

# WESTLAND OBSERVER

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## AROUND TOWN

### Holiday hours

The Fourth of July holiday will affect office hours at many of the city's municipal buildings.

City offices and the 18th District Court will be closed on Friday, July 3. The William P. Faust Public Library will close at 5 p.m. on July 3 and will be closed Saturday, July 4. The Bailey Recreation Center will be closed both July 3 and 4, however, the outdoor pool will remain open.

Also closed will be the Westland Historical Museum on Wayne Road and the recycling center on Marquette.

### Memories

Tell us in 50 words or fewer about the best Fourth of July you ever had. What made it special? Family, friends, what you did or where you went? Include a photo if you have one. We'll enter all those who respond in a random drawing for Imagine Movie Theatre tickets and a free Buddy's Pizza.

E-mail your entry by Tuesday, June 30, to your name, email and edition here.

Remember to include your name, address and a daytime phone number in case we have questions.

### What's cookin'

Food always seems to taste better outside. Maybe that's why Fourth of July celebrations are remembered for their great dishes shared with good friends and family.

What is your favorite take-along dish for picnics, barbecues, family parties, etc.? E-mail your recipe by Tuesday, June 30, to Livonia Observer features editor Sharon Dargay so we can share it with other readers.

Include your name, address and a daytime phone number in case we have questions.

### Special guest

Author Steve Luxenberg will be at the William P. Faust Public Library Monday, July 6, to discuss his recently published book, *Annie's Ghosts*, the story of an



untold story of a woman who spent most of her life at Eloise. Part memoir, part detective story, part history, the book details Luxenberg's search for the truth. Throughout her life, Luxenberg's mother, Beth, reveled in her status as an only child. Then, a few years before her death in 1999 — and out of the blue — she admitted to having a mentally and physically disabled younger sister named Annie, who died in 1972. Her failing health precluded Luxenberg and his siblings from learning any more, so after her passing, Luxenberg, a senior editor at *The Washington Post*, set out in search of answers.

Copies of the book will be available for purchase and signing. For questions, or to reserve a seat, call the library at (734) 326-6123. For more information about Steve Luxenberg, visit his Web site at [www.steve-luxenberg.com](http://www.steve-luxenberg.com).

## Grant targets underaged alcohol sales

BY LEANNE ROGERS  
OBSERVER STAFF WRITER

This summer, area police departments will again be taking extra steps to keep underage partygoers from buying or consuming alcohol. Youth Alcohol Enforcement Teams from the Westland, Garden

City and Wayne police departments will be working over the summer, thanks to a federal Office of Highway Safety Planning grant administered by Wayne County. A big part of the effort are compliance checks at local liquor stores. "We've tried to work with the cities to coordinate the nights

when the teams would work," said Westland police Sgt. Ron Kroll, who obtained the grant and coordinates it for all three communities. "In July, we've got at least one city with someone working Friday and Saturday."

This is the third year Westland has had a summer Youth Alcohol

Enforcement Team and the second year for Garden City and Wayne.

"The best thing we've done is the compliance checks. I'm not afraid to let them (store owners) know about it," said Kroll.

Officers send an 18-year-old

Please see **GRANT, A2**



Administrative Assistant Sandra Kollinger (left) and Capt. Derek Rose of the Salvation Army Wayne-Westland Corps and Westland police Chief James Ridener move some of the more than 100 abandoned bicycles that the department donated to the Salvation Army.

## Wheel fest: Salvation Army gets unclaimed bikes

BY LEANNE ROGERS  
OBSERVER STAFF WRITER

Stolen or lost bicycles that have been sitting unclaimed at the Westland Police Department will soon be put to use by area youngsters.

Last week, representatives of the Salvation Army Wayne-Westland Corps picked up more than 100 bicycles that have been unclaimed at the police department for more than six months. A change in state law allowed the bicycles to be donated to a federally registered

charity. "The Salvation Army could take the volume of bicycles, the smaller charities were not able to handle so many bikes," said police Chief James Ridener. "A lot of times bikes aren't registered with a bicycle license, and we have no way to

track down the owner." Some of the bicycles are stolen and ridden by the thief, who then abandons it when the bike is no longer needed, said Deputy Police Chief Al Ramsden.

Please see **BIKES, A2**

## Tradition: Parade kicks off summer festival

BY LEANNE ROGERS  
OBSERVER STAFF WRITER

There will be rides, food, games, entertainment and fireworks as the 39th annual Westland Summer Festival kicks off with a parade just

after 6 p.m. Wednesday. The parade begins at Westland Bowl on Wayne Road just north of Ford, then heads down to Ford and west to end at City Hall. Wade Shows carnival rides, midway and food booths set up near the municip-

pal complex will actually be open at 5 p.m. prior to the parade. The festival is open at 3 p.m. to midnight Thursday and noon Friday, Saturday and Sunday, and culminates with the fireworks at about 10 p.m. Sunday, July 5.

"Livonia Spree started just before us but we've got to be one of the longest running community festivals," said Ken Mehl, Westland Festival Committee chairman who

Please see **FESTIVAL, A3**

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## New era: City's curbside recycling starts

BY LEANNE ROGERS  
OBSERVER STAFF WRITER

The carts have been delivered and bi-weekly curbside recycling kicks off Monday in Westland.

"We've crossed all of our 'T's and dotted our 'I's. We've had all the players at the table and held weekly updates, either in person or by conference call," Department of Public Services Director Kevin Buford said. "Every new program has some problems starting off, but we've done all we can to make them minimal."

The city has been divided into two areas for the curbside recycling, which will be picked up every other week on the regular trash day. Due to a change in the program starting date after the alternating week schedule had been developed, the program will start in Section B — that's basi-

cally the area between Glenwood and Palmer, Wayne Road and Merriman.

On top of the 96-gallon wheeled carts is a list of what is accepted for recycling. The carts should be placed at the curb with the wheels facing away from the street. Four feet should be allowed between the carts and other objects such as trees, vehicles and mail boxes.

The recycling carts, which will be picked up by a truck equipped with a mechanical arm to lift and empty the carts, have an identification tag on the front which matches the household address and account number.

Republic Services trucks, retrofitted with special technology, will track recycling activity. Once the pickup route is complete, the total weight of the amount of material the community recycled will be divided among participat-

ing households and converted into RecycleBank Points. Similar to frequent flier programs, the more a community recycles, the more RecycleBank Points each household will earn.

"So far, about 50 percent of the residences with carts have signed up with the RecycleBank," Buford said. "About 5 percent of the households have wanted to opt out of recycling. That's not bad — we expected 10 percent."

Residents will have received an activation code in the mail and need to sign up for their RecycleBank account at [www.recyclebank.com](http://www.recyclebank.com) or by calling (888) 727-2978.

Members can watch their RecycleBank Points grow with each pickup, as well as learn about their personal environmental impact through recycling.

Please see **RECYCLING, A3**

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# Fish Dial-A-Ride joins President's call for volunteers

A western Wayne County volunteer program is joining President Barack Obama's national effort to engage more Americans in serving their communities this summer. Fish Dial-A-Ride of Western Wayne County is recruiting volunteer drivers as part of the summer service initiative. "In these tough economic times, we need volunteers more than ever," said Executive Director Gary Simon. "Fish Dial-A-Ride is facing increas-

ing demands for services, and volunteers can help us fill this growing need. We are pleased to participate in United We Serve and thank the President for making this call to service this summer and beyond." United We Serve kicked off on June 22 and runs through Sept. 11, which will be marked for the first time as a national day of service and remembrance. The initiative focuses on four key areas - education, health, energy and the envi-

ronment - and community renewal. It is being led by the Corporation for National and Community Service, a federal agency that improves lives and strengthens communities through volunteering and service. "This summer, I'm calling on all of you to make volunteerism and community service part of your daily life and the life of this nation," said President Obama in the video. "Economic recovery is as much about what

you're doing in your communities as what we're doing in Washington - and it's going to take all of us, working together." To make it easy for individuals to get involved, the Corporation created www.Serve.gov, a website that allows visitors to type in their zip code to find local volunteer opportunities, recruit volunteers by posting their organization's projects, or get ideas for creating their own projects with

friends, families, and neighbors. Fish Dial-A-Ride of Western Wayne County is listed as a participant on Serve.gov. "Everyone has something to give, and summer is a great time to get involved," said Simon. "By serving this summer, we hope more local residents will make an ongoing commitment to volunteering throughout the year." Fish Dial-A-Ride of Western Wayne County is a nonprofit community service group that

provides door-to-door rides to non-emergency medical and other necessary appointments for senior and disadvantaged residents of Garden City, Livonia, and Westland who are unable to drive and have no alternative transportation. Their service is intended to be the "provider of last resort." Persons interested in becoming a volunteer driver for Fish Dial-A-Ride of Western Wayne County can call (888) 660-2007 and leave a message.

## City cleans up after storms

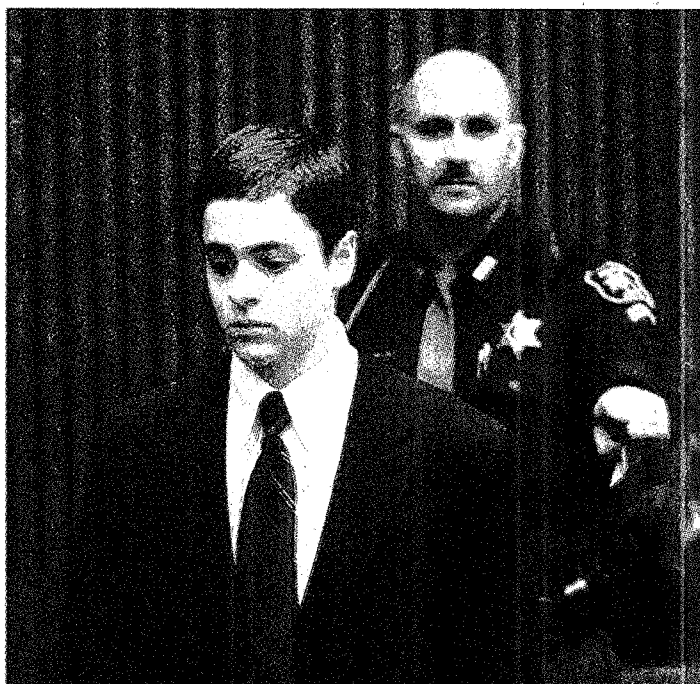
Strong winds and thunderstorms Thursday left the central section of Westland with large numbers of trees, branches and electrical wires down. Some residents were left without power after the storm which hit hard in an area from Joy to Palmer, Venoy to Hix. "The storm kind moved north as it traveled east, so the north end of the didn't get as much damage," said Department of Public Services Director Kevin Buford. On Thursday, Buford and Mayor William Wild drove around to assess the extent of the damage.

"The mayor gave me direction to have ten guys on it Thursday and again Friday plus overtime," said Buford, who was working with DTE officials regarding power restoration. It helps when residents can bring broken tree branches to the street for cleanup but Buford said that isn't possible for some homeowners. "Most of the trees were down on private property. We like them to get the branches to the curb," said Buford. "But no person 80 years old can get those big limbs out. And some people can't afford to hire a contractor. We won't turn our backs on anyone."

# Doctor: Orlewicz 'operated in fear'

BY BRAD KADRICH  
OBSERVER STAFF WRITER

Defense attorney Elizabeth Jacobs contends the testimony of Birmingham psychiatrist Gerald Shiener would have been enough for a Wayne County jury to find her client, Plymouth Township teenager Jean Pierre Orlewicz, not guilty in his first-degree murder trial last year. Assistant Wayne County Prosecutor Jeffrey Caminsky obviously doubts it, painting Shiener's testimony as nothing more than a regurgitation of the things Orlewicz told him during a series of interviews following Orlewicz's arrest November 2007. The two lawyers waded through more than four hours of Shiener's testimony June 19 in a hearing on Jacobs' request for a new trial.



BILL BRESLER | STAFF PHOTOGRAPHER

A psychiatrist has testified convicted killer J.P. Orlewicz was "operating under a reasonable fear of death or great bodily harm" when he killed Daniel Sorensen in November 2007.

Shiener's report, which he said was based on an examination of police reports and interviews with Orlewicz, concluded the teen was "operating under a reasonable fear of death or great bodily harm" when he lured Sorensen to his grandfather's garage in Canton, stabbed him multiple times, then beheaded him and dumped his body in a Northville field and set it on fire. The fear, the doctor testified, grew from Orlewicz's belief Sorensen was involved with organized crime. The doctor said Orlewicz also told him Sorensen threatened his girlfriend and family. Caminsky doesn't believe the doctor's testimony would have changed anything. "The defense has to show (Shiener's) testimony would have made a difference," Caminsky said. "I don't believe that's true."

Her client, Orlewicz, was convicted last year of killing and beheading 26-year-old Daniel Sorensen of River Rouge. Orlewicz claimed self-defense at trial, but the jury didn't buy it and convicted him on charges of first-degree murder and felony murder. Orlewicz is serving a life sen-

tence without possibility of parole. The judge in the original trial, Annette Berry, refused to allow Shiener's testimony. Jacobs said in court Friday her client would have been acquitted had the doctor been allowed to testify. "If (Shiener) had been allowed to testify, I believe the jury would have come back with a verdict of not guilty due to self-defense," Jacobs said.

The hearing will continue before Judge Bruce Morrow. It was moved from Berry's docket because of strong statements she made about Orlewicz while sentencing him following the original trial.

## BIKES

FROM PAGE A1

"This is just over 100 bikes we collected over two years. The chief is trying to do this annually," said Ramsden. "It's really worth it for a lot of kids." The bicycles, which vary in condition, will be given away at a drawing during the Salvation Army's annual Summer Block Party on Aug. 14. "The police department asked if we could accommodate 100 bikes to give back to the community. Some will need to be cleaned up," said Capt. Derek Rose, Wayne-Westland corps commander. "Some maybe will need to be scrapped." The Summer Block Party, which will be held at the Salvation Army facility at 2300 S. Venoy in Wayne, is a free event with food, bouncers and a free raffle to receive one of the bicycles.

Some bicycles will also be provided to men in the Salvation Army rehabilitation program, some of whom use bicycles for transportation. "They can give the bicycle as gift to their children. They have no money, but they can still give something to their children," said Sandra Kollinger, corps administrative assistant. This was the first time Westland police have provided bicycles to the Salvation Army, Kollinger said, although the Summer Block Party has had prior bicycle auctions. "In the past, we've gone to different retail stores and asked for donations of bikes," she said. "This is huge for the police department to think of us and offer them. This is the time of year we are making plans and arrangements for the block party. For the police to step up and offer this is great."

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## AROUND WESTLAND

### Citizens academy

Applications are now being accepted for individuals who want to learn more about how the fire department in Westland is organized and operates. To participate in the 32-hour program, applicants must be 18 years or older and either live or work in Westland. Sessions are approximately three-four hours in length and will be held on July 31, Aug. 2, 7 and 9. The deadline to submit an application is July 15. For more information, call (734) 467-3182 or visit the city Web site at www.cityofwestland.com.

### In concert

The 2009 Concerts in the Park Series continues Sunday, June 28, with the easy listening music of Pam & Scott. The free concert starts at 6 p.m. at Performance Pavilion behind the William P. Faust Public Library, 6123 Central City Parkway, north of Ford. The concert series is sponsored by the Westland City Council with cooperation of the Westland Parks and Recreation Department. Michigan State University's 4-H Extension in Wayne County is reaching out to youngsters interested in a craft workshop, hosted

at the Wayne County Fair, 1-3 p.m. Tuesday, June 30. The 4-H program is trying to involve kids in the local fair by entering projects they have worked on. The workshop will have three crafts for each child to complete. They also will be given information on 4-H and how to enter those projects into the 2009 Wayne County Fair. A fee of \$2 will cover these crafts and snacks for youngsters age 5 and up who may be interested. There are only 30 spots available so sending the money in ahead of time will ensure reservation. Send payment to Laurie Rivetto, Wayne County 4-H Extension, 5454 Venoy, Wayne, MI 48184. For more information, call Rivetto

at (734) 727-7236. **Golf outing** The John Glenn High School Wrestling Program will hold its 12th Annual Golf Outing Fund-raiser Saturday, Sept. 19, at the Warren Valley Golf Course. The cost is \$85 for golf, cart, lunch at the turn and dinner. Dinner only guests are welcome, cost is \$25. Contact Coach Polk at rocketwrestling@gmail.com or Judy at (734) 634-4595 for more information or to make reservations. More information also is available online at glennwrestling.com. Hole sponsorship and donations are being accepted. All donations are welcome.

throughout the summer." Some stores will sell to the underage decoy despite knowing the extra enforcement is ongoing. "We've caught people a second time. If I told them we were coming, there is a good chance they are too busy (to catch an underage customer)," said Kroll. The teams issued more than 10 citations during the summer of 2008. "We will have four guys working doing compliance checks all night," said Kroll. "Garden City does the compliance checks throughout the year." Westland will have nine dates when the Youth Alcohol Enforcement Team will be working with eight dates scheduled for Garden City and Wayne officers. "We've done about 30 compliance checks this year. I want businesses to know that we're out there," said Kroll. "The less people who violate, the better. It works. It's a positive. If a store gets multiple violations, it definitely makes management aware."

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## GRANT

FROM PAGE A1

decoy who attempts to buy alcohol from the store. Tickets are issued to both the clerks and businesses, if the 18-year-old is successful in buying liquor. A violation notice also is forwarded to the Michigan Liquor Control Commission. "If they don't serve them (the decoy), I go in immediately to thank them," said Kroll. "We want to stop stores from selling to kids. They get liquor from somewhere and we try to

stop that. Sometimes they get someone else to buy for them. At least we can check the establishments." Every store in the three cities that sells alcohol can expect to have a visit from the Youth Alcohol Enforcement Team. "Working in close cooperation with Garden City Schools and neighboring police departments, we have identified several dates - primarily weekends - when we think underage alcohol consumption is likely to take place," said Garden City police Deputy Chief Robert Muery. "It will be

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# Festival offers plenty for children to do



Katie Staniszewski (left) and her sister six-year-old Jessica of Livonia enjoyed the rides at the 2008 Westland Summer Festival. This year's installment opens Wednesday.

Here are activities scheduled for children at the Westland Summer Festival:

- The Wayne Masonic Lodge No. 112 is sponsoring the Michigan Child Identification Program which provides parents and guardians with a complete Child ID kit containing vital information necessary to expedite law enforcement agencies to locate a missing child. It takes just a few minutes to complete everything needed for the AMBER Alert Program.

Digital fingerprints, front and side view photos are taken along with a video recording of the child answering questions. In addition,

tooth impressions are taken, which are given to parents along with a CD containing the video, fingerprints and photographs. No identification information is kept, copies or given to any governmental agency. Look for the Masons at Fire Station No. 1 near Westland City Hall.

- Back by popular demand are the world famous Robinsons Racing Pigs. They will be on the festival grounds daily and the show times will vary.

- The Westland Jaycees will sponsor free games for children under 12 years 2-6 p.m. Saturday and Sunday, July 4-5. Prizes will be given.

- A favorite attraction for both children and adults, the petting farm and pony rides will be located directly across the fire department along Cliff Orr Drive. Entry tickets to the petting farm will be \$2 per person for an unlimited time and you can purchase food for the animals at a reasonable price. Animals include a big family of baby bunnies, sheep, chickens, goats and guinea pigs.

Also look for roosters, a mini potbelly pig, deer, ducks, Mr. Sonic Hedge Hog and a giant bunny. Larger animals, such as the donkey, baby cow, alpaca and a 28-inch mini horse will be on hand. Pony rides will be \$4.

The attractions will be open 5 p.m. to dark on Wednesday, July 1; 4 p.m. until dark on Thursday, July 2; and noon until dark Friday through Sunday, July 3-5.

- A new addition to this year's festival is the Premier Animal Attractions. The all-day exhibit features a close look at rare and exotic animals ranging from a three-pound fox to 600-pound tigers.

Learn interesting facts about each animal and witness their characteristics and behaviors closer than in any zoo. The staff will be on site to answer questions. There also will be an opportunity to hold and bottle feed some of the exotic animals in their photo area.

## FESTIVAL

FROM PAGE A1

has been involved with the event since 1978. "The police have estimated that we get 250,000 people just for the fireworks. It's one of the best shows around, no question. We pride ourselves on the fireworks."

New additions to the festival this year include the 3K A Walk to Remember to benefit

the Alzheimer's Association - Greater Michigan Chapter, on Friday, July 3. Registration begins at 9 a.m. on the festival grounds at the corner of Carlson and Teresa. The walk will begin at 10 a.m. starting from the festival grounds, proceeding north on Carlson/Central City Parkway to Warren then returning along the same route back to the festival grounds - approximately 2.6 miles.

All age groups and athletic

abilities are welcomed. Funds raised are used for local programs, services and research efforts in the fight against Alzheimer's.

"We don't get any of the money they raise, it all goes to Alzheimer's," said Mehl.

The nonprofit festival committee pays for the annual festival with sponsorships, a percentage of revenue spent on carnival rides and the biggest revenue generator - the beer tent. The festival isn't spon-

sored or funded by the city.

"The money we raise this year is put back into the festival the next year," said Mehl. "The city doesn't give us any money but Parks and Recreation and the police department help us."

Other nonprofit groups participate in the festival, too. The Westland Jaycees are hosting games for kids and Westland Special Olympics are again holding a fund-raiser - the always popular jail.

"A lot of groups and businesses get involved with the festival. We get as many people involved as we can," said Mehl.

For more on the festival, visit its Web site at [www.westland.org](http://www.westland.org).

[rogers@hometownlife.com](mailto:rogers@hometownlife.com) | (313) 222-5428

## RECYCLING

FROM PAGE A1

RecycleBank Points can be redeemed for rewards, gift cards, groceries and products with national RecycleBank Reward Partners, such as Coca-Cola, Kraft Foods and CVS pharmacy, as well as local participating Westland businesses like the Westland Shopping Center, Heartland Marketplace, Nankin Hardware, Marvaso's Italian Grille and Palace Supermarket. There is also an option to donate RecycleBank Points to local school environmental programs and nonprofit organizations.

"Having long called Westland home, it has been a goal of my administration to leave a

'green legacy' to our children and grandchildren," Mayor William Wild said. "Working with RecycleBank and Republic Services will enable us to meet our recycling goals, while giving something back to the residents who have also made a home out of Westland. During these hard times, getting money off groceries, clothing or even getting free movie tickets is of significant value."

For those who opt out of the recycling program, Buford said they can opt in at a future date.

"The door isn't closed," Buford said.

A second phase of the program will eventually bring curbside recycling to Westland's apartments, condominiums and mobile home parks.

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# EDUCATION

## Crowd pleaser: Fans turn out to see Cavaliers



Emily Narkun Ashley Hunt

BY SUE MASON  
OBSERVER STAFF WRITER

### Two grads receive WPFU scholarships

Two recent Wayne-Westland Schools graduates have received scholarships from the Westland Professional Firefighters Union.

Recipients of the Bobby Foust and Todd Stanaway Memorial Scholarships are Wayne Memorial High School graduate Ashley Hunt and Emily Narkun, a John Glenn High School graduate. Both are Westland residents.

Each will receive \$1,000 from the scholarship named for two fallen members of the Westland Professional Firefighters Union.

Hunt will be attending the University of Michigan-Dearborn to major in biological sciences. Narkun will attend Henry Ford Community College to study nursing.

"We honor the memory of our fallen brothers by awarding these scholarships to these students," said fire Sgt. Andrew Buck, scholarship committee chairman. "Our local is proud to give something back to the citizens that we serve."

**KNOW THE SCORE**  
check out the numbers in today's **SPORTS** section

On the field at Wayne Memorial High School, the Cavaliers Drum and Bugle Corps practiced piece by piece their performance for last Thursday's Thursday evening's the Glassmen All-Star Review at the University of Toledo. In the stands, an appreciative audience took note of the group's precision.

"They're not my favorite, but they're pretty good," said Jason Jakary of Plymouth Township. "First is the Santa Clara Vanguard, the Phantom Regiment comes in second."

Jakary, a sophomore at Salem High School, was at the Wayne-Westland high school with a group of friends Wednesday evening to watch the 150 all-male group practice. A trombonist with his high school band, he could relate to the group's rigorous training schedule. Their practice which started at 9 a.m. went until 10 p.m.

"This would be like a Saturday practice for us," he said. "We do a mini camp in the summer that's eight hours a day for a week, but it's 9 a.m. to 9 p.m. Saturday during the school year."

As for the 90-degree plus weather, "Temperature doesn't matter, you practice anyway."

And practice they did, earning applause from the almost 200 people who filled the stands at the football stadium.

"These kids are great," said Wayne-Westland music teacher Irene Fritz. "They're so committed, their work ethic is amazing, even in this 90-degree heat."

It was the second trip of the day to Wayne Memorial for Fritz, who will add its vocal music program to her assignment this fall. She had



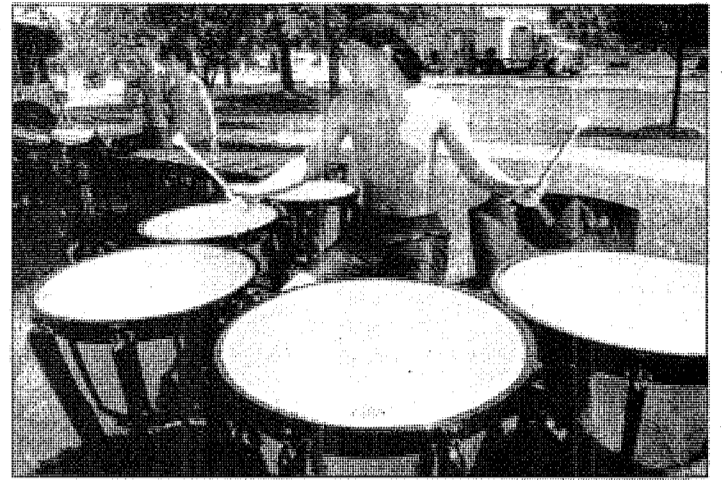
Members of the Cavaliers color guard, Geoff Longu and Blake Dutton practice their routine on the football field at Wayne Memorial High School.

been there in the afternoon to bring brownies for the group "plus I like seeing good stuff."

Nancy Kubin, retired Livonia Franklin High School band director, also marveled at Cavaliers members' commitment. The group

ranges in age from 16 to 21 and each member auditions for a spot on the team. They also pay almost \$2,000 to be involved and begin preparing for the competition season in January-February.

"I love bugle corps," Kubin said. "When I was at



Aron Spevak found some shade under the tree where the percussion unit practiced during the day before moving to the football field for rehearsals with the entire 150-member Cavaliers Drum and Bugle Corps.

Franklin, we had a competition marching band and went to Indianapolis and Cleveland, but nothing like this ... the absolute commitment."

Well-known for his love of fine arts, Wayne-Westland school board Trustee Ed Turner had a front row seat to watch the practice. Like Fritz, he had been at the high school earlier in the day and took time to talk to a few of the Cavaliers.

"This is only the second year and I've been here for it all," said Turner.

With him was Brad Wolf of Wayne who was a member of Wayne High's drum line from 1989 to 1991.

"It was a lot of fun, but it was a lot of work," said Wolf, who had gone to a "totally cool" weekend drum camp with the Cavaliers while in high school. "These guys are on another level, they're on a totally different level than I was. These guys are really professional."

This was the first time Shelby Torok of Plymouth Township has seen a group like the Cavaliers perform. A sophomore at Salem High

and flutist on the high school band, she agreed with Jakary's assessment.

"They're pretty good," said Torok, also a sophomore at Salem High.

While Wayne High band boosters manned the concession stands, some members of the band watched from the stands.

"I think this is great for our kids, for our program and for our community," said Wayne Memorial Principal Valerie Orr. "This is like our football team practicing with a Super Bowl team before they go into play. It's good for our kids to see a disciplined group of athletes, it gives them something to aspire to."

The Cavaliers' visit was coordinated by Wayne Memorial band director Matt Diroff. It's one of two such events happening at the school this summer. The Vanguard will be at the school for a one-day visit on Aug. 3.

It could rate a return visit by Jakary.

"I'll probably be here," he said.

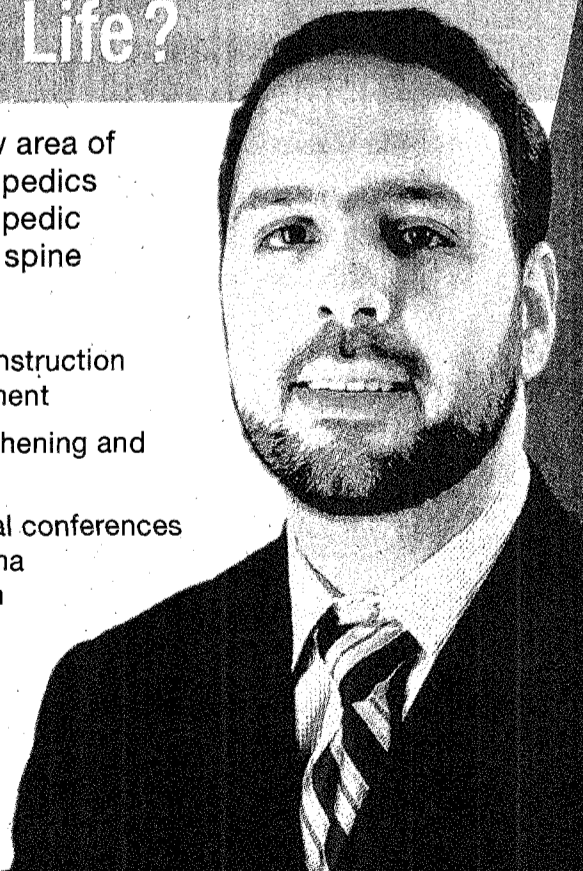
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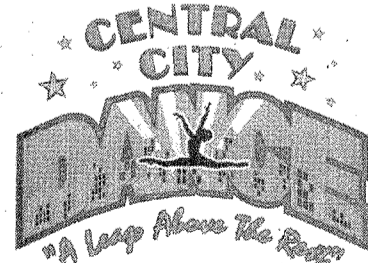
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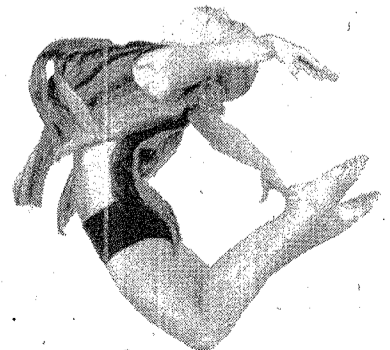
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# Never fall in love with your investments

**Q:** Dear Rick: You used to recommend funds such as the Janus Fund and the American Century Ultra Fund. I know you no longer like these funds. At this time do you have one favorite mutual fund?



**Money Matters**  
Rick Bloom

**A:** I no longer recommend Janus Fund and American Century Ultra Fund for a variety of reasons, most importantly performance. As investors we should never fall in love with our investments and we should never hesitate to sell them when they no longer meet our needs or when they under perform.

I always stress the importance of having well-balanced and diversified portfolios. I always recommend that investors have a variety of investments within their portfolio covering a whole range of asset classes. Therefore, I generally don't have one favorite fund. I have a favorite within each asset class.

Many times I am asked which fund I would invest in if I were only allowed one. Because I believe in diversified portfolios, I generally recommend either a balanced fund such as the Dodge & Cox Balanced Fund or Vanguard Wellington, or a fund of funds. A fund of funds invests in a variety of different mutual funds. For a long-term growth investor I recommend the T. Rowe Price Spectrum Growth Fund, while for an income type investor I would recommend the T. Rowe Price Spectrum Income Fund. In today's ever-changing financial world, investors must always be flexible and never hesitate to make changes where necessary. It's OK to have a favorite fund as long as you recognize that your favorite fund today may not be your favorite fund tomorrow. Good luck!

**Q:** Dear Rick: I took your advice and sold my General Motors Bonds. Thank you. I am now sitting on almost \$150,000 in cash and I have no idea what to do with it. At the present time I have it in the bank. I don't need the income but I don't want to lose any money. I figure in about two to three years, I will begin to need some money. My bank where the money is at has recommended CDs or annuities. What do you think?

**A:** I have no problem with CDs or annuities as long as they are the right ones. Regarding CDs, considering how low the interest rates are and the fact that I believe in the not too distant future we will have inflation, I do not recommend locking into a

CD for long-term purposes. If you decide to use CDs, I suggest staggering the maturities — one for six months and one for a year.

It pays to shop around for CD rates. As long as the CDs are federally insured it doesn't matter where they are located. Therefore, don't just consider local banks but also credit unions, out-of-state banks and even Internet banks. It might be a little more of a hassle to use an out-of-state or an

Internet bank, however, the extra money earned may be well worth it. Of course, after you do receive competitive rates, there is no reason you can't go to your local bank and ask them to match it.

Regarding the annuity, in principle I have no problem using a fixed or equity indexed annuity. Like the CD, the advantage of the annuity is you cannot lose the principal. Annuities are insured up to \$100,000. In your situation,

you can invest in two separate annuities assuring that 100 percent of the money is protected. The advantage of the annuity is it will grow tax deferred until you need the money. You only pay taxes when the money is withdrawn. The downside is most annuities have a minimum investment period that is longer than CDs. Typically, at a minimum, you must lock into a fixed or equity indexed annuity for at

least five years although that does not mean you can't take money out for five years. Just about every annuity policy has a provision that allows you to withdraw up to 10 percent of your money on a year-by-year basis without penalty.

Not all annuities are the same and there are some that are not very investment friendly. You cannot assume that annuities offered by a bank are investor-

friendly because many times they are not. Generally annuities that are not investor-friendly are not very flexible and will have high fees and high penalties.

While CDs may be purchased directly by an individual, annuities must be purchased through a representative of the annuity company. If you need the name of an annuity representative or a referral e-mail me at Rick@bloomassetmanagement.com.

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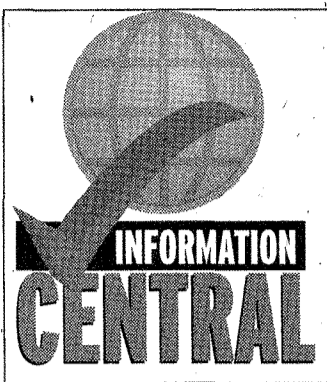
# Try your hand at beading

You've already mastered scrapbooking and all its wonderful elements. You're an accomplished knitter and your pets have the hats to prove it. Even your floral arrangements are the envy of your local florist. Looking for a new challenge? Beading just may be the thing.

The origin of beads date back thousands of years, where according to Janet Coles, in "Beads: An Exploration of Bead Traditions Around the World," writes, "The earliest known beads, made of teeth and shells, were found in a cave in France where Neanderthal people lived 38,000 years ago."

Beading itself is thought to have come about when humans pulled a piece of vine from a plant, picked up a rock, shell or seed with a natural perforation, and strung the vine through the perforated object. Although today's bead makers may incorporate new approaches, materials and designs, the basic technique remains the same.

If you are interested in get-



ting started creating your own beaded items, pick up Ann Benson's "Beadwork Basics" or Victoria Dutton's "The Bead Book - Step By Step Guide to the Creative Art of Beading." There you will find what you need to be on your way to create beautiful and practical beading projects.

Experienced bead makers can take their skill to the next level with Carol Huber Cypher's "Mastering Beadwork:

A Comprehensive Guide to Off-Loom Techniques" or the expanded and updated edition of Judith Durant's "The New Beaders Companion." Check out Donna DeAngelis Dick's "French Beaded Designs" and bring an international flare to your projects.

Little time to devote to beading projects? Paige Gilchrist Blomgren's "Beading: From Necklaces to Napkin Rings, 20 Easy and Creative Projects to Make in a Weekend" or Heidi Boyd's "Simply Beautiful Beading: 53 Quick and Easy Projects" can provide ideas to get you on your way even with your busy schedule.

Varying the type of beads you use can enhance any project. For information about the types of beads available or how to create your own beads, Elizabeth Gourley's "Art of Seed Beading" and "Making Beautiful Beads: Glass, Metal, Polymer Clay, Fiber," edited by Suzanne J. E. Tourtiolliot provide suggestions as to how to personalize any project by

changing your selection of beads.

Instructional beading videos are also available. Sit back, relax and view "Bead Knitting" with Alice Korach and "Beaded 8 Easy Projects" with Sharyn Pac.

In a time when conformity is the norm, learn how beading can help set you apart. Personalize your jewelry, purses, centerpieces, clothing, and even watchbands. Pick up a book or video today.

To find out more about beading, the Public Library of Westland is a great place to start. Stop by at the reference desk, call us at (734) 326-6123, or remotely search our catalog 24 hours a day at westlandlibrary.org

**Highlighted Activities**

**Summer Concert Series:** 7 p.m. July 2 in the Performance Pavilion. Join two of Ann Arbor's finest (and funniest) folk-rock singers for a duo performance of standards and originals at the library pavilion. Bring a chair or blanket for your comfort.

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**Author Visit:** 7 p.m. July 6

Author Steve Luxenberg, an associate editor at The Washington Post, will discuss his recently published book about the aunt he never knew, who spent most of her life at Eloise. Part memoir, part detective story, part history; the book details Steve's search for the truth. Books will be available for purchase and signing. Seating is limited. Stop by or call the library at (734) 326-6123 to reserve your seat.

**Drop-in Knitting Nights @ the Library:** Every Wednesday evening at 7 p.m. Everyone welcome.

**Chess Night:** Every Thursday evening at 7 p.m.

Like to play chess? Want to get better? Come to the library's Chess Group and hang out and play a couple of games. Bring your own board or use one of ours. Novices to Chess masters are all welcome. No sign-up required.

There's still time to join the Adult Summer Reading Program, "DIY @ Your Library." Programs, prizes and reading now through Aug. 15.

**Information Central** was compiled by reference librarian Marilyn Kwik. The William P. Faust Public Library is at 6123 Central City Parkway, Westland. For more information, call (734) 326-6123.

**KNOW THE SCORE:** Check out the numbers in today's Sports section

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# New YMCA director: We can make difference

BY KAREN SMITH  
OBSERVER STAFF WRITER

Laura Perlowksi is a "Y brat."

Growing up in Wheaton, Ill., she took swim classes, baton twirling and gymnastics at the local YMCA, where she also landed her first part-time job.



Perlowksi

The aquatics director was a mentor to her, teaching her to be caring, honest, respectful and responsible.

"It made a difference in my life," she said.

Now Perlowksi wants to make a difference in the lives of children and families in Livonia and surrounding cities.

That's why the executive director of the Livonia Family YMCA, which services Westland and Garden City, organized a Community Summit at Schoolcraft College that brought together about 45 business leaders, public officials and citizens of western Wayne County.

The attendees met in small groups with facilitators to identify the challenges facing children and families today and help come up with ways to collaborate and solve those problems.

"I want the Y to be known and recognized as the go-to organization," said Perlowksi, who became executive director in October at the Livonia Y after supervising program

directors for five years at the North Oakland YMCA in Auburn Hills. "We have the ability to make a difference."

Rich Potchynok, incoming chairman of the YMCA board of directors, said that while the Y doesn't have unlimited financial resources, it does have some money for collaborative programs.

For example, if a single mother can't attend a resume-writing workshop because she can't afford to pay someone to watch her children while she's there, the Y can provide the child care she needs, he said.

Capt. Mark LaBerge and Sgt. Mike Killingbeck of the Livonia Police Department; Felicia Adamowicz, an outreach worker for the Wayne-Metropolitan Community Action Agency; and Heidi Raubenolt, supervisor of the Family to Family program at the Judson Center in Redford, were in a group that said families may benefit from financial literacy classes at the Y, among other things.

LaBerge said some families have difficulty distinguishing wants from needs even though they are having to live on less because of the ongoing recession.

Raubenolt said the foster children she works with miss out on the benefits of extra-curricular activities like ballet classes and gymnastics because of the cost. Though not a "need," such classes help children keep fit and learn important values, she said. She suggested the Judson Center and Y work together

to find funding to offer those classes to foster children.

A social worker, Raubenolt said she enjoyed discussing today's family concerns with other professionals outside her field. "I liked that there were different perspectives," she said.

The participants also heard a speech by David A. Brandon, CEO of Domino's Pizza, on leadership.

He said state government needs to be reformed to help erase the \$2.5 billion to \$3 billion structural deficit in the state budget. He said tax, regulatory and labor laws need to be changed to reduce the cost of doing business in Michigan. "It's a competitive sport," he said of attracting business. Yet, Michigan places near the bottom of the 50 states in its ranking for a business-friendly environment, he said.

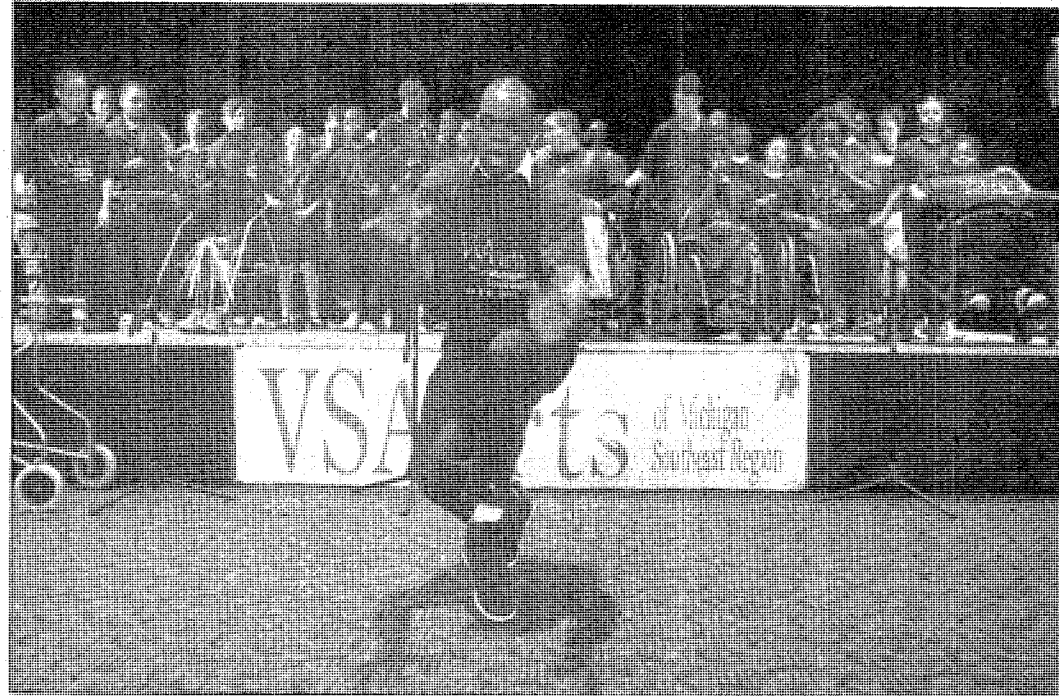
"Michigan is the only state that's been in a recession for 7 1/2 years," he added.

Perlowksi said she was pleased with the summit. She said the next step will be for the Y board to look at the ideas generated at the summit and see how the Y can help.

Perlowksi, who said she was motivated by her Y mentor to make a career of the YMCA, continues to see how the Y benefits families and children, in her own son and daughter, who have been involved at the Livonia Y for 17 years.

"I believe in it," she said.

ksmith@hometownlife.com | (313) 222-2098



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Darnell Davis has all the right moves as he performs with students from the Pontiac school district.

# VSA arts festival a rousing success

The VSA arts of Michigan Festival was over, but everyone from volunteers to performers vowed to come back in 2010. This was the first time the two-day celebration of arts ability was held by the Southeast Region Committee at Schoolcraft College in Livonia, and all agreed it was a rousing success. More than 120 children and adults with developmental and physical disabilities had sung and played their hearts out Friday and Saturday at the VisTaTech Center on campus.

The fest was especially exciting for Julie Raphael, who is serving a music therapy internship at Lincoln Park Schools and accompanied 16 second- and third-grade students. Raphael's twin sister Lindsey went to FAR, a conservatory for special needs students in Birmingham. Several of the FAR students performed during Saturday's program. The festival gives children and adults from around the region an opportunity to show off valuable skills they've learned in therapeutic music classes. VSA was founded by Jean Kennedy Smith more than 25 years ago to provide arts programming for children and adults with disabilities.

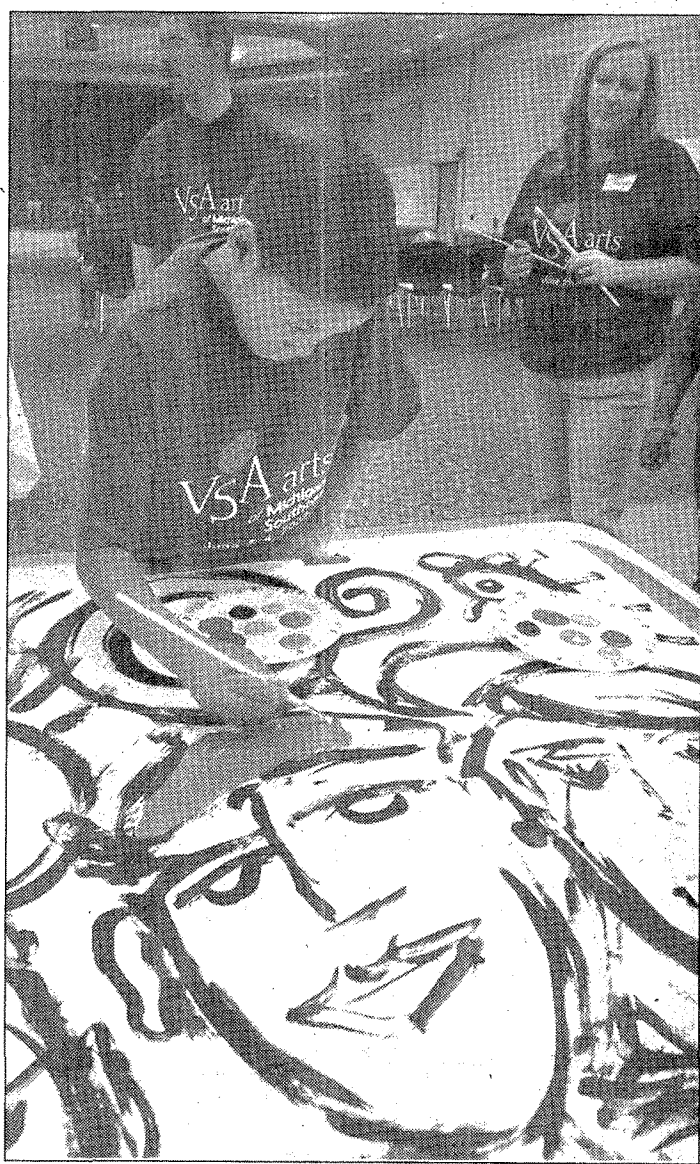
"I'm excited about seeing the kids perform," said Raphael, a Bloomfield Township resident and Eastern Michigan University student. "They've been learning about waiting for their turn to play, following directions and paying attention."

"I'd like to work on a possible future collaboration to offer programs for children with special needs in our community," said Plymouth Community Arts Council president Debra Madonna who dropped by to see what VSA arts was all about.

One by one they took the stage. Michael Fitzhugh of Detroit delivered a spiritual in his baritone voice and was asked to sing an encore. Fitzhugh is the VSA arts of Michigan Young Soloist for 2009.

Raymond Wells of Plymouth received several rounds of applause for a piano solo even though he made a mistake. VSA is all about the attempt.

Old Village School in Northville brought giraffe, elephant, crocodile and palm tree props to add color to their rendition of *The Lion Sleeps Tonight*. Art in every form was the focus of the celebration. Lenescia Smiley sat making a card for her uncle at the hands-on activities table. Outside the DiPonio Room was an exhibit of 25 pieces of art by



Darius Brock adds color to a mural designed and painted by Royal Oak artist Daniel Cascardo.



Alana Barber, associate director of VSA, looks at student art work.

children and adults from Beverly Hills to the Kennedy Center in Pontiac. Inside the room performers could make Father's Day cards and gift bags, paint a mural or make prints. Workshops in drumming and movement encouraged participation.

"I liked the drums, painting and singing," said Smiley, 12, of Pontiac.

The children were the main reason more than 30 volunteers from CVS pharmacies came from as far away as Port Huron to set up easels and count T-shirts

given to performers, volunteers and committee members Jody Stark, Connie Lott, Margaret Hull, Cindy Babcock and Linda Ann Chomin. CVS began partnering with the national VSA arts about a year ago as part of the CVS All Kids Count initiative.

"It's a kid-focused program and to me that's the most rewarding," said Judi Larabee of Livonia, administrative assistant for the CVS region manager. "They do more for me than I do for them."

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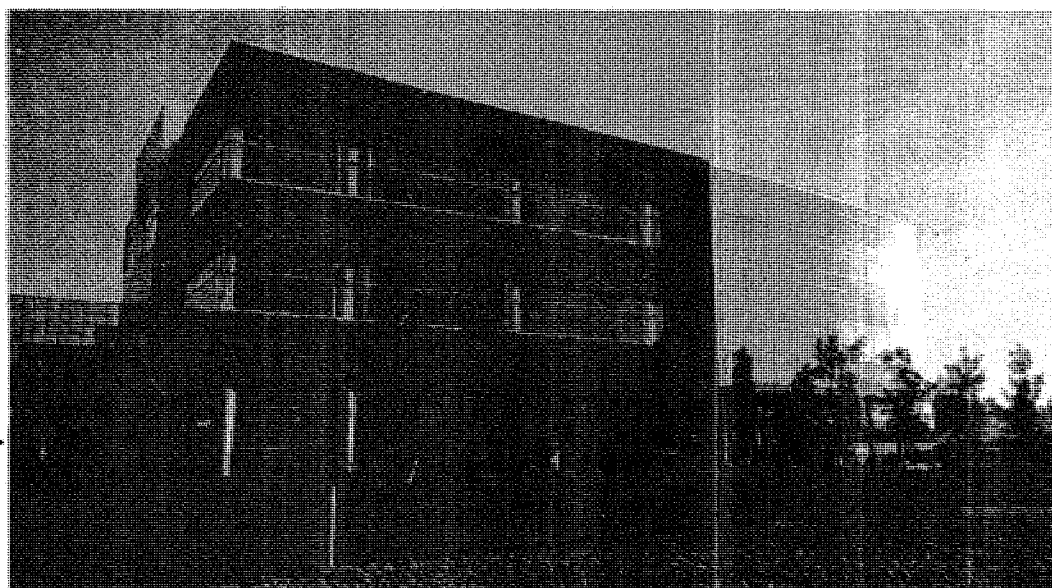
# Davenport serves hundreds of students at new Livonia location

About 1,000 students enrolled for classes last fall at the newly opened Davenport University location in Livonia.

Davenport was thrilled by how quickly the community embraced a university new to the area. With a first-fall enrollment higher than expected, Davenport realized the great potential to serve people in this growing area

who are seeking a relevant curriculum that prepares them for in-demand careers or career advancement.

The 40,000-square-foot, three-story academic building, at 19499 Victor Parkway, includes 26 classrooms and computer labs, meeting rooms, a Library Information Commons and on-site free parking.



The Davenport University location in Livonia includes 26 classrooms on three stories and on-site parking.

## Davenport University committed to community

Davenport University is committed to this community. No matter which DU location students may attend across Michigan, they all are enrolled at Davenport University and receive the same quality education.

Davenport's commitment to the area is demonstrated by its construction of a facility rather than rental of space in an existing building.

"Davenport University has been a great partner with the Farmington/Farmington Hills community since opening its Livonia location in 2008," said Mary Engleman, president and CEO of the Farmington/Farmington Hills Chamber of Commerce. "Davenport's strong commitment to our community has been apparent from its involvement in our communities and the quality of education offered to our residents."

The university is dedicated to the success of students and making education accessible. Flexibility, convenience and support are designed to serve students with quality.

Tuition is among the very lowest of

private colleges and universities in Michigan, which combines with quality and service to make Davenport the best value in private education. Davenport also assists students with financial aid and a generous program of scholarships.

The university considers higher education to be a major economic driver. Programs are relevant to the demands of today's knowledge-driven economy, in which an increasing number of jobs in our state's emerging industries require a college education. The ultimate measure of success is students who graduate and fulfill career goals in our state and communities.

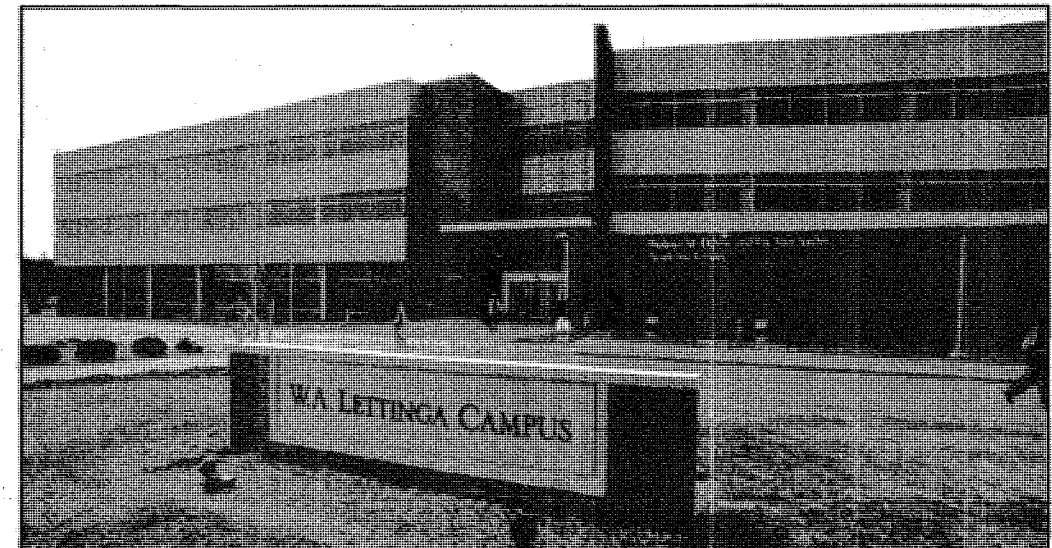
"Livonia is fortunate to have campuses and satellite locations of seven quality colleges and universities that serve a total of 25,000 area students and prepare graduates for careers at the many leading businesses in our community," said Dan West, president of the Livonia Chamber of Commerce. "Davenport University has been a great addition."

## Why Davenport University is unique

Davenport University serves approximately 11,000 students through its campus in Grand Rapids, locations across Michigan and online. Davenport is a private, nonprofit university offering graduate and undergraduate degree programs and a practical curriculum designed to prepare students to excel in today's knowledge-driven economy. Davenport University offers the following advantages:

- A growing campus in Grand Rapids
- Convenient locations statewide where students live or work, plus online courses
- Personal attention through small class sizes (averaging 15 students)

- Relevant, career-focused curriculum and internship opportunities
- Flexible class scheduling: days, evenings, weekends (or online 24/7)
- 15-week semesters and 7-week sessions
- Faculty with experience in the fields they teach
- Many financial aid and scholarship opportunities
- Acceptance of transfer credits that benefit students' continued educational pursuits
- Tuition among the very lowest of all regional private colleges and universities



Davenport University's W.A. Lettinga Campus in Grand Rapids is the centerpiece for statewide educational opportunities for traditional-age students and adult learners.

## Degrees for in-demand careers

Davenport's programs address the top careers in Michigan. Following is a sampling of degree programs offered in Livonia. To view all programs, go to [davenport.edu/programs](http://davenport.edu/programs)

- Executive MBA
- MBA
- Master of Science in Information Assurance
- Accounting Fraud Investigation

- Professional Accountancy BBA/MBA
- Marketing
- Management
- Human Resource Management
- International Business
- Biometric Security
- Network Security
- Computer Gaming and Simulation
- Health Information Management
- Health Services Administration



## Graduates recommend DU

Following are comments from Davenport University graduates who responded in a 2008 survey that they would recommend Davenport without reservation:

"Davenport is one of the few universities that actually teaches real-world concepts, not just theories."

"It is a great program for the working adult or adult looking to go back to school."

"Davenport is a highly respected university with a wide variety of degrees and programs. DU allowed me to take evening classes and work full time, which is not an option at other universities."

"Davenport was a wonderful experience for me, and I have really enjoyed the entire process."

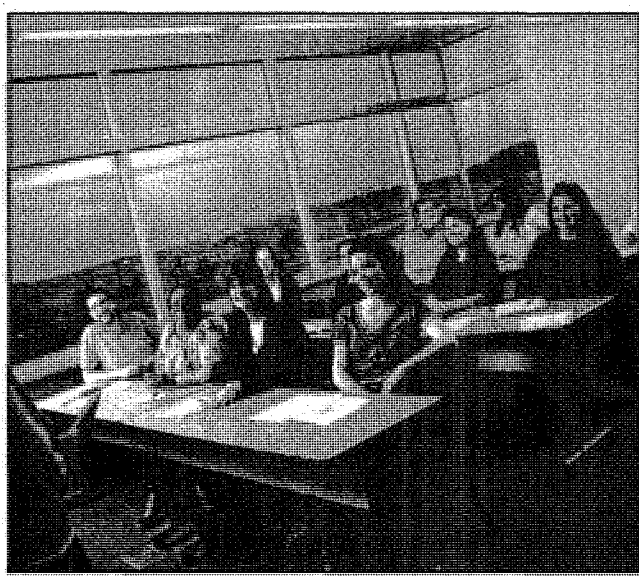
"Smaller class size allows the opportunity for students and teachers to interact. The thought of being 'just a student number' is nonexistent."

"I have gained a vast wealth of knowledge and experience here at Davenport. Throughout my program the administrators and faculty have shown great concern for my success. They have been very inspirational in keeping me moving forward."

## Reasons students like DU\*

- Low student-to-faculty ratio in classes
- The outstanding condition of new building, facilities, laboratories, computer labs and libraries
- Technology that supports learning
- One-on-one interaction with faculty who have real-world experience
- Ability to prepare for a career that is growing in the economy
- Quality of the course work and faculty
- Staff and faculty attitude toward student service

\* Reported in annual student satisfaction surveys



## Davenport supports Automation Alley member employees

To help Michigan's workforce invest in its education, Davenport University offers a 25 percent discounted tuition rate on undergraduate and graduate programs to all Automation Alley member organizations' employees.

Automation Alley, of which Davenport is a member, is Southeast Michigan's technology business association, connecting government, business and education. It represents more than 1,000 technology companies, acting as a catalyst to enhance the image of the region and help member companies expand their business opportunities.

"Employers throughout Michigan are looking for ways to cut costs, and often higher-learning benefits are the first to go. We are excited to partner with Davenport University to facilitate the progress of Southeast Michigan's workers, sustain them in their careers and prepare them for Michigan's evolving economy," said Ken Rogers, Automation Alley executive director.



## Davenport a leader in career education

Davenport is the only university in Michigan specializing in business, information technology and health professions – all vital to our emerging economy. Davenport has a 140-year tradition of preparing students for successful careers that continues today.

The curriculum addresses 17 of the top careers on the Michigan Top 50 Hot Jobs list.

The 37 percent first-attempt pass rate on the CPA exam for DU accounting students far exceeds the national average of nine percent (2007 results).

Health Information students' 88 percent pass rate on the RHIT exam is higher than the national average.

Davenport was among the first in the nation to offer networking and biometric security degrees.

The university's business and MBA enrollments are among the highest in Michigan.

DU Business Professionals of America students won first place in 21 of 46 events at the 2009 state competition, and took a record nine first-place awards at the 2009 national event.



**For additional information about Davenport University, our degree programs and how to enroll, visit [davenport.edu](http://davenport.edu). Or call 1-800-686-1600.**

# Taking action!

## Film studio, Specs Howard answer Hollywood's call

BY STACY JENKINS  
OBSERVER STAFF WRITER

Some were looking for a new career path; others hopeful to get to work, in this dismal economy, while others are pursuing their dreams of working in the film industry.

A pair of informational meetings Wednesday drew plenty of curious people, many unemployed, to the Studio Center motion picture production complex in Farmington Hills, where Specs Howard School of Media Arts will hold workshops in film production this summer.

Studio Center is a hub for film production, with adjoining industry-related businesses Grace & Wild, Detroit Power & Light and Fletcher Camera. The seven-acre campus includes three soundstages, post-production facilities, film processing, camera rental and lighting and production offices. It's the only active studio production lot in Michigan.

"This is where the action is for all of the stuff going on in Hollywood," said Steve Julin, director of curriculum development at the Southfield-based Specs Howard School.

"Specs Howard On Location" courses will be held at Studio Center, offering an eight-week film workshop and a seven-week advanced editing course, starting July 13 and July 21. Both are hands-on and serve as an introduction to film production.

"We're teaching you the language of film," said Julin. "It's every aspect of film production and it's very hands on."

Students will use professional film equipment during the workshop.

"I'm not going to show it to you on a white board or a chalk board — I'm going to have you do it," said Julin.

Michigan has seen an increase from \$2 million in film industry investment in 2007 to \$125 million in 2008, after Gov. Jennifer Granholm signed the bill allowing up to 42 percent tax incentives for film crews to come to Michigan.

"We're so excited, because this is only year two of the incentive," said Julin. "Bringing Hollywood to Michigan is where it's going — and we're the leaders in education, so when a film crew comes here, they know to come to a very reliable source (for workers). When a film crew blows into town, there are lots of jobs."

Gaining the basic knowledge of the film industry will enable many people to apply for those jobs, he added.

Michele DerMiner, of Southfield, is hopeful she'll break into the film industry



Officially cutting the ribbon for the 'Specs Howard On Location' program, from left: Lisa Zahodne, Specs Howard School President & COO; Char Kernan, Specs Howard School CFO; Jonathan Liebman, Specs Howard School President & CEO, Specs Howard, Specs Howard School Founder; Steve Julin, Specs Howard School Director of Curriculum; Marty Liebman, Specs Howard School Corporate Vice President.

some day.

The unemployed photographer hopes to learn more about film production, specifically editing.

"I've always had a love for movies, so I thought this would be something to pursue," she said. "Since films are coming here, I really want to be a part of it."

Scott Jensen, of West Bloomfield, who has a degree from Specs Howard already, hopes to learn more about film industry post production as well.

"I want to get to ESPN, that's my long shot," he said. "This is just another lead to get me to where I want to go."

For David Licko, of Harper Woods, Wednesday's informational meeting was just that — to get information about a possible career change.

"I'm out of work," said Licko, who was in the steel industry. "I heard about a new industry with possible new opportunities, so I wanted to check it out."

Jovita Moffett, of Southfield, attended the session with her sister, Lichelle Laws, of Detroit. Both are interested in pursuing new careers.

Moffett said the growing film industry in Michigan is exciting and much needed.

"I think it's fantastic," she said. "With the auto industry in the state it's in, at least this is giving folks something to look forward to and something that will reduce our unemployment."

The workshops are just the beginning for these prospective students.

"Our workshops will offer a breadth of instruction on the film industry not currently found anywhere in the state," said Lisa Zahodne, president/COO of Specs Howard School. "Production crews are filming here now, so it makes sense to provide training now. Over the course of several weeks, our students will learn the language and craft of film; preparing them for success as they enter the movie making field in Michigan."

The Specs Howard School "On Location Film Workshop" will meet 3-1/2 hours per day, three days per week, with day and evening sessions available. "On Location Advanced Editing" will be available during the day and evening. Students will receive an official certificate of completion at the conclusion of the workshop. Funding from the Michigan

Works! program is available to those who qualify.

For more information on the Specs Howard School "On Location Film Workshop" and "On Location Advanced Editing," visit: [www.specshoward.edu/onlocation](http://www.specshoward.edu/onlocation) or call (866) 61-SPECS.

[sjenkins@hometownlife.com](mailto:sjenkins@hometownlife.com) | (313) 222-2369



Steve Julin, director of curriculum development at the Southfield-based Specs Howard School, talks about various things students will learn in the 'Specs Howard On Location' workshops in film production and advanced editing.

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erans in VA hospitals in Ann Arbor, Battle Creek and Grand Rapids, distributed through the Chicago USO and used for ceremonies at national cemeteries in Michigan.

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# HOMETOWN LIFE

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Brad Emons, editor, (313) 222-6051  
bemons@hometownlife.com

## Mattson returns home to pursue his NHL dream

BY BRAD EMONS  
OBSERVER STAFF WRITER

Austin Mattson doesn't need Mapquest to figure out his most direct route to his desired destination - the National Hockey League.

The Livonia native, after spending two seasons away from his family, will return home to play for the Plymouth Whalers of the Ontario Hockey League. The 18-year-old right winger was recently signed as a free agent and will report to Whalers' training camp, which begins in late August.

It will be just a short commute down Six Mile Road for Mattson, who attended Stevenson High School for two years and grew up in the Compuware youth system where he played with current Whalers Beau Schmitz, R.J. Mahalak and Tyler J. Brown.

"I was a Whalers fan," Mattson said. "I went to a lot of their games because I played out of Compuware (Arena)."

Mattson appeared in 53 games last season for the Sioux City (Ia.) Musketeers of the U.S. Hockey League where he came on during the second half of the season to finish with 12 goals and 16 assists. He rebounded after battling an ankle sprain - suffered in team's season opener - and didn't get healthy until the holiday break.

During the 2007-08 season, Mattson scored five goals and added 14 assists with the Marquette Rangers of the North American Hockey League.

And during his sophomore year - while attending Stevenson - he played for the Motor City Chiefs of the Central States Hockey League where he was one of the youngest players in the league scoring 15 goals and adding 23 assists in 44 games.

Mattson called his two-year stint away from home "a great experience." He attended Marquette High School as a junior and Sioux City North High (where he graduated).

"Marquette was really cold, but in Sioux City it got cold and icy, a lot of wind," he said. "But it was a lot of fun."

Although he isn't expected to go in this weekend's NHL Entry Draft, Whalers coach and general manager Mike Vellucci believes Mattson is OHL ready.

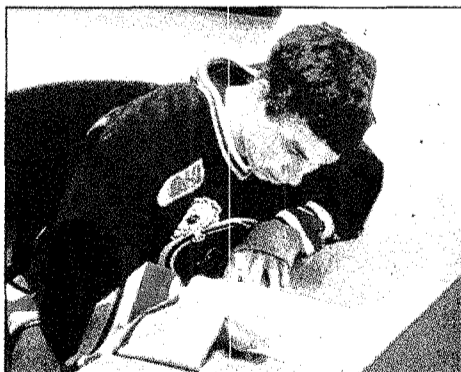
"He's already played two years in Juniors, one year in the USHL and one in the NAHL," Vellucci said. "He had a great second half of the season (in Sioux City) where he had 28 points in something like the last 30 games. I feel he's ready to make the jump and be an impact player."

If Mattson were a scout, he rates himself as somebody with "speed, good passing ability, good hands" - somebody similar to the Red Wings' Darren Helm, his favorite NHL player.

"He's a fast skater," Vellucci said. "I love players with speed and skill. That's where I've always built my teams on - and he has both. And on top of that he has the heart and desire, which are two great ingredients."

"He's a right winger, but he can play both

Please see **MATTSON, B3**



NATALIE SHAVER

Livonia native Austin Mattson signed a free agent contract recently with the Plymouth Whalers.



BILL BRESLER | STAFF PHOTOGRAPHER

Plymouth Wildcats varsity assistant coach Brian Rothen offers advice to young quarterbacks Brent Piligian (left) and Jamarl Eiland during one of the football camp sessions.

## Wide-eyed Wildcats

### Camp offers aspiring youngsters gridiron education

BY TIM SMITH  
OBSERVER STAFF WRITER

Make no mistake about it. Jamarl Eiland and Kevin Justice wouldn't want to be anywhere else on a 90-degree day than the football field at Plymouth-Canton Educational Park.

Not even a swimming pool could compete with the Wildcat Football Youth Camp last week. Jamarl and Kevin were among about 130 kids in grades 5-12 who honed up skills and collected helpful tips during a myriad of short, snappy drills.

"Soft hands, soft hands," one of the coaches said, throwing hot passes at kids dashing out from the sideline stripe toward the middle of the Turf Field surface.

At one end zone, prospective linemen worked on their footwork and stance. Yet another station, with water always close by, featured kids

carrying the ball and making spin-rama transitions.

"It's been pretty fun," said Jamarl, 14, a quarterback with the Canton Lions rec league team who will enter ninth grade at Plymouth High School. "I've learned a lot of things, quarterback drills and things that should help me."

#### BACK IN THE SWING

According to 12-year-old Kevin, a Plymouth-Canton Steeler linebacker entering seventh grade at Pioneer Middle School, the late-afternoon no-pad sessions were helpful refreshers that he'll remember when football season rolls around.

"This is really different," Kevin said. "I like it, it's fun, it's short (three days) and it gets you back into football after basketball and baseball."

"It's good because you're doing conditioning on the football field,

you're throwing footballs around, you're doing drills. It really gets your mind set back on the game."

Jamarl said the sweltering temperatures didn't take away from the enjoyment of doing drills and scrimmages, where he threw "a couple nice passes."

"I like the heat, I prefer the heat," Jamarl said. "It helps keep me loose."

The camp, under the watch of Plymouth head coach Mike Sawchuk and assistant coaches, helps players with varsity aspirations (such as Jamarl) to find out about terminology and pass defenses in an unofficial way since the Michigan High School Athletic Association prohibits official coaching until August.

But younger kids who just love football also are welcome to come out and learn.

Please see **CAMP, B3**

## Farmington's Nemes on All-America team

BY DAN O'MEARA  
OBSERVER STAFF WRITER

Besides being cousins, Josh and Chris Nemes were once teammates in the sport of lacrosse and then rivals on opposing teams throughout their prep careers.

They're together on the same team again today - the US Lacrosse High School All-America Team!

Josh Nemes of Farmington Hills is one of three University of Detroit Jesuit players to receive the national honor. Cousin Chris of Novi did likewise as a member of the Catholic Central squad.

"Chris and I have been good friends for a long time," Josh said.

"We were pretty excited about it. I called and said 'Congratulations!' He said, 'Yeah, it's real cool we both got it.' On the field, we have a little bit of a rivalry, so it's fun."

The Nemes cousins attended St. Fabian School in Farmington Hills



Nemes

and played CYO lacrosse for Our Lady of Sorrows. They were teammates for four years but decided to go separate ways after the eighth grade.

Josh played an attack position and led the Cubs, who were Division 1 state finalists, in goals scored (55) and total points this year. He also had 32 assists.

Chris was a midfielder, so the two sometimes went head-to-head when their teams played. U-D, which had a 14-9 record, won both games with CC.

"There were a few times we'd go for a ground ball," Josh said. "He plays primarily offense. I didn't see too much of him from my position in terms of playing against him. When we did, we made sure we gave it our all."

Both approached those games with maturity and a serious attitude. There was no trashing the other player or team, he added.

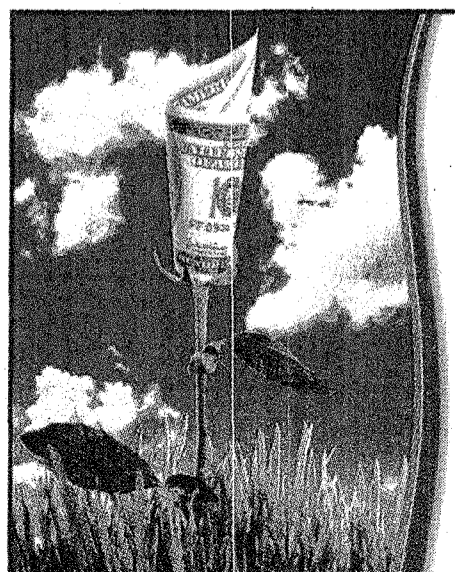
"Chris and I know it's a big game in terms of a lot of things," Chris said. "It was two top teams, so it meant something for the standings, the rivalry and the whole cousin thing. We both looked forward to it, but there was no smack talk or anything like that."

Josh gives credit to his older brother, Luke, for having a role in him becoming a lacrosse player and eventually an All-American.

Luke Nemes, a 2006 graduate of U-D, is a former Cubs quarterback and lacrosse player who is a member of the club team at Washington University in St. Louis, Mo.

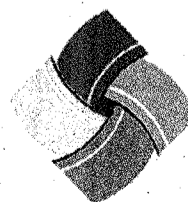
"He was pretty good," Josh said. "Luke played middle school (lacrosse) and is the one who sparked an inter-

Please see **NEMES, B2**



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COLLEEN DEGENHARDT

U-D's Josh Nemes of Farmington Hills is on the attack and trying to maneuver around a Brother Rice defender in the Division 1 state final.

NEMES

FROM PAGE B1

est in me. I always wanted to be like him. I actually said thanks to him. It was mostly him who got me into it, so I guess I can give him a little credit there." As a senior, Josh became more than a go-to guy; he became a good leader, according to U-D coach Sean Leary. "He learned to do a lot more than just score goals this year," he said. "He sparked our offense when we needed it; he settled things down when we needed it. He did a good job of leading the team on the field

and also in practice. "Josh grew up a lot this year, not just as an athlete but as a person. That led directly to him becoming an All-American. He always scored goals, but he was a great lacrosse player and teammate." Josh will attend Michigan State, which has a club team and doesn't recognize lacrosse as a varsity sport. Chris is set to continue playing at Detroit-Mercy. "I'll be happy being more of a regular student at MSU," Josh said, adding it's still pretty intense playing for the club team. "They work out three days a week in the off season and travel all over the place. It's serious but not quite the

time commitment of playing varsity. That's what I like." Josh will have another Nemes on his team at MSU. Patrick Nemes, the older brother of Chris and a former All-American at CC, began his collegiate career at Syracuse but will transfer to MSU. The other U-D All-Americans are junior Stephen Degenhardt (Troy) and senior Jon Marsalese (Huntington Woods). Seniors Joey Centlivre and Matt McClain, both of Plymouth, were named academic All-Americans. Leary was voted the Coach of the Year honor by the Michigan High School Lacrosse Coaches Association.

Woodruff named Crusaders assistant

Madonna University head volleyball coach Jerry Abraham announced recently that former volleyball All-American Tera (Morrill) Woodruff has joined the Crusader coaching staff as an assistant. Woodruff replaces Ed Tolentino who left the Crusaders' program for a similar position at Georgia Tech. "Tera brings experience having been a head coach at the high school level and a club coach," Abraham said. "She brings a great work ethic and leads by example. I think that the kids already respect her and can learn by her approach. Her style of coaching is aggressive and her knowledge of the game is very good. I was happy to add in a qualified and

quality female coach to work with me on a full-time basis." Woodruff lettered at MU from 2000-2004 and was named to the NAIA All-American team in 2002 after helping the Crusaders to the NAIA Final Four for the first time in program history. In addition to taking home a pair of All-Region VIII honors as well as being a three-time All-Wolverine-Hooiser Athletic Conference first-team selection (2002-04), Woodruff was twice named to the All-WHAC Academic and the NAIA All-American Scholar Athlete teams. She currently ranks in the top-10 of four records at MU. Since her graduation from MU, the former Livonia Franklin High standout has

the varsity coach the past five seasons at Dearborn Heights Crestwood where she also serves as a math teacher. "The volleyball program at Madonna University is considered one of the NAIA's best," Woodruff said. "They are perennial top 25 finishers and in contention for a national championship year-in and year-out. As a former player for coach Abraham, I understand the dedication and hard work needed to keep this program running at the highest level. I am excited about the opportunity and am looking forward to continuing my coaching career at the collegiate level." Woodruff and her husband Chris, a former All-American baseball player at MU, reside in Livonia.

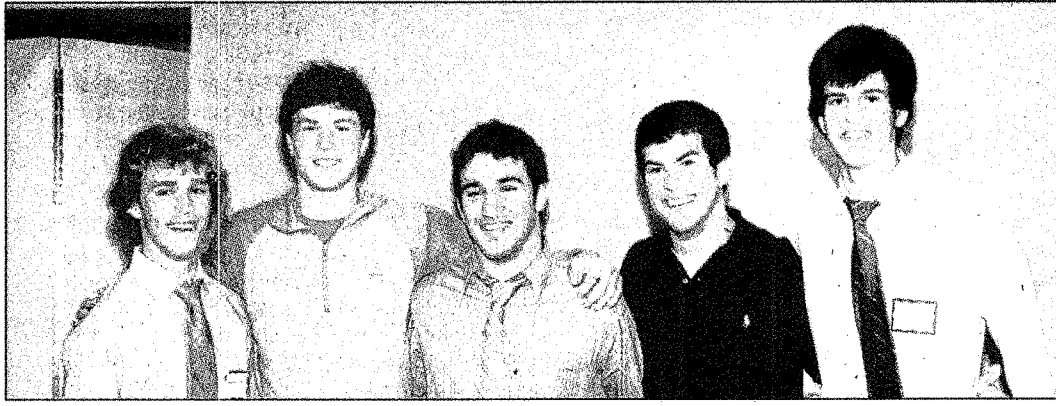
Pinta steps down as Spartans coach

BY BRAD EMONS OBSERVER STAFF WRITER

After eight seasons at the helm of the varsity girls soccer team, Chris Pinta has decided to step down as coach at Livonia Stevenson. The Spartans are coming off a 9-11 season after reaching the Division 1 district final at Northville before falling to Canton, 3-0. "He would like to spend more time with his family," said Stevenson athletic direc-

tor Lori Hyman in an e-mail Tuesday to The Observer. "Chris has dedicated a great amount of time and energy to the girls soccer program at Stevenson and has displayed excellence throughout his coaching career." Pinta posted a career varsity record of 91-50-1 at Stevenson. After replacing Jim Kimble as head coach following the 2001 season, Pinta guided the Spartans to a 15-6-1 overall record and a berth in the 2002

Division 1 state semifinals. He won two Western Lakes Activities Association championships, two WLAA Lakes Division crowns, one regional and two district titles in his eight seasons. "Many athletes have received great benefits from his hard work as the varsity coach at Stevenson," Hyman said. "We thank Chris for everything he has done to enhance the SHS soccer program." bemons@hometownlife.com | (313) 222-6851



COLLEEN DEGENHARDT

Five members of the University of Detroit-Jesuit varsity lacrosse team earned All-America recognition from US Lacrosse. The five are (left to right) Stephen Degenhardt, Troy; Josh Nemes, Farmington Hills; Jon Marsalese, Huntington Woods; Joey Centlivre, Plymouth; and Matt McClain, Plymouth. The first three are All-America players; Centlivre and McClain are academic All-Americans.

SWIMMING RESULTS

BEVERLY HILLS 326 BEECHVIEW BREAKERS 238 June 22 at Beverly Hills Beechview single winners - Girls: Katie Romero, 9:10, 50 Free, 38.39; Mikayla Doecker, 11:12, 50 Free, 34.03; Miranda Doecker, 15:18, 100 Free, 1:04.31; Marina Borri, 13:14, 50 Breast, 1:13.97; Erin Grubbs, 15:18, 50 Back, 34.65; Boys: Charlie Zink, 9:10, 50 Breast, 50.87; Tyler Roshak, 11:12, 50 Fly, 35.73; Peter Romero, 13:14, 50 Free, 30.05. Beechview double winners - Girls: Caroline Reamer, 11:12, 50 Back, 39.38; 100 IM, 1:22.88; Madison Ruffin, 9:10, 50 Fly, 40.41; 50 Back, 43.30; Marissa Doecker, 15:18, 100 IM, 31:17; 50 Fly, 31.42; Boys: David Ratze, 9:10, 50 Fly, 40.04; 50 Back, 41.66. Beechview relay winners - Girls 66-year 200 Free Relay (Erin Grubbs, Katie Tyler, Miranda Doecker, Marissa Doecker), 1:58.95. BEECHVIEW BREAKERS 320 KENDALLWOOD 242 June 19 at Kendallwood Beechview single winners - Girls: Dayna Borregard, 8:under, 25 Breast, 31.68; Julia Borri, 11:12, 50 Breast, 45.31; Emily Brunett, 11:12, 50 Fly, 36.89; Caroline Reamer, 11:12, 100 IM, 1:24.50; Miranda Doecker, 15:18, 50 Back, 34.25; Miranda Shelley, 13:14, 50 Fly, 33.69; Marissa Doecker, 15:18, 100 IM, 31:17; Christine LaBelle, 15:18, 100 IM, 1:20.96; Boys: Nathan Brunett, 8:under, 25 Fly, 29.40; Landen Pausch, 9:10, 50 Breast, 58.99; Tyler Roshak, 11:12, 50 Back, 34.44; Dan Marviccin, 15:18, 50 Back, 36.00. Beechview double winners - Girls: Karena Ratze, 8:under, 25 Free, 19.88; 25 Fly, 25.61; Katie Romero, 9:10, 50 Breast, 47.44; 50 Free, 37.49; Madison Ruffin, 9:10, 50 Fly, 40.75; 50 Back, 43.22; Marina Borri, 13:14, 100 IM, 1:15.10; 50 Breast, 37.32; Olivia Rath, 13:14, 50 Back, 32.68 (team record); 50 Free, 29.90; Boys: David Ratze, 9:10, 50 Fly, 41.59; 50 Back, 41.47. Beechview relay winners - 40-year 200 Free (Elayna Freeman, Karena Ratze, David Ratze, Mikayla Doecker), 2:38.68; 40-year 200 Medley (Katie Romero, Bridget Smith, Madison Ruffin, Austin Bruckman), 3:05.02; Girls 52-year 200 Medley (Paige Kondek, Marina Borri, Olivia Rath, Emily Brunett), 2:20.03; Girls 66-year 200 Free (Marissa Doecker, Lydia Miller, Miranda Shelley, Miranda Doecker), 2:04.11.

SPORTS ROUNDUP

Baseball Showcase

The Michigan All-Star Showcase for all high school players (grades 2009 through 2012) interested in playing college baseball will be Tuesday-Wednesday, June 30-July 1 at Fifth Third Ballpark in Grand Rapids, home of the West Michigan Whitecaps. Fourteen college coaches are scheduled to be in attendance. For more information, call (616) 635-0010; visit www.gvsu-lakers.com (go to baseball camps). Senior men's golf All senior men golfers from Farmington, Farmington Hills, Livonia and other cities are invited to join the Fox Creek Senior Men's Golf League. The new league will play at Fox Creek Golf Club located on the north side of 7 Mile Road between Farmington and Newburgh roads every Friday morning starting in mid-July. Teams and flights will be formed on the basis of comparable handicaps. You can elect to play with a friend. The green fees will be \$13.50,

including a cart for nine holes. Walkers will pay \$8. Senior men can sign up by calling Fox Creek at 248-471-3400. Outing seeks golfers The Society of Notre Dame de Bon Secours 3rd annual family golf outing will begin at 8 a.m. with a shotgun start Saturday, July 18, at Livonia's Idyl Wyld Golf Course. The Society of Notre Dame extends help to families physically, spiritually or monetarily as needs arise in our community. A package deal includes 18 holes with a cart, continental breakfast, lunch and steak dinner. The cost is \$125 per golfer; for those 18 and under, \$100 per golfer. Registration is at 7:30 a.m. Foursomes and individual golfer registrations will be accepted, as will gift certificates, golf apparel and hole sponsorships. Registration forms can be found at notredamedebonsecours.typepad.com or by calling either Jim Romine at 248-787-1592 or Paul Beaubien at 586-419-8955. New CAHA site The Canton Amateur Hockey Association recently unveiled a new and improved web site for the 2009-10 season. The site has all the information anyone might need about CAHA teams, leagues and coaches for next year as well as brand new online registration. Check it out at www.cantonhockey.org.

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**Motor City Madness**

Rachel Bommarito of Redford/Garden City helped the Novi-based Motor City Madness U12 Red fastpitch softball team bring home the first place trophy at the PC Pride Annual Summer Classic tournament held recently in Canton. Motor City Madness went a perfect 6-0 in tourney play, including an 8-1 decision over Livonia Storm in the title game. Joining Bommarito on the winning squad were Mallory Daschke, Molly Murphy, Laura Oakley, Sam Troher, Alison Schulte, Sarah Lickfold, Chelsea Willyard, Sydney Jones, Jessica Brandon, Lindsay Brandon and Antonia Ramon. The team is coached by Kathleen Narducci. Motor City Madness 12U Red will now prepare for its trip to the USSSA World Series held at Disney World in Orlando, FL later this summer.

**CAMP**

FROM PAGE B1

Sawchuk said, "It really benefits us as far as going and competing at a passing Jamboree, stuff like that, gets us a little bit ahead of the game."

"Younger kids, they don't have to worry about systems yet," said Brian Rothen, entering his first season as an assistant to Sawchuk. "The incoming freshmen do, because they're going to be running this for us in the fall."

"But with the younger kids just fundamental football, wherever they're going to play in the fall, whether Lions, Steelers, OLG (Our Lady of Good Counsel), we're just trying to get them prepared to have the best season they can."

**DRINKING IT UP**

Sawchuk said the hot weather proved no deterrent to those who came out. The camp was broken down into two daily sessions (grades 5-9, grades 10-12).

"I'm from Florida, and everybody starts freaking out about this 90-, 95-degree weather," Sawchuk said with a grin. "We had this every day. As long as you keep water at every station and you make sure they get hydrated... you've got to be smart."



BILL BRESLER | STAFF PHOTOGRAPHER

Showing his ball-carrying skills during the camp is Sean Bitgood, one of about 130 youngsters who participated at Plymouth-Canton Educational Park.

Another plus, Kevin said, was putting all the newfound knowledge to the test — out on the varsity field, to boot.

"It's fun because you get to do all the things you learned here and you get to practice them on the field," Kevin added.

Sawchuk, optimistic that all of the football campers will keep thinking about the game over the next couple of months,

proclaimed the three-day camp another success.

"I think it's going great, the numbers are great," Sawchuk said. "I think we have some kids that have some talent."

"Obviously, the young kids need a little bit of work in the weight room, but I like what I see so far."

tsmith@hometownlife.com

**Rams keep Security in check, 2-0**

**MATTSON**

FROM PAGE B1

sides. He also get a couple of looks down the middle, too, but right away he's a right winger."

Vellucci also believes Mattson, despite standing only 5-10 and weighing 165 pounds, has the frame to survive the rigors of the OHL.

"He's really thick, he works out all the time, physically it's not a problem," Vellucci said. "Besides, you can't hit what you can't catch because he's so quick."

Mattson can play as many as three years in the OHL and stay right in his own backyard. He'll also be able to take

some core classes at nearby Schoolcraft College.

"I had a few offers from colleges, but most places were booked for the next couple of years," Mattson said. "I did not want to wait around to get my career started. I wanted to show the scouts I wanted to play hockey the rest of my life. I wanted to show them I was committed to hockey as opposed to going to college."

Mattson also got plenty of backing from his parents, Keith and Karen.

"We discussed it beforehand and they totally supported whatever I wanted to do," he said.

bemons@hometownlife.com | (313) 222-6851

Tom Hansen has been nothing short of spectacular on the mound this summer for the Michigan Rams.

The Madonna University right-hander ran his record to 4-0 in the Livonia Collegiate Baseball League as the Rams blanked Concealed Security in a battle of 20-and-under teams, 2-0, at Ford Field.

Despite temperatures hovering around the mid-90s, Hansen allowed just two hits and three walks while facing just 21 batters in picking up the win. He has an earned run average of 0.00 in 25 innings and has yet to give up a run while yielding just a total of eight hits.

Closer James Bertakis (Edgewood College) came on in the seventh, allowing one hit and striking out one, to earn the save.

Justin Forster's double scoring Ryan Abraham in the top of the third inning proved to be the game-winner. Aaron Cieslak tripled home Nick Plinka with an insurance run in the seventh as the Rams improved to 9-4 in the LCBL.

Losing pitcher Chris Gazley went the first five innings for Concealed (4-12). He allowed just one run on three hits. Reliever Greg Ruff gave up one run on four hits in his two innings of work.

Tyler Cotter doubled in a losing cause.

On Sunday, there will be a pair of double-headers at Bicentennial including the Blue Knights and Bulls at noon followed by the Rams and Eagles at 5:45 p.m.

On Monday there will be two games at Bicentennial — Rams vs. Blue Knights at 5:45 p.m. followed by Concealed and the Eagles at 8:15 p.m.

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17 **ALAN PARSONS LIVE PROJECT**  
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17 **LYLE LOVETT AND HIS LARGE BAND**  
MEADOWBROOK MUSIC FESTIVAL

18 **BEYONCE w/RICH GIRL**  
THE PALACE OF AUBURN HILLS

18 **100 YEARS OF BROADWAY**  
MEADOWBROOK MUSIC FESTIVAL

19 **TOBY KEITH w/TRACE ADKINS**  
DTE ENERGY MUSIC THEATRE

19 **CHRIS ISAAK w/MICHELLE BRANCH**  
MEADOWBROOK MUSIC FESTIVAL

20 **YES w/ASIA**  
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**All sports**

• Schoolcraft College will offer a series of summer sports camps for ages 10-18 from 9 a.m. to 3 p.m. Monday through Thursday, including:

Boys and girls soccer - July 13-16, 20-23, 27-30 (cost \$150); boys and girls basketball - July 20-23 (cost \$150); girls volleyball - July 27-30 (cost \$150).

For more information, call the Schoolcraft College Athletic Department at (734) 462-4804, Ext. 3; or e-mail athletic director Sid Fox at sfox@schoolcraft.edu.

• The City of Livonia Department of Parks and Recreation will offer three different sessions of summer HYPE athletic camps for ages 8-14 including baseball (June 22-26 at Rotary Park); basketball (June 29-July 3 at the Livonia Community Recreation Center's main gym); and football (July 6-10 at the LCRC fields).

Each camp will run from 9 a.m. until noon.

The cost for each camp is \$70 (LCRC pass holders); \$75 (residents); and \$80 (non-residents).

Registration will be at the LCRC, located at 15100 Hubbard (at Five Mile Road).

For more information, call (734) 466-2900.

• The Plymouth Family YMCA is offering a variety of summer sports programs and several clinics. The summer programs (from July 13 through Aug. 17) will focus on fun, exercise and social interaction through instruction and include "Kickers and Shooters" soccer, preschool and youth basketball, preschool soccer class, preschool and youth baseball.

Morning and evening classes are available; ages vary by program but there is something for children between ages 3-9. Programs are open to YMCA members and community members.

Three sports clinics also are on tap

through Plymouth Family YMCA. Those include baseball (July 21-25, for ages 9-11), soccer (July 28 through Aug. 1, ages 6-9) and basketball (Aug. 4-8, ages 6-9).

Call (734) 453-2904 or visit [www.ymcadetroit.org](http://www.ymcadetroit.org) for information on the summer programs and clinics.

• The City of Livonia Department of Parks and Recreation will stage its Skyhawks mini-hawk multi-sports camp (ages 5-7) from 9 a.m. until noon, Monday through Friday, July 6-10. The cost is \$99 (residents) and \$109 (non-residents).

For more information, call (734) 466-2410.

**Baseball**

• The Rocket Blast-Off summer baseball camp for grades 2-7 will be from 9-11:30 a.m. Monday through Thursday, July 6-9, at the Westland John Glenn baseball field (or in the gym in the event of inclement weather).

The cost is \$70 (includes camp T-shirt). The registration deadline is Friday, June 26.

For more information, call Glenn varsity coach Tom Wakefield at (313) 903-0016; or e-mail [wakefieldtm@wwcsd.net](mailto:wakefieldtm@wwcsd.net).

**Basketball**

• Madonna University will be staging its 35th annual All-Star camp for boys (ages 8-15) from 9 a.m. to 3 p.m. Monday through Friday, July 27-31. The cost is \$175 per player.

For more information, visit [madonnacrusers.com](http://madonnacrusers.com).

**Cross country**

• Madonna University will stage its summer 2009 base cross country camp from 8-9:45 a.m., Monday through Friday, July 27-31, at cost of \$70.

MU will also stage long runs from 7:30-9 a.m. each Saturday, July 11, 18, 25; Aug. 1 and 8; at Cass Benton Park (\$2 for each session).

For more information, call MU cross country coach Pat Daugherty

evenings at (734) 658-0226 (cell); or (734) 432-5634 (office). You can also e-mail [pdaugherty@madonna.edu](mailto:pdaugherty@madonna.edu).

• Workout Wednesdays, presented by Mizuno Running, will be from 7:30-11:30 a.m. July 8 and 29 at Bicentennial Park in Livonia; and July 15 and 22, at Ford Field in Northville.

The format includes training, nutrition and topic of the day for middle through high school senior distance runners preparing for the fall cross country season.

The cost is \$45 (registration closes July 1).

For more information, call (734) 642-6664.

**Football**

• The Michigan Youth Athletic Association will stage its second annual Football Champ camp from 9 a.m. to noon (incoming grades 3-6) and 1-4 p.m. (grades 7-9) Monday through Wednesday, June 29-July 1, at Livonia Churchill High School.

The cost for each session is \$85.

The non-contact camp specializes in all positions and will emphasize individual and team football skill development. Instructors will include members of the Churchill High staff, Livonia Falcons and Orioles coaches, CYO coaches and quarterback tutor Richard Popp.

For more information, call camp director Brad Dickey at (734) 444-5931; or e-mail [michiganyaa@gmail.com](mailto:michiganyaa@gmail.com). You can also visit [www.miyaa.org](http://www.miyaa.org).

• The Pops QB Tutor summer camps will be making stops in the area including:

Livonia Area QB Camp - 3-4:30 p.m., July 6-9, at Rotary Park (grades 3-12); Plymouth/Canton Area QB-WR - 1-2:30 p.m., July 27-30, at Heritage Park (grades 3-12).

For more information, visit [popsqbttutor.com](http://popsqbttutor.com); or e-mail Richard Popp at: [qbttutor@yahoo.com](mailto:qbttutor@yahoo.com).

• North Farmington High School will have a strength and conditioning camp for football players entering

the ninth through 12th grades in the 2009-10 school year June 17 through July 24.

The camp meets 8-11 a.m. every weekday but Tuesday. There will be no camp June 29-July 3. The cost is \$75.

The camp will be conducted by the North Farmington coaching staff. Each player will need football shoes, gym shoes, workout clothes and water.

Strength training, speed, agility, flexibility and endurance will be the main focus of these workouts.

• North Farmington High School will have a football skills camp 8 a.m. to noon July 27-30 for any football player entering the ninth through 12th grade in the 2009-10 school year.

The cost is \$75. The camp will be conducted by the North Farmington coaching staff. Each player will need football cleats, gym shoes, workout clothes and helmet with mouth guard.

Helmets should be provided by the player's home high school. Specific position skills will be taught to all players, both offensively and defensively.

**Lacrosse**

• The University of Detroit-Mercy will host a summer lacrosse skills camp for all high school students July 20-22. The fee is \$150 with a free gift provided.

The camp hours are 8:30 a.m. to 4 p.m. To register, visit the Titan website at [www.detroittitans.com](http://www.detroittitans.com). For more information, contact U-D assistant coach Chris Kolon at 313-585-8430.

**Soccer**

• The City of Livonia Department of Parks and Recreation will offer three different sessions of soccer camps the weeks of July 6-10, 13-17 and 20-24, at the Livonia Community Recreation Center.

The base camp will be from 9 a.m. until 3:30 p.m. (\$160 for residents;

\$175 for non-residents). The full-day camp runs from 9 a.m. to 5:30 p.m. (\$210 for residents; \$220 for non-residents).

All three sessions also include Camp Swosh A.M. Extender care from 7:30-9 a.m. (\$15 LCRC pass holders; \$17 residents; \$20 non-residents).

For more information, call (734) 466-2900.

**Volleyball**

• Madonna University will stage several summer volleyball camps, all Mondays through Thursdays, including:

Setters (\$135) or youth (\$110) - June 29-July 2; hitters (\$135) and defensively specialty (\$135) - July 6-9.

For more information, call camp director Jerry Abraham at (734) 432-5612 or (734) 254-0698.

• Westland John Glenn will stage an Asics Performance camp for high school girls (grades 9-12), Monday through Wednesday, July 20-22.

The camp features collegiate trainers from the Premier Volleyball Academy based in Maumee, Ohio.

Sessions will cover skills and drills on all aspects of competitive volleyball. The cost of the camp is \$100 (includes T-shirt).

For registration information, call Glenn coach Julian Wargo at (248) 295-7245.

• Plymouth Salem High School will play host to a volleyball July 27-29 for students in grades 5-12. Sessions will run from 1-4 p.m. for those in grades 5-10 and 5-7 p.m. for grades 11-12. Cost is \$75 per camper.

For more information, email [asuder4@aol.com](mailto:asuder4@aol.com).

• Plymouth varsity volleyball coach Kelly McCausland is hosting a camp for those entering grades 6-10, to take place 1-4 p.m. Monday, July 27, through Wednesday, July 29. The camp is slated for Plymouth High School.

The fee is \$65. Contact McCausland at [mccausk@taylor.k12.mi.us](mailto:mccausk@taylor.k12.mi.us) for more information.

To place your ad here contact us at [careers@hometownlife.com](mailto:careers@hometownlife.com) or call 1-800-579-7355

# Guide to Employment

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Michigan Works! funding &amp; company reimbursement available if qualified. 866-316-9199 <a href="http://integritytds.com">integritytds.com</a> Werner.com</p> <p><b>Bank</b> <b>TELLER</b> Part-Time Community Alliance Credit Union in Livonia is seeking a friendly and professional individual with good communication and sales skills; financial service experience and cash handling skills preferred. EOE Send resume to: <a href="mailto:webmaster@communityalliancecu.org">webmaster@communityalliancecu.org</a> Or fax: (734) 464-2391</p> <p><b>Banking</b> <b>Member Service Rep./ Teller - PT</b> For Troy branch. Assist members with financial transactions. Requires good sales skills, ability to work with others. Hours of operation are: M-W 8:30-5, Th 8:30-6:00, F 8:30-6:30 and S 8:30-1:00. Send resume to Michigan Catholic Credit Union, Attn: Human Resources, 255 E. Maple Road, Troy, MI 48063, fax to 248 689 6844 or email: <a href="mailto:employment@michcathcu.org">employment@michcathcu.org</a></p>	<p><b>Help Wanted-General 5000</b> <b>Field Audit Techs, Cable Box Installers, and Outside Sales Reps for Alarm/Security or Cable</b> Exp preferred not required. Contact PCT, the nation's premier provider of technology 1-888-567-3287 ext: 106 Email resumes: <a href="mailto:humanresources@pctus.com">humanresources@pctus.com</a></p> <p><b>FRONT DESK CLERK</b> Afternoon &amp; midnight <b>LAUNDRY PERSON</b> Both are FT &amp; req. exp. Apply in person: Holiday Inn Express Hotel 3950 S. Lotz Road, Canton. No phone calls.</p> <p><b>GEAR CUTTER</b> Westland manufacturer needs experienced gear hobber. Full time with benefits. Fax resume to: 734-595-0149 Or call 734-595-6400</p> <p><b>GENERAL MAINTENANCE PERSON</b> Needed for condominium complex in Westland on a "as needed basis". Will need own tools &amp; will need to be insured. \$25/hr. 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For consideration, please submit your cover letter with salary history and resume to: <a href="mailto:calloway4premier.net">calloway4premier.net</a></p> <p><b>LICENSED SIGN SPECIALIST</b> Needed immediately in Ferndale. Fax resume to: (248) 591-7133</p> <p><b>MAINTENANCE SUPERVISOR</b> For Senior Bldg in NW Detroit Suburb. Minimum 2 years maintenance experience. Excellent wages/benefits. Send resume to PO Box 663, Highland MI 48357 EOE</p> <p><b>PARKING LOT ATTENDANT</b> John Glenn High School Qualifications: HS graduate, use of personal vehicle, clean driving record, experience with high school students preferred, and physically able to patrol parking lots year round. Must be able to interact with staff, students and the public. For information call: 734-419-2025 Apply online at: <a href="http://wwcsd.net">http://wwcsd.net</a> Or come to the Human Resources Dept. to access the online application system -EOE-Posting closes July 8, 2009 Wayne-Westland Community Schools 36745 Marquette Westland, MI 48185</p>	<p><b>Help Wanted-General 5000</b> <b>PERSONAL TRAINER</b> Detroit Athletic Club seeking qualified trainer to work with members in state-of-the-art facility. Must be certified by nationally accredited organization; CPR; degree in health-related field preferred. Flexible hours. Submit resume via fax: (313) 963-5995 or email: <a href="mailto:humanresources@thedac.com">humanresources@thedac.com</a></p> <p><b>PRINT DESIGNER/CUSTOMER SERVICE REP</b> Printsmith knowledge helpful Email fax resume: <a href="mailto:info@vtecp.com">info@vtecp.com</a></p> <p><b>Help Wanted-Office Clerical 5000</b> <b>BOOKKEEPER</b> Part time; with payroll, QuickBooks, MS Excel experience required. Send resume to: Simpson Granite, 23466 Grand River, Detroit, MI 48219 Attn: Mrs. Nash</p> <p><b>DATA ENTRY OPERATORS</b> Exp. req'd. PT. Days &amp; afternoons. Southfield. Call for appt. 248-559-0200</p> <p><b>Help Wanted-Dental 5000</b> <b>FRONT DESK - DENTAL ASST.</b> Experience necessary in both insurance billing &amp; clinical assisting. Call 248-444-9933 Or fax: (248) 356-2568</p> <p><b>Help Wanted-Medical 5000</b> <b>MEDICAL ASSISTANT</b> Mon., Tues., Thurs. 8-5pm. 2 Saturdays, 8-12. 1 yr. exp. required. Troy Dermatology office. Fax resume: 248-362-1165 <a href="mailto:dermj1165@comcast.net">dermj1165@comcast.net</a> Call to place your ad at 1-800-579-SELL (7355)</p>	<p><b>Help Wanted-Medical 5060</b> <b>PHLEBOTOMY EDUCATION</b> Sat. accelerated classes beg. June-July, 10-4pm. Garden City, Wyandotte and Southgate locations; \$925, including book. 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# NEIGHBORS

## Teens, families find lots to do outdoors to build bodies, minds

BY JULIE BROVIN  
O&E STAFF WRITER

Denise Semion of Plymouth Township, like many parents, is a firm believer in kids being active.

"I think it's crucial that you pull your kids away from the (TV) screen and get outside," said Semion, mom to two sons, ages 17 and 25, and chief of communications for the Huron-Clinton Metroparks. Her older son moved to Denver, Colo., for work and does snow sports, rock climbing and mountain biking, which she attributes to his active growing-up years in Michigan.

Denise Semion's proud of the varied activities available at the Huron-Clinton Metroparks ([www.metroparks.com](http://www.metroparks.com)).

Today, Sunday, June 28, there's a great blue heron rookery watch 1-4 p.m. at Kensington Metropark near Milford. Participants, including teens looking for an active summer, can watch birds through spotting scopes (interpreters will be on hand) by Wild Wing Lake at Kensington. "You can watch the birds nesting," Semion said.

She also recommends that teens try inline skating or bicycling on Kensington trails (they'll need a helmet). "It's eight miles going around, so obviously you have to be prepared," she said.

Those activities are all drop-in, and you can call the Kensington nature center at (248) 685-0603 or the park number at (248) 685-1561 for more information. A daily Metroparks pass costs \$4, an annual one \$20.

Semion noted teens can also swim at Kensington's beach or

rent a paddleboat. "They can paddle all over the lake. That's a good one." It's \$10 an hour for a four-person paddleboat.

Teens also can go it alone on the lake with a one-person kayak at Kensington for \$5 an hour.

"Teenagers would really like kayaking," Semion said, adding that adult supervision is recommended, especially for younger teens.

She said Metroparks staffers don't poll visitors, so they're not sure if more are staying closer to home for "staycations."

"We'd like to think more people would look at the Metroparks as a tremendous resource in southeast Michigan," she said, citing low cost and ample offerings.

### READING FOR FUN

Even indoor activities for teens can take on a new tone in summer.

"We have a lot of stuff going on for teens," said Laurie Golden, a Plymouth resident and marketing and communications manager for the Canton Public Library.

She said the summer reading program for teens is popular. This year's reading theme is "Express Yourself," for students entering seventh through 12th grades.

Participation is skewed a bit to younger teens, she said, but is broad-based. Teens can read books or watch movies, listen to CDs, play video games or listen to e-books or audio books.

"In the summer, you're reading for yourself," Golden said. "It's much more reading for enjoyment. You're really able to relax and explore some new things."

Students can sign up for the program, which is under way,

at the library, 1200 S. Canton Center south of Cherry Hill — just south of the township administration building — in Canton. Aug. 12 is the final day to turn in reading logs. Students don't need to be with a parent to register.

### FOOD, CRAFTS

Golden's excited about a five-session creative writing program for teens taught by a University of Detroit Mercy instructor. There's also a teen after-hours party with crafts and pizza Friday, July 10, and a teen manga drawing contest, along with an ice cream social Monday, July 20. Teens can register for each program or activity online at [www.cantonpl.org](http://www.cantonpl.org).

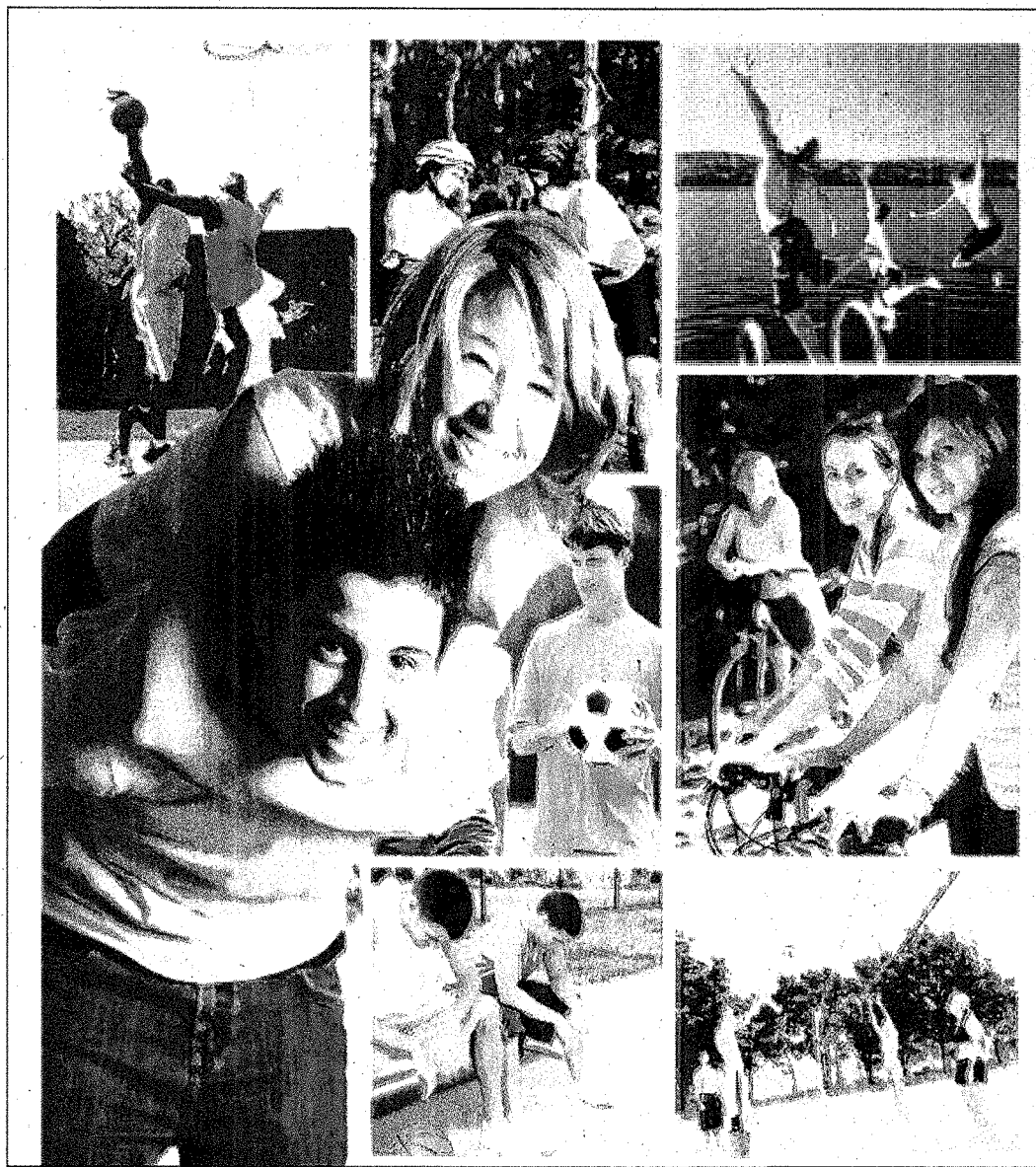
"They could come in and hang out with friends," Golden said.

The library's also sponsoring some all-age events, such as an outdoor tie-dye — which will be sure to leave the library lawn covered in pretty colors — and a crafts swap for those with leftover buttons, beads or yarn.

Other area libraries also offer teen summer programs, as well as "Adventure Pass" programs that allow patrons to check out free passes to museums and other attractions. Golden's quick to mention the "Park and Read" initiative of the state parks. Area libraries offer one-day passes for free admission to state parks. Availability is limited, and passes must be used within seven days.

### ANIMAL WATCHING

The Detroit Zoo, at Woodward and 10 Mile, draws well beyond its Royal Oak location, said spokeswoman Patricia Janeway. She proudly noted that visitors come from



all 50 states and some 32 countries.

"The zoo is just a great place for kids to come and be outdoors," she said.

Walking the 125-acre zoo gives visitors of all ages a renewed appreciation of nature and wildlife. "It's definitely a great place to come and get some exercise," said Janeway, a Bingham Farms resident.

She noted that zoo officials advocate for the No Child Left Inside initiative, which encourages children and teens to get active outdoors.

Oakland, Wayne and Macomb residents are eligible for a 10-percent discount on a zoo membership, which runs \$64 a year for a family.

"It really pays for itself in one or two visits," said Janeway, noting admission

and parking are free with a membership. "Our attendance this year is up. The zoo is such a great value for families."

Popular with teens is the new zoo Dinosauria, an exhibit of 19 animatronic lifelike dinosaurs on a trail; cost is \$3 above zoo admission, including for members. For more on zoo offerings, visit [www.detroitzoo.org](http://www.detroitzoo.org).

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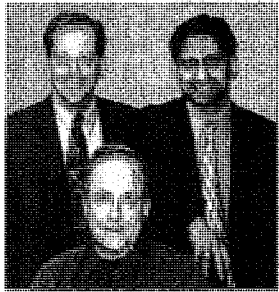
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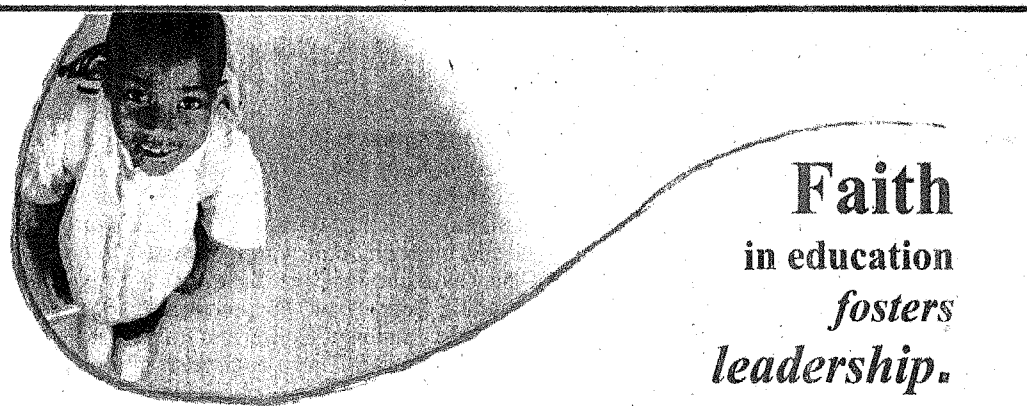
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# Getting outside pays off for kids of all ages

BY JULIE BROWN  
O&E STAFF WRITER

The No Child Left Inside initiative aims to get children and teens outdoors and active.

"Kids are not getting outdoors as much. The health community has a big interest in this," said Ray Rustem, information services manager for the state Department of Natural Resources.

Michigan formed a coalition around No Child Left Inside last year, and there was a summit this past Thursday at Michigan State University in East Lansing presented by state and federal agencies and conservation groups.

"It's actually worldwide," Rustem said of the initiative, which includes research from the United Kingdom showing that young people there also have a disconnect with nature. "So we're all looking at similar issues."

The movement came about in part from a book focusing on related issues, Richard Louv's *Last Child in the Woods*. Rustem noted it's best to start getting children outdoors when they're young.

## YOUTHFUL CURIOSITY

"Young kids are really the easiest. They still have a lot of curiosity," he said.

Older children and teens often need more activities — such as archery or fishing — to draw them outdoors. Detroit kids, for example, fish at the Pocket Park at the State Fairgrounds at Woodward and Eight Mile.

"Kids just do not get outside" as they did in the past, he said. He remembers as a boy having acres to roam. He knew his neighbors, and there weren't issues of trespass or liability.

Children spend less than 30 minutes a week in unstructured outdoor play. The total range for children playing and wandering outdoors is one-ninth of what it was when today's adults were growing up. Rustem said competition from electronic media plays a role, as does access to places to play. The DNR and others are looking at parks and water access, along with a program to get youth groups out to parks.

## IMPORTANCE OF PLAY

He cited health benefits to play, such as vitamin D from sun exposure, as well as reduced obesity. "There's a lot of socializing issues that they develop," he added. Kids playing in groups learn to solve problems and make rules. "They're creating games and just thinking."

Children and teens can use all senses while outdoors, as compared to sight and some limited hearing while on a computer. "Sensory development is great," Rustem said.

There are additional benefits. People who care about the environment and nature generally had experiences outdoors when they were younger, often with mentors. By learning about and protecting the outdoors, they become the next generation of stewards, he said.

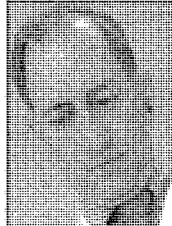
"We need to have places kids can play and do exploratory play," he said, noting the need to include land planners.

He said the initiative "has to be a community effort."

Interest isn't limited to outstate and rural areas, he added. Many in southeast Michigan, including health care professionals, are involved. For more on the Michigan effort, visit [www.MI-NCLI.org](http://www.MI-NCLI.org). Rustem also recommends the national Web site [www.childrenandnature.org](http://www.childrenandnature.org).

# Enjoy fireworks safely for Fourth of July

With the Fourth of July approaching, Derek McCalmont, M.D., service chief for emergency medicine at Henry Ford West Bloomfield Hospital, talks about fireworks safety.



McCalmont

## Q - What types of fireworks-related injuries do you see in the emergency department?

A - Most injuries from fireworks involve those to the hands or eyes. Usually, someone has been playing with a firecracker, or worse, something with more explosive force, like an M-80. People try to light fireworks while holding them, and they explode in their hands. There is no such thing as a firework meant to be lit while holding it except for sparklers.

We also see injuries in those who try to make their own fireworks. No unlicensed person should be constructing or setting off these dangerous explosives.

## Q - But sparklers are safe?

A - Parents often give sparklers to small children, who may poke each

other with them, or they can get sparks in their eyes. Sparklers must be held away from the body, but small children may hold them too close to others. Sparklers are made of magnesium, and burn very hot. Always keep a bucket

of water handy, so you can drop the sparklers into the bucket and extinguish them thoroughly.

## Q - What about fireworks that explode in the air?

A - One thing we see frequently in the emergency department is injuries that result from fireworks that are designed to shoot into the sky, although any product that shoots into the air is illegal for consumers to set off in Michigan. Sometimes they don't light immediately, or appear to be duds. When people lean over such fireworks, either to light one, or to see why it might not be working, it

can explode in their faces.

## Q - For those who use fireworks, are some places safer than others?

A - Never use fireworks in an enclosed space, like a garage, or next to a woodpile, or in a dry field of grass. Stay in a paved area, away from flammable objects, with a garden hose nearby. A little common sense goes a long way.

## Q - When does an injury require a trip to the emergency department?

A - Any injury resulting in persistent bleeding from a wound, persistent eye pain, or a burn that goes all the way around a finger or extremity should be evaluated right away.

McCalmont reminds adults to keep kids away from fireworks, allow young children to use fireworks only with close adult supervision and to douse any firework that hasn't exploded thoroughly with water.

## GARDEN CALENDAR

If you have an item for the garden calendar, submit it at least two weeks prior to the event to Sharon Dargay at [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com).

## Contest

The deadline to enter the Farmington Garden Club's 23rd Good Neighbor Garden Contest is July 1. The contest is open to all residents of Farmington and Farmington Hills. Judging will be July 6-10. Gardeners who are entered will be told which day the judging will take place at their gardens. The first, second and third place winners will receive a gift certificate from Steinkopf Nursery. Entry forms are available at [farmingtongardenclub.com](http://farmingtongardenclub.com) and at Steinkopf Nursery. You may also send gardeners name, telephone number and location of garden to FGC, 34621 Beechwood, Farmington Hills, MI, 48335-4010. If the garden is not your own, get gardener's permission to enter the garden. For more information, call (248) 474-0866.

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- Nutrition, Calorie Counting & Weight Management Booth

Saturday, June 27th, 2009

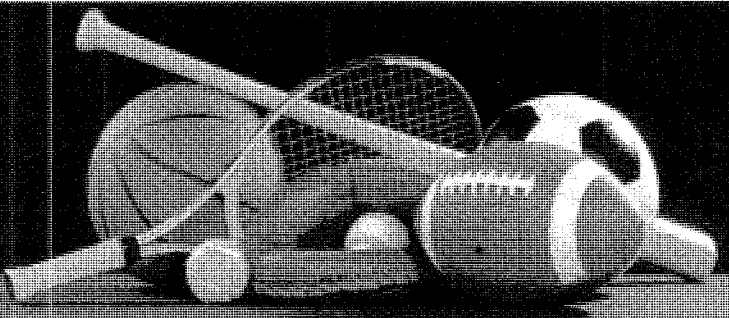
10 am - 2 pm

Location: Crescent Academy International Gym, 40440 Palmer Rd., Canton, MI 48188

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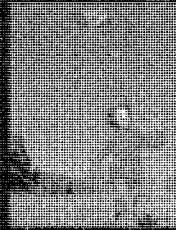
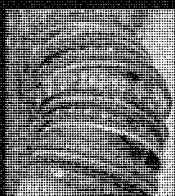
Co-sponsored by the Muslim youth of Canton, and Seema Ahmad, Organizing for America  
For more information about the event, or to volunteer, please contact:  
Seema Ahmad (734) 674-9506, [sahmad@yahoo.com](mailto:sahmad@yahoo.com)  
[www.ceden.org](http://www.ceden.org)



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- Week of 7/27: All-Sport, Baseball, Soccer, Craft
- Week of 8/3: All-Sport, Soccer, Basketball, Jewelry, Build & Fly
- Week of 8/10: All-Sport, Basics of Football, Lacrosse, Baseball, Soccer, Dance
- Week of 8/17: All-Sport, Basketball, Craft

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IN THE NEIGHBORHOOD



**Flower power**

'Peonies' by Dorothy Koliba will be on display at a floral theme art show, July 3-18, in Northville.

**SUPPORTING TROOPS**

The Livonia Jaycees is organizing a community-wide effort to collect grooming, snack and entertainment items through July 9 for troops overseas. It's also accepting funds to cover postage on the care packages that it sends.

Popular items include beef jerky, sun screen, lip balm, powdered drink mixes such as Gatorade, or Kool-Aid, toothbrushes, toothpaste, baby wipes, decks of cards, dice, dominoes, Raman noodles, trail mix, and hard candies.

Drop funds and items at Aim Mail Center, 30951 Five Mile, just east of Merriman, in Livonia) or the Livonia Chamber of Commerce office at 33233 Five Mile.

Make checks payable to the Livonia Jaycees. All care packages will be distributed by "Supportourtroops.org."

Contact the Livonia Jaycees at (734) 427-2122 or www.livoniajaycees.com.

**PAYING FOR COLLEGE?**

College Funding Specialists will teach the parents of high school freshmen, sophomores, and juniors about the opportunities available to help them pay for college comfortably and tax-efficiently at a free workshop at 6:30 p.m. Tuesday, July 14, at the Carl Sandburg Public Library, 30100 Seven Mile, Livonia.

"The fact is, there's a whole range of tools, loans, grants and techniques that parents can use to help their children get an education at the school of their choice," stated Peter Dotson, President of College Funding Specialists. "Unfortunately, very few parents are aware of the options available and either spend far too much money out of their own pockets or force their children to attend a cheaper, lower quality school than they should have attended."

The workshop will take parents through the intricacies of the college financial aid system from FAFSA applications to Student Aid Reports and will detail the three most important questions every parent must answer in order to effectively plan for paying college tuition and expenses. Types and sources of financial aid and grants also will be discussed.

Reservations are required. Call (888) 310-8211.

**TWO RIVERS**

University of Michigan-Dearborn professor Dr. Orin Gelderloos and the Detroit River Keeper, Robert Burns, will narrate a tour of the Detroit and Rouge rivers, Tuesday, Aug. 4, aboard the Diamond Jack.

The Friends of the Rouge is sponsoring the event that will start with boarding at 5:45 p.m. The boat will sail past Zug Island and as far into the Rouge River as the turning basin at the Ford Rouge Plant. The tour will focus on the industrial history of southeastern Michigan as well as the ecological significance of its waterways. This is not a dinner cruise, but a cash bar with snacks will be open throughout the evening. The cruise will conclude at 9 p.m. Pre-registration and payment deadline is July 17. Call Emily Hughes at (313) 792-9626 or e-mail [manager@therouge.org](mailto:manager@therouge.org).

**REUNION CALENDAR**

The Reunion Calendar runs Sundays in the paper as space allows, and online in its entirety at [www.hometownlife.com](http://www.hometownlife.com). Submit your announcement at least two weeks in advance to Sharon Dargay at [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com).

This invitation includes everyone who attended the Livonia Clarenceville School system. Staff and faculty also welcome. For more information, contact Walter Ragland II at [wragland2@hotmail.com](mailto:wragland2@hotmail.com) or (269) 720-5679.

**Dearborn Fordson High School Class of 1964**

45th Reunion 6 p.m. to midnight (dinner at 7 p.m.) Aug. 8, 2009, at Stitt American Legion Post #232, 23850 Military, corner of Telegraph and Warren, Dearborn Heights. Cost is \$25 in advance, \$27 at the door. Casual attire. Beer, pop and DJ provided. BYOB and wine. RSVP and send payment by July 23, payable to Sylvia Skelton, 1607 Edwin, Westland, MI 48186. For information, contact (734) 326-3964 or [silly1021@comcast.net](mailto:silly1021@comcast.net), or Barb Weide at (734) 416-9176.

**Dearborn High School Class of 1969**

40th Reunion, 6 p.m. Saturday, Aug. 8, 2009, at the Knights of Columbus O'Kelley Hall, 23663 Park Street, Dearborn, 48124. Tickets are \$45 each. For information, call Tom Gillespie at (313) 418-6070 or e-mail [Maryann.Taylor.Manduch@mmanduch@wideopen-west.com](mailto:Maryann.Taylor.Manduch@mmanduch@wideopen-west.com).

**Dearborn Heights Riverside Class of 1967**

42-year reunion is planned for Sept. 18-19, 2009. Event includes: Friday night graduate-only get-together with pizza and salad (\$10) at DeLuca's, 27424 W. Warren Road, Westland; Saturday night dinner at Joy Manor, 28999 Joy Road, Westland. Tickets for Saturday event are \$35 per person. Contact Gerry Porta for more information at (734) 718-9401 or [gwiart@gmail.com](mailto:gwiart@gmail.com).

**Birmingham Groves Class of 1969**

40th high school reunion, 6:30 p.m. Friday, July 24, 2009, at The Community House in Birmingham. Contact Sue (Dickson) Carlson at (248) 737-1398 or [grovesclassof69@aol.com](mailto:grovesclassof69@aol.com) for more information.

**Blessed Sacrament High School Class of 1949**

Call Delores Calcaterra Streicher at (734) 422-8780 for complete information about a reunion on Tuesday, Aug. 25.

**Brighton High School Class of 1989**

Planning a July 25 reunion, with buffet dinner, DJ and cash bar, at Barnstormer Entertainment Complex in Green Oak Township. Tickets \$75 per person or \$140 per couple. Contact Kelley (Doan) Simpson at (269) 375-5773 or at e-mail [4kelley@yahoo.com](mailto:4kelley@yahoo.com), or see [groups.yahoo.com/group/brightonclassof1989](http://groups.yahoo.com/group/brightonclassof1989).

**Clarenceville High School All Class Reunion**

10 a.m. to park closing, Sunday, Aug. 30, 2009 at Kensington Metropark, 2240 West Buno, Milford at South Martindale, Shelter T. Bring a dish to pass for 1 p.m., potluck lunch. BYOB for adult beverages in non-glass containers. To help cut cost, feel free to bring a package of burgers, hot dogs, and buns.

**SIMPLY SELF STORAGE**

Notice is hereby given that on July 15, 2009 on or after 9:30 a.m. that Simply Self Storage will be offering for sale under the judicial lien Process by Public Auction the following units. The goods to be sold are generally described as household goods. Terms of the sale are cash only. Simply Self Storage reserves the right to refuse any and all bids. The sale will be at the following location: 34333 E. Michigan Ave. Wayne MI. 48184 (734)728-8204.

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Another common elbow problem is olecranon bursitis. In this condition the small bursa at the back of the elbow enlarges, hangs down in a manner that disrupts the continuous line of sight from the shoulder to the wrist. Olecranon bursitis is painless; what upsets someone with the condition is how ugly the arm looks. The cause of olecranon bursitis is repetitive rubbing of the elbow. The treatment is not medicine or removing fluid from the bursa, but cessation of the repetitive rubbing.

The most frequent cause for elbow pain is lateral epicondylitis, or as it is often called: tennis elbow. Just to the outer aspect of the elbow joint is a projection of bone, the lateral epicondyle. This projection anchors the common extensor tendon from which the muscle of the back of the hand originate. The extensor muscles are stretched on shaking hands or picking up an object from the floor. A strain on the extensor tendon at its base will bring pain to the elbow when undertaking these daily hand and forearm movements.

A similar painful condition can arise on the inner aspect of the elbow. There, a bony projection anchors the common flexor tendon. Strain on the tendon, as occurs on opening the hand or spreading the fingers, can cause pain severe enough to require medical assistance.

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# 'Buy Michigan' food benefits go beyond business, include health

BY JULIE BROWN  
O&E STAFF WRITER

There's been an emphasis lately on "Buy Michigan" foods. Business benefits are well-established, but experts agree you'll also be healthier if you buy foods from closer to home.

"Farmers know it's not going to be shipped across the country," registered dietitian Annie House said, explaining that farmers offer vine-ripened produce to their Michigan neighbors. "The longer it's shipping, the more nutrient loss is happening."

House, who works for Botsford Hospital's Outpatient Diabetes and Nutrition Services in Novi, said cooking methods and storage length help determine a food's nutrient value.

Buying and eating food soon after it's grown helps.

"There's going to be more nutrient density," said House, a South Lyon resident.

She also noted there's more diversity in crops grown locally. Produce sent nationwide or beyond U.S. borders often means plant species are picked that will travel well. They may not be the most nutritious or best tasting.

"The more diverse your intake is as far as nutrients, the better," she said. A broader variety of foods means better health.

House noted the business benefits of buying Michigan produce, citing a state statistic that if each Michigan family bought \$10 a week in locally grown fruits and vegetables, the state would gain almost \$40 million each week. "Talk about incentive to go to farmers markets," she said, adding that many grocers also carry Michigan foods.

Some of House's patients complain that it's more expensive to buy nutritious foods. She pointed out that families spend a smaller percentage of household budget on food today than they did in the 1940s and 1950s. Today, cable television and cell phone costs also take a bite out of family budgets — possibly at the expense of spending on produce and groceries.

House said food grown locally or nearby has been handled by fewer people and machines, making contamination less likely and giving food safety a boost.

She finds Michiganders are getting the "buy local" message, noting that the dictionary now includes the word "locavore."

"Essentially, it's a person whose diet focuses on foods grown nearby," she said.

House doesn't think the term "organic" is overused in foods, adding it's a personal choice. Organic milk tends to stay fresh longer, and she's not sure exactly why.

#### BECOME INFORMED

House is glad to see the Michigan focus; she doesn't want people to be obsessive about food or on fad diets. With trends toward more obesity and higher diabetes levels, she wants people to learn to read food labels — and make more purposeful food choices.

"It makes a difference, it really helps," House said.

According to the Michigan Department of Agriculture, producers in the Great Lakes state grow a greater variety of commodities than any other state, except California. Chris Lietzau, manager of the Select Michigan program for the department, agreed Michiganders are sometimes surprised at what's grown here.

"I think people are amazed," she said. "They often don't know the bounty Michigan has to offer."

Lietzau, who's run that program since 2003, noted there's an environmental factor with local produce as well. Less truck traffic means less fuel used, better air quality and roads that need fewer repairs.

"I think that the message is getting out," she said of buying Michigan products. The Department of Agriculture gets lots of calls and requests and in-store events it has done garner a good response.

Last year, Lietzau did a pilot



The Farmington Farmers and Artisans Market in downtown Farmington is among many local venues where people can buy Michigan produce, boosting their health and the state's economy.

program with the Associated Food and Petroleum Dealers on product introduction and nutrition information. All the stores were in the city of Detroit.

"The consumers were interested in buying Michigan," she said, noting the need to have products identified that way.

#### GOOD RESPONSE

A couple of years ago, a program was done in conjunction with the state Department of Community Health among mothers receiving food stamps. Those moms, too, were interested in buying

Michigan products, aware of their quality and how purchases help others. Lietzau said she was "very pleased" of the response to that effort.

The state gets the word out on local products through events and activities, reaching consumers at stores. Public and in-store radio have been used, along with magazine ads. A new Web site outside of [www.michigan.gov](http://www.michigan.gov) is set to debut at the end of July, focusing on Michigan products.

"We've done some farmers markets," Lietzau said, citing Eastern Market in Detroit. She's worked with Henry Ford

Hospital, including the chef at the new West Bloomfield hospital, for whom she has praise.

"We try a lot of different activities," Lietzau said, noting the challenges of funding those through grants, private sector money and fund-raising.

She added that money spent locally in a grocery store, for example, benefits others. The grocer will buy local cleaning supplies, and grocery store employees will eat out at a local restaurant. Each dollar spent circulates three to seven times, Lietzau said.

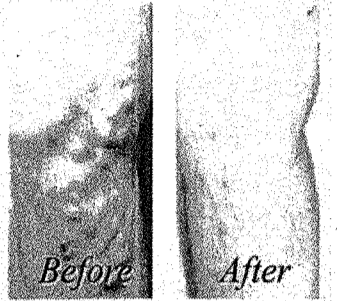
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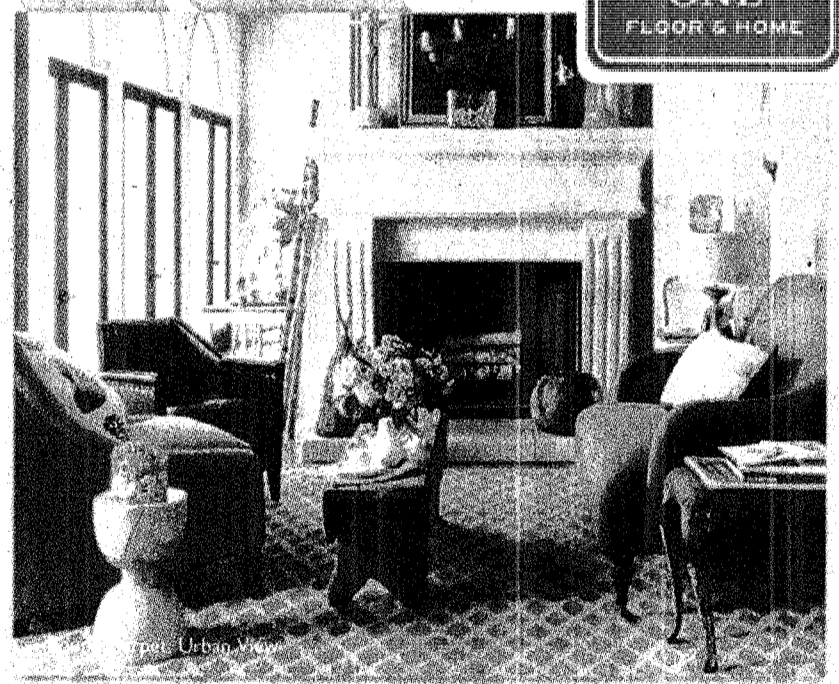
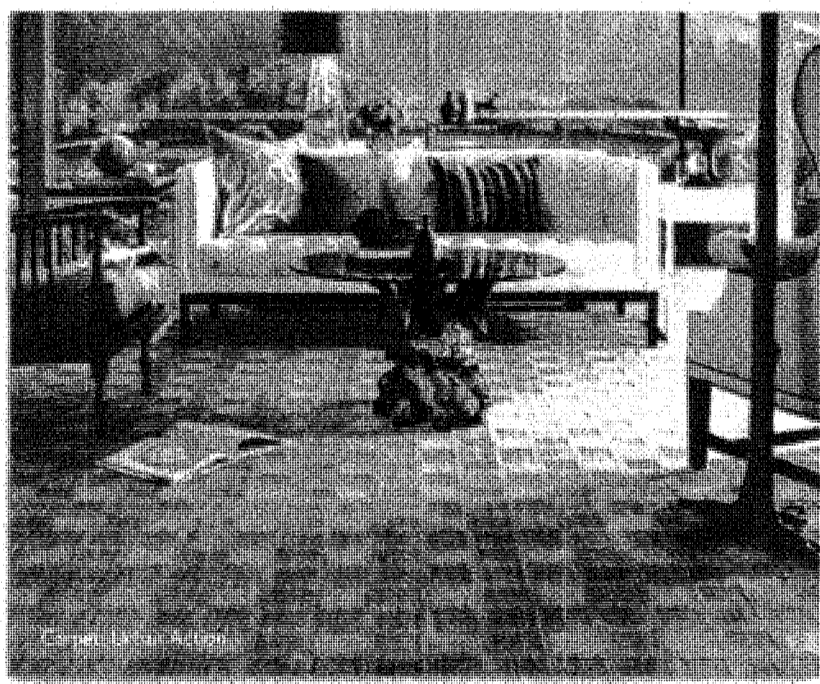
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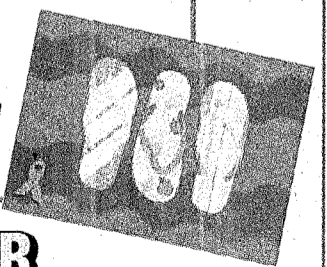
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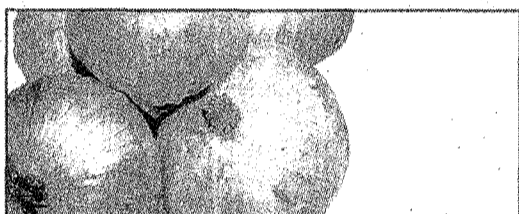
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**FRESH PORK STEAKS** **99¢** PER LB.



**DAIRY FRESH COOKED HAM** **99¢** PER LB.

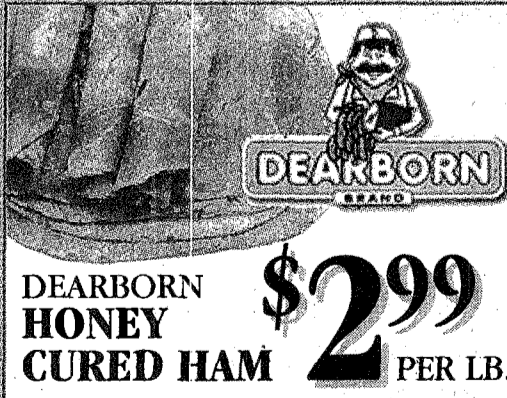


HUNT'S **KETCHUP** 14 OZ. BOTTLE **99¢** EACH



**FRESH PEACHES & NECTARINES** **99¢** PER LB.

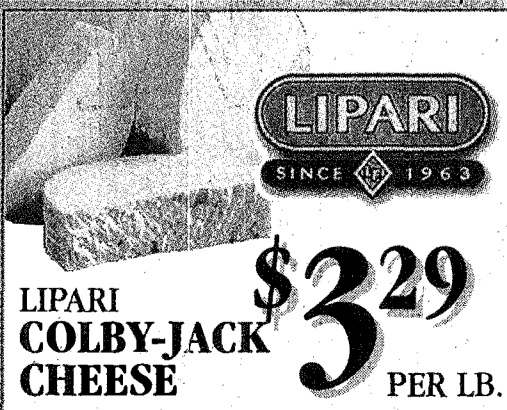
## Deli Specials



**DEARBORN HONEY CURED HAM** **\$2.99** PER LB.



**LIPARI OVEN ROASTED TURKEY BREAST** **\$2.89** PER LB.



**LIPARI COLBY-JACK CHEESE** **\$3.29** PER LB.



**OUR FAMOUS DELI MADE CHICKEN SALAD** **\$3.99** PER LB.