

MISS JUNK FOOD 'Junkie' fights her way back to health

SUNDAY January 27, 2008

75 cents

EXAMPLE 1 AND NATIONAL AWARDS OF EXCELLENCE

WESTLAND

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3 elementaries get media center expansions

BY SUE MASON STAFF WRITER

Three elementary schools will be getting additions to their media center in a new round of sinking fund projects approved the Wayne-Westland school board recently.

The additions are slated

for Schweitzer, Edison and Patchin Elementaries, and welcomed by parent Pat McCreery who had eight children attend Schweitzer School. "I was the first librarian, I

I was the first librarian, I was a volunteer," she said. "We had no library, we shared space with the principal."

The approval of the more

than \$1.6 million in construction contracts, however, came after a representative of the Brotherhood of Electrical Workers questioned the selection of Great Lakes Power and Lighting Inc. of Casco, Mich., to do the electrical work.

"Although the school district must use its money wisely, how will this contract reflect your concern about the community," asked Gary Helmer in questioning if due diligence was done related to Great Lakes paying prevailing wages on other projects.

Helmer presented a series of questions about Great Lakes to the board related to findings on noncompliance in New Baltimore and related to an elementary school in the Hartland district as well as the use of apprentices and the lack of appropriate supervision.

Helmer also told the board that three other school districts — Memphis, New Haven and Fraser — opted for the second lowest bidder rather than award contracts to Great Lakes.

However, when questioned by Trustee Steve Becher if the company "has ever not paid prevailing wages," Helmer could only say that "it's a suspicion of mine."

Please see EXPANSION, A2



Judge rules walk was bond violation

BY LEANNE ROGERS STAFF WRITER

A Garden City man has been sent to jail after being found at an

elementary school in violation of his bond conditions. Steven Brian Smith, 45, was sentenced to 30 days in jail for contempt of court by Westland 18th District Court

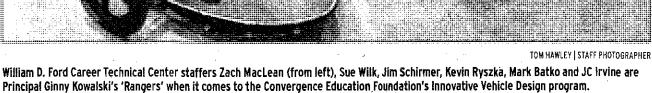
District Court Smith Judge Sandra Ference Cicirelli.

Police were called to Farmington Elementary School in Garden City as classes were being dismissed Tuesday afternoon. A witness pointed out Smith, who charges of being as disorderly person and public nudity.

Westland police officers had arrested Smith about 12:20 a.m. Dec. 18 after spotting a man standing at Venoy and Cherry Hill with his pants and underwear pulled down masturbating.

Smith was initially released by Garden City officers because his bond conditions stated he was not to have contact with anyone under 18 or enter a school.

"He wasn't in the school, he was walking near the school and the officer saw no contact with kids," said a Garden City officer. "He was (subsequently) arrested after we clarified with the judge (Cicirelli) that she mean he was not to be in the area of a school or in close proximity. He violated the spirit of



Center honored for making engineering exciting

BY SUE MASON STAFF WRITER

There's a new sign hanging outside the William D. Ford Career Technical Center, one announcing its designation as a Center of Science and Engineering Excellence.

Career Tech Principal Ginny Kowalski, members of her staff and students appeared before the school board this month to receive the award, presented by the Convergence Education Foundation.

Karl Klimek, the foundation's vice chairman and project orchestrator, told the board he was "thrilled" to present the center with the first ever award.

"We decided to present it to the school because they decided what was critical to them is to excite students about engineering," Klimek said.

The center found out in December that it had been selected as one of seven school programs to receive the award, which "celebrates the success of projects, focused on engineering, science or math, implemented within local educational communities."

According to Klimek, it recognizes "their dedication to bringing unique, project-based learning opportunities to the hundreds of youth they serve." 'Our people are extremely impressed with this place. People who bring honor to a profession should be honored and these teachers are an honor to their profession.'

KARL KLIMEN, Convergence Education Foundation vice chairman and project orchestrator

The Career Technical Center has partnered with the Convergence Education Foundation for a number of years. It was a participant in the foundation's innovative design vehicle program and won several awards — the Convergence Education Foundation's Vehicle Performance Award and Ambassadorship Award and the 2007 Excellence in Practice Award from the Michigan Department of Labor and Economic Growth's Bureau of Career Education Programs for the studentbuilt Thunderbolt II IVD.

"Our people are extremely impressed with this place," Klimek said, adding that, "People who bring honor to a profession should be honored and these teachers are an honor to their profession."

Kowalski said the center is thrilled to be one of the first seven — "We call ourselves Mercury 7," she said — and also praised the teachers who have helped steer the program, calling them the center's "rangers" after the military's special forces.

"We received this honor because of our wonderful staff," she added. "This staff doesn't know it doesn't have to work in the evenings, on weekends and in the summer for a dozen doughnuts."

Kowalski also thanked the districts's administration for its help in providing equipment for the center and the foundation for its assistance.

"We know what we want to do, but sometimes we need to be reined in and our vision defined," she added.

"This is truly a gifted and talented program for the community," Supt. Greg Baracy said. "This award clearly illustrates the wonderful things going on at the center."

There's no time to rest on laurels at the center, where the students and staff are working on a yet-to-be-named IVD due out in fall 2008. According to Kowalski, the new IVD is being built on a golf cart frame and will be powered by a hydrogen fuel cell.

"I had the opportunity to test drive the latest model and it's awesome," Baracy said. "I saw the technology in the latest version and it's awesome."

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was walking near on Farmington Road and Rosslyn approaching the school.

The officer said Smith indicated he was taking a walk despite the inclement weather — it was about 15 degree temperature and snowy. His home is about half a mile from the school. The officer noted Smith had been spotted walking on the grounds at other schools in Westland recently.

Smith had been released on a \$500 bond after being arrested in Westland on two misdemeanor the bond conditions."

Following his arrest, Garden City officers turned Smith over to Westland police.

The incident last month resulted in the pending charges.

Smith was a registered sex offender for a 1994 second-degree criminal sexual conduct conviction in a Westland case involving a child under age 13. He was released from prison in 2006.

- Staff writer Darrell Clem contributed to this story.

Westland woman killed in traffic accident

BY KURT KUBAN STAFF WRITER

A 74-year-old Westland woman was killed in a Canton traffic accident involving three cars Thursday around 6:45 p.m.

Canton Police Sgt. Rick Pomorski said Sallie Mae Lockhart had just left the CVS store at Palmer and Haggerty roads. Driving a 2007 Chevy Malibu, she was heading eastbound on Palmer just before the I-275 overpass, when witnesses say she drifted across into the oncoming lane and hit a 2007 Chevy Tahoe head on. Her vehicle then collided with another car, a Volkswagen Passat, before coming to a halt.

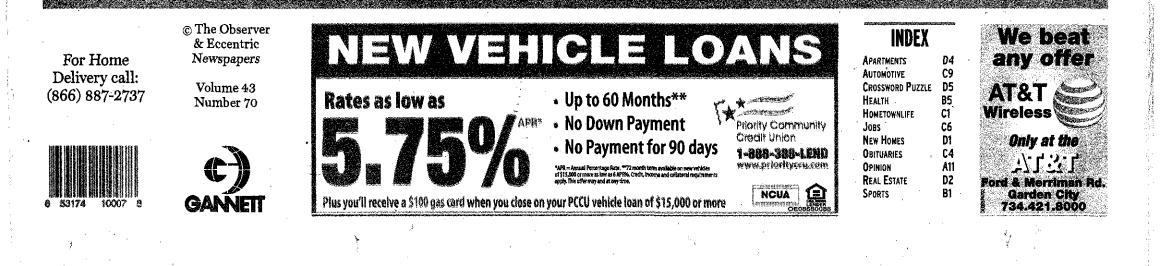
Canton emergency responders transported the woman to St. Joseph Mercy Hospital, where she was pronounced dead. There were no passengers in her car.

The drivers of the two other vehicles involved in the accident were treated for minor injuries at the scene and released.

Pomorski said the accident is under investigation, but it is believed that the woman had a medical condition that probably caused the accident.

"That is the thinking right now," Pomorski said Friday morning. "Based on what the witnesses had to say, it does not look like speed played a factor."

Pomorski said the woman was a diabetic, but her blood sugar appeared to be normal at the time of the accident. He said an autopsy will be conducted to determine the cause of death.



LOCAL NEWS

LPS conducts criminal checks on chaperones

BY REBECCA JONES STAFF WRITER

A2

(W)

Past transgressions won't prevent parents from chaperoning field trips - unless they involve danger to a child, said Livonia Pubic Schools safety administrator Mark Schultz.

Starting this month, the district began requiring those who drive students or chaperone field trips to fill out a form allowing for a criminal background check through the Michigan State Police Internet Criminal History Access Tool.

Schultz, a retired Livonia police officer, said he is the only one who will view this information.

About 1,000 LPS parents had returned the form as of late last week, he said. None have been disqualified.

Decisions to exclude an individual would be made on a information on felony and case-by-case basis, but Schultz misdemeanor arrests, charges

BY DARRELL CLEM

STAFF WRITER

A pistol-packing bandit

resembling a ninja remains at

large after robbing a Westland tobacco shop and striking a

worker on the head, police Sgt.

The holdup happened just

before 7 p.m. Monday at

said he would talk to the person first.

He's looking for convictions for child sex crimes, child abuse or contributing to the delinquency of a minor.

Conviction for shoplifting, drunken driving or marijuana possession, for example, doesn't mean a person would not be a suitable parent volunteer.

"Quite frankly," Schultz said, "people are allowed to make mistakes."

The idea is to protect children without infringing on people's privacy, he said, adding that a number of districts are doing similar checks. Howell Public Schools, for example, runs ICHAT searches on all parent volunteers, whether they help in classrooms or on field trips.

ICHAT records contain

and convictions in Michigan. LPS is not being charged for this service.

Some parents criticized how the new procedure came about.

At a recent school board meeting, parent Roger Spence wanted to know: "Who, when, how and why is this policy being implemented?

The idea came from elementary principals and the human resources office, Schultz said.

Parent Kim Naccashian criticized lack of consistency and communication. She said different schools used different forms, including one that used an employee contract form.

"Hopefully we can get back to what this was intended to do rather than the problem that it has become," she said, adding that she is pleased with how Schultz has handled it. Originally, parents were

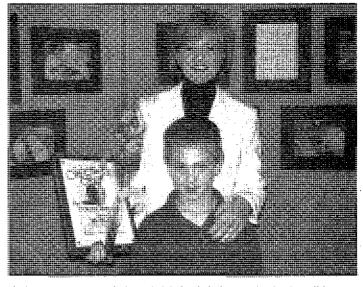
asked to provide their driver's license number and the last four Social Security Number digits for further ID verification, but both of those are unnecessary, Schultz said. "I get a lot of false hits." Currently, the district asks for the name and birth date of the applicant.

Eventually the district will establish a list of eligible chaperones, from elementary to high school parents. New background checks will be conducted every year.

State law requires the district to run fingerprint and FBI criminal background checks on all employees and consultants who will work around children by July 1.

Right now, the district doesn't plan to research driving records or take fingerprints of volunteers, Schultz said.

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First-grade teacher Lori Charochak helped student Michael Behrendt keep up with his studies after an injury kept him out of school.

'Apple' teacher learns commitment helping homebound student

BY REBECCA JONES STAFF WRITER

His teacher already had an apple, so Michael Behrendt gave her some flowers.

Lori Charochak, a firstgrade teacher at Hoover Elementary School, was rewarded with the Livonia Public Schools Golden Apple Award for her work outside the classroom.

Charochak, who is in her 20th year with the district, became a homeschool teacher to Michael for three months after he suffered an accident that prevented his return to school.

After school three times a week, Charochak visited the Behrendt home and recreated her lesson plans. She brought Michael cards and letters from his classmates, pictures and even Spike the reading dinosaur. And, when Michael was chosen as her classroom's Apple of the Day special helper, Charochak delivered the apple necklace to remind Michael of his status. Instead of falling behind during this time, he advanced reading levels and made progress in math.

In accepting the award, Charochak quipped, "I get to be the Apple of the Day.

meaning of commitment, determination and that you never give up when faced with a challenge," the teacher said.

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She also credited her mother, in the audience, who never fussed over the chalk dust that she created while playing school, and her late father. Offering to homeschool

Michael was an easy decision, she said.

"I just figured he was one of my kids," she said.

Charochak was also firstgrade teacher to Michael's big brother, Kevin.

"She's nice," Kevin said. Diane and Don Behrendt's nomination was one of five letters of support in Charochak's favor.

Other colleagues noted her devotion to children, motivational techniques for helping students achieve success, memorable lessons and the leadership role she plays.

Hoover principal Andrea Oquist called Charochak a treasure for the school district.

Charochak, who lived in Livonia for 42 years before moving to Northville, said she has wanted to be a teacher since her days as a student at Grant Elementary.

Charochak is a 1977 graduate of Churchill High School.

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Scrapbooking

Brian Miller said.

You can spend a whole day or a half day scrapbooking at a scrapbooking workshop being offered 9 a.m. to 9 p.m. Saturday, Feb. 23, at Ss. Simon and Jude Parish, 32500 Palmer, east of Venoy, Westland.

Light breakfast, lunch and

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Tobacco Road, a smoke shop on seriously hurt, believed the Wayne Road north of Hunter. intruder may have been a white No shots were fired. male, but he told police it was Just before the store was difficult to say because of the

AROUND WESTLAND

Police: 'Ninja' robber holds up smoke shop

way the bandit was dressed. closing, a lone man wielding a dark-colored pistol went inside, The victim told police the struck a male employee on the robber wore all black clothhead, forced him to hand over ing, including a hoodie, money from a cash register and sunglasses and a scarf coverthen fled on foot, Miller said. ing his face. The bandit was The employee, who wasn't described as about 5-foot-9

with a medium build. "Our complainant said he looked like a ninja the way he

was all wrapped up," Miller said. Anyone who has information about the incident is urged to call the Westland Police Department at (734) 722-9600 or (734) 721-6311.

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dinner, snacks and beverages are include in the cost of \$35 for a full day and \$20 for a half day. Space is limited, so call Sandy Kopcak at (734) 721-4867 or Karen Kopcak at (734) 634-3934 to reserve a spot.

Senior party benefit

A "Flapjack Fund-raiser" will be held 8-10 a.m.

Saturday, Feb. 9, at Applebee's Neighborhood Grill & Bar, 36475 Warren Road, Westland, to raise funds for John Glenn High School senior party. Tickets are \$6 for all-you-caneat pancakes with meat. For more information, call Sheila at (734) 422-4599 or Debbie at (734) 326-4305. Information also is available by sending an e-mail to rocketseniors@aol. com.

Z-PAC dinner

The Wayne Memorial High School Parent Advisory Committee will host is third annual fund-raiser dinner, "Spring Festival of Taste," 7 p.m. Friday, March 14, at the William D. Ford Career Technical Center on Marquette

For reported were en al Arcent Netland with our online edition at sea non-to-the control of the second s dirk or Weelerd.

The dinner will be by the award-winning culinary arts staff and students. Entertainment will be by magician William Heine. There also will be a silent auction, featuring student artwork and selected items. Tickets cost \$30 each and are available at Wayne Memorial High School or by calling Wayne Memorial Principal John Albrecht at

(734) 419-2200. Proceeds will benefit the Wayne High Class of 2008.

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in Westland.

FROM PAGE A1

In response to Helmer's comments, Doug Underwood of McCarthy & Smith Inc., told the board that prevailing wages have always been a part of the bid package in the nine years the firm has been the district's construction man-

ager. We analyze the bids and bring the best price to the board," he said. "We bring contractors in where there are problems and we do reference checks."

Underwood added that the State of Michigan on a weekly basis issues lists of prevailing wage violations and that McCarthy & Smith pays attention to those lists. According to Underwood, the latest state report shows no sign of violations. He added that there are no allegations or reason to believe that Great Lakes shouldn't get the bid.

"We've had quality work provided by them, we've had a good record with Great Lakes," he said. "We have to

"Michael taught me the

go by what the state gives us. If there's violations, we'd find out."

Board Secretary Martha Pitsenbarger expressed confidence in the work done by McCarthy & Smith, pointing out that the firm has done an excellent job.

"I think at some point we have to trust the relationship we have with McCarthy & Smith," she said. "We have to trust his judgment. They have continual given us excellent work. Ultimately it comes down to that — trusting they'll do a good job."

"McCarthy & and Smith has been with us for many years," added board President Skip Monit. "Mrs. Pitsenbarger is right, we have to trust their track record."

While Helmer was unable to prevent Great Lakes from getting the contracts for the electrical work at the three schools, Superintendent Greg Baracy assured him the district "will address your suspicion, but this gentleman has, to make decisions in the best interest of the school district."

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Serial robber gets prison sentence

BY DARRELL CLEM STAFF WRITER

A former Westland man and convicted serial robber will serve at least 14 years in prison after pleading guilty to at least three robberies in 2007. Although he was sentenced

for robberies elsewhere in Wayne and Oakland counties, 41-year-old Pierre Rene Bonds also had been charged with robbing the CVS store at Warren and Venoy around 7 a.m. April 29 of last year.

Bonds was recently sentenced in Wayne County

Circuit Court to 12 to 25 years near Warren and Merriman, for armed robbery, two to seven years for being a felon in possession of a firearm, and two years for a felony firearm charge. According to the Michigan Department of Corrections, Bonds will not be eligible for parole until late 2021 at the earliest.

Before his plea, Bonds had been jailed in part on a \$5 million bond that was set last June by Westland 18th District Judge C. Charles Bokos.

Bonds, who had lived at **River Bend Apartments**

had been placed under surveillance after authorities released his picture to the news media and received a tip accusing him of being a robbery suspect, police Sgt. Ed Price has said.

Authorities obtained a search warrant for Bonds' apartment and recovered evidence that they said was used to get warrants against him.

Before his arrest, Bonds had been on parole for a robbery that occurred in 1998.

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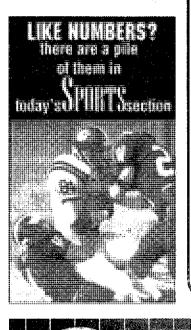
Duo faces hearing in home invasion

BY DARRELL CLEM STAFF WRITER

Westland police are continuing to investigate a home invasion in which the owner returned from vacation and was missing several handguns, credit cards, a ring, Social Security cards and collectible coins, police Sgt. Ed Price said.

The home invasion happened earlier this month on Avondale east of Venoy and has led to criminal charges against Inkster defendants Angela Namyflowski, 28, and Corey Pokorny, 22, who face a preliminary hearing Wednesday in Inkster 22nd District Court.

The hearing will determine whether the defendants should stand trial in Wayne County



Circuit Court.

An investigation led police to execute search warrants in Westland and Inkster, where Price said the missing items were found except for the ring and guns.

According to Price, Namyflowski is facing a hearing on three counts of having stolen credit cards, and Pokorny is charged with receiving and concealing stolen property worth more than \$1,000. The charges are punishable by penalties ranging up to five

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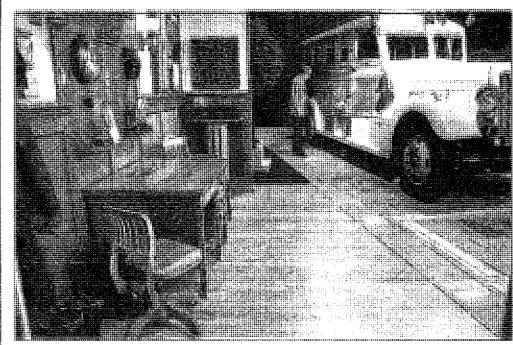
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As they await their hearings, each defendant has been released on \$10,000 personal bonds, an Inkster District Court spokeswoman said.

According to the Michigan Department of Corrections, Pokorny already had been placed on probation in September 2006 for a vehicle violation in which he was accused of fleeing from a police officer.

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BILL BRESLER | STAFF PHOTOGRAPHER

(W) **A3**

At the auto show

Today is the last day for the North American International Auto Show at Cobo Center in Detroit. If you go it's open from until 7 p.m. - check out the replica of a 1930s firehouse, built by students at the Livonia Career Technical Center. It's on display near an old-time fire truck on the lower level of Cobo Hall. Students Joe Morris, Brandon Gutowski, Bryan Lester, Joel Story, Dan Ewald and Erik Slusarski built the structure. Period pieces, from a calendar to a watch desk, complete the display. For more in the auto show, see Page A8.





Man pleads guilty to assaulting ex-roommate

BY DARRELL CLEM STAFF WRITER

A4

A Detroit man will spend two years in prison for a Westland incident in which he pistol-whipped a former roommate and threatened him for failing to pay \$750 in his share of rent.

Ryan Carl Romero, 22, learned his fate recently in Wayne County Circuit Court for an incident that happened last July 12 at Wilderness Park Apartments on Warren east of Newburgh.

Romero and the former roommate ran into each other while visiting a third person at

Editor's note: The following is Teen

Journalist's Fawna Cicotte's story for

the second round of Student Voices.

assignment was inadvertently pub-

lished last week.

ever made a

when you

decision that,

An amended version of a science class

BY FAWNA CICOTTE

TEEN JOURNALIST

Wilderness Park. Romero was accused of hitting the victim with a handgun and forcing him to kneel and beg for his life.

Romero also fired a shot in a hallway and struck a door frame, according to police.

The defendant pleaded guilty to charges of felony firearm and assault with a dangerous weapon. Prosecutors agreed to drop several other charges in return for his guilty plea.

Romero will serve a mandatory two-year prison term. The earliest he could be released will be in late 2009, according to the Michigan Department of Corrections.

Romero and the victim had

Teen brains: Not quite ready to make decisions

mit crimes should be punished

Bailey Floyd, 17, said that

in the courtroom.

been roommates when the victim allegedly moved out without paying his share of the rent, police Sgt. Ed Price has said. The two met up at Wilderness Park.

"He (Romero) punched the victim in the face, then pulled out a gun and pistol-whipped him," Price said at the time.

Others tried to break up the fight.

As he awaited the outcome of his case, Romero had been free after posting \$5,000 of a \$50,000/10 percent bond, according to a Westland 18th District Court clerk.

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Ballot issue would make health care a priority

BY HUGH GALLAGHER STAFF WRITER

Former state legislator John Freeman says it's time to stop talking about health care and do something about it.

Freeman is chairman of the Michigan Health Care Campaign, a ballot initiative that would amend the state constitution to require the state Legislature to approve an affordable health care plan for Michigan.

"There has always been a lot of talk about health care reform and everyone understands the issue," Freeman said. "This is probably the biggest social concern in the country and state. But other than talking about it, no one was putting forth a serious strategy to go beyond talking and implement reform."

The ballot drive was launched Jan. 8 at a press conference in Royal Oak. A coalition of groups is supporting the drive including AARP, MOSES, Catholics in Alliance for the Common Good, the Michigan Osteopathic Association, MichUHCAN and others.

The goal of the petition is to force legislators to pass legislation that would establish a more cost-effective health care system and make sure that everyone in the state had access to health care. More than 1 million Michigan residents are without bealth insurance.

The ballot language does not prescribe a specific remedy for the health care problem.

Freeman, a Democrat who served in the state House 1993-98 representing Royal Oak, Hazel Park and Madison Heights, said the group decided on the non-specific language based on the success of a similar proposal in Massachusetts and the failure of more specific proposals in California,

PROPOSED BALLOT LANGUAGE

The Michigan Health Care. Campaign wants to put this bailot proposal to voters: The state Legislature shall pass laws to make sure that every Michigan resident has afford able and comprehensive health care coverage through a fair. and cost-effective financing system. The Legislature is required to pass a plan that, a through public or private measures, controls health care costs and provides for medically necessary preventive, primary, acute and chronic health needs.

"When you get down to the details of a proposition, that's where there is a lot of pulling and shoving over what the final product should be," Freeman said. "So in the case in California where they put specific health care proposals on the ballot, it failed because people didn't buy into it."

Freeman said in Massachusetts, supporters of the initiative wanted language in the state constitution supporting the idea that health care was a recognized value that needed legislative action.

"What happened in Massachusetts was that as soon as signatures were collected, politicians understood the people were behind them because of their vast concern," Freeman said.

Freeman said health care is a complex issue and it is important that all the stakeholders in Michigan are involved in whatever legislation develops.

"By putting it into the constitution, it establishes a framework from which the Legislature then has to

THE WOMEN OF WESTLAND AND FIRST STEP

develop specific proposals that make sense to Michigan and then implement them," Freeman said.

Though Freeman insists the issue is not partisan, Oakland County Republican Party Chair Dennis Cowan is skeptical, even though his organization hasn't yet taken an official stance on the initiative.

"It's too early to tell," he said. "There's not a lot of detail and this is a very, very complicated issue."

Cowan believes the current health care system has enough money to solve the problem; it's just that those funds "need to be redirected through appropriate incentives and not government mandates."

Freeman said inaction on the federal level was another reason for moving toward a state solution.

"We're moving this strategy forward because we can not wait for the federal government to act and if we do act, that might spur more action on the federal level," he said. Freeman said he is expect-

ing that some ideas for legislation will come from the Michigan Health Care Insurance Access Coalition, which was formed through a federal grant to study the problem of the uninsured in Michigan. The coalition includes all the major stake holders in health care.

"Their mission statement is to figure out specific reforms to tackle the cost of health care and provide health insurance for the 1 million without health insurance," he said.

The group has six months to collect 380,000 signatures to put the issue on the November general election ballot.

Staff writer Megan Pennefather contributed to this report.

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fawna cicotte

often to teenagers.

MSNBC.com published an article in December about frontal lobe formation in teenagers that cited the work of several professional neurologists and psychologists. Most of the professionals agreed that the frontal lobe, which controls impulse control, isn't fully formed until age 25. This means that kids and teenagers don't have a fully formed frontal lobe, are more prone to making impulsive decisions and are less likely to have self-control when it comes to decision making. These new discoveries lead to questions about how teenagers who com-



that happens so much more

punishment should depend on the crime and the age of the kid who commits it. "Teenagers should know bet-

ter," she said, adding that big crimes, like murder, should be punished severely, especially if the criminal is 17 or 18 years old.

Elyse Henry, 18, agrees. "I think teens should be punished based on their offenses," she said. "Their age or maturity should not affect that they know murder (or other crimes) is wrong."

Many of the experts in the MSNBC.com story stated that because of an immature frontal lobe, many teens are very sus-

me to do something, I would do it to make them stop bothering me," Henry said.

has a big impact on how teens make decisions.

"They'll reassure you that nothing will happen and then (all of a sudden) you're arrested," she said.

When teens are pressured by friends to do something that may not be a good idea, the immature frontal lobe gets overwhelmed by the stress and emotions that the teen is feeling and doesn't respond with the "wait, don't do that" message

that more mature people get and the teen may give in to the pressure.

The same sort of thing can happen when the teenage brain is faced with other impulses, like the impulse to buy something.

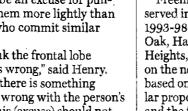
"Most of the time I regret buying things that I buy impulsively," Henry said. "I don't think about the fact that money needs to last until the next paycheck."

Many teens, especially younger ones, are tried as juveniles. Experts say that teens arc more prone to rehabilitation than older adults, and for that reason they should get different punishments from adults. Some of the experts said that sending a teen to an adult facility could severely disrupt the teen's growth and make it next to impossible for that teen to go on to become a productive member of society.

So should the fact that teens don't have a fully formed frontal lobe be an excuse for punishing them more lightly than adults who commit similar crimes?

"I think the frontal lobe excuse is wrong," said Henry. "Unless there is something severely wrong with the person's brain, this (excuse) should not be used.'

Fawna Cicotte is a senior at Wayne Memorial High School.



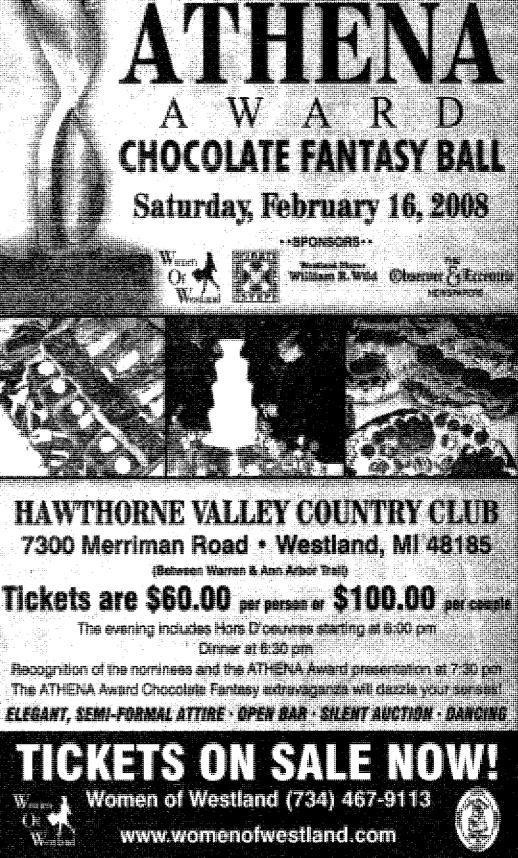
looked back on it, was a bad one? Science may have figured out why



ceptible to peer pressure. "If a friend keeps badgering

Floyd adds that peer pressure





Selling life insurance policy could be risky proposition

Q: Dear Rick: I saw an ad in the paper that said that someone who is a senior could sell their life insurance policy and make a lot of money. I am very skeptical about this and I was curious if you know anything about this and whether it is a scam?

A: I congratulate you on being skeptical. Investors need to keep their guard up to protect themselves in today's world. Generally, when something sounds too good to be true, it generally is. Viatical contracts became popular a number of years ago. The investment strategy proposed was that people who were terminally ill and who had life insurance could cash out their insurance policies prior

to their death and use the money. Upon the terminally ill person's death, the investor who bought the contract would Money Matters collect the life

Rick Bloom

ceeds. In theory, the strategy

made sense, however, too often there was fraud involved. Taken advantage of were investors and the people who were terminally ill.

insurance pro-

I have seen the recent ads directed at seniors. The ads generally deal with seniors over 70 and who either have a life insurance policy currently or who are in good health and would be able to purchase a new life insurance policy.

There appears to be a new market of investors who will purchase the existing life insurance policy of a senior. The way the transaction works is the senior receives a discounted cash settlement from the investors in exchange for ownership of the life insurance policy. The senior receives the cash settlement and in return assigns all interest in the life insurance policy to a group of investors. The group of investors continues to pay the premiums on the policy and, upon death of the senior, the proceeds of the life insurance policy go to the investors.

In theory, this transaction could be beneficial to the senior and at the same time

investors could receive a fair rate of return. From the standpoint of the senior, they need to look carefully at how much money they would receive in exchange for their insurance policy. Particularly, for a senior who does not need the life insurance, receiving a cash settlement that they can use during their lifetime could be a great way of going. However, it seems to me that in this type of transaction, just like in the past with viaticals. there is a risk that seniors will be taken advantage of and, therefore, seniors should be cautious before they sell their policies.

For seniors who have existing life insurance policies they do not need, there are other options. One option is to sell the policy. Another is cancel

the policy and receive the cash surrender value. This money is subject to tax. Your basis is the total of all the premiums paid throughout the years. So if you receive \$25,000 of cash from the cancelled policy and you paid \$30,000 in premiums there is no tax on the transaction.

For those who would have substantial tax consequences by canceling a life insurance policy, another option is to directly transfer the cash surrender value into an annuity. By directly transferring the money, there is no tax and the money will grow tax deferred until withdrawn.

For seniors who don't need life insurance policies, there is no reason to continue paying premiums. Explore the options available.

One piece of advice I give seniors is if anyone attempts to pressure you into a transaction or tries to get you to do something you feel uncomfortable with, walk away.

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at moneymatters@hometownlife.com. For more information, visit Rick's Web site at www.bloomassetmanagement.com. You can hear Rick from noon to 3 p.m. Sundays on WDTK-AM (1400).

\$11.98

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Observer & Eccentric | Sunday, January 27, 2008

Unemployment benefits must be reported on tax return

Tax season has arrived and the state of Michigan has begun mailing year-end statements to anyone who received unemployment benefits in 2007.

"Unemployment benefits are taxable, and those who received benefits will need these statements to prepare their 2007 state and federal tax returns," Liza Estlund Olson, acting director of Michigan's Unemployment

Insurance Agency (UIA), said.

The statements, called 1099-G or "Statement for **Recipients of Unemployment** Compensation Payments," are prepared by UIA and report how much individuals received in unemployment benefits last year. Mailing will be completed by Jan. 25.

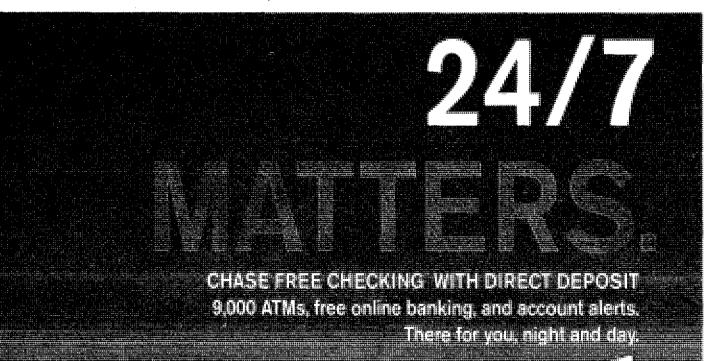
Starting Friday, Feb. 1, those with questions about their 1099-G or those who do not receive the statement can telephone the UIA or visit an agency Problem Resolution Office (PRO) for help.

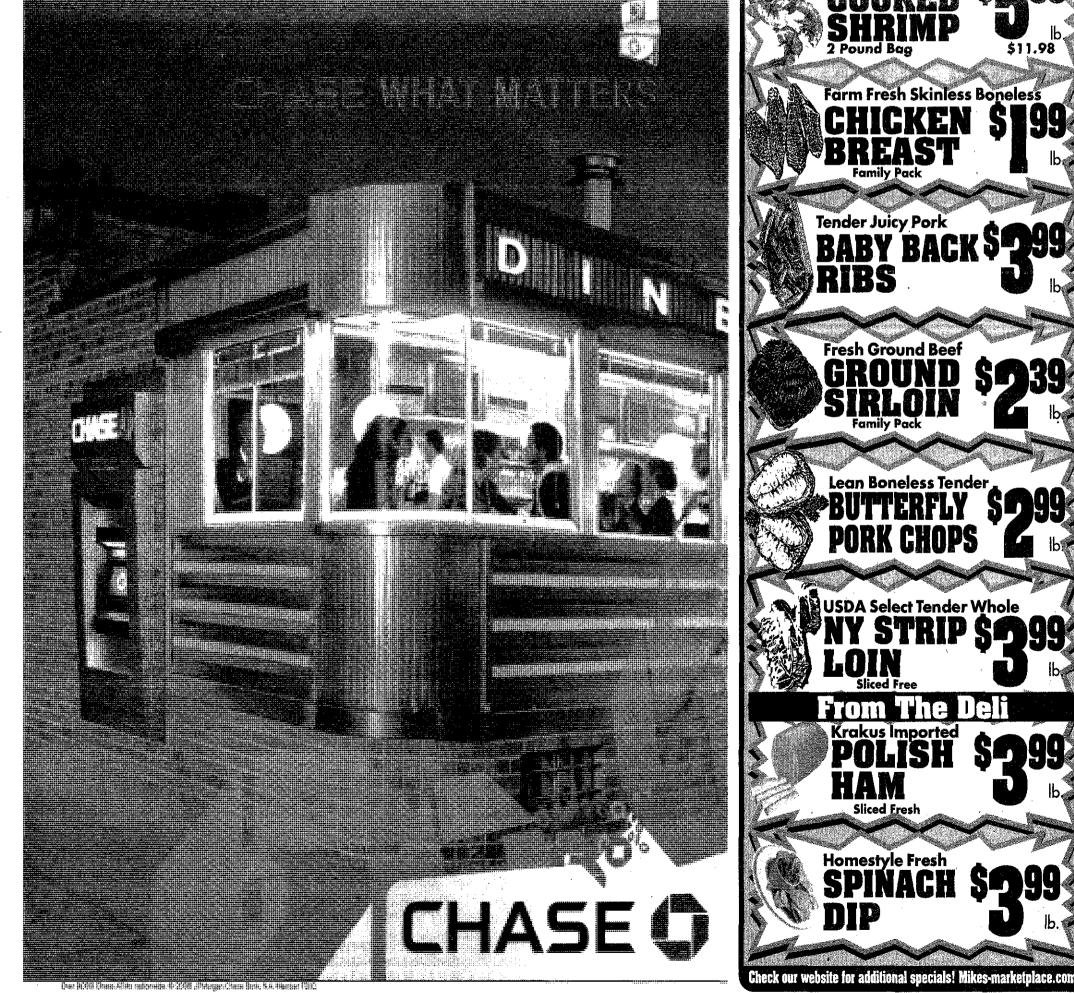
The toll-free UIA telephone numbers unemployed workers can call about their 1099 statements are: Telephone filed claims:

(866) 500-0017, select the "inquiry" option – staffed from 8 a.m. to 4:30 p.m., Monday-Friday. Customer Relations

hotline: (800) 638-3995 - staffed from 8 a.m. to 4:30 p.m., Monday-Friday. **UIA Problem Resolution**

Offices are located in Gaylord, 400 W. Main St.; Grand Rapids, 3391A Plainfield Ave., NE; Lansing, 5015 S. Cedar St.; Livonia, 33523 West 8 Mile Rd.; Marquette, 2833 US 41 West; and Saginaw, 614 Johnson St. The offices are open weekdays from 8 a.m. to 3 p.m.







LOCAL NEWS

Observer & Eccentric | Sunday, January 27, 2008

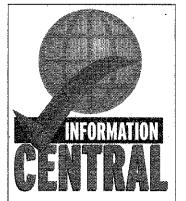
Happy birthday, Virginia!

The term "classic author" typically conjures up images of high necklines, dapper gentlemen and courtly manners. Of the many classic writers who do not in any way fit this description yet hold tenured positions in the literary canon, Virginia Woolf is sure to prominently stand out.

Her words and style are timeless and, like a Chanel dress, relevant now and will continue to be so in the years to come. For a person who was born in January of 1882, the message and mood she evokes with her writing still has a sense of currency that doesn't read as a work of ancient history might. The subject matter chosen by Woolf for many of her writings that was considered guite controversial and revolutionary in the '20s and '30s has melded comfortably into modern literature enjoyed in the 21st century.

"Mrs. Dalloway" is arguably Woolf's most famous work. This book, achieving notoriety for its stream-ofconsciousness prose that defines her writing style, has gathered renewed strength as of late through Michael Cunningham's "The Hours," based both on "Mrs. Dalloway" and the life of Virginia Woolf.

In addition to the film adaptations of "The Hours" and "Mrs. Dalloway," two of her other works, "To the Lighthouse" and "Orlando" have also been made into films. Her experiinto a musical in the early '90s.



The life and practices of Virginia Woolf cannot be labeled dull, so if you would like an inside look on the woman behind her stories, take the time to look at Hermione Lee's biography of the novelist. Plaqued constantly with illness and depression, her life tragically ended in suicide in 1941.

Rather than purchasing balloons and streamers, a more appropriate way to wish Virginia Woolf a happy birthday during the month of January is to stop by the library and check out a couple of her books. Call the Reference Desk at (734) 326-6123 to put one on hold, or come see us and we can direct you to the area where her books are shelved.

Highlighted Activities

Power of Sleep: 7 p.m. Jan. 28. Join us for another installment mental novel, "The Waves," was made in our medical lecture series hosted by The Foundation for Wellness

Professionals[™] and featuring Dr. Brian K. Brackney, Learn how to improve the quality of your sleep; sleep less and wake more refreshed. For more information or to reserve your seat, call the library at (734) 326-6123.

independent Movie Night: 6:30 p.m. Jan. 29.

Come join us for a viewing of Michael Moore's newest movie, a documentary look at health care in the United States as provided by profit-oriented health maintenance organizations (HMOs) compared to free, universal care in Canada, the U.K. and France. All are welcome (children age 10 and under must be accompanied by an adult). No registration required

Science Fiction and Fantasy Discussion Group: 7 p.m. Jan. 30.

Join us for a chronological study of the evolution of the genre. We're starting with the turn of the century Canadian author James De Mille whose work, "A Strange Manuscript Found in a Copper Cylinder," was serialized in Harper's Weekly after his death in 1880. Stop by or log on to our blog, http://sfwestlandlibmius. blogspot.com.

Information Central is compiled by reference librarian Mary Beth Fixler. The William P. Faust Public Library is at 6123 Central City Parkway, Westland. For more information, call (734) 326-6123.

Dads class offers chance to talk over issues

Dads, stepdads and other male caregivers can get a lesson in nurturing through a free, 14-week class being offered through the Livonia Public Schools Ready, Set Go initiative and Spectrum Human Services.

The class meets 6-8:30 p.m. Tuesdays beginning Feb. 5 at Perrinville Early Childhood Center in Westland. Childcare, meals and transportation, if needed, are provided.

"It's an opportunity for men who have children in their lives to support each other and talk about issues," said Deborah Squirewell, preschool and family services specialist at Perrinville.

The class is targeted at men

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FREE ADMISSION & FAMILIES INVITED

with school-age children who live in the LPS district, but it is not limited to district residents. Big brothers and grandfathers are welcome to participate. So far about eight people have signed up, Squirewell said. The target class size is about 15 students.

Brian Littleton is one of three program facilitators.

"I find that the fathers want to be involved. A lot of guys want to step up," Littleton said. The class uses the Nurturing Fathers curriculum. Topics include nurturing, playing, cultural influences, an employment workshop and balancing work and fathering. Participants will get a

certificate at the end of the

course. At graduation, students' children are welcome to hear a speech by the dads, entitled, "The Father I Choose to Be.'

Children are also welcome at a family fun day, when dads and kids will play games.

It's OK if a student can't make it to every session, he said. But incentives, like board game give-aways, will be given throughout the course.

The class is funded by a grant, which comes from federal funding through the Michigan Department of Human Services Healthy Marriage and Fatherhood Initiative.

To sign up, call Squirewell at (734) 744-2765, Ext. 28103.



Farmington Players Laurel Stroud, of Redford and Mike Gingerella, of Royal Oak, play Jennie Malone and George Schneider in Neil Simon's play, 'Chapter Two.'

Players present Simon's 'Chapter Two'

The Farmington Players **Community Theater presents** Chapter Two, written by one of America's most popular playwrights, Neil Simon.

Chapter Two is a story of two people starting over and is, by the playwright's own admission, somewhat of a self-portrait.

Following the death of Simon's first wife, Joan Biam, humorous events surrounding the tragedy began to unfold, with all of Simon's friends and relatives turning into matchmakers, serving as the basis of this play.

Director Amy Lauter has shaped the heartwarming comedy into a show that is sure to captivate crowds.

George Schneider, played

by Mike Gingerella of Royal Oak, is a writer haunted by memories of his dead wife. He clings to self-pity, fearing he will never find true love twice in one life.

Along comes Jennie Malone, played by Laurel Stroud of Redford, freshly divorced and wary of relationships. Schneider's playboy brother Leo, played by Geoff Wehner of Birmingham, and Jennie's witty best friend Faye, played by Laura Jerome of Royal Oak, convince the couple to meet. A five-minute date in New York then blossoms into a passionate romance that leads to a sudden marriage. When the honeymoon is over, the two find themselves drowning in a tidal wave of trouble. They discover

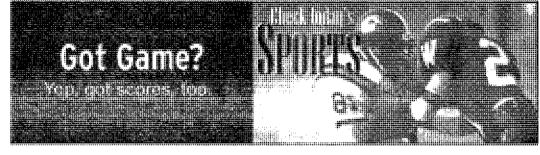
they can only embrace happiness once they conquer their ghosts.

Tickets are \$13-\$15 and can be purchased online at www. farmingtonplayers.org or by calling the Farmington Players box office at (248) 553-2955. The production runs Feb. 15, 16, 17, 21, 22, 23, 24, 28, 29, March 1, 2, 6, 7 and 8. All shows begin at 8 p.m. except for Sunday shows, which begin at 2 p.m.

The Farmington Players' Barn Theater is located at 32332 W. 12 Mile in Farmington Hills.

'The Barn," as it is affectionately known, is a state-of-theart theater built on the site of the original dairy barn where the Farmington Players historically staged shows.

(IP)









Class Name and Age Range Tuesday Wednesday Thursday aturday Bunnies 18-24 Months (Parent/Child) 10:00am 9:10am Thumpers 25-35 Months 5:00pm 9:10am 11:00am 11:00am Cottontalls 2.5-3.5 Years 12:00pm 10:05am 5:30pm 12:00pm 9:10am Hoppers 3-4 Years (Beginners) 10:00am 10:05am 6:00pm 5:30pm 11:00am 12:00pm Jackrabbits 3-4 Years (Intermediate) 11:00am 5:00pm 9:10am 11:00am **Big Feet 5-6 Years (Beginners)** 6:30pm 10:05am 12:00pm Micro 4/5 (4-5 Years) 6:30pm 6:00pm 10:05am 12:00pm Micro 6/7 (6-7 Years) 5:00pm 7:00pm 9:10am 11:00am Micro Advanced (6-9 Years) 7:00pm 10:05am 12:00pm



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At Southern Smoke BBQ & Grill, we do things the old fashioned way. The first thing we do is we season the meats with a special blend of herbs and spices specifically designed for each kind of meat. Then we slow smoke our meats at low temperatures to ensure the most flavor and tenderness.

That's not all we do though, we pride ourselves on having the best burger you've even had. We grill our burgers and chicken breasts over an open flame so they taste just like they do when you grill in your own backyard!

Hey, let's not forget about those of us trying not to add any extra weight. Our slow smoked turkey breast has NO ADDED SALT or PRESERVATIVES.

However, it does have plenty of flavor, and boy is it tender. This isn't the smoked turkey you remember as a kid.

At Southern Smoke, we also want you to think of us for your catering needs. We specialize in all size events, from your weekend BBQ to larger events such as Graduation Parties and work sponsored events.

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Jalapeño Poppers (6)	
Chicken Tenders (4)	
Cheese Sticks (5)	
Onion Rings	

BACKYARD BURGERS

Each patty of our Backyard Burgers are 8 ounces of fresh ground beef. That means a triple is a whopping 24 ounces. All of our burgers are served on a Kaiser roll with your choice of topping.

Backyard Single Burger .\$4.99

All Southern Smoke BBQ Plates come with your choice of 2 side dishes and either garlic Texas Toast or Corn Muffin. Our "Ribs for Two" dinner comes with your choice of two side dishes and two pieces of garlic Texas Toast or Corn Muffins and Side Salad,

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Onion Kings	,PC.77
Breaded Mushrooms	.\$3,99
Shrimp Basket w/french fries	

SIDE DISHES

Mac n'Cheese	.\$1.49
Homemade Baked Beans	\$1.49
Garlic Smashed Redskins	\$1.49
Potato Salad	\$1.49
Macaroni Salad	\$1.49
Spicy Cole Slaw	
French Fries	
Vegetable of the Day	\$1.49

DINNER SALADS

You can add grilled chicken, breaded chicken or smoked turkey to your salad for \$2.00

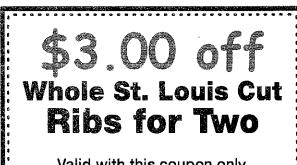
House Salad – Lettuce, tomato, bacon, pecans, croutons, cheese and
smoked tomato vinaigrette\$6.99
Greek Salad – Made with lettuce, tomato, beets, olives, pepperoncini and
Feta cheese\$6.49
Antipasto Salad - Made with lettuce, tomata, Salami, chredded cheddar cheese

tomato, Salami, shredded cheddar cheese

Tossed Salad - Made with lettuce, tomato and cucumber.....\$5.49

LENTEN SPECIALS

Fish Fry - FF & Slaw Shrimp Po' Boy Sandwich Clam Po' Boy Sandwich Lobster Salad Sandwich Shrimp Basket



Valid with this coupon only Expires 3-15-08

Backyard	Double Burger	\$6.99
Backyard	Triple Burger	\$8.99

BACKYARD CHICKEN SANDWICHES

Backyard chicken sandwiches are marinated in several different styles, then grilled to juicy perfection. Just	
choose from the flavors of the day.	
Backyard Chicken Sandwich\$5.99	

SOUTHERN SMOKED SANDWICHES

Pulled Pork topped	
with coleslaw	\$6.99
Smoked Turkey	
Beef Brisket	
Breaded Chicken	
Hot Dog	
Red Hot Hot Dog	

SANDWICH COMBOS

Burger, side, pop	\$6.49
Chicken Sandwich, side, pop	
Sandwich, side, pop	

DESSERTS

Cheesecake	.\$3.99
Cowboy peach cobbler	
a' la mode	.\$3.99

KIDS MENU	
Pulled Pork Sandwich	.\$4.99
FF & Pop	
2 Bones, FF & Pop	\$4.99
Hot Dog, FF & Pop	\$3.49
Tenders, FF & Pop	.\$4.99



ST. LOVIS CUT RIBS

4 Bones	\$7.99
6 Bones (Half Slab)	
Whole Slab for Two	

B.B.Q. DINNERS

Rib Tips Meal	\$9.99
Texas Beef Brisket	\$8.99
Fried Chicken Meal	
North Carolina Pulled Pork	\$7.99
Smoked Turkey Breast	\$7.99
Grilled Chicken Breast	

COMBOS

Two Meats (mix 'n' match)	.\$9.99
Three Meats (mix 'n' match)	

FAMILY SIZED B.B.Q.

Family dinner combos include choice of 4 and 1 dinner salad.	side dishes
Whole Slab and 4 Grilled	
Chicken Breasts	\$34.99
2 Slabs for Two	\$37.99
BBQ Sampler for 4-6 People	\$44.99

SOLD BY THE POUND

Whole Slab	\$16.99
Rib Tips	
Carolina Pulled Pork	\$8.99 lb.
Texas Beef Brisket	\$12,99 в.
Turkey Breast	\$9.99 lb.
Whole Smoked Turkey	Call Ahead

SIDES

Sides (1/2 pan for 15-20 people)	\$19.99 ea.
Sides (full pan for 40-50 people)	
Muffins	



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Eating raw or undercooked food may lead to food borne illness.

LOCAL NEWS

Auto Show declared a success from start to finish

BY JAY M. GROSSMAN STAFF WRITER

The North American International Auto Show is



breaking some speed records this year. Attendance is up, the show is generating tons of publicity and the media in general awarded

Serra

high marks to many of the new car models.

"The show's going extremely favorable," NAIAS co-chair Joe Serra said Friday. "We've had a tremendous response to press days - the international media is up 10 percent over last year - so that was a nice way to start the show.

"We had a record attendance for the industry preview days and our charity preview reached its \$6 million mark ... attendance is exceeding last year's number and everybody has a good buzz over the look of the show and the look of the products. Everybody is smiling and excited."

As of Thursday, attendance count for the NAIAS reached 443,551 visitors. That's a substantial increase over 2007. according to Sandra Herp of the Detroit Auto Dealers Association.

"We're excited to see we're up by over 3,000 visitors," Herp said. "I really couldn't tell you

the reason, but I'm certainly glad the numbers are up." As the show wraps up Sunday, the entire auto industry across Michigan hopes the large attendance numbers will result in more foot traffic at the various showrooms.

"Definitely true," Serra said. "Since we got this momentum going and all the good press, now we're hoping it translates into sales in the next quarter.

"On top of that, a number of the manufacturers are launching additional incentives such as 'auto show bonus cash ...' so we've got people talking about it - now you got the manufacturers piggy backing with additional incentives — and all of this should help make January a very positive month for our industry."

Looking ahead to the 2009 show, Serra said he plans to continue Ultra-Luxury Night in which a select group of 200 guests had a chance to check out and purchase super sleek rides like the Maybach and Ferrari.

He also wants to bring back a live rock concert for the charity preview. This year, the Barenaked Ladies performed.

"That's something that went better than hoped," Serra said. "We got a lot of good responses and next year I'm sure we'll continue with another group."

jgrossman@hometownlife.com (248) 901-2529



BILL BRESLER I STAFF PHOTOGRAPHER

Dealers hope for post-auto show rush

BY JAY M. GROSSMAN STAFF WRITER

Jim Tuohy is ready to dance. "The last week of January is usually a very good week in Detroit because of the auto show," said Tuohy, general

manager of the Serra Toyota dealership in Farmington Hills. "It's like the grand ball - everyone puts their best foot forward and it's great to see."

As the North American International Auto Show winds down today, Tuohy and other car veterans around southeast Michigan are looking forward to an increase in foot traffic over the next several weeks.

Roy Williams, general sales manager at Avis Ford in Southfield, expects to see a jump in sales with the Ford Fusion, the Explorer and the Escape.

Friday. "Usually the trend is to go out to the auto show and look at the new products in a non-pressured environment ... then make a decision, go to the dealership and buy your car.

"So we're really expecting next week to have a good response - we're already starting to see it."

Smart USA Communications Director Ken Kettenbeil already has a full plate with the opening of Michigan's first Smart dealership, on Telegraph Road in Bloomfield Township.

We certainly had a huge buzz at our showroom which opened last week," Kettenbeil said. "I don't know if we can

necessarily tie it into the auto show, because we had a lot of initiatives going on before the show even started."

www.hometowniife.com

At the same time, Kettenbeil noted it's the first year representatives at the NAIAS could direct people to a Smart dealership. Already popular in Europe, Smart's lineup of ForTwo vehicles is just making its way into the U.S. market.

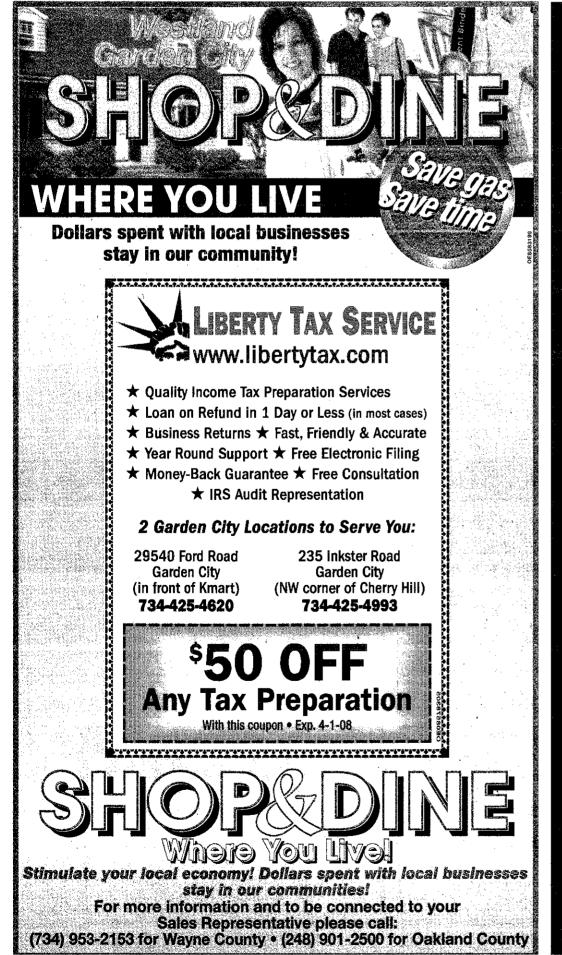
"Last year, it was just a concept," he said. "To have a store open and have the customers touch, feel and drive the vehicle — it's been a good experience."

jgrossman@hometownlife.com (248) 901-2529

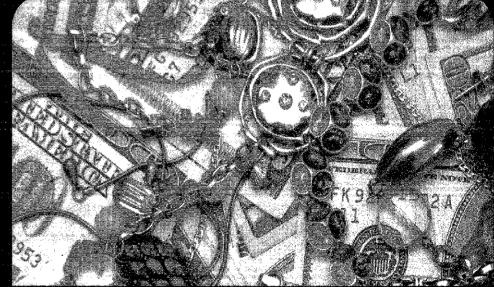
"All three are pretty hot Offer expires 03/30/08 items right now," he said Got Game? Yep, got scores, top 734.354.2380 496 W. Ann Arbor Tr. • Ste. 205 Plymouth, MI 48170

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LOCAL NEWS

Auto show models mix good looks, car talk

BY JAY M. GROSSMAN Staff Writer

Rene Rayes can walk the runway and turn a monkey wrench, all at the same time.

The 25-year-old Troy woman is a model for Nissan Motors at the North American International Auto Show in Detroit. It's her job to engage the public and turn their attention toward the flashy display of Sentras, Altima Coupes and Maximas.

"I went from a girl who knew a bunch of other things, like handbags and makeup, to knowing about transmissions and engines," Rayes said with a smile. "It's almost entertaining ... and the money's great."

She graduated from Oakland University in 2004 with a bachelor's degree in communications, but decided she wasn't ready for a 9-to-5 job. She took up modeling instead, signing with the Productions Plus talent agency in Bingham Farms. They sent her to a modeling school in Santa Barbara, Calif., where she learned about cars and Nissan products.

"We spent about two days of basic automotive training," Rayes said. "We learned how engines work and transmissions work ... then they go into the bells and whistles of the car. After that, we're sent out to the shows."

This is her third year modeling at the NAIAS. From Detroit, she'll travel with Nissan to auto shows in Houston, Baltimore, Chicago, Cleveland and Fort Lauderdale, Fla.

The trick, she said, is to talk naturally to the public. Rayes said she enjoys her job, especially the idea of informing the consumer about Nissan products. At the same time, there's no pressure to sell.

"It's not like when you walk into a dealership and everyone's concerned about their money or commissions," she said. "We're really just there to answer any questions related to the product."

Her parents were admittedly a bit surprised about her career choice at first. They thought she should return to college for a master's degree.

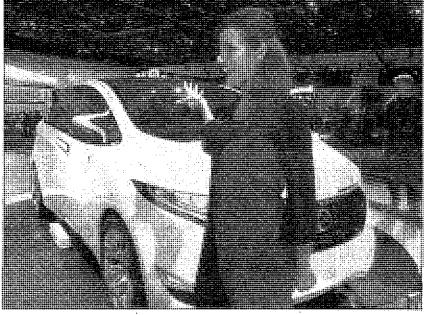
But Rayes plans to stick with modeling. Long-term, she wants to get into television, with dreams of one day hosting a sports show on ESPN.

Nor is she hurting for cash: A top auto show model can earn more than \$600 a day. Plus, they get a daily food allowance ranging from \$50-75.

And while it doesn't happen often, Rayes said she'll occasionally run into an old classmate from Troy Athens High School at the Detroit auto show.

"Some people don't recognize me right away because of all the face makeup we wear. They'll say 'Oh Rene, you have a lot of makeup on ...' But it's all a lot of fun."

jgrossman@hometownlife.com | (248) 901-2529



BILL BRESLER | STAFF PHOTOGRAPHER

Troy resident Rene Rayes is a spokeswoman for Nissan Motors at the North American International Auto Show.

Garden City Hospital offers exercise, health classes

Garden City Hospital, 6245 Inkster Road, offers a weekly schedule of health and wellness programs for residents. The lineup this week includes:

Monday, Jan. 28

Get Up and Move at 10 a.m. This is an invigorating exercise program is designed to help you get up and get moving, and is the perfect compliment to your diet program. These classes will help you to make an easy transition back to an exercise program or help you to get started for the first time. Fee is \$30 per month. For more information, call (734) 458-3242.

Step It Up at 6 p.m. Step It Up is am intermediate aerobic exercise and strength training program geared to help you move to the next fitness level.

Childbirth Education (fourth of six classes) at 6 p.m. This six-week course prepare's the expectant mother and coach for labor and delivery. Class runtime is 2½ hours and there is a \$60 fee. Medicaid is accepted. A refresher course also is available. Call (734) 458-4330 for more information or to register. Tuesday, Jan. 29

Get Up and Move at 9 a.m. This is an invigorating exercise program is designed to help you get up and get moving, and is the perfect compliment to your diet program.

NCUA

These classes will help you to make an easy transition back to an exercise program or help you to get started for the first time. Fee is \$30 per month. For more information, call (734) 458-3242.

Diabetes Self-Management Education (third of four classes) at 9:30 a.m. This comprehensive series is planned to help people Live Well With Diabetes. Participants learn self-care skills of nutrition, exercise, medication management, monitoring of blood sugar 'levels, foot and skin care, prevention of problems and psychosocial issues. The program is certified by the Michigan Department of Community Health to assure quality and compliance with State and National Diabetes Education Standards. Physician referral is required. There is a fee, but reimbursement is available by Medicare, Medicaid and most commercial insurance plans. Call (734) 458-3481 for more information or to register.

Strength and Stretch at 11 a.m., 2 and 5 p.m. This is a non-aerobic exercise class designed to help you strengthen and define your muscles, as well as increase your flexibility. Each class will combine a variety of equipment, including free weights, medicine balls, balance balls, and Therabands in order to isolate and tone each of the major muscle groups. Fee is \$30 per month. Foror more information, call (734) 458-3242.

Step It Up at 4 p.m. Step It Up is am intermediate aerobic exercise and strength training program geared to help you move to the next fitness level.

Yoga (fourth of four classes) at 4 p.m. Learn how to relax, stretch and breathe while creating balance, strength and flexibility for both the body and mind. This four-week session is \$32. Classes meet at Garden City Hospital's Cardiac Rehab. Call (734) 458-3242 for details and to register.

Wednesday, Jan. 30

Get Up and Move at 10 a.m. and 1 p.m. This is an invigorating exercise program is designed to help you get up and get moving, and is the perfect compliment to your diet program. These classes will help you to make an easy transition back to an exercise program or help you to get started for the first time. Fee is \$30 per month. For more information, call (734) 458-3242.

CPAP and BIPAP Mask Fitting Clinic at 5 p.m. Attention, CPAP and BIPAP users: Did you know that most insurances cover new supplies every year? Have you been wanting to try a new style of mask, but don't know how to get one? Garden City Hospital's Sleep Disorders Center can help. Visit the Sleep Disorders Center in Room 329 at Garden City Hospital, 5-6 p.m. any Wednesday for a free mask fitting clinic. No appointment is needed. Call (734) 458-3330 with any questions or for more information. Live Well With Diabetes. Participants learn self-care skills of nutrition, exercise, media

Step It Up at 6 p.m. Step It Up is am intermediate aerobic exercise and strength training program geared to help you move to the next fitness level.

Eating Disorders Support Group at 7 p.m. This support group is for those individuals with anorexia, bulimia, and compulsive and binge eating disorders. Both males and females are invited to attend. This meeting is held in the Garden City Hospital Auditorium. Call (734) 458-4330 for more information. Thursday, Jan. 31

Strength and Stretch at 11 a.m. This is a non-aerobic exercise class designed to help you strengthen and define your muscles, as well as increase your flexibility. Each class will combine a variety of equipment, including free weights, medicine balls, balance balls, and Therabands in order to isolate and tone each of the major muscle groups. Fee is \$30 per month. For more information, call (734) 458-3242.

Step it Up at 4 p.m. Step It Up is am intermediate aerobic exercise and strength training program geared to help you move to the next fitness level.

Diabetes Self-Management Education (third of four classes) at 6:30 p.m. This comprehensive series is planned to help people self-care skills of nutrition, exercise, medication management, monitoring of blood sugar levels, foot and skin care, prevention of problems and psychosocial issues. The program is certified by the Michigan Department of Community Health to assure quality and compliance with State and National Diabetes Education Standards. Physician referral is required. There is a fee, but reimbursement is available by Medicare, Medicaid and most commercial insurance plans. Call (734) 458-3481 for more information or to register.

Yoga (fourth of four classes) at 6:30 p.m. Learn how to relax, stretch and breathe while creating balance, strength and flexibility for both the body and mind. This four week session is \$32. Classes meet at Garden City Hospital's Cardiac Rehab. Call (734) 458-3242 for details and to register. Daily Programs

Garden City Hospital's Health Enhancement Center offers daily programs Monday through Friday in Phase II and III Cardiac Rehabilitation/ Cardiac Wellness, a Peripheral Vascular Disease Exercise and Strength Training Program, and a Diabetes Exercise Program. These classes are presented and monitored by certified exercise physiologists. Contact the Health Enhancement Center at (734) 458-3242 to select an exercise program specifically designed for you.

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(WReGc) Page A11

The Observer & Eccentric Newspapers Sunday, January 27, 2008

www.hometownlife.com

OUR VIEWS Response to homeless family shows good side

Nobody knows exactly what it is that sparks precisely enough sympathy in a human being to cause that person to move from the awww-that's-too-bad feeling to the I'mgoing-to-do-something action.

Whatever ignites that spark was provided in vast quantities when the Observer published the story of the hard times that had befallen Deborah Rush and her three children, Sean, 13, Chris, 8, and Angela, 10, who were living in a Wayne County homeless shelter when we first talked to them in mid-December.

We're proud to have been a part of what followed the story, since it provides the people who write or photograph stories here a degree of satisfaction in helping connect those in need with those who'll help. It's the kind of compassionate response to that story that proves that there are plenty of good people out there in our communities.

Good people like the potential employers who started calling Rush with job offers the very same day the story was published, which was the day before New Year's Eve.

Good people like the anonymous Redford family who, stationed in the U.S. Navy in Virginia, read the story and offered their vacant, for-sale home to the Rush family in exchange for them paying the utilities.

Good people like the limousine company that picked up the family, took them out to dinner and took them to see the holiday lights show in Hines Park. Then, they took other residents from the shelter to the show, too.

Such acts of generosity restore one's faith in humanity. "My only wish, " Deborah Rush told our reporter doing the follow-up story, "is that this goodness continues for the other residents (at the shelter).'

That shelter is one place to start, if anyone is feeling the spark after reading this. In Redford, there's also the Redford Interfaith Relief Food Pantry; Garden City's Good Hope Lutheran Church Food Pantry and the St. Mary Catholic Church's Bolde Food Depot in Wayne that helps residents throughout the area, including Westland and Garden City.

Redford, Garden City and Westland also have Goodfellows organizations that are always looking for help, and there's the United Way's 2-1-1 phone number to call to get connected to a volunteer group.

We know there are plenty of good people around here; this follow-up story offers proof.



"Absolutely! I just think we need it for everybody. Everyone should have health care, even those who can't afford it. It would help keep prices stable."

Daryl Woodring **Garden City**

Say no to right to work

My wife gets mad at me every time I read the editorials because I usually end up getting mad myself over the stupidity of some of your letter writers. This one in particular was a classic. It was written by someone in Royal Oak. It talked about Michigan becoming a right-to-work state and union lackeys trying to talk you out of signing petitions - blah, blah, blah.

Let's set the record straight. Without the unions, you basically eliminate the middle class. Without the unions, we'd all live in what I call a Wal-Mart state (low wages

"There's pros and cons to such a plan, and I don't think we have the money cover it. It's not a realistic way to spend our money."

"Absolutely because I don't have any insurance. I think health care should at least be partially subsidized." Fran Flitcher Inkster

LETTERS

COMMUNITY VOICE

the government telling us what we can be treated for. Look at our neighbors in Canada. Ask one of those people how long the wait is to see a doctor. No same day appointments there unless you're dying.

This is probably the same guy that wants another four years of Clintonomics. Yeah, that will solve the problem. He'll probably vote for the same guy that shoved NAFTA down all our throats that eventually caused all our jobs

to go bye-bye. Yeah, I know it's his wife running this time, but do you really believe there's a difference there (not hardly).

So go ahead, vote for the right to work stuff, vote in more Clintonomics. You think we're in a recession now, wait until no one has any money at all to spend. I just hope you all like working at Wal-Mart.

> Don Pechin Westland

Do you think the United States needs a universal health care program? We asked this question at the William P. Faust Public Library in Westland.



"Yeah, my son has special needs. I get coverage for my son, but it's hard to get it for my daughter and me. I'm a diabetic and get cut off before it starts."

Karry Flesher Westland



Cheryl Massey Westland

and no insurance). You would

have the lower class and you'd

have the upper class. The lower

class wouldn't have any health

insurance and no money to buy

health insurance. Without the

taxes on my house. The unions

stand for middle class, they are

Now this guy will probably

medicine, so I wouldn't have to

buy insurance, but let me tell

you the last thing we need is

start yelling for socialized

unions, I couldn't afford the

middle class.

Observer & Eccentric | Sunday, January 27, 2008

A12 (*)

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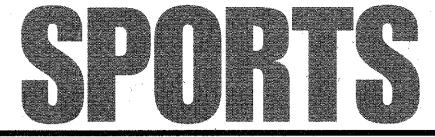
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Observerland Invitational wrestling title at stake, visit hometownlife.com



Brad Emons, editor . (734) 953-2123 . bemons@hometownlife.com

Divisional boys basketball titles all sewed up Wayne corrals Mustangs, 56-47 Rockets repeat in Lakes, 54-46

BY BRAD EMONS STAFF WRITER

The Wayne Memorial boys basketball team won Friday's game of chess against Northville, and called "checkmate" in the process by clinching its first division title since the 2005 season with a 56-47 win over the visiting Mustangs.

Three players scored in double figures - Mike Lee (14 points), Martez Abney (12) and Robert Woodson (10) - for the Zebras, who improved to 11-2 overall and 8-0 in the Western Division of the Western Lakes Activities Association.

"As hard as it was tonight, it feels good," said Wayne eighth-year coach Wayne Woodard. "The kids knew, too. They talked about it. On Wednesday we had a horrible practice, but Thursday was great and the kids were ready to go."

Wayne wanted an up-tempo pace, but got off to a slow start, trailing 12-6 after one quarter and 27-19 at halftime.

But the Zebras turned it around with a 20-8 third-quarter run and put it away with a 17-12 surge in the final period.

"We were not good early, but not because of a lack of effort," Woodard said. "We pressed them midway through the second quarter and it changed the tempo a bit. We trapped them a bit the second half and were able to get inside their zone (defense) from the wing and knock down some shots.'

Dan Kirkpatrick tallied 14 points, while David Burke added 12 as Northville, the two-time defending Western Division champs, fell to 8-5 overall and 6-2 in the division.

"They (Northville) had a game plan that was deliberate and patient, and give them credit," Woodard said. "They have a couple of guys who have been there since their sophomore year. They've won 38 games the last two years and that's no accident. We knew Northville would not back down. It was a battle.'

BY BRAD EMONS STAFF WRITER

Chalk up another Lakes Division boys basketball crown for Westland John Glenn.

In a cat-and-mouse game played Friday, the visiting Rockets overcame stingy Walled Lake Central, 54-45, to earn its second straight divisional title in the Western Lakes Activities Association under second-year coach Dan Young.

Senior forward Earl Hardison paced a balanced Glenn scoring attack with 14 points to go along with seven rebounds as the Rockets improved to 12-1 overall and 8-0 in the division.

Senior guard Keshawn Martin and junior guard Austin Anderson added 11 and 10 points, respectively, while senior forward Stefan Marken scored eight. Junior center Dorian Prather was

Glenn's top rebounder with eight.

Central (5-8, 3-5), meanwhile, received a game-high 18 points from Jordan Anderson.

'They (Central) ran four-corners, they ran the clock down, and took the air out of the ball," said Young, whose team made a 26-18 halftime lead hold up. "It was hard because they (Central) controlled the tempo. They gave it everything they good. They came out with great energy, it was a great crowd and their guys were relentless. Denny (Butcher) had their guys ready to play."

By earning the Lakes Division's top seed, Glenn now has homecourt advantage for the first two rounds of the playoffs.

"That's what we were playing for," Young said. "That's big. It's awesome." Central made 5-of-9 free throws on

the night, while Glenn was 4-of-7. 'We did a good job of weathering the storm," Young said. "It was a great test for our guys.

Franklin runs out of 'Lucke' in mat defeat

BY ED WRIGHT STAFF WRITER

When Canton's wrestling team hit some rough terrain during its Battle of the Bulge-caliber showdown Thursday night with Livonia Franklin, the Chiefs hitched a ride on the "Tank."

Junior Carl "Tank" Lucke's come-from-behind 9-5 decision over Justin Jacobson at 119 pounds proved to be the catalyst in the Chiefs' 36-29 triumph over the host Patriots.

Lucke's win ignited a five-match Canton winning streak that turned a 19-16 deficit into a bulging 36-19 lead.

The win essentially clinched the Western

tion dinner will be Thursday, March 13 at the Italian-American Hall in Livonia. Hors d'oeuvres and cash bar begin at 6 p.m. followed by welcome and introductions and dinner. at 6:45 p.m. The program follows from

CHS Hall of Fame

The sixth annual

Livonia Churchill

Athletic Patrons Hall of Fame induc-

Sunday, January 27, 2008

The Observer & Eccentric Newspapers

www.hometownlife.com

7:30-9 p.m.. This year's honorees include former football and baseball coach Herb Osterland football standout Mike. Brooks (1991) and the 1985 and 1995 boys golf teams coached by Roger Strong and Kirk Osler.

Tickets are \$35 per person (prior to March 1); or \$40 (after March 1).

Checks should be made payable to the Churchill Athletic Patrons (CAP) and sent to: Kathy Varilone, CAP Treasurer, 14384 Hix Road, Livonia, MI 48154.

For more information, contact Mark LaBerge at (734) 564-2908; or e-mail mark_ laberge@hotmail.com.

4 starters sit as Crusaders get whacked

BY TIM SMITH STAFF WRITER

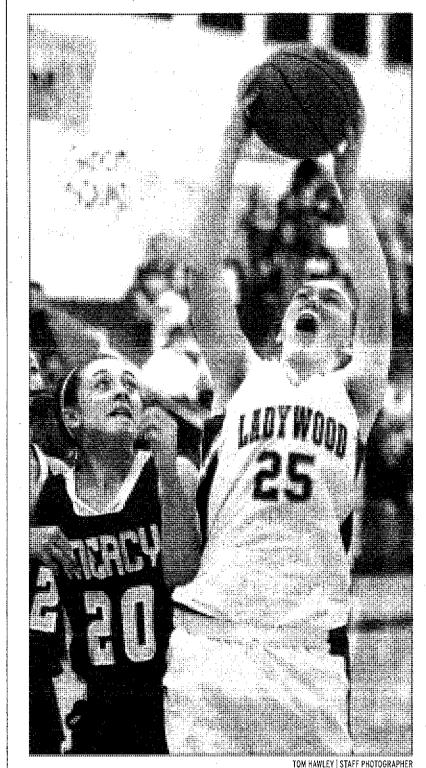
Only six players saw action Wednesday night for Madonna University men's basketball game, and the final result was somewhat predictable.

Host Concordia University rolled to a 76-47 Wolverine-Hoosier Athletic Conference victory, behind 15 points from Marquis Turley and 14 from Dennis Meaney, while improving to 7-13 overall and 3-3 in the conference.

The Crusaders, who fell to 12-10 overall and 4-2 in the conference, made just 18-of-66 ____ field-goal attempts

MEN'S HAADS

(27 percent) with



a lineup featuring just one regular

(Keith Hearns of Livonia Stevenson). Missing from the box score were usual starters D.J. Bridges (Canton), Charlie Henry (Agape Christian), Jon Battle and Cedric Sims (Wayne Memorial)) as well as Mike Rashad (Wayne) and Ryan Waidmann (Canton) - who both have started several games this season.

Madonna coach Chuck Henry decided to bench all but Waidmann, who was out of the lineup with an injury, for undisclosed reasons. According to an e-mail Friday to The

Observer from Matt Fancett, MU's assistant athletic director of media relations, the other five were "not suspended" as other message boards and conference websites had reported.

Fancett noted that Henry insisted the situation "was strictly a coach's decision and stays within the Madonna basketball family."

The shortage of available players against Concordia provided others with chances to shine, in particular freshman guard and Westland native Bryant Slaughter. He played 37-plus minutes and scored a career-high 17 points.

Also stepping up was junior guard Drew

Please see CRUSADERS, B6

Blazers clinch title

Ladywood's Caitlin Szczpka comes down with a rebound in front of Mercy's Marion Rodriguez during Friday night's Catholic League clash. Ladywood earned a 37-29 win and the Central Division title outright. See more girls basketball on page B3.

PREP WRESTLING Lakes Activities

Association Western Division title for Canton, which improved to 17-5 overall and 4-0 in the division.

Franklin, which had won three consecutive division crowns and seven straight dual matches against Canton, dropped to 18-3 and 3-1, respectively.

"Tank was definitely the ignition tonight," said Canton coach Casey Randolph. "He was down 5-1, got the escape to get to within 5-2, then got the headlock. It was a huge win for us because the bench caught fire right after that and then we rattled off I don't know how many wins.

"This has turned into a great rivalry between us and Franklin. It's one they look forward to and we look forward to. Winning the division is just a small piece of the pie for us though as far as what we want to do. It's a nice win – we want to win everything we enter - but our goals are set for later in

Please see WRESTLING, B2

Carrico to rescue Madonna guard scores 26 in OT victory

BY TIM SMITH STAFF WRITER

Madonna University did a 360-degree turn Wednesday night from listless to lights out, furiously rallying to defeat Concordia University, 74-64, in a topsy-turvy Wolverine-Hoosier Athletic Conference women's basketball game.

No one epitomized that more than MU junior forward Christie Carrico, whose late charge enabled her to lead all scorers with 26 points. Carrico tallied seven points during the final 90 seconds - and hit two free throws with four points during what was

WOMEN'S HOOPS

seven seconds left to tie the game 59-59 and send the contest to overtime.

Then, Carrico opened OT with a bank-shot triple from well beyond the three-point arc, perhaps a good omen that the comeback would pay off with a victory.

"Christie Carrico has really been carrying us," said Crusaders head coach Carl Graves. "In games we've been struggling she's been our goto person."

But Carrico managed just

a disappointing first-half for herself and the team, which ended with the Cardinals leading 28-22.

"Words can't describe how mad we were at halftime," Carrico said after the victory. "We had a terrible first half, ... and this is a big rivalry for us." Even then, it took a while for the Crusaders (9-11, 4-2) to heed Graves' advice to relax and play rather than worry about the types of sets being thrown at them by Ann Arbor-based Concordia (8-12, 2-4)."He said it at halftime and

Please see WOMEN'S, B6

Lady Ocelots upset by OCC

Schoolcraft's women's basketball team never led during the final 29 minutes Wednesday night and lost 62-59 to Oakland Community College-Highland Lakes, with the host Raiders handing the Lady Ocelots their first conference defeat of the season.

Schoolcraft, now 15-3 overall and 8-1 in the Michigan Community College Athletic Association- Eastern Conference standings, trailed 33-23 at halftime thanks to a 19-8 surge by the Raiders over the final 9:18 of the opening 20 minutes.

In the second half, OCC (13-5, 6-3) never trailed with defensive pressure that hampered Schoolcraft's collective shooting touch. The Lady Ocelots, still ranked No. 5 in the NJCAA Division II womeu's basketball poll, made just 12-of- 36 fieldgoal tries after intermission, but still tied the game 58-58 with 0:47 seconds to go on a free throw from Heidi Warczinsky.

But OCC's Tabytha Harvey (12 points) maneuvered her way into the paint for a tie-breaking layup, and Kaitlin Lang (14 points, eight rebounds, three steals) then picked off a Schoolcraft pass to all-but finish off the triumph.

Another thorn in Schoolcraft's side was Anne Rosbjerg, who registered 16 points.

The top scorers for Schoolcraft were Antoinette Brown (23 points), Shana King (13 points) and Warczinsky (10 points), while Sheray Brown tallied 12 rebounds.

Collegiate notes

Grand Valley State University's Kelly Gibbons (Livonia Stevenson) captured the 3,000-meter run with a time of 10:26.23 at the recent **GVSU Mike Lints** Laker Challenge indoor track and field meet.

GVSU junior Michael Palombo (Livonia/Catholic Central) added a first place at in the men's 200 dash with a time of 22.9. Palombo was named to the Great Lakes Intercollegiate Athletic Conference All Academic Team for 2007.

Blazer skiers fall

The Livonia Ladywood-Bloomfield Hills Academy of the Sacred Heart ski team lost Wednesday to Milford, 12-34, in a meet at Alpine Valley.

Milford's Emily Brown captured both the slalom and giant slalom events in 20.47 and 16.61, respectively. Teammate Lauren Moser was runner-up in 20.93 and 17.21.

Ladywood's Shannon Corby (Plymouth) took third in both events in 22.4 and 17.76, respectively.

LJAL baseball-softball

Registration for Livonia Junior Athletic League baseball and softball will be from 6-8 p.m. Monday, Jan. 28, at Frost Middle School, 14041 Stark Road (just south of Schoolcraft).

The program is open for all boys and girls who are residents of the City of Livonia, or reside in the Livonia Public Schools district.

LOCAL SPORTS

BOYS SWIM RESULTS

LIVONIA STEVENSON 130 LIVONIA CHURCHILL 56

Jan. 24 at Churchill

200-yard medley relay: 1. Stevenson (Kellen

Schoff, Eric Schuman, Scott Geverink, Chris Behler), 1:48.91; 2. Churchill (Steve Jones,

John Yurgil, Ricky Scully, Matt Hope), 2:01.22; 3. Stevenson (Evan Shatter, Brendan Stanisz,

Mark Johnston, Bryan Malick), 2:03.77. 200 freestyle: 1. John D. Loria (ŁS), 2:03.62;

2. Mohamed Ghoteimi (LS), 2:05:0; 3. Nathan Larsen (LC), 2:09.28.

200 individual medley: 1, Alex Auner (LS), 2:06.23; 2: Charles Turlo (LS), 2:09.94; 3, Jeff

Stevens (LC), 2:15.86. 50 freestyle: 1. Jerome Pesta (LS), 23.69; 2.

(| C). 27.27

Mike Buccinna (LS), 25.15; 3. Michael Burshetyn

(C), 21.21.
 1-meter diving: 1. Matt Hope (LC), 195.15
 points; 2. Andrew Richards (LC), 193.05; 3. Jeff
 Kinsvater (LC), 189.10.
 100 butterfly: 1. Pesta (LS), 58.03; 2. Geverink
 (LC), 20.2 June 4 (LS), 202.02.

(LS), 59.17; 3. Auner (LS), 1:07.33. 100 freestyle: 1. K. Schoff (LS), 53.85; 2. Jared Diebel (LS), 54.4; 3. Jimmy Vayis (LS), 56.63. 500 freestyle: 1. Ghoteimi (LS), 5:39.92; 2.

Adam Laporte (LS), 5:44.21; 3. Greg Van Gorp (LC), 5:51.57.

1:38.86; 2. Stevenson (Loria, Daniel Schoff, David Bladecki, Brendan Schoff), 1:40.55; 3.

Churchill (Hope, Matt Castelli, Joey Liberati, Van Gorp), 1:47.65.

100 backstroke: 1. Bryan Bielicki (LS), 59.91; 2. Vayis (LS), 1:02.86; 3. Aaren Marecki (LS), 1:03.19.

100 breaststroke: 1. Brendan Stanisz (LS),

1:14.85; 2. McCracken (LS), 1:15.71; 3. Yurgil (LC), 1:17.38.

400 freestyle relay: 1. Stevenson (McCracken, Diebel, Behler, Ghoteimi), 3:36.95; 2. Stevenson (Malick, Laporte, Jack Hiltz, Bladecki), 4:01.18; 3. Churchill (Castelli,

Burshetyn, Van Gorp, Jones), 4:02.62. Dual meet records: Stevenson, 8-2 overall,

2-0 WLAA-Lakes Division; Churchill, 1-4 overall, 0-2 WLAA-Lakes Division.

SALEM 143, WESTLAND JOHN GLENN 36

Jan. 24 at Salem 200-yard medley relay: 1. Salem (Matt Collingwood, Stan Chen, Adam Seroka, Chad Newton), 1:52.91; 2. Salem (Alex Surjano, Kory

200 freestyle relay: 1. Stevenson (lan McCracken, Buccinna, Turlo, Adam Dabkowski),

Late shot lifts Patriots Trojans remain in cruise control

Ryan Matthey provided lastsecond heroics Friday as Livonia Franklin snapped a four-game losing streak with a 54-52 boys basketball victory over visiting Canton

82

(LW)

The Patriots, who beat the Chiefs for the second time this season, improved to 4-9 overall and 3-5 in the Western Division of the Western Lakes Activities Association.

Matthey, who finished with a game-high 20 points, came up with a steal with 5.8 seconds left to keep Franklin's WLAA playoff hopes afloat.

The Patriots called timeout and set up Matthey with the gamewinning shot, a pull-up jumper in the key. Jeff Poole split a pair of free throws with 20 seconds left to knot the game at 52-all.

Poole and Israel Woolfork each ådded 11 points for the Patriots, who outscored Canton 18-14 in the decisive fourth quarter.

Franklin made 12-of-15 free throws, 6-of-7 by Matthey and 5of-5 by Woolfork.

Chris Bailey and Neil Sharma tallied 20 and 18, respectively, for the Chiefs, who made only 5-of-16 free throws and slipped to 4-9 overall and 1-7 in the division ..

SALEM 59, CHURCHILL 55: Grant Stone poured in 22 points and Jesse Pointer chipped in with 11 Friday as the visiting Rocks (6-7, 4-4) downed Livonia Churchill

FEBRUARY 12, 2008

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LIVONIA

will run to 10 PM.

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JIM MILICAN

WLAA BOYS HOOPS

(8-5, 5-3) in a WLAA-Lakes Division tussle. Ryan Rosenick's 20 points and 10 rebounds paced the Chargers, who got outscored 13-3 in the second quarter,

'We did not shoot well or do a good job defensively," Churchill coach Jim Solak said of the second-quarter collapse. "We settled for poor shots early in the possessions. They also doubled us up on rebounds (34-17)."

with 12 for the Chargers, who hit 12-of-21 free throws.

line.

Walled Lake Northern (1-11, 1-7) to its first victory of the season in a at home against Livonia Stevenson

Cory Sheena and Joe Camaj each added 12 for the Knights, who outscored Stevenson 28-23 in the second half.

Juniors Brian Rowe and Gary Cobb led Stevenson with 15 and 10 points, respectively.

well, they shot the ball well and we did not match their intensity," Stevenson first-year coach Mike Allie said. "I thought they (Northern) played harder than we did.'

LIVONIA HURRICANE

ball schedule.

Andrew Vagnetti chipped in

Salem made 13-of-19 from the

W.L. NORTHERN 57, STEVENSON 51: Leroy Jackson's 15 points carried WLAA-Lakes Division matchup (5-8, 3-5).

Walled Lake Northern played

Livonia Clarenceville continues to cruise through its the Metro Conference boys basket-

On Friday, the Trojans ran their overall record to 11-1 and 5-0 in the Metro with a 73-51 triumph at Clawson.

Junior forward Jamie Stewart led Clarenceville with 19 points, while junior guard Darryl Whitaker added a career-high 15 points. Junior Jeremy Gainer had nine points.

Detroit Redford transfer Joey King, who just became eligible, made his first appearance of the season and scored seven points to go along with nine rebounds.

Mike Baker scored nine for

WRESTLING FROM PAGE B1

the season."

Lucke didn't panic in the face of a four-point, thirdperiod deficit.

"I just tried to get a takedown, put him on his back and end it," said Lucke, reflecting on his mindset heading into the crucial third period. "I was able to throw a headlock, then I got three back points.

"This was a huge win for us. Every match counted. This is the first time I can remember beating Franklin, so it feels good."

DUAL MEET RESULTS

CANTON 36, LIVONIA FRANKLIN 29

Jan. 24 at Franklin 160 pounds: Don Stratz (LF) pinned Fawzi

Zeidan, 3:50; 171: Rodger Kropp (C) decisioned Garrett Hay, 4-3; 189: Dan Woodall (LF) p. Adam

Powers, 3:59; 215: Dan Wanshon (C) p. Cody Hay

1:44; 285: Mike Modes (LF) dec. Luke Konsitzke,

5-2: 103: Waleed Farai (C) won by major dec.

over Steve Tuyo, 19-6; 112: Jared Pieknik (LF)

won by major dec, over Connor Johnson, 14-1;

135: Steve Cox (C) won by technical fall over

Braden Price, 1:27; 152: Elvin Ferriera (LF) won

Dual meet records: Canton, 17-5 overall, 4-0

WLAA-Western Division: Franklin, 18-3 overall.

by major dec, over Keith Zech, 12-3.

3-1 WLAA-Western Division.

BOYS HOOPS

Clawson, which made 17-of-23 free throws.

Clarenceville was 8-of-10 from the foul stripe CRANBROOK 57, LUTH. WESTLAND 41: Eric

Fishman's game-high 20 points propelled Bloomfield Hills Cranbrook-Kingswood (7-5, 4-2) to the Metro Conference win Friday at home over Lutheran High Westland (1-9, 0-5). Xander Strek added 11 for the vic-

torious Cranes, who trailed 21-16 at halftime before rallying in the third period with a 19-8 run. Josh Kruger scored 14 to lead the

Warriors, who shot only 12-of-35 from the field (34.2 percent), including just 3-of-15 from three pointrange.

Franklin coach Dave Chiola said the high-intensity encounter was no surprise to him.

""It's always close when we wrestle Canton - it always comes down to a couple matches that could go either way," he said. "They wrestled tough and we wrestled tough. They surprised us in a couple of spots and we probably surprised them in a couple.

"The 119 match was absolutely the pivotal match. They were favored to win it and we wrestled a good match. Lucke is a very good wrestler. I thought the 171-

PREP WRESTLING RESULTS

LIVONIA STEVENSON 23 Jan. 24 at Churchill

119 pounds: Mike Foba (LS) decisioned Keith Roberts, 6-2; 125: Tommy Myshock (LS) won by major dec. over Bryan Fortney, 14-3; 130: Andrew Murray (LC) dec. Mitch Gonzales, 9-8 135: Adam Rowe (LC) dec. Anthony Mainella, 8-6; 140: J.P. Gaffke (LC) pinned Charlie Kokenakes. 3:21; 145: Raz Markosian (LS) won by major dec. over Ben Hesskamp, 17-7; 152; Dan Smalls (LC) p. Andy Staub, 3:28; 160: Grant Morgan (LC) de. Andrew Schramm, 12-7; 171: Ziad Kharbush (LS) dec. Brian Ziemba, 3-0; 189: Emanuel Onwueme (LS) dec. Curtis Castleberry, 13-7; 215: Matt Greenman (LS) p. John Sheckell, 1:52; 285: Mark Parrish (LC) p. Austin Micallef, 0:53; 103: Jake Meadows (LC) p. Adam Moeyer, 2:25; 112: Kane Kanouse (LCO won by void.

Dual match records: Churchill, 12-4 overall, 3-1 WLAA-Lakes Division: Stevenson, 14-7 overall, 2-2 WEAA-Lakes Division.

1 IIS ON IMPAL

"We played good defense the first half," Warriors coach Brandon Bekius said. "But we did not shoot well. You can't score 41 points in a boys basketball game and expect to win."

Cranbrook made 21-of-34 foul shots, while Lutheran Westland hit 14-of-23.

BAPTIST PARK 65, HURON VALLEY 29: Josh Rooker and Caleb Thompson each tallied 17 points as Taylor Baptist Park (7-5, 3-2) rolled to a Michigan Independent Athletic Conference-Red Division victory over host Westland Huron Valley Lutheran (2-9, 0-5).

Kyle Tacia scored a team-high seven for the Hawks, who fell behind 23-6 after one quarter and 41-16 at intermission.

Huron Valley was 9-of-16 from the foul line, while the Wildcats were 13-of-20.

pound match (Canton's Rodger Kropp's 4-3 nailbiter over Garrett Hay) was pivotal, too." Canton secured the lead for good, 22-19, when Donnie Watkins followed up Lucke's victory by pinning Grant Phillips in 1:41 at 125.

Jeremy Filippelli then kept the momentum on the Chiefs' side of the mat when he ended a scoreless classic with Ryan Haarala by pinning the Patriots' 130pounder with nine seconds left in the second period.

LIVONIA CLARENCEVILLE 59

HAMTRAMCK 10 Jan. 23 at Hamtramck

285 pounds: Matthew Neal (C'ville) won by

double void; **112:** Brent Gilman (C'ville) pinned Ahmed Fahdel, 1:58; **119:** Nasser

disqualification over Greg Sanders; 103:

Jobeh (H) p. Coy Sillanpaa, 3:30; **125**; Jake Ruth (C'Ville) p. Saddig Aezeh, 2:32; **130**: Sana Gardner (H) won by void; **135**: Cody Sillanpaa (C'ville) won by disqualification

over Devon Smith; 140: Patrick Walker

(C'ville) won by void: 145: Tony Brandt

(C'ville) p. Ali Almaisari, 2:58; **152:** double void; **160:** Derek Robbins (C'ville) p. Telman

Dvalidee, 1:35; 171: Tim Siecinski (C'ville) won by technical fall over Ramzi-Al Azarak

20-5; **189:** Andrew Jasmer (C'ville) p. LaMari White, 0:43; **215:** Muamer Mesinovic (C'ville)

II (HIII)

won by pin in 0:52. Ciarenceville's dual match record: 13-7

overall, 3-1 Metro Conferenci

TOME OWN

ewright@oe.homecomm.net (734) 953-2108

2:04.48; 2. Nick Hoffmeyer (S), 2:06.77; 3. Tom Patterson (S), 2:12.56. 200 IM: 1. Nate Spala (S), 2:22.82; 2. Max Mills (S), 2:27.15; 3. Shawn Long (WJG), 2:\$5.72, 50 freestyle: 1. Stan Chen (S), 23.96; 2. Joe Detassanyi (S), 26.86; 3. Paul Gutu (WJG), 1-meter diving: 1. Kevin Smith (S), 184.30;

Dondzilla, Cameron Dunn, Aaron Micek),

200 freestyle: 1. Matt Collingwood (S),

2:06.35

2. Cody Roe (WJG), 160.15; 3. Paul Kruddy (S),

100 butterfly: 1. Cameron Dunn (S), 1:05.26; 2. Casey Olson (S), 1:08.46; 3. Paul Cherewick (S), 1:11.87.

100 freestyle: 1. Adam Seroka (S), 50.53; 2. Matt Collingwood (S), 55.63; 3. Shawn Long 59.67

500 freestyle: 1. Max Mills (S), 5:#5.33; 2. Chad Newton (S), 5:54.47; 3. Troy Kerchen (S), 6:31.89.

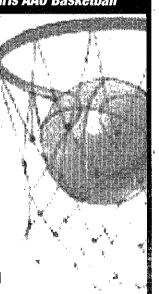
200 freestyle relay: 1. Salem (Adam Seroka, Joe Detassanyi, Nate Spala, Stan Chen), 1:38.20; 2. Salem (Nick Hoffmeyer, Paul Cherewick, Cameron Dunn, Tom Patterson), 1:46.37; 3. John Glenn, 1:55.41. 100 backstroke: 1. Alex Suriano (S),

1:06.97; 2. Aaron Micek (S), 1:16.51; 3. Shane Reich (S), 1:20.40.

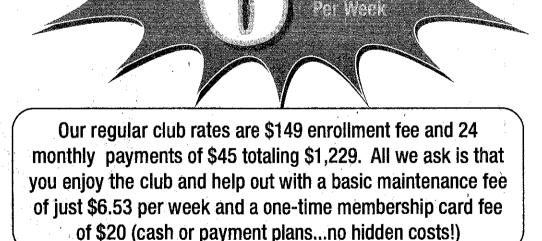
100 breaststroke: 1. Eric Schendel (S), 1:13.88; 2. Dennis Knight (WJG), 1:16.19; 3. Kory Dondzilla (S), 1:18.38.

400 freestyle relay: 1. Salem (Adam Seroka, Stan Chen, Matt Collingwood, Nate Spala), 3:31.47; 2. Salem (Joe Detassanyi, Chad Newton, Alex Suriano, Max Mills), 4:01.85. Dual meet records: Salem, 2-3 overall: John Glenn, 1-5 overall; 0-3 WLAA-Lakes Division.

15 & Under Girls AAU Basketball TRYOUTS WILL BE HELD ON AT EMERSON SCHOOL Tryouts begin at 8 PM and High and Construction of the second se All players must fill out an AAU membership application Matt Hintz, 18-3; 140: Brent Winekoff (C) dec. Brandon Smith, 6-4; 145: Brandon Billiau (LF) p and pay tryout fee of \$14. For additional information, 734.709.2412 734.522.7461



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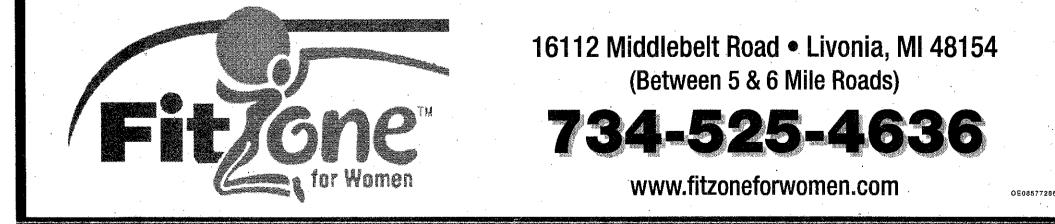
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Warriors derailed by Kingswood; Ladywood reels in Mercy Marlins

Lutheran High Westland has been bounced from its perch atop the Metro Conference girls basketball standings.

www.hometownlife.com

On Friday, the host Warriors slipped into second place behind Clawson after suffering a 42-34 setback to Bloomfield Hills Cranbrook-Kingswood.

Christine Vlassic and Abi Cohen paced the victorious Cranes, now 9-5 overall and 6-2 in the Metro, with 13 and 12 points, respectively.

Juniors Becca Refenes and Allyson Yankee also scored 13 and 12, respectively, for the Warriors, who dropped to 10-2 overall and 6-1 in the conference.

GIRLS HOOP WRAP

The Warriors trailed 19-17 at intermission and couldn't recover from a 12-5 Kingswood third-quarter run.

"They (Kingswood) switched from a man-to-man (defense) to a zone the second half," Lutheran Westland coach Kevin Wade said. "We came out flat the third quarter. We had good looks, but we didn't make them.

"We got them into foul trouble, but did not take advantage. They (Kingswood) outworked us. They got loose balls, rebounds. We did not play well." The Warriors were 12-of-22 from the foul line, while Kingswood made 7-of-12.

CLAWSON 52, CLARENCEVILLE 40: Senior guards Katie Ross and Sarah Edwards lit up the scoreboard for 23 and 19 points, respectively, leading Metro Conference leader Clawson (12-3, 7-0) to the victory at Livonia Clarenceville (7-8, 3-4).

Clarenceville led 23-21 at halftime, but folded in the second half hitting just 3-of-25 shots from the floor.

Senior Amber O'Halloran led Clarenceville with 17 points, while senior guard Amanda Moody added 14. Senior forward Chenay Kemp grabbed eight rebounds.

The host Trojans stayed close by hitting 20-of-26 free throws, while

Clawson made 13-of-15. "We went cold the second

"We went cold the second half, it's the story of our season," Clarenceville coach Julie Patterson said. "Fortunately we shot well from the line."

LADYWOOD 37, MERCY 29: It was a lot closer when these teams met a second time Friday, but Livonia Ladywood (13-0, 8-0) clinched the Catholic League Central Division title with a win at home against Farmington Hills Mercy (9-6, 2-5).

Ladywood, which won the first

meeting, 51-20, outscored Mercy in the second quarter, 15-1, and led at halftime, 23-9. The Marlins made a comeback with a 20-14 advantage in the second half.

Jenna Anastos scored nine points, Mary Fitzgerald eight, Alex Serowoky eight and Alison Szczypka seven for the Blazers.

Jordan Mueller had nine points for the Marlins.

Ladywood made 5-of-8 free throws tries, while Mercy was 11-of-19.

HURON VALLEY 35, AGAPE 28: Michigan

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Where the smart money goes

Independent Athletic Conference-Red Division leader Westland Huron Valley (9-4, 5-0) came alive the second half Thursday to post the homecourt triumph over Canton Agape Christian. Senior forward Lauren Adlof scored

13 points and grabbed 10 rebounds to lead the victorious Hawks, who outscored Agape 24-17 in the second. Senior Katie Kipfmiler contributed eight points and 17 rebounds in the win.

Agape's Amber Martin led all scorers with 14 points.

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Franklin stops Canton, 51-36

Briauna Taylor scored 17 points and Jessica Stailey came off the bench to score eight as Livonia Franklin earned a 51-36 girls basketball victory Friday night over host Canton.

With the win, the Patriots improved to 12-3 overall and 6-2 in the Western Division of the Western Lakes Activities Association, one game behind Walled Lake Western for the divisional lead.

The difference was Franklin outscoring the Chiefs a combined 29-12 in the second and fourth quarters.

Baylee Hollowell scored 18 points and grabbed 10 rebounds for the Chiefs, who slipped to 4-11 overall and 2-6 in the division.

Franklin led 14-13 after one quarter before padding their cushion to 31-19 at the half.

The Chiefs sliced their deficit to 39-30 with eight minutes left before the Patriots doubled them up, 12-6, down the stretch.

"Canton is an improved team, and I think we played flat after being so drained from an emotional win (Tuesday) against Western, we gave it everything we had

WLAA GIRLS HOOPS

in that game," Franklin coach Dave McCall said of the 58-56 overtime win. "We did not play our sharpest. It was a mental and physical contest for us, but we were able to win the game."

Canton was 9-for-14 from the free throw line while Franklin converted 7-of-12 from the stripe.

SALEM 52, CHURCHILL 28: Victoria Brotz scored 14 points and Alaya Mitchell contributed 10 Friday as the WLAA-Lakes Division leading Rocks (13-2, 8-0) downed visiting Livonia Churchill (4-11, 2-6).

Alysa Boldiszar scored eight for the Chargers, who couldn't overcome a 29-11 halftime lead.

"Offensively we could not get enough going," Churchill first-year coach Chad Jenkins said. "We tried to face-guard Mitchell and not let her catch it and stop her penetration, but she did a good job of getting the ball to other people who knocked down open shots." W.L. NORTHERN 53, STEVENSON 35:

 NAL NUMERIAN 30, SILVENSIN 35.
 Katie Hockstad tallied 15 points and Malissa Guiles chipped in with eight Friday as Walled Lake Northern (11-4, 7-1) bounced host Livonia Stevenson (3-12, 0-8) in a WLAA-Lakes Division matchup. Stevenson, which couldn't overcome a 26-11 halftime deficit, got eight points from Kaylee McGrath and seven from Sarah Smith. W.L. CENTRAL 44, JOHN GLENN 39: Three

players scored in double figures Friday as Walled Lake Central (9-6, 5-3) rallied in the final period to beat host Westland John Glenn (5-10, 2-6) in a WLAA-Lakes Division game.

Kelly Costello paced the Vikings with 14 points, while Brooke Gustafson and Porsche Dudley

added 11 and 10, respectively. Dudley's triple to open the final quarter helped spark a 14-4 Central run after Glenn led 35-30

after three periods. Brittany Holbrook and Nyah McReynolds each scored 11 for the Rockets, who made 7-of-14 free throws. Brittany Brown added nine.

Central made only 11-of-19 foul shots.

NORTHVILLE 59, WAYNE 40: Sarah Stern scored 13 and Chelsea Atzinger contributed 10 Friday as the Mustangs (10-5, 6-2) defeated host Wayne Memorial (3-12, 0-8) in a WLAA-Western Division encounter.

Northville bolted out to a 19-6 first-quarter advantage and was never headed.

Trenia Barbee led the Zebras, who had seven players score, with 17 points. Wendi Foster contributed 11.

Northville was 10-of-15 from the foul line, while Wayne went 7-of-12.



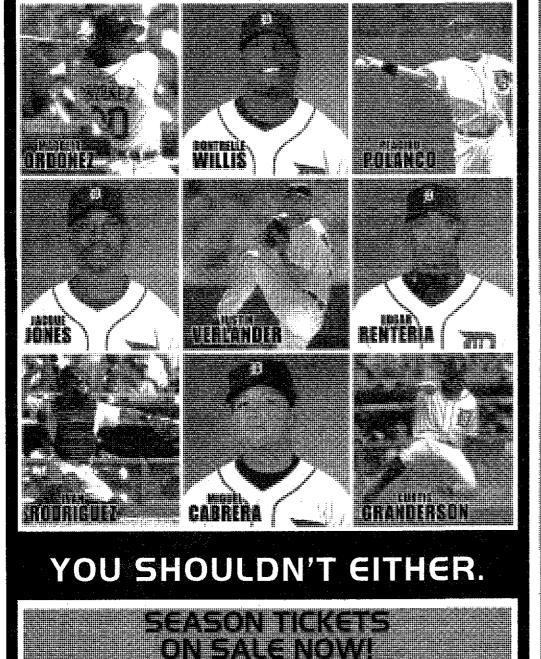
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Observer & Eccentric | Sunday, January 27, 2008



Hugh Gallagher, editor . (734) 953-2149 . hgallagher@hometownlife.com

The Observer & Eccentric Newspapers

Junk food junkie Miss Junk Food fights her way back to health

BY LINDA ANN CHÔMIN STAFF WRITER

Page B5

(*)

Sunday, January 27, 2008

When Angel (Reddy) Pyle looked in the mirror at her thin frame she "thought everything was all right." She couldn't see the damage done by the junk food she existed on for years.

Pyle doesn't blame her mother for instilling the unhealthy eating habits at an early age. The Reddys had six children and her time was limited like many mothers today. For breakfast, lunch and dinner it was not unusual to rely on sugary cereals or fast food as she chauffeured them to gymnastics and a variety of activities.

Eventually, Pyle graduated from John Glenn High School and went on to study for a nursing degree, but ignored the lessons on good nutrition. Her husband, Ken, a fireman, cooked separate meals for the family while she ate pizza and chips. Even when her then 4-year-old daughter Aubrey gave up eating carrots because mommy didn't she continued the self-destructive habits until a wake-up call from her physician at age 37. Frightened by the knowledge she might not see her daughters Aubrey and Aspen grow up she went on a mission to transform her eating and exercise habits over a period of three years. The result was not only a new book, Miss Junk Food, but a third-place win in a bodybuilding competition last summer.

'MAKING A CHANGE'

"If you looked at me you'd think I

was the epitome of health," said Angel Pyle, who grew up in Westland. "The book is about making a change from the inside out and getting my health back."

Written in a humorous, conversational style, Pyle shares the secrets of her junk food addiction and the 10 repetitions that transformed her body. Those include taking an honest look at yourself and admitting if you are overweight or lack muscle tone and strength then visualizing the person you want to become and setting a goal.

Pyle read every book she could find on nutrition before deciding on an eating and training plan. When obstacles surfaced she refined the program. She stayed committed during the setbacks, realizing it takes time to change unhealthy eating habits and tone the body.

Within three months of being off junk food I had so much more energy. I wasn't on this sugar overload," said Pyle, "I was going through withdrawal. I started getting headaches but then I stopped having severe cravings. I still try to eat things without sugar. If I eat candy, it's sugar free."

Pyle says, don't cut calories drastically to 800 a day and expect to build a healthy body. And don't try to lift weights that are too heavy and end up straining or injuring yourself.

Pyle used a spiral notebook to

Angel Pyle shares her 10-rep plan in her new

book.

in the morning. Pyle doesn't give specifics of how to eat or exercise in the book. She leaves that up to the individual to develop a plan.

BROTHER'S HELP

She celebrated the smallest victories, but even more importantly found a source of inspiration - her brother Marty who'd gone from being overweight to buff. She learned to accept positive and negative feedback. And she never forgot that maintaining a healthy body is a lifelong effort. Her plan continues to include working out at the gym six days a week. On a recent morning breakfast consisted of an egg white omelet with veggie sausage. Pyle doesn't eat red meat just because she doesn't like it. Instead she looks forward to a dinner of tilapia and asparagus.

"I have one daughter, Aubrey, 19, who's away at college, and a younger daughter Aspen, 11. It has changed our whole family. Aubrey grew up in a junk food household. Aspen is growing up in a healthy household," said Pyle. "I'd like to get into the

MEDICAL DATEBOOK

schools and talk to the kids. I shudder to think what the insides of these kids will be like when they're 30. They need to learn life lessons before they develop these terrible habits. I wish there would have been a Miss Junk Food that came to my school."

Pyle is heartened by the fact that in spite of their poor role model Aubrey joined a gym, Aspen a running club. Their attitudes about nutrition are changing as well. When Ken asked Aspen if she wanted to go for ice cream after a three-mile race she replied I'd rather go home and have something healthy to eat.

"I feel everybody has the power to change," said Pyle. "My advice is to set a goal, write it down and pick a plan and never give up. You can be a whole new you. Instead of craving junk foods, now I crave the good stuff. It's still a challenge. When I want to eat junk food I do but in moderation. I used to live to eat. Now I eat to live.

Miss Junk Food is available through **Immortal Investments** Publishing at (800) 475-2066 or on her Web site angeloffitness.com.

Ichomin@hometownlife.com

JANUARY

Free voga classes

Astarte Yoga is offering free weekend class in honor of Yoga Awareness Day (Jan. 26) takes place 2 p.m. Sunday, Jan. 27 at Astarte Yoga, 21894 Farmington Rd., Farmington, For details, call (248) 427-0550. Blood drive

is a joint effort with the University of Michigan Comprehensive Depression Center and features an overview of the latest SAD research with Dr. Melvin McGinnis, a psychiatrist and professor of bipolar disorder and depression at the U-M center. His presentation will be followed by a panel discussion with Dr. J. Todd Arnedt, director of the U-M

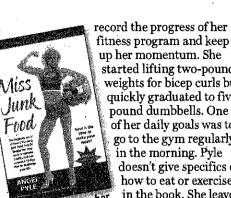
E. 12 Mile at Hoover), Main Entrance, Auditorium, and 6:30 p.m. Tuesday, Feb. 5, at Oakwood Hospital and Medical Center, 18101 Oakwood Blvd., Dearborn, Kalman Auditorium, Main Entrance. Programs combine hypnosis and

overcome the negative emotions that can cause heart disease. Dr. Kirk Laman, board certified cardiologist, author, trainer, and assistant Professor of Medicine Michigan State University. For cost and to registration, call (734) 434-8545. Self-defense class

For women and men 11 a.m. the first

Alliance for Special Education. Terry Matlen, MSW will be assisting her. The Adult presenter will be Trudy Fink MSW on Dual Diagnosis of AD/HD and Substance Abuse: Recovery to Focus on Managing AD/HD. The Parent and Adult groups meet simultaneous in different rooms. Meetings are free to members and up to a \$5 donation per Feb. 4 to April 17, will have the opportunity to designate that one of the 10 chosen charities receive 25 percent of their bill. In addition, any private function that is held at Opus One between Feb. 3 and Sept. 30 can be designated as a Cuisine for a Cause event and 25 percent of the bill will be donated to JFCC. To qualify, you must mention

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started lifting two-pound weights for bicep curls but quickly graduated to fivepound dumbbells. One of her daily goals was to go to the gym regularly

Red Cross blood drive takes place 8 a.m. to 2 p.m. Sunday, Jan. 27, in the Parish Hall at St. Edith Catholic Church, 15089 Newburgh, Livonia. Walk-ins welcome. For information, call (734) 464-1222, Ext. 309.

Alzheimer's Association

The Facts about Alzheimer's Disease and Related Dementias will be discussed at Our Lady of Good Counsel Parish social hall (downstairs) at North Territorial and Beck 7 p.m. Monday, Jan. 28: For information, call Doris at (734) 453-9730.

Bocce Palooza

Deadline for reservations for the fund-raiser presented by The Recovery Project is Jan. 28. The event supports the Mary and Charles A. Parkhill Foundation for Spinal Cord Rehabilitation which awards scholarships and grants to individuals with spinal cord injuries for ongoing rehabilitation and therapy services at The Recovery Project in Livonia. The event takes place 7-11 p.m. Saturday, Feb. 9, at Palazzo di 8occe, 4291 S. Lapeer Road, Orion. Tickets \$120, includes bocce, buffet, open bar, and silent auction. Attire is casual. For details and tickets, call (734) 953-1745. Visit www.therecoveryproject.net for information on the Foundation. Sponsorship opportunities available.

SAD forum

Depression: Seasons and Reasons, a closer look at Seasonal Affective Disorder 7-8:30 p.m. Tuesday, Jan. . 29, at the Plymouth District Library, 223 S. Main. No charge. To register, cail (734) 453-0750, Ext. 4 or online at plymouthlibrary.org. The program

Behavioral Sleep Medicine Program, and Dr. Neera Ghaziuddin, assistant professor of psychiatry.

CARE House of Oakland County

Circle of Friends holds its annual fundraising luncheon noon Tuesday, Jan. 29, preceded by a jewelry show 11 a.m. to 2 p.m. by designer Sharon Meyer at The Townsend Hotel, Birmingham, A portion of proceeds go to CARE House. Speaker is Naomi Griffith, a consultant on child welfare issues. Circle of Friends patron tickets \$150, luncheon tickets \$75. Call (248) 332-7173.

Workshop

A New You in the New Year, presented by Dr. Carol Ann Fischer, D.C., Holistic Physician, Clinical Nutritionist 7-9 p.m. Tuesday, Jan. 29, at the Civic Center Library, 35000 Civic Center Dr., Livonia. Limited to 15 seats. No charge. For reservations, call (734) 756-6904. Learn why our bodies are so toxic and how toxins effect weight gain and weight loss. Tips on how to detox, eat properly and lose weight with an all natural approach.

Weilness seminars

With Rena Greenberg to quit smoking and lose weight (all seminars last two hours) 6:30 p.m. Tuesday, Jan. 29 (weight loss) at St. John Oakland Hospital, 28000 Dequindre at 11 Mile, Corporate Services Building; 3 p.m. or 6:30 p.m. Wednesday, Jan. 30 (weight loss) at Providence Medical Center Livonia, 37595 Seven Mile at Newburgh; 10 a.m. (stop smoking) and 1 p.m. Saturday, Feb. 2, at St. Joseph Mercy Hospital, 5305 Elliott Drive, Administration Services 8ldg. auditorium, Ann Arbor; 6:30 p.m. Monday, Feb. 4 at St. John Macomb Hospital, 11800

pay \$79.99. Save \$10 by registering at easywillpower.com. The fee includes hypnotic session plus Greenberg's book, The Right Weigh: Six Steps to Permanent Weight Loss, behavior modification booklet, home reinforcement hypnosis CD, and unlimited free repetitions of hypnosis for one full year, if needed. No reservations required. Call (800) 848-2822.

behavior modification. The first 45

minutes is free. If the participant feels

comfortable with the program, they

Sharing & Caring

New surgical options for high-risk women with breast surgeon Nayana Dekhne, M.D. and Whitney Ducaine, genetic counselor 7-9 p.m. Thursday, Jan. 31 in the first floor classroom at the Beaumont Royal Oak Cancer Center. Sharing & Caring offers education and support programs for breast cancer survivors. All are welcome. For more information, call (248) 551-8586. For possible schedule changes, call (248) 551-B588 prior to meeting.

Free asthma care

As a way of celebrating its 24th anniversary in March, Hicks Chiropractic is offering a free six-week program of care for children under age 15 with asthma. For information or to enroll your child in the program, call (734) 525-7855. Hicks Chiropractic is at 27537 Warren, west of Inkster Road, Garden City.

UPCOMING

Heart workshop

Living a Heart Centered Life workshop 10 a.m. to 5 p.m. Saturday, Feb. 2, at Unity Church of Ann Arbor; 4599 Carpenter Road. Tap into your heart's wisdom for health and healing. Find your life's purpose. Learn how to

Saturday of every month at the Sanctuary Chiropractic & Wellness Spa, 35275 Plymouth, Livonia, Call (734) 421-7100. The techniques, tactics and information will be new each month and will add to any prior class instruction. No charge, but a \$5 donation will be sent to a shelter for abused women and children.

Arthritis Foundation programs Winter classes begin for programs featuring warm-water and landbased exercises, Tai Chi, and a sixweek series that offers keys to successful arthritis self-management, in Canton, Redford and Westland, For a schedule and fees; call (800) 968-3030 or visit www.arthritis.org.

Hip and knee pain seminars 4 p.m. Feb. 4, at Mission Health Medical Center - Livonia, 37595 Seven Mile, No charge, information on what causes hip and knee pain with an emphasis on Osteoarthritis. Conservative and more aggressive treatment options discussed.

Participants are encouraged to ask questions and educational materials are provided. Call (888) 440-7325 to register or for information, or visit www.stjohn.org.

CHADD meeting

Children and Adults with Attention-Deficit-Disorder meet Feb. 4, at Way Elementary School on West Long Lake Road, east of Telegraph, Bloomfield Hills. Registration begins at 7 p.m. for the presentations 7:30-9 p.m. The parent presentation will be on The ABC's of Special Education Advocacy for AD/HD and Comorbid Conditions with Marcie Lipsitt who is a Parent Advocate and Grassroots Organizer of Michigan

non member family or option to join. If school is closed due to inclement weather or power outage, the phone line at (248) 988-6716 will indicate if the meeting is canceled.

Health enhancement classes

Classes begin Feb. 4'for classes for exercise (including yoga), CPR and childbirth, and support groups for cardiac, cancer, stroke and diabetes patients; eating disorders; Alzheimer's caregivers, and the hard of hearing. The offerings are part of an array of offerings at Garden City Hospital's Health Enhancement Center. For more information, call (734) 458-3242. Blood pressure (free) and cholesterol testing \$5) are also available noon to 2 p.m. on the first Tuesday of the month in the Garden City Hospital Jobby. No registration required. The hospital also offers free blood pressure testing for senior citizens at 10:30 a.m. Feb. 6 and every other Wednesday at the Maplewood Community Center. For information, call (734) 458-4330.

Thyroid workshop

Find out what you need to know to stay healthy with Dr. William Karl, D.C. 7 p.m. Monday, Feb. 4, at the Livonia Civic Center Library, 32777 Five Mile. To reserve a seat, call (734) 425-8588.

Cuisine for a Cause

Benefits Josephine Ford Cancer Center at Henry Ford Health System, Detroit's historic Opus One donates 25 percent of all non-discounted quest checks Friday-Saturday, Feb. 1-2. The event kicks off a nearly three month fundraising event for 10 metro Detroit charities, which includes JFCC. After the opening weekend, patrons who dine at Opus One, Monday through Thursday.

that this is a Cuisine for a Cause event upon booking. At the conclusion of the campaign, a celebratory wine-tasting reception will be held 5:30-9 p.m. Friday, April 25 at the Ford Conference and Event Center in Dearborn. The event features a live auction and more than 60 premium wines with a strolling supper specially prepared by Opus One. Tickets are \$100 and \$80 is tax deductible. To purchase tickets for the wine-tasting reception or for more information, call (313) 876-9237.

Cardiovascular presentation

St. Mary Mercy Hospital is hosting a presentation on cardiovascular health 11 a.m. to noon Wednesday, Feb. 6, at the Northville Community Senior Center. Speaker is St. Mary Mercy's Ginger Ramsay, RN. No charge, registration required, Call (248) 349-4140. This Let's Talk presentation is part of the St. Mary Mercy Hospital Senior Health Connection program which offers adults 55 and over programs and discounts, a free lecture series, AARP Safe Driving Program, free blood pressure screenings, Westland Mall and Laurel Park Place Walkers Clubs, discounts on health education classes, women's programs, more. Call to register, identify yourself as a senior.

Fit Tuesday

9 a.m. to 7 p.m. Feb. 5, group exercise classes, an ask the dietitian booth with nutrition handouts, recipes and healthy snacks, and use of the exercise equipment, pool and sauna for the day at the 8otsford Center for Health Improvement. Everything is free and no reservations necessary. For information, call (248) 473-3100 or log on to www.botsford.org/bchi.

Classes offer New Year's solutions on weight loss and fitness

If you started January with a bang, but now find your New Year's resolutions waning or nowhere in sight, Madonna University has a class that focuses on healthy solutions. Lorraine Stefano, a social worker and college instructor, presents Think Trim - Be Trim - Stay Trim 7-9 p.m. Wednesday, Feb. 6.

"Most of us get off on the wrong foot. We step on the scale, look at our weight and resolve to go to the gym every day and eat nothing but broccoli and chicken breasts. It isn't real," said Lorraine Stefano of Troy. "Studies show Americans spend \$30 billion a year on exercise equipment but the population isn't getting slimmer.'

Stefano suggests setting goals based on current behavior and lifestyle, and she should know. Chubby as a child, pudgy as an adult, she would set a goal of losing weight every January but never really get any trimmer. A new diet, a new piece of exercise equipment, a personal coach - they all worked for a while but not in the long run. Stefano had to look at her lifestyle, change her thinking and start gradually. She lost 50 pounds and has kept it off for 25

years. Here are some of her tips:

Focus on your behavior. It is the only thing you can measure. Setting a goal of losing five pounds a week is laudable, but close to impossible. Set an activity goal, such as walking for 30 minutes, three times a week or plan to cook a healthy, lower calorie dinner twice a week.

Moderation is the key. Studies show people who undertake liquid diets or cabbage diets gain their weight back when they eat regular food. Healthy eating plans should include your favorite foods in smaller portions.

Make exercise a priority. If you wait for a magic time to exercise, a magic space to appear on the calendar it won't happen. Instead start gradually with 15-minute walks around the block or exercising with a DVD before work. Just check with your doctor before starting. Remember any activity is better than no activity.

Set short term goals. Make a goal for a week, not a month or a year. Then set the same goal next week or revise it. You are much more likely to work toward a goal when you can see a target.

Resolve to live a healthy lifestyle. Add more fruits, vegetables and whole grains to your diet. Sign up for a new exercise class, create a home gym or start walking with a buddy.

To find out more about healthy New Year's solutions, call Madonna University at (734) 432-5732 or visit www.thinktrim.com. The fee for the workshop is \$27.

A class is also available at The Community House, 380 S. Bates, Birmingham 7-9 p.m. Wednesday, March 5. The fee is \$24. To register, call (248) 644-5832.

Spartans skate to 5-2 victory

Livonia Stevenson's No. 1 ranking was put to the test Friday night at Edgar Arena.

B6

The Spartans improved to 16-0 overall, but needed three unanswered goals in the final period to beat Grand Rapids Forest Hills Northern-Eastern, 5-2.

Zach Roberts, who finished with two goals, scored the game-winner at 2:08 of the third. John Vella also added a third-period goal.

It was 1-1 after one period as Sean Lerg scored from Vella and Michael Voran at 11:34, while Nick Ullery countered for Northern-Eastern two minutes later.

In the second period, Joe Byrne's goal from Lerg and Curran made it 2-1 at 2:06. but Grand Rapids' Andrew Rennaker tied it up at 5:45.

"We took a few penalties and spent some time in the box the second period," Stevenson coach David Mitchell said. "We had to go to work on the penalty killing. It was nice to see us react and play the way we did the third period."

Pat McHugh played all the way in goal for the Spartans, while Sean Winks gave up all five goals for Northern-Eastern (10-6-1). FRANKLIN 2, WOODHAVEN 2: In a non-

league game played Thursday at the Ice Box, host Flat Rock-Woodhaven and Livonia Franklin (4-11-1) battled to a draw.

PREP HOCKEY

CHURCHILL 4. ANCHOR BAY 1: Nathan Milam tallied his 31st and 32nd goals of the season Wednesday as state-ranked Livonia Churchill (14-2) downed the visiting Tars in a nonleague game at Edgar Arena.

Milam opened the scoring at 9:36 of the opening period for the Division 1 No. 3-ranked Chargers from Dan Bostick and Josh Proben.

Churchill added three more goals in the second period to take a 4-0 lead - Garrett Miencier from Keith Yackley at 0:27; Milam from Proben and Tyler Cotter at 5:02; Yackley from Miencier and Milam at 10:17.

Ryan Teal's goal at 1:45 of the final period spoiled the shutout bid of Derrick Daigneau (13 saves). Churchill outshot Anchor Bay, 29-

14, as Alan Gaglio made 25 saves. "They (Anchor Bay) played good defense and it was a physical game," Churchill coach Pete Mazzoni said.

NORTHVILLE 6, FRANKLIN 3: On

Wednesday, the WLAA-Western Division leading Mustangs (12-2-1) downed Livonia Franklin (4-11, 0-5) at Edgar Arena.

STEVENSON 4, SALEM 0: John Vella collected two goals and one assist Tuesday night as top-ranked Livonia Stevenson (15-0, 3-0) blanked the host Rocks (5-9, 1-4) at the Plymouth Cultural Center.

Mike Voran chipped in with a goal and two assists, while Cole Rochowiak completed the scoring for the Spartans with a goal and assist.

Goaltender Pat McHugh, who made 17 saves, notched his sixth shutout of the season. Stevenson outshot the Rocks,

34-17

WOMEN'S

throughout the second half," Carrico said. "Don't be so robotic, just play basketball."

Still, the Cards toyed with turning the game into a blowout, leading 47-33 midway through the second half.

A coast-to-coast driving layup by senior guard Rebecca Rufli - who tallied 14 points in just 22 minutes - amounted to taking the first step out of the deep hole.

Megan Mannarino's triple with 5:45 left opened up a 52-41 lead for Concordia, and that would be the final time the Cards enjoyed a double-digit margin.

The Crusaders kept chipping away, with Rufli connecting on a jumper and then a trey from the left flank to make it 57-51 with two minutes left.

A putback and foul shot by Carrico chipped that down to 57-55 and Inman (14 points, eight rebounds) sank a soft jumper in the lane, tying the game 57-57 with 44 seconds remaining in the second half.

Concordia's Ashley Junga (21 points) made two free throws to briefly give her team hope to escape with the victory and tie Madonna in the WHAC standings. But Carrico again tied the game with her clutch foul shots.

As overtime loomed, Inman gave her teammates a pep talk, recalled Graves.

"Caryn's such a leader on the floor," Graves said. "She came over to the bench and said 'Sit down, we need to stop messing around with this team."

Carrico's triple to open OT, described by her coach as "a wild shot," put the Crusaders up to stay, 62-59.

But also coming through was Rufli, with another jumper from the left corner as the 30-second clock was expiring.

"Becca Rufli played like a senior tonight," Graves said. "And it's really nice to have someone like that on your team. She scored 14 points in 22 minutes, and that was crucial."

Just as important were some missed chances in the final minutes by Concordia. Inman swooped in to nab all of those rebounds and drew fouls each time, icing the win with five free throws.

When all was said and done, Graves could smile. But he would like victories to not be so traumatic.

"I feel we played about nine minutes of basketball tonight, including OT," Graves said.

A few minutes later, he summed up things even more succinctly.

"This game was kind of like a view of our season," he said. "Sometimes we'll go out and stink up the place and other times we go out and look unbelievable, in spots.

'I tell them, whenever we put together a whole game it's going to be fun to watch."

tsmith@hometownlife.com

CRUSADERS FROM PAGE B1

Coker, who also enjoyed a career night with 13 points in 36 minutes. Both Slaughter and Coker nailed three triples in the match.

Henry also started sophomore guard Bryant George (25 minutes, four points, six rebounds) and senior guard Karvens Paillere (40 minutes, three points, 11 boards), while the only player off the bench to enter the game was sophomore guard Jordan Hoke, who scored seven points in 24 minutes.

OAKLAND CC 81, SCHOOLCRAFT 58: Four Schoolcraft players reached double figures in scoring Wednesday night, but the Ocelots could not slow down Oakland Community College's offense during the second half, falling in a Michigan **Community College Athletic Association-Eastern** Conference game.

The visiting Ocelots (2-16, 2-7) actually took a 44-36 lead into halftime, on the strength of hitting 19 of 38 from the floor - including five treys in 11 tries.

But the second half was a different story. OCC (3-14, 2-7) dominated both ends of the court, outscoring the Ocelots 45-14 to win going away.

Bright spots for Schoolcraft included Alex Nason (16 points, eight rebounds), Ryan Matthews (14 points, 16 boards), Narmer Dudley (12 points) and Livonia Churchill's Larry Wilson (10 points).

But OCC guards Lawrence Hicks and Victor Boss combined for 32 points (Hicks scored 20 of them), with Justin Greene and Franklin Murdoch contributing 15 and 10 points, respectively.



Livonia hockey clash between Churchill, Stevenson hot ticket

BY BRAD EMONS STAFF WRITER

This ticket apparently has become a hot item come when two of the state's top-ranked boys hockey teams in Division 1 clash.

The game pits undefeated and No. 1 Stevenson (16-0) against No. 3 Churchill (15-2) beginning at 8 p.m. at Livonia's Edgar Arena.

To avoid waiting in a long line in what is expected to be a standing-room only crowd, ich school will ma able 500 pre-sale tickets for the Lakes Division matchup in the Western Lakes Activities Association.

Stevenson will be selling tickets by the North Cafe during all three lunch periods from 10:40 a.m. to 12:15 p.m. Tuesday and Wednesday.

Churchill, the home team, will also make available tickets during the same lunch hours Tuesday and Wednesday, and starting at 7:15 p.m. Wednesday at Edgar.

Tickets are \$5 for adults and \$3 for students. Both Churchill and Stevenson faculty and staff must show Livonia Public Schools I.D. to be admitted free.

It will be the first of two reg

ular season meetings between the two teams. The rematch is 6 p.m. Wednesday, Feb. 13 at Edgar Arena.

GIRLS GYMNASTICS

SALEM 139.00, LIVONIA RED 138.80

SALEM 139.00, LIVONIA RED 138.80 Jan. 24 at Salem H.S. Vault: 1. Paula Guzik (Red), 9.45; 2. Alicia DiMauro (Red), 9.05; 3. Margarita Lazarevska (Red), 8.9; 4. (tie) Jamie Marihugh (Red), Autumn Collins (S) and Kat Kariotis (S), 8.7 each. Uneven bars: 1. Guzik (Red), 9.35; 2. Brittany Young (S), 9.0; 3. Katie Koetting (S), 8.85; 4. DiMauro

Balance beam: 1. Kariotis (S), 8.8; 2. Koetting (S), 8.75; 3. (tie) Guzik (Red) and Young (S), 8.6 each. Floor exercise: 1, Koetting (S), 9:5;2; Guzik (Red), 9:2;3; DiMauro (Red), 8:9;4; Kariotis (S), 8:65. All-around: 1, Guzik (Red), 36;6;2; Koetting (S), 35;65;3; DiMauro (Red), 4:75;4; Kariotis (S), 8:65. Livonia Red's dual meet record: 4-3 overall.

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Hugh Gallagher, editor . (734) 953-2149 . hgallagher@hometownlife.com

The Observer & Eccentric Newspapers

Sunday, January 27, 2008

Dealing with an ambiguous loss

hings are still the same, aren't they? University of Minnesota researcher and clinician Dr. Pauline Boss has opened our eyes to a new way of seeing or coping with realities that heretofore we had no good way go talk about: ambiguous loss.



A couple of examples: my spouse and I divorced but we still have contact around our children. Dad is receding into Alzheimer's; he does not remember me each time we go to visit him.

Paul Melrose

We had been married just two years when my spouse was called to active duty and was shipped overseas; she

was reported missing two months ago and we have heard nothing definite since. His addiction has grabbed hold of him so much that he is not himself anymore. In each of these cases the person is "here but not here."

Dr. Boss breaks down ambiguous loss into two types: in one type the person is not here (MIA, abducted but is still here). In the other kind, sort of the opposite, the person is here but not here.

What makes these situations ambiguous is the unknown aspect in each case. In one situation, here but not here, the unknown is whether or not the person will return, or be returned. In the other the person is no longer psychologically able to participate and the unknown is whether that will change in any way, for better or worse. In each case stress is high.

In the cases of addicted persons, whether to drugs, alcohol, shopping, gambling, spending, internet, the experience of life is that those close to the addicted person often have to live "around" him or her so that while life goes on a part of it is either stuck or on hold; any of these situations contribute to a profound numbing effect of feelings and behavior on those in the immediate vicinity or friends/confidantes/family members of the person at the center of the "ambiguity."

Oftentime's common wisdom in a situation like this suggests not dealing with this, walking around the "elephant in the living room," trying to be upbeat and happy when that becomes phony and artificial. Dr. Boss says the best way to address these situations of ambiguity is to face it, address it, make sure it is in the open, and find a way to deal with it. "The goal for families is to find some way to change even though the ambiguity remains," Boss explains. The goal is to balance grief, over what was lost, with participation in what is still possible. Her book, now available at bookstores, is a collection of real stories and experiences that provide insight into how families can remain resilient. Boss writes in an easy-toread and understand style. She wants her insights, gained from University of Minnesota-sponsored research, to directly help the general public. Already she has heard from readers whose new understanding has helped reduce their stress. One example which Dr. Boss gives is of a family member, a father, who always used to cook a major holiday meal. He came down with Parkinson's. Overtime he could no longer be in charge of the cooking, planning set up and invitations. The family regrouped to keep the event going and dad became the one to cook the popcorn, and there-after pass out apples. The ambiguity was changed by the family into a concrete, specific and direct public way for the family to deal with the event. This change took into account the grief of the loss of Dad as the chef and architect of this event and changed it into an



Rhone River." Retirement has allowed the Calomenis to not only discover the world, but meet new friends through the Nomads. The club's 6,000 members range in age from 50 to 75 and live in Michigan cities, including Birmingham, but also the states of New York and Ohio.

www.hometownlife.com

Please see MELROSE, C5



last year. The two began 2007 with a Panama Canal trip, followed by a riverboat tour down the Rhine River through Germany, before heading to Greenbrier Resort in West Virginia then to Yellowstone in Jackson Hole and finally to Tuscany and

they took to Italy with the

Nomads. It was one of six

destinations they reached in

the travel club's private plane

Please see NOMADS, C5

String quartet creates cutting edge sound

BY LINDA ANN CHOMIN STAFF WRITER

The two violins, viola and double bass crowd into the small living room in Westland. The Eye of the Tiger never sounded like this. The Il Segreto String Quartet strives not to play like Survivor or anyone else.

Michael Rais, Melissa Roberts, Joseph McGraw, and Nady Benyamine thrive on blending classical, rock, punk, electronica, and world music into their style of music.

Improvisation is key when it comes to performance or the classroom for these four public school teachers. They even experiment with amplifiers, pick-ups and electronic processors at times.

This past weekend they were scheduled to present a program to inspire educators at the Michigan Music Conference just as their orchestra conductor Kypros Markou kept alive their enthusiasm for classical music at Wayne State University where they met and formed the quartet in 2002.

Through their music they try to appeal to all ages, but, as teachers, are especially interested in exposing students to classical composers.

"We're doing a presentation incorporating rock and roll in a classical setting to try to make it more current to relate to it," said Michael Rais, 24, the orchestra, band and choir director at Frost Middle School in Livonia and double bass with the quartet.

"We take a rock song and play it with classical instruments," said Joseph McGraw, 31, a graduate of Lahser High School in Bloomfield Hills. McGraw

Please see QUARTET, C2



Nady Benyamine (left), Melissa Roberts, Michael Rais, and Joseph McGraw blend classical, rock, punk, electronica, and world music into their trademark sound as the II Segreto String Quartet.

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Observer & Eccentric | Sunday, January 27, 2008



This guintet from the Wayne Chapter of the Barbershop Harmony Society will serenade your sweetheart with a singing valentine.

Give your sweetie a singing valentine

Nothing says you care like a Singing Valentine. A barbershop quartet from the Wayne Chapter of the Barbershop Harmony Society will serenade your sweetheart at home. at work, or anywhere else you choose in the Westland, Garden City, Plymouth, Canton, Livonia, Northville, Wayne, or Dearborn areas.

In addition to the Valentine serenade of two love songs, your special person will receive a red rose and a personalized Valentine's Day card. The

vocalists will even deliver a special personal gift if you wish.

The cost for a Singing Valentine is \$40. If you wish to present the Singing Valentine in person by singing with the quartet, the cost is only \$20.

Call (248) 477-2782 or (313) 424-2384 to schedule the delivery between 8 a.m. and 9 p.m. on Thursday., Feb. 14 (or as arranged), or send e-mail to harmoneymen@twmi.rr.com. Orders should be placed by Tuesday, Feb. 12.

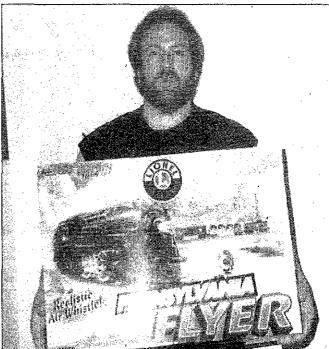
Train show to raise funds for school's programs

St. Robert Bellarmine Men's Club holds its 22nd annual Ole Toy and Train Show 11 a.m. to 3:30 p.m. Sunday, Jan. 27 at the school on W. Chicago and Inkster roads, two miles west of Telegraph, Redford. For details, call the Rectory at (313) 937-1500, John Avey at (313) 937-1670, or Joe Carrier at (248) 344-4422.

Admission is \$3 per person, \$6 per family. Raffle tickets for a new, complete train set cost \$1 each or 6 for \$5. The kitchen will be selling food and beverages. Proceeds helps fund St. Robert's school children sports and school programs.

Visitors will be able to have their trains tested by the Lincoln Park Train Club and see four trains in operation on the same layout. The show also features a second layout by Bob Pardington, an American Flyer. Visitors can also find out what dad's or granddad's trains are worth.

OE98580652



Earl Miller is shown holding the new Lionel Pennsylvania Flyer Train Set he won in the raffle at the 2005 Ole Toy and Train Show.

teaches at Prevail Academy in Mount Clemens.

"In school you see lots of kids desensitized from the arts," added Rais. "We mix it up on our classical instruments. Anyone can enjoy classical music. You don't have to get dressed up in a tux."

Rais and McGraw played with garage bands and want their students to know about the performing opportunities available.

The Il Segreto Quartet has played everywhere from elevators to rest stops. They simply walk into random places like Starbucks and McDonald's and pick up their instruments. Never once have they been asked to leave. The response has been so positive they plan a summer tour of music festivals and gas stations.

"A lot of string players think they can only play weddings. Teachers don't show kids how to gig," said 29-year old violinist Melissa Roberts who teaches at Premier Academy in Detroit. "We show them how to do it without getting into trouble over copyrights and use different effects with violins to create their own sounds. What we're doing (with the quartet) is very cutting edge."

Talent wanted for Jan. 30 Albert's show

www.hometownlife.com

Can you sing? Do you have a funny story to share? Then Craig Alan is looking for you to perform 8:30 p.m. Wednesday, Jan. 30, at Albert's on the Alley, 5651 Middlebelt, Garden City.

Join hosts John Thiede and Alan for an evening of amateur talent, improvisational theater, comedy, and the opportunity to win prizes. Singers, story tellers and poets are sought perform should arrive one or contact Alan at (734) 546-5207.

Winners are judged by audience favorite. Alan performs magic and mind reading at Albert's on the Alley 9-11 p.m. every Friday.



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for the Albert's Has Talent show. Those that wish to half hour prior to showtime

To illustrate the point, Rais mentions the configuration of the Il Segreto. The basic string quartet usually calls for a cello instead of a double bass.

'We get a greater depth of sound," said Roberts.

Lightyears from Pachelbel's Canon in D becomes a punk rock version with so much energy. It is one of the tracks on When Kippie Attacks, the quartet's first CD which is dedicated to Markou and available on the Web site at www.ilsegretostringquartet.com. The CD as well as the quartet have been nominated for Detroit Music Awards. All of the tracks were written by the quartet except for On With the Show by The Lawrence Arms and Sonic Youth's Sugar Cane.

"It's a melting pot of contemporary music," said violinist Nady Benyamine, 24, a graduate of Troy High School. Benyamine just finished his student teaching in West Bloomfield and is substitute teaching while looking for a position. He began studying classical violin with professors of the Cairo Conservatory of music in Egypt where he was born.

"We just said this is what we're going to do. Some are focused and accurate, some not. We're very experimental."

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C2 (*)

IHA Welcomes Peter Dews, MD, MS



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IHA is pleased to announce their newest physician, Dr. Peter Dews, who collaboratively with IHA, will open the IHA Plymouth Internal Medicine office in Plymouth, Michigan in late February. Completing both his medical and residency training at Wayne State University (WSU), Dr. Dews also served as a faculty member in the WSU Department of Medicine. He enjoys the continuity of long term care, collaborative relationships with patients, and has special interests in diabetes and hypertension.

Dr. Dews will be seeing patients temporarily at IHA's Associates in Internal Medicine – Cherry Hill office on Tuesday, Wednesday and Thursday (through 02/08). He will also see new patients on Monday and Friday at their location in Plymouth.

For more information about IHA Plymouth Internal Medicine and the insurances that are accepted please visit www.ihacares.com, or to schedule an appointment contact:

IHA Plymouth Internal Medicine 990 W. Ann Arbor Trail Suite 208 Plymouth, Michigan 48170 734.455.1200



ihacares.com



Camp fairs spotlight offerings

The best place to learn about camps available for pre-schoolers through teens is coming to the area. Super Summers for Kids: Camp Fair educates parents select future camp sights to find the perfect match for their children. The fairs will be held 11 a.m. to 3:30 p.m. Saturday, Feb. 9, at Emerson School in Ann Arbor, and 11 a.m. to 3 p.m. Sunday, Feb. 10, at the Birmingham Conference Center.

What could be a better place for your children this summer than the healthful, educational environment of camp? What will entertain and educate your kids this summer? Where should you go to find the right program for your child? And what if you have two or more children with different needs? It can all be overwhelming. Super Summers for Kids: Camp Fair offers one-stop shopping for the most interesting and stimulating programs for your children.

This event showcases more than 70 U.S. camps, including both day and overnight programs. Many new camps will attend this event, including unique programs for children with special needs and diverse options for the older teen crowd. There will be many specialty camps such as computer, sports, college research, and theater to satisfy every personality.

There is no charge to attend. Families will have a chance to ask questions of the camp representatives about academic enrichment, guided travel, and arts and crafts. In addition, high school and college students interested in summer employment will have the opportunity to attain valuable information.

For more information, call events host and coordinator Elaine R. Sturman at (248) 851-7342, or visit www.metroparent.com.



Dr. Laurence Miller and artist Tracey Vitkay.

Molar art shines in show

BY LINDA ANN CHOMIN STAFF WRITER

Tracey Vitkay seems a little surprised when dentist Laurence Miller announces his plan to take the entire office staff to the opening reception for her art exhibit 7-9 p.m. Friday, Feb. 1, at Starring "The Gallery", 118 W. Main, Northville.

Vitkay's been a patient of Miller's for nearly 30 years, but she wasn't expecting this show of support even though Miller recently purchased her painting of a large molar for his waiting room in Livonia.

The molar is just one of the works in her exhibit. The opening reception is part of Northville's First Friday Art Walk.

Vitkay just finished painting the molar over New Year's weekend so she made a reproduction for Miller who paid \$200 to \$400 less because it wasn't an original. It allowed Vitkay to gather

enough of her art for the upcoming show. She also has paintings at the Gallery Cafe in South Lyon where she now lives.

"They're like family and I enjoy sharing this stuff," said Vitkay, 33, who was born in Farmington Hills and grew up in Livonia. "I've always done art. One of my favorite gifts was an easel at age 3 or 4. In elementary school at Kennedy I was in art clubs all the way through CAPA (Creative and Performing Arts) program at Churchill High School. It was an intense program with Barbara Demgen."

At Western Michigan University Vitkay earned a business degree but studied art as well.

"I didn't return to art until 2005 when I painted the vertebrae," said Vitkay. "My chiroprac- Ichomin@hometownlife.com | (734) 953-2145

tor gave me the opportunity to show on his walls in Brighton.'

(*) 🕻 🕻 🕄

It's obvious Miller cares for his patients as people. He's starting his 34th year as a dentist and has maintained an office in Livonia for the entire time.

"What I do is develop relationships with my patients. We know about each other's families but did I think at age 4 you would be an (artist)?," said Dr. Laurence Miller as he gets ready to hang the molar on the wall.

Miller is involved with the arts himself as a member of the Bloomfield Players. In 1988 he played the lead role in Music Man and got hooked."

"Her peppers (painting) would be great for a kitchen," said Miller of Bloomfield Hills. Vitkay's show continues through February.

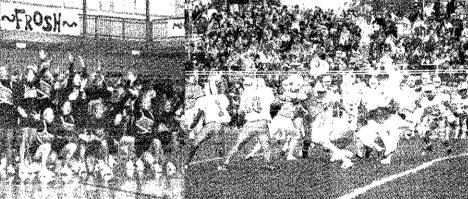




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Test/College ACT Standir	nas	Gradu	•		2007
	English	Math	Readin	scienc	comp
National	20.7	21.0	21.5	21.0	21.2
Michigan	20.7	21.3	21.8	21.7	21.5
Divine Child	23.8	21.7	24.0	22.5	23.1
Class of 2007:	Attending Academic <i>Scholars</i>	Schola	arships	100% 36% \$5min	



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Rescue group offers greyhounds

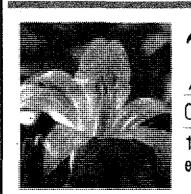
GreyHeart Greyhound Rescue & Adoption of Michigan hosts Meet and Greets in February to find homes for the animals.

C4

(*)

The first will be held at the Canton Petco noon to 4 p.m. Sunday, Feb. 3, at 43435 Ford Road on the southwest corner of Ford and Morton-Taylor roads.

The rescue group will be at the Novi Petco 11 a.m. to 4 p.m. Sunday, Feb. 24, at 43480 West Oak Drive, (248) 735-4356.



Hassages Obituaries, Memorials, Remembrances 1-800-579-7355 � fax: 734-953-2232

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JOSEPH E. CLOSSER

Age 49, January 20, 2008. Dear father of Joseph, David, Robert and Elizabeth, Grandfather of Joseph and Jadylyn. Son of William and Loretta. Brother of William, Barbara Jo, Charleen and Daniel. Also survived by his former wife Roberta and many, many friends. Memorial Luncheon Sunday 1pm at the Moose, Loyal Order #538, 29137 Ford Rd., Garden City (1 block east of Middlebelt). Arrangements by Santeiu & Son.



MARGARET EUGENIA GLOMMEN

92, of Monroe, MI passed peacefully at home on January 24, 2008 surround-ed by her loving family. Margaret Eugenia Gough was born on August 6, 1915 in Deckerville, MI eldest daugh-ter of John and Minnie (Munroe) Gough. Mom attended Palmer School, Brick School, and Bufton School, in the Deckerville area. Graduating from Deckerville High School at 16, she then entered Michigan State Normal College. She returned to teach rural school where she attended as a child, teaching grades K-8 until 1937. In 1939 Mom received her Bachelors Degree from Michigan State University and her Masters in 1957, Mom worked with the Farm Security Administration in Traverse City, MI from 1939-42, serving counties in northern Michigan. By December 1942 she entered the Women's Army Air Corps. As a 1st Lieutenant she served as an Army Exchange Officer at Scott Field, IL until her discharge in October 1945. Mom married Carl Louis Glommen of Suttons Bay, MI in Deckerville, MI on March 16, 1945. She went with him while he served in the South Pacific on Kwajalein and in Hawaii. The following years, mom taught school at Mount Clemens, Haslett, and Traverse City Public Schools, She retired in June 1979 from Birmingham Public Schools as system-wide Department Head of Home Economics. Mom enjoyed gardening, playing cards, and teaching others. With her vast life experiences, knowledge of many subjects, and numerous travels it was always a joy to be in her presence and talk with her. For anyone who knew Mom, it was not surprising to know how many lives she touched. Mom's greatest loves and joy were her husband and family. She is survived by her three children: They are Martin Elwin Glommen (and his wife Judy) of West Haven, UT; Carla Lawain McRae of Orick,CA; and Doris Mae Glommen of Monroe, MI. Mom is also is survived by 8 grandchildren and 13 great grandchildren. As per Mom's request a gathering and brief service will be held at the Allore Funeral Home in Monroe, MI on January 26, 2008 visitation at 2pm. and funeral services at 4pm. Pastor Dennis Bux of Christ Lutheran Church, Monroe MI, will conduct the service preceded by military honors. Internment will be with her husband, Carl Louis Glommen (deceased 1983) at Fort Custer National Cemetery, Battle Creek, MI. It will be conducted January 28th 2008.



CHARLES THORNE 'CHUCK' MURPHY II

Passed away suddenly January 22, 2008; age 49, of Royal Oak, MI. Born in Pontiac, MI at St. Joseph Mercy Hospital. Beloved and cherished son of Gayle French Murphy and the late Williams Vhay Murphy. Mr. Murphy is a lifelong resident of Michigan. Mr. Murphy leaves behind his devoted wife Paula Anderson Murphy, his cherished children, son, Corey Douglas Murphy, daughter Katelyn Ann Murphy and Fiona his faithful and loyal hunting dog. Dearest fun and loving brother of Debbie Murphy Hutchins, William Scott Murphy and Michael Vhay Murphy. Beloved grandson of the late Charles Thorne (Mike) and Elise Vhay Murphy, Deputy American Consulate General Deputy American Consulate General of Australia George W. and Ruth Strother French; survived by adoring nieces and nephews, Richard Mills Hutchins, Jr, Michelle French Hutchins, Ashley Kern Hutchins, Allie MacMillan Murphy, William Vhay Murphy II, Jack Strother Murphy and Maddie Vhay Murphy: special sunt Maddie Vhay Murphy; special aunt Leigh French of Los Angeles and her daughters Seirra French-Myerson and Darcy French-Myerson, long time and special family friend Dennis Wholey of Washington, D.C. Mr. Murphy was known for his love of the great out-doors, his deep love for his entire family and for his big heart and great strengths. Mr. Murphy was proud of his heritage as part of the early ski inducts: in Michigan braucht forth by industry in Michigan brought forth by his grandfather Mike Murphy and friends in developing Otsego Ski Club in Gaylord Michigan. Mr. Murphy owned C.T.M. Construction Company where he experienced many life long friendships. Visitation Monday 3-8 p.m. at Wm. Sullivan and Son Funeral Home, 705 W. 11 Mile Rd. (4 blks. E of Woodward), Royal Oak. Service Tuesday 11:00 a.m. at Christ Church



RICK SWOPE

Age 53, passed away December 7, 2007 in Wayne, Michigan. Born June 29, 1954, in Detroit, MI. Rick was a disabled veteran of the United

States Air Force who spent much of his adult life working to help others through his support for nonprofit social service agencies and churches. He was a familiar sight collecting botties and cans door-to-door in Wayne and Westland, donating many thousands of dollars to help people who were homeless or otherwise in need. His more than 30 years of support for SOS Community Services in Ypsilanti alone helped thousands of families and individuals with food and hous-ing assistance. Rick was an authentic Good Samaritan and his generosity will be long remembered. Rick is survived by his sister Diana Carey, brother-in-law Allen Carey, and nephews Matthew and Ryan Carey. Rick's final interment will take place at the Southern Nevada Veterans Memorial Cemetery in Boulder City, Nevada. A public memorial service will be held 10:30am Wednesday, January 30 at the Wayne Public Library in Wayne, Michigan.

THOMAS HAW WEEBER

Age 66, of Ruskin, Florida, passed away Sunday, January 2008. He was the son of Arthur G. and Allison E. Weeber. He graduated from Rochester High, attended Ferris State University and served in the Michigan National Guard. In his early years, Tom was part of the family restaurant, The Hathaway House, in Blissfield, MI, then he worked in hospital administration and most recently in retail sales. Tom lived a life close to God and found complete screnity in the natural beauty of this planet earth. Survivors include his brothers Arthur, Michael and Walter L. Weeber of Blissfield, MI and William D. of Kalamazoo, MI; his sisters Allison A. Arscott of Ann Arbor, MI and M. Toni Shick of Hot Springs Village, ARK; and his seven nieces and nephews and eight grand-nieces and nephews. Tom remains in our hearts as a loving, caring and giving brother, uncle and friend. The memorial service and interment will be at White Chapel Cemetery in Troy, MI on February. 9 2008, 12:30 pm. Memorial contributions may be made to the American Cancer Society



Beardsley-Skluzak

Kenneth and Mary Beardsley of Canton announce the engagement of their daughter, Kendra Beardsley, to Anthony Skluzak, son of David Ortega and Judy Skluzak of Dearborn Heights.

A June 20, 2008, wedding is planned for Dearborn Hills Golf Course.



White-Samland

Robert and Patricia White of Westland announce the engagement of their daughter. Tracy White, to Marcus Samland, son of the Gloria Samland and the late Ronald Samland.

The bride-to-be is a 2002 graduate of John Glenn High School and works at Johnson's car wash in Wayne.

The future groom is a 2000 graduate of John Glenn High School and is attending ITT Tech in Canton. He works at FedEx in Livonia.

No wedding date has been set.



Harold Prvor of Livonia announces the engagement of his daughter, Shannon Pryor,

ENGAGEMENTS

Perrell-Renner

Bruce and Terry Perrell of Redford announce the engagement of their daughter, Elizabeth T. Perrell, to Colby S. Renner, son of Robert and Linda Hastings of Tecumseh.

The bride-to-be is a 2002 graduate of Redford Union High School and received a bachelor of science degree in biology from the University of Michigan in 2006. She is currently a student at the U-M College of Pharmacy and will graduate in 2009. She is employed by Kroger Pharmacy in Milan.

The future groom is a 2001 graduate of Tecumseh High School and received a bachelor of business administration

Crist-Coppola

Lori Leann Crist of Redford and Robert Keith Coppola of Farmington Hills are engaged to be married.

The bride-to-be is the daughter of Judy Crist of Tecumseh and Terry and Carolyn Crist of Blissfield. She has a bachelor's degree in accounting from Michigan State University and master of business administration from Wayne State University. She is a development supervisor at Thomson Tax and Accounting in Dexter.

The future groom is the son of Sam and Velma Coppola of

White-Kiefer

Dennis and Maureen White of Livonia announce the engagement of their daughter, Nicole Angelique White, to Kevin Mark Kiefer, son of Melvin and Joan Kiefer of Menominee.

The bride-to-be is a 1995 graduate of Livonia Churchill High School. She received a bachelor of science degree in child development at Michigan State University in 1999 and a master of science in community services at MSU in 2006. She is a teacher at the Dearborn Academy in Dearborn.

The future groom is a 1995 graduate of Menominee High School. He received a bachelor of arts in marketing from Michigan State University



degree from Eastern Michigan University in 2007. He is currently a manager of bd's Mongolian Barbeque in Ann Arbor and a corporate trainer.

A May 2008 wedding is planned.



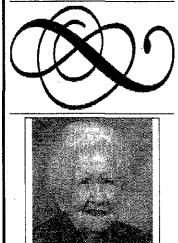
Livonia. He has a bachelor's degree in business administration from the University of Michigan-Dearborn. He is vice president of Millward Brown in Southfield.

A June 14, 2008, wedding is planned for Fox Hills, the Golden Fox.



in 1999. He is employed as marketing manager with the Rehmann Group in Troy.

A July 12, 2008, wedding is planned at The Inn at St. John's in Plymouth.



IRENE L. REAUME

Died January 22, 2008 in Mt. Pleasant at 96 years old. Formerly of Livonia. Beloved wife of the late Leo. Dear mother of Darvin (Patricia), Richard (Rose), Jerry (Caroline), Lorraine (Kenneth) Eagleton, Leonard (Jackie), Robert (Dorothy), Beverly Conkright and Sharon Gregory. Sister of Earl and Alex Bracken. Also survived by 13 grandchildren and five great-grandchildren. Funeral mass will be 10 a.m. (in state at 9:30 a.m.) Monday at Church of the Holy Family 24505 Meadowbrook Rd., Novi. Visitation Sunday 2-8 p.m. with a Rosary at 7 p.m. at Thayer-Rock Funeral Home 33603 Grand River Ave. (1 block West of Farmington Rd.) downtown Farmington. Memorials suggested to Isabella County Medical Care Facility 1222 North Drive, Mt. Pleasant, MI 48858

Church Cranbrook. 470 Rd., Bloomfield Hills. In lieu of flowers, memorial contributions may be made to The Corey and Katelyn Murphy Fund to be established.

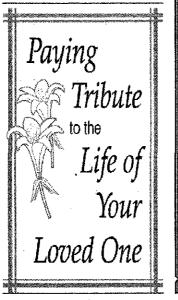


KENNETH JOHN SEYMOUR

Age 87 of Plymouth, born February 6, 1920, went to heaven January 23, 2008, at his home surrounded by his

loving family. Loving husband of Betty Ann for 60 years. Children: Karen Ann (Drew) Cardinalli of Monterey, CA; Deborah Lynn (Chris) Grunn of Oklahoma City, OK, Jan Kay Polnicky of Holland, MI, Pamela Jo (Thomas) Killiany of Novi, MI, and Kenneth John (Renee) Seymour, Jr. of Dearborn Heights, MÍ, Grandchildren; Stephanie, Brooke, Lindsay Kay, Courtney Ryan, Katherin Ann, Kenneth John III and Benjamin Thomas. He was preceded in death by his parents, and his sister and brother. Kenneth proudly served as a military police in the 36th Texas Infantry Division during World War II. He received the Good Conduct Medal, European African Middle Eastern Service Medal with five Bronze Stars and one Bronze Arrowhead. He was the best husband and daddy in the world. He will be in the arms of Jesus, and in our hearts forever. Cremation services arranged by Vermeulen Funeral Home-Plymouth. To view

obituary and share memories, visit: vermeulenfuneralhome.com





MILDRED E. WILLISON

January 24, 2008 of Bloomfield Hills. Dear wife of David. Dearest mother of John (Carol), Ann (Reinhard) Lemke, Stephen (Amy), Roberta (Scott) Kisker and Theresa (Dennis) Kerley III. Grandmother of 21. Sister of Frederick White, Frances Ewbank, Nancy McConnell and the late Robert White. Family will receive friends at Wm. Sullivan and Son Funeral Home, 705 W 11 Mile Rd. (4 blks. E of Woodward), Royal Oak, Sunday 2-8 p.m. In state Monday 10:30 a.m. at First United Methodist Church of Birmingham, 1589 W Maple Rd., until the time of service 11 a.m. Contributions appreciated to Heifer International, 800-689-2511 www.heifer.org. Share your memories at: www.sullivanfuneraldirectors.com.

Let others know... When you've lost a loved one, place

your notice on our website and in "Passages"...a directory located in every edition of your hometown newspaper.

Observer & Accentric

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o Jared Zanon of Denver, Colo

Shannon graduated from Western Michigan University in 2003 with a degree in business administration. She works in the office at Southpass Electrical Corp. in Lafayette, Colo.

Jared is the son of Randy and Sally Zanon of Arvada, Colo. He graduated from Metropolitan State College of Denver in 2000 with a degree in exercise science and adult fitness. He is a firefighter for the West Metro Fire Reserve in

the Denver area. The couple are planning

a spring 2009 wedding in Acapulco, Mexico, where they met four years ago.

Maguire-Carpenter

Leonard and Karen Maguire of Livonia announce the engagement of their daughter, Brianna Lynn Maguire, to Matthew Curtiss Carpenter, son of Kenneth and Carol Carpenter of Southgate.

The bride-to-be is a 2002 graduate of Livonia Churchill High School. She is employed by Synthetic Plastering.

The future groom is a 1999 graduate of Southgate Anderson High School. He is employed by Jamison Industries.

A June 7, 2008, wedding is planned with a reception at the Hellenic Cultural Center in



Westland. The couple will honevmoon in Jamaica and make their home in Westland.

Wracan-Uehlein

Kathy Wracan of Livonia announces the engagement of her daughter, Linda Wracan, to Jeffrey David Uehlein, son of David and Jeanne Uehlein of Fostoria, Ohio.

The bride-to-be is a graduate of Madonna University and is employed at Quicken Loans.

The future groom has a bachelor's degree in mechanical engineering from GMI and is employed at Chrysler.

An Aug. 2, 2008, wedding is planned for St. Aidan's Church in Livonia, followed by a reception at Farmington Hills Manor. The couple will honeymoon in Hawaii.

BIRTHS

Aislinn Melissa Brogdon

Ryan and Amanda (Cavanaugh) Brogdon of Livonia announce the birth of their daughter, Aislinn Melissa



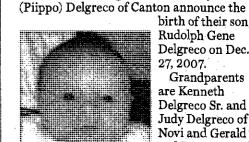
Hickman of Bellaire (formerly of Farmington Hills) and Jim and Bonnie Brogdon of Strickland, Ga.

Brogdon.

Aislinn was born Nov. 26, 2007, at Botsford General Hospital. She weighed 7 pounds, 13 ounces and was 20 inches long at birth.

Aislinn has an older brother, Donovan, 20 months:

Grandparents are Michael and Theresa Cavanaugh of Dexter (formerly of Livonia). Doug and Martee



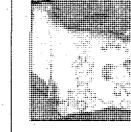
Rudolph Gene Delareco

Kenneth R. Delgreco Jr. and Lacy birth of their son, Rudolph Gene Delgreco on Dec. 27, 2007.

Grandparents are Kenneth Delgreco Sr. and Judy Delgreco of Novi and Gerald and Lynne Piippo or St. Ignace. Great-grandparents are Barbara Delgreco of Westland, Ed and Noreen

Preczewski of Houghton Lake and Gene and Vera Harrison of Rudyard.





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NOMADS

"You cannot put a price on friendships you make," said Calomeni, who joined the Nomads with Charles in 1992.

"It's the camaraderie. We stay in contact with other members," added Charles, who one day hopes to visit Calabria, the southern region of Italy where his grandparents lived before coming to America.

Kathie Reschke compares the Nomads to a country club, but invites the public to see for themselves during an open house Tuesday, Feb. 19, in the Nomads World Terminal at Detroit Metropolitan Airport. For information, call (734) 941-8000 or visit www.nomadstravel.org.

Organized in 1965, the notfor-profit club offers business class accommodations in a Boeing 727 that takes travelers on trips ranging from three to 30 days. Members initially pay \$500 to join and then \$180 annually.

"I get excited about putting together trips nobody can do," said Reschke, Nomads president and a Livonia resident. "Last year it was a 30-day trip to Mongolia and Tibet, next year an around the world 30-day trip. We're doing two trips we haven't done in some time: Israel and Jordan, and a Persian Gulf cruise in and out of Dubai."

The sometimes exotic destinations are something the club's founders probably never envisioned.

"It was started by three General Motors employees. The club was one of many around the country in the mid-'60s when jet aircraft were coming out and airlines were getting rid of turbo props," Reschke said. "The three employees got 200 other people together and at least one of the guys mortgaged his house and bought a plane. This is our fifth plane over the years. We offer about 50 trips a year. The magazine announces the trips and everybody has a chance to sign up by a certain day. A computer does a random selection. We do an encore, a second trip, if it over subscribes.'

John and Carol Aubrey especially enjoy the mystery trips to unknown locations. The Birmingham couple take shorter vacations since they still run a business. In 2007, they went to Martha's Vineyard, Greenbrier Resort in West Virginia, an autumn color tour in Vermont and the Christmas tree lighting in Rockefeller Center. Members since 1982, the Aubreys take at least five trips a year.

"Boy was that dynamite (the tree lighting)," Carol Aubrey said. "We flew in and

Arthritis Today JOSEPH J. WEISS, M.D. RHEUMATOLOGY 18829 Farmington Road Livonia, Michigan 48152 Phone: (248) 478-7860

AGE & ARTHROPLASTY

The idea that you should wait as long as you can before undertaking hip or knee replacement is outmoded.

A frequent argument used to delay surgery is: "I'm too old." That response will not hold. If you do not undertake surgery when it is needed you will only grow older more quickly. When you have advanced arthritis in your hip or knee, you start doing less and sitting more. The retreat happens gradually; to you, it may be imperceptible, but the withdrawal from family and social interactions leaves you isolated.

Your body and mind face the consequences of less activity. The older you become, the more important the need to keep moving physically. The need to keep fit trumps the concerns that age and other medical conditions preclude hip or knee replacement.

Another problem with waiting on surgery is the risk of falling. An arthritic hip or knee make the whole leg unstable. A crack in the pavement, and uneven step on a stairs, or an unseen patch of ice can lead to a slip and fall. These sudden injuries often result in broken bones that require rapid decisions. You are much better off seeing an orthopedic surgery now, on an appointment that fits your schedule, so you can make decisions regarding surgery as you see fit.

Finally, you serve your best interest by having surgery before your leg muscles further weaken from lack of use. Rehabilitation becomes easier the better the condition of your leg muscles. Waiting means isolation, risk and loss.

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buses picked us up at the plane. When we arrived at this building, we went in private elevators to the private dining room with windows all around and had a beautiful dinner and cocktails. The top floor opened onto the roof and it was a beautiful night. When the tree was lit, we were right there."

So far this year, the Aubreys have booked two trips. Over the years, they've encouraged at least four couples to join, but singles are also welcome.

"We have confirmed a mystery trip," Aubrey said. "We absolutely love them. It's our 21st mystery trip in April. Last year, we went to the Masters (golf tournament) in Georgia. A lot of mystery trips are places the Nomads haven't been. In May, we're confirmed to go to the Nantucket Wine Festival we

did a couple of years ago. It's a major fund-raiser for their hospital. Chefs came in from all over the country. It's awesome." 2007 was the best year

financially for the Nomads with 97 percent of the seats full. The plane or flying clubhouse was reconfigured to business class in 2006. It now carries 92 passengers instead of 145.

"It's first class," Carrie Calomeni said. "We love the comfort. You can walk around the plane on these long trips."

lchomin@hometownlife.com|(734) 953-2145

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Simply Self Storage

Notice is hereby given that on February 12th, 2008 on or after 9:30 a.m. that Simply Self Storage will be offering for sale under the Judicial lien Process by Public Auction the following units. The goods to be sold are generally described as household goods. Terms of the sale are <u>cash only</u>. Simply Self Storage reserves the right to refuse any and all bids. The sale will be at the following location: 34333 E Michigan Ave. Wayne MI. 48184. 734-728-8204.

Yolanda Brown - C123 - 2 Leather sofas, box and bin Inger Vaughn - C133 - Bags, furniture, boxes Dottie McCullough - D131 - Washer, Dryer, furniture Futuristic Designs LLC - E140 - Lawn equipment, tools, tool chest, tool boxes Sheree Sills - B101 - Dryer, electronics, boxes

. Publish: January 24 & 27, 2008

PURSUANT TO 15 USC §1692 YOU ARE HEREBY INFORMED THAT THIS IS AN ATTEMPT TO COLLECT A DEBT AND THAT ANY INFORMATION THAT YOU PROVIDE MAY BE USED FOR THAT PURPOSE. MORTGAGE SALE - Default has been made in the condition of a mortgage made by Miguel Roldan and Lisa L. Roldan Husband and Wife to BENEFICIAL MICHIGAN INC by a mortgage dated February 13, 2007 and recorded on February 16, 2007 in Liber 45991 on Page 338-343, Wayne County Records Michigan on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Twenty-Four Thousand Five Hundred Eighty-Four and 13/100 Dollars (\$124,584.13) including interest at 8.97% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue. Immediately inside the Southerly or Jefferson Avenue Entrance to the Coleman A. Young Municipal Center in the City of Detroit, Wayne County Michigan at 1:00 pm. on February 7, 2008. Said premises are situated in the City of Melvindale, County of Wayne State of Michigan, and are described as: Lot 316, Kaiers Fort Boulevard Subdivision, as recorded in Liber 42, Page 92 of plats, Wayne County Records. The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241 a. in which case the redemption period shall be 30 days from the date of such sale. Dated: December 27, 2007 Michael M. Grand, Esq. GRAND & GRAND PLLC 31731 Northwestern Hwy, #151 Farmington Hills, MI 48334 (248) 538-3737 72082 ASAP# 961673 01/06/2008, 01/13/ 2008.01/20/2008.01/27/2008

MELROSE

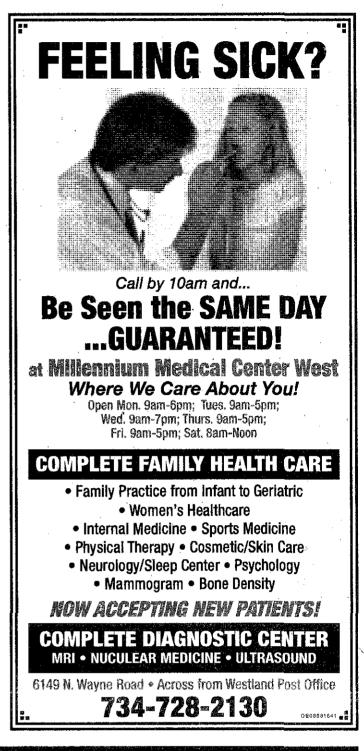
FROM PAGE C1

activity that was able to continue the event.

Sadly there are many kinds of ambiguity not so easily handled in such a simple, direct, and active manner. Dr. Boss is a strong believer in what one's faith can offer; not only the community of faith, your church, synagogue, mosque, congregation as a safe place and community to share these events but how your faith gives you resources of caring, love, and the sacredness of life as ultimate, even when loss, tragedy, or the unknown move in.

Don't let such a situation numb you. Look for Dr. Boss's books as a resource. Refer to your faith. The staff of Samaritan Counseling has just come through special training in this area. When life throws a curve, or God seems absent, addressing that situation in faith and with help opens up otherwise not seen possibilities.

Dr. Paul Meirose is executive director of the Samaritan Counseling Center of SE Michigan. He can be reached at www.paulmelrose.com or through (248) 474-4701. The staff of the Center can be reached at www.samaritancounselingmichigan.com or through (248) 474-4701.





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EMERGING TRENDS IN BRAINSTORMING



It's time to

discuss brainstorming, both traditional and virtual, from an employee perspective. This article will focus on the process as "a middle path between the two

extremes of boundless speculation and quantitative data analysis... (and) posing the right questions... as advocated in the December, 2007, Harvard Business Review.

TRADITIONAL/WEB-BASED

The Marketing Arm, a promotions and events agency headquartered in Dallas, uses brainstorming sessions to help with tasks and projects needing a nudge from multiple idea sources. Account manager Mindy Kuhl says, "We submit what we're working on that we need help on and try to come up with some ideas." These weekly sessions, called "Creative Soup," emerge from office-wide invitations to all 150 employees.

⁴IdeaLink" is another form of brainstorming there, much more free-for-all. It's virtual, calling on everyone

in the company to help a person seeking suggestions within one to three days. "We log onto the Web site," Kuhl explains, "read about a topic and contribute two, ten, to 20 ideas at our leisure, usually over two to three days. It's a great tool for reaching as many people as possible (about 2,300 employees) without time constraints, and it draws upon people in multiple offices nationwide and in London and Beijing."The company rewards participation with gift certificates at year's end. Employees who contribute in all IdeaLinks receive a bonus. "You're not punished (for not participating)," she adds, "but you are rewarded." TELEPHONE

An ordinary telephone provides yet another venue for brainstorming. Steven Marcano turns into an employee every time he brainstorms virtually. That's every day, except when he's traveling. He founded the more than \$4 million My Lil' Star Baby Products, an interactive baby product media-based company headquartered in Hartford, Conn., with an office in Manhattan. The company has 20 employees and freelancers.

Co-workers from different divisions get onto the telephone to brainstorm the last hour of the day. Technology enables them to see each other and the visuals. At first, it feels as if everyone's in a meeting without knowing the focus. They discuss positive developments and challenges they're facing. Then, brainstorming begins, tackling problems that have arisen, projects that weren't completed, goals that weren't met. "One day," Marcano says, "we had an extra two feet in a container. So we brainstormed, asking how many bottles of shampoos, conditioners and lotions could fit in a container. The profit from them would pay for our freight." That brainstorming session led to the free shipment of 1,600 cases of diapers per truck.

When people discuss an idea, they're considered employees. That includes Marcano. "I won't veto an idea that's better than mine," he says. "An intern who works one day a week came up with the best idea a few days ago. We were crunched. We needed three containers on the water immediately. He had a family member, a graphic designer, get stock photos off the Internet. This saved me a couple of weeks of time, having to pay for an agency, rent a hall and get insurance. And I was always against stock photos."

But not all brainstorming goes smoothly. Marcano refers to the pressure in every session and the danger of a destructive ego taking over -- "when ego and attitudes get involved and people can't take constructive criticism"-- causing participation and productivity to plummet. However, he comments that after peers state in front of peers that they'll do



Photo: Mindy Kuhl, account manager, brainstorms using two methods at the Dallas headquarters of The Marketing Arm. Here she contributes to IdaLink, the firm's somewhat unstructured online method.

something, they're more likely to follow through.

Kuhl mentions that while brainstorming fosters a love of ideas, good or bad, the wrong mix of people or knowledge can doom a session. Occasionally, a good idea emerges this way, but only if you have the time to kill. Further, she points out that an ill-defined objective can lead to "people spinning their wheels for an hour or more, going around in circles."

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(Dr. Mildred L. Culp is an award-winning journalist. Copyright 2008 Passage Media.)



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CAReport



By Kevin Koloian **Avanti News Features**

The all-new 2008 Buick Enclave is the newest vehicle to join the crossover fray. With the cargo capability and high seating position of a traditional SUV, the Enclave may be just what Buick needs to break its lackluster sales cycle. Buick execs are so confident in their Enclave that it replaces two vehicles, the Buick Rainier and the

Rendezvous. The Enclave may be the best of a new family of crossover vehicles from General Motors, which includes the Saturn Outlook and the GMC Acadia.

The Enclave and its siblings are all built at a new

assembly plant near Lansing, Mich. The 2008 Buick Enclave comes in CX and CXL trim levels. Both offer standard seven-passenger seating via second-row captain's chairs and a third-row bench seat. An optional second-row bench seat is thrown in upon request at no additional charge, which increases seating capacity to eight.

The base \$32,055 CX comes with 18-inch alloy wheels, bi-xenon HID headlights, a power liftgate, heated outside mirrors, cloth upholstery, a power driver seat, a telescoping leather/wood steering wheel, triple-zone automatic climate control, a six-speaker CD stereo with an mp3 player input

jack, satellite radio and OnStar. The up-level Enclave CXL adds 19-inch wheels, leather upholstery, heated front seats and additional power seat adjustments, including memory settings for the driver.

Upgrades can be made through four different entertainment packages, which include a navigation system, a back-up camera, a 10-speaker Bose audio system with an in-dash CD changer and a rear DVD entertainment system that plays in 5.1 surround sound. There's also the Driver Confidence Package, which adds remote start, rear parking sensors and heated windshield washer fluid.

But the real treats are available through the Luxury Package, which is exclusive to the CXL. This package offers adaptive headlights, power-folding outside mirrors, a power tilt/telescoping steering wheel and a 110-volt outlet.

Stand-alone options on both trim levels include the Dual SkyScape Sunroof sliding moonroof, a second-row storage console and towing equipment. What sets the Enclave apart from other crossovers is the host of innovative features that aren't offered standard or simply unavailable in competing vehicles.

Some of these features include a second-row seat console that unfolds to help create a flat load floor when the seats are folded. Also, the center console storage area is equipped with a pull-out tray. When removed, the tray reveals a deep space for storing a pair of 16-ounce bottles or other tall items.

The Enclave also features a power-operated liftgate, Smart Slide second-row seat feature and a DVD-based rear-seat entertainment system with one of the segment's largest display screens.



The 2008 Buick Enclave is the newest member of the General Motors crossover family, which includes the Saturn Outlook and GMC Acadia. It is also the most luxurious.

GM's Smart Slide feature allows entry in the third row with the ease of a tug of one handle. With Smart Slide, the second-row seat cushion flips up while the seat-back slides forward, compressing the space occupied by the seat. Also, when adjusted rearward, the second-row seat provides more legroom for taller passengers and when adjusted forward, it provides more storage space or additional legroom for thirdrow passengers.

With 18.9 cubic feet of cargo space available behind the third row, the Enclave is not short on functionality appeal. And by folding all seats, you get 116 cubic feet of storage space to work with.

The best other crossovers in this segment can boast is 85 cubic feet of storage, so if you need to haul a lot of things, look no further than the Enclave. Buick engineers designed the Enclave's cabin to be as quiet as a library, something

usually reserved for luxury vehicles. Buick's exclusive QuietTuning engineering process reduces, blocks and absorbs unwanted noise from entering the Enclave's cabin. Some noise-reducing components include an acoustic laminated windshield, laminated safety door glass, triple door seals, flat-blade windshield wipers, strategically placed sound deadening material in more than two dozen locations throughout the vehicle and outside rearview mirrors and tires designed to minimize noise.

The 2008 Enclave has a comprehensive safety system designed to protect passengers before, during and after a crash. Four-wheel anti-lock brakes, StabiliTrak electronic stability control system -- with rollover protection technology and GM's tire-pressure monitoring system are standard.

Traction control is standard on all models. The Enclave is equipped with six standard air bags: two dual-stage frontal air bags, two seat-mounted side-impact air bags in the first row and two roof rail air bags that cover all three seating rows.

Added safety is ensured in the Enclave by the optional Ultrasonic Rear Park Assist and rear back-up camera, which work together to provide not only a visual reference of

objects directly behind the vehicle, but an audible warning of the objects' proximity.

Displayed on the navigation system display screen, icons and audible cues provide an easy-to-understand reference to items behind the vehicle.

The Enclave can also be equipped with power-adjustable outside mirrors that automatically angle downward when the vehicle is in reverse, providing a view of the curb or parking lines.

The mirrors can be programmed so that one, both or none of the mirrors provide this view.

A must have for Michigan and Wisconsin owners is the intelligent all-wheel-drive system. This system provides increased traction on slippery roads and other driving situations. The system works by delivering just the right amount of power to the rear wheels. What's so great about this is that the driver doesn't need to do a thing. The system automatically decides how much power to apply and delivers it to the wheels with the best traction.

Customers have a choice of front-wheel drive or all-wheel drive on the Buick Enclave. Whatever your choice, power is supplied by a 3.6-liter V6 that is good for 275 horsepower.

A 6-speed automatic transmission is standard. This tandem makes the Enclave good for 18 miles per gallon in the city and 26 mpg on the highway. The Buick Enclave should easily make fans of families who

want three rows of seating and a few luxury features thrown in without a luxury price.

Kevin Koloian covers General Motors from Detroit for Avanti NewsFeatures. Write him at <u>kevinkoloian@excite.com</u>. Distributed by Fracassa News Group. @2008, Fracassa Communications LLC.

2008 Buick Enclave Vehicle class: Crossover SUV.

Power: V6 engine. Mileage: 18 city / 26 highway. Where built: Lansing, MI. Base price: \$32,055.







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