

Westland Observer

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More exit ramps closed

Entrance and exit ramps for northbound I-275 face reconstruction this weekend and through the early part of this week.

On Friday, a ramp from northbound I-275 to Eight Mile Road was closed and a ramp from Seven Mile onto northbound I-275 also was shut down. These ramps will be cleared of old pavement, the surface graded, then new concrete poured. This work should be completed by Thursday, weather permitting.

The ramp from Eight Mile to northbound I-275 will remain closed for approximately 10 days for repaving.

Motorists should read the roadway construction signs for detour instructions and use alternate routes to access the freeway, if necessary.

THE WEEK AHEAD

Swimming: The pool at Westland's Bailey Center is on Ford at Carlson. Regular hours are noon to 3:30 p.m. and 4:30-7:30 p.m. daily. The outdoor pool is heated. Monday, Sept. 6, Labor Day, is the last day. For information, call (734) 722-7620.

MONDAY

No meeting: There will be no Westland City Council meeting this Monday. The next regular meeting will be 7 p.m. Tuesday, Sept. 7, in council chambers of City Hall, on Ford near Carlson in Westland.

THURSDAY

Speak up: The Westland Easy Talkers Toastmasters Club No. 6694 (formerly Holy Smokemasters) teaches public speaking at the club's weekly meetings 6:30 p.m. Thursdays at Denny's Restaurant, 7725 N. Wayne Road next to Westland Center. Call John Elbe at (734) 326-5419.

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Schools race to opening

■ Wednesday, Sept. 1, is the first day of classes for the Wayne-Westland Community Schools. Administrators are promising school building readiness, in the wake of summer construction projects.

BY DARRELL CLEM
STAFF WRITER
dclem@oe.homecomm.net

Wayne-Westland students and employees will face a few snags when they return to school this week, due to an enormous summer construction season, district officials said Friday.

But work crews are scrambling to finish as many building renovations as possible, and school officials don't expect major problems.

"We never anticipated that we'd be 100 percent done," Charlotte Sherman, assistant superintendent of general administration, said.

Some teachers trying to return early to major school construction sites learned last week that they'd have to wait until Monday to prepare their classrooms for students, who report back Wednesday.

Please see SCHOOL, A3



STAFF PHOTOS BY TOM HAWLEY

School days: Greg Tulik of Quality Floor Co. in Oak Park places new floor tiles at Lincoln Elementary in Westland. Above right, Bill Camp, executive director/secondary education in Wayne-Westland, and Celestine Sanders, Adams Middle School principal, survey work in the new counseling area at Adams.

Livonia teachers lacking contract

BY MARIE CHESTNEY
STAFF WRITER
mchestney@oe.homecomm.net

Twelve hundred teachers in Livonia Public Schools will stream into a mass meeting at Churchill High today to decide how to deal with a new school year that starts Monday without a new contract with the school district.

Teachers are expected back in school Monday to get classrooms ready for the first day of school for students, which is Tuesday.

The Livonia Education Association, the teachers' union, has asked the district to extend the current contract, said Karen Zyczynski, LEA president. The current contract expired Aug. 16.

Please see CONTRACT, A3

Program takes aim at problems of road rage

BY DARRELL CLEM
STAFF WRITER
dclem@oe.homecomm.net

Westland police, blaming combative motorists for an increase in serious crashes, are clamping down on road rage.

Sgt. Peter Brokas, saying the problem has become "prevalent" on roadways, is warning temper-driven motorists to cool down or pay up - in traffic tickets and fines.

"We have to do something as police officers to protect the public," he said.

To catch offenders, six patrol cars will muscle in on a one- to two-mile stretch of road to crack down on dangerous drivers - then shift their efforts to another area.

Police officials say rage-prone drivers - already inconsiderate - have become aggravated by other factors.

Construction projects have slowed traffic flow, and a robust economy has put more people to work.

"People have less time, and their stress level is high," Police Chief Emery Price said. "Their tempers are shorter, and it's just adding to the problem."

Brokas said some good drivers have started responding to road rage with their own anger.

"It has reached a point where road rage is not only prevalent but understandable," Brokas said in an announcement of the new crackdown.

"Those drivers who obey the traffic laws have not seen any accountability by those who do not," he said. "They are now doing those things which just a few years ago raised their eyebrows."

He blamed police officers, partly, for failing to enforce traffic codes.

Please see RAGE, A4

Case has family fearful

BY DARRELL CLEM
STAFF WRITER
dclem@oe.homecomm.net

It seemed like a typical summer night for a Westland couple - until two gun-wielding strangers burst into their home threatening to kill them over a drug debt their son supposedly owed.

Held at gunpoint for 45 minutes, the couple and their son survived death threats only to spend the next few weeks

in motels, fearing their assailants' return, police said.

Now, authorities say this Westland family may find some peace after the arrest of two suspects who face a Thursday court hearing on multiple felony charges.

Police reports give the following account:

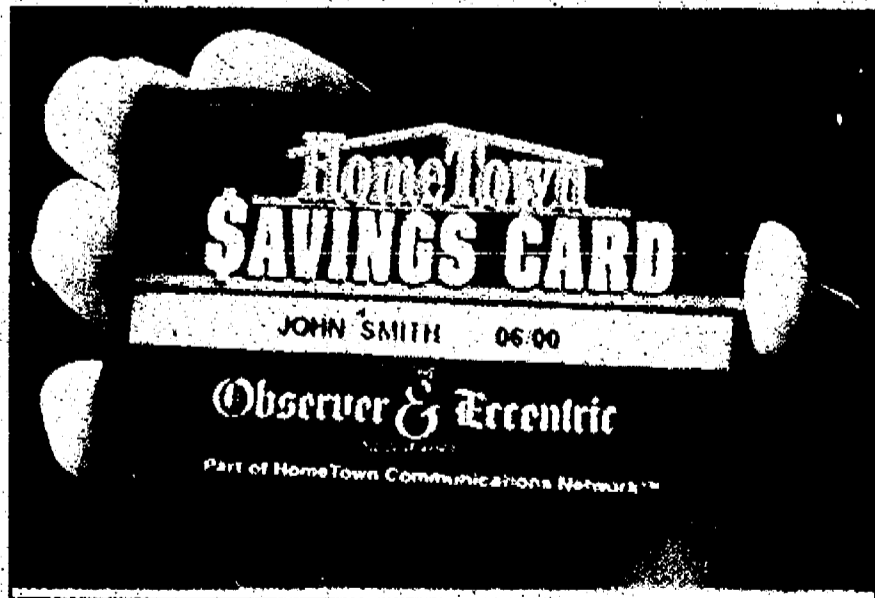
The incident started at 11 p.m. July 28 on Fernwood, a usually quiet residential street near Merriman and Cherry Hill. A

50-year-old homeowner lay in bed as his wife, 45, watched television on the couch. Their 18-year-old son was in the kitchen.

Suddenly two men - one wielding an assault rifle and the other a handgun - burst in through an unlocked screen door, rounding up the family and threatening to kill them. One suspect fired a warning shot into the kitchen floor.

The family told police the suspects

Please see FEARFUL, A4



STAFF PHOTO BY BILL BRESLER

Card provides savings

Just what you need, another discount card, right? Right!

Today marks the debut of the Observer & Eccentric's HomeTown Savings Card Program for annual subscribers. If you renewed your subscription in July or August, you'll soon receive two cards in the mail, one for your wallet and one for your key chain.

These cards are good for special discounts and free offers at participating merchants throughout the community. Just look for the HomeTown Saving

Card decal on the merchant's window.

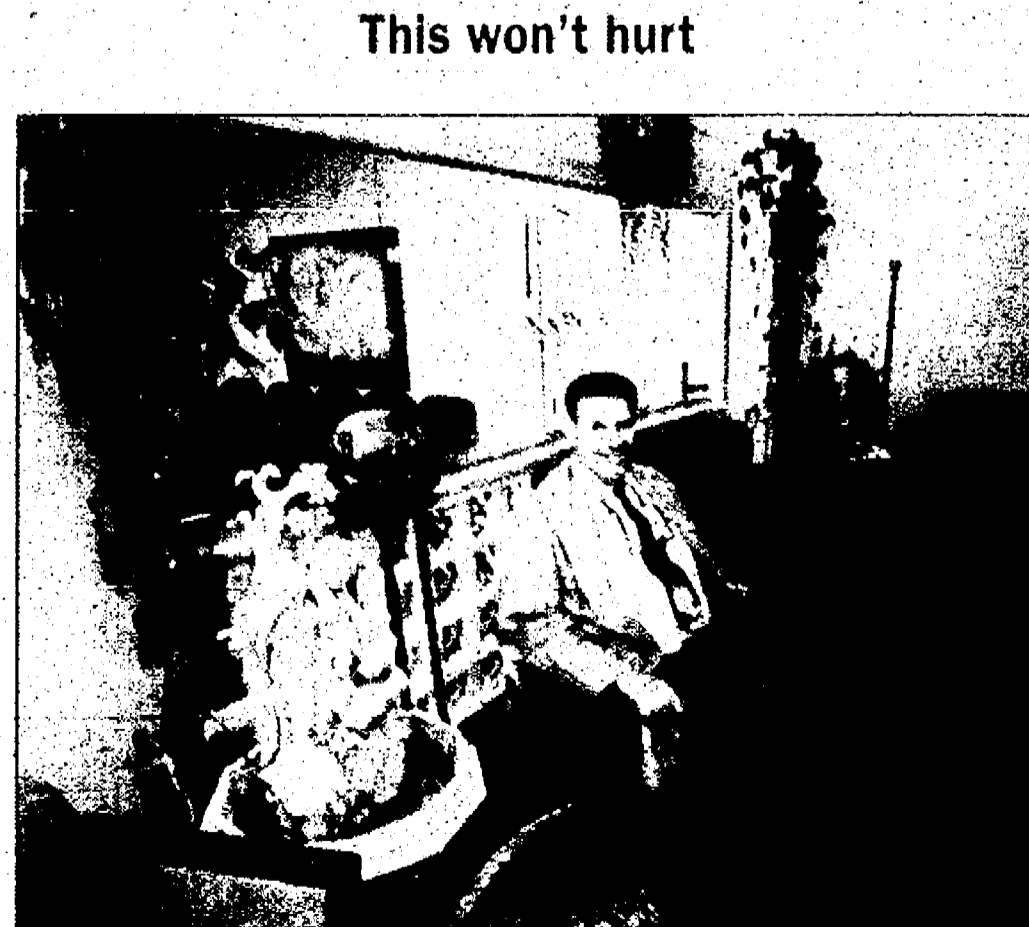
If you live in Westland, satisfy your sweet tooth with a 10 percent discount at Mary Denning's Cakes or play pool at the Electric Stick for an extra hour free.

These are just a few of the offerings in your community.

"We intend to increase our directory of participants so this card can be used in many more places," said Mark Warren, circulation director. "We hope to

Please see SAVINGS, A1

Worthy: Today's the beginning of the Observer & Eccentric's HomeTown Savings Card Program for annual subscribers.



STAFF PHOTO BY TOM HAWLEY

Elegance: Clint Anderson, D.D.S., relaxes in the waiting room of his newly renovated office on Warren in Westland. The office includes a variety of features to put patients at ease. For more on the dental remodeling, see Page A2.



STAFF PHOTO BY TOM HAWLEY

Tickle the Ivories: Dr. Clint Anderson has a player piano in his Westland dental office.

Dental office has festive look

BY JANICE ESTES
SPECIAL WRITER

Clint Anderson, D.D.S., knows what it takes to put his patients at ease. Let's face it, most of us regress to our childhood with the thought of going to the dentist. Never mind the many new painless procedures available.

Some things, like the anticipation of pain (forthcoming or not) and the crescendo of sound of an electric tool heading straight for your mug, have remained unchanged throughout the years.

Family Dentistry is located at the corner of Warren and Yale, across from the Westland Center. The plain one-story brick office building is almost hidden by trees. Therein has been the office of Anderson since 1993.

The office evolved from a recent remodeling which includes a bright decor to match the cozy couches, the addition of a player piano in the waiting room, and, to soothe the nerves in the dental chairs, a built-in aquarium with an amazing collection of fish.

Anderson and his staff, office manager Mike Lehr, dental assistant Danette Thigpen and dental assistant Cynthia Biggs, have a wizardly way with children. To encourage good habits, there is the "No Cavity Club" in which a child's name is drawn periodically to win a prize. When the winner comes in to pick it up, his or her picture is taken and proudly posted on the bulletin board.

Personalized birthday cards are sent and special "loot bags" are provided on the way out.

For information, call (734) 595-6266.

Damage reported at construction site in city

Vandals trashed portions of an under-construction Best Buy store on the northeast corner of Wayne Road and Central City Parkway, causing thousands of dollars in damages, police said.

A subcontractor foreman found the vandalism about 6 a.m. Wednesday, and a police report indicated the break-in occurred within the previous 11 hours.

Structural damages appeared to be caused by a forklift ramming into walls, interior poles and glass doors, police said.

The foreman also found paint splattered on interior columns and on carpet near a store

Structural damages appeared to be caused by a forklift ramming into walls, interior poles and glass doors, police said. The foreman also found paint splattered on interior columns and on carpet near a store entrance, police said.

entrance, police said. Damage has been estimated at \$50,000, Westland police Lt. Marc Stobbe said.

Best Buy officials are renovating the former Handy Andy building amid hopes of opening for business sometime early next year. The company will be moving down the street from its

current Westland location. The vandalism remains under investigation by police.

Anyone who has information is encouraged to call Stobbe at (734) 721-6311. Anonymous tips may be made to Crime Stoppers of Michigan at (800) 831-3111.

ACHIEVERS

Timothy Sullivan of Westland, a senior at Eastern Michigan University, has received the Michigan Council of Teachers of Mathematics Theresa Denman Scholarship for 1999-2000. Sullivan is a 1995 graduate of Westland John Glenn High School and the son of Dan and Darlene Sullivan of Westland.

Sullivan will receive \$1,500 for tuition, books, laboratory and other fees. He plans to teach elementary school.

He was selected from a field of 48 applicants, Michigan residents who are juniors or seniors at Michigan colleges and universities. They must be enrolled in a teacher education program with mathematics as a specialty. The Denman recipient must plan to teach elementary school.

The scholarship is given in memory of Theresa Denman, who served as a supervisor of elementary mathematics in the Detroit Public Schools.

Sullivan, who will graduate in December 2000, said "One of my most enjoyable moments in the classroom is watching the expression on a student's face when he/she solves a problem."

He believes that the role of teachers is "to guide their students in their classwork and provide help toward solving problems on their own."

Items for Achievers may be sent to the Westland Observer, 36251 Schoolcraft, Livonia, MI 48150, faxed to (734) 591-7279 or sent via e-mail to jbrown@oe.homecomm.net. Many items come directly from colleges and universities.

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District court's beefing up its security

The 18th District Court of Westland will begin a weapon screening procedure Monday, Aug. 30. A walk-through magnetometer and X-ray machine will screen all people and parcels entering the courthouse.

Chief Judge C. Charles Bokos and Judge Gail McKnight believe a screening procedure will increase the safety of all personnel and public participants entering the courthouse.

The two judges believed "con-

sidering some of the recent events that additional security measures needed to be taken," said David Wiacek, court administrator.

To lessen delay at the screening station, the public is advised to limit the amount of metallic items carried. Anyone found in possession of illegal weapons, drugs or unauthorized items will be subject to confiscation and possible arrest.

All building access is through

the south entry doors. Parking is in the east and south lots. Handicap parking is near the main entry door of the south parking area.

For information, call the court administrator's office at (734) 595-8720.

Court security hasn't been a major issue. "Knock on wood, there hasn't been yet," said Wiacek. The court handles cases, including domestic violence, that could lead to incidents.

"We're implementing a preventative measure," Wiacek said. Violent events have happened in schools and businesses, and court officials wanted to be prepared.

"It's going to be a learning experience." The district court has implemented such security measures in the past for high-profile cases, he said.

"Many of the citizens welcome this as well for their own safety and security."
The following items will be

confiscated at the court, regardless of size: guns; knives; aerosol sprays; pepper spray; razor blades; cameras; padlocks; heavy chain items; tools; knitting needles; glass items; spurs; scissors; corkscrews; electronic devices such as cell phones, beepers, radios and laptop computers; heavy keys; markers; heavy metal belts; nails, screws, etc.; forks, spoons, etc.; handcuffs and handcuff keys; liquid-holding containers such as pop bottles, water bottles, coffee cups, etc.; food; martial arts paraphernalia/weapons; gang paraphernalia; other items that could be used as a weapon to cause injury/bodily harm.

Items confiscated will not be returned. Wiacek said signs will alert people at court to the forbidden items, and court personnel will advise them to return items to their cars.

"We have had people coming in before with spurs," he said. "You try to cover every base."

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 - \$20 for the first print, \$7.50 for each additional print paid in advance (check or credit card).

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Contract from page A1

Superintendent Ken Watson said Friday discussions are under way on a contract extension.

"Hopefully, teachers will be back in the buildings and school will start," Watson said. "The district is supportive of an extension and believes an extension is in the best interest of all concerned."

Once school opens, negotiation sessions between the district and the teachers' union will start up once again, said both Zyczynski and Watson. The last bargaining session was held Wednesday.

Contracts for the school district's six other unions expired June 30 and have not yet been renegotiated. These include administrators, secretaries, custodians and paraprofessionals.

"We've been holding off till we settle with the teachers, but

we'll begin negotiating because we can't wait any longer," Watson said.

The teachers' bargaining committee and union board of directors will bring to today's meeting their recommendation on what action teachers should take next.

Teachers will vote today on whether to accept the union's recommendation.

In terms of reaching a new contract, Zyczynski said both sides are "miles apart."

"We've been negotiating since the end of March and there's still 30 issues still on the table," she said.

Teachers got an update on negotiations at a mass union meeting held Monday. Throughout the week, teachers who normally come back early to school to get their classroom ready have been doing so.

'The superintendent challenged teachers and administrators to bring up their scores, to be in the top 25, and we did that.'

Karen Zyczynski
—LEA president

"We are encouraging our members to do whatever they need to do to be ready to meet their students on Aug. 31," Zyczynski said.

Teachers are coming back to school pleased with the success students had last year on the state MEAP tests, Zyczynski said.

"The superintendent challenged teachers and administrators to bring up their scores, to be in the top 25, and we did that. We've also just been named the top city in the nation for raising children.

"A quality education takes money," she added. "There's been an increase in the number of instructional minutes, and that costs money, too."

"The district has money right now. In the last five years, we've made concessions because we realized they were needed."

The district expects to end this school year with about \$25 million in its rainy day fund.

Watson described contract negotiations as "positive."

"We have difficult issues to resolve, and we were not able to do so by the opening of school."



Hard at work: Tony Cerne of Quality Floor Co. lays new carpet at Adams Middle School. The target date approaches with Wednesday's start of school in the Wayne-Westland district.

School from page A1



STAFF PHOTO BY TOM HAWLEY

Pose with a smile: Freshman Jody Smith of John Glenn High School smiles for her ID at registration this past week. Life Touch photography had three stations set up to handle the many students at Glenn; at right is photographer Chris Demmer.

"I think the teachers realize there will be some glitches here and there, but I think they're trying to be flexible and understanding," Wayne-Westland Education Association President Steve Becher said Friday.

Still, he conceded that anxieties could increase Monday as teachers see their workplaces.

"The biggest complaint I've gotten is that teachers couldn't come in early," he said. "Some of their rooms won't be set up as wonderfully as they would like, but in this situation we really believe the administration has done everything it can."

Work crews are expected to finish the bulk of most summer jobs by Wednesday, officials said, but the district can expect scattered disruptions until a \$108.3 million school-improvement plan is completed in September 2001.

'We feel good'

"This construction has been major from the get-go, and we've told people that," Superintendent Greg Baracy said. "But we're going to give them exactly what we promised from this (voter-approved) bond issue, and we feel good about that."

Sherman cited a few glitches that could face students and teachers:

■ Hoover Elementary students won't immediately have sinks in their bathrooms. "We are going to open up other sinks in some of the adult bathrooms," Sherman said,

"and we will have sanitizing spray (in classrooms)."

■ Walker-Winter and Roosevelt-McGrath elementaries, receiving new library space, will have some sections barricaded to keep students out. "There won't be a safety issue with students being in a construction area," Sherman said.

■ Lincoln Elementary, awaiting new windows, will have temporary plywood in place until possibly mid-September. "But there will be Plexiglas exit windows for safety purposes," Sherman said.

■ Taft-Galloway Elementary students will be served cold, bagged lunches "for the first few days" until kitchen-area work is finished, Sherman said.

■ Some Taft-Galloway teachers may have to "double up" on rooms for a few days until renovations are further along, but Sherman dismissed rumors that the school won't be ready for students.

■ John Glenn High students and employees won't be able to drive on Carlson to reach Marquette due to a Carlson reconstruction project plagued by delays.

A traffic light also won't be installed at Carlson and Marquette before school starts — as had been expected.

Project delay

"It turned out that there was a little more to it than had been antici-

pated," Westland Deputy Police Chief Lennis Hayes said of the project. "While we're certainly concerned about it, it should be completed within a month and alleviate the problems that we've had at that intersection."

School officials have asked police to help direct traffic when school starts, Sherman said.

In other back-to-school developments:

■ Buses are ready to roll, and parents have been notified of pickup and drop-off times, Sherman said.

■ Glenn High will be visited a half-day each week by a Westland police officer who will listen to any problems or concerns that students have, Sherman said.

■ Every school building has been equipped with weather radios "in case of bad weather," she said.

■ Students will attend school only a half-day Wednesday.

Starting times are 11 a.m. for Glenn, Wayne Memorial High and the Tinkham Center; 11:30 a.m. for Adams, Franklin, Marshall and Stevenson middle schools; 11:45 a.m. for Edison, Elliott, Graham, Hoover, Madison, Roosevelt-McGrath, Schweitzer and Vandenberg elementaries; and 12:15 p.m. for Hamilton, Hicks, Jefferson-Baras, Kettering, Lincoln, Patchin, Taft-Galloway, Walker-Winter and Wildwood elementaries.

Parents have role to play in helping kids succeed

Homework helps children learn to be responsible and gives them a sense of control and accomplishment.

This advice for helping kids with homework comes from the Web site of the National Education Association, www.nea.org.

You are helping your child with homework when you:

■ make sure your child has a clear surface on which to work, good natural light and appropriate tools for doing each assignment.

■ work one or two examples together and make sure that your child understands the assignment.

■ look over your child's paper after the teacher returns it.

■ keep in touch with your child's teacher to learn about what the class is studying.

You can also help enrich your child's homework experience by:

■ taking family trips to museums and exhibits or visiting exhibits online. The site includes information on possible trips.

The Web site also includes information on "What

Is a Parent Involvement Program?" It's a concept designed to create a partnership between parents and teachers by bringing parents into the classroom to participate in the child's day-to-day education, according to the NEA.

You and the teacher share a deep concern for your child's welfare, and there is no better way to encourage your child's growth and development than by working together to meet her or his educational needs.

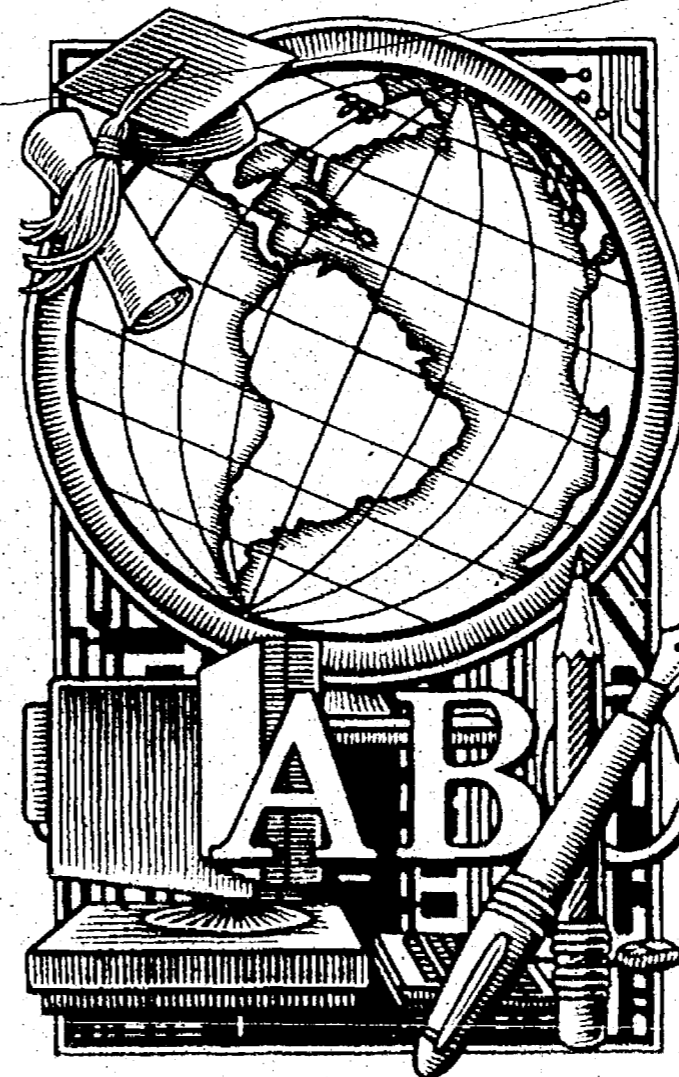
The primary focus of the parent involvement program is on the child. It aims to meet children's needs more fully by making your school's educational program more flexible, and thus more child-oriented, through increased personal attention and assistance.

As a parent, you are already aware of childhood curiosity. Your child wants to learn — but a lack of learning opportunities can stifle natural desire to find out about the many things that make up the world. By helping your child's teacher, you both can offer new and varied experiences — suited to his or her interests and capabilities.



New class: Incoming freshman (above) at John Glenn High School, along with sophomores through seniors, were registered this past week at John Glenn.

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Representative proposes making legislature part time

BY MIKE MALOTT
HOMETOWN NEWS SERVICE
mmalott@homecomm.net

Mike Bishop wants to cut his own job from full time down to part time. Along with that would go reductions in pay, staffing and office budget.

The Republican representative from Rochester is proposing an amendment to the Michigan Constitution limiting the state Legislature to 90 days of meeting time each year. Introduced in January, House Joint Resolution D was Bishop's first proposal.

He's pushing for approval by the Legislature this fall to place the amendment on the ballot for a decision by voters in November 2000.

"A lot of them (his legislative colleagues) are shaking their

heads at me. But I'm also getting a lot of positive response. For Republicans, this really goes along with their core values, among which is limited government," he said.

Most, however, aren't willing to sign on as supporters or come out in direct opposition to it, he said.

Critics question the timing of the proposal. With term limits just beginning to take effect, a proposal to limit meeting days might further hamper lawmakers' ability to watchdog the state administration and bureaucracy.

"That is the most valid concern," Bishop said. "I see some instances of the tail wagging the dog right now, but I think that is

matter of getting our sea legs

and understanding how the process works." Sixty-four representatives are new to the legislature this year, due to the turnover caused by term limits.

Making the Legislature part time would force it to be more efficient, to "more finely tune the agenda," Bishop argued. It would also put senators and representatives back in their districts more often and put them in closer contact with their own constituents.

"You can really get trapped in the Capitol," he said.

So his part-time legislature proposal would complete the job that term limits only started, he contended.

The amendment is written very simply. It would add only

the 90-day meeting limitation to the wording of the Constitution. While the governor already has the power to call emergency sessions, Bishop explained he plans to alter his proposal to also allow the House Speaker and Senate Leader to jointly call emergency sessions.

"Texas meets every other year, and they get done just as much as we do," he said. In fact, some 30 states have part-time legislatures, he said, including Texas, Florida, Arizona and Indiana.

"This is not something radical like the unicameral legislature they have in Nebraska. It is just an attempt to really bring back the concept of a citizen legislature," he said.

Bishop anticipates that pay,

staffing and office budgets would be reviewed and reduced commensurate with the trimmed time in session, although the wording of the proposed amendment does not specifically mention them.

"I tell people from other states what we make, and they are

astounded," Bishop said. "Lawmakers in Texas make only \$12,000 a year."

Senators and representatives in Michigan's current full-time legislature will earn \$55,000 this year, a number that goes up to \$57,000 in the year 2000.

Race in the Park Sept. 18 will benefit the Arc

Residents can race this month to benefit programs for people with developmental disabilities.

The Race in the Park for the Arc begins at 8 a.m. Saturday, Sept. 18, at Heritage Park near the Summit on the Park, 46000 Summit Parkway, in Canton. Money raised from the 5-Mile Run, 5-K Walk and 1/2 Mile Fun Run for children will help the Arc of Northwest Wayne County,

a nonprofit organization that has been serving people who have developmental disabilities and their families.

The half-mile fun run begins at 8 a.m., the 5-K starts at 8:15 a.m. and the 5-Mile Run begins at 9 a.m. Fees are \$12 for the 5-Mile Run and 5-K Walk and \$15 for on-site registration for those races. The fee for the children's race is \$2.

Free T-shirts will be distributed to the 500 entrants. Ribbons will be given to the top three male and female runners in the 5-Mile race. Door prizes will be awarded.

The run is sponsored by CBS Radio, Glenn Haegge the Handy-

man and Garden City Hospital.

The Arc of Northwest Wayne County is at 26049 Five Mile Road in Redford. For more information, call The Arc NW at (313) 532-7915.

Arthritis Today
JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860

WORK AND ARTHRITIS


If you have osteoarthritis or rheumatoid arthritis and work, take time to evaluate how the job affects your joints. Tell your doctor, if you find that aspects of the job such as the parking lot, the stairs, or distances between work stations, are barriers that bring on pain and fatigue by day's end.

A letter from your doctor to your employer explaining your needs may be more helpful to your arthritis than a new medication or another joint injection.

However, the physician must be careful in such correspondence. Current Federal Law prohibits a doctor from discussing your medical diagnosis to anyone but a company's physician Medical Director. The reality is that most concerns do not have such a person in addition, a doctor feels obligated to give an employer some explanation when requesting that the employee receive special consideration. What most physicians do is to try to write a letter that strikes a compromise between government regulation and a supervisor's need to know.

The present shortage in the labor market works to your advantage, employers have an incentive to accommodate to your needs. It is in your best interest to speak soon with your physician and explain the working conditions that are troublesome to you.

Most likely you can develop how to time your anti-inflammatory and pain medication to work with adaptations that your employer can reasonably provide. The result should give your joints the least stress and most assist.



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LEGAL SENSE
By Mark Slavens, P.C.
Attorney at Law

WRONGFUL DEATH

Families of accident victims who die of their injuries may file wrongful death actions to recover losses. These losses may include the present value of the deceased's future earnings, the value of the deceased's personal services, medical bills, and funeral expenses. The chief element of the damages for a spouse and parent is the present value of the earnings that they could have contributed to the family during the period of the life expectancy. Average yearly income and the mortality and interest tables are used to determine this amount.

Wrongful death suits are always difficult for survivors because we must place a monetary value on a human life, to a loved one, no amount of money can adequately compensate for the loss. Since the court can not impose sentences on those found responsible in civil suits, all one can gain is monetary compensation. Being practical, however, a family that has lost its source of income very like needs that compensation desperately.

MARK SLAVENS, P.C.
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Dentistry in the 90s
by Herbert M. Gardner, D.D.S.

AFRAID TO OPEN YOUR MOUTH?

Surveys indicate that 55 to 75 million Americans consider bad breath to be a principal concern in social encounters. And while many breath odors stem from certain foods, smoking, dieting, and "morning breath," chronic halitosis (the medical term for bad breath) is less common. It can stem from problems involving the teeth, gums, and tongue. For instance, even relatively mild gum disease can be the source of malodorous breath, as plaque and its hardened form, tartar, create pockets of infection. Heavy bacterial plaques can also form on the back of the tongue to putrefy and generate a variety of sulfur compounds and other odoriferous compounds. Fortunately, these bad-breath culprits can be successfully remedied with professional dental care.

If you're suffering with bad breath, let us know about it. We can discuss all of your options with you and help you decide what is right for your situation. Beautiful and healthy smiles are a team effort. At LIVONIA VILLAGE DENTAL ASSOCIATES, you are being treated by professionals who have the experience and knowledge you can trust. If you're looking for a family dentist at this time, please call 478-2110. Our "personal touch" philosophy is reflected throughout our practice in many ways. We're located at 19171 Merrimac road, where we're currently accepting new patients. Smiles are our business.

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Young Country - Linda Lee
11:00 A.M. to 3:00 P.M.
September 11, 1999

Firefighter testing program wins award

The Conference of Western Wayne's firefighter testing program was recognized as a first-place recipient of the Joint Public Services Award in the category of Outstanding Joint Public Service Project.

The award is sponsored by the Southeast Michigan Council of Governments/Metropolitan Affairs Coalition Center for Joint Public Services. The CWW firefighter training program and other winners will be honored Oct. 28 at SEMCOG's general assembly meeting.

The CWW is an organization of 18 communities whose objective is to improve local government through cooperative effort. CWW member communities are Belleville, Canton Township, Dearborn, Dearborn Heights, Garden City, Huron Township, Inkster, Livonia, Northville, Northville Township, Plymouth, Plymouth Township, Redford Township, Romulus, Sumpter Township, Van Buren Township, Wayne and Westland.

The firefighter testing program created a single test to pre-qualify firefighters for service in any of the CWW communities. The uniform test avoids costly and time-consuming duplication of services and provides communities with a pool of applicants who have already met basic standards.

Testing takes place at Schoolcraft 11 times a year. Several communities outside of the CWW are considering participation in the program.

The Joint Public Services Awards were created to recognize local governments, school districts and private or non-profit organizations which are working together in providing services or programs more economically. The Center for Joint Public Services is a cooperative effort of SEMCOG and the Metropolitan Affairs Coalition. It encourages implementation of cooperative efforts in the region by providing ideas and methods for offering more and improved services within the framework of shrinking budgets and increased demands. Arrangements between counties, school districts and local units of government serve to make cost reduction and service improvement go hand-in-hand.

SEMCOG is a regional planning partnership of governmental units serving 4.8 million people in the seven-county region of Southeast Michigan. MAC is a distinctive public/private partnership of business, labor and government leaders that facilitates solutions for regional public policy issues affecting the economic vitality and quality of life in Southeast Michigan.

Budget proposals go to commission

BY KEN ABRAMCZYK
STAFF WRITER
kabramczyk@oe.homecomm.net

COUNTY NEWS

Wayne County commissioners may add five prosecutors to help with homicide investigations, increase jurors pay and add funds for a study of rail transportation between Detroit and Detroit Metro Airport.

Those were some of the \$18.5 million in recommendations from the commission's Committee on Ways and Means released to the full commission Thursday. The general fund budget for 1999-2000 totals \$507 million, while the total of all funds in the budget is estimated at \$2.7 billion.

Commissioners will meet at 10 a.m. Tuesday at the Wayne County Building in Detroit to vote on the budget and any adjustments.

The commission's Ways and Means Committee will meet Monday to discuss the possibility of rolling back the county millage, currently proposed at 7.9067 mills. The cut originally proposed from Ways and Means is equivalent to about \$3.8 million in the county's budget, but that was referred back to Ways and Means for discussion. That millage reduction and the budget increases would mean vacant positions in the current budget would be eliminated in the new budget.

Another change calls for \$2.7 million more to pay for an increase in jurors pay from \$15 to \$30 a day. That item also was referred back to Ways and Means.

"That's a big chunk," said

Commissioner George Cushingberry, who chairs Ways and Means. "It is not required by the state (to increase jurors pay), but we feel we are woefully behind with \$15 per day, and someday, we will have to bite the bullet."

Here is a summary of the proposed changes yet to be acted on by the full commission:

- \$288,750 more to Prosecutor John O'Hair for five assistant prosecuting attorneys.

- \$272,000 more for County Clerk Teola Hunter for an assistant deputy clerk, court clerks, benefits and services and an increase in administrative budget. That funding includes legal training.

- \$2.9 million for a salary adjustment for court employees, part of a Michigan Supreme Court ruling, in which justices found the state did not have to fund the reorganization of Wayne County Circuit Court and Detroit Recorders Court. That was referred to Ways and Means.

- \$150,000 for attorneys for indigent clients to fund legal research and investigations.

- \$50,000 for a drug court program to match available state money.

- \$347,000 for Probate Court,

including a guardianship review under a judge's discretion and three security officers.

- \$469,000 to the Sheriff's Department for an Internet unit, juvenile "reality tours" and drug interdiction programs.

- Decrease the county health fund by \$10 million and put that money into a contingency account.

- The Detroit/Wayne County Port Authority would receive an additional \$70,000, while Neighborhood Legal Services would get \$250,000 more.

O'Hair was pleased with the additional money from commissioners during recent budget hearings.

The prosecutors would be set up in a "vertical" homicide unit in which a single assistant prosecuting attorney will process a case through the dispositions and trials. "It will be very significant for case preparation," O'Hair said.

Commission Chair Ricardo Solomon called the budget "a living, breathing document that can be changed at any time."

A recent state Supreme Court ruling meant Wayne County would receive \$3 million less in revenue for the court.

Detroit and Wayne County had argued that the reorganization law requiring Detroit to pay for 36th District Court and Wayne County to pay for the newly reconstituted Third Circuit Court violated the Headlee

Amendment because it placed financial obligations on them that they were not previously required to shoulder.

In the majority opinion that rejected that argument, Justice Clifford Taylor wrote that the reorganization law neither imposes new activities nor increases the levels of activities on local units.

Commissioners on the Committee on Ways and Means expected to discuss the need for \$2.9 million on Monday.

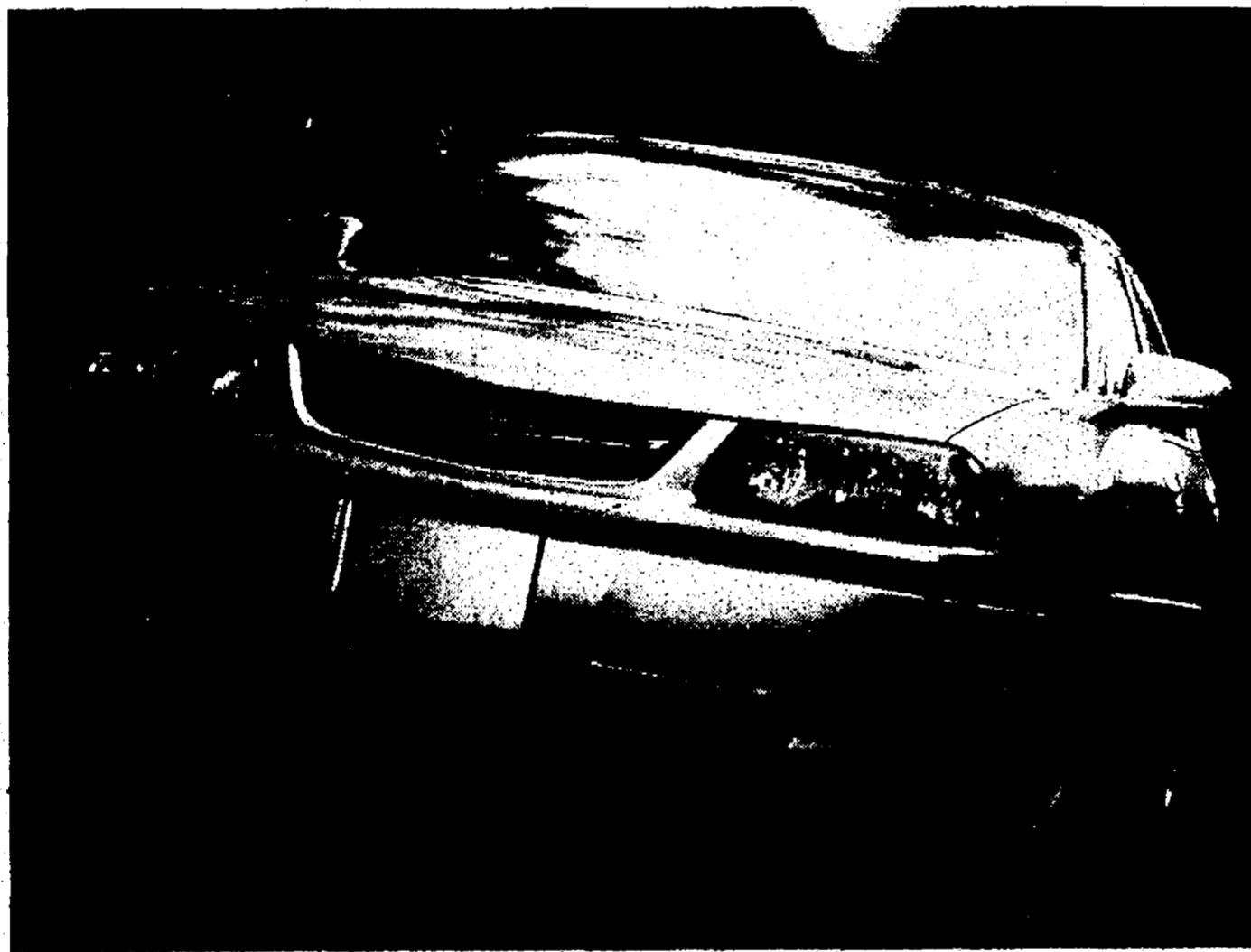
Cushingberry wanted the \$10 million contingency county health fund to pay for "one-stop-shopping" and help merge health services with Detroit to provide services in low-income areas.

Commissioner Lyn Bankes, R-Livonia, discouraged commissioners from spending more general fund money for that item. Instead they should call in Family Independence Agency workers and social workers to find out what the problems are with the welfare reform system, particularly with computer use.

"There's no reason to duplicate this system. What we need to do is ensure the system is working properly, the law is being upheld, and that won't cost us anything," Bankes said.

Commissioner Edna Bell, D-Detroit, wanted to discuss any changes with the city of Detroit.

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By Dr. Karen Smereck D.D.S.

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HOME SENSE



LOIS THIELEKE

Store food properly to stay well

Do you know that home kitchens are the source of more food-related illnesses than restaurants? How many times have you or someone in your family said, "I don't feel good. It must have been something I ate?"

Improper storage increases the risk of food poisoning and can result in loss of nutrients and flavor. Here are some do's and don'ts to remember:

Don't refrigerate tomatoes; they'll lose their flavor. Let them ripen at room temperature. They will be more juicy and flavorful. Keep tomatoes out of the sun when you're trying to ripen them. The sun will destroy some of the vitamins, and they will ripen unevenly.

If tomatoes are not ripe, they can be ripened by putting them in a paper bag with an apple or banana. The natural ethylene gas given off by those fruits ripens the tomato. After they are ripened, tomatoes can be refrigerated for a couple of days, but store them in the warmest part of the refrigerator. The refrigerator door is the best place.

Keep regular or sweet potatoes in a cool, dry, dark, well-ventilated location, not in the refrigerator. The starch in potatoes will turn to sugar faster in the refrigerator. Once they start to sprout, throw them out.

Storing onions

Don't store onions with potatoes. The onions produce a gas that causes potatoes to rot faster. Store onions in a cool, dry, ventilated place away from the potatoes.

In the refrigerator bread will lose moisture and go stale faster. It's a better idea to keep the bread in the freezer and use as needed. This is particularly important for whole wheat bread or breads made without preservatives.

Banana skins turn black in the refrigerator. Bananas are still edible but may lose some of their flavor and texture.

To keep vegetables green and fresh, line the bottom of the storage compartment in the refrigerator with paper towels. This absorbs excess moisture, keeping vegetables fresh and crisp.

Ripen pears at room temperature, then refrigerate before eating or keep them cold; it slows the ripening process. Oranges yield more juice if left at room temperature.

Leaving apples at room temperature hastens the ripeness and mushiness of the fruit. Keep them in the refrigerator - they'll be good for several weeks.

Under the sink storage

Storing food under the sink is potentially dangerous. Leaking or sweating pipes can rust cans and damage boxes. Food stored under the sink can attract rodents and insects. There are drain pipes and heating pipes under the sink that can also cause food spoilage.

When refrigerating cottage cheese, turn the container upside-down on a plate. This creates a better seal against air. Remember that soft cheeses are more perishable than hard ones. Cottage cheese should be used within two to three days after opening.

Nuts

Nuts are best refrigerated or frozen for longer storage. Because they're high in fat, they can turn rancid. The same goes for peanut butter that is stored for a long time. Refrigerate peanut butter even though it's less spreadable when cold. Syrup and honey are better protected from mold if kept in the refrigerator. If crystals form, simply place container in hot water before using.

Please see SENSE, 112

LOOKING AHEAD

What to watch for in Taste next week:

- Michigan apple season begins
- Delicious Rosh Hashana ideas

"Aspects of African American Foodways" is part of Howard Paige's continuing journey to find and explain the truth about the foods of his motherland - Africa



STAFF PHOTO BY JIM JAGDFELD

African American Foodways: Howard Paige, author of "Aspects of African American Foodways," and his wife, Mamie, present hominy and tomatoes (from left and clockwise), banana fritters, mango ice drink and creamed turkey over toast. These are some of the dishes featured in his cookbook.

OUT OF AFRICA

BY KEELY WYGONIK
STAFF WRITER
kwygonik@oe.homecomm.net

"There are no soul people and no soul land," said cookbook author Howard Paige of Southfield, explaining why "Soul Food" is a poor term to describe African American cooking.

"It completely ignores history," said Paige, who has been researching African American food traditions for the past 20 years. He's already published two cookbooks - "Aspects of Afro-American Cookery" and "African American Family Cookery," but his third book, "Aspects of African American Foodways," published in August, is the one he wanted to write all along. "I felt the first two books weren't as comprehensive as they ought to be," said Paige.

His quest began as he was looking for information about African American cooking and discovered there wasn't much to be found.

"Aspects of African American Foodways" is part of his continuing journey to find and explain the truth about the foods of his motherland - Africa. He'd like his book to be in every library so that people understand African American cookery isn't something that was invented in the 1960s and 1970s when people started talking about "Soul Food." It's a tradition rooted in West Africa, whose history in America can be traced to Colonial times.

Paige's book is one part history les-

son, one part cookbook, blended and presented to the reader in an easy-to-understand format with nearly 200 recipes and more than 30 illustrations. It begins in early Africa, with emphasis on West Africa during the 16th-18th centuries, and continues through the American Civil War.

When he uses the term "foodways," Paige is referring to the culture, history, traditions, anecdotes, happiness, pain and suffering that African Americans associate with their foods.

In "Aspects of African American Foodways," Paige tells a story, offering ingredients from the past to put the present in perspective. Okra, yams and black-eyed peas are not indigenous to the South, but were some of the foods cooked in 16th-18th century West African kitchens.

In the chapter "What is African American Cooking?" Paige takes the reader on a culinary trip beginning in 16th-18th century West Africa. He chose this time period because "it was when most West Africans were seized, brought here and commonly used as cooks in early colonial homes."

You'll learn about the cooking utensils West African cooks used and how they cooked their foods. As an exam-

ple, Paige offers a banana fritter recipe.

From there it's off to the West Indies, where Africans were brought in bondage to work. They also brought their culinary traditions, and as examples, Paige offers recipes for Mango Ice Drink and Sweet and Sour Pork, with equal helpings of history.

Next he visits Colonial America and the kitchens of George Washington and the plantation where Frederick Douglass grew up.

You'll be introduced to "The Fieldhand Cooks" and their recipes for beaten biscuits and sweet potato pie. Learn how to make hoe cakes as cited by a "slave in his own words" and the history of "Tallahassee Hush Puppies."

"Aspects of African American Foodways" is a cookbook you can use to prepare delicious meals for your family and also learn a little history.

Paige did his homework, both in and out of the kitchen, with help from his wife, Mamie. There are kitchen-tested recipes for the familiar macaroni and cheese, old-fashioned rice pudding, Chicken Creole Gumbo and chicken hash, and some that are interesting from a historical perspective, such as fried squirrel.

Among the people you'll meet is

Robert Roberts, a free African American who, in 1827, wrote the "House Servant's Directory," which also included cooking information. While doing his research, Paige discovered that Roberts' book was the first book by an African American published by a commercial publisher.

Paige is at work on the next volume of "Aspects of African American Foodways" that will pick up after the Civil War.

He recently retired from Oakwood Hospital in Dearborn where he worked as a medical technologist. Paige has lectured extensively throughout metro Detroit about "African American Foodways" and has taught cooking classes.

You can order "Aspects of African American Foodways" directly from Paige. To order the book by mail, make check for \$29.95 (includes postage and handling) payable to Howard Paige, Aspects Publishing Co., 23905 Plumbrooke Dr., Southfield, MI 48075.

The book is also available for purchase at Truth Bookstore in Northland Mall and at Book Beat in Oak Park. Paige will be signing copies of his book 3-5 p.m. Saturday, Sept. 25 at the Shrine of the Black Madonna, 13535 Livernois, Detroit.

See recipes inside.

WHAT: Howard Paige, author of "Aspects of African American Foodways," will sign copies of his book.

WHEN: 2:30 p.m. Saturday, Sept. 18.

WHERE: On the main level of the Southfield Public Library, 26000 Evergreen Road, Southfield. Copies of the book will be available for purchase. For more information, call (248) 948-0470.

Get an A+ in school lunch nutrition



MICHIGAN APPLE COMMISSION

Snack: Oat-Raisin Applesauce Cookies are a delicious low-fat lunch box or anytime snack.

Whether your child carries a superhero lunch box, a colorful insulated tote or a functional brown bag, it's what's inside that really makes the difference when it comes to good nutrition. Now that kids are going back to school, here are some ideas for healthy lunches they'll devour.

Start with some whole grains, which provide complex carbohydrates and are also an important source of B vitamins, fiber, iron and zinc. Branch out from white bread to include whole grain breads, bagels, crackers and muffins.

Vegetables and fruits are major sources of vitamins and minerals in a child's lunch, and the American Institute for Cancer Research recommends at least five servings of these important foods each day.

Try to pack two servings when possible. Kids love crunchy baby carrots with a low-fat dip. If your child tends to shy away from veggies, it's OK to camouflage them by chopping them up and mixing them in sandwich fillings. Sweet seasonal fruits can serve as a nutritious dessert. Remember that pure fruit juices

and dried fruit like raisins are also healthy options.

Growing kids need protein, so include a two-ounce serving of meat, poultry, fish, cheese, yogurt, peanut butter, nuts or beans. Calcium-rich dairy products are important, while meat and eggs are rich in dietary zinc and iron that youngsters need in good supply.

For kids, sweets and fats are especially appealing additions to lunches, but remember to include them in moderation. As much as possible, try to offset the empty calories by sending fruit-filled cookies, granola bars or even sweetened cereals. As an alternative to potato chips, try pretzels or baked tortilla chips with salsa.

Packing a wholesome lunch each day is a great way to teach your children healthy eating habits while you provide proper nutrition for their growing bodies. Poor eating habits, particularly diets heavy in sweets and fats, can cause childhood obesity, which is likely to continue into adulthood.

Please see NUTRITION, 112

As much as possible, try to offset the empty calories by sending fruit-filled cookies, granola bars or even sweetened cereals.

Nutrition from page B1

Obesity increases risk for heart disease, certain types of cancer, stroke, diabetes and high blood pressure. So lessons on good nutrition can be just as important for your child as learning the three R's.

Information from the American Institute for Cancer Research. Visit them on the Web at www.aicr.org

Here are some recipes to try:
OAT-RAISIN APPLESAUCE

COOKIES

- 2 cups all-purpose flour
- 1/2 teaspoon salt
- 1 teaspoon baking soda
- 1 teaspoon cinnamon
- 1/2 cup margarine, softened

- 2 cups firmly packed brown sugar
- 2 egg whites
- 1 cup unsweetened Michigan applesauce
- 1 teaspoon vanilla
- 3 cups raw, old fashioned rolled oats
- 1/2 cup raisins
- Vegetable cooking spray

Stir together flour, salt, soda and cinnamon. Set aside.

In large mixer bowl, beat together margarine and sugar on medium speed until combined. Add egg whites, Michigan applesauce and vanilla. Beat well. Add flour mixture, mixing on low speed

until thoroughly combined. Stir in rolled oats and raisins. Drop by slightly rounded measuring tablespoon onto baking sheets coated with cooking spray.

Bake at 350 degrees F. about 13 minutes or until lightly browned. Cool 2 minutes on baking sheet. Remove and cool on wire racks. Store in airtight container. Yield: 4 dozen cookies, 2 1/2 inches in diameter.

Nutrition information per serving. 1 cookie: 100 calories, 2 g Fat, 0 mg Cholesterol, 18 g Carbohydrates, 70 mg Sodium, 1 g Fiber.

Recipe compliments of the Michigan Apple Committee.

CHEWY FRUIT SQUARES

- Cooking spray
- 1/3 cup sifted all-purpose flour
- 1/4 cup sifted whole wheat pastry flour
- 2 tablespoons cornstarch
- 1/2 teaspoon baking powder
- 1/8 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground ginger
- 2/3 cup brown sugar, packed
- 1/4 cup chopped walnuts
- 1/2 cup chopped peeled apple

- 1 cup chopped pitted dates
- 1/2 cup dried apricots
- 1/2 cup dried peaches or pears
- 1/4 cup golden raisins or dried cranberries
- 1 large egg plus 1 egg white
- 2 tablespoons apple or orange juice
- 1 tablespoon canola or light olive oil

Preheat oven to 350 degrees F. Line a 9-inch square pan with wax paper and lightly coat the paper with cooking spray.

In a large bowl, combine flours, cornstarch, baking powder, salt,

cinnamon, ginger, brown sugar and nuts; blend. Add fruits to dry ingredients and toss well.

In a cup, lightly beat the egg, egg white, juice and oil, then stir into the flour mixture until thoroughly moistened. Turn batter into pan and spread out. Bake 25 minutes or until golden.

Cool 10 minutes in pan on wire rack. Cut and cool completely. Store in an airtight container for up to one week.

Nutritional information: each of the 16 fruit squares contains 125 calories and 2 grams of fat.

Recipe from the American Institute for Cancer Research.

Sense from page B1

Coffee and tea should be kept tightly covered to stay fresh. They keep best refrigerated or frozen. Cabinets over the stove get hot, so spices, packaged and canned foods won't last long under such conditions. Store these foods somewhere else. Use above the stove places for storage of seldom used pots and pans.

Butter and margarine should be refrigerated. Wrap them well if you are refrigerating or freezing as both can pick up odors from other foods.

The refrigerator door does not stay as cold as the rest of the refrigerator, so do not store highly perishable foods there such as milk or eggs. Use the door for storing condiments, such as salad dressings, mustard, catsup, etc.

■ The refrigerator door does not stay as cold as the rest of the refrigerator, so do not store highly perishable foods there such as milk or eggs.

Some dry packaged foods and canned foods require refrigeration once they are opened; some even before they are opened. Get into the habit of checking labels for storage information. If you buy the product out of the refrigerator case at the store, it will require home refrigeration.

The faster foods are cooled, the less time there is for bacteria to grow. Avoid putting hot leftovers into large containers to refrigerate. The center may be dangerously warm for too long. Instead

put hot food into small shallow containers to cool faster. Leftovers in the refrigerator should be used within a couple of days.

Foods should not be stacked or overcrowded in the refrigerator. Don't cover refrigerator shelves with foil or any material that interferes with the air circulation. Don't block the vents, as the air needs to circulate freely to maintain the right temperature. The ideal temperature for the refrigerator is 38-40 degrees F. Refrigerated foods stored

above 40 degrees F for more than two hours should be discarded.

Resist any temptation to taste food that doesn't look or smell just right. You don't have to swallow the food to be poisoned by the toxins produced by certain types of bacteria. By smelling you can inhale the toxins, too. Develop excellent food storage savvy for economic and health reasons.

Lois M. Thieleke, of Birmingham is an Extension Home Economist for the Michigan State University Extension - Oakland County. For answers to food questions, call the hot line (248) 858-0904.

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Cook and learn 'Aspects of African American Foodways'

See related story on Taste Front. Recipes from "Aspects of African American Foodways" by Howard Paige. Published by Aspects Publishing Company, Southfield.

BANANA FRITTERS (NIGERIA)

- 1 1/2 cup all-purpose flour
- 5-6 tablespoons sugar
- 5-6 regular sized bananas, peeled, sliced, and mashed into a smooth consistency
- 1 cup 1 percent milk
- 3 eggs, slightly beaten
- Confectioners' sugar

Combine flour and sugar together in a medium sized mixing bowl. Make a well in the center of the flour mixture. Add 1/3 of the eggs and 1/3 of the milk at a time. Whisk as you add to make the batter smooth. Continue until all the eggs and the milk is well blended. Set aside to stand at room temper-

ature for 30 minutes.

Place corn oil in a deep fryer, or in a heavy frying pan to a depth of 2-3 inches, and heat to a temperature 360-375 degrees.

Drop by tablespoon into hot oil and fry until golden brown on all sides. Fry only about 2 or 3 at a time. Remove with large perforated spoon. Drain and place on absorbent paper.

Sprinkle with confectioners' sugar. Makes about 16-18 Fritters. Serve hot.

MANGO ICE DRINK (JAMAICA)

- 4 mangoes, ripe
- 2 cups water
- 1 teaspoon orange Zest
- 1/2 cup sugar
- 1/2 cup lime juice
- 4 cups orange juice

Peel mangoes. Cut mango flesh

away from its stone into coarse pieces. Make mango puree by rubbing mango through a sieve or straining through a rice mill. Set aside in a bowl.

Combine water, orange zest and sugar in a small sized boiling pan and bring to a boil. Stir until all the sugar has dissolved. Remove from heat and let cool at room temperature. After cooling, add the mango puree and lime and orange juices. Mix well.

Pour into ice-cube tray and freeze for 2 1/2 to 3 hours. Stir every 25-30 minutes into a snowy consistency. Serves 6-8

HOMINY AND TOMATOES (COLONIAL PERIOD)

- 2 1/2 cups hominy, cooked
- 2 cups canned tomatoes
- 1/2 cups grated American cheese or 1/2 cup American cheese, cut

- 3/4 cups bread crumbs
- 1/8 teaspoon salt
- 1/8 teaspoon black pepper
- 1 tablespoon sugar
- 5 slices bacon, lean

Place hominy in vegetable oiled baking dish, add tomatoes (including the tomato juice) and seasonings. Mix. Cover with bread crumbs, cheese, and then bacon.

Bake in slow oven at 325 degrees for 25-30 minutes, or until bacon is golden brown and crispy. Serves 6-8

FRIED OR BAKED RABBIT (COLONIAL PERIOD)

- 2 young rabbits, 1 1/2 - 2 pounds, cut into serving pieces
- salt
- black pepper
- 1 clove garlic, split

- 3/4 cup butter or margarine
- 3/4 cup 1 percent or 2 percent milk plus
- 3/4 cup cream, mixed together

Rub garlic well into each piece of rabbit. Season with salt and pepper, rubbing seasoning well into rabbit.

Melt the butter in a frying pan. Add meat and cook to brown on all sides under medium-high.

To bake rabbit, remove meat from flame and pour in 1/2 cup boiling water. Return to top of stove, cover and cook at moderate temperature 25-40 minutes or until tender.

Pour off the liquid, add the half cream, half milk, cover and put in a preheated oven for 10-15 minutes at 350 degrees. Season to your taste with salt and pepper.

Serve with rice. Serves 5-6.

FRIED BUFFALO OR CATFISH (COLONIAL PERIOD)

- 2-3 pounds fish, cut into fillets
- 1/4 cup 1 percent milk
- 1 egg, slightly beaten
- 1 cup yellow or white cornmeal
- Salt
- Black pepper
- Red pepper (Cayenne pepper)
- Vegetable oil

Wash fillets, dry and season fish. Beat egg in milk and dip fish in it. Then in cornmeal. Coat all over. Heat oil to 350 - 375 degrees F. and fry fish until golden brown on both sides. Drain on paper towel and serve.

Make the most of locally grown tomatoes

BY THE ASSOCIATED PRESS

Tomatoes are available year-round, but there is something special about the fresh locally grown tomatoes available during late summer. Spaghetti and Tomato Salad With Dill Yogurt Dressing uses vine-ripened tomatoes for a perfect lunch dish.

The recipe is featured in the new book "Gourmet's Fresh: From The Farmer's Market To Your Kitchen" (Random House, \$27.50), served along with another recipe, Grilled Shrimp With Salsa Verde and Cheddar Pita Toasts.

The book advises that tomatoes are best kept stem side up at normal room temperature in indirect light. Refrigerated tomatoes lose their firmness and flavor.

Although this recipe calls for

English cucumbers, which are longer than American varieties and contain fewer seeds and less water, any cucumber can be used. The book suggests salting and draining them for 30 minutes, then rinsing them thoroughly and squeezing them dry.

SPAGHETTI AND TOMATO SALAD WITH DILL YOGURT DRESSING

- 1/4 pound spaghetti
- 3/4 English cucumber
- 1 garlic clove
- 1/8 teaspoon salt
- 2 tablespoons fresh dill sprigs
- 1/4 cup plain low-fat yogurt
- 1/4 cup well-shaken butter-milk
- 6 ounces vine-ripened cherry tomatoes
- 1/4 cup Kalamata or other

brine-cured black olives

In a 5-quart kettle bring 3 quarts salted water to a boil for spaghetti.

Peel and seed 1/2 cucumber and shred on large holes of a 4-sided grater. Squeeze shredded cucumber in a kitchen towel to remove excess liquid. Seed and dice remaining 1/4 cucumber. Mince garlic and mash to a paste with salt. Chop dill. Reserve 1/2 tablespoon dill; in a large bowl stir together remaining dill, shredded and diced cucumber, garlic paste, yogurt, buttermilk, and salt and pepper to taste.

Halve or quarter tomatoes. Pit olives and cut into thin slices. In a bowl, stir together tomatoes, olives, reserved dill, and salt and pepper to taste.

Cook spaghetti in boiling water

until al dente and drain in a colander. Rinse spaghetti under cold water to stop cooking and drain well. Add spaghetti to yogurt mixture and toss to coat.

Serve spaghetti topped with tomato mixture.

Makes 2 servings.

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MEDICAL BRIEFS

Funds allocated

United Cerebral Palsy of Metropolitan Detroit recently received \$443,836 from United Way Community Services for the 1999-2000 fiscal year. The funds were raised during the United Way Torch Drive, which provides allocations to 130 health and human service agencies helping more than 1.7 million people in the tri-county area. UCP/Detroit will be able to advocate for appropriate educational opportunities for children and youth with disabilities, leverage UWCS dollars for a joint effort with the Michigan Jobs Commission to demonstrate innovative ways to assist people with significant disabilities to find and retain work.

Emergency food

Wayne County's Emergency Food Assistance Program has opened a new site in Canton to provide non-perishable food to low income person in Wayne County. Eligibility is determined according to Federal Poverty Income guidelines. Distribution is the second Tuesday of every month from 10 a.m. to 2 p.m. at St. Thomas A'Becket, 555 Lilley Rd. in Canton. Call Barbara Mickus at (734) 397-9532.

Cancer study

Sofia Merajver, M.D., Ph.D., director of the Breast and Ovarian Risk Evaluation Program at the University of Michigan Comprehensive Cancer Center, will hold two education sessions for women interested in learning about the Study of Tamoxifen and Raloxifene (STAR). Study participants must be postmenopausal and cannot have a history of invasive breast cancer. The first session is from 10-11:30 a.m. Friday Sept. 10 and from 7-8:30 p.m. Wednesday, Sept. 15 at the U-M Cancer Center in Ann Arbor (room B1-180). Free parking is available and registration is not required. Call (800) 742-2300 press category 7879.

Prostate cancer

The University of Michigan Comprehensive Cancer Center is offering free prostate cancer screenings on the evening of Sept. 30. All men ages 50 and older and men ages 40+ who are African-American or have a family history are eligible. Exams take less than 10 minutes and include a free PSA blood test. To schedule an exam, call (800) 865-1125.

Healing arthritis

Are you interested in a program that could reduce your arthritis and doesn't need a prescription? If so, visit Arthur's Place™, an exercise/health facility specifically created for people with arthritis. The center includes the Arthro™ Aquatic Fitness System; a large, warm-water swimming pool, exercise center, library, support groups, self-help courses, educational lectures and more. To arrange a private tour (first 200 people receive a free book) call (734) 254-0500, visit their Web site at www.arthursplace.com. Arthur's Place is located at 47659 Halyard Dr. in Plymouth (in the MedHealth Wellness Center). Arthur's Place is hosting an Open House from 10 a.m. to 4 p.m. Sept. 11 and 12.

We want your health news

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Datebook (upcoming calendar events), Medical Newsmakers (appointments/new hires in the medical field), and Medical Briefs (medical advances, short news items from hospitals, physicians, companies). We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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CORPORATE HEALTH INITIATIVE

Valassis recognizes importance of having healthy employees

BY KIMBERLY A. MORTSON
STAFF WRITER
kmortson@oe.homecomm.net

Cherie Hauser plans on fitting in a 60-minute yoga class between a morning meeting with sales associates and a business luncheon with her production team.

With her busy workload the Westland resident doesn't have time to fight morning traffic to make it to her local fitness club or gym either — she has the good fortune of having a workout facility just down the hall from her office as an account coordinator at Valassis Communications, Inc. in Livonia.

The marketing service company has placed a greater emphasis on wellness and preventative medicine with the advent of the Valassis Learning Network — a diverse series of training opportunities that impact organizational performance and personal well-being including Personal Productivity, Leadership Development and Life Management courses.

VLN was launched in January and has been well-received by VCI employees. Life Management courses are focused on helping employees "manage their personal life more effectively."

Balancing act

According to Marcia Hyde, vice president of Human Resources/Corporate Communications at VCI, the programs are offered at a variety of times both during and after work to accommodate the busy schedules of their employees.

Class offerings include such topics as: controlling blood pressure, fit for golf (emphasizes posture, flexibility to avoid common injuries), diabetes education (carbohydrate counting and label reading), stretching and flexibility, cancer awareness, headache management through prevention and physical therapy, child safety, weight loss, smoking cessation, controlling allergies, adult and infant CPR certification, and yoga.

"I have taken classes on nutrition, target toning, step aerobics, allergy classes, to learn how to help my children make it through allergy season with less problems, stretching classes, CPR for infants and children, as well as, adults. I participate as much as my workload will allow," said Hauser.

The Human Resources VP says wellness and health-related initiatives have been offered for more than 15 years to Valassis employees, however, it's the "method of delivery" that's changed with the times.

"It wasn't unusual 10 years ago for employees to stay after work for a couple of hours," said Suzanne M. Gornowicz manager, Investor Relations and Public Relations. "I know I did. But that's not the case today."

Gornowicz went on to say that it's comparable to put in another workday after 5 o'clock with family commitments, recreational activities, travel time

and household related responsibilities.

Fitting in a four-hour CPR course or a class on managing your diabetes through carbohydrate counting and label reading — isn't that viable for some individuals.

"Internal training courses for employees are

stress, and time management were used to create programs such as carbohydrate counting and label reading, effective stretching and flexibility, how to use on-site workout equipment, losing weight and feeling great, and positive self-body image.

A May class called "Eating Right on the Run," attracted 105 employees bringing about two additional sessions to be scheduled to accommodate more staff.

Evolving

One of the newest enhancements to Valassis' efforts toward total employee well being is the addition of an on-site physician. Dr. Quentin R. McMullen of St. Joseph Mercy Hospital in Ann Arbor has an office at the company's corporate headquarters and the Livonia printing facility called VAL-Care. He also answers medical questions and provides advice for employees and their families through an Internet service call "Doctor On-Line."

Hyde, Valassis Human Resources vice president, says a lot of research and planning goes into the initiatives launched by Valassis but at the same time the company is flexible enough to "make things happen overnight."

For instance, the "Family Room" located at each Valassis site, came about after a female employee expressed the wish to have a private place to nurse her baby and express breastmilk when she returned to work.

Hyde said before the company built its current facility there were a number of enclosed offices at their former location that made this possible. The new building however, is very open and features cubicle-type partitions making breastfeeding nearly impossible.

The Family Room was put together on a moments notice and modeled after a residential room. It features a refrigerator, couch, television, desk, computer, toys for young children, a breast pump and child-care essentials for emergency day care such as diapers and wipes.

Whether it's the annual health fair where employees receive free health screenings or the easy-to-use medical reference book that was mailed to each and every employee home — Valassis realizes that the health of its employees and their families is something that shouldn't be taken for granted.

"I am a firm believer that if employees feel they are cared about as people, than they will be more productive employees. The company wins and so does the employee. By Valassis supporting a healthy lifestyle, it shows they care about their employees even when they are off the clock. It create loyalty and a positive work environment. People will work harder for a company like that. Check out the Valassis employees and you will see what I mean," said Hauser.

NUTRITION
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offered seven days a week, 24 hours a day for the different office and manufacturing shifts," said Hyde.

VCI has solved those time management issues with early morning, mid-day and evening classes to suit a variety of schedules. Classes are not only offered at the corporate headquarters on Seven Mile and I-275 in Livonia but at nearby medical centers, and at their printing and production facilities in Livonia and Plymouth.

"The times are usually during lunch and or during the day so I can adjust my time and come in early or whatever I need to do so I do not feel I am invading my family time," said Hauser.

Hauser, 33, said she exercises for 90 minutes at Club VCI on the treadmill, exercise machines and free weights after work and fits in VLN classes around her steady workload.

Programs are taught by company staff as well as individuals from the community whose field of expertise relates to health (medicine, nutrition, exercise). VLN programming is also free of charge to VCI employees.

The need for such programming came about after a Wellness Committee was formed in 1998 made up of employees representing various departments throughout the company.

Staff conducted health assessment surveys to determine what employees felt were important lifestyle issues. Responses such as fitness, diet,

Asthma and dorm living: A 14-point survival guide for college students

Poorly managed asthma during college can interfere with career choices and claim lives. Each year, students with asthma die; most often, the deaths were preventable. The athlete who forgot to carry his inhaler while jogging; the 19-year-old who collapsed and died in the front yard of a party she left because people were smoking; the honors student who became intoxicated, had an attack, passed out and died alone in his room while searching for his inhaler—these tragedies can be avoided.

As students with asthma head off to college, the Allergy and Asthma Network • Mothers of Asthmatics, Inc. (AAN•MA), offers the following survival guide to prevent asthma symptoms from interfering in college life. Allergens, irritants and respiratory illness associated with campus living can be kept to a minimum with careful planning.

1. Obtain an updated, written asthma management plan from your allergist before leaving for college. New medications, such as inhaled corticosteroids and non-sedating antihistamines, fight symptoms without unwanted side effects, in particular the drowsiness associated with over-the-counter antihistamines.
2. Keep dorm room clutter to a minimum; no upholstered furniture or secondhand rugs as these are filled with allergens.
3. If there are bunk beds, take the top level to avoid inhaling bedding dust from your roommate each night.
4. Use a HEPA room air filter, encase bedding with dust mite-proof

covers and wash sheets and blankets weekly to keep your room as free of dust mites and other airborne particles as possible. Vacuum your dust mite-proof covers once a month with HEPA or other vacuum that traps allergens.

5. Avoid social situations where you will be exposed to cigarette or other types of smoke. Do not permit smoking in your room at any time.

6. Be good to your immune system: Get your annual flu shot, wash your hands frequently, eat a balanced diet and get plenty of rest.

7. Keep a list of all medications, dosages and prescription numbers. Store medications in a moisture-proof container, such as a tackle box or makeup kit, with written instructions taped inside. Never leave your dorm room without a rescue medication in your pocket or book bag.

8. Use a holding chamber with metered-dose inhalers to get as much medication as possible. Some preventative asthma medications are available as breath-activated, dry powder or in multi-dose forms.

9. Take medications as prescribed by your physician and use a peak flow meter to measure changes in lung function daily. You are entering a new environment and your body responses might be different than they were at home. It is important that you track your peak expiratory flow rates, medications, symptoms and more in a daily diary system.

10. Arrange for local medical care and locate the hospital nearest to your campus in case of an emergency.

11. Arrange to continue allergy shots if prescribed by your physician.



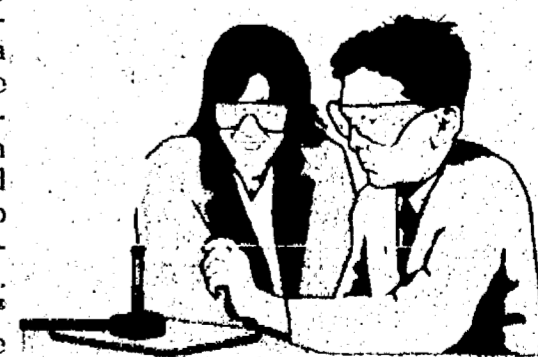
become swollen and filled with fluid while muscles that wrap around the airways literally squeeze the breath out of their victims. Symptoms of asthma are usually progressive in response to triggers such as those commonly experienced as part of dorm living.

Symptoms can include coughing, breathlessness, wheezing and/or sleepless nights. When symptoms become debilitating, students lack the energy needed to concentrate or attend class, participate in athletics, and maintain a normal social life without putting their health at greater risk.

Nearly all students with asthma can make the transition to college living successfully in spite of obvious challenges; however, students should expect to make a few adjustments, particularly to medications when exposed to concentrated "doses" of allergens, irritants and germs associated with dorm living.

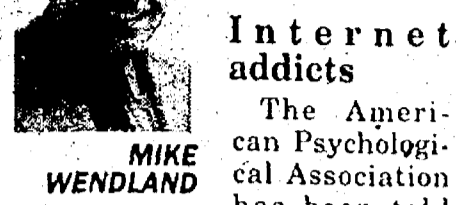
Information and communication are the most important tools in effective management of allergies and asthma. AAN•MA provides help to students as they learn to take responsibility for their daily health needs. AAN•MA carries a comprehensive array of books, pamphlets, videos, peak flow meters, holding chambers and nebulizer supplies.

The Allergy and Asthma Network • Mothers of Asthmatics, Inc. is a leading nonprofit health education organization whose mission is to help all people affected by allergies and asthma. For more information, or to become a member call 800-878-4403 or visit www.aanma.org.



Catching up on net trends

PC MIKE
There has been a lot of talk about computers and the Internet this week.



MIKE WENDLAND

Internet addicts
The American Psychological Association has been told that almost 6 percent of Internet users suffer from some form of addiction to it. Further, said a report submitted to the organization, "marriages are being disrupted, kids are getting into trouble, people are committing illegal acts, people are spending too much money."

The findings, which were released at the association's annual meeting, add fuel to the contention that compulsive Internet use is a real psychological disorder.

Fierce PC competition

Giant Intel is feeling the heat of competition from rival processor manufacturer Advanced Micro Devices. Intel dealers were told that prices on Pentium III's were to be cut this week by as much as 41 percent. The huge cuts were seen as a direct response to the rave reviews given AMD's new 650 MHz Athlon chip.

Stamps online

A Web site called stamps.com will team up with Microsoft to allow individuals and companies to buy postage through the Internet and affix stamps directly from a personal computer. The company, one of two licensed by the U.S. Post Office for online stamp sales, says the service will

begin Sept. 27 and targets small and medium businesses that use Microsoft Office applications. The other company licensed for the PC Postage program is EStamp Corp. of San Mateo, Calif.

Football news by e-mail

Everybody knows they take football very seriously in Texas. A Dallas newspaper has begun a free e-mail service that sends football fans exclusive reports from its top columnists. The updates don't appear in print or on the paper's Web site either, offering up targeted e-mail-only insights on pro and college football. Expect this trend to be copied.

Skeptical of net security

The public doesn't trust Web sites to keep quiet about personal information collected through logins and online transactions. A new study by net marketing company Jupiter Communications found that 64 percent of online consumers are unlikely to trust a Web site, even if the site prominently features a privacy policy. That distrust, warns Jupiter, is likely to adversely affect both online advertising and digital commerce revenue unless sites take action and educate and communicate with online consumers.

Microsoft feels the heat

Don't think the folks at Microsoft aren't taking note of the new competition. In a recent survey by the International Data Corp. marketing firm, 13 percent of the respondents said they now use Linux, compared to 1997 when the software did not register in any findings because it was statistically such a small percentage of survey respondents. Large computer makers

such as IBM and Hewlett-Packard have become active supporters of Linux, which is popular in the Web server and e-mail server market. Linux is a Unix-like operating system, created originally by Linus Torvalds, a Finnish graduate student at the time.

Gas and surf

When you stop at a gas station for fuel, you will soon be able to surf the Internet at the pump, getting traffic and weather reports online as you fill up your tank. Amoco will soon install Internet-enabled kiosks in the Los Angeles area and at an undisclosed number of its fueling stations around the country. The company won't say what states are on the list.

PC Mike seminar

Mark your calendars for Saturday Sept. 11. That's the day, from 10 a.m. - noon, that we'll hold the next PC Mike/WXYT Radio Computer Seminar. This one is entitled "Internet 101" and it will cover the ins and outs of getting online, surfing the web, using e-mail and protecting your kids against porn and perverts.

The seminar is free, but you MUST get phone in an advance reservation. Call the PC Mike seminar hotline at (248) 5423-2721. The seminar will be at Lawrence Technological University, 21000 W. Ten Mile Road, Southfield (near Evergreen).

Mike Wendland reports about computers and the Internet for NBC-television stations coast-to-coast. His radio show is heard every weekend on TalkRadio 1270, WXYT. You can reach Mike through his Web site at www.pcmike.com

MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmortson@oe.homecomm.net or faxed to (734) 591-7279.

group for anyone who is hypersensitive to chemicals and or environmental irritants such as smoke, fragrances, pesticides, cleaning supplies, new construction materials, etc. Informal monthly meetings are held at various locations. The next is scheduled from 2-5 p.m. at the Good Food Company - West at 42615 Ford Road, Canton (1/2 mile west of I-275 at Lilley Road). For a newsletter call (248) 349-4972.

Chi (movements and concentration on the breath promote health by balancing the natural flow of energy through the body). Jeff Smith, instructor. Class meets from 6:30-8 p.m. every Monday beginning Sept. 20 at the Nativity United Church of Christ's Fellowship Hall. A limit of 20 people per session. Call (734) 421-5406 and ask for Ida the parish nurse minister.

SUN, AUG. 22

BONE DENSITY, BLOOD PRESSURE
Bone density osteoporosis screening; and blood pressure will be offered at a cost of \$10 at the Hindu Temple, 44955 Cherry Hill Road in Canton from 11:30 a.m. to 3 p.m. To register call (734) 981-8730.

THUR, AUG. 26

BLOOD DRIVE
The American Red Cross will sponsor a Community Blood Drive at St. Mary Hospital from 6 a.m. to 5 p.m. on Thursday, Aug. 26 in West Addition Conference Rooms A and B. The Red Cross encourages area residents to join St. Mary Hospital employees and volunteers to donate blood. To schedule a time to donate, call St. Mary Hospital at (734) 655-2980. Walk-ins are accepted but appointments are preferred.

WED, SEPT. 8

FOOD FOR THOUGHT
St. Mary Hospital is pleased to announce a new nutrition education program called "Food for Thought." Linda DeVore, RD, CDE, is the program instructor and the topic for the first class is Do Your Heart Good. Participants will learn about the different types of fat, sources of sodium and other nutritional factors that benefit the heart, including heart healthy recipes. The class will be held from 7 to 8 p.m. at Bentley Center at 15100 Hubbard, off Five Mile in Livonia. The cost is \$6; \$5 for those over 55. Call (734) 655-8940.

SAT, SEPT. 11

CHEMICAL SENSITIVITY
MCS (Multiple Chemical Sensitivity Friends) is a free support

WED, SEPT. 15

FOOD FOR THOUGHT
St. Mary Hospital is offering a class on fast and easy meals at home. The "Food for Thought" nutrition education program will offer a cooking demonstration by professional chef Craig Brown who will also share menu ideas, recipes and short cuts for nutritious and quick meals at home. The class will be held from 7-8 p.m. at Bentley Center, 15100 Hubbard at Five Mile in Livonia. Cost to attend is \$6 and \$5 for those over 55. Registration is requested. For more information, please call (734) 655-8940.

THUR, SEPT. 16

HEALTH SCREENINGS
St. Mary Hospital will be offering posture, vision and hearing screenings from 10 a.m. to noon and posture and vision screenings only from 6-8 p.m. in West Addition A and B and Pavilion Room A. There is no charge to attend and registration is not required. For more information, please call (734) 655-2955.

SAT, SEPT. 18

IMMUNIZATION CLINIC
Immunizations provided except chicken pox. Bring your child at the most convenient time from 10 a.m. to 1 p.m. No pre-registration required. Bring child's immunization records with you. Clinic held monthly at Saint Joseph Mercy Arbor Health Building, 990 W. Ann Arbor Trail, Plymouth. Call (734) 414-1000.

MON, SEPT. 20

TAI CHI
Join in on a six week class of Tai

THUR, SEPT. 23

SMOKING CESSATION
Providence Medical Center - Livonia: Mission Health Medical Center, will host the stop smoking program from 6:30-8:30 p.m. The two-hour session combines the power of hypnosis with behavior modification. To register call (877) 345-5500.

SAT, SEPT. 25

LYME DISEASE
A Lyme disease conference will be held from 8 a.m. to 5 p.m. to discuss the current clinical approaches and microbiology of Lyme disease and tick-borne illnesses, at the Ashman Conference Center in Midland. Sponsored by the Michigan Lyme Disease Association. Call (888) 784-LYME for information.

SUN, SEPT. 26

GILDA'S CLUB
Gilda's Club of Metro Detroit invites you to bring friend or your family to the Gilda's Club Metro Detroit 6th Annual Family Walk & Block Party at 10 a.m. at Cobo Hall. The event begins with a 5K walking tour of downtown Detroit or a one mile indoor fun walk, then back to Cobo Center for a family block party. There will be marching bands, clowns, games, prizes and lots of food for the entire family. To register call (248) 577-0800 for information.

WALK TO CURE DIABETES
The Juvenile Diabetes Foundation International and The Diabetes Research Foundation announce the "Walk to Cure Diabetes" event from 8:30 a.m. to noon at Domino Farm's in Ann Arbor (US-23 and Plymouth Road). All you have to do is sign up, raise money, walk and feel proud. Call (248) 569-6171.

MEDICAL NEWSMAKERS

Items are welcome from all professionals active in the Observer-area medical community. Items should be sent to: Medical Newsmakers, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmortson@oe.homecomm.net or faxed to (734) 591-7279.

Program for families

Oakwood Hospital & Medical Center recently unveiled the Program for Exceptional Families, a family-centered service for children with developmental disabilities, acquired

disorders. The program provides children along with the families, a single location to meet with a multidisciplinary team of pediatric specialists. The team includes a pediatrician, rehabilitation physician, neurologist, nurse, dietitian, social worker, parent advocate and orthotist.

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Services include: Development of Individualized Healthcare Plans; Coordination of Healthcare Planning with Primary Care Physicians; Collaboration with School Personnel; Assessment of Behavioral and Psychosocial Support Needs; Provision of Family Advocacy and Liaison with Community Service Agencies.

Susan Youngs, M.D.
Director of Program for Exceptional Families

For appointments, tours or more information, please call
313-791-4335



Oakwood

Oakwood Healthcare Center Waterworks

Program for Exceptional Families

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Women Seeking Men

SEARCHING FOR YOU: Attractive, educated, easygoing SWFP, 30, 5'6", blonde, enjoys movies, dining, going to concerts...

LET'S STAND TOGETHER

Pretty, health care professional, financially secure, classy, slim, youthful SWF, 5'4", blonde/brown, NS, no dependents...

PASSIONATE BEAUTY

SWF, 33, 5'6", blonde/green, vivacious, adventurous, fit and stable, loves to travel and laugh...

WHERE IS HE?

Pretty, single, medium build, blue eyed SWF, early 30s, 5'3", who enjoys having fun...

PRETTY WIDOW

Slender, tall, intelligent, refined yet fun SWF, 53, smoker, seeks an interesting, laid back and confident gentleman...

ECHO VALLEY

Dreams change and so do we. Life's a mystery. I fear you may find me a mystery. I fear you may find me a mystery...

GREEN-EYED FIERY RED-HEAD

48, 5'11", blonde/blue hair, WF, enjoys reading, eating, golf, walking, movies, quiet evenings, romance, the water, more. Frantically emotional, stable, seeks attractive WM...

ANYTHING'S POSSIBLE

Petite SWF, 34, mother of two, seeks honest, sincere, fun-loving responsible guy who isn't afraid of a challenge...

GENIUM GIRL

SWF, 45, tall, blonde, attractive, seeks friendly, nice-looking man with good qualities...

ABSOLUTELY BEAUTIFUL

Gorgeous, down-to-earth SWF, 34, 5'7", 130 lbs., blonde/green, seeks financially secure, successful SWM...

SENSUAL LADY

SWF, young-looking 44, 5'2", 126 lbs., strawberry blonde/green, seeks SWM, 40-50, who is fit, attractive, honest and attentive...

LOOKING FOR COMPANIONSHIP

Very kind-hearted, honest, easygoing SWF, 38, blonde, DWF, 47, 5'3", good figure, many interests...

THE BARE TRUTH

Attractive, educated SWF, 38, 5'3", hard-working, mother, enjoys going to the movies, travel, dining out...

PET SEKS SAME

SWF, 31, 5'4", 115 lbs., blonde/red hair, glasses, loves children, seeking someone to share life with...

ECLECTIC INTERESTS

Petite blonde, educated SWF, 46, blonde, NS, ND, no children, enjoys golf, intelligence, humor, life...

CAST YOUR FATE TO THE WIND

Attractive, class, SWF, 56, medium build, blonde/green, NS, ND, loves sports, outdoors, romantic evenings...

LET'S GO SAILING

Conservative, honest, blonde, caring SWF, 44, 5'8", medium build, nice personality, seeks a mature, fun-loving man...

WANTED 90S WOMAN

Humorous SWF, 36, 5'10", 130 lbs., blonde, seeks a woman who is confident, independent, and fun...

ALL THE PRINCES?

I'm so tired of kissing frogs! Romantic, outgoing, easygoing SWF, 33, 5'5", blonde, seeks a successful, professional, fun-loving man...

YOU SCORPIO TOO?

Do we date together? Joyful, athletic, witty, emotionally secure, intelligent, nature-ready female seeks a like-minded male...

ARE YOU A TOMBOY?

Attractive, active SWF, 33, 5'11", 160 lbs., blonde, seeks a mature, fun-loving man who is confident and successful...

ARE YOU A TOMBOY?

Attractive, active SWF, 33, 5'11", 160 lbs., blonde, seeks a mature, fun-loving man who is confident and successful...

ARE YOU A TOMBOY?

Attractive, active SWF, 33, 5'11", 160 lbs., blonde, seeks a mature, fun-loving man who is confident and successful...

ARE YOU A TOMBOY?

Attractive, active SWF, 33, 5'11", 160 lbs., blonde, seeks a mature, fun-loving man who is confident and successful...

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To listen and respond to ads that interest you, call the 900 number or call toll free and use your credit card. You can listen to as many ads as you like and get to know more about the person from the sound of their voice...

ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Musical groups note approach of fall season

If you love music, you're in luck. Several groups are either looking for members, performing in the area, or both.

Here's a guide to what's going on this fall:

Schoolcraft College Jazz Ensemble

Schoolcraft College is reviving its jazz ensemble and looking for musicians. Rehearsals will be 7-10 p.m. Monday beginning Sept. 13 in the Forum Building on campus, 18600 Haggerty, between Six and Seven Mile roads, Livonia.

"We're looking for students from Schoolcraft, community people and outstanding high school musicians," said Jack Pierson, jazz ensemble director. "We got fired up about reforming the ensemble at the Michigan Jazz Festival which was held at Schoolcraft this year." Pierson played with the Johnny Trudell Big Band at the festival.

"What we're doing is open to everybody. Band and orchestra directors are also welcome because many have never played in a jazz band. When we did it before, it was a real mix of people. We don't know who will show up but we're going to play everything from Glen Miller swing to contemporary arrangements."

Midge Ellis, jazz fan extraordinaire, came up with the idea to reform the ensemble, which Pierson directed some 15 years ago at Schoolcraft.

"I'm really excited," said Ellis. "At the Michigan Jazz Festival, musicians like John Trudell offered to do clinics for the ensemble to get the program off the ground."

The session on Monday, Sept. 13 will be a combination audition and rehearsal. For more information, call Pierson, (734) 420-8984.

Matt Michaels Trio

If you like hearing live jazz, listen up. The Matt Michaels Trio is moving its regular jazz evenings from the Botsford Inn, which closed in July, to Ron's Fireside Inn, on Warren at Middlebelt Road in Garden City, (734) 762-7756.

Beginning Sept. 8, Michaels, a Southfield pianist and director of jazz studies at Wayne State University, and his trio will perform jazz 8-11:30 p.m. Wednesday at Ron's Fireside Inn.



Songster: Mark Perrine is the new director of the Schoolcraft College Community Choir.

Schoolcraft College Community Choir

If you love to sing, Mark Perrine and the Schoolcraft College Community Choir is looking for you. Perrine, a Redford resident who was recently named the choir's new director, will hold auditions for all voice parts 7 p.m. Tuesdays, Sept. 7 and Sept. 14, in room 530 of the Forum Building at Schoolcraft College, 18600 Haggerty, Livonia. To schedule an audition call Perrine (313) 937-0975 or Shari Clason (248) 349-8175. Rehearsals are

Please see EXPRESSIONS, C2



For the love of jazz: Farmington Harrison High School Jazz Band members Ryan Smith (left counterclockwise), Joe Walts, Kurt Schummer, Chris Chiapelli and Adam Marshall played at Montreux Detroit two years ago.



Educational program: Jack Pierson leads an improvisation clinic at the Montreux Detroit Jazz Festival.

What: The 1999 Ford Montreux Detroit Jazz Festival — features more than 120 free jazz events on five stages.
When: Noon to 11 p.m. Friday-Monday, Sept. 3-6
Where: Hart Plaza on Jefferson Avenue in downtown Detroit.
What else: Go to www.montreuxdetroitjazz.com on the Web for more information, or call (313) 570-PLAY.
Special event: Kick-off picnic 6 p.m. Thursday, Sept. 2 features music, food, dancing and fun at the Kowalski Riverfront Cafe. Tickets start at \$100 and are limited. Proceeds benefit Music Hall, producer of the festival. Call (313) 962-4302.

FESTIVAL

'Arts, Beats & Eats' becoming a can't miss celebration

What: 'Arts, Beats & Eats,' a festival of fine arts and crafts, music and food
When: 11 a.m. to 10 p.m. Friday-Sunday, Sept. 3-5; and 11 a.m. to 8 p.m. Monday, Sept. 6
Where: Downtown Pontiac, along Saginaw and adjoining streets. For information, call (248) 975-8850, or www.artsbeatsand eats.com on the Web

Local participating artists:
■ Michael MacManus and Trong Do of Bloomfield Hills
■ Suzanne & Barry Lehsten of Farmington Hills
■ Ray Doan of Livonia
■ William Thayer of Redford
■ Donna Beaubien of Troy
■ Kathy Phillips of West Bloomfield
■ Linda Lane & Callie Maes of Westland

Participating galleries: Gallery XVII, Michigan Hot Glass, Habitat Gallery, Hands Studio, Lawrence Street, Uziac Gallery, Donna Anderson, Gallery Function Art, Galene Blue, Elizabeth Stone Gallery, First 1/2, Birmingham Bloomfield Art Center, and Creative Arts Center of Pontiac.

BY FRANK PROVENZANO
STAFF WRITER
fprovenzano@oe.homecomm.net

It's nearly half-an-hour past the scheduled meeting time, and there's no sign of Jon Witz.

And to say the least, that's unusual. Especially along the gritty streets of downtown Pontiac, where, for the past 18 months, Witz has been a prominent talking billboard promoting his pet project, "Arts, Beats & Eats," a four-day arts festival labeled as the city's latest hope for economic renewal.

Witz and his staff have been working nearly around the clock, holed up on the fourth floor in one of downtown Pontiac's high-rises along Saginaw Street, where 750,000 visitors are expected to stroll during the second annual "Arts, Beats & Eats" festival over Labor Day weekend.

When Witz arrives at the meeting to discuss this year's expanded festival, he appears as a modern-day promoter. He lumbers down the sidewalk, as a line-



PHOTO BY WM. ROBINSON, JR.

All that jazz: Southfield pianist Matt Michaels and the Wayne State University Jazz Band perform Labor Day weekend.

STUDENTS JAZZED UP TO PLAY AT MONTREUX DETROIT FESTIVAL

BY LINDA ANN CHOMIN • STAFF WRITER

lchomin@oe.homecomm.net

Julie Bailey never forgot the jazz improvisation clinic she participated in two years ago at the Montreux Detroit Jazz Festival.

Bailey, a senior at Farmington Harrison High School, plays trumpet in the jazz band. At Montreux Detroit, she learned improvisation basics, and performed with her school's jazz band.

"It was a lot of fun," said Bailey who began playing trumpet in fifth grade. "There were a lot of professional jazz musicians and to be playing on the same stage it was pretty cool. It's amazing hearing some of the trumpet players. They play so high. At the improvisation clinic, I learned to play in the right key and how to feel from your heart."

This year, more than 24 high school and college bands and ensembles will perform at Montreux Detroit, including the Farmington Harrison High School Jazz Band under the direction of Mark Phillips. Educating and encouraging future jazz musicians by offering clinics and giving students a chance to perform has been part of Montreux Detroit since the festival's beginnings.

"The educational programs have expanded in the last seven years," said Jack Pierson, a former Livonia resident who moved to Northville. Pierson works with the educational programs committee, which includes Ernie Rodgers, Louis Smith and Paul Stanifer, director of the Michigan School Band and Orchestra Association based on the campus of the University of Michigan in Ann Arbor. The goal of the committee is to make sure jazz remains a viable force.

Pierson will present a clinic 1 p.m. Sunday, Sept. 5. "We're having more high school and college bands play and improvisation clinics with all of the clinicians giving handouts," he said. "All realize the importance of jazz, it being the only true American art form. We have clinics on improvisation for those who have never improvised and then advanced improv. There are eight separate sessions open to everyone, not just students, and a meet-the-performer. Kids can come down to jam with a rhythm section."

Educational programs

All of the programs revolve around creating better jazz musicians. Band directors, and anyone interested in hearing the newest sheet music releases, may join

Pierson and a reading band comprised of jazz educators, including Rodgers, 1:15 p.m. Saturday, Sept. 4.

"It's set up for band directors so they can hear the newest releases," said Pierson. "So many of our band directors going through college have no experience in jazz. Every student going through college to be a director should have the opportunity to play in a big band."

Montreux gig an honor

Students vie for the honor of performing at Montreux Detroit. College groups submit tapes. High school bands are chosen by Stanifer. Members of the International Association of Jazz Educators critique the performers. Later, the groups will receive a cassette of their performance, and a written evaluation which suggests ways to improve their playing.

"They're selected on the basis that they were participants in the MSBOA jazz festivals throughout the year and their scores were significant," said Stanifer explaining how groups are chosen to perform.

Jazz is fun

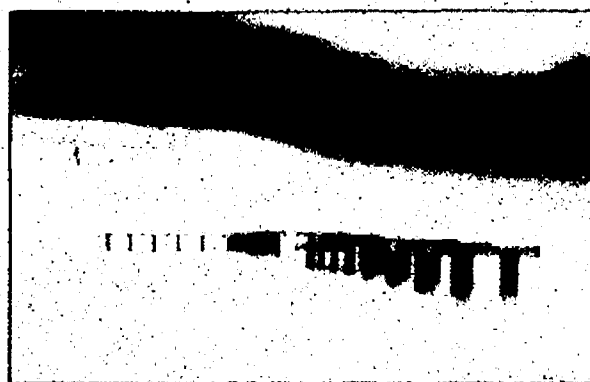
This is Mark Tripp's first time playing Montreux Detroit. It's also the last time the West Bloomfield resident will be playing with the Farmington Harrison Jazz Band, which earlier this year played at a Stan Kenton tribute concert at Clarenceville High School in Livonia. Tripp headed for the University of Michigan in Ann Arbor this fall to study engineering.

"I'm looking forward to playing and watching other people playing," said Tripp. "I like jazz. It's fun to play." Performances by student bands have been part of Montreux Detroit since its founding 20 years ago. Matt Michaels, director of jazz studies at Wayne State University, conducted the school's jazz band at the first Montreux Detroit in 1980.

"The experience of playing a festival and being in a festival with professional players is important for the students," said Michaels, a Southfield pianist whose jazz trio plays at Ron's Fireside Inn in Garden City.

Drummer Jason Gittinger backs up Michaels, thoughts about the benefits students reap from performing in the festival. He's playing Montreux Detroit with the Wayne State University Jazz Band for a sec-

Please see JAZZ, C2



Mystical: The photography of William P. Thayer of Redford is among the featured work in the fine arts exhibit at 'Arts, Beats & Eats.'

backer in search of prey, clutching a beefy briefcase and pressing a cell phone to his ear.

"I'm a promoter and it's easy to promote something you believe in," said Witz, who oversaw promotions for Clubland and the

State Theater in downtown Detroit in the early 1990s before opening his own promotions firm in 1994.

While Oakland County Executive L. Brooks Patterson and Pontiac Mayor Walter Moore provide the political clout behind the festival, Witz is in the day-to-day pursuit of transforming downtown Pontiac into a thriving marketplace festival that resembles Taste of Chicago and the Ann Arbor Art Fairs.

When Witz predicted that 250,000 would attend last year's inaugural festival, many thought that it was merely promotional rhetoric. After all, "Arts, Beats & Eats" is held on the same holiday weekend as the popular Montreux Detroit Jazz Festival, Michigan Renaissance Festival and Michigan State Fair.

Witz's prediction was, indeed, slightly off. In fact, it was too low. Nearly 400,000 showed up on the downtown streets during a late-summer sweltering spell.

Please see FESTIVAL, C5

Thanks.

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Jazz from page C1

and time. Gittinger, who attended Blue Lake Fine Arts Camp for seven summers, transferred to Wayne State University from a college in Columbus, Ohio.

"If there's anything exciting about playing, it's we get to play with all of the great musicians, great people in jazz," said Gittinger, who manages Percussion World in Ferndale. Percussion World is supplying the drums for Montreux Detroit.

Pianist Tom Dennis will perform with the Wayne State University Jazz Combo comprised of five undergrad and grad students. A White Lake resident, Dennis says "it's a big deal, a real honor to play at Montreux."

"It's the biggest festival around here and the most respected," said Dennis, a Wayne State grad student. "It's a good experience because it's a major production. It's a real

sense of accomplishment to play in it."

Investing in futures

Don Lupp probably never dreamed when he proposed the festival back in the 1970s that it would grow to attract nearly 800,000 jazz lovers annually. Lupp, a jazz educator at Henry Ford Community College, was the North American representative responsible for coordinating the college and high school bands who would play at the prestigious Montreux Jazz Festival in Switzerland. It was Lupp who proposed a collaboration between Detroit and the Switzerland festival to Bob McCabe, president of Detroit Renaissance, a nonprofit organization dedicated to rebuilding the city. In the winter of 1979, Lupp, McCabe, Detroit Mayor Coleman Young and several dignitaries from Montreux

announced the first Detroit festival for the following Labor Day weekend.

Ever since then student bands have played at Montreux in Detroit. Over the years, the clinics, meet the artists, and student jam sessions (this year with the Pat Prouty Trio) have allowed students the opportunity to experience the world of professional jazz.

"Educational programming has been part of Montreux since the beginning and it's very much the seed of the festival," said Jim Dulzo, Montreux Detroit director. "Jazz is an aural tradition. We do this fest to celebrate jazz. Part of something is making sure something continues. The very history of jazz is almost based on the mentoring process. Jazz is something you can't teach that well in the classroom."

Montreux Detroit Jazz Festival Education Schedule

Friday, Sept. 3 Hudson's/Telgent Stage Noon - Jackson Parkside Middle School Jazz Band 2:45 p.m. - West Bloomfield High School Jazz Ensemble 4 p.m. - Mott Middle College High School Steel Band 5:15 p.m. - Wayne State University Jazz Band 6:45 p.m. - Montreux Metro All Stars Pepsi Jam Academy 1 p.m. - SEMJA Jazz Clinic: Teddy Harris 5 p.m. - SEMJA Jazz Clinic: Wendell Harrison 6:30 p.m. - Student Jam Session w/ Pat Prouty Trio Kowalski Riverfront Café 5:45 p.m. - Wayne State University Jazz Combo 7:15 p.m. - Wayne State University Jazz Combo	Arts Jazz Ensemble Pepsi Jam Academy 1 p.m. - SEMJA Jazz Clinic: Ellen Rowe 3:45 p.m. - Meet the Artist: Tommy Flanagan 5 p.m. - SEMJA Jazz Clinic: Chris Collins 6:30 p.m. - Student Jam Session w/ Pat Prouty Trio Kowalski Riverfront Café 1 p.m. - Monroe High School Neo-Classical Jazz Quartet 2:45 p.m. - Monroe High School Neo-Classical Jazz Quartet 4:30 p.m. - Washtenaw Community College Jazz Combo 6:30 p.m. - Washtenaw Community College Jazz Combo	Monday, Sept. 6 Ford/AlrTouch Cellular Stage 12:30 p.m. - Central Michigan University Percussion Ensemble 2:30 p.m. - U of M Jazz Ensemble Hudson's/Telgent Stage Noon - Farmington Harrison High School Jazz Band 1:15 p.m. - Central Michigan University Jazz Band 2:45 p.m. - Ann Arbor Community High School Jazz Combo 4 p.m. - Chesaning Union High School Jazz Band 5:15 p.m. - Northville High School Jazz Ensemble I Pepsi Jam Academy 1 p.m. - SEMJA Jazz Clinic: Ernie Rodgers 3:45 p.m. - Meet the Artist: Yusef Lateef 5 p.m. - Student Jam Session w/ Pat Prouty Trio Kowalski Riverfront Café 1 p.m. - Ferndale High School Pine-Quest! 2:45 p.m. - Ferndale High School Pine-Quest! 4:30 p.m. - Oberlin Jazz Septet 6:30 p.m. - Oberlin Jazz Septet
Saturday, Sept. 4 Hudson's/Telgent Stage Noon - Northview High School Jazz Combo 1:15 p.m. - IAJE Reading Band 2:45 p.m. - Northview High School Big Band 4 p.m. - Lansing J.W. Sexton 2 o'clock Jazz Ensemble 5:15 p.m. - Henry Ford Community College Big Band 6:45 p.m. - Detroit High School for Fine & Performing	Sunday, Sept. 5 Hudson's/Telgent Stage Noon - Eaton Rapids High School Jazz Band 1:15 p.m. IAJE's Sisters in Jazz 2:45 p.m. - Sterling Heights Henry Ford II Jazz Ensemble 4 p.m. - East Kentwood High School Jazz Band 5:15 p.m. - U of M-Flint Jazz Ensemble 6:45 p.m. - Sterling Heights Stevens Jazz Ensemble Pepsi Jam Academy 1 p.m. - SEMJA Jazz Clinic: Jack Pierson 3:45 p.m. - Meet the Artist: Elvin Jones 5 p.m. - SEMJA Jazz Clinic: Andrew Speight 6:30 p.m. - Student Jam Ses-	

Expressions from page C1

held 7:30 p.m. Tuesday. "We're looking for singers who've sung in a prior choir and who are interested in making good music," said Perrine, a tenor and pianist who's working toward a master's degree in vocal music education. "We don't expect them to be professional singers but we'd like them to be excited about performing the music of the masters."

The choir's first concert, featuring Mozart and Brahms, is Saturday, Dec. 4, at the Cathedral of St. Paul on Woodward Avenue in Detroit. Guest organist is David Jeremy Tarrant.

"We'll be doing standards that people love to perform and hear," said Perrine. "The acoustics and beauty of that church is something else. It's a gothic cathedral with medieval stained glass."

■ The five orchestras of the Livonia Youth Philharmonic are looking for students in grades 1-12 who love music.

Livonia Youth Philharmonic

The five orchestras of the Livonia Youth Philharmonic are looking for students in grades 1-12 who love music. Currently, about 120 students rehearse Saturday mornings throughout the year at Churchill High School in Livonia. According to audition chairperson Wendy Bernard, the philharmonic has a new lease on life and plans to open up opportunities for beginning string players for the first time. Rehearsals for all of the orchestras begin Saturday, Sept. 18. "We're trying to get enough students for a beginning string

orchestra for kids just starting," said Bernard. "We'd like them to be serious music students with at least one year of lessons." Auditions for the five orchestras (beginning strings, advanced strings, concert strings, flute choir, and philharmonic) will continue through Saturday, Sept. 18, but Bernard would like to have most completed by Friday, Sept. 10. Call (734) 591-7649 to arrange an audition appointment. "If you have an interesting idea for a story, call arts reporter Linda Ann Chomin at (734) 953-2145 or send e-mail to lchomin@oe.homecom.net

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Art Beat features various happenings in the suburban art world. Send Wayne County arts news leads to Art Beat, Observer Newspapers, 36251 Schoolcraft, Livonia MI 48150, or fax them to (313) 591-7279.

BIRTHDAY CELEBRATION

In honor of the 250th anniversary of the birth of Johann Wolfgang von Goethe, the Goethe-Institut Ann Arbor presents "Goethe Songs by Women Composers," a concert featuring soprano Patricia Bailey, pianist John Krueger and speech artist Hanna Sigel 7:30 p.m. Monday, Sept. 3, at the Rudolf Steiner House, 1923 Geddes Ave., Ann Arbor.

Ann Willison Lemke will give an introductory lecture on von Goethe, a German poet, statesman, scientist, artist and all-around genius. For more information, call (734) 996-8600 or visit the Web site www.goethe.de/annarbor

ARTISTS OF THE MONTH

The Livonia Arts Commission hosts a variety of media at separate venues Sept. 1-30. Sharon Bida, a Plymouth sculptor and jeweler, brings her original jewelry creations to the second-floor exhibition cases at the Livonia Civic Center Library, 32777 Five Mile Road, east of Farmington Road.

Next door, in the Fine Arts Gallery of the library, look for mixed media paintings by Suzanne Bauman, photography by Kevin Bauman. Both are Bloomfield Township residents.

Library hours are 9 a.m. to 9 p.m. Monday-Thursday, until 5 p.m. Friday-Saturday.

The Colored Pencil Society brings its time-consuming works to the lobby of Livonia City Hall, 33000 Civic Center Dr., east of Farmington Road. Hours are 8:30 a.m. to 5 p.m. Monday-Friday. Call the Livonia community resources department, (734) 466-

2540 for more information.

ART CLUB MEETING

Three Cities Art Club holds a meeting 7 p.m. Tuesday, Sept. 7, at the Plymouth Township Clerk's Office, Ann Arbor Road at Lilley.

Future meetings, featuring guest speakers and demonstrations, will be held on the first Monday evening of each month. For more information, call Annalee Davis, (734) 427-6524.

VILLAGE PAINTERS SHOW

The Treasure Chest Craft Show, presented by the Village Painters, takes place 11 a.m. to 8 p.m. Friday, Sept. 10, and 10 a.m. to 4 p.m. Saturday, Sept. 11, at the Plymouth Cultural Center, 525 Farmer.

Hand-painted furniture, decorative tins, ornaments, Santas, angels, snowmen, baskets, birdhouses, jewelry, paintings and more will be available.

CALL FOR ARTISTS

Organizers of "Sharing the

Gift Within" are looking for entries of painting, drawing, sculpture, collage, graphics, photography, clay and fiber for their seventh annual juried art show Oct. 2-8 at First Presbyterian Church of Northville, 200 E. Main.

Deadline for entry is Sept. 17. The juror is West Bloomfield artist Nora Chapa Mendoza. For information or to apply, call Judy Kohl (248) 348-2678 or the church (248) 349-0911.

NOTEWORTHY CONCERT SERIES

The Dodworth Saxhorn Band presents its re-creation of mid-19th century American brass bands, 8 p.m. Friday, Sept. 10, at First United Methodist Church, 45201 N. Territorial, Plymouth. Tickets are \$8, \$5 students/seniors, \$20 family. Call (734) 453-5280.

The band, which has performed throughout the Midwest and at the White House, recalls the entertainment provided at social events, political rallies and

military balls of the mid- and late-1800s.

This is the first concert in the Noteworthy series, which in the future will feature the Measure for Measure men's choral group and SongSister Julie Austin.

CHILDREN'S AUDITIONS

Whistle Stop Players is holding auditions for ages 5 and up for its fall Holiday Classics 6:30 p.m. Sunday and Tuesday, Sept. 12 and Sept. 14, at the Plymouth Community Arts Council, 774 N. Sheldon at Junction.

The fee due upon casting is \$100 for members (student membership is \$25 for a year). Scholarships available for those in need. Rehearsals are Sundays and/or Thursdays for most cast members, for performances Dec. 3-21 at the arts council and local schools. Call (734) 416-4278.

The Rising Star Singers are looking for children ages 8-16 to audition for its choral group 7-8:30 p.m. Tuesday, Sept. 21, at the Plymouth Community Arts

ART BEAT

Council. The group sings for the whole calendar year (new auditions every September). All talents welcome including dance and instruments.

Rehearsals are 7 p.m. Tuesday beginning Oct. 5 and run through August 2000. The fee is \$160 for the year and includes a one-year student membership and T-shirt. The instructor is Norma Atwood. Call (734) 416-4278.

VOLUNTEERS NEEDED

Canton Project Arts is looking for volunteers for its Fine Arts Exhibition to be held Oct. 8-15 at Summit on the Park in Canton.

There are many volunteer opportunities, from assisting with the artwork drop-off and set-up, to serving as a host or hostess for the reception, to being a greeter for a few hours during the week-long exhibition.

For more information, call Maureen Karby, (734) 397-6450.

Festival from page C1

Diversity is key

"We've come further and faster than anyone expected," he said. "The key is diversity in what is presented and a diverse audience."

Diversity at "Arts, Beats & Eats" translates into a range of art work, music and foods. The selection of artists, restaurateurs and special activities, according to Witz, is intended to appeal to every ethnic group and taste in the region.

The festival also takes pride in attracting families to the many special activities for children, including an expanded tent area for art exercises, games and performances.

More than 220 artists' booths will be erected along Saginaw, Pike and Lawrence streets. Meanwhile, five stages will feature blues, jazz, rock, alternative and children's performers.

In addition, 40 restaurants, offering everything from Coney dogs to lobster, will serve their specialties.

From a fine arts and crafts standpoint, this year's lineup of artists has been selected from among more than 700 applications, up from less than 100 inquiries last year, said Lisa Konikow, who coordinates the fine artists.

The emphasis is more on two-dimensional work, especially painting and photography, she said.

After last year, the art fair component of the festival was included among the top 200 best

More than 220 artists' booths will be erected along Saginaw, Pike and Lawrence streets.

in country, listed by "Sunshine" magazine. The 90 artists who displayed their work recorded \$600,000 in sales, an average of \$6,700 in revenue for each artist.

Unlike other large-scale art fairs, "Arts, Beats & Eats" will feature work of artists represented by 14 local galleries, Birmingham Bloomfield Art Center and the Creative Arts Center of Pontiac.

In addition, several Native American artists will be featured in an exhibit sponsored by the Soaring Eagle Casino and Resort.

"Why do people have to drive out of Oakland County when they want to experience culture," said Konikow. "They can come to Pontiac."

Based on the critical and popular success of last year's festival, even terminal naysayers might be convinced that the inaugural "Arts, Beats & Eats" wasn't a fluke.

Second time a charm? Witz has proven that he isn't one to leave things to chance.

"This is about bringing together people of all different ages and backgrounds," said Witz. "Everyone should find something that they will enjoy."

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SHOP TALK



NICOLE STAFFORD

Shopping can lead to trouble. Some of us can't tear ourselves away from the mall. Others overspend, and everybody knows where that leads. Many people, particularly husbands and wives, find shopping to be a catalyst for disagreement and petty arguments. Then, there are the typical shopping

predicaments.

"Do I buy a white scarf or a creme one?"

"Do I really need another pair of black pants?"

"I can't afford this, but I have to have it!"

Still, these are minor pitfalls weighed against the joy of shopping — the bargains, the unique purchases, the discoveries.

But have you ever broken into a cold sweat over a shopping predicament?

Mission impossible

My mission — find a stunning ensemble to wear to Fash Bash. I wanted a black, satin ball gown skirt.

Such an acquisition, I thought, would be indulgent but pragmatic; I would feel like a princess at Fash Bash but wear the skirt for years to come.

Having recently browsed many area clothing stores, I began my targeted search just over a week before the event. With so many designers making these skirts how difficult could finding one be?

As predicted, I found hordes of ball skirts everywhere I looked. Department stores, designer boutiques and even small, independent retailers were carrying them.

Finding the right size and color — a common shopping predicament — did prove difficult. Two days before the event I was still shopping. Maybe an old dress from the back of my closet would do, I thought, my anxiety and frustration waxing.

Less than 24 hours before the event, I was still shopping. Determined to find the skirt I coveted, I decided a highly targeted search at the Somerset Collection in Troy might do the trick. I also lifted the ceiling on my already commodious spending limit.

My first stop was Nordstrom where I found several black ball gown skirts. There were even a few on sale, but none in my size. I weighed the pros and cons of compromise and considered trying on a metallic, charcoal gray version.

Time to move on, I said to myself. The mall closes in a few hours. Get moving.

Almost, but no cigar

Just about to cross the boundary between Nordstrom and Somerset, I said to myself, charcoal gray is practically black, isn't it? Might as well try it on, I said aloud. Trying it on can't hurt, can it?

I returned to the dress department, retrieved the right size and headed for one of Nordstrom's opulent dressing rooms.

Within seconds of changing, I decided the skirt was a poor fit and reached behind to unzip.

The zipper moved down slowly and smoothly, but then, without warning, stopped. Fingers firmly grasping the zipper tab, I pushed and pulled, tugged and wiggled, zipped up and down with varying degrees of intensity.

It wouldn't budge. I imagined a trio of mall security guards parading me in handcuffs through the mall toward a secret interrogation room.

Mission impossible, again

My forehead was covered with beads of sweat. I imagined them dropping one by one onto the \$300 skirt in which I was trapped.

"I can't afford to buy a skirt I can't wear," I said aloud, having begun to talk, albeit quietly, to myself. "I've just got to get out of this thing," I said.

Outside the door, several sales clerks were assisting customers. Any minute now, one would knock on my door to ask how I was doing and whether I needed a different size.

What would I say? What should I do? Maybe I could lift the thing over my head. Maybe I could rip it off my body.

See WOES, C7

Classic clothes for the millennium

St. John explores new, more youthful designs

BY NICOLE STAFFORD
SPECIAL EDITOR

nstafford@oe.homecomm.net

Understated, conservative and classic usually capture the essence of St. John's clothing for women, but the designer's fall pieces veered from tradition.

Apparel from several of St. John's clothing groups, including pieces from the maker's Millennium Collection and rarely-shown Couture Collection, were presented Aug. 12 at Saks Fifth Avenue in recognition of the Junior League of Birmingham's Endowment Founder's Society.

While St. John's signature knit suiting in black, hunter green, burgundy and other classic colors was prevalent, a younger, more adventurous feeling seemed to inform much of the collection.

"I thought it was very youthful," said Amanda Turner, fashion manager at the Somerset Collection in Troy. "It was a lot more colorful than what they usually present, and I thought the silhouettes were also very youthful. I loved the ways things fitted. It wasn't that baggy look, and it was very lady-like, still."

One significant deviation for St. John came in the form of color. Classic shades were contrasted with extensive use of bolder and more unusual colors, bright magenta, dark plum, teal, loden and tobacco, to name a few.

Animal prints — a strong seasonal trend — also made a play. Several suits, for example, were embellished at the neckline and cuffs with animal prints. At least one suit and several sweaters were all animal prints.

While such a motif might seem like a wild turn for St. John, Turner said the style is really a classic look.

"Animal print never goes away," she said. "You will see it somewhere or another every fall, so I think it is actually synonymous with St. John."

Another surprise was the influence of unfinished couture on St. John's fall collection. Several suits, for instance, were embellished with messy, ruffled trim, rather than solid stripes and the designer's signature gold buttons.

The presence of such fabrics as leather and suede will probably come as yet another surprise to St.



STAFF PHOTOS BY JIM JAGDFELD

New classic: A recent showing of designer St. John's latest collections at Saks Fifth Avenue revealed the maker is no longer content to only sell conservative knit suits.

John watchers, said Turner, who couldn't recall the designer making clothing from such fabrics before.

Yet another fall trend, stiletto heels on shoes and both short and tall boots, comprised most of the show's foot wear, heightening the collection's sportier, more youthful look.

Other sporty, casual elements came in the form of

leather backpacks, black riding pants, belt-purses and loose cut, cowl neck sweaters and tunics.

"The collection definitely moved away from their traditional, very clean silhouettes, but it was still very lady-like," said Turner, adding for the benefit of St. John devotees, "it wasn't too girlish."



Wild side: St. John used animal prints to spice up their classic suiting. Such prints have been identified as a season trend and are expected to gain in popularity this fall and winter.



New details: Sporty elements like leather backpacks and belt-purses showed up on the runway at Saks Fifth Avenue's presentation of St. John fall clothing and accessories.



A casual turn: St. John isn't known for making sweaters, tunics and casual jackets, but quite a few were included in the designer's latest collection, as shown recently at Saks Fifth Avenue.

Retail, style and special store events are listed in this calendar. Please send information to: Malls & Mainstreets, c/o Observer & Eccentric Newspapers, 805 East Maple, Birmingham, MI 48009. Fax: (248) 644-1314. Information must be received by 6 p.m. Monday for publication the following Sunday.

SUNDAY, AUGUST 29

ANTIQUE SHOW

The Livonia Mall, at Seven Mile and Middlebelt roads, hosts an antique show with appraisals and antique glass repairs, 11 a.m.-5 p.m. For more information, call (248) 476-1160.

HOT ROD/ANTIQUE CAR SHOW

An antique car and hot rod show takes place in the parking lot of the Livonia Mall, at Seven Mile and Middlebelt roads, 10 a.m.-4 p.m. Proceeds benefit Angela Hospice. For additional information, call (248) 476-1160.

TUESDAY, AUGUST 31

SANSAPPELLE TRUNK SHOW

Visit Roz & Sherm, 6536 Telegraph Road in Bloomfield Hills, to view an exclusive trunk show of elegant silk and wool crepe designs by makers Sansappelle and meet store owner Ina Sherman through Sept. 1, 10 a.m.-6 p.m.

VERSACE MAKEUP EVENT

Versace's national makeup artist Ricardo visits Neiman Marcus, the Somerset Collection in Troy, to

ADDED ATTRACTIONS

consult customers and perform makeovers, 2-8 p.m., Cosmetics Department, first floor. To schedule an appointment, call (248) 643-3300, ext. 2103.

WEDNESDAY, SEPTEMBER 1

SALON Z SPECIAL COLLECTION SHOW

View Marina Rinaldi's Fall 1999 Special Order Collection with assistance from a designer representative at Saks Fifth Avenue, the Somerset Collection in Troy, 11 a.m.-4 p.m., Salon Z Collections, third floor. To schedule a personal appointment, call (248) 614-3323.

SUNDAY, SEPTEMBER 5

PRIORITY BRIDAL REGISTRATION

Hudson's welcomes future brides and grooms for a special morning of gift registration prior to regular store hours. Experienced registration staff will be available to help, 9:30 a.m., Gift Registry Department at Hudson's stores at Oakland Mall in Troy, the Somerset Collection in Troy, Twelve Oaks Mall in Novi and Lakeside Mall in Sterling Heights. Reservations are required. Please call selected store to make an appointment.

MONDAY, SEPTEMBER 6

LABOR DAY SHOPPING

Just because it's Labor Day doesn't mean everybody is taking a vacation. Visit Laurel Park Place mall, 37700 West Six Mile Road in Livonia, to complete your fall season shopping. The mall will be open 10 a.m.-6 p.m.

WEDNESDAY, SEPTEMBER 8

JUDITH LEIBER TRUNK SHOW

Saks Fifth Avenue, the Somerset Collection in Troy, hosts a trunk show of Judith Leiber's Fall 1999 Collection and a designer representative to assist customers, 11 a.m.-4 p.m. For additional information and show location, call (248) 643-9000, ext. 456.

THURSDAY, SEPTEMBER 9

EILEEN FISHER APPEARANCE

Fashion designer Eileen Fisher visits Hudson's, the Somerset Collection in Troy, for a luncheon and fashion event, noon, Oval Room. To attend the event, please call for reservations at (248) 443-4790.

BOUTIQUE GRAND OPENING

British perfumer and skin care expert Jo Malone's boutique opens at Saks Fifth Avenue, the Somerset Collection in Troy, with a grand opening celebration, 2-9 p.m., Cosmetics & Fragrances Department, first floor. To attend and make a reservation, call (248) 643-9000, ext. 261.

TRAVEL

Toronto becomes Cannes with fall film festival

BY MARTIN BANDYKE AND KIM SILARSKI SPECIAL WRITERS

With a telephone or a computer, a VISA credit card and a

tankful of gas, you can join film industry folks and the stars themselves at "Cannes in Canada," the 24th Toronto International Film Festival, Sept. 9-18.

This year, you can purchase Festival program books, passes and some individual tickets by phone or online at www.bell.ca/filmfest, making this world class event more accessible than ever for film buffs.

A full list of the approximately 300 films to be presented is available online with the actual screening schedule available by 5 p.m. Wednesday, Sept. 1. Advance single tickets go on sale on Wednesday, Sept. 8. Festival sponsor VISA offers its card holders some ticket purchase perks - consult the website or the Festival Box Office (College Park Building, 444 Yonge St., Main Level, 416-968-FILM; (416) 968-3456) for more information about buying tickets by phone or online.

So, what makes this festival world class? First of all, the large number of industry types and big names who show up here have made this the premier film market in North America and among the top few festivals in the world. Then there is the sheer variety, along with many North American and world premieres. Festival-goers will be among the first to see the latest from household names Robin Williams ("Jakob the Liar"), Susan Sarandon ("Anywhere But Here") and Bruce Willis ("Breakfast Of Champions").

Other high-profile films in Toronto this year include "American Beauty," a biting take on contemporary life in suburbia starring Kevin Spacey and Annette Bening, and "Mumford," a cerebral ensemble piece from "The Big Chill" director and University of Michigan grad Lawrence Kasdan. Festival favorite and Toronto hometown

boy Atom Egoyan gets the nod for the opening night gala with "Felicia's Journey," an eerie, unsettling tale of a serial killer (Bob Hoskins) who targets an unwed pregnant Irish teen.

Many festival devotees shun the big titles, which will soon appear in theaters, in favor of films more obscure, but often far more profound. Easier to find a ticket to, many of these films take a year or longer to arrive at the Detroit Film Theatre, the Maple or the Main theater, while some never get here at all. For lesser-known but meatier films, see something by Kiyoshi Kurosawa (no relation to Akira), featured in this year's Director's Spotlight.

Or, check out works in the Contemporary World Cinema, Discovery (emerging filmmakers) or Real To Reel (documentary) programs. Be flexible about what you see and you will likely be rewarded.

Free spirits do away with advance planning and simply arrive in Toronto, go directly to the box office, grab a program book (about \$20 U.S.) and a screening schedule, and buy tickets there. Be forewarned: you will find many screenings sold out, but there still may be a way to get into that film you've simply got to see. Bring a good book and get in the rush line outside the appropriate theater at least an hour ahead of the screening. If there are any empty seats available just prior to the screening, you can buy a ticket. Arriving mid-week, later in the Festival, is also a good idea, since weekend screenings tend to be the most packed.

Driving to Toronto is a snap on the 401, but consider taking the ViaRail train from Windsor (800-

561-9181 or take advantage of special festival-goers airfares from Air Canada (800) 268-0024. Public transportation in Toronto is highly recommended: safe, cheap and quick. If you wish, you can stay at a less expensive hotel away from the Yonge and Bloor district where most films are shown, and simply take the subway. Take note, however, of the subway lines' hours - they don't run all night.

Special hotel rates are available through the Festival's Guest Relations Office by calling (416) 934-3209 and asking for PYO hotel rates. Options run the gamut from the luxurious Hotel Inter-Continental and Four Seasons, pricey but terrific for star watching, to the modestly priced Colony Hotel and Days Inn.

Once you're in Festival mode, you will find that eating can all too often be a fast-food burger hastily squeezed in between four films you're trying to see in one day. Try instead some tasty, swiftly prepared Thai food at the

Green Mango on Yonge Street, right across from the Uptown Theatre, where many Festival films are screened. Around the corner from the Uptown and Varsity Theatres is Rabba Market on Charles Street West, who stock takeout sandwiches, fresh fruit and beverages. Flo's diner on Bellair Street is also close to most of the Festival theatres and has a wide selection of items on its menu, plus a full bar.

The Canadian dollar has been gaining on the American dollar of late, but the exchange rate is still quite favorable, so enjoy it.

Finally, don't forget your eye-drops, and take along a light jacket and an umbrella for that changeable autumn "Cannes in Canada" weather.

Martin Bandyke is music director and afternoon host at WDET-FM 101.9. Kim Silarski is a freelance writer and communications director for ArtServe Michigan.



DOANE GREGORY

Popular novel: Ethan Hawke stars in "Snow Falling on Cedars," a love story and mystery based on a recent bestseller.



EGON ENDRENYI

Keeping hope alive: Robin Williams plays the title character in "Jakob the Liar," a film about the Warsaw ghetto and a poor Jewish cafe owner.

State's fall travel guide full of autumn color info

(PRNewswire) - While autumn hasn't yet arrived officially, the new 1999-2000 Michigan fall/winter calendar of events and travel guide has.

The 66-page publication provides some 700 events listings, the names and locations of more than 100 cider mills, and a map that reflects approximate peak fall-color periods regionally throughout the state.

The guide is available for free by calling (888) 78-GREAT.

Choose from more than two dozen fall-color tour routes that navigate nearly every region of the state - from the westernmost end of the Upper Peninsula

to the southern border of the Lower Peninsula.

Also featured in the colorful publication is Great Gear, the new Michigan merchandise that sports Travel Michigan's trademark four-color lighthouse logo. Souvenir and apparel items such as tote bags, sweatshirts, polo shirts, caps and golf umbrellas are available. For a flier providing the complete selection and descriptions of Great Gear items with prices, call (800) 345-1445.

Travelers needing the status of fall-color conditions may call the "GREAT" number, beginning Sept. 15.

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OBSERVER SPORTS SCENE

Prep golf divots

• J.O. Delancey shot a 1-under 71 to earn medalist honors Thursday as Ann Arbor Huron defeated Livonia Stevenson in a non-league boys golf match at Leslie Park, 399-410.

Sophomores Scott Wolfe and Matt Bartnick shot 76 and 77 to pace Stevenson. Other Spartan scorers included Chris Thomas and Travis Belcher, 85 each; Mike Byberg, 87; and Brian Dery, 89.

Rounding out Huron's contingent was Brian Lesperance, 78; Pat Wilkes-Krier, 81; Dave McMurtrie, 83; Brandon Tucker, 87; and T.J. O'Keefe, 89.

• Beverly Hills-Detroit Country Day won the 19-team Pinckney Invitational Friday at Rush Lake Hills Golf Course with a 301 total.

Ann Arbor Huron was second with 308, while Plymouth Salem and Livonia Stevenson tied for third at 309.

Other area schools included Redford Catholic Central, sixth, 311; Livonia Churchill and Westland John Glenn, tied for seventh, 319 each; and Livonia Franklin, 12th, 329.

Stevenson scorers included Wolfe (74), Byberg (76), Bartnick (77) and Thomas (82).

CC's top scorers included Jon Luna (76), Zack Davis and Matt Davey (77 each), Evan Currie (81).

Will Bashara led Churchill with a 74 followed by Jeff Hunter and Lance Antrobus, 81 each; and Brad Bescoe, 83.

Rich Sudak and Matt Darnell shot 76 and 77, respectively, to pace Glenn, while Jeremy Fendelet and Randy Villemure shot 80 and 86.

Tony Fotiu led Franklin with a 77 followed by Tim Kufel (80), Scott Waara (83) and Cole Muncy (89).

• CC shot 629 at the 36-hole tournament earlier in the week at Forest Akers (East and West course) led by Currie, 78-73-151; Davey, 82-79-161; Luna, 84-78-162; and Davis, 79-80-159.

Women's Suburban golf

Carolyn Benninger (Northville) shot an 81 to take first flight low gross honors Friday in the Women's Suburban Golf Association stop at Rolling Meadows.

Diane Wazney (Dearborn) was runner-up with an 85.

Dolly Vettese (Northville) and Jan Antieu (Brighton) carded 65, 69, respectively, to take low net honors in the first flight.

In the second flight, Mary Gene Stefanac (Dearborn) and Mary Ann Kraft (Dearborn Heights) each shot 94 to share low gross honors. Bernie Evans (Franklin) and Jinny Valentine (Dearborn) tied for second with 101 each.

Mary Cunningham (Westland) and Lori Wilson (Livonia) each had 66 to tie for second flight low net. Doty Cody (Farmington Hills) was runner-up with a 68.

Way aces 274-yard hole

Using a driver, Ron Way of Livonia scored an ace in seven years on the par-4, 274-yard, No. 13 hole last week at Idyl Wyld.

Way shot 38 for nine holes.

Riverside skaters excel

Seven different competitors from the Riverside Arena of Livonia, coached by Vicky Hudson, recently returned with first-place finishes at the U.S. National Roller Skating Championships in Syracuse, N.Y.

Tracy Wilson qualified for the World Championships in Australia with a first in the Jr. WC Women's Figures.

Other firsts were garnered by Sarah Baldwin, Advance Co-Ed Loops and Freshman Girls Figures; Brittany Adams, Juvenile Girls Figures; Christine Jarrett, Junior Women's Figures; Heather Menard, Junior Solo Dance; Gretchen Yurek, 2A Figures; Matthew Kerr and Menard, Freshman Dance.

Second places went to Menard, Freshman Girls Figures; Baldwin, Freshman Solo Dance; Rosann Piggott, Veterans Women's Figures; Natasha Conz, 2A Solo and 2A Figure.

Earning thirds for Riverside: Jarrett, Freshman Solo Dance; Yurek, 2A Solo; and Brittan Cady, 2A Figures.

Melanie Williams added a fourth in 1B Figures.

Football section on web

In case you missed the the High School Football Preview edition, readers to access the guide online at <http://observer-ecentric.com/way-grid99/grid.html>.

Churchill edges Panthers, 15-13

Bennett bounces back from INTs to lift Chargers

BY STEVE KOWALSKI
STAFF WRITER
skowalski@oe.homecomm.net

Mike Dmytro caught three of John Bennett's passes Friday night, but he was hardly his favorite receiver.

After all, they were opponents.

Fortunately for Bennett, Livonia Churchill's starting quarterback, he had enough success throwing to the guys on his side to overcome three interceptions by Dmytro in a 15-13 season-opening victory over host Redford Union.

Bennett completed nine of 21 passes for 208 yards and one touchdown and the Chargers' defense had a splendid night despite a couple of unbelievable touchdown runs by RU standout Mike Macek.

Macek, held to 44 yards rushing in 12 carries, scored on a pair of screen passes from his brother, sophomore quarterback Chris Macek, the first covering 75 yards and the second 27.

Anyone who doesn't think Mike Macek is among the top 25 players in the state should take a look at the film of him breaking several tackles on each run.

The win by the Chargers avenges a 14-0 loss to RU in last year's season opener that got the Panthers started on a perfect regular season.

"It's better than being on the other end," Churchill coach John Filiatraut said. "Oh, Lord, is Macek good. We knew coming in that if we could tackle

Please see CHARGERS WIN, D4



STAFF PHOTO BY BRYAN MITCHELL

Touchdown dive: Livonia Churchill's Rob Wilson crosses the goal line for the Chargers' first touchdown of year in Friday's 15-13 triumph against host Redford Union.

Meier lifts Patriots to 28-13 win

PREP FOOTBALL

Livonia Franklin, bolstered by the running of junior Joe Meier, played a strong second half Friday to pull away from visiting Lincoln Park in the season football opener, 28-13.

Franklin amassed 343 yards total offense, including 274 on the ground as Meier rushed for 210 yards on 28 carries and two touchdowns. The Patriots had 18 first downs to Lincoln Park's 13.

Franklin had only one turnover and did not allow a sack.

"We played some good football tonight and offensively we did a nice job controlling the clock and getting first downs," said Lee. "Our offensive line did a great job."

"We played solid defense in the first quarter and in the second half we stepped up and made stops."

It was 14-13 in favor of the Patriots at intermission.

Meier scored on an 11-yard run in the opening quarter and sophomore Jeremy Brady booted the first of his four consecutive extra points to make it 7-0.

"Meier was on the varsity last year as a sophomore — he's a good athlete, a hard runner with a good work ethic," said Lee, whose team was 1-8 a year ago. Lincoln Park tied it at 7-all in the second period on Phil Short's 8-yard TD pass to Drew Katon.

Franklin regained the lead on Meier's 6-yard

touchdown run, but Lincoln Park countered before the half on Mike Waddle's 9-yard scoring burst (the extra point failed).

Franklin junior quarterback Joe Ruggiero, who was six of nine for 69 yards and no interceptions, hit tight end Dan Deon on an 8-yard scoring pass to give Franklin the lead for good.

Ruggiero put it away with a 1-yard TD run with just under five minutes remaining, capping a 67-yard, 13-playing scoring drive.

"We were able to spread the ball around, even our fullback Joe Jendruski got 10 carries," Lee said.

Lincoln Park had 288 yards total offense, 168 on 33 carries on the ground as Wattle was 13 of 72, Short, eight of 19 passing for 120 yards, was picked off twice, one piece by Dave Painter and Dusty Hall.

Thompson steered Daly for 33 years

Women's fastpitch softball team was nationally-ranked

BY BRAD EMONS
SPORTS WRITER
bemonsoe@oe.homecomm.net

On May 17, 1967, Bob Thompson launched a women's fastpitch softball team that later became nationally renowned.

Thirty-two years and 88 days later, the middle school science teacher from Westland decided it was time to hang it up.

"You can put me out to pasture; there's comes a time when you have to quit anything in life," said Thompson, who sported a winning percentage of .723 with a 865-331 record.

Daly Restaurant of Livonia, a force in women's fastpitch softball in this area and the state, leaves quite a legacy.

Most of the trophies, over 200 Thompson has accumulated in his basement, are being donated to charity. He also donated all the team's equipment to St. Mary's of Wayne.

Changing times have made it necessary for Thompson and his wife Sandy to call it quits.

"It used to be God, weddings and then softball," Thompson said. "But now many of the college players are burned out because the season is so long or they go pro. It became harder and harder to go to tournaments because the players had so many other commitments."

"And the talent pool became lesser and lesser to draw from to compete at



STAFF PHOTO BY BRYAN MITCHELL

Well-armed: Daly Restaurant manager Bob Thompson spanned nearly four generations in women's fastpitch softball. His first hurler was Hilda West (third from left), now 72, while Carrie Knight (left) and Kelly Holmes (right) helped Daly finish fourth in this summer's ASA Nationals.

such a high level. It's so hard to get players. Plus, I didn't want to get into a recruiting thing."

Thompson, who taught 29 years in the Wayne-Westland Schools (retiring five years ago), normally spent his springs searching for potential Daly talent. His wife, who worked for

Ameritech, was with him every step of the way.

The two often took money out of their own pockets to pay travel and housing expenses for those Daly teams during summer tournaments.

But the Thompsons realize their immense success couldn't have been

accomplished without the Daly sponsorship and name.

The late Bud Grace, his wife Doris, and son Scott, helped subsidize the Daly club for over 33 years.

"We appreciate them doing it and we want to retire the Daly name," Thomp-

Please see DALY SOFTBALL, D6

Mistake-free Spartans top Dearborn Pioneers, 26-7

BY RICHARD L. SHOOK
STAFF WRITER

If it seems like the high school football season snuck up on you a week early this year it was because it did.

Adding an extra week of play-offs meant the Michigan High School Athletic Association had to subtract a week of practice to make the season end at the necessary time.

So instead of closing preseason practice with a scrimmage, teams opened the prep season Friday night.

Livonia Stevenson got started crisply with a 26-7 victory over Dearborn as Dan Wilson and John Van Buren scored two touchdowns apiece, one in each half.

"For a first game, it was not sloppy," Spartans' coach Tim Gabel said. "I was happy with the pre-game intensity. We were focused. We weren't burning up a lot of emotion."

"We were not jumping around and wasting energy."

"They're a good team and I'm not really sure how good we are."

Wilson, who gained 116 yards on 13 carries, scored on runs of 5- and 19-yards while co-captain Van Buren bolted 11 yards and bulled one up the middle for his touchdowns.

The Pioneers' lone score came

PREP FOOTBALL

at the start of the second half on a 28-yard pass play up the middle from quarterback Josh Riga to back Nick Neubauer.

"Over the years," Coach Dave Mifsud of Dearborn said, "Livonia Stevenson has been a well-coached, fundamentally sound football team."

"They've put a lot of things together this year. I look forward to them having a fine season."

But it was an August game. The temperature was in the 80s and the humidity was not built for football.

Moving the season up a week "effects your conditioning," Gabel said. "We like to run our kids really hard early and then start tapering off this week. But we had to start tapering off last week."

"Our conditioning is not where we want it to be. We had a lot of kids get tired in the game. But we kind of knew they would."

Mifsud wasn't happy with the deletion of the extra week of practice before the first game, either.

"I don't like it," he said. "I don't like playing two games before Labor Day. And I don't like having just one scrimmage."

"But I don't really have a

choice. Everybody is playing by the same rules. You just have to roll with the punches and get it together."

Gabel feels Stevenson was helped by the fact it has "a lot of experience at the skill positions. That makes it easier because we didn't have to spend a lot of time on what to do on offense."

Quarterback Eric Rize shook off some early inconsistency to finish with seven completions in 12 attempts for 98 yards.

His biggest throw was a little swing type pass to Van Buren which the defender just missed picking for an easy six. Van Buren took firm hold of it and burst up the right sideline for a 37-yard gain. Two plays later he scored the Spartans' second TD to give his team a 14-0 lead with 2:09 left in the first quarter.

Stevenson was impressive in its first possession with Wilson coming out of wingback to rip off nice chunks of yardage.

Dearborn opened the second half with wingback-around plays alternated by keepers off the option by quarterback Riga, who gained 81 yards in the second half on 11 runs, mostly option keepers. Riga capped a 70-yard drive with his scoring pass.

"They didn't block our ends in the first half," Gabel said. "They did in the second."

The Spartans responded to the



STAFF PHOTO BY TOM HAWLEY

Thankful: Livonia Stevenson's John Van Buren reacts after scoring his team's second TD against Dearborn.

challenge with a 64-yard drive to maintain their margin.

Defensive end Ronnie Williams and defensive back Nick Coffman stood out when Stevenson didn't have the ball. Joe Ordus made a couple of nice receptions and also broke up a

pass defensively.

Dearborn dropped the ball several times but never lost it.

Despite cutting out a week of practice, neither team turned the ball over and the game was relatively free of penalties.

John Glenn stops Cards

Eric Jones made a successful debut as tailback Friday for the Westland John Glenn Rockets.

The former wide receiver ran far, wide and often to help host Westland John Glenn get its season off to a successful start with a 17-6 win over Detroit Cooley.

The Rockets' senior running back scored on a 1-yard run with 1:06 to play in the first quarter and sewed the game up with a 6-yard run with 3:04 left.

Jones wound up carrying the ball 30 times for Glenn, gaining 155 yards.

Jeremy Catarino kicked both extra points and added a 42-yard field goal with 56 seconds left in the half to pad Glenn's lead at the intermission to 10-6.

Cooley's only touchdown came on a 47-yard interception return for a score by Marcus Gwynn with 1:17 left in the half.

Aside from Jones, Glenn managed 107 yards of total offense, but the Rockets' defense held the Cardinals to 71 yards total. John Glenn hurt itself with five turnovers, getting only two itself.

ROMULUS 21, WAYNE 12: On Friday, quarterback Dave Moomaw fired a pair of touchdown passes, 25 and 11 yards, to propel the host Flyers past Wayne Memorial in the season opener.

Charles Thompson contributed an 18-yard touchdown run for Romulus to cap a 28-yard drive in the final quarter. The score came after Wayne's Jermaine Garner returned an interception to midfield, a penalty moved the ball back to the Wayne 13.

"That penalty just killed us and our momentum," Wayne coach Floyd Carter said. "At the time it was 14-12."

Ricky Foster led the Romulus defense with 10 tackles. Foster also booted all three extra points.

Kwame Hampton, who had 112 yards in 10 carries, scored on a 72-yard TD run in the second quarter and hauled in a 25-yard scoring pass from QB Matt Patterson in the third period to cut the deficit to two points.

Romulus outgained Wayne in total offense, 325-179.

"We gave them all they wanted," Carter said. "Our kids came to play. They hit and didn't quit. I didn't know if we could match up with them because they go 305 pounds average up front on offense and their quarterback (Moomaw, who was nine for 22), is exceptional. I don't think they'll lose a game. They're very athletic."

Defensively, Carter singled out the efforts of Mike Shaw and Thomas Todd.

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SPORTS WRITER
bemon@soe.homecomm.net

The rebuilding program is over for Livonia Churchill boys cross country coach John McGreevey.

Now in his fifth season, McGreevey's 31-member Charger squad is considered a legitimate force in the 12-school Western Lakes Activities Association.

The Chargers took a big step last fall by winning the Western Division title with a 5-0 record en route to a fourth-place finish in the WLAA meet.

And although McGreevey lost John McCallum, Joe Robinson, Brandon LaPointe and Paul Perez to graduation, "this is the strongest team I've had since I've been here," he said.

"The whole team is working harder now more than ever," said McGreevey, who formerly coached at Redford Bishop Borgess. "The last two years of work by everybody in the program has made a huge difference and it really shows up."

Senior Jason Richmond, a first-team All-Observer selection and team MVP, leads a strong contingent.

He ran a personal best 16:09.7 to finish 50th at the state meet after taking 12th at the regional (16:15.6) and eighth in the WLAA meet (17:07).

Another state qualifier, senior Paul Mercier returns after taking 26th at the regional (17:15) and 13th in the league meet.

McGreevey is also counting on senior Dan Valentino and sophomore Ryan Gall, along with senior Bobby Koivunen, junior Phil Johnson and sophomore Jean Harris.

Also vying for varsity status are juniors Troy Tomas and Dan Kuratko, along with sophomore Logan Schultz.

"Our city meet should give us an idea where we stand," McGreevey said of the 4 p.m. start Thursday at Cass Benton Park. "I think we're a little bit better

than last year. I'd be disappointed if we didn't equal last year's record."

Livonia Franklin

Th Patriots will certainly miss one of the area's distance standouts in first-team All-Observer selection Josh Burt (Wayne State), a three-time state qualifier who ran, fourth at the WLAA meet, 11th at the regional (16:33.22) and 37th at the state meet (15:57).

But veteran coach Bob Holmes (32nd year) has two outstanding returnees in first-team All-Observer pick Brian Klotz, a junior, and second-team All-Area pick Steve Stewart.

Klotz's credentials are impressive — 10th in the WLAA, 15th at the regional and 63rd at the state Class A meet. Stewart, an All-Division pick, just missed qualifying for the state meet.

Senior Kevin Schneider, who excelled in the 400 and the 1,600 relay during the spring track season, could add depth along with senior letter winner Jesse Knight, senior hurdler Dennis Kuziak and senior Rich Dege.

Freshman Phil Calleja also shows promise, according to Holmes.

Last year Franklin took fifth in the WLAA meet and was second behind Churchill in the Western Division.

Livonia Stevenson

Stevenson 15th-year coach John Gores must fill two gaping holes lost to graduation — first-team All-Observer pick Joe Verellen (Wayne State) and second-team All-Area selection Eric Bohn.

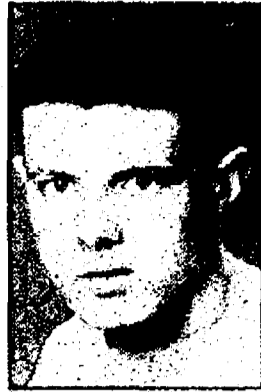
Verellen had an outstanding senior year with a fifth at the WLAA meet, sixth at the regional (16:09) and 51st the state meet (16:11).

"We can go about six deep, we don't have a lot of depth," said Gores, who has a 15-member squad.

Seniors Matt Isner and Brad Carroll



Jason Richmond
Livonia Churchill



Brian Klotz
Livonia Franklin

will pick up the slack, along with seniors Steve Kecskeleti and Brian Jones, along with junior Eric Mink.

"Isner and Mink have greatly improved, they had a great track season," said Gores, whose Spartans were runner-up to Plymouth Salem in the WLAA meet. "We have a couple who could go to the state meet. Right now we have about five strong."

Frankfort, Germany foreign exchange student Frank Schneider, who was recently released from the soccer team, also shows promise.

"He ran track two years ago and he kept pace the first day at practice," Gores said. "I love those soccer cuts because they're usually excellent runners."

Westland John Glenn

With only eight runners, 10th-year coach Jess Shough can't be choosy.

"We hope to have two more freshmen out to give us 10," Shough said. "We'll probably struggle in the conference (WLAA) a little, but the team is working hard."

"We need a fifth man to be real competitive."

Justin and Josh Keyes, the Rockets'

two top runners, graduated. Justin is running cross country at Eastern Michigan, while Josh (second-team All-Area) is competing in track at EMU. P.J. Wolocko and Eric Sleep also graduated.

The top returnees include senior David Teets, junior Mark Parent, senior Joe Reilly and sophomore Kameron Sleep.

Both Teets and Parent clocked 19 minutes in a quad meet last week with East Lansing, Howell and Ann Arbor Huron.

Promising newcomers include junior Brandon Allison, a refugee from the football team; and sophomores Justin Gold and Jeff Caine.

"North Farmington looks strong in our division (Lakes)," Shough said. "They have their whole squad bak and look much-improved."

Wayne Memorial

Coach Kevin Miller is confident his squad will be competitive in the Mega Conference Blue Division after dropping from the White.

"We have a shot at winning the Blue, but only time will tell," Miller said.

Miller will miss Sam Raub to graduation, but four returnees will soften the blow led by juniors Ron Abel, Steve Daniels, John Hamlet and sophomore Steve Baxendale.

Abel, considered the team's top talent, is a compelling story. He had a cancerous tumor removed from his leg two weeks after track season had ended.

He bounced back three weeks following the operation.

"He's got good potential and looks to be back in good form," Miller said. "All four have a shot of being up there. They're running strong and I'm pleased with their progress."

Seniors Greg Wilcox and Jeremy Johnston should also added depth to the 17-member squad.

BOYS PREVIEW

To prepare for the season opener Thursday, Sept. 9 at Garden City, Miller took his top four runners to Howell to train at the Church of the Nazarene Campgrounds.

"We're going double sessions, we're mixing distance with some speed, along with hills," Miller said. "We're trying to build a base because I think they can run in the 17:30s to 17:40s."

Lutheran Westland

When Lutheran High Westland launches its season Wednesday, Sept. 8 against Beverly Hills-Detroit Country Day at Nankin Mills, 14th-year coach John Gerlach will be going with the area's most experienced squad.

The top seven runners return for the Warriors, who repeated as Metro Conference champions, finished second in the regional and qualified for the state Class C meet.

Senior Jason McFall was a second-team All-Observer pick, while brother Jason McFall was not far behind.

The other five returnees include seniors Ken Broge, Clark Covert and Brian Block, along with juniors Matt Rae and Steve Borden.

"We have seven guys with a lot of experience who went to the state meet, they've been around," Gerlach said. "We didn't come in in real good shape, but we're working up to it."

"Our goal is to be Metro (Conference) champions, but (Macomb) Lutheran North and (Bloomfield Hills) Cranbrook looked good in the distance events during track season."

"It's not going to be a shoo-in. It will be work."

Girls cross country preview Thursday.

BOYS SOCCER

Novi escapes vs. Churchill in '99 opener

Defending Division I state boys soccer champion Novi needed a breakaway goal by Kevin Callender with 12 minutes remaining to give the Wildcats a season-opening 3-2 victory over host Livonia Churchill.

The loss spoiled the debut of new Churchill coach Reid Friedrichs.

It was 1-1 at halftime.

Novi, which dominated action for the first 25 minutes, got a goal from Joe Irimescu, but Churchill's Tim Kaminski countered from Justin Parzuchowski to make it 1-1.

Novi took a 2-1 second-half lead on Ryan Rzepka's goal.

Churchill's Dave Campbell then tied it with 15 minutes remaining on an assist from Jamie Shooks.

Brian Druchniak tended goal for Churchill.

"We played OK for the first game, but we got ourselves in a hole and we got kind of exhausted trying to come back," Friedrichs said. "We have to learn from this game. We made some defensive errors and we didn't execute the simple things, the trap and the pass. When we did that we were able to string together some nice plays."

SEAHOLM 3, FRANKLIN 2 (OT): Captain Terry Boyle scored 73 minutes into overtime to give Birmingham Seaholm a 3-2 first-round victory Friday over Livonia Franklin at the Beverly Hills-Detroit Country Day Invitational boys soccer tournament.

"I was happy with the way we played," Franklin coach Dave Hebestreit said. "We showed a good work ethic."

"It was a pretty evenly matched game. Both teams carried the play."

Franklin outshot the Maples, 14-12.

Seaholm led 1-0 at halftime on Kier Lampert's free kick, but Franklin tied it early in the second half on Andy Siefert's goal off touches from Mike Vega and Ross Bohler.

Kyle Byer countered with a header to make it 2-1 for Seaholm, but Franklin's Ryan Kracht tied with seven minutes remaining in regulation from Bohler.

Bohler also had a shot ring off the post in the first half.

Meanwhile, goalkeeper Jeremy Bruckner "made 12 quality saves and played the best he's play in three years for us," according to Hebestreit.

JOHN GLENN O, THURSTON 0: With only 12 available players Friday, visiting Westland John Glenn survived its season opener against Redford Thurston at Bell Creek Park.

Thurston dominated the first half action, but freshman goalkeeper Jeff Ballard was able to keep the Eagles off the board for 80 minutes.

"It was a team effort," Glenn coach Jerry Poniatowski said. "They were on the attack most of the time, but our defense stepped up."

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End of an era: Sandy and Bob Thompson collected a basement full of trophies and awards over the years running the Daly Restaurant women's fastpitch softball team. The Thompsons are retiring the Daly name after 33 years playing in national caliber tournaments.

STAFF PHOTO BY BRYAN MITCHELL

Daly softball from page D1

son said. "They always sent us a nice check, no questions asked. They also stayed in the back-ground."

Daly worked its way up from winning the Class D state championship in 1975, to a runner-up finish in 1977 in Class C. Daly added a pair of state Class B championships in 1981 and '83.

Daly then jumped up to the Class A level, appearing in 13 national championships, the first being in 1986 when it finished second. Daly also finished runner-up in 1989, 1995 and 1997. They added thirds in 1994 and '96.

This year's squad, featuring former Michigan standout hurler Kelly Holmes (Plymouth Canton) and All-Big Ten freshman catcher Stephanie Volpe (Plymouth Salem), finished fourth at ASA Nationals in Springfield, Mo.

"I just love watching quality women's softball, but I don't like to recruit," Thompson said. "And to be competitive at this level, you can't use high school players."

Putting together a high-caliber team, to match the likes of teams with players from the PAC-10 Conference, became more difficult when the NCAA handed down a rule (in the early 1990s) that only four players from each college team could play together during the summer.

But despite the changing landscape in summer women's fastpitch softball, it was a wonderful ride for the Thompsons.

"I met lot nice people across the country," Thompson said. "It was a lot of responsibility — getting the airline tickets, the car rental, the hotels, the restaurants. But most of the girls appreciate it."

Over 200 players have worn the Daly uniform playing in more than 85 cities in a total 1,1996 games throughout the U.S. and Canada.

Thompson's roster is virtually a "Who's Who" of women's fastpitch softball in this state.

Pitcher Shelly Larned, who played for Daly from 1984-92 and was a standout hurler at Miami of Ohio, was inducted into the Metro Detroit Softball Association Hall of Fame in 1998.

Larned, who now resides in Saline, won 230 and lost just 50 during her heralded career. She competed in seven national championships and was named first-team ASA All-America three times. Larned was ASA Tournament MVP in 1998 and '89.

"She's the only women's fastpitch pitcher in that hall of fame," Thompson says proudly.

His first pitcher was Livonia resident Hilda West, now 72. She won Daly's first game in 1967.

Other area recognizable names out of the past who donned the Daly jersey included Jan Boyd, Kim Archer, Beth Burgess, Tracy Carr, Carol Hall, Mary Joe Kelly, Stacey Judd, Renee Enright, Debbie Junk, Linda, Mary and Nancy Jimenez, Sherry Kiselica, Lisa Parsons, Ann Roy, Carrie Sirola, Lori Swanson, Linda Webb, Randi Wolfe, Lois Flannigan and Chrissy Daly.

Daly also won or shared 15 league titles playing in the Livonia (1967-91), Waterford (1993-95) and Ann Arbor (1996-98) leagues. Thirty-one of his players earned 53 different ASA All-America awards.

"We had some real nice attitude girls," Thompson said. "I have no regrets. I had a lot of fun."

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Right, Jenko Hirose Cronin, CMA first-place winner 1999

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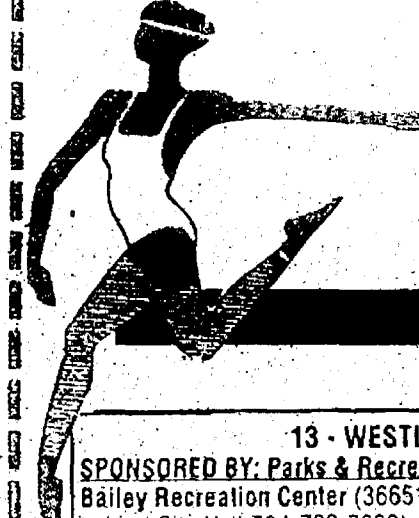


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1 day per wk/\$48 2 days/\$62 Unlimited/\$78 10 weeks
** \$10.00 rental fee will be charged for the step classes
M/W 5:55 P.M. Kickbox/Combo Sept 13 A. Schumaker
M/W 7:00 P.M. Sculpt/Tone Sept 13 Staff

14 - PLYMOUTH
JoAnne's Dance Extension (Ply. Trade Cir., 9282 General Dr., Ste 180 & 190, bet. Ann Arbor Rd. & Joy, E. of Lilley)
1 day per wk/\$48 2 days/\$62 Unlimited/\$78 10 weeks
M/W/F 9:30 A.M. **Rotation Sept 13 C. VanHoet
*Mon. Kickbox & Sculpt, Wed. Kickbox & Step, Fri. Interval
*T/Th 9:30 A.M. Low/Hi Impact Sept 14 K. Rudolph
*Babysitting available/\$2.00 per child/\$4.00 per family.
Must pre-register - 1-800-285-6968
Babysitting may be cancelled if not enough participants.
**Classes will include Aerobic Circuit, Aerobic-Kickbox Combo, Kickbox-Step Combo

SPONSORED BY: Plymouth Parks & Recreation
Plymouth Cultural Center (525 Farmer-734-455-6620)
1 day per wk/\$48 2 days/\$62 Unlimited/\$78 10 weeks
M/W 6:00 P.M. Aerobic Interval Circuit Sept 13 S. King
Sat 8:00 A.M. Aerobic Interval Circuit Sept 18 S. King

15 - LIVONIA
Holy Cross Lutheran Church (30650 Six Mile Rd., E. of Merriman)
1 day per wk/\$48 2 days/\$62 Unlimited/\$78 10 weeks
M/W/F 9:00 A.M. Hi/Low Impact Sept 13 P. Peitz
M/W 6:00 P.M. Low Impact Sept 13 M. Hopson
M/W 7:10 P.M. Hi/Low Impact Sept 13 M. Hopson
*T/Th 9:00 A.M. Sculpt/Tone Sept 14 K. Godin
*MUST PRE-REGISTER for Babysitting: \$2.00 per child /\$4.00 per family. May be cancelled if not enough participants

16 - SOUTHFIELD
SPONSORED BY: City of Southfield
(Register through Southfield Parks & Rec. - 248-354-9603)
1 day per week/\$50 2 days/\$65 Unlimited/\$80 10 weeks
\$10.00 non resident fee will be charged
Brace-Lederle Comm. Ed. Bldg. (18575 W. 9 Mile Rd., bet. Southfield & Evergreen)
M/W 6:00 P.M. Sculpt & Tone Sept 13 S. Reynolds
M/W 7:00 P.M. Low Impact Sept 13 L. Blackmon
*T/Th 6:00 P.M. Sculpt & Tone Sept 14 A. Kebede
*T/Th 7:00 P.M. STEP Sept 14 Staff
Student must provide own STEP

17 - FARMINGTON
Farmington Gymnastics Center (1/2 Mile N. of Nine Mile, W. of Halstead, on Freepark Dr., off Industrial Dr.)
1 day per wk/\$50 2 days/\$65 Unlimited/\$90 10 weeks
** \$10.00 rental fee will be charged for the step classes or bring own step 3 week ext. starting Nov. 29th/Check with instructor.
M/W 8:20 A.M. Low Impact Sept 13 S. Kambouris
*M/W/F 9:35 A.M. Hi/Low Impact Sept 13 P. Goodwin
M/W 6:15 P.M. Sculpt & Tone Sept 13 Staff

Farmington Gymnastics Center, Cont.
M/W 7:30 P.M. Kickbox Aerobics Sept 13 Staff
*T/Th 9:35 A.M. STEP Sept 14 P. Kervan
*T/Th 6:15 P.M. Kickbox/Aerobics Sept 14 K. Trivedi-Smith
*T/Th 7:30 P.M. Step/Sculpt Sept 14 K. Trivedi-Smith
Sat 8:30 A.M. Hi/Low Impact Sept 18 Staff
Sat 9:35 A.M. Sculpt & Tone Sept 18 M. Nazari-Boon
*Babysitting \$2.00 per child

SPONSORED BY: Farmington Hills Recreation Center
Farmington Hills Activities Center (28600 11 Mile Rd., Gate 4 Door C-248-473-1816)
1 day per wk/\$50 2 days/\$65 Unlimited/\$80 10 weeks
3 week ext. starting Nov. 29th/Check with instructor.
*M/W 9:30 A.M. Sculpt & Tone Sept 13 L. Morris
M/W 6:30 P.M. Hi/Low Impact Sept 13 Staff
*T/Th 9:25 A.M. **Rotation Sept 14 J. Stec
*T/Th 7:00 P.M. Kickbox/Aerobics Sept 14 Staff
Sat 9:00 A.M. Hi/Low Impact Sept 18 K. Trivedi-Smith
*Babysitting available \$2.00 per child
*Classes alternate between Hi/Low Aerobics/Circuits/Fat Burner. Check with instructor.

SPONSORED BY: Farmington Community Ed.
(Register through Farmington Comm. Ed. 248-489-3333)
1 day per wk/\$50 2 days/\$65 Unlimited/\$80 10 weeks
Farmington Community School (30415 Shawwassee, bet. Tuck & Orchard Lk. Rd.)
*M/W 9:00 A.M. Hi/Low Impact Sept 27 Staff
*Babysitting available \$2.00/Child must be walking-no infants
East Middle School (on Middlebelt Rd., bet. 10 & 11 Mile Rds.)
M/W 6:30 P.M. Kickbox/Sculpt Sept 27 Staff

18 - NOVI
Novi Civic Center (45175 W. 10 Mile Rd., bet. Novi & Tatt, 248-347-0400)
All Novi students must register/pay through Novi Pks. & Rec. office (248-347-0400). Please bring a mat or towel to class.
Resident fee:
1 day per wk/\$46 2 days/\$61 Unlimited/\$76 10 weeks
Non-resident fee:
1 day per wk/\$50 2 days/\$65 Unlimited/\$80 10 weeks
** \$10.00 rental fee will be charged for the step classes or bring own step. No Classes Saturday; October 30th - all makeups week of November 22

*M/W 9:00 A.M. Kickbox/Combo Sept 13 R. Rice
*M/W/F 10:15 A.M. STEP Circuit Sept 13 L. Whitfield
M/W 6:15 P.M. Kickbox/Hi-Low Sept 13 Staff
M/W 7:25 P.M. Sculpt & Tone Sept 13 Staff
*T/Th 9:00 A.M. Sculpt & Tone Sept 14 Staff
*F 9:00 A.M. Fat Burner Sept 17 M. Bloom
Sat 8:00 A.M. Kickbox/Hi-Low Sept 18 L. Burke
Sat 9:15 A.M. Sculpt & Tone Sept 18 S. Flanagan
*Babysitting \$2 for 1st child, \$1 ea. additional child
Novi Meadows (25549 Tatt, N. of 10 Mile)
(Register through Novi Comm. Ed. - 248-449-1206)

Session 1:
1 day per wk/\$40 2 days/\$50 Unlimited/\$64 8 weeks
M/W/Th 7:00 P.M. Hi/Low Impact Sept 13 T. Snurka
Session 2:
1 day per wk/\$40 2 days/\$50 Unlimited/\$64 8 weeks
M/W/Th 7:00 P.M. Hi/Low Impact Nov. 8 T. Snurka
NO CLASSES: Nov. 10, 11, 24 or 25; Dec. 22 thru 30

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