

# TEAM 'STORMS' INTO USSSA WORLD SERIES

SPORTS, B1

**SUNDAY**  
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# WESTLAND OBSERVER

hometownlife.com



## IN BRIEF

### Shredding Day

Protect yourself from identity theft by having your unwanted personal documents destroyed at the Westland senior Friendship Center on Thursday.

An industrial shredder will be in the parking lot from 10 a.m. to 2 p.m. to safely dispose of residents' personal documents. Three bags or boxes per vehicle will be accepted. A little leery? No problem. People can wait and watch as their items are shredded.

The Friendship Center is on Newburgh south of Ford.

### New trustee

James G. Fausone has been tapped to fill a vacancy on the Schoolcraft College Board of Trustees.

He will be sworn in Aug. 25 and serve until the next regular board election in November, at

which time the seat will be up for election.



Fausone

The Canton resident is an attorney and partner in the Northville law firm Fausone

Bohn, LLP. He holds a juris doctorate from Gonzaga University School of Law and two bachelor's degrees in environmental engineering and oceanography from the University of Michigan.

"I have watched the college's journey over the last decade and find it to be an important institution in western Wayne County," Fausone said.

Fausone, a treasurer for the Schoolcraft College Foundation Board of Governors, also is an assistant Westland attorney.

"I know he will represent Schoolcraft very well," said Westland Mayor William Wild.

The Schoolcraft College district also includes the northern portion of the city which is part of the Livonia Public Schools.

### Vacation photos

Some people send post-cards, but here at the Westland Observer we want you to send us your vacation photos. And be sure to tell us, Wish You Were Here.

For many years we've asked readers to take a copy of your Westland Observer with you on your vacation. Take a snapshot with and we publish a photo of you and your travel companions - including the Observer - in the newspaper with the headline Wish You Were Here.

We're still asking you to do that, but have added a twist. Not only will we publish it in the newspaper, but it will also appear on our Facebook site under what else but Wish You Were Here.

Send your photo in a jpg format to Sue Mason at smason@hometownlife.com or to her attention at 615 W. Lafayette, Second Level, Detroit, MI 48226.

Be sure to identify everyone in the photo (first and last names), even the person taking the photograph, and tell us where they live. Tell us when the photo was taken and where, what was special about your trip, if you wish. Include a day-time phone number so we can contact you, if necessary.

Then look for your photo in the Observer and on Facebook.

## Judge adjourns hearing in fireworks shooting

BY SUE MASON  
OBSERVER STAFF WRITER

An 18-year-old Belleville man remains in Wayne County Jail after a preliminary hearing on charges that he shot a Canton man was adjourned until Aug. 5.

The adjournment was requested by a public defender who told Judge C. Charles Bokos Thursday that teen had retained legal counsel although the attorney was not present for the hearing.

Morgan, who is being held on a \$500,000 cash bond, is facing seven felony charges stemming from the shooting that police say happened as the result of a dispute that

erupted over stepping on someone's shoes. According to police, the victim, 18-year-old Ramaddan Morroc-By of Canton, was struck by one of three shots fired in the festival's carnival area around 11 p.m. July 4 just as the fireworks display had ended. The bullet, which was lodged in his leg, shattered his femur and a metal rod was implanted in it.

The second victim in the complaint is a male friend of Morroc-By who is also believed to have been an intended target of the gunshots.

"We believe there had been brief prior physical altercations that apparently started

Please see **HEARING, A2**



Defendant Justin Michael Morgan waived his right to a preliminary within 14 days of being charged during an appearance in Westland District Court Thursday morning.

## 'This isn't a lifetime achievement award'



Staff writer Darrell Clem receives a standing ovation following a tribute to his 18 years of covering the Westland community for the Observer.

## Westland honors work of veteran Observer reporter

BY SUE MASON  
OBSERVER STAFF WRITER

Darrell Clem is used to reporting the news, but for a brief time Wednesday evening, the veteran reporter was the news as the City of Westland recognized him for 18 years covering the community for the *Observer & Eccentric Newspapers*.

"I want to thank all the people of Westland who invited me into their neighborhoods and their homes," said Clem. "Words can't express what a privilege it has been to cover the city. I hope I made a difference."

Using words like "incredible," "smart, honest and sincere," state, local and county officials as well as several residents took turns talking about Clem as part of a video tribute put together by Craig Welkenbach of WLND.

"I want to thank Darrell for always being kind, honest and fair to my

Please see **CLEM, A2**

## Restaurant Rally offers chance to dine at 13 restaurants

BY SUE MASON  
OBSERVER STAFF WRITER

Dinner for \$1.92? Sounds impossible in this day and age, but if you have a ticket to the Westland Chamber of Commerce's 2010 Restaurant Rally Tuesday, you'll get to dine at 13 area restaurants for a mere \$25.

"It's a great way to try all the restaurants Westland has to offer," said

Brookellen Swope, chamber president and CEO.

Tickets are available at the chamber office, 36900 Ford west of Wayne Road, through noon Tuesday. More than 300 tickets have already been sold and Swope is anticipating a sellout this year.

Participating this year are Applebee's, Ashley's Beer & Grill, Beaver Creek, Biggy Coffee, Longhorn Steakhouse, Malarkey's Irish Pub,

Marvaso's Italian Grille, McDonald's on Ford at Hix, Olga's Kitchen, Papa Romano's-Mr. Pita, Qdoba Mexican Grill, Texas Roadhouse and Vizzy's Pizza Palace.

The restaurants will provide free samples of their food from 6-10 p.m. for rally participants who must wear special T-shirts - their tickets to the event. They can visit as many restaurants as they want and stay as long as they like.

This is the seventh year the chamber has staged the popular event that's always been a sellout. According to Swope, it's a good fit with city's latest campaign which promotes Westland as a great place to shop and dine.

For more information or to reserve a ticket, call the chamber office at (734) 326-7222.

smason@hometownlife.com | (313) 222-6751

## W-W uses online auction to sell old equipment

BY SUE MASON  
OBSERVER STAFF WRITER

The Wayne-Westland Community Schools is using a 21st century technique to dispose of unwanted equipment and supplies - an online auction.

The school board has approved a recommendation from Angela Black, supervisor of business and purchasing, to hire Hoff Hilk Auction Services to handle the Internet sale of the equipment that was used to teach the computer aided manufacturing/machining at William D. Ford Career Technical Center, as well as obsolete equipment from other programs.

"We are recommending Hoff Hilk, which utilizes an Internet-based auction approach which will provide maximum exposure and sales value," Black said. "To advertise the auction, Hoff Hilk will send e-mail correspondence to 250,000 to 300,000 e-mail addresses."

According to Deputy Supt. Gary Martin, the sale is a result in a shift in students' instructional needs, especially at the Career Technical Center. The CAMM equipment is no longer needed because the program has been cancelled due to low enrollment.

He added that using Hoff Hilk "is the best

Please see **AUCTION, A2**

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# CLEM

FROM PAGE A1

community and myself," said Reather Everett, president of the Southeast Westland Homeowners Association. "Thank you, Darrell, for being my friend."

Clem interviewed Everett on many occasions. His stories covered everything from her work with Westland historians Ruth Dale and Edna Parker to get the Annapolis Park subdivision on the National Register of Historic Places to a story about her 95-year-old aunt who lived long enough to vote for the first African American president.

Dale said Clem was "instrumental" in Annapolis Park getting its historical designation.

"It had set dead in the water in Lansing for a year, your phone call to Lansing to check out its status gave it the jump-start it needed," Dale said. "It certainly was a pleasure working with you. You were always there to write anything we needed for historical purposes."

A native of southeastern Kentucky, Clem learned his trade at the University of Kentucky and worked at a daily newspaper in Henderson, Ky., before moving to Livonia in 1989. He

got a job with the *Observer & Eccentric Newspapers* in 1989, covering the Lakes area in Oakland County until 1991 when he was hired by then-editor Leonard Poger to cover Westland.

"I covered topics far too numerous to mention, but what meant the most to me was telling the stories of Westland, documenting the rise of local politicians, but mostly writing stories about the everyday people, their struggles and triumphs," Clem said.

When one young father was stricken with cancer, a story about his plight brought in tens of thousands of dollars to help his family. When a mother of three was homeless and staying in the Wayne County Family Shelter, a story about her situation brought her a job and a home where she could stay for free until she got on her feet.

Clem covered the Westland beat until June 2009, when he was moved to the *Canton Observer*.

"He was a pleasure to work with," said Wayne County Commissioner Joan Gebhardt. "It was a pleasure because I would see the way he worked with people, especially seniors. He's more than a gentleman, he's a kind and gentle man."

"Professionally, he's the ultimate professional. He's prepared, he knows the issues

and he has a second sense about things," she said. "He knows when to be on and off the record. You know you can trust him."

Glenn Anderson, whom Clem reported on as a city councilman, state representative and as the current state senator, described him as a "phenomenal reporter" who "checks his facts and does his homework."

"We have come to know him as a part of this community because he really cares a lot about this city," said Anderson.

"I want Darrell to know how much I value him as a friend," said state Rep. Richard LeBlanc. "He is smart, honest, sincere and of the highest integrity. What more could a community and an employer ask? Westland has benefited from his journalistic integrity."

Clem chronicled the rise of many political careers in the city and the demise of a few during his time on the Westland beat, winning numerous state and national awards for his work.

"I'm impressed by his strong work ethic and professionalism," said Westland City Council President James Godbout. "He was always ready to listen. I could tell him things that were off the record and they stayed off the record. I knew I could call him and vent and that what I

said was off the record. He's a great friend, a good friend."

"He called me on more than one occasion and said that 'If I ever write a story and get the facts wrong or if you don't agree, call me.' I never had to make that phone call," said Mayor William Wild. "I was always impressed with his strong work ethic and his professionalism."

The video tribute also acknowledged the state of Kentucky has named Clem a Kentucky Colonel and noted that "it was an appropriate title for a son of Kentucky, but Westland will always regard him as its adopted son."

"He wasn't born here, but somewhere along the way, he tugged on our heart strings," Wild said. "He's a humble guy who likes to write. He was here for 18 years and did a great job, an incredible job."

"This isn't a lifetime achievement award," Wild added. "There's more to come."

Clem said he "thoroughly enjoyed giving recognition to the community."

"I hope in some small way I made a difference and helped to document the city's history," he said. "I'm not a native of Westland, but I covered the city for 18 years. It will always be a part of my heart."

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# HEARING

FROM PAGE A1

over one person stepping on another's shoes," Westland police Lt. Greg Angelosanto has said.

Using a video, police were able to identify the defendant, with the help of Wayne-Westland school officials, as a John Glenn High School student. The victim also identified the shooter from a photo lineup. He was apprehended at a Belleville residence three days after the shooting.

He has been charged with two counts of assault with intent to murder, two counts of assault with intent to do great bodily harm, two counts of felonious assault and one charge of felony firearm. If convicted, he could face up to life in prison for assault with the intent to murder, up to 10 years and a \$5,000 fine for the intent to do great bodily harm, four years and a \$2,000 fine for felonious assault and an additional two years for the gun charge.

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# AUCTION

FROM PAGE A1

and most cost-effective way" of disposing of the unwanted equipment.

"An online auction is much more 21st century," Martin said. "It's very difficult to estimate what the auction will raise. We could have a wide range of buyers. The net proceeds could be \$100,000 to \$135,000. It could be very significant, but we just don't know."

The district will pay a 6-percent commission on the sale, which is 4 percent less than the firm's standard fee of 10 percent, according to Black. It also will pay up to \$11,500 to prepare for the auction — repairing, cleaning and videotaping of the equipment.

As part of the agreement, Hoff Hilk will hold an onsite preview in advance of the

auction, planned for Aug. 3-17 on the Hoff Hilk website. It also collect the proceeds from the sale, coordinate and oversee the removal of the equipment and provide a sales report and payment within 30 days of the close of the auction.

"We'll set minimum bids, but we will consider lower bids, if the situation arises," Martin said.

Supt. Greg Baracy told the board that the equipment is very specialized and includes such things as lathes and multi-positional tools.

"This will go out to the world," he said of the auction. "This is very specialized equipment, that's why this is different than a garage sale."

The money raised through the sale will be put in the district's General Fund and be used to purchase equipment and supplies for the instructional program.

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Blane Dowd, Autumn McGuffie and Samantha Truesdell found that digging in the dirt of the community garden at the Maplewood Community Center in Garden City sometimes unearths worms.

# Youngsters get green thumbs at community garden

BY SUE BUCK  
OBSERVER STAFF WRITER

Mother Nature appears to be casting a favorable eye on some Garden City children.

The group of kids, made up of junior gardeners and community service teens, are working on a community garden inside of a courtyard at the Maplewood Community Center.

Susan Nicholas, director of the Garden City Community Coalition, which is housed at the Family Resource Center, is leading the children in their efforts. She rolls up her sleeves and works alongside the children, even sharing their curiosity about insects.

Children gathered around her recently and studied the carpenter ants which were crawling around a picnic table.

The community garden was originally started in 2002 by the community work service students in the Family Resource Center. Robert Fulton, a Garden City high school teacher, was involved then.

The center got a grant for seed starters in 2004, Nicholas said. Now about eight kids are involved through the summer.

"We planted and we weeded," Nicholas said. "We learned about composting."

Among those who have worked in the garden are Marina Dowd, 10, Sean Armstrong, 13, and Cora Reischel, 5. Autumn McGuffie, 10, mentioned that all that digging unearthed worms, and Stephanie Truesdell, 10, said that she too likes planting.

"We planted a pine tree," she said.

The harvest should be plentiful based on everything that has been planted. There are tomatoes, basil, parsley, peppers, chives, zucchini, shallots, dill, fennel, lavender, marigolds and lots of other flowers.

The gardeners themselves will enjoy some produce.

"Last year, we also put out produce Tuesdays for the Strengthening Families group," Nicholas said. "It depends on how much comes in."

The kids can drop in with adult supervision. Theresa Truesdell brought her three daughters Jamie, 13,



A totem pole sign describes the different aspects of the community garden where Marina Dowd, a junior gardener, works.



Susan Nicholas, director of the Garden City Community Coalition for the Prevention of Substance Abuse, believes there needs to be safe avenues of activity to keep young people busy.

Stephanie, 10, and Samantha, 2.

The children also tried their hand at artistry by making garden ornaments out of polymer clay. They decorated the bricks with beads. The bricks line the perimeter of the garden.

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# Teddy McKnight remembered as 'everyone's best friend'

BY SUE MASON  
OBSERVER STAFF WRITER

He may have grown up in Detroit Tigers territory, but Edward McKnight was a devoted New York Yankees fan, so much so that he flew his flag at half-staff when owner George Steinbrenner died earlier this month.



McKnight

"He'd root for the Tigers, too, but not if they were playing the Yankees," said his mother Gail McKnight. "He loved his New York Yankees."

Known as Teddy to family and friends, the Livonia resident will wear his treasured Yankees jersey and jacket for funeral services Saturday. He died unexpectedly July 20 at age 41.

According to his mother, Mr. McKnight was helping a friend who had just put in a swimming pool. He was moving a wheelbarrow filled with dirt when he collapsed and died of a massive

heart attack.

"Teddy probably was everyone's best friend. He was always the guy who would go to help someone in need," his mother said. "He was good with people who needed help."

"Dick (his father) has a saying he wants read that if a friend fell off the cliff, (Teddy) wouldn't follow. He would be at the bottom to catch him," she added. "That was Teddy."

Mr. McKnight was born April 10, 1969, in Detroit. He was adopted by the McKnights, as was his late sister Molly McKnight Feliks, who was killed in an automobile accident in 2008. Gail McKnight remembers seeing her son as an infant and being told that he was hard to place because of his Mexican and Polish background.

"He was very proud of his Mexican heritage with his beautiful dark eyes and skin," his mother said. "I know he took some heat about it, especially when he was in the service, but he stood tall."

Mr. McKnight, a 1987 graduate of Livonia Churchill High School, served in the U.S. Army

from 1991-95, including a two-year stint in Korea.

True to the McKnights' Irish heritage, the family has walked in the Detroit St. Patrick's Day parade every year since 1975. Afterward, they would "go to Mexicantown for some Mexican food."

"He was a person who loved people of all races. He didn't have a biased bone in his body," she said.

Mr. McKnight loved to travel and he loved music. For his father's 65th birthday, he treated his parents to a Bruce Springsteen concert. He also gave them tickets to see Pink Floyd for their 30th wedding anniversary and to see the Rolling Stones as a Christmas present.

"Teddy wanted to go places and meet people. He loved life," he mother said. "And he was always willing to help others. He was very generous and kind."

Even in death, he helped others with a donation of some organs and tissues. According to his mother, some tissue and muscle will help treat wounded soldiers.

"I thought that was just perfect; he strongly supported the military," she said. "I'm really glad he got his wish (to donate his organs) fulfilled."

His mother remembers when her young son went to work for the Republican Party. When his mother questioned him about it, he reminded her that they had taught him to think for himself. "I told him, 'Yeah, but I thought you'd think like me,'" she said. "I think the Republicans enjoyed it because his father was a Democratic Party chairman."

In addition to his parents, Gail and Richard McKnight of Westland, Mr. McKnight also is survived by his wife Mihwa and his 14-year-old daughter Emily, "whom he loved very much," stepchildren Sam, Gena, Jessica and Kimberly Taylor, his grandmother, Marion McKnight of Kalamazoo and many relatives and friends.

Arrangement were by the L.J. Griffin Funeral Home, 7707 Middlebelt Road, Westland. Memorial donations can be made to the Michigan Parkinson Foundation.

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# Wayne County is in top 10 in support of Relay for Life

There's a bright spot in the difficult economic times. According to the American Cancer Society's Great Lakes Division, Wayne County ranked ninth nationally among counties with more than one million people for per capita Relay For Life fund-raising in 2009.

Nearly two dozen Relay For Life events, all led by local volunteers in Wayne County, raised more than \$1.7 million. This is the first time Wayne County has ranked in the top 10. As the largest non-governmental organization committed to eliminating cancer, the American Cancer Society relies on an army of local volunteers to increase awareness and raise funds in support of its mission to eliminate cancer.

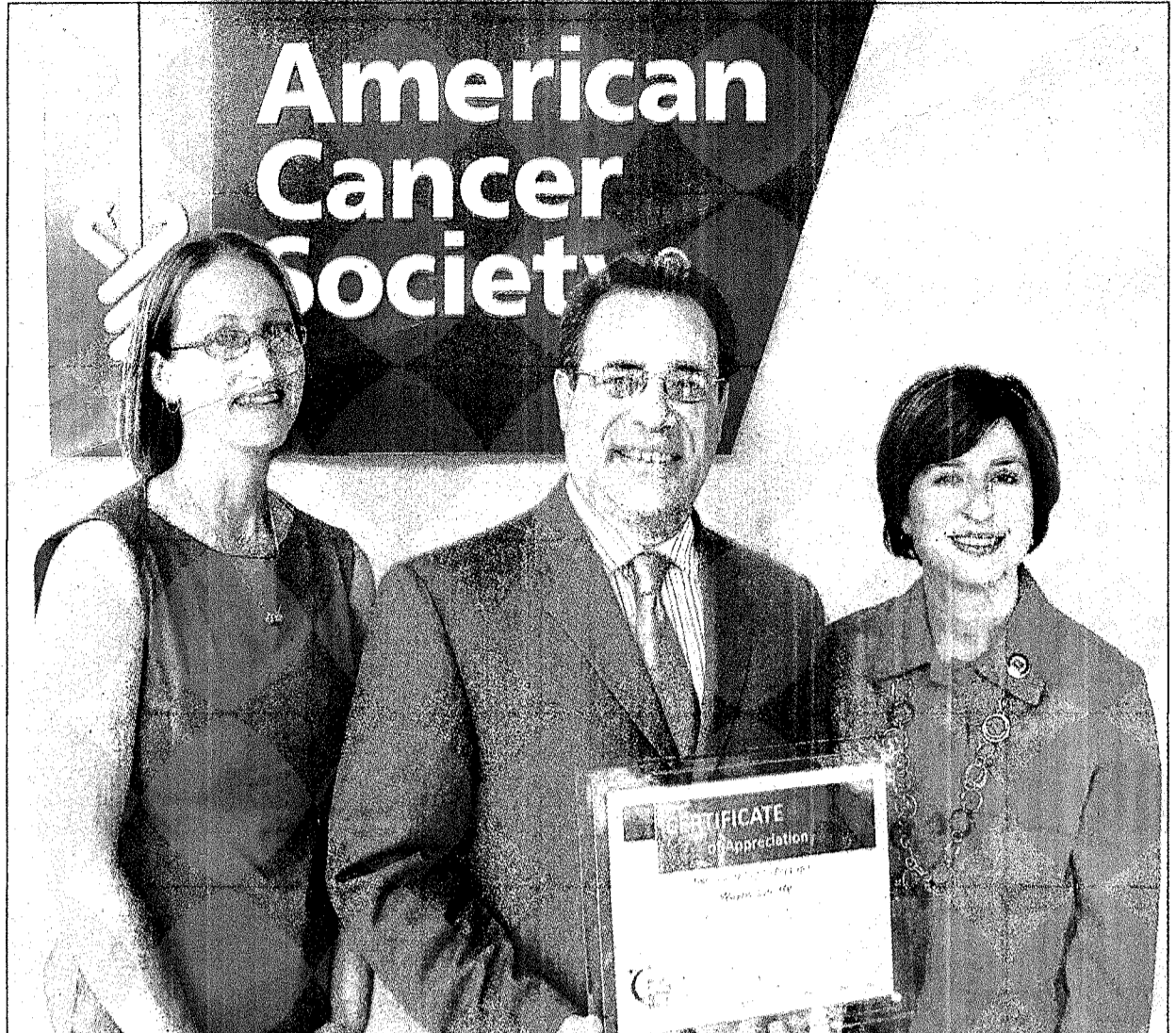
"We congratulate Wayne County for being a community dedicated to giving back and fighting cancer, not to mention meeting this hallmark during one of the toughest economic times in our region's history," said Jill Elder, senior executive director, American Cancer Society, Great Lakes Division. "We are inspired by our volunteers, whose hard work and dedication are the driving force behind the American Cancer Society's efforts to create a

world with less cancer and more birthdays."

Wayne County Executive Robert Ficano accepted an award of recognition on behalf of Wayne County. Ficano joined Theresa Burgess, a volunteer with the Relay For Life of Redford, at American Cancer Society's Southfield office for the award presentation.

Relay For Life takes place in more than 5,000 communities across the country, allowing community members an opportunity to celebrate those who have battled cancer, remember loved ones lost and participate in fighting back against the disease. With an estimated 58 people diagnosed with cancer every day in metro Detroit, the American Cancer Society relies on local volunteers through events such as Relay For Life to help support its mission.


Funds raised from Relay For Life events help the American Cancer Society save lives locally and across the country by investing in cancer research and providing critical support to patients throughout their cancer journey, including 24/7 access to information through [www.cancer.org](http://www.cancer.org) and a toll-free National Cancer Information Center at (800) 277-2345.



Jill Elder, senior executive director for the American Cancer Society (right), presents Wayne County Executive Robert Ficano with an award that recognizes Wayne County residents for their fund-raising efforts for the American Cancer Society. Theresa Burgess, a volunteer with Relay For Life of Redford, also was on hand at American Cancer Society's Southfield office for the award presentation.

## Susan Hubbard FOR WAYNE COUNTY CIRCUIT JUDGE

### TOP CHOICE FOR CIRCUIT JUDGE



**EXPERIENCE**

- Attorney - 19 years practicing in Wayne County's Third Circuit Court
- Legislator - 19 years as elected Dearborn Councilwoman and Wayne County Commissioner
- Mediator - Wayne County Mediation Tribunal helping to resolve cases before the court

**INTEGRITY**

- Introduced Wayne County's first Ethics and Procurement Laws. "Susan Hubbard has acted as the county's watchdog in pursuit of efficiency and accountability throughout county government." Former Detroit News endorsement for Wayne County Commissioner.

**NOTE the Non-Partisan Ballot for Circuit Court Judge**

[HubbardforJudge.com](http://HubbardforJudge.com)

### ACHIEVERS

**Robert Bristol**, the son of Darryl and Valarres Bristol of Westland, has been awarded a four-year scholarship to Berea College in Berea, Kentucky. A graduate of Wayne Memorial High School and the valedictorian of Westland Christian Academy, he has been inducted into the Technical National Honors Society and received a Senior Honor Award (cum laude) from Wayne High and the Michigan Competitive Scholarship Award.



**Kevin Erdmann**, the son of Dennis and Susan Erdmann of Traverse City and Wayne, has been recognized as a member of Sigma Alpha Lambda, National Leadership and Honors Organization at the University of Michigan. Sigma Alpha Lambda is a national leadership and honors organization dedicated to promoting and rewarding academic achievement and providing members with opportunities for community service, personal development, and lifelong professional fulfillment.

Erdmann is a 2008 graduate of Wayne Memorial High School.

**Olivia LaFortune** of Westland has been named to the Dean's List for the spring semester at Olivet College. LaFortune, a full-time student, maintained a 4.0 grade point average to earn the academic honor.

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# Spending an inheritance means choosing wisely

**Q:** Dear Rick: I received an inheritance and I'm not sure what I should do with the money. I don't need the money to live and I have no debt. I have talked to a couple of financial planners and, to be honest, I don't trust them. All they want to do is sell me something. I've narrowed it down to three choices for the money. The first is to give the money to my children. They will eventually get the money, so why not give it to them now? The second option is to buy a CD at my credit union. The third option is to invest the money in U.S. Treasuries. What should I do with the money?



**Money Matters**  
Rick Bloom

**A:** An individual's goals and objectives, along with his/her risk tolerance level, are key to successful investing.

It appears that your goal is to eventually give the money to your children. You do not need the money to cover your living expenses and you are a conservative investor. Based upon these premises, here are the pros and cons of each alternative.

- Gift the money to your children now.
- By gifting the money now, you can participate and see the enjoyment the money brings them. The downside of this option is that if you need the money in the future, you will not be able to get it. Keep in mind that what you are doing is irrevocable. Another potential downside is the tax consequences. Depending upon the amount involved and the number of children you have, there may be gift tax consequences. Make sure to structure the transaction in such a way to avoid gift taxes.

- Purchasing a certificate of deposit (CD).
- This is a very conservative option. The benefit is the principal will remain intact so if you need the money unexpectedly down the road, it will be available to you. The downside of this plan is that interest rates are very low and you will be taxed on the income.

- U.S. Treasuries also have the advantage of safety.

If you buy a U.S. Treasury and hold it to maturity, you will get your money back. However, just like CDs, the interest rate is low and subject to federal

income taxes.

I believe the main issue to concentrate on is whether you should gift the money to your children. Unless someone has substantial reserves, I'm not in favor of gifting. We never know what the future will bring. We are living longer and who knows what expenses are in the future.

Think twice about gifting the entire amount of money. Be sure you will have a rising income throughout your lifetime, as well as reserves for hidden, unexpected expenses.

If you decide to retain the inheritance or a portion of it, U.S. Treasuries and CDs are a conservative way to go. My advice would be to stay short term. I don't think it makes sense to lock money up long term.

Gifts to loved ones during your lifetime does give you the opportunity to see how your money is used and, if nothing more, to be thanked.

Good luck!

**Rick Bloom** is a fee-only financial adviser. Observer & Eccentric readers can submit questions at [moneymatters@hometownlife.com](mailto:money matters@hometownlife.com). For more information, visit Rick's Web site at [www.bloomassetmanagement.com](http://www.bloomassetmanagement.com).

## Wayne County earns 11 achievement awards

Wayne County has a few awards to hang on its walls - 11 to be exact.

The county recently received 11 National Association of Counties (NACo) Achievement Awards for such things as building a multi-governmental and stakeholder collaboration toward the development of a regional aerropolis, a scrap tire cleanup program and purchasing the historic Guardian building in downtown Detroit to efficiently combine and house county operations.

"We know that governments today have to work better, smarter and more efficient,"

said Wayne County Executive Robert Ficano. "We are proud of the 11 programs recognized by NACo. They enhance our communities here in Wayne County."

The other eight award-winning programs were:

- A nuisance abatement program to help rid Wayne County neighborhoods of blighted properties.

- An urban farming initiative used to transition newly released inmates back into society.

- An innovative electronic management and budgetary program to help Wayne County

improve the provision of services to taxpayers.

- A film department that facilitated many projects filmed in Wayne County bringing in millions of investment dollars and jobs.

- A program that expunges criminal records for eligible people for eligible people.

- A court pilot program that provides a mental health continuum of care for inmates or people in the criminal justice system.

- Programs to test juveniles in detention facilities and adults in jails for sexually transmitted diseases.

## Get your game on!



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<b>U9</b>	<b>\$155 Dual</b> or \$120 Single season
<b>U10</b>	<b>\$165 Dual</b> or \$130 Single season
<b>U11 or U12</b>	<b>\$175 Dual</b> or \$140 Single season
<b>U13 or U14</b>	<b>\$185 Dual</b> or \$150 Single season
<b>U15 or U16</b>	<b>\$175 Single season</b>

Registration closes **August 11**

Check our website or call for additional information

[www.GardenCitySoccer.com](http://www.GardenCitySoccer.com) (734) 956-0203

*Garden City Soccer Club has been serving Garden City children for over 30 years. During those years it has been the mission of this club to organize, conduct and supervise a soccer program for the youth in and near Garden City, as well as to promote and advance the cause of good sportsmanship through the game of soccer. Special emphasis shall be placed on player development, teaching the fundamentals of soccer and fostering a love for and enjoyment of the sport. Through this we are able to build character in one's self, pride in community, and respect of fellow competitors. Garden City Soccer Club is 100% volunteer supported, organized and operated.*

# Shred-It Day

## Saturday, August 7th

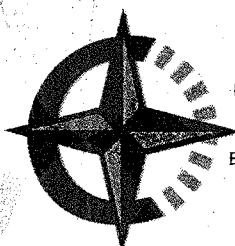
### 9:00 a.m. - 1:00 p.m.

### Livonia Branch - 37401 Plymouth Rd.

**We are doing this for your safety!**

Today we need to be more and more concerned what we put in the trash and it's so important to shred everything with personal information. If you have a lot of paperwork that needs to be shredded and it's just too much for your home shredder, we can help.

You can bring up to four (4) paper grocery size bags of items to shred, or small boxes approximately the same size. You do not need to remove staples or paperclips. However, **you will need to stay with your documents until they have been put into the shredder** (documents cannot be dropped off).



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# Westland man is suspect in fatal shooting of officer

A 31-year-old Taylor police officer is dead, and the suspect is described as a 36-year-old Westland man.

Taylor police Cpl. Matthew Edwards was killed about 6 a.m. Friday in a shooting at the Coppertree Townhouses. Edwards and his partner were responding to a report of a man trying to enter an apartment through a window. They found a man matching the description in the parking lot. Witnesses told police that Edwards was speaking with the suspect when they saw him pull out a gun and shoot the officer.

Edwards' partner returned fire, shooting the suspect several times. The man was taken to Oakwood Hospital where he underwent surgery Friday afternoon. Police declined to identify the suspect, but said he could be charged as soon as July 24 in the shooting.

Edwards also was transported to Oakwood Hospital where he was pronounced dead. He is the first officer killed in the line of duty in the history of the Taylor Police Department. He joined the department in January 2005 and was named Officer of the Year in 2008 by the Police Officers Association of Michigan.

"Officer Edwards made the ultimate sacrifice, something we sometimes take for granted as we put on our uniforms every day," Police Commander Dan Crowell said. "As law enforcement officers, we all expect to go home at night to our families."

Edwards is survived by his wife and two young children.

Flags have been lowered to half staff in the city of Taylor, and police officers are wearing black bands around their badges in memory of Edwards.

## Vacation Bible school

It's going to be a "High Seas Expedition" vacation bible school at Good Hope Lutheran Church, 28680 Cherry Hill, Garden City 6-9 p.m. Friday, Aug. 6, and 9 a.m. to 2:30 p.m. Saturday, Aug. 7. A \$5 donation is requested but not required. Call (734) 427-3660 for registration and additional information.

## Stitching social

Stop by Maxwell's Arts and Treasurers for its Stitch Away Social 6-8 p.m. the first Monday of the month. Crochet, knitting, hand sewing and needle art welcome. Bring a project that is currently in the works, or get some advice on how to start on something new. The cost is \$5 per person.

Maxwell's is at 32416 Industrial, north of Ford, Garden City. For more information, call (734) 427-5300, Ext. 7.

## Tool Time exhibit

Time is running out to take in the "His & Hers" Tools that are on display on the main floor of the Garden City Historical Museum in the Straight Farmhouse. The exhibit closes Aug. 8.

If you thought tools were only used by men, think again. Women had tools for their housekeeping jobs, too. You have them. Guess the number of items in "The Box." The closest guess wins an American Tourister bag.

The farmhouse is at 6221 Merriman, north of Ford. It's open noon-3 p.m. Wednesdays

and Saturdays. For more information, call (734) 838-0650.

## VA consultation

Are you entitled to federal benefits from the Veterans Administration? Are you applying for federal benefits from the VA? Are you fighting for an increase of benefits from the VA? If you answered yes to any of the aforementioned questions, Project SALUTE from the University of Detroit Mercy has the answers.

On Monday, Sept. 13, at 7:30 p.m., at PLAV Post #166, 39375 Amrhein (at the corner of Echols) in Livonia, free individual consultations will be provided along with a complete presentation of available disability and pension benefit matters. Bring your DD-214 (discharge papers), recent rat-

ing decisions and any other documentation which will help attorneys understand and evaluate your current position.

## Preschool enrollment

Garden City Preschool housed in Lathers School has fall openings for children who will be age 3 or 4 by Dec. 1, 2010. There's morning classes two days a week for three-year-olds and morning and afternoon classes two or three days a week for four-year-olds.

The tuition-based program runs for 34 weeks. FIA families welcome. For more enrollment information, call Linda at (734) 762-6362

The program is also hiring early childhood staff. For staffing information, contact Sonya at (734) 762-8440.

## AROUND WESTLAND

### Spaghetti dinner

If you love spaghetti, then pencil it in on your calendar for Aug. 6. That's when the Wayne Masonic Lodge will sponsor a spaghetti dinner fund-raiser for the Special Olympics of Wayne/Westland.

The dinner will be served 4-8 p.m. at the lodge at 37137 Palmer, west of Wayne Road in Westland. The cost is \$6 per person.

For more information about Wayne Lodge Masons visit their website at [www.waynelodge112.org](http://www.waynelodge112.org).

The Wayne Lodge Masons also

will sponsor their free Child ID program 11 a.m. to 5 p.m. Aug. 28 and 29 at the 2010 Wayne Wheelfest in Goudy Park in Wayne. More information about the Masons' Child ID program is available at [www.michiganchildid.org](http://www.michiganchildid.org).

### Vendors needed

The Wayne-Westland Salvation Army is looking for sales consultants from direct selling companies to display and sell their products at a sales event Oct. 18.

Rental space is \$20-\$30 for the sale which will be held at the Salvation Army building at

2300 Venoy, south of Palmer, Westland. The event is a fundraiser for two of the corps' youth groups which are working toward a week-long trip to the Northwoods Camp in Finlayson, Minnesota.

For more information, contact Sandy Kollinger at [sandra\\_kollinger@usc.salvationarmy.org](mailto:sandra_kollinger@usc.salvationarmy.org) or Josh Hubbard at [joshua\\_hubbard@usc.salvationarmy.org](mailto:joshua_hubbard@usc.salvationarmy.org).

### Car show for vets

The third annual Car and Bike Show for Vets is scheduled for 9 a.m. to 2 p.m. Saturday, Aug. 7, at the Wayne-Ford Civic League, 1645 Wayne Road, Westland. This is a new location for the show.

Proceeds from the event, which last year raised \$27,000 for the Ann Arbor VA Hospital

and the Wayne County Stand Down for Homeless Vets, which benefits local veterans.

### Bailey pool


When the weather gets too hot, cool off at the Bailey Outdoor Pool which is open daily through Sept. 6, weather permitting. There are two sessions daily - noon to 3 p.m. and 4-7 p.m. The pool features a toddler swim area, a water slide and a climbing wall. Swim lessons are also available in the morning.

HAP sponsors free aerobic aquatic classes 3-4 p.m. Tuesdays and Thursdays. Birthday party packages, and evening private rentals are also available.

For more information, call (734) 722-7620.

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#### NEW VIEWS OF FIBROMYALGIA

In the past, the medical community has defined fibromyalgia as a condition with features of fatigue, poor sleep, daily pain, and multiple sites of pain called pressure points. The pressure points were the hallmarks of fibromyalgia and occurred in the elbows, shoulders, neck, low back, thighs and knees. The diagnosis of fibromyalgia required a person to exhibit 11 or more of 18 possible pressure points.

However, over the last decade, physicians who see a number of patients with fibromyalgia noted that individuals with fatigue, difficulty sleeping and daily discomfort typical of fibromyalgia, did not exhibit pressure points.

Because of the absence of this feature, doctors not familiar with the changing presentation of fibromyalgia would diagnose another problem such as "chronic pain." Often, the physician would treat the chronic pain with oral steroids and/or narcotics. Such medications are not useful in fibromyalgia and if used for a prolonged time have side effects such as increasing the risk of steroid related osteoporosis or causing opiate related dependency.

To meet this change in the nature of fibromyalgia and to prevent the medical community from using inappropriate medications, the American College of Rheumatology has come out with new criteria for the diagnosis of fibromyalgia. These criteria emphasize the daily pain, its migrating nature, and its location throughout the body. In addition, the new criteria give importance to fatigue, headaches and difficulties the fibromyalgia patient experiences in work and daily living.

The new criteria changes will bring greater accuracy to the diagnosis of fibromyalgia.

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A public accuracy test will be conducted at the time and location listed, for the purpose of testing the accuracy of the tabulating equipment, and programs, which will be used to record and tabulate voted ballots for the General Primary Election to be held on Tuesday, August 3, 2010 in Garden City, Wayne County, Michigan.

Location: Civic Center (City Hall)  
6000 Middlebelt  
Garden City, Michigan 48135

Date: July 28, 2010  
Wednesday

Time: 10:00 a.m.

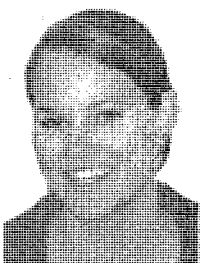
Contact: Allyson M. Bettis  
City Clerk  
734-793-1620

Publish: July 25, 2010


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*Hanna from Norway, 16 yrs.*  
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*Klats from Germany, 17 yrs.*  
Loves camping and playing soccer. Klats dreams has been to spend a school year in the USA.

**Call Jose at 734-522-5273 or Emma at 1-800-677-2773 (Toll Free)**

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# Cookbooks offer recipes for your health

There's no arguing that people are always looking for new recipes. Whether in the supermarket, a summer barbecue, a school event or even when spending some quiet time with friends and family, more often than not, conversations turn to food and how best to prepare it.

Acquaintances can often find common ground when talking about a family's coveted, multigenerational pound cake, as well as, a "tried for the first time" seven-alarm salsa recipe. Even complete television stations are dedicated to food and cooking.

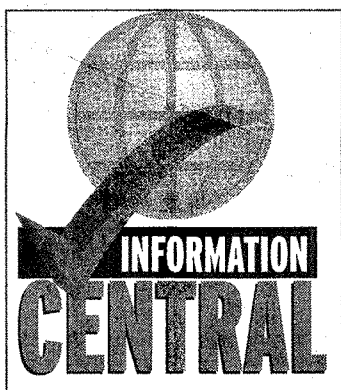
So it should be no surprise that you can walk into any bookstore or library and find shelves upon shelves of cookbooks. Meat eaters to vegans, junior cooks to gourmet food lovers are all represented between the covers of books and magazines.

Beyond that, though, many people may need or want to adjust their cooking in order to help them feel better or cope with specific health issues. It's good to know there is no shortage of these types of cookbooks available at the library.

Diabetes is a concern for many people. Controlling and modifying food intake often aids in maintaining this disease. The American Diabetes Association has published many cookbooks to help keep you on track while creating tasty meals and snacks. Some of their books available in the library include "Diabetes & Heart Healthy Cookbook" (co-published by the American Heart Association) and "The All-Natural Diabetes Cookbook: The Whole Food Approach to Great Taste and Healthy Eating."

Other popular diabetic cookbooks you can find include Jackie Mills' "The Big Book of Diabetic Desserts: Decadent and Delicious Recipes Perfect for People with Diabetes," Judith Finlayson's "Diabetes Slow Cooker Recipes," Fabiola Demps Gaines and Roniece Weaver's "New Soul Food Cookbook for People with Diabetes: and Ellen Haas's "Diabetes Fit Food: Over 200 Recipes from the World's Greatest Chefs." Cookbooks are not limited to only addressing the needs of the diabetic, though.

When cancer hits, food often seems like the last thing on a person's mind, however, the American Cancer Society's "What to Eat During Cancer Treatment: 100 Great Tasting, Family-Friendly Recipes to Help You Cope" suggests a different idea. Rebecca Katz's "One Bite at a Time: Nourishing Recipes for People with Cancer, Survivors and Their Caregivers" and "Betty Crocker's Living with Cancer



Cookbook" also provide recipes worth testing.

For irritable bowel syndrome sufferers, cookbooks are available which focus on providing relief from the discomfort associated with this syndrome. Patsy Westcott's "Irritable Bowel Syndrome: Recipes and Advice to Control Symptoms," Elaine Magee's "Tell Me What to Eat If I Have Irritable Bowel Syndrome" and Heather Van Vorour's "Eating for IBS: 175 Delicious, Nutritious, Low-Fat, Low-Residue Recipes to Stabilize the Toughest Tummy" may prove to be good night time reading.

Family gatherings sometimes pose challenges when creating meals for everyone to enjoy. That's why Donna Weihofen's "Easy-to-Swallow, Easy-to-Chew Cookbook: Over 150 Tasty and Nutritious Recipes for People Who Have Difficulty Swallowing" and Randy Wilson's "I-Can't-Chew Cookbook: Delicious Soft-Diet Recipes for People with Chewing, Swallowing, and Dry-Mouth Disorders" are important. Preparing tasty foods that everyone can enjoy is a great way to let your guests know they are truly welcome.

No matter what ails you, cookbooks are available to help you keep on your food plan, while ensuring your meals are tasty and satisfying. People with migraine headaches, Chronic Fatigue Syndrome, Fibromyalgia, acid reflux, allergies, lactose and gluten intolerance and many more health issues can also find cookbooks to satisfy their tastes. And ladies, what cookbook collection would not be complete without Nina Shandler's "Estrogen the Natural Way: Over 250 Easy and Delicious Recipes for Menopause" and Cathy Luchetti's "The Hot Flash Cookbook."

Medications also impact a person's diet so Gail Beynon's "The Coumadin (Warfarin Sodium Tablets) Crystalline Cookbook: A Guide to Healthy Meals When Taking Coumadin" should not be

forgotten.

So whether you like to try your hands at new recipes or just enjoy looking at pictures of perfectly prepared foods, stop by the library to find something to satisfy your taste buds.

The William P. Faust Public Library of Westland is open 9 a.m. to 9 p.m. Monday-Thursday and 9 a.m. to 5 p.m. Friday-Saturday or visit us at [www.westlandlibrary.org](http://www.westlandlibrary.org). And don't forget to become our fan on Facebook or follow us on Twitter 24/7.

## Highlighted Programs

### Fight Foreclosure One-on-One Counseling Session: 5-8 p.m. July 26

Homeowners are invited to schedule a private, 30 minute, one-on-one meeting with a foreclosure counselor, from the Wayne County Fight Mortgage Foreclosure Program. Call (734) 326-6123 or stop by the library to schedule a session. Space is limited. The Mortgage Foreclosure Prevention Program is a no fee, Wayne County program providing you an expansive network of certified counselors who will help you avoid or manage a mortgage foreclosure. Additional dates scheduled in August. Call the library for more information.

### Super Smash Bros. Brawl Tournament, Part II: 5-8:30 p.m. July 27, ages 15-29

Play Super Smash Bros. Brawl and compete in our first-ever Wii video game tournament. Warm up with open play 5-5:30 p.m., when the tournament begins. Participants must be signed in by 5:30. Bring your own controller, if you can't win without it! The tournament will continue throughout the summer. Sign up now.

### Fiction Writing Group: 7 p.m. July 27, ages 18 and up

If you would like help developing your fiction or enjoy reading new and exciting fiction, please join us for one of our sessions. Two new stories will be covered each month by the group. Check with the Reference Desk for this month's stories or email: [andy.schuck@westlandlibrary.org](mailto:andy.schuck@westlandlibrary.org)

### The Fine Art of Fencing Demonstration: 6 p.m. July 28, Performance Pavilion

En garde! Join us as Benjamin Schleis from Underground Fencing Organization demonstrates various fencing techniques in the Performance Pavilion behind the library. All ages welcome.

Science Fiction/Fantasy Book Club: 7 p.m. July 28

Join us for a discussion of A Lee Martinez's "Gil's All Fright Diner." Two friends - Earl (as in the Earl of Vampires) and Duke (as in the Duke of Werewolves) - are driving along one evening when their truck runs out of gas. They wind up at an all-night diner in Rockwood, a small desert town that has a bit of a zombie problem. Copies will be available up to a month before at the Reference desk.

### Techno Beats: 6 p.m. July 29

Feel the beat as local DJ Joe Vargas talks about the evolution of the Techno genre, and its ties to Detroit and the Electronic Music Festival. A musical set will follow. Call the library at (734) 326-6123 for more information.

### Summer Concert Series: Lynn

LaPlante Group at 7 p.m. July 29, ages 14 and up, Library Pavilion

This evening's featured performers are the Lynn LaPlante Group, "an exciting mix of acoustic jazz styles, featuring Latin, bop and post-bop jazz, all with an emphasis on rich ensemble writing. Inspired by the early 1950s work of Miles Davis modern Latin Jazz styles, LL7 showcases the imagination, variety, and taste of LaPlante's horn arrangements. LL7 plays a range of music from breath-taking jazz lines to lush romantic ballads to fiery Latin jazz and Latin adaptations of jazz standards." Come early to get a seat. Limited seating, so bring a chair, if you're late. For a complete list of Summer Concert performers, stop by the library

or check out [www.westlandlibrary.org](http://www.westlandlibrary.org)

### Friday Night Movie Cult Classics: 7 p.m. July 30, "Monty Python and the Holy Grail"

This week's selection is "Monty Python and the Holy Grail" (Rated PG). King Arthur and his knights embark on a low-budget search for the Grail, encountering many very silly obstacles. This is an after-hours program. Library doors open at 6:30 p.m.

Information Central was compiled by reference librarian Marilyn Kwik. The William P. Faust Public Library is at 6123 Central City Parkway, Westland. For more information, call (734) 326-6123 or go online to [westlandlibrary.org](http://westlandlibrary.org).



## CITY OF GARDEN CITY Notice of Election

To the Qualified Electors of the City of Garden City, Wayne County, Michigan:

Notice is hereby given that the General Primary Election will be held in the City of Garden City on,

**TUESDAY, AUGUST 3, 2010**

From 7:00 a.m. to 8:00 p.m. at the regular polling places. Candidates of the Democratic and Republican parties and non-partisan candidates for the following offices are to be voted upon:

- Governor
- U. S. Representative in Congress
- State Senator
- State Representative
- County Executive
- Sheriff
- County Clerk
- County Commissioner
- Delegate to County Convention
- Judge of Third Circuit Court, Non-Incumbent Position - Vote 1

The following proposal will also be voted on:

### Wayne County Transit Authority Millage Renewal

If approved this proposal shall renew in 2010 the .59 mill levied by the Wayne County Transit Authority and allow continued support to the Suburban Mobility Authority for Regional Transportation, serving the elderly, handicapped, and general public of Wayne County.

Shall the tax imposed on taxable property in the Wayne County Transit Authority area which expired with the 2009 tax, be levied for four (4) years, 2010, 2011, 2012, 2013, inclusive, at 0.59 mill (59 cents per \$1,000 taxable value), for the purpose of making contributions in aid of the Suburban Mobility Authority for Regional Transportation (SMART) and its purpose of serving the elderly, handicapped and general public in the county of Wayne? It is estimated that 0.59 mill would raise approximately \$12,158,000 when levied in 2010.

Yes \_\_\_\_\_ No \_\_\_\_\_

I, RAYMOND J. WOJCIWICZ, Treasurer of Wayne County, Michigan, do hereby certify that, as of June 3, 2010 the total of all voted increases in excess of the tax rate limitation established by Section 6, Article IX of the Constitution of the State of Michigan, as amended, and the years such increases are effective on property in the County of Wayne are as follows:

### WAYNE COUNTY

Local Unit	Date of Election	Voted Increases	Years Increases Effective
County of Wayne	08/08/2000	1 mill	2009
Wayne County Regional Educational Service Agency	08/06/1974 11/08/1988 08/06/2002	1 mill 1 mill 1.5 mills	2005 indefinitely 2005 indefinitely 2005 indefinitely
Wayne County Jail	08/06/2002	1 mill	2011
Wayne County Parks	08/02/2005	0.25 mills	2010
<b>OTHER TAXING AUTHORITIES</b>			
Schoolcraft Comm College	10/07/1985	.05 mills	Unlimited
<b>GARDEN CITY SCHOOLS</b>			
Garden City Schools	06/11/2001 06/10/2002 06/10/2002	3.1 mills 18 mills 2 mills	2005 thru (not to exceed 30 years) 2012 non-homestead 2005 thru 2012

The places of voting for the Primary Election to be held on August 3, 2010 will be as follows:

- Precinct 1 Farmington School  
33411 Marquette
- Precinct 2 Memorial School  
30001 Marquette
- Precinct 3 Lathers School  
28351 Marquette
- Precinct 4 Lathers School  
28351 Marquette
- Precinct 5 Memorial School  
30001 Marquette
- Precinct 6 Garden City Middle School  
1851 Radcliff
- Precinct 7 Maplewood Center  
31735 Maplewood
- Precinct 8 Henry Ruff School  
30300 Maplewood
- Precinct 9 Civic Center  
6000 Middlebelt
- Precinct 10 Douglas School  
6400 Hartel

All polling places are handicapper accessible. If you anticipate difficulties at your normal polling place please phone the City Clerk's office to arrange an alternate location. Absentee Ballots for this Election are available at City Hall, 6000 Middlebelt, through 4:00 P.M., Monday, August 2, 2010 to anyone who meets one of the following requirements: Electors age 60 or older; Electors who expect to be absent from Garden City the entire time the polls are open on Election Day; Electors who are physically unable to attend the polls without the assistance of another; Electors who cannot attend the polls due to tenets of their religion; or Electors who are confined to jail awaiting arraignment or trial. Furthermore, any voter who requires assistance to vote by reason of blindness, disability, or inability to read or write may be given assistance by a person of the voter's choice, other than the voter's employer or agent of that employer or officer or agent of the voter's union.

In addition to our regular hours, the City Clerk's Office will be open on Saturday, July 31, 2010 from 9:00 a.m. to 2:00 p.m. for the sole purpose of absentee voting.

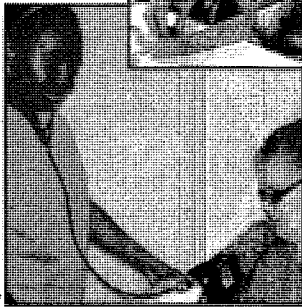
ALLYSON M. BETTIS  
CITY CLERK  
CITY OF GARDEN CITY, MICHIGAN

## WILLIAM D. FORD CAREER-TECHNICAL CENTER

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- Automotive Technology
- Business/Computer Technology
- Certified Nurse Aide (CNA)
- Construction Technology
- Culinary Arts/Hospitality
- Desktop Publishing
- Digital Media
- Electronics/Robotics Technology
- Emergency Medical Technician (EMT)
- Graphic Design
- Graphic/Printing Communications
- Heating/Air Conditioning Refrigeration (HVAC)
- Medical Assisting
- Welding Technology



Open to any adult seriously interested in seeking extensive job skill training. Training is available free of charge to the following:

- FREE** To youth 17-20, under Intra-County Schools of Choice Plan
- FREE** To non-grad adults and those w/G.E.D.
- FREE** To junior and senior high school students in cooperating schools
- FREE** To UAW members and dependent children\*
- FREE** To others who qualify at Michigan Works

\*Not available as a benefit in all UAW contracts - check your Benefits Office. Some restrictions may apply. Reasonable rates to those not qualifying for free tuition.

Call Today to Register!

**734-419-2100**

**William D. Ford Career-Tech Center**  
36455 Marquette • Westland, MI 48185  
Wayne-Westland Community Schools



Adult Evening Classes  
Start September 8<sup>th</sup>

### Providing Adults with Technology & Training

It is the policy of the Wayne-Westland Community Schools Board of Education to prohibit any acts of unlawful discrimination in all matters dealing with students, employees or applicants for employment. The Wayne-Westland Schools reaffirms its policy of equal educational and employment opportunities for all persons without regard to race, age, color, religion, sex, weight, height, marital status, national origin, or disability and/or handicap which is unrelated to an individual's qualifications for employment or promotion, or which is unrelated to an individual's ability to utilize and benefit from the School District's educational opportunities, programs and facilities. Inquiries concerning the application of Section 504 legislation should be directed to the coordinator (734-419-2645). Inquiries concerning the application of Title VI, Title VII or Title IX legislation should be directed to the Deputy Superintendent/Educational Services (734-419-2015).



**Wish You Were Here**

When Garden City PTA members Linda Bodnovits (from left), Violet Streeter and Nina Perrin were to Memphis, Tenn., June 10-13 for the 114th National PTA Convention, they made sure they paid a visit to Graceland, Elvis Presley's home. If you go on vacation, be sure to take a picture with your Observer and send it to Sue Mason, 615 W. Lafayette, Second Level, Detroit, MI 48226 or by e-mail to smason@hometownlife.com. Be sure to include your name and information about your photo.

# Being alert can take heat out of thefts

H.E.A.T. (Help Eliminate Auto Thefts) is once again warning drivers to stay alert this summer.

"As summer gets underway, drivers often carelessly give thieves easy access to personal property and vehicles," said Terri Miller, director of H.E.A.T. "Auto theft rates are highest in summer months, making it even more important to stay alert and practice auto theft prevention, whether you're at home or on vacation."

"The Auto Theft Prevention Authority reports that vehicle thefts in Michigan are at their highest in July and August," said Detective Adam Henderson of the Michigan State Police. "Michigan drivers need to be educated, alert and take an active role in protecting themselves and their property."

H.E.A.T. has tips for keeping cars and belongings safe during the warm weather ahead:

- Lock and load - Always

lock your car when your vehicle is unattended, and remember to set alarms or other anti-theft devices every time you get out. Close windows tightly, and don't forget the sunroof.

- Watch those wheels - Thieves are targeting tires and rims. Invest in locking lug nuts and park in your garage whenever possible.

- Out of sight - Keep all personal belongings, including GPS systems, iPods, cell phones and other valuables, out of sight.

- Kill-switch- Protect your vehicle from being started by a thief by having a mechanic install a concealed kill-switch.

- Double duty - Add a second layer of protection to your vehicle by using a steering wheel locking device, a steering column protector or an alarm with a visible indicator.

- Keep watch and report crime - Help your neighborhood by noting and reporting any suspicious activity and

writing down descriptions, license plate numbers and other helpful information. If you know anything about auto theft, chop shops, carjacking or insurance fraud, report it day or night to your local police department and H.E.A.T.'s 24/7 confidential tip reward line, 1-800-242-HEAT or online at 1800242HEAT.com.

H.E.A.T. works with Michigan law enforcement agencies to follow-up on tips. Tipsters are awarded up to \$1,000, if the tip leads to the arrest and prosecution

of a suspected car thief or a person suspected of auto theft-related insurance fraud. Rewards of up to \$10,000 are issued, if a tip results in the arrest and binding over for trial of a suspected theft ring or chop shop operators. H.E.A.T. also offers rewards up to \$2,000 for information leading to the issuance of a warrant for a carjacking suspect.

The H.E.A.T. tip line is monitored by the Michigan State Police and funded by Michigan's auto insurance companies.

**Hours:**  
MON.-SAT. 9-9  
SUN. 9-7

## Mike's Marketplace

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Livonia  
(734) 464-0330

*Your Meat & Deli Supermarket*

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	<p style="margin: 0;">Fresh Ground Beef</p> <p style="margin: 0;"><b>GROUND SIRLOIN</b></p> <p style="margin: 0;">Family Pack</p>	<p style="font-size: 2em; margin: 0;"><b>\$2.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Grade A Fresh</p> <p style="margin: 0;"><b>CUT-UP CHICKEN</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$1.49</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Boneless</p> <p style="margin: 0;"><b>BUTTERFLY PORK CHOPS</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$2.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Boneless</p> <p style="margin: 0;"><b>SIRLOIN STEAK</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$4.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Fresh Ground Beef</p> <p style="margin: 0;"><b>GROUND CHUCK</b></p> <p style="margin: 0;">Family Pack</p>	<p style="font-size: 2em; margin: 0;"><b>\$2.49</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Boneless</p> <p style="margin: 0;"><b>STEW BEEF</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$3.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Boneless</p> <p style="margin: 0;"><b>CHUCK ROAST</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$2.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Boneless</p> <p style="margin: 0;"><b>BEEF TENDERLOIN FILET MIGNON</b></p> <p style="margin: 0;">4 Steak Value Pack</p>	<p style="font-size: 2em; margin: 0;"><b>\$6.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Grade A Fresh</p> <p style="margin: 0;"><b>BBQ HALF FRYER</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$1.49</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
<b>FRESH SLICED FROM THE DELI</b>		
	<p style="margin: 0;">Lipari Lean</p> <p style="margin: 0;"><b>ROAST BEEF</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$5.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>
	<p style="margin: 0;">Lipari</p> <p style="margin: 0;"><b>MUENSTER CHEESE</b></p>	<p style="font-size: 2em; margin: 0;"><b>\$3.99</b></p> <p style="font-size: 0.8em; margin: 0;">lb.</p>

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# Area sailor takes Mackinac race trophy

## Farmington's Blaty wins new Doublehanded Class

BY DAN O'MEARA  
OBSERVER STAFF WRITER

Chuck Blaty has competed in more than a dozen Port Huron-to-Mackinac sailboat races, but this year's event was an entirely different experience for him.

Blaty, a Farmington Hills resident and co-owner of the Days End with Russ Martiniak, won the Division V Doublehanded Class — a new category of competition.

As opposed to other boats that are required to have a crew of five or more, it was just Blaty and Martiniak of Walled Lake manning the boat themselves.

"It's almost like two singlehanded races, because one person is typically sailing the boat and the other is getting his sleep," Blaty said.

"We trade watches. One guy is down; one guy is up. If I'm on deck and everything is running smoothly, I let him sleep and Russ does the same for me."

During the night, both men were up a lot of the time, and they worked together quite a bit.

With a two-man crew, that was most helpful in raising or lowering the spinnaker, the large sail.

"It was more of a challenge, doing two-man sailing," Blaty said. "It usually takes three or four guys to raise and lower the spinnaker, and we did it with two of us."

"We concentrated on trying to do it with one guy and trying not to wake the other. You would never do that with a full crew."

This is the second time in 14 races Blaty and Martiniak have won. With an eight-person crew onboard the Days End, they won the Cruising D Class in 2008.

They not only captured their class flag this year. They also finished first among all boats in the Shore Course Division V.

Blaty is one of two Farmington Hills sailors to win this year. Tim Clayson, a multiple Port Huron-to-Mackinac winner, and his crew on the Unplugged won the Division IV Cruising D Class.

While they've never met, Blaty and Clayson have talked on the phone. Clayson called to congratulate Blaty after his 2008 victory.

Near the starting line this year, they recognized each other by their boat names and exchanged well wishes across the water.

Blaty, 53, a self-employed electrical engineer, and Martiniak, who works for General Motors, had never done a doublehanded race until this year.

The Mackinac Race was only their second. As preparation, they entered the Doublehanded Sailing Association's Huron Challenge on June 26.

That was a 185-mile race on Lake Huron as opposed to 205 in the Port Huron-to-Mackinac Shore Course.

"We didn't know what to expect for the Mackinac," Blaty said. "By doing that race, we could get used to the experience."

"Finishing was the important part. We understood what doublehanded sailing is and how important it is to get your rest and work together."

In some respects, it was easier to plan for and execute the race with a smaller crew, according to Blaty.

"The logistics were very simple as far as food and other things," he said. "We went shopping

Please see **MACKINAC, B3**



Chuck Blaty of Farmington Hills (left) and teammate Russ Martiniak display the flag they received for winning the Port Huron-to-Mackinac Race July 17-19.

## SIDELINES

### O&E golf tourneys

The *Observer & Eccentric* women's golf tournament will be played Saturday, Aug. 7, at Whispering Willows Golf Course in Livonia.

Area golfers can register until 6 p.m. Monday, Aug. 2. The fee is \$50 for the 18-hole medal play.

The O&E men's tournament will be a 36-hole event on Sunday and Monday, Sept. 5-6. The first round will be played at Fox Creek Golf Course in Livonia, the second at Whispering Willows.

The fee is \$95. The deadline to enter is 6 p.m. Saturday, Aug. 28. The tournament is open to the first 120 golfers. The maximum handicap is 20.

Men and women must have a U.S.G.A. index to participate.

Gift certificates to the Whispering Willows pro shop will be awarded to the top players in each flight for low and net scores.

For more information and to download an entry form, see the website at [golfivonia.com](http://golfivonia.com); go to "leagues and outings" on the right side of the menu bar. The phone number to Whispering Willows is (248) 476-4493.

### Cruisers at Ford Field

The Oakland County Cruisers, an unaffiliated minor league baseball team, will play two home series next weekend at Ford Field in Livonia (Farmington Road, north of Schoolcraft).

The Cruisers will play a doubleheader with the Washington Wild Things, starting at 4 p.m. Saturday, July 31. The teams will play a single game Sunday, Aug. 1, with a 2 p.m. start.

The first-place Cruisers, who are 32-16 and have a five-game lead in the Frontier League, will return to Ford Field for singles game Sept. 1-2 with the Kalamazoo Kings.

For more information, see the websites at [cruisersbaseball.com](http://cruisersbaseball.com) and [frontierleague.com](http://frontierleague.com).

### Bowl-4-Animal Rescue

A passion for the sport of bowling and the care of animals will come together in the annual charity event Bowl-4-Animal Rescue Saturday, Aug. 7, at Country Lanes, 30250 W. Nine Mile in Farmington Hills.

Professional bowling champions Aleta Sill and Michelle Mullen, co-owners of Aleta Sill's Bowling World at Country Lanes, will host the fifth annual event with the goal to raise money for the Michigan Animal Adoption Network and the Friends For The Dearborn Animal Shelter.

Tickets are \$25 in advance (\$30 at the door) and include three games, food and shoe rental. Tickets may be purchased by calling Aleta Sill's Bowling World at (248) 615-9060 or via e-mail at [Michelle@YourBowlingCoach.com](mailto:Michelle@YourBowlingCoach.com).



Members of the 14-and-under Livonia Storm-Gerou squad which captured the recent USSSA Last Chance Qualifier in Sterling Heights include (front row, from left): Delainey O'Donnell, Jacquelyn Murphy, Jessica Brandon, Celeste Fidge; (back row, from left) head coach Mike Gerou, Elaine Gerou, Halee Warren, assistant coach Kevin Bias, Catherine Porter, Shannon Watson, Kaitlyn McIntosh, Casey Bias and assistant coaches Jay McIntosh and Bob Warren. (Not pictured are Aubrie Cragg and Hanna Warren.)

## Team 'Storms' into USSSA World Series

Florida sunshine is beckoning the 14U Livonia Storm-Gerou girls fastpitch softball team.

Storm-Gerou rolled off six straight wins July 17-18 to win the USSSA Last Chance World Qualifier at Liberty Park in Sterling Heights, culminating with a 6-0 win over the Dearborn Wild in the championship tilt.

That qualified the team (41-9-1) for the fastpitch World Series, from Sunday through July 31 at ESPN's Wide World of Sports in Orlando, Fla.

In the championship game, pitchers Jacquelyn Murphy and Elaine Gerou combined to blank the Wild, 6-0.

Earlier in the Last Chance tourney, Gerou

(Plymouth) threw three complete game shutouts — including a no-hitter.

Meanwhile, Murphy also won three games, featuring one shutout.

The pitchers enjoyed plenty of offensive support, as Storm-Gerou outscored opponents by a total 57-5 count.

"The girls stepped up and everyone made key contributions to our team's tournament championship," said head coach Mike Gerou.

Storm-Gerou is ranked No. 1 in Michigan and No. 3 in the U.S. according to the USSSA Class B Power Rankings.

Gerou said a season of "dedicated hard work, conditioning and unselfishness has paid major dividends."

## Coach: Trevor Gaines 'great player, person'

BY DAN O'MEARA  
OBSERVER STAFF WRITER

Trevor Gaines is remembered by his former high school coach, Denny Mikel, as one of the greatest basketball players Farmington High ever produced.

Gaines, 29, who later starred at the University of Vermont, collapsed and died while playing a pick-up basketball game Wednesday in Las Vegas.

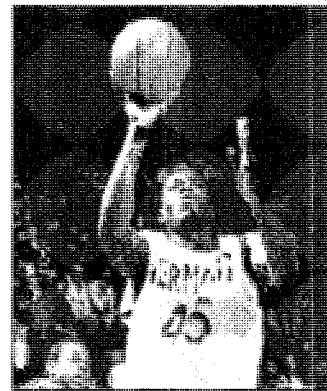
"He was certainly the most talented basketball player I had the opportunity to coach," Mikel said. "His senior season was just outstanding."

"He practically carried our team on his shoulders that whole season (1997-98). He was a fine example because he was the best player, but he was also the hardest worker."

"He was just a wonderful human being. He was a pleasure to work with and to coach. He was just an all-around fine Christian young man. He was a great player but an even better person."

The 6-foot-7 Gaines developed into a bonafide college prospect between his junior and senior years at Farmington, averaging 20.8 points and 15.1 rebounds as a senior.

"Everybody we played knew Trevor was the go-to guy," Mikel said. "They'd clog up the post and give us the outside shot. Trevor was still able to



Trevor Gaines was a star player at Farmington High and the University of Vermont.

get his points off rebounds. He got double- and triple-teamed a lot and still was a threat."

Gaines committed early to Vermont in the summer before his senior year, and he stayed with his commitment after other Division I schools came calling, Mikel said.

After he graduated from Farmington High, Gaines' family moved to Las Vegas. He had played professional basketball in Europe since his college career ended in 2002, and he spent time in Las Vegas when he was back in the U.S.

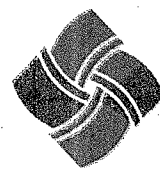
"But he always would find time to get back to Michigan and see his friends here," Mikel said. "He'd give me a call or stop by the house, and we'd talk about old times."

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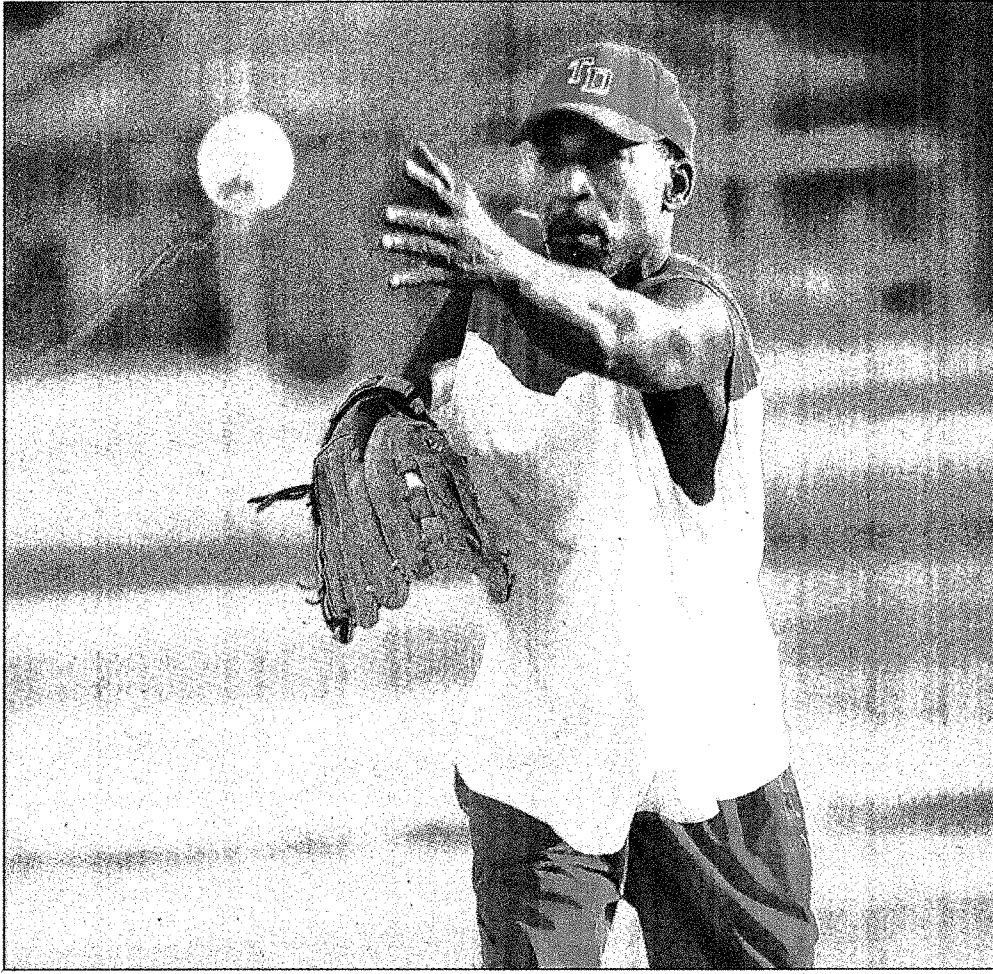
**Off the mark**

Playoff action started heating up Wednesday at Claude Allison Park in the opener of two adult coed slow-pitch softball playoff games, won 14-7 by Canton Computer Docs over John's Team. Here, a throw eludes Mark St. Aubin as Trisha Hackman reaches base safely. Both teams will return to action next Wednesday in the double elimination playoffs of Redford Parks and Recreation's spring/summer season.



**T-riffic T-birds**

The Canton Thunderbirds 13U fastpitch softball team is capping off an excellent season this weekend at the Midwest Sanctioned World Series in Columbus, Ohio. The Thunderbirds have already enjoyed success in 2010, finishing second at the Rizing Starz Fastpitch Tournament (in Toledo) and Northern Classic Fastpitch Tournament in Traverse City. The squad also won the Otisville (Mich.) Fastpitch Tournament in their division. Pictured in the front row (sitting, from left) are Lauren St. Pierre, Megan Jernigan, Sydni Smith, Bryn Birchler and Hannah Madill. In the middle row (from left) are Alexis Swanson, Amanda Demmy, Laura Neumann, Maddie Satterlee, Kaitlin Keys, Sarah Mays, Hallie Barkume, Lexi Lester and coach Casey Lester. The back row includes (from left) assistant coach Jeff Cantwell and head coach Ray Barnes. Not pictured is coach Ron St. Pierre.



**Here's the pitch**

Pitcher Roland Chiadios sends the ball toward home plate during Wednesday's second playoff game at Claude Allison Park in Redford Township, won 23-2 by College Park over Canton Computer Docs. The win improved College Park's record to 12-0-0 in the spring/summer adult coed softball league hosted by Redford Parks and Recreation.



**Call of the Wild**

The Livonia Junior Athletic League Wild, a 12-and-under girls travel fastpitch softball team, posted a 5-0 record, July 10-11, to capture the Millington Invitational. Team members include: Alaina DeFrain, Megan Chapman, Sarah Grassel, Maggie Law, Victoria Luper, Emma McCammon, Natalie Moore, Natalie Spala, Allie Strautz, Anne St. John, Julie St. John. Glenn Moore is the manager. He was assisted by Eric Luper and Pete Chapman.



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(Payments include: league supplied practices & games, league game referees, as many as 3 tournament entry fees, limited scrimmage ice, some LCAHL fees-if applicable and funds for other misc team events. USA Hockey registration and jersey costs not included.)

**Initiation Program (2004-under) \$260**  
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Enrollment fee of \$150.00 for resident.  
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This non-refundable fee guarantees a spot on a team.

For more information please call the **L.H.A. Office at 734.422.5172**  
[www.livoniahockey.org](http://www.livoniahockey.org)




**Fastpitch runner-up**

The 10-and-under Livonia Junior Athletic League Wild, a girls fastpitch travel softball team, finished second recently in the Millington Invitational with a 3-2 record. Team members include: Britney Bitgood, Clare Bunton, Sarah Cervenca, Brooke Lynn Gazzarato, Haley Hart, Morgan Kruger, Brooke Lynn, Madison Maurier, Sarah Mesack, Ashley Mireles, Kelsie Nowicki, Abby Reppen and Margaret Skubik. Matt Maurier is the team manager. He is assisted by Chris Mireles and Nina Bitgood.

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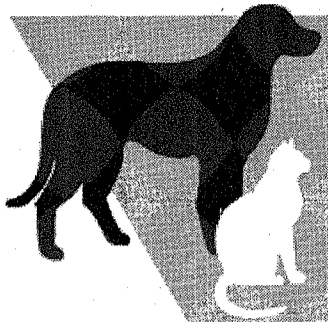

# Treat dog to ice cream, donate pet food

Dogs who stop by the "Ice Cream Pawler" at Pet-A-Palooza will receive a free sweet potato canine ice cream.

Pet-A-Palooza, an annual two-day pet adoption event, wraps up from 11 a.m. to 4 p.m. today, Sunday, July 25, at The Palace of Auburn Hills, 5 Championship Drive, off Lapeer Road, (M-24).

The Ice Cream Pawler is located at the Pet Supplies "Plus" booth, one of several attractions at the event, along with the Rock-N-Roll K-9s at 12:30 p.m. and 2:30 p.m. a "Pet Idol" talent search at 1 p.m. and trainer Robyn Minchella at 2 p.m.

Thousands of dogs and cats that are ready for adoption also will be on hand. The 25 participating rescue groups include Michigan Pug Rescue of Farmington and Guardian Angel Animal Rescue of Livonia.



## PET PROJECTS

Pets may attend the event with their owners. Parking is \$5. For more information, visit [www.michpetapalooza.com](http://www.michpetapalooza.com)

## FOOD SOUGHT

Flame Heating, Cooling and Electrical is raising awareness of the struggles pets face in a tough economy by partnering with the Michigan Humane Society to kick off its "Dog

Days of Summer" campaign.

As part of the summer-long campaign, the organizations will accept donations of pet food through Aug. 31 for the Michigan Humane Society's pet food bank program, which assists pet guardians facing financial challenges.

Unopened bags or cans of dog and cat food will be accepted. Donations can be dropped off during business hours at Flame Heating, Cooling & Electrical or at MHS.

For donations in excess of 10 large unopened bags, donors must call ahead to make arrangements before delivering directly to MHS.

Warm weather pet safety information will be available at each drop-off location.

"It's important to make sure your pet is protected from seasonal dangers. All it takes is a few simple precautions to keep

animals safe," stated Gary Marowske, president of Flame Heating, Cooling & Electrical.

He advises owners to keep pets away from backyard air condenser units. Rusted or malfunctioning units could leak dangerous coolant. Flame technicians recommend homeowners construct small fences around the units to keep pets away.

MHS also emphasizes the importance of providing fresh water and shade for pets left outdoors for any length of time in hot weather, and limiting exercise to the cooler morning or evening hours.

Flame Heating, Cooling & Electrical has a drop-off site at 11781 Longsdorf, Riverview. The Michigan Humane Society's Westland shelter is at 900 Newburgh.

For more information, call (866) MHUMANE or visit [www.michiganhumane.org](http://www.michiganhumane.org).

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## IN THE NEIGHBORHOOD

### DIVE IN

Westland's "Magic Monday Family Pool Party," will include music, games, paper airplane flying, chalk drawing, a Moonwalk, face painting, food, and swimming in the pool.

The fun is from 7:30-9 p.m., Monday, Aug. 2, at the Bailey Pool, 36651 Ford Road. Cost is \$4 for adults, \$3 for children, 12 and under; and \$1 for face painting. (734) 722-7620

### HISTORY LESSON

American House Senior Living Communities is offering free interactive classes about American history at 16 of its sites in southeast Michigan, including Farmington Hills, Livonia and Westland. The classes are led by current or retired teachers, are open to the public and run through mid-September.

"We believe we all need a refresher course on our nation's history so we can truly understand the founding principles of America and put the true meaning back into national holidays such as Independence Day," stated Bob Gillette, founder, American House Senior Living Communities.

Three current or retired teachers teach the classes from the metro Detroit area: Dolly Katzenstein, herself an American

House resident in West Bloomfield and former teacher of 33 years; Diane Langlands, a substitute teacher and night manager at the American House communities in Roseville and Clinton Township and Linda Austin, adjunct instructor at Henry Ford Community College.

Classes are held at 2 p.m. Wednesdays at the Westland location, 35700 Hunter; at 2 p.m. Thursdays at 24400 Middlebelt, in Farmington Hills; and at 3:30 p.m. Thursdays, at 11525 Farmington Road, in Livonia.

For more information, visit [www.americanhouse.com](http://www.americanhouse.com) or call (248) 203-1800.

### TEEN PAGEANT

Helena Bardakjian of Livonia recently was selected to participate in Nationals' 2010 Miss Teen Detroit pageant competition.

Helena submitted an application and took part in an interview session and will compete Aug. 1. Challenges will include modeling casual wear and formal wear and an interview with the judging panel.

If Helena wins the title of Miss Teen Detroit, she will represent Detroit and the surrounding communities at the Cities Of America National Competition that will take place in Orlando, Fla. More than \$60,000.00 in prizes and awards will be



Helena Bardakjian of Livonia

presented at the National Competition while each winner enjoys five nights and six days in Florida.

Community businesses, organizations, and private individuals assist Helena in participating in this year's competition by becoming an official sponsor for her. Through sponsorship, each contestant receives training, rehearsals, and financial support.

Any business, organization, or private individual interested in becoming a sponsor for Helena may contact her Detroit pageant coordinator, at (800) 569-2487.

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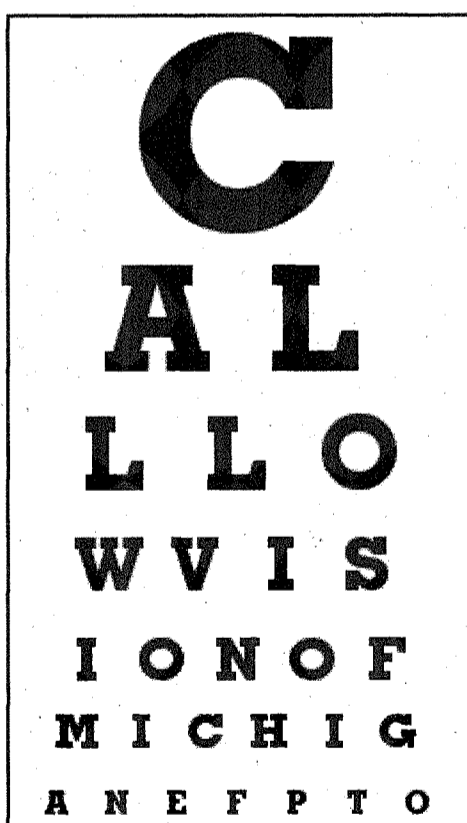
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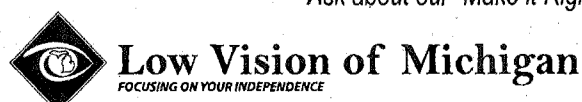
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# COMMUNITY LIFE

Sunday, July 25, 2010

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PHOTO GALLERIES  
hometownlife.com

## SUPER SNIFFER

### Four-pawed detective sleuths out bed bugs

BY SHARON DARGAY  
O&E STAFF WRITER

"Addie, find your Bs."

With a few simple words of encouragement from owner, Maureen Abbott, Addie, a cute Beagle, followed her nose along carpeting, past comfy arm chairs to a section of the skirted couch.

There, right there, the pooch seemed to say as she stopped and scratched on the floor.

"Yes," Abbott praised, feeding her as a reward for find-

ing the plastic vial hidden beneath the couch.

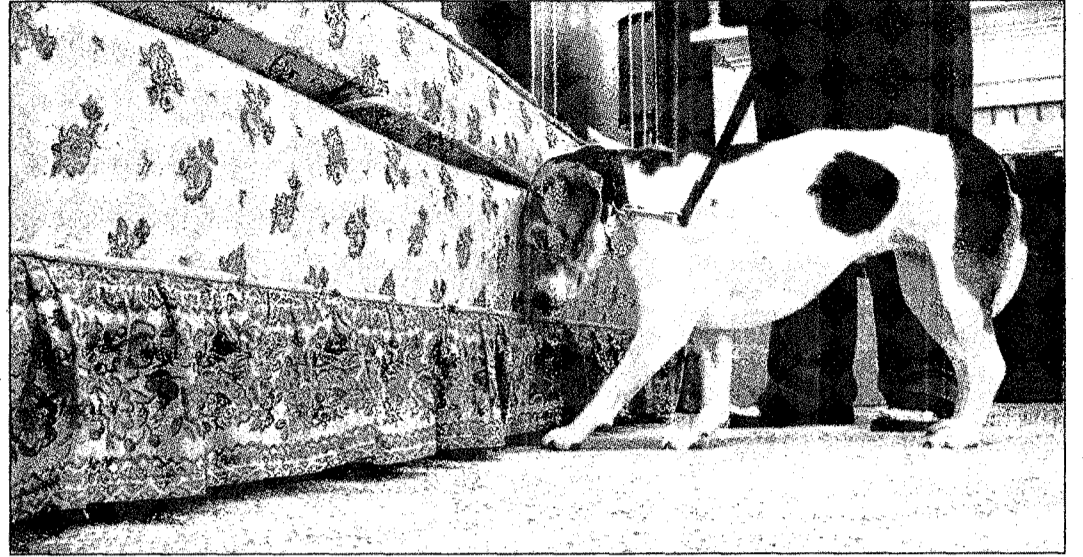
Abbott, a Bentley High School graduate who grew up in Livonia, practices the hide-and-find training scenario every day with Addie, who can smell bed bugs and their eggs inside the transparent containers.

With bed bugs making a comeback nationally, Abbott, and her husband, Michael, took classes at J&K Canine in Florida, earlier this year and learned how to handle bed bug-sniffing dogs. Addie, who

spent five months at the facility, trained to become one.

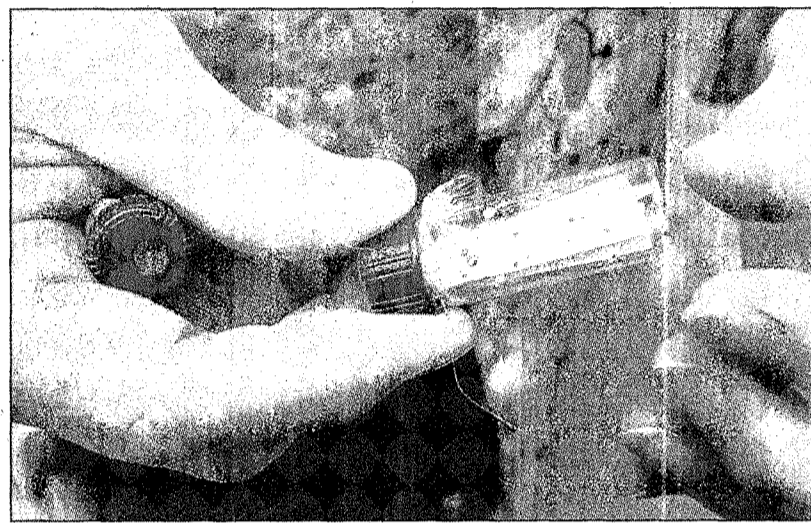
Together, the Milford couple and their pooch offer customized property inspections through their business, Bed Bug K9 Detectives.

"Bed bugs are becoming a real problem everywhere. It's just everywhere because of all the world travel," Abbott said. "People go on vacation, kids go to college and they have (bug) hitchhikers looking for a meal. They can live on anything and live anywhere as long as they have a food source."



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Addie scratches the floor, indicating that she has discovered a vial of bed bugs hidden under the couch.



Maureen Abbott holds a vial that contains a few live bed bugs, used daily to train the dog.

a big (pest management) logo" rolling into the customer's driveway.

Abbott said she's careful with Addie's practice vials. None have been broken or opened. And although she was a bit squeamish at first, Abbott finds the work more interesting than creepy.

"I've done a lot of jobs and had a lot of life experience," she said. "I've done everything. I was a school bus driver, I rented cars."

She was out of work "well over a year ago" when she saw a bed bug sniffing dog on television.

"It just looked so interesting. I thought, 'Wow, I can do something like that. I like dogs.'"

The couple owns two other canines, affable Labrador Retrievers, Cleo and Sam. They get along with Addie, but aren't trained as "working" dogs.

For more about Abbott, Addie and their business, visit [www.bedbugk9.net](http://www.bedbugk9.net). Or call Abbott at (734) 576-1832.

#### PEST INFORMATION

The Michigan Department of Health last week added several new resources about bed bugs to its website. Its new *Michigan Manual for the Prevention and Control of Bed Bugs* points out that bed bugs feed on sleeping humans and can be found in houses, hotels, shelters, apartments and dormitories.

"The presence of bed bugs in human dwellings is not caused by a lack of cleanliness. They are an equal opportunity pest that only requires a warm body and a place to hide nearby. Bed bugs are difficult to control because they are so skilled at hiding," the manual points out.

What the human eye can't see — or might take hours to detect — the trained nose can quickly find.

"It has a distinct smell," Abbott said. "That's what they (dogs) pick up on."

Addie can find eggs and young insects as well as adult bugs, making it more likely to detect an infestation early when the insects are easier

and less costly to control. Although Abbott doesn't eradicate the bugs, she can suggest various pest management companies to follow up on Addie's discovery.

#### ON THE JOB

Since forming Bed Bug K9 Detectives in early spring this year, Abbott and Addie have taken on jobs at hotels, single family residences and group homes.

"I had one woman ... they were all in her bedroom. Someone already had come

out and sprayed, but she knew she still had them. She wanted confirmation.


"I have a college student who had his place sprayed by the landlord. He told me the guy only sprayed in the corners. But they don't just live in corners. The dog can pinpoint the exact location."

Abbott said few women handle bed bug dogs and only one other business — a pest control firm — offers the service in Michigan.

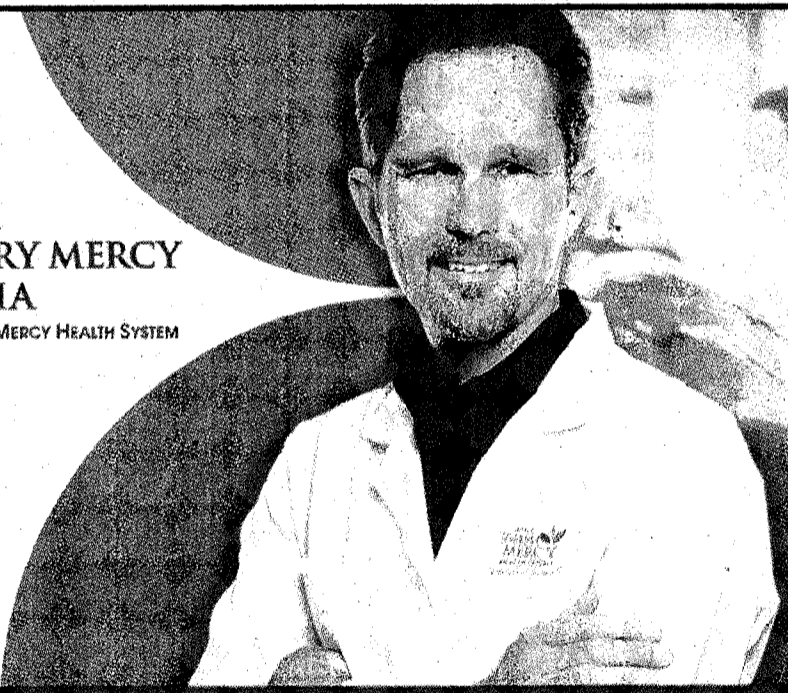
"It's very discreet," she added. "There's no van with




Addie, a Beagle mix, is in the business of sniffing out bed bugs. Her owner and business partner is Maureen Abbott, a former Livonia resident who now lives in Milford.



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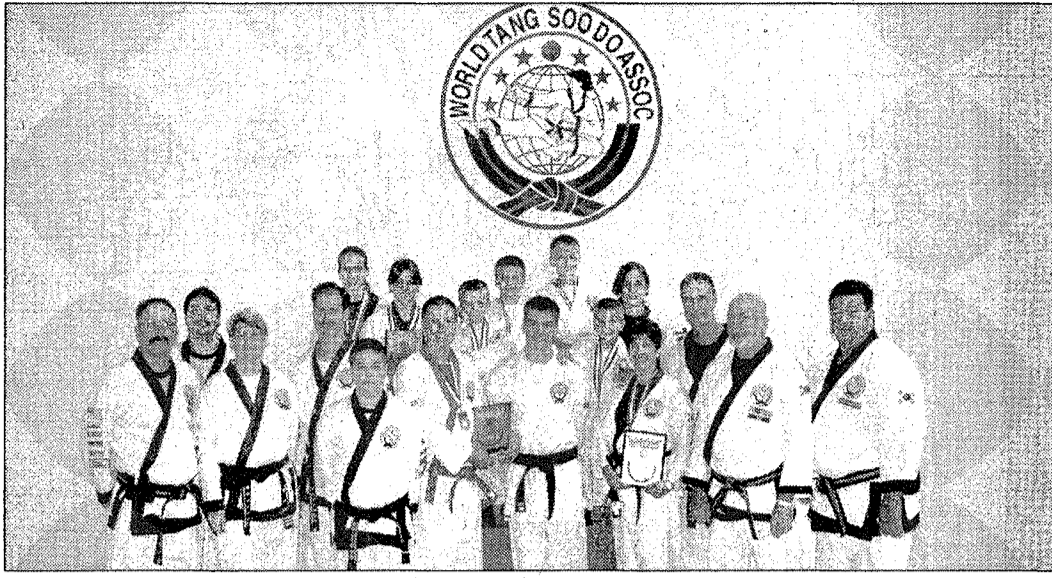
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Grand Tradition Martial Arts students participated July 16-18 in the World Tang Soo Do Association 2010 World Championship held in Greensboro, North Carolina. Students include those from Livonia YMCA and New Morning School in Plymouth. Pictured in the front row (from left) are: Master Chris Anderson, Jeff Kotalik, Genie Munch, Paul Stokfisz, Jesse Kotalik, Larry Walters, Alice Walters, Mike Flannery, Master Al Brace and Master Matt Ochs. Shown in the back row (from left) are: Becky Walters, Abby Walters, Zane Walters, Xavier Walters, Cullen Walters, Noah Walters, Sarah Walters. The event is only held once every two years and competition for medals is fierce.

# Locals shine at Tang Soo Do worlds

Grand Tradition Martial Arts students participated in the World Tang Soo Do Association 2010 World Championship July 16-18. More than 1,600 competitors from around the world compete in age, gender and rank divisions at the biennial event in Greensboro, N.C. The historic world championship included a formal ceremony promoting Grandmaster Jae C. Shin from his position for 28 years as an eighth Dan to the highest-attainable, ninth Dan rank. "Though it is always a privilege to participate in our World Championships, this was a once-in-a-lifetime opportunity with the event held at the site of our planned world headquarters," GTMA master instructor Al Brace said. "With this dream under way, Grandmaster Shin's acceptance of the proclamation of

his ninth Dan rank was truly an exciting and historic event that will long be remembered by all who attended." Also representing GTMA were chief instructor Robert Elmore along with black belts Mike Flannery and Paul Stokfisz. Placing in their divisions were black-belt competitors Mike Canfield (second, sparring), Brian Minnick (third, forms) and Jeff Wensorski (second, forms). Gup ranks (below black-belt level) included awards for Abby Walters (first, sparring; third, forms), Alice Walters (third, sparring), Becky Walters (second, sparring) and Larry Walters (third, sparring). Additional participants competing with the best of WTSDA in the world were Darin Engle, Alex Jackman, Anna Jackman, Michael

Jackman, Mike Jackman, Cullen Walters, Nick Walters, Sarah Walters and Xavier Walters. Little Dragon participants Michaela Jackman, Noah Walters and Zane Walters received medals for their accomplishments along with those 10 and under who competed. Grand Tradition Martial Arts instructs in the traditional martial art of Tang Soo Do, promoting health, safety and self-improvement with classes for men, women, boys and girls ages 4 and up. Classes meet at two locations: Livonia YMCA, 14255 Stark Rd., Livonia (734-261-2161) on Tuesdays and Thursdays; Plymouth New Morning School, 14501 Haggerty Rd., Plymouth (gtma-plymouth.com) on Monday and Thursday evenings.

# MACKINAC

FROM PAGE B1

night before. We just needed a few meals, so we got some sandwiches and a couple meals we could cook in the oven." Days End, which was among the first boats to start, managed to avoid inclement weather on that Saturday. "The storm was behind us," Blaty said. "We were already heading up the lake when it came in. We knew what was going on, but we kept going forward." "The conditions were good for our boat. The wind was favorable (although there was a known point when it quit). Eventually, it filled back in and the second half of the race the winds were fairly steady. "It wasn't a quick race; it wasn't a long race. We seemed to keep moving after that." The race was scored using a handicapped system, because all boats are not identical. The Days End won the race based on a time adjustment. Blaty and Martiniak reached the finish line at 8:14 a.m. Monday with an elapsed time of 44 hours, 43 minutes and 52 seconds. That was longer than some boats in their



Chuck Blaty (right) and Russ Martiniak step on stage to receive their first-place flag from U.S. Coast Guard officers.

class, but they won with a corrected time of 39:56:18. "If somebody is in a faster boat, they're given a time allowance," Blaty said. "We were in one of the slower boats in the race. Because of time allowance, our corrected time was lower than theirs." For the sailors involved, winning is the icing on the cake. The real enjoyment is derived from accomplishing the mission, from successfully

dealing with the elements of weather, mechanics and tactics. "It gives you the opportunity to prove something to yourself," Blaty said. "Like anything else, you only get out of it what you put into it. "When you're exhausted and the race is over, it sure makes the beer taste good. It's a personal challenge. That's why a lot of people do the Mackinac race."

# GAINES

FROM PAGE B1

Gaines was a two-time captain at Vermont. The Catamounts won a school-record 21 games his senior year, and he led his team to the America East regular-season championship. Gaines was named to the All-America East first team as a senior when he averaged 15.5 points and 11 rebounds. He set a Vermont record for double-doubles in a season with 17 and ranked seventh in the country in rebounding. Gaines scored 1,255 points in his college career and was 13th on the Vermont career list. He was third in redounds with 882.

He also received the J. Edward Donnelly Award as the top senior student-athlete at Vermont in 2002, graduating with a degree in community development and applied economics. "He was one of the greatest people we ever had at Vermont," former Vermont coach Tom Brennan told the Burlington (Vt.) Free Press. "I was really proud to be his coach. It was an honor to coach a guy that was good in every phase of his life." There will be a visitation 4-8 p.m. Thursday, July 29, at the Oh Pye Funeral Home, 17600 Plymouth Rd., Detroit. A funeral service is planned for 11:30 a.m. Friday at Greater Emmanuel Institute Church, 19190 Schaefer, Detroit, with a viewing at 11 a.m.

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# HEALTH

Sunday, July 25, 2010

hometownlife.com

## HAVE A STORY IDEA?

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## U-M strong in 'best hospital' survey

The University of Michigan Hospitals and Health Centers have been ranked among the country's best hospitals, placing 14th overall for the second consecutive year by *U.S. News & World Report* magazine. This year, U-M was ranked in every specialty and those rankings went up in 11 of the 16 categories.

U-M is the only hospital in Michigan ranked among the 14 institutions on the national honor roll, which signifies all-around excellence in multiple areas of specialized medical care.

*U.S. News* ranks each of these specialties individually, and U-M earned a high national ranking in all 16 categories.

"We are pleased to be nationally recognized in so many areas as a result of the hard work of our faculty and staff,"

stated Doug Strong, director and chief executive officer of the U-M Hospitals and Health Centers. "It is our wide-ranging strength in so many specialties that keeps us high on the list year after year."

In one category — ear, nose & throat diseases — U-M made the top 10 in the country, ranking ninth.

In urology it ranked 11th, geriatrics ranked 12th and gastrointestinal disorders ranked 13th.

Also recognized was the specialty care at U-M's Comprehensive Cancer Center, which ranked 13th, U-M's Cardiovascular Center, which ranked 11th, and the Kellogg Eye Center's ophthalmologic care, which ranked 17th.

*U.S. News* determines the "America's Best Hospitals" rankings based on hos-

pital reputation in particular specialties, and, for all but four specialties, on mortality rates and a mix of care-related factors such as nursing and patient services. Rankings in ophthalmology, psychiatry, rehabilitation and rheumatology are determined by reputation among board-certified specialists.

The hospital's other "America's Best Hospitals" rankings, are: endocrinology, 19; gynecology, 18; heart and heart surgery, 11; kidney, 20; neurology and neurosurgery, 22; ophthalmology, 17; orthopedics, 24; psychiatry, 20; rehabilitation, 19; respiratory disorders, 14; and rheumatology, 14.

*U.S. News*' 2010-11 publication of "America's Best Hospitals" hits newsstands July 27. The rankings also available online at [www.health.USNews.com](http://www.health.USNews.com).

## Breakfast plays key role in overall health

"Breakfast is the most important meal of the day."

Mothers have used that statement to coax children into eating breakfast for years. As it turns out, Mom was right, and according to TOPS Club, Inc. (Take Off Pounds Sensibly), the nonprofit weight-loss support organization, there's research to back her up.

Getting a good mix of protein, whole grains, fiber, and fruit every morning can help boost metabolism, increase energy for both the body and the brain, and help curb cravings for sweets and other foods high in fat. Research has shown that skipping meals, and especially skipping breakfast, also can make individuals more likely to eat more at the next meal or to eat high-calorie snacks before the next meal.

"Breakfast gets your metabolism going in the morning so you actually burn more calories during the day," says Joan Pleuss,

senior research dietitian in the General Clinical Research Center at the Medical College of Wisconsin and nutritional expert for TOPS. "However, that doesn't mean that you should use that as an excuse to overeat later in the day. Actually, the reverse may happen, as eating breakfast can decrease the likelihood that you will be as hungry later on."

The National Weight Control Registry (NWCR) was founded more than 20 years ago to document the habits of people who were age 18 and older and who had lost at least 30 pounds of excess weight that they had kept off for at least a year. One habit the researchers found was that 78 percent of the people in the Registry ate breakfast every day and that only 4 percent never ate breakfast.

In the Registry, the typical breakfast was cereal and fruit. Another study found that those individuals who ate a ready-to-

eat cereal for breakfast had a higher fiber content in their total diet than those individuals who didn't eat a ready-to-eat cereal. Other studies have reported that people who eat a ready-to-eat cereal for breakfast tend to be leaner than people who don't eat breakfast or eat other types of food for breakfast.

"The best breakfasts are rich in fiber and protein," Pleuss says. "Not only do they digest slowly, which means a longer time between hunger pains, a fiber-rich diet can help lower the risk of diabetes, heart disease, stroke, and colon cancer."

Putting this advice to practical use doesn't have to mean going to the store and spending a small fortune on specialty foods. Instead, a few well-planned changes, like switching to a whole-grain, wheat bread from white, can make all the difference.

"If waffles are a morn-

ing favorite, plan to purchase whole-wheat waffles in place of the more generic, processed varieties," recommends Pleuss. "Pairing the waffles with some low-fat fruit yogurt is a great way to start the day healthy and curb the urge to binge before lunch."

If lack of time is the reason you skip breakfast, try getting items ready the night before. Pour out the cereal and cut up the fruit. Place the oatmeal in the bowl so you only need to add the milk or water in the morning. Microwave it while you are getting dressed. Also have available foods that you can grab and go, like whole fruit, bagels, high-fiber breakfast bars, trail mix comprised of nuts and dried fruit, dry cereal, low-fat or fat-free yogurt, and 100 percent juice.

Visitors may attend their first TOPS meeting free of charge. To find a local chapter, view [www.tops.org](http://www.tops.org) or call (800) 932-8677.


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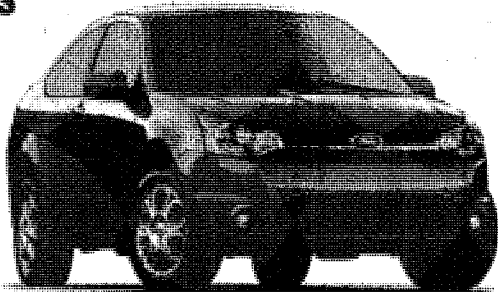
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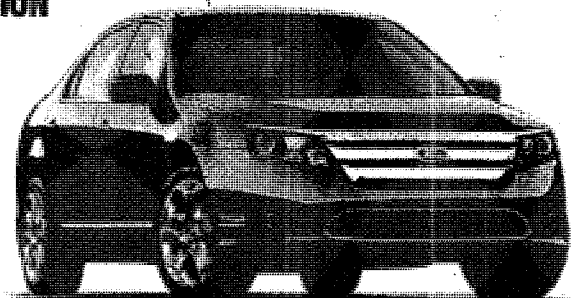
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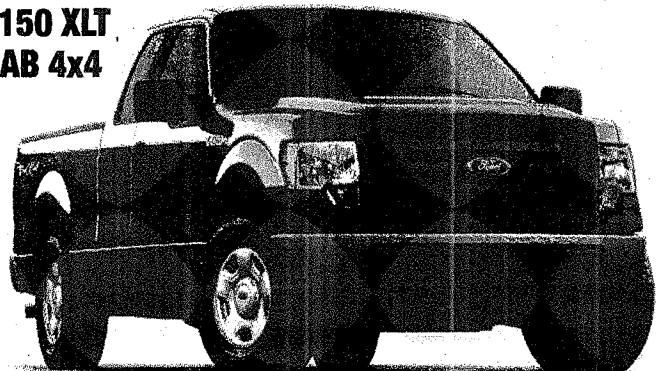
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