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COMMUNITY LIFE, B4

TOP TV CHEFS SHARE HOLIDAY RECIPES

INSIDE



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WESTLAND OBSERVER

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AROUND TOWN

Tree lighting

Grab the kids Monday evening and head to Westland City Hall for the city's annual Holiday Tree Lighting Ceremony.

Join Mayor William R. Wild and the Westland City Council at the front of city hall, 36601 Ford Road, at 6:15 p.m.

The program will include an award presentation for the "What Christmas Means to Me" essay contest. The winner will read his or her essay at the ceremony. In addition to the official tree lighting, Jacquese Miloser will be singing "O Holy Night," and local author Nancy Spinelle will be reading her latest original story, "The Newest Angel's Halo." Residents also will be able to participate in a Christmas sing-a-long, enjoy refreshments and more.

"The Tree Lighting has become a holiday tradition in the city of Westland," Wild said. "We'll be presenting Santa Claus a special key to our city that opens the hearts of the children in our All American City."

For more information, call (734) 722-7620.

Food distribution

All residents north of Michigan Avenue can pick up surplus federal food commodities from 10 a.m. to 2 p.m. Thursday, Nov. 18, at the Dorsey Community Center, at 32715 Dorsey Road, south of Palmer.

Senior citizens living in Taylor Towers will pick up their food at Taylor Towers and must call their building manager for their day of distribution. Greenwood Villa residents must pick up their food items at Greenwood Villa.

For the month of November, grape juice, Corn Flakes cereal, pears, frozen blueberries, creamed corn, great northern beans, vegetarian beans, shredded cheddar cheese, sweet potatoes, frozen beef and possible additional items will be distributed. For more information, call the Dorsey Center's surplus food hotline at (734) 595-0366.

This program is administered by the Wayne County Office of Senior Services. All food allocations, distribution sites and dates of distribution are determined by that agency.

Used book sale

Go green at the Friends of the William P. Faust Library's used book sale from 9 a.m. to 4 p.m. Friday-Saturday, Nov. 19-20, and from noon to 4 p.m. Sunday, Nov. 21, at the library at 6123 Central City Parkway, north of Ford.

On Friday, the prices will be \$1 for hardcovers, 50 cents for paperback books, 25 cents for small paperbacks, videos, cassettes and records and 10 cents for magazines. A reusable Friends bag also will be available for \$2.

For information, call (734) 326-6123.

Police partner with managers to maintain apartment complexes

BY LEANNE ROGERS
OBSERVER STAFF WRITER

Like other Westland residents, the majority of apartment dwellers go about their lives without causing any problems.

Now Westland police have joined forces with apartment complex management to be proactive in addressing that small element that

may be causing problems.

"In talking with the managers of apartment complexes, we learned that they want to have a safe community and get rid of problem renters just as much as the police," Westland police Chief Alan Ramsden said. "One bad tenant can scare away five good tenants."

Beginning this month, managers at participating apartment

complexes will receive a list of police runs to units in their development. It lets the managers see what incidents have been reported and gives them an opportunity to file a Freedom of Information Act request to get more information, if they have a concern. Some runs the manager may recognize as a minor incident, Ramsden said, but may want to follow up, if, for instance, a

tenant reports being threatened by a neighbor.

"We won't charge them for the FOIA, if they are part of the program. We want to give them the most information that we can so they can be better managers and we'll be better police," Ramsden said. "The police department thinks

Please see **APARTMENTS, A2**



PHOTOS BY THOMAS BEAUDOIN

Lutheran Westland High School student Alyssa Shirkey shows her rendering of the Veterans Memorial Garden planned for Central City Park.

Westland salutes veterans

BY LEANNE ROGERS
OBSERVER STAFF WRITER



World War II veteran Sam Gagliano of Westland plays "Taps" during the Westland Veterans Day ceremony.

Veterans and active duty military members were honored and money was raised for a permanent memorial at a Veterans Day ceremony Thursday.

The Westland Veterans Association hosted the ceremony at the UAW Local 163 hall on Merriman — the city of Westland has not traditionally hosted a Veterans Day event.

Many segments of the community were represented at the program

as the Wayne Memorial High School Junior ROTC posted the colors and *Taps* and a rifle ceremony were performed by members of the Sgt. Stanley Romanowski VFW Post 6896. Songs were performed by the Vocal Dimension, also from Wayne Memorial.

Noting it was the 92nd anniversary of the World War I armistice, keynote speaker state Rep. Richard LeBlanc (D-Westland) said Veterans Day is a time to remember the sacrifices of patri-

Please see **VETS, A2**

Man calls on Norwayne residents to get involved

BY LEANNE ROGERS
OBSERVER STAFF WRITER

Having lived in Norwayne for about 50 years, Hank Johnson is passionate about his community.

"Norwayne has a very rich history. You can't look at national history without looking Norwayne's contributions," Johnson said. "Norwayne was constructed for the Arsenal of Democracy — it was quick inexpensive housing for workers at the Willow Run plant (during World War II). You look at the simple design of the houses — it was because they were so limited in resources and manpower."

While pleased with Westland's efforts to improve housing stock and reduce density in Norwayne, Johnson had concerns about the community itself when the only two schools in Norwayne were closed earlier this year.

"How do we develop community? It was a huge setback when Jefferson-Barns and Lincoln (elementary schools) were closed," Johnson said. "Schools

bring community. We lost that ability to develop community."

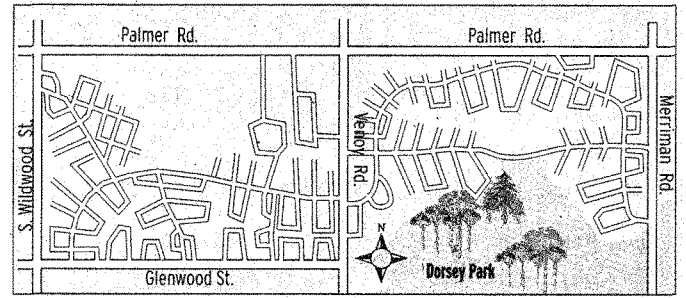
So Johnson set out to get that ability to develop community. He called for a meeting the organizing committee of the Norwayne Citizens Council, which was recently held at the Dorsey Center.

The topics for discussion included a community garden, a community cleanup program, a community watch program and social assistance programs to help residents with food, utilities and other needs. About 20 residents attended.

"I think it's a good way to start. It's an opportunity to organize and make some decisions on where we want to this community organization to go," Johnson said.

Among those attending the meeting were Westland Community Development Director Joanne Inglis, who is based at the Dorsey Center and in charge of the city's Neighborhood Stabilization Plan. In Norwayne, the program has primarily acquired and

Please see **NORWAYNE, A4**



Wayne-Westland dedicates its Alternative Energies Park

BY SUE MASON
OBSERVER STAFF WRITER

Mother Nature offered up a beautiful fall day last Monday, with one exception: there was no wind.

That didn't matter to students who showed off their knowledge about wind turbines and solar panels during the dedication of the Alternative Energies Park at the William D. Ford Career Technical Center in Westland.

"We need a cut-in speed of 8 mph to start it

working and it can go up to a maximum of 145 mph," said Nicolas Gonzalez, who was manning an information station for a wall-mounted, Michigan-made Cascade SWIFT wind turbine. "A SWIFT turbine can produce 1,200 kilowatts with an 11.2 mph annual average wind speed and 1,900 kilowatts with a 13.4 mph annual average wind speed."

The Redford Union High School student is enrolled in the center's new alternative ener-

Please see **WIND, A4**

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VETS

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ots who risked and gave their lives for their country.

"You know the cost of freedom. You withstood the largest of challenges. Today, we reach out to say thanks to anyone who wore a uniform," LeBlanc said. "We pray for those who are still serving. Freedom comes at a horrendous price. We have to keep working hard to make the country worthy enough of your sacrifices."

Along with a video tribute to veterans, there were introductions of veterans including those who had been prisoners of war and former Tuskegee Airmen.

The Westland Veterans Association is working to raise money for the Westland Veterans Memorial Garden, which would be built in the western section of Central City Park. The memorial would include a pond and 10 markers with information about wars involving American military.

Renderings of the memorial garden by Alyssa Shirkey, a Lutheran Westland High School student who takes graphic design classes at the William Ford Career Tech Center, were unveiled at the ceremony. Her design is a tribute to her father Raymond Shirkey, who served in the U.S. Navy, including a year in Iraq.

"I want to thank the Westland Veterans Association for the opportunity to work with them on this tremendous project," said Steve Paulson, Shirkey's graphic arts instructor. "It will be a really nice place to visit and for teachers to bring classes."

The fund-raising efforts got a boost thanks to some large donations presented during the program. Wayne-Ford Civic League President Vic

Barra, himself a veteran, presented a \$6,300 donation on behalf of the league.

A \$10,000 donation was presented by Rich Fisher, representing the Foundation for American Veterans. On behalf of the UAW International, the Ford Wayne Assembly Local 900 and Ford Motor Co., a \$12,600 donation was made.

Central City Park has been closed since 2006 due to concerns about lead contamination. The park, ownership of which was recently transferred from Wayne County to the city, has 12 acres under remediation and is expected to be open to the public next year. The veterans memorial would be on adjoining parkland.

"One of the reasons we are here is to raise money for the Veterans Memorial Park. We couldn't have this event at a better time," Mayor William Wild said. "The remediation of Central City Park is under way. In the spring, there will be a fence around the pond, but don't be alarmed. The MDEQ (Michigan Department of Environmental Quality) thinks this will be a great addition to the park."

The city has a really unique opportunity to develop something special in that section of the park due to the memorial, Wild added.

Along with donations and a variety of fund-raising events, engraved memorial brick pavers are being sold and will be placed around the pond.

"There is no memorial like this anywhere. This is not just a memorial. We hope it will be used for teaching to let kids get an understanding about the history of the United States," said Ken Mehl, chairman of the Westland Veterans Association.

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Community Watch keeps Holliday Park safe

BY LEANNE ROGERS
OBSERVER STAFF WRITER

When Westland police Chief Alan Ramsden mentions examples of parts of the city that have very little crime, Holliday Park Cooperative is an area that comes to mind.

One big reason is that since 1996, the 694-unit townhouses has had a Community Watch Night Patrol. Residents sign up to patrol the development three nights each year with a partner.

"It's a big job. First, you need to keep motivating people," said Jan Suchy, who coordinated the program since its inception and

recently handed those duties over to a new coordinator.

The volunteers patrol for a minimum of three hours a shift and don't start much before midnight.

"We don't like them to start too early," said Suchy, who has lived at Holliday Park with husband Gene for nearly 40 years.

The patrols began in February 1996 in response to a rash of thefts from vehicles — Holliday Park has car ports but not garages.

"They were stealing air bags, which had just come out, CD players and the wheels off the cars," Suchy said. "It was getting serious. We started the program. We didn't hire a security guard — no one looks after yourself

as well as the people who live here."

Each volunteer has their own route for patrolling Holliday Park, Gene Suchy said, adding the patrols will follow female residents arriving home late to make sure they get inside their unit safely.

"The patrols only call the police if they see something — they don't talk to them (a suspicious person)," Gene Suchy said.

It takes a lot of coordination, but Jan Suchy said the benefits of the night patrols make it worthwhile.

"We have no break-ins. It's very safe here and the police attribute it to the patrol," she said.

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APARTMENTS

FROM PAGE A1

the apartments are important and is working hard to keep them as nice as they have been."

Westland's largest apartment complexes were approached to participate in the pilot program, including the more than 1,500-unit Landings, Country Court, Scotsdale, Willow Creek, Fountain Park and Westland Meadows Mobile Home Park.

"I hope to get a sense of security for residents. I want to get as much information as possible so we can act on it more appropriately," said Doris Silcox, property manager for the 229 units at Country Court, Country Village

and Westland Woods apartments. "I look at it as another tool in deterring future issues that may arise from people moving in."

Country Court also is using a different company for background checks on prospective tenants, Silcox said, which provides more information, such as whether the person had been evicted from another apartment complex for criminal activities.

It's not a question of apartment complexes having higher crime problems, Ramsden said, but recognizing that Westland has a high number of apartments. In fact, the city has 53 apartment complexes with 9,587 units, which doesn't include 11 senior citizen apartment developments — which have 1,607 units — mobile home parks or the

Holliday Park Cooperative townhouses.

"The apartments aren't going anywhere and Westland isn't going anywhere," Ramsden said. "This is a cooperative effort. It's important to us. We're not just giving lip service. We certainly have a huge number of apartments. A lot of crime comes from apartment complexes because so many people live there."

While hoping to expand the program to include more apartments and mobile home complexes, Ramsden said he didn't include condominiums since those developments don't have managers like other multiple residential developments.

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The minutes from regular and special Council meetings are available at:
www.gardencitymi.org/minutes

Current requests for bids and proposals are available at:
www.gardencitymi.org/bids

You can also access this information at Garden City City Hall or the Garden City Library during regular business hours or in the Garden City Police station lobby 24 hours a day.

Publish: July 15, Aug. 12, Sept. 16, Oct. 14, Nov. 14 & Dec. 9, 2010

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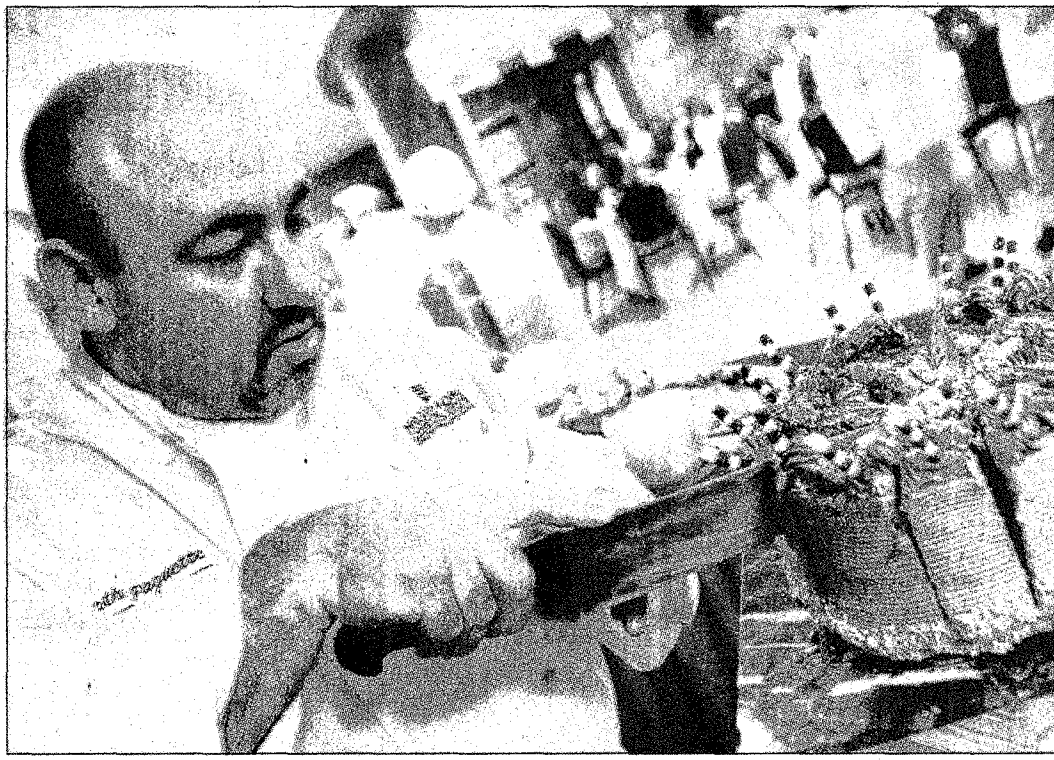
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FILE PHOTO

Culinary arts instructor Chef Tony Paquette will be serving up a feast fit for Thanksgiving at his annual luncheon buffet benefit Wednesday, Nov. 17.

Students' feast to help feed needy families

BY SUE MASON
OBSERVER STAFF WRITER

Chef Tony Paquette is continuing a holiday tradition he started three years ago — a lavish Thanksgiving buffet aimed at helping to provide holiday meals for needy families in the Wayne-Westland Community Schools.

People are invited to stop by the William D. Ford Career Technical Center from 11:20 a.m. to 1:15 p.m. Wednesday, Nov. 17, to enjoy the holiday feast that will be prepared and served by his culinary arts students. The cost is a minimum donation of \$10 per person for the all-you-can-eat buffet.

"My goal is to have more than 200 people attend this year," Paquette said.

All of the proceeds will be used to purchase a Thanksgiving meal for Wayne-Westland families who are experiencing financial difficulties. The Wayne-Westland Family Resource Center will be providing the food baskets. Last year, funds raised through the buffet helped feed more than 40 families. With state's ongoing economic woes, Paquette knows there's even

more need this year.

"We can feed a family of six for \$40," he said. The event will feature a buffet table loaded with everything Thanksgiving, not to mention other entrees like fish and French pastries, all at food stations manned by students.

Paquette launched the benefit buffet in 2007 by inviting in a few friends for a Thanksgiving lunch. In exchange for a sumptuous meal, they dropped cash and checks into a fish bowl destined for the district's Family Resource Center.

He has since switched it to a minimum donation to help raise as much money as possible for the food baskets.

People who can't attend the buffet can still help by sending checks to the Family Resource Center at 36745 Marquette, Westland, MI 48186. Checks should be made payable to the WWCS Family Resource Center.

People in need of help can contact resource center Director Amanda Faughnan at (734) 419-2709 or by e-mail at faughnana@wwcsd.net.

smason@hometownlife.com | (313) 222-6751

The Great American Smokeout

Nov. 18 marks the 35th Great American Smokeout, when Americans who smoke can pledge to quit for 24 hours. Because smoking and second-hand smoke are linked to so many health problems (cancer, stroke, heart attack and lung diseases), the hope is that 24 hours will be the first step toward quitting completely. Kicking the habit is difficult, but a day away from cigarettes can lead to a lifetime of not smoking.

According to the Center for Disease Control (CDC), smoking accounts for one in five deaths each year. Approximately 46 million people smoke in the United States as a whole, and 20.5 percent of adults in Michigan smoke cigarettes, which is over 1 1/2 million people. In May of this year, the state enacted a ban on smoking in restaurants and bars to combat secondhand smoke.

Contemplating quitting? The Center for Disease Control, American Cancer Society, and American Lung Association websites provide information on quitting, as well as some surprising statistics. The Public Library of Westland owns a number of books on smoking cessation, such as "The Easy Way to Stop Smoking" by Carr and "Stop Smoking Naturally" by Ashelman. If you're interested in the history of smoking, try "The Cigarette Century: The Rise, Fall and Deadly Persistence of the Product That Defined America" by Brandt or "Tobacco in History" by Goodman.

For more information on quitting smoking, smoking prevention, or tobacco use throughout history, visit the Westland Public Library or call (734) 326-6123. You can also search the online catalog at www.westlandlibrary.org.

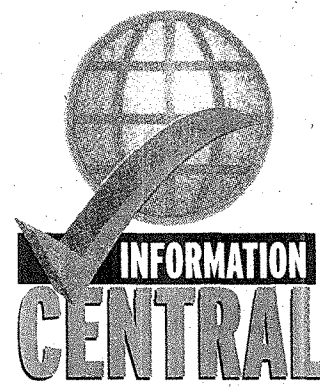
Highlighted Activities

Friends of the Library Used Book Sale: Nov. 19-21 (Nov. 18, Preview Sale for members only)

Get books for great prices! All proceeds go to the Friends of the Library who help support and promote the Library and its mission.

Trigger Point Therapy: A Home Stress Reduction System: 7 p.m. Nov. 15

Learn an effective method for reducing physical stress by focusing on Trigger Points. Find out how to locate them on a person and how to



relieve them easily and quickly. Learn the relationship between stress, trigger points and their effects on health. This program will be conducted by Dr. Brian K. Brackney of the Foundation of Wellness Professionals. Sign up at the Reference Desk.

NaNoWriMo: Writing Night: 6 p.m. Nov. 16, Adults and Teens

Novel-writers of the world unite! Or at least make your way to the library to get away from all the distractions that are forcing you to not finish National Novel Writing Month. Newbies and those curious are welcome, but be prepared to talk a little and write a LOT! Meeting every Tuesday from 6-8:30 during the month of November (See Reception for room details).

Adult Book Discussion Group: 7 p.m. Nov. 16

Join us as we discuss "The Tempest Tales" by Walter Mosley. Tempest Landry, an everyman African American, is "accidentally" killed by a cop. Denied access to heaven because of what he considers a few minor transgressions, Tempest refuses to go to hell. Stymied, St. Peter sends him back to Harlem, where a guiding angel tries to convince him to accept St. Peter's judgment, and even the Devil himself tries to win over Tempest's soul. Copies of the book will be available at the Reference Desk. All are welcome.

Westland Writers Workshop: 7 p.m. Nov. 16, Adults and Teens

Do you have a piece of writing that you need help with? WWW critiques individual's writing in a workshop setting. All genres accepted (fiction, poetry, memoir, etc.). We will tell you what is what is working with your piece, as well as what needs improvement. You must attend one session before your writing will be reviewed.

To register, visit the Reference Desk or contact andy.schuck@westlandlibrary.org.

Open Mic with Emcee John Latini: 7 p.m. Nov. 18, at Biggy Coffee (location change this month)

Let your muse run wild at our friendly Biggy Coffee shop, 37644 Ford Road, with bluesman John Latini. Writers, poets, singers/rappers, bands, performers of all sorts are welcome. Sign up in advance at the Reference Desk or just show up at Biggy ready to perform!

Friday Movie Night: "Winter's Bone," 7 p.m. Nov. 19.

Stop by the library every Friday evening for a screening of a recently released movie. This week's movie is "Winter's Bone." An unflinching Ozark Mountain girl hacks through dangerous social terrain as she hunts down her drug-dealing father while trying to keep her family intact. Rated R. No registration is required. This is an after hours program. Library doors open at 6:30 p.m. Refreshments will be available.

Job Seekers Lab: 11 a.m. to 1 p.m. Tuesdays, 5-8 p.m. Wednesdays and 1-4 p.m. Fridays

Have a question regarding formatting your resume, setting up an e-mail account, attaching your resume to an online application, searching for a job, or any other job-related activity? Stop by the library, where computers are set up specifically for job seekers. A librarian will be available to help. Drop in. No reservation needed.

Drop-in Knitting Nights @ the Library: 7 p.m. every Wednesday. Everyone welcome, including crocheters.

Chess Group, 7-8:45 p.m. Thursdays and 1-4 p.m. Saturdays.

Like to play chess? Want to get better? Come to the library and play a couple of games. Bring your own board or use one of ours. Novices to Chess Masters are all welcome. No signup required.

Computer Classes are offered all year long. Contact the library at (734) 326-6123 to find out more.

Information Central was compiled by reference librarian Liz Waun. The William P. Faust Public Library is at 6123 Central City Parkway, Westland. For more information, call (734) 326-6123 or go online to westlandlibrary.org.

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EDUCATION

Sunday, November 14, 2010

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WIND

FROM PAGE A1

gies program that offers hands-on training on green careers. At the heart of the program is the equipment acquired through a \$1 million Renewable Energy Education Grant offered through the state of Michigan.

The park includes three wind turbines — a 33-foot tall Sky Stream wind turbine erected near the gazebo between the center and the district's administrative offices; the Cascade SWIFT, which is mounted on the south side of the center near the auto technology; and a four-foot tall Bergey turbine, which is being used in the classroom. There also is a solar array panel set up near the Sky Stream, biofuel equipment, a biomass converter and a weather station.

"It's hands-on, it's really exciting," Gonzalez said. "At first I thought it was robotics, but when I heard it was alternative energy, I jumped in. I plan on going into alternative energy after I'm out of school."

State, school and local officials toured the park, stopping to hear from the students.

"This is incredible," Westland Mayor William Wild said. "These are the jobs of the future. The students seem very excited and are very knowledgeable."

During his time in office, Wild has established a Mission: Green program aimed at cutting Westland's carbon footprint. His go green push prompted city Controller William Gabriel to point out the mayor to Gonzalez.

"You need to pitch it to the mayor that we need wind turbines and solar panels to reduce energy costs," said Gabriel, who also is a Wayne-Westland school board

ALTERNATIVE ENERGY TECHNOLOGY

The Alternative Energy Technology class at the William D. Ford Career Technical Center is designed to introduce and develop the basic skills necessary to succeed in new "green" and high-tech programs. Students explore the basic concepts of solar power and its applications with an emphasis on photovoltaic systems. They also analyze the modern application and utilization of wind power, concentrating on the use of different-sized wind turbines for use in urban, rural and industrial areas. The course also explores biomass production and includes alternative fuels used in generating electricity.

The training offers a choice of occupations — electronics mechanic apprentice, consumer engineering specialist, electronics tester/assembler, electro/mechanical technician, panel wiper, prototype technician, solar panel or wind turbine installer and solar panel or wind turbine repair and maintenance technician.

member.

"Solar and wind power can get energy costs down, but not without a cost. It takes time to get these things going," Gonzalez said. "As technology improves, the cost will go down."

Brion Dickens of Woodland Wind LLC in Pigeon had the task of installing the equipment. In fact, he has the job of installing the same setup at 15 schools around the state which received the grant. With Wayne-Westland's done, he has 13 more to do by next May.

"When we do biomass, there's

nothing more exciting than to see students shredding books and creating pellets and then tell them it'll heat the superintendent's office. It puts a smile on their faces," he said. "One day when we have kids playing on a playground under a 65-kilowatt turbine, that will be the norm."

"Michigan undeniably is going green, and Wayne-Westland and the William D. Ford Career Technical Center must stay on the cutting edge to prepare students for the jobs of the future and this equipment does just that," said Steven Kay, the center's principal.

Wayne-Westland School Supt. Greg Baracy told guests that the district has and will continue to go green.

"It's a pathway for our students to successful jobs now and the ones we don't know exist in the future," he said. "Integral part of what we do is to prepare them for the future and we have to adapt our curriculum. Wayne-Westland will continue to prepare our students for green jobs."

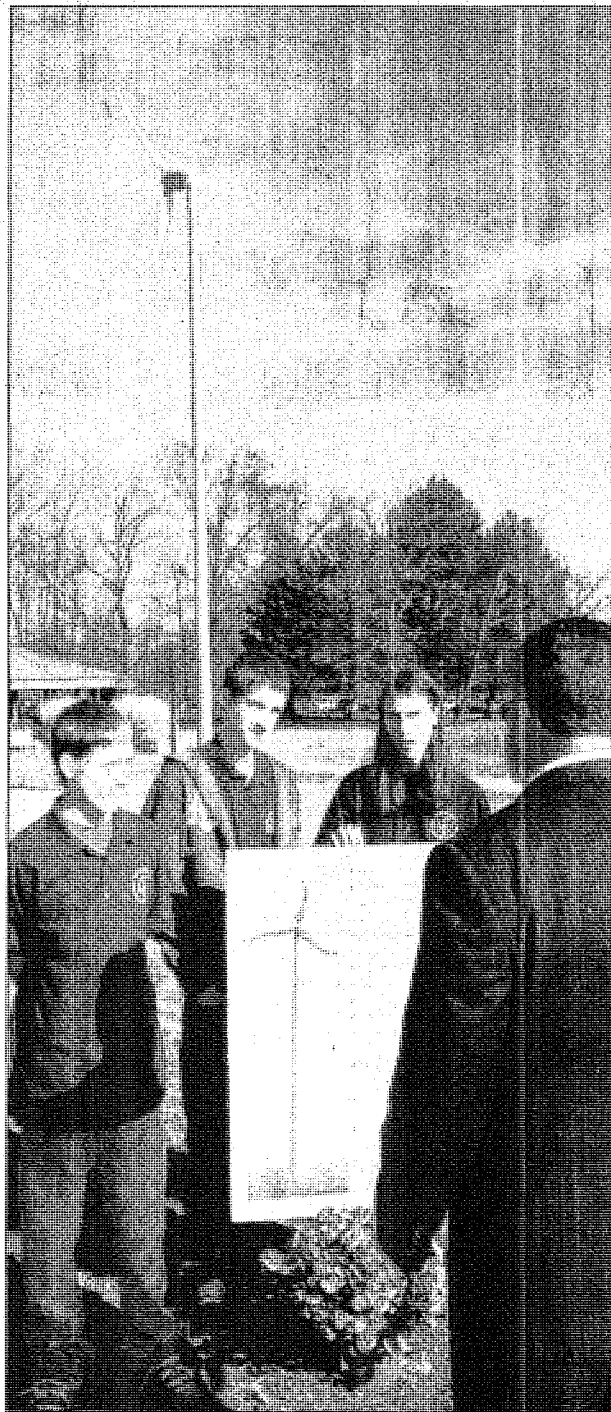
The Alternative Energy Park is a work in progress. Yet to be built is a green house with solar panels, according to Nolan Edwards, a junior at Lutheran High School Westland, who was fielding questions about the Bergey turbine.

"Going into alternative energy includes robotics and electrical. With this you get a lot more time to learn," he said.

Pointing out that Germany is leading the way on solar power, Gonzalez noted that the United States should not buying all of its energy needs.

"We shouldn't take it all in and not give anything back," he said. "That's why this is so great for the environment."

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Students Alex Baracy, Chris Meade and Fence Jackson give Wayne-Westland School Superintendent the particulars of the Sky Stream wind turbine behind them.

NORWAYNE

FROM PAGE A1

demolished dilapidated properties.

"I think it's fabulous. It's the missing link in what we have been trying to do in Norwayne," Inglis said. "When Neighborhood Stabilization came out, it was rush, rush, rush to get the program; rush, rush, rush to buy properties. There was no talk of involving residents. I should have thought of this — it was tickling at the back of my brain."

Having recently been talking with Mayor William Wild about working with the Norwayne community, Inglis was pleased when Johnson contacted her.

"You can't change a community without working with the community. I'm thrilled that Hank has all this passion and initiative," Inglis said. "We have had so much emphasis on the physical and not the humanitarian."

The group will meet again at 5 p.m. Jan. 10 at the Dorsey Center. In the meantime, Johnson is putting together a newsletter that will include information on a support program that might be useful to Norwayne residents.

"I'm also looking for historical photos of Norwayne," Johnson said. He can be reached at (734) 444-8344.

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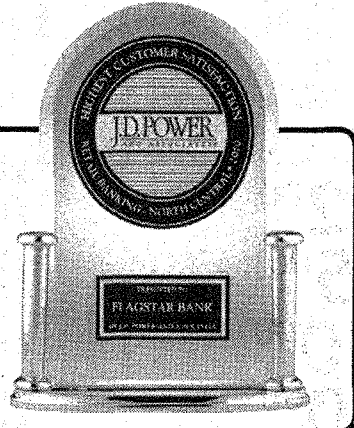
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"They have to get better for independent living," said Monika Sarin, Occupational Therapist. "I know I can change their lives and make a difference in what they do."

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Garden City woman has emotional Vets Day as husband deploys

BY SUE BUCK
OBSERVER STAFF WRITER

Veterans Day especially tugged at Emily Smith's heart this year.

That's because she just said goodbye Nov. 4 to her husband Sgt. Tony Smith. He was deployed and will be sent off to Afghanistan in mid-December after training in Texas.

"About 30 people from the community came to my house," said Emily Smith, who has lived in Garden City for four years. "I was overwhelmed by the support from the community. I wasn't expecting it. I was touched."

Interim Garden City Fire Chief Catherine Harman helped to plan the sendoff.

Sgt. Smith is a 20-year service member of the Army National Guard serving out of the 1776 Military Police Company in Taylor.

He and his wife, Emily, who was also a sergeant in the 1776 Military Police sister company out of Pontiac, were deployed in Kuwait and Iraq, serving from May 2003 to August 2004.

Both of their units were activated during Hurricane Katrina and served in that operation in support of the relief effort, according to Harman.

Emily Smith said that one of her greatest honors while serving her country was it afforded her the opportunity to serve American citizens. Having



Father-in-law Kevin Thren, Sgt. Tony Smith, his wife, Sgt. Emily Smith, and his mother-in-law Cindy Thren bid adieu to Tony who is headed for deployment in Afghanistan.

served six years with the National Guard, Emily is now studying nursing at Madonna University in Livonia.

Tony Smith has an 8-year-old daughter, Hannah, and a huge extensive family that love and support him, but many are out of state and could not attend the sendoff, Harman said.

Members of the Garden City Fire Department, the Garden City Police Department and the American Legion Garden City Post, along with council member Joanne Dodge and her husband, and the Smiths' friends and neighbors came out that after-

noon to spend time with Tony and Emily.

That's why Emily appreciated the Veterans Day ceremony Nov. 11 in Garden City.

"It was kind of hard for me because of my husband going," she said.

She has been able to talk to Tony because he is still in Texas. "When he goes to Afghanistan, I don't know how we are going to communicate," she said. "They have the Internet there, but they don't know to what extent or how many computers they have."

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Members of the American Legion Riders and other veterans surprised Sgt. Tony and Emily Smith with a surprise sendoff for Tony who will be deployed to Afghanistan. Interim Garden City Fire Chief Catherine Harman (second from left) helped to plan the event Nov. 4.



Among those gathering to send off Sgt. Tony Smith were Garden City Fire Engineer Scott Marinkovich (left), Garden City police Sgt. Kirk Oswald, Detective Sgt. Ray Glenfield, Lt. David White, Detective Sgt. Ronald Umbarger (in rear), Police Chief Robert Muery (rear), Interim Fire Chief Catherine Harman, Fire Capt. Clinton London (yellow reflective coat), Firefighter Randy Keen (rear), Fire Lt. Corey Chandler, Councilmember Joanne Dodge and Dr. Emily Penn.

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Woman reports two thefts by visitors

A woman who lives in the 31500 block of Krauter called police twice to complain that two male acquaintances on separate occasions took money from her while they were in her apartment on Nov. 8.

In the first incident which occurred before 3 p.m., a witness in her apartment reported that a man took \$250 from the woman's pants pocket while she was taking a shower.

Obtaining a description of the man, the police were able to find the man sitting at a nearby bus stop at Ford and Dillon.

He had a white bag with his personal belongings beside him.

The suspect admitted taking money from the woman and that he also stole her Bridge card, a credit card, a Michigan ID card and some of her DVDs.

Upon further investigation, the police learned that he had a fail to appear warrant from 28th District Court in Southgate and he was arrested.

In a second incident reported about 10 p.m. the same day, the woman, now intoxicated, accused another man of taking \$250 from her pants pocket while she was sleeping.

When the police asked the woman how she knew this happened if she was sleep-

COP CALLS

ing, the woman said that she believed that the man stole the money sometime during the time they were having sex.

The man was described as about 24 years old with an unknown address. There was little other information about him.

Theft

Officers were flagged down by people in a Chevy Suburban in the area of Elmwood and Gilman about 11 p.m. Nov. 9.

They said that a vehicle owner in the 6300 block of Helen saw a man on a bicycle slit the cloth top on his Jeep.

The Jeep owner went after the bicyclist but wasn't able to find him. The police found two half filled prescription bottles of medication which belonged to the Westland Jeep owner. He also reported that a mag flashlight and a pair of sunglasses were stolen from the Jeep.

Fraud

A 55-year-old Garden City man said that someone used his company credit card to make a purchase sometime between Aug. 1 to Oct. 31 without his per-

mission. He said realized that in that the July credit card was missing. Because he travels a lot, the man said he didn't notice the charges immediately.

His neighbor takes in his mail while he travels but the man didn't suspect the neighbor of wrongdoing.

Someone fraudulently made purchases with the credit card at the Kroger store in Garden City, a Speedway station and at a CVS Pharmacy.

Suspended license

A officer working in the Middlebelt and Dawson area said that when he ran a license plate Nov. 8, he wasn't able to find any information about it in the computer system.

He found that the 31-year-old Inkster woman who was the driver, also had numerous suspensions on her license and she was arrested.

Stolen trailer

A resident who lives in the 39712 block of Elmwood reported that someone stole his trailer before 8 a.m. Nov. 8 by removing a lock. It contained several items including an all terrain vehicle and a spare tire.



Joy Harper and Jeri Davis show off the make-up bag that patients receive and one of the sample products through the "Look Good... Feel Better" program.

'Look Good ... Feel Better'

A little makeup helps cancer patient

Like most women, Joy Harper of Westland loves to look her best when she leaves her house. She puts on her makeup and instantly feels good. Her commitment to feeling and looking her best is even stronger this year after being diagnosed with lung cancer and undergoing chemotherapy and radiation.

"Joy always looks beautiful, she is always wearing makeup and has a variety of different scarves that she wraps around her head," said Jeri Davis, Botsford Cancer Center social worker. "Her scarves are always coordinated perfectly with her outfits. Because of her strong commitment to always look her best, I knew she would love the American Cancer Society's Look Good ... Feel Better program that we offer at Botsford."

The Look Good ... Feel Better program provides information and cosmetic advice to women battling cancer. The program is free, supportive, informative, and includes hands-on instruction on makeup, skin care and suggestions for using wigs, turbans and scarves. In addition, a gift bag with popular skin

care and makeup companies is given to all participants.

When Harper attended the program in August, she was one of 10 participants undergoing breast or lung cancer.

"We were all going through different stages of treatment and were losing hair at different rates, but like most women we all wanted to look and feel our best," Harper said. "I was the only woman that came in with makeup on, and I told the group that this is one small way that I can feel better and not look like a cancer patient."

"The class was extremely beneficial and great fun, it was like a grown-up makeup party and reminded me of the times my granddaughter would put makeup on me," she added.

People do not have to be a Botsford patient to attend. Those interested in attending a Look Good ... Feel Better program at the Botsford Cancer Center can call (248) 471-8120. You do not have to be a Botsford patient to attend.

Botsford Hospital is a multi-specialty community hospital with 330 licensed beds located in Farmington Hills. For more information, go online to www.botsford.org or www.twitter.com/BotsfordNews.



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Prizm gives hope to pain sufferers

BY DARRELL CLEM
OBSERVER STAFF WRITER

Michael Adams has suffered debilitating back pain since he fell off a roof three years ago while repairing an air conditioner.

Adams, 50, isn't sure he'll ever get to return to his building maintenance job, but he longs to ease his chronic pain enough to do simple chores like mowing the lawn.

He and wife Monica have new hope after finding Prizm Pain Specialists, a new Canton-based medical center at 6200 N. Haggerty, north of Ford.

"I'd love to get rid of the pain," Adams said, "but I'd be tickled to death if I can just reduce it by 50 percent."

His latest hope comes from a small device — a spinal cord stimulator — that one of Prizm's doctors, Jeffrey Rosenberg, expects to implant in his back. It delivers tiny doses of electricity to transform the pain into a signal the brain interprets as a pleasant sensation.

"He'll feel a humming instead of pain," Rosenberg said. "One patient described it to me as a warm humming."

Adams will get a hand-held device he can use to turn the spinal cord stimulator on or off.

"He'll have a remote control," Rosenberg said.

It's only one of many approaches Rosenberg, business partner Dr. Jeffrey Kimpson and nearly 30 other employees offer at Prizm, a former Allstate insurance claims center transformed with \$3.5 million into an 18,000-square-foot pain-management center.

Prizm incorporates medical, behavioral, pharmaceutical, physical, interventional and therapeutic disciplines to treat pain, whether it's caused by injuries, cancer, chronic headaches, wounds, multiple sclerosis, shingles, arthritis, degenerative disc disease, diabetic neuropathy or other medical conditions.

One patient may need pain medication or injections, another may benefit from psychiatry and still another may opt for alternative medicine such as acupuncture, said Michael Humphries,

a registered nurse, Prizm executive director and practice manager.

Prizm continues to roll out its broad-based approach to easing pain, and coming weeks will bring amenities such as a yoga center and a pharmacy for a 500-plus patient base that has steadily grown since the center opened in September. Rosenberg said pain not only causes physical discomfort, it also often leads to emotional despair and depression.

Patients as young as 18 have sought treatment at Prizm, Humphries said, "and our oldest patient right now is 97."

Statistics indicate that over 22 percent of American adults suffer from severe chronic pain, and the National Institute of Health has said 39 million people can't find relief.

With that said, Humphries said anyone seeking to dupe Prizm just to abuse prescription drugs or sell them should forget it.

"We're very strict with prescribing narcotics," he said.

Consider how:

- Patients sign an elaborate contract that sets rules for appropriate use of drugs.
- Prizm has access to a database to track prescriptions written in Michigan.
- Medical personnel closely monitor quantities of medications prescribed.
- Random drug screening is used to ensure patients are taking only prescribed doses of drugs. This also helps guard against people who might seek drugs, not take them and sell them.

"Our purpose is to improve the quality of life for our patients and not to have drugs sold on the street," Humphries said.

Rosenberg, meanwhile, said it is his goal — and that of other Prizm employees — to improve the quality of life for patients like Michael Adams, whose back pain has persisted for three years. Rosenberg said patients deserve a chance to enjoy their families, take their dogs for walks, remain as productive as possible.

"We want to give them hope," he said.

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Canton Muslims eye another worship center

BY DARRELL CLEM
OBSERVER STAFF WRITER

A proposed Canton Islamic Center, giving area Muslims another place to worship, could move a step closer within two weeks as the township's elected officials decide a special land use request for a site off Ford Road west of Canton Center.

Muslim leaders hope to convert a ranch house situated between two businesses — the Ford Road Auto Clinic and Canton Power Equipment — into an Islamic Center where no more than 50 people would gather for services.

The proposal comes as the growing Muslim Community of Western Suburbs, with a mosque and school on the northwest corner of Palmer and Lotz, seeks a second place in Canton where area Muslims can worship.

The Canton Township Board of Trustees is expected to decide a special land use request during its Nov. 23 meeting, following a 6-0 vote of support the Islamic Center received Nov. 1 from the local planning commission.

Some who work or live near the proposed site have indicated support for the project.

"I have no problem with it," auto clinic owner David Henneberry said on the night Islamic Center supporters packed the planning commission meeting. "You guys are all neighbors,

and there's going to be more neighbors it looks like. Just as long as we live together good and everything goes smooth, I have no problem with it."

However, some residents from nearby Cobblestone Ridge didn't appear as receptive to the plans.

"I have serious objections about how the traffic is going to work," resident Matthew Stacey said, suggesting the Islamic Center would be better suited in a commercial district.

Angela Wolosiewicz, township planner, said the project's conceptual plan includes a new bypass lane on the south side of Ford Road to allow traffic to go around vehicles waiting to turn into the Islamic Center on the north side of Ford. However, she said any required improvements would be dictated by the Michigan Department of Transportation.

In a separate matter, construction crews this summer already have been working to improve the nearby Ford-Beck intersection, though wider lanes don't stretch to the proposed Islamic Center site.

Township Treasurer Melissa McLaughlin, also a planning commissioner, said the Islamic Center locating in a residentially zoned neighborhood would be no different than most other religious institutions.

"They typically always are located in a (residential) neighborhood," she said. Jim Campbell, a resident who lives

just north of the site, sought assurance that pine trees wouldn't be removed so his property would continue to be shielded. Township officials said the trees would remain.

"I don't mind churches, synagogues, mosques, etc.," Campbell said. "I'm just voicing a concern as an immediate neighbor about property values, such as they may be nowadays."

Muslim representatives have said small numbers of people would worship for brief periods at various times during the day, though not typically during rush-hour times. At most, they have said, no more than 50 people would attend the busiest services Friday evenings.

Muslim leaders have said those who worship at the site will include professionals — doctors, engineers and others — who live in or near Canton and who want good things for their community. According to township officials, the new Islamic Center would include prayer rooms for men and women, as well as four offices.

Meanwhile, the expected vote Nov. 23 by the township board would be only the latest in a series of decisions. If officials approve the special land use, then Muslim leaders still have to come back to the planning commission and the township board to seek approval for a detailed site plan.

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Accounting Aid Society needs tax volunteers

Volunteers interested in preparing income taxes for low to middle income neighbors for the upcoming tax season can register now for training with Accounting Aid Society.

Accounting Aid Society is the largest free volunteer income tax assistance preparation service in Michigan and has more than 35 years of tax experience. This year, the nonprofit agency prepared taxes and credits for more than 17,600 households in Wayne, Oakland, Macomb and Livingston counties and returned \$21.2 million to the region. The average refund was \$1,300 — money saved and spent locally that helped struggling families, seniors and other neighbors stay in their homes, keep their utilities turned on, put food on the

table and save for the future.

Training consists of tax law and tax software and is available at nine locations in the tri-county area, including local colleges and universities. Training is for those expected to prepare taxes free of charge and are not designed for paid preparers expecting to charge clients for services.

Tax volunteers will be able to choose to serve at more than 20 free tax locations Accounting Aid Society will operate during the main January through April tax season, and at five year-round tax centers.

For more information and to register, go to Accounting Aid Society's website at www.accountingaid.org or call toll-free (866) 673-0873.



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Historian helps engineer automotive book fair

BY GREG KOWALSKI
ECCENTRIC STAFF WRITER

Charlie Hyde knows the history of automobiles, but it's the men behind them that he finds most fascinating.

"It's an interesting collection of people," he said. Henry Ford lords above all the rest, but there were so many more, like Charles Nash, whom Hyde described as "very admirable... a guy who was honest, modest and never had great ambitions."

Then there was Walter Chrysler, who refused to live in the Auto Capital of America because it couldn't compete with Broadway in New York City. So he commuted by train, spending weekdays somewhere (no one is sure exactly where) in Detroit and weekends in the Big Apple.

Hyde's favorite? The Dodge brothers. "They were so contradictory," he said. John and Horace Dodge were known for a time as much for their drinking and brawling as their engineering skills.

Hyde knows all their foibles. He wrote perhaps the definitive book on them: *The Dodge Brothers: The Men, the Motor Cars, and the Legacy*. He also authored two other highly regarded books on the auto industry: *Riding the Roller Coaster: A History of the Chrysler Corporation* and *Storied Independent Automakers: Nash, Hudson, and American Motors*. The latter book won a prestigious Society of Automotive Historians award in 2009.

You can meet Hyde, along with more than two dozen other auto authors, at the Automotive Authors Book Fair, set for 2-5 p.m. Saturday, Nov. 20, at the Skillman Branch of the Detroit Public Library, 121 Gratiot, in Detroit.

Hyde, a Royal Oak resident, founded the book fair with Birmingham auto enthusiast and author John Bluth five years ago. Bluth died a few years ago, but the book fair he helped start is bigger than ever.

"We noticed that there were other types of book fairs," Hyde said. And with Detroit's association with the auto industry, an automotive book fair was a natural. The fair has grown each year. Last year's fair drew about 300 people. "We're hoping to improve on last year's turnout," Hyde said.

There's a lot to entice fans of automobiles. Participating authors span the spectrum of products, from Randy Leffingwell's books on the Porsche to John Vuic's examination of the Yugo — "the worst car in history."

The authors will sign and sell books. Guest speakers will include Arthur Einstein, author of *Ask the Man Who Owns One: An Illustrated History of Packard Advertising*, and Paul Ingrassia, author of *Crash Course: The American Automobile Industry's Road From Glory to Disaster*.

The fair is free and there is free parking in the area and for \$5 at the Compuware visitor lot next door.

HISTORY LESSON

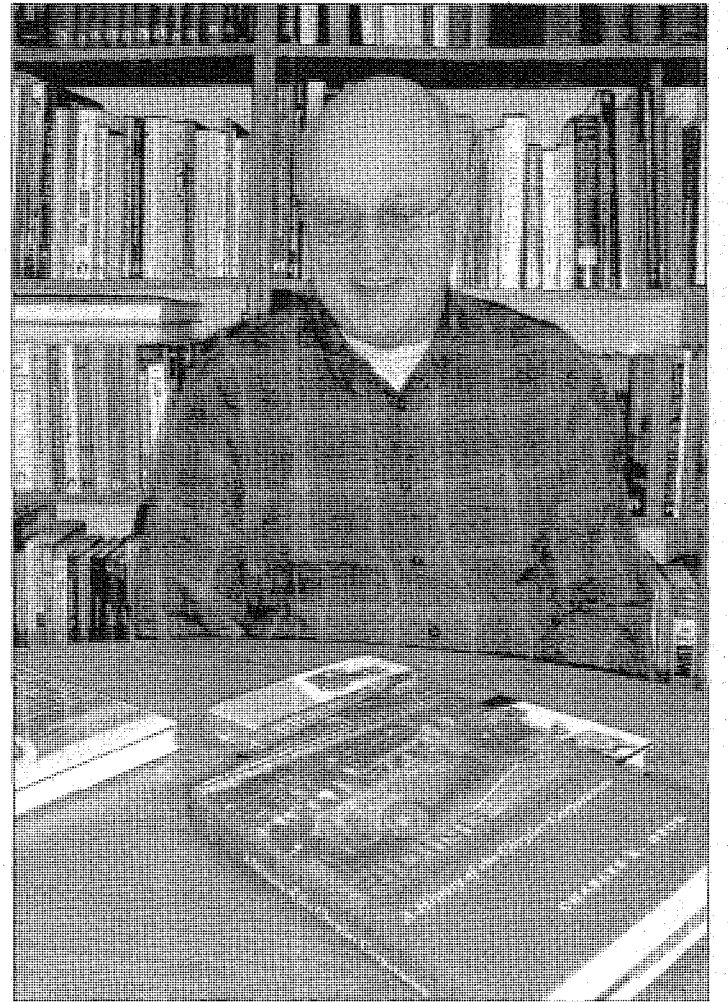
Hyde taught history at Wayne State University for 40 years before retiring recently. "When I came to Detroit, I didn't have any particular interest in the auto industry," he said. "Then I got interested in the abandoned auto factories."

He was hired by the Chrysler Corp. in the early 1980s to document the old Dodge Main plant, which was being shuttered at the time. Given access to the normally closed Chrysler archives, he got a unique look into the auto industry.

And he was hooked. Over the years, he developed a reputation as an expert on the companies and characters who made the cars.

"It has been a cutting-edge industry for a long, long time," he said. Unlike other consumer products, cars carry a special connotation — they sport their creators' names.

You can learn all about them at the Automotive Authors Book Fair.



Charlie Hyde is an authority on the auto industry. He will be among those at the Automotive Authors Book Fair Saturday.

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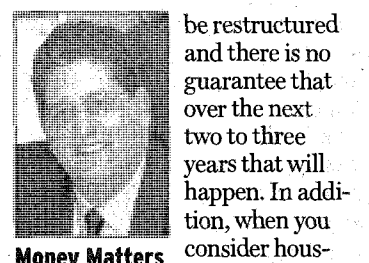
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Buying retirement home too early can be risky

Dear Rick: I got divorced a few months ago and have received my property settlement. In addition, I have to be out of the house by the end of the year. I'm not sure whether I should buy or rent at this point in time. I am in my early 60s and I plan on working for another two to three years. After that, I want to move to either Arizona or Florida. I have enough from my property settlement to pay cash for a house. My feeling is that since property is so low here in Michigan, I might as well buy something and then sell it a couple of years down the road. Do you think this makes sense or is there something else you would suggest? I am thinking that it may make sense to buy a place in Florida or Arizona, too. What are your thoughts?

A: I don't recommend buying anything. Take the money and invest it. Considering that you are only going to live here another few years, buying in Michigan doesn't make sense. I know you're thinking that with homes so inexpensive, it seems logical that property will increase over the next few years. I don't agree. I would love to say that housing prices will start rising once again, however, I can't be certain of that.

Michigan's economy needs to



be restructured and there is no guarantee that over the next two to three years that will happen. In addition, when you consider housing prices in general, banks are still foreclosing on homes in southeast Michigan and throughout the country. And as of yet, many of those foreclosed homes are not back on the market. As those homes gradually enter the market, it will have a negative impact on home prices. Let's face facts — Michigan has lost population and with high unemployment it could be a while before property values start moving upward again. Based upon all of these reasons and that you're only going to be in the house a few years, it makes no sense to buy in Michigan at this point in time.

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at money matters@hometownlife.com. For more information, visit Rick's Web site at www.bloomassetmanagement.com.

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AROUND WESTLAND

Card party

A Holiday Card Party will be held 6:30-10 p.m. Friday, Nov. 19 at SS. Simon and Jude Church, 32500 Palmer, Westland. There will be door prizes, a 50-50 raffle, a light meal and snacks. The cost is \$8 per person.

Food for Fines

The William P. Faust Public Library is letting patrons pare down their fines by donating non-perishable, unexpired food that will be donated to Gleaners Food Bank and be re-distributed to Westland area food shelters.

Between Monday, Nov. 22 and Thursday, Dec. 23, library patrons will be able to reduce their fines by \$2 by donating one item. The limit is \$20. Donations cannot be used for lost or damaged items.

To get fines reduced, bring goods to the Circulation Desk. Non-fine related food donations also will be accepted at the Circulation, Reference and Children's Service desks.

For a full list of accepted items, stop by the service desks. Cash donations also will be accepted at the Circulation Desk or online at www.gcfb.org.

The library is on Central City Parkway, north of Ford Road. For more information, call (734) 326-6123.

Bowling benefit

The Wayne-Westland Soccer League's U11 Girls She-Devils is having a bowling fund-raiser at 10 p.m. Saturday, Nov. 20, at Town N Country Lanes, 1100 S. Wayne Road, Westland, to raise money for indoor soccer, professional training and equipment.

The cost is \$20 per person and includes three games, shoe rental, pizza and door prize entry. There also will be a 50/50 raffle, mystery game and other raffle prizes donated by local businesses.

For more information, call Coach Chrissy at (734) 674-2685 or go online to www.facebook.com/WayneWestlandSheDevils.

Cards for soldiers

The Westland Jaycees will be at the Westland Shopping Center 6 a.m. to 10 p.m. Friday, Nov. 26, for their annual Holiday Card Signing for our Troops.

This will be the fourth year that the Westland Jaycees will be sending holiday cards to the troops, and they're looking for help to meet their goal of 3,000 cards this year. Teachers can have their students make cards and bring it to the mall that day, and people in offices and factories can also sign cards and bring them in. The Jaycees also will have cards available that day for signing.

People bringing in signed cards should leave them unsealed, a requirement for all of the branches of the armed services.

For more information, call Debi Goetz at (734) 626-0067 or visit the Jaycees website at www.westlandjaycees.org.

Ladies Night Out

St. Damian School is hold a Ladies Night Out 6-9:30 p.m. Friday, Nov. 19, in the gymnasium/community room.

Come for a night of pampering and shopping for the holidays or that special someone. Manicures and massages also will be available as well as a variety of vendors. The \$5 admission includes finger foods, desserts and refreshments. A cash bar will be available.

Youth must be 13 years or older to attend event with adult. St. Damian School is at 30055 Joy, east of Merriman, Westland. For more information, call (734) 427-1680.

Men's Club fund-raiser

Clean out those old, unwanted, unused or broken jewelry items and put some money in your pocket when the St. Theodore Men's Club hosts a Discount Jewelry fund-raiser 8:30 a.m. to noon Sunday, Nov. 21, at the Parish Center at 8200 N. Wayne Road.

Discount Jewelry will be buying unwanted, unused jewelry including gold, platinum, silver jewelry, diamonds, gold watches, Rolex watches and collectable gold or silver coins in any condition, as well as major collectables and antiques. The jeweler will be donating 20 percent of the overall purchases in the form of cash back to the men's club.

For more information, call (734) 266-8200.

Office hours

Wayne County Commissioner Joan Gebhardt, D-Livonia, will not hold regular offices hours in the 12th District in December. When the sessions return in January, she will not be meeting at Starbucks Coffee in Westland.

Gebhardt, who represents south Livonia, Inkster and Westland, will be at:

- The McDonald's restaurant (27125 Cherry Hill Road, Inkster, at noon the first Monday of the month.
- The William P. Faust Public Library, 6123 Central City Parkway, 6-8 p.m., both on the second Monday of the month.
- Biggby Coffee, 33328 Plymouth Road, Livonia, at 10 a.m. the fourth of the Monday of the month.

Lions Club

The Westland Lions Club meets at 11:45 a.m. the second and fourth Mondays of the month at Logan's Roadhouse on Ford Road in Canton. For more information, call Debbie Dayton at (734) 721-4216.

Glow skate

Enjoy some glow-in-the-dark fun at Westland's Mike Modano Ice Arena 8-9:20 p.m. for Friday Glow Skate. The cost is \$3 for kids and \$4 for adults. Skate rental is \$3.

The arena also offers open skating 1:30-3:20 p.m. Saturdays. The cost is \$4 for kids, \$5 for adults and \$3 for skate rentals.

The arena is at Wildwood and Hunter, east of Wayne Road. For more information about ice arena programs, call (734) 729-4560.

GARDEN CLIPPINGS

Comedy fund-raiser

A comedy show fund-raiser will be held 7:30-9 p.m. Sunday Nov. 21, at Albert's on the Alley, 5653 Middlebelt to support the Garden City Gladiators in their quest to go to the Cooperstown Dream Park.

The show is for those age 18 and older. Ben Creed hosted by comedian Kevin Kramis, and there also will be 50/50 and raffles. Tickets are \$20 and are on sale now. Purchase them from any Gladiator or at Albert's.

For more information about the park, go online to cooperstowndreamspark.com.

Craft Show

The public is invited to attend a Vendor/Craft Show and Bake Sale 11 a.m. to 6 p.m. Saturday, Nov. 20, at American Legion Post 396, located at 6860 Middlebelt, south of Warren Road, Garden City.

Pub Crawl

Tickets are now on sale for the Garden City St. Practice Day Pub Crawl Saturday Nov. 20. The crawl starts at 5:30 p.m. Tickets are \$25 and includes a bus to take you to six local pubs, T-shirts to keep and wear, a kickoff buffet at the Sports Venue and drink specials at each pub. The six participating pubs are Sports Venue, Albert's on the Alley, Joe D's, M's Gathering Place, American Legion and Rogala's.

For ticket information, call Betty at (734) 334-0334.

Family Concert

The Lathers Child Development Center will host Jim Gill's Family Room Tour 6:30 p.m. Wednesday, Dec. 15, at Garden City High School's O'Leary Auditorium, 6500 Middlebelt, north of Ford.

Gill is an award winning author and musician who bangs out energetic rhythms on his banjo while everyone claps, jumps, dances and even sneezes along. The concert is filled with songs from his recordings and features a read-along and sing-along of his musical books for young children.

Seating is limited. Tickets cost \$5 each and go on sale Nov. 8. Purchase tickets at the Lathers Early Childhood and Kindergarten Center, 28351 Marquette.

For more information or to purchase tickets, call Sonya Griwicki, childcare director, at (734) 762-8440.

Holiday craft show

Garden City Middle School will be hosting a Holiday craft and vendor show 9 a.m. to 3 p.m. Saturday, Dec. 11. There will be more than 50 tables of your favorite home vendors, such as Tupperware, Avon and Tastefully Simple, as well as home made crafts. There also will be door prize raffles, 50/50 drawing, bake sale and concessions.

Admission is \$1, which includes a free raffle ticket. Garden City Middle School is at 1851 Radcliff, south of Ford. For more information or table availability, e-mail Sheryll at vendor-

show@gmail.com. All proceeds will benefit the middle school's PBS program.

Museum fund-raising

The Friends of the Museum are continuing their fund-raising efforts, selling engraved brick pavers and renting the Grande Parlour for social and business occasions.

The bricks are \$50 for the 4-inch by 8-inch size that has up to three lines. The 8-inch by 8-inch bricks are \$75 and have room for up to six lines of text.

The Lathers General Store is open from noon to 3 p.m. Wednesdays and Saturdays, offering a variety of collectibles and gift items. Call (734) 838-0650 for more information or visit www.sfonline.org.

Free testing

As a service to the community, the staff of Garden City Hospital's Community Services offers blood pressure testing, free of charge, on a bi-weekly basis to senior citizens at the Maplewood Community Center, located on Maplewood just west of Merriman. Testing will be available at 10:30 a.m. Wednesday, Nov. 3 and 17. For more information, call (734) 458-4330.

Office hours

Need to talk with Garden City Mayor Randy Walker? You'll find him Tuesdays at Garden City Hall. Walker will hold office hours 4:30-6 p.m. Residents can schedule an appointment by calling Administrative Assistant Margo Ciecierski at (734) 793-1660.

Shop online

Help Garden City Schools support its staff and students whenever you shop at Amazon.com.

Simply follow the link at the bottom of the district's website — www.gardencityschools.com. A portion of any resulting purchases will be returned to Garden City Public Schools. Products do not cost any more by using the link, and residents don't have to do anything more than click on the link to start shopping.

Donations sought

Have a used video, book or DVD you looking to pass on? Well, consider donating it to the Garden City Library which is looking for donations of books, videos and DVDs in good condition. For more information, call the library at (734) 793-1830.

Recycle for cash

Drop off used ink jet cartridges, cell phones, digital cameras and similar items at City Hall. Garden City Charities, a group formed by city staff, sends the items off to be recycled by Cartridges for Kids and gets cash in return. Money raised by Garden City Charities benefits local organizations.

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Redford native Proben among golf's elite

BY JIM TOTH
OBSERVER STAFF WRITER

Grip it, rip it and win it? Maybe it wasn't quite that simple, but that certainly was the formula used by Redford native Thomas Proben to bring home the title of World Champion from the 2010 RE/MAX World Long Drive Championship recently concluded in Mesquite, Nev.

With bombs off the tee traveling better than 360 yards, Proben was able to get past three-time champion Mike Gorton in the semifinals and outduel longball-hitting Miguel Jaime in the finals. The efforts earned Proben the honor of being named World Champion of the Grand Champions Division (55 and over) for 2010.

"It all happened so fast it was like I was sitting at Disneyworld," Proben described. "I was like 'Wow, where am I?' This is great. All that hard work has paid off."

It was the second straight year the Redford Thurston grad and former Eastern Michigan golf standout has qualified for the prestigious event, which attracts competitors from more than 15 countries and this year issued a purse of more than \$450,000 in winnings.

Standing on the tee box with his 50-inch driver sporting a five-degree Alpha Club head and Enzo Golf Sniper shaft, Proben claimed the championship on his final swing that rocketed the golf ball 366 yards from impact. The best Jaime could do was 348 yards.

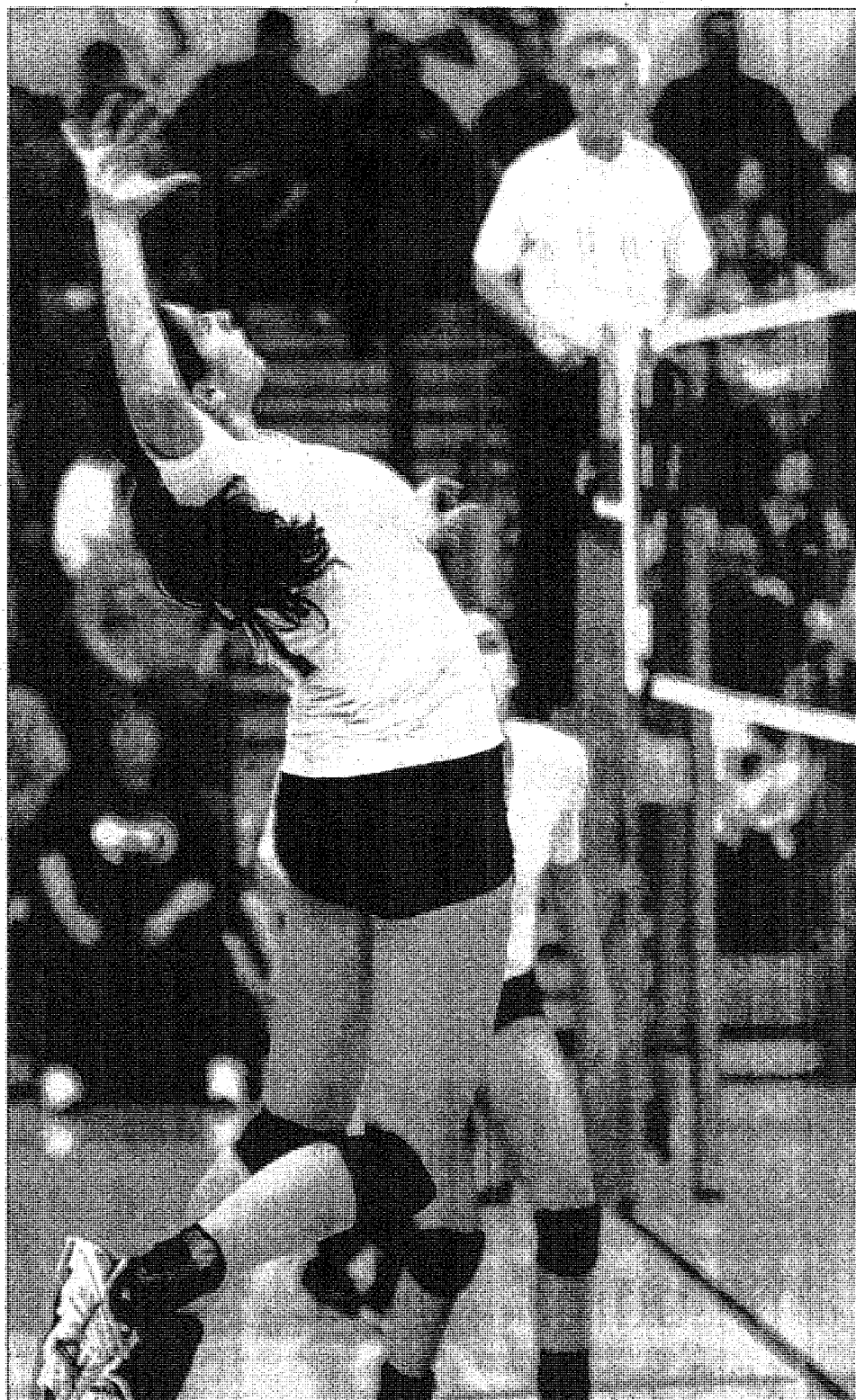
Proben's significant margin of victory was a duplicate of his semifinal performance in which his 365-yard slam easily bested the 345-yard launch by Gorton.

"It was pretty entertaining for everyone there because it was so dramatic," the 5-foot-10, 173-pound Proben said of his finals' feat. "It was like a baseball game in the ninth inning with the bases loaded, two out and the three-two pitch coming."

Please see **PROBEN, B3**



Redford native Thomas Proben is all smiles holding up the winner's check, presented by Mesquite, Nev. Mayor Susan Holecheck, for bringing home the gold in the Grand Champions Division of the 2010 Re/Max World Long Drive Championships.



Ladywood senior Caitlin McClorey goes up for the attack in Thursday's Class B regional championship match against Carleton Airport. The 6-foot-1 senior had eight kills in the Blazers' convincing win.

Blazers roll back in to quarterfinal play

BY BRAD EMONS
OBSERVER STAFF WRITER

Halloween has come and gone, but Livonia Ladywood is becoming a frightening team for Class B volleyball opponents.

The Blazers were scary good Thursday night, capturing the regional title at New Boston Huron with a decisive 25-12, 25-23, 25-16 victory over Carleton Airport.

Ladywood, now 36-19-2 overall, will play once again in the state quarterfinals beginning at 7 p.m. Tuesday at Milan. It will be a rematch with DeWitt, which lost to the Blazers in three sets last year.

"We definitely came ready to play," said 10th-year Ladywood coach Erin Craggs, who notched her third regional crown. "We had a great practice yesterday. We were a little scared about preparing after Tuesday night's (easy) match, but they came ready to play led by the seniors - who just played phenomenally. They did a great job."

Middle blocker Katy Rooney, a 6-foot-1 senior, did a bulk of the damage offensively for the Blazers with 15 kills.

"We've been practicing really hard all week and make sure we keep up our intensity with hitting," said Rooney, who is bound for Lafayette College (Pa.).

"We had to shut down number five

(Janelle Nagy, eight kills) obviously. She's a great player and just focus on our game plan, and keep our defense up, and making sure we could hit well because that's what we do well - hit and block.

"Everyone needs to be on every night. It starts with defense."

Caitlin McClorey, a 6-1 senior, contributed eight kills, while Cheyenne Woodall and Kenzie Kettner added five and four, respectively for the Blazers.

"They're huge and we're much shorter," said Airport coach Barb Munch-Kohn said. "We didn't step up to the tempo right away. We had to execute very well for us to beat that size of a team. And they just kept attacking us. They're going to do well. I would imagine they're going to see North Branch in the semifinals."

After getting blown out in the first set, Airport (39-12-2) tried to make it a match despite falling behind by as many as five points in the second set. The Jets closed to within 24-23, but Ladywood junior setter Alexandra Hines (30 assists) came up with the set clinching block and the Blazers were home free.

"We were just trying to beat their block high off the block and looking for the

Please see **BLAZERS, B2**

Chargers continue to dominate regional play

BY BRAD EMONS
OBSERVER STAFF WRITER

Livonia Churchill finds itself in a familiar spot when it comes to the state Class A volleyball tournament.

The Chargers secured their seventh regional championship in eight years under coach Mark Grenier with a 25-13, 25-16, 25-12 triumph Thursday night over Ferndale before a noisy and spirited home crowd.

Churchill, now 47-7-2 overall, faces Temperance Bedford in the state quarterfinals beginning at 7 p.m. Tuesday at Saline. (The winner of the Elite Eight match moves into the state semifinals, 7:15 p.m. Friday, Nov. 19, at Battle Creek's Kellogg Arena.)

"We played pretty well," Grenier said of his back-to-back regional tourney conquest.

"Ferndale has a couple of nice pieces and it was nice to play at home. We had a great crowd and they gave us great energy, and I think our kids feasted on that as well. We were ready and we played a good match."

Senior setter Cory Urbats continued her sterling play with 32 assist-to-kills.

One of the primary recipients of her passing was 6-foot junior middle hitter Erin Menard, who finished with 16 kills and two solo blocks.

Emily Norscia, a 6-1 sophomore, chipped in with 14 kills and two blocks.

Defensively, senior Kara Kempinski led the way with 27 digs as the Chargers notched their second straight regional title.

"I think our girls were a bit nervous, especially in the opening game," said Ferndale coach Shannon Pietras. "It was a tough atmosphere on their home court. They had a lot of fans there, but so did we. It was pretty loud in there."

"We were a little better in second game, but it just came down to passing and they just

Please see **CHARGERS, B2**



Churchill's Krystyn Niescier (10) controls the ball backed up by teammate Nicole Kempinski during Thursday's Class A regional finals win over Ferndale.

SIDELINES

Ocelots cagers win

Karl Moore, a 6-foot-8 forward from Academy of Oak Park, pumped in a game-high 30 points and grabbed seven rebounds Wednesday as the host Schoolcraft College men's basketball team rolled to a 116-66 victory over the Marygrove College JV.

Daniel Hill (Wayne Memorial) and Lydell Mason each added 16 points, while DeMarco Walker chipped in with 15 for the victorious Ocelots (2-2), who led 57-25 at halftime.

Jeff Suber and M. Dujon Johnson combined for 54 of the Mustangs' 66 points with 34 and 20, respectively.

Schoolcraft made 10-of-19 free throws, while Marygrove was 15-of-25.

Ferrick is first team

Freshman Amanda Ferrick of Madonna University was named to the All-Wolverine-Hoosier Athletic Conference first-team in women's soccer.

Second-team selections included junior goalkeeper Brittany Warner (Plymouth), who had three shutouts and an 0.93 goals-against average, along with senior defender Katie Kozlowski.

Third-teamers included junior Chelsea Shrewsbury and sophomore Lauryn Dostilio.

Senior Sarah Rokuski was named to the WHAC Champions of Character team as the student-athlete who displays the NAAIA's five core values.

First-year coach Jeff Hodgson, who guided the Crusaders to a 3-6-7 record, was selected by his peers as Coach of Character.

Named to the Academic All-WHAC were juniors Diana Brda (Livonia Franklin), Chelsea Gregg (Livonia Clarenceville) and Nicole Rodriguez, along with Kozlowski, Rokuski and Warner.

To be selected, a junior or senior student-athlete must have a cumulative grade-point average of 3.25 or higher.

MU men's honors

The 8-6 Madonna University men's soccer team landed three players on the All-Wolverine-Hoosier Athletic Conference second team including senior midfielder-defender Ogbemudia Iyoha, sophomore defender Franco Giorgi and freshman striker Mustapha Olorunnimbe.

Named to the All-WHAC third team was sophomore goalkeeper Parker Laabs (Canton), who had three shutouts and a 1.42 goals-against average, along with senior midfielder Jacob Rosiek.

Junior midfielder Mosato Morioka (Northville) earned the WHAC's Champions of Character team as the student-athlete who best displays the NAAIA's five core values of respect, responsibility, servant leadership and sportsmanship.

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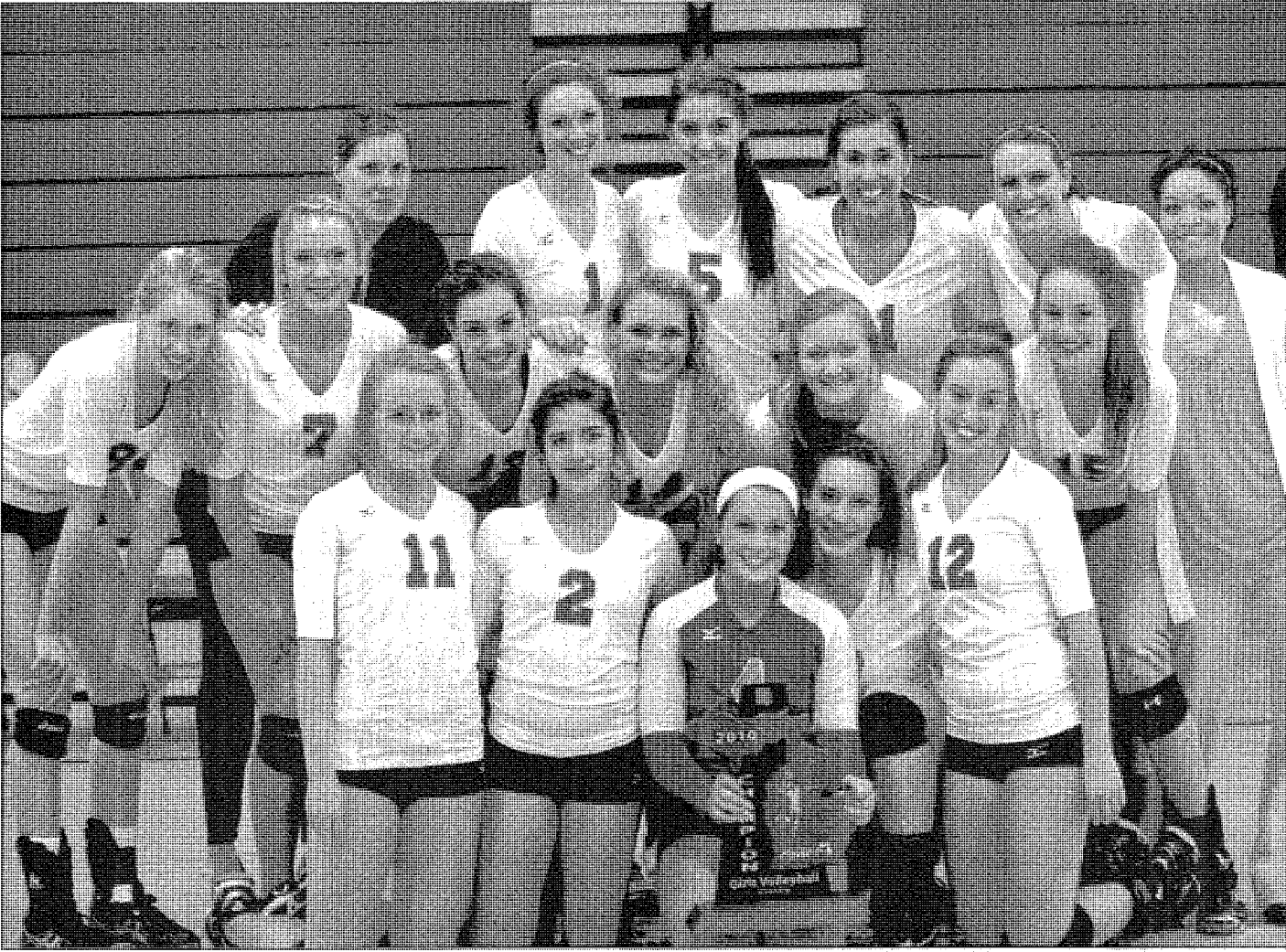
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MARC GORSKI

The Blazers from Livonia Ladywood are all smiles following Thursday's Class B regional championship conquest of Carleton Airport.

BLAZERS

FROM PAGE B1

middle of the court," Kohn said. "We're not very tall... we had to do a better job of scoring points, and serving aggressively, which we did, and do the little things and try and get the passing game

where we could get a little more of a one-on-one situation. But they're a great team. They watched every one of our (semifinal) games on Tuesday. So they knew what we were doing."

Defensively, junior libero Kristine Aurand led Ladywood with 19 digs, while Kettner, a junior outside hitter, added 15.

"I couldn't congratulate all of them individually, but I just had to give them one big team effort - defense, passing, setting, attacking," Craggs said. "Everything was clicking tonight."

And it's been a tough season-long schedule which has also helped in the Blazers' state tournament run.

"My pregame talk to

them was: 'This is why we go to the west side of the state three times,'" Craggs said. "This why we play (Farmington Hills) Mercy and (Birmingham) Marian three times - to prepare for matches like this.' And I think that definitely helped tonight."

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CHARGERS

FROM PAGE B1

overpowered us. They are a very good team and they have some strong girls. All the credit goes to Churchill.

"We faced some tough teams this year, but I think they were the toughest team we've played in the past three weeks. I knew they were going to be tough and we were going to have to raise our game, but we just couldn't raise it to the level we needed."

Ferndale was led statistically by junior Kelsey Wilson, a 6-foot-1 middle hitter who had nine kills, one block and one ace. Senior outside hitter Alexis Smitowski finished with four kills and senior setter Rachel Burnham added 15 assists.

Junior defensive specialist Molly Breen-Bondie added 10 digs.

Churchill now turns its attention to Bedford, which improved to 64-10-2 overall

by capturing the Wyandotte Roosevelt regional crown Thursday night with a 25-10, 25-17, 25-18 triumph over Westland John Glenn.

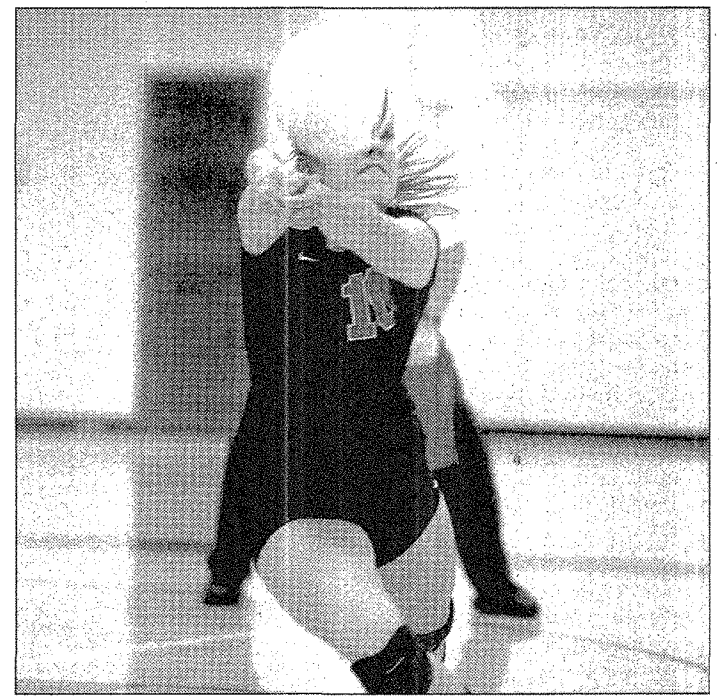
The Kicking Mules beat Churchill in their only meeting (Sept. 25) in the Bedford Tournament, 25-23, 25-22.

"Bedford gets a swing on just about every ball," Grenier said. "And they're good looking swings. They're well coached and they put a lot of pressure on you. We just have to make sure we get sideouts, score and get balls in transition."

In the last meeting between the two teams, Churchill's 6-1 sophomore middle blocker Marissa Pomaville was out with an injury.

"We hope she's the X-factor just with her presence because the last time they put a lot of pressure on our middle," Grenier said. "We're excited to see how far we've been able to come during the second half of the season."

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DAVID REED

Churchill's Krystyn Niescier comes up with the dig in Thursday's Class A regional championship victory over visiting Ferndale.

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COMMUNITY LIFE

Sunday, November 14, 2010

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HAVE A STORY IDEA?

Contact Editor, Sharon Dargay

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Cap your day with a laugh at Detroit Story League's 'Tellebration'



Linda Day of Farmington Hills is president of Detroit Story League and a teller at the organization's annual Tellebration event.

BY SHARON DARGAY
O&E STAFF WRITER

Linda Day hopes listeners will laugh their worries away, if only for a few hours Friday, Nov. 19.

"When I tell to an adult audience I just want it to be fun," said Day, a storyteller from Farmington Hills and president of the Detroit Story League. She and four other storytellers will perform works for an adult audience at "Tellebration," a 22-year-old event held the same day every year on six continents, in nine countries and 40 states. The program, held locally at the Livonia Civic Center Library, is meant to foster and preserve the oral tradition of storytelling.

"Tellebration is an adult program — it's very 'PG' — but we'll be telling stories that children may not have enough maturity and experience to comprehend," said Day, a former teacher who also previously worked at the Garden City Public Library.

"Many who come are senior citizens. When they were children they listened to radio and that developed a whole different listening skill than the screen does. Kids can't even go for a ride in the car today without taking a dvd player. They don't have to imagine any more. When you tell to adults they move immediately into the use of imagination."

Day will tell her own version of a story by another teller, Laura Simms, and she'll perform an adaptation of a written story at Tellebration. She always uses written material, from children's

books, as a basis for telling stories to youngsters, but tells both original and adapted works to adults.

"I feel my job is to take the child to the book to foster reading," she said. "I do a lot of my own material for adult audiences. There has been a real movement in the last 15 years to create your own material for adult audiences."

She cites radio humorist and author Garrison Keillor of *Prairie Home Companion* fame as a trailblazer for other storytellers with original works.

Barbara Shapiro of Southfield, co-coordinator of Tellebration, is honoring an original story that she hopes to tell publicly some day. In the meantime, like other League members, she performs adapted material at libraries, schools and other locations.

She began storytelling as a teen-ager in her native West Virginia, later using the skill in her career as a speech pathologist in Michigan. She discovered the Detroit Story League in 1996.

MISSION OF SERVICE

"Our mission is to keep alive the ancient art of storytelling and to provide the opportunity to study it. Our other mission is to furnish storytellers to those who request us. It's a service organization," Shapiro said.

"We make it fun. Our organization has two requirements — once a year to tell a story and to host a meeting."

The group meets the third Saturday of the month at a different location. Its next meeting is noon-3 p.m. Nov. 20 at

Please see **STORIES, B5**



Toni Isaac will tell stories at Tellebration in Livonia.



The Music Sisters will use an "in tandem" storytelling technique at Tellebration.



Barbara Jones Clark of Southfield will perform at Tellebration.

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STORIES
FROM PAGE B4

the Redford Township District Library, 25320 West Six Mile; (313) 531-5960.

Beginners can get assistance in learning the art of storytelling from a League mentor. The group also runs small-group sessions called "Cric-Crac" aimed at helping tellers craft and perform their own material.

The League will hold a short memorial service in conjunction with Tellebration to honor deceased members.

"Each member will hold a rose and candle for the ones who have departed. We wanted to make this very special," she said, adding that the event this year also will include an auction, snacks and beverages.

The silent auction will open at 6 p.m. Tellebration runs from 7-8:45 p.m. The library is located at 32777 5 Mile Road. Admission is \$5, which benefits the League's scholarship fund.

In addition to Day, other tellers are:

- Toni Isaac, a Troy librarian and Shelby Township resident who has 20 years experience storytelling.

- The Music Sisters, Marilyn Flam of Farmington Hills and Sharon Schmidt of West Bloomfield, who will tell a story in tandem.

- Barbara Jones Clark, a Southfield resident and co-chair of the event this year, also works in the Birmingham Public Schools.
- Judy Sima, a West Bloomfield resident, who has trained parents in storytelling, will serve as emcee.

For more about the Detroit Story League visit www.detroitstorytelling.org

Tough questions require honest answers

Marsha writes: "I'm regretting getting rid of my 30-plus-year-old Whirlpool dryer. I'd had it repaired a few times but this last time I think there was a short or something in it because I was getting "shocked" when I touched it, so I finally decided to let it go. What a mistake."

Marsha's e-mail was much longer and more detailed than the above and I spent quite some time talking to her on the telephone. She has been a very smart shopper for many years and this time she put her faith into a long-time appliance retailer and purchased a new dryer which leaves her clothes damp and wrinkled at the end of the cycle. I must add that she purchased a pretty basic dryer which means a lower priced model. I asked Marsha to unhook the vent line from the back of her dryer and let it vent directly into the room rather than to the outside. I pointed out that she needs to open a window near the dryer when doing this as carbon monoxide is produced by a gas dryer. I asked her to try doing a



Appliance Doctor
Joe Gagnon

load of wet clothes without the vent line hooked up to see if it made any difference. She called me after doing this and said it made a lot of difference so she went back to the appliance retailer and asked what they could do for her. The retailer more or less admitted that the lower end of the dryer models might be responsible for not drying the clothes properly and offered to exchange the dryer she purchased to a more expensive model. In doing so there would be a \$70 restocking charge. I don't consider that a smart move on the part of the retailer trying to keep a customer satisfied. Marsha hasn't decided yet what she is going to do but she will let me know what she decides.

BOTTOM FREEZER

Debbie writes: "A little while ago I sent you an e-mail about some trouble we are having with our refrigerator. In your response you ended with 'we might need to start looking for a new one.' We are doing that, but would like your opinion on one we are considering. It is a Kenmore French door/bottom freezer style. We own a Kenmore gas stove that we would like to match. My concern is the efficiency of the freezer being on the bottom. Does this type of design work well? I like the French doors, but I don't want to sacrifice

efficiency. Please let me know what you think."

Reply: The efficiency factor should not be a concern on today's bottom mount refrigerators but I know that in the 1950s when the bottom mount was first introduced they were a real energy guzzler. New engineering designs have made it easier to move air uphill. I would find out who is making your selected model for Sears as things have changed with the country's largest retailer. At one time when you purchased an appliance from Sears you could pretty well rest assured that it was made by Whirlpool. That is not the case today. You will find that a bottom mount refrigerator is a lot easier on your back and has returned as a consumer favorite when it comes to refrigerators. It goes to show you that they knew what they were doing in the old days.

These two e-mails I recently received are an example of what I will be doing at 7 p.m. on Dec. 2 at the Canton Library. The title of the seminar might be, "What do I purchase in the world of major home appliances?" Stay tuned.

Joe Gagnon can be heard at 8 a.m., Saturdays on WAAM 1600 and Sundays at 2 p.m. on WDTK 1400. You can e-mail your problems and questions on appliances to appldr@twml.rr.com

CRAFT CORNER

Send information about your upcoming craft show to Sharon Dargay at sdargay@hometownlife.com. Remember to include a telephone number readers can call for more information.

CANTON

St. Thomas a'Becket Church will hold its 20th Annual Craft Show from 9 a.m.-4 p.m. Saturday, Dec. 4, 2010, at the church, 555 S. Lilley, at Cherry Hill; (734) 981-1333.

LIVONIA

Our Lady of Good Counsel, will present a Home Party Extravaganza and Craft Show 10 a.m. to 8 p.m. Friday, Nov. 19, in the church social hall, 47650 N. Territorial, Plymouth. Admission is \$2, with food available for purchase, and a raffle; (248) 344-7995.

NORTHVILLE

The Northville Christmas Market opens at 5 p.m. Friday, Nov. 19, with the annual illuminated Christmas Parade. It will run 10 a.m. to 9 p.m. Saturday, Nov. 20 and noon to 5 p.m. Sunday, Nov. 21 on Main Street.

ONLINE PHOTO GALLERIES
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Arthritis Today
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WHAT CAUSES FLUID ON THE KNEE?

The normal knee includes the presence of a small amount of fluid, a monolayer called synovial fluid, that promotes friction free movement of the knee joint. The fluid comes from the cells that line the knee joint capsule. The joint fluid is not water, rather the fluid's properties are more like engine oil, that is, the fluid has the composition of a lubricant.

Irritation causes excessive joint fluid. A substance sensed by lining cells as an inciting agent initiates a response of excessive fluid production. The reaction is similar to tearing of the eye if a cinder lodges under the eyelid.

Various agents act as irritants: Osteoarthritis of the knee causes fluid production because the breakdown of cartilage cells releases constituents that the lining cells see as noxious products.

The inciting agent for rheumatoid arthritis remains unidentified, however, the effect of its presence is to create a cascade of chemicals called cytokines. One of more of these cytokines enter the lining cells and set off a series of reactions in the cells culminating in a marked increase in synovial fluid.

In gout, the source of irritation is uric acid crystals. Each crystal has the shape of a darning needle, with one or both ends of the crystal acting like the edge of a sharp knife. The effect on the lining cells is like being pierced by a sharp silver.

Often the characteristics of the fluid allow a physician to diagnose the reason for the excess. Therefore when physicians obtain knee fluid, the take care to send it for analysis.

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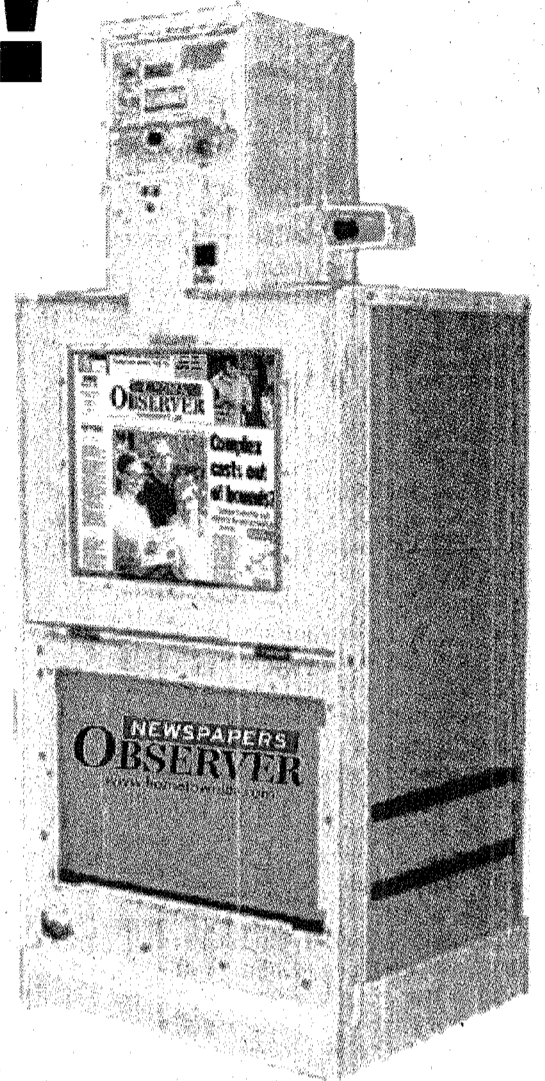
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- Cherry-Belt Party Store 29395 Cherry Hill Rd., Inkster
- Citgo Gas 32912 Cherry Hill Rd.
- Citgo Gas 30259 Ford Rd.
- CVS Pharmacy 29901 Ford Rd.
- CVS Pharmacy 27365 Cherry Hill Rd.
- CVS Pharmacy 31411 Cherry Hill Rd.
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- Family Fresh Market 31210 Warren Rd.
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- Greek Flame Coney Island 32788 Cherry Hill Rd.
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- Liquor Garden Party 31226 Ford Rd.
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- Shell Gas 120 Middlebelt Rd.
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- Mobil Gas 35336 Ford Rd.
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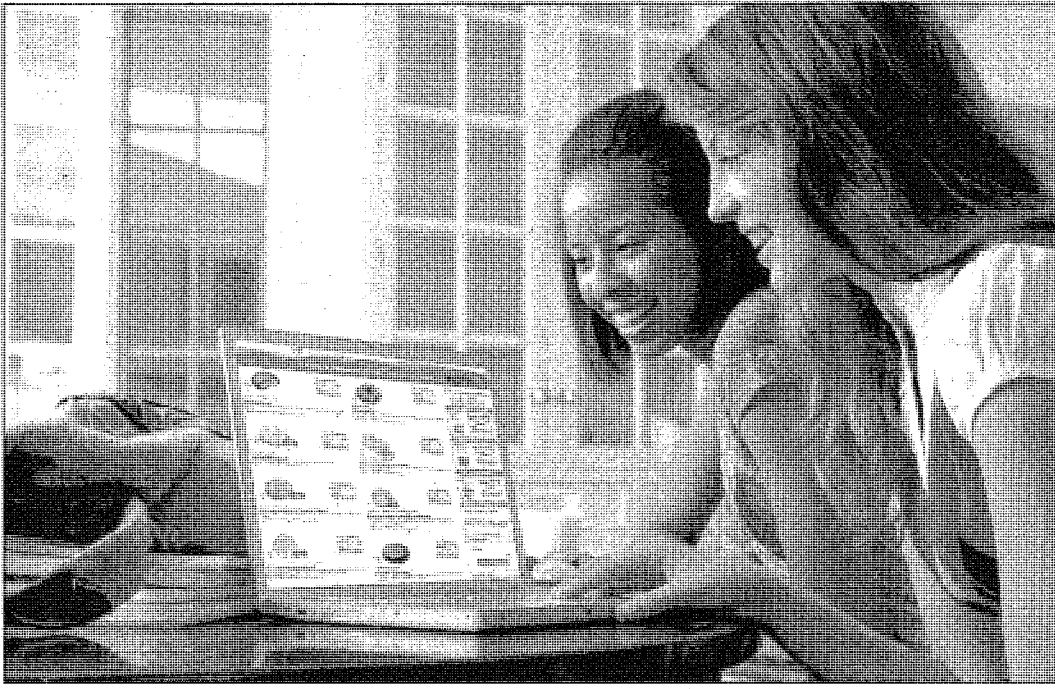
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Girls who responded to a recent Girl Scout Research Institute survey said they would give up social networking friends if it meant keeping their best friend.

Girls say face-to-face friends top Facebook pals

According to a recent survey by the Girl Scout Research Institute, (GRSI) teen girls say they would "give up all of their social networking friends if it meant keeping their best friend." Nearly all — 92 percent — of girls surveyed say they would choose a face-to-face friendship over online friends.

The nationwide GSRI study, sponsored by Girl Scouts of the USA, gathered opinions from 1,026 girls, 14-17, with social networking profiles on Facebook (91 percent) and MySpace (28 percent). Thirty-eight percent of the survey participants had a Twitter account and averaged eight tweets daily.

Girls surveyed said that a girl's reality does not match her social network image. Of those surveyed, 74 percent agreed that "most girls my age use social networking sites to make themselves look cooler than they really are." Forty-one percent said that described their own online profile. Girls who report low self-esteem were more likely than those who report high self-esteem to portray themselves as "sexy" (22 percent versus 14 percent) and "crazy" (35 percent versus 28 percent). Girls also said they downplayed positive characteristics, such as "smart," "kind," and "good influence," when online.

Girl Scouts Heart of Michigan will help adults learn how to help teens navigate the murky waters of social networking at the 6th Girl Developers Summit, set for Saturday, Feb. 5, 2011, at the Fetzer Center, Western Michigan University, Kalamazoo. Kimber Bishop-Yanke, president of Girls Empowered, will speak on relational aggression and bullying. Other session presenters will address internet safety, social and emo-

tional intelligence, friendships and healthy dating relationships, among other topics. The Girl Developers Summit is designed for parents, Girl Scout leaders, youth-serving volunteers and youth development professionals. For more information or to register, visit http://gshom.org/event/php?calendar_id=1&event_id=621.

"Who's That Girl? Images and Social Media" is the title of the GSRI document that reports results of the survey taken in June of 2010. Other key survey findings include:

- Girls have good intentions to practice safe social networking behavior, but do not always act on those intentions. Eighty-five percent of respondents said they had talked with their parents about safe online behavior; however, exactly half admitted they were not as careful as they should be. Survey participants averaged 351 online friends, but 54 percent of girls said they were online "friends" with someone they have never met in person.

- The emotional safety of girls is at-risk on social networks. Of the survey respondents, 68 percent reported having a negative experience on a social networking site, such as being the object of gossip or bullying. Forty percent said they lost respect for a friend because of something she or he had posted online.

- Social networking connects girls with relationships and causes they care about. A little more than half the girls in the survey said they got involved in a cause they support via social networking. Fifty-six percent said that social networks help them feel closer to their friends.

To learn more about becoming a Girl Scout, call (800) 49-SCOUT or visit www.gshom.org.



Brindle beauty

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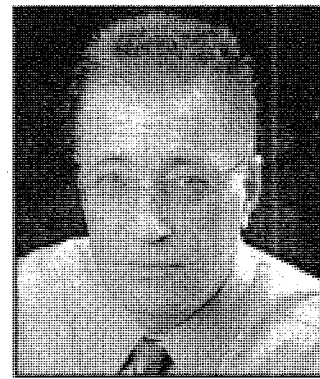
SOCIAL SECURITY

Many people are wrongly rejected when they apply for Social Security Disability benefits. Money was taken out of their paychecks for Social Security taxes to ensure that they would receive disability benefits if they could no longer work full-time. Sadly, the government denies approximately 60% of those who apply for disability benefits.

The tragedy is that less than half of those persons who are denied benefits file an appeal. Thus, many thousands of people who deserve benefits never receive them.

Those denied can appeal on their own, but statistics for many years reveal that those represented by attorneys win a much higher percentage of appeals. And attorneys who specialize in Social Security Disability cases win a much higher percentage yet.

Attorney J.B. Bieske has represented only Social Security Disability clients for over 20 years. That is the only type of law he practices. And, he personally meets with all clients and appears himself at all court hearings. Many large firms assign clients to young associate attorneys with much less experience.



In addition to practicing only Social Security Disability law Bieske has written a book for attorneys about the subject. He also has been interviewed on various radio and television programs and has given speeches to many groups.

Bieske's office staff consists of paralegals and secretaries who are also highly experienced in assisting him with Social Security Disability cases. And they are extremely helpful in answering questions with regard to the status of clients' cases and administrative procedure.

Attorney Bieske welcomes you to call him to determine if you may be

eligible for these benefits. He offers free phone or office consultations. If Bieske represents you, there will be no fee charged until after the case is won. The fee is a percentage of retroactive benefits.

In a recent radio interview attorney Bieske explained that many people are not even aware that they are eligible for Social Security Disability benefits. These are not the same as Workers' Compensation benefits. It is possible to receive both benefits at the same time. If you have an illness or injury (whether or not related to your work), are under 65 and unable to work full-time you may be eligible. Social Security Disability benefits are based on your work record or your deceased spouse's work record (Widow's/Widower's benefits).

Bieske represents clients from all over the state of Michigan. Call him at 1-800-331-3530 for a FREE consultation if you have been denied. Or if you are thinking of possibly of applying for Social Security benefits call him for FREE advice.

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EVENTS

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NOVEMBER

18-23 Pageturners Book Discussion:
Enemies: A Love Story
 Nov 18: 4 p.m. • Radcliff Center
 Nov 22: 6:30 p.m. • Bradner Library
 Nov 23: 1:30 p.m. • Bradner Library

19 Conversation & Coffee: Volunteering During Retirement, It's Good for Your Soul
 1 p.m. • VisTaTech • \$

19 Friday Evening Concert Series:
Antonio Pompa-Baldi, piano
 8 p.m. • VisTaTech • \$

23-December 16
Gingerbread Village Display
 Created by Culinary Arts students • VisTaTech

DECEMBER

1-16 Gingerbread Village Display
 Created by Culinary Arts students • VisTaTech

1 Luncheon Recital Series:
Christopher Scholl, tenor, and Kevin Bylsma, piano
 Noon • VisTaTech

1 Spirit Night: Men's & Women's Basketball Teams
 5:30 p.m. • Physical Education Building • \$

2 International Film Festival: For My Father
 9:30 a.m. • McDowell Center, Room 200

2 Electronic Music Summit:
Synthesizer Ensemble and other groups
 7:30 p.m. • Schaver Music Recital Hall, Wayne State University

3 Artists' Ensemble and SC Wind Ensemble
 7:30 p.m. • VisTaTech

5 Winter Concert: Choral Union and Wind Ensemble
 7:30 p.m. • Radcliff Center

10 Transition Center Luncheon Series:
Reel Action FX
 11:30 a.m. • VisTaTech • \$

10 Music Performances: Bach Festival
 7 p.m. • VisTaTech

13 Winter Concert:
Jazz Ensemble and Synthesizer Ensemble
 7:30 p.m. • VisTaTech

18 Breakfast with Santa
 Sponsored by Phi Theta Kappa
 10 a.m. • VisTaTech • \$

\$ = a fee is required for this event. All other events are free.
 For more information: www.schoolcraft.edu/webcalendar

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HEALTH

Sunday, November 14, 2010

hometownlife.com

HAVE A STORY IDEA?

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Annual event encourages smokers to quit

The American Cancer Society will mark the 35th Great American Smokeout Thursday, Nov. 18, by celebrating six months of smokefree air in Michigan.

The event also comes on the heels of study results released this week by the Michigan Department of Community Health that show more than 70 percent of Michigan residents favor the statewide comprehensive smokefree air law that went into effect May 1. More than half of the 2,289 smokers surveyed reported they tried to quit since then.

During this year's Great American Smokeout, the Society will encourage smokers to make a plan to quit or to plan in advance and quit smoking that day. According to an American Cancer Society report, Cancer Prevention & Early Detection Facts & Figures 2010, smokers who quit can expect to live as many as 10 years longer than those who continue to smoke.

"After years of fighting for a law that would protect all workers from the health effects of secondhand smoke, it is refreshing to see further evidence that proves what we already knew - Michigan residents and businesses were ready for a comprehensive smokefree air law, and smokefree air can give people the extra push they need to quit smoking," stated Vicki Rakowski, COO, American Cancer Society, Great Lakes Division, Inc. "During the 35th Great American Smokeout, we are reminding people not to quit quitting and that the American Cancer Society stands ready 24 hours a day, seven days a week with information, resources and support to assist in smoking cessation."

Research shows that quitting can prevent the risk of premature death from smoking. Smokers who quit, regardless of age, live longer than people who continue to smoke and smokers who quit reduce their risk of lung cancer. Ten years after quitting,

the lung cancer death rate is about half that of a continuing smoker's. Quitting also lowers the risk for other major diseases including heart disease and stroke.

The study released this week also shows that of the 6,900 residents from 76 counties surveyed in August more than 80 percent thought secondhand smoke was a serious health hazard to nonsmokers, and more than 85 percent said there was either no change or that they went out to eat more often in restaurants and bars after the law went into effect. Another recent poll showed that 95 percent of businesses randomly selected were compliant with the law.

"We are pleased with the level of compliance and the tireless efforts of our volunteers, advocates and lawmakers across the state who worked to make Michigan smokefree," Rakowski stated. "This year's Great American Smokeout is truly a celebration for Michigan workers who can now breathe freely no matter where they work."

Smokers who want to quit can call the American Cancer Society Quit For Life Program, operated and managed by Free & Clear, at (800) 227-2345 for tobacco cessation and coaching services that can help increase their chances of quitting for good. The Society also has online tools at www.cancer.org/Smokeout, such as a crave button and a quit clock to help smokers plan towards kicking the habit for good. For more information about the smokefree air law, visit www.michigan.gov/smokefreelaw.

The American Cancer Society held its first Great American Smokeout in 1976 as a way to inspire and encourage smokers to quit for a day. One million people quit smoking for a day at the 1976 event in California. The Great American Smokeout encourages smokers to commit to making a long-term plan to quit smoking for good.

Stop-smoking suggestions

The American Cancer Society offers these tips to help a smoker quit the habit:

Do respect that the quitter is in charge. This is their lifestyle change and their challenge, not yours.

Do ask if you should call or visit regularly to check on their progress. Let the person know that it's okay to call you whenever he or she needs to hear encouraging words.

Do help the quitter get what she or he needs, such as hard candy to suck on, straws to chew on, and fresh veggies cut up and kept cold in the refrigerator.

Do spend time doing things with the quitter to keep his or her mind off smoking - go to the movies or take a walk to get past a craving (what many call a "nicotine fit").

Do help the quitter with a few chores, some child care, cooking - whatever will help lighten the stress of quitting.

Do celebrate along the way. Quitting smoking is a big deal.

Don't take the quitter's grumpiness personally during his or her nicotine withdrawal. The symptoms will pass in about two weeks.

Don't offer advice. Just ask how you can help with the plan or program they are using.

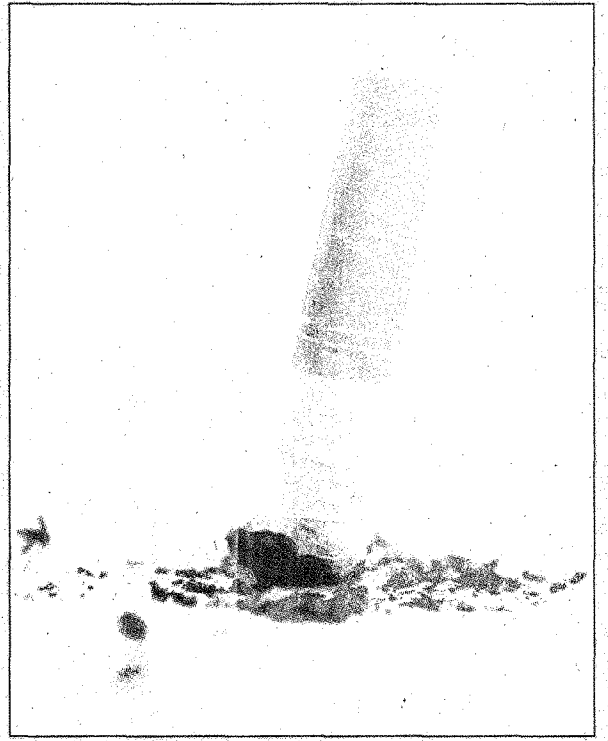
IF YOUR SMOKER RELAPSES

Research shows that most people try to quit smoking five to seven times before they are successful. Don't give up your efforts to encourage and support your loved one. If the person you care about fails to quit:

Do praise him or her for trying to quit, and for whatever length of time (days, weeks, or months) of not smoking.

Do encourage him or her to try again. Don't say, "If you try again..." Say, "When you try again..." Studies show that most people who don't succeed in quitting are ready to try again in the near future.

Do encourage him or her to learn from the attempt. Lessons learned from a failed attempt to quit may help a smoker be successful in a future attempt.



The American Cancer Society encourages smokers to snub out their cigarettes and cigars during the Great American Smokeout.

IF YOU ARE A SMOKER...

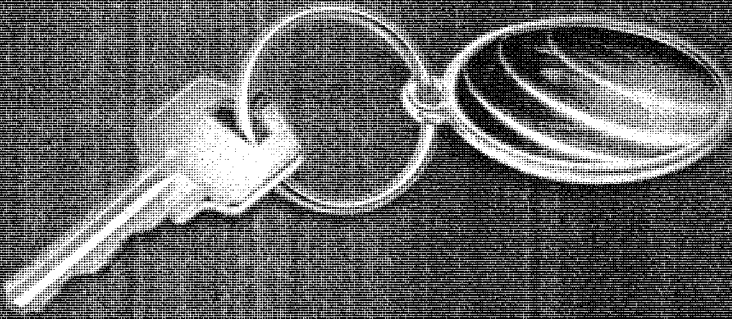
Do smoke outside and always away from the quitter.

Do keep your cigarettes and matches out of sight. They might be triggers to smoke.

Don't ever offer the quitter a smoke, even in jest! Do make an effort to quit. It's better for your health and might be easier to do with someone else that is trying to quit.

Call the American Cancer Society at (800) 227-2345 to find out what resources might be available to you for your quit attempt.

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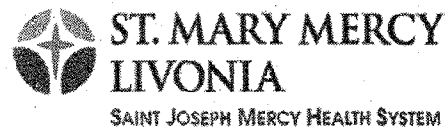
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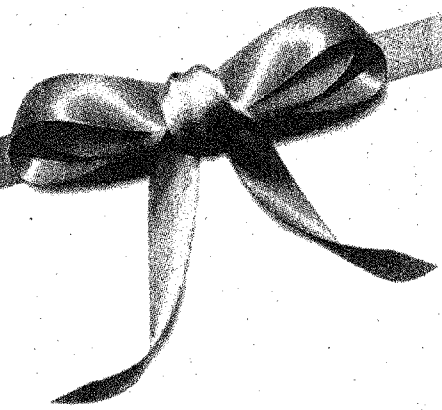


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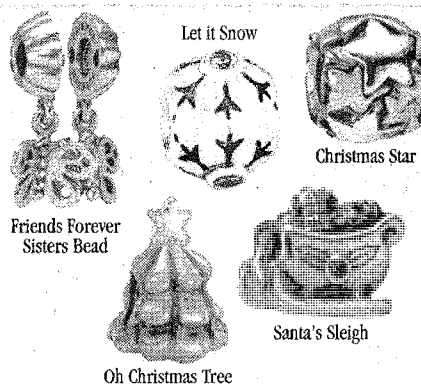
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