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# Wayne-Westland OBSERVER

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## DeHart Schoof wraps up her career after stints at state, county and city

**LeAnne Rogers**  
Staff Writer

With a father who was active in his union, Eileen DeHart Schoof recalls lots of political discussions around the house as she was growing up.

"I got married right out of high school in 1966. My husband at that time was involved in politics," said Schoof, who started her career as an elected official by running for precinct delegate. "I was a precinct delegate since I was 21."

After serving as a Democratic state representative and a Westland city councilwoman, Schoof is retiring after serving as city clerk for 11 years. She

was the city's first elected clerk.

Employed as a school secretary, Schoof was elected as state representative from Westland in 1994, taking office the following year. She replaced Justine Barns, who had also served on the city council. Schoof had worked on Barns' staff.

"We were very close. She groomed me and was my mentor," Schoof said of Barns. "When I was state representative, I was able to work both sides of the aisle. Not all Democratic ideas are good, not all Republican ideas are bad."

Coming just after term limits were instituted, Schoof

served the three allowed terms in the state legislature. Then after a recall removed some members of the city council, Schoof was elected by a write-in vote in 2001 to fill the vacancy. When she ran for the clerk position, Schoof had been working as a deputy Wayne County executive under Edward McNamara and then Robert Ficano.

"I got jobs by knowing someone but I kept it because of the job I did," Schoof said. "I'm in politics but I'm really not a politician. I like to see what elected officials can do for people."



The wall of Westland City Clerk Eileen DeHart Schoof's office has mementos of her career, including time on city council and as state representative.

See **RETIREES**, Page A2



The Kay Kettle Band joined together for the sixth straight year to raise money for the Salvation Army.

COURTESY KAY FAMILY

## Family kettle band keeps 'new' tradition alive

**James Aren**  
Correspondent

The family that plays together stays together. The Kay Family Kettle band gathered again recently to play outside the door to Olga's at Westland Mall to raise money for the Salvation Army. It's the sixth year for this new "old-fashioned" tradition for a family with roots in Garden City.

Relatives from Troy, Berkeley, Farmington, Livonia and even Chicago come together to play a drum set, saxophone, several horns and a cow bell.

Most of the family grew

up and learned to play musical instruments at the local branch of the Salvation Army. The older crew learned to play music in Detroit and the younger crew took their lessons at the Dearborn Heights location on Warren Ave.

Grandpa John Z. Kay, who lived in Garden City for 53 years, first went to the Salvation Army in Detroit because he followed the band down the street. Since that time, he and his wife Henrietta made that church his home, raising four kids there.

See **BAND**, Page A2



Larry Kay and John Aren are part of the Kay Family Kettle Band.

COURTESY KAY FAMILY

## Wayne library director had cheerful smile, loved children

**Brad Kadrich**  
Staff Writer

Lois Vanstipdonk remembers working with Paulette Medvecky in the mid-1990s on a project for the Library network, and how happy she was when the Wayne Public Library board hired Medvecky as the children's librarian in 1996.

Medvecky went on to be the assistant director under Vanstipdonk and, when Vanstipdonk retired in 2006, Medvecky replaced her as the director. Medvecky served as the full-time director until about 18 months ago, but returned as a co-director.

In all that history with the library, her friend remembers her smile.

"Paulette was always cheerful with a huge smile for everyone," Vanstipdonk said this week. "She loved children and that was evident in the programs she held at the library and the care she took of chil-

See **MEDVECKY**, Page A2



Longtime Wayne Public Library director Paulette Medvecky lost her battle with cancer Monday.

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## RETIRES

Continued from Page A1

It was while working at Wayne County that Schoof met her second husband Butch. "We weren't supposed to be going to Ficano's golf outing but went at the last minute. We were paired up together," she said. "We became friends — he's still my best friend. My daughter is my best friend, too."

Schoof's daughter, Teresa DeHart-Schulcz, is executive director at Taylor Towers. Her son Brian DeHart works for the UAW.

"When I'm retired I'm going to watch my great-grandson Brady once a week," she said. "We'll travel and I'll see what comes my way. One day I'm melancholy about retiring, the next I'm happy. I have mixed feelings. It will be a big adjustment — at the end of the year I'll have been working for 47 years of my life."

## BAND

Continued from Page A1

### Love of music

John loved music his entire life. He played a baritone in the Salvation Army band, but he also constantly spun records at home, when he wasn't listening to the local polka station.

"The sound of the Blue Skirt Waltz always brings me back to Christmas and that stereo," said Teri (Kay) Kolar, a tuba-playing granddaughter of the couple.

For years, way too many Kays jammed themselves into the two-bedroom house on James Street in Garden City. All told, 77 kids, grandkids, great-grandkids and maybe a few great-greatkids, piled into the house on Christmas Eve.

Christmas smelled like kielbasa and sauerkraut, and it looked like the bright green walls of

Grandma and Grandpa's house. It sounded like vinyl spinning on an old Zenith stereo. It was crowded and hot, but there was no other place to be. To the Kay family, it was where Christmas happened.

Some cousins talk about this kettle event as a tribute to them. Others see it as a replacement for the basement.

### New tradition

John and Henrietta Kay died at Christmas 19 years apart. When Henrietta died in 2010, Christmas wouldn't be the same, but the family fell back on music and the Salvation Army to build a new tradition. Since 2011, the family has gotten together outside of stores playing Christmas tunes to collect money for the church the Kays called home.

Kolar remembers her grandparents always supporting her pursuit of music. A delicate little girl, she got a lot of grief for choosing to play tuba, but her grandpa had no time for the dissenters.

"Never let anyone tell you little girls can't play tuba," he said. "You're a Kay."

Her grandparents followed her from Berkeley High, Blue Lake

Camp and to Wayne State University as she studied music. They even went to the Cleveland Hospital where she explored music therapy. Her grandpa John wasn't quite sure what she was getting into.

"This is a music thing, right?" he asked.

John Kay was confused about the therapy part, but he always believed in his grandchildren and music.

"People are still confused about music therapy. I don't blame him."

He shook his head and said, "Be a good one."

### Family influence

Studying music at Wayne State, Teri Kay met her future husband Joe Kolar. Joe teaches music at Center Line District in Warren. Not only is Joe the lead trumpet for the Kettle Band, he and Teri supply the majority of the talent of the band. They have three sons who play every year, except when other musical engagements keep them away.

"I know they would be happy and proud to see their influence and love for music that continues to be passed down in our families," Teri said.

Two of Teri's sons, John and Henrietta's great-grandchildren, now

study music, one at Eastern Michigan University and one at Wayne State University.

Since his first lessons with his grandpa in the basement on James street, John Aren has played in 14 brass bands and started three of his own. He sits first chair in the world-renowned Chicago Staff Band of the Salvation Army and he credits his grandfather for getting him started the right way.

"I have played in 14 brass bands both in and out of the Salvation Army," Aren said. "When asked where I have studied, I always give homage to grandpa's first lessons to me out of the second baritone book of the Salvation Army Hymnal."

### Just for fun

Even though his work as a pastor for the Salvation Army took him to Chicago, he returns every year to lay down a baseline for the Kay Kettle.

"Both grandpa and grandma were examples of dedicated musicianship to the Salvation Army which I hope to follow faithfully through all my days."

Henrietta Kay liked that her family liked music, but she didn't know Bach from the

Beatles. "I really don't like music unless I know the person making it," she once said. One of her grandchildren struggling through "Jingle Bells" was better than the Detroit Symphony Orchestra playing the Nutcracker Suite. But her husband and her family loved music, so she did too — if only by extension.

She would think this band of ranging skill levels, from beginner to pro, was the best thing she's ever heard. She wouldn't care if the band sounded like two alley cats fighting over dinner scraps, but it doesn't most of the time. They sound good on many Christmas songs but "Jingle Bells" has become one of their signature tunes.

Of course, not all of the offspring are music obsessed. Some of them no longer play music, except on a stereo. Some of them break out a horn only once a year. Some not even then, but they are ready for the party, ready to be together and have some good old-fashioned holiday fun — ringing a bell, raising money for the Salvation Army and saying "Merry Christmas" to anyone one who walks by the Kay Kettle.

## WESTLAND OBSERVER

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## MEDVECKY

Continued from Page A1

dren and later adults. She weathered some difficult financial times with the library, as the budget was severely cut, with grace and fairness. Until the end, she was working to keep the doors open and services available to the public.

The end came Monday, when Medvecky lost a protracted battle with cancer. The Berea, Ohio, native was 65.

She'd been sharing the co-director duties at the library with Steve McGladdery, who described her as a mentor and colleague who "showed me the ropes." Like Vanstipdonk,

McGladdery knew how much Medvecky "loved working with the children especially."

He was also impressed with her desire to continue working, right through the battle with the cancer. He said she came to work every day as long as her health would let her.

"She was a real inspiration," McGladdery said. "She wanted to keep coming to work, even through the chemo treatments. She stayed strong, and I'll always remember that."

Medvecky was born Feb. 5, 1950, in Berea, Ohio. In addition to her library duties, she was a member of the Wayne Rotary, Business and Professional Women, the Red Hat Society, Friends

of the Wayne Public Library and Wayne Main Street, among others.

She was also active in her church, St. Simon and Jude Catholic Church, where she was a reader.

Vanstipdonk was impressed with Medvecky's devotion to her family, recalling her joy in giving "memories" rather than gifts. One year, she gave her children and grandchildren a trip to the Kalahari water park in Ohio; this year's present was a trip on the Polar Express, on which she reserved the caboose for the trip from Owosso to Ashley.

Medvecky is survived by sons Michael (Brooke) and Jeff (Julie) Medvecky; daughter Jennifer (John) Sulfridge; brothers Richard (Laverne)

and Daniel (Beverley) Hadjuk; sister Linda (Robert) Miller; four grandsons and one granddaughter, with another grandchild on the way. She was preceded in death by her parents, Peter and Jessie Hajduk.

Visitation for Medvecky takes place from 1-9 p.m. Sunday, Dec. 27, with a rosary in the evening, at Uht Funeral Home, 35400 Glenwood, in Westland. Services will be held at 11 a.m. Wednesday, Dec. 30, at St. Simon and Jude's Church, 32500 Palmer, in Westland, with Fr. Jerry Bechard officiating.

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## Praveena

Praveena Vellanki sensed something was wrong but she didn't say anything - it was too difficult to open up about such a private matter. She held in her fears and silently worried. In time, she was diagnosed with breast cancer and quickly began treatment at St. Mary Mercy Livonia. Four years later, after eight cycles of chemotherapy, surgery and radiation - a treatment plan spanning 16 months - Praveena is cancer-free. She is once again volunteering at her Temple and cooking for family and friends. She credits the care team who stood by her during her toughest days.

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MARVIN SOLEAU  
Juniors Kaitlyn Balko (left) and Antrunika Alonzo move on to the state competition.



MARVIN SOLEAU  
Riana Hardyniec (left) and Kelsie Wysong were the senior class winners.

## Local DYW hands out annual scholarships

Organizers say the Distinguished Young Women Scholarship program is one of the largest and oldest scholarship programs for high school girls in the nation.

But last week, the focus wasn't nationwide, it was on high school junior and senior young women eligible for some \$8,000 that the Wayne-Westland DYW was handing out in its annual program.

Wayne Memorial High School senior Riana Hardyniec and John Glenn High School junior Kaitlyn Balko were the big winners, finishing first in the 2016 and 2017 categories, respectively. Each girl was awarded \$800 in scholarships.

Runners-up were Wayne Memorial senior Kelsie Wysong (2016) and Wayne Memorial junior Antrunika Alonzo (2017). They were awarded \$400 each.

The Wayne-Westland competition had five juniors and six seniors

this year. The winners and runners-up will compete in the state program in Saline in January.

Other awards handed out include two Interview awards, two Scholastic awards, two Fitness awards, two Self-Expression awards, a Spirit Award, a Be Your Best Self award and the People's Choice award.

The program, officials said, is "shifting moving forward to focus on the junior class so that they can have access to a multitude of scholarships available across the nation at various universities and colleges."

DYW officials said more than \$2 million in scholarships are presented each year at the local, state and national level. The central focus of Distinguished Young Women is to recognize and reward excellence in education.

For more information about DYW, visit [distinguisheddyw.org](http://distinguisheddyw.org).

### Church vandalized

Livonia police were called Monday afternoon to St. Priscilla's Catholic Church, 19120 Purlingbrook, on the report of vandalism. The damage, found Dec. 19, appeared to have been done overnight. It appeared someone had taken nails and engraved symbols on a statue, and it appeared someone damaged nearby grass by driving a vehicle over it.

The vandalism report is the third in recent weeks to have taken place at a Catholic church in Livonia; damage was done earlier in the month at St. Colette's Catholic Church and the Felician Sisters Motherhouse.

### Phone taken at rec center

A patron at the Livonia Community Recreation Center, 15100 Hubbard, came into the police station Tuesday evening to report that his iPhone was stolen.

He said he went to the rec center earlier in the day to play bas-

## POLICE BRIEFS

ketball in one of the gyms. He said he placed his cellphone with his sweatpants on some bleachers and played. He later went back to the bleachers and found his iPhone missing. He said he tried calling his phone, but it was shut off. He was unable to locate it via the "Find my iPhone" program either.

### Backpack stolen at LA Fitness

A patron of LA Fitness, 30273 Plymouth, came into the police station Monday evening to report his backpack had been stolen while at the center.

He said he went into the facility's gym to play basketball and left his backpack nearby. When he went to retrieve it, he found it missing. He said it contained his cellphone, wallet and cash.

### Christmas light show stolen

A resident in the 19600 block of Parkville came to the police station Monday afternoon to report a light show had been stolen from

her property.

She said she turned off the laser light show in front of her home off earlier that morning, and later discovered in the early afternoon that it was missing. No suspect information was available.

### Wheels, tires missing

Police were dispatched Monday morning to a home in the 17700 block of Lathers on the report of a stolen set of wheels and tires.

When police arrived, they saw all four tires and wheels were off the vehicle parked in front of the house. The lug nuts were located on the ground nearby, and the owner said the wheels had been taken sometime overnight. She said she did not hear anything suspicious during the night.

— Compiled by David Veselenak from reports filed with the Livonia Police Department.  
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### Tail Waggers drive

Tail Waggers is calling all animal lovers to participate in its Winter Fund Drive. The group's goal is to raise \$25,000 between Jan. 1 and March 31 so that it can continue to provide wellness services at an affordable rate. Here's how your donation can impact an animal's life:

- » \$10: Will supply a bag of pet food for the Pantry 4 Paws Pet Food Assistance Program
- » \$25: Will vaccinate a cat with the Feline Indoor Package
- » \$50: Will vaccinate a dog with the Canine Core Package or three individual vaccinations
- » \$100: Will spay and/or neuter, and microchip a dog or cat or provide financial assistance for owners with multiple pets.

Donations will help the group continue to carry out its mission of "Helping People Help Animals." Financial contributions can be made by mail to: 28402 Five Mile Rd., Livonia, MI 48154; online at <http://www.tailwag->

[gers1990.org/donate.html](http://gers1990.org/donate.html); or by phone at 734-855-4077.

### Hula classes

**Times/Dates:** Wednesdays, starting Jan. 20 (10-week winter session)  
**Details:** Instructor Fran Price offers a Hawaiian "Hula" dance class in which students will enjoy exercising and having fun while learning the culture of the Hawaiian Islands. The beginner/family class runs 6-6:55 p.m. (cost is \$50 for adults; \$25 for children under 8). The adult intermediate and advanced classes run 7-8:30 p.m., at a cost of \$75. There is a material fee of \$5.

All classes are conducted at the Livonia Civic Park Senior Center, 15218 Farmington

Road in Livonia. For more information and to register, call 248-547-3109 or email [fran-price@wowway.com](mailto:fran-price@wowway.com)

### Widowed Friends

The Friends of Widowed Men and Women present the following events:

- » Celebrate New Year's Eve at the Joy Manor Banquet Center, from 6 p.m. to 1 a.m. Wednesday, Dec. 31. Cost is \$55 pre-paid includes Premium Buffet – Open bar, Champagne Toast at midnight. Doors open at 7 p.m. with dinner at 8 p.m. Dancing to Dr. Pocket. RSVP with check and get email by calling Marie Nagy at 734-728-6967 by Dec. 5.
- » New Year's Eve Dinner/Dancing \$33 pre-paid includes appe-

tizers, plated dinner, dessert, tax and tip. Cash bar. Music/Dancing by the Showcasemen. RSVP with check by Dec. 21 and get mailing address by calling Carol Olsen at 313-562-3080.

### Livonia Town Club

**Time/Date:** 11:30 a.m. to approximately 2 p.m. on the fourth Thursday of each month from September through May.

**Details:** December's program features David Passalacqua, musician/accordion player. It's a nonprofit women's organization bringing together women for social interaction. Enjoy informative speakers, bingo, a fashion show, music and more. Contact Vicki at 734-591-3254 for more information.

Check us out on the Web every day at [hometownlife.com](http://hometownlife.com)

### SECTION 00100 Advertisement to Bid

- Livonia Public Schools (the "Owner") requests Bid Proposals for the renovations of Holmes Middle School and Johnson Upper Elementary School for Bid Package No. 3. Bid Proposals will be received:
  - By delivery or mail by 12:00 p.m. local time on **January 19, 2016** (the "Due Date").
  - To the attention of:  
Livonia Public Schools  
Attention: Nick Armelagos  
15125 Farmington Rd.  
Livonia, MI 48154
- Proposals must be sealed with Bidder's name on the outside of the envelope and designated as follows:  
Sealed Proposal  
Livonia Public Schools 2013 Bond Issue  
Bid Package No. 3 – Johnson Upper Elementary School and Holmes Middle School  
Bid Category: \_\_\_\_\_  
Contractor Name, Address, Phone Number, email address
- Proposals shall be based on the requirements set forth in the Bidding Documents:  
**Bid Package #3 – Renovation to Johnson Upper Elementary School and Holmes Middle School**
- Accepted Bidders will be required, as a condition precedent to award of Contract, to furnish, satisfactory Performance Bond and Payment Bond and Certificates of Insurance as required in the Project Manual
- Unless otherwise specifically set forth, this Project is subject to state sales and/or use taxes and Bidder is required to include such taxes in its Bid Proposal.
- Barton Malow Company has been contracted by the Owner in the capacity of CM for the Project, and shall act as representative of the Owner to the extent required/allowed under its Owner contract. Hereafter Barton Malow Company shall be referred to as the "CM".
- Bid Proposals received on or before the Due Date will be publically opened and read aloud at a public meeting held at the Livonia Public School Board Office (15125 Farmington Rd. Livonia, MI 48154) on January 19, 2016 at 12:30 p.m. by Livonia Public Schools. **The Owner shall not open, consider, or accept a Bid Proposal that is received after the Due Date specified for Bid submission in this Advertisement for Bids.**
- Bidding Documents will be available for examination and distribution on or after December 17, 2015. Bidders may download electronic documents at: <http://fj.mp/LivoniaBP3>
- A pre-bid conference and site visit/tour will be held for all trades at Holmes Middle School (16200 Newburgh Rd, Livonia, MI 48154) on January 5, 2016 @ 3:00 p.m. All Bidders are responsible for attendance at the pre-bid conference. Pre-bid conference minutes will be distributed to all attendees and invited bidders. Information disclosed in the pre-bid conference minutes will be considered part of the Bidding and Contract Documents.
- All requests for information (RFIs) and substitution requests are to be submitted by 12:00 p.m. on **January 8, 2016**. All RFIs and substitution requests received after that time cannot be guaranteed to be answered or approved before the Due Date.
- Bid Proposals shall be on forms furnished by CM. Bidders will be required to submit with their Bid Proposals a Bid Security by a qualified surety authorized to do business in the state where the Project is located. Bidders shall not withdraw Bid Proposals for a period of ninety (90) Days after Due Date for receipt of Bid Proposals.
- The successful Bidder(s) will be required to enter into an agreement with **Livonia Public Schools** on the Agreement Form identified in the Project Manual.
- All Bid Proposals shall be accompanied by the sworn statement included in Section 00410 of the Project Manual, in accordance with MCL 380.1267, disclosing any familial relationship that exists between the owner(s) or any employee of the Bidder and any member of the school board or the superintendent of the school district and certifying that the Bidder is not Iran-linked business. Bid Proposals that do not include this sworn and notarized disclosure statement shall not be accepted. All bids must be accompanied by the Equal Opportunity Statement attached. No bid shall be accepted that does not include this statement.
- The Owner is not liable for any delivery or postal delays. Bid Proposals received after the Due Date will not be opened, accepted or considered.
- Livonia Public Schools' Board of Education reserves the right to accept or reject any and all Bid Proposals, either in whole or in part, to waive any irregularities therein, or to award the contract to other than the low Bidder, in its sole and absolute discretion. Livonia Public Schools local preference resolution will be followed for all proposals.
- Owner shall have the right, in its sole and absolute discretion, to determine if the proposed substitution is equivalent.

BARTON MALOW COMPANY  
Stephanie Hachey  
Project Manager

END OF SECTION 00100

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## Edison Elementary dance-a-thon tops fundraising goal

Students and staff were dancing for a reason recently at Edison Elementary School.

Students set — and, more importantly, surpassed — a \$6,000 goal in the school's only fundraiser of the year, their annual dance-a-thon sponsored by the PTO.

The event provides funds for field trips and "extras" for the classrooms and students.

Students had a great time doing the hustle, Whip Nae Nae, Cupid Shuffle, and learning a Hawaiian dance. But they were most excited that they raised \$8,707.02 for their school. This surpassed last year's total by \$500.

At a reward assembly for students, the staff held up their end of the deal and were turned into human ice cream sundaes and had balloons of yuck popped on their heads. Students even got to cut Principal Chris Swanson's hair.

Swanson donated her hair to Locks of Love.



SUBMITTED

Kindergarten students doing the Whip Nae Nae.

SUBMITTED  
The challenges that staff had to complete as students raised money.



SUBMITTED

Isabella Cracchiolo, a fourth-grader in Stephanie Mueller's class, dressed in a poodle skirt, was ready for the hand jive and other fun dances for the dance-a-thon.

## Wayne Memorial JROTC program wins big at statewide competition

The JROTC program at Wayne Memorial High School continues to excel under the leadership of First Sergeant (Ret.) Steven LaHaine.

They finished second in the statewide competition at Cass Technical High School in De-

troit recently.

The Wayne Memorial students competed in Platoon Drill, Squad Drill, Uniform Inspection, Color Guard and First-Year Cadet Drill.

The first-year cadets finished in first place in the first-

year cadet statewide competition.

With these wins, the WMHS JROTC program qualified for the Brigade (regional) Championship in March and the National Championship in Louisville, Ky., in April.



SUBMITTED

The Wayne Memorial High School JROTC program qualified for the Brigade (regional) championship in March and the national championship in Louisville, Ky., in April.

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LD-000264981



# Fans flock to see Olympic swimmer Schmitt

**Matt Jachman**  
Staff Writer

World-class swimmer Allison Schmitt drew a crowd Wednesday to a Plymouth Township supermarket, where she signed autographs, posed for photographs, chatted with young swimmers — and showed off one of her three Olympic gold medals.

Schmitt, of Canton Township, is on a break from training in Tempe, Ariz., where she is working to earn a berth on the U.S. women's swim team for the 2016 Summer Olympics. Her appearance at Busch's Fresh Food Market was sponsored by the United Dairy Industry of Michigan.

"She was really nice," said McKenna Larkin, 15, after she, sister Brooke, 13, and their father Dave visited with Schmitt.

The trio had driven from Clarkston just to see the swimmer; McKenna and Brooke (who pronounced Schmitt "awesome") swim with the Clarkston Sea Wolves.

Dave Larkin was impressed with gold medal sitting on the table where Schmitt was signing autographs. "Oh, my gosh, it's fantastic," he said.

Schmitt, who was accompanied by her parents Ralph and Gail and younger sisters Sara and Kari, arrived about 9:30 a.m. to find a line of fans at Busch's.

"It was really rewarding to see that," Schmitt said. She said that she likes to see the passion in the eyes of young swimmers.

"It's cool to see the little kids come up and get their caps signed," Kari Schmitt said. Kari and Sara, who are twins, swam with their older sister when they were freshmen at Canton High School and Allison was a senior.

"That was our chance

to do a sport with her," Kari Schmitt said. The twins went on to play hockey at Ohio State University, where they are seniors.

### Third Olympic quest

Allison Schmitt graduated from Canton in 2008 and swam in the Olympics later that year, winning a bronze medal as part of the U.S. 800-meter freestyle team. Four years later, in London, she took five swimming medals, three of them gold. She's a graduate of the University of Georgia.

She said she's confident she can return to the next summer's Olympics, which will be held in Rio de Janeiro.

"I'm taking it day by day and training hard," she said. Earlier this month, Schmitt won both the 200- and 400-meter freestyle races at the AT&T Nationals in Seattle.

Her training partners include Olympic medalist (and former University of Michigan swimmer) Michael Phelps, Chase Kalisz and Sierra Runge, all members of the U.S. national team.

Wednesday's event included several employees from Busch's and the UDIM, which represents dairy farmers and producers across the state. Schmitt was at Busch's on behalf of the UDIM's Milk Means More campaign, which has been promoting the benefits to athletes of drinking chocolate milk.

"Having Allison here is just fantastic, not only for the store and the community, but especially for the kids," said John Hunter, director of marketing for the Busch's chain.

mjachman@hometownlife.com  
734-678-8432

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Melanie Reyes photographs daughter Isa Reyes, 12, with Olympic medalist Allison Schmitt of Canton Township. Isa swims with the Dexter Community Swim Club.



Ten-year-old Gracyn Schmidt of Canton poses for a photo with six-time Olympic medalist Allison Schmitt. Gracyn swims with the Plymouth-Canton Cruisers.




Allison Schmitt gives 7-year-old Joey Magos a chocolate milk mustache. Joey, a swimmer, came all the way from Tecumseh.



Maddie Helms (left) is a Canton High School junior who swims for Allison Schmitt's former team. Schmitt autographed a swim cap for Helms.



Charlotte Boehm, 8, and brother Pierson Boehm, 5, get Allison Schmitt's autograph. Their dad, Eric Boehm, brought the kids to Busch's Fresh Food Market for the event. They are from Livonia.



**CITY OF GARDEN CITY  
NOTICE OF PUBLIC HEARING**

**PLEASE TAKE NOTICE** that the Planning Commission will hold a Public Hearing on Thursday, January 14, 2016 at 6:30 p.m., in the Council Chambers, at the Civic Center, 6000 Middlebelt Road, Garden City, Michigan. At the hearing, all interested persons shall have an opportunity to be heard.

The purpose of the Public Hearing is to solicit public comments on a request to rezone a vacated alley located between 31450 Ford Road and 31433, 31441 and 31457 Krauter from R-3 Multiple Family Residential to C-3 General Business District

Written comments may be submitted prior to the public hearing and should be addressed to: The Office of Community Development, City of Garden City, 6000 Middlebelt Rd., Garden City, MI 48135.

Published: December 27, 2015 LO-000267526 3x2.5

**CITY OF LIVONIA  
PLANNING COMMISSION  
NOTICE OF PUBLIC HEARING**

In accordance with the provisions set forth in Section 502 of Act 110 of the Public Acts of Michigan of 2006, as amended, and Articles XIX and XXIII of Ordinance #543, the Zoning Ordinance of the City of Livonia, as amended, the City Planning Commission of the City of Livonia will hold a public hearing on Tuesday, January 12, 2016, in the Livonia City Hall, 33000 Civic Center Drive, Livonia, Michigan, beginning at 7:00 p.m. on the following items:

**Petition 2015-12-01-11 submitted by Ajamco Inc.** pursuant to Section 23.01 of the City of Livonia Zoning Ordinance #543, as amended, requesting to rezone the north one hundred feet (100') of 16825 Middlebelt Road, located on the west side of Middlebelt Road between Munger Avenue and Six Mile Road in the Northeast 1/4 of Section 14, from P, Parking to C-2, General Business.

**Petition 2015-12-02-26 submitted by Livonia Corp. Tower, L.L.C.** requesting waiver use approval pursuant to Section 20.02 of the City of Livonia Zoning Ordinance #543, as amended, to develop a Planned General Development at 29200 Vassar Avenue, including renovations to the site and building to accommodate offices and other commercial services on the first floor of the building and a total of 112 apartment units on floors 2 thru 8, located on the north side of Vassar Avenue between Middlebelt Road and Parkville Avenue in the Southwest 1/4 of Section 1.

The above-mentioned petitions will be on file in the City Planning Commission office, 33000 Civic Center Drive, Livonia, Michigan during the period of five (5) days immediately preceding the said hearing and may be examined by any and all persons during the normal working hours Monday through Friday.

**R. Lee Morrow, Chairman  
CITY PLANNING COMMISSION**

Published: December 27, 2015 LO-000267522 3x4

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# See the 2016 Lincoln MKZ and experience the 'Demmer Difference'

The 2016 Lincoln MKZ is on sale now at Jack Demmer Lincoln, where customers benefit from the "Demmer Difference."

The midsize sedan has an "open and inviting interior with many features that will surprise people," Demmer sales manager Chris Conley said. "From the floating center console with ample storage underneath it and the attention to detail that is noticeable throughout the vehicle."

The 2016 MKZ is available with front- or all-wheel drive. "Three engine choices with three levels of performance and three suspension settings allows the MKZ to be tailored to each driver's personality," Conley said. The hybrid version is rated at up to 41 MPG.

"The available all-wheel drive offers peace-of-mind for all driving conditions," he added.

Standard features for the 2016 MKZ include:

- » 240-horsepower, turbocharged 2.0-liter, four-cylinder engine
- » Six-speed automatic transmission with shift paddles
- » Front-wheel drive
- » Adaptive LED headlights
- » LED taillights
- » Heated front seats
- » Digital instrument cluster
- » Sync and MyLincoln Touch with 8-inch screen
- » Remote start
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- » Required in every new car: front airbags, anti-lock brakes and an electronic stability system

The MKZ features easy-to-use technology, including an available Embedded Modem to



The 2016 Lincoln MKZ.



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connect to your vehicle through a smartphone app, Conley said. Other

available features include:

- » 300-hp, 3.7-liter V-6

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- » Leather upholstery

- » Ventilated front seats
- » Heated rear seats
- » Retracting panoramic roof
- » Navigation system
- » Heated steering wheel
- » THX II-certified premium stereo
- » Blind spot warning system with rear cross-traffic alert
- » Inflatable rear seat belts

The MKZ Hybrid uses a 2.0-liter, four-cylinder gas engine, an electric motor powered by lithium-ion batteries and a continuously variable automatic transmission. It gets an EPA-estimated 41 mpg in city driving and 39 mpg on the highway for a combined rating of 40 mpg.

Significant features of the hybrid include:

- » New EcoSelect selectable driving mode for enhanced efficiency
- » Front-wheel drive
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"Most of our MKZ clients lease another MKZ because they love the car so much," Conley said.

Jack Demmer Lincoln is located at 21531 Michigan Ave. in Dearborn. The dealership is open from 8:30 a.m. to 9 p.m. Monday and Thursday and 8:30 a.m. to 6 p.m. Tuesday, Wednesday and Friday.

For more information, call 800-306-8674 or go to demmerlincoln.net.

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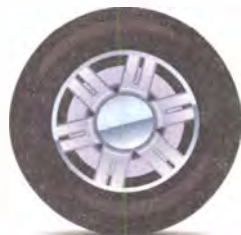


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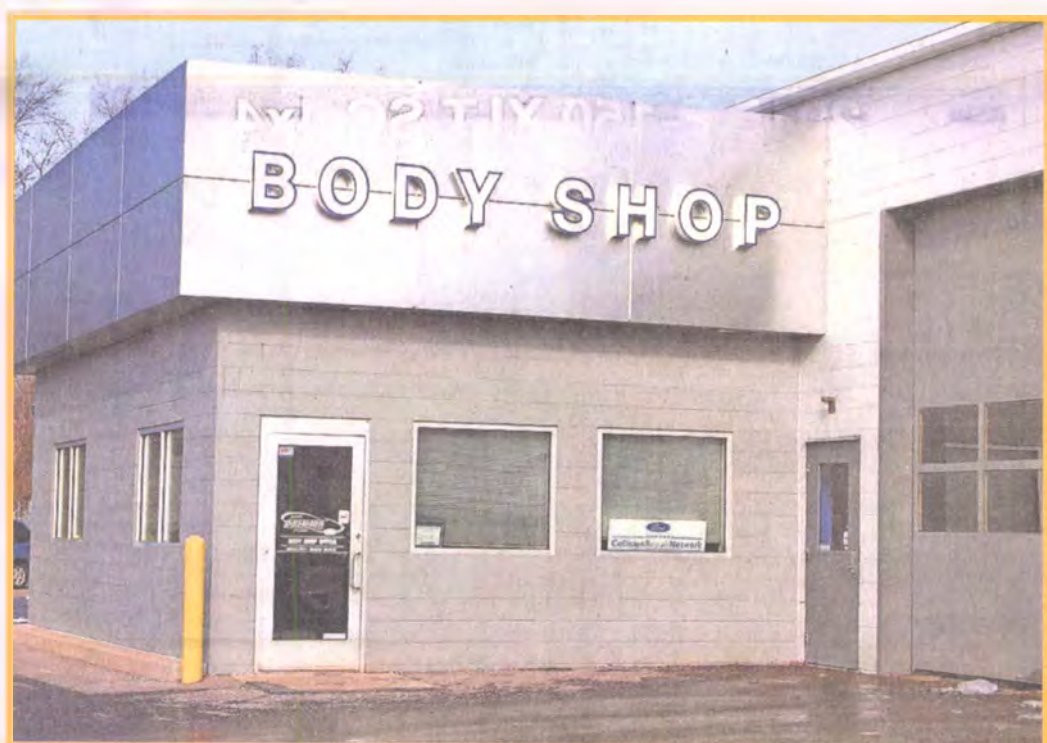
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# Legion post tabs Wayne man as December veteran

Bob (Bobby) Laliberte of Wayne, a Cold War/Vietnam-era veteran, was honored as the December "Veteran of the Month" by the Sons of the American Legion Squadron of the Myron H. Beals American Legion Post 32 in Livonia.

Laliberte served in the Navy from 1960-1964. Raised in Brewer, Maine, he was a teenager during the escalation of the Cold War. He thought about what he would do after graduation and came to the conclusion that staying in Brewer meant he would probably wind up working in the pulp mills.

He graduated in the spring of 1960 and in August he and a couple of his buddies went down to Bangor and joined the Navy. He was shipped off

and spent nine weeks in boot camp at Great Lakes near Chicago. He had taken typing in high school and was assigned to radio school. He was sent to the Bainbridge Naval Training Center in Maryland for six months of training. He learned Morse code and radio technology.

After completing radio school Laliberte was sent to NAVCOMMSTA (Naval Communications Station) in Washington D.C. He was then assigned to Chief of Naval Operations Communications Center located in the Pentagon and given "Top Secret" clearance. Their main function was to keep the U.S. Navy ships at sea in direct contact with Naval Operations at the Pentagon.

Laliberte spent the next 3½ years at the Pentagon and lived through some tense times. Three months prior to his assignment at the Pentagon the "Bay of Pigs" invasion had taken place and tensions were high. In October 1962 the "Cuban Missile Crisis" took place and again tensions reached a peak. Laliberte was also on duty in November 1963 when President Kennedy was assassinated in Dallas.

"Things were very tense; we were on duty 12 hours, 12 hours off," Laliberte said. "It's a bad thing when the commander-in-chief is assassinated."

Laliberte was discharged, married and moved to Michigan in 1965. He got a job at Ford

as a millwright and retired in 2006 after 41 years. He has been a member of Post 32 for 23 years, served as Post Commander in 2009 and 2010 and has been a member of the Post Honor Guard for nine years.

Laliberte was interviewed and presented a plaque with his picture and service information by members of the S.A.L. Veteran of the Month Committee. An additional plaque was also put on display in the vestibule of the American Legion Hall during the Month of November for all to see. A DVD was made of the interview and shown at the December S.A.L. membership meeting. Laliberte then thanked S.A.L. for the honor and was given a standing



Bob Laliberte of Wayne was the Livonia American Legion post's Veteran of the Month for December.

ovation for his service to our country.

The S.A.L. invites local residents to attend their monthly meetings to listen to the Veteran of the Month. The public is also encouraged and to nominate veterans to be honored at its meetings. Nomination forms can be picked up at American Legion Hall, 9318 Newburgh Road, Livonia.

## Ask Dr. Stewart

Dr. James Stewart offers treatment for sleep apnea and chronic snoring from his practice in Livonia, MI. Today he answers a question about the link between sleep apnea and high blood pressure.

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Also known as hypertension, elevated blood pressure can increase the risk of stroke and heart attack. There is evidence however that blood pressure can be lowered when sleep apnea is treated.

If you have questions about your sleep difficulties then contact Dr. Stewart's Sleep Better Michigan practice.

Call 734.425.4400 or Visit [www.sleepbettermichigan.com](http://www.sleepbettermichigan.com)

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## Art Foundation celebrates 50th anniversary

The Farmington Art Foundation has been bringing art to the community for 50 years. A special holiday anniversary event helped the foundation celebrate the achievement.

Members gathered last week at the Spicer House, where the founding mothers presented photos from the past and current president, Pat Langner, offered an update of current projects. Members will enjoy refreshments, beverages, games and a unique gift exchange in a beautifully decorated environment.

In addition, the mayor, on behalf of the Farmington Hills City Council, recently honored the 50th anniversary of the Farmington Art Foundation with a proclamation at a city council meeting, a resolution encouraging citizens to recognize the valuable contributions of

the Farmington Art Foundation.

Also, several artist members have painted a large wall mural for the Children's Garden at Heritage Park's Nature Center for the children and public to enjoy.

Artists have also created a two-sided, 8-foot mural in the Grand River Creative Corridor to help beautify that area of Detroit.

After 50 years, the organization is still alive and thriving continuing to create and present art to the community in new ways. Membership continues to increase and includes approximately 80 artists and those interested in art.

newsletter, network of professional artists and much more.

For more information, visit [farmingtonartfoundation.org](http://farmingtonartfoundation.org).

Farmington Art Foundation members Gwen Tomkow (from left), Joanne Leavy, Edee Joppich, Annetta Lind and Beverly Schroll gathered at last week's celebration. All five have been in the foundation for 50 years.

# Guide to Employment

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# The art of chalk-drawing

South Lyon artist preserves creations in new book

**James Mitchell**  
Correspondent

It started while taking a break from work. David Zinn just wanted to get outside and enjoy "those perfect Michigan summer days." The deadline-driven contracts for commercial art and company logos that paid the bills could wait, he thought.

It wasn't all downtime. The creative urges that had inspired his career joined him as he strolled the sidewalks of Ann Arbor — a contrast to the dirt roads and open fields of his South Lyon and Green Oak upbringing. Where others saw pavement, Zinn saw concrete canvases waiting to be filled.

"I was still making art," Zinn said. "The irony of that is I started chalk drawing to get away from the computer. Rather than my choosing to make it a focus, it's made itself a focus. The street art interest has taken on a life of its own."

Drawings designed to be as temporary as cloudless days have now been captured and preserved between the covers of a book, *Temporary Preserves: Chalk Art* by David Zinn, which he'd published in early November. Those initial drawings of a decade ago had evolved into an ongoing work-in-progress, with recurring characters including Sluggo — a green monster — and a flying pig, Philomena.

"The book is more permanent than a picture on the Internet," Zinn said. "You can take it anywhere, it ends up on shelves, and it's a curiosity for years to come."

Zinn credits social



SUBMITTED

Fall leaves help complete this work of a leafboat in a koi pond.

media's role in the path toward publication, and the growing interest for his images as shared online. A following on Facebook, Instagram and Tumblr brought Zinn invitations to join street artists from around the world at festivals in Houston, Florida and — earlier this year — the No Limits Festival in Sweden.

As second careers go Zinn, 46, soon embraced non-commercial art for its own sake. It wasn't something he'd taken too seriously as a Sayre Elementary and South Lyon Middle School student in the 1970s, a childhood that he credits for instilling a work ethic necessary to forge a career in the graphic arts. Business logos, brochure illustrations, theatrical posters and other work provided the foundation for a freelance career, the artist as independent businessman.

"It's all very well to like drawing," Zinn said. "But you have to make yourself useful and contribute to society in a practical way."

Yet the muse remained, and what began as simple sidewalk sketches evolved as Zinn

applied chalk and charcoal in concert with found objects at the location, where the drawings and characters interact with the scenery. Photos of Zinn's creations began appearing on forums including the Huffington Post UK, Street Art Utopia and the Cheezburger Network.

Not bad for works that were, in theory, temporary expressions.

"Chalk art has no reason to exist other than as art," Zinn said. "It takes a lot of confidence and ego to say you're going to create great art. This is drawing on the sidewalk — crawling around and whatever you make will be washed away in a few days or hours. Your tools have 'Crayola' stamped on them, so you can't get too egotistical."

Art is in the eyes of the beholder, and appreciation of the form as contemporary folk art has grown considerably since Zinn first passed a harmless afternoon coloring an Ann Arbor sidewalk. With each photo of his work that had been captured and shared with the world Zinn moved closer to this year's book project, which began in late 2014 as a crowd-

sourced Indiegogo campaign supported by VideoVision 360. Several months later contributions from more than 30 countries set the stage and Temporary Preserves became a permanent reality.

His commercial work continues, balanced with workshops he's hosted — including one last year in South Lyon — and commissions for chalk art murals and demonstrations. As art forms go Zinn said his medium is accessible, practical and — after all these years — still a lot of fun.

"You can go out and draw with chalk right now," Zinn said. "It may not be great art but it can make you happy."

For information on Zinn's art and to order Temporary Preserves, visit [www.zinnart.com](http://www.zinnart.com).



JOHN HEIDER | STAFF PHOTOGRAPHER

Artist David Zinn fleshes out a dragon emerging from the sidewalk in downtown South Lyon a few weeks ago.

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# AAUW honors Farmington woman with 2015 'Salute'

The American Association of University Women Livonia Branch held its 42nd "Salute to Women" luncheon Saturday, Dec. 12, and Detroit native and Farmington resident Janet Newcomer was the big winner.

AAUW officials said Newcomer has "made it her personal mission to improve the lives" of girls and boys at Cody High School in Detroit. She has collected school supplies and clothing for 15 years. Donating polo

shirts and Docker style pants (the uniform) has allowed many girls and boys to attend school.

Recently, Newcomer started a reading program (Get Reading Detroit) for girls and boys at Cody. Books have been donated for this effort and the incentive awards come directly from New-



Newcomer

comer. Working with the school leadership, she built an effort that provides resources to the students who but for her efforts might not be able to reach for a better future.

"She sees a need, or a void, and addresses it to the benefit of the students," AAUW Publicity Chair Lynn O'Neil wrote in an email. "Since her involvement at Cody, the graduation rates have climbed to over 80 percent and will continue to grow and the school has

become a respectful place to learn. She has been a strong part of the revitalization of the school."

Newcomer is a Detroit, born and raised. She attended Detroit Public Schools, including Cody High School, which led to her current involvement there. She now lives in downtown Farmington with her husband, Les, and her daughter Elise.

Newcomer is currently collecting books, Docker-style pants in tan or black, collared polo

shirts in navy, green, black, gray and maroon. She is also collecting school supplies — notebooks, pens, pencils. Anyone wishing to help can contact her at janetnewcomer@yahoo.com or at 248-478-5196.

Co-president Maureen Ladasz opened the meeting and member Barb Erickson introduced Janet Newcomer the Salute to Women Award-ee for 2015. AAUW member, Eleanor Locke, shared her poem "Woman of the Year". The

luncheon was put together by members Charlie Mahoney, Carol Strom, Betty Collier, Patricia Smith, Judy Kulchar and Laura Callow.

AAUW Livonia Branch is open to anyone with an associate degree or better and holds monthly meetings on the third Tuesday at Emmanuel Lutheran Church on Seven Mile and Gill. Guests are welcome. Meetings are at 7 p.m., except in January, February and March, when they are held at 1 p.m.

## 10-year-old finds way to help veterans, rescue dogs

Darrell Clem  
Staff Writer

Ten-year-old Claire Kulas of Canton, looking for a charity project, narrowed down her list to war veterans and rescue dogs.

With a little help from her mother, Jodi Kulas, she found a way to help both through Stiggy's Dogs, which rescues shelter dogs, trains them and pairs them with veterans suffering from post-traumatic stress disorder or traumatic brain injuries.

"I really wanted to help animals in shelters and veterans," Claire said. "When my mom found Stiggy's Dogs, I thought it would be a really cool organization to help."

Claire and other fifth-grade students in Michelle West's classroom at Bentley Elementary School led an effort to raise \$918 for Stiggy's Dogs by organizing a bowling fundraiser at Super Bowl in Canton. Students raised another \$243 during a school-based fundraiser, raising

the total to \$1,168, and now the student council has decided to spearhead yet another project.

"It is spreading, which is nice," Jodi Kulas said.

During the Dec. 6 bowling fundraiser, a group of students and adults were joined by U.S. Army Specialist Jim Phipps and his German rottweiler Star, a canine companion he got just over a year ago from Stiggy's Dogs.

Phipps, who suffered from PTSD after he returned from the first Gulf War, went to Super Bowl to support the students and tell his story. His symptoms included having difficulty being among crowds in public places.

"Star makes my life a lot more comfortable," said Phipps, a Waterford resident. "I can go places now, whereas before I couldn't go to the grocery store unless it was 3 in the morning when nobody else was there. And when I get frustrated, I talk with the dog."

He commended the Bentley students for helping Stiggy's Dogs.

*"Star makes my life a lot more comfortable... And when I get frustrated, I talk with the dog."*

U.S. ARMY SPECIALIST  
JIM PHIPPS

"It's unbelievable. I mean, wow. It's special. It really is," Phipps said.

Jodi Kulas set up a Facebook page to promote the bowling fundraiser. She said the charity event was a good experience for Bentley students, including Claire.

"This is a good lesson for her in what it takes to reach people and tell them about a good idea," she said, adding that the fundraiser to help Stiggy's Dogs was "the perfect thing."

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U.S. Army Specialist Jim Phipps and dog companion Star came to a bowling fundraiser for Stiggy's Dogs. Behind him are Claire Kulas, Brooke Basch, Kayla Hoffmeyer and Sydni Wolverton.

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PREP WRESTLING

## CC pins down seventh county title

Shamrocks have four individual champions

**Brad Emons**  
Staff Writer

Novi Detroit Catholic Central distinguished itself Saturday in the 56th annual Oakland County Wrestling Championships at Lake Orion.

The Shamrocks scored a 330 points to earn their record seventh straight title as they outdistanced Clarkston (264.5) and Oxford (255). CC has now

surpassed both Clarkston and Hazel Park, which own six county titles apiece.

Catholic Central boasted four individual champions: Rhet Newton (103 pounds), Kevon Davenport (125), Cameron Amine (130) and Tyler Morland (189).

Stone Moscovic (119) was runner-up, while Davis Ras-



Catholic Central freshman Cameron Amine (top) was named Oakland County tourney MVP after winning the 130-pound weight class.

See COUNTY, Page B3

### Smith excelling at LTU

Former Livonia Churchill hockey standout Dylan Smith is enjoying a productive freshman season at Lawrence Tech University.

In addition to excelling in the classroom at LTU, Smith has racked up seven goals and 13 assists during the first month-plus of the season. He has seen time with both the LTU Blue team, which is 11-4, and the White team, which is 10-4.



Smith

## Joubert makes his own way as player

North Farmington point guard's father was good mentor in basketball

**Dan O'Meara**  
Staff Writer

It's not an empty cliché to say North Farmington senior Jacob Joubert was born to be a basketball player — and a good one at that.

Bearing one of the most famous names in Michigan hoops history, he started on that path early in life and grew up with the game.

His dad, former U-M and Detroit Southwestern star Antoine Joubert, made sure a basketball was always within reach.

"Oh, yeah, since I was a baby," Joubert said. "He always kept a basketball in my hands, always kept me in the gym. Probably the first memory I have is when I was 5, in kindergarten."

"I have pictures when I was younger than that with basketballs, pictures with a Nerf hoop. I have pictures holding a basketball before I could even walk."

When he was in the third grade, the younger Joubert played organized basketball for the first time as a member of his dad's AAU team.

The team was called Judge's Court, a reference to his father's nickname in high school — The Judge. The younger Joubert's teammates call him "Juke," which is apropos to his role as a point guard and his ability to evade defenders.

"That's when I realized basketball is what I wanted to do for a long time," Joubert said of his early game experience.

His dad, who now coaches the Oakland Community College men's team, never pressured him into playing the game, he added.

"I just love the sport," he said. "I was going to play basketball whether anybody forced me or not."



JOHN STORMZAND | STAFF PHOTOGRAPHER

See JOUBERT, Page B3

Senior point guard Jacob Joubert can score in a variety of ways, too.

### Muir digging it at MSU

Former Canton volleyball standout Kristen Muir recently completed her senior season at Michigan State University with flying colors — both on the court and in the classroom.

Serving as a libero/defensive specialist for the Spartans, Muir collected a team-high 380 digs this past season. Playing in 119 sets, she also picked up 53 assists and 11 service aces.

A two-time academic all Big-Ten honoree (not including her senior season), Muir is majoring in finance with a specialization in sales communication, according to the team's website.

She is the daughter of John and Michele Muir of Plymouth.



Muir

### Battle of the Fans V

The Michigan High School Athletic Association's Student Advisory Council will host its fifth Battle of the Fans contest this winter to award the top high school student cheering section in Michigan and promote the opportunity for a fun, positive cheering experience for fans supporting their teams.

Dowagiac was named last year's champion and presented with a banner during the MHSAA boys basketball state finals at Michigan State University's Breslin Center. Sections from Beaverton, Buchanan, St. Johns and Yale also were finalists and recognized during the Breslin ceremony.

Schools are invited to submit a short video, via YouTube, of their cheering sections in action. Video submissions should be between 90 seconds and three minutes long and explain how that section meets the following contest criteria: positive sportsmanship, student body participation, school spirit, originality of cheers, organization of the group, student section leadership and fun.

The deadline for student-submitted video applications is noon Jan. 9.

This year's winner will be announced Feb. 19 and recognized March 25 at the Breslin Center.

INAUGURAL SALEM WINTER TOURNAMENT

## Topolovec-led Rocks topple Thurston, 74-70

**Ed Wright**  
Staff Writer

Redford Thurston's perimeter shooting was so outrageously torrid during the first half of Wednesday's inaugural Salem Winter Tournament championship game that Rocks head coach Bob Brodie was afraid the Eagles may break

some kind of national three-point shooting record before the night was over.

But as fast as you can say "Andre Drummond," Salem's 6-foot-6 senior center Kenny Topolovec basically told Brodie — with actions, not words — "Don't worry coach, I got this."

Playing with 15 pounds of

added muscle since he faced Thurston in last year's Franklin Holiday Tournament, Topolovec was a left-handed load for the Rocks, racking up a Drummond-like double-double of 27 points and 19 rebounds to lead Salem to a 74-70 victory.

The result of the never-dull showdown left both teams with a 3-2 record.

"Not only has Kenny gotten stronger, but he's more mature, which is something that comes with being a senior," said Brodie. "His teammates recognize how well he's playing down low, so they get him the ball."

"What impresses me the

See TOURNEY, Page B2

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COLLEGE SIGNING

# John Glenn's Pennington signs with Cleary

**Ed Wright**  
Staff Writer

The next-level landing of Westland John Glenn soccer player Kendra Pennington was soft and perfect.

Pennington, a highly-skilled senior center midfielder for John Glenn, recently signed to continue her pitch career at Cleary University, which is located less than an hour away from her home, in Howell.

Honing her soccer skills since the age of 3, Pennington has suited up for a number of teams throughout the past 15 years, including Waza East, whose head coach, Phil Moore,

was on hand for the signing ceremony along with Cleary head coach Bri Clodgio and assistant coach Brent Clodgio.

When asked why she chose Cleary over other college programs who were recruiting her, Pennington said, "It's close to home, my future teammates and coaches were very welcoming, and they're good."

The relatively-new NAIA program recently registered a solid 9-8 record while continuing to draw top talent from throughout the state and Mid-western United States.

Pennington has gotten progressively better thanks to her

lengthy career playing for Waza and John Glenn.

Pennington said she enjoys playing center-mid because "I get to control the field, which is always fun."

The senior leader was a pivotal piece of the Rockets' success throughout the 2015 spring season as she took many of the team's penalty kicks and free kicks.

Among her junior-year highlights was a match-tying penalty kick against Canton.

Pennington is the daughter of Jeff and LeeAnn Pennington of Westland.

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Westland John Glenn senior soccer standout Kendra Pennington (third from left) signs her letter of intent to compete at the collegiate level for Cleary University. Also pictured with Pennington are (seated, from left) Cleary assistant coach Brent Clodgio, Cleary head coach Bri Clodgio, Waza FC East Club coach Phil Moore and parents LeeAnn and Jeff and (standing, from left) John Glenn soccer coach Ralph Cabildo and John Glenn athletic director John Young.

FRANKLIN HOLIDAY HOOPS TOURNAMENT

## Bottom line spells doom for Pats

Franklin pays for costly misses at free-throw stripe

**Ed Wright**  
Staff Writer

It didn't take an accountant or financial adviser to figure out that the bottom line in Tuesday night's Walled Lake Western-Livonia Franklin basketball game was the free-throw line.

A string of second-half misses at the stripe erased a promising first half by the Patriots, who dropped a 48-38 decision to the Warriors in a first-round Franklin Holiday Tournament match-up.

Western, the defending tournament champion, advanced to Wednesday's 7 p.m. championship game against Ann Arbor Pioneer, which ousted Pinckney in Tuesday's first game.

Franklin will take on the Pirates in the Wednesday's 5:30 p.m. consolation contest — largely because it found net on just 9-of-23 free-throw attempts, while the Warriors were knocking down 23-of-32.

Delano Smith put on a clinic at the line for the winners, draining 16-of-21 free throws. The 6-foot-2 junior guard finished with a game-high 29 points.

Western's 6-6 senior center Donovan Williams scored just five points, but he may have been the game's most impactful player, hinted Franklin head coach Jeremy Rheault.

"Our free-throw shooting problem is unbelievable right now," Rheault said, "but, that said, Donovan Williams' defensive presence inside gave us fits. Every time we'd break them down, he'd be waiting for us and either block our shot or alter it."

"The bottom line, though, was our poor free-throw shooting. It prevented us from extending the lead we did have and prevented us from closing in when they had the lead. I liked our defensive pressure, especially in the first half. We actually did a decent job on Delano



Franklin's Joe Chinavare twists through the Walled Lake Western defense for two of his team-high 12 points.

early."

After trailing 12-11 after the first quarter, the Patriots controlled the tempo and held their own on the boards and with the Warriors in the second quarter.

Franklin closed the first half with a flourish — and a 23-19 lead — when Joe Chinavare threaded a long outlet pass to Mark Mettie, who laid it in just before the buzzer.

After Chinavare opened the third quarter with a steal-and-layup crowd-pleaser, it appeared it would be a happy holiday tournament for the Patriots.

However, the Warriors answered with a jolting 11-2 run and never trailed again after an and-one by Smith pushed them in front, 28-27.

The game's SportsCenter moment unfolded with just under two minutes remaining in the quarter and Western clinging to a 30-27 lead. The

Warriors' 6-3 senior guard Cody White stole the ball near mid-court and took off on what most people in the gym figured would end in a momentum-seizing dunk — everyone except Franklin's Denzel Adams, who caught up with White as he ascended toward the rim and swatted the ball cleanly against the gym wall.

The Patriots' deficit was a manageable 32-31 after Caleb Boyd converted a strong drive to the hoop with two ticks left in the third.

Although the Patriots trailed just 40-37 with 3:35 left following two Chinavare free throws, they could never quite get over the hump down the stretch.

Chinavare led the hosts with 12 points. Boyd added 11, while Adams and Peyton Harris scored five each.

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COMMUNITY SERVICE PROJECT

## Filling the top shelf

Plymouth hockey players help Gleaners-Forgotten Harvest project

**Tim Smith**  
Staff Writer

Ask any Plymouth Wildcats varsity hockey player what his best shift of the season has been so far and he'd say spending Dec. 19 on a community service project at Trinity Church.

Certainly, Plymouth head coach Gerry Vento would be OK with such an assessment.

"It is a very busy day, but one that is very rewarding," Vento said. "What I really enjoy is seeing the boys step out of their comfort zone to help those in need and, at the same time, realize how fortunate they are to not have to worry about something as simple as having food on their table."

Instead of looking to go top shelf with a shot, the hockey players were glad to help hun-

gry folks put cans and boxes on their top shelf.

For the third consecutive season, the Wildcats participated at Trinity Church on Ann Arbor Road. Trinity partners with Forgotten Harvest and Gleaners Food Bank in a food distribution project that helps feed hundreds.

The team arrived about 8 a.m., then began sorting food from Forgotten Harvest and placing items into smaller boxes. At around 11 a.m., recipients begin arriving at the church, after which players help load boxes into each car.

An estimated 285 individuals received the boxes and they also enjoyed a lunch of soup and bread (which Vento noted the Wildcats were not assigned to dole out).

"It is great to see how they do it with a smile on their faces," Vento said. "No doubt it is a rewarding experience for all of them."

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Members of the Plymouth Wildcats varsity boys hockey team help sort and pack food items for the needy at Forgotten Harvest.

COLLEGE BASKETBALL

## Winning road trip for both Schoolcraft teams

**Tim Smith**  
Staff Writer

Road trips are much more fun when there are victories included. Such was the case Tuesday in Grand Rapids for both Schoolcraft College basketball teams.

The men's and women's teams took turns defeating their respective opponents at Grand Rapids Community College, in contests that segued into the Christmas break.

Five members of the men's squad cracked double digits in scoring as the Ocelots rolled to a 95-76 win.

Schoolcraft led all the way, except for a 53-second span when the game was dead-locked.

Registering 19 points — including 11-of-11 from the free-throw line — was Bryan Collins.

Canton alum Davon Taylor and Anthony Wartley-Fritz each scored 13 points, with R.J. Coil (12 points) and Esa Abdulkami (11 points) helping the cause.

Schoolcraft shot out the lights (34-of-63, 54 percent) while draining 8-of-21 from beyond the 3-point arc.

Making three of those treys was Ja'Christian Biles, accounting for all nine of his points.

The Ocelots were strong on the boards, outrebounding the home team by a 39-23 margin. Leading with seven rebounds was Taylor.

**Women prevail**

Earlier Tuesday at Grand Rapids CC, Schoolcraft (10-0) captured a 67-43 victory, pretty much leading wire-to-wire.

After opening the game with a 21-5 first quarter, the Lady Ocelots maintained a comfortable lead of 34-19 at halftime and 50-35 after three.

Schoolcraft then broke the game wide open with a 17-8 margin in the fourth.

Elise Tolbert (Birmingham Seaholm) led the Lady Ocelots with 18 points, including eight free throws.

Contributing 15 points and six steals was guard T'era Nesbitt, while guard and Wayne Memorial product Ashley Bland tallied 13 points and seven rebounds.

Tolbert, Salem alum Jamyra Wilson and Rikki Scherd each pulled down six rebounds as Schoolcraft enjoyed a 39-34 edge on the glass.

**Next up**

Both teams now are in the midst of a holiday break.

The men's cagers will resume action Monday, Jan. 4, at Alpena Community College in the MCCA Eastern Conference opener.

As for the Lady Ocelots, the next game will be at 1 p.m. Monday at the Illinois Central Tournament in East Peoria, Ill. against South Suburban.

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## TOURNEY

Continued from Page B1

most about Kenny isn't necessarily his offense, simply because we expected that from him, but the way he changes shots on the defensive end. He may not block a lot of shots, but when players drive, they can definitely feel his presence."

When Topolovec was informed that he was close to registering a 20-20, he modestly shrugged it off.

"I've never had a 20-20, but that doesn't matter," he said. "Our team won, which is the most important thing."

With no time to prepare for the energized Eagles, the Rocks had to go off what they learned by watching Thurston during the Eagles' 66-56 victory over Warren Mott on Tuesday.

"Thurston is a good team; a very good team," he said. "We knew they liked to push the ball up the court, so we had to make sure we got back on defense. They hit some threes in the first half, so at halftime we talked about stepping out on them a little bit more."

Topolovec was complemented by strong efforts from sophomore forward Jeremy Armstead, who had 12 points and seven rebounds, and junior forward Cameron Grace,



ED WRIGHT  
Salem senior Kenny Topolovec used a variety of well-polished post moves to score 27 points against Redford Thurston.

who also netted 12 points.

Thurston led 27-17 after one quarter and 40-33 at the half thanks in large part to the downtown shooting exploits of senior guards Brandon Marshall and Caebryn Crabtree, who swished eight of the Eagles' nine first-half treys.

Marshall finished with 24 points and three steals while Crabtree had 14, all but three of which came in the first half.

After sitting much of the first half due to foul trouble, Thurston senior forward Deauntae Jackson scored 16

second-half points and finished with 18.

"We started out shooting really well early in the game, but then we didn't move the ball well. We knew it was going to be a much different kind of game than Tuesday's game against Mott. Tuesday's game was more of a one-on-one type of game because they tried to deny a lot, but Salem plays really good help defense and they switched up a zone with some man-to-man, and they did it well. That's a good, strong team."



## PREP PROFILE

## Davis on the fast track to success

Tim Smith  
Staff Writer

When Jewel Davis arrived at Plymouth High School in 2012-13, she didn't particularly view herself as an elite runner.

In fact, she spent part of ninth grade as a cheerleader.

Ultimately, though, with encouragement from Wildcats varsity girls track and field coach Ricky Styes, she kept improving and improving until making a dent in the Plymouth-Canton Educational Park record board.

The fleet and wiry Davis will look to set even more records her senior season at Plymouth — and then move on to Central Michigan University, where she received a full-ride athletic scholarship to run Division I track.

"I think it's a pretty huge accomplishment for me," Davis said, sitting under her framed photo on the Wall of Fame (designated for all-staters) near the Plymouth gymnasium. "When I was a freshman and sophomore, track wasn't really a serious sport for me. I never really imagined being one of the top athletes to come out of Plymouth."

"So as the year goes on, it's like slowly sinking in, but it's really exciting."

## Reason to smile

At the Nov. 18 signing ceremony, she was all smiles about the CMU opportunity. And so were Styes and family members, particularly her mom, Carmen Cita Thompson.

"Becoming a student-athlete, I just wanted to be able to do my mom a favor and be able to go to college based on my own talent, so she wouldn't have to pay for that," Davis said, noting that her parents divorced when she was 2 years old. "(Thompson) was smiling the entire time (during the ceremony)."

"Seeing her smile and seeing how proud she was of me is a really nice memory to have."

Davis said she quickly became comfortable with her future surroundings after a November visit to the Mount Pleasant campus.

"It actually didn't seem too different from P-CEP in general, like the amount of people I was seeing it felt kind of familiar to what I experience every day," Davis said. "After a while, I pretty much knew that was the school for me."

According to Styes, he was ecstatic about Davis becoming just the second student-athlete from Plymouth's varsity girls track and field program to receive a full-ride scholarship to a D-I college.

"I am happy for Jewel. She is a humble athlete that is now learning how talented she is," Styes said. "Getting a full scholarship is something that only one other track athlete at this school has ever received. Her work ethic over



Michael Vasilnek  
Plymouth's Jewel Davis, shown from a 2015 meet, already is one of the top runners in school history and she has more goals in mind this spring.

the last two years has put her in a position that will help her in her life after college and track. That is what makes me the happiest.

"She is going to a great school and will have the support of nearly all resources there and travel the country through track. What a great opportunity."

"I love Jewel like she is one of my daughters, so her earning this scholarship hits me like one of my daughters (Reagan and Bridget) working to get the same thing."

## Encouraging words

Davis credited Styes for his constant support, going back to their first encounter in ninth grade.

"We're really close," Davis said about Styes. "The first year I got here, I told him I was only a very short distance sprinter. And then right away he said, 'No, you're a 400 runner; that's the hardest sprinting race.'"

"I was in denial, but every time I went out there to run, he pretty much told me that 'All you have to do is put one foot in front of the other and turn left and beat the people around you.' That pretty much helped calm my nerves every time."

Just as strong with encouragement were teammates, including 2015 graduates Gabby Alfera and Anna Lukens and senior Bailey Brown and junior Ryan Draper.

"We helped each other throughout the season," Davis said. "Whenever someone was having trouble with their nerves before a race or if they were distracted by things outside the team, like school or family, we helped each other stay focused."

The buddy system paid dividends. Lukens, Draper and Faith Washington were Davis' teammates on the 800-meter relay which last spring qualified for D1 state finals and finished fourth. That quartet holds the Plymouth-Canton Educational Park

points.

But Saturday, CC won eight of 11 quarterfinals and five of eight semifinals to separate itself from the Wolves.

"Clarkston kept it close by going on a pinning cruise Friday evening," CC coach Mitch Hancock said. "We knew it would be close going into Saturday and our guys understand the significance of the quarterfinals and semis in a team race."

"Perhaps the most important round was the (consolation) semi round, where we went five for six. That was



John Kemski | Express Photo  
Wearing an all-state smile is Plymouth senior Jewel Davis, who recently signed a full-ride track and field scholarship at Central Michigan University.

record with a time of 1:42.75.

Davis also qualified in the 200 and took home all-state honors thanks to an eighth-place showing.

## Getting stronger

Just as important has been the direction of Radford Greaves, her coach with the Michigan All-Stars Amateur Athletic Union club team (based in Ypsilanti).

Greaves — and Styes — helped Davis sharpen the mental component of excelling in elite competition.

It is now ingrained to push harder and longer to get where she thinks she needs to be.

"I'm running three times a week and lifting twice a week," Davis said. "I just finished my strength conditioning season. This is the first time I've ever lifted weights."

"The stronger muscle you have, gives you a greater push out of the blocks, which gets you an advantage in the beginning of the race. And it also helps you to stay strong at the end of your race and keep you in running form."

There is no reason for her to slow down now, either. Work remains to be done with the Wildcats.

"My goals for the season are to take down both the 200 and the 400 records here at P-CEP and win the 400 at states," Davis said. "And I want to increase my placement in my 200 at states. I'm close."

awesome. I'm proud of the way those guys bounced back. Losing in the semifinals is tough. You have to show composure and grit to bounce back and we did that."

Amine, a freshman, decided Walled Lake Central's Nick Freeman in the 130 finals, 6-2, while also earning tournament MVP honors.

"Amine was impressive," Hancock said of the ninth-grader. "He doesn't care who you are, what you're ranked or who you've beaten. He's going to come at you hard for eight minutes."

should shoot more and this year I'm hoping I shoot enough for him."

## An all-round player

The 6-foot-2 Joubert has a well-rounded game that includes rebounding, as well as being a solid defender.

"I wouldn't say I model my game after his, but I see some similarities in our games," he said.

With advice from his dad, Joubert has changed his shot multiple times as he has gotten older and stronger.

"He's taught me a lot of things about my shot," he said. "He emphasized keeping my elbow in. He says I have the bad habit of putting my elbow out."

"When I do that, the ball doesn't go straight. When I have my elbow in, the ball goes straight and I make it the ma-

## Leaving a legacy

Styes has no doubts that the prized runner can get all of that accomplished in quick order.

"Jewel is one of the most talented sprinters that we have had at Plymouth," Styes said. "All you need to do is come in and look at our school record board to see that. She currently holds three records and I anticipate her improving on these this upcoming season and possibly getting another one."

"She also has one P-CEP record and could break a couple more of those this year as well. That speaks to her talent and success thus far."

In addition to the 800 relay, Davis is Plymouth's record holder in the 200 and 400, with respective times of 25.39 and 57.52.

Whatever happens her senior season, Davis can rest assured she is leaving "a nice little legacy" behind her as she heads off to CMU.

"I think they (student-athletes) can learn that even if you believe you are just an average athlete, if you believe in yourself and stay focused and put your all into your training your performance can increase," she concluded. "You can move up to the top and make your dreams come true."

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## HIGH SCHOOL BOWLING

## John Glenn girls striking early, often

Ed Wright  
Staff Writer

The month of December has rolled along quite nicely for the Westland John Glenn girls bowling team.

Through the conclusion of last week's schedule, the Rockets had soared to a 4-0 record and have captured all but five of a possible 120 points in dual-match competition.

"The best thing about this year's varsity team is that our bowlers, coaches and parents are like one big family," head coach Ralph Cabildo said.

The Rockets have dominated KLAAs foes Brighton (30-0), Plymouth (29-1), Milford (29-1) and Hartland (27-3) to set the stage for what promises to be a trophy-filled season.

"Overall, I believe this year's team has a chance to compete at a very high level," Cabildo said. "We have four returning bowlers from last year."

Leading the charge are seniors Julia Huren, Emily Dietz and Ashley Kolb. Huren chiseled out a stellar 208 average last season, while Dietz (201) and Kolb (182) were also more-than-solid contributors.

John Glenn will also be bolstered by the talents of sophomore Julie Dietz and newcomer Alyssa Kolb.

"Julie and Alyssa are proving to be great competitors this year," Cabildo said. "Julie has shot a 174 and a couple 168 games, while Alyssa has had high games of 179 and 178."

Huren has broken the 200-pin barrier five times already in just eight games, with two of the scores 259 and 235, while Emily Dietz has opened the season with high games of 233 and 216.

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Tom Beaudoin  
John Glenn's Emily Dietz has been a key player in the team's 4-0 start.

## COUNTY

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tigue (112), Aaron Rehfeldt (135), Tyler Johnson (145), Aidan Waugh (152) and Nick Jenkins (285) each placed third.

Also earning places for CC were Joe McGrath (140) in fourth and Jackson Ross (215) in fifth.

After the first day of preliminary round action Friday at Southfield High, CC led Clarkston by only by 3.5

points.

But Saturday, CC won eight of 11 quarterfinals and five of eight semifinals to separate itself from the Wolves.

"Clarkston kept it close by going on a pinning cruise Friday evening," CC coach Mitch Hancock said. "We knew it would be close going into Saturday and our guys understand the significance of the quarterfinals and semis in a team race."

"Perhaps the most important round was the (consolation) semi round, where we went five for six. That was

most notable skill. He was a great scorer in high school and college and had a great long-range shot.

"Everybody would say the difference between me and him is that I actually pass the ball," Joubert said. "When he was in high school, he wouldn't pass at all. He would just shoot every shot."

## Take more shots

The younger Joubert is not the prolific scorer his dad was, but he's had his share of points for some very good teams at North Farmington.

He averaged nine a game last season as the Raiders went 20-4 and reached a Class A regional final, losing to eventual state finalist University of Detroit-Jesuit.

"He gets mad when I don't shoot enough," Joubert said of his dad. "He often thinks I

awesome. I'm proud of the way those guys bounced back. Losing in the semifinals is tough. You have to show composure and grit to bounce back and we did that."

Amine, a freshman, decided Walled Lake Central's Nick Freeman in the 130 finals, 6-2, while also earning tournament MVP honors.

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With advice from his dad, Joubert has changed his shot multiple times as he has gotten older and stronger.

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"When I do that, the ball doesn't go straight. When I have my elbow in, the ball goes straight and I make it the ma-

"Cam deserved MVP of this tournament, no doubt in my mind. I think in the last seven years we've been here, we may have won one MVP and we had some great performances."

Newton decided Oxford's Liam Hillary for the 103 title, 7-2, while Davenport, a transfer from East Lansing, took the 125 crown with a 15-5 major decision over Houston Heningsen of Clarkston.

In the medal matches, the Shamrocks went 10 for 12, capped by Morland's 17-2 technical fall win for crown at 189

over Ferndale's Kobie Davis.

## Klapec wins 112

Lakeland's Nolan Klapec came away with the 112-pound title with a 9-7 decision over Jarrett Greenstin of Walled Lake Northern.

Meanwhile, Novi's Cooper Smith was runner-up to Oxford's Wyatt Harden at 215, losing on a pin in 3:22.

South Lyon boasted a pair of placers: Jake Race, who was sixth at 145, and Luke Evangelista, who was eighth at 140.

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## JOUBERT

Continued from Page B1

## Early training

The first thing Joubert learned from his dad was how to dribble the ball.

"When I was really little, before I could even get the ball to the rim, he was teaching me how to dribble with my left hand," he said. "I think that's the big reason I'm so good with the left hand now."

That was a great skill for Joubert, who is naturally right-handed, to have when he became the starting point guard for the Raiders as a freshman.

Eventually, when he got a little older and bigger, his dad taught him how to shoot the ball.

That was the elder Joubert's

majority of the time. He preaches that I keep my elbow straight."

## Son of famous dad

Joubert also is accustomed to people asking him if he's Antoine's son. He gets that all the time, he said. It doesn't bother him. Instead, he takes pride in it and is inspired by his dad's legacy.

"It was hard for me when I was young to realize what people were telling me and what he did when he was in high school and how big he was," Joubert said.

"When I got older, it was kind of clicking. He was the No. 1 player in the nation. Wow, that's a big deal! That motivates me every day."

## Makes his own way

Joubert has cut his own path and become a successful player as a four-year starter for the

Raiders.

He is likely to play Division I basketball as Central Michigan, the University of Detroit Mercy and Toledo have shown interest in him.

"He's never wanted to live in his dad's shadow," North coach Todd Negoshian said. "He's always wanted to make a name for himself and he's done a great job of that — and done it the right way."

"He's a kid who leads by example, leads very quietly, putting his arm around teammates. He's a kid you can build a program around."

"We're very fortunate. In my five years, we've had him here for four. He's been a coach on the floor for us."

"I couldn't be happier for him with all the success he's had and we're looking forward to his senior year with all the work he's put in."



## RELIGION CALENDAR

## DECEMBER

## NEW YEAR'S EVE

**Time/Date:** 7 p.m. Dec. 31**Location:** Lola Park Lutheran Church, 14750 Kinloch, Redford**Details:** Worship service  
**Contact:** 313-532-8655

## NEW YEAR'S EVE

**Time/Date:** 7 p.m.-2 a.m. Thursday, Dec. 31**Location:** Orchard Grove Community Church, 850 Ladd Road, Walled Lake**Details:** A party for junior high school and high school students will include games, karaoke, prize giveaways, and inflatables. Cost is \$25 through Dec. 27; \$35 after. Tickets also will be available at the door  
**Contact:** shawna.schwanger@orchardgrove.org

## NEW YEAR'S SERVICE

**Time/Date:** 4 p.m. Dec. 31**Location:** St. Colette Catholic Church, 17600 Newburgh, Livonia**Details:** The church also will hold 9:30 a.m. and 11 a.m. Masses on Jan. 1  
**Contact:** 734-464-4433; stcolette.net

## JANUARY

## EXERCISE

**Time/Date:** 10 a.m. Monday, Jan. 11-April 11**Location:** St. John Neumann Parish, 44800 Warren Road, Canton**Details:** Joe Mason leads a 12-week session that focuses on balance, timing, coordination, strength, flexibility, stretching, abdominal and back exercises. \$84 for the series or \$10 per class drop in  
**Contact:** 734-455-5910

## GUEST SPEAKER

**Time/Date:** 11:30 a.m. Jan. 3**Location:** St. David's Episcopal Church, 16200 W. 12 Mile, Southfield**Details:** James Perkinson will talk about economic principles found in the Bible and how individuals can apply those principles today. Perkinson is a professor of social ethics at the Ecumenical Theological Seminary in Detroit  
**Contact:** stdavidssf.org

## WOMEN'S EVENT

**Time/Date:** 8 a.m.-3 p.m. Saturday, Jan. 23**Location:** Merriman Road Baptist Church, 2055 Merriman, Garden City**Details:** Authors Lynn Donovan and Dineen Miller are guest speakers at an event for women who are "spiritually mismatched" in their marriage or have loved ones who are non-believers or are not mature in their faith. The conference will include a continental breakfast and lunch. Tickets are \$30, available at <https://spiritualmismatch.eventbrite.com>  
**Contact:** 734-421-0472

## ONGOING

## CLASSES/STUDY

## Our Lady of Loretto

**Time/Date:** 6:30-7:30 p.m. Monday**Location:** Six Mile and Beech Daly, Redford Township**Details:** Scripture study  
**Contact:** 313-534-9000

## St. Michael the Archangel Parish

**Time/Date:** 7-8:30 p.m. second and fourth Thursday, through May**Location:** 11441 Hubbard, just south of Plymouth Road, Livonia**Details:** Gary Michuta, author and Catholic apologist, leads a study of Isaiah. Bring your own Bible  
**Contact:** 734-261-1455, ext 200 or on line at [www.livoniast-michael.org](http://www.livoniast-michael.org).**Faith Community Wesleyan**  
**Time/Date:** 4-5 p.m. every Saturday**Location:** 14560 Merriman, Livonia**Details:** This informal class includes fellowship, discussion and question and answers. All ages welcome. Bibles available if you don't have one  
**Contact:** pastor Tom Hazelwood at 734-765-5476

## EXERCISE

**Time/Date:** 6:45-7:45 p.m. Tuesday and Thursday**Location:** Clarenceville United Methodist Church, 20300 Middlebelt, south of Eight Mile, Livonia**Details:** Instructor Wendy Motta, a seven-year Zumba practitioner, teaches Zumba through drop-in classes. Each costs \$3. Participants shouldbring water, a towel and wear athletic shoes. For more information, email Motta through [zumba.com](mailto:zumba.com)  
**Contact:** 313-408-3364

## FAMILY MEAL

**Time/Date:** 5-6 p.m. every Thursday**Location:** Salvation Army, 27500 Shiawassee, Farmington Hills**Details:** Free meal  
**Contact:** 248-477-1153, Ext. 12

## HEALING SERVICE

**Time/Date:** Arabic service, 3-4 p.m. first Tuesday of the month; English service, 3-4 p.m. third Tuesday of the month**Location:** The Antiochian Orthodox Basilica of Saint Mary, 18100 Merriman, Livonia**Details:** The service includes prayers of petition and intercession, hymns, Scripture readings and the anointing of the sick. Olfactory candles are available for a free will offering in the vestibule of the church.  
**Contact:** Rev. George Shalhoub at 734-422-0010 or email Stacey Badeen at [sbadeen@tbosm.com](mailto:sbadeen@tbosm.com)

## MOMS

## Christ Our Savior Lutheran Church

**Time/Date:** 9:30-11:30 a.m. second Tuesday, September-May**Location:** 14175 Farmington Road, Livonia**Details:** Mothers of Preschoolers (MOPS) is aimed at mothers of infants through kindergartners  
**Contact:** Ethanie Defoe at 248-227-6617 and Jody Fleszar at 734-658-2463**Dunning Park Bible Chapel**  
**Time/Date:** 9:30-11:30 a.m. first and third Tuesdays**Location:** 24800 W. Chicago Road, Redford**Details:** MOPS is a place where moms can build friendships, receive mothering support, practical help and spiritual hope.  
**Contact:** Amy at 313-937-3084 or Kristen at 734-542-0767

## PET-FRIENDLY SERVICE

**Time/Date:** 1 p.m. Sunday**Location:** Dunk N Dogs, 27911 Five Mile, Livonia**Details:** All Creatures ULC sponsors the service, which is conducted in an informal setting. Pet blessings are available after the service.  
**Contact:** 313-563-0162

## PRAYER

## St. Edith Church

**Time/Date:** 7-8:30 p.m. Thursday**Location:** Parish office, 15089 Newburgh, Livonia**Details:** Group meets for singing, praying and short teaching. Fellowship with snacks follows  
**Contact:** Parish office at 734-464-1223**Contact:** 734-464-1223

## St. Michael Lutheran Church

**Time/Date:** 6-7 a.m. Monday-Friday**Location:** 7000 N. Sheldon, Canton**Details:** Praying silently or aloud together; prayer requests welcomed.  
**Contact:** 734-459-3333 for additional information

## RECYCLING

## RISEN CHRIST LUTHERAN CHURCH

**Time/Date:** 1-4 p.m. third Sunday of the month**Location:** 46250 Ann Arbor Road, between Sheldon and Beck roads, Plymouth**Details:** Recycle your cell phones, laser cartridges, inkjet cartridges, laptops, iPads, tablets, eReaders on the third Saturday of each month. Use the doors on east side of church.  
**Contact:** Lynn Hapman at 734-466-9023

## SINGLES

## Detroit World Outreach

**Time/Date:** 4-6 p.m. Sunday**Location:** 23800 W. Chicago, Redford, Room 304**Details:** Divorce Overcomers group is designed for individuals going through divorce, those who are divorced or separated.  
**Contact:** The facilitator at 313-283-8200; [lef@dwo.org](mailto:lef@dwo.org)**Steve's Family Restaurant**  
**Time/Date:** 9 a.m. second and fourth Thursday**Location:** 15800 Middlebelt, 1/4 mile north of Five Mile, Livonia**Details:** Widowed men of all ages may attend the Widowed Friends Men's breakfast. This is an informal "peer" group where men have an opportunity to meet with others.  
**Contact:** 313-534-0399

## SONG CIRCLE

## Congregation Beth Ahm

**Time/Date:** Noon to 12:30 p.m. every Shabbat**Location:** 5075 W. Maple, West Bloomfield**Details:** Sing zemirot (Shabbat songs) and celebrate Kiddush following morning services. Lyrics are provided in translation as well as the original Hebrew.  
**Contact:** 248-737-1931 or email [nancyellen879@att.net](mailto:nancyellen879@att.net).

## SUPPORT

## Apostolic Christian Church

**Time/Date:** 5 a.m. to 11 p.m. daily**Location:** 29667 Wentworth, Livonia**Details:** Adult day care program at the church's Woodhaven Retirement Community. Funding available from TSA, AAA 1-C Older Americans Act.  
**Contact:** 734-261-9000; [www.woodhaven-retirement.com](http://www.woodhaven-retirement.com)

## Connection Church

**Time/Date:** 7 p.m. Friday**Location:** 3855 Sheldon, Canton**Details:** Celebrate Recovery is a Christ-centered recovery for all hurts, habits and hang-ups. Child care is available for free  
**Contact:** Jonathan@Connectionchurch.info or 248-787-5009

## Detroit World Outreach

**Time/Date:** 7-8:30 p.m. Tuesday**Location:** 23800 W. Chicago, Redford; Room 202**Details:** Addiction No More offers support for addictive behavior problems  
**Contact:** 313-255-2222, Ext. 244

## Farmington Hills Baptist Church

**Time/Date:** 7-9 p.m. second Tuesday of the month except January, July and August**Location:** 28301 Middlebelt, between 12 Mile and 13 Mile in Farmington Hills**Details:** Western Oakland Parkinson Support Group  
**Contact:** 248-433-1011

## Merriman Road Baptist Church

**Time/Date:** 1-3 p.m. second and fourth Thursday**Location:** 2055 Merriman, Garden City**Details:** Metro Fibromyalgia support group meets; donations  
**Contact:** [www.metrofibro-group.com](http://www.metrofibro-group.com); or call Ruthann with questions at 734-981-2519

## Fireside Church of God

**Time/Date:** 8 a.m. to 5:30 p.m. Monday-Friday**Location:** 11771 Newburgh, Livonia**Details:** Fireside Adult Day Ministry activity-based program for dependent adults, specializing in dementia care. Not a drop-in center  
**Contact:** 734-855-4056 or 734-464-0990; [www.firesidechog.org](http://www.firesidechog.org); or email to [adm@firesidechog.org](mailto:adm@firesidechog.org)

## St. Andrew's Episcopal Church

**Time/Date:** 10-11 a.m. Saturday**Location:** 16360 Hubbard, Livonia**Details:** A twice-monthly drop-in Food Cupboard (nonperishable items) is available  
**Contact:** 734-421-8451

## St. Thomas a' Becket Church

**Time/Date:** Weigh-in is 6:15-6:55 p.m.; support group 7 p.m. Thursday**Location:** 555 S. Lilley, Canton**Details:** Take Off Pounds Sensibly  
**Contact:** Margaret at 734-838-0322

## Unity of Livonia

**Time/Date:** 7 p.m. Thursday**Location:** 28660 Five Mile, between Middlebelt and Inkster, Livonia**Details:** Overeaters Anonymous  
**Contact:** 248-559-7722; [www.oa.org](http://www.oa.org) for additional information

## Ward Evangelical Presbyterian Church

**Time/Date:** 6 p.m. dinner (optional); 7 p.m. worship; 8 p.m. small group discussion; 9 p.m. Solid Rock Cafe (optional coffee/desserts), Thursday**Location:** 40000 Six Mile, Northville Township**Details:** Celebrate Recovery helps men and women find freedom from hurts, habits and hangups (addictive and compulsive behaviors); child care is free.  
**Contact:** Child care, 248-374-7400; [www.celebraterecovery.com](http://www.celebraterecovery.com) and [www.wardchurch.org](http://www.wardchurch.org) celebrate

## THRIFT STORE

**St. James Presbyterian**  
**Location:** 25350 W. Six Mile, Redford**Contact:** 313-534-7730 for additional information

## Way of Life Christian Church

**Time/Date:** 2-3:30 p.m. third Saturday from October through May**Location:** 9401 General Drive, Lilley Executive Plaza, Suite 100, Plymouth**Details:** Women's fellowship is designed for women with a question to know God more in their lives.  
**Contact:** 734-637-7618

## TOUR

**Time/Date:** 10:30 a.m. to noon first Sunday of the month**Location:** The Solanus Casey Center, a Capuchin ministry, at 1780 Mount Elliott, Detroit**Details:** Led by Capuchin friar Larry Webber, the director of the Solanus Casey Center, the tour focuses on the spirituality and holiness of Father Solanus, a humble Capuchin friar credited with miraculous cures and valued for his wise and compassionate counsel. No reservations are needed, although the center requests an advance phone call for groups of five or more. No cost for the tour, although donations are accepted.  
**Contact:** 313-579-2100, Ext. 149; [www.solanuscenter.org](http://www.solanuscenter.org)

## WORSHIP

## Adat Shalom Synagogue

**Time/Date:** 6 p.m. Friday; 9 a.m. and 9 p.m. Saturday; 7:30 a.m. and 8:30 a.m. Sunday; and 6 p.m. weekdays**Location:** 29901 Middlebelt, Farmington Hills**Contact:** 248-851-5100

## Christ Our Savior Lutheran Church

**Time/Date:** 8:30 a.m. and 11 a.m. services; 9:45 a.m. Sunday school and youth and adult Bible classes**Location:** 14175 Farmington Road, just north of I-96, Livonia**Contact:** 734-522-6830

## Congregation Bet Chaverim

**Time/Date:** Services are held 7 p.m. the third Friday of the month**Location:** At the shared facilities of Cherry Hill United Methodist Church, 321 S. Ridge, Canton**Details:** Reformed Jewish Congregation with Rabbi Peter Gluck and Cantorial soloist Robin Liberatore  
**Contact:** [www.Facebook.com/betchaverim](http://www.Facebook.com/betchaverim) or email to [betchaverim@yahoo.com](mailto:betchaverim@yahoo.com)

## Due Season Christian Church

**Time/Date:** 10 a.m. Sunday, with 7:15 p.m. Tuesday Bible study**Location:** Stevenson High School on Six Mile, west of Farmington Road, in Livonia**Details:** Nondenominational, multicultural, full gospel church services.  
**Contact:** 248-960-8063 or visit [www.DueSeason.org](http://www.DueSeason.org)

## Faith Community Presbyterian Church

**Time/Date:** 10 a.m. Sunday worship; 9 a.m. Bible study**Location:** 44400 W. 10 Mile, Novi**Details:** Women's group meets 12:30 p.m. third Thursday of the month. Vacation Bible School runs Aug. 10-14  
**Contact:** 248-349-2345; [faithcommunity-novi.org](http://faithcommunity-novi.org)

## Faith Community Wesleyan Church

**Time/Date:** Prayer service, 9 a.m., worship service, 11 a.m., Sunday school, 12:30 p.m., contemporary service, 1:30 p.m., Bible study, 6 p.m., Sundays**Location:** 14560 Merriman, Livonia**Contact:** pastor Roger Wright at 313-682-7491

## Garden City Presbyterian Church

**Time/Date:** Adult Bible study at 8:15 a.m.; traditional worship service, youth Sunday school and child care at 10 a.m. Large print order of service is available. Refreshments in the church fellowship hall immediately after service. Elevator and handicap parking**Location:** Middlebelt, one block south of Ford Road  
**Contact:** 734-421-7620

## Good Hope Lutheran Church

**Time/Date:** 9:30 a.m. Sunday school followed by 10:30 a.m. worship service with Communion each Sunday; Bible study 10 a.m. Wednesday**Location:** 28680 Cherry Hill, Garden City**Contact:** 734-427-3660

## Good Shepherd Evangelical Lutheran Church (WELS)

**Time/Date:** 8:45 a.m. Sunday school/adult Bible study; 10 a.m. Sunday service**Location:** 4145 W. Nine Mile, Novi**Contact:** Rev. Thomas E. Schroeder at 248-349-0565; [GoodShepherdNovi.org](mailto:GoodShepherdNovi.org)

## Grace Lutheran Church

**Time/Date:** 8 a.m. traditional Sunday service and 10:30 a.m. contemporary; Sunday school and adult Bible study at 9:15 a.m.**Location:** 46001 Warren Road, between Canton Center and Beck, Canton Township  
**Contact:** 734-637-8160

## His Church Anglican

**Time/Date:** 7:45 a.m. at Trinity and 10 a.m. at Madonna University**Location:** Trinity Church, 34500 Six Mile, Livonia, and Kresge Hall on the Madonna University campus, 36600 Schoolcraft, Livonia**Contact:** [www.HisChurchAnglican.org](http://www.HisChurchAnglican.org); 248-442-0HCA

## Holy Cross Evangelical Lutheran Church

**Time/Date:** 8 a.m. and 10 a.m. Sunday; 9 a.m. Faith Forum; 10 a.m. Sunday school; 7:30 p.m. Wednesday worship in the chapel.**Location:** 30650 Six Mile, Livonia  
**Contact:** 734-427-1414

## Hosanna-Tabor Lutheran Church

**Time/Date:** 8:30 a.m. and 11 a.m. Sunday**Location:** 9600 Laverne, west of Beech Daly, north off West Chicago Road, Redford**Contact:** 313-937-2424

## In His Presence Ministries

**Time/Date:** 10 a.m. Sunday**Location:** 26500 Grand River Ave., Redford  
**Contact:** 313-533-1956; [detroitinpresence.org](http://detroitinpresence.org)

## Nativity United Church of Christ

**Time/Date:** 11 a.m. service with Plumb Line Church with the Rev. JoAnn Bastien, Praise Group, Sunday school and child care.**Location:** 11575 Belleville Road, four miles south of Michigan Avenue  
**Contact:** 734-699-3361

## Unity of Livonia

**Time/Date:** 9:30 a.m. and 11 a.m. Sundays**Location:** 28660 Five Mile, between Middlebelt and Inkster roads  
**Contact:** 734-421-1760

## Ward Evangelical Presbyterian Church

**Time/Date:** 8 a.m. liturgical in the chapel; 9:30 a.m. contemporary in the sanctuary; 11 a.m. traditional in the sanctuary; 11 a.m. post-contemporary in Knox Hall, all on Sunday.**Location:** 40000 Six Mile, Northville  
**Contact:** 248-374-7400

## Way of Life Christian Church

**Time/Date:** 10 a.m. Sunday; 7:30-8:30 p.m. Wednesday Bible study; 7:30 p.m. Friday intercessory prayer.**Location:** 9401 General Drive, Suite 100, Plymouth Township  
**Contact:** 734-340-5551; [www.wayoflifeflcc.com](http://www.wayoflifeflcc.com)

Coffee at 10:45 a.m. Traditional Sunday worship service at 2 p.m. with Bastien. No Sunday school or child care. Coffee after the service at 3 p.m.

**Location:** 9435 Henry Ruff Road at West Chicago Road, Livonia  
**Contact:** 734-421-5406

## New Beginnings United Methodist Church

**Time**



## Get a mental workout

Local program Mind Aerobics offers memory, critical thinking sharpeners

**Sharon Dargay**  
Staff Writer

**M**ind Aerobics, a new program offered by Jewish Family Services (JFS) and Jewish Vocational Services, (JVS) is designed to sharpen your thinking skills and improve your memory.

"This program is something very different," said Yuliya Gaydayenko, JFS director of older adult services, speaking at a recent open house for the program. "For a long time we talked about how we need something for people who are healthy who might have some memory loss. We need something more than adult day programs and memory clubs. We need something that is research based, something we can show people outcomes."

"So we searched and there are a lot of programs out there. About three years ago we came across this program that has 10 years of research behind it. We are so excited about it."

The program, developed by the New England Cognitive Center, uses games and activities to target reaction time, visual/spacial abilities, attention and concentration, memory, language, and problem solving. Four levels of classes are available, based on cognitive function. The "Mind Sharpener" class is for individuals with no impairment and for those experiencing occasional "senior moments." Other levels — Lively Mind, Active Mind, and Ready Mind — target participants with early stage dementia, mild dementia, moderate dementia and moderately severe dementia.

JVS and JFS are the only agencies in Michigan offering the program. They're marketing Mind Aerobics to seniors and have run one 12-week series of classes at JFS' senior day care program and one community-based Mind Sharpener series at JFS. They'll add the additional levels in the spring and are collecting names and contact information for future classes. Classes meet twice weekly and cost \$20 each — \$480 for the 24-class, 12-week series.

"We're finding that everyone who took the sample classes here at Jewish Family Services and at JVS are interested in the program for themselves," said Julie Verriest, JVS manager of senior adult services. "We may find that this is appealing to a much wider audience."



Lynn Breuer of Jewish Family Services' Eldercare Solutions of Michigan, demonstrates activities included in Mind Aerobics' Mind Sharpener class.



Stacey Molinaro (Right) of Jewish Vocational Services, shows Tamara Ragon of Inspire Home Care how to play one of the Mind Aerobics games during a recent open house for the program, held at Jewish Family Services in West Bloomfield.



Open house participants work on a Mind Aerobics game that tests reaction time.



A memory game challenges participants to read a letter, and then identify pictures of items mentioned in the writing.

See MENTAL, Page B7

## Appliance Doctor is happy the GE brand remains American

Please allow me to repeat the first paragraph of a column I wrote back in September 2014:

"Some five years ago I predicted that General Electric would sell its appliance division and so it has come to pass that Electrolux is going to take over the G.E. brand. If you are an old guy like me, involved in the appliance industry, this is almost unbelievable. I've never had many issues with the quality of products produced by this company and I've seen many great appliances that performed well and lasted for years. How can a company so big with such a great reputa-



**Joe Gagnon**  
THE APPLIANCE DOCTOR

tion just close the door on the faces of the American consumers? Just maybe it has to do with the small profits earned by the appliance division. I hear that GE makes less than 3 percent of yearly earnings from its appliance sales. I guess when you make billions as a huge company, 3 percent is not worth the effort. Now here we go again with a manufacturer selling to another

producer of appliances located in another country."

Fast forward to this month. According to media reports, General Electric is backing out of a plan to sell its appliance division to Electrolux for \$3.3 billion. Electrolux said it tried to obtain regulatory approvals from the Justice Department, and regrets that GE has terminated the agreement.

Electrolux agreed in September 2014 to acquire GE's appliance unit, which is based in Louisville, Ky. But last summer, the Justice Department sued, saying the merger would result in a "duopoly," with Whirlpool and GE dominating

the U.S. cooking appliance market. Consumers would have seen higher appliance prices.

GE disagrees with the Justice Department's view of the transaction and said the acquisition would have benefited consumers.

Electrolux claimed it would keep costs down and sell products at lower prices under the GE acquisition.

The Justice Department called it a bad deal for consumers who buy cooking appliances every year.

As for the feelings of this old guy writing this column, they haven't changed one bit. I

think it would be a crying shame to see the name General Electric removed from this country and changed to something else.

It's almost like GE started the whole appliance industry, which they didn't but we would be void of great technology they have always provided.

I still miss the names of so many: Philco by Ford, Frigidaire by General Motors, Kev-inator and a dozen others. Let's see what the future holds.

Joe Gagnon can be heard at 8 a.m., Saturdays on WAAM 1600. You can e-mail your problems and questions on appliances to [appldr@twml.rr.com](mailto:appldr@twml.rr.com)



## Take care to prevent winter sports head injuries

As a youngster growing up in Northwest Detroit, wintertime led us to build a skating rink. Donning the skates was followed by hours of carefree (or careless) fun. This inevitably led to hockey "pick-up" games for the neighborhood, hosted in our own backyard. Our father would rig up a flood-light so we could play outside into the night.

When winter weather was too severe we would take the competition indoors and, wearing roller skates, we would reenact the then popular *Hockey Night in Canada*. Hours were spent careening around the cement basement floor with occasional exclamations of "He shoots, he scores!"

What's wrong with this picture of our past? One thing is that it is amazing we survived since we wore no helmets, no protective gear of any type, and if someone fell and hit their head he would shake it off, resume play, or go home crying. All the while none of us knew just how dangerous this was and how lucky we were.

Winter is upon us. With it comes an increased participation in winter sports and an increased incidence of traumatic brain injuries. Outdoor



**Len McCulloch**  
GUEST COLUMNIST

*We need to devote more attention to prevention ... 90 percent of head injury concussions could be prevented if people took more precautions.*

winter sports include ice skating, sledding, snowmobiling, snowboarding, hockey and skiing. Indoor winter sports include basketball, volleyball and indoor soccer. All of these have in common the increase in potential for heads hitting heads, and heads hitting the ground.

In fact, an estimated 1 million children alone in this country sustain a traumatic brain injury each year. Every 23 seconds, a head injury occurs in the U.S. according to the Brain Injury Association of Michigan (BIAMI). The major-

ity of these are closed-head injuries, also called concussions or traumatic brain injuries.

### Myths dispelled

It previously was thought that the head had to hit something for there to be a concussion-like injury. This myth has been proven wrong. A whip-lash-like motion of the head can cause damage to the brain.

Also, a loss of consciousness is not necessary for the brain to be hurt. Technically, a disruption in consciousness, no matter how brief, such as mildly dazed to a full coma constitutes concussion. And, repeated concussions can have a cumulative effect as often seen in boxing. We also are hearing more reports of hockey and football players sustaining concussions, retiring earlier and developing Alzheimer's-like disorders.

### Resources

More resources than ever now are available for children, adults, parents, teachers and coaches to learn about these conditions and ways to remedy the consequences of such injuries.

In addition to the natural resource of brain healing, the

likelihood of recovery can be increased by working with rehabilitation specialists. Some school districts are now training coaches about head trauma or partnering with local physical therapy companies to have a professional at games. Help also is available from the field of neuropsychology in making "return-to-play" decisions. The Brain Injury Association of Michigan, is a leader in this area. Its website is [www.biami.org](http://www.biami.org).

Also, The Therapy Choirs of Michigan (TCM), provides choir therapy and develops therapy choirs for people with special needs, including sports concussions. The group has active therapy choirs in Macomb, Oakland and Livingston counties. It has plans to expand to Wayne County soon. Its work largely has been self-funded, with the exception of a small pass-through grant and Goodwill contributions. TCM is a Michigan 501-C3 nonprofit organization, located at 24477 Buchanan Ct. #1887, Farmington Hills, MI 48335. TCM is appealing for contributions to continue its "Tour of Hope" concerts, with performances by individuals with brain injuries and associated disorders. For donation records, the

TCM federal ID number is #36-4611444. Your canceled check is your receipt. Visit [www.therapychoirs.org](http://www.therapychoirs.org)

### Prevention

We need to devote more attention to prevention. It is estimated that 90 percent of head injury concussions could be prevented if people took more precautions. In the final analysis, the greatest tool we have against traumatic brain injury is prevention. This is not to discourage participation in winter sports, but to encourage safe participation in all that we do.

So, if you are thinking about flooding your back yard for unprotected, unsupervised winter hockey or re-enacting *Hockey Night in Canada* in roller skates on your cement basement floors, think again.

*Leonard J. McCulloch is a diplomate of the American Psychotherapy Association. He is a certified brain injury specialist and is board certified in traumatic stress, mental health, addictions and social work. McCulloch also is president and director of Therapy Choirs of Michigan. Call him for a courtesy consultation at his Farmington Hills office at 248 474-2763 ext.222.*

## Dentist seeks patients for implant teaching program

Timothy F. Kosinski, a dentist practicing in Bingham Farms, is looking for 40 patients for his teaching program in implant dentistry techniques.

Candidates must be missing upper or lower back teeth and have no uncontrolled medical problems. A no-fee evaluation will be completed to determine if they are candidates for this teaching program.

Once selected, the individuals will receive a dental implant and abutment for \$699 – a \$1,500 savings. After

healing, a crown over the implant will be created by Kosinski, also for a reduced fee. All patients accepted in this program will receive a CT scan, or three dimensional X-ray.

Anyone interested in the reduced implant procedure should contact Kosinski's office, SmileCreator of Bingham Farms by Feb. 1, 2016. The procedures will be done in April. Call Jan or Lorry at 248-646-8651 to schedule a free appointment.

Kosinski has trained hundreds of dentists and dental

students in the best techniques for successful implants. He placed more than 1,000 implants last year.

Kosinski participates in a dental training program he offers in cooperation with the Engel Institute. Professional dentists train with Kosinski and under his mentoring perform implant surgery on select patients.

The SmileCreator of Bingham Farms office is located at: 31000 Telegraph, Suite 170, Bingham Farms. For more information, visit: <http://www.SmileCreator.Net>



Timothy Kosinski, DDS, and fellow dentists place a dental implant. SUBMITTED



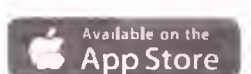
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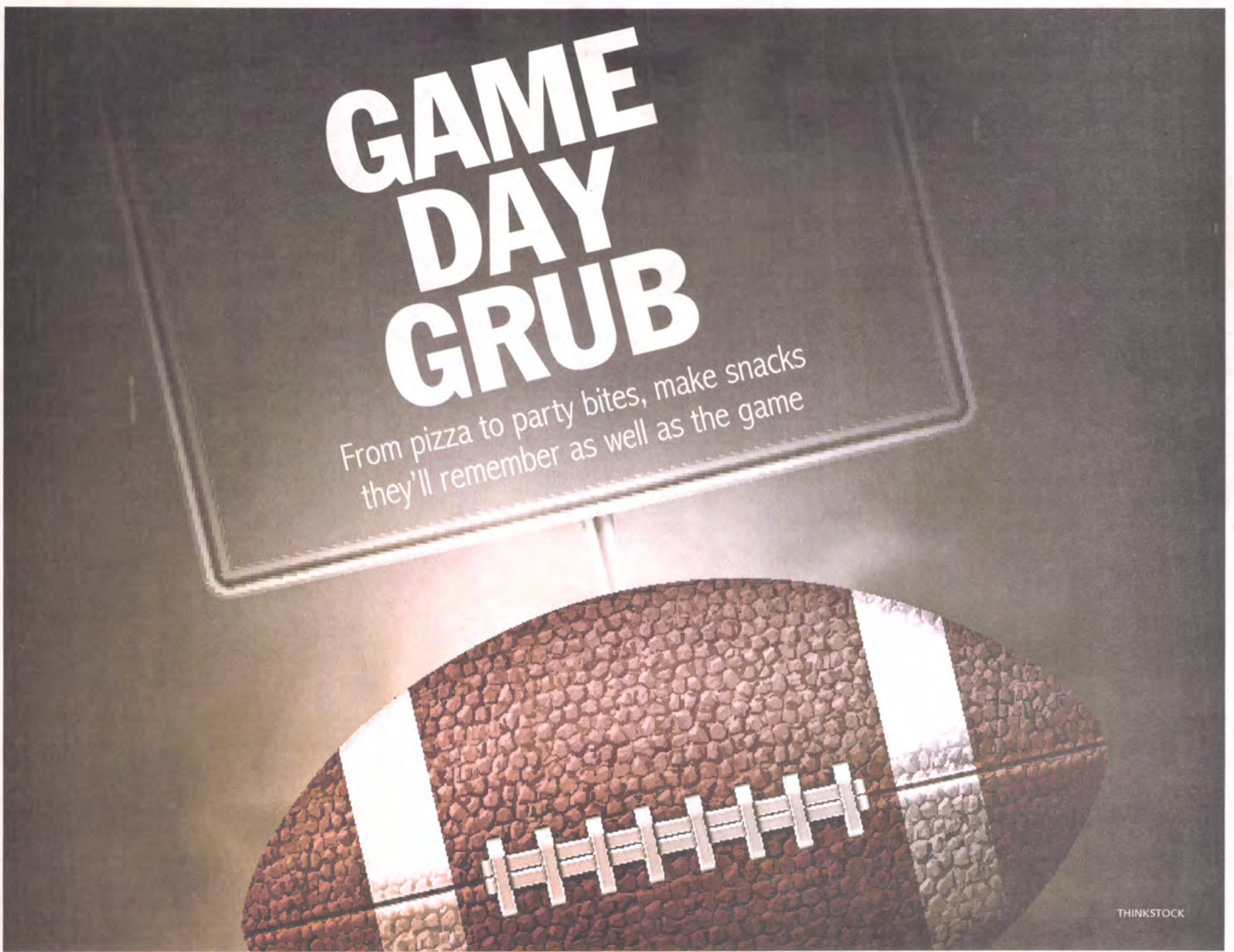
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When game day arrives and friends and family are gathered around the big screen to cheer your team to victory, the only thing missing is some great grub to make the celebration complete.

Putting together an all-star spread is actually easier than you may think. Simple recipes featuring high-quality ingredients make it possible to serve up big flavor without a lot of fuss. Follow these tips to score a game day menu that will let your guests enjoy themselves to the fullest.

**Create a DIY pizza station**

Prepare dough ahead of time or purchase individual serving size crusts and invite guests to make their own personal pizzas. Provide an array of fresh veggies, meats and herbs for endless combinations. Don't forget plenty of quality cheese, and for a special twist, add some unexpected flavors, such as Jarlsberg cheese. Best known as a classic wedge, this nutty, mild cheese is also wonderful shredded for a uniquely delicious pizza flavor. Get guests started with this Sausage,

Mushroom and Herb Pizza and then invite them to get creative on their own.

**Top it off right**

No game day party is complete without chips and dip. Take your nachos to another level with premium toppings such as these Barbecue Chicken Nachos. Other upgraded topping options: grilled steak or chicken, grilled corn and onions, a variety of flavorful cheeses, homemade guacamole, diced fresh veggies, seasoned olives and spices, such as Cajun or Caribbean jerk.

**Bring the heat**

Spice things up with peppers as an added ingredient to other treats like pizza and nachos, or make the pepper the star, as with these Jalapeno Poppers, which blend the heat of a whole jalapeno balanced by the distinctive flavors of goat, Jarlsberg and Parmesan cheeses.

Find more game day recipes at [jarlsberg.com](http://jarlsberg.com).

Courtesy of Family Features



**BARBECUE CHICKEN NACHOS**

*Makes: 1 large serving*

- 1 rotisserie chicken
- 1 cup barbecue sauce
- nacho chips
- 1 cup shredded Jarlsberg Cheese
- ½ cup chopped green onion
- sour cream (optional)

Heat oven to 350 F. Pull white meat off rotisserie chicken and place in mixing bowl. Add barbecue sauce to pulled chicken and gently mix together. Scatter nacho chips on oven-safe dish and place pulled chicken on top. Shred cheese with grater and coat top of chicken. Place in oven for approximately 10 minutes. Sprinkle green onion on top and serve with sour cream, if desired.



**JALAPENO POPPERS**

*Makes: 16*

- 16 whole jalapeno peppers, rinsed and drained
- 2 logs (4 ounces each) fresh goat cheese
- 1 cup shredded Jarlsberg Cheese
- ¼ cup grated Parmesan cheese
- ¼ cup diced green onion (scallions)
- dash of hot sauce
- cilantro leaves
- mini hot red peppers (optional)

Using small sharp knife, cut slit down one side of each pepper. Leave stem intact and remove seeds and veins. In bowl, mash all cheeses, onion and hot sauce. Divide among peppers, stuffing each generously. Refrigerate. (Note: Recipe can be made ahead to this point.) Arrange peppers in heavy aluminum foil packet. Grill 8-10 minutes, or until cheese begins to melt. Garnish with cilantro and, if desired, hot red peppers.



**CHEESE AND MUSHROOM PIZZA**

*Makes: 1 pizza*

- 1 premade pizza dough (14-16 ounces)
- 5 tablespoons tomato sauce
- 2 diced Roma tomatoes
- 8 ounces shredded Jarlsberg Cheese
- 2 ounces grated Parmesan cheese
- 8-10 sliced mushrooms
- 2 teaspoons oregano
- arugula (optional)

Heat oven to 425 F. Follow premade pizza dough instructions on package. Spread thin layer of tomato sauce and fresh tomatoes on uncooked pizza dough, sprinkle with cheeses, top with mushrooms and finish with oregano. Bake pizza in oven for 15-20 minutes, or until golden brown. Garnish with arugula.



**PICK A PARTY BITE**

*Finger foods make it easy for your fellow fans to quickly grab a snack between plays and save the serious grub for a longer break in the action. Tide them over until halftime with these bite-size appetizers. For a little extra fun, use toothpicks bearing the mascot or signature color of your favorite team.*

- Jarlsberg cheese
- salami
- green grape
- toothpick

Cut cheese and salami into bite-size cubes. Thread ingredients on toothpicks, varying the order and mixing and matching ingredients for different flavor combos.

**MENTAL**

*Continued from Page B5*

**Testing it out**

Open house guests, including representatives from home health care companies, tried the Mind Sharpener activities. They tested their reaction time by quickly following directions called out by a program trainer. The goal was to point to the correct image on a piece of paper with the left, right or both hands. A drawing activity

aided visual/spacial skills as guests attempted to sketch the mirror image of an abstract form. The final sample game involved memorizing items mentioned in a written letter and recalling them later by studying a group of images. "We used to think only children could develop new stem cells in the brain," said Angela Popoff, cognitive wellness program coordinator at JFS. "We do know now that adults can grow new brain cells and new stem cells. Research is showing us key things can help do that. One is physical exer-

cise. No surprise there. The other is socialization." Socialization is one way Mind Aerobics is different from other brain training programs, Popoff said. Rather than playing cognitive games alone on a computer, participants tackle the activities in a group setting led by a trained instructor. "It's you and a group of people interacting and enjoying yourself with others," she said. "The third thing is mental challenge. Brain exercise. Doing new and different things, like cognitive training classes."

**Retaining benefits**

Citing research from the New England Cognitive Center, Popoff said participants at the Mind Sharpener level retain at least 80 percent of the gains they made for a year after their 24 classes end. "They also show that people do have an improvement usually in two out of the six areas of cognition. In the other levels of classes they will show improvement, however, in those classes the benefits fall off faster because the brain is more compromised by de-

mentia." After trying the Mind Sharpener level activities, Lorine Beattie, owner of Inspire Home Care, of Bloomfield Hills, said she'd consider offering the program to her clients. "It just adds to the quality of life," Beattie noted. "I love all of it," added Tamara Ragon, R.N., an Inspire Home Care staff member. "I love that they get to socialize while doing this." To learn more about upcoming class dates and times, call 248-592-2313 or email [apopoff@jfsdetroit.org](mailto:apopoff@jfsdetroit.org).



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