

Chamber pledges to continue collaboration with city, schools

BY DARRELL CLEM
STAFF WRITER

In hopes of spurring growth in the city's business community, Westland Chamber of Commerce leaders have pledged to work with new Mayor William Wild and his administration.

"We are looking forward to a collaborative relationship with the city administration to create a healthy and attractive business environment in Westland," chamber President Lori Brist said.

Westland and the rest of Michigan have suffered from an economic slump, but chamber leaders hope to do what they can to help local businesses not only survive - but thrive.



Kelly

During the chamber's annual meeting on Tuesday at Marvaso's Italian Grille, chamber board Chairwoman Rebecca Kelly outlined goals for 2007.

"Filling vacant buildings, creating new jobs and assisting existing businesses (to) succeed are at the top of our priority list," Kelly said, addressing chamber members. "We look forward to collaborating with city leaders in an attempt to improve Westland's overall business climate."

Wild, the city's newly appointed mayor, welcomed the gesture from chamber leaders. "I think it's very important for local govern-

ment to work with local businesses," he said. "We have to work together. A thriving business community is part of a thriving community."

Wild confirmed that he will give a State of the City address in April to the chamber - a speech that will be geared toward the business community. Wild also plans to have a State of the City program for residents at large, with details to come later.

Kelly, sales manager for Sharon's Heating & Air Conditioning, also said the chamber will partner with Wayne-Westland Community Schools to provide programs for youngsters.

"Through our community and educational development committee, we will continue to strive towards educating tomorrow's workforce," Kelly said. "Our partnership with the

Wayne-Westland school district and the Westland Youth Assistance Program will allow us to do just that."

Kelly also pledged that chamber leaders will keep members informed of local and state legislation that will have an impact on Westland businesses. Kelly announced some of the people who will be helping to steer the chamber this year. They are chiropractor Amanda Apfelblat, vice president of business and economic development; Westland Shopping Center marketing manager Denise Mills, vice president of community and educational development; and Men on the Move moving company owner Gary Bulson, vice president of government affairs.

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You might choose to spruce up some old furniture. Books like *Easy Upholstery: Step by Step*, *What Color Is Your Slipcover* or *Complete Guide to Chair Caning* will get you started.

If you would like to attempt a larger project, browse *Family Handyman Interior Improvements* or *Home Remodeling for Dummies* for ideas. For more specific titles try *Reinvent Your*

POSTERS

FROM PAGE A1

The money will come in handy. Hamlet plans to go on to college, probably at the Center for Creative Studies, and take up graphic design.

Heinrich also is a Wayne Memorial senior, describes his best of show poster as "a little bit of idealism of the future." It features the front end of an older car with the Detroit skyline on the hood. "My original design didn't work out," he said. "I wanted to do a comic book cover, but I couldn't find one good enough and I didn't have time to draw one," he said. "I took hours to put together and there's a lot of digital work for such a simple design."

ORCHESTRAL ILLUSION

Schrader took a different track for her poster which creates the illusion of an orchestra made up of car parts - grills, head lights, steering wheels and tires.

"I had his picture of an orchestra of parts that led up to the 100-year logo of the auto show," she said. "My first design was very simple, I didn't have the pencil lines and there was less detail."

Like Hamlet, she was surprised to win. She had entered the contest last year, but came away

empty handed.

"Last year's poster was more simplistic, this has more detail," the Wayne Memorial senior said.

Perez also uses the word simple in describing her auto show poster. She used shapes and with the help of Paulsen, placed a car in the mix. She found the font for the wording on a Web site.

"Mr. Paulsen thought I had a chance to win," said Perez, a John Glenn High School senior. "I've never won anything. This is the first time I entered the contest and the first time I've won."

While she's not into auto shows and most likely will give her free tickets to her parents, Perez admits there's something about having her poster viewed by hundreds of thousands of people.

"I get the chills thinking about it being on display," she said. "I wonder what people will think of it"

Paulsen is always on the hunt for competition for his students to enter. Most that he finds tend to be poster contests. He has his students go through and look at design history and designers. He also encourages them to look at other styles in preparing for contests.

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- STOMP THE YARD (PG-13) 12:05, 2:30, 4:55, 7:20, 9:45
- FREEDOM WRITERS (PG-13) (11:10) 1:45, 4:20, 6:55, 9:30
- PRIMEVAL (R) (11:15) 1:20, 3:25, 5:30, 7:35, 9:40 FRI/SAT LS 11:45
- HAPPILY N'EVER AFTER (PG) (11:10) 1:10, 3:10, 5:10, 7:10
- WE ARE MARSHALL (PG) 9:25
- NIGHT AT THE MUSEUM (PG) 12:00, 2:20, 4:40, 7:00, 9:20
- FRI/SAT LS 11:40
- CHARLOTTE'S WEB (G) 12:35, 2:45, 4:55, 7:05, 9:15
- FRI/SAT LS 11:25
- THE PURSUIT OF HAPPYNESS (PG-13) (11:00) 1:30, 4:00, 6:30, 9:00
- FRI/SAT LS 11:30
- HAPPY FEET (PG) (11:00)

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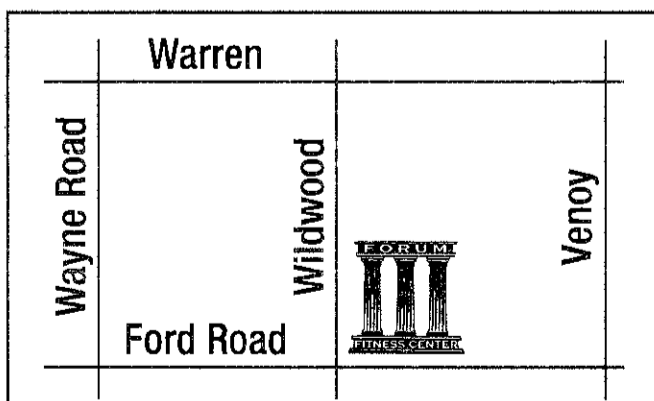
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SPORTS

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Sunday, January 14, 2007

The Observer & Eccentric Newspapers

Brad Emons, editor . (734) 953-2123 . bemons@hometownlife.com

www.hometownlife.com

Mustangs submarine Spartans in state-ranked duel

BY BRAD EMONS
STAFF WRITER

This wasn't any ordinary Thursday night dual boys swim meet.

It featured two highly regarded state-ranked teams - Livonia Stevenson and Northville - two programs that have been the class of the Western Lakes Activities Association the past few years.

The start of the meet was held up 15 minutes because of a malfunction with the computerized electronic scoreboard system, but when things got going, it became clear early in the meet that it was Northville's night as the No. 2-ranked team in Division I posted a 105-81 tri-

umph over the No. 6 Spartans.

Stevenson had won the previous two encounters dating back to last March, including the WLAA Relays in December and the Division I state meet in March when the Spartans edged Northville for third place, 201.5-200.

The Spartans started well enough, finishing first and third in the first event, the 200-yard medley relay.

But by the 50 freestyle, the Mustangs had taken a 33-29 advantage and never looked back.

Senior Chris Keady, a state runner-up last year in both the 200 individual medley and 500 freestyle, paced the



TOM HOFFMEYER | STAFF PHOTOGRAPHER

PLEASE SEE SWIM, B3 Stevenson's Kyle Hermann was runner-up in the 200-yard freestyle during Thursday's meet against No. 2-ranked Northville.

SIDELINES

Prep figure skating

Several area teams will compete in the Michigan High School Figure Skating Competition from 4-8 p.m. Monday at the Farmington Hills Ice Arena.

Among the teams scheduled to compete include Livonia Ladywood, Farmington Hills Mercy, Plymouth-Canton, Northville, Milford, Lakeland, Walled Lake, Ann Arbor Huron and Novi.

Tiger Caravan

The Detroit Tigers Winter Caravan will make a stop at the Eastern Michigan University Convocation Center from 6-7:15 p.m. Thursday, Jan. 18. Doors open at 5:30 p.m.

Tigers slated to attend are manager Jim Leyland, coaches Gene Lamont and Lloyd McClendon and players Placido Polanco, Justin Verlander, Marcus Thames, Craig Monroe and Chris Shelton.

Dan Dickerson, the voice of the Tigers, will emcee a question and answer session with Leyland and the players.

Following the free portion of the program will be a VIP reception in the Stadium Club with the Tigers. Tickets are \$75 each and are available on a first-come, first-served basis.

Free tickets are available by calling the Convocation Center at (734) 487-2282.

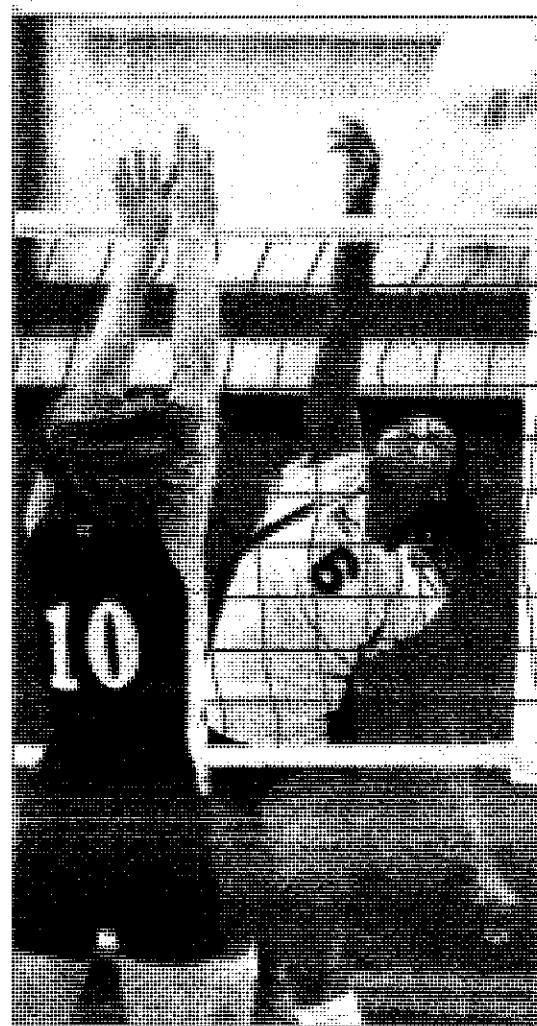
Churchill dinner

The Churchill High School Athletic Patrons will stage a mid-winter dinner from 4-8 p.m. Sunday, Jan. 21 at The Coaches Corner, located at Seven Mile and Farmington roads, in Livonia.

Join CAP members for an evening of food and fun with all proceeds going to benefit Churchill athletics. There will be hourly 50-50 drawings.

Rod Hawrany and Mario D'Herin of Roger and Rod's Barber Shop will serve as guest bartenders.

For more information, call (734) 744-2650, Ext. 46117.



TOM HAWLEY | STAFF PHOTOGRAPHER

Glenn's Kija Colts nails a spike past Wayne's Chelsey Odom during Wednesday's clash.

Rockets hit on all cylinders
Glenn spikers score impressive win vs. WayneBY BRAD EMONS
STAFF WRITER

After a slight delay to attach the antennas on each side of the net, the Westland John Glenn girls volleyball came out of the oven like a \$5 Little Caesars pizza.

And before you could say "Cheese only," the Rockets were hot and ready, taking less than an hour Wednesday night to dispose of rival Wayne Memorial in three games, 25-15, 25-12, 25-17, in a Western Lakes Activities Association crossover match.

Ironically, Glenn and Wayne split two games last month in the Madonna University Tournament held at Plymouth High School.

But on this night, it was all Glenn, as the Rockets' hitting attack was sparked by a pair of 6-foot middle hitters, senior co-captain Virginia Butler and sophomore Brittany Holbrook, each finishing with 12 kills.

Butler also served six of Glenn's 13 aces on the night, while Holbrook finished with three blocks and three aces.

"Give credit to Wayne, they came up with a good defensive effort and dug everything we threw at them," said Glenn first-year coach Julian Wargo, whose team is 7-6-3 overall. "We were able to

step it up with our ball control and we were able to run the attack we wanted. We took advantage of a smaller Wayne frontline and our outside and middle hitters were able to swing away."

Other Glenn contributions came from senior co-captain Kija Colts, who had five kills and one ace; junior Kirstin Kirk, 17 digs, four kills and one block; and senior setter Katie Tratar, 26 assists, three kills and three aces.

"It's good to see some of our underclassmen like Holbrook, and Kirk, who played well defensively, step it up and take the pressure off both Virginia (Butler) and Kija (Colts), especially when teams are geared to stop them," Wargo said. "And I thought Katie Tratar did a good job of distributing the ball. I felt she set a smart match."

The visiting Zebras, meanwhile, could muster only nine kills on the night (led by Stacy Stone's three) and had only a meager total of five assists.

The Zebras, however, did take a 10-6 lead in the second game when senior Kellie Newsted served three of her four aces.

But the advantage was short-lived as Wayne made 17 passing errors on the evening and gave up another six points on service errors.

"We can't keep giving up free balls," said Wayne first-year coach Kevin Miller, whose team fell to 1-2-12 overall. "We have to work covering the court when we're behind the ball and moving to the ball. We're not getting to the place where we're supposed to be."

"We're just not adjusting and reading quickly enough. We have to try and force the issue. We've been trying to do a lot of that in practice."

Wargo, who is animated and active on the coaching sidelines, felt relieved to beat his first WLAA opponent. But he knows there is much to work to do before the divisional schedule heats up this week.

"Our communication could be better at times," he said. "And we have to learn to not let down going from game-to-game, and play with our heads up. Tonight when you're playing before a lot of family and friends, it's easier to stay up."

"We just hope to keep improving day to day. I felt both Northville (a three-game loss Monday) and Wayne were good tuneups. Now the hard stuff starts. We're in a tough division (Lakes) and we'll see what happens."

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Churchill staves off Plymouth in thriller

BY ED WRIGHT
STAFF WRITER

After a thorny start, Livonia Churchill's basketball team came out smelling like a "Rose" nick Friday night in a Western Lakes Activities Association crossover game against visiting Plymouth.

Led by the blue-collar effort of junior forward Ryan Rosenick, the Chargers outlasted the Wildcats, 48-46, in a tension-packed contest that wasn't decided until the final minute.

Rosenick, who finished with 24 points and 16 rebounds, notched a double-double - 14 points and 10 boards - in the first half alone.

Churchill senior Brad Evans came up big in the clutch for the winners, converting a driving layup with 1:30 to play to break a 44-all tie. The 6-foot-3 senior then iced the victory with a pair of free throws with 27.2 seconds left to make it 48-44.

Plymouth's Mike Hanchett deposited a layup with 11.4 seconds remaining to cut the Wildcats' deficit to 48-46, however, Plymouth was unable to get off a shot after regaining possession of the ball with 1.8 sec-

onds to go.

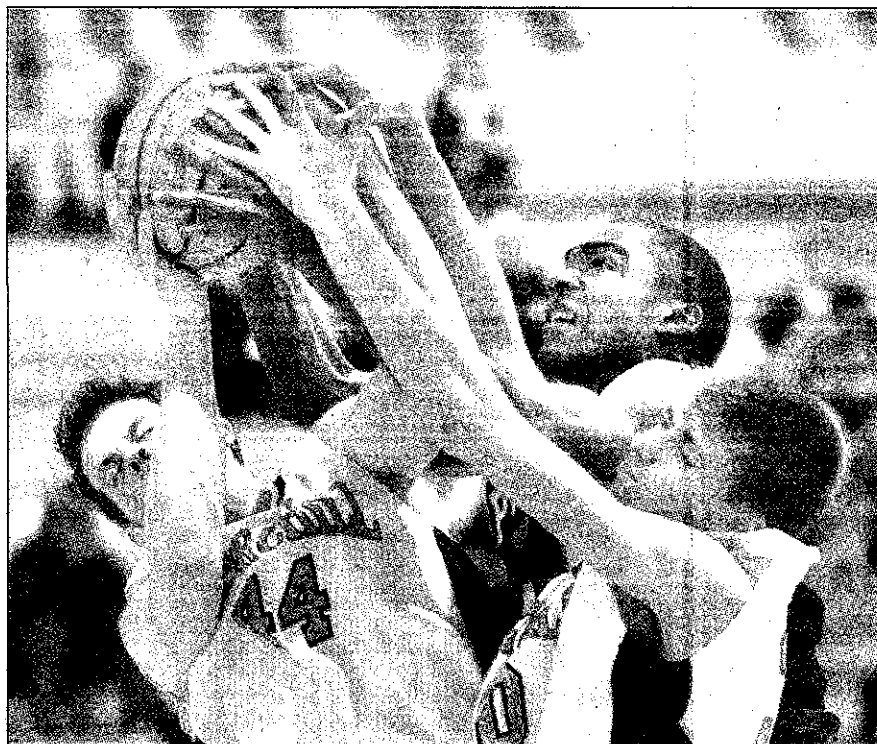
The victory improved the Chargers to 4-3 overall and doubled their win total from a year ago. Plymouth slipped to 3-4.

"I was disappointed in the way we played in the first quarter - their guards were playing well and we just weren't getting it done," Churchill coach Jim Solak said. "But we locked them down in the second half and our perimeter defense was much better."

"The bottom line is we hung around and hung around and took every punch they threw at us. When it came to push and shove in the fourth quarter, we got it done, whether it was knocking down big free throws or getting a guard penetration. I'm proud of how the guys finished it out tonight."

The Chargers attacked the basket more than the Wildcats, which was reflected in their lopsided victory - 25-4 - in the "free throws attempted" category.

"Churchill going to the line that much made a big difference tonight," Plymouth coach Tom Van Wagoner said. "But give them credit - they took advantage of what was



BILL BRESLER | STAFF PHOTOGRAPHER

Plymouth's Austin Barnett battles for a rebound with Churchill's Ryan Rosenick (left) and Nicholas Seger during Friday night's WLAA cross-over game at Churchill. Rosenick netted 24 points and 16 rebounds in the Chargers' 48-46 victory.

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THE WEEK AHEAD

BOYS BASKETBALL
Tuesday, Jan. 16
Churchill at W.L. Northern, 7 p.m.
Franklin at W.L. Western, 7 p.m.
Stevenson at Salem, 7 p.m.
W.L. Central at John Glenn, 7 p.m.
Wayne at Northville, 7 p.m.
Clarenceville at Liggett, 7 p.m.
Luth. Westland at Hamtramck, 7 p.m.
Baptist Park at Huron Valley, 7 p.m.
Thursday, Jan. 18
Immac. Conception at Huron Valley, 7 p.m.
Friday, Jan. 19
Churchill at Stevenson, 7 p.m.
Franklin at Northville, 7 p.m.
W.L. Northern at John Glenn, 7 p.m.
Canton at Wayne, 7 p.m.
Clarenceville at Det. Community, 7 p.m.
Liggett at Luth. Westland, 7 p.m.
GIRLS VOLLEYBALL
Tuesday, Jan. 16
Royal Oak at Clarenceville, 5 p.m.
Ladywood at H.W. Regina, 6:30 p.m.
Huron Valley at Taylor Baptist, 7 p.m.
Wednesday, Jan. 17
Churchill at W.L. Northern, 7 p.m.
Franklin at W.L. Western, 7 p.m.
Stevenson at Salem, 7 p.m.
W.L. Central at John Glenn, 7 p.m.
Wayne at Northville, 7 p.m.
Thursday, Jan. 18
Mercy at Ladywood, 6:30 p.m.
A.A. Greenhills at Clarenceville, 6:30 p.m.
Stevenson at Wayne, 7 p.m.
Saturday, Jan. 20
Northwood Invitational, 8 a.m.
MU Tourney at Plymouth, 8:30 a.m.
Novi Invitational, 9 a.m.
PREP HOCKEY
Wednesday, Jan. 17
Franklin vs. Plymouth at Edgar Arena, 6 p.m.
Stevenson at South Lyon, 7 p.m.
Friday, Jan. 19
Churchill vs. Stevenson at Edgar Arena, 6 p.m.
Saturday, Jan. 20
Franklin vs. W.L. Western at Lakeland Ice Arena, 6 p.m.
Ladywood vs. H.W. Regina at St. Clair Shores Arena, 8 p.m.
PREP WRESTLING
Wednesday, Jan. 17
Novi-Detroit CC, Hazel Park, Summit at Clarenceville Quad Meet, 5:30 p.m.
Thursday, Jan. 18
Inter-City at Luth. Westland, 6 p.m.
Churchill at Stevenson, 6:30 p.m.
Franklin at Canton, 6:30 p.m.
W.L. Central at John Glenn, 6:30 p.m.
Wayne at W.L. Western, 6:30 p.m.
Saturday, Jan. 20
Avondale Tournament, 10 a.m.
Spartan Classic at Stevenson, 10 a.m.
BOYS SWIMMING
Tuesday, Jan. 16
Churchill at Wayne, 7 p.m.
Redford Union at Franklin, 7 p.m.
John Glenn at Plymouth, 7 p.m.
Thursday, Jan. 18

Churchill at Stevenson, 7 p.m.
Canton at Franklin, 7 p.m.
Salem at John Glenn, 7 p.m.
Wayne at Plymouth, 7 p.m.
GIRLS GYMNASTICS
Wednesday, Jan. 17
Livonia Red-Blue at Plymouth, 7 p.m.
Saturday, Jan. 20
Farmington Invitational, 9 a.m.
PREP BOWLING
Monday, Jan. 15
Wayne vs. Wyandotte at Indian Lanes, 3:30 p.m.
Wednesday, Jan. 17
John Glenn, Wayne vs. Northville at Novi Bowl, 3:30 p.m.
Friday, Jan. 19
Ladywood vs. Mercy, Clarenceville vs. Rice, Marian at Thunderbird Lanes, 3:30 p.m.
Saturday, Jan. 20
Wayne County Championship at Cherry Hill Lanes, 9:30 a.m.
Oakland County Tournament at Century Lanes, TBA.
PREP SKIING
Thursday, Jan. 18
Ladywood vs. Lakeland at Alpine Valley, 3:30 p.m.
GIRLS FIGURE SKATING
Monday, Jan. 15
Ladywood at Farm. Hills Ice Arena, 4 p.m.
COMPETITIVE CHEER
Thursday, Jan. 18
Franklin Invitational, TBA.
Saturday, Jan. 20
Brighton Invitational, 9 a.m.
Allen Park Invitational, 10 a.m.
MEN'S COLLEGE BASKETBALL
Wednesday, Jan. 17
Cornerstone at Madonna, 7:30 p.m.
Oakland CC at Schoolcraft, 7:30 p.m.
Saturday, Jan. 20
Schoolcraft at St. Clair CC, 3 p.m.
Madonna at Siena Heights, 7:30 p.m.
WOMEN'S COLLEGE BASKETBALL
Wednesday, Jan. 17
Oakland CC at Schoolcraft, 5:30 p.m.
Madonna at Cornerstone, 7:30 p.m.
Saturday, Jan. 20
Siena Heights at Madonna, 1 p.m.
Schoolcraft at St. Clair CC, 1 p.m.
ONTARIO HOCKEY LEAGUE
Monday, Jan. 15
Whalers vs. Saginaw Spirit at Compuware Arena, 2 p.m.
Friday, Jan. 19
Whalers at Sault Ste. Marie, 7:30 p.m.
Saturday, Jan. 20
Whalers vs. Sarnia Sting at Compuware Arena, 7:05 p.m.
MAJOR INDOOR SOCCER LEAGUE
Sunday, Jan. 14
Ignition at Milwaukee Wave, 7:35 p.m.
Friday, Jan. 19
Ignition vs. California Cougars at Compuware Arena, 7:35 p.m.
Saturday, Jan. 20
Ignition at Philadelphia NIXX, 7:05 p.m.
TBA - time to be announced.

Stevenson whips Salem; Patriots triumph

Livonia Stevenson continued sailing along Friday with a 7-1 Western Lakes Activities Association-Lakes Division boys hockey victory over visiting Salem at Edgar Arena. The Spartans, ranked 10th in Division I in the latest statewide coaches poll, improved to 11-1-1 overall and 3-0 in the Lakes. Salem falls to 5-5-1 and 0-2. Marcus Voran had a pair of goals and one assist to lead Stevenson, which led 1-0 after one period and 4-1 after two periods. Mike Jahn chipped in with two goals as well, while senior T.J. Gosseline finished with one goal and two assists. Joe Byrne collected his first career goal with an assist. Mike Gibbons also scored for Stevenson, which outshot Salem, 29-18. Other assists went to Dan Darrow and Mark Bekkala, two each; Steve Soave, Sean Lerg and John Vella. Salem's Nick Gennetty scored at 6:40 of the second period

PREP HOCKEY
from Adam Hammell to make it 3-1. Mike Zynda, who made 16 saves, was in goal for the Spartans. Ralph Aspinwall made 22 stops for Salem. FRANKLIN 4, CANTON 1: On Friday, Dave Muller tallied a goal and two assists to lift Livonia Franklin (3-9, 1-1) past the host Chiefs (3-9-1, 0-1) in a WLLA-Western Division game at the Arctic Edge. Franklin's Jordan Short scored less than five minutes into the first period on a goal off assists from Muller and Tyler Barnes. Muller then took a pass from Kevan Swanburg late in the first period to extend the visitors' lead to 2-0. Derrick Cripe put the win on ice early in the third stanza when his shot from Franklin's blueline eluded Swanburg to make it 3-0. A few minutes later Jordan Chisholm tacked on an insurance goal to make it 4-0. Canton's lone goal came with five minutes left when Justin Ward

scored off assists from Clark Albers and J.P. LaFontaine. Franklin netminder Austin Mesler made 21 saves, while Swanburg had 20 saves for the Chiefs. "Austin played a great game," Franklin coach Terry Jobbitt said. "The first period was the best hockey we've played all season. We had excellent positioning, we back-checked and even scored a power-play goal. "But in the second period we lost it. We took eight penalties. 12 for the game, which is unacceptable." STEVENSON 6, W.L. NORTHERN 2: Marcus Voran notched his third hat trick of the season as Livonia Stevenson (10-1-1, 2-0) downed Walled Lake Northern (7-4-1, 0-2) in a WLLA-Lakes Division game at Edgar Arena. It was 2-0 after one period as R.J. Kierdorf scored from Voran and John Vella at 3:23. Sean Lerg added a goal at 7:52 from Steve Soave. Rick Mitchell (from Al Harvey and Jeff Walters) and Walters (from Harvey and Mitchell) scored for Northern at 4:01 and 6:44, respectively. Voran scored the game-winner from Zach Roberts at 10:28 of the second period followed by Chris Rapp from Lerg and Mike Jahn at

11:42. Voran tallied Stevenson's lone power-play with 40 seconds left in the second from Vella and Kierdorf. He added another goal at 6:53 of the final period from Kierdorf and Marc Villaire, who notched his first career point. Stevenson netminder Drew MacEachern made 21 saves, while Northern's Ed Hojnacki stopped 24 shots. Stevenson killed off all five penalties. "This was a big win for our team," Stevenson coach Mike Humitz said. "Northern is a team that has had a good start, so it was important that we played well. We're also getting contributions from different players, so that is a good sign." NORTHVILLE 8, FRANKLIN 0: In a WLLA-Western Division opener Wednesday, seven different players scored the host Mustangs (6-5-1, 1-0) blanked Livonia Franklin (2-9, 0-1) at Novi Ice Arena. T.J. Hohl led Northville with two goals and one assist, while Steve Dawson added a goal and two assists. The Patriots were onshot, 36-13. "We continue to take too many penalties and run around chasing the puck instead of playing our system," Franklin coach Terry Jobbitt said.

Aquinas deals MU men 1st WHAC loss

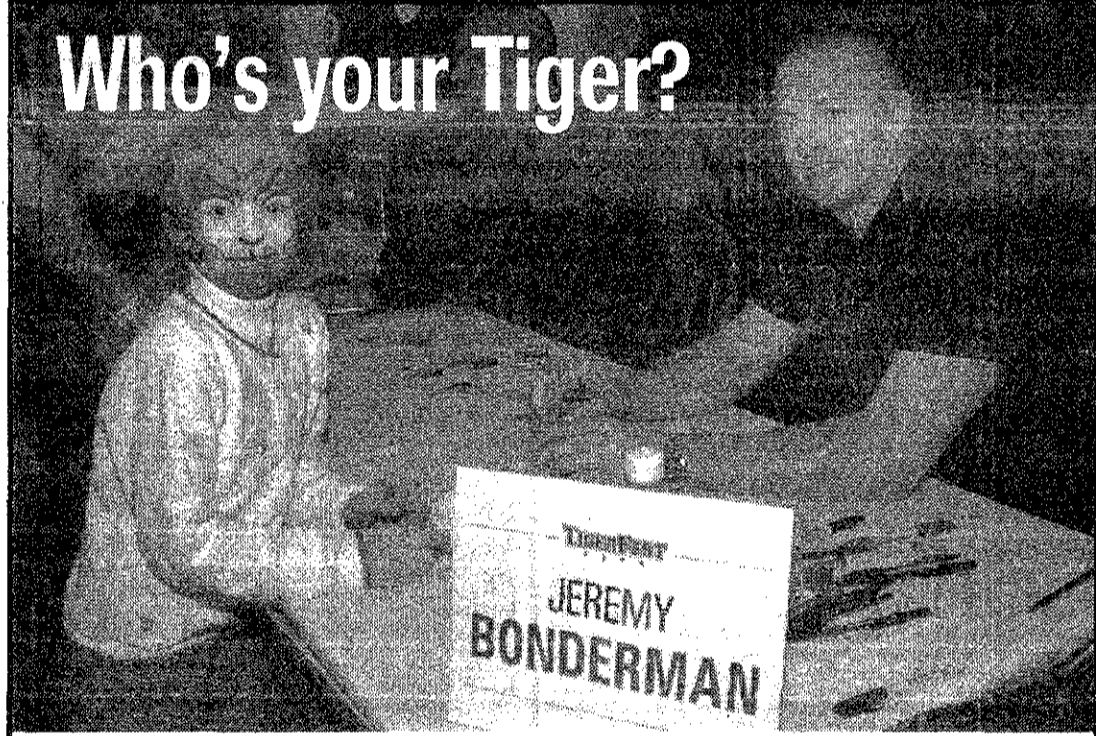
A slow start offensively Wednesday night ultimately cost Madonna University's men's basketball team, as the Crusaders dropped a 75-60 Wolverine-Hoosier Athletic Conference decision to host Aquinas. Madonna (6-13, 2-1 in the WHAC) made just 8-of-22 field-goal tries in the first half, which ended with the Saints nursing a 31-21 advantage. Although the Crusaders picked it up in the second half (13-24, 54 percent), so did Aquinas (17-27, 63 percent). Junior forward D. J. Bridges (Canton) led MU with 17 points with senior forward Derrick Mudri and junior

COLLEGE HOOPS
guard Keith Hearn (Livonia Stevenson) tallying 15 and 11 points, respectively. The top rebounder for the Crusaders was junior forward and Wayne Memorial alum Mike Rashad with five. Aquinas (11-8, 3-0) benefited from a 21-point night by guard Jeff Wierzbicki. Also strong on offense for the Saints were guards Jeff Jayson (17 points) and Jordan Torres (15 points). SCHOOLCRAFT 101, DELTA CC 76: In an MCCA Eastern Conference game Wednesday, visiting Schoolcraft College (9-6, 4-2) rolled to a victory over Delta Community College (1-15, 1-6). It was the Ocelots' third straight victory. St. Clair (14-3, 7-0) and Flint Mott CC (14-2, 6-0) sit atop the conference.

Lady Ocelots trim Delta

COLLEGE HOOPS
Five players scored in double figures Wednesday as Schoolcraft College's women's basketball team continued to roll, winning 74-63 at Delta Community College. With the MCCA-Eastern Conference victory, the Lady Ocelots (13-2 overall) remained undefeated in the conference with a 6-0 mark. Freshman guard Adrena Walker-Price paced the Lady Ocelots with 14 points, followed by sophomore forward Ashley Sibby (13 points) and sophomore forward-center Maricka Seay (12 points, 13 rebounds). Others chipping in for Schoolcraft were freshman guard Brittney Ivey (11 points) and freshman forward Janelle Harris (10 points, 14 rebounds). Alexis Rankin tallied a game-high 19 for Delta (8-7, 6-2). AQUINAS 75, MADONNA 63: The good news Wednesday for Madonna University was the return of junior forward

Martina Franklin (Redford Union). But there was bad news, too, as the host Crusaders (6-12, 1-2) lost to Aquinas College (11-6, 3-0) in a Wolverine-Hoosier Athletic Conference encounter. Franklin, who missed nearly seven weeks after sustaining a concussion, played well, scoring 14 points and grabbing eight rebounds in nearly 23 minutes of action. Unfortunately for MU, the Saints rode the hot hand of forward Joslyn Narber, who scored 27 points to spark Aquinas. Guard Claire Hogan added 13. Senior guard Lindsay Klemmer (Salem) scored 16 points to lead MU. Sophomore forward Christie Carrico added 13, while sophomore guard Alyssa Guerin (Salem) grabbed 12 rebounds to go along with six points.



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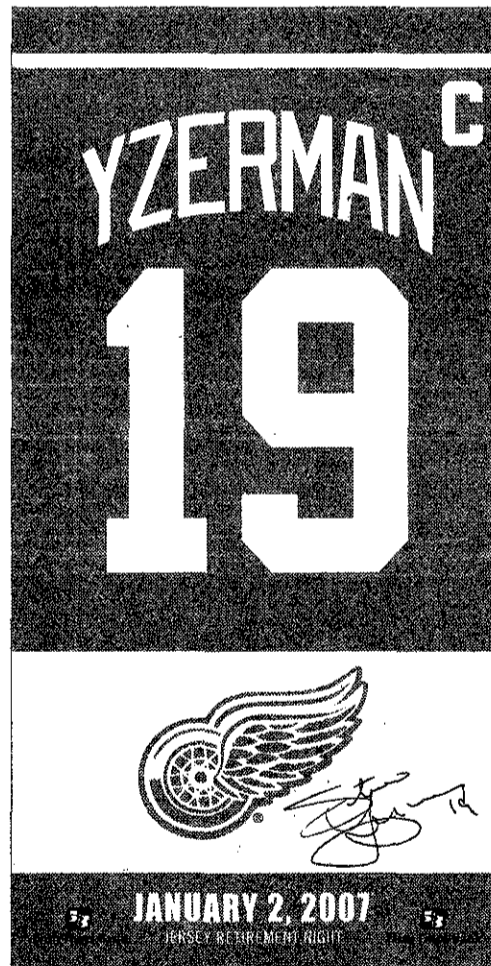
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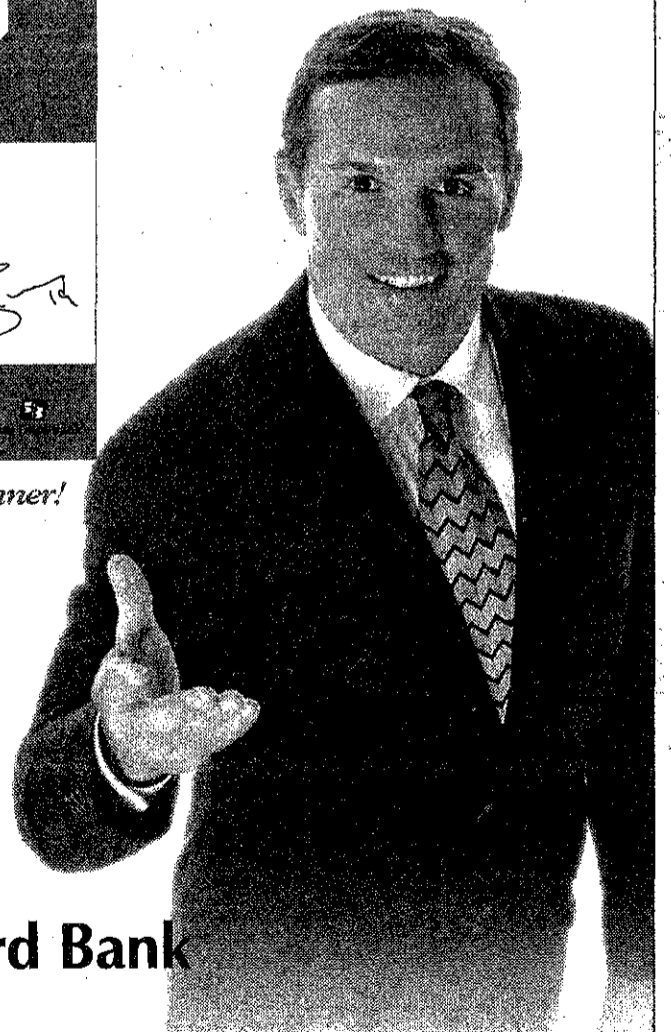
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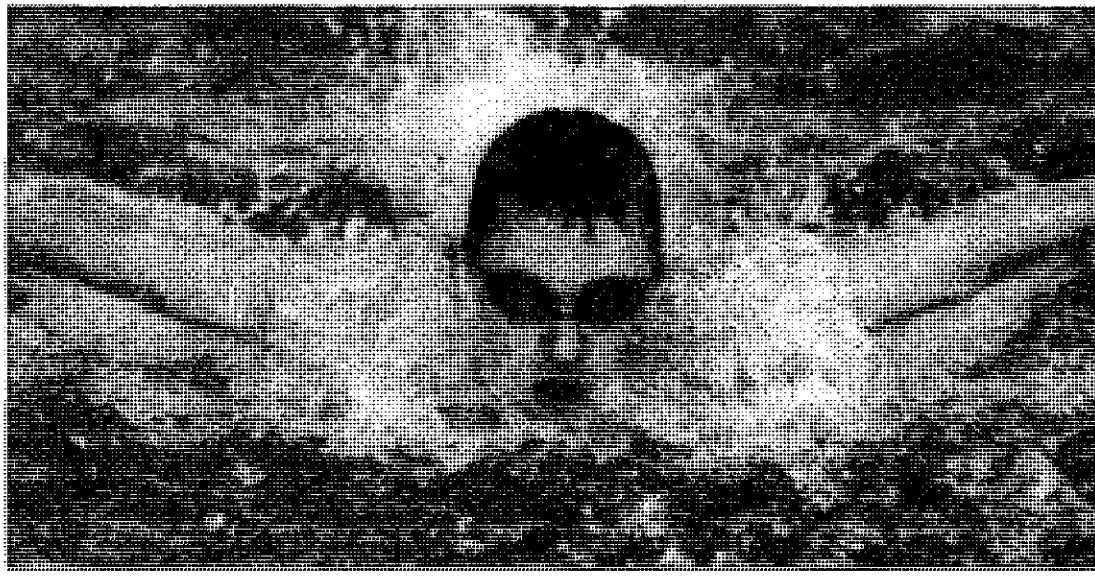
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TOM HOFFMEYER | STAFF PHOTOGRAPHER

Stevenson's Robert Luke swims the butterfly leg of the 200-yard individual medley during Thursday night's meet against Stevenson.

SWIM

FROM PAGE B1

Mustangs.

The Cornell University-bound Keady captured the 200 IM (1:56.07) and 100 breaststroke (1:03.13), while anchoring the Mustangs to a first in the 400 freestyle relay (3:18.64).

Brothers Will and Brody Blicke also captured two events apiece.

Brody, a sophomore, won the 200 freestyle (1:45.37) and 100 backstroke (54.45), while Will, a junior, took the 100 butterfly (54.92) and 500 freestyle (4:47.85).

The foursome of Brody Blicke, Kyle Adams, Jim Mammano and Keady also won the 200 freestyle relay (1:31.76).

Other than Robert Luke, Joey Wingett, Travis Hatt and Jeff Pauza combining for a win in the 200 medley relay (1:41.12), Stevenson's only other first came from Pauza in the 100 freestyle (49.37).

Pauza was also close second in the 100 backstroke, losing by only 13-100th seconds to Brody Blicke.

"We got touched out in a lot

of races and you can't win meets when you get touched out," Stevenson coach Jeff Shoemaker said. "Our guys did not finish hard enough and technically our swims were not very good. Our underclassmen had some good swims. We hope our upperclassmen can draw from this and continue on up for a successful season."

Shoemaker conceded, however, that Northville, the defending WIAA champion, is the measuring stick.

"We also got beat by the No. 2 team in the state in our pool and our house," the Stevenson coach said. "They're just a better swim team right now and they showed us today. We did not lose, we got beat."

Northville coach Richie Bennetts, a 1992 Stevenson grad who has transformed the Mustangs' program into a state contender, guided his squad to an impressive dual-meet win only days earlier against No. 1-ranked Birmingham Brother Rice.

"This has been the gauntlet week for us, and so far so good," said Bennetts, who swam at Stevenson under Doug Buckler, now a Spartan assistant. "We didn't swim as well as Saturday. It was a little bit of a letdown, but we knew coming in that

Stevenson is a tough team and a tough place to swim. When you swim them, they mean business, and we were fortunate to get a win."

Northville, meanwhile, capped off a demanding week by swimming four of the state's top six ranked teams in Saturday's Salem Invitational.

"Last year we had a lot of talent, but we were disappointed at the state meet," Bennetts said. "We don't have the depth just yet. It's a work in progress. We've shown so far that we can swim with anybody in the state, but only time will tell. You can't forget about Stevenson because we still have the league meet."

The tide turned for Northville during the third event when Keady and Greg Sheppard went one-two in the 200 IM. Teammate Joe Kargula added a fourth as the Mustangs outscored Stevenson, 12-4.

"In the 200 IM we did real well," Bennetts said. "That really started the ball rolling. (Keady) has been a great kid and I'll miss him when he graduates, but I'm going to really enjoy him for the next two months."

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CHURCHILL

FROM PAGE B1

given to them. We have to play better positional defense."

Solak couldn't think of enough positive things to say about the play of Rosenick, whose all-out effort rubs off on his teammates.

"Ryan is a throwback kid who does all the little things it takes to win," said Solak. "Everything he does, he does with a purpose - from rebounding to putting his jersey on before the game. He doesn't have any fancy basketball moves, but he does everything hard and with maximum effort."

Evans finished with nine points and five rebounds for the winners, who also received an inspired, 32-minute effort from junior guard Ryan Whittum

(four points and three steals).

Only five players - all juniors - scored for Plymouth, which was led by Myron Puryear's 20 and Brandon Roberts' 16.

Led by the potent backcourt duo of Puryear and Roberts, the Wildcats bolted to a 17-13 lead after one quarter and 29-25 half-time advantage.

Plymouth upped its lead to 42-36 on an inside bucket from Hager 10 seconds into the fourth quarter.

However, Churchill responded with an 8-0 run that was capped by Rosenick's back-door layup with 3:35 left.

A steal and layup from Roberts at the 2-minute mark knotted the score at 44-44, but Evans scored the eventual game-winner when he penetrated through the heart of the

Wildcats' defense with 90 seconds to play.

Both team shot 75 percent from the free throw line: Plymouth was 3-for-4; the Chargers 18-for-25. Churchill made 15-of-39 field goals (38.4 percent) while the Wildcats connected on 20-of-48 (41.6).

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BOYS SWIM RESULTS

DUAL MEET RESULTS

NORTHVILLE 105

LIVONIA STEVENSON 81

Jan. 11 at Stevenson

200-yard medley relay: 1. Stevenson (Robert Luke, Joey Wingett, Travis Hatt, Jeff Pauza), 1:41.12; 2. Northville (Greg Sheppard, Will Blicke, Joe Kargula, Chris Culkin), 1:46.62; 3. Stevenson (Ryan Scott, John Loria, Scott Geverink, Sam Loria), 1:47.75.

200 freestyle: 1. Brody Blicke (N), 1:45.37; 2. Kyle Hermann (LS), 1:51.28; 3. John Bardsley (N), 1:53.64.

200 individual medley: 1. Chris Keady (N), 1:56.07; 2. Sheppard (N), 2:07.17; 3. Luke (LS), 2:08.76.

50 freestyle: 1. Hatt (LS), 22.35; 2. Culkin (N), 23.18; 3. Kyle Adams (N), 23.3.

1-meter diving: 1. Will Fankell (N), 204.50 points; 2. Stephen Kruse (N), 2-1.65; 3. Jeff Kinsvater (LS), 173.30.

100 butterfly: 1. W. Blicke (N), 54.92; 2. Luke (LS), 56.97; 3. Kargula (N), 57.14.

100 freestyle: 1. Pauza (LS), 49.37; 2. Culkin (N), 49.89; 3. Hermann (LS), 51.28.

500 freestyle: 1. W. Blicke (N), 4:47.85; 2. Hatt (LS), 4:51.68; 3. Sheppard (N), 5:12.23.

200 freestyle relay: 1. Northville (B. Blicke, Adams, Jim Mammano, Keady), 1:31.76; 2. Stevenson (Hermann, Scott, Charles Turio, Michael Cruce), 1:36.45; 3. Stevenson (Adam Dabkowski, J. Loria, Chris Behler, Jared Diebel), 1:39.85.

100 backstroke: 1. B. Blicke (N), 54.45; 2. Pauza (LS), 54.58; 3. Bardsley (N), 59.75.

100 breaststroke: 1. Keady (N), 1:03.13; 2. Wingett (LS), 1:05.18; 3. J. Loria (LS), 1:08.72.

400 freestyle relay: 1. Northville (W. Blicke, Adams, B. Blicke, Keady), 3:18.64; 2. Stevenson (Pauza, Cruce, Hermann, Hatt), 3:21.5; 3. Northville (Bardsley, Sheppard, Kargula, Clay Malloure), 3:34.79.

Dual meet records: Northville, 2-0 overall; Stevenson, 3-1 overall.

LIVONIA CHURCHILL 110

LIVONIA FRANKLIN 73

Jan. 11 at Churchill

200-yard medley relay: 1. Franklin (Ken Wood, Tim Tyler, Nick Anthony, Mike Wood), 1:58.15; 2. Churchill (Matt Castelli, Jason Young, Ricky Scully, Jake Keeler), 2:02.77; 3. Churchill (Marcus Vega, Naan Larsen, Joey Liberati, Greg Van Gorp), 2:13.56.

200 freestyle: 1. Shane Shelton (LF), 2:02.62; 2. Young (LC), 2:11.06; 3. Andy Rossiter (LF), 2:18.15.

200 individual medley: 1. Anthony (LF), 2:14.98; 2. Drew Randall (LC), 2:16.36; 3. Ben Lamerand (LC), 2:19.56.

50 freestyle: 1. Mark Gordon (LC), 23.66; 2. Keeler (LC), 24.97; 3. M. Wood (LF), 25.27.

1-meter diving: 1. Matt Hope (LC), 163.05 points; 2. Andrew Richards (LC), 128.0; 3. Travis Holt (LC), 116.45.

100 butterfly: 1. Anthony (LF), 1:00.12; 2. Lamerand (LC), 1:01.53; 3. Scott Ansteth (LF), 1:11.71.

100 freestyle: 1. Steve Jones (LC), 54.34; 2. Rossiter (LF), 1:00.3; 3. M. Wood (LF), 1:00.47.

500 freestyle: 1. Randall (LC), 5:13.09; 2. Shelton (LF), 5:36.31; 3. Keeler (LC), 5:55.73.

200 freestyle relay: 1. Churchill (Gordon, Jones, Lamerand, Randall), 3:18.64; 2. Franklin (T. Tyler, Rossiter, Shelton, M. Wood), 1:45.19; 3. Churchill (Vega, Larsen, Keeler, Young), 1:52.2.

100 backstroke: 1. Ricky Scully (LC), 1:10.66; 2. Ansteth (LF), 1:11.12; 3. Castelli (LC), 1:13.29.

100 breaststroke: 1. Gordon (LC), 1:10.91; 2. T. Tyler (LF), 1:15.79; 3. Young (LC), 1:20.83.

400 freestyle relay: 1. Churchill (Lamerand, Jones, Gordon, Randall), 3:44.16; 2. Franklin (Rossiter, Shelton, Anthony, Joe Michniewicz), 3:57.53; 3. Franklin (Ansteth, Eric Madaj, Lee Tyler, K. Wood), 4:06.42.

Dual meet records: Churchill, 2-1 overall; Franklin, 0-1 overall.

Zebra grapplers earn divisional win

Wayne Memorial won nine of 14 matches, including five pins, to gain a 42-30 Western Lakes Activities Association-Western Division wrestling victory Thursday over visiting Northville.

The Zebras, now 3-8 overall and 1-1 in the division, got pins from Mike Hicks (103 pounds), Ryan Nesbitt (160), Jeff Elswick (171), Anthony Baskins (189), and Robert Coffey (285).

Chad Dunn (112) earned a major decision, while Jamie Preiss (119), Jack Muncie (135) and Robert Walsh (152) all won by decisions for Wayne.

Preiss edged Northville's Jonny D'Anna, 8-7, in one of the feature matches.

"It was a huge win for us," said Wayne second-year coach Steve Vasiloff, who earned his first home victory on the same floor where his father won during his tenure as Wayne basketball coach. "Last year we won only two matches against Northville. It shows how much we have improved as a team."

"We wrestled great, and surprised some people. In the end, my wrestlers proved something tonight."

DUAL MEET RESULTS

WAYNE MEMORIAL 42

NORTHVILLE 30

Jan. 11 at Wayne

103 pounds: Mike Hicks (WM) pinned Mike Bagian, 1:59; 112: Chad Dunn (WM) won by major decision over Jack Bentley, 15-4; 119: Jamie Preiss (WM) dec. Jonny D'Anna, 8-7; 125: Mat LaHoff (N) p. Kevin Whittenberg, 4-32; 130: Evan Bentley (N) p. Brandon Whittenberg, 5:05; 135: Jack Muncie (WM) dec. John Hebert, 10-4; 140: Brian Bagian

PREP WRESTLING

(N) p. Josh Mills, 0-31; 145: Alex Mudar (N) p. Adam Lull, 1-27; 152: Robert Walsh (WM) dec. Dan Dulzo, 12-8; 160: Ryan Nesbitt (WM) p. Nick Mudar, 1-28; 171: Jeff Elswick (WM) p. Jim Carroll, 1-46; 189: Anthony Baskins (WM) p. Colin Maresch, 4-27; 215: Dave Owens (N) won by void; 285: Robert Coffey (WM) p. Dave Stewart, 1-57. Wayne's dual meet record: 3-8 overall, 1-1 WIAA-Western Division.

WESTLAND JOHN GLENN 54

LIVONIA CHURCHILL 14

Jan. 11 at Churchill

171 pounds: Andrew Hein (WJG) pinned Curtis Castleberry, 5:39; 189: Joey Kowtko (WJG) won by technical fall over John Shekell, 16-2; 285: Frank Toarmina (WJG) p. Mark Parrish, 5-31; 103: Bryan Fortney (LC) won by major decision over Anthony Pavlich, 14-5; 112: Josh Austin (WJG) p. Matt Hecksel, 1-11; 119: Jared Stephens (WJG) p. Andrew Murray, 3-20; 125: Jeremiah Austin (WJG) p. Martin Rivera, 1-17; 130: Nick Shak (WJG) p. Adam Rowe, 1-06; 135: Greg Roberts (LC) won by major dec. over Ziad Ammari, 10-1; 140: Jim Wood (WJG) won by major dec. over J.P. Gaffke, 13-4; 145: Gramos Pallaska (LC) dec. Dan McCallih, 8-5; 152: James Zerebiny (WJG) dec. Dan Small, 17-10; 160: Brian Ziembra (LC) dec. Gary Lawrence, 5-3. Dual meet records: Glenn, 9-6 overall, 2-0 WIAA-Lakes Division; Churchill, 5-4 overall, 1-1 WIAA-Lakes Division.

LIVONIA FRANKLIN 69

PLYMOUTH 3

Jan. 11 at Plymouth

135 pounds: Jon Cauchi (LF) pinned Rob Barackman, 0-36; 140: Brian Rink (LF) dec. Jason Favot, 9-0; 145: Andrew Saunders (P) dec. Jason Zanger, 8-5; 152: Elvin Ferreira (LF) p. Vince Rogers, 0-48; 160: Nate Turco (LF) won by void; 171: Dan Woodall (LF) p. Anthony Scarlatino, 2-35; 189: Pat Roumaysy (LF) dec. Vince Daroff, 12-11; 215: Vince Benavides (LF) p. James Frantz, 0-50; 285: Kyle Brown (LF) p. Anthony Pomerson, 1-29; 103: Keith Bartlett (LF) won by void; 112: Jared Plekunik (LF) p. Dylan Speicher, 1-54; 119: James Benitez (LF) won by major dec. over Zach Neville, 12-0; 125: Josh Billiau (LF) won by major dec. over Ben Kosmalski, 0-36; 130: Jon Ross (LF) p. Arneya Kalamadi, 0-36. Franklin's dual meet record: 12-1 overall, 2-0 WIAA-Western Division.

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To apply, go to www.emich.edu/jobs and complete application for Posting #FTSA0702. Letters of application, resumes and certification materials can be attached to the application. Materials that are faxed, Emailed or sent by U.S. mail will NOT be considered.

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Eastern Michigan University

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Southfield's new wine & Martini Bar Side Bar is searching for:
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Wayne Memorial sinks Vikings on 3-pointer Warriors fall on tip-in at horn

Martez Abney has a flair for the dramatic.

The Wayne Memorial junior guard dribbled the length of the floor and drilled a three-point shot at the buzzer to give the Zebras a heartstopping 65-63 boys basketball win Friday night at Walled Lake Central.

Wayne is now 4-3 overall with the Western Lakes Activities Association crossover victory, while the Vikings fall to 3-4.

Senior forward Matt Guldan, who scored a game-high 20 points, gave Central a 63-62 lead with a back-door layup with only five seconds left.

Abney then took the inbound pass and dribbled down the left side before pulling up just beyond the three-point arc for the game-winner.

"Everybody kind of froze, it was nothing but net, it was

BOYS HOOPS

something," Wayne coach Wayne Woodard said.

Junior guard Mike Lee led the Zebras, who squandered a 10-point fourth-quarter advantage, with 18 points. Abney finished with 15, while junior forward John Hill and sophomore guard Robert Woodson added 11 and 10, respectively.

Senior guard Cody Rzeznek and junior guard John Sheard added 16 and 12, respectively.

JOHN GLENN 68, W.L. WESTERN 61: Four players scored in double figures Friday as host Westland John Glenn evened its at 3-3 with a 68-61 with a WLLA crossover win.

Junior Stefan Marken led the victorious Rockets, who led 35-28 at halftime, with a game-high 21 points, including four 3-pointers.

Sophomore Austin Anderson and junior Earl Hardison added 12 each, while senior Jackie Wilson chipped in with 10.

Ricky Arlen led the Warriors (1-6) with 14 points. Quinton Cooper and Edison Bajraj added 12 apiece. All of Cooper's points came during the first half, all on triples.

Glenn made only 11-of-26 free throws (42.3 percent), but hit 8-of-14 in the decisive final period. Western was 3-of-4 from the line.

CANTON 51, STEVENSON 29: In a Western Lakes crossover Friday, the visiting Chiefs (3-4) pulled away in the final quarter to win their third straight against Livonia Stevenson (1-6).

Ryan Waidmann, a 6-foot-7 senior center, led Canton with 11 points. Senior Steve Paye and junior Neil Sharma added 10 apiece.

Stevenson's top scorer, Luke Knochel, was held to seven points. He fouled out with six minutes to go in the game.

The Spartans trailed 23-11 at halftime before cutting it to six in the second half before the Chiefs pulled away with a 20-8 fourth-quarter run.

Canton made 20-of-27 free throws on the night compared with Stevenson's 2-of-7.

"We got muscled around a little

bit," Stevenson first-year coach Brad Miller said. "They (Canton) have two very good post players (Waidmann and Paye) and they know what to do inside. We struggled guarding people in the post."

W.L. NORTHERN 68, FRANKLIN 58: Livonia Franklin (2-5) couldn't overcome a 42-23 halftime deficit in a WLLA crossover setback Friday at Walled Lake Northern (3-4).

Ryan Bahnmiller led the victorious Knights, who took advantage of 25 Franklin turnovers, with 17 points. Chris Boggs added 13.

Tyler Canyock had 16 points and five assists to lead the Patriots, who cut the deficit to seven in the second half. Alex Reid chipped in with 15 points and eight rebounds.

"We came out panicky, made unforced errors and I had to burn three timeouts in the first quarter," said Franklin coach Russ Keberly, whose team trailed 23-7. "We'd break their (full-court) press, but then we'd turn it over. We did not go strong to the hoop and missed a ton of shots. We put ourselves in a bad position."

Franklin made 19-of-25 free throws, while Northern was 11-of-18.

Lutheran High Westland lost a buzzer-beater Friday night in its Metro Conference boys basketball opener.

Following a basket by Sam Ahlersmeyer with a minute left, the Warriors held a one-point lead until the waning seconds of regulation when 6-foot-8 senior center Jeremy Simmons scored on a putback to give visiting Rochester Hills Lutheran Northwest a 61-60 victory.

Officials huddled following the play and ruled Simmons' shot had been released before the horn sounded.

Senior guard Jeff Beauregard led Northwest (3-3, 0-1) with 22 points. Simmons and sophomore guard Matt Rolf added 13 and 10, respectively.

Senior guards Sean Vandenberg and Kyle Ramthun led the Warriors (3-3, 0-1) with 18 and 13 points, respectively.

"It was a great high school game, we had a great crowd," Lutheran Westland coach Dan Ramthun said. "We played great defense. I thought we had it."

Northwest was 11-of-20 from the foul line, while the Warriors were 5-of-8.

HAMTRAC 73, CLARENCEVILLE 70: Byron LeFlore, a 5-10 senior guard, scored a game-high 27 points Friday

to lead the visiting Cosmos (3-4, 1-0) past host Livonia Clarenceville (0-5, 0-1) in the Metro Conference opener for both teams.

"We executed pretty well offensively," said Clarenceville first-year coach Corey McKendry said. "Hamtramck played scrappy basketball. We played hard, but they made a couple of more plays."

Four Trojan players scored in double figures led by senior guard Brian Davis, who scored 19.

Sophomore center Jeremy Gainer added 17, while junior point-guard Lonnie Fairfax added 14 points and 11 assists. Junior forward DeCarlos McDonald scored 10 before going down with a leg injury with six minutes to play.

The Trojans had two shot attempts in the waning seconds, including a three-point try at the buzzer. Clarenceville was 11-of-18 from the foul line, while Hamtramck was 11-of-13.

FRANKLIN ROAD 55, HURON VALLEY 23: David Mansfield tallied a game-high 20 points Friday as Novi Franklin Road Christian (2-4, 1-0) downed host Westland Huron Valley Lutheran (0-6, 0-1) in a Michigan Independent Athletic Conference-Red Division opener.

Josh Mansfield and Mark Knudsen contributed 11 points apiece for the Warriors, who led 27-14 at intermission before putting it away with a 14-5 third-quarter run.

The cold-shooting Hawks got eight points from sophomore center Kyle Tacca.

Huron Valley shot 14 percent from the floor and 28 percent from the foul line (4-of-14).

Stevenson overcomes Patriots in 4 games

Livonia Stevenson rallied in the fourth game Wednesday to beat visiting Livonia Franklin in a girls volleyball match, 25-21, 20-25, 25-8, 25-22.

"We started a little sluggish, but the girls never gave up," said Stevenson coach Kelly Graham, whose team improved to 4-2-1 overall. "But Franklin played very, very well. They hustled."

Laura Khalil and Hannah Diebel each recorded eight kills for the victorious Spartans.

Amber Sharp chipped in with 25 digs and four ace serves, while Stephanie Labby had 14 digs. Setter Jill Flaughter had 17 assist-to-kills, while Jamie Pounders contributed three blocks.

Senior Liz Dempsey paced the Patriots (3-10-3) with 11 kills, 14 digs and five blocks.

Other Franklin leaders included Jenna Boettcher, nine kills and 13 digs; Brianna Taylor, four kills; and Ashley Price, six blocks.

Setters Cassie LaPrairie and Kelly Powers showed improvement with 14 and 11 assists, respectively.

GIRLS VOLLEYBALL

"Offensively, we played smart making a conscious effort to do something 'with the ball,'" Franklin coach Linda Jimenez said. "However, as a team, we had too many service errors (15 for 83 percent) and 13 blocking errors. Our outside blockers need to be more aggressive at closing the block."

But despite the loss, the first-year Patriot coach remains upbeat.

"Our transition and team chemistry were very good. I was proud of our competitive attitude, and despite our record, we came to play. I can see us gaining confidence with each match we play."

Chargers falter

In a WLLA crossover Wednesday, visiting Northville, now 13-2 overall, came away with a 25-19, 25-22, 25-9 triumph over state-ranked Livonia Churchill, which slipped to 17-2-1 overall.

Kelly Archer had five kills and 19 digs for the Chargers,

while Shari Zakalowski contributed nine kills and seven digs.

Other Churchill leaders included Sarah Suppelsa, two kills, two aces and four digs; Shannon Warner, 15 digs; Jackie Gribeck, two kills and two blocks; and Jordan Kerr, 11 digs.

"The WLLA has gone to a double round-robin in the division and the conference tournament is decided on a Saturday in February," said Churchill coach Mark Grenier, who emptied his bench. "This was a crossover match that afforded us the opportunity to get kids some extensive playing time."

Trojans earn 1st win

First-year coach Wendy Roy gained her first victory Thursday as host Livonia Clarenceville turned back Romulus Summit Academy in three games, 25-5, 25-8, 25-21.

Junior Amanda Moody had seven kills and seven aces for Clarenceville, now 1-6-1 overall.

Amber Mills added four kills and eight aces for the victorious

Trojans. Chelsea Gregg chipped in with six kills.

Warriors triumph

Sophomore Becca Refenes had 12 kills and five solo blocks as Lutheran High Westland opened Metro Conference action Thursday with a 25-18, 27-25, 25-19 win at Grosse Pointe Woods University-Liggett.

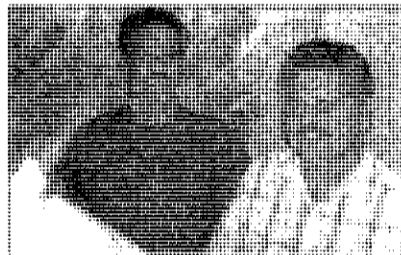
Kayla Gieschen and Julie Jongsma each served eight points for the Warriors, now 8-2-4 overall. Gieschen had two aces and Jongsma contributed six assists.

The Warriors trailed 21-17 in the second game before rallying thanks to a Refenes kill to knot the score at 25-all followed by two service points from junior Mryian Storck, including the game-winning ace.

"I was pleased that we didn't give up and basically stole the game back from them," Lutheran Westland coach Kevin Wade said. "It was nice to see that we were able to play under some pressure and not fold, which will only help us as the season goes along."

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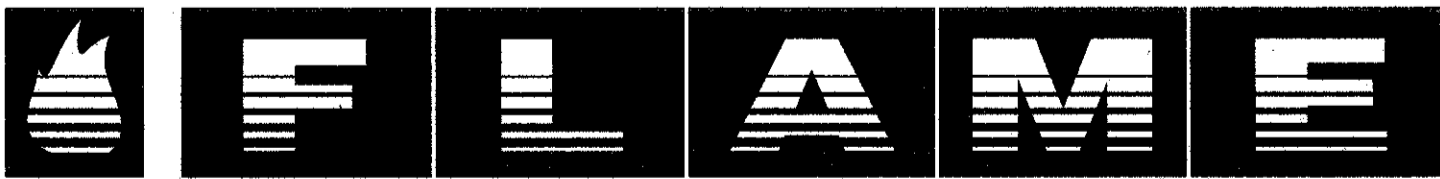
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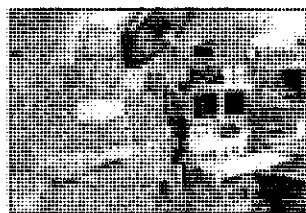


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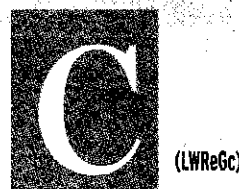
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Sunday, January 14, 2007

The Observer & Eccentric Newspapers

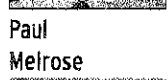
Hugh Gallagher, editor . (734) 953-2149 . hgallagher@hometownlife.com

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Dealing with family 'legacies'

I had written about this a long time ago and realized that it would be worth sharing again. So I offer you an update of something I wrote a few years back.

In the New Year everyone talks about resolutions; people seem to want to change things for the better. Sometimes people focus on what they would like to change about themselves, either behaviors, or attitudes or beliefs. To look at what we want to change about ourselves one of the places which we must look at is our family; we are already recipients of a legacy which we pass on to our children.



Paul Melrose

Families have a way of passing down over the generations themes, roles, rules, and beliefs. One family therapist notes that we continue these patterns because we remain loyal to them. But, what the family has given to us is not always positive. There may be patterns of physical or sexual abuse, of alcoholism, or of such rules as "Children should be seen and not heard." Inquiry into families demonstrates that often these patterns can be traced over three generations. If you are serious about making changes in yourself, and as a byproduct, developing a positive legacy to pass on to your children, there are three things, which you can do.

Dr. David Olsen, at our sister Samaritan Counseling Center of the Capital Region, Albany, New York, suggests three ideas that I would like to share with you. To make changes in yourself and in the legacy you will leave you must examine the patterns, which you have been given. In contrast to the attitude of "I want it fixed now," this examination not only takes time, to discover what these patterns are, but because they took several generations to evolve, they will take several generations to modify.

You, however, through this examination and changes you implement for yourself, will make a wonderful start. First, Dr. Olsen suggests, construct a family tree that will illustrate, over three generations, who the people were, how they related to others, and what events impacted their lives. Talking to older relatives will help this exploration. In this way you will uncover family patterns, such as "the good child," or the "little man," the overly responsible one.

Learn the rules, which developed about conflict, intimacy, success and what it means, and how adults parent. These rules from the family seep into our marriages. Explore what key triangles you are involved in. As Dr. Olsen says when things get tense in any relationship a third party is brought in. This takes the wind out of the potential conflict; it also suggests that a problem does not get resolved. Such things as talking to children about adult problems, staying late at the office, or drinking too much can be triangles. Try to disengage yourself from them.

Secondly as you gain insight through the above research and exploration start to notice and practice changing those behaviors which are destructive, which cut into the potential of possibilities and relationships. This practice helps everyone to relate more honestly and to realize greater opportunities in terms of what life has to offer.

The third step is to practice these new behaviors around the family from which they came. When you can become nonreactive to comments, stresses, and behaviors which evoke destructive thoughts, feelings or behaviors in you then you are becoming a differentiated person, one who can calmly be him/herself regardless of what is going on; you are able to withstand the subtle pressure to engage in old behaviors.

This change is hard to do; it is hard to be disloyal to these old behaviors. If you do not confront these behaviors in the ways described above then you continue the old patterns. Dr. Olsen says that change comes from exposing yourself to greater levels of anxiety, learning to hold on to who you are and nonreactively forming individual relationships with family members. A coach, or therapist, may be necessary if the going gets really rough. The hopeful legacy, as well as the new year's resolution about change which you can give yourself, is to learn where you came from and gain insight into what is helpful and unhelpful; when you learn this you can go home again.

For the New Year, Dr. Olsen suggests, do three things: 1. Focus on changing yourself, rather than your partners. For example if you normally withdraw emotionally in the relationship, try to state your feelings more often. 2. If you need some assistance look for classes or courses, which are occasionally taught at the Samaritan Counseling Center of SE Michigan, that will help. Maybe engaging a therapist will be useful. 3. Look for a parenting workshop to attend, to enable you to become the best possible parent you can be for your kids. Whatever gift you give yourself in these areas will also be a gift for those whom you love.

Dr. Paul J. Melrose is Executive Director of the Samaritan Counseling Center of SE Michigan. Dr. Melrose can be reached at www.paulmelrose.com or through 248-474-4701. The staff of the Samaritan Counseling Center can be reached at www.samaritancounselingmichigan.com or through (248) 474-4701.

Dogs strut their stuff



PHOTO BY SUSAN AND LENNAH

Brienne Cook (right) and her mother, Ilene, have entered their Golden Retriever, Asoro's Little Orphan Annie, in the Mid-Winter UKC Classic Dog Show. The Livonia residents have bred and shown Golden Retrievers for 15 years.

Mid-winter dog show focuses on diversity, fun

BY LINDA ANN CHOMIN
STAFF WRITER

Visitors to the UKC Midwinter Classic Dog Show are in for a real treat Jan. 19-21, at Rock Financial Showplace in Novi. From 10 a.m. to 5 p.m. Friday-Sunday, more than 800 dogs will be strutting their stuff in the ring, competing in agility trials, terrier racing and flyball, and dancing with their owners during a benched show presented by the United Kennel Club (UKC).

Unlike the American Kennel Club shows at Cobo Hall which

require professionals to handle dogs, UKC encourages owners to develop a relationship with their furry family member through training then compete in a variety of categories and events. Established in 1898, the UKC is the largest all-breed performance-dog registry in the world with dogs registered in 50 states and 25 countries.

Tickets are \$25 per family, \$10 adults, \$7 seniors over age 64 and children age 11 and under. For a discount coupon, visit www.ukcdogs.com and click on midwinter show. For

PLEASE SEE DOG SHOW, C2



Diana Updike has been showing White Shepherds since 1981. The Livonia woman brings Royal Spasz Von Tasz (Pebbles), a three-year old Grand Champion, to the mid-winter show.

Handbag auction raises money for St. Mary Mercy

Can a woman ever have too many handbags? The organizers of Purse Power hope not.

"Purse Power: Handbags with Heart" aims to bring together a collection of more than 75 purses for a creative charity auction event. The purses, from formal evening bags to hand-crafted totes, will be put up for bid 6-10 p.m. Thursday, Feb. 8, at Laurel Manor in Livonia, to benefit St. Mary Mercy Hospital.

Style icon Stacy London, host of "What Not To Wear" and a fashion correspondent for "Oprah," "Access Hollywood" and "Today," has donated a bag by Noir, with a metal panther detail and a double chain strap.

"It's VERY '70s," the fashion expert said.

Lisa Marie, host and creator of MetroChick radio which airs 8-9 a.m. Wednesdays on 690 AM, has donated a navy alligator Judith Leiber purse with gold accents. She said she was excited to be asked to participate in the auction.

PURSE POWER

When: 6-10 p.m. Thursday, Feb. 8
Where: Laurel Manor Events Center, Livonia
What: An ultra-stylish auction of fabulous handbags donated by local celebrities and retailers
Why: To benefit St. Mary Mercy Cardiovascular and Cancer Services
Tickets: \$50 per person; \$450 for a table of 10
Call: (734) 655-2759

"I'm all about supporting non-profit organizations and raising money for great causes," Lisa Marie said. "It's a very fun, neat concept and I think it's going to be very successful. I've heard about these handbag auctions in other places, but never around here."

All Purse Power sponsorships, tickets sales and auction proceeds will benefit cancer and cardiovascular services at St. Mary Mercy.

The Livonia hospital is currently constructing a new Heart and

Vascular Center, and a new Cancer Center to serve the community with state-of-the-art technology.

"St. Mary Mercy is pleased to present 'Purse Power' in support of advancements in cardiovascular and cancer services for our community," said Richard DeLoof, vice president, St. Mary Mercy Hospital Foundation. "Thanks to those who are supporting this program."

According to DeLoof, heart disease and stroke are the leading causes of death in Michigan, and St. Mary Mercy's expansion will provide leading-edge medical equipment and allow doctors to collaborate for comprehensive patient care. The new facilities are set to open in phases this year.

Purses are currently being sought from local retailers and dignitaries, along with national celebrities. Purse donors receive signage at the charity event, as well as a spot for business cards or brochures. The deadline for purse donations is Jan. 17.

Sponsorship packages, including tickets, signage, promotion on Magic 105.1 and advertising in the Observer & Eccentric Newspapers, range from \$500-\$2,500.

Tickets to Purse Power are \$50 or \$450 for tables of 10. Admission includes hors d'oeuvres, a coffee and dessert bar, and a goodie bag.

A cash bar will feature special martinis created for the Purse Power auction.

Presented by St. Mary Mercy Hospital, Purse Power's presenting sponsors include the Observer & Eccentric Newspapers, Street Marketing, Magic 105.1, Laurel Manor and Sara Lee.

To donate a purse, contact Wensdy Von Buskirk, (734) 953-2019, or Cathy Young, (734) 953-2155, at the Observer & Eccentric Newspaper. For tickets, call the Purse Power Hotline at (734) 655-2759.

For more information on the event, visit www.hometownlife.com and click on "Purse Power," and read more about the event online and in the Observer & Eccentric Newspapers.

For information about the hospital's new facilities, or to make a direct donation, contact the St. Mary Mercy Hospital Foundation, (734) 655-2980 or visit www.stmarymercy.org.

Charity dance to benefit First Step

Brian Duggan presents the 17th annual charity dance and casino night to benefit First Step 7:30 p.m. to 1:30 a.m. Friday, Feb. 9, at Burton Manor, 27777 Schoolcraft, west of Inkster road, Livonia. The nonprofit organization provides services for victims of domestic violence including a shelter that offers a safe haven to women and their

children.

The evening begins with hot and cold hor d'oeuvres followed by dessert then pizza later in the evening.

The casino portion of the dance runs from 7:30 p.m. to midnight. Steve King & The Dittilies play music for dancing.

Tickets are \$40 and sold only in advance. For more information, call (734) 422-4333.

DOG SHOW

FROM PAGE C1

more information, call (269) 343-9020.

LOTS TO SEE

"UKC registers close to 400 breeds. You're going to see breeds you won't see at the AKC - Alaskan Klee Kai, Irish red and white setters, Thai Ridgeback, white shepherd," said Michelle Morgan, director of performance events. "There will be dancing with dogs where the owner and dog perform to music, the Michigan-based Rock-N-Roll K-9's with owners and dogs doing juggling and their high energy relay and obstacle competitions (www.rocknrollk9s.com) - and mixed breed. The UKC has always recognized that all dogs should be trained and the more owners can do with their dogs the stronger the bond they'll develop. Since 1994, we've included mixed breed who are neutered or spayed to compete in agility, obedience, weight pull, dog sports, and in some cases terrier racing."

This is the first time Lord Parker of Parkman is competing so Philippa Sahiner is unsure of how he'll perform in the Family Obedience category. Generally, Parker is a little nervous about everything but then his Farmington Hills owner found the boxer-mix frozen to the ground under a bush at Parkman Elementary in Detroit where she teaches. Parker was only nine weeks old. Until finding the puppy, Sahiner had always owned purebred dogs and used to train Dobermans.

"The dog has to lie down and be still while another dog passes by, then they switch over," said Sahiner. "He has to be able to walk on a leash, make about turns, go fast, go slow, left turns, and halt."

"He's 4 years old and this is his first foray into competition. I think it's wonderful they include mixed breeds. Dogs are dogs. I think it's fabulous that people have shows that they can enter and compete. It encourages people to rescue dogs and also get them



Lord Parker of Parkman (left) competes in the Family Obedience category. Owner Philippa Sahiner of Farmington Hills found the boxer-mix frozen to the ground under a bush at an elementary school in Detroit.

spayed or neutered."

TIME TO TEACH

Joyce Finney is trying to teach Jofins Takit U, her 8-month-old black and white Shih Tzu, to walk on a leash for the puppy confirmation event. The Plymouth woman has been showing dogs 32 years.

"We've been practicing. He's also going to the AKC show in March," said Finney, president of the Southeastern Michigan Shih Tzu Club. "I'm trying to keep his coat as beautiful as possible. It takes passion not to put him in a puppy cut, to have long flowing hair. It takes about one and one-half hours to wash, blow dry. As he matures, it's two to three hours."

Finney says an UKC show is a great starting place for those serious about showing dogs.

"UKC is kind of laid-back," said Finney. "The whole point system is different, not as formal. A lot of times an AKC show can be a little bit political if the handler is aware of the judges. With the UKC there's not the favoritism for

the people. It's just the dog."

Politics aside, Brianne Cook says the UKC benched show is a good place to learn about different breeds of dogs if someone is thinking about purchasing a four-footed friend. Cook is more than happy to talk about the qualities of her golden retriever or the bull terrier she co-owns with breeder Cleo Parker. Cook, a Livonia resident, and her mother Ilene, have bred and shown golden retrievers for 15 years. Asoro's Little Orphan Annie, a golden, will be 2 years old July 24. Nuance Nonchalance, the bull terrier (think Target dog) turns 1 year old on Jan. 18. Both will also compete at Cobo Hall in March.

MANY BREEDS

"If you're thinking about buying a puppy and want to talk the breeders, this is a great place to come as well as Cobo Hall," said Cook, a 24-year-old student at Schoolcraft College. "We have a lot of breeds that AKC doesn't have, some weird breeds you don't even know exist

until you go to this show. The UKC show we get to educate the public."

Diana Updike doesn't understand why the AKC fails to recognize her white shepherds. The Livonia woman has been showing the dogs since 1981. She's preparing to bring Royal Von Taz Pi Swirl (Kyla), age 2, and Royal Spaz Von Taz (Pebbles), a 3-year-old Grand Champion to the midwinter show.

"I've always loved the look of shepherd," said Updike. "They're always so regal-looking and have that glistening white coat and dark eyes. They're so stunning and versatile from obedience to agility and sheep herding."

Updike begins training her puppies at about four weeks of age.

"Training is critical for any dog," said Updike. "It gives a dog a chance to enjoy a bond with you and the focus alleviates some of the energy. White German shepherds are highly intelligent with a medium to high drive."

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The children and a donkey at St. Timothy Presbyterian Church in Livonia played a very important role in raising money for the Heifer Project.



Church raises money to buy ark

BY LINDA ANN CHOMIN
STAFF WRITER

Pastor Janet Noble Richardson probably would have liked the fact that her life-size donkey stood in the entrance of St. Timothy Presbyterian Church the entire time the congregation was trying to raise money for the Heifer Project. Richardson crafted the beast of burden for the Livonia church's Vacation Bible School before she was killed in an automobile accident on July 11. The Heifer Project was one of her favorite charities because the organization helps poor families around the world care for themselves. The money collected by the nonprofit is used to purchase live animals such as a hive of honey-producing bees or a goat to milk and feed their children. Before her death Richardson had started collecting money to buy an ark — no easy feat since the two cows, camels, oxen, water buffalo, sheep, llamas, goats, donkeys, guinea pigs, pigs, two hives of

bees, two trios each of ducks and rabbits, and two flocks each of chicks and geese cost \$5,000.

"We raised the money through Sunday School, let it be known through the congregation we were doing this to honor the memory of Pastor Janet," said Linda Houghtby, chairperson of the church's Christian Education Committee for the last six years. "People started donating. On the donkey we hung a sign that read, give me your loose change so I can get on the ark. We had a soup/salad fundraiser luncheon in early December that was very highly successful too."

"It was a combined effort by kids and adults," added Elizabeth Kordt of Plymouth. "The kids helped set tables on the day of the luncheon to raise money."

The fundraising was so successful, the 240-member congregation is half way to purchasing a second ark. The donkey's nose may first have to be repainted. Houghtby said the sniffer is almost white from the

children petting him. And it's not like he's going to get a rest any time soon. In addition to lighting up the eyes of children at Vacation Bible School in 2006, the donkey visited four other local churches during their summer programs. In December, the creature was part of the Christmas pageant at St. Timothy and will participate in Palm Sunday services in April as well as this year's Vacation Bible School — Avalanche Ranch, the third week in June.

The pastor of 17 years definitely made an impact on the church, but not just because of her creative talent. Houghtby said Richardson especially related to the smaller members of the church. And they loved her. "One little girl said she had \$7 and was going to give to Heifer instead of buying something for herself," said Houghtby.

For more information about the Heifer Project, call (800) 422-0474, or visit www.heifer.org.

lchomin@hometownlife.com | (734) 953-2145

Restaurant to host Angela Hospice benefit

College Park's newest fine dining establishment, Fleming's Prime Steakhouse & Wine Bar, is hosting a dinner to benefit Angela Hospice of Livonia on Friday, Jan. 26.

Fleming's will present an evening of tastes to entice the senses with a reception beginning at 6 p.m., followed by a seated dinner and wine pairing at 6:30 p.m. Reservations for the event are available for a minimum donation of \$50 per person, with 100-percent of the proceeds benefiting Angela Hospice, a local non-profit healthcare organization. "We're thrilled that Fleming's Prime Steakhouse has chosen Angela Hospice as

one of its first community partners," said Alice Barringer, development manager at Angela Hospice.

"We're very grateful for their commitment to support local organizations and are happy to welcome them to the area."

The new 200-seat Livonia restaurant, located at 17400 Haggerty, between Six and Seven mile roads, is the first Fleming's to open in Michigan. The nationally acclaimed restaurant offers the best in steakhouse dining including prime meats and chops, fresh fish and poultry, and generous salads and side orders with a sophisticated and unique wine list that fea-

tures 100 wines served by the glass.

Tickets are limited for the benefit. Reservations may be made by calling (734) 464-7810, ext. 2218 or sending e-mail to abarringer@angela-hospice.net.

Established in 1985, Angela Hospice serves terminally ill patients and their families in Southeast Michigan through its home and inpatient hospice programs for children and adults, and bereavement services provided free-of-charge to the community.

More information about Angela Hospice is available at www.angelahospice.org or by calling (734) 953-6018.

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CLASS REUNIONS

As space permits, the Observer & Eccentric Newspapers print, without charge, announcements of class reunions. Send the information to Reunions, Observer & Eccentric Newspapers, 36251 Schoolcraft, Livonia, MI 48170. Please include the date of the reunion, one contact person, and a telephone number.

REUNIONS

Dearborn Fordson Class of 1977
A 30-year reunion, Friday, Aug. 3 to Sunday, Aug. 5, 2007. Contact Val Schulte (Wrenbeck) at msugrad81@cox.net with your current address and phone number.

Dearborn Edsel Ford Class of 1967
A 40-year reunion 7:30 p.m. Saturday, Aug. 4, 2007, at Oubletree Hotel, Dearborn. Hors d'oeuvres and cash bar, approximately \$35. For information, call Cheryl Riske Brown at (313)336-0192 or e-mail efhs67@yahoo.com

Detroit Chadsey Class of 1957
A 50th Reunion is being planned for the summer of 2007. Looking for January, June and Summer '57 graduates. If interested in attending or know of the whereabouts of other classmates, contact Pat Gorski-Zielinski, (989) 366-9288.

Detroit Cody Class of 1957
A 50th reunion at the Embassy Suites, Livonia Oct. 5, 2007. Cost is \$95 per person, complete with dinner, open bar, memory book, CD and much more. We extend this invitation to all 50's graduates. Deadline is June 25. Don't miss out. Call 800-859-9502 for details.

Detroit Mackenzie Class of 1957
Looking for graduates to attend a reunion scheduled for Oct. 19, 2007. Call Eleanor at (734)425-8278.

Detroit Western Class of 1962
A 45-year reunion will be held in September 2007. Seeking information on classmates from that year. All other classes welcome. Contact Judy Hull Rakowski at (734) 459-3832 or Judy Spiro Scranton at

jlsranton@yahoo.com
Detroit Southwestern Class of 1957
A 50-year reunion is being planned for September 2007. Looking for January and June graduates. If interested in attending or know of the whereabouts of other classmates, contact Angie (Conz) Macconi at (313) 532-4379 or Ken Suski at (313) 291-5450.

Epiphany Grade School Class of 1966
A 40-year reunion is in the planning stages for the summer of 2006. Contact Dorothy at (248) 477-9478 or dsnyder@hotmail.com.

Fordson High School Class of 1969
Planning a reunion for 2007. Please contact Kathy Nisun at (248) 363-5679 or e-mail: Kayninilu@aol.com or Kathy Shoebridge @ Klivingston@nu-core.com.

Garden City High School Class of 1987
Searching for all class of '87 Alumni for a 20-year reunion. Need to find current information on alumni (name, address, phone, email, etc.). Contact GCHSClassof87reunion@comcast.net or call Sheryl (Pietryka) Catton at (734) 367-0898.

Grosse Pointe North Class of 1991
Call (800) 677-7800, visit www.taylorreunions.com or e-mail: info@taylorreunions.com.

Livonia Churchill Classes of 1971-2007
Alumni Summer Bash 10 a.m. to 6 p.m. Saturday, June 16, Nankin Mills Park, Ann Arbor Trail and Hines Drive. No fees but accepting donations. All proceeds over and above costs are being donated to the Western Wayne Skill Center. For more information, call Chris (Don) Nicholson at (734)658-5296 or Chris@ChurchillAlumni.com or Gayle Napolitano Nicholson at (734)728-0393 or Gayle@ChurchillAlumni.com.

Livonia Franklin Class of 1969
A reunion is in the pre-planning stages for 2007. For more information, contact Kathy Nisun at (248) 363-5679 or e-mail: Kayninilu@aol.com.

Redford Thurston High School

Classes of 1957, 1958
A 50-year reunion is planned with several events Sept. 14-16 at Embassy Suites, Livonia. For information, contact Ron Beller at (989)652-9724 or e-mail at Admiral741@yahoo.com or Marian Keegan Hierholzer at (248)349-2697 or e-mail at Mamia@comcast.net

Roseville High School Class of 1956
A 50th reunion in fall of 2006. The reunion committee is searching for classmates. For information, call Shirley at (586) 677-2709; Alice at (586) 792-7757 or e-mail at all-june1939@scgglobal.net or thehermans2002@comcast.net.

Southeastern (Detroit) Class of 1987
A 20-year reunion is being planned for summer 2007. Looking for graduates of June 1987. If interested in attending or know of whereabouts of graduates, contact Terri Banks-Faison at (313)220-4769 or tntfaison@aol.com

Southfield High School Class of 1977
A 30th Reunion on Sunday, Sept. 2, 2007. For further information, contact MDurz@aol.com or lleneSilvermanAbrinSHS1977@comcast.net

St. Mary of Redford High School class of 1956 Grade School class of 1952
Looking for graduates. Contact kheenan@gllis.net.

Utica High School Class of 1981
A 25th reunion is being planned for the fall of 2006. Please send updated address information and inquires to: Todd Richter (trichter26@comcast.net)

Wayne Memorial High School Class of 1957
A 50-year class reunion, 6 p.m. to midnight, Saturday, May 19, 2007, at American Legion Post, 9318 Newburgh Road (near Ann Arbor Trail), Livonia. Also a Wayne High Alumni Association "All Class Reunion," honoring class of 1957 on Friday, May 18. Try to attend both! For details contact: Richard Smith at (248)442-7543 or Carl Allore at (810) 231-2713 or Larry Schafer at LES87@aol.com.

WEDDING



Liebold-Kwon
Emily Liebold of Livonia and John Kwon of Chatham, Ontario, were married Saturday, Aug. 26, 2006 at North Redington Beach, Fla. at the Doubletree Resort overlooking the sunset on the Gulf of Mexico. Pastor Curtis Swan of Clearwater, Fla., officiated.

The bride is the daughter of Ernest and Deborah Liebold of Livonia. She is a 2000 graduate of Stevenson High School, attended Central Michigan University and Eastern Michigan University. She received a bachelor of science degree in education at Eastern in 2005. Emily is employed as a sixth grade science teacher in Pinellas Park, Florida.

The groom is the son of Mr. and Mrs. Y Kwon of Chatham, Ontario. He graduated from Chatham High School in 1998 and attended St. Clair College in Windsor, Ontario. He earned a degree in Computer Information Systems in 2002. John is employed as a computer systems technologist and web developer in Clearwater, Florida.

The bride's sister Sara Liebold was the maid of honor. The groom's brother Rich Kwon was the best man. A celebration of their marriage is planned for July 2007 for their many friends who were not able to join them in Florida.

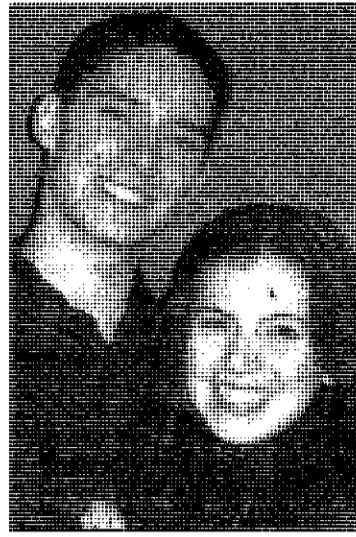
The couple reside in Clearwater, Fla.

ENGAGEMENT

Massucci-Baron
Frank and Lynn Massucci of Canton announce the engagement of their daughter, Jennifer Lynn Massucci, to Michael James Baron of Momence, Ill.

The bride-to-be is a 2001 graduate of Canton High School and a 2005 graduate of the Illinois Institute of Art with a bachelor of fine arts in interior design. She is employed as an interior designer.

The prospective groom is the son of Dennis and Kathy Schnell and James Baron of Illinois. He is a graduate of Momence High School. He will graduate in May from Olivet Nazarene University with a degree in engineering.



A Sept. 22, 2007, wedding is planned at Sacred Heart Chapel.

BIRTHS

Laila Skye Lauer
Julie Wojtowicz and Rob Lauer of Westland announce the birth of their daughter, Laila Skye Lauer, a 2:58 p.m. June 6, 2006, at Providence Hospital in Southfield.

She weighed 6 pounds, 13 ounces and was 19-1/2 inches at birth.

Grandparents are Audeen Wojtowicz of Livonia, Edward Wojtowicz of Detroit and Dennis and Jennifer Lauer of Canton.



Alexander Douglas Pollard
Patrick and Beth Ann (Tofil) Pollard announce the birth of their son, Alexander Douglas Pollard, on Nov. 26, 2006, in Burnsville, Minn.

Both parents are graduates of Michigan State University. Alexander is their first child.

Grandparents are Dr. Charlie and Janet Pollard of Ludington and Jerry and Barbara Tofil of Canton.

Great grandparents are Eileen and Harvey Pollard of Wilmington, N.C., Kathryn Richardson of Ludington and Catherine Tofil of Livonia.



Noah Patrick Wallis
Thomas Wallis and Elizabeth Clos of Livonia announce the birth of their son, Noah Patrick Wallis, on Dec. 19, 2006, at 6:01 a.m.

Noah was born at St. Joseph Mercy Hospital in Ann Arbor. He weighed 7 pounds, 8 ounces and was 21 inches long at birth.

His grandparents are Tammy and Bob Clos of Livonia and Chris Murphy of Livonia and Pat Wallis of Hamburg, Michigan.



SINGLES

MISC. SINGLES

Moon-dusters
Ballroom Dancing to a live band every Saturday 8:30-11 p.m. at the Livonia Civic Center, 15218 Farmington Road, Livonia. Admission: guest/\$6, associates/\$5.50, members/\$5. Dress: Ladies - date style clothes, gentlemen - jackets and ties. For more information, call Joe Castrodale (248) 968-5197.

BETHANY SUBURBAN WEST

Dance
Bethany Together Dance 8 p.m. Saturday Jan. 20, at the Don Hubert V.F.W. Hall, 27345 Schoolcraft Road, Redford. Limited to first 450 paid admissions, proper attire. Dancing from 8 p.m. to midnight, \$12 admission. For information, call Loretta a (586)264-0284.

Volunteer Night
Monday, Jan. 29. Call Michele for details at (313)996-8644.

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Euclre
Anytime 6:30-9:30 p.m. Meets at the Main Lounge at Drake's Lanes, 35000 Grand River Ave. just east of Drake Road in Farmington Hills. Cash bar and reasonable priced dinner is also available off the menu. \$5/members, \$6/non-members.

Volleyball
Anytime 6:45-9:45 p.m. Drop-in volleyball in the gym and field-house of the Bloomfield Hills Middle School, 4200 Quarton Road, west of Telegraph. Cost is \$6. In the park, Farmington Hills, anytime 6:30 p.m. to dusk. Heritage Park, Farmington Road, between 10 Mile and 11 Mile. Cost \$2.

SINGLE POINT MINISTRIES
Single Point Ministries of Ward Evangelical Presbyterian Church is at 40000 Six Mile Road, the corner of Six Mile and Haggerty, in Northville.

Sunday Fellowship
Meet at 11:30 a.m. every Sunday in Knox Hall for fellowship and encouragement. Coffee, doughnuts, conversation and Christ are always present. Call the SPM office at (248) 374-5920.

Passages
Obituaries, Memorials, Remembrances
1-800-579-7355 ♦ fax: 734-953-2232
e-mail: oeobits@hometownlife.com

ROBERT ANDERSON
Age 85, Toolmaker, Business Owner, died January 7th 2007 at PontiacOsteopathic Hospital. Mr. Anderson is survived by two loving sisters Mary Lane Zell and Patricia Rzemien, four children: Jeanine Anderson, Dennis (Debbie) Anderson, Mark (Sharon) Anderson, & Kenneth Anderson. Seven grandchildren and two great-grandchildren. A memorial service, mass and lunch will be held at St. Regis Catholic Church w/ Father Peter Fennessy and Father Norman Norocki presiding on Wednesday Jan. 31st. Memorial Service will be at 10:00 a.m., mass at 11:00 and lunch immediately after. St Regis is located on Lasher Rd. at Lincoln in Bloomfield MI. In lieu of flowers, the family is requesting donations to Angela Hospice, Sobriety House, Manresa Capital Campaign or St. Regis Catholic Capital campaign.



In Memory of DAVID T. DUSNEY
In sorrowful memory and appreciation of our loving father. You are in our hearts, thoughts, and prayers daily. We will always love and remember you. Your children

HAROLD O. (HAL) ERICKSON JR.
Age 84, December 12, 2006 after a lengthy illness. Loving husband of Jane Ann for 61 years. Dear father of Jan (Pat) Callaway, Todd (Dyan) Erickson, and the late Craig Erickson. Special Grandpa of Kristin (John), Jim, Kevin, Todd, Sean (Samantha), Cory, Craig, Sara (Brian) and Jimmy (Monique). Great-grandpa of Spencer, Gage, Dominique, Kiley, Jarid, Madelyn and Mackenzie. Also survived by sister Jeanne (Bert) Hosking and brother John (Jo Anne) Erickson. Hal was born in Detroit, April 4, 1923 and attended Northwestern High School and Wayne University. He proudly served in W.W.II where he was a B-17 pilot in the 8th Air Force, was shot down over Germany and served 21 months as a German P.O.W in the infamous Stalag 17. He also served in the Korean Conflict, flying missions over Russia. Hal and Jane made their home in Livonia for 54 years. He retired from Ford Motor Co. in 1980. He was passionate about his grandchildren, golf, fishing and Michigan football, where he had season tickets for 35 years. At Hal's request, no services were held. Memorials may be sent to your favorite charity.

GEORGE BENHARDT FRAUMANN
Age 93 of North Port, Florida passed away January 8, 2007. George was born October 29, 1913 in Vincennes, Indiana. He came to North Port in 2000 from Whitmore Lake, Michigan. He worked for Ford International Truck for many years. He was a member of St. Pauls Presbyterian Church in North Port. He is survived by his wife Mary, daughter, Ruth Tregoning of Whitmore Lake, Michigan, son George Fraumann, II of Ringwood, New Jersey, two step-daughters, Pauline Todd of Glendale, Arizona and Susan Hampton-Tucker of Bothwell, Washington, four grandchildren, eight great grandchildren, six step-grandchildren and five step-great grandchildren. A memorial service will be held for Mr. Fraumann on Friday, January 12, 2007 at 11:00am at St. Pauls Presbyterian Church in North Port. In lieu of donations may be made to St. Pauls Presbyterian Church, 5550 Sumter Blvd., South, North Port, Florida 34287 or to TideWell Hospice and Palliative Care, 5955 Rand Blvd, Sarasota, Florida 34238. Friends may visit anytime www.farleyfuneralhome.com online at to sign guest register book and extend condolences to the family.

ROBERT L. SHUELLER
85, died Sunday January 7, 2007 at First Health Moore Regional Hospital. A memorial service will be on Sunday at 2:00 p.m. in Community Congregational Church with Dr. David Bowling officiating. The family will be receiving friends at a reception following the service at the Elks Lodge. Born October 18, 1921 in Detroit, MI, he was a son of the late Louis and Laura Stadelman Shueller. Mr. Shueller was a Bank Manager for Community National Bank in Pontiac, MI, he also was a Charter member of the Elks Lodge, past president of Rotary International, and a member of the Lions Club in Rochester, MI. Mr. Shueller, also serve in the US Army in World II, where he wounded in the Battle of the Bulge. He is survived by his daughter, Melinda Houghton and husband Jon of Rochester, MI, his companion of many years, Margaret Storey of Southern Pines, two sisters, Connie Reading of Saginaw, MI, and Peg Dionne of Oceanside, CA, four grandchildren, Matt, Jeff, Joe, and Laura. Memorials may be made to the American Heart Association, P.O. Box 5216, Glenn Allen, VA 23058-5216 or The American Lung Association of NC, Southeast Area, P.O. Box 40236, Fayetteville, NC 28309-0236. Powell Funeral Home and Crematory is in charge of the arrangements.

OBITUARY POLICY
The first five "billed" lines of an obituary are published at no cost. All additional lines will be charged at \$4 per line. You may place a picture of your loved one for an additional cost of only \$6. Symbolic emblems may be included at no cost (example: American Flags, religious symbols, etc.)

Deadlines:
Friday 4:30 PM for Sunday
Wednesday Noon for Thursday
Obituaries received after these deadlines will be placed in the next available issue.

e-mail your obit to
oeobits@hometownlife.com
or fax to:
Attn: Obita c/o Charlotte Wilson
734-953-2232

For more information call:
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734-953-2070
or **Liz Keiser**
734-953-2067
or toll free
888-618-7853
ask for Char or Liz

How to submit announcements*

Local engagement, wedding, anniversary and birth announcements run in the Sunday editions of the *Observer*.

There is no charge to submit an announcement.

To obtain a copy of our forms for engagements, weddings, anniversaries and births email Hugh Gallagher at hgallagher@hometownlife.com.

Or send the following information to Hugh Gallagher, 36251 Schoolcraft, Livonia MI 48150:

For engagement announcements, include:
 ■ Names, addresses and cities for the bride, groom and both sets of parents
 ■ Where bride and groom attended (or attend) high school and college and years graduated
 ■ Where bride and groom

are employed
 ■ Wedding date
 ■ Wedding location
 ■ Daytime phone number and e-mail address in case we have any questions.
 For wedding announcements, include:
 ■ All of the above, plus
 ■ Clergy's name
 ■ Names and cities of all attendants
 ■ Reception location
 ■ Honeymoon location
 ■ City where couple will reside

Please send photos in a vertical format. If you are e-mailing a photograph, please send it as a "jpeg."

Photographs may be picked up after publication; or enclose a self-addressed, stamped envelope. If you have questions regarding your announcement, call (734) 953-2149.

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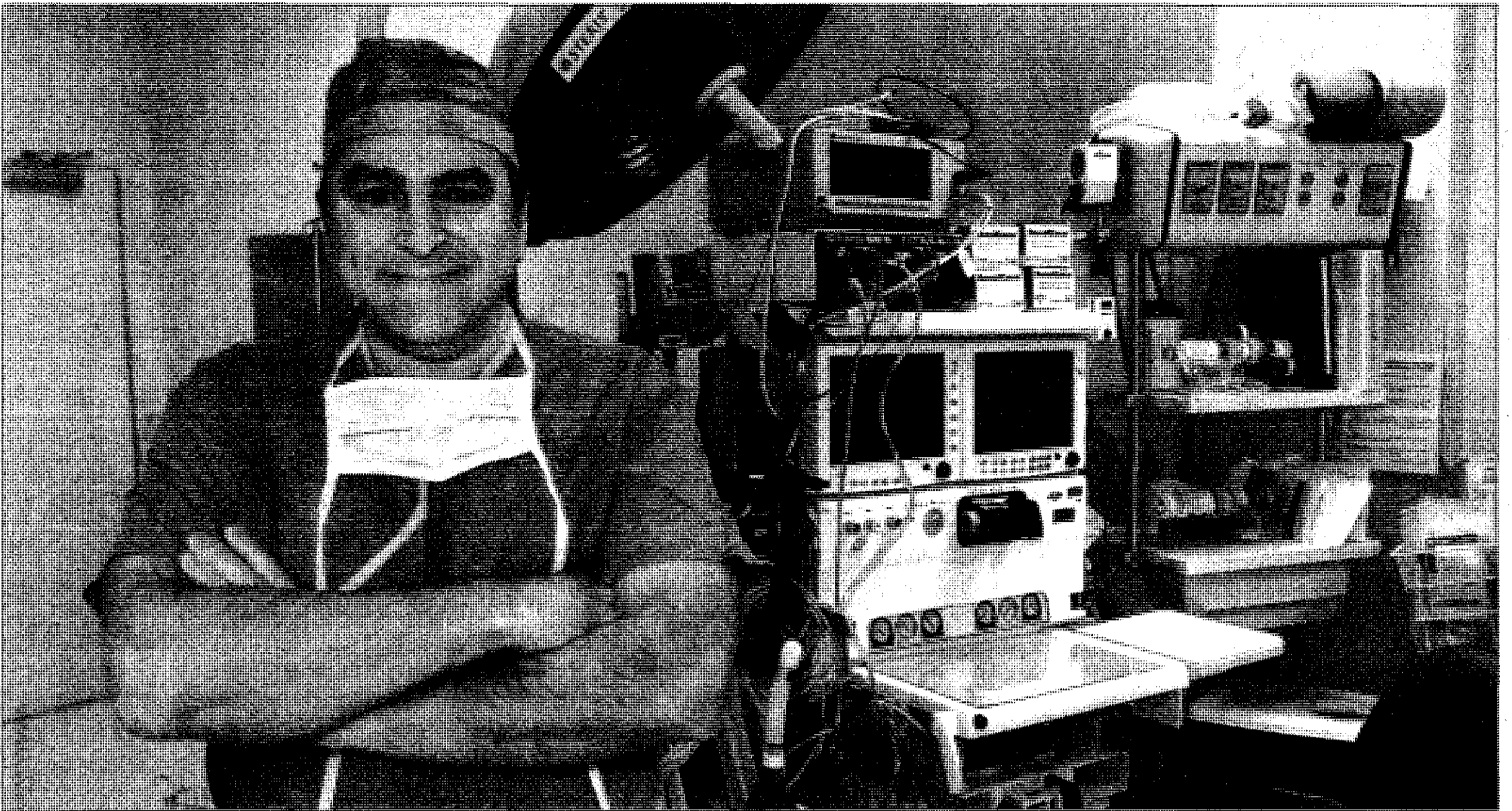
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Dr. Frank Fazzalari, a U-M heart surgeon, is proud of the Blood Conservation and Bloodless Medicine and Surgery Program at Crittenton Hospital in Rochester. Here, he stands in one of two heart surgical suites at Crittenton.

Blood conservation

Measures help prevent infections caused by transfusion

BY LINDA ANN CHOMIN
STAFF WRITER

Long before the University of Michigan Health System and the University of Rochester (N.Y.) released the latest study to link transfusions and an increased risk for infections, area hospitals instituted conservation measures to counter blood loss before, during and after open heart surgery.

While transfusions do save lives, women especially need to take note of the study which may explain why female bypass patients are more likely to die after surgery than men. Published in December's *American Heart Journal*, the research looked at the entire population of Medicare coronary artery bypass patients (9,218) in Michigan during a period of one year. After taking into account factors such as urgency of surgery, patients who received donor blood transfusions were five times more likely to die within 100 days of surgery. Of those, 9 percent were women, 6 percent men.

"Women were more likely to get a transfusion because of (naturally) lower hemoglobin levels," said Mary Rogers, Ph.D., research director of the Patient Safety Enhancement Program of the U-M Health System. "If you just look at people who used their own blood, they had about the same risk as those who didn't have transfusions."

Research has shown for years that transfusions suppress the immune system. The knowledge has led heart sur-

geons to initiate a search for alternatives to donor blood transfusions in particular. Pre-donating is just one of the measures a bypass patient can take to avoid donor transfusions. Even though a brief survey of hospitals revealed 70 percent of bypass patients do not require transfusions during surgery, some experts recommend asking questions about the heart surgeon's blood conservation policies beforehand.

Crittenton Hospital Medical Center in Rochester is one of only two Michigan hospitals offering an adult Blood Conservation and Bloodless Medicine and Surgery Program, but many area hospitals have implemented the same strategies. Even though



Mary Rogers, Ph.D.

Crittenton established its program in 2003 to meet the needs of Jehovah's Witness patients (who refuse all types of transfusions), other patients have benefited as well. From the time of registration to post-surgery, blood conservation procedures involve staff throughout the hospital.

Cindy Kinker, a registered nurse and coordinator for the program, evaluates patients, reviewing their history including medications, aspirin or herbs which could cause bleeding. She can suggest options like utilizing a Cell Saver to salvage blood shed during surgery. Prior to surgery, it is possible to draw smaller

amounts of blood for lab tests and for physicians to prescribe medications that encourage red blood cell production. During surgery, chief perfusionist Jeralyn Baker uses the latest technology to decrease blood loss during the period when the heart-lung machine takes over a patient's circulation.

"Every patient needs to be viewed as a blood conservation patient," said Sharon Matkosky, a critical care nurse practitioner for cardiovascular patients at Crittenton. "Blood donations are at a minimum and there's always an increased chance for complications."

Dr. Frank Fazzalari says blood conservation is just good practice in most cases. He stresses, however, that "some patients wouldn't survive without blood transfusion. In fact, sometimes blood transfusions help patients recover quicker."

As chief of cardio-thoracic surgery, Crittenton Hospital, and assistant professor of surgery at the University of Michigan Medical School, Fazzalari regularly attends Michigan Society of Thoracic Surgeons meetings to share knowledge about patient outcomes. Fazzalari has never had a patient acquire an infection from a blood transfusion.

The program at Crittenton is a U-M heart surgery program.

"In heart surgery, we try to not waste blood," Fazzalari said. "The thinking on blood conservation has changed. We're doing a lot more things to decrease the need for transfusion. Equipment has changed to improve blood conservation

efforts. It's a whole new era, the last 10 years in heart surgery."

Dr. Wei Lau isn't worried about receiving a blood transfusion if he ever needed one.

"We have point of care machines to help us make decisions for transfusion," said Lau, an anesthesiologist and director of adult cardiac anesthesia for the U-M Health System. "In cardiac surgery, there are lots of ways of recycling or recirculating blood."

Dr. Joseph Bassett has observed many advances in technology and surgical techniques over the last 30 years. Chairman of cardiovascular surgery at Beaumont Hospital in Royal Oak, Bassett has taken steps such as using the Cell Saver on every case and stopping anti-coagulants that may cause bleeding such as Plavix, aspirin or heparin.

"We have miniaturized pumps that minimize blood loss. On the heart lung machines, tubing is a lot smaller and doesn't break down blood elements," Bassett said. "It's one of the biggest improvements we made. We're doing a study right now that may be published by the end of year."

Dr. Marwan Abouljoud performs liver transplants at Henry Ford Hospital, but has taken an interest in the latest study involving heart bypass patients. A blood conservation protocol is presently being put together for the hospital's surgeons to follow, according to Abouljoud, director of the Henry Ford Transplant Institute in Detroit.

"If we think a patient is healthy enough to donate blood, we have them donate blood before surgery," Abouljoud said. "Before surgery, we put them on iron pills and during surgery use the Cell Saver."

At Oakwood Hospital, a Transfusion Committee used guidelines from the Society of Cardiovascular Anesthesiologists and Society of Thoracic Surgeons to establish a program to decrease transfusions and conserve blood.

"To prevent blood counts from dropping during surgery, we try to prevent hemodilution or giving too much saline or non-blood products that dilute blood and we use a smaller circuit on the bypass machine to decrease hemodilution," said Hoffberger, a D.O. who specializes in cardiovascular-thoracic surgery at Oakwood Hospital. "There are medications to prevent blood loss after surgery. The last step is collecting data. I'm very happy studies keep coming out. Blood conservation is very important. People should know when they go to hospitals their doctors and surgeons are on par with the latest studies. They should inquire about blood transfusion and why they're getting them. Blood conservation is not just for Jehovah's Witnesses anymore. You don't have to be a Jehovah's Witness to benefit from what we've learned from not transfusing. You just can't treat by numbers. Everybody is different."

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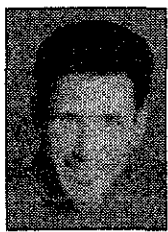
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Green tea cuts risk of disease



Peter's Principles

Peter Nielsen

Patty from Flat Rock heard that green tea could be good for her health. She asks if I could explain what those health benefits are. Here you go, Patty! Experts have been raving about the health benefits of green tea for years, but now a new study shows just how powerful the drink could be! Researchers found people who drank five or more cups of green tea daily cut their risk of death from cardiovascular disease by 26 percent! They also found the tea could cut your risk of dying from any disease by up to 16 percent. Experts believe it's the natural antioxidants in the tea that give it such a powerful punch. Antioxidants help your body fight disease and can keep you healthy.

Tracy from Ferndale e-mails saying she is trying to get pregnant. She knows not to drink alcohol when she is pregnant, but she wants to know about while you are trying to get pregnant.

Great question, Tracy! You should avoid alcohol when you are trying to get pregnant. The potential father should also be avoiding alcohol during this period of time as well. A new study found that women were three times more likely to have a miscarriage if they drank 10 or more alcoholic drinks during the week of conception. When men drank that much alcohol, their partner's risk of miscarriage increased by five times! Experts believe the alcohol makes its way into the semen and may affect conception. It can also cause chromosomal abnormalities in sperm cells. Why take the risk! If you are hoping to have a baby, act like you are pregnant already, don't drink alcohol and make sure you eat properly and exercise.

If you have a health or fitness question you would like answered in the *Observer & Eccentric Newspapers*, e-mail Peter Nielsen through his Web site www.peternielsen.com.

JANUARY

Know Stroke

11 a.m. to noon Tuesday, Jan. 16, at the Northville Senior Center, 303 W. Main Street, Northville. The speaker is Ginger Ramsay, RN, St. Mary Mercy Hospital.

Stroke is a medical emergency. Every minute counts when someone is having a stroke. Learn how to recognize symptoms of stroke and what you can do to improve the chances for a successful recovery. No charge, but registration required. Call (248) 349-4140.

New support group

New Hope Center for Grief Support is starting a support group for adults who are facing the impending death of a loved one. Whether a caregiver or dealing with your loved one's illness from a distance, the group helps you deal with the emotional, spiritual and medical issues. It meets 7-8:30 p.m. on the second and fourth Monday of each month at Sunrise Assisted Living Center, 16100 Haggerty, between Five and Six Mile roads, Livonia. The professionally led group provides educational information and allows participants to ask questions and discuss issues. For information, call (248) 348-0115. No registration required.

Hospice volunteers needed

Heartland Hospice Services is looking for caring, compassionate and dedicated individuals who would like to be trained as a hospice volunteer to provide companionship, support and friendly visits for patients and their caregivers. Office support volunteers also needed. For volunteer training schedule or more information, call (800) 770-9859. Based in Southfield, Heartland Hospice offers services and training throughout the tri-county area.

Caregivers support

St. Mary Mercy Hospital and the Alzheimer's Association have collaborated to offer an Alzheimer's Caregiver Support Group 3-4:30 p.m. on the first Thursday of each month in Classroom 1 at St. Mary Mercy Hospital, 36475 Five Mile at Levan, Livonia. Alzheimer's is the most common form of dementia which causes memory loss and a decline in mental function over time. The support group offers information, discussion and support to family members, friends, and caregivers who care for someone with Alzheimer's or other forms of dementia. No fee. No registration required. For information, contact Audra Frye at (248) 426-7055.

Cancer support group

The Charach Cancer Treatment Center at Huron Valley-Sinai Hospital hosts a support group for anyone dealing with the cancer experience including those with cancer, or those who are related to or know someone living with cancer. Group meets the first and third Monday of the month from 7-8:30 p.m. in the cancer treatment cen-

MEDICAL DATEBOOK

ter off of the hospital's South Garden entrance, 1 William Carls Drive, Commerce. For more information, call (248) 937-5163.

New support group

For persons trying to quit smoking, support group offers education on various methods of quitting including but not limited to nicotine replacement and medications, began 7 p.m. Wednesday, Jan. 10, at Huron Valley-Sinai Hospital, 1 William Carls Drive, Commerce. No charge and no pre-registration. For details, call (248) 937-3314.

Tai Chi for seniors

The next session began noon to 1 p.m. Friday, Jan. 12, at Huron Valley-Sinai Hospital, 1 William Carls Drive, Commerce. Tai Chi is an ancient martial art form that has proven to give one a higher enhancement of physical and mental well being. Participants will learn the simple form using five elements of study. No equipment needed. All ability levels welcome. \$40 fee for six-week session. To register, call (248) 937-3314.

New support group

The Infant and Parent Support Group, Smoothing the Transition, begins 6:30-8 p.m. Wednesday, Jan. 17, in the Community Room at Botsford Hospital's Ziegler Building, 28050 Grand River, Farmington Hills. For more information, call (248) 442-2565. The group allows parents to share concerns about adjusting to the introduction of a newborn to their family dynamics and deals with issues relating to infants from 0-1 year of age. Possible topics include comforting a crying infant, feeding issues, sleep deprivation, coping with the new role as parents, and sibling rivalry. The group will meet on the third Wednesday of each month.

Arthritis classes

Representatives of the Arthritis Foundation, Michigan Chapter have announced Winter/Spring class schedules for their specially-designed exercise programs including a warm-water exercise program; land-based exercise program formerly known as P.A.C.E. (People with Arthritis CAN Exercise). Tai Chi, a graceful, flowing sequence of movements from Sun-style tai chi, and a 6-week series that provides participants with the keys to successful arthritis self-management. The new classes begin in January in Canton, Detroit, Garden City, Livonia, Wayne, Westland and locations throughout Michigan. For information, call (800) 968-3030 or visit www.arthritis.org.

Stress clinic

Presented by Dr. Arthur Weaver 7:30-9 p.m. Thursday, Jan. 18, Tuesday, Jan. 23, and Thursday, Jan. 25, at the Livonia Civic Center Library Auditorium, 32777 Five Mile, east of Farmington Road. No charge but donations accepted. For more information, call (734) 466-2540.

Blood drive

8:30 a.m. to 2:30 p.m. Sunday, Jan. 21, at St. John Neumann Catholic Church,

44800 W. Warren, Canton, Cal (734) 844-8718 or (734) 459-9704 for an appointment.

Group members sought

Panic Relief, Inc., a nonprofit educational corporation located in New Jersey, is seeking people to start a free local support group for those suffering from panic attacks and anxiety. The group needs a minimum of four people and will have a positive focus. To participate, call (732) 940-9658. For information on the program, visit www.panicreliefinc.com.

Nursing refresher course

Madonna University's 12-day RN Refresher Course runs Jan. 22-Feb. 8 (Monday through Thursday only), 8:30 a.m. to 3:30 p.m. on main Livonia campus. Designed for RNs who have maintained their license, but have been out of clinical practice for more than two years, this course assists them in re-entering the job market. In addition to patient assessment, this three-week course covers accepted practice guidelines, management of urgent care, roles of the staff nurse in an acute care setting, and legal and ethical aspects of patient care. Students also receive an update on the most common adult medical/surgical conditions encountered in hospital, home care, and long-term care settings. Nurses can register online at www.madonna.edu (click on Quick Links, then Continuing Education & Professional Studies, click on Registration and fill out the online non-student registration form (choose from mail-in, in-person or online registration.) Payment due at time of registration. Tuition \$800. For information, call (734) 432-5449 or send e-mail to mharton@madonna.edu.

Treat thyroid disorders naturally

7 p.m. Monday, Jan. 22, at Livonia Civic Center Library. Presented by Dr. William H. Karl, D.C. If you suffer from hair loss, cold hands or feet, stubborn weight gain, or unwanted pain, there may be help. Learn reasons for these health problems and the safe, natural, effective alternatives to help yourself. No charge. Seating limited. To register, call (734) 425-8588.

Maintain your brain

7-9 p.m. Tuesday, Jan. 23, at St. Mary Mercy Hospital Auditorium, 36475 Five Mile at Levan, Livonia. Sponsored by the Alzheimer's Association. Registration required, call (734) 655-8950.

Find out what you can do to keep your brain healthy and help reduce the risks for Alzheimer's disease. Learn to live a brain healthy lifestyle.

Workshop helps set weight loss goals

If you started January with a bang, but now find your New Year's Resolutions waning, or nowhere in sight, The Community House in Birmingham has a class for you. Lorraine Stefano, a social worker and college instructor, presents, Think Trim - Be Trim - Stay Trim, 7-9 p.m. Wednesday, Jan. 17.

"Most of us get off on the wrong foot. We step on the scale, look at our weight and resolve to go to the gym every day and eat nothing but broccoli and chicken breasts. It isn't real," Stefano says. "Studies show Americans spend \$30 billion a year on exercise equipment but the population isn't getting slimmer."

Stefano suggests we set goals based on our current behavior and lifestyle. A new diet, a new piece of exercise equipment, a personal coach - they all work for a little while but not in the long run. Stefano had to look at her current lifestyle, change her thinking and start gradually. She lost 50 pounds and has kept it off for 25 years. Here are some of her tips:

■ **Focus on your behavior.** It is the only thing you can measure. Setting a goal of losing five pounds a week is laudable, but close to impossible for most people. Set an activity goal, such as walking for 30 minutes, three times a week or plan to

cook a low calorie dinner twice a week.

■ **Moderation is the key.** Studies show people who undertake liquid diets or cabbage diets gain their weight back when they eat regular food. Healthy eating plans can include your favorite foods in smaller portions.

■ **Make exercise a priority.** If you wait for a magic time to exercise, a magic space to appear on the calendar it won't happen. Instead start gradually with 15 minute walks around the block or exercising with a DVD before work. Check with your doctor before starting. Remember any activity is better than no activity.

■ **Set short term goals.** Make a goal for a week, not a month or a year. Then set the same goal next week or revise it. You are much more likely to work toward a goal when you can see a target.

■ **Resolve to live a healthy lifestyle.** Add more fruits, vegetables and whole grains to your diet. Sign up for a new exercise class or create a home gym with a mini trampoline, yoga mat and free weights.

To find out more about healthy New Year's solutions, call The Community House at (248) 644-5832 or register online at www.thecommunityhouse.com. The workshop fee is \$24.

Arthritis Today

JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860



DIABETES & ARTHRITIS

The effects of diabetes are far reaching, and include your joints. For example, diabetes causes a neuritis in the feet. The neuropathy causes loss of feeling and impairment in sensing if you are on slippery or uneven ground. Over time, the resulting undue strain on your feet, ankles and knees brings on wear and tear arthritis. Also, you are at risk for falls and the fractures that injury brings on.

By an effect not understood, diabetes can cause adhesive capsulitis of the shoulder. In this condition the capsule of the shoulder joint shrinks making it both painful and difficult to move the joint. The common name - frozen shoulder - describes the problem well.

Diabetes can bring on a thickening of the tissues of the hands. The tendons that cross the palm to reach the fingers becomes surrounded by this dense tissue and you are unable to pull and flex the fingers freely. Physicians call that condition "trigger finger."

Diabetes increases your risk for gout. The kidney controls the body's pool of uric acid, the chemical causing gout. Diabetes impairs this renal regulation allowing the pool of uric acid increase beyond the body's capacity to absorb it; an attack of gout results.

Diabetes can lead to the condition aseptic necrosis. Small blood vessels bring nourishment to the joints particularly the knee and hip. Diabetes in association with cholesterol blocks these vessels, cutting off blood supply to the bone. If closure is complete the bone may die.

For reasons noted above, when a doctor sees you for a joint problem, he immediately inquires if you have a diabetic condition.

www.drjjweiss.yourmd.com

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Greg before at 320 lbs.

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Enter Today!

Here is your chance to be part of **Oh Baby! 2006** and maybe win dinner out!

Oh Baby! 2006

All babies born in 2006 can be published in *The Observer & Eccentric* on Sunday, February 18, 2007 and all the entries will be placed in a random drawing.

Fill out the coupon below and send it in along with a photo of your baby. Be sure to include a stamped, self-addressed envelope if you'd like your photo returned. All entries must be received by February 10th, 2007.

Two lucky entries will be picked from a random drawing for dinner gift certificates, one valued at \$100 and the other valued at \$50. The winning babies will be published again on Sunday, February 25th, 2007.

Your cost is \$25!

Send a photo, stamped, self-addressed envelope and \$25 to:
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20201 Schoolcraft Road • Livonia, Michigan 48150

Observer & Eccentric

Name: _____
Child's Name (Print, Mother's Last): _____

Date of Birth: _____ (MM/DD/YYYY)

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Check for \$25 enclosed _____

Please bill my Visa/MasterCard/Amex/Discover card, please over _____

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Open Letter to all DFCU Financial Member-Owners

Restore Member Trust - It's time for a change in Leadership!

Dear Member-Owners,

DFCU Owners United is pleased to endorse three highly competent DFCU Financial members who are running for the credit union's volunteer board of directors. After fulfilling all the requirements mandated by the credit union's bylaws, **Jesse D.L. Brunais, Linda M. Malec and Salvatore Mazzola** have been notified by the DFCU Financial Board of Directors Nominating Committee that their names will be included on the ballot for the 2007 Board of Directors election.

Bruce D. Geams, Ryan M. Hershberger and Ronald K. Seiler, endorsed by DFCU Owners United, also qualified to run for the board election. However, they have since notified DFCU Financial that they wish to have their names withdrawn from the ballot, and will lend their support to **BRUNAIS, MALEC and MAZZOLA** for the three announced open board positions.

Brunais, Malec & Mazzola pledge that putting members first is their #1 commitment. Each of these candidates has a passion for DFCU Financial Federal Credit Union, and they have expressed their displeasure at the recent attempt to change their credit union to a bank.

"It is no secret that DFCU's recent initiative to become a bank provoked very strong opposition from member-owners of the credit union. Early in 2006, I took the time to learn more about this ill-fated proposal by talking with others, attending informational meetings sponsored by DFCU Owners United, and reading industry related periodicals. The more I learned, the more my personal opposition grew. I now ask the members of DFCU for their vote as a candidate for DFCU's Board of Directors in order to help guide this great institution in an open and transparent manner as governed by the credit union's bylaws and policies."

--- **Jesse D.L. Brunais**, automotive product design engineer in Powertrain Operations at Ford Motor Company. A member of DFCU Financial since 1981, Brunais is a graduate of Michigan State University with a Master's degree in electronics and computer science from Wayne State University.

"I became re-involved in DFCU during the attempt to convert it into a for-profit bank. During that time, I also listened to members unhappy with other changes that seemed to be trending toward 'just another bank.' I was stunned because, as a cooperative, DFCU operates for the benefit of member-owners and should strive to be 'better than the competition' by returning earnings back to members with better rates on savings, lower rates on loans, and providing exemplary services so that over time, all members benefit. With your vote, I pledge to 'put members first' and to support continuing the great traditions of DFCU, its employees and members." --- **Linda M. Malec**, human resources associate on the corporate staff at Ford Motor Company's World Headquarters. A member of DFCU Financial for 36 years, Malec served on DFCU's board of directors from 1980 to 2000, including chairperson from 1988 to 1998. Malec holds a Bachelor's degree from the University of Michigan.

"In the nine years I have been a member of DFCU, I have come to value the credit union for what it is—an efficient organization of exceptionally competent professionals, committed to serving all its members as owners and not as customers. I first became involved with DFCU Owners United when my confidence in the present Board of Directors was shaken by last year's proposed bank conversion, which was strongly opposed by the membership. In seeking the members' vote for the Board of Directors, I ask DFCU member-owners to support continuing the credit union's traditions of professional service and growth driven by members' needs." --- **Salvatore Mazzola**, funding analyst in the Treasurer's Office of Ford Motor Company. Mazzola earned his Bachelor of Science degree from Michigan Technological University and a Master of Science degree from the University of Illinois, as well as a Master of Business Administration degree from Wayne State University.

Ballots are expected to be mailed to members in January 2007, in advance of DFCU Financial's Annual Membership Meeting scheduled for February 15, 2007.

**At a credit union, it's one member--one vote.
VOTE FOR A CHANGE IN LEADERSHIP!**

For additional information, visit www.SaveMyCU.com

Paid for by DFCU Owners United, P.O. Box 511445, Livonia, MI 48151, Phone #734-620-8900

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