

Sanitation authority seeks to sell monofill property - A4

Newspapers

Volume 45 Number 64

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online at hometownlife.com



AROUND TOWN

MLK Day events

The Livonia Human Relations Commission will present the Martin Luther King Jr. Birthday Celebration Program at 6:30 p.m. Monday, Jan. 18, in the Livonia City Hall Auditorium, 33000 Civic Center Drive.

The keynote speech, "Today's Difficult Times," will be delivered by Dr. Conway A. Jeffress, president of Schoolcraft College. Ange Smith is the soloist, and Sven Anderson will perform on the keyboard.

Livonia Public Schools' Creative and Performing Arts Vocal Students Choir, directed by Lori Porter, will also perform. There will be a meet and greet with refreshments immediately following. For more information, call (734) 466-2540.

Redford Township and the Redford Ministerial Alliance will host the Annual Martin Luther King Jr. Community Prayer Breakfast at St. Robert Bellarmine Catholic Church, 27201 W. Chicago, at 7 a.m. Jan. 18.

The featured speaker is the Rev. Faith Fowler of Cass Methodist Church.

The pancake breakfast includes sausage, fruit, muffins and beverages with entertainment by the Thurston High School Concert Choir. Admission is \$8 and organizers are asking attendees for donations of personal care items such as laundry detergent, soap, shampoo or dish soap for the Redford Interfaith Relief Food Pantry.

Make checks payable to: Redford Township, 12121 Hemingway Redford 48239. Registration deadline is Jan. 13.

For more information, call (313) 387-2787.

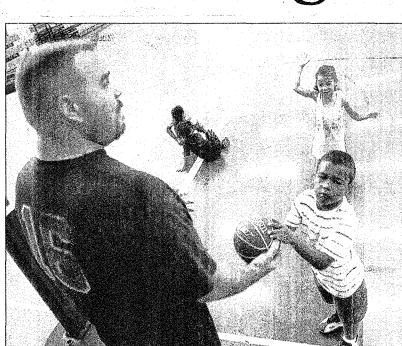


Rosalie Viland (from left) and Dianna Neckel, both of Livonia, Anita Donaldson from Garden City and Amelia Garrett of Canton are among people who get their exercise as mall walkers at Westland Shopping Center in Westland.

New year, new you: Get fit on a budget

BY DIANE GALE ANDREASSI CORRESPONDENT

Getting healthy and fit on a bud-



Local leaders hope for better days in 2010

The dismal state of the economy is at the forefront of some hopeful, perhaps wishful thinking by public officials in western Wayne County.

As 2009 draws to a close and the new year dawns on metro Detroit, officials are cautiously optimistic that better days are ahead. But, they realize the new year will bring a new set of challenges and hard work to achieve the goals they're resolving for 2010.

Here's a recap of some of the New Year's resolutions offered by various public officials in the area:

Livonia

Mayor Jack Kirksey said his New Year's resolution

is: "To keep working with everybody and get through this economic crisis and look for better days ahead."

Livonia City Council Presidentelect Jim McCann shared his thoughts on New Year's resolutions:

"I have not made resolutions for the new year. The habit of making resolutions, of criticizing and molding my life, is too much of a daily

event for me. I promise to get back to reporters quicker." Bill Joyner, former county commissioner and founder







History of Jell-0

Suzanne Daniel, a member of the Livonia Historical Commission, will present a program titled "Jell-O - Yesterday, Today and Forever* at 7 p.m. Monday, Jan. 18, at the church at Greenmead Historical Park in Livonia.

For information, call Livonia Historical Society President Bob Legel at (734) 591-6845.

All about India

The Cultural Coalition of Redford will present "India: People, Culture and History" starting at 6:45 p.m. Friday, Jan. 8, at the Redford Community Center, 12121 Hemingway, Redford. Hemingway is north off Plymouth Road between Beech Daly and Inkster roads.

The speaker is the Rev. Paul Coutinha, pastor of St. Valentine Church in Redford.

The program is free. Refreshments will be served at 6:15 p.m., a half hour before the program begins.

For more information, call (313) 255 - 3061.

et means flexing brain muscle and finding alternatives in these lean economic days.

If you think you have no time to exercise, Monica Pagels, exercise physiologist at the Botsford Center for Health Improvement in Novi, will prove you wrong. She makes every minute count, with ideas like alternating standing on one leg, then the other, while cooking dinner.

"If you're waiting for the micro-

wave to ding, you Ideas for staying can do one-minute fit on a budget, A10. squats or 30 seconds of leg kicks

on each leg," she said.

She even has "couch potatoes" moving. Pagels recommends getting up during commercials and walking around the room, going up and down steps or lying on the floor and doing abdominal curls.

"Think of any way to stay on your feet and keep moving while you're doing everyday activities," she said.

A lot of little things, like parking far away from the door at the mall and taking the steps instead of the elevator, add up.

"In the winter months we are minimizing our activities because we don't want to be cold," Pagels

Scott Gray, athletic supervisor for Redford Leisure Services, offers up instruction to youngsters TeRence Williams (front right) and Khalia Mims during the recent Hoop Skills camp.

said

Walking is her No. 1 pick for exercising on the cheap.

"It's a total body exercise that builds endurance, lowers blood pressure and cholesterol and minimizes joint pain," she said. "If you're dressed appropriately, you can walk outdoors year (round). Walking is

virtually free if you already have the shoes and right clothing."

FILE PHOTO

Nicole Vivoda, Garden City Hospital exercise physiologist, says pick something you enjoy doing because you are more likely to keep it up.

Please see FITNESS, All

or rame, ottered the following New Year's resolutions: "1. Say goodbye

of Livonia 1835 Hall



forever to that which is closest to me - 40 pounds I have had for too many years.

2. Say hello daily to those who are closest to me - mom and dad who have been with me for 60 of their 90 years, my son, Paul, who has been with me for 32 years and my bodyguard who keeps me out of trouble daily.

3. Say good morning twice a week to my hometown paper - the Livonia Observer, which has been my community connection for 50 years.

4. Say goodbye to any candidate having outside groups run negative campaigns.

5. Say Happy 175th Birthday, Livonia, every day by setting out to explore the town I call home."

Brian Wilson, superintendent of public service for the city of Livonia, also offered a personal resolution for the new year: "Try to not lose the sense of wonder and curiosity about our world and all that goes on in it."

Please see **RESOLUTIONS**, A6

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Cities to study Ford Road traffic, safety

BY LEANNE ROGERS OBSERVER STAFF WRITER

Traffic flow and safety on Ford Road will be under study beginning early in 2010.

Westland, Garden City and other neighboring communities will participate in the Ford Road Access Management Study along with the Southeast Michigan Council of Governments and the Michigan Department of Transportation.

We received requests from various communities in the corridor for an access management study," said Carmine Palombo, SEMCOG director of transportation planning. "We look at the traffic situation on the corridor and low-cost solutions for better traffic flow and safety."

The committee will begin meeting in January, and Palombo said he expects it will take several months for the study to be completed. Part of the process is ensuring the study doesn't end up sitting on someone's desk gathering dust.

"There is a lot to be looked at. It is up to the communities to a large extent. One of the requirements is that each community had to sign an

v

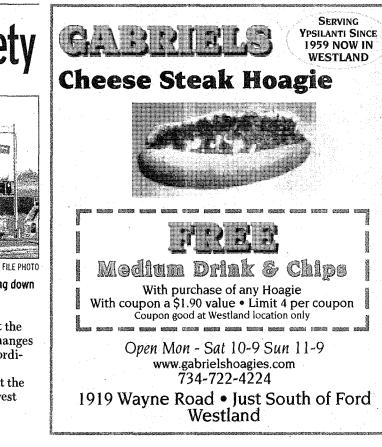


Recommendations for Ford Road may include cutting down on the number of driveways to reduce accidents.

agreement that they will try and implement the results," said Palombo. "They might need changes in their zoning ordinances or a brand-new ordinance.'

The access management study will look at the Ford Road corridor from Detroit heading west

Please see FORD ROAD, A8



LOCAL NEWS

online at hometownlife.com

A2 (WGcReL)

Would-be burglar caught in the act by police

Redford

Burglary suspect arrested

The Redford Township police caught a breaking and entering suspect about 2:30 p.m. Dec. 29.

A witness reported that he saw a man kick in the back door of a home located in the 18200 block of Brady and then enter the home.

The burglary was in progress when the man called police.

With the witness still on the line, police confronted the man, ordered him to the ground and arrested him.

The suspect said that he was there to shovel snow but couldn't tell the police who lived there.

Inside the home, the police found the deadbolt lock lying on the ground and the door jam and frame kicked in.

POLICE BRIEFS

Someone had gone through drawers and there was DVD/ VHS combination player lying on the floor. Another DVD player had loosened wires.

Theft

Someone stole a catalytic converter from a Mercury Villager parked in the 24700 block of Five Mile.

The incident was reported to police about 8 p.m. Dec. 25. The owner said that she knew that something was wrong when she drove the vehicle and it sounded loud.

Livonia

Man faces murder charge

Earl Edward McClellan, 60, of Livonia faces preliminary examination Jan. 7 in 16th District Court on charges he

beat his 67-year-old roommate to death in a dispute over less than \$100.

Officers found the body of Geoffrey Charlesworth on Christmas Day in the home the men shared in the 9800 block of Auburndale.

Charlesworth had been tied by duct tape to a chair and beaten with a pipe wrench over the course of several days, according to police.

McClellan was arraigned Monday on charges of felony homicide and habitual fourth, which means he had a criminal record. That record includes mostly drug-related and theft charges. He is being held without bond.

Police were called to the home when relatives of one of the men were unable to make contact. Officers suspected something was wrong when they questioned McClellan, and he let them into the house.

They found the body in a back bedroom. Westland

Drug possession

Two Inkster men are facing drug possession charges after being arrested in connection with a home invasion and armed robberv reported Dec. 28 at a home in the 30000 block of Cherry Hill. A resident of the home told police he allowed the two men, both of whom he knew, into the home.

One of the visitors demanded \$40 he was owed by the resident, who said he was threatened with a handgun the intruder produced.

The resident told police that the men removed prescription medications from his pocket and \$500 in cash. The pills were described as approximately 90 Oxycodone, 90 Vicodin and 30-40 Xanax. At least some of the pills were in an unmarked bottle.

The two Inkster men, who left before officers arrived, were arrested by Inkster

police at Inkster Road and Glenwood. Officers recovered pills and a large amount of cash.

No gun was recovered from the suspects, Westland police Sgt. Michael Harhold said. Both men were charged with possessing the prescription medications. Officers recovered \$793 in cash from the suspects, which police were seeking to forfeit as illegal drug proceeds after the police dog alerted officers to the scent of drugs on the currency.

Another officer who responded to the home noted the resident who had been living at the address had no gainful employment, a large quantity of prescription medications and a large amount of cash.

Larceny

On Dec. 27, a Livonia woman told police that someone had stolen prescription medications and assorted toys from her vehicle while she was parked at Westland Shopping Center, 35000 Warren. Medications reported stolen

Professional

CALL

included Lamictal, Cymbalta, Adderall, Norco, Soma and Xanax.

Garden City

Minors in possession

A Garden City man and woman, both age 20, were arrested about 2 a.m. Dec. 23 for possession of alcohol.

The man was also arrested for drunken driving. He registered .15 and his female passenger registered .23 on the Breathalyzer test. The police stopped the driver of the Ford 150 pickup in the area of Marguette and Venoy after they saw the man driving erratically.

Drunken driving

Garden City police arrested a 23-year-old Livonia man for drunken driving after they observed him driving erratically.

They followed his 1997 Ford LeSabre about 2 a.m. Sunday after he left the Kmart parking lot onto Middlebelt to Block.

He was also speeding at 52 mph in a 40 mph zone.

Stolen license plates

A woman who lives in the 29400 block of Maplewood said that someone stole the license plates off of her two vehicles, a 1980 Chevy Monte Carlo and a 1978 Pontiac Bonneville, sometime before 8 a.m. Sunday.

The suspect also let the air out of all the tires.

- Compiled by Observer staff writers



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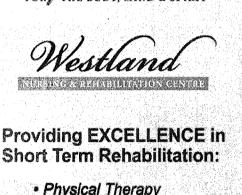
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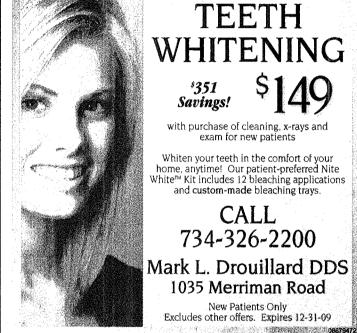


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Humane Society needs volunteers to care for animals

BY SUE BUCK **OBSERVER STAFF WRITER**

The Michigan Humane Society has room for all types of volunteers.

From taking a dog for a walk, socializing and exercising a cat who has been pent up all day, to other ways,

Jennifer Robertson, an MHS spokeswoman, has some suggestions.

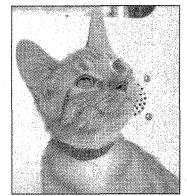
MHS is in need of volunteers to assist with many positions, including caring for animals at the adoption centers, assisting at special events and providing foster care for animals.

Those who enjoy technology can also take photos of animals and create online Petfinder profiles.

Others can do adoption counseling for the off-site adoption program.

"Two of the key volunteer programs that are most in need of assistance are the 'In-Home Heroes' foster program, and the off-site adoption program," Robertson said.

The "In-Home Heroes" foster program is a program through which foster volun-



Tabby cats are always a hit with pet lovers. This kitten is eagerly waiting for a new home at the Michigan Humane Society's Westland Center.

"The average span of an animal's stay is two to three weeks, and animals may need to be fostered for a variety of reasons, such as illness, recovery from surgery, weight gain or socialization in a home environment," Robertson said. "Volunteers are able to greatly impact the lives of the animals they care for, as well as help create additional space for other animals at MHS adoption centers."

The centers are in Westland, Detroit and Rochester Hills.

stores has a specific area where MHS cats are available for adoption. Volunteers assist at each of the locations as adoption counselors. They meet with potential adopters, familiarizing themselves with the adoptable cats so as to best match them with a family's home and lifestyle. In addition to counseling prospective adopters, volunteers interact with the cats, providing them with playtime, petting, grooming and socialization.

She called the off-site adoption program "a fantastic way" to reach out to adopters in new communities, and help them meet the "wonderful" MHS animals looking for a loving home

"Volunteers play an integral role in the success, and anticipated future growth, of the program," Robertson said.

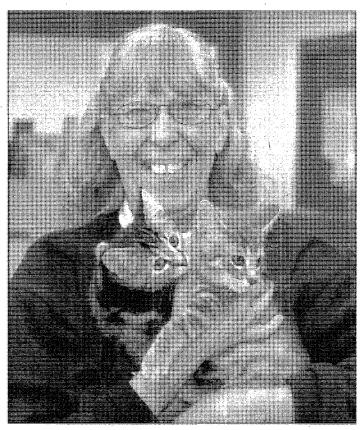
At the Berman Center for Animal Care in Westland, in a month's time, there are about 80 volunteers donating their time to help MHS provide high-quality animal care and ensure mental and social

enrichment for the animals. Depending on the volunteer position chosen, the schedule can be flexible. "We do typically ask for a four-month commitment with a two-hour shift donated weekly," Robertson said. "Children between the ages of 14 and 17 must be accompanied by a parent, guardian or parent-approved mentor if they choose to volunteer in one of the three MHS adoption centers. All potential volunteers are required to attend a Volunteer Welcome Meeting."

Those meeting schedules are available online at www.michiganhumane.org in the volunteer section of the Web site.

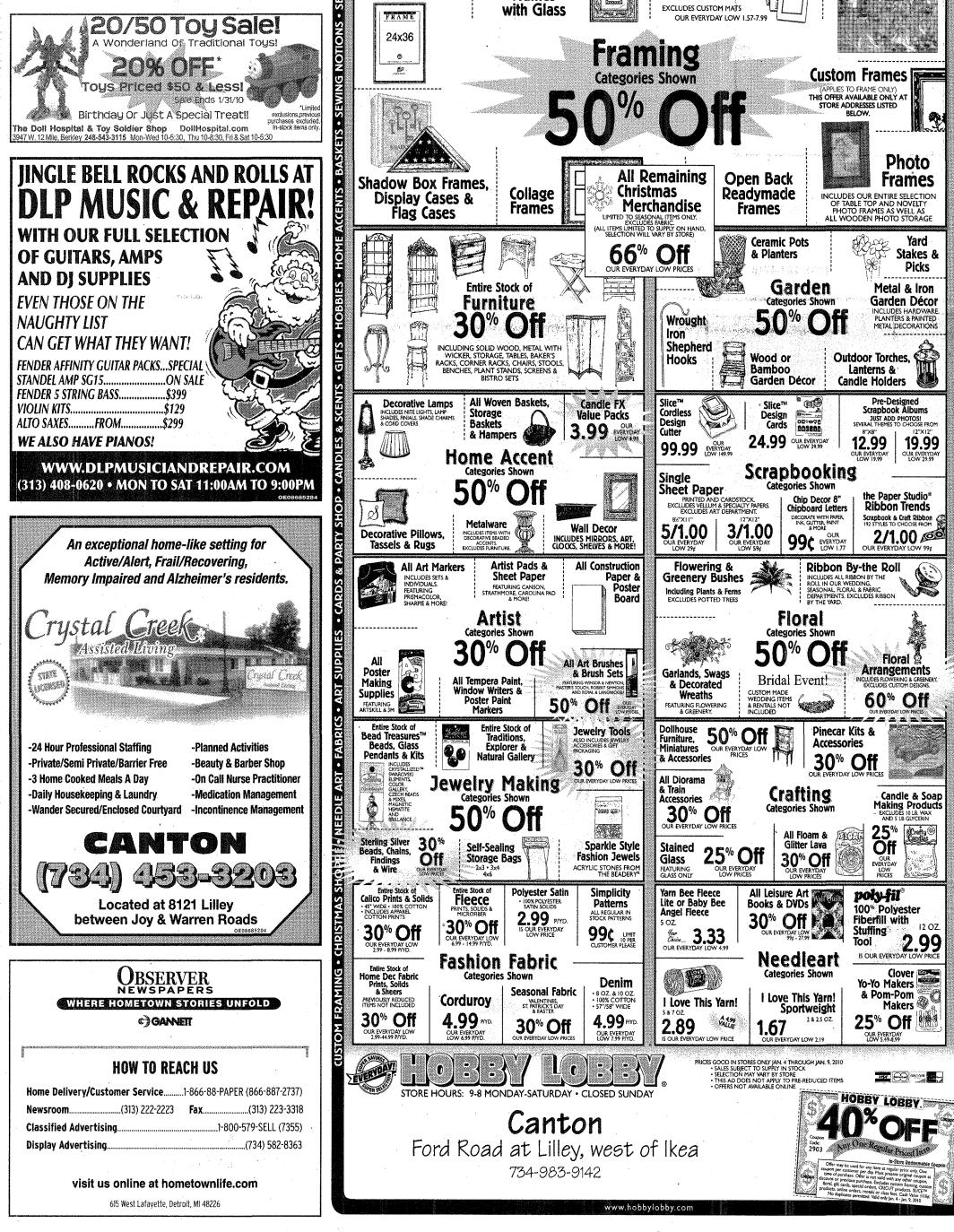
"Volunteering with animals can be an incredible rewarding and enriching experience,* Robertson said. "It feels good to give back, and to know that you are positively impacting the life of a homeless animal while he or she waits to meet their forever family."

For more information, call the administrative office at (248) 283-1000.



What's better than a handful of kittens? Sunny Osborn, a volunteer foster parent for the animals at the Westland shelter, happily shows off two cute kittens available for adoption.





LOCAL NEWS

(WGcReL) Observer & Eccentric | Sunday, January 3, 2010

Former Big Boy now an independent restaurant

BY SUE BUCK OBSERVER STAFF WRITER

Don't look for the chubby Big Boy on Ford Road in Garden City any longer.

Former franchise owner Mike Baydoun has gone independent in an effort to provide better quality and prices for his customers.

"My quality will remain high," Baydoun said. "I have very high standards in food and customer relations. When my customers come here, every little thing means something to me. I will go above and beyond to keep my customers happy."

The new restaurant, called Toast, will offer a similar menu but will cater to the wishes of the locals who frequent the establishment.

Ralph Kozora, a frequent customer and Dearborn Heights resident, didn't blink an eye when Baydoun made his business decision to give up his Big Boy franchise to operate on his own.

"They brought back my favorite — meatloaf," Kozora said. "The wait staff is excellent, and he kept them on."

Kozora is part of the St. Dunstan Church "family" in Garden City, which brings in about 16 people each Sunday. "I bring my big family here after church on Sunday and we can take our time," Kozora said. "We aren't rushed. They take good care of us."

Baydoun's business decision allows him to be even more flexible and creative. Old-fashioned, home-cooked items have been restored.

People are looking for value and meals that will cost them about \$7 each instead of close to \$10, he said.

Baydoun's breakfast buffet is like a brunch. It includes breakfast items, meatballs, soups and puddings.

In the past, Baydoun had questioned even the little things like Big Boy's instructions to eliminate a roll with the fish and chips dinner. "I went on my own and got the rolls," he said. "I went out and made my own meatloaf and my own turkey dinner and made them house specials on an insert."

He saw Big Boy prices going up during a bad economy when the local family incomes were going down. "You work on volume, but you have to come down with your prices," Baydoun said.

He believes that employers should value a successful franchisee and the lessons and knowledge acquired through the years.

Baydoun began working for the Big Boy chain when he was still a teenager. He appreciated the mentorship that helped to anchor his career but as time went on, his restaurant experience influenced him to do things his way to better serve his customers.



Manager Billy Komis and owner Mike Baydoun pose proudly in front of Toast, a new independent restaurant, located on Ford Road in Garden City.

He continues to revise his menu, adding salads, burgers and omelettes.

One new item, the Mexican omelette, is made with chorizo sausage and jalapeno peppers.

There is also a special senior menu. Now, rather than paying a franchise fee to Big

Boy, Baydoun said that he is passing on the savings to his customers. "It is not going into my pocket," he said.

Baydoun is banking on continued patronage. When some customers brought in their unspent Big Boy gift cards, Baydoun bought them back and gave them a refund. Some people said that they weren't going to use them at another Big Boy.

As the Christmas season approached, Baydoun was heartened when the customers came back and purchased Toast gift certificates.

The hours remain the same at 7 a.m. to 11 p.m. Monday through Friday, 7 a.m. to midnight Saturday and 7 a.m. to 11 p.m. Sunday.

Baydoun hopes to have a grand opening celebration soon.

sbuck@hometownlife.com | (313) 222-2249

Area offers great winter outdoor fun

BY AILEEN WINGBLAD STAFF WRITER

Baby, it's cold outside! But that doesn't mean you have to hole up indoors until the spring thaw.

Take a tip from snowboarders and skiing enthusiasts who eagerly anticipate wintertime: Celebrate the white stuff. Don't shun the snow, embrace it — or at least use it to have some fun. And you don't have to

HITTING THE SLOPES

travel far to do it.

"I pretty much think about snowboarding all year. I can't wait for the snow to fall," said Rachel Anderson, 16, of White Lake with a grin.

Rachel strapped on her first pair of downhill skis at age 4, but switched over to snowboarding when she was in seventh grade. She counts the slopes in Colorado and Northern Michigan among her favorites, but said Alpine Valley Resort in White Lake offers a great local alternative.

During the winter months, she's there almost every day.

Alpine Valley, located off M-59 at Bogie Lake Road, offers 25 tree-lined slopes for various skill levels, nine chair lifts, four rope tows, four terrain parks — with boxes, rails, half-pipes and more to challenge skiers and snowboarders — and a "magic carpet" conveyor belt to transport beginner skiers to the top of the bunny hill. Lessons and equipment

Lessons and equipment rentals are available at Alpine Valley, as well. For rates, snow base levels and other information, call (248) 887-4183 or visit www.skialpine.com.

CROSS COUNTRY

Despite the popularity of Alpine Valley Resort, soaring down White Lake's version of a snow and ice mountain isn't for everybody.

For a tamer outdoor winter experience close to home, consider cross country skiing. Local spots with varied



Cindy Stanndard heads off on a cross country ski trip at Northville's Maybury State Park. Maybury is the only state park that sells more entry permits in the winter months compared to the summer ones.

terrain include Maybury State Park in Northville and Proud Lake State Recreation Area in Commerce, as well as Kensington and Indian Springs Metroparks.

"We get a lot of cross country skiers, especially on the weekends," said Tom Bissett, Maybury's park supervisor. "We have a very loyal and dedicated following of cross country skiers — people who come back here year after year, and lots of families."

Bissett said Maybury is the only state park in Michigan that sells more motor vehicle permits in the winter months than in the summer months. People enjoy Maybury's convenient location on Beck Road south of Eight Mile, and the park's 10 miles of groomed and tracked cross country ski trails that travel throughout the hills, wooded areas and open fields. Tracked trails are grooved for skis.

"Part of the attraction of cross country skiing is you can get out and do some exercise in the winter, rather than sitting around indoors," Bissett said. "Compared to running, it has less impact on the joints, and you can do it when conditions out there aren't the best for running. When there's snow and ice, you worry about slipping and sliding. But with cross country skiing, you are sliding along on purpose." Maybury's park hours are

8 a.m. to dusk. There's no fee to use the trails at Maybury, Proud Lake, Kensington or Indian Springs, but a state park or Metropark motor vehicle permit — whichever applies — is required for entry.

Cross country ski equipment rental is available at the REI store in Northville and Kensington Metropark.

EASY DOES IT

Of course, if you're looking to keep it really simple, nothing beats the time-honored winter diversion — sledding. Bundle up, grab the saucer, inflatable or wooden classic, and then head to one of the area's top sledding sites.

Kensington Metropark offers a terrific sledding spot at the Orchard picnic area, where visitors will find beginning, intermediate and advanced hills, as well as a special bunny hill for the youngest sledders. Snowboards are prohibited, though, and saucers and inflatables aren't allowed on the advanced hills. Hours are 11 a.m. to dusk on weekdays, and 10 a.m. to dusk on weekends, weather permitting. Contact the park office at (800) 477-3189 for hill conditions and additional information

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LOCAL NEWS

Being an independent contractor can be tricky

Q: Dear Rick: In 2008, I was laid off from my job. In 2009, I got a part-time job and have been working on and off all year. A coworker told me we are not considered employees, but rather independent contractors and there has been no withholding for Social Security and other types of payroll taxes. He told me I could be in trouble with the IRS. I don't make a lot of money, can you help?

A: It is important to understand what an independent contractor is vs. an employee. Under the law, an independent contractor is someone who is considered self-employed. When someone is self-employed, they are responsible for payroll taxes and any state and federal taxes.

An employee is not selfemployed, but rather works for an entity and that entity is responsible to withhold Social Security taxes and state and federal income taxes.

Typically, someone who is an independent contractor and is considered selfemployed will receive a 1099 at the end of the year, while an employee receives a W-2. It appears from your letter that you will be receiving a 1099 vs. a W-2.

I'm frequently asked if it is better to be an independent contractor or an employee. There is no right answer. It depends upon the individual situation. One of the benefits of being self-employed is that

certain deductions would be available to you that are not available to you as an employee. For example, costs associated

Money Matters

with going to work are **Rick Bloom** deducted easi-

er when someone is self-employed. On the other hand, when you are an employee, your employer matches your Social Security contributions. When you are self-employed, you have to pay that match. In addition, someone who is selfemployed has more options available to them in setting up and maintaining health care and retirement plans.

In this situation, the first issue is whether you are an employee or an independent contractor. Typically, the person who is paying you will generally make that determination. However, that determination is not final. If the company treats you as an independent contractor but, in fact, you are an employee, you potentially have recourse against the company. Of course, if you begin an action, the company that can cause you problems.

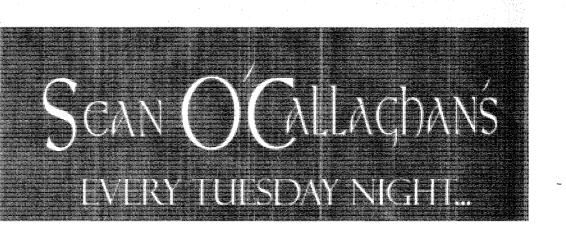
The way the IRS and courts have determined whether someone is an employee or an independent contractor comes down to a. few main issues. One of those is control. If the company controls your hours and how you do your job, then you

look more like an employee rather than an independent contractor. On the other hand, if a company doesn't have that much control, you look more like an independent contractor.

In your situation, my advice would be to wait until you receive tax documents from the company. At that point, sit down with a tax professional to complete your return. You may find that being an independent contractor may work in your best interest. If you do owe money to the IRS, a payment plan could be established. On the other hand, if after completing your return it is severely detrimental to you to be treated as an independent contractor, then you can begin to pursue your options. These options could include contacting the IRS or even working with the state of Michigan Labor Department.

Employee vs. independent contractor is a very contentious issue that has been going on for years. There isn't one that is better than the other. The key is to make sure you understand the relationship before you get involved. If you know the type of relationship at the beginning, it makes planning much easier. Good luck!

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at moneymatters@hometownlife.com. For more information, visit Rick's Web site at www.bloomassetmanagement.com.





$\mathbf{52}$ A N G U S BURGERS 4PM - 12AM

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• The city of Westland will pick up Christmas trees at the curb on residents' scheduled garbage day beginning Monday, Jan. 4. Christmas trees will continue to be

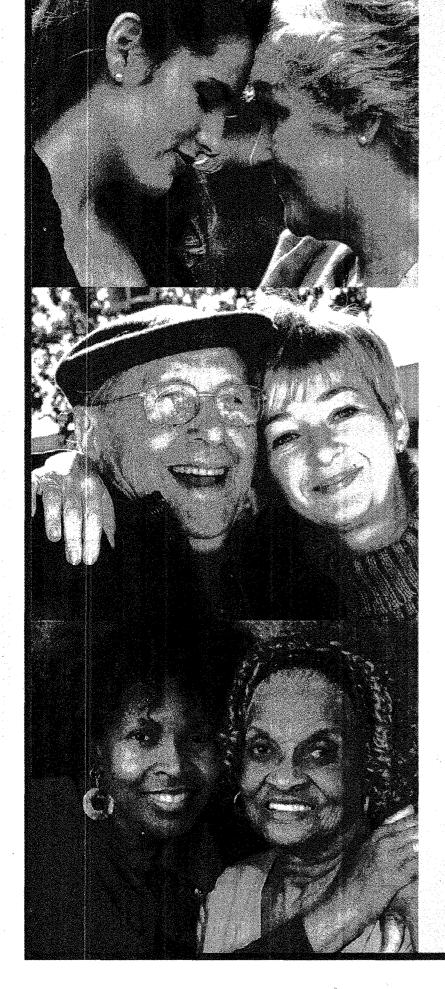
picked up through Friday, Jan. 15.

NEWS BRIEFS

• Everyone is invited to attend the Westland inaugural ceremony at 6 p.m. Monday in the multipurpose

room of the Bailey Recreation Center, 36651 Ford, behind City Hall. The ceremony will include the swearing in of Mayor William Wild and new city council members.





just the seasons changing, you can count on Waltonwood **Senior Living to help**

om's not acting like herself. Dad seems a bit forgetful. Maybe something is just a bit off. As you spend time with your family this holiday season you may notice subtle changes in your parents or other elderly family and loved ones. Waltonwood Senior Living can help you identify these changes and decide what next steps are in everyone's best interests. And since our communities offer different levels of care, we're able to meet your loved ones changing needs.

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TWELVE OAKS Novi (888) 870-1512

UNIVERSITY **Rochester Hills** (888) 630-1839

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RESOLUTIONS

FROM PAGE A1

State Rep. John Walsh,

R-Livonia, offered resolutions on two levels: "On a personal basis, I'm

resolving to reconnect with old friends. On Walsh a professional level, one of

the first things I will work on is the Michigan Business Tax surcharge and find a way to get rid of it. I will work on long-term solutions with people like state Sen. Glenn Anderson for long-term solutions for the state."

Livonia Schools

Livonia school board

Scheel

President Lynda Scheel has a wish and a resolution for 2010: "The wish would be for funding for public school districts to be improved.

The resolution would be to work toward that and continue working with all of our employees, parents and community members to help keep Livonia Public Schools the best they can be."

Redford

South Redford Schools Superintendent

Linda Hicks has a resolution for the new year: "South Redford school district students will be prepared

Hicks

to compete globally, be continuous learners and healthy, productive, responsible citizens. Throughout our many challenges, we will keep our mission our focus."

Wayne-Westland Schools

The Wayne-Westland Community Schools is facing a difficult 2010 as it works to trim expenses by some \$12 million. It will close six elementary schools at the end of the school year, saving \$5 million, and is looking at other areas to cut costs.

Supt. Greg Baracy's resolution reflects that: "My goal for 2010 is to work relentlessly to help successfully guide the Wayne-Westland

Schools through

Michigan's difficult economic times. Our focus will continue to be on sustaining educational excellence and providing our students with every opportunity possible to be competitive in this global marketplace."

Baracy

Westland

From Mayor William Wild:

wish as mayor is for the city of Westland to receive approval from the MDEQ (Michigan Department of Environmental Quality)

to begin our phase 1 of the **Central City Park remediation** plan! My personal resolution is to spend more time reading

to my kids in 2010 and making more hockey practices, gymnastics and dance class practices!"

Westland Council President James Godbout cited some things he'd like to see happen in Westland during 2010:

• The re-opening of Central City Park

 Redevelopment/reuse of the old Sam's Club, Best Buy and Quo Vadis sites. Continue to attract new

business development. • Have the state of Michigan restore the city's funding to its proper level.

• Balance the 2010-11 budget without significant layoffs or reduction in services.

"There are many other items that need to be addressed such as city hall, roads, water, sewer and technology infrastructure that are longer-range projects and needs, but we should begin the dialogue on them in 2010," he said.

Garden City

Garden City sets goals based on its fiscal year, which begins July 1, rather than on a calendar vear, said City Manager David Harvey, adding the first goal-setting session for 2010-11 is slated for Jan. 4.

"Last year's goals for the

budget were to seek out opportunities with other entities for shared services including the schools. We have sev-Harvey eral operating

agreements already so I have not made any additional agreements this year, but it is a continuing goal," he said. "We have been actively talking to the schools about many areas such as gasoline purchases and office product purchases. That will continue into the next year."

A goal in the current fiscal year was not to use the \$488,000 fund balance transfer planned for the budget. "The early retirements were one way to accomplish that; however, the \$500,000 reduction in state shared revenue was not expected so I don't know if I will reach that," said Harvey.

"With the declining revenues based on property tax assessments continuing to drop, especially with a negative Consumer Price Index number, we will continue to reduce our size to meet the revenue and continually examine services for cost savings," he said.

"It is a little hard to make resolutions and even goals with the volatile environment, especially with the uncertainty of the state shared revenue," Harvey said. "Lastly, with

the employees that remain, we resolve to offer excellent service to our customers, the citizens. Customer service is a priority meaning they will be treated with kindness, respect and dignity."

Garden City Schools

The Garden City Public Schools are facing the challenge of meeting a stateimposed deadline for balancing the budget at a time when the state is slashing school funding.

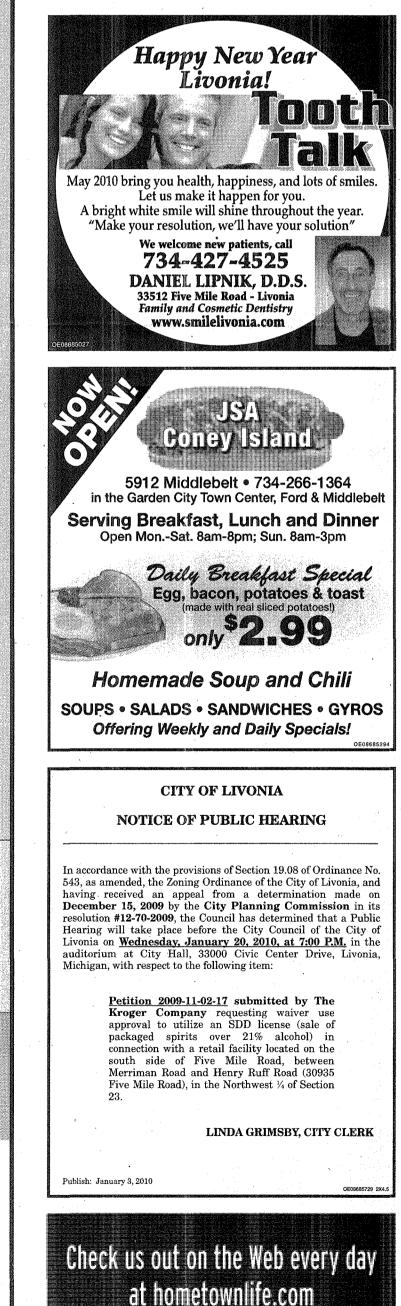
Supt. Michelle Cline said her New Year's

resolution "is to look at the challenges in educational finances as opportunities. Instead of a feeling of despair, I will do my best to

see the obstacles as an opportunity to be creative and think outside the box."

Cline

Her goals for 2010 include working cooperatively with the city and the Garden City Hospital to make Garden City a great place to call home, communicating regularly with public servants in Lansing to help them understand they are responsible for serving youth, the most "PURE" part of Michigan, and to keep the educational team moving forward with the vision of being "student-focused, team-driven and globally competitive with a hometown spirit."



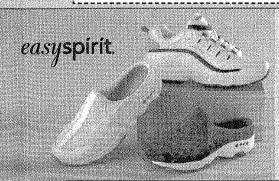


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LOCAL NEWS

Sanitation authority seeks to sell monofill property

BY LEANNE ROGERS OBSERVER STAFF WRITER

More than 45 years after five communities joined forces to burn trash, operations of the Central Wayne County Sanitation Authority are continuing to wind down.

The monofill used to dispose of incinerator ash -- approximately 40 acres in Huron Township - is for sale. A Request for Proposals to provide office space and handle the duties currently performed by CWCSA will be going out to the five member communities - Westland, Garden City, Wayne, Inkster and Dearborn Heights.

"The monofill property has been available - we had just been pushing the other site," said CWCSA Executive Director Steven Aynes, referring to the 32-acre former site of the incinerator in Dearborn Heights, which was sold in June.

The CWCSA board real estate committee - Westland Mayor William Wild and Inkster Mayor Hilliard Hampton - is scheduled to meet in early January to review options for marketing the property.

The capped cells containing the incinerator ash are on only about 17 acres of the monofill property, which was earlier offered to Huron Township and Flat Rock.

"We offered it to the park district, but they weren't interested. I'm sure the economy makes it difficult," said Aynes. "It's in an area that is zoned special purpose. It could be any number of things - there are 40-50 potential uses for the property. There could be any number of uses as long as it doesn't disturb the cap."

For nearly six years, the CWCSA has leased an office in Wayne and the board is looking for other options prior to the current lease ending in November. Since 2007, Aynes has been working on a parttime basis - 20 hours per week - while his assistant works seven hours per week.

The only other CWCSA employee does maintenance on monofill, which the authority is required to monitor

about reducing the CWCSA. We sold the old incinerator property," said City Manager David Harvey, Garden City's CWCSA delegate. "The monofill property is just wells to be monitored. We have no use for it."

Garden City and Inkster have already indicated those communities would not be

submitting proposals in response to the RFP. The remaining three communities do plan to respond but not necessarily for the full package

"We'll return the RFP for office space. We have space in our Building Department - we had an office for a rental inspector (a service now provided by a contractor) with access to a conference room," said Wild. "We won't return an RFP for the work itself."

One issue, Wild said, is CWCSA needs one active employee to avoid triggering a large payment into the pension fund.

"We want to go into a lowcost building and keep our

for retired workers.

costs down," said Wild. "We

storage space, one person part

Along with monitoring the

monofill site, the CWCSA col-

lectively has about 16 years left

on an agreement for landfill-

ing waste and administering

retirement pay and benefits

just need small office and

time at a reduced rate with

minimum to no benefits."

'We want to get the costs down to a bare minimum. Westland is around 36 percent (share based on refuse tonnage) - the biggest share,' said Wild. "That means we pay 36 cents of every dollar the CWCSA spends."

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using wells. "We've been aggressive

Man kills himself at gun range

After renting a gun and firing about 150 rounds at a Westland gun range, an Ann Arbor man turned the gun on himself.

"He left a note and there were witnesses," said Westland police Lt. Dan Karrick.

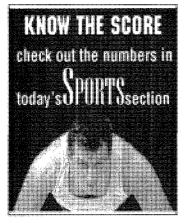
The man, 36, arrived at Firing Line gun range on Dec. 19 and rented a 38-caliber handgun, Karrick said, after filling out the required paperwork. After shooting on the range, Karrick said witnesses reported that the man fatally shot himself in the head.

"He was living with his girlfriend in Ann Arbor. They were breaking up," said Karrick. "He didn't have family here - they were spread around the country."

There was no indication that the man, who worked as a masseur, had any previous mental issues, Karrick said.

"We're not sure why he came here. It's very common to be able to rent a gun at a gun range," said Karrick. "They check people's identification and keep an eye on them."

The man was dead on the scene, Karrick said, and not transported to a hospital.



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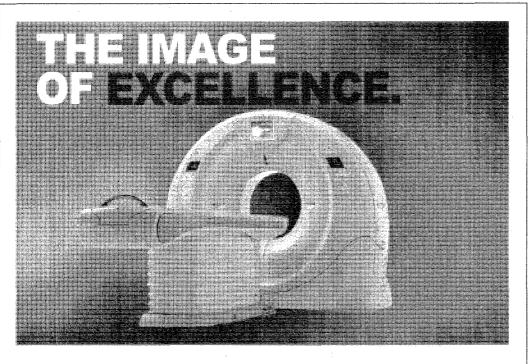
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FORD ROAD

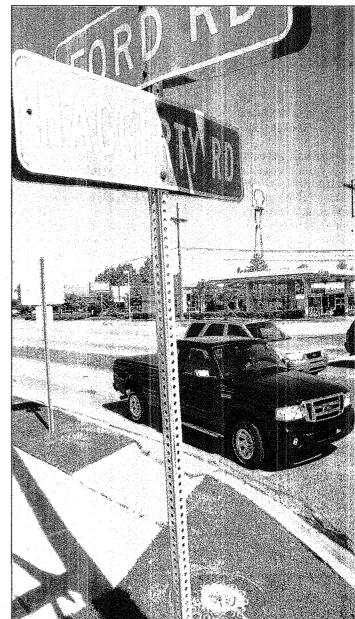
through Dearborn, Dearborn Heights, Garden City and Westland. Canton had an access management study completed several years ago and has been implementing the recommendations, Palombo said.

"The committee will bring conformity on regulating driveways. No one will force a business owner to close a drive," said City Manager David Harvey, Garden City's committee member. "But if someone were to do extensive work, you might limit the number of driveways. I know from my law enforcement background, if there are less driveways, there are less accidents."

The number and location of driveways along Ford Road will be one of the issues the committee will be reviewing, Palombo said, but by no means the only issue.

Other possible solutions can include acceleration/deceleration lanes and right turn only lanes, said Palombo. "We can't pre-judge how it will come out. There will be different solutions based on the character of the community," he said, adding there will be issues with setbacks and property ownership.

"They'll run their ideas past us to get a handle on the traffic flow and safety. It could be kind of fluid. I think they are looking at access roads," said Westland Department of Public Services Director Kevin Buford, another committee member. "We've only had telephone conversations. We're supposed to put together an



Ford Road and Haggerty is the most dangerous intersection in the entire

action plan; then we'll develop a plan to implement it. I think they want us to agree in concept first."

corridor.

SEMCOG will help local communities look for ways to fund recommended improvements, Palombo said, adding there isn't a lot of money for such projects available currently.

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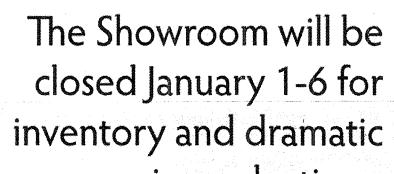
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St. Mary Mercy Hospital

• Beginning Hatha Yoga: Bring more peace to your body and mind. Increase flexibility, energy level and strength at your own pace in a noncompetitive setting. Meditation, breathing techniques and asana practice at the wall included in the program. Fee is \$55. Call (734) 655-1145.

• Better Backs Yoga: For more information, call the Marian Women's Center at St. Mary Mercy Hospital at (734) 655-1145. The fee is \$55.

Garden City Hospital

• Get Up and Move: This beginning aerobic exercise and strength-training program improves and maintains fitness levels. Fee is \$30 per month or \$5 drop-in. Call (734) 458-3242.

• Strength and Stretch: This non-aerobic exercise class is designed for all fitness levels and will focus on improving strength and flexibility and helping strengthen and define muscles. Fee is \$30 per month. (734) 458-3242.

• Fitness FUN-damentals: A moderate exercise program that includes fitness balls, hand weights, aerobics, Therabands, steps and strength training. The six-week sessions are \$42, or a \$8 drop-in fee. (734) 458-324.

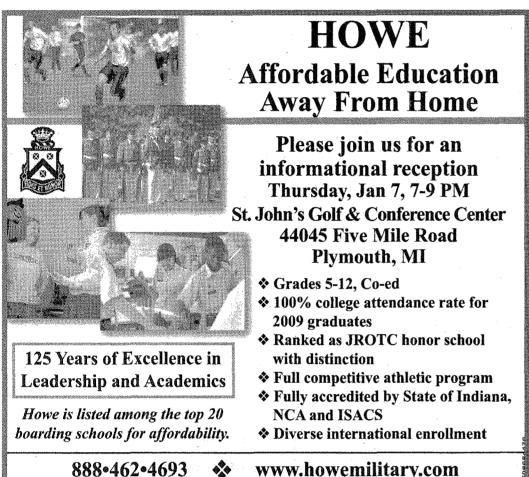
• Yoga: Learn how to relax, stretch and breathe while creating balance, strength and flexibility for both the body and mind. Fourweek session is \$32. (734) 458-3242.

Maplewood Community Center

• Aerobics and Body Toning for Adults: Join certified instructors for a great cardiovascular workout. Daily drop-in \$4. Call (734) 793-1852.

• Zumba for adults: Zumba® is a fusion of Latin and international music — dance themes that create a dynamic, exciting fitness system. It is resistance and interval training. Cost is \$36 for a six-week session. Call (734) 793-1852.

• Basic Yoga for Adults: Yoga exercises all parts of the body, calms the mind and lifts the spirit. Work on breathing, stretching and relaxation techniques with accommodations for special needs. Fee is \$40. Call Audrey Pleasant (313) 562-5937 email a.pleasant@att.net.



Westland Parks and Recreation

• Yoga: Must be at least 13. Cost for a fourweek session (Thursday or Saturday) is \$20 per Westland resident per session and \$25 per nonresident. Call (734) 722-7620.

• Belly Dancing: Learn the intriguing art of belly dance. Cost: \$30 Westland residents, \$35 non-residents. (734) 722-7620.

• Cardio-Kickboxing/Aerobics with Mind, Body and Spirit Institute: An ideal way to keep fit, build stamina, increase coordination, and develop balance and speed while practicing basic punches and kicks. The cost is \$5 per class. (734) 722-7620.

• Tai Chi: Gently moving, feeling balanced and relaxed, slowly letting go of the physical and mental tensions that tend to arise in life; this is the practice of Tai Chi. Residents: \$20 per session; non-residents: \$23 per session. (734) 722-7620.

Livonia Family YMCA

• Express classes: Shortened classes offered to accommodate tight schedules. Tone class uses dumbbells, weights and medicine balls to tone and sculpt total body muscles. Core class is toning and strengthening of all abdominals, lower back and glutes. Express Core and Express Tone classes each are \$11/eight-week session. Call (734) 261-2161. ext. 204

• Strength and Tone Classes: Total Body Sculpt: \$27 for eight-week session. Work major muscles groups of your upper and lower body during total body workout, plus enjoy abdominal work, stabilize and strengthen the core muscle group. Call (734) 261-2161, ext. 204.

• Cycling cross training: Class combines a cycling workout with strength or other cardio exercises to broaden the impact on the body, \$32 for eight-week session. Call (734) 261-2161, ext. 204.

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Redford Township Leisure Services

Classes for adults (age 16 and older). Under age 16 may participate if a parent also takes the class; both participants must be paid. (313) 387-2650.

• Fit Ball Workout: Class is designed to boost the intensity and effectiveness of class exercises. Cost is \$40 for eight weeks.

• Co-Ed Intermediate Circuit Training: This program challenges your muscular strength, endurance and agility along with cardiovascular conditioning. Cost is \$65 for seven weeks.

• Yoga: Class is designed for both beginning and intermediate students. Cost is \$48 for eight weeks.

Youth Classes: A fun and creative class designed with fitness training and fun interactive games, \$40 for eight weeks.

• Kids Cardio: Break away from the computer games and join this fitness class with 45 min-

utes packed with excitement and exercise, \$20 for four weeks.

• Kids Rule: The program is designed to assist children in getting ahead start on fitness and a healthy lifestyle, \$30 for six weeks.

Livonia Public Schools Community Ed

• Healthy Food: Eat chemical free and organic without breaking the bank. Shop locally and organically within the family budget. Learn how to buy direct from local farms, discover existing buying cooperatives or form your own group, saving you time and money. Topics include healthier choices for sugars, oils, dairy, meat and produce. The cost is \$20. (734) 744-2602.

• Fat, Burn and Firm: A combination of "Fat Burner" and "Fit to be Firm" into one class. Cost is \$48 for nine weeks. (734) 744-2602.

• Zumba Toning: A sassy blend of dance mix along with body toning. Cost is \$48 for nine weeks. (734) 744-2602.

Botsford Hospital

• Diabetes Saturday Sizzler: Receive encouragement and information with a highlight on cardiovascular disease and a light breakfast at Botsford Hospital in the Administration building, 28050 Grand River Ave., Farmington Hills, from 9 a.m. to noon Saturday, Feb. 27. The cost is \$5. Registration is required. (248) 477-6100.

• Boot Camp: A six-week session, \$50; 6-6:45 p.m. Wednesdays and 10-10:45 a.m. Saturdays. Combines strength training and cardiovascular exercise, utilizes free weights, resistance bands, cardio machines and your own body weight. For more information, call (248) 477-6100.

• Botsford Center for Health Improvement also offers Massage Therapy; Tai Chi; Yoga; Reiki; Hypnotherapy; and Smoking Cessation. (248) 473-3100.

Botsford Medical Center Health & Nutrition

• Learn how nutrition impacts diabetes, pre-diabetes, high blood pressure, cholesterol and other health concerns at the Botsford Medical Center-Redford, 15540 Beech Daly Road, Redford Township, 5 p.m. Wednesday, Jan. 6; 9 a.m. Saturday, Feb. 6; and 5 p.m. Tuesday, March 10. Classes are \$5. Registration required. Call (313) 387-5253.

Summit on the Park (Canton)

• 100 Days to Health (Jan. 16-April 24): The program, for all ages, includes health lectures, fitness classes, cooking demonstrations and family fun. The fee covers all the activities on the calendar during the 100 Days. Fees for an adult (16 and older) are \$15 Canton resident/\$25 non-resident; youths 4-15 are \$5. (734) 394-5460.

• Silver Fox Walking Club: Canton Leisure Services offers a walking club to individuals 55 and older looking to stay active, socialize and improve overall fitness. For \$1 per day you can walk on the indoor track or water walk in the lazy river at the Summit on the Park. Call (734) 394-5485.

- Compiled by Diane Gale Andreassi

Happy 175th Birthday Livonia 1835 – 2010

Good planning has brought Livonia a long way since 1835. That's why so many of us are proud to call Livonia our hometown.



Jim Williams Member of: Livonia Chamber of Commerce Livonia Business Network Savvy Social Security Planning for Boomers Tuesday, January 26 Livonia Civic Center Library 7:00 PM RSVP 734-422-6127

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CONTINUED FROM A1

Observer & Eccentric | Sunday, January 3, 2010

(WGcReL)

FITNESS FROM PAGE A1

It's just a matter of finding the programs. Check out an exercise program at the local library.

Warm up before you start any exercise — even walking. It raises your heart rate, warms up muscles, increases blood pressure and reduces the chance of muscle injury. Make sure you drink plenty of water to maintain hydration.

While exercise is key, proper food intake is just as important.

Avoid convenience foods, says Linda Main, Garden City Hospital coordinator of patient services, registered dietitian and food and nutrition manager.

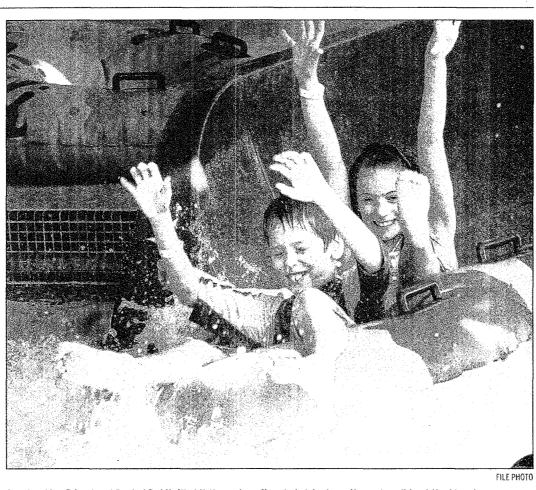
"They're quick and usually higher priced, higher in sodium and fat and sometimes higher in sugar," Main said. "We recommend using fresh fruits and leaner cuts of beef. Look for items you can prepare yourself, like pasta, rice, potatoes as opposed to picking up box mixes."

Try to buy fruits and vegetables when they're in season and, when they aren't, buy them in cans. Make sure the fruits aren't in marinades.

Main recommends using a crock pot, which tenderizes tougher cuts of meat that are usually lower in fat, healthier and cheaper.

Annie House, registered dietitian and certified diabetes educator at Botsford Hospital Diabetes and Nutrition Services, says planning menus and making a shopping list are essential. Look for coupons and make sure you get the store's reward cards, she added.

Think twice before purchasing food in bulk because if you throw it away, you lose money. Having a lot of food in the



Cousins Alex Friend and Rachel Robitaille hit the water after their trip down the water slide at the Livonia Community Recreation Center.

pantry means there's something to pop in your mouth when you aren't hungry. Buying bulk food can lead to bigger portion sizes, too.

"Get in the habit of buying what you know you will eat," said House, who also recommends diligently reading food labels. "Being informed will go a long way for general health."

When you're buying staples, like milk and cereal, ask yourself, "Could I be making a better choice?" Choosing skimmed milk instead of 2 percent and picking Cheerios instead of Frosted Flakes are small healthy changes that make big differences in your blood sugar and cholesterol levels.

"A common misconception

is that eating healthier is more expensive," House said. "Store brands are really nutritionally equivalent and they are generally less expensive."

She also recommends using brown rice, oats and barley, which are cheap and help to stretch meals. Preparing meatless meals will save money and likely make you healthier. House recommends designating one or two days weekly as meatless.

"That would bring down cholesterol levels for a lot of people," she added.

Look at the size of portions, especially proteins, on your plate.

"We eat a lot more protein as a society than is needed," House said. Make a mental image of your plate, she said, and split it down the middle. Half of the plate should be filled with a nonstarchy vegetable, like a salad. Split the other half again. One quarter should be lean protein and the other quarter should be a starch.

"Whole wheat pasta is a very healthy way to go and can be a budget friendly plate, too," House said. "Look at whole grain choices."

Ask yourself what has the most fiber and the least amount of fats. She also recommends shopping the perimeter of grocery stores first because that's where you'll find the healthiest food. Processed and packaged foods are generally in the middle aisles.



YOU are invited to an exciting new series of personal stories, talks, and testimonies which will help you answer that question for yourself. The series, **"WHY BE CATHOLIC?**," begins on January 5, 2010, with noted author and speaker, Steve Ray, who, after more than 39 years as a Baptist fundamentalist and bible scholar, converted to Catholicism in 1994, abandoned his multi-million dollar business, and devoted himself to helping the faith thrive throughout the world. Ray will awaken your interest in all faiths with his spirited explanation of what helped him find HIS place in God's puzzle. Don't miss this dynamic evening. No charge, no reservations, no pressure - just a chance to listen, reflect, and perhaps ask questions.

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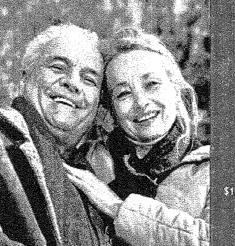
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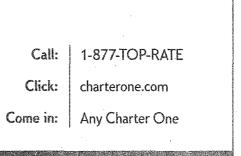
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online at hometownlife.com





BY BRAD EMONS **OBSERVER STAFF WRITER**

Ann Arbor Huron played spoiler in Wednesday's championship final of the Livonia Ladywood Basketball Christmas Classic.

The River Rats broke open a tight game by outscoring the Blazers 15-9 in the decisive fourth quarter to pull out a 47-39 victory.

All-Tournament pick DeVonvea Johnson, who finished with 13 points, scored five points within a span of three seconds to start the final quarter to pro-

pel Huron to its fourth win in six starts. "That 30-second run was the determination of the game," said Ladywood

coach Pat Cannon, whose team was tied 19-19 at halftime and trailed by only two, 32-30, after three quarters. "Then they (Huron) did a great job of pulling us out of our defense and spreading the court for drives. I was very impressed. They're very disciplined, they play well, they're fast and they play hard."

Senior guard Charlise Slater, who

led the River Rats with a game-high 16 points, was named tournament MVP. Sophomore guard Devin Talley added 11.

"That really changed the momentum at that point." Huron coach Steve Vinson said of Johnson's rebound basket, steal and converted three-

Please see LADYWOOD, B2

Rocks solid, win holiday tournament

Jake Peterson, a 6-foot-6 senior center, poured in a game-high 24 points Tuesday night as the Salem boys basketball team earned some holiday cheer by capturing the Woodhaven Invitational with a 60-50 victory over Carleton Airport.

Salem, now 3-1 overall, jumped out to a 27-14 halftime lead and was able to hold off a second-half surge by the Jets, who fell to 3-2.

"Our kids maintained a solid lead through and

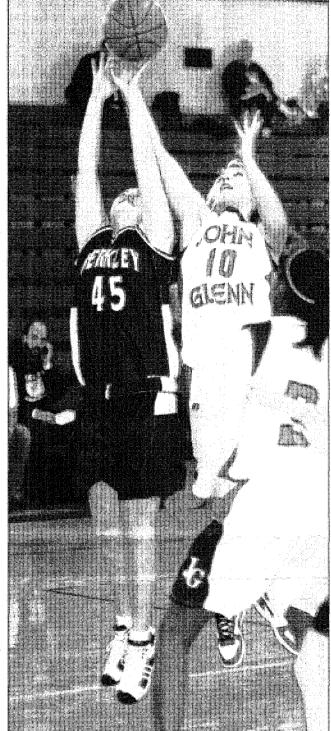
BOYS BASKETBALL did a good job of taking care of the basketball," Salem coach Bob Brodie. "Our kids did what they were asked to do considering the short preparation time.

We took away their slashing, penetrating and inside game. They (Airport) don't have a lot of size, but they have good athletes. They did not shoot particularly well from outside."

Sophomore swingman Tyler Stewart and junior forward Ethan Walsh chipped in with 10 and nine points, respectively, for the victorious Rocks.

Tyler Baker and Dan Jones tallied 16 and 12, respectively, for Airport. Salem was 15-of-24 from the foul

line, while Airport made 17-of-25. "There were only 10 free throws shot in the first half," Brodie said "Most of them came in the second half. That's what enabled them (Airport) to come at us with couple of runs."



Rockets discover winning formula

BY BRAD EMONS OBSERVER STAFF WRITER

Westland John Glenn rookie girls basketball coach Mark Anderson got what he was desperately searching for in Tuesday's first ever Wayne Memorial Holiday Shootout - a victory.

After dropping their first four games of the season, the Rockets' full-court pressure proved to be effective as they broke into the win column with a convincing 35-21 triumph over Berkley.

"Īt feels good, but I'll take a couple more," said Anderson, who is in his first season after moving over from the Glenn JV boys job. "We were trying to create turnovers, but in the process we picked up a lot of fouls, too.

"I like the way the girls shared the ball early, but we got away from that a little bit in the second half. We're getting better and we're working hard at practice every day.'

Glenn led 7-2 after one quarter and 19-13 at halftime before going on a 10-0 third-quarter run to build a

added seven points as Glenn shot 14-for-52 from the floor (26.9 percent) and overcame 25 turnovers.

Anderson was pleased that the team's top returnee from a year ago, junior guard Andrea Gordon-McClain, was back in the lineup.

"It was her first game," Anderson said. "It's a process. She's had only two practices and today's game. She stretched her ACL (anterior cruciate ligament) right before the season started in an open gym. Ever since, she's been watching and observing.

"She brings experience and get us where we need to be. She understands the game. If she's healthy, she

can be unstoppable." Berkley, which slipped to 2-5 overall, shot only 7-of-45 from the floor (15.5 percent). Senior guard Natalie

Zimmerman had a teamhigh 11 points.

"We were not very good and we did not come to play," Berkley coach James Ellis said. "We played like we were still on vacation. We did not have focus and that's on me. We were missing a starter, but that's no excuse The Bears went 0-of-9 in the third quarter and 2-for-15 in the fourth. "The first half, the effort was not there," Ellis added. "We're a better team than this and it's unfortunate today because we just did not have it."

Sam Olanger led Berkley with

eight points. FARMINGTON 54, WILLOW RUN 32: On

Wednesday, Aaron Howell scored

added 16 to propel the Falcons (3-4)

Chelsea Moore chipped in with

Kierra Rolax paced Willow Run

with a game-high 20 points. REDFORD UNION 46, FERNDALE 32: Kim

D'Arcangelo tallied 15 points and

Panthers (2-4) pulled away in the

straight against the Eagles (2-4) in

Jenn Litchman added 13 as the

final period to win their second

the Wayne Holiday Shootout.

Ferndale led 4-0 after one

second-quarter run. The Eagles

regained the lead 28-23 after

period run.

quarter before RU went on a 19-9

three quarters before the Panthers

regained control with a 21-4 fourth-

Please see WAYNE, B2

past the Flyers (2-7) in the Wayne

Holiday Shootout.

17 points and Melanie Lockhart

throws

seven

SIDELINES

MU women lose

Amy Achesinski recorded 17 points and 12 rebounds to power Mercyhurst (Pa.) College to a 64-68 non-conference women's basketball win Wednesday afternoon over host Madonna University.

Samantha Loadman and Jackie Artise added 13 and 11 points, respectively, for the Lakers (5-3), who won their fourth straight.

Tabatha Wydryck and Kim Olech (Plymouth) each tallied 11, while Heather Goodwin added 10 for the Crusaders (4-8).

Crusaders routed

Allen Durham's 17 points and 12 rebounds propelled Grace Bible College to a convincing 76-51 men's basketball win Wednesday over Madonna University in the consolation game of the Russ DeVette Tournament hosted by Hope College.

Ryan Krombeen and Ryan Dame chipped in with 12 and 11 points, respectively, for the 13-9 Tigers.

Leroy Allen scored 12 for the Crusaders, who slipped to 2-12 overall.

Novi freezes Pats

Taylor Howell notched a hat trick and Ryan McCullough chipped in with four assists Wednesday as Novi defeated host Livonia Franklin, 8-0, in a boys hockey game at Edgar Arena.

Zach Mohr added two goals, while Nolan Valleau, Matt Stemkos and Alex Cova added one apiece as the state-ranked Wildcats improved to 10-1-1 overall and 5-0-1 in the KLAA's Central Division.

Salem returns to action at 7 p.m. Wednesday at Garden City before hosting South Lyon East at 7 p.m. Friday in a KLAA Central Division matchup.

Berkley's Alana Wolf (45) and John Glenn's Michelle Vanover (10) go up for the rebound in Tuesday's first Wayne Memorial Holiday Shootout.

Senior Michelle Vanover had a team-high 11 points and seven steals, while junior guard Aubrie Scott contributed nine points, seven boards and three steals for the Rockets, now 1-4 overall.

Tyjia Carson-Callaway

Franklin, outshot 45-12, falls to 0-8 overall and 0-4 in the KLAA South. **Brown lifts Whalers**

Westland native and Livonia Churchill High grad Tyler J. Brown scored a pair of goals, his fifth and sixth of the season, while Josh Brittain also added a pair as the Plymouth Whalers skated to a 5-2 Ontario Hockey League victory Tuesday over the host Sarnia Sting at the RBC Centre.

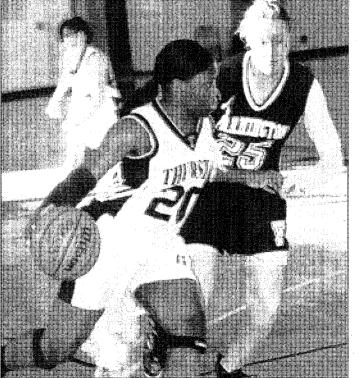
Stefan Noesen also scored for the Whalers. who won despite being outshot 35-31.

The second-place Whalers improved to 22-16-0-1 in the OHL's Western Division.

Joe Gaynor and Robbie Czarnik each contributed two assists as Plymouth led 2-1 after one period and 3-2 after 40 minutes before putting it away with a pair of third-period goals.

Brandon Francisco and Kale Kerbashian scored goals for Sarnia, which slipped to 13-23-1-1.

Whalers goaltender Matt Hackett made a total of 33 saves, while Adam Courchaine of the Sting made 30 stops.



Thurston's Chelsea Carradine (20) controls the dribble against Farmington's Susan Roggenkamp (25) in Tuesday's first Wayne Memorial Holiday Shootout.

Wayne notches first victory

Host Wayne Memorial overcame a game-high 34 points Tuesday by Willow Run's Kierra Rolax to post its first girls basketball victory of the season in the first annual Holiday Shootout, 66-52.

Senior guard Allie Coleman paced a balanced Zebras' scoring attack with 18 points, while sophomore Jane Thayer chipped in with a double-double scoring 17 points and grabbing 17 rebounds. Sophomore Holland Boertje also chipped in with 14 points.

Wayne, now 1-3 overall, outscored the Flyers in every quarter including a 19-13 edge in the decisive fourth.

The Zebras made 13-of-18 foul shots, while Willow Run made only 11-of-27. THURSTON 51, FERNDALE 30: On

Wednesday, senior guard Ashley Wheeler scored a game-high 16

points as Redford Thurston (3-2) made it two-for-two in the Wayne Holiday Shootout with a victory over Ferndale (2-5).

Wheeler connected on four 3pointers, while Chelsea Carradine and Dayjanae Head chipped in with 12 and 11 points, respectively.

Thurston led 30-13 at intermission. Janecia Jenkins and Amanda

Estine' scored 12 and 10, respectively, for Ferndale. FRANKLIN 50, BERKLEY 31: Brittany

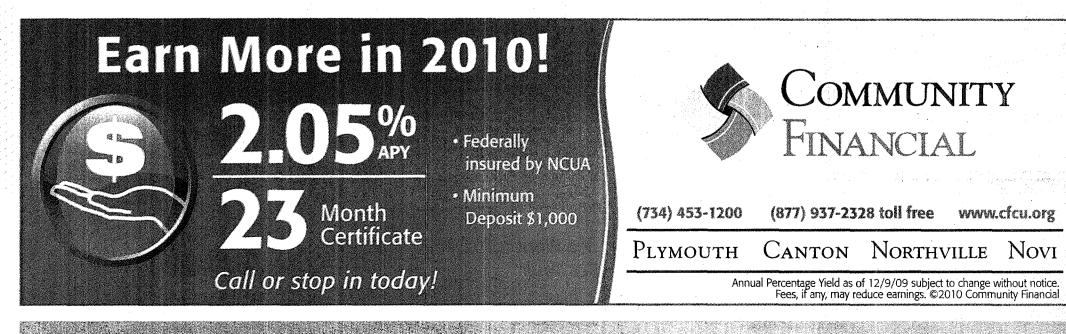
Milican and Nicole Emery combined for 13 steals Wednesday as Livonia Franklin (3-2) rolled past the Bears (2-6) in the second day of the Wayne Holiday Shootout.

Milican had seven steals, while Emery added six.

Junior guard Chelsea Williams paced Franklin's scoring attack with 12 points as the Patriots roared out to a 17-4 first-quarter lead.

Junior forward Amanda Borieo added 11, while Senneca Scott tallied eight.

The Patriots made 14-of-22 free



Hope tops MU, 72-68

The Madonna University men's basketball team put up quite a struggle Tuesday night before succumbing to host Hope College, 72-68, in the Russ DeVette Holiday Tournament held at DeVoss Fieldhouse.

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(*)

Coming out of the 30-all halftime break, Hope built its lead out to as many 13 over the first 12 minutes of the second half to go on top 59-46.

MU answered with 16-4 surge, keyed by 10 points from Westland's Bryant Slaughter and a three from senior Jordan Hoke to pull to within one, 63-62, with 3:38 remaining.

Chris Nelis, who led Hope with 16 points and 10 rebounds, knocked down a jumper to put the Flying Dutchmen back up by three before another layup pushed the home side's lead back up to five. A pair of charity tosses

from Allen and one from Hoke brought MU back to within two, 67-65, but the Crusaders could not get any closer.

Slaughter, a junior guard, led all scorers with 21 points to go along with six rebounds and two assists.

Fellow junior Ryan Waidmann (Canton), back after missing the last three games because of personal reasons, added 10 points and six rebounds.

Allen contributed nine points, grabbed eight rebounds, handed out four assists and had a careerhigh four blocked shots.

The loss drops MU to 2-11 overall, while Hope improved to 6-4 and advanced into Wednesday's championship game to face Davenport University.

Meanwhile, the Crusaders take on Grace Bible in Wednesday's consolation final.

Knoph sparkles in Spartans' win

The Knoph household had plenty to smile about Wednesday as Livonia Stevenson notched its first girls basketball win of the season with a 50-35 triumph over host Pontiac Notre Dame Prep in the consolation game of the Fighting Irish's invitational.

Sophomore guard Molly Knoph scored a game-high 22 points, including four 3-pointers to go along with 10 steals giving her mother, rookie

THE WEEK AHEAD

BOYS BASKETBALL Tuesday, Jan. 5 Annapolis at Luth. Westland, 5:30 p.m. Ypsi Calvary at Huron Valley, 7 p.m. Clarenceville at W.L. Central, 7 p.m. Churchill at W.L. Western, 7 p.m. Wat. Kettering at Franklin, 7 p.m. Stevenson at Edsel Ford, 7 p.m. John Glenn at Belleville, 7 p.m. Wednesday, Jan. 6 Wayne at Riverview, 7 p.m. Friday, Jan. 8 Churchill at John Glenn, 7 p.m. Franklin at Plymouth, 7 p.m. Northville at Stevenson, 7 p.m. Wayne at Canton, 7 p.m. Huron Valley at Macomb Christian, 7:30 p.m. Luth. Westland at A.P. Inter-City, 7:30 p.m. GIRLS BASKETBALL Tuesday, Jan. 5 Ypsi Calvary at Huron Valley, 5:30 p.m. Annapolis at Luth. Westland, 7 p.m. W.L. Western at Churchill, 7 p.m. Ladywood at Divine Child, 7:30 p.m. Friday, Jan. 8 Huron Valley at Macomb Christian, 6 p.m. A.A. Greenhills at Luth. Westland, 7 p.m. Cranbrook at Clarenceville, 7 p.m. John Glenn at Churchill, 7 p.m. Plymouth at Franklin, 7 p.m. Stevenson at Northville, 7 p.m. Canton at Wayne, 7 p.m. Marian at Ladywood, 7:30 p.m. **PREP HOCKEY** Tuesday, Jan. 6 Stevenson vs. South Lyon at Kensington Ice House, 6 p.m. Wednesday, Jan. 6 Franklin at Lincoln Park, 6 p.m. Churchill vs. Canton at Edgar Arena, 6 p.m Thursday, Jan. 7 Ladywood vs. G.P. South at City Árena (Detroit), 7:30 p.m. Friday, Jan. 8 Churchill vs. Stevenson at Edgar Arena, 6 p.m Saturday, Jan. 9 Franklin vs. Plymouth at Compuware Arena, 2:30 p.m. Churchill at Clarkston, 6 p.m. Ladywood vs. Warren Regina at Plymouth's Arctic Pond, 6:30 p.m PREP WRESTLING Wednesday, Jan. 6 Wayne, South Lyon, S.L. East at John Glenn, 5:30 p.m. Churchill, Stevenson, Northville at Franklin, 6 p.m. Clarenceville, Berkley, Inkster at Lutheran Westland, 6 p.m.

coach Jen Knoph, her first win in five starts.

GIRLS BASKETBALL

"We did not let up the entire game," said Jen Knoph, whose team jumped out to a 17-6 first-quarter lead. "We played four consistent quarters today and played really great defense. They were bigger than us, but we boxed out well on the glass."

Thursday, Jan. 7 Farmington Quad, 5:30 p.m Saturday, Jan. 9 Roch. Adams Invitational, 8 a.m. L'Anse Creuse Invitational, 9 a.m. Wyandotte Invitational, 9:15 a.m. Novi-Detroit CC Invitational, 10 a.m. BOYS SWIMMING & DIVING Tuesday, Jan. 5 Churchill at Wayne, 6:30 p.m. Thursday, Jan. 7 Churchill at Franklin, 6:30 p.m. Stevenson at Northville, 6:30 p.m. Canton at John Glenn, 6:30 p.m Plymouth at Wayne, 6:30 p.m. Saturday, Jan. 9 Rock-Kilgore Inv. at Salem, noon W. Bloomfield Invitational, 1 p.m. PREP BOWLING Tuesday, Jan. 5 Clarenceville vs. Salem at Super Bowl (Canton), 3:30 p.m. John Glenn vs. Plymouth, Wayne vs. Novi at Novi Bowl, 3:30 p.m Wednesday, Jan. 6 Clarenceville vs. Novi, John Glenn vs. Canton Wayne vs. Plymouth at Novi Bowl, 3:30 p.m. Thursday, Jan. 7 Ladywood vs. Mercy at Astro Lanes, 3:30 p.m. Friday, Jan. 8 Ladywood vs. Bishop Foley at Sterling Lanes, 3:30 p.m. Saturday, Jan. 9 Ladywood Inv. at Super Bowi, 12:30 p.m. GIRLS GYMNASTICS Tuesday, Jan. 5 Livonia Red vs. W.L. Gold-Maroon at Churchill H.S., 6:30 p.m. Wednesday, Jan. 6 ue vs. Plymouth at Churchill H.S., 6:30 p.m. GIRLS COMPETITIVE CHEER Saturday, Jan. 9 Novi Invitational, 8 a.m MEN'S COLLEGE BASKETBALL Monday, Jan. 4 Kirtland CC at Schoolcraft, 7:30 p.m. Wednesday, Jan. 6 Siena Heights at Madonna, 7:30 p.m. Saturday, Jan. 9 Madonna at Aquinas College, 3 p.m. Delta CC at Schoolcraft, 3 p.m WOMEN'S COLLEGE BASKETBALL Monday, Jan. 4 Kirtland CC at Schoolcraft, 5:30 p.m.

Wednesday, Jan. 6

Madonna at Siena Heights, 7:30 p.m.

Saturday, Ján. 9 Aquinas College at Madonna, 1 p.m.

CITY OF LIVONIA

NOTICE OF PUBLIC HEARING

Kristen Balhorn added seven points for the 1-4 Spartans, who struggled at the

foul line (5-of-15). Brooke Borowski tallied 15 points for Notre Dame Prep.

REGINA 53, STEVENSON 44: Cory DeLamielleure's 17 points propelled Warren Regina (4-0) to a victory Tuesday over Livonia Stevenson (0-4) in the Pontiac Notre Dame Prep Tournament

Katy Jakubek added 15 points for the victorious Saddlelites, who led 7-4 after one quarter before blowing

LADYWOOD FROM PAGE B1

play. "Up until that point, it was anybody's game."

Ladywood (5-2) got 11 points from senior forward Molly Gacioch and nine each from Alyssa Anastos and Teresa Wojnarowski.

The Blazers started out well, building a 13-5 first-quarter lead as Gacioch had eight points, including a pair of triples.

"The first quarter, Ladywood played harder than us," Vinson said. "They got all the loose balls. We needed to pick up our energy and our intensity. On the defensive end, we needed to pick things up."

The Blazers shot 14-of-42 from the field (33.3 percent) and committed 16 turnovers. Huron, meanwhile, was 15-of-



Shantell Hardaway and Nakia McKinney chipped in with seven points apiece for RU, which hit only 1-of-6 foul shots.

Amanda Estine` tallied a teamhigh 12 points for Ferndale. DET. WESTERN 46, REDFORD UNION 30: Three players scored in double figures Wednesday as Detroit Western International (3-2) topped the Panthers (2-5) in the Wayne Holiday Shootout.

Kiarangely and Marangelie

it wide open with a 28-6 second-

quarter run. Sophomore guard Jorden York led Stevenson and all scorers with 19 points. Sophomore guard Molly

Knoph added 11. Regina was 18-of-30 from the foul line, while the Spartans made 5-of-7.

"We had breakdowns defensively," Stevenson coach Jen Knoph said. "We were not talking and not seeing cuts. Most of their shots (in the second quarter) were 'bunnies. We also gave them extra opportunities with three 'and ones.'

41 (36.5 percent) and 13-of-16 from the foul line (81.2 percent) with 14 turnovers. "I think we came out a little tight, but it will be a good

learning experience for us," Cannon said. "I thought Mary Fitzgerald did a good job of handling the ball against their pressure and Molly Gacioch kept us in the game the first half when she hit some shots. Ultimately, I have to be happy how we played. For three quarters, it was super close."

Both Gacioch and Anastos made the All-Tourney team, along with Courtney Emery of South Lyon East and Cameo Kendrick of Southgate.

LADYWOOD 72, S.L. EAST 31: Alyssa Anastos tallied 18 points and Molly Gacioch added 11 as Livonia Ladywood (5-1) advanced in its own tournament Tuesday with a win over South Lyon East (1-3).

Marquez led the Cowgirls with 14 and 13 points, respectively.

Shawnese Matsey added 10. THURSTON 54, FERNDALE 34: Ashley Wheeler exploded for a game-high 23 points Tuesday as Redford Thurston (2-2) downed the Falcons (2-4) in the Shootout.

Chelsea Carradine added 13 points for the victorious Eagles, who led 32-19 at intermission.

Thurston made 15-of-23 free throws, while Farmington was only 4-of-18 from the foul line.

Melanie Lockhart, a 6-foot center, scored a team-high 16 points for Blair Baker and Aaron Howell each added six.

SIMPLY SELF STORAGE

Notice is hereby given that on January 14, 2010 on or after 9:30 a.m. that Simply Self Storage will be offering for sale under the judicial lien Process by Public Auction the following units. The goods to be sold are generally described as household goods. Terms of the sale are preferred cash only but will except debit/credit. ge reserves the right to refuse any and all bids mly Solf Sto

WSU routs Madonna women

floor.

(2-8).

Frigid outdoor weather Tuesday carried over inside at the Matthaei Building for the Madonna University women's basketball team resulting in a 70-44 setback to host Wayne State.

Madonna shot only 28.8 percent from the field (17-of-59), including a meager 3-of-21 from three points range (14.3 percent).

Freshman Kaylee McGrath (Livonia Stevenson) led MU, which slipped to 4-7 overall, with her second double-double of the season scoring a gamehigh 17 points to go along with a game-high 13 rebounds.

Fellow rookie Shantelle Herring added nine points

Three other Warriors scored in double figures led by Brooke Bowers and Chelsea Davis (Salem) with 14 points apiece.

on 4-of-8 shooting from the

Deanna Crumpton posted a

double-double of 11 points and

11 boards to lead Wayne State

Davis was 7-of-12 from the floor and added seven rebounds.

Felicia Thomas added 10 points, while Latosha Beasley pulled down 10 rebounds. WSU outrebounded the Crusaders, 56-38.

Wayne State ended the first half on a 23-7 run to lead 43-25 at intermission.

NOTICE OF PUBLIC SALE

Pursuant to State Law a sale will be held at: Secured Self Storage, 2460 Gulley Rd., Dearborn Hts., MI, January 16, 2010 at 1:05 p.m.

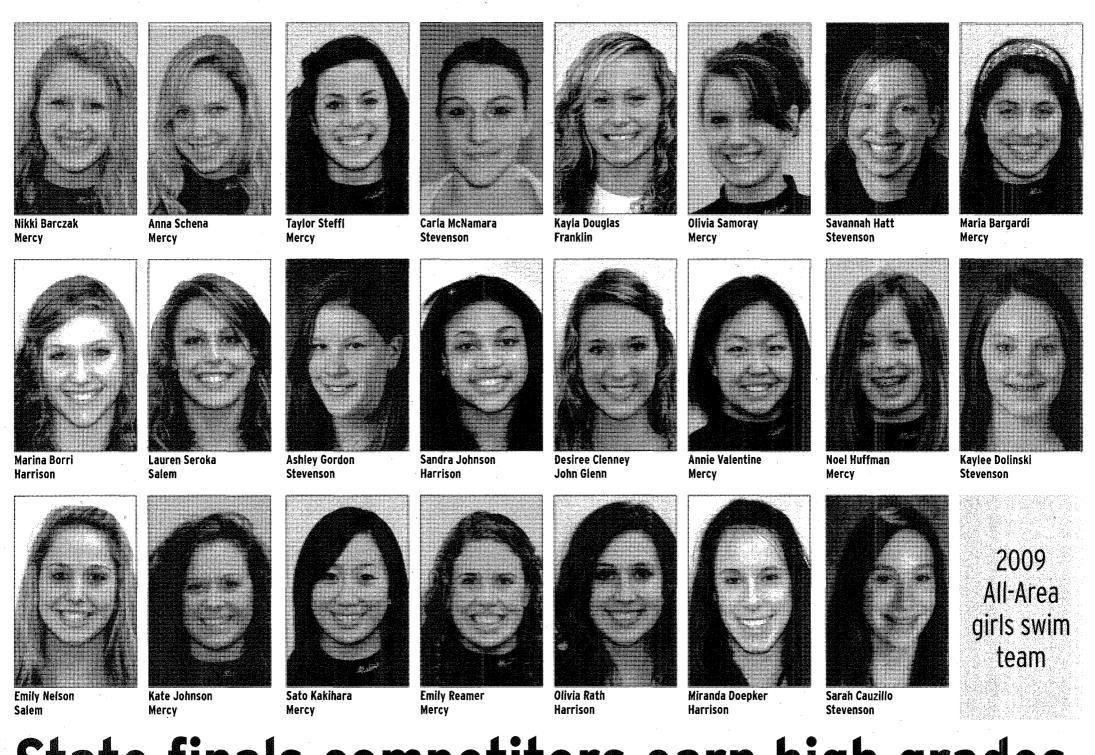
#431: April C. Assemany, #709: Gergorio Martinez, Jr., #740: Brittney A. McPherson, #939: Rosy M. Hutchison, #1025: Lechia Richberg, #1034: Zapata Zanitorial Inc., #1039: Zapata Zanitorial Inc., #1047: Dohn C. Davis Jr., #1111: Alicia M. Parker

Publish: December 27, 2009 and January 3, 2010	OE09685261_2x2	543, as amended, the having received an November 24, 200	he provisions of Section 19 e Zoning Ordinance of the appeal from a deter by the City Planning 09, the Council has dete	City of Livonia, and mination made on Commission in its		gan 3 Totes, 5 Boxe	34333 E. Michigan Ave.
CITY OF FARMINGTON 2010 DOG & CAT LICENSE	S	Hearing will take p Livonia on <u>Wednes</u> auditorium at City	blace before the City Co day, January 20, 2010, Hall, 33000 Civic Cen	uncil of the City of at 7:00 P.M. in the	Publish: December 27, 20	09 and January 3, 2010	OE08685006_2x2
2010 Dog & Cat Licenses are available at Farmington City Hall, 23600 Liberty Street, Farmington, Michigan, Monday through Friday, 8:30 a.m. to 4:30 p.m.		Michigan, with respect to the following item: Petition 2009-10-02-15 submitted by 6 Mile			NOTICE OF PUBLIC SALE A public sale is to be held to satisfy a landlord's lien under Act 148		
Licenses are issued through Wednesday, March 31, 2010, at a fee of \$7.00 for each dog or cat six months or older. Beginning Thursday, April 1, 2010, delinquent licenses are \$10.00. License fees are reduced \$3.00 for neutered dogs and cats.		Properties, L.L.C. requesting waiver use approval to utilize an SDM license (sale of packaged beer and wine) and an SDD license (sale of packaged spirits over 21% alcohol) in connection with a retail facility located on the			of 1985 State of Michigan Code Law. Property will be sold to the highest bidder for cash. Seller reserves the right to withdraw property from the sale. Spaces/Units may contain household items, toys, auto parts, appliances, clothing, etc. unless otherwise noted.		
A current, original Certification of Vaccination for by an accredited veterinarian must be presented for a License.	northeast corner of Farmington and Six Mile Roads (17108 Farmington Road), in the Southwest ¼ of Section 10.			Units: 095 Alan Raymond, 139 Terence Barnes, 141 Krystyn Washington, 161 Tiffiney Weathersby, 163 Marthlene Knoll-Keith, 218 James Isbell, 243 Evelyn Hicks, 277 Bagaziniski & Associates, 315 Robert Brown, 330 William Piekarski, 333 William Piekarski.			
Licenses may be obtained by MAIL by calling 248-	LINDA GRIMSBY, CITY CLERK			This sale shall take place on Friday, January 8th, 2010 at 10L00			
SUSAN K. HALBERSTADT City Clerk				a.m. Located at: Maximus Self Storage - Livonia, 13635 Merriman Rd., Livonia, MI 41850. This is a cash only auction.			
Publish: January 3 & March 25, 2010	OE08683625 2x3	Publish: January 3, 2010 OE00684593 2X4.5			Publish: December 27, 2009 and January 3, 2010 OÉ056855000_2x2.5		
		22					
			LOJ NITIES! For even more	opportunities see ou			hometownlife.com 800-579-7355
Alight for any one who can't get of the any one the any one any one who can't get of the any one the	BID Wanted-General 500 Resident Service Coordinator The Resident Service Coordinator assists in the sessment of needs of the esidents at an assisted-liv- ng residence. This position rovides a communica- tons link to families of the esidents and networking with community agencies, sct as a member of an nter-disciplinary team ncluding medical profes- ionals to maintain the hysical care and psycho- orgical well being of resi- ients. Communicate with esidents and families bout concerns and crisis hanagement. Must be able to juggle multiple priorities with calm, care and con- ern. Minimum require- nents include Master regree in Social Work orn n equivalent combination f education and experi- nce. Email resume and over letter including alary requirements to: dbourdon@jslmi.org EINDLIT_ONLINE CMETOWINLFECOM	Assisted-Living Program Administrator This Administrator position supervises a staff of 21 Personal Care Attendants; the Program Coordinator and two Resident Service Coordinators. The Adminis- trator is responsible for a 36 bed assisted living facility. Critical core skills are budg- eting, marketing, multi- tasking, prioritizing and net- working. You will need to learn to manage subsidies on an on-going basis for residents and applicants. You will need to be able to generate creative solutions to complex issues present- ed. Manage difficult life and death concepts with residents, families and staff. Minimum requirements include Master Degree or an equivalent of education and experience with geriatrics. Exp. with HUD/MSHDA and Adult Foster Care requirements preferred. If you are inter- ested in applying for this position please email a resume and cover letter including salary requirements to: dbourdon@jslmi.org	Help Wanted-General 5000 SIGN ON BONUS! O.M.P. Distributing is looking for friendly individuals to build lifetime relationships w/clients. We offer on-site training & benefits. \$14.55/start. Call 248-623-1419 VETERINARY ASSISTANT Part-Time. Apply within: Sheldon Veterinary Hospital, 9460 Sheldon Rd., Plymouth. Help Wanted-Office 5020 BOOKKEEPER, FULL CHARGE/ ACCOUNTING ASSISTANT Minimum 5 yrs. exp. QuickBooks, Excel, Access Full-time plus position. Immediate Hire Email resume to: peagents@cemcast.net "We Work For You!" hometownlife.com	Help Wanted-Medical 5050 MEDICAL EXECUTIVE ASSISTANT Position includes patient interaction and administrative functions. Must be flexible and able to multi-task in fast-paced environment. Excellent communication and computer skills & college degree required. Fax resume: 248-827-2641 or email to: kay.jones@med-share.com MEDICAL ASSISTANT Experienced, needed full time for a busy pediatric office. Some evenings and Saturdays. Must be able to multi task. Fax Resume to: (248) 540-8701 Call to place your ad at 1800-579-SELL(7355) MEDICAL imaging company, has openings for Echo, Vascular and Ultrasuund Techs. Full or part time positions avail. Competitive pay and benefits. Contact Med-Share at: (248) 827-7220 and speak with Kay at ext. 105	Help Wanted-Medical 5060 TECHNICIAN/COA Dethalmic Work-Up Technician/COA Needed full-time for Ophthalmology group located in Royal Oak with additional offices through- out Southeastern Michigan. Must be willing to travel. Must have strong skills in the following areas: patient relations, communications, and be an excellent team player. Prefer someone with past work-up experience or COA. Benefit program and 401(k) available. Fax resume: 248-319-0168 Support COOK, PART-TIME Need for Beverly Hills daycare. 10-12:30 daily. \$8/hr. 248-258-2766 COOKS, FT/PT Pizza & Grill Exp. Apply at: Starting Gate 135 N. Center St., Northville "It's All About Results" Observer & Eccentric 1-800-579-SELL	Business Opportunities 5749 Business Builders WANTED to Earn Over \$100K/v. Using the Internet Turn Key System Call or log in TODAY! 1-88:840-9599 Refer to GV02478 www.greatestvirtualoffice.com WE'RE OPEN 24 HOURS A DAY INVEL HOURS	ITS ALL AT YOUR FINGERTIPS! Jobs! Jobs! Actos! Real Ectate! Apartmants! Garage Sales! A top Notch Service Directory! Incok no incriner for the best local classificats! To place youn AD: 1-800-579-7355

LOCAL SPORTS

Observer & Eccentric | Sunday, January 3, 2010

(*) **B3**



State finals competitors earn high grades

FIRST-TEAM

200-yard mediey relay, Mercy: The team of Maria Bargardi, Anna Schena, Sato Kakihara and Taylor Steffl was second in the Division 2 state meet with an automatic All-America time of 1:47.77.

"It's a relay that took most of the year to find its stride," coach Shannon Dunworth said. "We changed it up quite a bit from previous years and made some position changes. I think we finally got it right in the last swim of the year. We moved up from fifth (in the prelims) to second. That really set the tone for an outstanding Saturday at the state meet."

Nikki Barczak, 200 freestyle, Mercy: Barczak finished third in the Division 2 state meet with an area-best time of 1:53.19. She also was third in the 100 freestyle. "Nikki is one of our go-to people," Dunworth said. "There are a lot of high expectations the team puts on her, not only in meets but at practice every day. Nikki takes that role very seriously, and she's probably harder on herself than anybody else. She's very talented and works extremely hard. She truly is the individual on the team that everybody will count on and never bet against." Anna Schena, 200 IM, Mercy: Schena placed sixth in the IM at the Division 2 state meet with a 2:09.30 time. She also was fifth in the butterfly. "The best talent is the ability to train at your very best every day and that's Anna," Dunworth said. "The hardest races are where she excels, because she trains so hard. The IM is one of the most difficult races there is, and the more difficult it is the better she is. She was one of our captains, which adds a little pressure to season, and she handled it as well as anybody." Taylor Steffl, 50 freestyle, Mercy: Steffl placed fourth in the Division 2 state meet with a 24.11 time that was second only to teammate Maria Bargardi among area swimmers. She also was 12th in the 100 freestyle. "Taylor is the hardest-working 50 freestyler I know," Dunworth said. "She made an event change and was in the fly and 100 more. but the 50 is still her specialty. She likes to sprint and be in there in close races. She's kind of the sparkplug on our team, and that's why she fits so well in that role as a freestyler. Sprint freestyle is more about energy, aggression and technique than it is about grinding our yards." Carla McNamara, diving, Stevenson: The senior earned a third-place finish at the Division 1 state finals (399.70) after posting a meet record 418.35 en route to a first-place finish at the Kensington Conference meet.

2009 ALL-OBSERVER GIRLS SWIMMING & DIVING TEAMS

200-yard medley relay: 1. Farmington Hills Mercy (Maria Bargardi, Jr.; Anna Schena, Sr.; Sato Kakihara, Soph.; Taylor Steffl, Jr., 2. Farmington Hills Harrison (Sandra Johnson, Soph.; Marina Borri, Soph.; Olivia Rath, Soph.; Miranda Doepker, Soph.).

200 freestyle: 1. Nikki Barczak, Jr., Mercy; 2. Lauren Seroka, Soph., Salem. 200 individual medley: 1. Anna Schena, Sr., Mercy; 2. Ashley Gordon, Sr., Livonia Stevenson.

50 freestyle: 1. Taylor Steffl, Jr., Mercy; 2. Sandra Johnson, Soph., Harrison, 1-meter diving: 1. Carla McNamara, Sr., Stevenson; 2. Desiree Clenney, Jr., Westland John Glenn.

100 butterfly: 1. Kayla Douglas, Jr., Livonia Franklin; 2. Annie Valentine, Fr., Mercy.

100 freestyle: 1. Olivia Samoray, Soph., Mercy; 2. Noel Huffman, Fr., Mercy. 500 freestyle: 1. Savannah Hatt, Jr., Stevenson; 2. Kaylee Dolinski, Jr., Stevenson.

200 freestyle relay: 1. Mercy (Taylor Steffl, Jr.; Olivia Samoray, Soph.; Nikki Barczak, Jr.; Sato Kakihara, Soph.); 2. Stevenson (Savannah Hatt, Jr.; Kaylee Dolinski, Jr.; Sarah Cauzillo, Fr.; Ashley Gordon, Sr.). expectations but did what had to be done to win." SECOND-TEAM

SECOND-TEAM 200-yard medley relay, Harrison: The all-sophomore team of Olivia Rath, Marina Borri, Miranda Doepker and Sandra Johnson swam an automatic All-America time of 1:48.89 in the Division 2 state final, breaking its own school record and finishing in fifth place. The Hawks were second in the OAA Red Division and sixth in Oakland County.

"It was just an outstanding effort," coach Ross Bandy said. "The girls had a dream. They visualized what they were capable of doing. They actually surpassed what they thought they were capable of swimming, so I thought it as an outstanding fea Lauren Seroka, 200 freestyle, Salem: Seroka sparkled in her sophomore season, capping it off with a fine showing at the Division 1 state final. The versatile swimmer finished ninth at the final in the 500 free with a time of 5:06.27 and took 11th in the 200 free (1:56.12). She also was part of the 200 medlev relay team that placed 16th in the final with a time of 1:54.83. Seroka, who carries a 4.0 gradepoint average, was named team MVP and provides leadership as co-captain. Salem head coach Chuck Olson said Seroka showed her mettle by doing her best at the D1 final despite fighting an illness. "I respect that an awful lot, because it was a difficult couple weeks for her," Olson said. "The week before she was sick and she was still sick the week after but she did what she was able to do. Hopefully, she'll use this (experience)." Ashley Gordon, 200 IM, Stevenson: The senior and fouryear standout capped a stellar career with a ninth-place finish in the IM (2:09.4). At the Kensington Conference meet, Gordon was runner-up in the IM and 100 breaststroke (1:09.77). "Ashley, the only senior on our state (meet) team, will be sorely missed," Phill said. "She was our of our captains and was our 2008 MVP. She was a state qualifier in five events." Sandra Johnson, 50 freestyle, Harrison: Johnson takes her swimming seriously and was most focused on helping the medley relay do well, according to Bandy. She also excelled in the 50, swimming 24.94 in the state prelims and missing Donna Schwalm's school record by four 10ths of a second. Johnson was 14th in Division 2 with a 24.97 finals time. "She has improved drastically," Bandy said. "I told the kids we had a couple girls last year who didn't swim fast enough in the prelims. You have to get into the top eight or top 16. She had a solid swim. She trains hard; she listens to what I have to say as far as her training techniques, and she has trust in the program." Desiree Clenney, diving, John Glenn: The junior earned a 27thplace finish at the Division 1 state finals after qualifying with a 12th at the regional. Clenney was the KLAA South Division champion with a point total of 354.00 and achieved

be a fifth-place showing at the Kensington Conference meet.

Her best six-dive total was 220, while her 11-dive P.R. was 354.90. "Desiree improved and became

Desiree improved and became more consistent with her dives this year," Glenn coach Randy Ferguson said. "It was good that she got a taste of what state meet is like as a junior because she now knows what it takes to place higher next year." Annie Valentine, 100 butterfly,

Annie Valentine, 100 butterfly, Mercy: A freshman in her first state meet, Valentine placed 10th in the butterfly with a 59.86 finish. She is one of only four area swimmers to post a sub-minute time.

"Annie is another real diligent kid," Dunworth said. "She's one of those individuals, regardless of what you throw at her, she's going to keep her mouth shut and do her at the state meet, and backstroke is probably her favorite," Olson said. "She did a lot of freestyle sprinting for us this year so she could probably excel there as well."

Olson said Nelson's determination to work year-round and be receptive to his instruction finetuned her performance and paid dividends.

The coach added that he is proud of both Nelson (3.85 GPA) and Seroka for their continuing excellence in and out of the pool.

Kate Johnson, 100 breaststroke, Mercy: Johnson was a state qualifier with a 1:11.35 time and was one of the top breaststroke swimmers in the area.

"Kate really stuck to it," Dunworth said. "She earned a spot on the team and, for the

McNamara is a two-time high school All-American and threetime MVP diver for the Spartans.

"Carla was a captain who broke two pool records and unfortunately is going to be irreplaceable," Stevenson coach Greg Phill said. Kayla Douglas, 100 butterfly,

Franklin: The junior was a state runner-up in the Division 1 state finals in the 100 backstroke (57.69) and added a 15th in the 100 butterfly (going 59.73 in the prelims).

She was also runner-up in the 100 backstroke and fifth in the 100 backstroke: 1. Maria Bargardi, Jr., Mercy; 2. Emily Nelson, Jr., Salem. 100 breaststroke: 1. Marina Borri, Soph., Harrison; 2. Kate Johnson, Jr., Mercy.

400 freestyle relay: 1. Mercy (Olivia Samoray, Soph.; Maria Bargardi, Jr.; Emily Reamer, Sr.; Nikki Barczak, Jr.); 2. Stevenson (Savannah Hatt, Jr.; Kaylee Dolinski, Jr.; Sarah Cauzillo, Fr.; Ashley Gordon, Sr.).

Coach of the Year: Shannon Dunworth, Mercy.

100 butterfly at the Kensington Conference meet.

"Kayla had a tremendous year," Franklin coach Kevin Hafner said. "She has really matured a lot as a swimmer this year and is learning how to set goals for herself and what it takes to attain them. Kayla is a very talented girl who is able to accomplish whatever goals that she sets her sights on."

Olivia Samoray, 100 freestyle, Mercy: Samoray is another versatile swimmer for the Marlins. Her time of 53.45 was second only to teammate Nikki Barczak. At the state meet, she was eighth in the 200 freestyle and seventh in the 500.

"There's a pecking order in swim practice," Dunworth said. "When a sophomore starts to upset the apple cart because she's training so hard, you begin to notice, and that's definitely Olivia. Our practices are extremely competitive, and they stay competitive because of people like Olivia. She wants to earn her place. That pushes everybody else to a better level as well."

Savannah Hatt, 500 freestyle, Stevenson: The junior earned team MVP honors after placing runnerup in the 500 freestyle (5:00.49) at the Division 1 state finals.

Hatt also took a fifth in the 200 freestyle (1:53.82) at the state meet.

She was also Kensington Conference champ in the 200 and 500 freestyle events.

"Savannah is a very good and hard-working swimmer, and was our Rookie of the Year in 2007," Phill said. "Lucky for Stevenson, Savannah has one more year with us."

200 freestyle relay, Mercy: The Marlins repeated as Division 2 state champions with an All-America time of 1:36.99. Taylor Steffl, Nikki Barczak and Sato Kakihara were returning members of the relay with Olivia Samoray joining the team this year.

"What makes it really special is Olivia and Sato swim the 500 right before it," Dunworth said. "They go from the longest race to the shortest race with very little time between them. It takes a special type of person who can not only handle it physically but mentally. Their hearts are still pounding from the previous race. When you

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have two gunners like Taylor and Nikki leading it off and two 500 freestylers anchoring, it makes for an interesting mix."

Maria Bargardi, 100 backstroke, Mercy: The backstroke was a new event for Bargardi, who finished second in the Division 2 state meet with an area-best and automatic All-America time of 57.07. She also placed fifth in the 200 IM.

"Maria is an absolute pleasure to coach," Dunworth said. "She is as eager to please as any person I've ever coached. Even if she was just an average athlete, she'd be great to coach because of her attitude, demeanor and commitment. The success she has in the pool makes it that much better. She started to swim the backstroke because of a need we had. Obviously, it turned out to be good for her and the team."

Marina Borri, 100 breaststroke, Harrison: Borri was a state qualifier in multiple events, but the breaststroke is her best. She swam an area-best time of 1:06.64 in the OAA Red meet and was second. Borri was seeded third (1:06.77) in the Division 2 final and finished fifth (1:08.48).

"She didn't have her best swim in the final," Bandy said, adding Borri's foot slipped off the block. "She showed a lot of maturity; she didn't panic and still finished fifth. She has two more years and a lot of great swims still in her. Marina is a team player; she will swim whatever you ask her to swim. You never get any waver in what her goal is, and her goal is to do the most positive thing for the team. Marina swims every event extremely well."

400 freestyle relay, Mercy: The foursome of Olivia Samoray, Maria Bargardi, Emily Reamer and Nikki Barczak captured second place in the Division 2 state meet. After going 3:37.07 in the prelims, they dropped nearly four seconds in the final the next day with an automatic All-America time of 3:33.12.

"That relay sealed the deal at the state meet," Dunworth said. "They knew going into the final, if we held our own, we'd get second; if we moved up a spot, we'd tie; if we moved up a couple, we would win. They responded by moving up to second place. They exceeded best job. We made a difficult decision to take her off a relay at the state meet, and she handled it with all the character of a veteran and a champion. That alone is a highlight I have of Annie. In the pool, she did a great job."

Noel Huffman, 100 freestyle, Mercy: As a freshman, Huffman was a nice surprise and addition to the Mercy team, according to Dunworth. Her best time of 55.34 in the state prelims put her in the top half of the 100 freestyle rankings with the best swimmers in the area.

"She's following in the footsteps of Taylor (Steffl) by being a sprinter," Dunworth said. "She works incredibly hard; she impressed me from day one with the work she puts in the pool. You never had to tell her to get going; she was always going."

Kaylee Dolinski, 500 freestyle, Stevenson: The junior earned All-State honors in the 500 free with an eighth in the Division 1 finals. She posted a personal best

She posted a personal best 5:07.46 in the state prelims and was runner-up at the Kensington Conference meet in both the 200 freestyle and 500 freestyle. Her best time in the 200 freestyle was 1:56.39 (12th overall in Division 1).

"Kaylee, just like Savannah, is a very good and hard-working swimmer," Phill said. "She has done a great job of us the last three year. We're lucky to have her for one more year."

200 freestyle relay, Stevenson: this foursome of Hatt, Dolinski, Sarah Cauzillo and Gordon earned the Kensington Conference title and ranked second in the area with a time of 1:40.76.

They wound up 10th at the Division 1 state finals.

"These four girls were put together right at the end of the season and clicked right away," Phill said. "With only one senior (Gordon) leaving this relay, it should be pretty successful in 2010."

Emily Nelson, 100 backstroke, Salem: The junior co-captain and recipient of Salem's Rock Mauer Award (presented to a studentathlete for outstanding athletic and leadership abilities), finished sixth in the 100 backstroke at the Division 1 state final (59.72), good for All-State honors.

Nelson also contributed to Salem's 16th-place finish in the 200 medley relay (1:54.83) and finished 19th in the D1 preliminaries in the 200 IM (2:14.31).

"She swam the 200 free and IM

first time, went to the state meet. Being on the all-area team is huge for her, but it didn't come easy and over night. I don't think Kate is a natural breaststroker. It was a spot where we needed somebody. She paid attention and went to work filling it. My hat is off to her. She did all the right things to step into a role we needed, and the all-area team is certainly a just reward."

400 freestyle relay, Stevenson: The quartet of Hatt, Dolinski, Cauzillo and Gordon turned in a team-best 3:38.67 en route to a ninth-place finish at the Division 1 state meet.

They also earned a runnerup finish in the Kensington Conference meet.

"Unlike the 200 freestyle relay, these girls were together most of the year and did a great job every time they swam," Phill said. "Ashley Gordon will be the only loss and the future looks bright."

COACH OF THE YEAR Shannon Dunworth, Mercy: Dunworth led the Marlins to their third consecutive Division 2 state championship. In six seasons, he has also coached Mercy to back-toback Division 1 runner-up finishes in 2004 and '05.

"It's really great when kids are willing to work so hard to make you look good. That's it in a nutshell," Dunworth said. "I ask a lot from these kids. I don't get long faces; I don't get a hard time; I don't get manipulated. Girls are good at those things. Not in this group, and it starts with the senior leadership."

Dunworth credits senior captains Emily Reamer, Anna Schena and Kelly Karpus for assisting him and helping to make his job easier.

"They're the coaches in the locker room," Dunworth said. "During practice, the girls have their faces under water, and then they go into the girls locker room — two places I'm not. Those girls keep the ship on the straight and narrow for sure."

Dunworth added he's more of a character person than a talent person, and the Mercy girls are about working hard, competing and striving to be better.

"In swimming, you are measured so exactly unlike other games that are difficult to put a measuring stick to," he said. "Because it is so exact, the kids are always expected to be at their best. It's a tremendous amount of scrutiny to be put under. But I'll tell you what; they just don't disappoint you!"

ADOPTABLE GREYHOUNDS

Although Greyheart Greyhound Rescue and Adoption found homes for six dogs in December, Domino and Bailey are still waiting their turns to be placed in a permanent home,

"These guys are young, gentle and would be an incredible addition to most families," said Jackie Bowen of Greyheart.

Domino is 31/2years old, with white fur and black markings. He's an outgoing dog, affec, tionate and he gets along with everyone. Bailey is age 3,

with a black and shiny coat. He's very friendly and loving. He'd do best in a family that has someone home most of the day and another dog to play with.

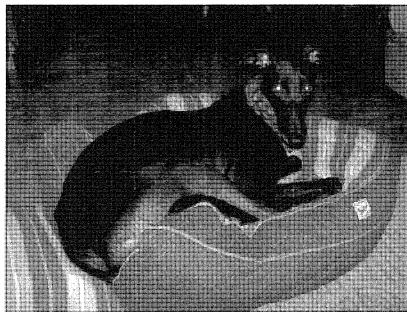
If you are interested in Domino or Bailey, call Greyheart Greyhound Rescue and Adoption at (866) 438-4739 and check out its Web site, www.greyheart.org, for more photos.

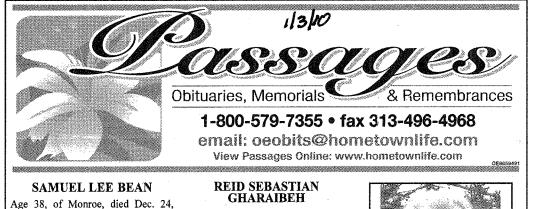
Learn more about adopting greyhounds at Greyheart's "Meet and Greet," noon to 4 p.m. Sunday, Jan. 3, at PetCo, 43435 Ford Road, Canton.



Domino

Bailey





REUNION CALENDAR

The Reunion Calendar runs Sundays in the paper as space allows, and online in its entirety at www.hometownlife.com. Submit your announcement at least two weeks in advance to Sharon Dargay at sdargay@hometownlife.com.

Detroit Pershing Class of 1960

50th reunion festivities in September will be held at the Doubletree Guest Suites Fort Shelby in downtown Detroit. For more information call Sherry Forbush (Sharon Bailey) at (248) 994-0664 or Joan Harrington (Mazey) at (734) 595-7508.

Detroit St. Brigid Class of 1959

Planning a reunion and looking. for classmates. Contact szonyek@ att.net with any information about classmates.

Farmington High School Class of 1970

Planning reunion in 2010. Seeking classmates. Join the group on Facebook by searching Farmington High School Class of 1970 Reunion. Or e-mail Carla Campbell Lehn at dblehn@aol. com.

Garden City High School Class of 1960

Mini-reunion luncheons held the second Saturday of every month at 1 p.m. in the banquet room in the Plymouth Denny's on Ann Arbor Road, east of I-275. Call Gary Simon at (734) 751-4101 or send e-mail to GCHS.MCMLX@ yahoo.com.

Garden City West Class of 1970

40th reunion on Saturday, Oct. 9 at Hawthorne Valley Country Club in Westland. Dinner and DJ included for \$50 per person. Classmates from the classes of 1968-1972 also invited to attend. For more information, call Larry Conn at (734) 788-5254. Dearborn Heights Haston High

Class of 1965 45-year reunion, 6 p.m. to 1 a.m. July 24; Contact Pat Beadle-Kopczyk, 3334 Kneeland Circle, Howell, MI 48843, at (517) 552-1182 or e-mail to her at patkopczyk@aol.com.

Oak Park High School Class of 1980

30th reunion, July 2-4; for information e-mail to ophighschool1980@yahoo.com

Warren Fitzgerald Class of 1974

35-year reunion, 6 a.m.-midnight, March 20, at Crank's Enchantment Banquet Center, 46915 Haves, at 21 Mile, in Shelby Township. Tickets are \$30. Call Louise

MILESTONES

KOWALSKI-FENNELLY

Mr. and Mrs. Patrick Fennelly along with Mr. and Mrs. Mike Kowalski, all of Novi, are pleased to announce the marriage of their children, Tina Susanne Fennelly to Michael Aaron Kowalski. The couple wed Nov. 7, 2009,

at Our Lake of Victory in Northville. An evening reception was held at the Meeting House Grand Ballroom in Plymouth.

The happy couple resides in Farmington.

WEILAND-SHELTERS

Teri Weiland and Joshua Shelters announce their engagement.

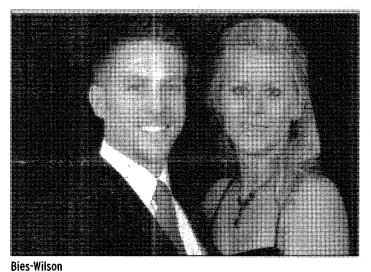
The bride, daughter of Arlene and Dave Weiland of Westland, is a 2003 graduate of Salem High School and a Madonna University Nursing School graduate.

Her fiancé, son of Tanis and Chris Shelters of Hartland, is a graduate of Hartland High School and is employed by CJS Mechanical.

A September 2011 wedding is planed at Dunham Hills Golf Course.

Weiland-Shelters





Amanda Bies and Chad Wilson announce their engagement.

The bride-to-be, daughter of Mark and Terri Bies of Westland, is a graduate of John Glen High School

Her fiancé, son of Bob and Mary Wilson of Canton and Carol Symons of northern Michigan, is a graduate of Canton High School. He is the proprietor of Outback Steakhouse in Novi

B4 (*)

> 2009. Visitation 2-8pm Dec. 29 at the David C. Brown Funeral Home, Belleville, funeral Dec. 30, at 1pm. www.davidcbrownfh@aol.com

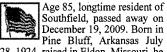
PAUL L. DRAIN

Age 93, December 24, 2009. Beloved husband of the late Eleanore. Dear father of Patricia (John) Hill, Pamela (Richard) King, Michael (Carol Reske) and Robert (Robin Burzan). Grandfather of 11. Great-grandfather of 17. Private Memorial Service will be held Sunday, January 10.

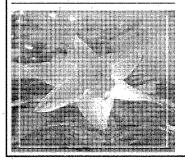
Arrangements by Santeiu & Son 734-427-3800



ERNEST T. GASTON



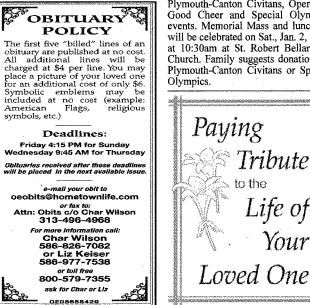
December 19, 2009. Born in Pine Bluff, Arkansas July 28, 1924, raised in Eldon, Missouri, he was educated at Northwestern University receiving a Bachelor of Arts and Masters degrees and was elected to Phi Beta Kappa. He was chief underwriter for the American Road Insurance Company (Ford subsidiary) from its inception until his retirement. Ernie loved music and the arts; he supported the Detroit Symphony and the Detroit Institute of Arts, having been recognized as Fellow by the DIA Board of Directors. He sang with the Detroit Lutheran Singers, an original member in 1967 until health issues required his retirement in 1987. A taste for the adventure of travel to other countries and other cultures took him around the world. He is survived by his wife, Doris; children, Marie (Kevin) Duke, Ann Arbor, Peter (Robin) Gaston, Gloucester, MA, and grandchildren Sgt Carl Duke, Spc Rune Duke, Spencer Gaston, Leila Gaston, and his brother, David (Deane) Gaston, Williamsburg, VA. A memorial service was held Dec. 23 at the Emmanual Lutheran Church. Southfield. To honor his military service in World War II, a memorial will be held at Great Lakes National Cemetery in Holly, Michigan, at a later date.



Age 13 months, passed away at his home in Garden City, MI on Tuesday, December 22, 2009. He was born October 28, 2008 in Dearborn, MI, son of Namir Derek & Pamela Eileen (Graben) Gharaibeh. He is survived by his parents, two sisters Lessa & Ivy, grandfathers "Pops" Graben and "Opa" Melvin Hashem Gharaibeh, grandmother "Omi" Ria Laub, aunts Becky and Dima, and many other family, friends, therapists, teachers, and doctors. He was preceded in death by his brother Galen on January 18, 2006. Reid was born with Joubert Syndrome and had low vision and was able to attend the Early On Program at Stottlemyer Elementary School, Westland, MI and was a frequent participant at Oakwood's Center for Exceptional Families in Dearborn, MI. A Visitation was held Saturday, December 26, 2009 from 11-12:30 PM at DAVID C. BROWN FUNER-AL HOME, Belleville, MI. Cremation rites will be accorded. Memorial contributions to the Jobert Syndrome Foundation would be appreciated. Please sign his guest book for the fam-

ily to keep. www.davidcbrownfh.com. HAZEL JUDD KOETHER

Age 96, of Tequesta, FL, passed away on December 27, 2009. She was born in Carthage, SD to Arthur & Amanda lorine. Hazel leaves behind her two daughters, Nancy Goldman and her husband Andrew of Jupiter, FL and Susan Harris and her husband Phillip of Destin, FL; grandchildren, Samantha Goldman of Jupiter, FL, Alex Goldman and his wife Wendy of Bethesda, AD, Jeffrey Harris and his wife Amanda of Houston, TX and Zachary Harris U.S. Navy; three greatgrandchildren and her brother aymond Florine and his wife Irene of Wayne, NE. A Memorial Service will be held Wednesday, December 30, 2009 4:30pm at the funeral home. memorial contributions may be made to a charity of your choice. Arrangements entrusted to: Aycock Funeral Home, 1112 Military Trial, Jupiter, FL.





MILLARD J. LETOURNEAU

December 23, 2009. Age 76, of Plymouth. Beloved husband of Kay. Loving father

of Greg (Christine), Paul (Barbara), Lisa (Lanny) Lancaster, Tod (Suzin), Darin (Elone), Kirk (Ann), Lee (Bev) Dancey, Mike (Sara) Dancey. Proud grandpa of eighteen Dear brother of Al, Gloria, Gladys Sherita and Jean. Mr. Letourneau served his country in the U.S. Army during the Korean War. He also served in the Livonia Fire Departments for 27 years, retiring in 1988 as Batallion Chief. The Memorial Service will be Saturday January 9, 11 AM at Vermeulen Funeral Home 46401 W. Ann Arbor Rd. (Btwn Sheldon and Beck)Plymouth. Visitation Friday 4-8 PM. Memorials may be made to the Alzheimer's Association 20300 Civic Center Dr., Ste 100 Southfield, MI 48076. To share a memory please visit:

vermeulenfuneralhome.com

MARIE AGNES MISKOLCI (Sylvestre) "Agnes"

Age 90. Born Nov. 21, 1919 in Maidstone, Ont., Canada, died Dec. 11, 2009. Preceded in death by her beloved husband of 58 years, Anthony, and loving daughter Margaret (Thomas) Renaud. Survived by children: Alan (Linda), Charles, Tina (Jim) Miller. Also survived by nine grandchildren and four great-grandchildren, her sister Mary Laesser, bothers Frank and James Sylvestre, many nieces and nephews. Agnes retired from the Plymouth-Canton Schools as a Special Ed school bus driver. She was very active in volunteering including Plymouth-Canton Civitans, Operation Good Cheer and Special Olympics events. Memorial Mass and luncheon will be celebrated on Sat., Jan. 2, 2010 at 10:30am at St. Robert Bellarmine Church. Family suggests donations to Plymouth-Canton Civitans or Special

Tribute

Life of

Your

to the

DeLuca at (248) 496-8916 or Lisa Zientek, (586) 291-7998.

She is employed at Outback Steakhouse in Canton.

A destination wedding is planned for October 2010.

RELIGION CALENDAR

Religion calendar items appear on a space available basis. To submit an item, e-mail sdargay@hometownlife. com or write: Religion Calendar, Observer Newspapers, 615 W. Lafayette-2nd Level, Detroit, MI 48226, Attn: Sharon Dargay, Item must include the venue address and phone number and any admission costs for events. Items must be submitted at least a week in advance of publication. Feel free to send a related photo in jpg form. For a complete listing online, go to hometownlife.

JAN. 3-6 Newburg United Methodist Church

com.

Time/Date: Call in orders from 9 a.m. to 12:30 p.m., Monday-Tuesday, Jan. 4-5

Location: 36500 Ann Arbor Trail, Livonia

Details: The church is making and selling Cornish pasties as a fund-raiser. Pasties are \$4 each and can be ordered by calling into the church office. Call in orders only. Any orders left on the church answering machine will be ignored. Pick up times are noon to 6 p.m. Thursday, Jan. 14, 2010 and noon to 5 p.m. Friday, Jan. 15 Contact: (734) 422-0149

JAN. 7-13

Our Lady of Loretto Parish

Time/Date: Starting at 1:30 p.m., Sunday, Jan. 10 Location: 17116 Olympia, Redford **Details:** A "Grief Recovery" series runs for six-weeks and deals with the phases of grief, loneliness and other related issues. A \$20 fee covers all materials. Sponsored

by Widowed Friends

Contact: Joan at (248) 478-1084

JAN. 14-20

St. Thomas a' Becket Parish

Time/Date: Mass at 2:30 p.m., Sunday, Jan. 17 Location: 555 S. Lilley, Canton Details: Fellowship and refreshments follow Mass sponsored by Widowed Friends Contact: Pat at (734) 895-6246

Leon's

Time/Date: 9:30 a.m., Jan. 16 Location: 30149 Ford Road, in Garden City Details: Monthly breakfast meeting of Bethany Suburban West for divorced individuals and singles **Contact**: Kathy M. (734) 513-9479

Location: Faith Bible Church, 23414 Orchard Lake Road, Farmington Hills Details: AWANA program for children from kindergar ten through fifth grade

Contact: (248) 426-0096.

Time/Date: 6:30-8 p.m., Wednesdays

Classes/study

ONGOING

AWANA

Time/Date: 9:30-11:15 a.m. Tuesday Location: Detroit First Church of the Nazarene, 21260 Haggerty, north of Eight Mile

Details: Tuesday Ladies Bible Study; \$15 registration fee includes interdenominational study materials. Child care available for children through age 5

Contact: (248) 348-7600

Emmanuel Lutheran Church Time/Date: 7-8 p.m., second Monday of the month Location: 34567 Seven Mile, between Farmington and Newburgh roads, Livonia

Details: Open Arms Bible class for adults with developmental disabilities and special needs. Includes songs, Bible lessons, crafts and activities,

prayer, snacks and fun

Contact: Judy Cook at Emmanuel, (248) 442-8822 or e-mail to icook59@att.net.

Livonia Unity

Time/Date: Monday movement Qigong, 7-8:30 p.m.; Thursday Qigong meditation, 10-11:15 a.m., and Friday Therapeutic Qigong, 7-8:30 p.m.

Location: 28660 Five Mile, Livonia

Details: Learn Qigong, the ancient form of Chinese energetic medicine - to rid the body of toxic pathogens and painful emotions

Contact: (810) 813-4073 or gary@energeticarts.org. Men's Bible study

Time/Date: Breakfast at 7 a.m. and study at 8 p.m. Location: Kirby's Coney Island, 21200 Haggerty, Northville

Contact: John Shulenberger at (734) 464-9491 Merriman Road Baptist Church

Details: Adult and English as a Second Language literacy classes are available for those who want to improve reading, writing and English conversational skills. Open to age 18 and over. Trained tutors available for day or evening.

Contact: (734) 421-0472; leave your name and phone number and someone will contact you

Observer & Eccentric | Sunday, January 3, 2010

NEIGHBORS

Time to move: Get up, out and active in the new year

BY SHARON DARGAY **O&E STAFF WRITER**

You've turned the page on 2009.

And you've resolved to make the next 12 months even better than the last ones.

But before you get too comfy, recuperating from celebrations or from savoring the last day of a lazy weekend, it's time to put those resolutions you've plotted into action.

If they include health and happiness in 2010, start finding ways to become active physically, mentally and socially. Here are a few ideas to get you started:

GET CREATIVE

Drop into the Panera on Six Mile in Livonia on a Tuesday night after 6 p.m., and you're likely to find women turning yarn into all manner of knit clothing, decorations or art.

"Our main focus is to encourage each other in our fiber arts addiction, to have lots of fun, inspire our creativity, and make new friends," said Sandy Shou, group organizer.

The Southeast Michigan Knitting Group was founded in October 2006 and is open to fans — both men and women of fiber arts including knitting, crocheting, spinning, weaving, tatting, and embroidery.

It has members of all ages and skill levels. Shou said beginners are welcome to check out a knit group event and "bring their friends."

Membership isn't required but Shou encourages it because it enables individuals to post photos and patterns, keep abreast of meeting times, locations and group field trips, as well as contact other members.

It also helps organizers plan the size meeting location needed.

"In fact, our membership has

doubled in size the past year and we recently moved our meetings to this current, larger location," Shou noted.

The "meetings" are active sessions with fingers flying and needles clicking.

Members often post project photos on the group's Web site, along with details such as pattern name, fiber used and needle size.

Field trips took members to a spring sheep shearing event last year, to yarn shops in Milford and Detroit and fiber festivals around the state. Events included "Knitflix," which sandwiches a movie matinee between two knitting sessions.

·Check out Knit Night at 6 p.m., Tuesday, Jan. 5, 12, 19 and 26 at Panera, 37091 Six Mile or drop in at the Afternoon Knit at 2 p.m., Jan. 7 and 21 at Panera located at 20170 Haggerty, Livonia. The group Web site is at http://knitting.meetup. com/1011.

GET CULTURE

Or just have fun by visiting some 30 museums, educational centers, gardens and historic venues through the Museum Adventure Pass program, now in its third year.

"They are popular. I was just commenting yesterday that there are a few slots empty," said Mike Gazzarari, referring to the Adventure Pass display area at Redford Township District Library.

Gazzarari, head circulation supervisor, said four new locations have joined the list of venues that offer free admission to library patrons who borrow the time-limited passes, checking them out with a valid library card.

New for this year are Shalom Street Museum at the Jewish Community Center in West Bloomfield; the Paint Creek Center for the Arts in



Rochester: Trov Museum and Historical Village; and the University of Michigan's Matthaei Botanical Gardens.

The Edsel & Eleanor Ford House, Cranbrook Institute of Science, Pewabic Pottery and the Automotive Hall of Fame are among the myriad venues.

"The Detroit Institute of Arts was the biggest museum draw, but it no longer participates. People have said they miss it," Ĝazzarari said. "The Ford Rouge Factory tour is pretty popular, and the Charles H. Wright Museum of African

American History is popular." Gazzarari said 56 libraries are involved in the program, which is presented by corporate and foundation sponsors, and that Detroit's 24 library branches also distribute the passes.

Visit www.detroitadventurepass.org and then stop by your local library to obtain a pass.

INVOLVE YOUR DOG

If you've never considered the Plymouth Ice Sculpture Festival as an ideal dog destination, you might want to take another look this year.

"We have 15 people coming so far. It's a big event," said Michael Burkey, Westlandbased dog trainer and founder of an activity group for owners and canines.

They'll also bring their dogs to the event, which runs Jan. 22-24 in downtown Plymouth.

Burkey's group of humans and their canine companions will meet at 11 a.m., Jan. 23 near the Starbucks on Ann Arbor Trail, just outside Kellogg Park where all the icv action takes place.

The former police officer

(canine division) teaches group dog obedience classes for the Humane Society of Huron Valley and trains its volunteers. He also has offered both group and one-on-one instruction through his business, MichiganDogTrainer.com, for the past 10 years.

Burkey uses the same name for his dog activity group, which he started on Meetup.com in November 2009. It has 59 members.

"Sometimes we meet at a dog park for off-leash play. We went to Canton's recreation trails and to Mayberry State Park. We'll be at the Plymouth Ice Sculpture Festival. Any dog that's friendly is welcome to join the group."

And owners should be friendly, too.

The group outings are designed for both humans and animals to socialize and have fun together.

"Some people may not be into dock diving or agility, yet they want to have fun with their dogs. It's great socialization for the dogs - they get to go out and see different places, different people and dogs - and it's good for the people. This gives them an opportunity to link up with like-minded folks. They'd love to have more places to take their dogs."

Check out his activity group at www.meetup.com/ Michigan-Dog-Trainer.com. His training Web site is at MichiganDogTrainer.com.

VOLUNTEER

There are so many volunteer possibilities - from one-time projects to on-going crisis intervention --- at First Step, Wayne County's domestic violence and assault agency, that Associate Director Judith Barr can't name them all.

Please see ACTIVE, B6

ONLY \$60 PER CREDIT HOUR. SEE? YOU'RE SMARTER ALREADY.

If you think you're too smart for community college, here's something else to think about: even if you're planning to go on for a four-year degree, you can do your first two years at OCC for 1/4 of the cost of a state university - just \$60.10 per credit hour for Oakland County residents. And there's a full range of financial aid opportunities available, including scholarships, grants, loans and work study programs.

With campuses in Auburn Hills, Farmington Hills, Royal Oak, Southfield and Waterford, there's sure to be an OCC campus near you. We also offer many of our classes at night, for students who work during the day.

Enroll now for Winter classes. Touch*Tone and Web registration now through January 8. Final walk-in registration at all campuses is January 6, 7 and 8. Classes begin Monday, January 11.

Flaunt your superior intelligence. Call 248.341.2350.

www.oaklandcc.edu



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- Highly qualified, friendly, professional teachers with training in a broad range of

disciplines.

Runs

- Combo classes for dancers ages 3-6
- combine ballet, tap, jazz and acro.
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541 S. Mill Corner of Ann Arbor Trail/Mill (Lilley) Plymouth, MI 48170 734.207.8970 www.MetroDanceCompany.com

NEIGHBORS

Check us out on the Web every day at hometownlife.com

Healthy Legs, Healthy You!

"I thought it was normal for my legs to ache at the end of the day."

You may have a medical condition covered by insurance known as Venous Insufficiency if you experience any of these leg symptoms:

-Pain/aching/throbbing -Heaviness or fatigue -Swelling of feet/ankles -Restless legs -Night cramps -Itchy veins -Varicose veins -Non-healing ulcers

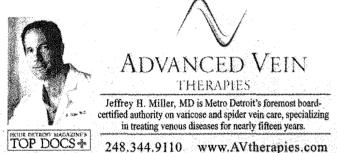


Studies have demonstrated that there is a significant deterioration in the quality of life for persons with chronic venous insufficiency and this can be severe. Don't wait to get treated.

You're never too old or young to jumpstart your health and fitness program with healthy legs! Have your legs treated in under an hour with no-downtime, no scarring and NO STRIPPING using the latest technology.

New, safe & effective treatment for Rosacea & Facial veins with Veinwave™ Advanced Vein Therapies is the only location in Michigan with this technology

Please visit our website and see how we have helped others at www.AVtherapies.com or call now for consultation.



46325 W. 12 Mile Road Suite 335 Novi West of Novi Road Near 1-96

NOTICE OF PUBLIC HEARING CHARTER TOWNSHIP OF PLYMOUTH PLANNING COMMISSION

PROPOSED TEXT AMENDMENT 006

ACTION:

AMEND THE TEXT OF PLY OUTH CHARTER TOWNSHIP ZONING ORDINANCE NO. 99 B. AMENDING ARTICLE XX, SCHEDULE OF REGULATIONS, SECTION 20.2, FOOTNOTE 20(bb).

DATE OF HEARING: Wednesday, January 20, 2010

TIME OF HEARING: 7:00 P.M.



Members of the Southeast Michigan Knitting Group work on individual fiber projects.

ACTIVE ROM PAGE B5

"We have 300 volunteers and 50 employees. We wouldn't be able to do what we do without volunteers. Volunteers have unlimited and customized opportunities here," she said. "We use volunteers in every capacity you can imagine — mentoring, clerical, tutoring children, accompanying people to court."

The organization offers a 40hour comprehensive training program for those interested in crisis intervention with victims of domestic violence and sexual assault victims. Volunteers working in other capacities, such repair projects or on cleanup duties may not require any training. All potential volunteers are encouraged to sign up for First Step's next orientation program, 6-8 p.m.. Jan. 4. It will run again 10 a.m.-noon Jan. 26. Both will be held in First Step's Wavne Family Center, 4400 Venoy, Wayne. First Step's main office is located at 44567 Pinetree Drive in Plymouth. It also has a site in Redford at St. Robert Bellarmine, 27150 Westfield. Call Sally Coder at (734) 722-1772 for more information.

LEARN SOMETHING NEW

You'll educate yourself as you inform the public while working as a volunteer docent at the Holocaust Memorial Center

NO SAD DOGSI

When you leave home, your pet doesn't have to

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Zekelman Family Campus in Farmington Hills. The center starts orientation and training sessions 10 a.m.-

noon, Sunday, Jan. 10, at 28123 Orchard Lake Road. Docents work flexible sched-

ules, committing as much time as they wish.

"We need an infinite number because not all docents work all the time. Most of our docents come in twice a month," said Selma Silverman, who works with docent training. The center especially needs more docents now, because many of its volunteers spend winter months out of the state.

"They educate the public regarding personal responsibility and the way we see each other and accept each other. People need to look at each other more respectfully," Silverman said, describing docent responsibilities. "It's a great time for people to accept a new role in society and enjoy it."

Silverman said docents receive a script to help them explain center's exhibits, but added "there is some education and study involved."

Preserving the memory of Jews who died in the Holocaust and helping future generations understand and direct their lives to maintain an open, free society, are among the Center's many objectives.

To sign up for training, call (248) 553-2400, Ext. 12.

It's time for pasties at Livonia church

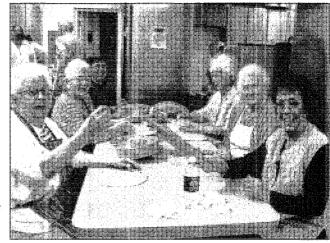
If you missed a chance to taste Newburg United Methodist Church's handmade pasties last year, you'll get another opportunity to buy them this month.

The church is taking orders for Cornish pasties Jan. 4-5, with pick-up scheduled Jan. 14-15 at the church, 36500 Ann Arbor Trail, Livonia. Phone orders from 9 a.m.-noon to (734) 422-0149. No fax orders or voice mail messages will be accepted.

A pasty-making crew turns about 200 pounds of rutabagas, 200 pounds of potatoes and 100 pounds of onions, and 240 pounds of hamburger into a hearty filling and encase it in a shortening-style dough.

Each pasty costs \$4 and weighs about a pound. The fundraiser will benefit a scholarship program and other activities and missions at the church.

Pick up times are noon to 6 p.m. Jan. 14 and noon to 5 p.m. Jan. 15.



Members of Newburg United Methodist Church in Livonia prepare dough for homemade pasties.

CHECK RIVER'S HEALTH BY HUNTING FOR BUGS

You don't need experience to join the Friends of the Rouge Winter Stonefly Search, 9 a.m. to 3 p.m., Jan. 23, but warm clothing is a must. Registration deadline is Jan. 8.

Families, individuals and children accompanied by a parent, can sign up for the hunt which helps collect data about the river's health — by calling (313) 792-9621. The group will meet at the University of Michigan Environmental Interpretive Center on the Dearborn campus, 4901 Evergreen.

Team leaders will don waders and walk into the water at various points along the Rouge, scooping up river bed that volunteers on shore will examine for stonefly larvae. The pollution-sensitive bugs live in Last January, 81 volunteers gathered at various collection sites in Northville, Plymouth, Canton, Farmington Hills and in other communities along the Rouge to hunt for stoneflies in spite of 14-degree temperatures. Teams had to hack through the river's frozen crust at some points. They found stoneflies at 13 of 23 collection sites.

Volunteers have never found stoneflies in the main Rouge branch that runs through Southfield and Birmingham, but have found them in the upper branch in Farmington and Farmington Hills.

The organization shares its collection results with the Department of Environmental Quality and communities along the Rouge. Friends of the Rouge also conducts a spring and a fall search of the river bed for macro-invertebrates. – By Sharon Dargay

PLACE OF HEARING: Plymouth Township Hall, 9955 North Haggerty Road

NOTICE IS HEREBY GIVEN that the Planning Commission of Plymouth Charter Township on its own motion proposes to amend Ordinance No. 99 Article XX, Section 20.2, footnote 20(bb); as follows:

SEC 20.2, Footnote 20(bb) SCHEDULE OF REGULATIONS

- (bb) The rear yard in a R-l-E, R-l-H, R-l-S and R-1 Single Family Residential District may be reduced after approval of the Zoning Board of Appeals upon the Zoning Board of Appeals finding that the following specific requirements have been met.
- 1) The single family structure may not extend more than ten (10) feet into the required fifty (50) foot rear yard.
- 2) The rear yard of the residence must back to the rear yard of the adjoining residence and not to a side yard.
- 3.) The width of the single family structure extending into the required fifty (50) foot rear yard shall not exceed forty (40) <u>one hundred (100)</u> percent of the width of the portion of the single family structure which must comply with the fifty (50) foot setback.
- 4) The proposed penetration into the rear yard setback is the only practical location for the proposed addition.
- 5) The completed structure will be consistent and compatible with the other houses in the immediate area in overall size, construction, quality, finish and aesthetic appearance.
- 6) The proposed extension into the rear yard shall not have a substantial negative impact on the open and expected vistas for adjoining properties.
- 7) The rear yard setback otherwise required is not less than fifty (50) feet, on account of a consent judgment or other special exceptions.
- 8) The proposed structure shall comply with all other requirements of this Ordinance.

9) The proposed addition shall be restricted to one story only and shall not exceed the height of the single family structure.

NOTICE IS FURTHER GIVEN that the proposed amendments may be examined at the Plymouth Township Division of Public Services, Community Development Department, during regular business hours from 8:00 AM to 4:30 PM. Written comments will be received prior to the meeting and may be mailed to 9955 N. Haggerty Rd., Plymouth, MI 48170 or call 734-354-3270, ext. 6. The meeting will be held in the Meeting Room at Township Hall which is located at 9955 N. Haggerty Rd., Plymouth Township, MI 48170. At the public hearing, the Planning Commission may recommend approval of the text changes as proposed, or as amended.

PLEASE TAKE NOTE: The Charter Township of Plymouth will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at all Township meetings to individuals with disabilities at the meetings/hearings upon one week notice to the Charter Township of Plymouth by writing or calling the Supervisor's Office, 9955 N. Haggerty Rd., Plymouth, MI 48170. Phone 734-354-3201. TDD users: 800-849-3777 (Michigan Relay Service).

KENDRA BARBERENA, SECRETARY PLANNING COMMISSION

OF08684849 2X12

Publish: January 3, 2010





A fine line exists between aging and activity. With aging, that is reaching age 70 and older, the ability of the body to maintain strength and stamina diminishes. This aspect of aging is inevitable.

On the other hand, the need for activity and exercise becomes important to the point of being imperative. Activity refers to moving out of the house and into the surrounding world for shopping, society and stimulation. This movement keeps the individual alert and in tune with the people around and surroundings of the individual's world.

Exercise refers to the sustained effort the body needs if it is to maintain muscle tone and the ability to maintain equilibrium and balance. The capability to react to prevent a fall from a slight slip or unexpected twist is paramount to well being as the consequences of a fall can be catastrophic to the point of causing death.

Exercise needs to include walking or its equivalent for at least a half hour or to the point of working up a sweat. Cleaning the home, tending the garden, or doing a hobby at a work bench does not qualify as exercise. Exercise is a workout; there will be times when you want to forgo its demands. While it is reasonable to cut down on the workout, do not omit it.

One needs to undertake exercise daily meaning seven days a week. An elderly individual should consider exercise the most important medicine, the key therapy in keeping fit and focused.

www.drjjweiss.yourmd.com

WAYNE HOUSING COMMISSION 4001 South Wayne Rd. Wayne, Michigan 48043 Phone: (734) 721-8602

NOTICE OF PROPOSED NEW PARKING GARAGE AND PAVEMENT WORK

THE WAYNE HOUSING COMMISSION IS SOLICITING SEALED BIDS FOR THE CONSTRUCTION OF A NEW THREE VEHICLE GARAGE AND ASPHALT PAVING IN THE CITY OF WAYNE, MICHIGAN. DETAILED INFORMATION MAY BE OBTAINED FROM THE COMMISSION'S ENGINEER/ ARCHITECTS: SCALES AND ASSOCIATES, INC. AT THE FOLLOWING FTP WEB SITE:

To obtain an electronic copy of the construction documents send an email containing the words Wayne Housing Commission Garage to: <u>cscales@scalesassoc.com</u>, with a copy to mjohnson@scalesassoc.com. An email containing a link to download the plans will be immediately returned.

Engineers/Architects Address: Scales and Associates, Inc. Suite 1100 Grand Park Centre 28 West Adams Street, Detroit, MI 48226-1617 Phone: 313.962.8830 Fax: 313.962.3776

Publish: December 31, 2009 & January 3, 7 & 10, 2010

healthy creeks and rivers, and hatch into adult insects in the winter. The more bugs there are, the better the water quality.

NOTICE OF PUBLIC HEARING CHARTER TOWNSHIP OF PLYMOUTH PLANNING COMMISSION

PROPOSED TEXT AMENDMENT 007

ACTION:

AMEND THE TEXT OF PLYMOUTH CHARTER TOWNSHIP ZONING ORDINANCE NO. 99 BY ADDING THE FOLLOWING NEW SECTIONS: SEC 5.2A, SEC 10.2A, SEC 11.2A, SEC 12.2A, SEC 13.2A, SEC 14.3A, SEC 16.2A, SEC 17.2A, SEC 18.2A AND SEC 19.3 PARAGRAPH 8

DATE OF HEARING: January 20, 2010

TIME OF HEARING: 7:00 P.M.

PLACE OF HEARING: Plymouth Township Hall, 9955 North Haggerty Road

NOTICE IS HEREBY GIVEN that the Planning Commission of Plymouth Charter Township proposes, on its own motion, to amend Ordinance No. 99 as follows:

Add the following new sections SEC 5.2A, SEC 10.2A, SEC 11.2A, SEC 12.2A, SEC 13.2A, SEC 14.3A, SEC 16.2A, SEC 17.2A, AND SEC 18.2A.

USES SPECIFICALLY PROHIBITED

No building or land shall be used and no building shall be erected for any use which would be in violation of any State or Federal Law.

Add the following new section SEC 19.3 PARAGRAPH 8

No building or land shall be used and no building shall be erected for any use which would be in violation of any State or Federal Law.

NOTICE IS FURTHER GIVEN that the proposed amendments may be examined at the Plymouth Township Division of Public Services, Community Development Department, during regular business hours from 8:00 AM to 4:30 PM. Written comments will be

received prior to the meeting and may be mailed to 9955 N. Haggerty Rd., Plymouth, MI 48170 or call 734-354-3270, ext. 6. The meeting

will be held in the Meeting Room at Township Hall which is located at 9955 N. Haggerty Rd., Plymouth Township, MI 48170. At the

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disabilities at the meetings/hearings upon one week notice to the Charter Township of Plymouth by writing or calling the Supervisor's

Office, 9955 N. Haggerty Rd., Plymouth, MI 48170. Phone 734-354-3201. TDD users: 800-849-3777 (Michigan Relay Service).

> KENDRA BARBERENA, SECRETARY PLANNING COMMISSION

Publish: January 03, 2010

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in an electronic copy of the constru

Observer & Eccentric | Sunday, January 3, 2010



Dr. Gary Feucht, DDS

decade.

and travels.

From all of the staff at the dental practice of Dr. Gary Feucht: We Wish You the Very Best in 2010



Registered Dental Hygenist

22 years with Dr. Feucht



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that your year was one that allowed you time to enjoy the wonderful seasonal changes

in Michigan. And my hope that you are looking forward to the New Year and the new

As I return from visiting family and friends over the holiday season and was

able to do a little fishing at the same time - I am reminded of some of the great conversations I've had with my patients - learning about their families, neighbors

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Cancer center pros offer financial tips

With the New Year underway, Michigan continues to struggle with a brutal economy, leading to a rise in the number of patients who are unemployed and overwhelmed by medical bills. Experts at the University of Michigan **Comprehensive Cancer Center** offer these tips for coping:

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• If you need a safety net, use it

The sole purpose of public assistance is to help Americans in crisis. If you need help paying your medical bills, you may qualify for assistance, including Medicaid. For some, it can be difficult to admit they need financial help.

"What greater justification does someone need to have besides acquiring a health care crisis like cancer?" said U-M social worker Chris Henrickson. "It's not your fault. It doesn't represent a failure on your part. You pay

for these programs with your taxes, so that they're available when you need them."

• Don't wait to ask for help Resources may be available to help you pay your medical bills, but taking advantage of them can be tricky. Most cancer programs or hospitals have financial counselors or social workers who can help you navigate the daunting bureaucracy of public assistance, but it's key that you start the process early. Deadlines are non-negotiable. Also, many other forms of assistance require that you apply for Medicaid first.

 Appoint a financial guru Coping with cancer and its treatment is tough, so if

you aren't up to handling the financial aspects of your care, seek out a trusted family member or friend to help you. You will need to provide permission to allow this person to act on your behalf.

Get organized

Study open for women with hot flashes

Women who are experiencing bothersome hot flashes and who are looking for a non-estrogen based treatment may be eligible to participate in a research study at St. Mary Mercy Hospital's Our Lady of Hope Cancer Center.

St. Mary Mercy participates in National Cancer Institute sponsored clinical trials through an affiliation with the Michigan Cancer Research Consortium, which is offering this study. North Central **Cancer Treatment Group is** sponsoring the study out of the Mayo Clinic in Rochester, Minn.

The study will help determine if flaxseed, a dietary supplement, is helpful in lessening or stopping hot flashes in women. Previous studies have shown this alternative to be effective in treating hot flashes

"Hot flashes are experienced by many women, those with a history of cancer and those

concerned about the increased risk for breast cancer. Many of these women do not wish to take estrogen therapy due to concerns about breast cancer," said Philip Stella, M.D., medical director, Saint Joseph Mercy Cancer Care Center. "We hope the research will help us find a better alternative in reducing and eliminating hot flashes."

St. Mary Mercy Hospital is a member of Saint Joseph Mercy Health System. St. Joseph Mercy Hospital Ann Arbor, also a member, is the leading research institution of the Michigan Cancer Research **Consortium Community Clinical Oncology Program** and participates in more than 100 cancer treatment and prevention trials.

For more information about the study or other cancer treatment and prevention trials, call Our Lady of Hope Care Center at (734) 655-2792.

Keep records of your medical bills and all correspondence with insurance companies. If you speak with someone by phone, write down the name of the representative you talk to and take notes.

· Read your mail It can be easy to let mail pile up if you're not able to pay bills or you're too tired to deal with them. But if Medicaid requests further documentation and you miss the deadline for responding, your case may be closed and you may wind up owing more.

• Go in person

If your Medicaid caseworker isn't responding to you, go in person or send someone on your behalf. Some caseworkers are better at responding by email; ask if that's an option.

If you don't understand a bill or letter from your insurance company, bring it with you to your next doctor's appointment. Visit the hospital's

financial counselor or social worker and ask for help figuring out your next step. • Be nice

Never lose your cool with caseworkers or insurance representatives.

"No matter how frustrated and angry you get, be nice, be patient and be understanding, said Dawnielle Morano, a U-M Cancer Center social worker. "Remember, caseworkers are overwhelmed, too. But they can be key members of your health care team if you work to develop healthy relationships with them."

• Set up a no-interest payment plan

If you can't pay your medical bills in full, the hospital's financial counselor may be able to set up a payment plan. If you are disputing a bill with an insurance company, do the same thing. When the insurance company pays, you will be refunded what you've paid

and in the meantime, you will avoid having your bill forwarded to a collection agency.

"People always say, 'If I pay, I'll never get my money back," said Linda Zywicki, financial

counselor at the U-M Cancer Center. "That's not true. My job is to help you to get it back in a timely manner. I'm your connection."

Thumb arthritis pain can worsen in winter

With winter in full swing, the cold weather may impact people who have arthritis at the base of the thumb.

"The most common symptoms of basal joint arthritis in the thumb is a deep, aching pain at the base of the thumb. Pain is usually worse with activities such as pinching and grasping, opening jars, turning doorknobs or keys, and writing." said Germaine Fritz, a Botsford Hospital hand and microvascular surgeon.

Arthritis at the base of the thumb is a common problem usually starting around age 40, is more common in women, and can be affected by activity. The cause of this arthritis is not always known, but it may be related to past injuries to the joint such as severe sprain or fracture.

"As the arthritis disease progresses, the patient may experience pain at rest and at night. This results in loss

of pinch and grip strength, and in severe cases destruction and deformity in the joint occurs and swelling and a prominence or a bump develops at the base of the thumb."

Thumb motion can become limited and the space between the thumb and index finger may become narrow making pinching activities more difficult.

"Diagnosis is made through physical exam, history and Xrays confirming the diagnosis

and demonstrating the severity of the destruction of the joint," Fritz said. Nonsurgical treatment options are available including ice, pain medication, anti-inflammatory medication, topical antiinflammatory gel, splinting and Corticosteroid injections.

For more information about basal joint arthritis and treatment options available at Botsford, call (877) 477-DOC1.

Free program focuses on teens, substance abuse

"Teens Using Drugs: What To Know and What To Do," a free, ongoing, two-part workshop series, will be presented by Ronald Harrison, SW, Jan. 5 and 12 in the St. Joseph Mercy Hospital Education Center, 5305 Elliott Drive, Ypsilanti.

The workshop series is designed to provide helpful, hopeful, practical information for families and others who want to learn how to help when a young person may be experiencing problems related to alcohol or other drug use.

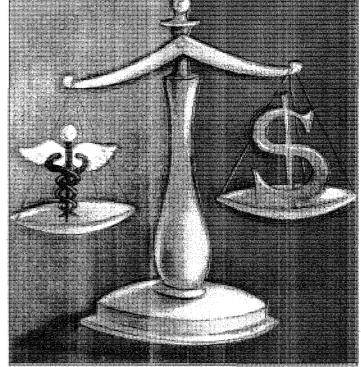
The first part of the series, "What To Know," will run from 7:30-9 p.m., Jan. 5. It will provide information on understanding and recognizing teen substance abuse problems. Part one is repeated every first Tuesday of each month, from October through June each year.

Part two, "What To Do," will run from 7:30-9 p.m., Jan. 12. It will provide information on what should and should not be done when a teen substance abuse problem is suspected or identified, and will include a recovering teen speaker. Part Two is repeated every second Tuesday of each month, from October through June each year.

The sessions will include free literature about teens and alcohol/drugs.

The "Teens Using Drugs: What To Know and What To Do" program is cosponsored by Dawn Farm, the Livingston/ Washtenaw Safe and Drug Free Schools and Communities Act Consortium, and Saint Joseph Mercy Health System.

For more information, call (734) 973-7892.





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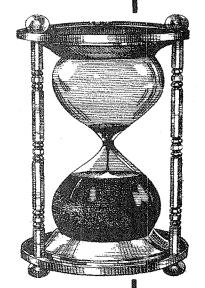
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Likewise, we are doing everything we can to stay ahead. If you know anyone that is considering buying a new vehicle in the next few months, please ask them to see us now. We are committed to doing whatever it takes to finish #1 and that means the best deal possible for them.

We believe this is a once in a lifetime opportunity. It would truly be a proud moment for all of us at Bill Brown Ford as well as for our friends and customers to be able to say that

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