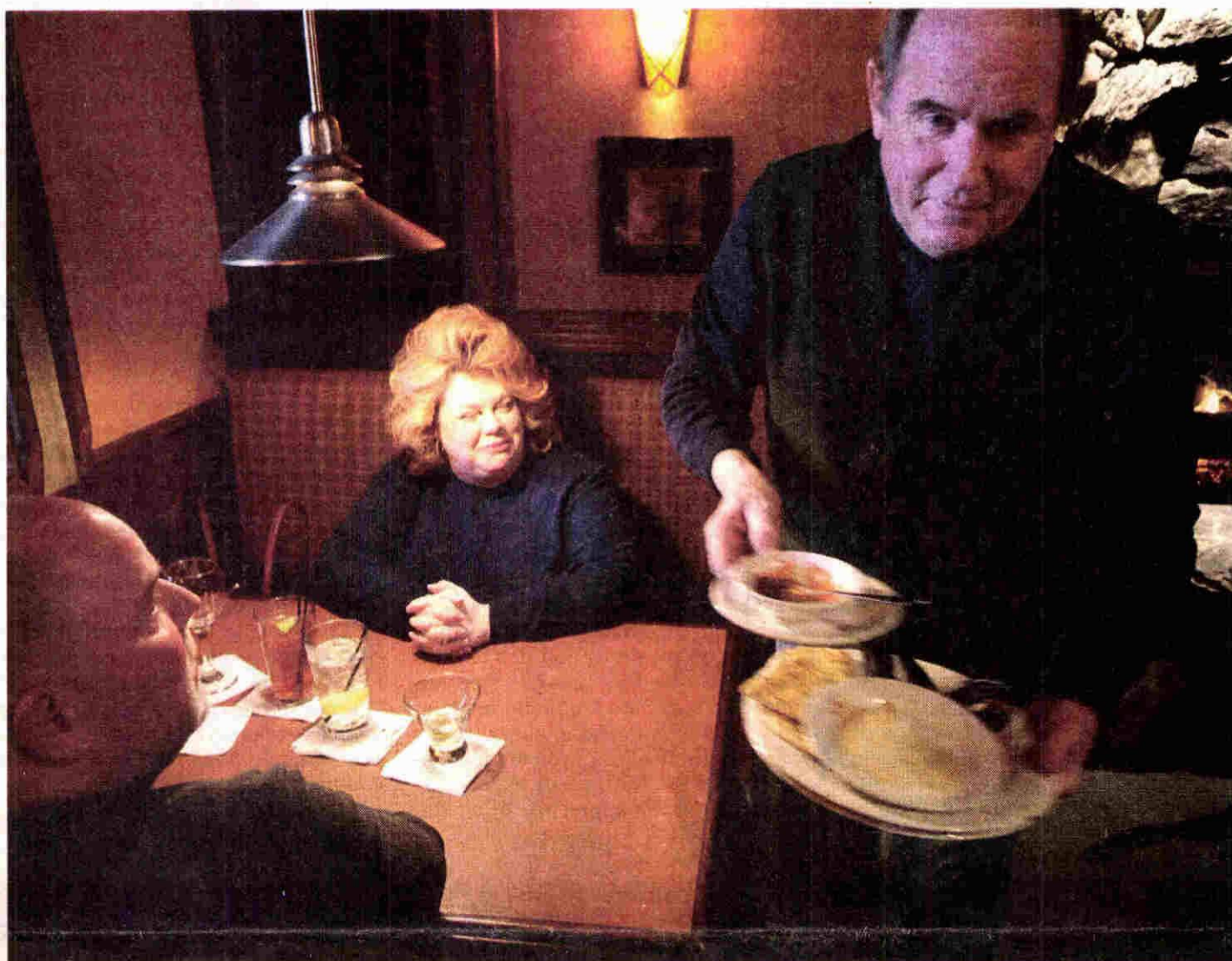
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# OBSERVER

THURSDAY, FEBRUARY 21, 2019 ■ HOMETOWNLIFE.COM

PART OF THE USA TODAY NETWORK



Stella's owner Bob Ostendorf clears dishes from a table while he chats with longtime customers at one of his restaurants.  
PHOTOS BY JOHN HEIDER/HOMETOWNLIFE.COM

## Stella's expands in downtown Plymouth

Ed Wright Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

The furry and friendly namesake of Plymouth's newest restaurant is still getting accustomed to the freight trains that rumble past her owner's latest venture at 885 Starkweather Road.

The transition has been smooth, however, for the faithful foodie following that Bob Ostendorf has developed with his growing brand of Stella's eateries.

Ostendorf, whose Bernese mountain dog Stella is the centerpiece of his growing dining empire's marketing plan, is bringing the taste of New Orleans to Plymouth's Old Village with the opening of his two-of-a-kind hybrid restaurant Stella's Too/Stella's Trackside.



Stella's Trackside in Plymouth now offers a Friday afternoon happy hour.

See STELLA'S, Page 5A

## A day later, Livonia's 'Jeopardy!' champion \$1 short

Susan Bromley Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

Amanda Holm, of Livonia, sought to repeat as "Jeopardy!" champion on the episode of the hit NBC quiz show that aired Monday night.

Alas, it was not to be. "It was a tougher day than the previous one," Holm said. "I was in a bind. The chips fell the wrong way and I lost by one dollar."

Holm, 45, won \$13,200 on Friday's episode, in a comeback victory against a four-time champion in which she eventually conquered troubles with buzzing in at the right time.

In her return Monday night, the Henry Ford Health System project manager faced off against Rachel Fabi, a professor of public health bioethics from Syracuse, New York, and Doug Wilham, a high school athletic director from Louisville, Kentucky.

While Holm said she never became super comfortable with the buzzer, she did well enough to be in the lead at the end of the second round, and combined with her knowledge of topics including microeconomics and macroeconomics, Iraq, Rob Lowe, Tel Aviv, and "Mommy Dearest," she did well enough.

Going into Final Jeopardy! she had a total of \$13,400, leading Fabi, who had \$8,400, and Wilham, who had \$9,200. The category was British authors, which she felt pretty good about, but in the end, it came down to the wager.

She bet \$5,001, which if she answered correctly, would have given her \$18,401 and a win by \$1 over Wilham, if he bet everything he had and also answered correctly.

"It was one of those things where it is a choice between betting to win and betting to survive," Holm said. "If you tie, they go to a tie-breaker question. You don't both advance. Do I bet on my knowledge of the question or go with buzzer skills? I went with a bet-to-win strategy and the dice rolled the wrong way."

The final clue was: "Born in 1866, he has been called 'The Shakespeare of science fiction.'"

The right response: "Who is H.G. Wells?"

See 'JEOPARDY!', Page 2A

## Livonia police arrest I-96 Speedway robbery suspect

David Veselenak Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

Livonia police say they have arrested a suspect accused of holding up a gas station off of Interstate 96 last week.

Police say they, with the assistance of the United States Marshal Service, arrested Sean Ragland, 26, of Highland Park, on Feb. 15. Ragland, a former em-

ployee at the gas station, is accused of entering the Speedway at 31374 Schoolcraft in the early morning hours Feb. 14 and robbing the store clerk at gun point.

The store clerk working at the time called police after running from the store after the suspect arrived.

Police say Ragland entered wearing a bandanna over his face and brandished a semiautomatic handgun, demanding



Ragland

cash. Police say he took the cash and left the store on foot.

He was unable to be located by police immediately after the incident.

Ragland was arraigned on charges of armed robbery and felony firearm in district court. He was given a \$150,000

cash/surety bond and is due in Livonia's 16th District Court for a probable cause conference at 9 a.m. Feb. 28.

Wayne County Jail online records show Ragland still in the county jail as of Monday morning. If convicted, Ragland faces up to life in prison.

Contact David Veselenak at dveselenak@hometownlife.com or 734-678-6728. Twitter: @davidveselenak.

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# New app rewards walking in Livonia

David Veselenak [Hometownlife.com](http://Hometownlife.com)  
USA TODAY NETWORK — MICHIGAN

Have you always wanted a little extra reward for taking that half-hour walk? Livonia residents can now have just that.

The Healthy Livonia initiative, a program launched by the city, St. Mary Mercy Hospital and other groups, is a fitness challenge program that rewards users with a digital currency for the steps they take.

Using an app called Carrot, participants can sign up for the challenge with Healthy Livonia and receive a step goal. Then, their pedometer-enabled smartphone can track their steps and determine whether or not they've hit their goal for the day. Participants can then use the coins to purchase goodies such as gift cards through the app.

The best part of the program, said Healthy Livonia Program Coordinator

Jane Muszynski, is that goals are determined by daily activity and not at an arbitrary figure. If a participant does more sitting at a desk during the day, their goal will be different than a more active person.

"Then your goal is going to be set lower," she said. "You wouldn't have the same goal as a mailman who walks all day does."

Users who sign up can also link their fitness tracker, such as a FitBit, to the app to count their steps as well. The app is available in the App Store for Apple and the Google Play Store for Android devices.

Muszynski said the program launched at the 100 Days to Health event at the Jack E. Kirksey Recreation Center last month and has seen more than 150 participants sign up. Of those participants, she said, more than 41 percent have been routinely hitting their daily step goals.

In addition to the accumulation of regular steps, users who travel to one of 12 spots around Livonia can earn 1,000 bonus steps just for visiting. These locations have special beacons that will recognize users within several hundred feet. They range from city facilities and parks to local businesses and eateries.

Once such beacon location is Merri-Bowl Lanes, 30950 Five Mile. Richard Glomb, one of the bowling alley's owners, said he heard about the program



Rich Glomb, right, an owner of Merri-Bowl, and Teri Gasser, supervisor, hold up a Carrot beacon at the bowling alley on Five Mile. Merri-Bowl is one of a dozen locations across Livonia with beacons, which earns Carrot app users 1,000 steps.

COURTESY OF JANE MUSZYNSKI

from an employee and got involved with Healthy Livonia. In addition to promoting the program, he saw it as a way to get people talking about the benefits of bowling.

"What we saw was an opportunity to promote Merri-Bowl but also the activity of bowling," he said. "That's why we jumped all over this."

Other places with Carrot beacons include:

- Biggy Coffee, 37403 Ann Arbor

Road

- Community Alliance Credit Union, 37401 Plymouth
- Community Choice Credit Union, 15420 Farmington
- Embassy Title, 15704 Farmington
- Jimmy John's, 37671 Six Mile and 33177 Eight Mile
- Jack E. Kirksey Recreation Center, 15100 Hubbard
- Livonia Chamber of Commerce, 33300 Five Mile
- New 5 Nutrition, 37665 Five Mile
- Rotary Park, 32184 Six Mile
- Tatigian Park and Nature Preserve Bridge, 34501 Curtis

Healthy Livonia has launched several programs and assisted in several areas since it launched, including assisting with the new universally-accessible playground that opened at Rotary Park last year.

Ted Davis, superintendent of parks and recreation for the city, said in addition to encouraging people to visit sites such as Tatigian Park, the program will help move Livonia residents closer to living a more healthy lifestyle.

"We hope to continue to roll this out to the business community and the general public as well," he said. "It's really unique. We're reinforcing positive behaviors. We're reward good behaviors."

Contact David Veselenak at [dveselenak@hometownlife.com](mailto:dveselenak@hometownlife.com) or 734-678-6728. Twitter: @davidveselenak.

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### Newsroom Contacts:

Phil Allmen, Consumer Experience Director  
Mobile: 248-396-3870

Email: [pallmen@hometownlife.com](mailto:pallmen@hometownlife.com)

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## 'Jeopardy!'

Continued from Page 1A

For the second episode in a row, none of the contestants answered correctly.

"I hadn't read any of this author's work and missed out on one key piece," Holm said. "Everybody got it wrong and you don't expect that to happen. I felt a little better about myself because if nobody got it right, it wasn't that easy."

Still, Fabi, who bet no money on the final question, emerged victorious, winning \$8,400.

For Holm, it was a day later and a dol-

lar short. Ending in second place, she lost her title, and ended with a \$2,000 consolation prize, bringing her total Jeopardy! winnings for two episodes to \$15,200, which she should receive sometime in June, minus taxes.

She is keeping it all in perspective.

"As much as I am disappointed I didn't win, I try to be pretty philosophical about it," Holm said. "A lot of people don't get on the show and don't win a game. It is a big leap to take. Once you make it to the show, it's pretty intense. It's a lot to handle and in a lot of ways you won't think of until you are there."

Holm called the overall experience "amazing" and is appreciate of all the

support she has received from friends and family and from the show's staff.

She will continue to be a faithful show spectator, if not participant, and she has a suggestion for the show's producers, who host tournaments for champions and have a special all-star team tournament planned that was to begin Wednesday.

"They should have a tournament of giant killers, people who have beat four- and five-time champions," she said. "They could say, 'Here is your second chance to take up that mantle.'"

Contact Susan Bromley at [sbromley@hometownlife.com](mailto:sbromley@hometownlife.com). Follow her on Twitter at [SusanBromley10](https://twitter.com/SusanBromley10).

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# Events worth checking out this weekend

David Veselenak Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

Getting over the constant freeze/thaw process of winter? So are we.

But here we are, the last weekend of February with March around the corner (though truth be told, that's sometimes not much better). But now's the best time to enjoy what's left of the cold and have a little fun this weekend.

Here are three events worth checking out this weekend across the region.

## Winter Jamboree in Westland

If you haven't had the chance to ever visit the Jefferson Barns Community Vitality Center in Westland, this weekend is the perfect excuse.

The former elementary in the historic Norwayne neighborhood off of Merriman at 32150 Dorsey will host the Norwayne Citizen's Council Winter Jamboree from 11 a.m. to 1 p.m. Saturday. There, families can play dodgeball with police officers, do library crafts, enjoy some walking tacos for lunch and compete in a paper airplane contest. A scavenger hunt will also take place, along with a school supplies giveaway.

For more information on the event, call 734-595-0288

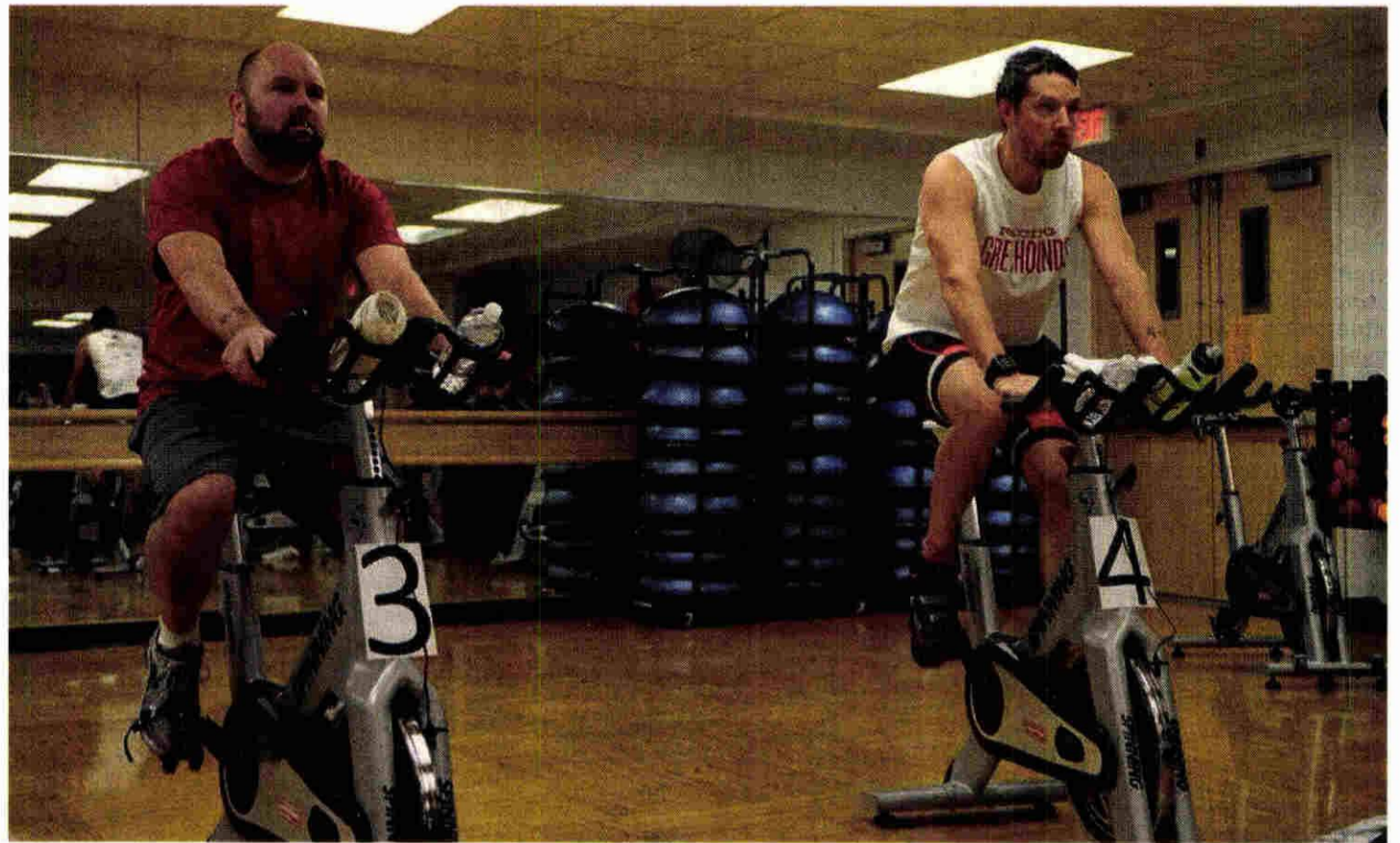
## Indoor triathlon in Livonia

If you promised yourself you'd get back in shape this winter, the Jack E. Kirksey Recreation Center in Livonia will be where you want to go Sunday.

The annual indoor triathlon will take place Sunday at the rec center, 15100 Hubbard. There, participants will compete in a 20-minute swim, a 20-minute cycling ride and a 20-minute run, all with 10 minutes in-between. Swimming takes place in the 25-yard lap pool, cycling will be on upright stationary bikes and running will take place on treadmills. Total distance will determine scoring and placement.

Awards will be given to the top male and female in several age groups: 18-30, 31-40, 41-50, 51-60, and 61 and over. Registration is \$35 and must be done by Friday at the rec center.

For more information, contact the rec center at 734-466-2900.



Detroit resident Mike Gumbel and Jon Rudd of Livonia take part in the cycling portion of the Arctic Chill Indoor Triathlon at the Livonia Recreation Center. The annual indoor triathlon will take place Sunday at the rec center. FILE PHOTOS

## Black History Month at the Detroit Institute of Arts

It's not too late to take part in Black History Month. And the Detroit Institute of Arts is a great place to do just that this weekend.

In addition to viewing influential pieces of artwork by black artists, enjoy the final program celebrating the month at the DIA begins at 7 p.m. Friday night.

There, Friday Night Live featuring Charenée Wade, a jazz and soul/R&B musician will perform. She'll be joined by other members of her working band including Oscar Perez (piano), Paul Beaudry (bass), and Timothy Angulo (drums).

Admission to the DIA is free for Wayne, Oakland and Macomb County residents, and the concert is also free.

Contact David Veselenak at [dveselenak@hometownlife.com](mailto:dveselenak@hometownlife.com) or 734-678-6728. Twitter: @davidveselenak.



Jefferson Barns at 32150 Dorsey in Westland will host the Norwayne Citizen's Council Winter Jamboree from 11 a.m. to 1 p.m. Saturday.



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# Amazon confirms big money for Plymouth Township startup

Eric D. Lawrence Detroit Free Press  
USA TODAY NETWORK

Amazon will lead a \$700 million investment in Detroit-area electric vehicle startup Rivian.

Recent reports have focused on a likely large investment in the company from the online package delivery behemoth and possibly General Motors, but the news, minus a GM announcement, was confirmed Friday.

"This investment is an important milestone for Rivian and the shift to sustainable mobility," R.J. Scaringe, Rivian founder and CEO, said in a news release. "Beyond simply eliminating compromises that exist around performance, capability and efficiency, we are working to drive innovation across the entire customer experience. Delivering on this vision requires the right partners, and we are excited to have Amazon with us on our journey to create products, technology and experiences that reset expectations of what is possible."

In the same release, Jeff Wilke, Amazon CEO for Worldwide Consumer, praised Rivian and its founder: "We're inspired by Rivian's vision for the future of electric transportation. R.J. has built an impressive organization, with a product portfolio and technology to match. We're thrilled to invest in such an innovative company."

Rivian, which is headquartered in Plymouth Township west of Detroit, debuted two vehicles at the Los Angeles Auto Show last year — the all-electric R1T pickup and R1S SUV.

The vehicles, which are expected to be delivered to customers in late 2020 with more than 400 miles possible on a charge, are to be built at the company's manufacturing plant in Normal, Illinois.

The news release said Rivian will remain independent, and that the funding round will be led by Amazon while including participation from existing shareholders.

While GM has remained tight-lipped about its part in any investment, a



Rivian, a startup with an engineering base in Plymouth Township, has received a \$700 million boost from Amazon. BEN MOON

source familiar with the matter told the Free Press on Friday that there is nothing "imminent" to announce on Rivian. The source did not deny talks are ongoing. Bloomberg, quoting people familiar with the matter, also has reported that Rivian remains in talks with the automaker.

GM has hinted at developing an electric pickup in the future. During a talk at Harvard last fall, CEO Mary Barra teased that GM has given a "tiny bit" of thought to producing an electric pickup truck someday.

But when pressed, she declined to comment on future product programs. She has been asked about it since and has reiterated the line that GM envisions an all-EV future, but declines to

offer specifics.

Michelle Krebs, executive analyst, Autotrader, said the Amazon investment will mean a lot to the Michigan startup.

"The investment is a drop in the bucket for Amazon, but it is huge for Rivian in terms of the amount of money and in terms of raising the profile of Rivian," she said. "Amazon is exploring ways to reinvent its delivery fleet, and Rivian's electric-powered skateboard concept, which could carry a variety of body styles, offers an interesting possibility."

She continued: "While Rivian has shown a concept pickup truck and SUV, it could just as easily be offered as a delivery van. Electric vehicles for fleets

makes more sense than individual ownership as routes, with charging stations strategically located, can be planned to optimize charging and range."

Brian Moody, executive editor at Autotrader, said that while Rivian's pickup design is "really like nothing the industry has seen, with the battery strategy creating all sorts of opportunities for improved storage and functionality," there is always a question about production.

"Amazon does not bring vehicle production capability to the party, something Rivian would desperately need," Moody said. "Of course, with Amazon money, Rivian can easily make the Normal, Illinois, plant state of the art fairly quickly."

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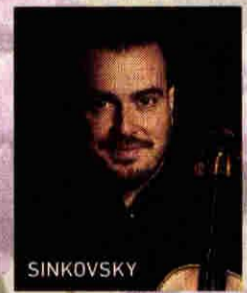
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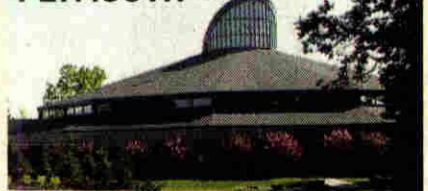
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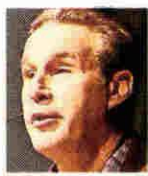
# Red Wings announcer Daniels to share family opioid tragedy

His voice has described Red Wings games on television for two decades, but Ken Daniels is also using his voice for a more serious matter.

Daniels lost his son to an overdose in December 2016, at a time his family thought he was nearing successful completion of an opioid rehabilitation program. Jamie Daniels was 23 years old.

Inspired to use his family's tragedy to save lives, Ken Daniels started a foundation in his son's honor and speaks about opioids, its horrors and the importance of getting the addicted to help.

Daniels is scheduled to appear and share his mes-



Daniels

sage at a Livonia Chamber of Commerce luncheon Feb. 27 at the Schoolcraft College VisTaTech Center. The 11:30 a.m. luncheon is sponsored by St. Mary Mercy Livonia and Growth Works, as both are becoming more involved in the opioid fight in Western Wayne County.

"For those who want to judge, and you hope like hell it is not happening in your house, and if it's not, it is happening two, three doors down because the numbers show it," Daniels said in an interview with Fox Sports Detroit.

At the Livonia Chamber event, Daniels will talk about hockey, his family, coping with a tragedy, and how to support those dealing with addiction. The audience for this luncheon will feature a collection of business people and high school students.

"This is an issue that impacts many families and our businesses right in our backyard," said Dan West, president of the Livonia Chamber of Commerce. "We are grateful that someone of Ken's stature and personal passion has made himself available to us to share this important message in the hope of saving people's lives."

## Stella's

Continued from Page 1A

One side of the 8,000-square-foot space will feature a higher-end Creole-themed dining experience while the other side will offer a family-oriented atmosphere, similar to Ostendorf's other Plymouth restaurant, Stella's Black Dog Tavern.

"Stella's (Black Dog Tavern) has done really well, and we maxed out there with only 1,200 square feet of dining space, 800 feet for the kitchen and just 29 parking spots," said Ostendorf, 68, a private equity turnaround specialist. "It was either grow, or not."

"(The previous owners of Station 885) had been in business quite a while and they wanted out, so we cut a deal. We have 255 seats here (compared to 120 at the Black Dog Tavern), so we feel we can grow. A big thing, too, is that we have 145 parking spots now and we're excited to be a part of the Old Village resurgence."

Ostendorf revealed he was initially interested in purchasing the Courthouse Grille site in Plymouth, but switched gears due to that building's structural issues.

He also made sure everyone knew that Stella's Black Dog Tavern is staying put — Stella would have it no other way.

"She's not a big fan of the noise the trains make here," Ostendorf said from a seat in his new venue. "We're definitely going to keep our other Plymouth location open. With Trackside and Stella's Too, we want to give people more options and to marry the best of both worlds. ..."

"By opening this place, we can grow and make life easier for our faithful customers."

Ostendorf's plan is to make Friday and Saturday nights at Stella's Trackside a festive, Mardi Gras-esque atmosphere with dueling pianos, a singing wait staff, and a cajun-style menu.

Ostendorf has plans to add a caboose and a beer garden on the exterior of his new place.

"The food will be a little bit more expensive than the food we normally sell, but it won't be off the wall," he said. "It will probably cost 10 percent more. With that added cost, though, we'll give you a whole different dining experience."

The kitchen-orchestrating duties at Stella's Too/Stella's Trackside will be handled by chef Brian Doyle, who was head chef at Doyle's Tavern and the Black Dog Tavern.

Doyle has already developed a Trackside menu that will be highlighted by everything from shrimp gumbo dip to oysters rockefeller.

"We want this room (Trackside) to be booked every Friday and Saturday for weeks in advance," Doyle said.

"We're trying to make this a fun place," Ostendorf added. "It's going to be a little bit above, so you can come here and have a nice dinner with your wife, hold a birthday party. If you make reservations at the Trackside, you'll be guaranteed to be entertained and enjoy a great meal."

The Stella's Too menu will feature an integration of the Black Dog Tavern's offerings along with some favorites from Station 885.

"For example, we're going to continue to offer the escargot that (Station 885) served," Ostendorf said. "I'm not sure we're going to keep the frog legs, though."

Other favorites on the Stella's Too menu include the



Stella's Trackside chef Mark Hincker pulls a pizza out of the oven at the Starkweather Road restaurant.

PHOTOS JOHN HEIDER/HOMETOWNLIFE.COM

plant-based Impossible Burger, and the Angus-based Slop Burger and Tavern Burger.

Among the popular entree offering are various serving sizes of filet mignon, baby back ribs and prime rib.

The pizza portion of the menu is highlighted by a build-your-own pizza.

Ostendorf is making it a point to give something back to the community he so greatly admires.

For instance, Friday night is "Teachers Night" and educators are the beneficiaries of discounted prices. The proceeds from two children's books featuring Stella will be donated to veterans-related causes and the Plymouth Library.

"I love Plymouth; it's one of those solid Midwestern cities where you see what you get and get what you see," he said. "I think it's important to give back to the community where you live and work."

Before he's done with the restaurant industry, Ostendorf hinted that a third Stella's location may be down the road.

"If this place launches well and as long as my team is able and willing to stand behind me, I'd like to someday add a third place, maybe like a Stella's Hole In The Wall that is across the street from a transmission plant," he said. "It'd be a place you could come for some good appetizers, a good burger, but a place you wouldn't feel bad about bringing your wife to."

"That's a little premature to talk about now, though. We need to get this place going."

Stella's Trackside/Stella's Too will hold its official grand opening, March 5 — Mardi Gras.



Stella's owner Bob Ostendorf talks about changes to the Starkweather restaurant as its namesake, his Bernese Mountain dog, Stella, sits near his feet.

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Bill and Helen Barz, married for 59 years, hold hands at their West Bloomfield residence. They met at a dance in Detroit in the late 1950s. JOHN HEIDER/HOMETOWNLIFE.COM

# A WEST BLOOMFIELD VALENTINE'S LOVE STORY

Susan Bromley Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

Bill and Helen Barz have been sweethearts for six decades.

The happy couple met at a dance in Detroit in the late 1950s, and while they aren't exactly doing the tango anymore, Bill, 95, and Helen, 92, are still the perfect partners through life.

"It took a little while to find the right woman," Bill said as he sat next to Helen at the American House Senior Living Community in West Bloomfield, their home for the last two years.

Bill was 34, an Army veteran and former World War II prisoner of war when he met Helen, then a 30-year-old bilingual secretary at a social services agency in a Polish neighborhood in Detroit.

"She was with her sister and I said, 'I'll take her home,' and I drove her home," Bill recalled. "We started going out every once in awhile, polkas and dancing."

Helen remembers "very nice" dates, which also included sambas, cha-chas, waltzes and fox trots. The pair were good on the dance floor and even won a couple prizes, Bill said.

After about three years of dating, and after standing up as best man in five weddings, Bill proposed to Helen one night in his car.

"All of my friends were married, and I thought, 'I better get married, too,'" he laughed as he gazed at Helen sitting next to him. "It took a little while to find

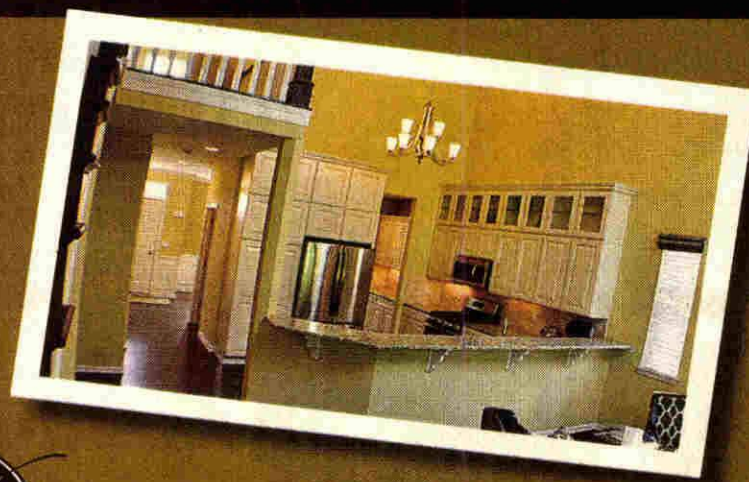
See LOVE, Page 7A

## The Villas at Woodbridge Estates Canton, Michigan



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# Love

Continued from Page 6A

the right woman."

Bill and Helen were married Aug. 27, 1960, at St. Peter and Paul Church on the west side of Detroit.

Their first child, Mary Ann, was born in 1961, followed by two sons, William John, born in 1963, and John Joseph, born in 1965.

Bill worked as a tool designer, while Helen was a stay-at-home mom.

They had a home on St. Lawrence Street in Detroit and one on Vaughn Street in the early years of their marriage.

In 1968, they bought a home adjacent to the Shenandoah Golf Course in West Bloomfield, where they lived for almost 50 years until moving to the American House community two years ago.

Asked what is the key to a long and happy marriage, the grandparents of seven keep their answers short, making

a lifelong partnership look easy, when many couples think it is anything but.

Helen thinks it helps to be the same nationality and the same religion, in their case, Polish and Catholic. Bill never objected to anything she wanted to do.

"I did a lot of crocheting, he did a lot of golf," she said.

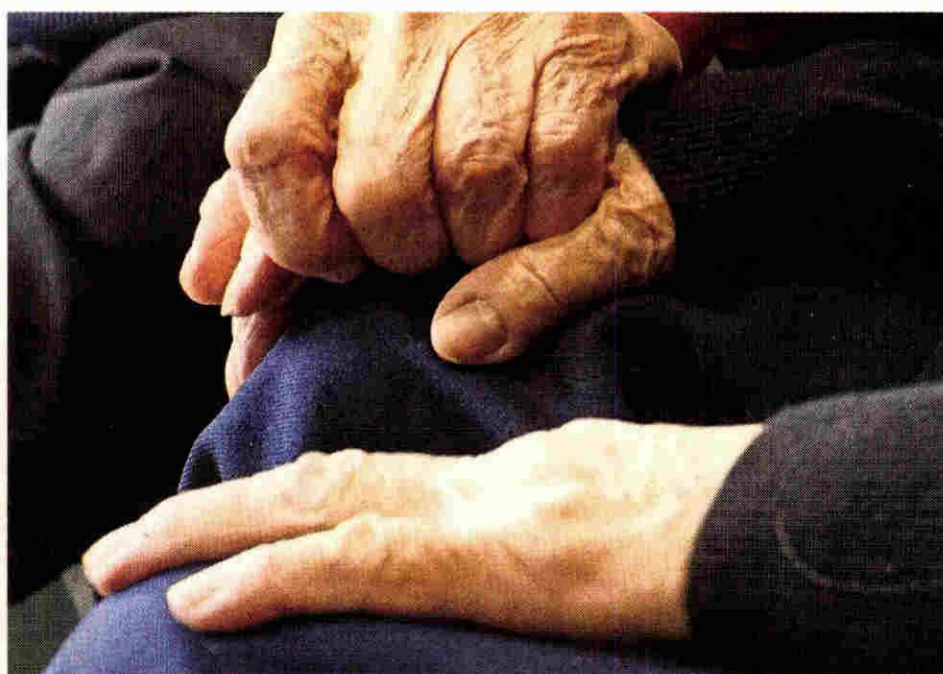
"We never argued," Bill says simply, to which their son John laughs and responds, "I plead the Fifth."

Helen's next words are so earnest though, it makes success in love look basic, if the rule could just be met by two people, day after day, decade after decade.

"Care about each other and do things for each other," she said. "It's just living every day doing for one another and telling each other you care."

Bill and Helen did, and they still do, Valentine's Day and every day.

Contact Susan Bromley at sbromley@hometownlife.com. Follow her on Twitter @SusanBromley10.



Helen Barz's advice for a long, successful marriage is simple: "Care about each other and do things for each other." JOHN HEIDER/HOMETOWNLIFE.COM



Bill and Helen Barz's wedding photo. COURTESY OF BILL AND HELEN BARZ

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## Gift cards, cash taken from man's wallet at LA Fitness

David Veselenak [hometownlife.com](mailto:hometownlife.com)  
USA TODAY NETWORK — MICHIGAN

Livonia police continue to warn gym-goers to keep their valuables secured after a gym patron reported cash stolen out of his wallet while in his car.

A 57-year-old Garden City man came into the Livonia police station the morning of Feb. 12 to report his car had been entered illegally while he was at LA Fitness, 30273 Plymouth, the previous Saturday.

He said he arrived at the gym at about 2:30 p.m. and locked his vehicle when he parked in the lot. He put his keys in a locker without a lock and left his wallet in the car.

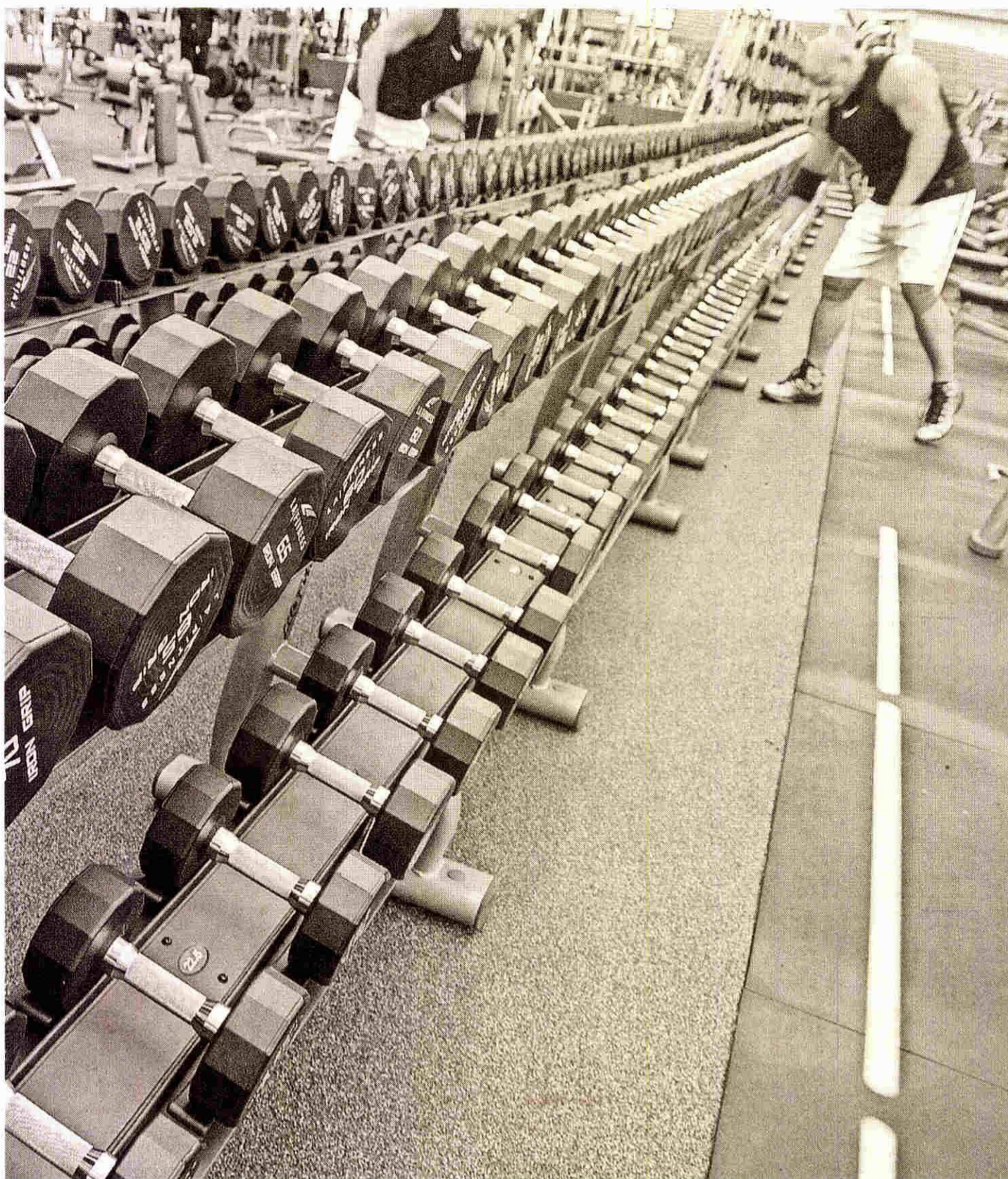
When he was done at the gym a few hours later, he grabbed his keys and went back out to his car to find his wallet felt thinner than before.

He checked it and discovered several gift cards were missing, as well as some cash. He told police he believed the suspect grabbed his keys from inside the unlocked locker, unlocked the car, took the items from his wallet and returned the keys to the locker.

Later on, the victim received a text from his bank telling him there was a fraudulent charge on his credit card on Walmart.com. He still had possession of his card, so he believed the suspect took a photo of it and used it fraudulently.

Anyone with information is encouraged to contact Livonia police at 734-466-2470.

Contact David Veselenak at [dveselenak@hometownlife.com](mailto:dveselenak@hometownlife.com) or 734-678-6728. Follow him on Twitter @davidveselenak.



A Garden City man told Livonia police his car had been entered illegally while he was at LA Fitness. FILE

## 78-year-old out \$8K in 'grandparent scam'

David Veselenak [hometownlife.com](mailto:hometownlife.com)  
USA TODAY NETWORK — MICHIGAN

Be careful who's calling pretending to be a relative.

That's the message Livonia police are sending out after yet another 'grandparent' scam, this one costing one resident thousands of dollars.

A 78-year-old Livonia woman came into the Livonia police station Jan. 30 to report she had been scammed out of \$8,000. She said she received several phone calls from "unavailable" numbers. She answered one of them, with the caller claiming to be her grandson.

He said he was arrested and in a jail in Winnipeg, Manitoba, and needed money for bail.

Believing the caller to be her grandson, the woman then went out and bought \$8,000 worth of eBay and Home Depot gift cards as payment to help get him out.

When the suspect called back, the Livonia resident read out the card numbers to the suspect. She received a call the next day from the suspect again, which is when she realized she may have been scammed.

She then called her actual grandson, who said he had not been arrested in Canada. She then came to the police station to file a report.

Such scams are fairly common. The Michigan attorney general's office provides plenty of information, including the signs to look for when such a call is made.

Anyone who believes they have fallen victim to such a scam is encouraged to report it to their local police department, as well as the Federal Trade Commission by visiting that agency's website or by calling 877-FTC-HELP.

Contact David Veselenak at [dveselenak@hometownlife.com](mailto:dveselenak@hometownlife.com) or 734-678-6728. Twitter: @davidveselenak.

## Brick thrown at driver in road rage incident

David Veselenak [hometownlife.com](mailto:hometownlife.com)  
USA TODAY NETWORK — MICHIGAN

Livonia police say a road rage incident that spanned several communities ended with a brick thrown at another motorist earlier this month.

Police say the incident, which took place Feb. 5, began when one driver, a 41-year-old Romulus man, and a 41-year-old Taylor woman were driving to their jobs in Livonia.

Somewhere in Inkster, the driver said a gray Jeep Grand Cherokee cut them off and a road rage incident occurred.

The driver said the man in the Jeep stopped near Joy and Middlebelt in a residential neighborhood and picked up a landscaping brick, while the two driving to work in Livonia arrived at their place of employment in the 31000 block of Industrial.

A few minutes later, the Jeep driven by the suspect pulled up driving fast

and parked behind the victim's vehicle. The suspect appeared to throw the brick, striking the car and then hitting the Romulus man in the head.

It then bounced off the dashboard and into the back seat. The suspect then drove away, turning left onto Industrial.

The victim had a laceration on his ear and the vehicle's window was smashed. A license plate number could not be read by the victim, but the Jeep is described as being 2005-2007, gray with tinted black windows and shiny rims. The suspect was described as a 6-foot-1 male with a goatee and a medium build wearing dark clothing.

Anyone with information is encouraged to contact Livonia police at 734-466-2470.

Contact David Veselenak at [dveselenak@hometownlife.com](mailto:dveselenak@hometownlife.com) or 734-678-6728. Follow him on Twitter @davidveselenak.

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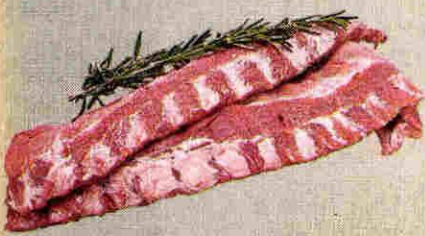


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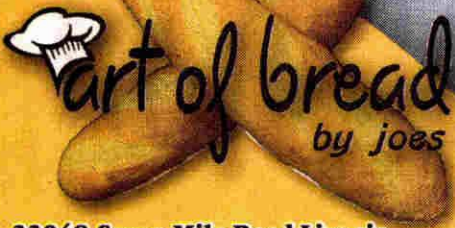


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PREP BOYS BASKETBALL

## Tech sends Novi star to bench in loss to Howell

**Bill Khan**  
Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

Winning a basketball game wasn't the priority for Novi coach Chris Housey.

It was more important to provide a teachable moment, even if it jeopardized the Wildcats' chances of beating Howell Friday night.

The game was very much hanging in the balance when Jiovanni Miles, Novi's best player, picked up a technical foul with 4:07 remaining in the fourth quarter.

It wasn't Miles' fifth foul, so he was free to remain in the game, but Housey put him on the bench the rest of the night.

Howell, which led 43-42 at the time, went on to win, 57-45.

"We talk to the kids all the time about maintaining your composure and moving forward to the next play, the next play after stuff happens," Housey said. "We kind of just lost ours at the end there. It ended up costing us. It's never one guy, it's never one moment. If we had been winning by 20, instead of the 10 we were, it might not have made that big of a difference. It ended up costing us, but we'll learn from it."

Miles had a team-high 12 points and might have provided a counter-punch to Howell senior Josh Palo, who took over the game in the second half.

Palo scored the 1,000th point of his four-year career with his only basket of the first half, then went off for 25 second-half points. Novi held a 37-25 lead with 2:36 left in the third quarter.

From that point on, Palo scored 22 points during a 32-6 run. He had 15

points in the fourth quarter, going 9-for-9 from the line.

"We were down a lot," Palo said. "We really didn't have anything going, so I knew I had to make stuff start happening. That's what I was doing. I was just attacking, I was finishing my layups."

Novi was able to limit Palo's chances in the first half, with Jacob Clay and Miles Sloan taking turns guarding him.

"We played good defense on him in the first half," Novi coach Chris Housey said. "We played really good defense on him in the second half. He's just a really good player and made plays. He just beat us; he just flat-out came out and beat us."

Ashton Smith scored 11 points off the bench for Novi (8-10, 7-7 KLA West). Jett Porter scored all eight of his points in the first half.

Howell's Josh Palo reached the 1,000-point career milestone when he made this jump shot over the outstretched arm of Novi's Jiovanni Miles on Feb. 15.  
GILLIS BENEDICT/LIVINGSTON DAILY

HOCKEY



Members of Northville High School's hockey greet their visitors from Neinas Elementary in Detroit at the Novi Ice Arena.  
PHOTOS BY JOHN HEIDER/HOMETOWNLIFE.COM

## Detroit, Northville kids make a connection on ice

**Susan Bromley**  
Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

Their communities are 40 miles apart, their age difference is about 7 years, and their economic advantages are different, but last week, 80 kids from Detroit and Northville made a connection on ice.

About 45 Northville High School hockey players and 35 fourth graders from Neinas Dual Language Academy met on Feb. 13 for a day many will never



Northville High School varsity hockey coach John Gates and Mustang Derek Fiebig help Neinas Elementary visitor Yadira Hernandez, center, around the ice.

See ICE, Page 2B

PREP ATHLETICS

## South Lyon cheering sections add flavor

**Ed Wright**  
Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

When student-athletes need a quick in-game pick-me-up (think spinach for Popeye), they often turn to their student-cheering sections — the best of which provide choreographed chants and cheers for their hometown heroes.


Earlier this month, two of the area's most rambunctious momentum generators were stationed 25 rows deep and just over the length of a basketball court from one another in the South Lyon East High School gymnasium, adding some pizzazz to a rivalry game between the host Cougars and the visiting South Lyon contingent that was already overflowing with electricity.

Cohesive in their theme-of-the-night sports jerseys — there were a lot of yellow Lion jerseys and one bright-orange Tim Tebow uniform in the mix — South Lyon's mojo igniters were their usual spontaneous selves, going bonkers when their team knocked down a long three-point shot and displaying perfect harmony with "You can't do that!" when an unfortunate East player was whistled for double-dribble.

And, yes, there were a few choruses of "Airball!", aimed at unnerving (at least temporarily) a shooter whose shot failed to even nick the rim.

The home team's supportive throng opted to go with a white-out apparel theme, turning their collective backs whenever a Lion stepped to the

See CHEERING, Page 4B



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## PREP GIRLS BASKETBALL

**Brighton topples Northville, now 17-1****Ed Wright**Hometownlife.com  
USA TODAY NETWORK — MICHIGAN

With the precision of a world-class surgeon, Brighton's girls basketball team proved Friday night against host Northville why it's regarded as one of the best teams in the state.

Applying a full-court pressure defense that gave the Mustangs little room to breathe, let alone execute, the Bulldogs forced more turnovers in the first quarter (12) than they allowed shots (seven).

Now 17-1 overall, 13-1 in the Kensington Lakes Activities Association's West Division and ranked ninth in Class A by MaxPreps.com, Brighton led 20-3 after one quarter and 42-16 at the half.

Brighton's top weapon was first-player-off-the-bench Kylie Seiter who scored 15 points — nine the result of a trio of threes — and was a hawk on defense for the winners three steals and a perpetual get-after-it tenacity on defense.

Also turning in valiant efforts for Brighton were junior center Sophie Dziekan, who netted 13 points and six rebounds while proving to be a menace in the paint on defense; and senior guard Lauren Brown, who scored 13 points while swiping five steals.

Brighton drained eight threes — seven in the first half.

Despite the lopsided outcome, several Mustangs distinguished themselves with strong games, namely junior post player Morgan Thompson, who registered 10 points, six rebounds and three blocked shots.

Senior center Julia Straky (seven points) and Lauren Marshall (eight points, four rebounds) also excelled.

The Mustangs slipped to 9-9 overall and 5-9 in the division.

Here are four takeaways from Friday night's action:

**No wasted energy**

The Bulldogs' efficiency on both ends of the court was stellar. Dribbling on offense was minimal while sharp without-the-ball cuts and crisp passing were maximized as is reflected by their five turnovers over the first three quarters.

On two occasions late in the third quarter and throughout the fourth, the Bulldogs milked big chunks off the clock with impatient examples of unselfish ball control. Following a timeout with 1:20 left in the third, Brighton ran the clock down to 0:02 when Brown launched a right-wing triple that found nothing but net.

**Hustle not the problem**

Even though their odds of pulling out a victory grew slimmer by the quarter, the Mustangs never hit the brakes on their effort.

A prime example unfolded with 4:10 remaining in the game and the hosts trailing 59-28. Sophomore reserve guard Avery Tolstyka sprinted more than a quarter of the quarter after a loose ball before laying out for a last-gasp dive for the sphere and ultimately sliding 10 feet across the floor just beyond the baseline.



Mustang Lauren Marshall runs into a lot of Bulldogs near the basket. PHOTOS BY JOHN HEIDER/HOMETOWNLIFE.COM

The Mustangs showed a lot of spunk in the second half, playing Brighton toe-to-toe on the scoreboard (19-19) even though the Bulldogs' starters remained in the game for the most part until the final four minutes of the contest.

**Pressure cookers**

At times, it seemed as if there were seven Brighton defenders on the floor — that's how daunting the team's full-court, girl-to-girl press appeared.

Brown and Seiter were the defensive catalysts, filling passing lanes with lightning-quick bursts and exhibiting in-your-face technique that often led to poor passes by Northville and subsequent layups for the Bulldogs.

The best example of how Brighton's defense produced offense played out with 1:42 remaining in the first quarter when Elaine Halonen secured a loose ball caused by a turnover and finished off a smooth left-handed layup to extend her team's 10-0 run.

Lady Luck played a small role in the Bulldogs' fortunes midway through the first stanza when Dziekan banked in a three-point shot before smiling and putting her hand over mouth, signaling she didn't call bank on the release.

**Plenty of positives**

Other than failing to handle Brighton's pressure, the mostly-underclassmen Mustangs hung tough.

Senior guard Jenna Lauderback doubled-down on the much taller Dziekan on one Bulldog possession, forcing a



Sophie Dziekan had 13 points and six rebounds for Brighton.

jump ball with the possession arrow pointing Northville's way.

Just before halftime, Lauderback defied a Brighton double team and threaded a slick pass to Thompson, who had gotten behind the Bulldogs' defense.

Thompson returned the favor a short time later when she stole a pass near mid-court and lasered a pass to Mar-

shall, who finished the play with a smooth left-handed layup.

Brighton canned nearly half of its shots (24-for-50) while the Mustangs found net on 11 of 31 attempts.

Contact Ed Wright at [edwright@hometownlife.com](mailto:edwright@hometownlife.com) or 517-375-1113.

**Ice**

Continued from Page 1B

forget.

It began that morning with the Northville teens raising their arms and linking hands across from each other, forming a human tunnel into the Novi ice arena and cheering as the grinning Detroit students ran through and into the building, for something extraordinary.

"Most of these kids have never skated," said Susan Evans, a member of the board of directors with Bridgepointe, a non-profit that organized the event. "They are not exposed to hockey in their community like they are soccer and baseball."

In an even broader sense, just getting exposure to a new experience is special, she added.

About 65% of the students from Neinas, a southwest Detroit public school, qualify for free or reduced meals. Evans said a quarter of the students' families don't own a vehicle and are limited from attending events happening in their own city. Exposure to cultural events, field trips like going to the zoo or even visiting a park, are essential hands-on learning experiences that are often in

short supply for inner-city children.

After strapping on their borrowed skates, the littler kids were venturing on to the ice, with help from their older mentors, clad in full hockey regalia. Small hands clasped large ones, sometimes with a fourth-grader paired with two high schoolers for double the assistance.

The degrees of confidence varied, with some children staying close to the walls of the rink, or using cones for support, while others soon let go of the supporting hands and skated toward the center of the ice, arms out for balance. There were frequent spills, but also frequent laughs and near constant smiles.

Daniel Roblero, 9, a first-time skater, fell a few times, but proudly shared that he then "got the hang of it" and also shot a puck five times into the net in a sport he has never seen.

"I had a good coach to show me how," he said. "I want to play hockey and skate when I grow up. It was cool being here."

Northville Varsity Assistant Coach Jon Gates said the hockey players teaching the Neinas kids were just as excited. He noted the 15- to 18-year-olds often don't let their guards down as they are kids trying to become adults. But on this day, he said, one could catch a glimpse behind the façade.

"You get to see energy, love, caring and when you see the smiles on their faces, you see they are still kids at heart," Gates said. "You see they care about the kids of the future."

The Northville Hockey program first joined the Bridgepointe community service program four years ago, making two treks to Ross Hill Academy to participate in skill-building activities with those students before the school closed. Last year, the Northville students went to Neinas for the first time, playing basketball and field hockey with fourth-graders who hadn't had a physical education teacher at the school for eight years.

This is the first time the Northville players have been able to welcome Detroit students to their own "turf."

"It's really fun, I love seeing these kids try something new," Grace Lapinski, a Northville High School senior who has played hockey for nine years, said. "They're nervous, but it is good to see them get some confidence on the ice. I'd love to see them try it later in life, especially the girls."

Melissa Castellanos, a 10-year-old Neinas student, said she also was excited to skate with a girl.

"It was really hard, but it was fun," she said. "I want to do this again."

Rose Becker, a fourth grade teacher

at Neinas, accompanied her students to the Novi Ice Arena for what she called "an amazing opportunity."

"You read stories to kids, but when they experience something, it means so much more," she said. "This feels foreign to them, but now it also feels like something in reach and possible... Sometimes when you live in the big city, you don't leave the big city."

For the Northville kids, the all-day experience, which also included lunch and off-ice games, was just as valuable.

"We look forward to this," Nick Bogenhagen, captain of the Northville varsity hockey team, said.

This was his third straight year doing the program in which the team also donates food and school supplies to Neinas.

"The kids have a great time and we have a great time with them," he continued. "They're nervous, they don't want to fall, but holding on to us, they gain trust. And then they want to shoot pucks."

Lisa Cruz, 9, said it was scary. But as she leaves the ice with a grin, she gives a thumbs up, and adds, "It was awesome."

Contact Susan Bromley at [sbromley@hometownlife.com](mailto:sbromley@hometownlife.com). Follow her on Twitter @SusanBromley10.

## Physical activity is essential for quality of life

Angie Ferguson | Guest Columnist | USA TODAY NETWORK - FLORIDA

How much physical activity do adults aged 65 and over need to do to stay healthy? Well, that depends. The amount of physical activity you need to do each week depends on your age, current health status and fitness goals.

To stay healthy or to improve health, older adults do need to engage primarily in two types of physical activity each week: aerobic conditioning and muscle-strengthening activity.

Of course, regular physical activity has many benefits for persons of all ages but it is especially beneficial for our mature adult population. It not only helps you to feel better physically and emotionally, it also does the following:

- Helps to control weight, blood pressure, cholesterol, diabetes and bone and joint problems like arthritis
- Reduces the risk of heart disease, stroke and some cancers
- Helps manage pain
- Helps maintain and increase joint movement

Regular physical activity helps improve balance and stability, and in turn helps to reduce the risk of injury from falls, a major concern with aging.

Adults aged 65 or older, who are generally fit and have no health conditions that limit their mobility, should try to be active daily. It's recommended that adults aged 65 or older do at least 30 minutes of moderate intensity physical activity on most, preferably all, days. Some activity, however light, is better for your health than none at all — you should aim to do something, no matter what your age, weight, health problems or abilities. You should aim to be active every day in as many ways as possible, doing a range of physical activities that incorporate fitness, strength, balance and flexibility.

Moderate-intensity aerobic activity means you're working hard enough to raise your heart rate and break a sweat. One way to tell if you're working at a moderate intensity is if you can still talk but you can't sing the words to a song.

Examples of activities that require moderate effort for most people include walking fast; doing water aerobics; ballroom and line dancing; riding a bike on level ground or with a few hills; playing doubles tennis and canoeing.

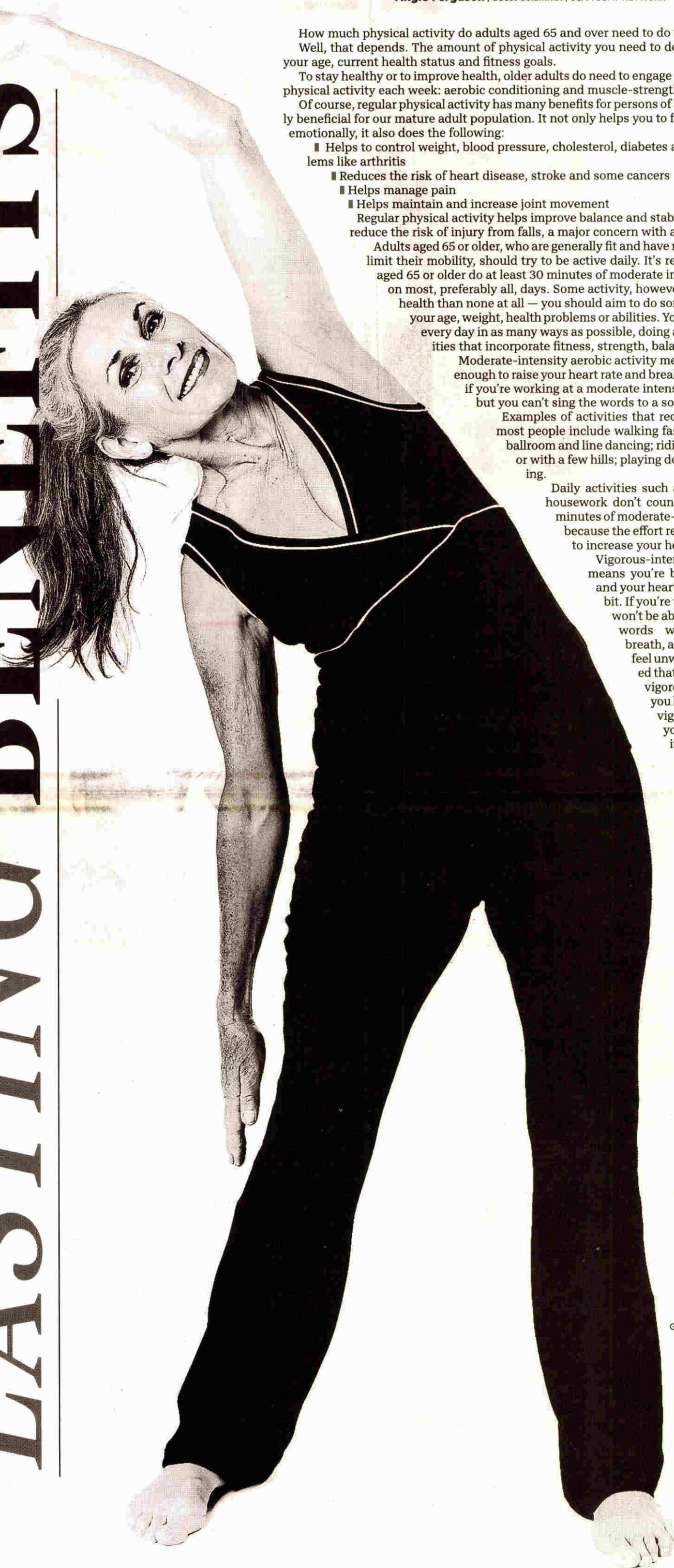
Daily activities such as shopping, cooking or housework don't count towards your daily 30 minutes of moderate-intensity activity. This is because the effort required isn't hard enough to increase your heart rate.

Vigorous-intensity aerobic activity means you're breathing hard and fast, and your heart rate has gone up quite a bit. If you're working at this level, you won't be able to say more than a few words without pausing for a breath, and you should stop if you feel unwell. It is not recommended that beginners start out with vigorous activity, however, if you have enjoyed a lifetime of vigorous physical activity, you should carry on doing it in a way that suits you now, provided you stick to recommended safety procedures and guidelines.

Make time to exercise most days of the week and not only will you enjoy improved fitness but you'll find the quality to your years improve as well.

*Angie Ferguson is an exercise physiologist from Fort Myers, Florida. She is a USA Triathlon Advanced Level 2 coach, USA Cycling coach, has a Specialty in Sports Nutrition certification and a PhD in results! For more training tips, contact her at [www.gearedup.biz](http://www.gearedup.biz).*

# LASTING BENEFITS



GETTY IMAGES

# Cheering

Continued from Page 1B

free-throw line that was just a bounce pass away.

"It seems like we have more participants this year since a lot of us are seniors," said the Lions' section orchestrator Nate Logan, possibly the only person on the planet sporting an Orange Crush Denver Broncos Tebow jersey at the time. "Our team has had a rough start (the Lions had won just one game prior to their Feb. 8 triumph over East), so we want to show them as much support as possible.

"We try to think of a theme for each game. Tonight was jersey night. The last time we played East, it was an ESPN theme. A bunch of us wore suits and we had an anchor desk, stuff like that. We try to get creative, especially for the rivalry games."

Logan said the section's goal is twofold: encourage the Lions while providing some ribbing to the opponents.

"When we play East, sometimes we like to pick out an individual player and get on them a little bit, because we went to elementary and middle school with most of them, so we know them. Anything we can use to our advantage ... as long as it's not over the top."

South Lyon principal Chad Scaling is a huge fan of his school's huge student-cheering section, which knows how to have a good time without crossing the line into questionable behavior.

"They provide a lot of energy for the athletes and they get the rest of the crowd going," said Scaling. "It makes for a better event when we get a good turnout like tonight.

"They're kids; they're going to get excited. We tell them to just make sure to keep it fun and be respectful. We've never had a problem with bad sportsmanship."

East athletic director Greg Michaels concurred with Scaling that the school spirit the loud and proud supporters supply is priceless.

"We emphasize that sportsmanship is always first," said Michaels. "A lot of the kids have gone to school together since elementary, so they're friends even though they go to different high schools. The cross-town rivalry games are always fun because the students get into it and we usually have a packed house."

Michaels said he is impressed by his



The South Lyon East student fans go nuts after their team scores a point against South Lyon during the Feb. 8 match.



South Lyon students react to a basket by their team.

PHOTOS BY JOHN HEIDER/HOMETOWNLIFE.COM

student fans' knowledge of the sports.

"They understand basketball and they'll cheer when there's a good play," Michaels said. "And they'll cringe when or 'oohhh' and 'aaahhh' when there's a

blocked shot."

East senior Tommy McKeon, who is the unofficial manager of the Cougars' student-cheering section, said his school's crew has been growing steadily

as the 12-year-old school's teams get better.

"We usually fill up the section almost all the way to the top and everyone is loud, which is nice," said McKeon. The rivalry games are the best, obviously, but we'll get good turnouts at other home games as well."

McKeon said there is usually not a game plan going into a game, but the students who decide what chants to unleash try to get as creative as they can.

"When the other team is shooting free throws right in front of us, we'll turn our backs," he said. "If that doesn't work, we'll get really loud. Whatever it takes."

High school student-cheering sections have become so prominent at basketball, football and volleyball games over the years that the Michigan High School Athletic Association started a "Battle of the Fans", which is in its eighth year.

This year's finalists are Midland Dow, Saginaw Heritage, Parchment, Buchanan, Montague and North Muskegon.

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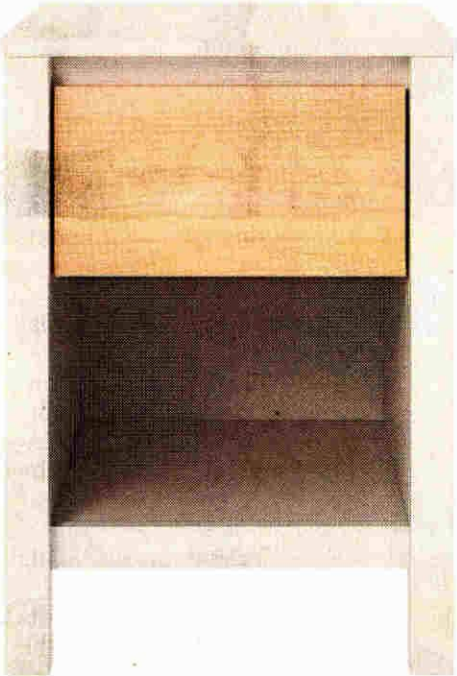
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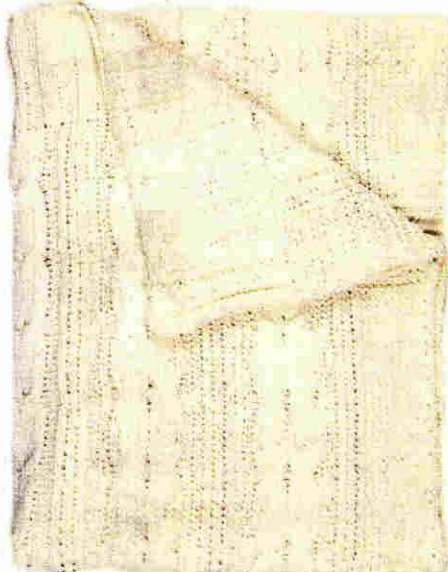
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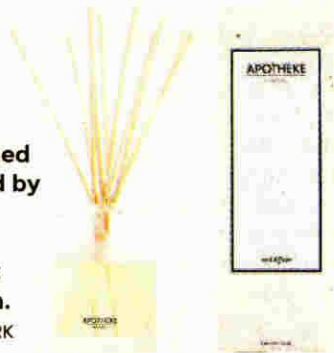


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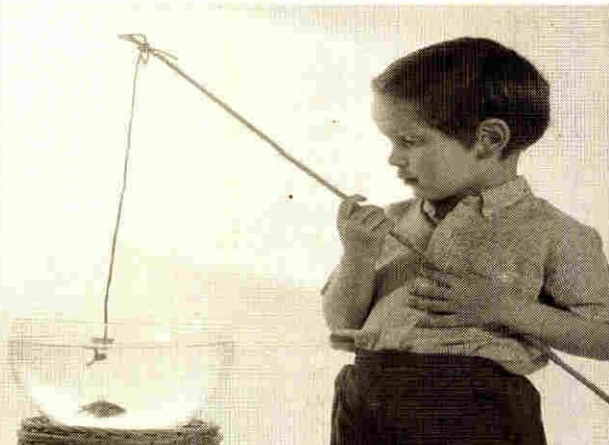
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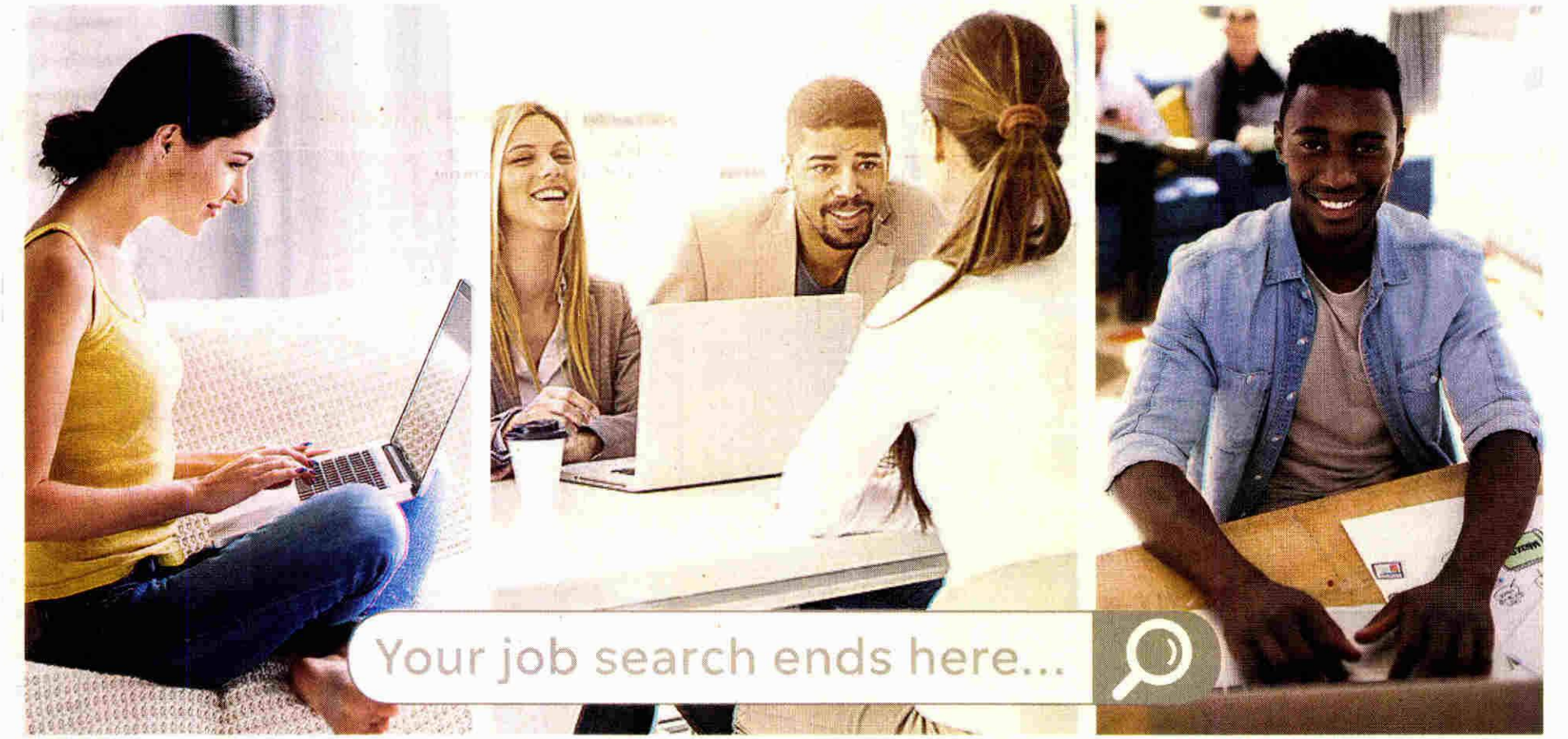



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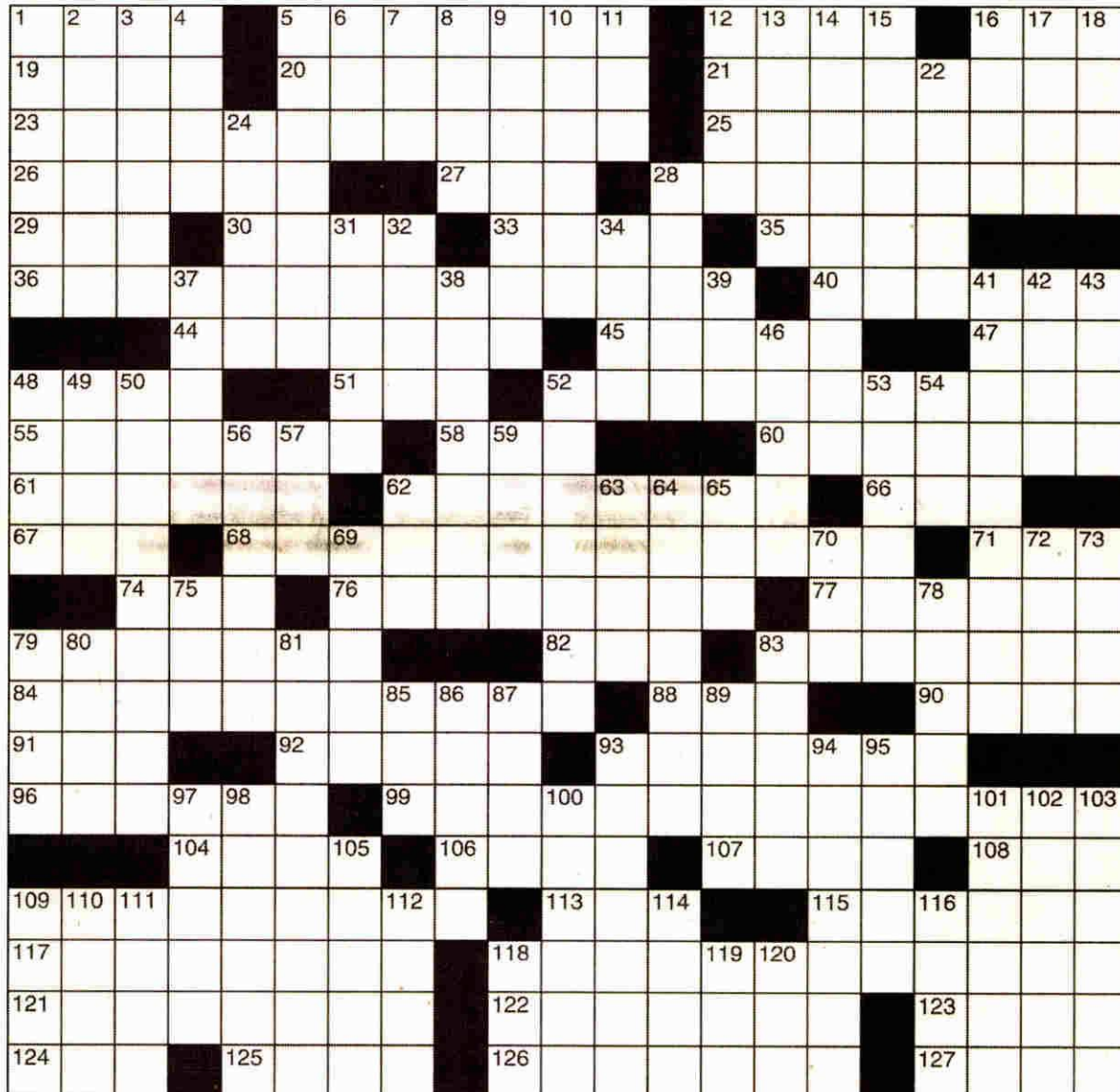
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- 1 "When — your age ..."
- 5 Having two systems
- 12 One of the "Little Women"
- 16 Angry crowd
- 19 "99 Red Balloons" band
- 20 Really foolish
- 21 First digits dialed, often
- 23 \* President of Nicaragua
- 25 Added yeast to, as bread
- 26 San —, Buenos Aires
- 27 Oklahoma tribe
- 28 \* Rock yielding element #28
- 29 Riddle-me- —
- 30 1/36 yard
- 33 Jai —
- 35 Head, to Fifi
- 36 \* Historical French area
- 40 Way of being torn, thrilled or loved
- 44 Put aside for future use
- 45 Handed out
- 47 Prefix with soul
- 48 With 8-Down, 1859 George Eliot novel
- 51 Cal. neighbor
- 52 \* Crank-turned instrument
- 55 Prioritizes, as patients
- 58 Hosp. area
- 60 TV antennas
- 61 Bond film
- 62 Place for a welcome mat
- 66 CPR giver
- 67 Mil. officer
- 68 \* An off-Broadway theater is named for her
- 71 Linden of TV
- 74 Ice-T's music
- 76 Plane fliers
- 77 Viewpoint
- 79 Apple tablet download
- 82 A fifth of fifty
- 83 Nuclear reactor part
- 84 \* Popular citrus fruit
- 88 "I solved it!"
- 90 Nile vipers
- 91 China's
- 92 Fully enjoy
- 93 1966-2013 bookstore chain

### DOWN

- 1 Gandhi of India
- 2 Ferret's kin
- 3 Lennox and Potts
- 4 Uttered
- 5 "Nonsense!"
- 6 Kin of "equi-"
- 7 Old space station
- 8 Hip about
- 9 Related to food intake
- 10 African land
- 11 Meadowland
- 12 Island east of Java
- 13 Build
- 14 Stovetop whistler
- 15 Can't say no
- 16 Part of MSG
- 17 Polish river
- 18 See
- 19 48-Across
- 22 Big name
- 24 "Fanny" author
- 28 San Fran NFLer
- 31 Tribal groups
- 32 Gordie of hockey
- 34 Verdi's title slave
- 37 Makeup brand
- 38 Pasta dish
- 39 Head of corn
- 41 Collects, as a harvest
- 42 River duck
- 43 Many heirs
- 46 Sprang
- 48 24-hr. "bankers"
- 49 Tow
- 50 Business of Delta
- 52 Chemistry lab tube
- 53 Ominous last words
- 54 Cup edge
- 56 Female bud
- 57 Rhea's kin
- 59 Fizzy drink
- 62 Fraction: Abbr.
- 63 — gin fizz
- 64 Vicious vortex
- 65 Lifesaving locs.
- 69 "Lady for a Day" director
- 70 It flows in la Seine
- 72 Rent- (security guard)
- 73 Classic Ford models
- 75 Ending for lime
- 78 Blueprints
- 79 Part of IHOP: Abbr.
- 80 Part of UTEP
- 81 Claim the truth of
- 83 Actress Edie
- 85 Colorado NHLers, to fans
- 86 Eminent
- 87 Coll. seniors' tests
- 89 Challenging
- 93 "Never on Sunday" rule
- 94 Person who is prospering
- 95 Opposite of east, in Madrid
- 97 Key next to a period
- 98 Disinclined
- 100 Dine away from home
- 101 Throat part
- 102 "Casino —" (Bond film)
- 103 Not digital
- 105 Roadside lodging
- 109 "Dam it!"
- 110 Rice-A- —
- 111 Greek vowel
- 112 Crimson and cherry
- 114 Boxer Oscar — Hoya
- 116 Roughly
- 118 Std. for a nutritionist
- 119 Deep groove
- 120 Suffix with Siam



For assistance or suggestions on the Puzzle Corner, contact Steve McClellan at (517) 702-4247 or [smcclellan@michigan.com](mailto:smcclellan@michigan.com). Want more puzzles? Check out the "Just Right Crossword Puzzles" books at [QuillDriverBooks.com](http://QuillDriverBooks.com)

## SUDOKU

	9			3	6			7
							6	3
1						5		2
6	4				1			
				8				
			9				2	5
3		5						9
7	1							
2			1	7			8	

Here's How It Works:  
Sudoku puzzles are formatted as a 9x9 grid, broken into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

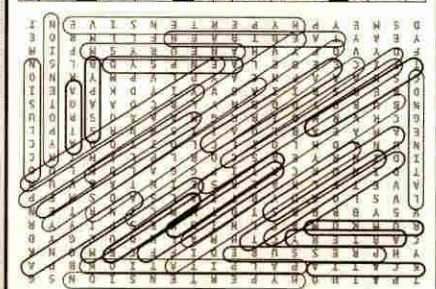
## CARDIOVASCULAR WORD SEARCH

T P A I H O H Y P E R T E N S I O N S G  
K C A T T A P A L R E I T A T I O N B P A  
Y H P R E S S U R E D E D I F F C E M O N K  
C A R T E R Y C T H M A L K D U C G Y D  
R U M R U M A C L H I U M E S P I Y Y R  
V S Y B R R R S T D T U M C T N R T E N  
L V S L O A U Y R T I A L S A O S M E P  
A V E T F L H A E R S E I N T A B V U M  
T O I N U R C R T I F G G A L O M L U O  
I D I N R Y E A S C O R L P L I M I H C  
N U N A D H L O I L C L O I T O D A Y C  
E A M A E A B L O A I I S R N R S T P L  
G C R V R M O I R R G M A A A O S R O U  
N B U R O T D D B N Y L R C O A A O T S  
O R E R S R I I A G V Y I Y D K P A E I  
C S H A A A F H C A Y P L V P M Y R N O  
T T I C C E D E L A E N P S Y D B L S N  
F D Y V D F Y V H A N E U R Y S M F I M  
Y E A Y T A E B T R A E H F L L M R O E  
D S M E Y P H Y P E R T E N S I V E N I

### WORDS

- ANEURYSM
- ANGINA
- ANGIOPLASTY
- ANNULUS
- AORTA
- ARREST
- ARRHYTHMIA
- ARTERY
- ATRIUM
- ATTACK
- BRADYCARDIA
- BYPASS
- CARDIAC
- CARDIOLOGIST
- CAROTID
- CONGENITAL
- DEFIBRILLATOR
- DIASTOLIC
- DYSPNEA
- EDEMA
- EMBOLISM
- EPICARDIUM
- FLUTTER
- HEARTBEAT
- HYPERTENSION
- HYPERTENSIVE
- HYPOTENSION
- INFARCT
- MITRAL VALVE
- MURMUR
- MUSCLE
- OCCCLUSION
- PALPITATION
- PRESSURE
- PULMONARY
- THROMBOSIS

### ANSWER KEY



4	8	3	9	7	1	6	9	2
9	5	2	8	6	3	7	4	7
6	1	7	7	2	9	9	8	3
5	2	5	3	9	6	1	7	8
1	9	2	8	4	3	5	6	6
8	3	6	1	5	7	2	7	9
2	6	9	7	5	8	4	3	6
3	6	8	6	1	5	7	4	2
4	7	1	4	7	3	2	8	6

## More ways to reach us.

We now have multiple channels that you can use to update your account information, report delivery issues, temporarily stop your paper, activate your digital account or address any questions and concerns you may have.

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FROM "NO FOOD ALLOWED."

TO "HOW OLD ARE THESE FRIES?"

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**SOUTH REDFORD SCHOOL DISTRICT  
INVITATION TO BID FOR CUSTODIAL/MAINTENANCE/  
GROUNDS SERVICES**

Sealed proposals for district custodial/maintenance/grounds services will be received until 2:00 p.m. local time March 28, 2019, at the board office of the South Redford School District in the Jan W. Jacobs Educational Services Center, 26141 Schoolcraft Rd, Redford, MI 48239. Proposals received after the deadline will not be accepted or considered. Faxed proposals will not be accepted. A mandatory pre-bid meeting will be held on Wednesday, March 6, 2019, at 1:00 p.m. local time at the board office. Accepted bids will be opened and read aloud at 2:00 p.m. on March 28, 2019, at the board office. Bid documents are available to qualified bidders on February 22, 2019, on the South Redford website. <http://www.southredford.org>. **GUARANTEE:** A bid bond executed by a U.S. Treasury Listed Surety Company in favor of the Owner or a cashier's check in the amount of five percent (5%) of the base bid payable to South Redford School District shall be submitted with each proposal. This bid bond shall accompany each proposal. Successful bidder will be required to furnish and pay for satisfactory Performance and Payment Bonds. The Board of Education reserves the right to accept or reject any or all bids, in whole or in part, waive any informalities, accept any bid when, in the opinion of the Board such action will serve the best interests of the South Redford School District consistent with competitive bidding requirements, award the Contract to other than the low bidder.

Published: February 21, 2019

LO-00034842 3x3

**CITY OF WAYNE  
NOTICE OF PUBLIC HEARING**

The City of Wayne City Council has scheduled the following Public Hearings for Tuesday, March 19, 2019, 8:00 P.M.  
Wayne City Hall, 3355 South Wayne Road, Wayne, MI 48184

To consider amendments to:  
Chapter 620 of the City of Wayne Code of Ordinances - Drugs; Sections 620.02 and 620.099 to Opt Out of Recreational Marijuana; and  
Chapter 1040 of the City of Wayne Code of Ordinances - to regulate the contribution of pollutants, prohibit illicit connections and discharges and to establish legal authority to ensure compliance with Illicit Discharge to the municipal storm sewer system

The proposed text for both may be examined or written comments submitted to the City Clerk by mail or during business hours (Mon.-Thurs. 10:00 a.m. to 4:30 p.m.). Members of the public may appear at the Public Hearing in person or by counsel. Inquiries: Wayne City Clerk (734) 419-0145.

Eileen DeHart, CMC, CMMC  
City Clerk

Published: February 21, 2019

LO-000348416 3x3

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**ZONING BOARD OF APPEALS  
REGULAR MEETING  
JANUARY 10, 2019**

The February 14, 2019 meeting of the Zoning Board of Appeals was not held due to lack of an appeal.

*Eileen DeHart*  
Eileen DeHart, CMC, CMMC  
City Clerk

Published: February 21, 2019

LO-00034862 2x2

**Abandoned Vehicle Auction  
March 1, 2019 at 12 noon  
Located at Redline Towing  
31797 Block Street, Garden City 48135**

- (1) 2005 Ford Escape  
VIN# 1FMYU02Z45KB12889
- (2) 2004 Saab 9-3  
VIN# YS3FB49S541044942

Published: February 21, 2019

LO-000348408 2x2

**CITY OF WAYNE  
PUBLIC NOTICE  
2019 MARCH BOARD OF REVIEW**

NOTICE IS HEREBY GIVEN THAT THE Board of Review for the City of Wayne will meet in the Council Chambers at City of Wayne, 3355 S. Wayne Road, Wayne, Michigan on the following dates and times for the purpose of reviewing the assessment roll:

Meeting dates are as follows:

Date:	Day:	Appointment Time:	Petition:
March 14, 2019	Thursday	9:00 a.m.	Organizational Meeting
March 18, 2019	Monday	10:00 a.m. - 9:00 p.m.	
March 19, 2019	Tuesday	10:00 a.m. - 4:00 p.m.	
March 21, 2019	Thursday	1:30 p.m.	Wrap Up NO NEW APPTS

Eileen DeHart  
City Clerk

Published: February 21, 24 & 28, 2019

LO-000348653 3x4

**CITY OF WESTLAND  
2019 MARCH BOARD OF REVIEW**

The City of Westland Board of Review will be conducting the 2019 March Board of Review and will convene in the City Council Chambers located at 36300 Warren Road Westland, Michigan 48185.

The Board of Review schedule is as follows:

- Organizational Meeting: Tuesday, March 5, 2019 10:30 a.m.
- Appeal Hearing by Appointment Only**
- Monday, March 11, 2019 from 1:00 p.m. to 9:00 p.m.
- Tuesday, March 12, 2019 from 1:00 p.m. to 4:00 p.m.
- Wednesday, March 13, 2019 from 10:00 a.m. to 1:00 p.m.
- Mail-In Appeals ONLY**
- Wednesday, March 13, 2019 from 1:00 p.m. -4:00 p.m.

Other hearing dates and times may be scheduled as needed. Hearings are by appointment only. COMPLETED 2019 Board of Review Petitions are required and must be submitted to the Assessor's Office prior to your appointment. The deadline for submitting petitions for all persons wishing to appeal in-person before the Board of Review is Wednesday March 13, 2019 at 1:00 pm.

Copies of the notices stating the dates and times of the meetings will be posted and published in the local newspaper.

All Board of Review meetings are open meetings in compliance with the "Open Meetings Act".

If you have any questions please contact the Assessor's Office at 734-467-3160.

Richard LeBlanc, CMC

Published: February 21, 24 & 28, 2019

LO-000349322 3x4.5

**NOTICE TO BIDDERS**

The Livonia Housing Commission, Livonia, Michigan, will receive sealed bids in its offices at 19300 Purlingbrook Road, 48152, Livonia Michigan until **11:00 a.m. local time, on March 12, 2019**. A public opening will follow shortly afterwards. Any bid received after this time will not be considered. All work shall be performed per the plans and specifications prepared by Design House Architects and Designers, LLC, 10484 Range line Road, Berrien Springs, MI. Bid work shall consist of low-slope, Roof Replacement at Tower 2 building and minor repairs of associated work at the above address. All bids shall be executed on forms provided in the specifications or approved equal provided by the bidder. The award will be made at the Livonia Housing Commission board meeting held **March 21, 2019**.

Each bid must include a "non-collusion" affidavit and fully enclosed HUD 5369-A form, and a Bid Bond in the amount of five (5) percent of the amount of the bid. This bond will be forfeit in case of any failure to enter into the contract at the bid price after notification of acceptance of such bid.

Section 3 Performance as well as all other forms as outlined in the specifications must accompany all bids. Both the Architect and Housing Commission desire all prime contractors submitting bids to encourage all minority subcontractors to perform any portions of the work which will not be performed by the contractor's forces or could be performed by the minority subcontractor. Bidders must submit written evidence that they have solicited quotations from qualified Section 3 subcontractors at the time the bidder submits its bid to the Housing Commission for all portions of work the bidder is not proposing to complete with his forces. The Architect and Housing Commission also desire that the prime contractor will make an attempt at the hiring of those housing residents that can perform any function of the work successfully. All bidders shall comply with HUD Section 3 Clause of regulation 24 C.F.R. part 135.

The Housing Commission is in no way obligated to accept the lowest or any other bid submitted and reserves the right to reject any and all bids. The Housing Commission also may waive informalities in any bid if it judges to do so and to defer the acceptance or rejection of such bids until the financial arrangements for the project bid are completed.

Plans and Specifications may be obtained from: The Livonia Housing Commission, 19300 Purlingbrook Road, 48152, Livonia Michigan on or after **February 19, 2019**. A deposit of **Fifty (\$50.00) Dollars** is required of Prime Contractors for each set of Drawings and Specifications up to a maximum of three (3) sets. The deposit is refundable in full only if:

1. The Drawings and Specifications are returned within ten (10) days after the bid date.
2. The Drawings and Specifications are in useable condition as determined by the Architect.

A **pre-bid meeting will be held at 11:00 am, February 27, 2019** at the Livonia Housing Commission office. Site visits will be by appointment only and made through the Housing office by contacting Ms. Brandie Isaacson at 248-477-7086 extension 5.

Contractor awarded project will provide an acceptable Performance and Payment bond equal to 100% of the contracted price. These bonds shall conform to the forms prescribed by the State Board of Accounts.

Plans, Specifications, and Instructions to Bidders are on file at The Livonia Housing Commission offices for review and **Design House Architects and Designers, LLC**, 574-276-1411.

Brandie Isaacson, Housing Director  
Dennis K. Wright, Mayor

Published: February 14 & 21, 2019

LO-000349381 3x6.5

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\*EQUIPMENT: Equipment shown may require additional fee. GIFT CARD: \$100 Visa Gift Card fulfilled by Protect Your Home through third party provider. Mispell, upon installation of a security system. Shipping and Handling Fee applies. SENIORS: Up to 10 seniors free for pre-wired homes or up to 7 wireless sensors free. No substitutions allowed. Labor charges may apply. BASIC SYSTEM: 36-Month Monitoring Agreement required at \$29.99 per month (30-day trial). 24-Month Monitoring Agreement required at \$27.99 per month (30-day trial) for California. Offer applies to homeowners only. Basic system requires landline phone. Offer valid for new ADT Authorized Premier Provider customers only and not on purchases from ADT, LLC. Cannot be combined with any other offer. The \$27.99 offer does not include Quality Service Plan (QSP), ADT's Extended Limited Warranty, ADT Pulse, ADT Pulse Interactive Solutions Services (ADT Pulse+), which help you manage your home environment and family health, require the purchase and/or activation of an ADT alarm system with monitored burglar service and a computer monitor, cell phone or PDA with internet and email access. These ADT Pulse services do not cover the operation or maintenance of any household equipment/systems that are connected to the ADT Pulse equipment. All ADT Pulse services are not available with the various levels of ADT Pulse. All ADT Pulse services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment required to utilize the ADT Pulse features you desire. ADT Pulse Video: ADT Pulse Video installation starts at \$399. 36-month monitoring contract required from ADT Pulse Video. \$38.99 per month. 30-day trial. Includes Quality Service Plan (QSP). GENERAL: For all offers, the form of payment must be by credit card or electronic charge to your checking or savings account; satisfactory credit history is required and termination fee applies. Certain packages require approved landline phone. Local service fees may be required. Certain restrictions may apply. Additional monitoring fees required for some services. For example: Burglars, Fire, Carbon Monoxide and Emergency Alert monitoring requires purchase and/or activation of an ADT security system with monitored Burglar, Fire, Carbon Monoxide and Emergency Alert devices and are an additional charge. Additional equipment may be purchased for an additional charge. Additional charges may apply in areas that require guard response services for manual alarm verification. Prices subject to change. Prices may vary by market. Some insurance companies offer discounts on homeowners' insurance. Please consult your insurance company. Photos are for illustrative purposes only and may not reflect the exact products actually provided. LICENSE: AL-24-02154, AZ-24-02154, AR-24-02154, CA-24-02154, CO-24-02154, CT-24-02154, DC-24-02154, FL-24-02154, GA-24-02154, HI-24-02154, IL-24-02154, IN-24-02154, IA-24-02154, KS-24-02154, KY-24-02154, LA-24-02154, MA-24-02154, MD-24-02154, ME-24-02154, MI-24-02154, MN-24-02154, MO-24-02154, MS-24-02154, MT-24-02154, NC-24-02154, ND-24-02154, NH-24-02154, NJ-24-02154, NM-24-02154, NV-24-02154, NY-24-02154, OH-24-02154, OK-24-02154, OR-24-02154, PA-24-02154, RI-24-02154, SC-24-02154, SD-24-02154, TN-24-02154, TX-24-02154, VA-24-02154, VT-24-02154, WA-24-02154, WI-24-02154, WY-24-02154. Home Improvement Contractors Registration Number: PICS20098. ©2019 ADT. All rights reserved. ADT, ADT Pulse, ADT Pulse Video, ADT Pulse+ and Protect Your Home are trademarks of ADT Security Services, Inc. ADT, ADT Pulse, ADT Pulse Video, ADT Pulse+ and Protect Your Home are trademarks of ADT Security Services, Inc. ADT, ADT Pulse, ADT Pulse Video, ADT Pulse+ and Protect Your Home are trademarks of ADT Security Services, Inc. ADT, ADT Pulse, ADT Pulse Video, ADT Pulse+ and Protect Your Home are trademarks of ADT Security Services, Inc.

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**Call before February 28<sup>th</sup>!**

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plus **Save an EXTRA 3%** on your entire order<sup>1</sup>

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**0% Monthly Payments**

**0% Interest for 1 year!**

1. Details of offer: Offer expires 3/9/2019. You must set your appointment by 2/28/2019 and purchase by 3/9/2019. Not valid with other offers or prior purchases. Get \$300 off each window and \$700 off each patio door and 12 months zero money down, zero monthly payments, zero interest when you purchase four (4) or more windows or patio doors between 2/1/2019 and 3/9/2019. Additional 3% off your order when you purchase four (4) or more windows or patio doors by 3/9/2019. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing by GreenSky™ consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2019 Andersen Corporation. All rights reserved. ©2019 Lead Surge LLC. All rights reserved.

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**\$119 / mo.**

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- Accessories to Personalize Your Shower
- Safety-Focused Design Features
- Quick, Professional Installation
- Lifetime Warranty





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**PLUS, GET A FREE SHOWER DOOR & \$500 OFF LuxStone™ WALLS!**

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KOHLER Walk-In Bath Authorized Dealer

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LO-G0171219-02



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THESE SALE PRICES ARE FOR CANTON ONLY  
JOIN MYWAY FOR THESE MEMBER EXCLUSIVE SALES

Elevate your shopping experience with knowledgeable meat/seafood associates and master butchers who can help you get just the right cuts.

WE OFFER USDA CERTIFIED PRIME DRY-AGED BEEF IN CANTON



Coastal  
Cooked Shrimp  
41-50 CT. TAIL ON • 12 OZ. PACKAGE

**3.99**  
MEMBER PRICE



**1.39 LB.**  
MEMBER PRICE

Whole Boneless  
1/2 Pork Loin  
FREE CUSTOM CUTTING



**1.99 LB.**  
MEMBER PRICE  
LIMIT 2 PACKAGES PER DAY

GROUND FRESH  
IN OUR STORES!  
Ground Chuck  
BIG DEAL PACKAGE

Fresh cut & ground!

our butchers make expert cuts and grinds throughout the day, to ensure you have the freshest selections. They'll also make CUSTOM CUTS or grinds just for you!

