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Volume 45
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WESTLAND OBSERVER

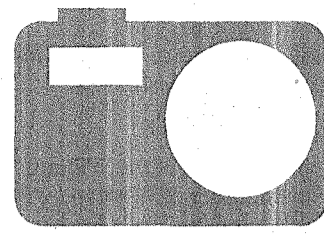


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AROUND TOWN

Family fun

There is still time to get tickets for the Family Hoe Down and the Fairy Princess Balls at the Bailey Recreation Center.

The Family Hoe Down is a Daddy/Daughter, Mommy/Son event which will feature square dancing with a caller, a complimentary photo, punch and cookies with each child receiving a gift bag. It will be held 6:30-8 p.m. Friday, Feb. 5. The cost is \$15 per couple and \$7 each for an additional child.

The Fairy Princess Balls will be held 3-4:30 p.m. and 5:30-7 p.m. Saturday, Feb. 6. Dads and daughters will dance to their favorite songs played by a disc jockey. There will be refreshments, a gift bag and tiara for each girl. Corsages are available for \$8 and must be ordered and paid for at the time of registration.

Pre-registration is required for each event. Call (734) 722-7620 for more information.

ATHENA Award

Since 1982, the ATHENA Award has been presented to more than 5,000 deserving women and men all over the United States. The organization's mission is "supporting, developing and honoring women leaders," "inspiring women to achieve their full potential" and "creating balance in leadership worldwide." On March 6, a new recipient will be awarded for outstanding achievements at the sixth annual Westland ATHENA Award Chocolate Fantasy Ball.

In order to be eligible for the award, the candidates must exhibit excellence, creativity and initiative in their line of work. Secondly, they must put forth time and effort to better their communities. Lastly, the male or female must be active in assisting women realize the leadership potential that they have.

Nominations must be received by Friday, Feb. 12. Those who wish to nominate should contact Mary Denning Cake Shoppe, Denning, president, Women of Westland, 8036 N. Wayne Road, Westland 48185.

This event will be hosted by the office of Mayor William R. Wild, the *Observer & Eccentric Newspapers* and the Women of Westland. For more information, visit www.athenafoundation.org.

For more information about tickets, sponsorships and nominations, visit www.womenofwestland.org or call the organization event coordinator Meghan Giersdorf at (248) 255-8241.

Recycling push garners national kudos

BY LEANNE ROGERS
OBSERVER STAFF WRITER

Westland's curbside recycling program has received an award for innovation and excellence from the U.S. Conference of Mayors.

Westland and RecycleBank received the Outstanding Achievement Award for the public-private partnership which brought the recycling program to the city in July. Mayor William Wild and RecycleBank General Manager Preston Reed accepted the award at the recent conference's 78th winter meeting in Washington, D.C. Membership in

'Now the big cities are starting to take a look at it based on the success in smaller cities.'

WILLIAM WILD, mayor

the conference is open to mayors of cities with populations of at least 30,000.

"It's especially nice to be recognized at a national level. What makes it pretty rewarding is that the mayor of Philadelphia said they're looking at starting a pilot program," Wild said.

Chicago Mayor Richard Daley is also looking at establishing a pilot curbside recycling program with

about 10,000 homes, he said.

"Now the big cities are starting to take a look at it based on the success in smaller cities," Wild said.

Westland is the second Michigan city to partner with RecycleBank, which allows residents to earn rewards for recycling. Points are accumulated based on the average amount of materials recycled and can be redeemed for discounts at stores, restaurants or donated to charities.

Under this partnership, the amount of material recycled

Please see **AWARD, A2**



U.S. Conference of Mayors Executive Director Tom Cochran (left) helped presented an award honoring Westland's curbside recycling program to RecycleBank General Manager Preston Reed and Westland Mayor William Wild, joined by conference president Elizabeth Kautz, mayor of Burnsville, Minn.



Fancy footwork

Diamond Ferraiuol, 83, line dances at the Dyer Center during a recent monthly spaghetti dinner. A variety of activities are offered at the center, associated with the Wayne-Westland schools. For more, please see today's Education page, A4.

'Never give up' message inspires YA honorees

BY LEANNE ROGERS
OBSERVER STAFF WRITER

Each year, participants and supporters of the Westland Youth Assistance Program gather for a meal and present honoring the male and female youths of the year.

"We recognized kids who did wonderful things. There are others out there doing wonderful things, too. Sometimes it takes awhile but never give up — keep working," said Paul Motz, program director.

Making that extra effort was a common thread among those rec-

ognized at the annual dinner held recently at the Friendship Center. Honored were: Male Youth of the Year, Henry Pavlich II; Female Youth of the Year, Rachel Von Pagels; Mentor of the Year, Wendy Headland; and Agency of the Year, Lou Toarmina of Toarmina's Pizza.

"Regarding Pavlich, Deputy Director Michele Bracy said he had made a mistake which resulted him in being referred to Youth Assistance.

"But he impressed me from day one. He displayed leadership skills helps others and had a positive attitude," said Bracy. "Community ser-

vice seemed to be his specialty — he went above and beyond."

Motz noted that Pavlich volunteered to be in the dunk tank on opening day of the H2O Zone spray park — despite chilly weather.

"At first, I thought doing this would be terrible. It was real nice and easy. I met nice people like Paul (Motz)," said Pavlich.

"Before Von Pagels came in for her first appointment at Youth Assistance, Motz said he received four calls from her father about the program and visit from a Westland police officer.

"He (the officer) said she's a great kid, that he trusts her — she baby-sat for him," said Motz. "She came in, took responsibility and gave all the right answers. I thought she talks a good game."

But Von Pagels went through the program quickly, Motz said, but after graduating has continued to come to weekly meetings to help other youths.

"Her parents were right — she is a wonderful person," said Motz. "I'm very proud of her but not as proud as her parents."

Please see **HONOREES, A2**

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Small biz owners react to Obama plan

BY JULIE BROWN
OBSERVER STAFF WRITER

Mary Denning, who owns Mary Denning's Cake Shoppe in Westland, didn't have time Wednesday night to watch President Barack Obama's State of the Union address. Like other small business owners, she has thoughts on the president's recommendation for freeing up lending for small businesses.

"I haven't had any problems getting credit," Denning said after finishing with a couple of customers. "I work with a credit union." That credit union's been with her throughout her 18 years in business.

"When you start owing a lot of money, you start having to pay a lot of money," said Denning, who's had a conservative business approach. She likes Wayne

County's health plan, which she offers employees: "It's awesome." She worries about changes there, and wants that coverage to continue.

"If there are no jobs, they're not buying cakes," she added of business, noting potential customers are more likely if not working to bake their own. She's concerned about Haiti following the earthquake, but also people closer to home.

"What about poor Detroit? We're drowning here," the businesswoman said. "Nobody seems to care about them."

Bruce Boland owns Boland Florist of Garden City with his brother. The family business is going on 53 years.

"Right now, we're working with less people than we have," said Boland, who saw part of the State of the Union. "We've kept

ourselves in a position where we would not have to get into that (borrowing). We work and live within our means."

Boland Florist is doing well. "People are watching what they spend," he said. "People have been a little more conservative."

The Internet helps locally, with recent Boland customers calling from Israel, England and Romania.

"They look for a local florist," Boland said. "It has helped us." Like other business owners, he'd like to see the economy improve with better situations for all.

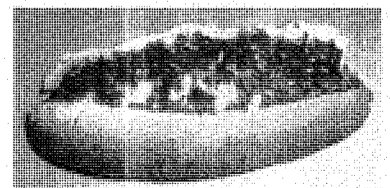
John Santeiu Jr. of Santeiu & Son Funeral Home in Garden City also caught part of the State of the Union. He said the administration, if serious about jobs, must emphasize small

Please see **BUSINESS, A2**

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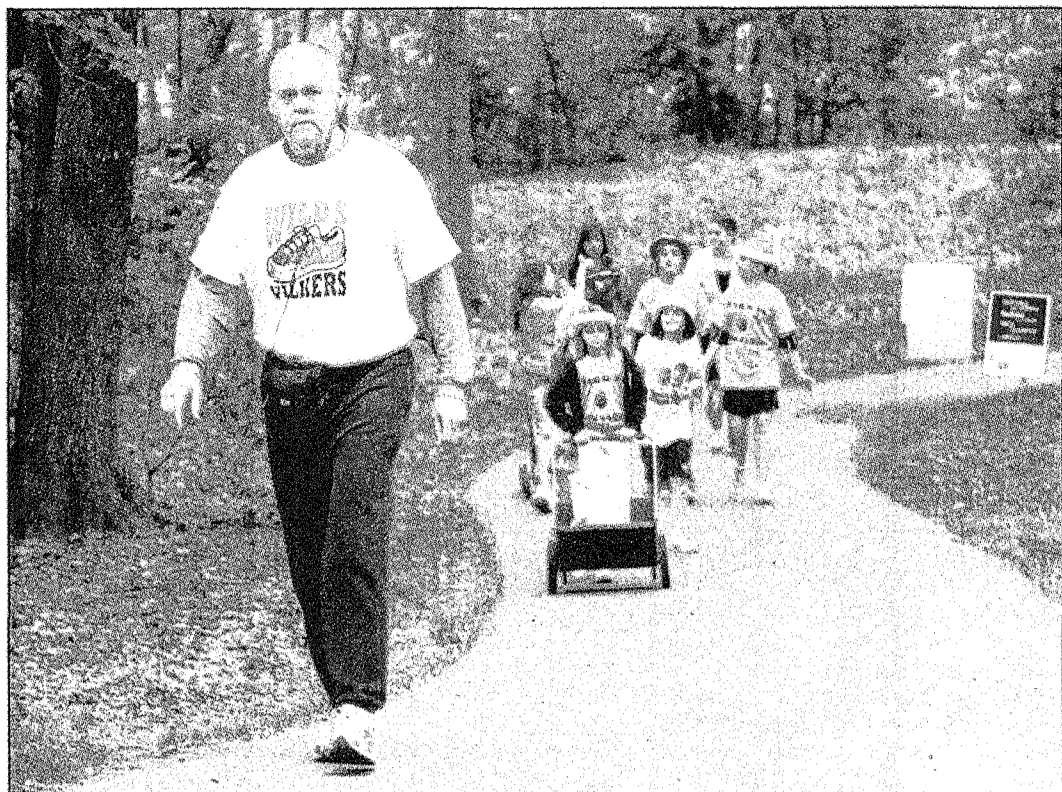


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BILL BRESLER | STAFF PHOTOGRAPHER

Mel Tockstein walks on the path through Jaycee Park during Westland's annual Westland Relay for Life last year. Plans are under way for this year's May 22-23 event.

Cancer fighters gear up for May 22-23 Relay for Life

BY LEANNE ROGERS
OBSERVER STAFF WRITER

Arctic temperatures in January may make balmy May weather seem far away but planning and fund raising for Westland's 10th annual Relay for Life are well under way.

"A lot of the teams carry on meeting after the event, fund raising to be ready for the next year," said Kelly Lawrence, event chair. "Last year, a new thing we started was celebrate survivors, remember those we lost and fight back on the other 364 days a year. It's a great awareness for people that it doesn't stop at 10 a.m. when the relay ends."

Registration for the 24-hour event — 10 a.m. to 10 a.m. Saturday and Sunday, May 22-23 — can be done at any time online at www.relayforlife.org/westland. An official kick-off for the

event will be held 6:30-8 p.m. Tuesday, Feb. 23, at the Wayne Recreation Center.

"It's a place to come for people who are interested in getting involved. It's a really good night — it's like a mini relay," said Lawrence. "It's good for those who have never experienced it and a boost for returning teams. You can show them the new stuff."

The kick-off will include information about the Relay for Life, including comments from participants including cancer survivors. Teams do a variety of fund raising in advance of the event but also during the 24 hours when teams have someone walking throughout the night. Many people put up tents and spend the night.

Over 30 teams participated in the Westland Relay for Life in 2009, raising over \$100,000. Lawrence is hoping that more teams will be added and more money

raised.

Although it's an event held in Westland, Lawrence said teams from Wayne have participated. Holding the kick-off at the Wayne Recreation Center is part of the effort to encourage more Wayne participation, she said.

This is Lawrence's second year as event chair and she's been a committee member for eight years. She initially got involved through her boss at Westland Lock and Key.

"It's a great event. It was a lot of fun — it's still fun and a really great cause," said Lawrence, who in the past has participated in the Women of Westland team. "I'm not on a team this year. I'm getting married two weeks before the relay. I'll still be there and support them. I'm sort of an at-large team member."

For more information, call Lawrence at (734) 722-1850.

lr Rogers@hometownlife.com | (313) 222-5428

Westland woman indicted in student aid fraud case

A Westland woman has been indicted on charges of defrauding a federal student aid program of more than \$230,000.

The indictment charges that Danyell Turner, 37, operated a scheme to fraudulently obtain U.S. Department of Education student loans for herself and others, who didn't qualify for aid from September 2005 through October 2009.

As alleged in the indictment, for a fee Turner would register students to attend community colleges in the area and would obtain federal student aid for them.

In doing so, the indictment alleges Turner falsely stated that the applicants possessed a GED certificate,

which was required for aid, when in fact the applicants did not hold a GED. It is charged that Turner would complete the needed forms, register the students to attend classes and once the Department of Education sent money to the students, Turner would collect approximately \$300 in cash from each student as her fee.

At various times, Turner attended Washtenaw Community College in Ann Arbor, Henry Ford Community College in Dearborn, Baker College in Allen Park and Wayne County Community College in Detroit.

In seeking federal student aid for herself, it is alleged that Turner also made false

statements about her GED, and obtained more than \$40,000 in aid. The indictment charges that Turner registered students for a fee at Washtenaw, Henry Ford and Baker colleges.

In total, Turner obtained more than \$120,000 in federal aid through cash payments in the form of "refunds" for the participants in the fraud and obtained more than \$230,000 in total federal financial aid, according to the indictment.

If convicted as charged, Turner could receive a maximum sentence of 20 years imprisonment on each count of mail fraud and a maximum sentence of five years imprisonment on the charge of federal student aid fraud.

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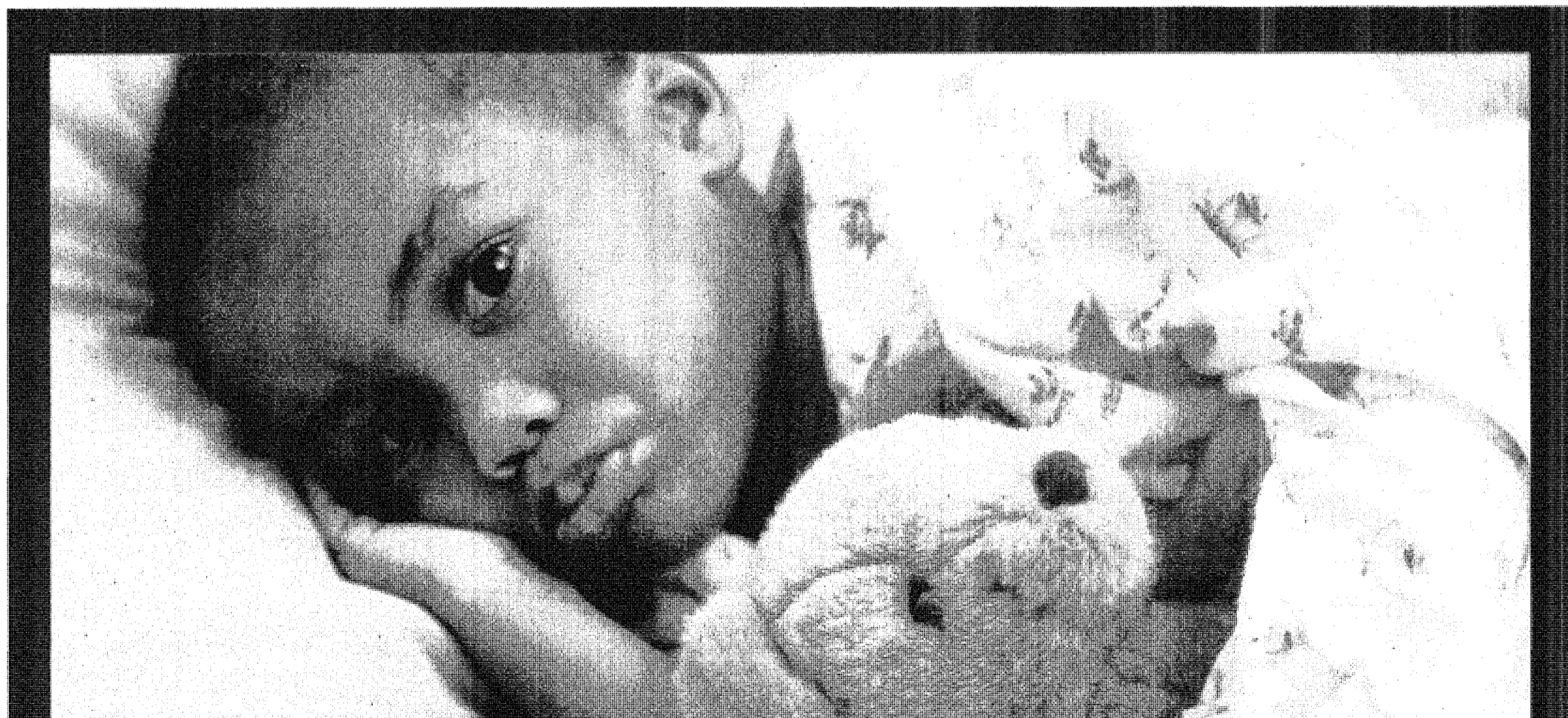
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EDUCATION

LPS board OKs teachers' job-saving pact, 5-2

BY KAREN SMITH
OBSERVER STAFF WRITER

Two members of the Livonia school board Wednesday voted against an unprecedented tentative agreement with the teachers union that calls for concessions to save jobs, saying the concessions may not be enough.

Board President Lynda Scheel and Trustee Steve King said that while the agreement, approved 5-2, helps to save \$1.5 million this school year and \$2.5 million next school year, more savings are needed.

The district faces a shortfall of approximately \$10 million next school year because of more cuts in state funding, they said.

"I know that there are some who think that getting any amount of concessions possible to go towards next year's budget should be jumped on and accepted, and to not do so is wrong," Scheel said.

"My concern is that by accepting a multi-year agreement, we as the board of education for Livonia Public Schools are not leaving ALL of our options open for our district for next year's budget."

King said he was looking for structural changes. The average family contributes 22 percent to its annual health care premiums of \$11,321, he said. Yet, the average Michigan teacher pays for just 4 percent of his or her annual health care premium of \$15,786. And teachers in 301 Michigan districts pay nothing at all, he said.

"We are in a one-state depression," he said. "I really don't think we've got the wake-up call at all."

The agreement with the 1,100-member Livonia Education Association, which prevents the layoff of about 40 teachers on Monday, calls for three furlough days this school year and four next school year. In addition, union members will double their contributions toward health care next school year, which currently range from \$14 to \$24 per pay period. They have 20 pay periods in a year.

LEA President Joanmary Nennering said she was devastated that Scheel and King voted no. She and the rest of the LEA members at the meeting refused to shake either one of their hands after the vote, though they shook the hands of the other board members.

"We were just shocked," she said. "It's monumental. No one has done this in Wayne County or any county."

"I didn't expect people to vote no on concessions. We thought we were helping."

Nennering said the tentative agreement, which extends the LEA's contract to August 2011, helped to save the jobs of about 40 teachers slated to be laid off Monday. It also helped preserve physical education and foreign language programs and means students won't be disrupted in the middle of the school year.

Scheel, whose daughter-in-law would have been one of the teachers laid off Monday had the agreement not been approved, said she voted for what's in the best interest of the school district.

She said the board can't go back now for more concessions in wages and health care next school year because those items have already been agreed upon. She said she appreciated the

spirit in which the concessions were negotiated, however.

Both Scheel and Nennering said Thursday morning that the disagreement was behind them, and they were ready to move forward. "Dwelling on the negative never helps," Nennering said.

Other board members said they were proud of LEA members.

"What you have done is largely unprecedented in the state of Michigan," Trustee Colleen Burton said, adding the LEA went up against the wishes of the Michigan Education Association. "You stood above your peers. It's deeply appreciated."

Trustee Patrice Mang thanked the LEA on behalf of the district's students. "It did make a difference for the classroom," she said, adding that she talked to the parent of a fifth-grader whose teacher, assigned to the class after a series of four substitutes, was one of the ones slated to be laid off Monday.

The board also approved 5-2 a tentative agreement for the district's principals union and 6-1 a tentative agreement for the district's custodial supervisors that call for similar concessions. Scheel and King voted against the principals' agreement; Scheel voted against the custodial supervisors' agreement. King said he supported the custodial supervisors' agreement because that bargaining unit had already cut sufficiently.

In addition, the board amended Supt. Randy Liepa's contract to include similar concessions in a 5-2 vote with Scheel and King dissenting.

ksmith@hometownlife.com | (313) 222-2098



Betty Willox serves up spaghetti to Mary Meixner. The Dyer Center hosts monthly spaghetti dinners and many other activities.

Dyer Center brings together seniors, offers mentoring role

BY JULIE BROWN
OBSERVER STAFF WRITER

Wayne-Westland students get some great memories courtesy of their time with local seniors.

"We're open to doing anything we can do with kids," said Mary Browe, senior program director for the Dyer Senior Center, affiliated with the Wayne-Westland schools.

"We've been here over 30 years," she said of the center, 36745 Marquette, between Newburgh and Wayne roads in Westland.

The center offers traditional programming like exercise classes, bingo, quilting and woodworking. "We also work with the school district in terms of mentoring with kids," Browe said.

That's done with kindergartners through high school



Dolores Newton enjoys the company of friends at the spaghetti dinner.

seniors. "Our people love it," she said. "We've done poetry" and have a book of that poetry.

Travel is also offered at the Dyer Center, which has a membership of about 500. Some 300 or so of those volunteer at one time or another.

Membership is for those age 55 and up, with some younger spouses involved. Browe, the only paid staffer, has been there 20 years.

The program began in 1976 and moved to its current site in 1980. The monthly spaghetti dinner is a fund-raiser, usually on the fourth Friday of the month but sometimes changed for holidays.

There's a membership meeting 1 p.m. the first Tuesday of the month and a membership dinner with entertainment on varied Tuesdays. Information on programs and costs is given at the membership meetings. For details, call (734) 419-2020.

Browe is pleased Wayne-Westland high school Jr. ROTC students come to the spaghetti dinners.

"It's a great partnership," she said. "We love having them and they love coming. They can't believe how much fun the older generation can be."

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Moving retirement money into an IRA is usually good idea

Q: Dear Rick: I work for a municipality that allows me to withdraw the bulk of my retirement money and transfer it into an IRA. Most of my friends at work who have this option have done it. Is this a good strategy? In my retirement account at work there are a number of options, but all are annuity companies. What do you think?

A: It's not unusual for employers to allow a transfer out of a retirement account into an IRA once an employee reaches a certain age. On the whole, I like the strategy of moving money into an IRA.

Money Matters
Rick Bloom

The first reason deals with control. As you mentioned in your letter, the only options that you have through work are annuity companies. By directly transferring the money into an IRA, you will have more investment options available. This allows you to build a portfolio and coordinate it with other investments. From purely a control standpoint, it makes sense to transfer the money.

The second reason to transfer money into an IRA is cost. Annuity companies tend to have high fees. By transferring the money into an IRA, you can invest at a much lower cost. The cost savings, if you look over any one year, may not be that significant. However, when you talk about a number of years, the savings can be substantial. I like the idea of transferring money out of your current retirement plan, but you don't want to turn around and invest that money in high-cost investments.

I cannot stress enough how important it is to pay attention to cost. In this economic environment, cost matters more than ever. As I have said many times, you should know what it costs to buy, sell and hold every investment you have. Unfortunately, most investors never look at the cost of an investment and, thus, may get taken advantage of. It may not seem like a lot if an investment has a 1 percent greater fee than another investment. However, if for example you're in a bond fund and it's earning 4 percent, the additional 1 percent in fees can impact your return by 25 percent. Fees do matter. Remember, high fees equal low returns.

Another advantage of transferring retirement money into an IRA is the potential to convert to a Roth IRA. Money in a retirement plan through your employer is typically not eligible to be converted into a Roth IRA. On the other hand, money in an IRA is eligible for a Roth conversion. Roth IRAs have many advantages over traditional IRAs. The main benefits are that money in a Roth IRA grows tax-free vs. money in a traditional IRA that grows tax-deferred. And with a Roth IRA, when money is withdrawn there are no taxes due. When money is withdrawn from a traditional IRA, there is a tax liability.

The Roth IRA gives you the advantage of allowing money to grow tax-free.

In addition, Roth money is not subject to required minimum distributions. Therefore, at age 70½ you do not have to take money out of your Roth IRA, you can continue to let it grow tax-free for as long as you choose.

In addition, for this year

and this year only, when you convert your traditional IRA into a Roth, you can pay your tax liability over two years. Starting this year anyone can convert a traditional IRA into a Roth no matter what their income. In past years, if you made more than \$100,000, whether you were single or married, you were not eligible for a Roth conver-

sion. One last advantage of transferring money from a retirement account into an IRA is that you are not subject to future changes in your plan.

There have been numerous changes to retirement accounts by employers over the last few years. Employers have been more aggressive in changing investment options

within retirement accounts, and this can lead to problems for investors. You typically will not run into this problem if you transfer money into an IRA.

If your employer offers the option of transferring from a retirement account into an IRA, in the great majority of cases I recommend it. However, do your homework

and make sure you move your money into productive low-cost investments.

Good luck!

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at monymatters@hometownlife.com. For more information, visit Rick's Web site at www.bloomassetmanagement.com.



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A Walmart advertising circular for Sunday, January 31 - Saturday, February 6, 2010 mistakenly identified the price of 90-day generic prescriptions as \$9 and omitted reference to Prescription Program restrictions. The correct price is \$10 and Prescription Program restrictions can be found at walmart.com/pharmacy and your local Walmart pharmacy.

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Artist Alvey Jones visiting Garden City on Wednesday

Artist Alvey Jones, an Ann Arbor resident, will be a special guest at the 7 p.m. Wednesday, Feb. 3, meeting of the Garden City Fine Arts Association.

Jones is a painter, print maker and book artist who has exhibited locally and nationally.

His artwork is in permanent collections at the University of Michigan, Saginaw Valley State University, and Monroe Community College.

"He has won many awards and participated in numerous solo exhibits during his more than 20-year career," said Susan Trotter, association president.

Samples of his work and more information are available on his Web site alvey-jones.com.

The meeting will be held at the Community Room at the Maplewood Community Center, located at 31735 Maplewood, west of Merriman in Garden City.

Garden Plaza 'cool stuff' plan aims to boost walkability

BY SUE BUCK
OBSERVER STAFF WRITER

The Garden Plaza at the northwest corner of Ford Road and Middlebelt needs a facelift.

So, the Garden City Downtown Development Authority is looking for support from the 20 tenants and landlords in that plaza.

The cost is still undetermined because this plan is in the concept phase. The DDA held a special meeting Jan. 18 to inform businesses about the long range plan being developed by McKenna & Associates. About half of the businesses came to hear about plans at the 8:30 a.m. breakfast meeting held at Alvin's on the Alley Restaurant in the same plaza.

"When do we start?" asked DDA member John Santieu. "Finally we have something positive."

He is enthusiastic about the improvements.

The plan would add parking spaces to the center which is anchored by the Kmart store. The additional parking would be added by going from angle parking to 90 degree parking, said Heather McPhail, senior

planner.

"It will be filled by land which isn't developed right now," McPhail said. About 105 parking spaces would be gained.

One central Dumpster is planned.

Jackie Schatz, executive director of the DDA, said that the DDA is looking into a compactor system.

The McKenna planners talked about one boulevard entrance from Ford Road into the plaza. "Creating one single entrance is safer," said McPhail.

The DDA is looking at a couple of alternatives to finance the construction as well as a maintenance plan.

McKenna wants to unify the sidewalks with the streetscape.

Malik Hider, a Garden City dentist, liked the plan which presents a "mirror image" to the opposite corner on Ford Road.

Islands and landscaping would be added in the parking lot.

Sally Hodges, a senior vice president of McKenna, said that the idea is to make the center a welcoming place where people will want to get out of their cars to walk from one location to another.

"The plan works with what is there today and also allows for future growth and development," Hodges said. "There's space in this plan to make that happen."

The DDA, with tax increment financing, would pay the capital costs to make improvements subject to assurance from the property owners that maintenance of the improvement would be assured.

"There's a share of responsibility," Hodges said. "We talked about snow plowing. The city does not have enough resources to service the merchants in a timely fashion. There's landscaping, the question of trash disposal, cleaning and clearing of sidewalks and lighting."

Other communities were surveyed. Some put together a voluntary business association like in Traverse City. "It worked for quite awhile but it wasn't guaranteed as business owners changed," McPhail said.

Another way is to adopt a special assessment district for maintenance. The DDA could also form a committee responsible for contracting these services. The city of Walker on the west side of the state used this method. The time limit for the

assessment was 20 years.

"When it came up for renewal, the commitment wasn't there and it was dissolved," Hodges said.

Another approach is to develop a shopping district. "This would involve creation of another board," Hodges said. "Birmingham has a shopping district authority instead of a DDA," she said.

Garden City Mayor Randy Walker supports the efforts of the DDA and its goals.

"The DDA has done a lot already and is going in the right direction" Walker said. "I am glad to be part of the team."

Willbey Pistor, planning commission chairman, said that working with the City Council and the mayor is an essential "part of the puzzle."

Similar plans like the conceptual plans for Garden Plaza have been talked about for 30 years, Hodges said. "Get ready for good times in Garden City," she said.

DDA member Bob Squires added that there is enthusiasm but tenants need to inform their landlords that, "This is cool stuff."

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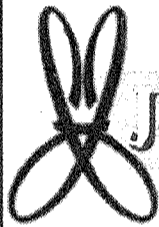
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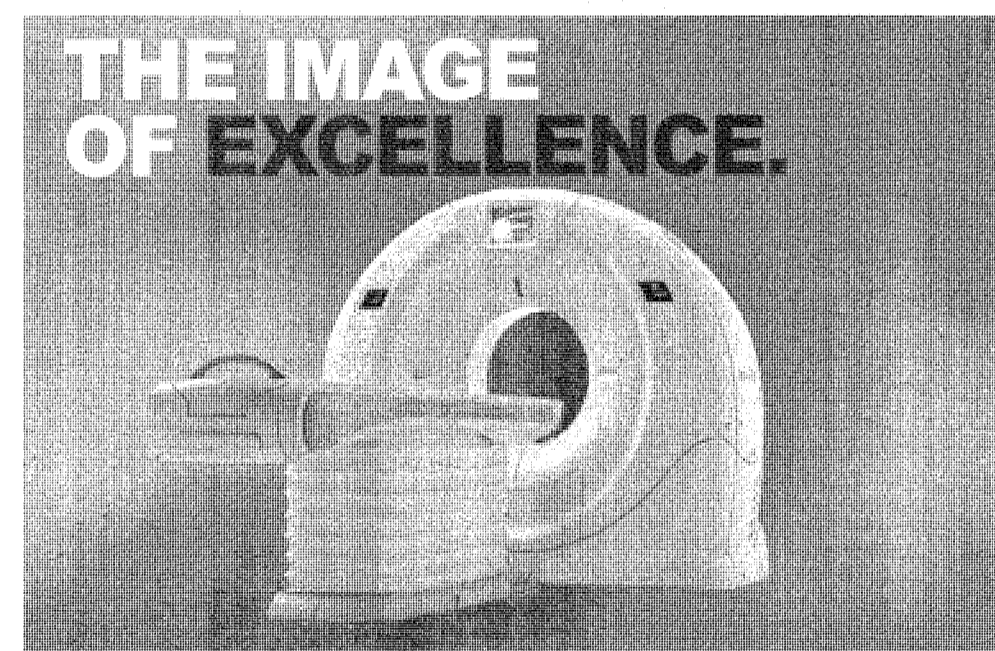
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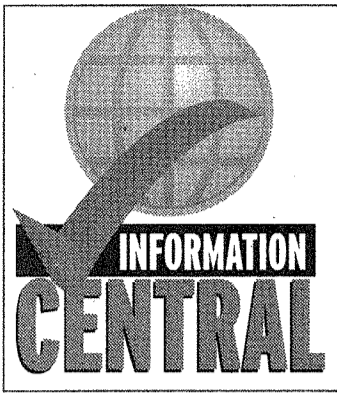
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Seasonal affective disorder a common winter malady

If you are not a winter sports enthusiast or a young child, it's easy to view this time of year as a bit gloomy. It's cold, it's icy, and the return of warm, sunny days can seem years away. Some call it the "winter blues," but if you find that at the same time every year you feel moody and sluggish, and tend to oversleep, overeat or avoid social situations, then you may be suffering from winter-onset depression, or seasonal affective disorder (SAD).

It has been estimated that anywhere from 1.5 to 9 percent of American adults suffer from Seasonal Affective Disorder. SAD most commonly affects people over 20 years of age living in the northern United States, where cold winter weather drives people indoors and out of the already limited sunlight during winter months. There is also a less common summer-onset variation of SAD. In addition to conventional depression treatments, such as medication and therapy, sufferers of SAD are often receive "light therapy" through



exposure to natural or artificial sunlight.

If you would like to learn more about seasonal affective disorder, the library is here to help! You can access a wealth of research databases through the library's Web site (http://www.westlandlibrary.org/ref/db_home.php) by logging in with your library card number (click on the "home access" link if you are working from home). The Infotrack Health and Wellness Resource Center and Magill's Medical Guide Online databases provide consumer-friendly information

on a range of health issues, including SAD. We also carry a number of health reference resources in the library, such as *The Depression Sourcebook*, edited by Sandra J. Judd (available in our reference section) or *Overcoming Depression* by Demetri Papolos, M.D., and Janice Papolos (available in our circulation nonfiction).

For more information about health research in the library, visit the library's Web site (westlandlibrary.org), give us a call (734-326-6123) or stop by the reference desk to learn more about depression research resources in the library.

HIGHLIGHTED ACTIVITIES

•Secrets to Permanent Weight Loss, Feb. 2, 7 p.m. Dr. Brian Brackney, chiropractor and member of The Foundation for Wellness Professionals, will be the featured speaker. Learn how the body and metabolism works, why most diets don't work, the true value of being healthy and fit, how food, water, and medi-

cation play a role in your health and how pain limits a person from achieving their full health potential! Call or stop by the library to reserve your seat. (734) 326-6123

•February Friday Night Movie Extravaganza, Feb. 5, 7 p.m. Stop by the library every Friday evening in February for a screening of Golden Globe nominated movies. This week's movie is the Golden Globe Winner for Best Movie. A Las Vegas-set comedy centered around three groomsman who lose their about-to-be-wed buddy during their drunken misadventures, then must retrace their steps in order to find him. This movie is rated R. Everyone 18 and over is invited.

No registration is required. This is an afterhours program. Library opens at 6:30 p.m.

•Natural and Beautiful: An African-American History Month program, Feb. 6, 2-3:30 p.m., 12 and up, Kalimah Johnson, owner of PicNap Natural Hair Care Artist, professor of social work at

Marygrove College and performance poet, discusses her love for natural African-American hair care and hairstyles, and performs spoken word poems.

•Job Seekers Lab Every Tuesday 11 a.m. to 1 p.m., Wednesday 5-8 p.m., and Friday 1-4 p.m. Have a question regarding formatting your resume, setting up an e-mail account, attaching your resume to an online application, searching for a job, or any other job-related activity? Stop by the library where computers are set up specifically for job seekers. A librarian will be available to help.

•Drop-in Knitting Nights @ the Library, Every Wednesday evening, 7 p.m., Everyone welcome. Special Demonstration: How To Make a Cable. Materials provided.

•Added hours!!!! Chess Group Every Thursday 7-9 p.m. and Saturday 1-4 p.m. Like to play chess? Want to get better? Come to the library and play a couple of games. Bring your own board or use one of ours. Novices to chess masters are all welcome. No signup required.

This week's Information Central was written by librarian Megan Esseltine.

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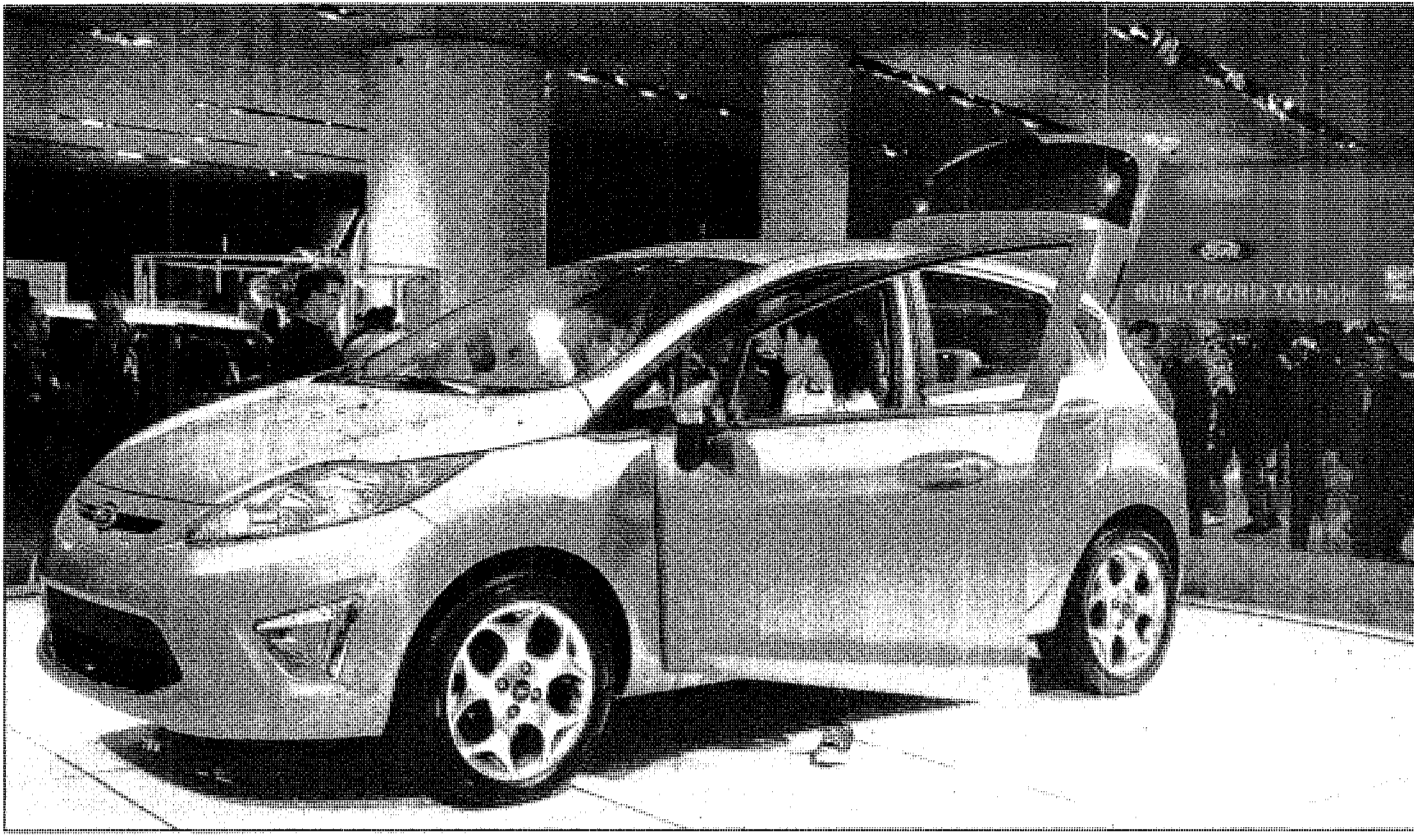
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Sleek, sporty and stylish, the Ford Focus was named the "Most Significant" vehicle of the 2010 North American International Auto Show by AutoWeek Magazine.

AutoWeek names Focus 'most significant'

Ford's next-generation Focus was named the "Most Significant" vehicle of the 2010 North American International Auto Show by the editorial staff of *AutoWeek Magazine*.

"This was a unanimous vote, one of the few in the history of the *AutoWeek* award," said Wes Raynal, editor of *AutoWeek* and autoweek.com.

"This car gives Ford and Focus fans their car back. By that we mean enthusiasts have been crying for the European Focus for years and we're finally getting our wish. We also think it's a perfect platform for an SVT version. The car goes on sale in 2011 powered by a sporty four-cylinder engine mated to a DSG transmission, and we can't wait to drive it."

The next-generation Ford Focus is scheduled to go on sale in both North America and Europe early in 2011. The new Focus will offer customers more affordable technologies, increased fuel economy and a new standard for driving quality.

The *AutoWeek* award was presented just three days after Ford received both the North American Car and Truck of the Year



awards for the 2010 Ford Fusion Hybrid and 2010 Ford Transit Connect, respectively.

"We are delighted and humbled with the initial response to the next-generation Ford Focus," said Derrick Kuzak, Ford's group vice president for Global Product

The 2010 Ford Fusion Hybrid was named 2010 North American Car of the Year. The award was judged by 49 veteran automotive journalists from the United States and Canada who represent magazines, television, radio, newspapers and Web sites.

Development. "The new Focus is a direct result of our new global product development system and perhaps the best example yet of what we believe a global Ford product should be — great to look at, great to sit in and great to drive."

-PRNewswire

Muscle cars, luxury sedans grab consumer interest

PRNewswire — The Chevy Camaro, a Motown muscle favorite, led the way in most of 2009 and into the first weeks of 2010 as being the most researched vehicle on NADAguides.com. NADAguides.com is the leading provider of pricing information and market research for new and used cars, classics, RVs, motorcycles and boats.

Although many automakers used the North American International Auto Show as their platform to debut small and more fuel-efficient vehicles, consumer data, based on model research volume within each brand, shows the highest consumer interest is in vehicles from Chevrolet, Lexus, Nissan and Honda.

"Although electric, hybrid and small cars are being showcased, the patterns we are seeing from consumers show a desire for affordable and efficient vehicles that offer substantial performance, upscale amenities and impressive technology," said Mike Caudill, spokesperson for NADAguides.com.

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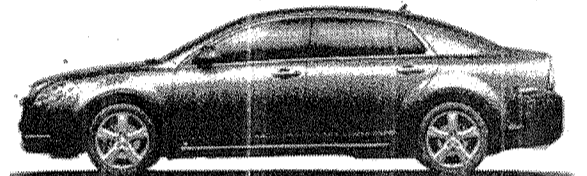
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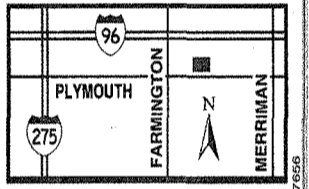
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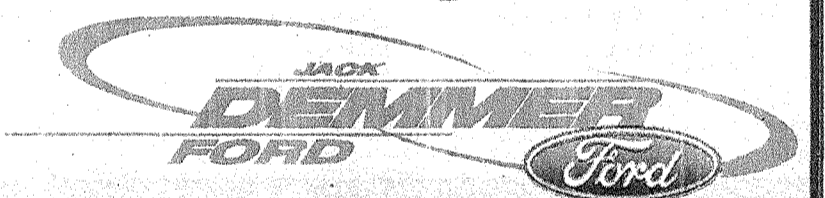


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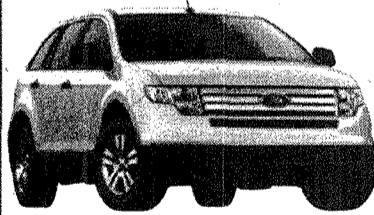
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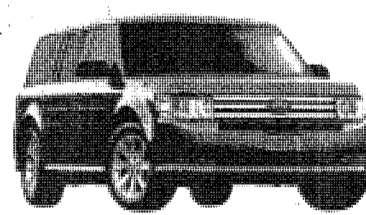
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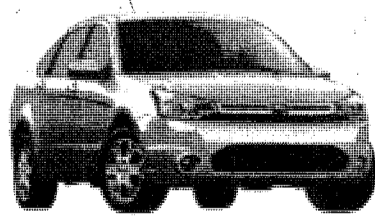
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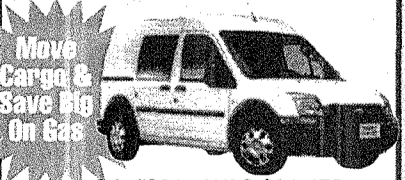
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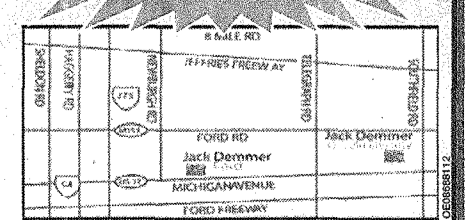
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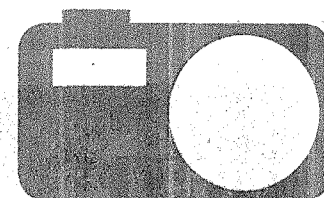
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HOMETOWN LIFE

Chiefs unseat Wayne in KLAA South race, 42-36

BY BRAD EMONS
OBSERVER STAFF WRITER

There's a new leader atop the KLAA South Division boys basketball standings.

Canton, playing lights-out defense, took over sole possession of first place with a key 42-36 victory Friday night at Wayne Memorial.

The Chiefs, who improved to 8-4 overall and 5-1 in the division, avenged

BOYS HOOPS

a 71-60 setback on Jan. 8 at home to the Zebras.

Wayne, meanwhile, falls to 8-3 overall and 4-2 in the KLAA South.

Junior point guard Dietrich Lever scored a game-high 15 points, while 6-foot-6 senior forward Kevin Weisz added 13 for the Chiefs.

Canton held the Zebras to 27.6 per-

cent shooting from the field (13-of-47), including 1-of-19 from three-point range, and committed just eight turnovers.

"We took a little bit of a different approach," Canton coach Jim Reddy said of the rematch. "Wayne made seven threes the first time. We got down quickly and had to play catch-up. We shot quickly. We shot 20 threes the last time, but tonight we wanted 10, 11 or 12, which is pretty good."

Canton was only 1-of-9 from three-point land and 15-of-46 overall from the floor (32.6), but controlled the pace of the game.

"We did a good job of closing down their dribble drives and did a great job of keeping the player in front of us so they had to kick it out," Reddy said. "At halftime I told them I thought we were doing a nice job of throwing it

Please see **CHIEFS, B2**

Chargers ignite Red-hot Churchill stops Franklin icers again, 6-2

Livonia Churchill's hockey team continued its winning ways Friday with a 6-2 victory over rival Livonia Franklin at Edgar Arena.

The game was delayed 25 minutes until the three-man officiating crew arrived, but it couldn't stop the Chargers, who won for the 10th time in their last 12 games.

Churchill, now 11-6-1 with the KLAA Kensington Conference crossover victory, got a pair of goals from Yanni Kefallinos, along with one goal and one assist each from Christo Papaioannou and Jake Otto.

Steve Klisz and Cam Benson had the other two goals, while Mike Kutek, Tony Mifsud, Devin Smythe and Joe Williams each collected one assist.

Churchill, outshooting the Patriots 33-9 on the night, led 2-0 after one period and 4-2 after the 15-minute shortened second period to win its sixth straight.

Cyle Slinder had a goal and assist for the Patriots, who slipped to 1-15-1 overall.

Danny Donehue had the other Franklin goal, while assists went to Kevin Webb and Jacob Wirgau.

Churchill held a 13-1 shot advantage in the final period.

"I thought we handled the delay well and came out and played well the first period," Churchill coach Pete Mazzoni said. "The second period we got caught up in the extracur-

Please see **CHURCHILL, B2**



BILL BRESLER | STAFF PHOTOGRAPHER

Churchill's Yanni Kefallinos (15) shoots and scores one of his two goals on the night in front of Franklin defenseman Andrew Pearson (5) and teammate Mike Woynick (far right) during Friday's game at Edgar Arena. Churchill skated to a 6-2 win.

Bee stings: 21-0 S'craft rips St. Clair

There's been quite a buzz all season long surrounding the No. 1-ranked Schoolcraft College women's basketball team.

And thanks to freshman center Kimberly Bee's career-high 23 points, 23 rebounds and six blocked shots, the Lady Ocelots continued their perfect campaign Wednesday night by upending host St. Clair County Community College, 65-43, in a showdown

COLLEGE HOOPS

for first place in the MCCAAs

Eastern Conference.

Schoolcraft, now 21-0 overall and 11-0 in conference play, also got 14 points and 14 rebounds from Amber Avery.

The Lady Ocelots, who led 33-22 at halftime, broke free from the Skippers with a 12-2 run to start the second half.

Schoolcraft led 46-26 with 11:00 remaining and cruised to its 38th consecutive conference victory.

Schoolcraft, which trailed 12-9 with 13 minutes left in the first half, had a 65-31 rebounding edge.

Chanahl Putnam led second-place St. Clair (15-5, 8-2) with 13 points.

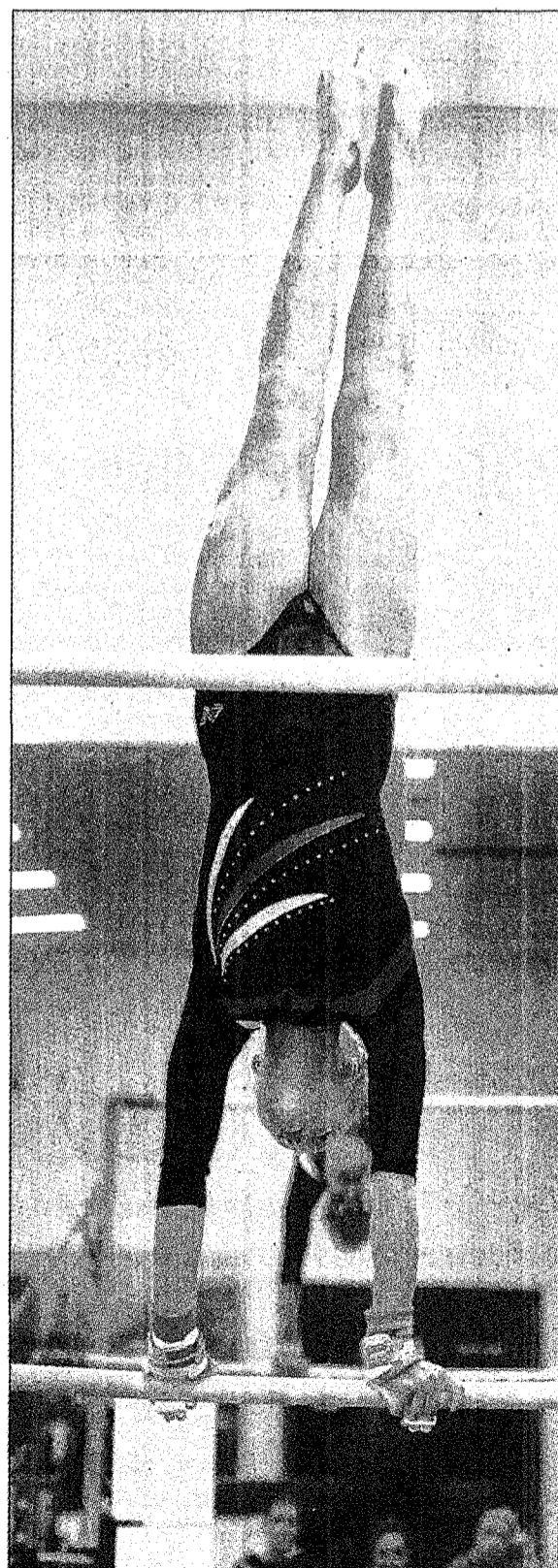
CONCORDIA 65, MADONNA 39: In a Wolverine-Hoosier Athletic Conference game Wednesday, host Concordia University (12-10, 3-5) got 20 points from Hannah Sabol and 19 off the bench from Kyrie Cramer to end a modest three-game winning streak by Madonna University (7-12, 3-4).

The Crusaders shot a dismal 13-of-61 from the floor (21.3 percent), including just 4-of-26 from 3-point range.

Tabatha Wydryck's 11 points and 13 rebounds paced MU, which trailed 34-23 at intermission.

Cramer also grabbed a team-high 10 rebounds, while Kortni Elsworth contributed 14 points.

Freshman Kaylee McGrath (Livonia Stevenson) added nine points for the Crusaders.



Livonia Blue's Emily Quint will be on parade this Wednesday against rival Livonia Red in the second annual Flip For A Cure "Pink Out" dual gymnastics meet. The first event begins at 6:30 p.m. at Churchill High School.

Pink in vogue Livonia gymnasts Flip For A Cure

BY BRAD EMONS
OBSERVER STAFF WRITER

More than just bragging rights will be on the line when gymnastics rivals Livonia Red and Livonia Blue stage their second annual Flip For A Cure "Pink Out," beginning at 6:30 p.m. Wednesday, Feb. 3, at Churchill High School.

The two teams, featuring competitors from all three Livonia high schools — Churchill, Franklin and Stevenson — will be honoring the everyday fight of those suffering from breast cancer, which affects one of every four women.

Competitors will be wearing pink along with the judges. Spectators are also urged to wear pink.

The NCAA had its inaugural Pink Meet in 2004 to honor three-time All-American Talya Vexler, a University of Georgia gymnast who was diagnosed with breast cancer.

"Our gymnasts are excited to be a part of a meet that helps fight cancer," Livonia Blue coach Lisa Fierk said. "The gymnasts are looking for everyone to come out and support the two Livonia

teams as well as the fight against breast cancer."

Livonia Blue, 3-2 overall, is led by All-State gymnast Emily Quint, a senior from Franklin who is coming off a 37.00-point all-around first-place performance in Wednesday's 143.20-138.00 dual meet loss to Northville.

Quint captured the vault with an impressive score of 9.45 and tied for first on the balance beam with 9.6.

Meanwhile, Livonia Red, 6-2 overall, is led by senior Katina St. Pierre, along with freshman Katie Kretzchmer, the latter whom posted an all-around score of 35.15 to take runner-up honors in a 134.675-130.15 dual victory Wednesday over host Salem.

"The girls are excited because they're friends and it's great competition," Livonia Red coach Kelly Grodzicki said. "Even though they're from rival schools, they work together at camps and all through the summer. We're hoping it's a great turnout and we can raise a lot of money, and also have it be a healthy and safe competition."

bemons@hometownlife.com | (313) 222-6851

GIRLS GYMNASTICS

GIRLS GYMNASTICS RESULTS
NORTHVILLE 143.20
LIVONIA BLUE 138.00
Jan. 27 at Churchill H.S.

Vault: 1. Emily Quint (Blue), 9.45; 2. Allison Kemp (N), 9.35; 3. Makenna Pohl (N) and Cassidy Winter (N), 8.9 each; 5. (tie) Alex Kitz (Blue), Amy O'Brien (N) and Sara Bridges (Blue), 8.65 each.

Uneven bars: 1. Pohl (N), 9.2; 2. Winter (N), 8.8; 3. S. Bridges (Blue), 8.6; 4. Kemp (N), 8.55; 5. Quint (Blue), 8.5.

Balance beam: 1. (tie) Quint (Blue) and Kemp (N), 9.45; 3. Winter (N), 9.05; 4. (tie) Kitz (Blue) and Winter (N), 9.0 each.

All-around: 1. Quint (Blue), 37.00; 2. Pohl (N), 36.85; 3. Kemp (N), 36.30; 4. Winter (N), 35.40; 5. O'Brien (N), 34.20; 6. Steslicki (N), 33.65; 7. Taylor Dempsey (N), 33.55; 8. S. Bridges (Blue), 33.50; 9. Kitz (Blue), 33.45; 10. Katie Bridges (Blue), 32.75.

Livonia Blue's dual meet record: 3-2 overall, 1-1 KLAA Kensington Division.

LIVONIA RED 134.675
SALEM 130.15
Jan. 28 at Plymouth

Vault: 1. Nicole Jacobs (Salem), 8.9; 2. Katie Kretzchmer (Red), 8.8; 3. Sidnee Mattison (Red), 8.6; 4. Ade Jepperson (Salem), 8.5; 5. Lauren Patia (Red), 8.45.

Uneven bars: 1. Kretzchmer (Red), 8.65; 2. (tie) Katina St. Pierre (Red) and Jacobs (Salem), 8.55 each; 4. Jepperson (Salem), 8.5; 5. Patia (Red), 7.85.

Balance beam: 1. Jacobs (Salem), 9.25; 2. Kretzchmer (Red), 9.15; 3. St. Pierre (Red), 9.0; 4. Dayna Esper (Red), 8.35; 5. Maggie McGowan (Red), 8.2.

Floor exercise: 1. Jacobs (Salem), 9.1; 2. St. Pierre (Red), 8.625; 3. Kretzchmer (Red), 8.55; 4. Jepperson (Salem), 8.3; 5. Brittany Swazey (Red) and Kristina Klusek (Salem), 8.05 each.

All-around: 1. Jacobs (Salem), 35.8; 2. Kretzchmer (Red), 35.15; 3. Jepperson (Salem), 32.95; 4. McGowan (Red), 31.35.

Livonia Red's dual meet record: 6-2 overall, 2-0 KLAA Kensington Division.

SIDELINES

Shaw is All-Joe

Former Livonia Clarenceville High standout Tim Shaw of the Chicago Bears was named to the 18th All-Joe Team by *USA Today* for 2009.

Shaw, a former linebacker at Penn State who has had NFL stints with the Carolina Panthers and Jacksonville Jaguars, earned a spot as the only special teams player.

"The latest monster on Chicago's always strong special teams, he led the NFL with 20 special-teams tackles — even though he didn't join the team until Week 2," Nate Davis of *USA Today* wrote.

The All-Joe team was born in 1992 as a tribute to Joe Phillips, a 14-year defensive lineman who did yeoman's work for the Chiefs that season. His work in the trenches didn't lead to much glory ... unless you point to the 29 combined sacks of Derrick Thomas and Neil Smith, Kansas City's fifth-ranked defense or the team's wild-card run.

USA Today has honored the unsung Joe's of the NFL ever since.

Abron is All-Big Ten

Michigan State University sophomore volleyball player Kyndra Abron (Livonia Churchill) was recently named to the first-team All-Big Ten Team, becoming just the 13th Spartan in school history to be honored.

"All season long, Kyndra has continued to improve," MSU coach Cathy George said. "In the last half of the conference season she has become a force to be reckoned with, as apparent by the recognition she has received from the conference coaches."

On the season, Abron led the Spartans in conference matches with an average of 2.81 kills per set. She had a total of 259 kills on the season.

"It is such a great honor to be selected to the First-Team All-Big Ten team this year," Abron said. "To be one of just three sophomores in school history to receive such a recognition, and to be up there with the likes of Val Sterk and Jenna Wrabel, is just an amazing feeling."

"I am humbly honored to be recognized by all of the Big Ten coaches, as there are so many great players within the conference to choose from. I want to thank coach (Cathy) George and all of her staff for their endless support and trust in me throughout the whole season. Without them, this award wouldn't be possible."

East All-Stars

Westland John Glenn All-State running back Jeremy Langford and All-Observer defensive tackle Darrell Cohn of Plymouth were named to the 44-member East squad for the 30th annual Michigan High School All-Star Football Game, which begins at 2 p.m. Saturday, June 19, at Michigan State University's Spartan Stadium.

Farmington Hills Harrison defensive back D.J. Cook and Novi-Detroit Catholic Central linebacker Mike Kinville will also play for the East squad, which will be coached by Deckerville's Dan Brown.

Tickets are \$5 and are available at Spartan Stadium entrance gates on game day.

For more information, visit www.mhsfca.com.

Glenn grapplers 1st at Wayne Co. Invite

BY BRAD EMONS
OBSERVER STAFF WRITER

Westland John Glenn came away with a trifecta in the first-ever Wayne County Involuntary Wrestling Tournament hosted Jan. 23 by Romulus.

The Rockets, fifth in the latest Division 1 statewide rankings, led the 25-team field with 243.5 points followed by runner-up Southgate Anderson (177.5), Northville (139) and the host Eagles (129).

"From top to bottom the tourney maybe wasn't as strong as some of the ones we've gone to, but once we got to the semifinals, those top four-five kids were pretty special," Glenn coach Bill Polk said. "It was a good measure for us. We're doing the right things and going to the right places. Facing top ten teams every weekend has paid off for us."

Glenn's Joshua Austin and Anthony Pavlich, came away with individual titles at 119 and 130 pounds, respectively.

Second-place finishers for the Rockets includ-

ed Steve Wakeford (112), Mark Thompson (135) and Kameron Jones (171).

Other placers for Glenn included Kyle Gillies (103), Mike Johnson (152) and Dustin Gajowski (285), third; Danny Croft (160) and Gerald Powell (215), fourth; and Mikkel Tipton (140), fifth.

Polk also earned Most Valuable Coach honors, which was voted upon by his peers.

"Overall it was great tournament and was run outstanding," the Glenn coach said. "Everything was on time, very organized. It was pretty impressive with that many schools."

Wayne Memorial, 10th in the team standings with 97.5 points, got a runner-up finish from Dylan Korzetki at 215.

Other top placers for the Wolfpack included Josh Mills (160), third; Anwar Oliver (140), fourth; and Chris Bowie (285), fifth.

Lutheran High Westland's Laith Francis (125) and Justin Palka (130) each finished third, while Craig Kowalsky (189) placed fourth.

CHIEFS

FROM PAGE B1

inside to Kevin Weisz and Paul Baumgart (seven points). We also did a greater job defensively on (Daniel) Hill."

Wayne's 6-foot-3 senior center Daniel Hill had a team-high 14 points, but nobody else was in double figures for the Zebras.

"A lot of teams have done it this year, it's been a point of emphasis to keep Daniel out of there," Wayne coach Wayne Woodard said. "We're trying to get Daniel one-on-one, but it's been harder to come by the last few weeks."

Wayne led 11-7 after one quarter and 19-18 at halftime.

But the Zebras went cold in the third quarter, missing their first nine field goal attempts and four straight free throws before baskets by James Jackson and Reggie Reeves (a three-pointer) during the final 57 seconds closed the gap to 27-24.

"I thought we had open looks," Wayne Woodard said. "I can't complain about the effort. There were some shots that were not so good, but we had enough good shots. They just didn't go in."

Canton's best quarter was the decisive fourth when the Chiefs went on a 7-0 run to take a 33-24 lead, capped by Brandon Duffey's steal and layup with 5:38 remaining.

Hill's steal and Reeves' layup with 1:39 left cut the deficit to 37-33, but the Zebras never got closer than four points the rest of the way.

Lever's basket on a drive through the middle of the lane with 1:04 remaining sealed the win for the Chiefs, who now find themselves on the KLLA South's hot seat.

"We can't celebrate, that's what I just told the guys (in the lockerroom)," Reddy said. "We have four division games left against four teams we beat. But they're going to be after us now. Churchill is next (Tuesday at home) and they're a good team."

Vanover fuels Rockets' win; Patriots march past Wildcats

Apparently the Westland John Glenn girls basketball team has Livonia Churchill's number so far this season.

On Friday, the host Rockets rallied in the second half to down the Chargers for the second time this season, 43-41.

Senior forward Michelle Vanover paced Glenn with 20 points, 10 rebounds and nine steals.

Andrea Gordon-McClain and T.J. Carson-Callaway chipped in with 10 and seven points, respectively.

The Rockets, who improved to 4-8 overall and 3-3 in the KLLA's South Division, trailed 14-2 after one quarter and 24-13 at halftime before going on a 21-11 third-period run.

Sophomore center Erin Menard led the Chargers (7-5, 2-4) with 16 points. Senior forward Darcy DeRoo added seven.

Both teams shot poorly from the foul line.

GIRLS HOOPS

Glenn was only 9-of-26, while Churchill made 9-of-23.

FRANKLIN 52, PLYMOUTH 26: Junior guard Chelsea Williams poured in a game-high 18 points as Livonia Franklin (9-3, 5-1) rolled to a KLLA South Division triumph Friday against the host Wildcats (3-9, 2-4).

Sennecca Scott added 10 points for the Patriots, while Amanda Nixon and Amanda Borieo added nine and eight, respectively.

Franklin led 25-10 at intermission and then the fireworks started midway through the third when Patriots coach Dave McCall was ejected after being hit with three technical fouls.

The Patriots had a total of 26 steals with Nixon getting seven and Borieo four.

Alex Roberts led Plymouth with 10 points.

Franklin was 21-of-33 from the foul line, while Plymouth was 13-of-23.

NORTHVILLE 52, STEVENSON 38: Tori Wright and Julia Roney each tallied 10 points Friday, leading the Mustangs (6-6, 2-4) to the KLLA

South Division win over host Livonia Stevenson (3-9, 2-4).

Stevenson trailed 30-19 at intermission and cut the deficit to four points during the third period, but couldn't get over the hump.

Sarah Smith had a team-high nine points for the Spartans. Emily Hollandsworth and Kristen Balhorn added seven each.

"Offensively we did stood around and we did not seem like ourselves," Stevenson coach Jen Knoph said. "I thought Monika Rudis played a strong defensive game. It doesn't show in the stats, but she added a spark for us tonight."

Stevenson was 22-of-31 from the foul line, while Northville was 9-of-15.

CANTON 66, WAYNE 15: On Friday, the state-ranked Chiefs (11-1, 6-0) jumped out to a 27-0 first-quarter lead to bury visiting Wayne Memorial (1-10, 0-6) in a KLLA South Division encounter.

Junior forward Kari Schmitt led Canton with 17 points, six rebounds and six steals. Also in double figures was junior forward Kayla Bridges (14 points, nine boards).

Holland Boertje paced the Zebras with seven points.

CHURCHILL

FROM PAGE B1

riculars, but we got down to playing hockey again in the third."

Churchill netminder Aaron Crouse had to make just seven saves, while Franklin's Anthony Crechiolo had 27 stops.

Churchill won the first meeting between the two teams, 7-1, on Dec. 18.

"Franklin is improved, they work had and got solid goal-

PREP WRESTLING RESULTS

KLLA QUAD MEET RESULTS
Jan. 27 at Stevenson
LIVONIA STEVENSON 40
NOVI 16

103 pounds: Andrew Park (N) won by major decision over Sheldon Kabrovich, 10-1; 112: Ashraf Alhaj (LS) pinned Shanka Paul, 1:04; 119: Omar Mostafa (LS) p. Farchman Kiam, 3:10; 125: G. Albuerne (N) dec. Robert Schramm, 5-0; 130: A. Albuerne (N) dec. Corey Davis, 12-5; 135: Kody Roy (LS) won by major dec. over Matt Aoun, 15-6; 140: Charlie Kokenakes (LS) won by technical fall over Ben Landry, 18-3; 152: Chris Arnold (LS)

dec. Matrín Bunney, 8-3; 160: A. Engebretson (N) p. Christian Rohl, 5:34; 171: Daniel McCarthy (LS) dec. Jake Dobras, 7-1; 189: Jacob Burns (LS) dec. David Sparling, 4-2; 215: Andrew Schramm (LS) dec. Aimi Keller, 3-2; 285: Jacob Range (LS) dec. Jimi Keller, 5-0.

LIVONIA STEVENSON 37
WAYNE MEMORIAL 24

103 pounds: Pablo Flores (WM) decisioned Sheldon Kabrovich, 11-4; 112: Darryl Ison (WM) dec. Ashraf Alhaj, 8-3; 119: Omar Mostafa (LS) won by major dec. over Michél Hood, 13-2; 125: Devon Adams (WM) pinned Robert Schramm,

tending," Mazzoni said. "You definitely have to play three periods against them."

STEVENSON 12, W.L. WESTERN 4: In a KLLA Kensington Conference crossover Friday, John Strauch recorded four goals and one assist as Livonia Stevenson (14-2-1, 7-0-1) pulled away in the final period to beat host Walled Lake Western (6-10-2, 3-5-1) at the Kensington Valley Ice House.

The state-ranked Spartans, who outshot Western 54-25, converted on six-of-seven power-play opportunities.

Strauch, who leads Stevenson

with 16 goals on the year, also got help from Matt Fox (five assists) and Tim Pruchnik (one goal, three assists).

Justin Shureb and John Mandryk each chipped in with pair of goals, while Evan Malick, Andrew Palushaj and Travis Gosselin also tallied goals.

Jake Poynter and Adam Kleven also tallied two assists each.

The Spartans held a 6-4 lead after two periods of play, but they blew the game open with six goals within 11:43 of the third period to finish the game with a mercy.

Julian Pierce notched a hat trick for the Warriors, who were 1-of-6 on the power play.

Marian girls stave off Ladywood

GIRLS HOOPS

Livonia Ladywood put up a struggle for three quarters Friday night before succumbing to state-ranked Birmingham Marian in a Catholic League Central Division girls basketball game, 36-22.

Marian, now 11-1 overall and 6-0 in the division, got game-high 16 points from Rachel Melcher.

The Mustangs, leading by only six after three quarters, 23-17, needed a 13-5 run to put away the Blazers.

Molly Gacoch paced Ladywood (7-7, 2-4) with 11 points and 12 rebounds.

The Blazers shot only 18 percent from the field and 50 per-

cent from the foul line (7-of-14).

"It was a defensive battle, a physical game," Ladywood coach Pat Cannon said. "With three minutes to go both teams had only one team foul (each). We had to start fouling. But we played with them for three quarters."

Marian shot only 23 percent from the field and was 10-of-14 from the foul stripe.

KENNEDY 35, CLARENCEVILLE 33: In a non-conference game on Friday, host Livonia Clarenceville (4-9) dropped a heartbreaker as Taylor Kennedy (2-13) emerged with this two-point victory.

Bionca Pope netted 14 points and

Diane Roland added seven for the victorious Eagles.

Jenna Burgess topped Clarenceville with 11 points and a team-high 12 rebounds. Brittany Tallman added seven points.

"The girls played a solid game from start to finish," Clarenceville coach Brady Gustafson said. "They played well on defense, and created open looks on offense. Unfortunately, our shots didn't fall."

LUTHERAN N' WEST 28, LUTH. WESTLAND 20: A lack of offense sent Lutheran High Westland (3-9, 1-7) down to defeat Friday night against Rochester Hills Lutheran Northwest (8-5, 4-4) in a Michigan Independent Athletic Conference Blue Division matchup.

Kimberly Lepor scored 11 points to lead Northwest, while Nicole Zehel paced the Warriors with nine.

Clarenceville bowlers swept

Livonia Clarenceville came up on the identical short end of a pair of 22-8 non-conference bowling setbacks Thursday against Wayne Memorial at Canton's Super Bowl.

On the girls side, Bridget Moricz proved to be the Trojans' top performer as she rolled games of 194 and 211.

Amber Cummins followed with a 201, while teammate Kaycee Chappell added a 193.

On the boys side, games of 236 and 200 from Corey Coughlin weren't enough to help Clarenceville. Sean Diaz chipped in games of 202 and 212, while Chris Diaz added a 208.

The Wayne boys are 4-5-2 overall, while the Zebra girls are 5-6.

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NEIGHBORS

Playing Cupid

Barbershop quartets deliver songs from the heart

Don Venturino fixes Bruce Jonasz's bow tie as they ready to sing valentines.



The quartet, Three D's and a W, consisting of Don Bohnwanger, (left), Wally Jennings, Don Venturino and Don McCorkle, pose with one of their singing valentine recipients last year.

BY SHARON DARGAY
OGE STAFF WRITER

APPRECIATIVE AUDIENCE

Hawthorn Center in Northville is a favorite venue for the chorus. The men put on a 45-minute show there every year for the psychiatric hospital that serves children and adolescents.

"That's one of our real heartwarming experiences. It's amazing how those kids enjoy the show. You wouldn't think a bunch of old guys singing would entertain them, but they really seem to enjoy the show."

The singers experience similar reactions when they deliver musical valentines.

"I did one a couple years back that I still remember. A woman called me and said that every year from the first time they dated, her husband called her on the phone on Valentine's Day and sang a special song. He had been working two jobs and she wanted to do something special for him that year."

Adams arranged for the quartet to sing the special song — *I Love You Truly* — at the couple's home, before the husband headed to his night job.

"You could see the tears in his eyes."

Two of the quartets stop at Livonia City Hall every year to serenade employees and visitors. They belt out love tunes in the building's atrium for an appreciative audience spread across five floors.

"And they throw money at us," Adams noted. "Last year we collected \$59 or so."

Book a singing valentine by calling (734) 743-1764.

Interested in joining the group? It meets at 7:30 p.m. every Tuesday at Kirk of Our Savior Church, 36660 Cherry Hill, in Westland.

Chocolates will disappear in a few days.

Flowers will wilt.

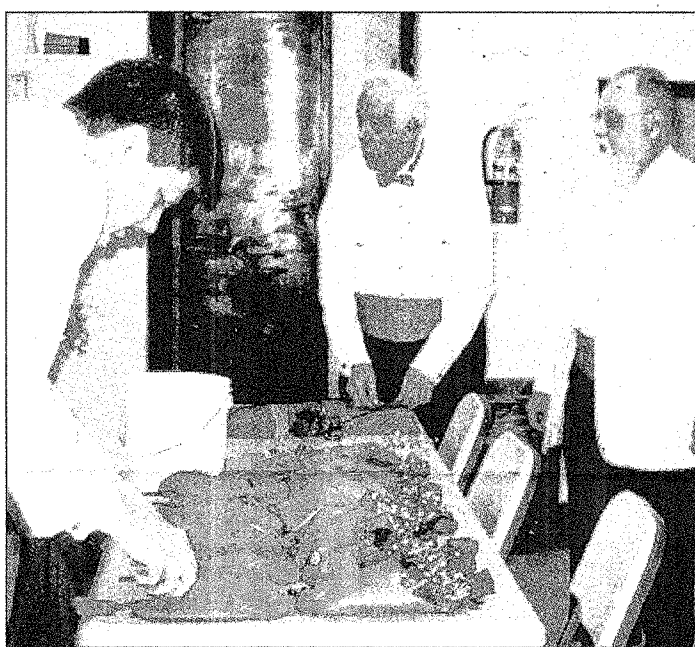
But Frank Adams says a valentine delivered in four-part harmony lingers in memory forever.

"You know, people spend a lot of money on flowers and candy and stuff. Once Valentine's Day passes, who remembers it? We look forward to doing singing valentines each year. It's such a wonderful experience," said Adams, who sings with the HarmonyTown Chorus, the Wayne chapter of the Barbershop Harmony Society. "This particular type of thing people remember. We get a lot of comments about it. It's a very unique type of music with four-part harmony and we do it a capella."

The 23-member chorus sent its members — organized into quartets — to homes, and businesses throughout western Wayne and Oakland counties last year. The four-somes delivered 42 singing valentines in two days.

They've expanded the event this year. The tuxedo-clad singers will work from 9 a.m. to approximately 8 p.m., Friday-Sunday, Feb. 12-14, offering three days of heartfelt performances. Each delivery costs \$40 and includes three songs, a rose and a personalized Valentine greeting card. Proceeds help HarmonyTown Chorus continue to promote barbershop singing.

"Our chapter is 65 years old. We do a lot of charitable performing year-round. We go to nursing homes, senior centers, assisted living places."



Mark Pritchard (left) receives roses with help from Wally Jennings and Tony Pyrkosz last year.

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Rams champs

The Horny Rams adult co-ed soccer team recently won a division championship in play at High Velocity Sports in Canton. The Rams finished the season 7-1-0 and outscored the opposition 42-29. The Horny Rams feature eight years worth of local high school graduates, including Chris Jackett (Redford Union 2003), Andy Rushlow (RU '04), Jeremy Furget (Thurston '03), Jeff Ryan (Thurston '06), Nicholas Giammarco (Northville '04), Andrew Brockie (Garden City '01), Sabelo Mncwango (Livonia Churchill '03), Megan Kelley (RU '02), Karen Jackett (RU '08), Melanie LaDuke (Thurston '06) and Katie Sweeney (Wayne Memorial '05).

Bedell catalyst for Churchill in 54-42 win vs. John Glenn

Livonia Churchill boys basketball coach Jim Solak called it "a good, grind-it-out win." Thanks to 6-foot-6 senior Adam Bedell's 21 points and 17 rebounds, the Chargers earned a 54-42 victory Friday night at home over Westland John Glenn. "John Glenn played hard and made us uncomfortable on offense," Solak said. "Glenn hit five 'threes' against us and we did a good job taking away that in the second half. It was a good effort. We'll take it." Churchill, now 7-4 overall and 3-3 in the KLAAs South Division, held a decisive 35-15 rebounding advantage. "Adam came up big, he really stepped up," said Solak, whose team led 24-20 at halftime. D'Juan Cooks, a 6-5 senior forward, added 10 points and five blocks, while senior guard Tony Frezzell added 10 points and six boards. Stephen Foster also contributed nine points. Freshman guard Nick

BOYS HOOPS

Daniels paced the Rockets (3-9, 2-4) with 15 points. Marcus Mecks added 11. Churchill was 12-of-19 from the foul line, while Glenn made 6-of-12. STEVENSON 50, NORTHVILLE 43: On Friday, junior guard C.J. Mwila scored 15 points and sophomore guard Jonathan Campbell added 11 as KLAAs Central Division co-leader Livonia Stevenson (8-3, 5-1) downed the host Mustangs (5-7, 2-4). Bobby Naubert, a senior guard, added nine points for the Spartans, who led 22-15 at halftime before pulling away with an 18-10 third-quarter run. Three Northville players scored in double figures - Bryce Groshek (13), Tim Hassie (11) and Andrew Baldwin (11). Stevenson was 7-of-14 from the foul line, while Northville made 8-of-11. PLYMOUTH 54, FRANKLIN 45: Mike Nadratowski's 18 points propelled the Wildcats (6-6, 3-3) to a KLAAs South Division triumph Friday at Livonia Franklin (4-8, 1-5).

The Wildcats led 32-20 at half-time and never looked back. Junior center Brennen Beyer added 12 for Plymouth. Senior guard Mike Gadsby led the Patriots with 19 points, including five triples. Senior forward Jack Chinavare added nine. The Patriots were missing starting center Nate Coleman, who was on a football recruiting trip to Howard University (Washington, D.C.). "Plymouth played good defense against us and shot well with six 'threes,'" said Franklin coach Jeremy Rheault, whose team was only 5-of-12 from the foul line. LUTH. WESTLAND 50, OAK. CHRISTIAN 42: Lutheran High Westland (6-5, 6-4) bumped its overall ledger above the .500 mark Friday night at home with hard-fought victory over visiting Auburn Hills Oakland Christian. Marc Rosin tossed in a game-high 16 points as the Warriors grabbed control in the fourth period by out-scoring their Michigan Independent Athletic Conference Blue Division opponents 15-7. Gage Flanery followed with nine points and Austin Baglow contributed eight. Hustin Barrows topped the Cougars with 14 points.

Streak snapped Trenton 'special' teams difference vs. Stevenson

PREP HOCKEY

Two of the state's top-ranked hockey teams collided Wednesday night with Trenton emerging with a 4-2 victory over host Livonia Stevenson at Edgar Arena. Kody Poulin scored a pair of goals as Trenton, ranked No. 2 in Division 2, improved to 14-2 overall. Stevenson, which slipped to 13-2-1 overall, led 1-0 after one period on John Strauch's goal at the 4:28 mark. Trenton, however, took the lead for good with a pair of second-period goals, including short-handed breakaway effort with only three seconds left. "That was kind of the back breaker," said Stevenson coach David Mitchell, whose team is ranked No. 3 in Division 1. Stevenson outshot the Trojans 38-30, including a 16-6 first period advantage. "We definitely had our chances to score, but we only had one in the first period," said Mitchell, whose team had it's 10-game unbeaten streak snapped. "The difference was special teams. We went 0-for-6 on the power-play and they go 2-for-4 with a short-handed goal." Andrew Palushaj added a third-period goal, but it was too little, too late for the Spartans. CHURCHILL 6, SOUTH LYON 4: An early 3-0 first-period advantage held up Wednesday as host Livonia Churchill (10-6-1, 5-3-1) downed South Lyon Unified (6-9-1, 1-7-1) in a KLAAs Kensington Conference matchup at Edgar Arena. Tommy Carey opened the scoring for the Chargers at the 5:51 mark from Tony Mifsud followed by Jake Otto's goal at 7:11 from Chris Mireles. Joe Williams' power-play goal at 15:46 of the first from Justin Mikitaroff and Carey gave Churchill a three-goal cushion. In the second period, South Lyon got on the board at 1:38 on Jared Vincek's goal from Trevor Eckler. But Churchill countered with two before the period ended - Nick Proben from Otto and Steven Klisz (at 10:46); and Devin Smythe from Matt Sinclair and Carey (at 12:29). "We had a real good first period," Churchill coach Pete Mazzoni said. "We were moving our feet and moving the puck. But the second period we stopped doing the things that made us successful the first period." The Chargers, however, opened up a 6-1 advantage at 6:33 of the third on Mikitaroff's goal from Otto and Scott Hamill. South Lyon stormed back with three goals in the final 8:39 - Mike Kasper (from Colin Tittle and Brad Savard); Matt Skvarce (from Kory Ryba and Zachary Zitnik); and Eckler (from Robert Lanes and Zitnik). Churchill held a 36-28 shot advantage. "They (Churchill) are a good team and were coming off a nice win over Novi and kept rolling," South Lyon coach Bill McCreary said. "But I'm proud of my guys. We had a solid third period." NORTHVILLE 8, FRANKLIN 4: It was a wild shootout Wednesday at Novi Ice Arena as the host Mustangs (6-7, 1-4) got a pair of goals and assist from Brady Marotta to down Livonia Franklin (1-14-1, 0-6-1) in a KLAAs Kensington Conference crossover. Tyler Marotta, Matt Rosier, Kyle

Sargent, Stephen Champagne, Michael Comben and Cole Brown also tallied goals for Northville, who opened up a 5-2 lead after two periods. It was 1-all after one period as Aaron Hoffmeyer scored for the Patriots from Adam Michael and Tyler Dewhirst. Michael added a second-period goal (from Dewhirst) and notched his second of the night from Cyle Slinder to open the third period. Robbie Ringe's goal from Matt Jarecki cut the deficit to 5-4, but Northville tallied three unanswered goals to put the game away. Franklin, outshot 41-27, used three goaltenders on the night including Anthony Crechiolo (first period), Travis Ferrier (second period) and Matt Slinder (final period). Sean Bretz went all the way in goal for the Mustangs. LIGGETT 6, LADYWOOD 3: On Tuesday, Haleigh Bolton's hat trick and two assists propelled host Grosse Pointe Woods University-Liggett (8-4, 7-3) to a Michigan Metro Girls High School Hockey League victory over Livonia Ladywood (4-9, 3-9) at McCann Arena. Haley Smith, Natalie Peracchio and Paige Counsman also tallied goals for the Knights, who pulled away from a 4-3 lead with two unanswered goals in the final period. It was 2-2 after one period as Ladywood got goals from Julie Bushart and Jenny Rhode. Rana Freij and Katie Folk assisted on the first, while Hanna Periera and Eman Freij drew assists on the second. The Blazers' Lane Kolpacke scored from Brittany Galvin in the second period to make it 3-all before Bolton tallied what proved to be the game-winner from Smith and Peracchio. Ladywood goaltender Jessica Pavea made 32 saves, while Liggett's Hannah Mason had to make only 11 stops.

BOYS SWIM RESULTS

LIVONIA CITY INVITATIONAL Jan. 26 at Stevenson DOUBLE-DUAL MEET RESULTS LIVONIA CHURCHILL 91 LIVONIA FRANKLIN 89 200-yard medley relay: 1. Franklin (Brandon Larkins, Justin Larkins, Scott Ansteth, Tyler Lee), 1:49.09; 2. Churchill (Jacob Rimatzki, John Yurlog, David Vincentini, Mark Freyberg), 1:56.89; 3. Churchill, 2:08.83. 200 freestyle: 1. Scott James (LF), 2:01; 2. J. Larkins (LF), 2:03.09; 3. Derek Atzinger (LC), 2:05.97. 200 individual medley: 1. B. Larkins (LF), 2:12.45; 2. Vincentini (LC), 2:15.31; 3. Dawson Barnes (LF), 2:00.25. 50 freestyle: 1. Lee (LF), 24.88; 2. Freyberg (LC), 25.63; 3. Christopher Sharp (LC), 26.61. 1-meter diving: 1. Alan Robinson (LC), 165.75 points; 2. Sharp (LC), 101.02. 100 butterfly: 1. Ansteth (LF), 57.27; 2. Rimatzki (LC), 1:04.87; 3. Brad Johns (LC), 1:14.96. 100 freestyle: 1. Lee (LF), 57.15; 2. Zack Anderson (LC), 1:00.82; 3. Lance Kortesoja (LC), 1:01.03. 500 freestyle: 1. James (LF), 5:37.29; 2. Atzinger (LC), 5:41.31; 3. Freyberg (LC), 6:12.46. 200 freestyle relay: 1. Franklin (B. Larkins, Preston Elliott, James Fite, James), 1:45.59; 2. Churchill (Brian Sharp, Anderson, Kortesoja, C. Sharp), 1:49.0; 3. Churchill, 1:52.55. 100 backstroke: 1. Ansteth (LF), 1:03.87; 2. Rimatzki (LC), 1:04.68; 3. Johns (LC), 1:10.13. 100 breaststroke: 1. B. Larkins (LF), 1:07.42; 2. Vincentini (LC), 1:08.57; 3. J. Larkins (LF), 1:13.0. 400 freestyle relay: 1. Franklin (Ansteth, J. Larkins, James, Lee), 3:42.67; 2. Churchill (Freyberg, Atzinger, Rimatzki, Vincentini), 3:48.56; 3. Churchill, 4:17.69. Other dual meet scores: Stevenson 136, Franklin 47; Stevenson 141, Churchill, 45. Dual meet records: Stevenson, 5-2 overall, 1-1 KLAAs Central Division; Churchill, 4-4 overall, 2-1 KLAAs South Division; Franklin, 1-5 overall, 0-3 KLAAs South.

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THE WEEK AHEAD

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Tuesday, Feb. 2
Roeper at Luth. Westland, 5:30 p.m.

Metro Tourney at Luth. N. west, 10 a.m.
BOYS SWIMMING & DIVING
Tuesday, Feb. 2
W.L. Northern at Churchill, 6:30 p.m.



Motown Cup champs

Overcoming a 3-1 third-period deficit, the Livonia Squirt B Wild recently rallied to beat the Monroe Ice Hawks in overtime, 5-4, to capture the 2010 Motown Cup at Southgate Ice Arena.

Cardinals fly by MU men's cagers

Despite four players scoring in double figures, the Madonna University men's basketball team fell Wednesday night to host Concordia University, 80-74, at Cardinal Fieldhouse.

COLLEGE HOOPS
Junior guard Bryant Slaughter (Westland) and senior forward Leroy Allen paced MU with 19 points apiece.

intermission, connected on 26-of-52 shots from the field (50 percent), including 11-of-26 from beyond the arc.

PREP BOWLING RESULTS

BOYS BOWLING RESULTS
WESTLAND JOHN GLENN 21
NOVI 9
Jan. 28 at Super Bowl (Canton)
John Glenn scorers: Kyle Hamlin, 222-268-490; Josh Duprie, 181-200-381; Jordan Hornes, 182-189-371; Chris Harper, 199-164-363; Steve White, 160; split score, 135. Team totals: 944-956-1900 (17 points); Baker games: 193-147-340 (4 points).

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Rescue group appeals for funds to pay vet bills

Tail Waggers USA, a Livonia-based needs donations to help pay veterinary costs for three dogs it rescued from an abandoned home in Detroit.

Laura Zain, group founder, said the Wayne County Sheriff Department called for her help in removing two puppies and an older dog from a house that had no electricity, heat and water and was a suspected drug-dealing site.

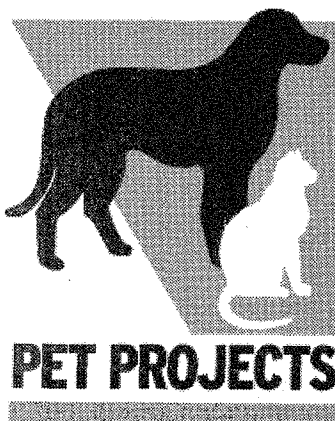
She said one of the pups, a 4-month-old that has been named Petey, was infested with feces and urine and was found starving to death in a back room with the two other dogs.

"As disturbing as it is to mention, Petey was so thin that every bone in his small body could be counted and he could hardly stand up. His eyes and nose had substance draining from them making it hard for him to see and breathe. Upon approach he would cower — a true sign that he was beaten," Zain wrote in an e-mail appeal for donations. "Petey was in need of immediate veterinary care. After 10 days in the isolation ward of the hospital, all three dogs are healthier, have been vaccinated and in need of a permanent home. We, however, need to pay for their care and are asking for help.

"Emergencies such as this drain our Emergency Assistance fund and animals in your own community are being turned away due to lack of funding in this program."

She said the organization aims to help animals in need and support their families "through these difficult economic times."

To make a tax-deductible donation for Petey, log onto the group's Web site at www.tailwaggersusa.org and click on the donation button. Donations can also be mailed to: Tail Waggers USA, 27859 Oakley, Livonia, MI 48154



Pet of the Year

The Michigan Humane Society is sponsoring an online pet photo contest and search for "Pet of the Year."

By using MHS' online tools, participants can create their own dedicated web page, including their pet's photo and rationale on why they should be voted "Pet of the Year." They can e-mail links to their page to friends and family worldwide who can support their "campaign" by voting with a donation. Each dollar raised will represent one vote, and the winning candidate will be named MHS' "Pet of the Year."

All pet photo submissions must be accompanied by a \$20 contest entry fee. A minimum of \$10 is required for each online donation. In addition to being named "Pet of the Year" and featured on the MHS Web site, the winner will receive a special "Pet of the Month" feature placement in the MHS 2011 Pet Calendar. A first runner-up will receive an MHS Retail Prize Pack, and a second runner-up will receive an MHS T-shirt.

"As proud pet parents, we all love to show off photos and recount our pet's most unique traits," stated Mike Robbins, MHS Director of Marketing and Communications. "The Online Pet Photo Contest offers a fun and easy way to do that, while also allowing you to help animals in need find their forever, loving homes."

For contest details or to get started, visit www.michiganhumane.org.

Pets and baby

Expectant parents will learn how to prepare their companion animals for the arrival of a human baby in the household through a class 7-9 p.m., Thursday, Feb. 11, in classrooms 1 and 2 at St. Mary Mercy Hospital, 36475 Five Mile, Livonia.

"Pet Preparation for Baby" will help parents understand what to expect from their pet, how to prepare for success with simple strategies for a smooth transition, and how to anticipate and prevent potential behavior problems.

The fee is \$10 per person. Registration is required. Call (734) 655-1159. Or visit www.stmarymercy.org and click on "classes and events."

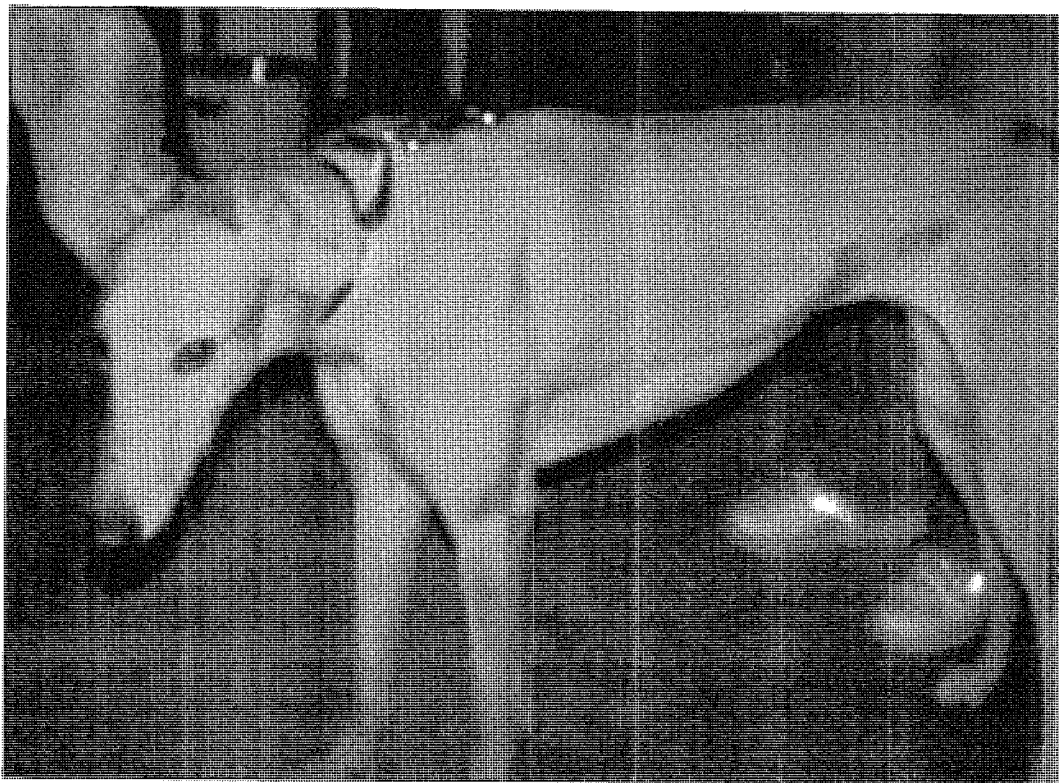
Meet, greet, eat

Greyheart Greyhound Rescue and Adoption plans a "meet and greet" next month at two PetCo locations. The first is noon-4 p.m. Sunday, Feb. 7 at the Canton location, 43435 Ford Road; the other is noon-4 p.m., Sunday, Feb. 14, at 22631 Gratiot, Eastpointe.

At both events the organization will sell red and white heart-shaped lollipops for a \$1 donation.

All proceeds from the sale of Greyful Meat Lasagna, available from the prepared foods department at Hiller's markets next month also will benefit Greyheart Greyhound Rescue and Adoption.

Hiller's operates seven stores throughout Metro Detroit. Local sites include 3615 Washtenaw Avenue, Ann Arbor, (734) 677-2370; 39950 W. 14 Mile, Commerce Township; (248) 960-1990; 425 N. Center, Northville, (248) 344-4001; 15455 Haggerty, Plymouth, (734) 420-5555; and 6433 Orchard Lake Road, West Bloomfield, (248) 851-7100.



Volunteers at Greyheart Greyhound Rescue and Adoption say Merci looks like a tiny deer who loves to play with toys.

ADOPTABLE GREYHOUNDS

Merci is Greyheart Greyhound Rescue and Adoption's featured dog of the week. Here's what volunteers say about her:

Meri just completed her racing career in Florida and it's

time for her to settle down with her very own family. She's age 3 1/2 and a lovely fawn color. She looks a little like a tiny deer. She loves playing and has a few squeaky toys that she shares with the other dogs in

her household. Her foster family also has a cat. If you want to meet Merici, call Greyheart Greyhound Rescue and Adoption at (866) 438-4739. Visit the organization's Web site at www.greyheart.org.

IN THE NEIGHBORHOOD

BOWL FOR BRAILLE BOOKS

Mark March 21 on your calendar if you like to bowl or feel passionate about helping place braille books in the hands of blind children.

Seedlings Braille Books for Children will hold its 23rd Annual Bowl-A-Thon at 1 p.m. that day. Registration will start at noon at Super Bowl Lanes in Canton.

The event will include raffle prizes, a silent auction and prize packages for the top three bowlers who raise the most pledges.

Bowlers will get three games, shoes, lunch, a goody bag, and a free ticket for a chance raffle drawing. Sponsorship opportunities are still available to local businesses and organizations. Registration is March 7 with a minimum donation per bowler of \$60.

Register or pledge online or download a brochure at www.seedlings.org under the special events section.

Seedlings Braille Books for Children is a

non-profit organization in Livonia dedicated to increasing the opportunity for braille literacy by providing high quality, low-cost braille books to blind children. Every \$10 earned at the bowl-a-thon will create one more book. Last year, bowlers raised more than \$27,000.

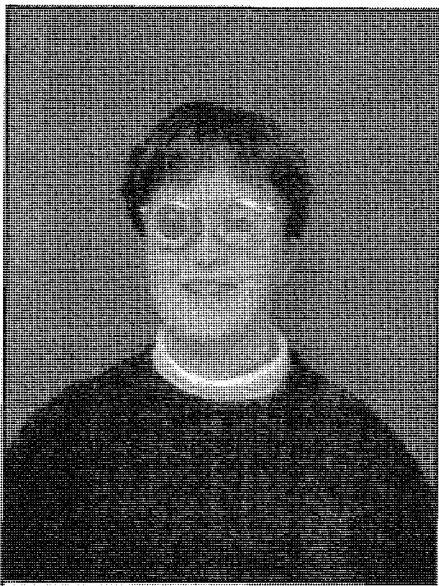
GREEN JOBS

North Church Women will meet 11:30 a.m. Feb. 2, at North Congregational Church, 36520 West 12 Mile, Farmington Hills. Farmington Hills City Manager Steve Brock will talk about "Green Jobs for Blue Waters" The session is free. All are welcome. (248) 8481750

VOLUNTEERS NEEDED

Autumnwood of Livonia, a long-term and acute care facility, seeks volunteers to help with daily activities, such as one to one conversation, group games and socials. All ages/groups are welcome. Call Misty Trojan, activity director, at (734) 425-4200 ext:138.

See Better With Glasses For LOW VISION!



"...They are better than I thought they were going to be. I see better than I ever thought I'd see again!"

~ Marsha Heath

Marsha Heath suffers from retinopathy of prematurity since infancy and glaucoma later in life.

Marsha had worked as a secretary but retired a year earlier. Presently legally blind, she came to Low Vision of Michigan using the assistance of a white cane to travel due to tunnel vision. Marsha wanted help with reading, computers and seeing faces.

Low Vision of Michigan fitted Marsha with very strong custom reading lens or microscope glasses. With proper lighting, Marsha is reading standard print again. A second pair of telescopic spectacles was made to help see faces and television. With an extra adapter, her telescope glasses also help her see the computer.

"I really like them. The reading glasses work good, the telescopic glasses work good. I really like them, they work really good for TV, the computer and reading is great. They are better than I thought they were going to be. I see better than I ever thought I'd see again." Marsha's advice? "If you're thinking about doing it, do it. Don't wait."



www.LowVisionOfMichigan.com

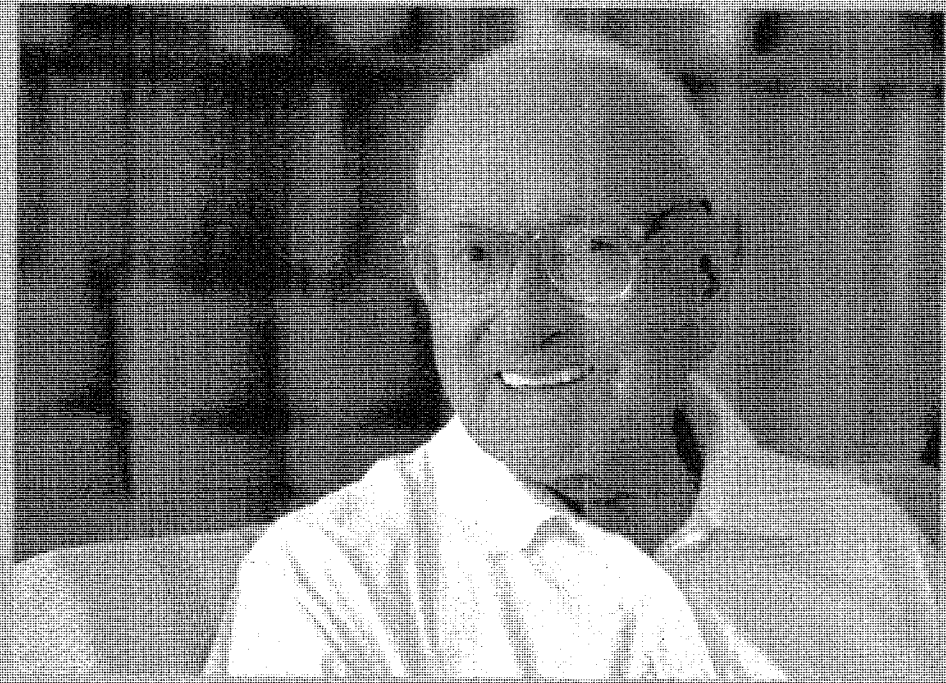
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REUNION CALENDAR

The Reunion Calendar runs Sundays in the paper as space allows, and online in its entirety at www.hometownlife.com. Submit your announcement at least two weeks in advance to Sharon Dargay at sdargay@hometownlife.com.

Dearborn Heights Haston High Class of 1965

45-year reunion, 6 p.m. to 1 a.m. July 24; Contact Pat Beadle-Kopczyk, 3334 Kneeland Circle, Howell, MI 48843, at (517) 552-1182 or e-mail to her at patkopczyk@aol.com.

Detroit Cooley High School Class of 1960

50th Reunion May 1 at Crown Plaza-Metro Airport. Call (248) 625-4598 or (734) 464-1692 for more information.

Detroit Pershing Class of 1960

50th reunion festivities in September will be held at the Doubletree Guest Suites Fort Shelby in downtown Detroit. For more information call Sherry Forbush (Sharon Bailey) at (248) 994-0664 or Joan Harrington (Mazey) at (734) 595-7508.

Farmington High School Class of 1970

Planning reunion in 2010. Seeking classmates. Join the group on Facebook by searching Farmington High School Class of 1970 Reunion. Or e-mail Carla Campbell Lehn at dblenn@aol.com.

Garden City High School Class of 1960

Mini-reunion luncheons held the second Saturday of every month at 1 p.m. in the banquet room in the Plymouth Denny's on Ann Arbor Road, east of I-275. Call Gary Simon at (734) 751-4101 or send e-mail to GCHS.MCMLX@yahoo.com.

yahoo.com.

Garden City West Class of 1970

40th reunion on Saturday, Oct. 9 at Hawthorne Valley Country Club in Westland. Dinner and DJ included for \$50 per person. Classmates from the classes of 1968-1972 also invited to attend. For more information, call Larry Conn at (734) 788-5254.

Oak Park High School Class of 1980

30th reunion, July 2-4; for information e-mail to ophighschool1980@yahoo.com

Redford Union Class of 1960

50-year reunion, 5:30 p.m., Saturday, Aug. 14. For more information contact Mike and Carol (Gerogeff) Pontius (248) 446-9948 or e-mail to mikecarol91500@att.net. Or call Tena (Fear) Keith at (248) 437-6827.

Warren Fitzgerald Class of 1974

35-year reunion, 6 a.m.-midnight, March 20, at Crank's Enchantment Banquet Center, 46915 Hayes, at 21 Mile, in Shelby Township. Tickets are \$30. Call Louise DeLuca at (248) 496-8916 or Lisa Zientek, (586) 291-7998.

West Bloomfield High School Class of 1980

Planning for a 30th reunion is underway. The main event will be held July 17 at Hotel Baronette in Novi. More events are being planned for the same weekend. For more information e-mail the reunion co-chairs, Lori (Hess) Conklin at lconklin@conklin-systems.com or Jill (Butts) Beaulac at jibeau@cox.net.

If you have an item for the garden and nature calendar, submit it at least two weeks prior to the event to Sharon Dargay at sdargay@hometownlife.com.

Livonia Garden Club

A representative of the Detroit Institute of Arts will present a slide show about flowers and other plants depicted in paintings at the DIA. The meeting will start at 7 p.m., Tuesday, Feb. 2, at the Livonia Senior Center, Five Mile and Farmington Roads. Visitors are welcome.

At English Gardens

The English Gardens 8th Annual Orchid Festival Feb. 1-28 and includes these workshops and presentations:

- Introduction to orchids, 1 p.m., Feb. 6; free.
- Orchid basket workshop, 2:30 p.m., Feb. 6; \$29.99.

Participants will create a basket filled with an orchid and an selection of green tropical plants.

- More about orchids, 1 p.m., Feb. 13; free.
- Orchid re-potting demonstration, 2:30 p.m., Feb. 13; free.

Other sessions next month include free presentations in starting seeds indoors at 1 p.m., Feb. 20 and fresh flower arranging at 1 p.m., Feb. 27. A Make It & Take It Workshop: Spring Bouquet will be held at 2:30 p.m., Feb. 27. It

GARDEN & NATURE



English Gardens' 8th Annual Orchid Festival runs through Feb. 28. This is a "Living Fire" orchid.

costs \$19.99 and will include everything participants need to design a fresh flower arrangement to take home.

Area stores are at 155 N. Maple, Ann Arbor, (734) 332-7900; 22650 Ford Road in Dearborn Heights, (313) 278-4433; and 6370 Orchard Lake Road, in West Bloomfield; (248)


851-7506. For information, log onto www.EnglishGardens.com.

Butterfly garden.

Learn how to design a butterfly garden at the next meeting of the Southeast Michigan Butterfly Association (SEMBA), 7 p.m., Wednesday, Feb. 17, at

the Nankin Mills Interpretive Center, 33175 Ann Arbor Trail, Westland. Find out which plants are best for attracting various species of butterfly to your yard. \$3 fee for non-members. Parking on Hines Drive and Ann Arbor Trail. (734) 326-0578 or www.sembabutterfly.com

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ARTHRITIS OF THE KNEES, NOT ALL BAD NEWS

If a doctor diagnoses a patient's knee pain as osteoarthritis, that patient has reason to feel unhappy. Physicians often explain osteoarthritis by comparing the knee joint to a tire losing tread. And usually, as is the inevitable experience with the tire, more use causes more wear. Over time, the knee, like the tire, will require replacement. However, this comparison between knees and tires is not completely correct; deterioration of the knee is not inevitable. Many doctors follow a patient with osteoarthritis of the knee with yearly or every 2 to 3 year weight bearing x-rays. These physicians can bring up examples of patients who reach a stage of arthritis that is moderate or even approaching advanced, but stays at that stage over years.


Physical therapy or exercise directed to strengthening the quadriceps muscle always helps retard progression of osteoarthritis, and may be the reason that the arthritis remains stable. Losing excess weight also helps remove strain from the knees. Decreasing activity never retards knee arthritis, and in some instances, the patient with stable arthritic knees is doing more because of illness of a child, parent or spouse. Likely, the explanation for knee stability is that the added work strengthens leg muscles.

Heredity may also play a role. The biochemistry of maintaining joint cartilage is sophisticated and complex. The body may be prone to one defect in maintaining knee joint integrity, but has other abilities to recuperate that keeps flaws to a minimum.

www.drjweiss.yourmd.com

WHY BE CATHOLIC?

An exciting new monthly series of personal stories and testimonies to answer the questions: what attracts people to the Catholic faith, what holds them there, what brings them back?



Series continues Wednesday, February 10th at 7 PM

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* Conditions apply. Details at show. CST# 207132-20

Place a **Valentine Message** to your loved one on **Sunday, February 14** in the **Observer & Eccentric Newspapers** for only **\$2.00 per line** and let our **84,500 readers** know how you feel about that special someone!

Minimum 6 lines (photos are an additional \$5)

Deadline: Monday, February 8
Publishes: Sunday, February 14

Send your message to:
 Observer & Eccentric Newspapers, Attention Classified,
 6200 Metro Pkwy, Sterling Hts., MI 48312
 or call us: 800-579-7355;
 email us at oeads@hometownlife.com
 or fax: 313-496-4968

Must be prepaid, must be received no later than Monday, Feb. 8, no photos will be returned.
 *Source: Press Run

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HEALTH & FITNESS

Keynote speaker offers tips to relieve fatigue, stay healthy

BY SHARON DARGAY
OGE STAFF WRITER

Mary Ann Bauman tells her patients good emotional health is essential for physical well-being — including a disease-free heart.

"I think so often women are so busy taking care of others that they don't take care of themselves," said Bauman, medical director for Women's Health and Community Relations at INTEGRIS Health Inc., in Oklahoma City, Ok. "If you're emotionally not feeling well, you physically won't feel well."

The Michigan native, author and MD specializing in internal medicine, will bring her message about the "mind-body connection" to the Go Red

for Women campaign next month.



Bauman

The American Heart Association kicks off its Go Red campaign Monday with a week-

long series of events designed to raise awareness about heart disease and women. According to the organization, cardiovascular disease kills approximately 450,000 women each year — about one every minute. More women die of cardiovascular disease than the next five causes of death combined. And although 90 percent of women have one or more risk factors for developing heart disease, only one in five women believe its her greatest health threat. Yet 80 percent of cardiac events in women can be prevented by making heart healthy lifestyle choices involving diet, exercise and avoiding cigarette use.

Bauman, who will give the



keynote address at the Go Red luncheon and fund-raiser next month, adds good mental and spiritual health to that list.

HEART HEALTHY ADVOCATE

"We're excited to have her join us," said Melissa Thrasher,

communications director for the American Heart Association in southeastern Michigan. "She is inspirational and comes across in clear language."

Bauman, a Wayne State University School of Medicine

graduate and author of the book, *Fight Fatigue: Six Simple steps to Maximize Your Energy*, has worked in preventative health care for some 30 years and been involved with the American Heart Association since the early

1990s. The former Harper Woods resident has spoken at Go Red luncheons across the country, and will deliver her health message to Detroit's Go Red audience on Feb. 24 at the Marriott in the Renaissance Center.

"Helping your emotional state helps your physical state," Bauman said, in a telephone interview last week. "I wrote the book and everyone thought it was about diet and exercise, but it really is about looking at relationships, setting appropriate boundaries. But so often women run themselves ragged."

"I had one woman who had a heart attack on Christmas Eve. She was in her 60s and her daughter said 'My mother needed a wife. A wife would have paid attention and gotten her to the doctor.' Women don't think heart disease can happen to them even when they have risk factors."

Bauman said women need to recognize the connection between mental and physical health, identify appropriate lifestyle changes and then take steps to put their insight into action.

She suggests tackling those changes in "small chunks" every day, whether that's walking 20 minutes around the living room or making a heart healthy meal once a day.

"I tell women they have to make it a priority and put it on the calendar like other things. I tell people make it simple. If you can't be at the gym at 5 a.m., you won't be," said Bauman, who is married and has two step-sons and a daughter.

"If you set yourself up with goals that are easy to accomplish what you'll find is that you're doing it more and more."

Tickets to the Go Red for Women luncheon are \$250. In addition to Bauman's presentation, the event, from 9 a.m.-1:30 p.m. will include a fashion show, health seminars, silent auction and lunch. For more information call Shelley Rusinek at (248) 936-5807 or www.goredforwomen.org.

GO RED FOR WOMEN EVENTS

The American Heart Association kicks off its Go Red for Women campaign with these Go Red Week events:

- Pamper Party and Jewel Kade Showcase, 6 p.m., Monday, Feb. 1, at Gjetto's Salon & Day Spa, Fountain Walk, 4432513 Mile, Novi. Participants will enjoy a "girly" evening with complimentary red manicure, heart healthy snacks and the American Heart Association charm, designed by Jewel Kade, available for purchase. Proceeds benefit the Association.

- At 7 p.m., Wednesday, Feb. 3, Body Language, 1567 Union Lake Road, Commerce Township, offers an hour-long Zumba class, "Zumba for my Heart" T-shirt, red boa, Go Red calendar and other goodies for \$30 entry fee. RSVP is required at (248) 360-5350.

- Join local celebrities for an evening of stir fry, prizes and fun at bd's Mongolian Grill, 42089 Ford Road, Canton. Tickets aren't required, but participants are encouraged to arrive early. For more information visit www.GoMonggo.com.

- The American Heart Association urges men and women to wear red on National Wear Red Day, Friday, Feb. 5.

- Go Red Girlfriend Cooking Class starts at 6:30 p.m., Friday, Feb. 5 in the demonstration kitchen at Henry Ford Hospital in West Bloomfield. Cost is \$39 for a heart healthy demonstration, take-home

recipes and a full meal. Register at (248) 325-3890 or e-mail to ck@hfhs.org

- For the second year in a row the American Heart Association will attempt to create the "Largest Red Dress" in the parking lot of Macy's at Oakland Mall, 412 E. 14 Mile, between I-75 and John R in Troy. Participants will receive red pom-poms, megaphones and more. They'll line up along the outline of a giant dress, beginning at 11 a.m. Saturday, Feb. 6 and will be included in a photograph for possible inclusion in *Guinness World Records*. The event ends at 1 p.m.

- If you have a personal story about heart disease, want to share tips about healthy lifestyle changes or simply feel passionate about the cause, visit the Go Red for Women Casting Call event, 1-3 p.m. Saturday, Feb. 6, at Macy's at Oakland Mall, 412 E. 14, Troy. Participants will be interviewed on camera for a chance to be the next face of the Go Red for Women campaign. For more details visit www.heart.org/MichiganCastingCalls.

- The Plymouth Whalers hockey team will encourage fans to wear red to their game against Owen Sound, 7:05 p.m., Saturday, Feb. 6 at Compuware Ice Arena, 14900 N. Beck, Plymouth. The event will include a special recognition of survivors with celebrity guests. For tickets visit www.plymouthwhalers.com.

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Seminar Event Information

Date	Time	Location	Registration #
Jan 30, Sat.	9:00am	Edgewood Country Club, Main Ballroom — Commerce Township, MI	1-888-DMC-2500
Feb 1, Mon.	6:30pm	St. John Macomb Oakland Hospital, Auditorium — Warren, MI	866-501-DOCS
Feb 1, Mon.	5:00pm	Allegiance Health, Ella Sharp Museum — Detroit, MI	517-782-0500
Feb 1, Mon.	6:30pm	St. John Medical Center, Main Campus — Detroit, MI	1-877-346-7993
Feb 2, Tues.	5:30pm	St. Joseph's Mercy Hospital Ann Arbor — Ypsilanti, MI	734-712-3456
Feb 3, Wed.	12 pm	St. Joseph Mercy Oakland Hospital, Franco Auditorium — Pontiac, MI	1-800-372-6094
Feb 3, Wed.	6:30pm	Port Huron Hospital, Duffy Classroom — Port Huron, MI	1-800-228-1484
Feb 4, Thurs.	6:30pm	Oakwood Southshore Hospital, Nasir Auditorium — Trenton, MI	1-800-543-WELL
Feb 4, Thurs.	6:30pm	Crittenton Hosp. & Medical Center, Medical Aud. — Rochester Hills, MI	248-652-5269
Feb 8, Mon.	6:30pm	St. John Medical Center, Main Campus — Detroit, MI	1-877-346-7993
Feb 8, Mon.	6:30pm	Providence Hospital, Fisher Auditorium — Southfield, MI	866-501-DOCS
Feb 8, Mon.	5:00pm	Chelsea Community Hospital, Main Dining Room — Chelsea, MI	734-475-3913
March 4, Mon.	6:30pm	Crittenton Hosp. & Medical Center, Medical Aud. — Rochester Hills, MI	248-652-5269

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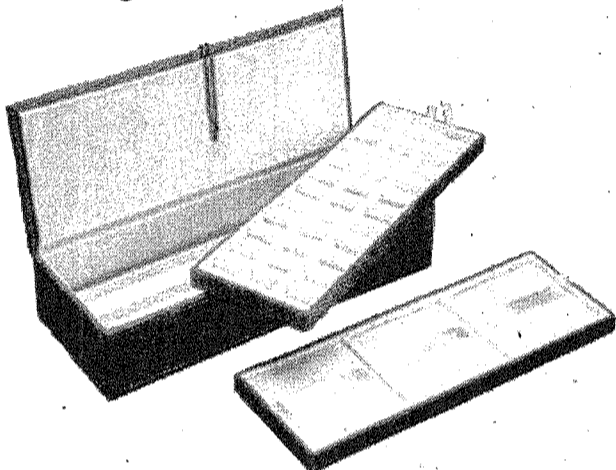
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2 DAYS

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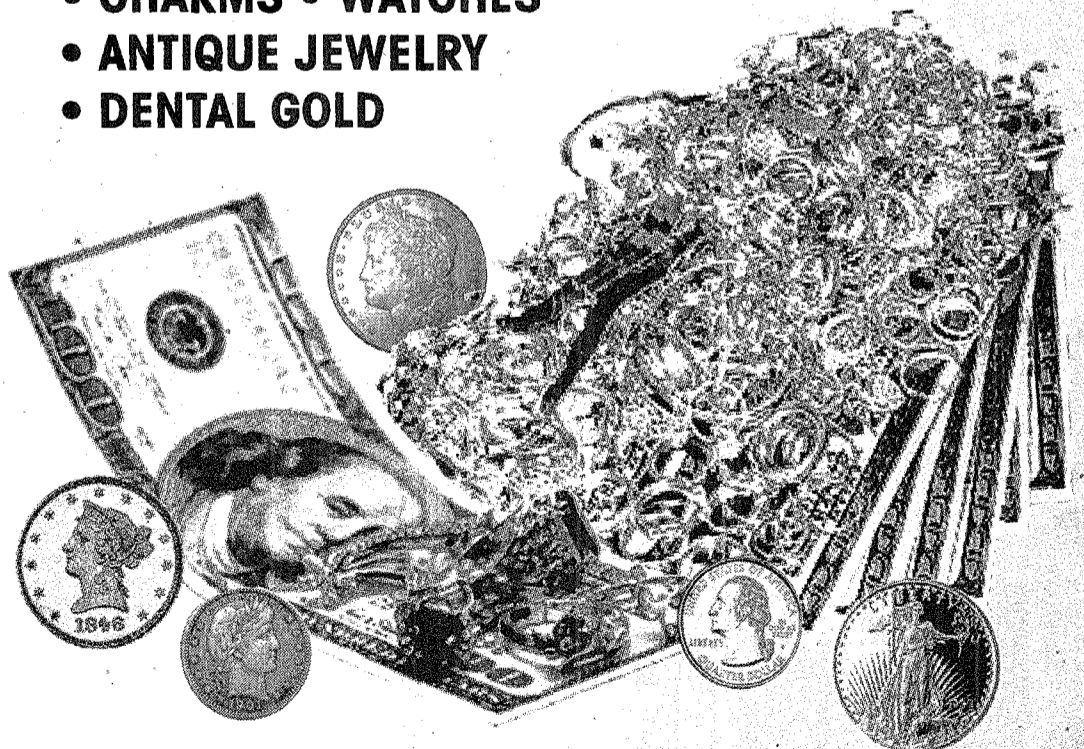
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