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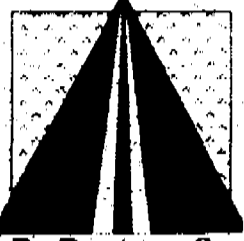
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## Officials buoyed on Wayne work



**Have you driven Wayne Road through Westland lately? Then you know it needs work. Mayor Robert Thomas and other officials are hearing encouraging words on resurfacing of the thoroughfare.**

BY DARRELL CLEM  
STAFF WRITER  
dclem@oe.homecomm.net

A major resurfacing project on bumpy, deteriorating Wayne Road could occur - or at least begin - this year, Mayor Robert Thomas said Friday.

Thomas, seeking to expedite Wayne Road work, voiced optimism following a

Friday morning meeting between his administration and county officials.

"The talks went real good this morning," he said. "We've got a real good chance of getting some major resurfacing of Wayne Road done, possibly even this year."

Thomas is hopeful that county officials will agree to resurface the entire stretch of Wayne Road in Westland -

about five miles from Joy to Glenwood. "Usually it gets done piecemeal - a mile here and there," he said. "This would be the entire road from city limit to city limit."

Thomas also said it's possible the project could be completed in two phases over two years.

The mayor conceded that a major Wayne Road project would cause headaches for motorists.

"It would be a construction nightmare," he conceded. "But we would have a good road for 10 to 15 years ... It's feasible that some work could start this year in June."

In what Thomas described as "only a

ballpark estimate," he said the project could cost \$3 million.

The city's share of a project that size would typically be about \$750,000, Thomas said, but the city would likely pay a larger tab to help expedite the resurfacing.

"We'd have to pay a bigger share," Thomas conceded.

The alternative, however, would be to face longer delays for a repaving project that many already consider long overdue.

Thomas called Wayne Road one of the city's worst.

Please see WORK, A2

And they said  
it wouldn't last...

The Observer wants to put you in the Feb. 13 bridal and anniversary special section. We will run testimonials on successful marriages from couples that have been married 30 years or more.

Send a wedding photo, a current photo and a short explanation of your marriage's success to Special Projects Editor Ralph R. Echtenaw, Observer Newspapers, 36251 Schoolcraft, Livonia 48150, by Wednesday, Jan. 19. Include a self-addressed, stamped envelope if you want your photos back. (People who participated last year are not eligible this year.) Questions? Call Ralph at (734) 953-2054.

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### Good time



**Oops:** Joseph Krause, 4, (center) works on math problems in the program "Treasure Math Storm" with his mother, Dana Krause of Westland, at the William P. Faust Public Library this past week. Gloomy days have brought many indoors. Dana Krause said that when she moved to this area she could not wait until this library opened. Behind is Jeanine Miscavage of Westland with her daughter, Shelby, 4, using the program "Jump Start."

STAFF PHOTO BY TOM HAWLEY

## King holiday marked

BY DARRELL CLEM  
STAFF WRITER  
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The city of Westland will observe the Rev. Martin Luther King Jr.'s birthday on Jan. 17 by closing city offices and giving employees the day off.

City officials opted for a quiet observance over what would have been Westland's third organized march and celebration.

"We're very proud of the two years that we did have a celebration, but this to us is even better," Deputy Mayor George Gillies said.

City officials in 1998 initiated the march honoring the slain civil rights leader after drawing criticism in years past for ignoring King's birthday observance.

But Mayor Robert Thomas had pledged to have his administration negotiate with employee unions to make the third Monday in January an official city holiday.

City employees last year got the day off for the first time, but officials proceeded with a march and celebration

Please see KING, A4



## THE WEEK AHEAD

MONDAY

**City Hall:** There will be a 6:15 p.m. study session (millage renewal resolution) Monday in council chambers at Westland City Hall, on Ford near Carlson. Regular city council meetings are 7 p.m. the first and third Monday of the month, excepting holidays.

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## Wheelchair delivery brings joy

A Westland family got a special present just in time for the recent holidays.

William Opachick was eager to share the news that daughter Dawn had a wheelchair flown up from Georgia by Crate and Fly of Taylor. Dawn Opachick, 23, is a special education student at Wayne Memorial High School.

The motorized chair arrived Dec. 23, prompting a wide grin from Dawn. "It was ear to ear," her father said of the smile. "I know she's happy."

Dawn Opachick depends on the chair for mobility. Government assistance covered chair costs, her father said, but Crate and Fly was kind enough to take care of transit costs.

She was hit by a car at age 3 and received a brain stem injury. "She's slow but surely recovering in a lot of ways," her dad said. "These people are doing it out of the kindness of their hearts."

The chair arrived complete with a stuffed bear and other holiday goodies.

## Festival a sure cure for that cabin fever

BY JULIE BROWN  
STAFF WRITER  
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Looking for something fun to do? Consider Winterfest, the city of Westland's Parks and Recreation homage to winter. The annual event is set for Sunday, Feb. 6, at the Bailey Center and environs, on Ford near Carlson.

"My philosophy of it was to make something inexpensive for the families," said Sharon Scott, co-chairwoman with Robert Kosowski, director of Westland Parks and Recreation. "Mainly, we're gearing it to families and children."

Kosowski is equally excited about the Feb. 6 event. "Shake the blues, I call it. You're in the middle of winter, not much to do."

He estimated last year's attendance at about 1,000, three-quarters children. "Everybody loved it," Kosowski said, citing a survey done of attendees. "We enjoy putting it on."

The performances at Winterfest help pack the crowds in, he said. "We get some great talent in here. It's really nice."

The event originally lasted three

### WINTERFEST

days and was designed with adults also in mind, said Scott. "People liked the one-day concept for children," she said, citing the survey. Scott recalled one single mother who said the event was both inexpensive and enjoyable for her family.

"That's our goal, to make it something affordable for families," said Scott, a Westland City Council member.

Organizers must cope with all kinds of Winterfest weather, she agreed, noting it's rarely a happy medium.

The Winterfest schedule includes:

- Firefighters' Breakfast - 10 a.m. to noon with pancakes made by the city fire department.
- 11 a.m. - Nelson and His Wilderness Safari: The 45-minute safari presentation will be followed by Nelson setting up in the Brayman Lounge with an exhibit for the rest of the day.
- Noon - Harpbeat, a concert of both English and foreign lyrics, with the

## Sign blight focus of increased enforcement

BY DARRELL CLEM  
STAFF WRITER  
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They're hard to miss - those makeshift roadside signs touting weight-loss plans, beer specials, garage sales, lunch prices and make-money-fast schemes.

But they don't conform to city codes, and elected officials want them gone.

"There are a number of signs that are infringing on our right to have a pleasant-looking community," Councilman Richard LeBlanc said.

Everyone who drives or walks can see them - signs placed between sidewalks and streets on public right-of-way areas, or on utility poles.

"We have a number of individuals throughout our community who have placed signs that frankly clutter our town and make it look less desirable," LeBlanc said. "It could be business related - any type of sign that is prohibited by the city ordinance."

Mayor Robert Thomas last week indicated that city ordinance officers this month will begin stricter enforce-

ment of sign code violations.

"We want to kind of beat that into everybody's eardrums," he said.

"We're trying to start slow and get the cheapest, ugliest signs first," Thomas said. "Then we'll go to the portable business signs. It's mostly the portable ones that are out on the right of ways."

Thomas urged sign ordinance violators to remove any signs they've placed in forbidden areas.

"Take care of it now before we get there," he said.

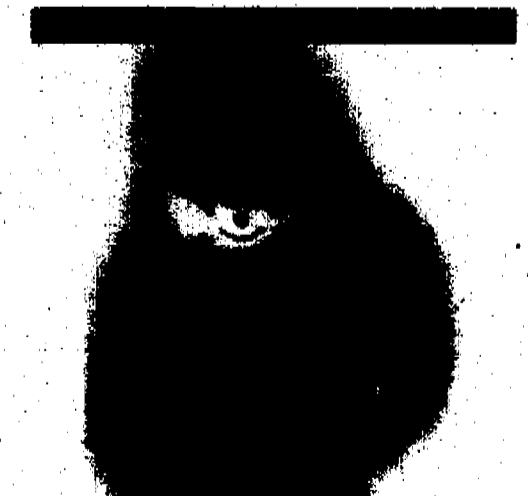
LeBlanc welcomed news that the administration planned to crack down on sign violations.

"I'm glad this enforcement is again taking place," he said.

LeBlanc criticized improper signs that he said hurt the city's image.

"I believe that the city is not presented in the manner that most benefits us," he said. "I believe there are certain right of ways throughout town - predominantly the main thoroughfares - that appear cluttered, and they don't present a good image."

Please see SIGN, A4



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Please see FESTIVAL, A4

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# Westland Observer

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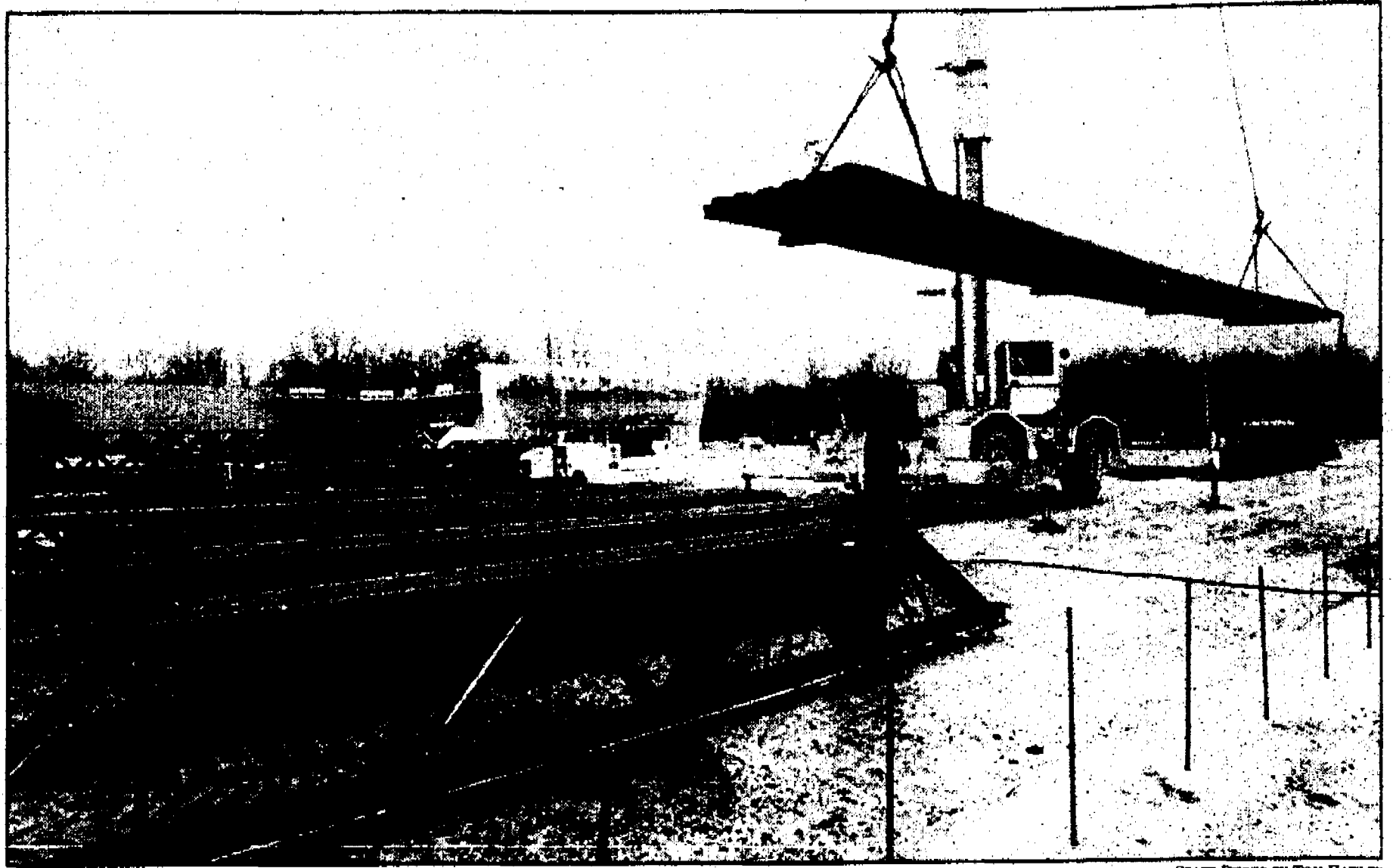
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## Lowdown on Lowe's



STAFF PHOTO BY TOM HAWLEY

**Getting ready:** Construction is progressing on Lowe's, a major home improvement store being built on the southwest corner of Warren and Newburgh roads in Westland. Company officials have said the store is expected to open for business on June 14. Lowe's is building on the site of the long-vacant, now-demolished Source Club. Above, workers from Steel Erectors Inc. of Grand Blanc are unloading steel.

## Livonia school officials go touring to explore other athletic facilities

BY LARRY O'CONNOR  
STAFF WRITER  
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Livonia Board of Education trustees are hitting the gym before buffing up their ballot proposal for voters.

At the suggestion of board President Kenneth Timmons, the district's trustees and officials will look at recently built school athletic facilities in Novi, Pinckney and Holly.

Timmons has already toured several high schools with facilities similar to what Livonia is looking to build.

Trustees are weighing whether

to add a 0.4-mill bond proposal on the April 10 ballot, which also includes two millage renewals.

One renewal involves 0.75 mills on homes and private property and 18 mills on business property. That tax raises nearly \$31 million annually.

The second renewal question asks voters to approve a 1-mill sinking fund tax, which generates \$4 million annually for building renovations and repairs.

The 0.4-mill levy would raise \$30 million and allow the district to build auxiliary gyms and running tracks at high schools and

middle schools.

Board members will talk about results from a recent survey during a study session Monday, Jan. 31. A formal vote is scheduled to take place during a regular meeting Monday, Feb. 7.

Originally, trustees planned to finalize the ballot Monday, Jan. 17.

Timmons suggested his colleagues look at other facilities. Board members also received results from the recent community survey to ponder.

"I think waiting is good," trustee Kirsten Galka said. "The more information we have and

the more time we have to visit the other facilities, we'll have more time to make a good decision.

"Right now, it's just figures we're working with."

School officials cite growth of girls sports and aging secondary buildings as the reason facilities are needed. The newest of three high schools, Churchill, was built in 1969.

"We're not trying to do something that is pie in the sky," said Fred Price, assistant director of instruction. "We're just trying to match what's out there."

## Work from page A1

"It's a tough call between Wayne and Ford," he said.

Even outside consultants have cited a need for Wayne Road repairs to improve the city's image and to boost the business climate along the busy thoroughfare.

In 1998, a report from Hyett-Palma of Alexandria, Va., encouraged city officials to lobby for a Wayne Road resurfacing

project. The firm studied ways to improve the image of Wayne and Ford roads.

"If you look at the condition of Wayne Road and think of it as being the front door to businesses, it is very important for that road to be maintained," said Scott Veldhuis, Westland economic development director.

A better road would boost the city's ability to attract new busi-

nesses and fill vacancies, officials say.

"This is great news if we can pull it off," Veldhuis said.

He added that repaving Wayne Road would "create a different impression" of the commercial corridor and of how potential new businesses "view Westland and the opportunities here."

Officials believe the project would signal a dramatic boost to the city's slowly emerging Downtown Development Authority district, where officials are trying to spruce up existing businesses and lure new ones.

That district includes the southern leg of Wayne Road, from Ford to Glenwood, and all

of Ford Road in Westland.

DDA Director Steve Guile said many people, particularly "spot shoppers," will avoid long stretches of poor roads and find alternate routes to reach their destination.

As a result, they're missing "a long stretch of businesses in the commercial district" — a situation that could hurt local businesses.

A repaved Wayne Road could change that.

"I think any visual improvement to Wayne Road is a plus to the community," Guile said. "I think this would only be a great addition to what we're trying to do."

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## Jaycees will celebrate Jan. 15

The Westland Jaycees will hold the 41st President Party Celebration 6 p.m. Saturday, Jan. 15, at Joy Manor, on Joy

east of Middlebelt in Westland. Price of \$20 includes dinner, beverages and dancing. For information, call (734) 480-4984.

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STAFF PHOTOS BY PAUL HURSHMANN



Oh, what a tangled web: This spider design is done in ice. The event runs next Wednesday through Sunday.

Excuse me, where are the restrooms? Many thousands of people will swarm to downtown Plymouth during the Plymouth International Ice Sculpture Spectacular, just as they did last year.

# Plymouth calls with icy visions of beauty

The more things change, the more they remain the same.

Alphonse Karr

BY BRAD KADRICH  
STAFF WRITER  
bkadrich@oe.homecomm.net

While many of the faces and some of the particulars will be different, one thing will be remarkably familiar when the 18th annual Plymouth International Ice Sculpture Spectacular takes to the streets Wednesday. The Plymouth community will be on display for hundreds of thousands of people.

While most of the action takes place in Kellogg Park and in the parking structure across the street, many activities will happen outside those bound-

aries as event organizers try to get the entire community involved.

"We wanted to do more around town," said Mike Watts, executive director of the ice show. "Everything always centers around Kellogg Park. We want people to move across Main Street into other parts of town."

While carving is already under way for some of the sculptures that will be placed near downtown businesses, the event doesn't start until Wednesday. Sculpting competition starts Friday, with carvers from the United States, Canada and from as far away as Japan competing in three days of contests.

While the attention is centered on the competitions, there will be plenty of other things to do. The Fantasyland this

year is entitled "Ice Toyland" and will be enclosed in The Gathering. Sponsors are also awarding a variety of prizes, including a completely restored 1937 Lincoln Zephyr. The car is being raffled off by Carron Industries. Proceeds from the raffle go to CATCH (Caring Athletes Team for Children's Hospital), the charity founded by former Detroit Tigers manager Sparky Anderson.

Visitors to the ice show can also win a two-year lease of a Buick Century Millennium edition, a ski vacation to Colorado and trips to Universal Studios in Orlando, Fla.

And you can expect a ton of visitors. Organizers say 700,000 witnessed last year's show, and Watts is hoping for at least that many this year.

"The way the weather appears to be setting up, it looks like it'll be very good," said Watts, who is in his ninth year of directing the show. "The reports I've been getting indicate it should be in the 30s during the day and in the teens to 20s at night, which is absolutely perfect."

That could be a boost to local businesses, Watts said. With many events outside Kellogg Park, people will be strolling the streets and businesses could see some swelling sales figures.

"The festival turns possibly the slowest time of year into a productive time of year," Watts said.

If it turns out to be colder than expected, Flagstar Bank is providing the warm-up center this year. The tent

will be set up near Flagstar and will provide cookies and hot chocolate to chilled visitors. Various food stands will also be set up.

"We try to service people and do a good festival, and part of that is giving people what they want and what they need," Watts said.

Watts is getting some help this year from local civic groups. For instance, the Kiwanis Club will be mounting information booths.

"They'll be there to tell people where to eat, where the bathrooms are, where the events are," Watts said. "Most of the people come from out of the area. We've always felt a need to be hospitable."

## Wings alumni to play in game to aid local hockey program

Alex Delvecchio and Dennis Hextall will be among the Red Wings alumni playing against Westland Hockey Association coaches at 3 p.m. Saturday, Jan. 15, at Westland Sports Arena, 6210 Wildwood.

The event will benefit Westland's hockey program. Admission is \$5; children under 3 get

in free.

"All of the money goes back into the hockey program," Westland Hockey Association fundraising chairman Scott Wirgau said.

Of 13 Westland hockey teams, "the team that sells the most tickets will play the Red Wings between the second and third

period," Wirgau said.

Red Wings alumni also are expected to sign autographs for children attending the event, Wirgau said.

Advance tickets are \$5, the same price as door admission. Wirgau can be reached at (734) 951-0770 or the Westland Sports Arena at (734) 729-4560.

## Benefit rolls along for ill teen

A special roller skating benefit, "Skating for a Cause," is planned for 8-10:30 p.m. Tuesday, Jan. 18, at Riverside Arena, 36635 Plymouth, Livonia.

Money raised will benefit an experimental treatment for Jerry Ball, a 15-year-old with an inoperable brain tumor who has endured months of radiation and chemotherapy. Doctors say he may have a chance for a cure with a \$100,000 bone marrow

treatment.

The event is sponsored by the Western Wayne Plumbing and Mechanical Contractors Association. Jerry is the grandson of the association president, Richard Ball.

Tickets are \$10 per person, which includes skate rental and live organ music by Lionel La May. Riverside Arena donated use of the facility for the event and all proceeds will benefit

Jerry's fund. Additional donations are accepted.

Jerry Ball's fund was the beneficiary of several recent benefits, including a bowlingthon at the Westland Bowl on Dec. 12 and a haircutting session at Genesis Salon on Dec. 19 in Canton Township.

For more details, call Bill Parmentier at (734) 451-1869 or Jerry Antezak at (734) 525-7521.

## Bowlers eager to help children

The Livonia Parents of the Visually Impaired will host an annual bowlingthon for Western Wayne County 2.5 p.m. Saturday, Feb. 5, at Woodland Lanes in Livonia.

The nonprofit organization is made up of volunteers, with all of the money collected going to programs which benefit the children. Anyone interested in helping by either bowling or con-

tributing to the event is invited to call Bonnie Sheridan at (734) 459-3439 or Luude Frits at (734) 471-3940.

Woodland Lanes is at 33775 Plymouth Road in Livonia.

## City will distribute surplus food

The City of Westland will distribute surplus federal food 10 a.m. to 2 p.m. Thursday and Friday, Jan. 20-21, at the Dorsey Community Center.

Residents in the area bounded by Palmer, Stoeber, Merriman and Wildwood roads, which is known as Norwayne and Oak Village, will pick up their commodities 10 a.m. to 2 p.m. Thursday, Jan. 20.

All other residents north of Michigan Avenue will pick up their commodities 10 a.m. to 2 p.m. Friday, Jan. 21.

Westland residents south of Michigan Avenue should pick up their commodities on the third Monday of each month at St. James United Methodist Church, 40055 Annapolis, between Henry Ruff and Middle belt roads.

Senior citizens living in Taylor Towers will pick up their food at Taylor Towers, and must call their building manager for the day of distribution.

For January, there will be corn, oatmeal, rice, cereal or vegetable oil.

Any further questions may be answered by calling the Dorsey Center's surplus food hot line at (734) 795-0366.

## Fur Caravan Sale

January 13-16

Birmingham

January 20-23

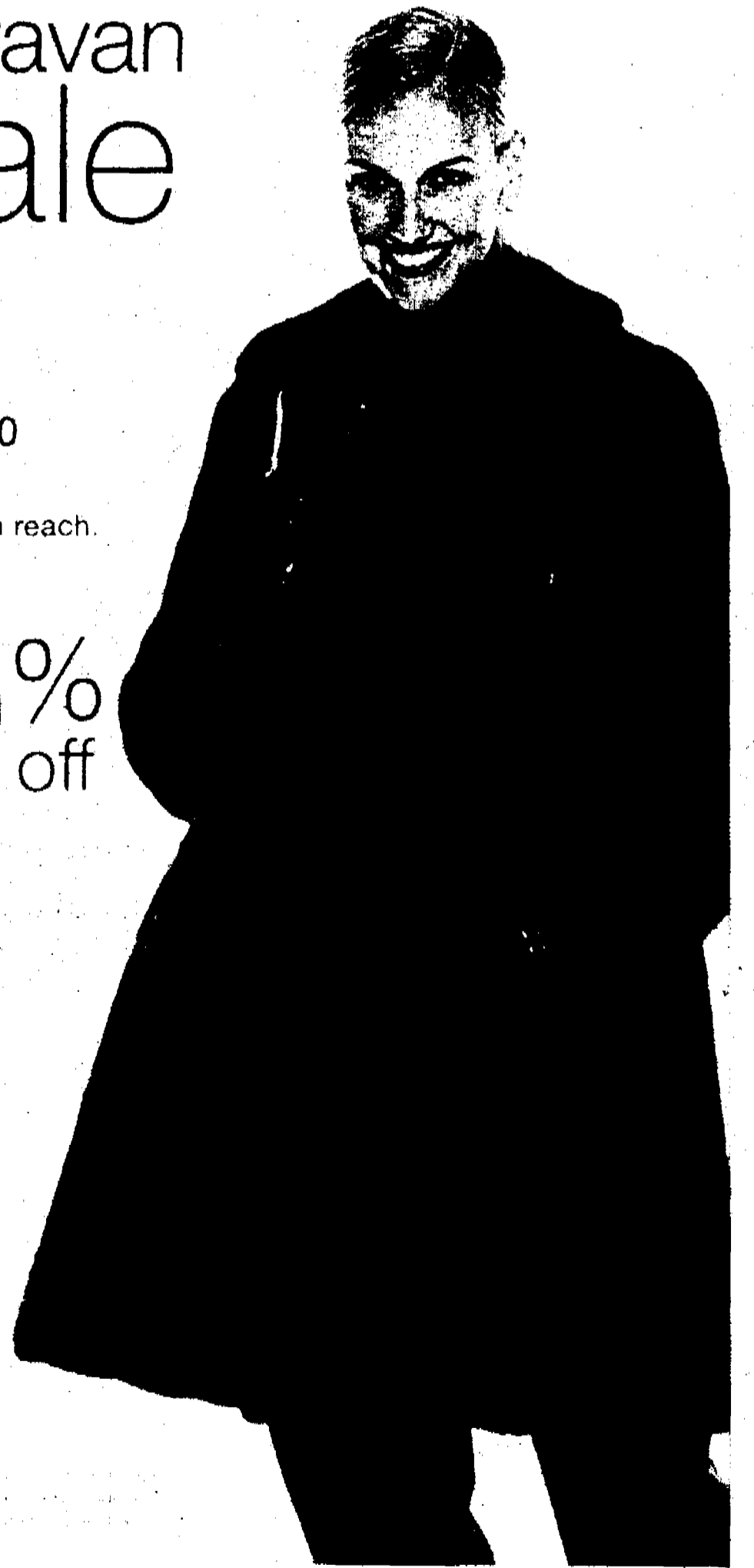
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### Weight loss meeting topic

Weight loss will be the topic for speaker Susan Park Ph.D. at 7 p.m. Tuesday, Jan. 25 at the Wayne Field Library, 5231 S. Wayne Road. The free program is sponsored by the library. For information, call 734-751-7582.

**OBITUARIES**

**RICHARD A. MISHLER**

Services for former Livonia resident Richard Mishler, 63, of Canton Township were Jan. 4 in Schrader-Howell Funeral Home with burial at Parkview Memorial Cemetery in Livonia. Officiating was the Rev. Thomas Badley.

Mr. Mishler, born Aug. 2, 1936, in Leroy, Mich., died Jan. 1 in Canton Township. He was a member of the International Union of Operating Engineers for 40 years. He came to the Canton community in 1973 from Livonia. Mr. Mishler loved to hunt and fish and also enjoyed his tomato garden.

Surviving are his wife, Pat; sons, Michael of Canton and Richard of Canton; daughters, Susan (Brian) Smith of Westland, Andrea (Tim) Clemson of Ohio, Joanne (Chris) Dwight of Ann Arbor, Mich., and Beth (Gary) Whidden of Canton; mother, Hazel Mishler of Livonia; four sisters; and six grandchildren.

**KIP A. BEWERSDORF**

Services for Kip Bewersdorf, 42, of Taylor were Jan. 3 in Vermeulen Funeral Home. Officiating was the Rev. Neil D. Cowling.

Mr. Bewersdorf, born June 21, 1957, in Dearborn, died Dec. 31 in Wyandotte. He was a stock person.

Surviving are his sons, Kristopher Bewersdorf of Sheridan, Wyo., and Calvin Bewersdorf of Sheridan, Wyo.; mother, Doris Keehl of Westland; and brother, Kevin Bewersdorf of Westland.

Mr. Bewersdorf was preceded in death by his father, Roy Keehl.

**HAROLD B. GOODING**

Services for Harold Gooding, 86, of Ypsilanti were Jan. 4 in Vermeulen Funeral Home with burial at St. John's Cemetery in Ypsilanti. Officiating was the Rev. Gerald V. Bechard.

Mr. Gooding, born Jan. 24, 1913, in Milan, Mich., died Dec. 31 in Ypsilanti. He was a quality control inspector.

Surviving are his brother, Elwyn Gooding of Ann Arbor; and nieces, Jani Neuman of New York and Virginia (Gary) Grossman of Westland.

Memorials may be made to Hospice of Washtenaw, 806 Airport Boulevard, Ann Arbor, MI 48108.

**RAYMOND G. YAKE**

Services for Raymond Yake, 83, of Saline were Dec. 28 in Thayer-Rock Funeral Home, Farmington, with burial at Glen Eden Memorial Park in Livonia. Officiating was the Rev. Wayne T. Large from First United Methodist Church of Farmington.

Mr. Yake, born Aug. 5, 1916, in Detroit, died Dec. 25 in Saline. He was a resident of Dearborn Heights for 10 years before moving to Saline.

Mr. Yake was a supervisor/general contractor for Taubman Construction Co. for 25 years. After retiring from Taubman Construction Co., he worked for Kughn Enterprise at their Car Rail facility.

He was a current member of First United Methodist Church of Saline and former member of Calvary Methodist Church in Detroit. Mr. Yake enjoyed bowling, gardening and vacationing in Alpena.

Surviving are his wife of 53 years, Catherine "Katie"; sons, Randall (Rose) Yake of Ann Arbor and Neil (Karen) Yake of Grand Blanc; sister, Eileen (Raymond) Christoph of Westland; and three grandchildren.

Memorials may be made to Alzheimer's Association, 17220 W. 12 Mile, Suite 100, Southfield, MI 48076.

**IRENE V. BELTRAMO**

Services for Irene Beltramo, 85, of Barrington Hills, Ill., were Dec. 29 in Vermeulen Funeral Home, Westland, with burial at Cadillac Memorial Gardens, West, Westland. Officiating was the Rev. Leonard Partensky.

Mrs. Beltramo, born April 4, 1914, in Detroit, died Dec. 23 in Barrington Hills. She was a homemaker.

Surviving are her sons, Renaldo (Patricia) Beltramo of Cincinnati, Ohio, and Tyrone (Bonnie) Beltramo of Ortonville, Ill.; daughters, Sandra Merry of Glendale Heights, Ill., and Candice Suriano of Barrington Hills, Ill.; brother, Ted (Irene) Sierak of Westland; 12 grandchildren; and 17 great-grandchildren.

Memorials may be made in the form of Mass offerings or to Karmanos Cancer Institute Plymouth Region, 744 Wing, Plymouth, MI 48170-3446.

**King** from page A1

because the event had already been planned.

Thomas announced last week that this year's observance will be a quiet one.

"The ultimate goal," Gillies said, "was to give our nearly 400 employees the day off, except for fire and police. We're in conjunction with other communities that have done this."

Westland 18th District Court also will be closed Jan. 17.

Westland students and employees of the Wayne-Westland school district will observe King's birthday with the day off, but pupils and employees of the Livonia district will go to school as usual.

Wayne-Westland schools several years ago declared King's birthday observance a holiday

"so that children would not be in school and they could be with their families for celebrations," said Sam Barresi, the district's assistant superintendent of instruction.

Leading up to the holiday, some schools this week will sponsor special programs to teach students about King and his place in history.

"Our buildings do various programs and celebrations to commemorate the good works of Dr. Martin Luther King Jr.," Barresi said.

Adams Middle School is one building that will sponsor some programs.

On Monday, one student will read King's "I Have A Dream" speech to be shown live on all classroom televisions. Students

will then have much of the week to write their own essays about their vision of equality.

A committee will choose one winning essay, whose author will read it to the entire student body on Friday, Principal Celestine Sanders said.

Starting Tuesday, Adams will have an "Acts of Kindness Wall" where student names will be placed when someone nominates them for doing good deeds that help to fulfill King's dream.

Students will receive a paper Eagle (the school's mascot) for each good deed, and they can accumulate Eagles and redeem them for prizes.

Sanders said she believes it's important to involve students in activities to complement what they learn from textbooks.

**Sign** from page A1

LeBlanc cited Wayne and Ford roads as two main arteries that sometimes seem particularly plagued by makeshift signs.

Offenders who violate the city's sign ordinance can face \$500 fines and 90 days in jail.

The problem, Planning Director Tod Kilroy said, is catching

people who place signs on utility poles and public right of way areas.

"It's difficult to do any prosecution unless you see them do it," Kilroy said.

The signs are usually removed by public services department workers or city code enforcement

officers, he said.

Striking a balance between stricter sign codes and the interests of business owners has been tricky for city officials.

Even so, Kilroy said the city has tried all along to enforce the sign ordinance.

**Festival** from page A1

theme of a big sing-along.

■ 1 p.m. - Mask Puppet Theater, with large colorful puppets coming to life.

■ 2 p.m. - Harpbeat.

■ 3 p.m. - Marion Nelson, using pop stars to catch the attention of her audience and motivate them to become great readers and writers.

■ 4 p.m. - Mask Puppet Theater, in a show with a different

theme.

■ 5 p.m. - Ben Spritzer, magician and juggler.

The Bailey Center gym will be filled with moonwalks, slides and mazes. The meeting rooms will feature arts and crafts, and the city council will provide popcorn. The Westland Chamber of Commerce will offer bowling Saturday, Feb. 5, at Westland Bowl.

**Families get helping hand**

The Family Resource Center, 33800 Grand Traverse in Westland, has several offerings planned.

"Developing Capable Young People," an eight-week series, will begin 7-9 p.m. Thursday, Jan. 13, or 6:30-8 p.m. Wednesday, Jan. 19, with participants to choose their preference. The series aims to help your child become responsible for actions: to help children with self-control; to make parenting easier; to use discipline effectively; and to help your child see himself or herself as significant.

To register or for information, call (734) 595-2279. Price is \$15 per series, with free baby-sitting offered for the series starting Jan. 13.

Sessions on "The ADD Child" will meet Wednesdays, beginning Jan. 19. Price is \$15 and registration is required for the sessions, providing support and education for parents.

"Teens and Their Choices" will be offered free for middle school students beginning 2:15-3:30 p.m. Wednesday, Jan. 19, at Franklin Middle School, 33555 Annapolis, Wayne. Advance registration is required.

"Parenting Tips That Work!" will meet 9 a.m. to 1 p.m. Saturday, Jan. 29 or Feb. 5, with participants choosing one, at the Dorsey Center in Westland. Price is \$15.

For more information, call (734) 595-2279.

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| Tuesday, January 11<br>10:00 a.m. - 11:30 a.m.<br>Cantfield Community Center<br>1801 N. Birch Day<br>(between Chery Hill and Ford Rd.)<br><i>(Reservations will be used)</i> | Tuesday, January 11<br>7:00 p.m. - 8:30 p.m.<br>Livonia Civic Center Library<br>12777 Free Mile Rd.<br>(South side of Free Mile and East of Farmington)<br><i>(Reservations will be used)</i> | Wednesday, January 12<br>10:00 a.m. - 11:30 a.m.<br>Melvin Baily Recreation Center<br>4651 Ford Rd.<br>(Between Newburgh & Wayne Rd.)<br><i>(Reservations will be used)</i> | Wednesday, January 12<br>2:00 p.m. - 3:30 p.m.<br>Redford District Public Library<br>15130 Norborne<br>Berch Day and Free Mile<br><i>(Reservations will be used)</i> | Thursday, January 13<br>7:00 p.m. - 8:30 p.m.<br>Novi Community Center<br>6375 W. Ten Mile Road<br>(Ten Mile between Novi and Farmington)<br><i>(Reservations will be used)</i> |

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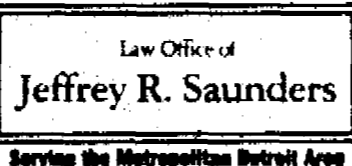
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- You'll avoid a conservatorship if you become incapacitated—so your estate will be run as you see fit.

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- If you're married and your estate is over \$675,000 net, without proper planning your family may owe federal estate taxes of 37%-55%.
- If you become incapacitated, or unable to sign documents, a court may assign a conservator to run your estate as the court sees fit.

Sponsored by: Law Office of Jeffrey R. Saunders. Attorney Jeffrey R. Saunders speaks to area residents about living trusts and proper estate planning. Mr. Saunders has practiced law for over a decade and his practice focuses on estate planning and elder law. He is a member of the American Academy of Estate Planning Attorneys and the National Academy of Elder Law Attorneys — and his seminars on living trusts are said to be "outstanding—clear—understandable."



Seating is Limited, So Call 800-954-1717 Now!  
(Phones open 24 hours - Say you want to make reservations for the living trust seminar)

**NOTICE CITY OF WESTLAND**

A PUBLIC HEARING will be held on Tuesday, January 18, 2000 during the regular council meeting to take public comments on the recommendations of the WESTLAND BLOCK GRANT ADVISORY BOARD. The grant amount is \$112,724 plus a \$12,525 match by the city of Westland. The recommendation is to use the funds for car radios, upgrading the computer system, and other necessary equipment for the police department. The police department budget is \$11,606,057 for the current fiscal year.

All public comments are welcome either in person or in writing.  
PATRICIA GIBBONS  
City Clerk  
Published January 9, 2000

**CITY OF GARDEN CITY ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING DIMENSIONAL VARIANCE**

NOTICE IS HEREBY GIVEN, pursuant to the provisions of Act Number 207, Public Acts of 1921, as amended, that a public hearing will be held by the City of Garden City Zoning Board of Appeals at 7:30 p.m., January 26, 2000 at City Hall, 6000 Middlebelt, Garden City, Michigan 48135.

NOTICE IS FURTHER GIVEN, that the purpose of the public hearing is to hear and consider public comments on the proposed Dimensional Variance from Section 161.029, Yard and Bulk Regulations, of the Zoning Ordinance, requesting a dimension variance of 1.5 feet for front porch. The property is located at 6440 Fairfield.

NOTICE IS FURTHER GIVEN, that the variance application may be examined at the City Hall, 6000 Middlebelt Road, Garden City, Michigan 48135 during regular office hours until the date of the Public Hearing. Written comments may be sent to the above address.

RANDY TEMPLETON, Chair  
Zoning Board of Appeals  
ALLYSON M. BETTIS  
Treasurer/City Clerk

Posted: January 5, 2000  
Published: January 9, 2000

*Read Taste*

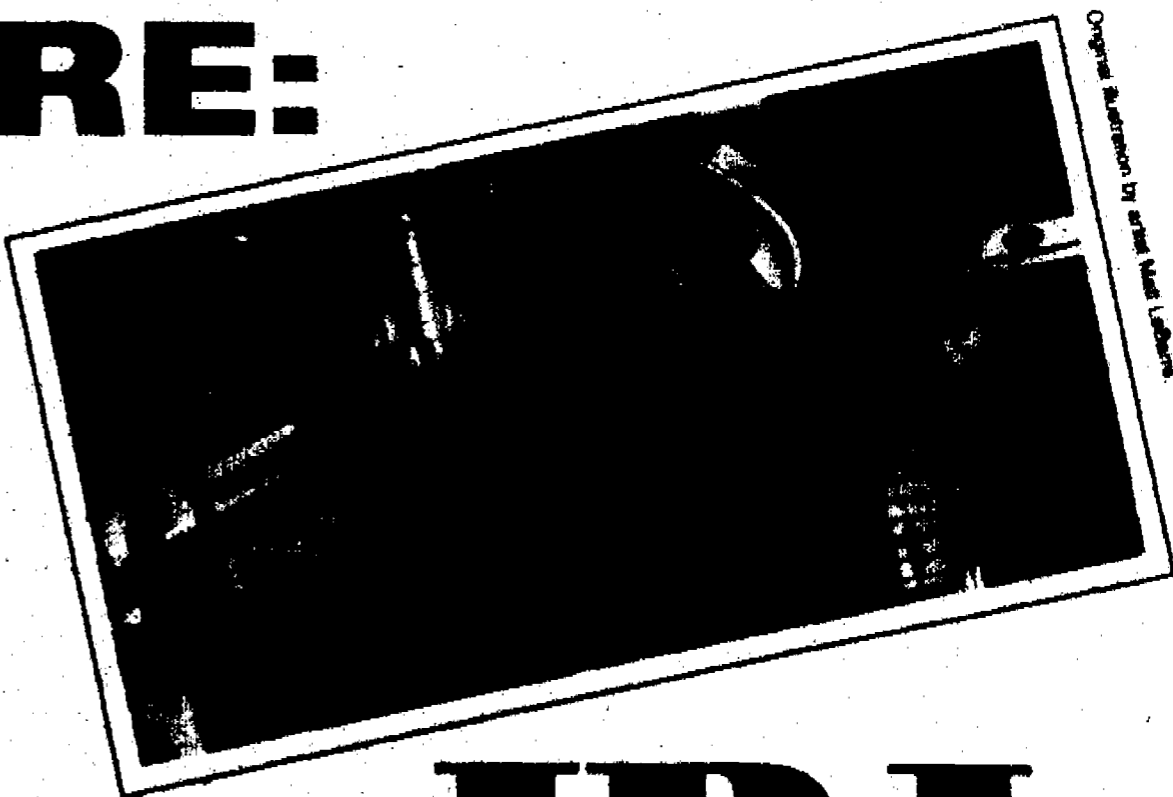
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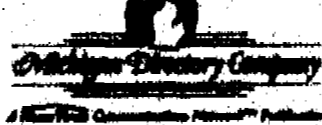
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# 'Time is right' to promote county's healthy economy

BY KEN ABRAMCZYK  
STAFF WRITER  
kabracyk@oe.homecomm.net

In November, Wayne County officials were told the county can expect moderate job growth and continued declining unemployment through 2001.

University of Michigan economist Donald Grimes told leaders from western Wayne County communities that the nonmanufacturing sectors will pick up 8,000 jobs over the next three years.

When county officials heard that report from U of M's Institute of Labor and Industrial Relations, they decided the "time was right" to promote the county's economy, according to Tim Johnson, director of marketing and communications for Jobs and Economic Development.

With the county commission's blessing, Wayne County's Jobs and Economic Development Department hired Caponigro Public Relations of Southfield for \$75,000 to get the message out.

Caponigro soon will begin a national public relations campaign aimed at national publications to encourage stories about Wayne County's economic resurgence. Caponigro has already worked with David Katz, director of Detroit Wayne County Metropolitan Airport, on ads about the airport. Katz pokes a little fun at himself with the ads, but also tried to show that airport officials are improving the facility.

The U of M report "showed things really have turned around," Johnson said.

"We've got a low unemployment rate and a lot going on in

## COUNTY NEWS

the new development near the airport and the I-275/M-14 corridor has just exploded," Johnson said. "Downtown we've got Compuware, new casinos, stadiums and GM's now at the Renaissance Center."

Caponigro will meet with Johnson and others with the Jobs and Economic Development Department, then approach national publications like the New York Times, Wall Street Journal and Business Week. "I think our strategy will be to tell those publications, 'Look, in the '70s and '80s, you wrote our obituary. How about taking a different look at us?'" Johnson said.

Economists said the new 8,000 nonmanufacturing jobs in Wayne County are expected to include 3,000 construction jobs and 3,000 jobs in air transportation. Both sectors will be fueled by the expansion expected to be completed in 2001 at Detroit Wayne County Metropolitan Airport.

Casinos will help add another 6,000 jobs in amusement and recreation industries of the economy. The expanded airport and three Detroit casinos are expected to add another 1,000 restaurant and bar jobs and 1,000 retail jobs.

Economists expect those gains to be tempered by declines in the banking industry - 5,000 fewer jobs expected between 1998 and 2001 - and 7,000 manufacturing jobs lost.

Based on population surveys from late 1998, the study also

found:

■ Overall job growth in the private sector will grow 0.4 percent in 2000, then fall 0.6 percent. That growth translates to 3,000 additional jobs in 2000, followed by a loss of 5,000 jobs in 2001.

■ Purchases of 16.6 million auto and light trucks nationally in 1999 helped keep Michigan's automotive industry healthy.

■ Labor force trends show increases in the number of Wayne County residents who have jobs, but "private establishment" employment in Wayne County declined, which economists said indicates that many residents are commuting to jobs outside of Wayne County.

■ In 1993-98, the industries that added at least 1,000 jobs were fabricated metal products, furniture and fixtures, eating and drinking places, miscellaneous retail (drug stores, toy stores and others), wholesale trade, auto dealers and service stations.

The economists predicted that employment in the private sector would peak at 732,000 in 2000, up from 1998's 726,000, then fall to 727,000 in 2001. That overall employment was attributed to the tight labor market and increased productivity in the manufacturing sector. Unemployment rates will fall to 3.6 percent in 2000 and 3.3 percent in 2001, the economists predict.

That translates to a change from 78,000 unemployed persons in 1993 - an 8.3 percent rate - to 41,000 and 4.3 percent in 1998. That sounds like good news, but it also restricts job growth, the economists said.

## Class explores spirituality of aging

Madonna University in Livonia will offer the workshop, "The Spirituality of Aging," for the winter term. Students may take the class 4-7 p.m. Friday, March 31, and 9 a.m. to 4 p.m. April 1 and 15. The course will also be offered 4-7 p.m. Thursdays, Jan.

27 through Feb. 24.

This course introduces students to the spiritual tasks of the elder years with an emphasis on integrating that understanding into their work with older adults. The noncredit fee is \$100. Students can earn 1.5 continuing

education units.

Students may register by mail, fax and in-person. This course is also available for degree credit, even if you are not an admitted student at Madonna University. For more information, call (734) 432-5731 or fax (734) 432-5364.

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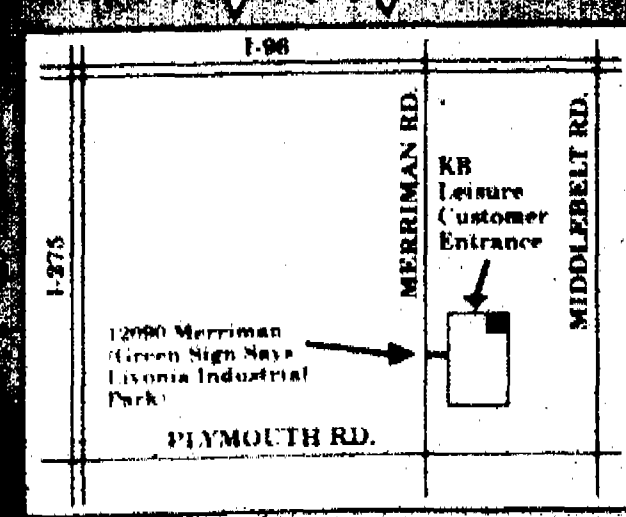
**Casual Style Slate Pool Tables**  
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# Hot prosecutor's race heads up county elections for '00

BY KEN ABRAMCZYK  
STAFF WRITER  
kabracyk@oe.homecomm.net

Wayne County voters will see their share of presidential politics, political advertising and campaigns before Michigan's Republican presidential primary on Feb. 22 (the Democrats hold their nominating caucus in March).

They also can expect to see some contested races on ballots in August and November for county seats.

While the office of county executive is not on the ballot this year, the prosecutor's office will be up for grabs with John

O'Hair's decision to retire.

That is expected to be the most contested race in county government, which will also include races for county sheriff, clerk, treasurer, register of deeds and county commissioners. Candidates who have verbally expressed an interest in the prosecutor's office include Mike Duggan, deputy county executive; Virgil Smith, a state senator from Detroit; and George Ward, chief assistant prosecutor.

Candidates in the county races must file by May 16 for the primary election.

With all of them Democratic incumbents and Wayne County

largely Democratic, the Aug. 8 primary election winners in the races for prosecutor, sheriff, treasurer and register of deeds would be favorites in the general election on Nov. 7.

In 2000, voters also can expect the following:

■ **County commission:** In western Wayne County, that includes four commission seats on the ballot, along with the 11 others representing the rest of Wayne County.

Among those up for election are Democrats Kay Beard, whose district includes Garden City, Inkster and Westland, and

John Sullivan, who represents Canton, Huron, Sumpter and Van Buren townships and the cities of Belleville, Wayne and Romulus.

Republicans Lyn Bankes, who represents Livonia west of Middlebelt Road, and the townships and cities of Plymouth and Northville, and Kathleen Husk, who represents Livonia east of Middlebelt Road, Redford and Dearborn Heights, would also be

up for re-election.

■ **The county parks millage.** Voters approved 1 mill in 1996 to fund parks improvements, and now that millage will expire at the end of the year.

County commissioners haven't yet placed that proposal on the ballot. "The county will have some serious discussions on whether it should be on the 2000 ballot," said Hurley Coleman, parks director.

County voters also shouldn't be surprised if commissioners place one or two proposed charter amendments before them. In 1996, they added charter language strengthening the duties of the auditor general and corporation counsel. Last year voters eliminated a county tax allocation board that was found to be obsolete.

## Classes focus on information technology

Information technology companies can learn about the future of government contracting in the third in a series of seminars at 8:30 a.m. on Wednesday, Jan. 12, at Schoolcraft College.

This session in the series, "Coffee with the Colonel," is aimed at IT firms, who can meet and ask questions of Colonel Paul Dronka, commander of

defense contract management command in the Detroit region.

Dronka has 15 years experience working with small businesses, and experience with the Secretary of Army Research and Development (Procurement) at the Pentagon.

The seminar will be conducted in room 310 of the McDowell Center. Other seminars in the

series are aimed at disadvantaged 8(a) companies, women-owned firms and any companies unable to attend earlier seminars.

The fee for each seminar is \$10. Reservations are required and can be made by calling the Business Development Center at (734) 462-4438.

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- Eating alone because of being embarrassed by how much you eat
- Feeling disgusted, depressed or guilty after over-eating
- Eating behavior or weight concerns that interfere with relationships

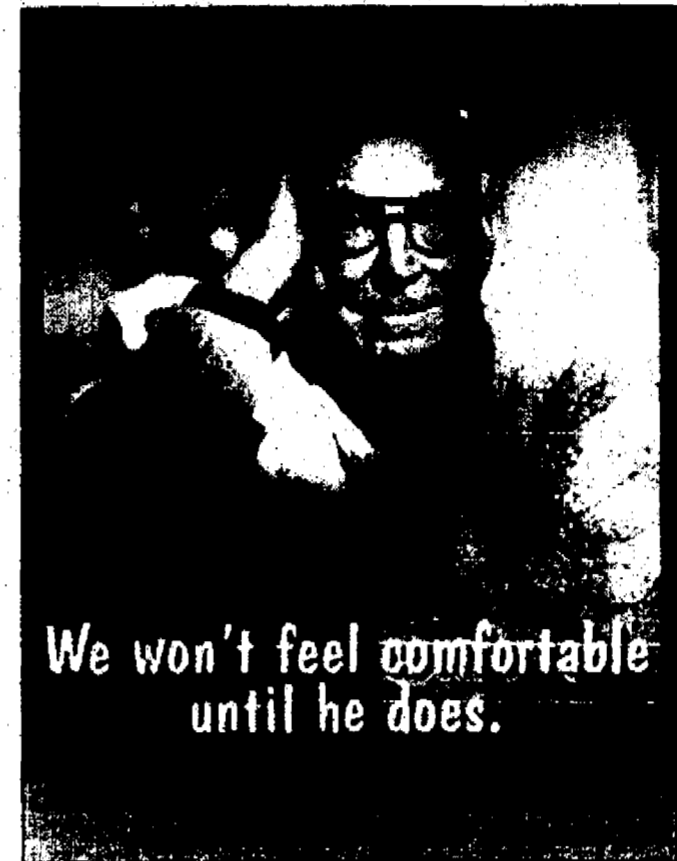
If so, perhaps you feel that food has taken control of your life. Garden City Hospital can help you gain back control.

The Center for Eating Disorders Treatment is a structured and innovative program that highlights the effectiveness of the group therapy process with this type of patient. Individual treatment sessions are also available, as well as body imaging, a nutritional component and aftercare support groups. Family involvement is encouraged.

Confidential and competent care is offered to adolescent and adult males and females seeking outpatient treatment for eating disorders, such as anorexia, binge-eating disorder and bulimia. The program is designed to be consistent with the latest research in the field, helping patients gain perspective and control over their lives.

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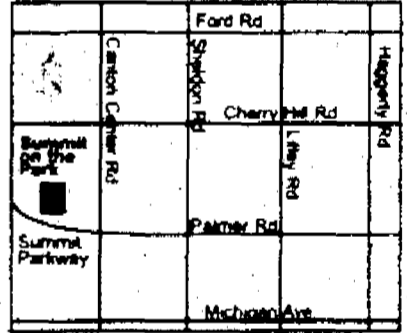
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## OBSERVER SPORTS SCENE

### Glenn's Gordon saluted

The Michigan High School Football Coaches Association recently honored Westland John Glenn's Chuck Gordon as Division I-Region II Coach of the Year.

Gordon led the Rockets to a 9-3 record and a berth in the Division I quarterfinals.

In 22 seasons as Glenn coach, Gordon is 177-54 with 11 playoff appearances since 1985.

Area players who received Academic All-State Special Mention by the MHSFCA include Tim Greenleaf (Livonia Churchill), Josh Moldenhauer (Lutheran Westland), Michael Schultz (Livonia Franklin) and Chris Gonzales (Redford Catholic Central).

### St. Michael cagers 1st

The Livonia St. Michael eight-grade girls basketball team captured the Mercy Hoops Christmas Classic Tournament (Dec. 27-29) with victories over Our Lady Queen of Peace (35-16), St. Fabian (22-19), and Divine Child in the finals (28-25).

Team members for St. Michael include: Melissa Bartnick, Kathy Carey, Megan Davison, Marissa DiPonio, Lauren Michaelson, Lauren Nugent, Jamie Rhodes, Lauren Troseil, Christine Williams, Julie Wooten, along with team captains Stephanie Day and Amber Willoughby.

St. Michael is coached by Ralph Fernley, Steve Grunick and Linda Willoughby.

St. Michael also won its own Thanksgiving Tournament with wins over St. Peter & Paul (53-20), St. Julianne (40-19) and St. John Newman (39-17).

### Squirt Leafs win title

The Livonia Squirt Leafs finished undefeated in the Wayne Hockey Association Christmas Tournament, capped by a 5-4 overtime victory over the Livonia Flyers Dec. 20 at the Wayne Civic Arena.

Tournament MVP Michael Jahn had a pair of goals, including the game-winner with 1:21 left in the first overtime.

Down 4-2, the Flyers pulled even on goals by Kevin Ruzylko and Derek Bower (six seconds left in regulation).

Justin Gilliam, Shawn Proctor and Jacob Wagaman also had goals for the victorious Leafs.

Aaron Haapala added a pair of assists, while Jahn, Proctor, Mike Sherron, Brent Sabo and Brian Parkinson contributed one each.

Rounding out the Leafs squad: Alex Campbell, Matt Yaroch, Adam Proctor, Andy Moran, Kyle Zagata, Justin Krauziewicz, Ryan Wood, and Aris Papaioannou.

The Leafs are coached by Tim Jahn and Andy Proctor. Team sponsors include Ardon Business Form and Alpha Title Agency.

### Indoor soccer champs

The Livonia Family Y Meteors, an under-13 girls soccer team, won the six-vs.-six Holiday Challenge with a 3-2 victory over Livonia United in the finals at Total Soccer in Wixom.

Members of the Meteors, who finished with 3-1 tournament record, include Maureen Bielski, Lauren Brodie, Amanda Carlisi, Kari Coleman, Mandy Hawley, Ele Keeler, Julie Mitchell, Jenny Perkins, Tracy Repoz, Lindsay Rowe, Samantha Ryder, Stefanie Stephens, Sandy Swish and Maggie Vaillancourt.

The Meteors are coached and trained by Frank Baker and Jeff Bobo. The team manager is Paulette Baker.

The under-11 Livonia Y Meteors, a boys soccer team, recently won their division at the seven-vs.-seven Holiday Challenge at Total Soccer at Wixom.

Trained by Marty Caves, the Meteors finished with a 3-0-1 record while outscoring their opponents, 29-17.

Members of the Meteors include: Kyle Bogenschutz, Ben Burton, Evan Chapman, Bret Driscoll, Alex Grimes, Steve Hart, David Herbeck, Luke Knechel, Matt Loney, Chris Mulcahy, Kevin Murphy, Bryon Niemczak, Ricky Roman, Ben Schroeder, Matt Rzepka and David St. Amant.

The head coach is Dave Burton. His assistants include Brian Bogenschutz, Dave Schroeder and Gary Niemczak.

# Churchill stops Spartans again

## Bennett's 22 sparks 71-54 triumph

BY RICHARD L. SHOOK  
STAFF WRITER

### BOYS BASKETBALL

Both teams had their moments. It's just that Livonia Churchill had more of them than Livonia Stevenson.

Churchill repulsed two Stevenson challenges Friday night and rolled to a 71-54 boys basketball victory in the Western Lakes Activities Association opener for both schools.

"We came out free and easy and shot the ball real well," coach Rick Austin of Churchill said. "Randall Boboige and John Bennett were outstanding."

Bennett had two threes and a pair of two-point hoops in the opening quarter to help the Chargers blitz the Spartans to the tune of 17-4 in the period.

Bennett, at 6-foot-4, poses a special challenge because he can shoot over most people from the outside at the high school level.

Churchill laid claim to at least a tie for the mythical Livonia city title with the victory. It had beaten Stevenson in December in a non-league game between the schools.

"I was disappointed," coach Tim Newman of Stevenson said. "I thought we were going to make a run at those guys."

"But to Livonia Churchill's credit, they did enough good things to deserve to win."

Guard Mike Lenardon led Stevenson (4-2) with 16 points, half coming in the second quarter. Harland Beverly scored 13 and sophomore Chris Severson added 10, all in the middle two periods.

Boboige's rebound basket with 5:52 left in the half gave Churchill a 26-4 lead but Stevenson reeled off seven unanswered points and then closed the half with a 15-5 spurt to cut the deficit to 35-26.

"I'm still not happy with our motion offense," Austin said. "We've got some good athletes, but they're not making good quick cuts and we're not passing the ball efficiently."

"Our ability to create is fabulous, though."

Stevenson came out in the second half and posted a 7-1 margin to cut the lead to 36-33 with 5:56 to play.

"We called timeout to go a little up-tempo," Austin said. "I thought we might have been falling asleep. We put a little pressure (defense) on, got ourselves back into an aggressive mindset."

Boboige made a shot from the wing, then Churchill turned two turnovers into layups. Josh Odom got a rebound basket and Ryan Cousino made a pair of free throws to restore the margin to 48-33.

Bennett was the game's high scorer with 22 points, 16 coming in the first half, while Boboige added 15, eight coming in the second quarter.

Cousino scored nine, but seven came in the third period and Odom had 11.

The Spartans had one more charge in them, though.

Beverly, who put a slam-dunk try off the back of the hoop out of bounds in an embarrassing moment earlier, stuffed one home with 3:45 to play to bring Stevenson up to 58-52.

Odom, however, made a free throw and two baskets to put the game away, 63-52, with 2:30 to go.

"We didn't quit," Newman said. "Give Churchill credit but our kids kept coming and coming. Those two quick turnovers killed us."

Please see REPEAT, B2

### Full extension



STAFF PHOTO BY NIGEL MITCHELL

Franks shot: Westland John Glenn's Michael Franks goes in for the layup in Friday's Western Lakes opener against Northville. The host Rockets led by 10 at intermission, but faltered in the second half en route to a 67-52 defeat. See boys basketball roundup on page B2.

# CC product makes most out of U-M opportunity

BY STEVE KOWALSKI  
STAFF WRITER  
skowalski@oc.homecomm.net

Joe Sgroi received a taste of what it's like to be a University of Michigan football player in the Spring Game last April.

The walk-on from Redford Catholic Central played some as a linebacker and after the game received, on a much smaller scale, the attention scholarship players get.

"The fans crowded on the field and anyone in uniform they asked for autographs," said Sgroi, a Plymouth resident who used to live in Livonia. "I thought 'Wow, this is cool.'"



Joe Sgroi  
U-M snapper

Sgroi also understands, and laughs, about the fact that some autograph seekers came to him because they didn't feel like waiting in line for one from stars like quarterback Tom Brady.

Little did anyone know this long shot would become one of the Wolverines' starting long snappers.

This is Sgroi's sophomore year at U-M, his first on the football team, and he would have been happy just standing on the sidelines in a U-M uniform at home games.

Earning playing time as a linebacker is still a long-range goal but his long snapping, a skill becoming more appreciated at all levels, couldn't be overlooked.

His chance came and he made the most of it, starting as the Wolverines' long snapper on punts for the last 10 games, including U-M's thrilling overtime win over Alabama in the Orange

Bowl.

After all that, signing autographs in a hotel lobby in Miami had to feel so much more natural.

### Everything's a snap

Jeremy Miller won the long snapping job on punts in the preseason but was lost for the season after breaking his arm against Rice in the second game.

In stepped Sgroi, who was told at mid-week before a game at Syracuse that he would take the trip and start as the long snapper on punts.

Ironically, Sgroi said he started snapping better after finding out he would be the starter.

"It was really exciting. Everyone kept saying 'this is so huge you're going to be so nervous,'" he said. "I was more excited than nervous. We work real hard on special teams, punting in particular. Coach (Lloyd) Carr said punt-

ing is the most important play in football."

Carr was as impressed as anyone with his debut.

"I guarantee everyone in this locker room has respect for the job Joe Sgroi did this week," Carr said after that game.

The U-M punters fielded all of Sgroi's snaps this year though not all met his approval. Still, none of the punts were blocked.

"I had a few where the punter had to move more than I'd like, or reach up, but nothing over his head," Sgroi said.

With Miller returning from injury there's no assurances Sgroi will keep the job.

"He's a real good long snapper and I'll have to work real hard to keep my spot," Sgroi said.

Please see Sgroi, B3

# Crusaders hit rock bottom in WHAC

BY C.J. BIRK  
STAFF WRITER  
cbirk@oc.homecomm.net

### COLLEGE HOOPS

Looking for a school that can match Madonna University's boys basketball team is a tricky task. In Wednesday's Wolverine-Crusaders game, the Crusaders dominated the Crusaders (now 5-15). The Cards refused to give in to adversity in the second half, scoring the lead for good midway through the first half and never looking back to get closer than a 10-point margin in the game's last 10 minutes.

"The big thing is, the guys feel they can't lose their share of adversity, and it's making them stronger," said Wild. "We have just eight guys, and one of them (freshman forward Eric Nisted) was hurt and couldn't play tonight."

"We're just trying to stay in it, keep it close and be in a position to win it. That's the attitude this team has."

Not giving in to adversity — that's a lesson Madonna should master.

Even though the Crusaders had a 10-point lead, the Cards scored 8-0 in the second half to tie the game at 24-24.

to score. Also, of the one senior and three juniors the Cards have on their roster, the senior and one of the juniors were among the missing.

No seniors. No batch. No size.

And yet, Concordia — 1-15 coming into the game — dominated the Crusaders (now 5-15). The Cards refused to give in to adversity in the second half, scoring the lead for good midway through the first half and never looking back to get closer than a 10-point margin in the game's last 10 minutes.

"The big thing is, the guys feel they can't lose their share of adversity, and it's making them stronger," said Wild. "We have just eight guys, and one of them (freshman forward Eric Nisted) was hurt and couldn't play tonight."

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more experience, with two seniors, even though they had nine players available (Mark Mitchell, a junior forward, was out with a rib injury), including the return of sophomore Mike Massey, the team's leading scorer last season who missed three games due to a suspension; even though they had the home-court advantage, Concordia outplayed them.

"We didn't play very well," admitted Madonna coach Bernie Holowicki. "We were flat. We didn't play with any intensity. They came in here and took it to us."

"We were not smart. I'm very disappointed. I can't fault the young kids, I've got to stick with them. They had no big guys, but our big guys were non-existent."

Indeed, Concordia outrebounded Madonna 49-36. Dave Behrke, a 6-2 junior guard, riddled the Crusaders for 28 points, but just as damaging, he slid past the Madonna defenders to grab a game-high 15 rebounds.

Madonna's rebounding leader was 6-5 senior Jason Skocylas with seven.

The game was close until the latter stages of the opening half. A basket by Trevor Hinesaw put Madonna up

21-20 with 9:33 left in the half; it was the last time the Crusaders led.

Concordia outscored Madonna 10-2 over the next five minutes and 19-10 in the last 9:33 to carry a 39-31 lead into the intermission.

Behind Massey's offensive spurt, the Crusaders closed to within 44-40 in the first 3:17 of the second half. Massey accounted for seven of their first nine points of the half.

But they never got any closer. It was 48-44 with 14:29 to go, then the Cardinals outscored Madonna 9-2 over the next 2 1/2 minutes to open up a 57-46 lead.

DeOndre Head added 20 points, six rebounds and two steals to Concordia's total. Jeremy Griffin had 12 points and five assists and Havlik scored 10 points. Erik Uhlinger, a sophomore guard from Livonia Churchill, contributed three assists and three steals in 29 minutes for the Cards.

Massey led Madonna with 22 points; he also had five boards and three assists.

Chad Putnam (from Redford Thurston) collected 13 points and five rebounds, Aaron Cox had 12 points, five rebounds and three steals, and Jordan Garrison scored 10 points.

**HIGH SCHOOL BOYS BASKETBALL ROUNDUP**

# CC outguns Borgess, 105-85

## Huron Valley gains 1st win; Trojans roll

It was an NBA kind of night as Redford Catholic Central outgunned Redford Bishop Borgess, 105-85, in a Catholic League Central Division boys basketball game played Friday at Detroit Benedictine.

Junior guard Ryan Celeskey led the victorious Shamrocks (3-4, 1-1) with 31 points and eight rebounds. Senior forward Rob Sparks added 23 points, while junior guard Anthony Coratti contributed 19.

Donald Didlake paced Borgess (3-3, 1-1) with 22 points. CC rang up 15 three-pointers and led 50-31 at intermission.

**•CLARENCEVILLE 74, LIGGETT 43:** Junior center Scott Wion scored a game-high 24 points and sophomore forward Tim Shaw added 21 as Livonia Clarenceville (3-4) cruised to the victory against Metro Conference foe Grosse Pointe Woods University-Liggett (0-5).

The game, however, did not count in the Metro Conference standings.

Roderick Morgan contributed nine points for Clarenceville, which jumped out to a 42-20 halftime advantage.

Sean Griffin led Liggett with 11 points.

"We got off to a good start and everybody played — it was a good win for us," Clarenceville coach Bill Dyer said.

**•HARPER WDS. 61, LUTH. WESTLAND 51:** What Lutheran High School Westland needed was less Moore.

Junior forward Corey Moore scored 20 points Friday night to lead the visiting Pioneers past the Warriors in the non-conference battle between Metro Conference foes.

Junior guard J. R. King and sophomore guard Marcus Morrison contributed 15 apiece to the Harper Woods cause. The Pioneers led, 13-9, after one quarter and 29-17 at halftime.

Harper Woods was a little quicker than Lutheran Westland and exploited that edge at critical moments. The Warriors cut a 16-point lead down to a half-dozen but could get no closer.

Guard Charlie Hoeft paced Lutheran Westland with 17 points while sophomore forward Brent Habitz and junior guard Luke Kasten had nine apiece.

Harper Woods made 20-of-30 free throws to 17-for-27 shooting at the line for Lutheran Westland (3-2).

**•HURON VALLEY 59, FLINT MSD 56:** The

Warriors got the new century off to a good start with their first victory of the season.

Alan Kleinke and Rene Arnal scored 19 points apiece Friday night to lead Westland Huron Valley Lutheran (1-4) to its non-conference victory over Flint Michigan School for the Deaf (2-2).

Flint MSD outscored Huron Valley, 22-9, in the third quarter to blow a 34-22 halftime lead but the Hawks righted themselves and won the fourth quarter by four points for the win.

"We played a good, solid first half," coach Tod Bartholomew said. "Then we got a little sloppy in the third quarter."

"We weren't moving the ball quickly enough and we were not playing well enough defensively. We let them get back into it."

"They even took the lead, but we showed something by taking lead right back. Winning on the road is always tough."

Chad Bradley led all scorers with 22 points for Flint MSD, which made 7-of-17 free throws to 12-for-22 free throw shooting for Huron Valley.

**•YPSILANTI 66, WAYNE 36:** The Braves are staking a claim on the Wayne-Westland championship.

Ypsilanti drubbed Wayne on Friday night after stuffing Westland John Glenn on Tuesday night. Both games were on the Braves' home court.

Jason Bird hit 21 points and Cedric Bird 11 to help Ypsilanti (4-2) take its second Michigan Mega Conference Red Division game in as many tries. Wayne (2-4) is winless in two Mega Red games.

Ypsilanti more than doubled Wayne up in the first quarter, 19-8, and extended its lead to 27-14 at the half. A 20-11 third quarter squashed the Zebras.

Sophomore forward Clifton Edwards paced Wayne Memorial with eight points and had 15 rebounds while junior forward Matt Patterson scored seven.

**•NORTHVILLE 67, JOHN GLENN 52:** Aaron Redden poured in 21 points Friday as the visiting Mustangs rallied from a 10-point halftime deficit to upend host Westland John Glenn (2-3) in the Western Lakes Activities Association opener for both teams.

Dave Gregor and Tim Ferng added 15 and 11, respectively, for Northville, which outscored Glenn 44-19 in the second half.

Yaku Moton, a 6-foot-8 senior center, led Glenn with 18 points and 15 rebounds. He scored 13 in the second half.

Brent Bogle and Michael Goree contributed 15 and 10, respectively.

**•WL CENTRAL 85, FRANKLIN 82 (2 OT):** The Patriots gave the host Vikings a battle but fell just a shot short.

Mike Copeland hit a 15-footer with one second to go in regulation to tie the score, 66-66, for Livonia Franklin (1-5) and the two teams staggered through the first overtime until time ran out with the score still deadlocked.

"Once we fell behind," said Patriots' Coach Dan Robinson, "we never really got back on top. We had some shots and opportunities we didn't take advantage of."

Franklin held a 36-27 lead at the half but was outscored in each of the final two periods of regulation.

The Patriots got 21 points plus 10 rebounds from forward Joe Ruggiero and 19 points plus nine rebounds from center Copeland. Tim Borrie had 18 points, including four three-pointers.

Steve Horn burned Franklin for 32 points, also making four long-distance shots. He also sank all but one of his seven free throws.

Central made 26-of-45 free throws, a statistic that was padded because Franklin had to foul at the end of the game. The Patriots made 16-of-26 free throws.

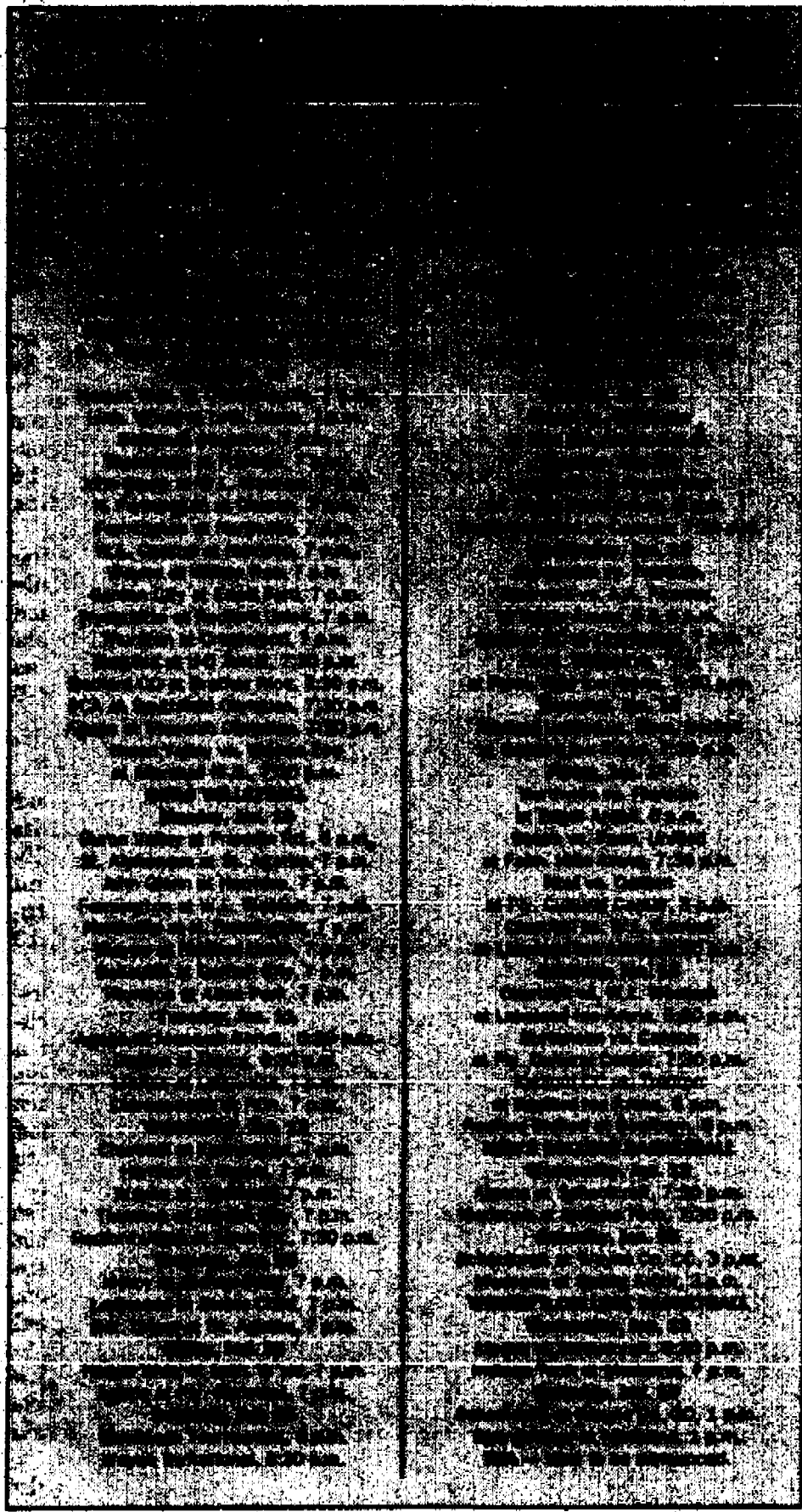
**•MILFORD 55, FRANKLIN 32:** Livonia Franklin (1-4) stayed close for three quarters Wednesday before the host Redskins (7-0) pulled away with a 19-6 run in the final quarter.

Mike Tobin, a 6-foot-8 senior, led Milford with 14 points. Mike Callahan, a 6-2 forward, added 13.

Franklin got a team-high 10 points from Mike Copeland.

The Patriots were ice cold from the field, shooting just 25.4 percent (14 of 55).

"If we had shot the ball decently, we could have made a game of it," said Franklin coach Dan Robinson, whose team trailed 22-16 at intermission. "Some of it was Milford's defense, and some of it was our inability to shoot."



**PREP BOYS SWIM RESULTS**

**FARMINGTON HILLS HARRISON 120 LIVONIA CHURCHILL 63**  
Jan. 6 at Churchill

**200-yard medley relay:** Harrison (Rob Gundlach, Brandon Goad, Max Suttles, Steve Mareone), 1:54.31; **200 freestyle:** Devin Hopper (FHH), 1:55.44; **200 individual medley:** Goad (FHH), 2:15.01; **50 freestyle:** Suttles (FHH), 24.80; **diving:** Morgan Truscott (LC), 91.55; **100 butterfly:** Gundlach (FHH), 1:04.66; **100 freestyle:** Danny Price (FHH), 54.12; **500 freestyle:** Hopper (FHH), 5:13.96; **200 freestyle relay:** Harrison (Hopper, Price, Mark Benevigna, Suttles), 1:39.36; **100 backstroke:** Gundlach (FHH), 1:04.96; **100 breaststroke:** Goad (FHH), 1:10.41; **400 freestyle relay:** Harrison (Hopper, Price, Benevigna, Suttles), 3:41.66.

**Dual meet records:** Harrison, 2-1; Churchill, 0-1.

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THURSDAY, JANUARY 13 vs. CHICAGO • 7:30 pm on UPN 30

## Lady Crusaders ambushed by Concordia in WHAC test, 78-64

A bad start proved too difficult to overcome for Madonna's women's basketball team, which lost its WHAC opener at Concordia by a 78-64 margin Wednesday.

The loss dropped the Lady Crusaders to 6-7 overall; Concordia is 8-4 overall.

The game was close through the first 10 minutes of the opening half, with Madonna trailing 20-16. But in the final nine minutes, the Cardinals put together an 18-6 scoring run that gave them a 38-22 halftime lead. Kristy Bilbie scored six of those points and Stacey Osborne had five.

Madonna managed to trim that 16-point deficit

to six in the second half, the last time with 1:09 left. But the Crusaders couldn't get any closer.

Chris Dietrich paced Madonna with 20 points, five rebounds, four assists and four steals.

Kristi Fiorenzi (from Plymouth Canton) added 12 points and nine boards, Jennifer Jacek had nine points and five rebounds, and Melissa Poma (Livonia Ladywood) contributed eight points, five rebounds and four assists.

Bilbie's 22 points topped Concordia; she also had eight boards and five blocked shots.

Beth Arends added 20 points, and Osborne totaled 11 points, seven rebounds and six assists.

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### Repeat from B1

Stevenson made just two of the 15 shots it took in the opening quarter, but not many of them were clean looks at the basket.

"We didn't execute," Newman said. "And the shots we did get, we had to work too hard to get. We kept breaking our patterns, and you can't do that against good ball clubs."

Churchill used its two-platoon system in an effort to give its juniors the experience they'll need to carry the team next year.

"They have to learn to maintain what our starters build up," Austin said. "They did that the first three games of the season. But not the last two. Since the holidays, it's been tough for them to start up."

"I think we've got some talent," Newman said, "but after six games your sophomores, juniors and seniors ought to mesh."

Beth teams have a week to get ready for their next games.

Churchill hosts Plymouth Salem on Friday while Stevenson goes to Livonia Franklin.

### SUMMER HOOP CAMP

Applications are being evaluated for the Ten Star All-Star Basketball camps for boys and girls (ages 7-19).

Nearby camp locations include Fort Wayne, Ind., Canton, Ohio, and Georgetown, Ky. For an evaluation form, call (704) 372-8610.



**SPORTS ROUNDUP**

**PREP COACHES WANTED**

•Livonia Clarenceville High School is seeking a varsity boys basketball and a varsity girls basketball coach.

Those interested should contact Clarenceville athletic director Chuck Sorentino at (248) 473-8926.

•Walled Lake Western High School needs a varsity boys soccer and assistant boys soccer coach.

For more information, call Walled Lake Consolidated Schools athletic director David Yarbrough at (248) 956-2074.

**SKATE WITH WARRIORS**

Wayne State University's first-year men's hockey program is giving the public a chance to skate with the players after the Warriors' game against SUNY-Brockport, which starts at 7 p.m. Saturday, Jan. 15, at the State Fairgrounds.

All skaters need is to bring their own skates. In addition to skating with the players, 1,000 free team photographs will be given to the first 1,000 children (17 and under) attending the game. The players will be available to sign the photographs.

Fans who bring cameras may take pictures with the WSU players.

For ticket information, call (877) WSU GOAL.

**JOIN OVER-50 SILVER STICKS**

A new over-50 hockey will be being formed Tuesday mornings at the Arctic Pond Ice Arena in Plymouth.

The league is open to retirees, second-shift workers or players with a flexible schedule looking for a fun and recreational hockey.

Game times are 8:30, 9:30 and 10:30 a.m. Tuesdays, starting Jan. 18. The cost is \$165 per player (includes 10-game schedule, plus playoffs, along with free donuts and coffee following games).

For more information, call John Wilson at (248) 471-0658 or E-mail Wilson at JOHN@RSPI.NET.

**SUPER BOWL 5K**

The Super Bowl 5-kilometer run will be at 11 a.m. Sunday, Jan. 30 at the Running Fit Store, located in the Novi Town Center, Novi Road just south of I-96.

The entry fee (before Jan. 25) is \$16. Race day registration is \$20 per person. Entry forms are

available on the web site: [run-michigan.com](http://run-michigan.com).

Runners will receive a T-shirt, refreshments and age-group awards. Proceeds will go to the Michigan Running Foundation's scholarship fund.

For more information, call (248) 478-3596.

**YOUTH BASEBALL CLINICS**

•The Wayne State University Baseball Winter 2000 Development Hitting Camp, conducted by the school's baseball coaching staff, is open for all baseball hitters in grades seven through 12 who reside within 100 miles of WSU.

The philosophy is to teach and develop secondary school hitters in the fundamentals of hitting.

There are three sessions held on four consecutive Saturdays: Jan. 22 and 29 and Feb. 5 and 12. Session I: 8 a.m. to 10 a.m.; Session II: 10 a.m. to noon; Session III: Noon to 2 p.m.

Each session is limited to 20 campers on a first-come basis. Cost is \$100 per camper. Call (248) 477-6590 for more information.

•Avery's All-Star Hitting Camp, conducted by Oakland University coach Mark Avery, is for ages 11 through 18. Wooden bats will be used.

The camp costs \$210 per player and runs five consecutive Saturdays or Sundays, beginning Jan. 15 or 16.

Bruce Fields, a former Major League player now managing the Grand Rapids Whitecaps Minor League team, is one of Avery's instructors.

There is a four-to-one camper to coach ratio.

Call Avery at (810) 523-1953 or Andy Fairman at (248) 672-1819 for more information.

**YOUTH BASEBALL TRYOUTS**

Tryouts for the WaCo Wolves 14- and 12-and-under travel baseball teams will be at 7 p.m. Tuesday, Jan. 11 at Upper Deck in Northville.

The 14-and-under team will travel to West Virginia for a tournament, while the 12-and-under squad will play at the Disney Baseball 2000 Tournament in Lake Buena Vista, Fla.

For more information, call Bill Hardin at (313) 562-4667.

**Sgroi**

Long snapping is a new skill to Sgroi, who learned these duties four years at CC and since the fourth grade at St. Michael School in Livonia.

"John Dupuis (a St. Michael coach) taught me, he is real good at it," Sgroi said. "That's definitely where I learned it."

Sgroi was a two-year starter at linebacker for the Shamrocks, earning first team All-Observer honors as a senior when CC won a Class AA state championship.

When used exclusively as a long snapper, Sgroi takes a different mentality to the field.

"It's so much different going in to long snap as opposed to high school where you're playing every single play," he said. "In high school you try to get so pumped up. Now it's just the opposite and I just try to relax. You could be too excited and intense and snap the ball over the punter's head."

**Academics first**

Sgroi attended a U-M football camp the summer before his senior year at CC and knew his only chance to ever play there would be to walk on.

He passed up football scholarship offers to smaller schools and decided to attend U-M for academic reasons, choosing to not play as a freshman. He carries a 3.2 grade point average and hopes to be accepted into the business school.

"I talked to the (U-M) coaches and they invited me to play as a walk on but I changed my mind and thought my career was over," said Sgroi, who had a change of heart after his first semester. "I kind of missed it and after being here said 'I could hang with those guys.'"

The snap is the No. 1 priority

**Lady Trojans spike Cranes**

It was a total team effort Thursday as Livonia Clarenceville earned a 5-15, 15-10, 15-7 Metro Conference girls volleyball victory over host Bloomfield Hills Kingswood.

Rachael Koernke was Clarenceville's top hitter with 10 kills in 27 attempts.

Sophomore Faye Creteau added six kills, but more importantly the Trojans scored 19 points for the match off her serves.

Felicia Hernandez came off the bench to serve three aces, while setter Nicole Kasparian recorded 14 assist-to-kills. Vera Skrela provided consistent defense as the Trojans improved to 2-0 overall.

**Lady Warriors fall**

Lutheran High Westland almost overcame an injury to its starting setter, but a late rally fell short Thursday and Rochester Hills Lutheran Northwest took a 9-15, 15-13, 15-13 victory.

Heather Haller, the Warriors' No. 1 setter, ran into the bleachers during warmups and put a deep gash in her knee. She was taken to the hospital for stitches and the preliminary expectation was that she would be able to return to action before too long.

"We played a real good first game," Coach Joan Ollinger said after her team lost its first Metro Conference match of the season. "We played together and real well as a team."

"But in the second game we started to fall apart. We were down 13-0 in the third game before we came back."

Jennifer Dash served eight winning points in a row to cap the comeback and square the score at 13-13.

"It went back and forth from that point and they won on our error," Ollinger said. "But it was a good game."

Anna Rolf got some good, smartly placed outside hits in. Ollinger said, while Sarah Marody registered some good blocks.

"Amanda Sales nailed a couple of good hits," she said, "and out setting was well done by Krissy Rose and Rene O'Brien."

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purpose your Staff demonstrated when implementing Mom's needs. These words do not adequately state our feelings towards you and your people, who have left a positive, indelible impression.  
D.J. - Northville

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# Falcons get best of Hawks in battle of unbeaten

BY DAN O'MEARA  
STAFF WRITER  
domeara@oe.homedomain.net

Anyone wondering just how good Farmington High is in boys basketball got his answer Friday night.

That includes the Falcons themselves, who rolled over their first five non-league opponents and were undefeated heading into their first game of 2000.

Farmington's record is still perfect after opening Western Lakes Activities Association play with a 54-40 victory over visiting Farmington Harrison in a battle of unbeaten teams.

"We were 5-0 but nobody really knew how good we were, because we hadn't played top competition yet," Farmington coach Denny Mikel said.

"I told (the Farmington players) I thought this would be a big step toward people believing Farmington has a good basketball team, and I think a win over Harrison will help us get some recognition the kids have been looking for.

"It'll be a dogfight from now on. In the WLAA, you have to be ready every night."

The Falcons were certainly ready Friday, playing excellent defense and benefitting from a big game by 6-foot-5 senior Brian Davies.

Before the game, Mikel wrote 40 points on the board and told his players he thought Farmington would win if it held Harrison to that number.

"We told the kids defense was going to win the ballgame," Mikel said. "I know we're going to score some points; I'm not even concerned about that.

"But, if we can focus on the defensive end of the game and hold teams to 40 points or less, I think we're going to get a lot of wins."

The Falcons spread the floor with their defense and neutralized Harrison's big man, 6-foot-6 Joe Hundley, preventing the Hawks from setting up and pounding the ball to him in the post.

"They took Joe out of the game, not with their big guys, but with their little guys," Harrison coach Dave Turnquist said. "They went to a full-court defense and dropped back into a zone.

"It was the quick, perimeter guys who changed the tempo of the game. Once the tempo changed, our decision making began to change. We didn't get the opportunities we would've liked to see."

The Falcons alternated between man-to-man and zone defenses, a box press and a half-court trap to keep the Hawks out of sync offensively, Mikel said.

"If we changed our defenses, we thought we could confuse them and keep us focused as to what we were trying to do," he said.

Davies scored 14 of his game-high 18 points in the first half, including 10 in the second quarter, to propel Farmington to a 32-23 halftime lead. He also had 12 of his team's 43 rebounds.

"He's as improved a player as they have, and they have a lot of improved players," Turnquist said. "He has a good mix of size and athleticism. He certainly got the ball in areas of the floor where he can be dangerous."

Senior point guard C.J. Whitfield had a good all-round game with 11 points, six assists, four rebounds and two steals.

Senior post Justin Milus, who spent much of the first half on the bench with three fouls, finished with eight points and eight rebounds.

Junior guard Matt Mikel added seven points, and senior forward Chad Seaborn had nine rebounds and six points.

Senior Matt Knox came off the bench to lead the Hawks (4-1) in scoring with 12 points. Senior

Brian Nelson scored nine, Hundley and senior Brad Tucker seven apiece.

Mikel said the Falcons were concerned defensively about Hundley, Nick Hall and Nelson but especially Hundley.

"We didn't want Hundley to get the ball in the low post," he said, "and when the ball was shot we wanted to find Hundley, box him out and not let him get to the boards."

A reverse layup by senior Jere-

## BOYS HOOPS

my Maze followed by a steal and basket by Whitfield gave Farmington a lead it never lost late in the first quarter, 15-14.

Davies took over in the second period as the Falcons went on an 11-2 run to take a 32-21 lead. Davies capped the run by grabbing a teammate's missed free throw off the rim and putting it

back.

"(Davies) played AAU ball in the summer and ever since he had that experience he has improved his game 100 percent," Mikel said.

"He has gotten stronger from football and weights, and that has given him the confidence to play more aggressively."

Milus returned to score six points in the third quarter as the Falcons extended their lead to 12 points, 44-32.

Harrison got as close as eight in the final period, 48-40, with just over three minutes left before Farmington took the air out of the ball and finished off the win.

Turnquist said he was disappointed about the result but not his team's effort.

"The key is it's the first league game," he said. "We're still going to be a good basketball team. I don't hesitate in saying that at all.

"The effort was where it should be; the execution left something to be desired. (The Hawks) won't argue that. We're a growing group. We're looking forward to enjoying a lot of success."

Farmington made 21 of 61 shots for 34 percent; Harrison sank 16 of 53 attempts for 30 percent. The Falcons also connected on 12 of 22 free throws, the Hawks six of 13.

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ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

## Sculptor goes public about the role of art

When Sergio DeGiusti was approached by Blue Cross/Blue Shield to create a sculpture for its new building in downtown Detroit, one of the Redford artist's first considerations was giving a face to the health care company. DeGiusti believes public art should make viewers think and not just serve as decoration. He'll give a lecture on the subject, and show slides of public art, including his 9-foot bronze sculpture of mankind in different stages of life and death. Wednesday, Jan. 12 at the Farmington Hills Branch Library.

DeGiusti hopes passers-by search for their own meaning in the shrouded figures emerging from "Urban Stele," installed in October in front of the new Blue Cross/Blue Shield headquarters in downtown Detroit.

### Concern for mankind

The word 'Stele' refers to an upright slab or pillar which is engraved with inscriptions or images, and used as a monument or commemorative mark-



**Urban Stele:** Sergio DeGiusti stands next to the bronze sculpture he created for the plaza in front of the new Blue Cross/Blue Shield building in downtown Detroit.

er. The front of "Urban Stele" looks like an ancient frieze and incorporates the heads of people from various cultures amidst flowing drapery. The back includes an imaginary landscape that speaks to the natural forces of time on our planet. Fossils and anthropological remnants symbolize primordial life.

"I wanted to show that Blue Cross/Blue Shield stands for helping others, a concern for mankind," said DeGiusti. "I want them to feel something about our time, who we are, maybe bring their own concerns to it. Every person will see something different. You have to leave out the obvious. When you don't, there's nothing to think about."

Artists who "play it safe" is one of the concerns DeGiusti will address in the lecture hosted by the Farmington Artists Club.

"Public art is part of a history of people, a reflection of the values of a society," said DeGiusti who feels "that the public art being created today lacks insight." In the lecture, he'll discuss the role and importance of public art.

What: Redford artist Sergio DeGiusti gives a lecture to the Farmington Artists Club.

When: 8 p.m., Wednesday, Jan. 12. The meeting begins at 7 p.m.

Where: Farmington Community Library, 32737 13 Mile Road, (between Orchard Lake and Farmington Roads), Farmington Hills.

For more information about joining the club, call Helene Lewicki at (248) 478-8243.

Please see EXPRESSIONS, C2



**Spirit Earth:** Todd Marsee exhibits his paintings in a one-man show at the Plymouth Community Arts Council.

BY LINDA ANN CHOMIN  
STAFF WRITER  
lchomin@oe.homecomm.net

Todd Marsee is not averse to using any method necessary to create his paintings: A wax paper technique gives the exteriors of cathedrals a lyrical look, while the mixing of acrylic wall paint, watercolors and inks imparts the images of leaves onto newer works. Marsee began painting ginkgo leaves to experiment with a new set of watercolors.

All of these innovations can be seen in "Spirit Earth," Marsee's one-man exhibition at the Plymouth Community Arts Council. The show demonstrates that there are no limits for Marsee when it comes to conveying the beauty of nature and architecture in painting. The Plymouth artist even collaborated on a watercolor of a stained glass window and gargoyle with his wife, Kara. He painted the ethereal window; she the gargoyle, a creature that seems to come to life before it.

"Part of the excitement is that I don't always know what I'm going to come up with," said Marsee.

### Love of nature

A lone evergreen appears throughout many of the works and frequently is silhouetted against a purple sky. Marsee uses it to convey to viewers a love of nature. He and Kara enjoy hiking in the mountains in Colorado and on Lake Superior's shoreline.

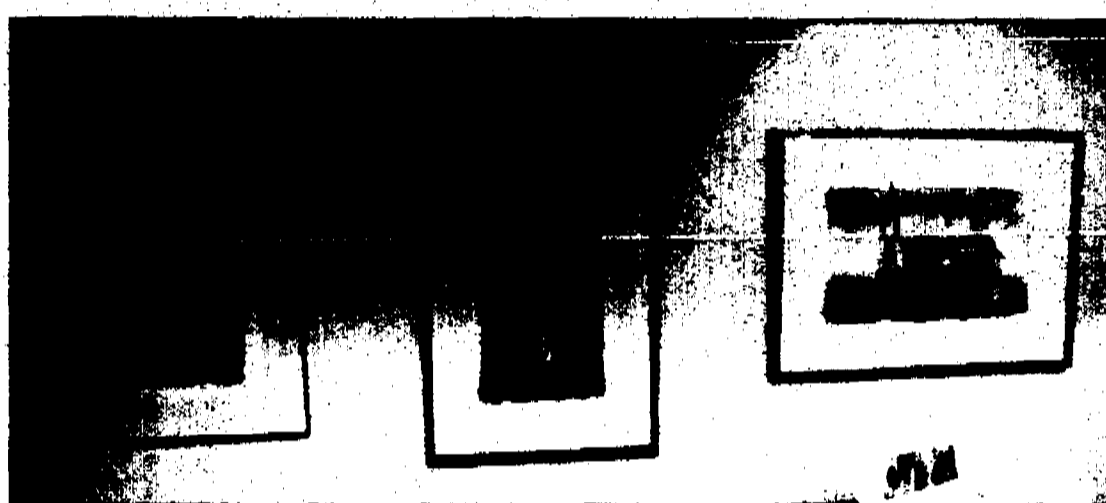
"The tree is an interpretation of a view you'd have in the Rockies," said Marsee. "Sitting on the mountains, you can look out and feel your connection to the universe. The pine tree represents the forest. The circle is spirituality and the universe. The colors I chose to be soothing. I hope people get a feeling of relaxation, that all humankind is one on this earth. I would like to stress peace with everyone."

### "Spirit Earth"

**What:** Todd Marsee exhibits recent watercolors inspired by nature and architecture.

**When:** Through Wednesday, Jan. 26. Hours are 9 a.m. to noon Monday-Tuesday and Thursday, and until 9 p.m. Wednesday and Friday, weekends by appointment.

**Where:** Joanne Winkelman Hulce Center for the Arts, 774 N. Sheldon at Junction, Plymouth, (734) 416-4278.



**Gothic architecture:** A trip to Spain inspired Todd Marsee's paintings "Cathedral" (left), "Cozart Cathedral" and "Ode to Joy."

Marsee's Cherokee-and-Osage heritage inspired his Indian-theme works "Dream Spirit" and "Earth, Wind, Fire, Water." Between them they incorporate bird feathers, a wasp nest and oak leaves retrieved from vegetation and creatures living on Mother Earth.

One of the first works in which he dealt with the subject of nature, "Earth 94," was painted during his student days at Sienna Heights College in Adrian. It was while he was studying for a bachelor of fine arts degree that Marsee met Kara.

"I started that in college. Walking along on hikes, I'm always picking up leaves," said Marsee. "The ginkgo-leaf paintings were inspired by hiking. There's quite a few Ginkgo trees around town. I'm trying to capture the spirit of the earth through a leaf."

### Full circle

Marsee comes full circle with the show at the Plymouth Community Arts Council. Classes at the arts council aroused Marsee's curiosity about drawing and painting when he was young.

"I took my first classes downtown at the PCAC when I was 7 or 8, so it's an honor to have a show here. It shows how important it is to support the arts."

Arts council executive director Jennifer Tobin bought a four-panel work that incorporates many of Marsee's subjects. She's been following his painting for some time.

"I love his work because I love nature," said Tobin. "Todd has such a unique motif I can spot his work anywhere. I first saw it at Bushel's Cafe and then at Art in the Park in Plymouth. The one I bought has a bit of all of his favorite subjects - a

# PAINTER CONVEYS EARTHY SPIRIT IN ETHEREAL WORKS

pine tree, leaves and a planet. It's earthy."

Marsee's interest in gothic architecture comes shining through in the translucent paintings of cathedrals. "Ode to Joy" was created while listening to Marssee's favorite Beethoven symphony. A trip to Spain inspired the paintings "Cathedral" and "Cozart Cathedral." Marsee fell in love with the Gothic architecture of cathedrals while visiting Spain with his class from Plymouth Salem High School. His interpretations of the cathedrals have an ethereal feel to them, as if they were part of the earth. It's a complete departure from the designs Marsee produces for his day job as creative director at Insite Web Design in Plymouth. Clicking keys

and a mouse, Marsee creates and maintains client Web sites.

The Gothic cathedrals are "a conglomeration of all the cathedrals I've seen," said Marsee. "They're amazing pieces of architecture with detail everywhere you look."

### Reasonable

At a time when art prices are soaring, Marsee's works are reasonably priced. Unframed paintings sell for as little as \$15.

"I want them to hang on people's walls and not in my basement," said Marsee.



**Bird's eye view:** Todd Marsee's smaller works make a nice grouping for an end table, shelf or just about anywhere.

## DANCE

# Events provide overview of history, styles of dance

BY NICOLE STAFFORD  
SPECIAL EDITOR  
nstafford@oe.homecomm.net

To simply say the Stuttgart Ballet is one of the most respected and oldest ballet companies in the world - dating back to 1609 - might leave the wrong impression.

To add that the German-based company whose audiences with technical precision and beauty still wouldn't conjure up the full picture for those interested in attending their local debut this week at the Detroit Opera House.

Stuttgart's current contemporary repertoire is known for giving dance-goers astonishing beauty and amazing precision, while seducing their audiences.

"Because of the athleticism and the movement and the dealing with relationships - male and female dancing together - and the costumes, it is very seductive," said Bradley Stroud, director of dance at Michigan Opera Theatre, presenters of the concert.

"With a lot of contemporary dance, you don't know what's going on, and it's not fun to watch," said Stroud of Birmingham. "This is so beautiful, even those audience members who don't know much about contemporary dance will enjoy the performance."

Of the six sizzling pieces slated to entice Detroit



**Body power:** The Stuttgart Ballet's athletic ability and stamina flows in the company's performance of "Kazimir's Colours."

audiences, one, entitled "Delta Inserts," comes from choreographer Kevin O'Day, a native of Detroit.

O'Day, who has performed with several nationally recognized companies, including the American Ballet Theatre, the Jeffrey Ballet and Mikhail Baryshnikov's White Oak Dance Project, is known for keeping his dancers in constant, kinetic motion within the space of the stage.

Set to gritty, electronic, blues-based music by American composer John King, "Delta Inserts" explores love and war between the sexes and gender roles at the close of the 20th century. O'Day shifts between pitting his dancers against one another and unifying them in action. And, the effect is a dramatic and turbulent display of athletic prowess.

While several pieces from the company's Detroit program are set to music by classical composers (Brahms, Shostakovich, Vivaldi and Bach), and the marks of classical ballet are ample throughout the wide-ranging production, Stuttgart takes a turn towards performance art with "Dos Amores."

Taking love in all its forms, particularly the phenomenon of falling in love, as its subject, "Dos Amores" incorporates six silver pendulums and 12 dancers into the choreography. Two poems written

### Perspectives on dance

■ **Stuttgart Ballet:** Sensual ballet works including "Delta Inserts," choreographed by Detroit native Kevin O'Day and three American premieres. **Detroit Opera House**, Detroit, 8 p.m. Thursday-Saturday, Jan. 13-15, 2 p.m. Sunday, Jan. 16. Tickets \$17-62. Students from local dance studios who contact DOH receive two tickets for the price of one. Call the box office, (313) 237-7464 or TicketMaster, (248) 645-6666.

■ **Babe Miller Company:** Challenging cultural identities through post-modern dance - **Power Center for Performing Arts**, Ann Arbor, 8 p.m. Saturday, Jan. 15. Tickets \$16-32. Call (734) 764-2538.

■ **When the Spirit Moves:** Exhibit of dance as a subject of African American art and conveyor of history. **Charles H. Wright Museum of African American History/Detroit Historical Museum**, Detroit. Exhibit opens Saturday, Jan. 22 and continues through Sunday, April 23. Hours are 9 a.m. to 5 p.m. Tuesday-Sunday. Admission \$5 adults, \$3 children. Call (313) 494-5800.

Please see DANCE, C2

# Expressions from page C1

...what is good art, and what is decoration.  
DeGiusti should know. He's been creating and photographing sculpture for more than 30 years. If you missed his exhibit at the Cary Gallery in Rochester in October, plan to attend the Birmingham Bloomfield Art Center's showcase of DeGiusti's work in September.

## Challenging people

"We want to be placing artworks for people to learn something. Public art has to challenge people's perception of a monument. The decorative is mundane with highly recognizable imagery that doesn't challenge the psyche. European sculpture has a history of not being afraid to challenge the public."  
Blue Cross/Blue Shield spokesperson Kaye Moore-Doane likes DeGiusti's work because it prods viewers to contemplate its meaning. DeGiusti was just one of five artists the health care company chose to create art in this manner. A mobile by Christine Hagedorn of Troy was installed inside the new building at Lafayette and Beaubien. Detroit artist Gilda Snowden

**'We invite visitors and potential members to attend the lecture because Sergio DeGiusti is so well known. I want to see more of his work and hear him talk. You always learn something.'**

*Alice Hoch*

*Farmington Artists Club spokesperson*

painted a colorful abstract for the lobby. Robert Sestock, Royal Oak, and Kenneth Thompson, Blissfield, created outdoor sculptures.

The commissioning of public art is part of an ongoing commitment by Blue Cross/Blue Shield to support Michigan artists while creating a pleasant working environment for employees.

"Our art committee had a specific agenda," said Moore-Doane, who works in Southfield. "We're going into the new millennium. We wanted to stress that we help people go from sickness to wellness. And part of those who we care for are children."

In addition to content, DeGiusti had to take into account the site where the sculpture would be installed. At the lecture, DeGiusti will give a brief description of the process that

goes into creating a sculpture, right down to having Booms Stone Co. of Redford cut the granite base on which it rests. Most of DeGiusti's commissions are displayed on walls, so size was a consideration also. This relief would not grace a wall like the 20-panel frieze DeGiusti created for the State of Michigan Library and Archives in Lansing.

"We invite visitors and potential members to attend the lecture because Sergio DeGiusti is so well known," said Alice Hoch, Farmington Artists Club spokesperson. "I want to see more of his work and hear him talk. You always learn something."

*If you have an interesting idea for a story, call arts reporter Linda Ann Chomin at (734) 953-2145 or send e-mail to lchomin@oc.homecomm.net*

# Dance from page C1

by Chilean poet Pablo Neruda overlay contrasting musical selections, sparse percussion and baroque by Vivaldi.

Unlike most New York City-based dance companies, which are attracted to straight, clean lines and quick movements, the Stuttgart embraces hallmarks of Western European dance, lyrical beauty and emotion.

"(Stuttgart) is a different vocabulary, a totally different movement," said Stroud. "You recognize a lot of classical ballet in this, but it's contemporary. It's a good indoctrination for anyone who has not seen a lot of contemporary dance."

Dance, like technology, boomed in the 20th century and is poised to evolve in new directions in the next millennium, particularly as dance companies and performance venues search for ways to make dance more accessible and appealing to mainstream audiences.

Dance created today engages us in dialogues about politics and culture, relays historical experience and, even, impacts other art forms.

While that might sound like a stretch, it comes together when audiences are able to consider

contrasting dance styles at once. And, metropolitan Detroit dancers and those curious about the art form have been afforded such an opportunity.

Along with Stuttgart's visit, two radically different dance events are slated for January: a visual exhibit of African American dance in art and history opens Jan. 22 at the Charles H. Wright Museum of African American History and the Detroit Historical Museum.

Running through April 23, the exhibit explores how African American art portrays their culture's dance, and how these dance forms represented the African American experience and generally impacted American dance.

New York's Bebe Miller Company also takes up issues of cultural identity on Jan. 15 at the Power Center for the Performing Arts in Ann Arbor.

A product of post-modern dance, choreographer Bebe Miller mixes performance art with contemporary dance, making political statements about race and community along the way.

In "Going to the Wall," one of two pieces the company will pre-

sent, the audience witnesses a series of stories representing community, "otherness", group rebellion and aloneness. In "Solo," Miller herself performs the music and monologues that accompany the choreography.

"With Bebe Miller it's not just what's happening on the stage with movement," said Ben Johnson, director of education and audience development for the University Musical Society, which produces the event.

"It's the overall effect of the production. She sets an introspective mood. It's a very meditative experience."

The program includes a post-performance discussion led by Miller and a pre-performance lecture to help audience members less familiar with post-modern and contemporary dance put the company's work in context.

"That's what it's all about — educating our audiences," said Johnson. "I think that there are a lot of exciting things going on dance right now. People who are into theater and visual art would have a natural connection with dance today. These are art creators, rather than just dancers."

## ART BEAT

**Art Beat features various happenings in the suburban art world. Send Wayne County arts news leads to Art Beat, Observer Newspapers, 36251 Schoolcraft, Livonia MI 48150, or fax them to (313) 591-7279.**

### JAZZ MUSICIANS WANTED

The Schoolcraft College Jazz band has a few openings for the second semester. Rehearsals/auditions will be held Monday, Jan. 10 in Room 310 of the Forum Building on campus, 18600 Haggerty, between Six and Seven Mile roads, Livonia.

There are possible openings for drums, piano, guitar, and other sections. For more information, call Jack Pierson at (734) 420-8984.

### CLASSICAL CONCERT

Schoolcraft College's music department continues its free concert series with violinist Paul Kantor, cellist Sarah Cleveland, pianist Michelle Cooker, and

soprano Glenda Kirkland noon Wednesday, Jan. 12 in the Forum Recital Hall on campus, 18600 Haggerty, between Six and Seven Mile roads, Livonia.

Program highlights include the Trio, Opus 32 by Anton Arensky and selected songs by Sergei Rachmaninov.

### OPENING RECEPTION

Meet Plymouth watercolorist Toni Stevens at a reception 2:30-4:30 p.m. Saturday, Jan. 15 in the Fine Arts Gallery at the Livonia Civic Center Library, 32777 Five Mile, east of Farmington.

Stevens' one-woman show, "Looking Back/Facing Forward," continues through Monday, Jan. 31 at the library.

Hours are 9 a.m. to 9 p.m. Monday-Thursday, until 5 p.m. Friday-Saturday, and 1-5 p.m. Sunday.

### STORYTELLING FESTIVAL

Canton Project Arts holds its second annual storytelling festival Saturday, Jan. 22. "Storytelling Through the Ages" provides hands-on workshops and concerts for children and adults throughout the day and evening.

Tickets for the entire day and evening event are \$5, \$15 for a family of three or more. For advanced ticket reservations or more information, call (734) 397-6450.

Mother Goose will delight young children with a visit. Magician/folklorist Marc LeJarett dazzles children and adults with magic tricks woven in his tales of old. Adult workshops will stress the use of story to preserve family history and build character. The children's show takes place 1-2:30 p.m. and a family concert 7-9 p.m. at the Summit on the Park Community Center.





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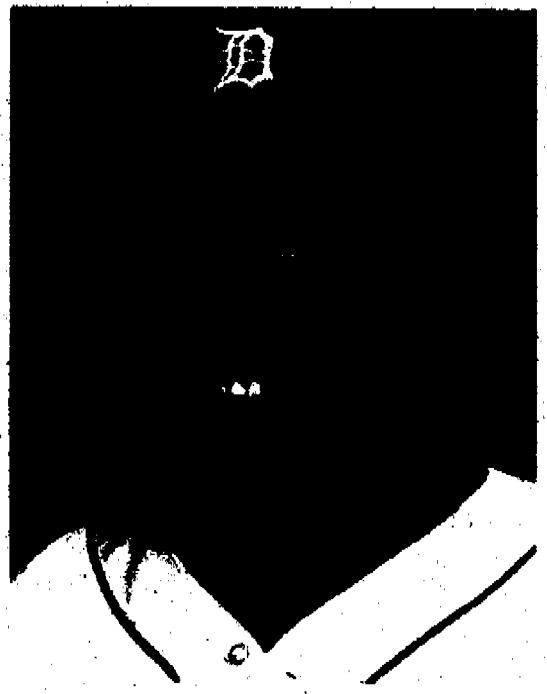
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# Malls & Mainstreets

Nicole Stafford, Editor 248 901 2567 nstafford@oe.homecomm.net on the web: http://observer.eccentric.com

Sunday, January 9, 2000

## Add color to winter looks with gloves and hats

### REAL DEAL



CARI WALDMAN

While the outlook for spring apparel is bright and sunny - just take a glance at the glossy pages of the most recent fashion magazines - the weather forecast still calls for another few months of cold temperatures where you and I live.

Chances are you already own a scarf, hat and gloves at this point in the fashion

season. But haven't you tired of throwing on that same boring trio of winter garments? Do you yearn for a punch of style and the prospect of change?

So, what does it take to put a little bit of spark into your mid-winter routine, you ask?

Introduce color and texture to your outdoor wear. You'll find bundling up gets a little more fun.

Even if you're not aching for color and variety, scarves, hats and gloves can be purchased at real-deal prices thanks to post-holiday markdowns.

### Cyberspace bargains

I recommend dragging your computer mouse to the world of web shopping, especially if holiday gift shopping has left you tired and frenzied. You'll find loads of hip scarves and hats that can be easily integrated into both winter and spring wardrobes.

At Banana Republic's shopping web site, bananarepublic.com, for example, there are an abundance of markdowns on the retailer's winter cashmere collection.

Cashmere head bands in black, cobblestone, egg shell, aqua and navy are priced at \$14.99. Cashmere skull caps with ribbed trim have been reduced to \$24.99.

At bluefly.com, a general shopping web site, knit designers "525 Made In America" and Christopher Fischer propose a relaxed sophistication with chenille and cashmere pieces in a host of hot colors, including orchid, petunia, lime, turquoise and pink.

Could there be a better way to perk up your basic black coat than tossing on a few of those vibrant colors!

While visiting bluefly.com, I also recommend clicking the link to the web site of knit manufacturer Noodle. The company uses needles to create a curly knit with the look and feel of Persian lamb.

Comprised of 60 percent wool and 40 percent acrylic, the charming dense knit looks expensive but isn't. Scarves and hats run \$42.95 and come in shades of red, aqua, black and gray.

### Big retailers have color and bargains, too

Colorful, luxury outer wear also is available at bargain prices at local Ann Taylor stores at the Somerset Collection in Troy and Twelve Oaks Mall in Novi. The retailer's cashmere-blend scarves and gloves come in hot pink, apple-green and lilac and are marked down to \$25 and \$35.

And, Hudson's has the ultimate solution for those who still need to indulge in a bit of funky fashion. The retailer's fun, floppy, fleece hats, which can be pulled over the ears, have been marked down by 50 percent.

Other large retailers, such as Kohl's, Kmart and Meijer, took part in the color outdoor accessories trend as well.

And while supplies are limited on their sale tables, a bold colored hat, scarf or pair of mittens at up to 40 percent off is certainly worth the stop.

So, whether you actually need new winter gear to keep you warm or you really don't, there's nothing holding you back from indulging in an extra set in sun-inspired colors like apple green and bright pink. No matter how gray and dark the days get in coming months, you'll feel fresh and uplifted!

Cari Waldman is a free-lance writer and stylist who lives in West Bloomfield. Please send your shopping and style questions to Cari at [OERealDeal@aol.com](mailto:OERealDeal@aol.com)



Don't be color. Retailers, like Banana Republic, have slashed prices on colorful winter accessories.

# M o u n t a i n s t y l e

## Ski and snowboard wear makes a crossover

BY NICOLE STAFFORD  
SPECIAL EDITOR

nstafford@oe.homecomm.net

Traditionally, selecting garb to wear on the slopes, has been an opportunity to indulge in one's more flamboyant sense of style.

Skiers have long donned waterproof attire in bold and bright colors. Consider neon green ski suits.

Even shocking pink has been considered a traditional color for women's ski wear.

Snowboarders, on the other hand, have opted for excessively oversized pants and jackets in counter culture earth tones. Just a few years ago, snowboarders proudly carved down the slopes in tongue-in-cheek, jester-style hats that practically skimmed the snow's surface.

But times have changed; and, technology is king.

Thus, function has taken precedence over style for skiers and snowboarders.

"That's the most important thing - trying to get function and attractiveness mixed in," said Antoine Farris, co-owner of downtown Birmingham's Pogo Skateboard Shop, which sells snowboarding attire. "People are starting to crossover. Style is a big factor, definitely, but people are starting to realize that function can be style, too."

Interestingly, such an emphasis on function has led to a blending of snowboard and ski wear design and style, said Farris, a resident of Troy.

When snowboarding came into the mainstream, skiers, who, traditionally, have worn close-fitting attire, started to take a closer look at the boxy, off-beat garb as a comfortable and functional alternative.

"It's more fitted than what snowboarders originally came out in, but it's a little bit more generous of a cut," said Dave Czerwinski, owner of downtown Rochester's



STAFF PHOTO BY JERRY ZILINSKY

Function and style: Lindley and Bob Thomas, co-owners of Don Thomas Sporthaus in Bloomfield Township, model colorful, but functional, outer wear suitable for snowboarders and skiers from their store.

The Ski Company, which caters to both skiers and snowboarders.

But snowboarders also have "matured," said Czerwinski.

"They've realized that it's really uncomfortable to be cold. They still want a little bit of the snowboard fashion statement, but they want function, too. They want to stay warm." Consequently, snowboarding customers are more concerned about technical features and have been opting to wear less oversized clothing, he said.

While many outdoor garment companies are producing crossover apparel that's suitable for both skiers and snowboarders, telling the difference between clothing specifically designed for each of the sports has become difficult.

"It's a fine line," said Lindley Thomas, co-owner of Bloomfield Township's Don Thomas Sporthaus, which carries snowboarding and skiing garments, including crossover, women's and children's lines.

Manufacturers have not only blended styles but also clothing features, she said. More and more ski wear, for example, is equipped with extra pockets for CD players, season lift passes and credits

card - a hallmark of snowboarding apparel.

"Pit zips," pockets that unzip to help the wearer cool down are another trait of snowboarding garb that ski wear manufacturers are adopting.

New apparel features to look out for include: Lycra hand gaiters that envelop the hand and keep out snow; pockets for CD players, goggles and other items; coiled elastic holders for keys and season passes; and pockets within pockets.

Generally speaking, both snowboarders and skiers are wearing lighter-weight, but highly waterproof, pants and jackets. To stay dry, they're turning to technical fabrics like Gorex in their

outer wear. And, for warmth, they're layering technical garments and wool sweaters underneath.

The emphasis on function also has more of both winter sports enthusiasts wearing helmets. Likewise, more snowboarders are starting to buy gloves, rather than oversized mittens.

On the other hand, style isn't going anywhere. Snowboarders, apparently tired of their drab, earth-toned

STAFF PHOTO BY JERRY ZILINSKY

**Changes:** Gloves are gaining popularity with snowboarders who traditionally have worn oversized mittens. Bonfire gloves, \$70 at Don Thomas Sporthaus.



STAFF PHOTO BY JERRY ZILINSKY

**Features:** Extra pockets to keep personal items dry and safe, and Lycra hand gaiters to protect against snow are a few features to look for in outer wear for both sports, clothing available at Don Thomas Sporthaus.

Retail, style and special store events are listed in this calendar. Please send information to: *Malls & Mainstreets*, c/o *Observer & Eccentric Newspapers*, 806 East Maple, Birmingham, MI 48009. Fax: (248) 644-1314. Information must be received by 5 p.m. Monday for publication the following Sunday.  
**SUNDAY, JANUARY 9**

**KNITTING SHOW**  
The Knitting Room, 251 Merrill Street in downtown Birmingham, hosts a trunk show of Classic Elite Yarns featuring new garments and yarns from new patterns through Jan. 24, 10 a.m.-5 p.m. Monday-Friday and 10 a.m.-4 p.m. on Saturday. Call (248) 640-3022.  
**TUESDAY, JANUARY 11**

**GEOFFREY BEENE'S SPRING COLLECTION**  
View Geoffrey Beene's Spring 2000 special order collection for women at Saks Fifth Avenue, the Somerset Collection in Troy, through Jan. 12, 10 a.m.-5 p.m. Designer Salon, second floor.  
**THURSDAY, JANUARY 13**

**REDEEM CERTIFICATE SALE**  
Stores at Ten-Twelve Mall in Southfield put their

## ADDED ATTRACTIONS

winter clearance racks out in the mall for easy bargain-hunting and post-holiday shopping through Jan. 17. Also, spend \$25 or more at any store and redeem receipt at mall customer service for a day pass to Oakland County Parks' The Fridge toboggan run in Waterford. For more information and shopping hours, call (248) 353-4111.  
**FRIDAY, JANUARY 14**

**COLLECTIBLES SHOW**  
Wonderland Mall in Livonia holds a card, coin, stamp and sports collectibles show through Jan. 16 (with former Red Wing Alex Delvecchio, 1-3 p.m. on Saturday), 10 a.m.-9 p.m. on Friday and Saturday and 11 a.m.-6 p.m. on Sunday, throughout the mall.  
**PRESRIPTIVES MAKE-UP EVENT**

Prescriptives national make-up artist consults with customers at Saks Fifth Avenue, the Somerset Collection in Troy, through Jan. 15, 10 a.m.-6 p.m. Cos-

metics & Fragrances department, first floor. To make a personal appointment, call (248) 614-3366.

**PLYMOUTH ICE SHOW**  
The Plymouth International Ice Sculpture Spectacular returns to downtown Plymouth's Kellogg Park with ice displays and competitions and a variety of other activities through Jan. 16. Ice exhibits are open 24 hours a day. For additional information, call the event's hotline, (734) 459-9157, or visit [online.com/plymouthice](http://online.com/plymouthice).

**COLLECTIBLES SHOW**  
Livonia Mall in Livonia hosts a sports card, coin and collectibles show, 11 a.m.-5 p.m. (Former Detroit Tiger Lenny Green visits and signs autographs, noon-2 p.m.), throughout the mall. For more information, call (248) 476-1160.  
**SUNDAY, JANUARY 16**

**EARLY BRIDAL REGISTRATION**  
Hudson's holds a priority bridal registration event before regular stores at all store locations, 9:30 a.m. Reservations are necessary. To make an appointment, call the Hudson's store bridal department where you wish to register.



# WHERE CAN I FIND?

This interactive feature is dedicated to helping readers locate merchandise that's difficult to find through reader feedback. If you've seen or are looking for an item, call (248) 901-2555 and leave a message with your name and phone number. We publish readers' requests for merchandise twice. If you don't hear from us or see information about the item within a few weeks, we were unable to locate it. When we find an item owned by another reader, rather than for sale at a store, we will call you. But, please, be patient; we handle an overwhelming number of requests each week.

## WHAT WE FOUND:

- Correctable, black, type-writer ribbon for an Olympia typewriter from a reader.
- An antique cookie press from a reader.
- A millennium camera made by Samsung is available at Adray's in Dearborn. A millennium camera also can be purchased at the Mobil gas station at 12 Mile and Middlebelt roads.
- A mail box shaped like a tractor can be purchased through Postal Products Unlimited, (800) 229-4500, www.mailproducts.com, and at More Than a Mailbox, (767) 769-5624 and Hardware Classic Company, 7 Mile Road in Livonia.
- Carpet tiles are sold at the at all Meijer stores (Meijer recently advertised Berber tiles, 20 per box, in blue, sand, smoke, berry and green for \$19.80). The tiles also can be bought through the Improvements catalog, (800) 642-2112, www.improvementscatalog.com, and at Alltra Inc. in Oak Park, (800) 452-5298.
- Cole slaw mix is available at Zender's in Frankenmuth and Alban's Millhouse in northern Michigan (the store also has a brochure of different mix spices), (800) 226-5481.
- A reader has two sealed tubes of Coty 24-Hour "Pure Watermelon" lipstick.
- Knott's raspberry vinaigrette salad dressing can be purchased at Westborn Markets and by calling (800) 877-8887 (ask for a catalog of Knott's Berry products).
- A policeman's uniform for a young boy can be purchased at: Adventures in Toys in Birmingham, (248) 646-5550; Harwood Inc. in Waterford, (248) 681-2300; and Kmart on Maple and Livernois in Troy.
- We found a reader who installs fiber optic wiring.
- The Hummel figurine of a

waiter holding a bottle of wine and other Hummel figurines can be purchased through Limited of Michigan (#154), (800) 355-8363. Also, a reader has the figurine.

- **Hostess chocolate-chip Leopard Twinkies** can be purchased at the following stores: La Rose Market in Keego Harbor; Rite-Aid on Grand River and 8 Mile roads; Farmer Jack at 9 Mile and Farmington roads; and the Hostess outlet in Livonia.

- **Ground espresso coffee** can be purchased at: Ventimiglia's Market in Sterling Heights, (810) 979-0828; and Cantora Market on Middlebelt Road between 7 and 8 Mile, (248) 478-2345.

- **Five Brothers Tomato Alfredo sauces** might be available at: Ventimiglia's Market; Cantora Market; and Sam's Club stores.

- **All-Clad kitchen pans** are on sale at Kitchen Glamour through January 16.

- **High-quality tweezers** are available at: Brookstone, the Somerset Collection in Troy; Bed Bath & Beyond ("Tweezer Man" tweezers); Linens and Things; Sally's Beauty Supply stores; and Howard's Beauty Supply stores.

- **The following restaurant-supply stores are open to the public:** Marino's on southwest Schoolcraft between Farmington and Stark roads; Gold Star on Coolidge and 9 mile roads; Bells & Sons on 7 Mile and Lexington; and Gordon Food stores.

- **A yogurt maker with cups** can be purchased at Kitchen Glamour stores.

- **Hobo leather wallets** are sold at Hands on Leather in Plymouth, (734) 459-6560.

- **Roquefort cheese** can be purchased at: Merchant of Vino stores; Whole Foods stores; and Busch's Grocery on Six Mile and Newburgh.

- **Buster Brown cotton anklets** are sold through or at the Vermont Country Store catalog, (802) 362-8440; Doctor Leonard's magazine, (800) 785-0880; Hershey Shoes on Ford Road in Garden City; and Clawson Shoes on 14 Mile in Clawson, (248) 588-1766.

- **English Gardens** sells aluminum Christmas trees and color spot lights.

## FIND & SEARCH NOTES:

- We no longer need the following lyrics for the song "Parade of the Wooden Soldiers": Oneida "Twin Star" silverware; Mrs. Beasley doll; the movie "True"; Banana Wine and the

book Joshua and the Children.

- A reader suggested using a pastry tube tip (used to clean pastry tips), rather than a small round brush, for cleaning a razor. Kitchen Glamour carries the pastry tip brushes.

- A reader has an 8mm viewing machine from Sears to donate.

- A reader suggested dying a white pair of boxer shorts in a mixture of tea and water to make them beige.

## WHAT WE'RE LOOKING FOR:

- A millennium Santa Bear.
- A video tape of the movie "Holiday Hotel."
- A store that sells Reese jalapeno mustard.
- A store that sells a plastic hour glass and other non-breakable materials.
- A store that sells an old-fashioned cup and saucer holder.
- A dated 1978 glass Christmas ornament (any kind).
- A portable phonograph that plays 78 and 33 1/3 LP records for Nina of Redford.
- A store where a Wearever Super Shooter cookie press can be bought.
- A 1982-1985 Cathedral High School yearbook.
- A store that sells Stangal Town & Country dinner ware by in honey, yellow, brown or green.
- A Norman Rockwell Christmas trees ornament (not a statue).
- A store where frozen, breaded okra is sold.
- The book "Binky the Clown," published in the 50s or 60s by the Redford Suburban League for Patricia, a Farmington Hills resident.
- A Golden Book called "Dr. Squash, the Doll Doctor" for Shirley, who lives in Southfield.
- A store that sells men's Millionaire cologne or after-shave for Rosemary.
- Refill sheets for a Keith Clark ring-binder, desk calendar (model #E45850) that rips from the top for Eileen, of Livonia.
- A calendar with mystery book covers for each month's art for Mary.
- A store that sells Hai Karate men's cologne for Jerry.
- A store that sells Counterpart petite pants for Lillian.
- Alberto Rossi lipstick for Georgia.
- The book "Mr. Krueger's Christmas" for a reader named Mr. Kruegger.

- Compiled by Sandi Jarackas

# GUIDE TO THE MOVIES

| Midwest Amusements Showcase Cinemas  | Star Theatre   | Star Theatre   | United Artists 12, Oaks  | Waterford Cinema 16  |
|--|--|--|--|--|
| <p><b>Starline 1-4</b><br/>313-729-1668<br/>Bargain Matinee Daily 4:30-6:00 pm<br/>Continuous Shows Daily Late Shows Fri-Sat THRU THURSDAY<br/>NP DENOTES NO PASS</p> <p><b>NP CIDER HOUSE RULES (PG-13)</b><br/>1:30, 4:20, 7:10, 9:50<br/><b>NP MAGNOLIA (R)</b><br/>12:20, 4:00, 7:40</p> <p><b>NP SHOW FALLING ON CEDARS (PG-13)</b><br/>1:40, 4:30, 7:20, 10:00<br/><b>NP GALAXY QUEST (PG)</b><br/>12:45, 3:00, 5:15, 7:30, 9:45<br/><b>THE TALENTED MR. RIPLEY (R)</b><br/>12:50, 1:20, 1:40, 4:10, 6:30, 7:00, 9:20, 9:50<br/><b>ANY GIVEN SUNDAY (R)</b><br/>12:30, 1:30, 3:45, 4:15, 7:10, 8:10<br/><b>MAN ON THE MOON (R)</b><br/>1:15, 4:05, 6:40, 9:10<br/><b>INCENTENNIAL MAN (PG)</b><br/>1:10, 3:55, 6:30, 9:40<br/><b>STUART LITTLE (G)</b><br/>12:30, 2:35, 4:30, 6:30, 8:30<br/><b>DEUCE BIGALOW: MALE GIGOLO (R)</b><br/>1:00, 3:10, 5:20, 7:50, 9:55<br/><b>THE GREEN MILE (R)</b><br/>12:40, 2:40, 5:00<br/><b>TOY STORY 2 (G)</b><br/>12:40, 2:50, 5:00, 7:15, 9:30</p> | <p><b>Starline 1-4</b><br/>Michigan &amp; Telegraph<br/>313-361-3449<br/>Bargain Matinee Daily 4:30-6:00 pm<br/>Continuous Shows Daily Late Shows Fri-Sat THRU THURSDAY<br/>NP DENOTES NO PASS</p> <p><b>NP ANY GIVEN SUNDAY (R)</b><br/>12:00, 1:45, 3:30, 4:15, 7:10, 7:45<br/><b>MAN ON THE MOON (R)</b><br/>12:15, 2:45, 5:15, 7:45, 10:15<br/><b>INCENTENNIAL MAN (PG)</b><br/>1:00, 3:30, 6:40, 9:40<br/><b>STUART LITTLE (G)</b><br/>1:00, 3:30, 6:40, 9:40<br/><b>DEUCE BIGALOW: MALE GIGOLO (R)</b><br/>1:00, 3:30, 6:40, 9:40<br/><b>THE GREEN MILE (R)</b><br/>12:15, 2:45, 5:15, 7:45, 10:15<br/><b>TOY STORY 2 (G)</b><br/>12:15, 2:45, 5:15, 7:45, 10:15</p> | <p><b>Starline 1-4</b><br/>Telegraph &amp; Lake Rd. A-Side<br/>248-332-6241<br/>Bargain Matinee Daily 4:30-6:00 pm<br/>Continuous Shows Daily Late Shows Fri-Sat THRU THURSDAY<br/>NP DENOTES NO PASS</p> <p><b>NP SHOW FALLING ON CEDARS (PG-13)</b><br/>1:30, 4:20, 7:10, 9:50<br/><b>NP GALAXY QUEST (PG)</b><br/>12:45, 2:50, 5:00, 7:10, 9:45<br/><b>THE TALENTED MR. RIPLEY (R)</b><br/>12:50, 3:40, 6:30, 9:15<br/><b>MAN ON THE MOON (R)</b><br/>1:10, 4:00, 6:50, 9:40<br/><b>STUART LITTLE (G)</b><br/>12:30, 2:35, 4:30, 6:30, 8:30<br/><b>DEUCE BIGALOW: MALE GIGOLO (R)</b><br/>1:00, 3:10, 5:20, 7:50, 9:55<br/><b>THE GREEN MILE (R)</b><br/>12:40, 2:40, 5:00<br/><b>TOY STORY 2 (G)</b><br/>12:40, 2:40, 5:00, 7:15, 9:30</p> | <p><b>Starline 1-4</b><br/>Telegraph &amp; Lake Rd. A-Side<br/>248-332-6241<br/>Bargain Matinee Daily 4:30-6:00 pm<br/>Continuous Shows Daily Late Shows Fri-Sat THRU THURSDAY<br/>NP DENOTES NO PASS</p> <p><b>NP SHOW FALLING ON CEDARS (PG-13)</b><br/>1:30, 4:20, 7:10, 9:50<br/><b>NP GALAXY QUEST (PG)</b><br/>12:45, 2:50, 5:00, 7:10, 9:45<br/><b>THE TALENTED MR. RIPLEY (R)</b><br/>12:50, 3:40, 6:30, 9:15<br/><b>MAN ON THE MOON (R)</b><br/>1:10, 4:00, 6:50, 9:40<br/><b>STUART LITTLE (G)</b><br/>12:30, 2:35, 4:30, 6:30, 8:30<br/><b>DEUCE BIGALOW: MALE GIGOLO (R)</b><br/>1:00, 3:10, 5:20, 7:50, 9:55<br/><b>THE GREEN MILE (R)</b><br/>12:40, 2:40, 5:00<br/><b>TOY STORY 2 (G)</b><br/>12:40, 2:40, 5:00, 7:15, 9:30</p> | <p><b>Starline 1-4</b><br/>Telegraph &amp; Lake Rd. A-Side<br/>248-332-6241<br/>Bargain Matinee Daily 4:30-6:00 pm<br/>Continuous Shows Daily Late Shows Fri-Sat THRU THURSDAY<br/>NP DENOTES NO PASS</p> <p><b>NP SHOW FALLING ON CEDARS (PG-13)</b><br/>1:30, 4:20, 7:10, 9:50<br/><b>NP GALAXY QUEST (PG)</b><br/>12:45, 2:50, 5:00, 7:10, 9:45<br/><b>THE TALENTED MR. RIPLEY (R)</b><br/>12:50, 3:40, 6:30, 9:15<br/><b>MAN ON THE MOON (R)</b><br/>1:10, 4:00, 6:50, 9:40<br/><b>STUART LITTLE (G)</b><br/>12:30, 2:35, 4:30, 6:30, 8:30<br/><b>DEUCE BIGALOW: MALE GIGOLO (R)</b><br/>1:00, 3:10, 5:20, 7:50, 9:55<br/><b>THE GREEN MILE (R)</b><br/>12:40, 2:40, 5:00<br/><b>TOY STORY 2 (G)</b><br/>12:40, 2:40, 5:00, 7:15, 9:30</p> |

## a la carte

STUFF WE CRAVE



PHOTOGRAPHED EXCLUSIVELY FOR SAKS FIFTH AVENUE BY TOM LAYTON

**Summer color in the cold**  
Max Mara's cozy, down-filled, polyester and nylon, hooded jacket is a radiant melon color, keeping wearers warm in body and spirit. \$420 at Saks Fifth Avenue, the Somerset Collection in Troy.



**Six notes:** Chanel combined citron with woody scents and a variety of floral notes to create Allure, a multi-faceted fragrance described as Oriental but fresh. Eau de Toilette, \$48-88. Parfum \$88-250 at department stores.



**Next generation:** Montblanc's Generations collection of writing instruments and leather organizers make a statement in bold primary colors. \$60-230 Montblanc, the Somerset Collection in Troy.



**Extremely scented:** Extreme, one of Bulgari's latest fragrance additions, was designed for men who like a powerful and long lasting scent. \$86 at department stores.

# 'Weekend' book shows there's plenty to love in Ohio

BY DOUG JOHNSON  
STAFF WRITER

Mary Quinley of Livonia has turned her love of travel and a childhood habit of keeping journals into her first published book: "52 Ohio Weekends."

"My dad love to travel," she said. "A lot of my love for the adventure of travel came from him."

The "weekends" books are part of a series of books from NTC/Contemporary Publishing in Chicago and include titles for Michigan, Wisconsin, Illinois, Virginia, Florida, Texas and New York, among others.

"I would have liked to do Michigan, but it was taken," Quinley said.

She does recall that her dad took the family to Ohio on vacation several times. She has been to every weekend spot in the book at least once in her life, she said. She has made a special effort to visit most Ohio places during the last five years.

The Ohio weekends that are her favorites?

"One favorite is unusual. I went with my son Jonathan (then 14, now a college student, 18) to the outskirts of Chillicothe (due south of Columbus) to see the play "Tecumseh," about the Shawnee leader. He was impressed and so was I."

From her book:

"The year is 1784. The still, summer evening explodes with howling, screeching voices. A bloody skirmish near the banks of the Ohio River takes place before the hushed crowd. Frontiersmen, caught in an ambush set by the Shawnee Indians, scurry frantically out of sight. As the powerful tale unfolds, galloping horses appear from behind the trees, tomahawks zip across the stage, and a canoe skims the surface of the man-made pond in the background.

"The audience senses Tecumseh's pain and frustration. The young Shawnee leader longs for peace. He simply wants the land that was taken away returned to his people."



PHOTOS BY OHIO TRAVEL, 1-800-BUCKEYE

**Slippery slope:** Ice climbing is one of the many outdoor recreational activities in the Hocking Hills area.

The play runs during summer months; call (740) 775-0700 for information.

Another favorite of Quinley's is The Wilds, east of Columbus not far from Interstate 77 near the small town of Cumberland. Here, there is an impressive outdoor complex for endangered species. The complex can be viewed via bus tours. Call (740) 638-5030 or check [www.thewilds.org](http://www.thewilds.org) on the Web.

"I also like all the little islands along Lake Erie like Put-In-Bay and Kelleys, the Marblehead Peninsula with little shops and lighthouse."

Another favorite is Amish country. Amish country in Ohio may not be as well known as those in Pennsylvania and northern Indiana.

"We had a real Amish dinner in Mesopotamia at an Amish home. I would say that it was a



**Charming:** Covered bridges are part of the charm of weekends in Ohio.

very special trip. The man of the house took us for a buggy ride before dinner."

Mesopotamia is a tiny village east of Cleveland and north of Warren.

From the book:

"(Wife Sara's) food disappeared as rapidly as the natural outdoor light slipped away. As darkness surrounded our intimate dinner party, Lester (Amish husband) wandered off, found the torch, and lit the kerosene lamp - the house has no electricity."

The "slice-of-life" travel adventure is typical of the matter-of-fact way author Quinley tells us about Ohio.

You have to call a non-Amish bed and breakfast in the village if you'd like to eat at the Amish home: (440) 693-4186.

Some other Ohio travel spots to consider:

■ The whole Hocking Hills area, a highly recommended outdoor recreation area south of Columbus. "There's hiking here for all abilities, die-hards and beginner" says Quinley. Plenty of caves, rock formations and waterfalls.

■ The U. S. Air Force museum in Dayton - great for all ages.

■ Floodwall art at Portsmouth, a city down on the

Ohio River in south-central Ohio.

■ Toledo, especially the zoo and the "hippoquarium," where you can be "nose to nose with the hippos."

■ The Golden Lamb restaurant in Lebanon, Ohio, an old stagecoach stop. Literary (Charles Dickens) and political figures stayed at the inn. "Meals, served in one of several Early-American inspired dining rooms, are exceptional," Quinley writes.

■ Ohio as the state that produced the most presidents: Both William Henry Harrison and son Benjamin Harrison lived in North Bend; U.S. Grant was born in Point Pleasant; Warren Harding conducted the "front porch" campaign from his home in Marion; there is a Taft memorial in Cincinnati; the Rutherford B. Hayes center is in Fremont; William McKinley was born in Niles, Ohio, and lived in Canton, Ohio.

■ Quinley is neutral on Cleveland's Rock and Roll Hall of Fame. She notes the museum is great for the early history and background of rock and roll. Teenagers may find it not as contemporary as they might imagine.

The book is organized by geo-

graphic regions, and the 52 chapters give you something to do for every weekend. At the end of each chapter are extensive phone numbers, addresses and Web sites, where possible, for the events and places discussed.

The book does have one small map. Anyone looking through the book for something to do will want to have a good Ohio map handy. Many weekend recommendations are a one- or two-hour drive. Those trips that go to the southern reaches of the state may take five to six hours.

From the book:

"The third Saturday in January attracts throngs of hikers to Hocking Hills State Park for the annual Winter Hike. Unpredictable January squalls often-times produce frigid, bone-chilling winds. The ranger-led six-mile trip weaves up, down and through a winter paradise of natural formed bedrock. Take a lunch break at Cedar Falls, the halfway marker. In extreme cold, the 90-foot waterfall at Ash Cave freezes, forming an awesome icicle mass."

A quick peek at this book will be sure to thaw some of that anti-Buckeye State feeling generated each year by Big Ten football games.

Quinley's book is available at B. Dalton in Westland Mall, Barnes and Noble stores, and Waldenbooks in Livonia. Quinley will sign copies of her book Saturday, Jan. 29, from 1 to 3 p.m. at the Alfred Noble Branch of the Livonia library, 32901 Plymouth Road, Livonia, (734) 421-6600.

The writer makes her home in Livonia with her son and her husband, Fred.

NTC/Contemporary Publishing, is at 4255 W. Touhy Ave., Lincolnwood (Chicago), IL, 60712. The state's tourism office is very helpful: 1-800-BUCKEYE.

Doug Johnson is a retired Livonia school teacher who lives with his wife in Plymouth.

## Do you have a good idea for a travel story?

We are looking for stories and pictures about people who love to travel.

Have you been to any faraway places?

Been to places a day's drive


from southeastern Michigan?

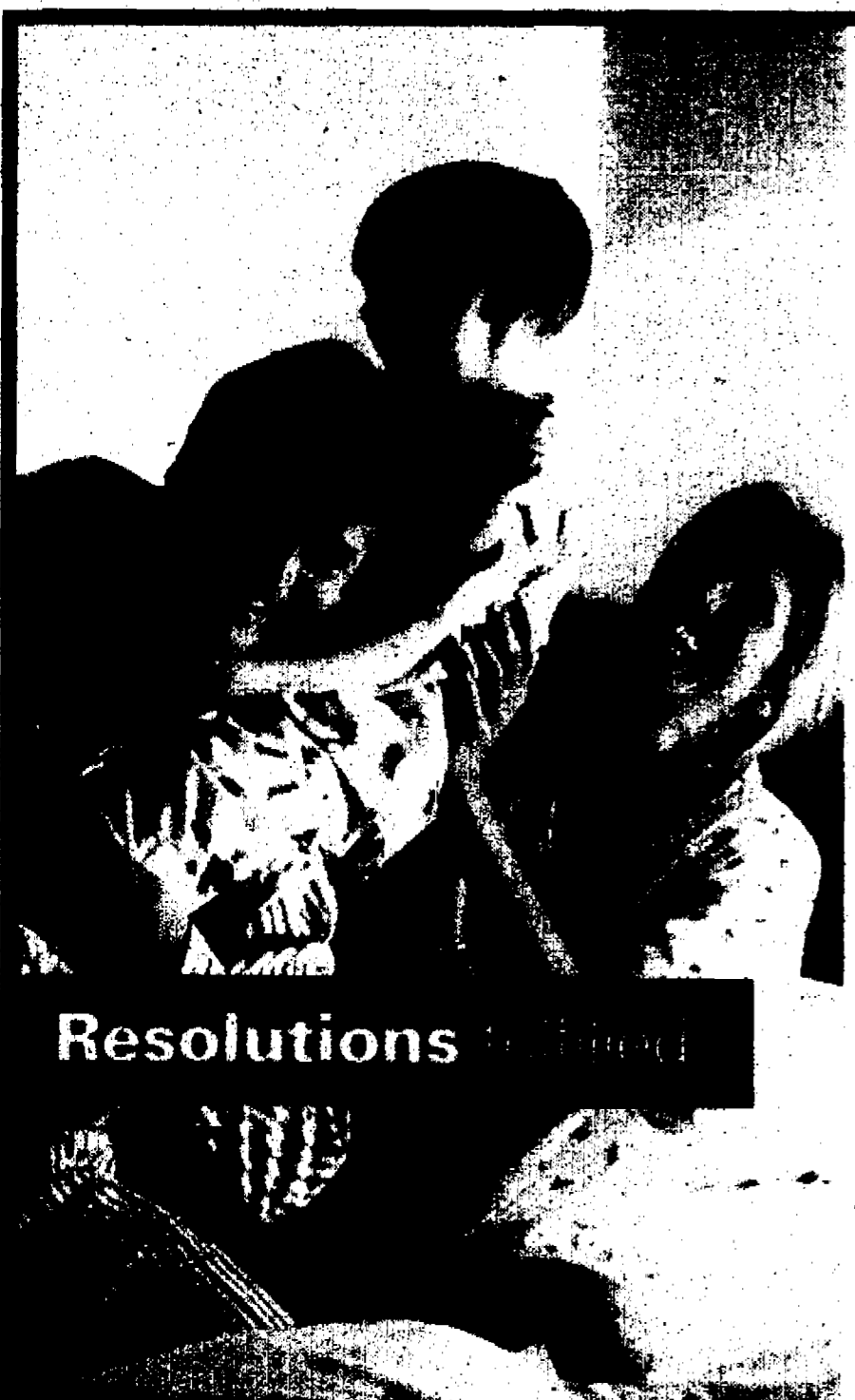
Had any funny, unusual or adventurous travel experiences?

Gone on any notable cruises or group tours?

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tacting assistant managing editor/ Observer features group Keely Wygonik by phone at (734) 953-2105; by fax at (734) 591-7279; by e-mail at [kwygonik@oe.homecomm.net](mailto:kwygonik@oe.homecomm.net)





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**WEEKLY PROGRAM SCHEDULE**

|       | Weekdays  | Saturdays                       | Sundays                               |       |
|-------|---|---------------------------------|---------------------------------------|-------|
| 5 AM  | <b>NEWS &amp; INFORMATION</b>   |                                 |                                       | 5 AM  |
| 10 AM | <b>MUSIC VARIETY</b>  | <b>BLUES</b>                    | <b>CLASSICAL</b>                      | 10 AM |
| 12 PM |   | <b>FOLK</b>                     | <b>CAR TALK</b><br><b>CELTIC</b>      | 12 PM |
| 7 PM  | <b>NEWS &amp; INFORMATION</b>   | <b>BLUEGRASS &amp; ACOUSTIC</b> | <b>MUSIC VARIETY*</b><br><b>WORLD</b> | 7 PM  |
| 10 PM | <b>JAZZ</b>   |                                 |                                       | 10 PM |
| 5 AM  | <b>MUSIC VARIETY</b><br><i>*A progressive mix of rock, jazz, blues, folk, electronica and world music</i> |                                 |                                       | 5 AM  |

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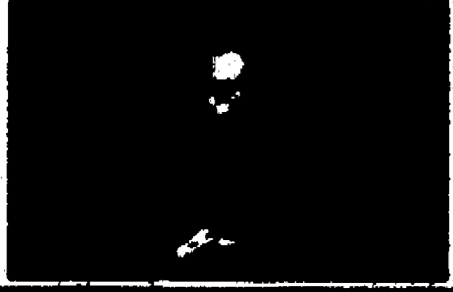
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2 Unique



KELLI LEWTON

## Keep 'gene' cuisine out of your diet

**W**hew... We are free and clear of most of the millennium hoopla! I found it most interesting to watch and follow the news during New Year's week. Much of what I read had something to do with food - getting it, storing it and reconstituting it.

Yet it seems a bit ironic that we become cognitive of our food sources only when we are hit with potential disaster. The concept that we may have trouble finding wholesome food for our families is foreign to most of us.

The Y2K bug could be a baby bug next to the ones that genetically engineered foods could produce. Believe it or not genetically engineered foods are taking a stronghold in the American diet.

The U.S. will be entering its fifth growing season of genetically altered crops this year. There will be some estimated 50 million acres of American farmland sprouting biotech crops. Corn, soybeans, cotton and potatoes have been engineered to produce their own pesticides or withstand herbicides.

Over 30 farming organizations, Greenpeace, Mothers for Natural Law, Chefs Collaborative 2000 and other groups and individuals, including myself, are demanding that genetically engineered foods be labeled as such.

### Genetic engineering

In a nutshell genetic engineering takes the process of nature out of the fields and into the laboratory. Scientists cut little bits of genes from one organism and splice them into another totally unrelated species. For example, they have spliced a gene from a flounder and encrypted it into a strawberry with hopes that the new berry will tolerate colder temperatures.

Corn and soy crops are being spliced with virus genes so that they will be insect and disease resistant. Even our dairy supply has been compromised with the well known Bovine Growth Hormone that has been linked to numerous kinds of cancer and been reported to build up our natural immune system against the efficiency of antibiotics used to treat numerous illnesses.

### Present day concerns

By manipulating the genetic code of living organisms, genetic engineers are manipulating life processes. Once introduced into the environment, a genetically engineered organism can reproduce or interact with other species, and could cause irreversible damage to plants, animals, and affect the core of our ecosystem. This translates (in my opinion) into health and quality of life issues for present day and future inhabitants of Mother Earth.

Health is also a major concern posed by the alteration of natural foods. For example, they have spliced a gene from a Brazilian nut with a soybean to create a complete protein. But what these mega-companies have failed to do is to substantiate these alterations with adequate testing. It has been found that people with food allergies and sensitivities have experienced problems, not to mention those of us who like to abstain from certain foods for personal and or religious reasons.

Profit is never far behind most scientific endeavors and these genetically engineered crops are dominated by a few multinational corporations including Monsanto, Novartis,

Please see UNIQUE, D2

### LOOKING AHEAD

What to watch for in Taste next week:

- Focus on Wine
- Feeding large families

BY PEGGY MARTINELLI-EVERTS  
SPECIAL WRITER

His portrait is almost as familiar to Americans as George Washington's on the dollar bill. He has a wide brimmed, black hat and long magnificent gray hair. Oh yes, and he's a Quaker. The man on the cylindrical package is so familiar to us because for generations we have grown up with oatmeal in the house. Not that it was eaten every day, but it was there.

### Grains

Oat is a grain. Early humans realized that rather than eating all the seeds they gathered, they could plant the seeds and ensure a steady supply of food for the band. The first seeds planted were grains. Down through the millennia, humans improved on these staples of life. The family of grains includes the well-known such as wheat, corn and rice, and the exotic such as the Incan quinoa and North African couscous.

Arguably the most humble of the grains is oat. We trace the origins of wild oats to Western Europe. From there the grain spread to other parts of the world. Apparently it was found growing as a weed with barley. Indeed, most of the oats grown today are feed for animals. Oats are hardy; they grow in the colder climates and can survive in poor soils. With sufficient moisture, oats will grow on soils that are sandy, low in fertility or highly acidic.

### Quite an impression

Oats have made quite an impression in contemporary America. Once thought of as a lowly breakfast cereal, which took a while to boil and then had to be flavored with milk and brown sugar to make it palatable, oats made a startling comeback. The grain received some very good press when scientists and nutritionists discovered it could lower blood cholesterol. Even "Cocoon" alumnus and trustworthy old guy Wilfred Brimley was on TV with regularity spreading the word to anybody who hadn't been paying attention to the news.

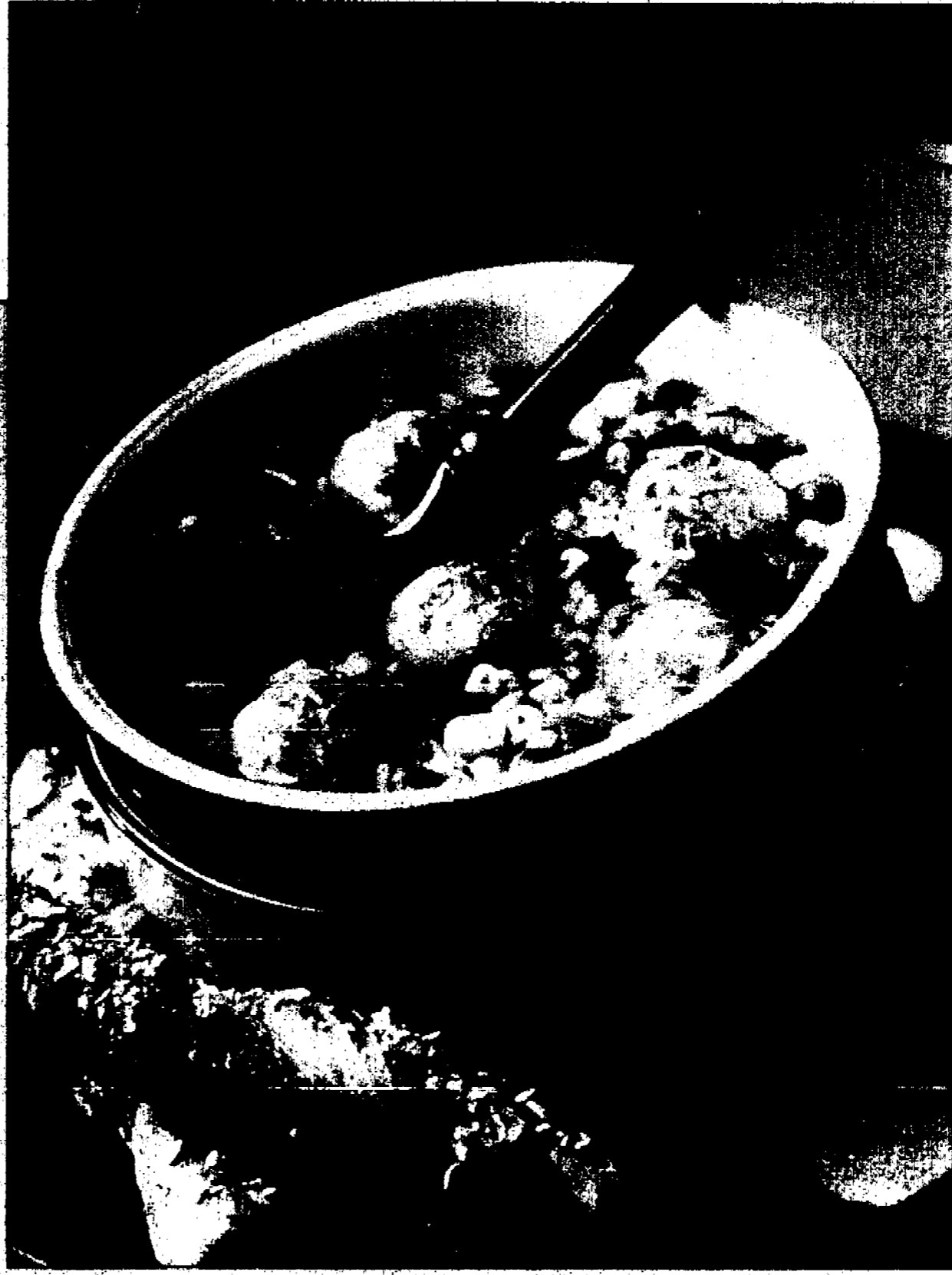
How good is oatmeal for the body? To begin, oats are the only grain that rates the Food and Drug Administration seal of approval. Oats help prevent heart disease because they're high in soluble fiber, which lowers your blood cholesterol level. Whole-grained oats are rich in vitamin E, some B vitamins, calcium, iron and protein.

The actual way that oat works its magic isn't fully understood. Soluble fiber forms a gel as it passes through the intestines. This serves as a binding agent to help slow or stop the flow of cholesterol through the digestive tract.

### Side dish

The whole oat kernel (groats) takes about as long to cook as rice and can be used as a side dish for dinner. Rolled oats are groats that have been heated and flattened so they cook more quickly. "Old-fashioned" oats cook in about 20 minutes. If the groats are sliced before being flattened they become "quick-cooking." Oat bran is the outside layer of the groat and can be cooked as porridge in about 6 minutes.

Oats and other rolled grains can be purchased in thicknesses ranging from very thin (instant) through Quick, Regular and the thickest of all, Old-fashioned. If you are making a granola to appeal to young children try using a thin variety and regular for adults. The Old-fashioned is the chewiest.



Meal in a bowl: ABC Meatball Soup is a "30-minute meal in a bowl." Quick or old-fashioned oats add a "nutrition boost" to the meatballs. Fruit and bread sticks complete the menu.

# OATMEAL

## It's not just for breakfast

"healthy as a horse!" Pull that old man on the cereal box out of the cupboard and you'll see there is some truth to that.

Peggy Martinelli-Everts of Clarkston is a registered dietitian and director of clinical operations for HDS Services, a Farmington-Hills based food service and hospitality management and consulting company, specializing in food service management for hospitals, long-term care facilities, businesses, private clubs and private schools. HDS Services has approximately 230 management accounts throughout the United States and Japan.

See recipes inside.

Oatmeal is quick and easy to make. For variety use half fruit juice or milk and half water for the cooking liquid. After cooking, stir in chopped fruit, nuts, coconut, sugar or honey and spices. Adding dried fruit as it's cooking makes the cereal sweeter.

### Or try these toppings:

Wheat germ, granola cereal, pecans, almonds, walnuts, macadamia nuts, banana, sunflower seeds, berries, fruit preserves, dried fruit, chopped apples, diced peaches, crushed pineapple, stewed prunes.

### Shortcuts

To speed up breakfast preparation in the morning, make hot cereal the night before using the thermos method: Bring cereal to a boil and stir until it thickens, then put it into a preheated wide-mouth thermos. Put on the lid and let it stand overnight. Before serving add a little hot water or milk if it is too thick. Send your family off in the morning with a nutritious start. David Burke, Chef/proprietor of Park Avenue Cafe in New York City and Chicago

## EATING HEALTHY

# Bean soup's a lazy cook's 10-minute special

MAIN DISH  
MIRACLE



MURIEL WAGNER

**B**eans. You probably don't need another reminder of what a paragon of nutritional virtue they are. You already are familiar with the bean's rich contributions of protein, B complex vitamins, minerals and fiber to our diet. Their role in helping control diabetes, heart disease and certain cancers is supported by many research studies.

Yet, most of us don't serve beans as a main dish unless they're combined with an abundance of fat and meat. Not so, my bean soup.

You'll probably agree that nothing tastes better on a cold winter's day than bean soup, especially if it's low in fat but doesn't taste like it.

If you're nodding yes, but thinking, "Who's got the time to soak beans, chop ingredients and then cook the soup for at least an hour?" this recipe is for you. It's one of my lazy cook 10-minute specials.

The soup is a vegetable main course that's served with crusty French bread slices. The soup ingredients are probably already resting in your pantry. Your taste buds will welcome the flavors after holiday indulgences.

Look for Main Dish Miracle on the second Sunday of the month in Taste. Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a

quarterly newsletter with recipes and nutrition tips. To subscribe, send a check for \$13.50 to "Eating Younger," P.O. Box 69021, Pleasant Ridge, MI 48069.

### TEN MINUTE BEAN SOUP THAT TASTES LIKE IT WAS COOKED FOR HOURS

- 2 (15 ounce cans) cannellini beans (or your favorite), rinsed and drained
- 1 (1.5 ounce package) onion soup mix
- Flour for thickening
- 1 1/2 tablespoons olive or canola oil
- 1 (15 1/2 ounce) can sliced carrots, drained
- 1 (14 1/2 ounce) can diced tomatoes with Italian style herbs
- 2 tablespoons light margarine (squeeze bottle)
- Dash of freshly ground pepper
- 3 tablespoons chopped fresh parsley
- 1 1/2 ounces Parmesan Cheese, freshly grated

Add oil. Using 1 tablespoon of flour per cup of soup, make paste with water and add to soup.

Cook over medium heat until slightly thickened. Add carrots, beans, margarine and tomatoes.

Reheat to serving temperature. Sprinkle with parsley and Parmesan cheese. Serve 6.

**Nutrition facts per serving:** Calories 265, total fat 3g, saturated fat 0.2g, cholesterol 0 mg, sodium 1.0-72mg

**Food exchanges:** 2 starches, 3 vegetables, 1/2 fat

To lower sodium, cook a chopped onion in 2 1/2 cups of reduced sodium vegetable or chicken broth to replace packaged soup.

Prepare onion soup according to package directions.

## Unique from page D1

Zeneca, Aventis and Dupont. It is shared belief in most grass roots organizations that these companies are the only beneficiaries of genetically engineered food products.

### Facts and tips

These genetically engineered crops have already been approved for sale - soybeans, corn, canola, flax, papaya, certain potato breeds, sugar beets, tomatoes, yellow crook-neck squash, radichio, cotton, dairy products from cows injected with the genetically altered hormone "recombinant bovine growth hormone."

Many prepared foods are hiding places for genetically engineered foods which often contain soy, canola or corn products of some variety. Buying organic produce, and being careful about where you shop, is the best way to ensure that you do not bring genetically altered foods to your table. Whole Foods is one of the grocery chains in our area that refuses to sell genetically engineered foods.

### Concerns

In addition to the potential for environmental devastation and health concerns that genetically engineered crops impose, the government is not mandating that these food products be labeled. Companies that manufacture genetically engineered foods are infringing on our right to information about the foods we choose to nourish our families and ourselves.

I urge you to make a resolution this year to become more informed about genetically engineered foods. Make yourself heard and defend your rights as a consumer. Find out if the market you shop at carries genetically engineered foods. Don't allow gene cuisine to become an ingredient in your diet to ensure many healthy New Years to come!

*Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's Culinary Arts program, Kelli is a part-time instructor at the college. Look for her column in Taste on the second Sunday of the month.*

# It's time to try Thai cuisine

Hot-and-spicy ethnic cooking has great appeal for Americans. This is apparent by the consistent popularity of Szechuan Chinese and Mexican food.

It's not surprising, therefore, that the flavorful cuisine of Thailand has become another favorite in recent years, especially now that many essential ingredients for preparing Thai food can be found in your local supermarket.

Thai cooking has been influenced most notably by Chinese and Indian cuisines. The Thai people originally migrated south from China in the 13th century, bringing with them a wealth of Chinese stir-fry dishes. Later, traders from India introduced curries, which were modified into distinctive Thai flavors.

Hot chili peppers, ginger root and garlic also contribute to the taste of Thai food. These ingredients are balanced by the cooling influences of coconut milk, mint and lemon grass. Galangal (like ginger but with a more acidic flavor), pungent fermented fish sauce, aromatic kaffir lime leaves and sweet-sour tamarind give

Thai dishes their hot, fragrant, pungent or

slightly sweet flavors. This balance of many complex flavors is the hallmark of Thai cooking.

Rice and fish are staples of the Thai diet. Rice is featured as the main course in Thai meals, with tidbits of spicy fish, meat and vegetable dishes as side courses. Consider a plate of steamed rice with bite-size pieces of chicken in a light curry sauce or stir-fried vegetables, or with raw veggies dipped in a hot fish sauce. These typical

Thai dishes fit well into a healthful, lowfat eating plan, as recommended by health organizations such as the American Institute for Cancer Research.

Thai cooking is essentially fast cooking, an often essential benefit for hurried Americans. With the right ingredients at hand, it's simply a matter of putting them together. Indispensable ingredients for Thai cooking, such as fresh cilantro, chilies, limes, ginger, coconut milk and

dried rice noodles can be found in most supermarkets.

If you don't have access to an Asian grocery for other ingredients, you can come close by substituting gingerroot and lime for galangal and lemon or lime zest for lemon grass. To control fat content, use evaporated skim milk for part of the coconut milk in Thai curries. For equipment, you'll need a blender or food processor to make the pastes and sauces, and a wok for stir-frying. Then you're ready to start.

### SESAME NOODLES WITH SHRIMP

- 8 ounces rice noodles or vermicelli pasta
- 1 cup reduced fat/sodium chicken broth
- 1/4 cup Thai-style fish sauce (called Nam pla, it's available in the Oriental section of the supermarket)
- 1/4 cup rice vinegar
- 2 teaspoons sesame oil
- 3 cloves garlic, minced
- 1/2 pound medium shrimp, peeled and deveined
- 1 cup bean sprouts

- 3 green onions, cut on an angle into 1-inch strips
- 1 tablespoon sesame seeds, toasted

Cook noodles according to package directions and drain in a colander. In a small bowl combine broth, fish sauce, vinegar and sesame oil.

Spray a large skillet or wok with vegetable spray. Heat skillet over medium heat. Add garlic.

Cook garlic, stirring constantly, for 2 minutes. Add noodles and broth mixture. Cook, stirring constantly, until liquid is almost absorbed, about 5 minutes. Stir in shrimp. Cook for two minutes. Stir in bean sprouts, green onion and sesame seeds. Cook for 1 minute more. Serve immediately.

**Nutrition information per serving:** Each of the 4 servings contains 325 calories and 4 grams of fat per serving.

**Cook's tip:** Cooked chicken or assorted vegetables can be substituted for the shrimp.

Information and recipe from the American Institute for Cancer Research.

## Store water for up to 6 months

"In case of an emergency you can store some water ahead of time," said Sylvia Treitman, home economist for the MSU extension of Oakland County's Food and Nutrition Hotline.

"Water can be stored for six months in clean plastic, glass, fiberglass, or enamel lined metal containers or other food grade containers. Water should not be stored in containers that have previously held toxic chemicals.

Allow at least two quarts of water for drinking and two quarts for food preparation and hygiene. Therefore, a total of one gallon per person per day is recommended for storage."

If you have other questions on food safety, food and nutrition or food preservations, call the Food and Nutrition Hotline Monday through Friday 8:30 a.m. to 5 p.m. at (248) 858-0904.

# Serve festive seafood this year

See related 2 Unique column on Taste front. Recipes compliments of Chef Kelli Lewton.

### BUCKWHEAT BLINI WITH SMOKED SALMON RELISH

- Blini**
- 2 1/2 cups milk (110°F)
  - 1 1/2 tablespoons yeast
  - 2 1/2 cups all purpose flour
  - 5 egg yolks
  - 3 1/4 cups buckwheat flour
  - 5 egg whites (beaten until soft peaks form)
  - 3/4 cup heavy cream
  - 1/2 cup corn kernels, roasted in pan under broiler
- Warm milk to 110°F. Mix half of the egg yolks with milk and blend.

Add remaining egg yolks.

Mix flours together. Add flours to milk mixture.

Fold in soft peak egg whites and roasted corn. Add heavy cream. Let rise at room temperature for 30 minutes.

Refrigerate overnight. Make pancakes on griddle in desired size. Top with smoked salmon relish.

Makes 36 blini, serve as appetizer.

### SMOKED SALMON RELISH

- 1/2 pound smoked salmon small diced
- 3 tablespoons small diced red onion
- 1 tablespoon capers

- 1/2 teaspoon finely chopped chives
- Salt and pepper to taste

Mix relish ingredients and season with salt and pepper. Place a small dollop on buckwheat blini, serve with your favorite mustard sauce or sour cream.

### SEAFOOD BAKE

- 2 puff pastry sheets
- 3 pounds cooked shrimp
- 1 pound crab
- 2 pounds cooked salmon
- 2 Idaho potatoes, sliced thin
- 1 onion
- 3 cups fresh spinach
- 2 cups assorted sliced mushrooms
- 3/4 cup sherry
- 3 tablespoons chopped herbs
- 2 cups heavy cream

- 3 whole eggs
- 1 egg yolk
- Pinch salt & pepper
- Pinch nutmeg
- 1 pound chevre cheese
- 3/4 cup Parmesan cheese

Line 12-inch casserole style pan with puff pastry. Saute onion add spinach and wilt. Saute mushrooms until tender de-glaze with sherry and reduce. Mix cream, eggs, spices and herbs.

Layer seafood (1 layer shrimp, crab, salmon) alternating with vegetable and cheese mixture.

Pour cream mixture over entire finished layered product. Sprinkle top with Parmesan cheese. Bake 350°F for 40-45 minutes.

Serves 8 people as a main dish.

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# Enjoy the nutritional benefits of oatmeal

See related story on Taste front.

## ABC MEATBALL SOUP

- Meatballs**  
 1 pound ground turkey, breast or lean ground beef  
 3/4 cup oats, (quick or old-fashioned, uncooked)  
 1/3 cup barbecue sauce or ketchup
- Soup**  
 1 can (49 ounces) reduced-sodium, fat-free chicken broth  
 1/4 cup alphabet-shaped pasta  
 1 package (10 ounces) frozen mixed vegetables, (do not thaw)

Heat broiler. Lightly spray rack of broiler pan with no-stick cooking spray.

In large bowl, combine meatball ingredients; mix lightly but thoroughly. Transfer to a sheet of foil. Pat mixture into 9 by 6-inch rectangle. Cut into 1 1/2 inch squares; roll each square into a ball. Arrange meatballs on broiler pan.

Broil meatballs 6 to 8 inches from heat about 6 minutes or until cooked through, turning once.

While meatballs cook, bring chicken broth to a boil in a 4-quart saucepan or Dutch oven over medium-high heat. Add pasta and frozen vegetables; return to a boil. Reduce heat; cover and simmer 8 minutes or until vegetables and pasta are tender. Add meatballs and cook 1 minute. Serve immediately.

Yield 6 servings.  
 Nutrition information per

**Serving:** Calories 200; calories from fat 30, total fat 3g, saturated fat 0.5g, cholesterol 35mg, sodium 720mg, total carbohydrates 19g, dietary fiber 4g protein 25g.

Recipe compliments of Quaker Oats

This traditional Latino dish is a spicy meat relish that we have adapted to a meatless version without losing the pizzazz. It is great served with a green salad and Cuban-style black beans and rice.

## OATMEAL/WALNUT PICADILLO

- 2 cups walnut pieces  
 1 cup rolled oats  
 2 eggs, slightly beaten  
 1/4 cup skim milk  
 1/2 large onion, chopped fine  
 1/2 teaspoon sage  
 1/2 teaspoon salt  
 freshly ground black pepper to taste  
 oil for browning (about 2 tablespoons)  
 1/2 cup tomato paste  
 3 1/2 cups vegetable stock  
 1 bay leaf  
 1/2 cup cooked green chilis (or a 4-ounce can)  
 1/2 cup (1 small jar) stuffed green olives, cut in half  
 1 large, tart green apple, peeled and chopped  
 1/4 cup raisins

Grind walnuts in food processor and combine with oats, eggs, milk, onion, sage, salt and pepper.  
 Form patties and brown on both sides in a lightly oiled skillet. Break up burgers with a fork (picadillo means "bits and pieces"). Dilute tomato paste in veg-

etable stock. Add bay leaf and pour into skillet.

Bring to a boil and then reduce heat to a simmer. Cook uncovered, stirring often, for 20 minutes. Add chilis, olives, apple, and raisins, bring to a boil again, and simmer just until apples are tender. Serves six.

**Nutrition information per serving:** Calories 480, protein 14g, fat 38g, sodium 894mg, carbohydrates 30g. Percent of calories from fat 71.

Recipe compliments of HDS Services

## VANISHING OATMEAL RAISIN COOKIES

- 1 cup (2 sticks) margarine or butter, softened  
 1 cup firmly packed brown sugar  
 1/2 cup granulated sugar  
 2 eggs  
 1 teaspoon vanilla  
 1-1/2 cups all-purpose flour  
 1 teaspoon baking soda  
 1 teaspoon ground cinnamon  
 1/2 teaspoon salt (optional)  
 3 cups oats (either quick or old-fashioned, uncooked)  
 1 cup raisins

Heat oven to 350°F. Beat together margarine and sugars until creamy. Add eggs and vanilla; beat well. Add combined flour, salt, cinnamon, and baking soda; mix well. Stir in oats and raisins; mix well.

Drop by rounded tablespoons onto ungreased cookie sheet. Bake 10 to 12 minutes or until light golden brown. Cool 1 minute on cookie sheet; remove to wire rack.

Cool completely. Store in tightly covered container.

Yield about 4 dozen cookies  
**Nutrition Information:** 1 cookie, calories 100, protein 2g, total fat 4g, saturated fat 1g, sodium 75mg, carbohydrates 15g. Calories from fat 40, dietary fiber 1g, sugars 8g, cholesterol 10mg, percent of calories from fat 37.

Recipe compliments of Quaker Oats

## BERRY ALMOND CRUMBLE OATMEAL

- Topping**  
 1/2 cup oats (quick or old-fashioned, uncooked)  
 1/4 cup sliced almonds  
 1/3 cup firmly packed brown sugar  
 1/2 teaspoon ground cinnamon  
 Oatmeal  
 3 cups fat-free milk or low-fat soy drink  
 1 1/2 teaspoons ground cinnamon  
 1/4 teaspoon salt (optional)  
 2 cups oats (quick or old-fashioned, uncooked)  
 1 cup frozen (do not thaw) or canned (drained) blueberries

For topping, combine oats and almonds in a medium skillet. Cook over medium-low heat 4 to 6 minutes, stirring occasionally, until both are lightly browned. Cool completely. In small bowl, combine brown sugar and cinnamon. Add oat mixture; mix well.

For oatmeal, bring milk, cinnamon and salt to a boil in medium



Breakfast: Berry Almond Crumble Oatmeal offers the good-for-you trio of whole grain oats, blueberries and almonds.

saucepan; stir in oats. Return to a boil; reduce heat to medium. Cook 1 minute for quick oats, 5 minutes for old-fashioned oats, stirring occasionally. Gently stir in blueberries. Continue cooking until blueberries are heated through and most of the liquid is absorbed, about 1 minute.

Spoon oatmeal into five cereal bowls. Sprinkle topping over oatmeal.

Yield 5 servings.  
**Nutrition information per serving:** Calories 370, calories from fat 60, total fat 7g, saturated fat 0g, cholesterol less than 5mg, sodium 90mg, total carbohydrates 66g, dietary fiber 6g, protein 13g

Recipe compliments of Quaker Oats

## WHAT'S COOKING

### ULTIMATE CHICKEN SOUP CONTEST

Temple Kol Ami will host its Second Annual Ultimate Chicken Soup Contest at noon Friday, Feb. 25 in the Temple social hall. Contestants must send or fax their recipes with an entry form and may include a brief explanation of the soup's origin, if possible, to the temple by 5 p.m. Friday, Jan. 28. All mailed entries

must be postmarked Jan. 28. A panel of judges will select the top 10 finalists who will be notified by Friday, Feb. 11.

Entry forms are available at Temple Kol Ami, 5085 Walnut Lake Road, West Bloomfield. Call the Temple (248) 661-0040 to have an entry form mailed or faxed to you. The winning recipe will be served at the Capuchin

Soup Kitchen in Detroit.

First prize is a feature segment on "Keith Famic's Adventures in Cooking" on WDIV-TV, Channel 4, and a deluxe soup pot from Kitchen Glamor.

Second prize is dinner for two at Restaurant Di Modesta in Southfield and third prize is a cookbook from Kitchen Glamor.

Come to the Market and

# SAVE!

|  |   |
|--|---|
| <p>Bareman's<br/><b>MILK</b><br/>\$1.89<br/>gal.</p> | <p>Extra Large<br/><b>EGGS</b><br/>69¢<br/>doz.</p>               |
| <p>Bareman's<br/><b>YOGURT</b><br/>3/\$1</p>         | <p>Grade A<br/><b>Chicken BREASTS</b><br/>99¢<br/>Bone-in lb.</p> |

**WESTBORN MARKET**  
 31210 W. Warren at Merriman  
 Just E. of Five Mile (on the west side)

## Picnic Basket MARKET PLACE

48471 Ann Arbor Rd. (W. of Ridge)  
459-2227

## VINTAGE MARKET

29501 Ann Arbor Trail (Just W. of Middlebury)  
422-0160

Prices Effective Monday, January 10 - January 16. All Major Credit Cards Accepted • Food Stamps Accepted

|   |  |   |
|---|--|---|
| <p>USDA Fresh<br/><b>Ground Beef from Ground Sirloin</b><br/>Great Sirloin - \$1.79<br/>5 lbs. or More Only</p> | <p>U.S. Grade A Fresh Lean &amp; Meaty<br/><b>Baby Back Ribs</b><br/>Only \$2.99 LB.</p> | <p>USDA Boneless<br/><b>Sirloin Steaks</b><br/>Only \$3.19 LB.</p>            |
| <p>USDA Boneless<br/><b>Rump Roast</b><br/>Only \$2.39 LB.</p>  | <p>USDA<br/><b>Cube Steaks</b><br/>Only \$2.29 LB.</p>                                   | <p>USDA<br/><b>Stew Beef</b><br/>Only \$2.29 LB.</p>                          |
| <p>USDA<br/><b>T-Bone Steaks</b><br/>Only \$4.29 LB.</p>  | <p><b>WORLD'S BEST PARTY SUBS • CATERING • PARTY TRAYS • TOP QUALITY PIZZAS</b></p>      |   |
| <p>Koulibisk<br/><b>Polish Ham</b><br/>Only \$3.49 LB.</p>  | <p>Lipari's 99% Fat-Free Premium<br/><b>Smoked Turkey</b><br/>Only \$3.99 LB.</p>        | <p>Our Own Famous<br/><b>Cole Slaw</b><br/>Only \$1.79 LB.</p>                |
| <p>Orpel's Premium<br/><b>Corned Beef</b><br/>Only \$4.29 LB.</p>   | <p>Our Own Slow Roasted<br/><b>Rotisserie Roast Beef</b><br/>Only \$4.29 LB.</p>         | <p>Sour Cream &amp; Cheddar<br/><b>Macaroni Salad</b><br/>Only \$1.79 LB.</p> |
| <p>Our Own Pimento<br/><b>Cheese</b><br/>Only \$2.69 LB.</p>  | <p>Lipari's<br/><b>Caraway Cheese</b><br/>Only \$2.69 LB.</p>                            | <p>Bud &amp; Bud Light<br/>24-Pak Case Cans<br/>Only \$13.99</p>              |
| <p>Our Own<br/><b>Michelob &amp; Michelob Light</b><br/>24-Pak Case Bottles<br/>Only \$14.99</p>                |  |   |

Blizzard of Bargains from

# BOB'S OF CANTON

31210 W. Warren at Merriman  
(734) 522-3357  
Hours: Mon - Sat 9-8, Sun 10-6  
We Accept Food Stamps  
VISA MC DISC ATM

Shopping Dates  
Jan. 10 thru 16

|   |   |
|---|---|
| <p>BOB'S PREMIUM PORK<br/><b>SPARE RIBS</b><br/>\$1.89 lb.</p>        | <p>BOB'S PREMIUM BEEF<br/><b>STEAK</b><br/>\$2.99 lb.</p>             |
| <p>BOB'S PREMIUM BEEF<br/><b>TENDERLOIN</b><br/>\$3.99 lb.</p>        | <p>BOB'S PREMIUM BEEF<br/><b>CUBE STEAKS</b><br/>\$2.99 lb.</p>       |
| <p>BOB'S PREMIUM BEEF<br/><b>GROUND ROUND</b><br/>\$1.69 lb.</p>      | <p>BOB'S PREMIUM BEEF<br/><b>CHICKEN BREASTS</b><br/>99¢ lb.</p>      |
| <p>BOB'S PREMIUM BEEF<br/><b>TENDERLOIN</b><br/>\$7.99 lb.</p>        | <p>BOB'S PREMIUM BEEF<br/><b>PORK LOIN ROAST</b><br/>\$2.89 lb.</p>   |
| <p>BOB'S PREMIUM BEEF<br/><b>STEAKS</b><br/>\$9.99 lb.</p>            | <p>BOB'S PREMIUM BEEF<br/><b>PORK CHOPS</b><br/>\$3.19 lb.</p>        |
| <p>BOB'S PREMIUM BEEF<br/><b>SIRLOIN TIP ROAST</b><br/>\$2.19 lb.</p> | <p>BOB'S PREMIUM BEEF<br/><b>N.Y. STRIP STEAKS</b><br/>\$4.59 lb.</p> |

## MEDICAL BRIEFS

### Weight issues

"Weigh Down Workshop" orientation meeting tonight, Sunday, Jan. 9. A Biblical approach to weight loss will be discussed from 7-8:30 p.m. at St. Joseph Mercy Hospital Education Center in Ann Arbor.

Call Dana or Ed Burley for more information at (734) 482-4098.

### Life Line screen

The American Legion Post No. 32 will offer area residents the opportunity to have three primary health screenings to detect the risk of stroke and vascular disease Wednesday, Jan. 12, at 9318 Newburgh Road in Livonia.

These tests include a carotid artery screening test, abdominal aortic aneurysm test and an ankle brachial index.

Tests are offered for \$35 each compared to between \$300 and \$500 for similar diagnostic tests.

Call (800) 407-4557 to schedule an appointment at least 24 hours in advance.

### Blood pressure

Marquette House, a residential assisted living facility in Westland, will hold blood pressure screenings every fourth Tuesday in conjunction with the Visiting Nurse Association.

Screenings are open to the public from 11 a.m. to noon at the Marquette House, 36000 Campus Drive (across from John Glenn High School).

Call (734) 326-6537 for more information.

### Dads boot camp

"Boot Camp for New Dads." This highly successful program is a special man-to-man workshop that builds pride and confidence in caring for first babies.

Teaches useful tips on baby care, parenthood, becoming a family and more.

To be held at 9 a.m. to noon at St. Joseph Mercy Health System's Health Stop in Briarwood Mall in Ann Arbor, Saturday, Jan. 15, and at the Canton Health Center on Saturday, Jan. 29. To register call (734) 712-5400.

### Heroin/opiate talk

St. Mary Hospital is now offering a series of mental health and substance abuse classes that focus on the problems associated with mental illness and addiction and what can be done to effectively treat these disorders.

The first class in this series, "Heroin and Opiate Addiction," is 6-7:30 p.m. Monday, Jan. 17, in the Pavilion Conference Room.

To register, call (734) 655-2944 or (800) 494-0277.

### Alzheimer's support

A free support group for family members, friends and caregivers of people with Alzheimer's disease meets Wednesday, Jan. 12, in classroom No. 1 at Garden City Hospital.

For more information, call (734) 458-4330.

## Ten-hut!

### Men learn their way around a baby in 'Dads Boot Camp'

Several long, brown conference tables ran along the walls of the tidy room, giving it a distinguished appearance befitting an executive board meeting. Yet, the sight and sounds of 15-month-old Andrew O'Doherty frolicking around, as well as the infantile cries of his cousin Carleigh, were proof enough that normal business dealings were not going to take place at this meeting.

No, the agenda here consisted of, among other things, feeding, burping, and changing diapers.

#### A bun in the oven

The recent gathering of about two-dozen men and the two children in an instruction room at St. Joseph-Mercy Hospital in Ann Arbor was held for "Boot Camp for New Dads," a national program designed to help prepare men who are expecting their first children.

"What do you do if your baby starts screaming and crying when you are trying to change a diaper?" asked Michael Fuller, meeting a roomful of blank stares from the apprehensive and dumbfounded "recruits."

Fuller, the facilitator of the program and father of three, and his team of "veterans," which on this night consisted of brothers Gil and Kevin O'Doherty, doled out advice on a host of topics relevant to fatherhood.

Relating the necessary skills to cope with a crying infant was just some of the advice they provided.

"If there is one piece of advice I can give all of you — something to keep in

**'To be a dad might be natural, but to be a good dad takes work.'**

Kevin O'Doherty  
—veteran father

the back of your mind and remember — just be flexible. Be willing to go with the flow. Understand that there are going to be some big changes in your lives. Be prepared to accept and do whatever is necessary to deal with them," Fuller told his recruits.

The veterans are particularly instrumental to the success of the program. Not only do they furnish valuable parenting know-how, but they also bring along their children so the recruits can get some hands-on experience of holding and caring for the youngsters.

In other words, stuff that can't be learned from reading a book. At this meeting, recruits were able to play with Kevin's son Andrew, as well as learn holding techniques with Gil's 3-month-old daughter, Carleigh. One lucky recruit even got to change her diaper, while the rest attentively watched.

#### How does this thing work?

"The hospital doesn't send you home with a manual," Kevin told the group. "To be a dad might be natural, but to be a good dad takes work. Learn all the information you can that will help you cope."

The one-time, three-hour course



PHOTO BY KURT KUBAN

Be careful: Gil O'Doherty watches as a boot camp father-to-be changes Carleigh's diaper.

brings into focus that the nature of parenting has evolved over the course of the last generation. Traditionally, women who stayed home were largely responsible for raising children, while the father was off at work providing the family income. Because of this, children often had a more distant relationship with their father.

Fuller believes this structure has changed, which is why there is a need for a program like Boot Camp for New Dads, which helps men learn how to bond with their infant children.

"As times are progressing, we are finding out that dad can be just as good a parent as mom. And dads can be, and should be, just as involved with the raising of the children," Fuller said.

One of the unique aspects of the program is that it is designed to provide an environment where there can be a free flow of ideas, where the men can express their concerns and discuss their experiences without fear of retribution from spouses, partners or of being politically incorrect.

#### No women allowed

"The only females allowed in here are under the age of 3," Fuller joked.

At this particular meeting, the ages of the recruits varied greatly, though most were in their thirties. They also came from different walks of life, with occupations ranging from engineers and educators to construction workers and salesmen.

While some came seeking specific knowledge, such as how to calm a crying baby or change a diaper, most were there to learn anything and everything they could. The common denominator among them seemed to be

**'As times are progressing, we are finding out that dad can be just as good a parent as mom.'**

Michael Fuller  
—facilitator

inexperience and concern over being a good father.

"When I saw the ad for the class, what caught my eye was the fact that it would be first-time dads discussing the issues. I don't have that much time for reading up on these topics, so I thought to myself, 'I'm going to pick up a lot from what these guys are saying to each other.' That is why I'm here," said Alan Ribant, manager of Chelsea's Purple Rose Theater Company, who is expecting his first child on March 9.

"I have all kinds of fears. In three months, I'm going to be doing this [fatherhood]. Just sitting here listening to the other fears, I realize I'm not alone."

By the end of the class, most of the recruits were laughing and had gained confidence just by knowing they were not alone in the forthcoming jump into fatherhood.

"By being here you have taken the first step of being the best father you can be," Fuller told them.

The Boot Camp for New Dads program is held at different hospitals throughout the nation. St. Joseph-Mercy is the local sponsor, and holds a number of meetings during the course of the year. To find out more information, contact the hospital, or look up the program's Web site at [www.newdads.com](http://www.newdads.com).



Is it formula yet? Alan Ribant feeds 3-month-old Carleigh O'Doherty while her dad and boot camp instructor Gil O'Doherty helps him support her head.

## MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail [kmortson@oe.homecomm.net](mailto:kmortson@oe.homecomm.net) or faxed to (734) 591-7279.

### ONGOING

**ADULT CHILDREN OF ALCOHOLICS**  
Adult Children of Alcoholics and dysfunctional families gather everyday for 12 step support group meetings in the metro area. To find a meeting near you call (248) 988-0873 or write: ACA, P.O. Box 401483, Redford, MI 48240-9489, for information.

**BLOOD PRESSURE SCREENINGS**  
Marquette House, a residential assisted living facility in Westland, will hold blood pressure screenings every fourth Tuesday in conjunction with Visiting Nurse Association. Screenings are open to the public from 11 a.m. to noon at the Marquette House, 36000 Campus Drive (across from John Glenn High School). Call (734) 326-6537 for information.

### MON, JAN. 10

**YOUNG MOTHER'S SUPPORT**  
The Young Mother's Assistance Program (Y-MAP) will host their December support group from 6-8 p.m. at Newburg United Methodist Church (36500 Ann Arbor Trail) in Livonia. For information call (734) 513-7598. Meetings are always held on the second Monday of each month. Y-MAP provides moms an opportunity to meet with other young parents and share feelings and experiences with each other. Speakers are invited to share topics of interest including positive parenting, substance abuse, job search, education and more. Child care is provided by licensed care givers at no charge. A light dinner and refreshments will also be available.

**GERONTOLOGY COURSES**  
Madonna University will offer two gerontology courses — "Introduction to Case Management Practice," will be held on Mondays from 4-7 p.m. beginning Jan. 10 and will conclude Jan. 31. This course will examine a framework of case management practices. The non-credit fee is \$100. The workshop "Developing and Monitoring Care in Case Management Practice," will be

held on Mondays from 4-7 p.m. beginning Feb. 7 through Feb. 28 and again on Monday, March 13. This course will provide students with the ability to research, plan, pay for, monitor and evaluate services using a community-based care management model. The non-credit fee is \$100. Call (734) 432-5731 to register.

**SMOKING CESSATION**  
"Smoke Free Living," smoking cessation classes, from 6:30-8:30 p.m. at St. Mary Hospital. Call (734) 655-8940.

**THYROID SUPPORT**  
The Southeastern Michigan Support Group will meet at 6:30 p.m. Jacqui Magon, certified yoga therapist will begin speaking at 7 p.m. All meetings are at the Plymouth Library. Call Tracy Green for a reservation (734) 453-7945 or e-mail [mitg@mediaone.net](mailto:mitg@mediaone.net)

### WED, JAN. 12

**POSTNATAL FITNESS**  
Pre/postnatal fitness class, meets every Wednesday for six weeks at St. Mary Hospital. Call (734) 655-8940.

**AND THE BEAT GOES ON**  
Risk Factor Modification classes. Car-

diovascular information whether you have a cardiovascular condition or not. Walk-ins are welcome. "Exercising During the Cold Months," will be held from 6-7 p.m.

**PRE-MARRIAGE COUNSELING**  
Couples applying for a marriage license must show proof that they have received counseling regarding the transmission and prevention of sexually transmitted disease and AIDS. \$25/couple, \$15/single. From 7-8 p.m. at the Mission Health Medical Center - Livonia. To register call (877) 345-5500.

**DIABETES SUPPORT**  
Diabetes support group, from 7-8:30 p.m. Call (734) 655-8940. Linda DeVore, registered dietitian, will be speaking on "Carbohydrate Counting and Label Reading."

**HANDLING HORMONES**  
"A Solution to PMS and Menopause," workshop will be offered from 7-8 p.m. at Canton Center Chiropractic Clinic at no charge. This gives participants not only a complete understanding of the cause of symptoms that occur during PMS and menopause but also their solutions via diet, vitamins, exercise and stress reduction. Seating is limited.

Please see DATEBOOK, D6

**Who wants more health news?**  
The Observer's Medical Datebook is a free, monthly publication that provides information on health care services, medical facilities, and health care professionals in the Observer area. It's a must-read for anyone interested in health care.

For more information, call (734) 458-4330.

# High tech: helpful, yes, but annoying, too

PC MIKE



MIKE WENDLAND

Spent the past week covering the latest in technology at the Consumer Electronics Show in Las Vegas. And while these truly are exciting high tech times in which we live, I have to say that after wandering all over the show and looking at the new products and talking with people, there are still a lot of things that need some major improvements.

Here are some of the things that bug me the most and, judging by my CES conversations and the e-mail I receive from consumers, also bugs the computer using public:

### MULTIMEDIA MADNESS

Sure we have streaming video. But there are too many formats from too

many companies requiring too many plug-ins to Internet web browsers. Worse yet, after waiting 10 minutes to download something, we then have to squint to view in a one inch square window.

### OVER-CONNECTIVITY

I admit to being a bit of a geek. I carry a pager, a digital phone, and a Palm Pilot. But at CES, we saw companies urging us to browse the web on our wireless phones, listen to our e-mail in Internet-connected cars and even have our refrigerators and microwaves at home equipped with Internet devices so we could surf while we cook. I just don't think we need to be that connected. There should be some places where we're unplugged.

### CD-ROM CASES

They break too easily. And can't they figure out a way to wrap them in cellophane in such a way that you can then unwrap them without having to use a

pair of scissors?

### CUMBERSOME BOOT-UPS

I timed my Dell laptop the other day. It took nearly three minutes from the second I pushed the "on" button until the computer was ready to use. Bill Gates is right when he says instant-on convenience should be a prime goal for PC makers.

### SHUT-DOWN PROCEDURES

Think about it: Does it make sense that when you want to turn off your Windows computer, you have to first go to the "Start" button on the lower left bottom of the screen? We need a simple "off" switch or button that does it all for us.

### PC/MAC WARS

Let's give it up already. Macs are great, so are PCs. But the fact that they are still basically incompatible is silly. On a short term basis, there needs to be better translation and emulation soft-

ware developed for PC's. Apple and some of its third party developers, are better at this than PC makers. What's really needed is an operating system that goes both ways.

### DONGLES

You know what a dongle is, right? It's that little doodad that plugs into laptop PC card modem or network adapter. And they always break. Always. There are a few cards that now have connectors built right in but most still use dongles. I'm convinced the only reason they use dongles is to make more money selling us replacement dongles.

### WEB SITE REGISTRATIONS

I propose that we all start boycotting Web sites that make us complete long, personal registration forms before they allow us to use their features. And if we do register and that Web site then sells our name to Internet spammers I propose that that greedy Web site then be forced to pay all of our Internet access

fees for life.

### TRASH E-MAIL

Everyone at the CES show was complaining about the latest e-mail urban legend they've been receiving, the one that supposedly recounts how many members of Congress have had legal difficulties, domestic violence problems and the like. The e-mail is totally unreliable. There's no source for the statistics given and no reason to believe it is true. Yet I personally have received over 50 of these e-mails this week, blindly sent by gullible people who immediately think it is true because they got the info from the Internet. Enough already!

Mike Wendland covers computers and technology for NBC Television stations across the country. He also hosts a weekend call-in radio show called "PC Talk" on WXYT, Talkradio 1270. He can be reached through his Web site at [www.pcmike.com](http://www.pcmike.com)

## Datebook from page D4

ed. Dr. Robert Potter will facilitate the program. Sign up at the front desk or call (734) 455-6767.

### THUR, JAN. 13

**FOCUS ON LIVING**  
A self-help designed to bring together persons living with cancer. A nurse facilitator provides opportunities for all to share their mutual concerns. Groups meet in the Medical Office Building of Garden City Hospital. Free of charge. Call 458-3311.

**MALL WALKING**  
Join Watson's Livonia Mall Walking Club. Enjoyable, low-impact, climate-controlled exercise. Blood pressure screenings available the third Wednesday of every month, 8-10 a.m. Livonia Mall is open to walkers 7:30 a.m.-9 p.m., Monday-Saturday; 9:30 a.m.-5 p.m., Sunday. Located at 29514 Seven Mile Road (at the corner of Seven Mile and Middlebelt roads.) For more information, call (248) 477-6100.

**CPR RETRAINING**  
Basic Life Support (CPR Retraining), from 7-10 p.m. at St. Mary Hospital. Call (734) 655-8940.

**INFANT CARE**  
Infant care class, "Caring for the Sick Infant," from 7-9 p.m. at St. Mary Hospital. Call (734) 655-8940.

**SAT, JAN. 15**  
**BOOT CAMP FOR DADS**  
Boot Camp for New Dads. This highly successful program is a special man-to-man workshop that builds pride and confidence in caring for first babies. Teaches useful tips on baby care, parenthood, becoming a family and more. To be held at 9 a.m. to noon at St. Joseph Mercy Health System's Health Stop in Briarwood Mall in Ann Arbor, Saturday, Jan. 15 and at the Canton Health Center on Saturday, Jan. 29. To register call (734) 712-5400.

**MON, JAN. 17**  
**SUBSTANCE ABUSE**  
Mental health and substance abuse class-heroin and opiate addiction, Jan. 17, from 6-7:30 p.m. Call (734) 655-2944.

**ANTI-AGING CLASS**  
This informative lecture series is presented by Pamela Smith, M.D., board certified in anti-aging medicine. To be held at Canton Summit on the Park beginning at 7 p.m. The topic for this first class is "Growth Hormone: Is it the fountain of youth?" To register call (734) 398-7522.

**THUR, JAN. 20**  
**MODERN MENOPAUSE**  
"Modern Approach to Menopause," Jan. 20, from 7-9 p.m. Call (734) 655-1100. Michael Gatt, M.D. and Timothy Johnson, M.D., will define menopause, discuss the diagnosis of menopause and explore current treatment options. There

### TUE, JAN. 18

**THE ART OF MASSAGE I**  
Learn the basic strokes of a relaxing, therapeutic massage. Good for self-massage, helping family members and friends, couples massage, or for those considering professional training. Bring two sheets, a pillow case, a towel, massage oil, and dress comfortably. Your instructor, Celeste Hamilton, is nationally certified and has 17 years of experience in teaching massage therapy. Class runs Tuesday, Jan. 18-Feb. 8 from 6-9 p.m. Cost is \$150. Healing Arts Clinic is located at 340 N. Main Street #205 in Plymouth. Call (734) 207-0557 to register.

**CPR TRAINING**  
Basic Life Support (CPR Training), Jan. 18-19, from 7-9:30 p.m. Call (734) 655-8940.

**WED, JAN. 19**  
**YOGA**  
A series of graceful, slow motion movements for increasing flexibility and tone, improving health and mental outlook. Good for relief from muscular tension and mental stress. Dress comfortable and bring a mat. Your instructor is a certified fitness instructor and personal trainer with 16 years of teaching experience. Classes run from 6-7 p.m. and 7:15-8:15 p.m. Jan. 19 - Feb. 23. Cost is \$48 for 6 week class; drop-in rate per class is \$10. Healing Arts Clinic is located at 340 N. Main Street #205 in Plymouth. Call (734) 207-0557 to register.

**LARYNGECTOMY SUPPORT**  
For people who have had or are going to have surgical removal of their vocal cords and their family and friends. In coordination with the Michigan Cancer Foundation Support Services. The group meets at 2 p.m. at Garden City Hospital free of charge. Call 458-3381.

**ADULT CPR CLASSES**  
Three hour evening class conducted at 7 p.m. at Garden City Hospital, 6245 Inkster Road in Classroom #3 of Garden City Hospital Medical Office Building. Free of charge. Call 458-3481.

**THUR, JAN. 20**  
**SMOKING CESSATION**  
A stop smoking program will be held at Providence Medical Center - Providence Park at 47601 Grand River -Beek Road entrance) from 10 a.m. to noon Call (877) 345-5500 to register.

**FRI, JAN. 21**  
**LISTENING SKILLS COURSE**  
Madonna University will offer the social work course, "Empathy Listening Skills." Students may choose from two different dates - Friday, Jan. 21 and Saturday, Jan. 22. The course will be repeated in Feb. on Friday, Feb. 25 and Saturday, Feb. 26. The class meets on Fridays from 5-9 p.m. and Saturday from 9 a.m. to 5 p.m. The non-credit fee is \$1000. Call (734) 432-5731 to register.

**SAT, JAN. 22**  
**AEROBIC CERTIFICATION**  
Potential and current fitness instructors will learn basic academic and practical application of teaching group exercise. No college, science or teaching background required. Workshop registration includes a full day review, written exam, 2-year certificate and membership. Class begins at 8:30 a.m. at Complete Health & Fitness, 35000 Warren Road, Westland. Call 800 AERO-BIC to register. Space is limited.

**SAT, JAN. 22**  
**WEIGHT CONTROL**  
Novi Park: Providence Medical Center, 47601 Grand River (Beek Road entrance) will host the weight control program from 1-3 p.m. To register call (877) 345-5500.

**THUR, JAN. 20**  
**ANTI-AGING CLASS**  
This informative lecture series is presented by Pamela Smith, M.D., board certified in anti-aging medicine. To be held at Canton Summit on the Park beginning at 7 p.m. The topic for this first class is "Growth Hormone: Is it the fountain of youth?" To register call (734) 398-7522.

**THUR, JAN. 20**  
**MODERN MENOPAUSE**  
"Modern Approach to Menopause," Jan. 20, from 7-9 p.m. Call (734) 655-1100. Michael Gatt, M.D. and Timothy Johnson, M.D., will define menopause, discuss the diagnosis of menopause and explore current treatment options. There

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**SMOKING CESSATION**  
A stop smoking program will be held at Providence Medical Center - Providence Park at 47601 Grand River -Beek Road entrance) from 10 a.m. to noon Call (877) 345-5500 to register.

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**ANTI-AGING CLASS**  
This informative lecture series is presented by Pamela Smith, M.D., board certified in anti-aging medicine. To be held at Canton Summit on the Park beginning at 7 p.m. The topic for this first class is "Growth Hormone: Is it the fountain of youth?" To register call (734) 398-7522.

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### Arthritis Today

Laura J. Weiss, M.D. Rheumatology  
3829 Farmington Road  
Livonia, Michigan 48152  
Phone (248) 478 7860

#### DOES ARTHRITIS EXIST?

Only forms of arthritis exist. There is rheumatoid arthritis, osteoarthritis, gouty arthritis, psoriatic arthritis and more. Each type of arthritis is distinct with characteristics of cause, diagnosis, treatment, and long term outlook that make it different from other arthritic conditions.

Therefore you must be alert when you hear that a vitamin, supplement, or a new drug is "good against arthritis." Such can not be the case because the diversity of arthritis makes it unlikely that one therapy would prove useful against both osteoarthritis and gout, or be valuable in both rheumatoid arthritis and lupus arthritis.

Advances in the treatment of arthritis come from careful studies of patients with a particular arthritis. Most investigations of new therapies concentrate on rheumatoid and osteoarthritis, as they are most common. If the new therapy for one type proves valuable, those persons or organizations developing the drug cannot draw the conclusion that this therapy will help another arthritis. To prove that point, requires another carefully designed study. The diversity of arthritis allows no guarantee of success without evaluation.

You need to read advertisements for arthritis drugs and supplements carefully, and listen attentively when a radio or TV talk show hosts someone discussing arthritis. Treatment in the advertisement or the speaker is not specific in matching the form of arthritis with the treatment being promoted; then you should not take your time to find the therapy or use your money to buy it.

### DENTISTRY

## For The 21st Century

by Herbert M. Gardner, D.D.S.

#### WHITER PROSPECTS

Aside from the standard that is the result of brushing, flossing and rinsing, there are physiological conditions that cause yellowing during the night. These include: 1. Enamel erosion due to acid reflux or regurgitation. 2. Enamel erosion due to acid reflux or regurgitation. 3. Enamel erosion due to acid reflux or regurgitation. 4. Enamel erosion due to acid reflux or regurgitation. 5. Enamel erosion due to acid reflux or regurgitation. 6. Enamel erosion due to acid reflux or regurgitation. 7. Enamel erosion due to acid reflux or regurgitation. 8. Enamel erosion due to acid reflux or regurgitation. 9. Enamel erosion due to acid reflux or regurgitation. 10. Enamel erosion due to acid reflux or regurgitation.

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## Holiday Blues?

Does this describe you...

- Hopeless
- Trouble with sleep
- Sad or Blue
- Changes in appetite or weight
- Low energy
- Loss of interest or pleasure

When we're depressed, we often feel worse during the holidays. The Institute For Health Studies is now studying investigational medication for depression in adults 18 and older. All research care is provided at no cost to those who qualify.

Individuals experiencing possible mental or physical ailments cannot be accepted for research. If you are interested in the research, please call:

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