

Westland Observer

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SEVENTY-FIVE CENTS

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THE WEEK AHEAD

MONDAY

Study session: The Westland City Council will hold a study session on the proposed Wilson School site development at 6:30 p.m. in Westland City Hall, Ford Road west of Wayne Road.

School board: The Wayne-Westland Board of Education will meet at 7 p.m. in the board office, 36745 Marquette, in Westland.

TUESDAY

Chamber lunch: The Westland Chamber of Commerce monthly luncheon will begin at 11:30 a.m. Tuesday at Joy Manor in Westland.

WEDNESDAY

Walkers meet: Westland Walkers Club will hold its monthly meeting at 9:30 a.m. Wednesday in the lower level auditorium of Westland Shopping Center.

Chamber mixer: A mixer for the Westland and Livonia chambers is scheduled from 5-7 p.m. Wednesday at Joy Manor.

THURSDAY

Town hall: Westland Mayor Robert Thomas is holding his first Town Hall meeting of 1998 at 7 p.m. on Thursday. The meeting is hosted by Liberty Park, at 35700 Hunter Ave., between Central City Parkway and Wayne Road. Hunter is between Ford and Warren roads.

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Builders charged in condo project

BY DARRELL CLEM
STAFF WRITER

Amir and Marilyn Kashat lost \$110,000 on an upscale Westland condominium that they never got to live in.

Another family lives there, court documents say.

Larry and Renee Panther lost \$65,000 on a partially built condominium — a mangled mess since construction stopped in 1996, court records show.

The Kashats and the Panthers could have been neighbors at Anthony's Pond — an upscale, 28-home condominium development on Hix Road between Warren and Joy.

Instead, they are struggling to cope with their losses as they prepare for possible testimony against two builders

who are charged with felonies.

Michael Edward Morche, 40, and Alvin Berton Bright Jr., 41, could face 10-year prison terms if they are tried and convicted of obtaining money under false pretenses.

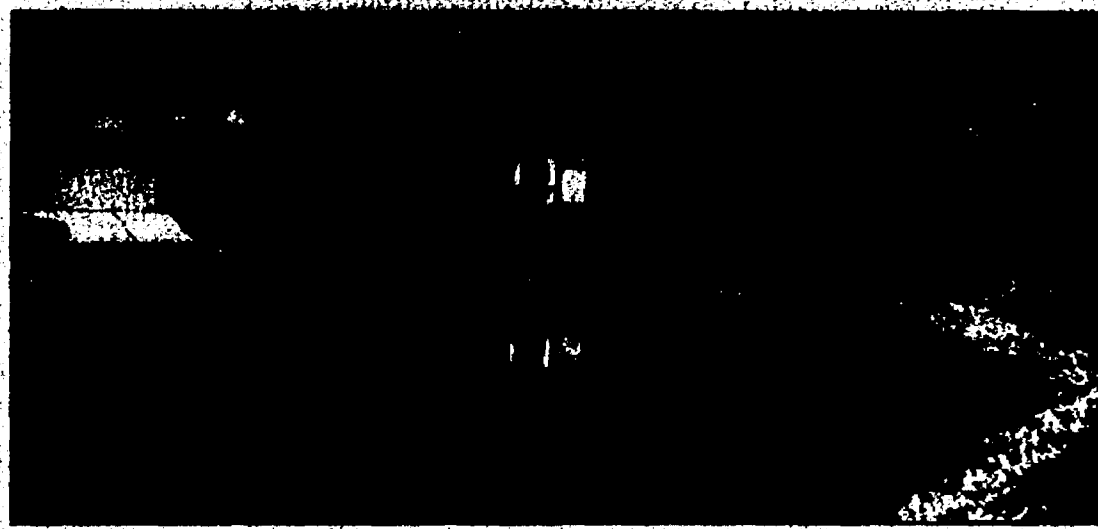
The men could know as early as Thursday whether they will face trial. That's the day they are to appear in Westland 18th District Court for a preliminary hearing.

For now, Morche and Bright, who have homes at Anthony's Pond, are free on \$5,000 personal bonds.

Marilyn Kashat, 60, declined to comment Friday when she was reached at a Westland apartment that she and her husband share. She could only sob on the phone.

Renee Panther, a mother of two

Please see BUILDERS, A2



STAFF PHOTO BY TOM HAWLEY

Incomplete: Larry and Renee Panther lost \$65,000 on a partially built condominium — a mangled mess since construction stopped in 1996, court records show.

Helping people



STAFF PHOTOS BY JIM JACKFIELD

Planting program: Melanie Sheridan, at left, supervises one of the workers in the greenhouse planting program. The worker is planting flower seeds that will be transplanted around city buildings in the spring.

Court worker program gives back to community

BY DARRELL CLEM
STAFF WRITER

Westland senior citizens, educators, business owners, environmentalists and domestic abuse victims are receiving help from an unlikely source — lawbreakers.

Each year, thousands of nonviolent offenders are avoiding jail time and fines they can't afford by participating in a voluntary work program through Westland 18th District Court.

Court workers — usually first-time offenders — are performing community jobs that would otherwise cost tens of thousands of dollars. And they're helping people in need.

"The workers go out and cut grass, rake leaves and shovel snow for the senior citizens, but they are supervised," Westland senior resources director Sylvia Kozorosky-Wiacek said. "Seniors who are 60 and older, physically disabled or financially

Please see WORKERS, A4



Cleaning up: Workers clean up a fence line at Lincoln Elementary School. Court officer David Gillies stands in the foreground.

Violent crime down in '97

Some violent crimes decreased during 1997 as compared to 1996, Lt. Steve Ryskamp of the Westland police records bureau noted in a new report. Local arson fires showed one of the biggest drops.

BY DARRELL CLEM
STAFF WRITER

A one-year dip in Westland crimes such as robberies, burglaries and arson fires can be partially attributed to a healthy economy, police and fire officials say.

"Most people are at work now, and the unemployment rate is low," police Lt. Marc Stobbe said. "And there's a trend nationwide for violent crimes to be down."

Local arson fires showed one of the biggest drops, declining from 46 incidents in 1996 to only 24 in 1997.

"It's a sign of the times — times are good," Westland Deputy Fire Chief Patrick Harder said. "People aren't hurting for money, so they're not trying to defraud their insurance companies by setting fires."

Harder also touted an aggressive fire

Please see CRIME, A2

Westland's major crime statistics

A two-year comparison

CRIME	1996	1997
Murders	1	1
Robberies	79	54
Aggravated assaults	171	170
Arsons	46	24
Burglaries - forced entry	567	544
Burglaries - no force	83	64
Criminal sex (penetration)	64	77
Larcenies	2,497	2,354
Vehicle thefts	578	472
Kidnappings	11	9
Embezzlements	58	53
Child abuse/neglect	133	126

Source: Westland Police Department

Reed speaks to Republicans

Larry Reed of the Mackinaw Center, a Michigan-based national conservative think tank, will be addressing the Westland Republican Club at 7 p.m. Monday, March 9.

Reed's topic is "Government Intervention During the Great Depression — Making a Bad Situation Worse."

The Westland Republican Club is a community group featuring speakers the second Monday of every month at Amantea's Restaurant, 32777 W. Warren, at Venoy Road, in Garden City.

Shapona honored

The board of directors of the Michigan Chamber of Commerce Executives has recognized Linda Shapona of the Westland Chamber of Commerce, with a Michigan Chamber Professional Award.

PLACES & FACES

The award is given to those who have achieved specific educational and training goals. This is the eighth consecutive year Shapona has earned the award.

The program requires recipients to meet certain minimum educational requirements annually to maintain the designation. Eighteen chamber executives from throughout the state received this award in February in Lansing. Shapona chaired the state event this year.

Surplus food

The city of Westland will be having its surplus

food program at the Dorsey Community Center:

■ 10 a.m. to 2 p.m. Thursday, March 19, for Palmer, Stieber, Merriman and Wildwood Roads, which is known as Norwayne and Oak Village.

■ 10 a.m. to 2 p.m. Friday, March 20 for all other residents excluding Precinct 28.

Senior citizens living in Taylor Towers may call their building manager for their day of distribution.

For March, the distribution will include: peanut butter, apple juice, and canned chicken. For more information, call (734) 695-0366.

Collectors' sale

St. Damian is planning a collectors' sale 9 a.m. to 3 p.m. Saturday, March 21, at 29891 Joy Road, Westland. Admission is \$1. Children under 12 free. Table space is available for \$25. All proceeds go to Christian service. Call (734) 421-6130.

Girls give precision ice skating a whirl

They line up across the ice with arms clasped. In bodysuits and skating skirts they skate in formations of lines, circles, and like spokes on a wheel.

They are the Westland Whirlettes, a group of 14 girls who skate as a precision skating team. They practice weekly at the Westland Sports Arena.

The Whirlettes, and their more experienced counterparts, the Whirlwinds, are precision skating teams of the Westland Figure Skating Club.

Coached by Jennifer Stockwell, the young girls, ages 11 and under, skate their routine to "Disney Melody."

The Whirlettes won a first place at a recent competition in Southgate. The team has come in first and second in a number of other recent competitions.

Another competition is coming up in Plymouth, and on March 28 and 29, the girls will be skating in the Precision World Championships in a suburb of Chicago.

The team is looking for skaters interested in joining the team for the upcoming season.

In preparation for tryouts, the Westland Figure Skating Club is sponsoring Skate With the Team

sessions March 11, 18 and 25 at the Westland Sports Arena, 6210 N. Wildwood, Westland. Cost is \$30. Skaters 11 and under can participate from 5-6 p.m. and skaters 12 and older can participate from 4-5 p.m. Skaters will learn a variety of on-ice precision activities, including formation, stroking, edge quality and teamwork. Open registration for the sessions will be at 3:45 p.m. March 11.

Tryouts are 4-4:50 p.m. April 1, for girls 12 and older; 5-5:50 p.m. April 1 for girls 11 and younger with team experience; and 6-6:50 p.m. April 1 for girls 11 and younger.

The second week's tryouts are 6-6:50 p.m. April 9 for girls 11 and younger, 7-7:50 p.m. April 9 for girls 11 years and younger with team experience and 8-8:50 p.m. April 9 for girls 12 years and older. The cost for the two-week tryout (one tryout each week) is \$20. Tryouts are at the Westland Sports Arena.

Skaters must be of Beta level or higher. Interested skaters will be evaluated and placed on a team based on age and ability.

For information, call Dorothy Johnson (734) 254-9796, Karen Browning (734) 762-7265 or Patty Randolph (734) 722-1091.



Hang- ing on: The West- land Whirle- ttes practice at West- land Sports Arena. The team is com- peting March 28 and 29 in Chica- go.

STAFF PHOTO BY SHARON LEMIEUX



STAFF PHOTO BY SHARON LEMIEUX

At the track: David Beebe of Westland (left), has been going to the Detroit Race Course for more than 20 years. He and others like Jack Dunlevy (right) were at DRC Friday betting on simulcast races and discussing DRC's closing.

Racetrack closing signals end of era

BY JEFF COUNTS AND CASEY HANS STAFF WRITERS

Thoroughbred racing fans and owners will be looking for a place to call home because of a decision announced last week to sell the 200-acre Ladbroke Detroit Racing Course in Livonia.

There will be no thoroughbred horse racing in the Detroit area at the end of DRC's season, according to Danny Wyant, acting state racing commissioner and director of the Michigan Department of Agriculture.

Private developers purchased the property at Middlebelt and Schoolcraft Friday morning, and plan commercial and industrial development there.

"We'll be meeting with horse breeders, trainers and other in the industry to see what we can do," Wyant said.

The DRC will finish its 160-day season that starts March 28 and runs through Nov. 8. It will offer simulcasting through Dec. 31. The doors will then close for good.

Simulcasting allows racing fans to watch races such as the Kentucky Derby on television at DRC and bet on those races. The state has allowed unlimited simulcasting since 1996.

Despite the closing announcement, regulars were at DRC Friday betting on simulcast races. "I can't believe they're closing. I'll have to get to Northville Downs now," said David Beebe of Westland, who has been going to the DRC for more than 20 years.

"I like to watch live races. I like to see the horses run," he said.

Drew Zuhlke of Livonia said he was disappointed by the closing. "It blows you away, this place closing," he said.

He took note of a certain irony. "They opened extra windows today. The day we found out it's going to close. They should have done that before. I've been shut out from betting a number of times."

The track closing could be a boon for Northville Downs,

which also offers simulcasting, Wyant said. Northville Downs and the Hazel Park tracks offer harness racing, but not thoroughbred racing.

Harness racing is done in sulkies harnessed to the horse. Thoroughbred racing is done by a jockey riding on the horse.

Both forms of racing have suffered in recent years, with younger betters heading to casinos.

This has tracks looking at other economic opportunities.

One of those is to sell out, said Wyant.

One option to keep thoroughbred racing alive in the Detroit area is to have a new racetrack at the State Fairgrounds, he said. "That idea was floated in the newspapers," he said.

But it will probably be one of the options discussed when he meets with horse owners and others.

"The state would look for somebody who would be willing to build and run a track there," he said.

He said the future of racing could be having such a track at the Michigan State Fair Grounds, but having simulcasting at other sites in the area, such as Northville Downs.

"This is going to force us to look at other alternatives," he said.

Former state racing commissioner and legislator Bill Balenger, who now publishes Inside Michigan Politics, said this is not the end of thoroughbred racing in Michigan, although the closing of DRC is the end of an era.

As commissioner in 1985, Balenger forced the sale of the track to Ladbroke. "This is the best big track we have in Michigan, built specifically for thoroughbred racing," he said. "It's a tragedy."

He said despite the 1995 Horse Racing Law allowing expanded simulcasting and reducing the state fees from racetracks "it just wasn't enough. If anyone could make a go of it ... it was Ladbroke. It's a very sad day."

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Workers *from page A1*

strapped get first priority." Court workers also do maintenance work at the senior citizen Friendship Center on Newburgh Road.

"I would have to hire two maintenance people to do the job they do," Kozorosky-Wiacek said.

District Judges Gail McKnight and C. Charles Bokos use the voluntary work program to improve Westland.

Busy year

Documents for 1997 show that court workers:

- Gathered debris around abandoned homes and placed it near curbs to be hauled away by sanitation workers.

- Removed gang graffiti spray-painted on buildings around town. "We've cleaned up a lot of the gang graffiti," Bokos said.

- Cleaned Nankin Transit buses during winter months.

- Painted an estimated 4,000 Westland fire hydrants. (Some hadn't received a fresh coat since 1978.)

- Helped remove trash from Sassafras Trails, a heavily wooded nature area northeast of Palmer and Wildwood.

- Joined in an effort to clean the Rouge River.

- Helped spruce up P.D. Graham Elementary School's playground.

- Painted all city street sign posts hunter green within city limits.

- Helped build a huge wooden "Playscape" structure for children in Central City Park.

- Performed maintenance work at the Westland Historical Museum.

- Cleared snow and ice along streets for the city's WinterFest run.

- Cleaned city parks and cleared debris from city easements.

- Stocked food pantries for the Westland-based Salvation Army.

"The program is a help to us," Salvation Army Capt. Mark Welsh said. "The workers help us stock the pantry and do maintenance."

Welsh said workers are told they have to obey court program orders or they will be dropped as Salvation Army

helpers. Said McKnight: "We have the workers do positive work for the community."

Voluntary court workers are typically first-time offenders who get into trouble for offenses such as shoplifting, littering, defacing property or driving drunk. Their community service may be part of a larger sentence.

"These are our fathers, our mothers, our brothers, our sisters and our kids," McKnight said. "We hope this program will teach them to be more responsible."

Avoiding jail

Last year, alone, 4,977 workers participated in the program to avoid jail or potentially large fines, although they have to pay \$20 fees for the work program, court officer David Gillies said.

District judges assessed more than \$90,000 in fees in 1997.

Moreover, the program saved taxpayers \$424,690 for what it would have cost to house the offenders in jail, rather than allowing them to do community work, Gillies said.

Bokos stressed that the voluntary work program isn't designed for dangerous criminals.

"The program is for nonviolent offenders who are usually first-time offenders," Bokos said. "This is an alternative to jail for them."

Westland's program began in earnest a decade ago, when a jail cell shortage surfaced. But judges in the last five years have increasingly steered the program toward community service.

"Judge Bokos and I have changed its tenor," McKnight said.

Court workers now tend a greenhouse where flowers are grown to decorate public places like the front of Westland City Hall.

Workers also grow fresh vegetables in a garden behind the district court building - food that goes to places like the First Step shelter for abused women.

Harvests include corn, beans, tomatoes, cucumbers, green onions and broccoli, among other vegetables. The food is



A sign: One of the workers does router work on a piece of plywood that will eventually become a sign to be used at the entrance to the District Court garden.



Yard work: Workers clean up the fence line around the athletic field at Lincoln Elementary School.



On the buses: Workers clean buses both inside and out.

apparently tasty - it has attracted deer and other animals who sometimes help themselves to a healthy meal. When assigning court workers to tasks, McKnight and Bokos try to tailor the work to

the offense. A teenager who sprays graffiti might be ordered to clean it off; a motorist who litters might be ordered to pick up trash.

Rules are strict. Workers have to show up on time for

their assignments, and those who don't follow their orders may be dropped from the program to face jail or fines.

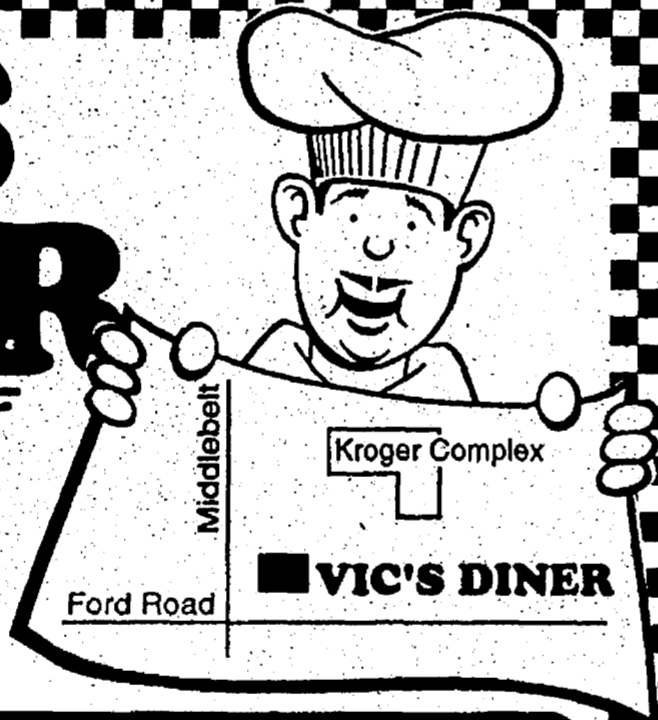
Said Bokos: "The program is intended to teach responsibility."

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Adams honor roll is listed

- Adams Middle School's honor roll for the third marking period includes:
- BRITTANY AMANN, STEVEN ANTONCHIK, BRAD AVIS, ROBERT BAILEY, JERRY BALL, COREY BALZER, DEREK BANKA, AMY BARBER, ANTHONY BARBER, JULIE BARBER, TABATHA BARNETTE, HEATHER BATSON, JOSHUA BAUDER, SARA BAUGHMAN, COURTNEY BEANER, CINDEL BEAVER, AMANDA BEAVERS, TABITHA BEAVERS, DANIEL BELLEW, JESSICA BICKLEY, ERIC BINGHAM, PHILLIP BINGHAM, ROBERT BIZON, MANDISA BLACK, SAMANTHA BLAKE, PHILLIP BLIVEN, CHARLES BLOOMFIELD, MELANIE BLOOMFIELD, KRISTY BOEHM, ROBERT BOLISH, SARAH BOLISH, JESSICA BONE, MARC BOOTH, JEREMY BOWLING, EMILY BOWYER, CHAD BRADLEY, ASHLEY BRITTON, KRISTAL BRYANT, BRIAN BUEHRLE, WILLIAM BURTON, JASON BUTCHART, MARY CACCIAPALLE, ANDREW CALDWELL, CRYSTAL CAMPBELL, JACQUELINE CAMPBELL, ROBIN CAMPBELL, MICHELLE CHATTERTON, WAI CHOI, ROXANNE CLARKE, NEVETTA CLAYBORNE, RITA COLEMAN, AVIVA COLLINS, KEITH COOK, ERIC CORREA, STEVEN CRONENWETT, MAURICE CRUZ, FRANCES CUNNINGHAM, KIMBERLY CURTIS, CHARLES DANIELS III, JENNIFER DAVIDSON, NATALIE DAVIS, NICOLE DAWSON, JENNIFER DAY, NICOLE DENNIS, SCOTT DESTRAMPE, AMANDA DEWYER, ROXANNE DEWYER, GRACE DOMOGALA, MANDI DOUPE, KRISTAL DRIALO, MEGAN DROPTINY, RYAN DUNN, CRYSTAL DURHAM, ALLYN EDWARDS, CHANTEL EDWARDS, SARAH ELLISON, MELVIN EVANS, NICHOLAS EVANS, AMANDA EVERETT, ARMANI EVERTEXTE, AMANDA FENN, JASON FLATT, RYAN FLATT, STEPHANIE FLOYD, MATTHEW FOCHLER, VERONICA FOUNTAIN, STACEY FRY, RYAN FROST, JEREMY FRY, ROBERT FRY, KRISTINA FUCIARELLI, JONATHAN GABRIELLI, JAMES GALINDO, NICHOLAS GALLION, BRIDGETTE GALVIN, JASON GARDNER, STEVEN GARDNER, HOLLY GARFIELD, TAMMARA GARZA, PAUL GIORDANO, NICHOLAS GIROUARD, ADAM GLANDER, CINDY GRACE, ALANA GREEN, KATIE GROCHOWICZ, AMBER GROTE, CANDICE GRUBB, ERICA GRYSBAN, GREGORY GUCWA, JAMIE GUENTHER, ASHLEY GUESS, MATTHEW HAINES, HEATHER HALEY, DONALD HALL, JENNIFER HALL, KIMBERLY HAMMOND, MISHA HARAT, KRISTINA HARGROVE, BRYAN HARRIS, REKIYAH HART, CRYSTAL HEAD, ANGELA HEIM, ASHLEY HEIM, STEPHANIE HENDERSHOTT, AMBER HENN, DEREK HICKEY, PIERRE HILLIARD, MELISSA HOLLUM, KEVIN HOLT, GLENN HORTON, AMANDA HOWARD, NATHAN HUBER, MAILAN HUDSON, KRISTI IGO, COREY INGRAHAM, JUSTIN JACKSON, JESSE JARVIS, JENNIFER JENNINGS, BOBBIE JOHNSON, CANDICE JOHNSON, CHARLSIE JONES, PHILLIP KACZOROWSKI, MELISSA KARASINSKI, ASHLEY KARNS, BRANDIE KEATTS, BRUCE KINSEY, CHRISTOPHER KINSEY, SHELLEY KINSEY, MAHOGANY KIZER, SAVANNAH KNOWLES, TIMOTHY LABEAN, KEITH LANDSKROENER, JUSTIN LARAWAY, MEGHAN LAROQUE, B J LAWLER, AMY LEWIS, ANDREW LEWIS, ELIZABETH LEWIS, JOHN LEWIS, THEODORE LYONS JR, JESSICA MACDOUGALL, ALICIA MARTIN, NICOLE MARTIN, LEON MATHAW, MARTINS MATTHEW, AMANDA MCCARTY, TIMOTHY MCCOSH, MICHELLE MCCULLOCH, KRISTY MCCULLOUGH, SARA MCGEE, AMBER MCGINNIS, JASON MCMILLIN, CELIA MCMULLEN, KRISTI MCNAUGHTON, SABBIE MILLER, STEVEN MILLS, BRIAN MINFIELD, SHEENA MITCHELL, RYAN MOORE, TIFFANY MORGAN, TIMOTHY MOYER, KRISTA NEALEY, NISA NELSON, BRENT NEWSTED, NICOLE NOLAN, HEATHER O'ROURKE, ANALEE OCHOA, DARRRELL OLDS, THOMAS PADEN, SHANNON PALMER, ASIA PANKEY, AMIE PAPO, GREGORY PARKER, JUSTIN PATRICK, JOSEPH PATTERSON, STEPHANIE PELOW, STEVEN PHILLIPS, COREY PIERCE, BRITTANY PITTS, JENNIFER POPLIN, JENNIFER POSTER, LEAH POTVIN, LAURIE PRATT, JASON PRICE, JACQUELYN PRIESTLEY, SHAWN PROIETY, TYLER PYNE, HEATHER QUINN, NICOLE QUINN, SHANNON RAMIREZ, JOSHUA RAUB, SERENA RAY, CASSANDRA REED, ERIC REID, KIMBERLY REINSMITH, ANA RHODES, MICHELLE RICHARDS, KIMBERLY RIEBE, JACOB RIVERA, DANIELLE ROBINSON, LUKE ROBINSON, SUZANNE ROBINSON, BETH ROGERS, JAMES ROULO, JOSEPH ROULO, JOSEPH RUTKOWSKI, LEEANN RUTKOWSKI, HARESH SAJNANI, JUSTIN SALISBURY, CLINTON SAUNDERS, WAYNE SCHULZ, DEREK SEXTON, JESSICA SHADDAWINE, ANDREW SHANK, STACI SHANK, JANA SHAW, ANGELA SHIEMKE, ERICK SHIEMKE, BRIAN SINNOTT, KRISTIN SMALL, LARRY SMITH, MIRANDA SMITH, STEPHANIE SMITH, JOSEPH SNYCERSKI, TINA SPEAR, MIQUI SPENCER, CHRISTOPHER STACY, CHRISTOPHER STAFFORD, LINDSAY STARR, BARRY STEAD, LEAH STEEN, DOMINIQUE STEWARD, JESSICA STRICKLER, BRADLEY SUCHAN, CENA SULLINS, KRISTLE SUMMERS, TRESTA SWETEN, STEVEN SWITZER, JOSHUA SYNON, NICKOLAUS TALAGA, AMBER TALBERT, JOSEPH TAYLOR, BRIAN TERRANCE, ANTHONY THOMAS, LATIA THOMAS, ASHLEY THORNTON, AMANDA TONNA, JOSEPH TONNA, JUSTIN TRUDELL, ANGELA TURNER, ROBERT TURNER, SAMANTHA TURNER, JENNIFER TURNQUIST, KENDALL UNDERWOOD, DENNEY VALENTIN, JUSTIN VENEONI, HOLLIE VERNON, JENNIFER VONBRAUNSBURG, VICTORIA VORVA, STEPHEN WAETJEN, ANGELA WALKER, DONNIE WALKER, PHYLCIA WALKER, STEVEN WALLACE, CRYSTAL WATERS, ERICA WATERS, REBECCA WEATHERFORD, KIMBERLY WEATHERS, MATTHEW WEIAND, LEE WELLS, JENNIFER WEST, HEATHER WHITE, NICOLE WILKIE, ALICIA WILLINGHAM, CHRISTA WILLINGHAM, AMANDA WILSON, BRADLEY WILSON, LEANN WISWELL, CRYSTAL WRIGHT, ADAM WROBLEWSKI, JEFFREY WYLER, RYAN YBARRA, CHRISTIAN YOUNG, JEROME ZEOLI.

Local health care providers question St. Joe's expansion

BY KIMBERLY A. MORTSON
STAFF WRITER

Area health care providers say Saint Joseph Mercy Health System and Mercy Health Services plans for a 130,000 square foot facility will duplicate services that already exist in the area.

The estimated \$50 million complex, to be located on the southeast corner of 12 Mile and Meadowbrook, follows on the heels of St. Joe's new pediatric urgent care facility that opened in February.

"Our strategic vision is to be a leading regional health care delivery system," said Garry C. Faja, SJMHS president and CEO in a press release.

Taking shape, however, from St. Joe's preliminary commitment is the perception that the Ann Arbor-based health care provider will overlap services already provided by neighboring hospitals and medical centers.

"We will open a \$15 million medical office center this summer and are part way through a 33,000 square-foot cancer center that will open next summer. So you have to wonder why St. Joe's is going to spend between \$30 to \$50 million in an area where

they have little to no market share there now," said Brian Connolly, CEO of Providence Hospital.

Connolly is watching the developments in Novi having been formerly associated with Mission Health — a partnership that included Providence and three St. Joseph hospitals that dissolved in 1996.

The only Mission Health facility that remains is the one at Seven Mile and Newburgh in Livonia.

Connolly said Providence was "asked to come" into the Novi community more than 20 years ago and has expanded to meet the needs of the Novi community through three Providence locations.

"We currently provide 24-hour emergency room services, outpatient surgery and diagnostics," said Connolly.

Julie Sproul, director of community relations at St. Mary Hospital, Livonia, called St. Joe's expansion a duplication of services.

"St. Mary Hospital provides in-patient beds for those residents in need of hospitalization. Free standing medical centers do

not have in-patient beds, so patients will be transferred to a hospital that may not be convenient or close to their home," said Sproul.

Sproul said St. Mary's expansions in 1997; cooperatives between William Beaumont Hospital, Barbara Ann Karmanos Cancer Institute and Henry Ford Hospital; and location provide one-stop convenience for medical care and testing needs.

"These collaborations give our patients access to the best of the best in health care, right here at their local hospital," said Sproul. According to Don Potter, president of the Southeast Michigan Health and Hospital Council, St. Joe's is positioning itself to compete in a market that is being restructured due to health care reform.

Potter said surrounding hospitals such as Providence, Botsford and St. Mary can continue to be

very successful health care systems, but that everyone "can't be a winner."

"The population growth in Novi has defined some degree of need that St. Joe's has identified and while a business decision of this significance carries some degree of risk — people need health care just like they need drug stores and gas stations," said Potter.

Sherry Mirasola, senior director of communication/education of the Michigan Health & Hospital Association said St. Joe's plans signal an industry movement of health care systems "regionalizing in response to the push and pulls of current market trends."

Tentative plans for St. Joe's 70-acre ambulatory site include 24-hour emergency services, non-invasive cardiology, cancer care, women's health program, and support services (labo-

ratory, diagnostics, pharmacy). "I can expect we'll see a continued development of services on an outpatient basis but I'm surprised at the size and magnitude of the St. Joe's plan and their intentions. There is no unmet need," said Connolly, Providence CEO.

Mirasola said she believes the demographics of the Novi area and surrounding townships will bear out the competing health care networks current methodology but noted frankly "we may see some shake-out from this."

Connolly said the ramifications of duplicated services could mean an increase in health care costs. "It begs the question ... 'What are their intentions?'"

Peg Reihmer, vice president at Botsford General Hospital, said the expansion probably will affect Botsford, but she hasn't had a chance to assess thoroughly to what degree.

"I expect it will have an impact," said Reihmer, "and there will be significant duplication of services but everybody wants to be in Novi."

The Botsford VP said the appeal of the area is the rapid growth potential it offers and the

location along a major artery of the I-275/96 corridor.

"The area is favorable in terms of some pretty well insured persons living there," said Reihmer who added the demographics of the Novi community are well suited for ambulatory care as they are a "younger, healthier population."

Ground breaking for the St. Joe's facility is expected for late 1998 with a target completion date in 2000. There is an additional portion of the site available for future health care development, but there are no firm plans for the remaining space as of yet.

St. Joe's has several health care facilities in the Livonia, Plymouth and Canton communities. It recently opened its second health care center in Canton — an 83,000 square foot facility on Canton Center and Summit Parkway.

Womencenter hosts equity program

Barbara Bonsignore, president of the American Association of University Women of Michigan, will present "Equity for Women" at 1 p.m. Tuesday, March 17, at Oakland Community College in Farmington Hills.

The free program is in celebration of Women's History Month and in honor of the 150th anniversary of the first Women's Rights Convention in Seneca Falls, N.Y.

Sponsored by the college's Womencenter, it will be presented in Room 409 of J Building on the Orchard Ridge Campus,

27055 Orchard Lake Road, just south of 12 Mile Road and I-696.

Bonsignore is completing her three-year term as AAUW of Michigan president in June and has held many other statewide AAUW offices both in Michigan and New York and is active in numerous other organizations.

In 1996, she was honored by Women's Action for New Direction with its annual Women Leading the Way Award.

For more information about her presentation, call the Womencenter at (248) 471-7602.

Founded in 1881 in the East,

AAUW accomplished its first research in 1885, a study that proved attending college was not harmful to females' health. This commonly held belief of that time meant that most colleges refused to admit females.

More recent research conducted by the AAUW has revealed a drastic drop in self-esteem for girls around age 11 and the extent of sexual harassment in the nation's schools.

Open to everyone with a baccalaureate degree from an accredited college, AAUW promotes equity for all women.

Election suit heads to court

BY KEN ABRAMCZYK
STAFF WRITER

A Dearborn attorney has filed a lawsuit he hopes will eventually allow voters to split tickets — or cross party lines — in Wayne County primary elections.

Currently Wayne County residents must cast their votes for one party only in county elections featuring contested races between Democratic, Republican or other parties.

"The ballot should not be voided," said John Hand.

Hand, who is a former Wayne County charter commissioner, filed suit Tuesday, asking the Wayne County Circuit Court to declare that the state's Ballot Voiding Rule, which prevents split-ticket voting in primary elections, does not apply in Wayne County's "home rule" elections.

The plaintiffs include Patrick O'Hara of Detroit, Joseph Turinsky of Lincoln Park and Anthony and Jane Ruggiero of Plymouth. The suit names Wayne County Clerk Teola Hunter, the Wayne County Election Commission and the Board of Canvassers as defendants.

The case has been assigned to Wayne County Chief Circuit Judge Michael Sapala.

The problem stems from a 1954 state statute that does not name the Wayne County executive or county commissioners, and applied only to nominations for offices listed at that time in the Primary Election Law, Hand said.

The county executive's position was created in the Wayne County charter, which was approved by county voters in 1981, nearly 30 years after the state statute was passed.

Hand asked Wayne County commissioners last year to place a proposal before voters asking whether they wanted open primaries, but it was resoundingly rejected by commissioners in December.

Wayne County is the only chartered county out of Michigan's 63 counties.

"That 1954 statute should not apply to a chartered county," Hand said. "We should be allowed to vote for whom we like."

Wayne County election officials have 21 days in which to respond to the complaint. No hearing date has been set.

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CHERRY HILL
Class of 1983
Reunion and alumni family picnic is planned for August.
(734) 729-6783

CHIPPEWA VALLEY
Class of 1978
July 24 at Zuccaro's in Chesterfield.
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DEARBORN
All classes
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(800) 545-0435

DETROIT CASS TECH
Class of 1988
Looking for classmates for a reunion.
Pam Yee Gianola, 1243 Smith Road, Beulah, Mich., 49617-9493 or e-mail at mie-nai@att.net

DETROIT GOLF CLUB
Class of 1978
Is planning a reunion.
(248) 442-9320, by fax at (248) 442-8830 or Sharon Law-Williamson, 28479 W. Seven Mile Road, Livonia 48152

DETROIT HILTON
Class of 1958
Oct. 10 at the Detroit Golf Club, Detroit.
(313) 882-4626 or (248) 548-5384

DETROIT CHADSEY
Classes of 1948 and 1949
Oct. 3 at St. Clement Hall, 19600 Ford Road, Dearborn.
(313) 266-4129 or (313) 383-2343 for 1948, or (313) 273-1689 for 1949

DETROIT COOLEY
Class of 1948
A reunion is planned for Oct. 9-11.
(248) 473-4437

DETROIT DENEY
Class of 1952
A reunion is planned for Sept. 27.
(248) 546-0110, (810) 465-2373, (810) 566-4641 or (313) 822-7488

DETROIT KETTERING
Class of 1978
Is planning a reunion.
Send name, address and telephone number to Chrystal Esau, 27930 Berkshire Drive, Southfield 48076, or call (248) 358-5236, (313) 626-8667, (313) 839-9858 or (313) 372-3159

DETROIT MUMFORD
Class of 1958
Oct. 3 at the Northfield Hilton Hotel, Troy.
(248) 851-5679, (248) 855-9262, (248) 626-5406, by fax at (248) 855-9194 or by e-mail at Msalesin@Mich.com or gr4245@aol.com

DETROIT PERSHING
Classes of 1949-53
Are planning a reunion.
(248) 471-5609 or P.O. Box 530-244, Livonia 48153-0244

DETROIT REDFORD
Class of 1973
Sept. 26 at St. Aidan's Banquet Center, Livonia.
(248) 360-7004

DETROIT ST. THERESA
Class of 1948
A September reunion is planned.
(248) 879-8173 or (517) 546-0903

DETROIT SOUTHEASTERN
50th anniversary
May 30 at the Somerset Inn, Troy. \$50.
(248) 828-0018 or (313) 881-5927

DETROIT WESTERN
Class of 1949
Is planning a reunion.
(313) 274-3214

DURAND
Class of 1948
Is planning a reunion.
Send name, address and telephone number to Gerald Bartram, 505 E. Clinton St., Durand, Mich. 48429 or call (517) 288-3735 or (517) 288-3679

GARDEN CITY WEST
Class of 1967
Aug. 21-23 at Laurel Park Marriott Hotel, Livonia. Dinner-dance on Aug. 22 costs \$80 per person.
(734) 427-8768, by fax at (313) 427-2311 or (734) 420-0156

JOHN OLINN
Class of 1973
Oct. 10 at St. Aidan's Banquet Center, Livonia.
(248)3607004

LIVONIA STEVENSON
Class of 1978
A reunion is planned for Aug. 15.
(734) 420-2558

PLYMOUTH CANTON/SALEM
Classes of 1988
A joint reunion is planned for June 20.
CEP Class of '88, P.O. Box 5356, Plymouth 48170
REDFORD THURSTON

Class of 1978
Oct. 24 at the Doubletree Guest Suites, Southfield.
(248) 360-7004

Class of 1973
Nov. 28 at St. Mary's Cultural Center, Livonia.
Donna Erndt, 33466 Vargo Dr., Livonia, or call (734) 522-9405 or (313) 535-4000, Ext. 412

TAYLOR KENNEDY
Class of 1978
Nov. 7 at Oak Hall in Wyandotte.
(248) 360-7004
Troy
Class of 1958
A reunion is planned for July 31-Aug. 2, with a dinner-dance on Aug. 1.

UTICA
Class of 1978
Aug. 1 at the Sterling Inn, Sterling Heights.
Send name, address and telephone number to Mary Monte-LeMerise, 45051 Glengarry Road, Canton 48188 or call (734) 981-4778.

WARREN
Class of 1978
July 25 at the Fernhill Country Club.
(248) 644-3545

WARREN WOODS TOWER
Class of 1988
Is planning a reunion.
(810) 790-4214 or (810) 771-7328

WATERFORD KETTERING
Class of 1968
Is planning a reunion.
(248) 628-3926, (248) 681-1768 or (248) 623-6057

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GARDEN CITY Class of 1988

2 UNIQUE

KELLI LEWTON

There's nothing new about microbrews

My catering class at Schoolcraft College participated in the third annual Winterfest Beer Tasting held in conjunction with the Merchants Fine Wine Stores, John Jonna and John Lossia.

The event at the college on Feb. 25 was a huge success. Microbrewers from Washington to Detroit were present, and sampled their microbrews. I was amazed to see so many varieties all under one roof. As I was passing the tasting tables, I heard terms like, "Its hopiness, stout, oakie, evergreen, etc."

This is language that I'm not accustomed to hearing. I'm still in the pairing the right wine with food zone, and now all of a sudden, I think I need to be enrolling in Microbrew 101. I discovered some very interesting things on my micro mission to research information to educate myself and share with you.

History

Microbrewery is not a new concept. Historians can trace the origin of beer all the way back to the earliest days of civilization. Clay tablets from ancient Mesopotamia, dating back to 4000 B.C. tell about the brewing and consumption of beer.

Archeologists with the United Nations, unearthing the Queen of Sheba's tomb, discovered beer memorabilia and clay tablets inscribed with information on brewing.

From the book of the Dead, the Egyptian kings show records of beer consumption. Beer may have been the beverage of choice for the architects and builders of the great pyramids. A few thousand years later, an Assyrian tablet from 2000 B.C. records Noah stocking beer aboard the Ark.

It is fabled that Europeans stumbled upon brewing by accident when a clay pot filled with grain from the past season's harvest became soaked and fermented spontaneously with wild yeast organisms to produce the first of Europe's home brews. This low alcohol drink became the drink of choice for many men, women and children.

The first white settlers in North America brought with them both commercial as well as home-brew. Historians theorize that the settlers stopped at Plymouth Rock due to their low supply of beer, which was a staple in the Puritan diet.

By 1867 there were 2,600 brewing companies in the United States, and by 1991 the number had fallen to 1,100.

Dave Morgan of Red Hook Brewery shared some enlightening facts. Five years ago there were only three microbreweries in Michigan. This number has exploded to around 70, including Michigan Brewing, Atwater, and Bells Brewery. On a national level, microbreweries have grown from 50 in 1981 to approximately 1,200 today.

When I posed the question to Dave - why all this microbrew hoopla? Will it last, or is it just a passing flash in the pan? His response was quite eloquent:

"Quality endures," he said. "Connoisseurship is not pretentious or snobbish. It is practiced by people of all types, backgrounds and income levels. A connoisseur is a person with an informed and astute discrimination; someone who appreciates and seeks out the best in any given category. Only a few can be connoisseurs of vintage automobiles; almost anyone can be a connoisseur of beer, bread or coffee.

"Connoisseurs are people who notice the subtle differences in the simple pleasure that make life sweet. It is a tradition that is centuries old, and is common to virtually all cul-

Please see MICROBREW, B2

LOOKING AHEAD

What to watch for in Taste next week:

- Focus on Wine
- For the Love of Food

Golden nutrition nuggets

- Serve high calorie snacks on a plate to control the amount you eat, rather than munching on them straight out of the bag.
- Check the vending machine for lower fat snacks such as pretzels. Even though peanuts are quite high in calories and fat, they are more nutritious than chips or a candy bar.
- Include plant-based foods as your main items as often as possible. Peas, beans and lentils can stand in for meat, poultry or eggs. Try lentil or pea soup with a salad and roll, or beans and rice with a chunky salsa for a nutritious meal.
- Read food labels. Look for high percentage of daily value (%DV) numbers of important nutrients like calcium, and low (%DV) numbers on sodium and fat.
- For lower fat chili, tacos or meatloaf, put cooked ground beef in a strainer and rinse briefly with hot water. Drain and use in your recipe. Better yet, try ground turkey instead. Check the label to make sure it is 100 percent turkey and not skin and fillers.
- Use positive self talk. Tell yourself you are in control of your eating, and that you alone decide which foods you'll eat, and how much.
- Move! Add movement to your day and everything you do.
- Use fruit purees such as applesauce or stewed prunes or mashed bananas as a substitute for half the fat or oil in some of your favorite baked goods.
- Slip healthful ingredients into desserts such as bran cereal, whole grain flour or orange juice concentrate to intensify flavors.
- There are many differences in fats. Animal fats contain cholesterol. "Manufactured" fats such as those found in margarine, shortening and butter replacement spreads are saturated, however, most plant oils such as olive oil, contain antioxidants and are other important elements for good health. Regardless of the type, all oils and fats are at the tip of the Food Guide Pyramid, which means they should be used sparingly.
- Save fat calories by eating reduced fat cheese whenever possible.
- Use tub or liquid margarine rather than stick margarine. If you can't give up butter, try a light, whipped version.
- Choose lower fat processed meats such as turkey hot dogs.
- Watch out for hidden sodium in foods such as frozen dinners, pizza and luncheon meats. Restaurant foods also tend to be high in sodium.
- Plan to eat plenty of fruits and vegetables. Keep dried fruits in your car or desk for munching. They are high in calories, but also contain a lot of nutrients. Microwave a sweet potato for a nutritious foundation to a meal. Steam or sauté vegetables such as broccoli, spinach, green beans, asparagus or cauliflower. Add a touch of oil, honey mustard and/or garlic for flavor.
- Switch from empty calorie, heavily sweetened "liquid candy" (soda pop) to low-fat milk or fruit juice.

Serving Sizes

Learning to judge serving sizes takes a little practice. Since carrying around measuring cups and a scale just isn't practical, here are some visual examples to help you make quick estimates.

- 3 ounces of meat, poultry or fish - Deck of playing cards, cassette tape
 - 1 ounce of meat, poultry or fish - Matchbook
 - 1 cup of fruit or yogurt - Baseball
 - 1/2 cup of chopped vegetables - Three regular ice cubes
 - 1 medium potato - Computer mouse
 - 1 cup of potatoes, rice or pasta - Size of a fist or a tennis ball
 - 1 medium orange or apple - Baseball
 - 1 standard bagel - Hockey puck
 - 1 cup chopped fresh leafy greens - Four lettuce leaves
 - 2 tablespoons peanut butter - Golf ball
 - 1 ounce of cheese - Four dice or a tube of lipstick
 - 1 slice of cheese - 3.5-inch computer disk
- One-half cup of cooked vegetables equals:
- 6 asparagus spears
 - 7-8 baby carrots or carrot sticks
 - 1 ear of corn
 - 3 broccoli spears

Get a glow with a rainbow of fruits and vegetables

BY PEGGY MARTINELLI-EVERTS
SPECIAL WRITER

If we could make one wish under the rainbow many of us would wish for a lifetime of good health. The good news is that it is easy to eat healthy and to make small changes that can result in big differences in your health.

The bad news is that some of you will stop reading this article right now and not learn all the simple and exciting ways to eat smarter and live healthier.

March is National Nutrition Month and making nutrition "come alive" requires a commitment on your part to make healthy choices that fit your lifestyle. Whether you want to lose weight, control diabetes or blood pressure, or generally improve your health, you should know that there is no one magic food or fix. Healthy eating involves a realistic approach of making small changes over time in your food choices.

Don't worry about just one meal or one day. Evaluate your food choices over several days. Try not to think of food as "good" or "bad." Food is not the enemy; it's not about feeling guilty or deprived. Depending on your nutrition goals, you can probably eat and enjoy most foods if you eat sensibly and don't over do it. Be adventurous and expand your tastes to enjoy a variety of foods. There are dozens of ways you can improve your health with food selections.

In 1997, the American Institute for Cancer Research and the World Cancer Research Fund published the report "Food, Nutrition, and the Prevention of Cancer: A Global Perspective." The report suggests dietary changes could reduce cancer incidence worldwide by 30 to 40 percent a year. The report is unique in that it reviewed over 4,500 scientific studies from around the world. The findings of the study are consistent with other recommendations to prevent health disease and other diseases.

So how can we change our diets to reduce the risk of cancer and heart disease? Eating all the colors of the rainbow can help make our wish for good health a reality.

Eat fruits and vegetables in a variety of colors and shapes every day to add eye appeal, fiber, nutrients, and phytochemicals to your diet.

Choose predominantly plant-based meals, rich in a variety of vegetables, fruits, legumes and minimally processed, starchy staple foods such as rice and potatoes. Plant-based foods provide fiber, vitamins, minerals, phytochemicals and antioxidants. By varying the colors of your fruits and vegetables you will be getting a good variety of these nutrients.

The next time you go to the supermarket, think about eating the rainbow. Spend most of your time in the produce section, choosing fruits and vegetables from the color spectrum. Remember, wishing alone can't make good health happen. Enjoy the wonderful bounty our good earth provides for a healthy, balanced diet.

Peggy Martinelli-Everts of Clarkston, is a registered dietitian and director of clinical operations for HDS Services, a Farmington Hills-based food service and hospitality management company. Look for her story on the second Sunday of the month in Taste.

See recipe inside.



A few changes makes mother's lasagna lower in fat

MURIEL G. WAGNER



REGISTERED DIETITIAN

Today is the day of the American Heart Association's "Ask the Nutrition Expert" event at Tel-Twelve Mall, on Telegraph at 12 Mile Road, in Southfield.

I'll be there with 30 other registered dietitians from noon to 4 p.m. to help you get your blood pressure checked, and body fat measured, talk with you about your food intake, guide a mock supermarket tour and help you modify your favorite recipes.

You'll be able to talk to the winners of our Main Dish Salad Recipe Contest winners, and see their winning salads. We've got prizes, balloons and lots of free recipes and pamphlets. But most important, I'll be there to meet and talk with you in person. Will I see you there?

Today, I'm sharing an "Eating Younger" version of a recipe that has fond memories for me. You see, my mother wasn't Italian, but you couldn't tell by her lasagna. Many meals were graced by her casserole of noodle, high-

fat cheese and her homemade meat sauce.

My fat loving taste buds adored her lasagna, but I changed the recipe. Why? Because I didn't want my weight or cholesterol numbers to match hers. But, not to worry. The fat, cholesterol and calories may be lower, but the flavor is still there, helped by freshly grated Parmesan cheese and a zesty ready-prepared tomato sauce.

I exchanged the lasagna noodles for jumbo-sized macaroni shells. They make a pretty presentation and, it's easier to freeze leftovers in portion sizes. The cheeses are non-fat ricotta, mozzarella and Parmesan. The Parmesan cheese is not a low fat cheese, but since 3 tablespoons weigh in at less than an ounce, the aroma and flavor that it adds makes it a taste treat bargain. I like to grate my own cheese. I find that the cheese in those cardboard boxes has lost most of its character by the time I'm ready to use it.

To reduce preparation time, I use a ready prepared spaghetti sauce. If you want to "beef it up," add a little top round beef that you've had trimmed and ground once. Of course you'll cook it well done before you add it to the sauce.

STUFFED SHELL FLORENTINE

- 12 Jumbo Macaroni Shells
- 1 pound non-fat ricotta cheese
- 1 (10 ounce) package frozen chopped, spinach, defrosted, drained and squeezed dry
- 1/4 teaspoon lemon peel, grated
- 1 tablespoon fresh lemon juice
- 1 tablespoon Fleischmann's Fat-Free Spread
- 1/2 cup onion, chopped and sautéed until softened
- 2 cloves garlic, minced and sautéed until softened
- 1 egg, plus 2 egg whites, slightly beaten
- 1/2 cup non-fat mozzarella cheese, shredded
- 3 Tablespoons grated Parmesan cheese
- 1 (32 ounce) jar low-fat prepared spaghetti sauce (2 grams fat per serving or less)

Freshly ground pepper to taste

Gradually add shells to 3 quarts rapidly boiling water so that water continues to boil. I like to add a teaspoon of olive oil so that the shells don't stick together. Cook uncovered, stirring occasionally,

until tender. Drain in colander.

While the shells are cooking, make the filling by combining the ricotta cheese, spinach, lemon peel, lemon juice, Fleischmann's Fat-Free Spread, onion, garlic, egg, mozzarella and Parmesan cheese.

In a 13- by 9-inch casserole sprayed with nonstick spray, place 3/4 of the spaghetti sauce (mixed with optional ground beef).

Stuff cooked shells with cheese mixture. Arrange stuffed shells on top of sauce. Cover with foil. Bake at 350° F for 35-40 minutes. Before serving, heat remaining spaghetti sauce and pour over shells. Serves 6.

Nutrition facts per serving: 2 shells, Calories 262; Fat 2.2g; Saturated Fat 0.4g; Cholesterol 30mg; Sodium 583mg.

Food exchanges = 1 bread; 1 lean meat; 1 vegetable; 1 milk.

Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter filled with recipes and nutrition tips. To subscribe, send a check or money order for \$13.50 to Eating Younger, P.O. Box 69021, Pleasant Ridge, MI 48069.

Good nutrition's personal, make it fit your lifestyle

Can good nutrition really be flexible and personalized? That's the message behind the theme of this month's American Dietetic Association Nutrition promotion - "Make Nutrition Come Alive. It's All About You."

Some people mistakenly interpret nutrition guidelines as rigidly defined rules. For example, many health organizations, including the American Institute for Cancer Research, recommend that we limit our consumption of fatty foods for better health and weight control. Many people interpret this guideline to mean that they should avoid all fat.

Very low-fat diets with less than ten percent fat, such as traditional Oriental diets and the one promoted by research Dean Ornish, have been linked with low rates of cancer and heart disease. Other studies have found a similar link when individuals follow a Mediterranean-style diet that is low in saturated fats from meats, but uses enough olive oil to produce a diet with 25 to 30 percent of its calories from fat. Using these two models and depending on individual preferences and health problems, healthy low-fat eating for the average American adult can range from 18 to 75 grams of fat per day.

The definition of good nutrition varies among individuals because our nutrition needs differ. For some people, two-and-a-half cups of milk per day is plenty, but teens and adults over age 51 need three to four servings of milk or other dairy products per day to meet new calcium guidelines.

Individuals who require fewer calories because of limited size

Celebrate Nutrition Month

- Healthy Cooking Demos at Botsford General Hospital's Health Development Network, 39750 Grand River Ave., Novi. Best Beef Recipes, 7 p.m. Thursday, March 12; Tofu: Hot, Spicy, Creamy and Sweet and Sour, 7 p.m. Thursday, March 26. There is a \$8 fee for other of these classes, preregistration required, call (248) 477-6100.
- Teen Nutrition Grocery Tour, presented by Gail Posner, a registered dietitian, 7-8:30 p.m. Monday, March 30 at Shopping Center Market, Maple at Orchard Lake Road, West Bloomfield. Cost \$15 per teen, and \$25 for adult and teen. Call (248) 855-4558 to register, prepayment required. Learn how to make healthy choices at the grocery store, includes samples.

or activity, or for weight loss, can get the grain-based nutrients they need from six small servings of bread, pasta and other grains daily, while people with more active lifestyles that require more calories should include nine to eleven, or even more, small servings.

Learning how to make good nutrition fit with your individual preferences is vital to making healthy eating a lifetime habit. Meat is an important part of meals for many Americans. Health experts recommend that we should eat no more than six ounces per day, with no more than half of that coming from red meat. Others prefer to eat little or no meat, which can also be healthful as long as they get the protein and minerals they need from beans and other "meat alternatives."

Lifestyle is another important consideration in making healthy eating habits stick. If you have a very limited amount of time to make dinner, cooking meals that take an hour and a half to prepare is not a practical option. Instead, develop ideas for balanced meals centered around grains, vegetables and fruits

that can be prepared quickly. If you need snacks during the day to keep from getting too hungry, consider bringing a piece of fruit instead of relying on what you can get from a vending machine.

Eating well affects every part of you, from today's physical and mental energy to tomorrow's overall health. Don't feel you must blindly follow guidelines for healthful eating. Take a little time to find out how general nutrition recommendations apply to your personal needs and lifestyle.

Here's a hearty Spanish Chicken and Rice Casserole recipe from Dana Jacobi, author of "The Best Claypot Cooking" and "The Natural Kitchen: SOY!" for the American Institute for Cancer Research.

SPANISH CHICKEN AND RICE CASSEROLE

- 1 1/4 cups Arborio or another short-grain rice
- 1 small onion, chopped
- 1 tablespoon extra virgin olive oil
- 1 can (14 1/2 oz.) stewed tomatoes
- 1 1/4 cups canned low-sodi-



Twist on a classic: Spanish Chicken and Rice Casserole, inspired by Arroz con Pollo, a traditional Spanish chicken dish, takes just minutes to assemble since most of its ingredients are canned, frozen, or need minimal preparation.

- um chicken broth
- 1 teaspoon paprika
- 1/2 teaspoon dried oregano
- 1/4 teaspoon freshly ground pepper
- 7 oz. jar roasted red peppers, drained and chopped
- 2 medium skinless, boneless chicken breasts, about 1 1/4 pounds, cut into 1-inch pieces
- 1 bay leaf
- 1/2 cup frozen green peas

Preheat oven to 375°F. In a 2 quart casserole, combine the rice, onion, and oil. Add the tomatoes, one cup of the broth, the paprika, oregano, ground pepper, roasted peppers, and chicken, and stir.

Cover the casserole and bake 30 minutes. Stir in the peas and add an additional 1/4 cup of broth, if needed, to keep the rice from sticking. Bake until the chicken is cooked through, 15-20 minutes. Remove bay leaf and serve.

Nutrition information per serving: Each of the 6 servings contains 311 calories and 5 grams of fat.

For a free pad of shopping lists that will help you eat for better health and lower cancer risks, send a self-addressed, stamped (55 cents postage) business-sized envelope to the American Institute for Cancer Research, Dept. SL, P.O. Box 97167, Washington, DC 20090-7167.

Reader needs help finding lentil burger recipe

Some of my very favorite recipes are ones I clipped out of newspapers and magazines. Like me, I'm sure you've saved some of the recipes that have appeared in Taste, and perhaps have lost one of your favorites.

Do you have a good system for organizing recipes so you won't lose them?

With good intentions I've tried a number of systems, everything from pasting recipes on file cards, to putting them in a notebook. I have clipped recipes tucked in cookbooks, in folders, and even attached to the fridge with kitchen magnets.

Lost and Found Recipes are the best. Have you ever clipped a recipe, made it, liked the results, and then accidentally misplaced the recipe?

Kim of Westland is looking for a lentil burger recipe she clipped

out of the Observer in 1989. "It was really good, but I can't find the recipe," she said. If you have a good lentil burger recipe send it to me, and I'll make sure Kim gets it.

Mary of Bloomfield Hills is looking for a recipe called Buddha's Delight.

If you can help our readers, please send the recipe to Keely Wygonik, Taste Editor, Observer & Eccentric Newspapers, 36251 Schoolcraft, Livonia, MI 48150, or fax (734) 591-7279. You can also e-mail me recipes kwygonik@oe.homecomm.net

We'd also enjoy hearing your tips for organizing recipes.

Recipe to Share

What is your favorite "Recipe to Share?" This is our newest feature, and you'll find it in Taste on the fourth Sunday of

every month. We're counting on you to make it successful.

Please send, or fax your recipes to share, to me at the address and number listed. Be sure to include a daytime phone number with your recipe, and be as specific as possible - what size can? what size package? should you drain the fruit, vegetables, or beans before combining with other ingredients?

We'll feature one reader each month in an article. Along with our thanks, that person will be interviewed by me for the story, photographed with their "Recipe to Share," and receive a newly published cookbook, and apron.

Spring Holiday Celebration Recipes

We're also looking for Spring Holiday Celebration recipes to feature in Taste on Sunday,

March 29.

What are your Easter and Passover food traditions? Do you have a favorite recipe to share? Tell us about the recipe, and why it's a family tradition.

Send your recipe, and a couple of sentences, which explain why

it's so good, by Monday, March 16. Please include your daytime phone number so we can call you if we need to.

We'll pick two readers to feature in the Sunday, March 29, issue of Taste. In addition to

being photographed and interviewed for our story, you'll receive an apron and a copy of "The Passover Table," by Susan R. Friedland or "The Frugal Gourmet Keeps the Feast: Past, Present and Future," by Jeff Smith, in addition to our thanks.

COOKING CLASSES

Send information for Cooking Classes to Keely Wygonik, Taste Editor, Observer & Eccentric Newspapers, Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax (734) 591-7279.

Vic's World Class Market, 42875 Grand River, Novi, (2348) 305-7333. Cost \$25 per class, call for information.

Artistry in Bread - Pastry Chef Ralph Macioce of Forte Restaurant in Birmingham, 7

p.m. Tuesday, March 10, 357-4540 for information.

B-1, Twelve Oaks Mall, Novi, fee includes instruction and a meal size portion of the menu, complimented by an appropriate beverage. For more information, or to register, call (248) 380-1850.

Italian - Sebastian's Style - 6:30 p.m. Tuesday, March 3, fee (\$35), Chef Frank Turner, executive chef at Sebastian's Grill in

the Somerset Collection. Menu includes Portabella Rockefeller, Italian Orchard Chicken Salad, Stir-Fry vegetable Orzechiette (broccoli, peppers, pinenuts & raisins with olive oil, garlic and herbs), walnut peach flan.

A Taste of Spring - 6:30 p.m. Monday, March 9, fee (\$35), taught by Chefs Aaron Bruck and Danny Sluss of Baker's of Milford.

Free Adult Caregiving Seminar


If you're caring for an aging loved one, don't miss this important event.

Tuesday, March 10, 1998

He's one of the nation's pioneers in the study of grief. He's the author of eight books that have helped millions of people who care for older adults. He's a former minister who now works as a speaker and counselor around the nation. And now Doug Manning is coming to Southfield, to help you become a more creative and ultimately more successful caregiver.


Join us for this special seminar sponsored by Arden Courts and ManorCare Health Services. Seating is limited, so make your reservation early, weekdays between 9 a.m. and 9 p.m.

Call 1-800-370-5880 for reservations.



Guest Speaker Doug Manning

The Westin Hotel
1500 Town Center
Southfield, MI
6:30 p.m. to 8:30 p.m.



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Happy St. Patrick's Day!

Prices Good March 9th-March 18

<p>Bob's Premium Beef</p> <p>Boneless Sirloin Roast</p> <p>Made From Sirloin Steak</p> <p>\$2.09 LB.</p> <p>SAVE 1/30 LB.</p> <p>Tender Loin Fillet Steaks</p> <p>\$8.49 LB.</p> <p>SAVE 1/30 LB.</p>	<p>Tues.-Wed.-Thurs. March 10-11-12, Only</p> <p style="text-align: center;">ST. PATTY'S DAY</p> <p>From Eastern Market</p> <p>Broadway Deli Fresh Corned Beef \$2.09 LB.</p> <p>Extra Lean Beef Stew Meat FOR MULLIGAN STEW \$1.69 LB.</p> <p>EXTRA LEAN GROUND BEEF from Ground Round \$1.29 LB.</p> <p>Limit 10# • Sold in Family Pac 5#-10#</p>	<p>Bob's Premium Beef</p> <p>Boneless Beef Round Steak \$1.68 LB.</p> <p>Save 90¢ LB.</p> <p>Boneless Beef Bottom Round Rump Roast \$1.68 LB.</p>
<p>Bob's Premium Pork</p> <p>Boneless Pork Loin End Roast \$1.99 LB.</p> <p>Boneless Country Style Country Ribs \$1.99 LB.</p>	<p>Bob's Premium Pork-Poultry</p> <p>Made With Brownberry Stuffing Mix Whole Stuffed Chicken \$1.19 LB.</p> <p>Stuffed Center Cut Pork Chops \$2.49 LB.</p>	<p>Bob's Premium Poultry-Pork</p> <p>Chicken Party Wings \$5.95 LB.</p> <p>No Tip - 5# Bag</p> <p>Baby Back Spare Ribs \$3.49 LB.</p>
<p>Bob's Premium Poultry</p> <p>Stuffed Salmon Fillets \$4.99 LB.</p> <p>Fresh Ocean Perch \$3.49 LB.</p>	<p>From Our Premium Deli</p> <p>"Sahlen's" Oven Roasted Turkey \$3.99 LB.</p> <p>From Our Premium Deli</p> <p>"Embers" Italian Roast Beef \$3.99 LB.</p>	<p>From Our Premium Deli</p> <p>"Krakus" Imported Polish Ham \$3.59 LB.</p> <p>From Our Premium Deli</p> <p>"Lipari" Colby Longhorn Co-Jack Cheese \$2.09 LB.</p>
<p>Bob's Premium Seafood</p> <p>Fresh Cut Sword Fish Steaks \$6.69 LB.</p> <p>Fresh Mahi-Mahi Filets \$3.49 LB.</p>		

MEDICAL BRIEFS

Making connections

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Datebook (upcoming calendar events); Medical Newsmakers (appointments/new hires in the medical field); and Medical Briefs (medical advances, short news items from hospitals, physicians, companies).

We also welcome newsworthy ideas for health and fitness related stories.

To submit an item to our newspaper you can call, write, fax or e-mail us.

CALL:
(734) 953-2111

WRITE:
Observer & Eccentric Newspapers
(Specify Datebook, Newsmakers or Briefs)
Attn: Kim Mortson
36251 Schoolcraft Road
Livonia, MI 48150

FAX:
(734) 591-7279

E-MAIL:
kmortson@oe.homecomm.net

Paralegal program

The American Bar Association has approved the new Nurse Paralegal Program at Madonna University in Livonia. The program is designed for nurses who hold a bachelor of science degree in nursing and who wish to utilize their nursing knowledge while pursuing a different career path. Open registration by fax and in person for the Spring/Summer term begins March 23. Call Jennifer Cote, (734) 432-5549, or Mary Urisko, (734) 432-5548.

AIDS workshop

Madonna University in Livonia will offer the workshop, The Values Dimension of HIV/AIDS: From Caring to Conviction. The seminar runs Friday, March 20 from 1-3 p.m. in the science lecture hall. The event is free and open to the public.

Livonia St. Joe site

Saint Joseph Mercy Health System opened a new Business Health Services site at 36616 Plymouth Road, between Levan and Newburgh. The site will primarily provide occupational medical services such as work-related injuries and illnesses, X-ray, laboratory, physical therapy, hand therapy, physical exams, drug/alcohol screening and more for employers and their workforce in the adjacent manufacturing/transportation and distribution industries. The facility will be open from 8 a.m. to 8 p.m. Monday through Saturday. For more information call (313) 464-9955.

Bone marrow guide

Two helpful publications are now available through the National Bone Marrow Transplant Link for patients, family members, and health professionals: "Bone Marrow Transplant Guide" and "Survivor's Guide to a Bone Marrow Transplant, What to Expect and How to Get Through It." For more information call (800) LINK-BMT or on the Internet at <http://comnet.org/nbmtlink>

P.E.T. Scan Imaging

P.E.T. (Positron Emission Tomography) can assess blood flow to the heart and detect areas where blood flow has been reduced, due to blockages or narrowing of the vessels which feed the heart. The Detroit Medical Center's P.E.T. scanner is one of only three in the state of Michigan. The equipment will enable physicians to evaluate whether a patient will require invasive and expensive open heart surgery or angioplasty to restore blood flow.

SJMH top donor

St. Joseph Mercy Hospital-Ann Arbor and McPherson has been recognized as top donor hospitals for eye, sixth in the state; tissue, fourth; and organ donations, eighth, by the Michigan Eye-Bank and Transplantation Center and the Transplantation Society of Michigan.

Skin deep

Looking better through plastic surgery

BY KIMBERLY A. MORTSON
STAFF WRITER

Judy Reemmer was frustrated with what she called her "turkey neck." Loose skin under her chin that could not be camouflaged with makeup or high collared shirts — "no matter what."

Excess neck skin wasn't the only aspect of her appearance that she found unsatisfactory. The 50-something Canton Township resident said she always wanted to have her eyelids lifted surgically to generate a more youthful appearance and establish natural eyelid creases now hidden by loose skin.

According to recent statistics submitted by the American Society of Plastic and Reconstructive Surgeons (active members certified by the American Board of Plastic Surgery) nearly two million Americans underwent procedures to enhance or improve their appearance in 1996.

Some of the most popular procedures included breast reduction, augmentation and lift; eyelid surgery (blepharoplasty); nose reshaping (rhinoplasty); facelift (rhytidectomy); Retin-A treatment; and tummy tuck (abdominoplasty).

Slowing the aging process

"There is such an emphasis on staying youthful that it seems cosmetic surgery procedures are more universally accepted by both women and men," said Dr. Paul H. Izenberg, one of five board-certified plastic surgeons in private at the Center for Plastic & Reconstructive Surgery (Livonia, Ann Arbor, Brighton, Saline, Chelsea).

"It was previously perceived that older persons were candidates or only the well to do could afford surgery," he added.

Izenberg said his clientele run the gamut in relation to their age and economic status and are much more edu-



cated than the patient of a decade ago. "Every patient is not a candidate," said Izenberg. "Some people have an unrealistic expectation of what they think they need done or are expecting an outcome that is way beyond our ability to achieve."

Other factors that influence eligibility for surgery include obesity, chronic illness, high blood pressure, and nicotine dependency.

Reemmer said she consulted with a plastic surgeon in the late 1980s to discuss the potential for surgery but decided, at that time, not to go ahead with the procedure. In 1997, however, after a conversation with a customer in the cosmetic department of Hudson's in Westland, (where Reemmer is employed as a consultant) a Livonia plastic surgeon, Dr. Shan Baker, came highly recommended.

Baker, a facial plastic surgeon since 1977 is professor and chief of the Center for Facial Cosmetic Surgery in the department of Otolaryngology-Head and Neck Surgery at the University of Michigan Medical Center, Livonia. He consulted with Reemmer in February 1997, and she elected for surgery last summer.

Reemmer said on an outpatient basis in June, she had a face lift, four quadrant eyelid lift and chin implant. The photographs she had her husband shoot of her progress, illustrate a quick recovery within a three-week time frame from a swollen and progressively bruising face to a near similar likeness of herself at day 21 — around the same time she was able to return to work with a light touch of makeup to hide any lingering bruises.

Pleasing appearance

Reemmer eagerly points out the improvements between her before and after pictures. Photographs taken prior to the surgery reveal sagging excess skin under her chin, the loss of elasticity and muscle tone along her jaw line and neck, and excess upper eyelid skin that covered any natural crease she

Before and after: Judy Reemmer of Canton underwent three cosmetic surgery procedures in 1997. Above (from left) the results illustrate a more firm chin and jawline than the picture prior to surgery. Dr. Shan Baker, Center for Facial Cosmetic Surgery, was able to correct what Reemmer commonly referred to as her "turkey neck." Below, (from left) the before and after photographs show the dramatic outcome an eyelid lift had on the loose skin above her eyes and the natural firming appearance her face took on following a facelift.



may have once had.

Izenberg and Baker both praised the progress the cosmetic surgery profession has made over the last several years to expedite the recovery process, nearly eliminate scarring and lessen discomfort.

"We have more control than we did using older techniques," said Izenberg. "We're able to make fewer, shorter incisions and thanks to the endoscope, the procedures are performed more accurately with less disturbance to the deeper tissues of the face and neck. Reducing extensive bruising and swelling."

"Every effort is made to hide the incisions as much as possible," said Baker.

The endoscope is a tube-shaped probe fitted with a miniature camera "eye" and a fiberoptic light source that aids a physician during surgery. The probe is inserted into an incision and the image appears on a television screen enabling the surgical team to view the body's internal structure.

In a traditional facelift, an incision is made along or in the hairline. Today, using endoscopy, several small incisions are made in areas where muscles and skin need the most tightening. To tighten loose neck skin, as in Reemmer's case, small incisions were made under the chin and in front of her ear.

Going virtually unnoticed to the casual observer.

"In some patients, the small incisions can be hidden in the lower eyelid, upper gum line and behind the ear," added Nancy L. Rohlf, R.N. at the Center for Plastic & Reconstructive Surgery in Ann Arbor.

Rohlf specializes in permanent cosmetic makeup procedures that correct inconsistencies/disfigurements not able to be improved with surgery. In particular, she said cancer patients who come away from chemotherapy losing their eyebrows can have the brow restored. Also, tattooing can be performed following a breast related surgery where the nipple and areola have been altered or damaged.

"Tattooing isn't just about butterflies," said Rohlf. "I can help a woman return her 'whole' self-image with a technique like permanent makeup and I find great satisfaction in being able to restore someone's self-esteem like that."

Risk factors

Kathy Herman-Brown, R.N. at the Center for Facial Cosmetic Surgery said patients should approach cosmetic surgery with an open mind, not only regarding their expectations but of the

Please see **SURGERY, B5**

1996 Average Surgeon Fees: Cosmetic and Reconstruction Procedures

Procedure	National average
Breast lift	\$3,224
Breast reduction, female	4,877
Breast reduction, male	2,419
Eyelid surgery (comb. upper & lower)	2,775
Facelift	4,407
Facelift w/endoscope	4,783
Forehead lift	2,275
Forehead lift w/endoscope	2,494
Tummy tuck	3,795
Tummy tuck w/endoscope	3,832
Liposuction (any single site)	1,710
Chemical peel, full face	1,513
Chemical peel, regional	701

Fees generally vary according to region of country and patient needs. These figures are average only. General fees do not include anesthesia, operating room facilities or related expenses.

Source: Society of Plastic and Reconstructive Surgeons
HELEN FURCEAN / STAFF ARTIST

Do your homework when choosing plastic surgeon

What is a facial surgeon?

Typically they are board-certified in otolaryngology with a specialty in surgery of the head and neck. These surgeons perform the majority of elective facial plastic surgery procedures in the United States of both the cosmetic and reconstructive nature.

The facial plastic surgeon has spent five to six years in post-graduate training in general surgery and at least four additional years of specialty training in head/neck surgery and facial plastic surgery.

When do you need a facial plastic surgeon?

The reasons for facial plastic surgery are varied. Some patients suffer from birth disfigurements such as birthmarks, cleft palates and congenital facial deformities. Others are victims of disease, burns and accidents. While many choose to change some of the signs of premature aging or the shape or size of a facial feature that has bothered them for years.

Facial plastic surgeons can perform such procedures as:

face, brow, forehead lift; otoplasty, reshaping or pinning back ears; laser skin resurfacing, removal of the upper layer of the skin; facial reconstruction, repair facial features;

collagen implants, an injection of natural protein that raises skin to smooth out wrinkles and scars;

chemical peels, controlled removal of the outer layer of skin with specific chemicals; rhinoplasty, surgery of the nose;

mentoplasty, a receding chin is augmented with an implant or a too prominent chin is reduced;

dermabrasion, a wire brush is used to remove the upper layer of skin to smooth surface and reduce wrinkles.

Please see **CHOOSING, B5**

Men find plastic surgery can enhance appearance, career

BY KIMBERLY A. MORTSON
STAFF WRITER

In a recent nationwide survey, 84 percent of the men quizzed believed physical attractiveness was important for power and success on the job.

The research speaks to a growing percent of the male population eager to enhance their appearance and change the signs of aging — largely influenced by the perception that career advancement and success is impacted by an individual's looks.

Although Larry Reemmer was retired from his Livonia teaching job when he elected to have cosmetic surgery, he admits he could not have imagined himself as a candidate for surgery 20 years ago.

"I was comfortable with my appearance but I began to notice something was missing," said Reemmer, a Canton Township resident.

What Reemmer had lost was approximately 25 percent of his vision because of excess skin sagging over his eyes, "hooding" his vision. The loose eyelid skin gave him a continuously fatigued look emphasizing puffy pouches of fat in the lower lid area and under the eye.

"My ophthalmologist said he could take care of the hooding in his office but I opted for the plastic surgeon."

Even though Reemmer had several procedures, he considers the most important to be the eyelid and brow (forehead) lift.

The forehead, in particular, can be a problem for men that comes with aging as skin loses elasticity and muscle tone and begins to sag. A surgical alternative is to remove or alter the skin and muscles to smooth out the forehead, raise the upper eyelids, as in Reemmer's case, and minimize frown lines.

Men beginning to bald or who have prominent receding hairlines may still be candidates for a forehead lift thanks to the placement of the incision by the

Please see **MEN, B5**

Workshop promotes women's health

Marian Women's Center of St. Mary Hospital and The Observer & Eccentric Newspapers are sponsoring the annual Women's Health Day, Saturday, March 28 from 8:00 a.m. to 3:30 p.m.

The 1998 theme, "Keeping Women Healthy" will incorporate workshops, lunch, exhibits and a fashion show with a special address by keynote speaker, Joyce Weiss.

Three educational breakout sessions are preceded by a creativity wrap-up by Weiss, a certified speaking professional who

holds a master's degree in guidance and counseling and has over 15 years of speaking experience. Weiss will speak about the progressively busy pace women's lives are taking and how it's easy to overlook opportunities for achieving joy and happiness.

"Learn how to look for, find, and appreciate the opportunities in life. Be prepared to laugh, learn and recharge," stated Weiss.

The \$30 registration fee includes workshops, continental breakfast and lunch at the Holi-

day Inn - Livonia West (Six Mile and I-275). Topics include sessions such as:

- For the health of your skin
- Prayer: For the health of it
- Quick, easy summer foods
- Gardening for your physical and mental well-being
- Mechanics 101 (car maintenance/repair)
- Self-defense for women

Exhibitors include AAA of Michigan, Born to Shop, The Petal Pushers, The Observer & Eccentric Newspapers, Mobile

HEALTH FOCUS

Tranquility - Massage Therapy, Livonia Family Y, Marian Women's Center, and Arbonne International.

Preregistration is required by March 13 (no refunds). For more information call (800) 494-1617 or send a \$30 check payable to: St. Mary Hospital, Marian Women's Center, 36475 Five Mile Road, Livonia, 48154.

Surgery from page B4

potential risk factors involved.

"As with any surgery, all procedures have some degree of risk but we go to great lengths in the consultation and pre-operative process to evaluate a patient's physical and emotional condition to determine if they are a suitable candidate for surgery."

Herman-Brown said a good plastic surgeon shouldn't be afraid to turn a patient down for surgery if they have a serious medical history that might hamper the outcome or the recovery process.

"Cosmetic surgery isn't a fix-all for anything, especially relationship problems," said Herman-Brown.

The Livonia nurse said it's important to shop around, be well read, ask a lot of questions and think about the surgery before going ahead with a procedure.

"Most of the surgeries are permanent. These techniques might change or slow the aging process but the results don't last forever," said Herman-Brown.

Both plastic surgeons and their chief nurses agreed that nicotine is a restrictor that limits blood flow and can slow the recovery process.

"If you smoke we really encourage you to try and quit," said Herman-Brown. "That's a personal preference and for some that's harder than others so we favor an individual tapering down their nicotine intake starting 2-3 weeks before the surgery and after."

A model patient is one that is educated about their procedure and the risk factors involved; has a good health history and is prepared emotionally for the process from beginning to end, said Rohlfis.

MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents in the Observer community. Items should be typed or legibly written and sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft Road, Livonia 48150 or faxed to (313) 691-7279.

MON, MARCH 9

LA LECHE LEAGUE
La Leche League of Livonia will meet at 7 p.m. for breastfeeding support and information. Call for location, Theresa (734) 261-6814; Vicki (313) 937-3011; or Michele (734) 691-7071.

TUE, MARCH 10

BASIC LIFE SUPPORT
For those 12 years and older interested in learning basic knowledge of the heart and lungs, signs/symptoms of a heart attack, stroke, adult CPR and choking rescue skills. Call Mission Health Medical Center - Livonia; 1-800-968-7759. Future dates: March 10, April 14, and May 12.

QUIT SMOKING
Quit smoking with acupuncture

at this free seminar beginning at 7 p.m. Botsford's Health Development Network, 39750 Grand River Ave., in Novi. Call (248) 477-6100.

ARTHRITIS SELF-HELP
A six-week series co-sponsored with the Arthritis Foundation at 2 p.m. \$20 fee, preregistration required. Call (248) 477-6100.

BEREAVEMENT WORKSHOP
Angela Hospice grief support group will meet at 1 and 6:30 p.m. at the Angela Health Care facility, 14100 Newburgh Road, Livonia. Meetings are free. Call (734) 464-7810.

WED, MARCH 11

STUTTER SUPPORT GROUP
Henry Ford Hospital will host a support group for people who stutter from 6:30-8 p.m. at the hospital's Center for Rehabilitation Services, 2799 W. Grand Blvd. Call (313) 876-4605.

USE ANGER CREATIVELY
Power Surges: Using Anger Creatively. Learn how to channel your anger for creative change in this informative session at 7 p.m., \$15 fee and preregistration required by the Botsford Health Development Network, 39750 Grand River Ave., Novi. Call

(248) 477-6100.

OSTEOPOROSIS SCREENING
Receive bone density X-ray and results within minutes from 1-5 p.m. at the Oakwood Healthcare Center North Westland, 36555 Warren Road. Call 1-800-543-WELL.

CERTIFIED SITTER
Three-week course designed to help children ages 11-15 become safe, responsible babysitters. Certificate awarded upon completion of class, cost is \$30 at Plymouth Canton High School, 8415 N. Canton Center Road, from 5:30-9 p.m. Call (734) 416-2937.

THUR, MARCH 12

MEDICARE CHOICES
Learn about the options available at this free educational Medicare seminar from 1-2 p.m. March 12, 19 and 26 at the Westland MedMax. Call (734) 458-7100 to register.

LUPUS CHAPTER
The Northwest Suburban Lupus Chapter will hold its meeting at 7:30 p.m. at the Farmington Library Conference Room, 23500 Liberty Street, one block west of Farmington Road. Anthony A. Emmer, D.O. (neurologist), will

discuss "Lupus and CNS Involvement - Myths and Facts." Next meeting Thursday, April 30. Call Andrea Gray, (313) 261-6714.

BEST BEEF RECIPES
Tired of the same old recipes? This session will give you just the right seasonings. 7 p.m. \$6 fee (preregistration required). Botsford's Health Development Network (HDN), 39750 Grand River Ave. Call (248) 477-6100.

ADULT/CHILD CPR
Learn adult, infant/child CPR and airway obstruction management from 6-10 p.m. at Oakwood Hospital Annapolis Center, 33155 Annapolis, Wayne. Call (800) 543-WELL. Certificate awarded, \$15 fee.

SAT, MARCH 14

BABYSITTING
Babysitting: Not Just Kid's Stuff. Two session workshop provides youngsters ages 11-14, with the skills needed to serve as responsible babysitters, including basic first aid, child management techniques and tips for what to do in an emergency. \$25. Botsford's Health Development Network, 39750 Grand River Ave., Novi. Call (248) 477-6100.

Men from page B4

physician, said Shan Baker, M.D., professor and director of the Center for Facial Cosmetic Surgery, Livonia.

Baker said he has seen "a real surge" in the number of male patients, particularly baby boomers wanting a more rejuvenated look.

"A lot of my mid-life patients don't feel like they look and for personal reasons, they want to match how young they feel by correcting some of the traditional signs of aging," said Baker. "Cosmetic surgery is just one approach."

Other statistics gleaned from men who participated in nationwide survey included:

- 22 percent agreed with the statement, "I use my personal appearance to my advantage in getting things accomplished on the job."
- 32 percent agreed that if they had a more youthful appearance it would positively impact their job success.
- 42 percent felt that improv-

ing one thing about their face would help their career.

Paul H. Izenberg, M.D., Center for Plastic & Reconstructive Surgery, Ann Arbor, said women are not the only ones undergoing surgery to correct the natural aging process.

"Many of my male clients have consultations for forehead lifts, rhinoplasty, face lifts, ear pinning and breast reduction," said Izenberg. "Because of hormones or weight gain they can have a feminine looking chest that can be reshaped and reduced to create a more normal appearance."

"This can be a real problem for a man's self-esteem — young men in particular."

Not unlike most things, men and women have very different reasons for undergoing plastic surgery. The dramatic rise in male patients supports statistics that more men feel their career can be largely impacted by their appearance.

An over-the-hill looking, tired businessman may fear being passed up for a younger refreshed colleague, said Kathy Herman-Brown, R.N., Center for Facial Cosmetic Surgery, Livonia.

"A lot of our patients in the public eye, especially men, are strong believers in the notion that if they look good they have more opportunities come their

way."

Another aspect of job performance that can be influenced by a cosmetic procedure is the link between improved self-esteem and on-the-job self-confidence.

If you're comfortable with your appearance you're likely to feel more confident and assertive in both your personal and professional views.

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If gum disease is allowed to progress to its more advanced stage, patients are often faced with the prospect of surgery; however, a recent study indicates there may also be a medical option. The study, conducted at the University of Michigan School of Dentistry, involved 90 patients with periodontitis so advanced that surgery and tooth extraction had been recommended. Instead, researchers first removed plaque and tartar from the roots of their teeth, and then gave the patients antibiotics (metronidazole or doxycycline) known to kill gum bacteria. After the antibiotic treatment, only 17 of the patients still required surgical treatment. As promising as this treatment may sound, it is intended as an adjunct, not an alternative, to surgery.

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St. Mary Hospital, Livonia presents the American Cancer Society's "I Can Cope" program for cancer patients, their family and friends as follows:

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St. Mary Hospital
West Addition Conference Room B

"I Can Cope" is a free program for cancer patients, their family and friends. The course is designed to help newly diagnosed patients learn how to take an active role in their treatment and recovery. If you would like to learn more about cancer, its causes, prevention, diagnosis, treatment, rehabilitation, management of side effects, adjustment to changes in body image, exercise and proper nutrition, community resources and new potentials as a person with cancer, then "I Can Cope" is for you.

Presentations will be made by a team of health care professionals, including an oncologist, radiation oncologist, nurse, social worker, dietician and pharmacist as well as other community resource professionals.

There is no charge for the program.
Registration is required by March 10.
For more information or to register, please call (734) 655-2922 or 1-800-494-1650.

St. Mary Hospital
36475 Five Mile Livonia, Michigan 48154 (734) 464-8000

St. Mary Hospital is affiliated with William Beaumont Hospital

CORRECTION IN TODAY'S MEDIA PLAY FLYER
The Abyss, Directors Special Edition Widescreen, was incorrectly pictured at \$6.99. The correct sale price for this title is \$13.99. We apologize for any inconvenience.

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Michigan site offers history, adventure



MIKE WENDLAND

Lowell Boileau is a very talented, self-taught Detroit artist who has traveled the world, using his skills with a camera to document ancient civilizations in such places as Zimbabwe, Athens, Ephesus, Rome and the Mexi-

can state of Veracruz. He has photographed ruins, searching through the rubble with his artist's eye, captivated by the glimpses into lives long gone but still alive in the structure and symmetry of the crumbling bricks and stones that were once magnificent temples and pyramids.

Then he came home and encountered the ruins of Detroit. So, this being the Cyberspace era, and Boileau long a believer in Web sites as works of art, created a Web site called The Fabulous Ruins of Detroit (<http://www.bhere.com/ruins/home.htm>).

But this is no information superhighway carjacking of the city's image.

Indeed, Boileau loves his hometown. And as he traveled the city, looking at abandoned old apartment buildings, dilapidated factories and the skeletal remains of dynamited old skyscrapers, he made powerful new photographs of the old buildings. He came away with a new appreciation of a city whose history is as deep and fascinating in its own way as those ancient civilizations he photographed.

And he put them on the World Wide Web for us all to see.

From the recent demolition of Detroit Edison's so-called Seven Sisters power plant towers that served for decades as nautical landmarks for sailors on Lake St. Clair, to the wrecking ball now taking down the old Hudsons store, Boileau's Web site is filled with images of once famous landmarks that are now...no more.

There's the mostly abandoned warehouse in Highland Park that was once Henry Ford's Model T assembly line. There's the old brick shell of the Packard Motors factory and the

still proud but sagging homes in Brush Park area that once housed the gilded gentry of the city's lumber barons.

"The Web is a perfect resource for the arts," Boileau told me on my PC Talk radio show on WXYT the other day. "And these really are fabulous ruins."

You won't find many Web sites as well designed and navigated as Boileau's. His passion for the ruined buildings and the stories they tell is evident on each page of his very deep site.

If local and regional history and adventure appeal to you, there's plenty of other Michigan-based sites to surf, too.

For example, check out The Great Lakes Vessel Passage (<http://www.okland.edu/boat-nerd/>).

As creator Neil Schultheis explains on the opening page, the site is "dedicated to the vessels that ply the waters of the great inland sea known as the Great Lakes."

You can begin with a salute in the form of a RealAudio sound clip from a lake freighter's horn and then click your way through photos of ships in the Detroit River and the lakes, historic information and even a chat area for what the site god-naturedly calls "boat nerds."

Something else you'll notice about this site: A Web Ring.

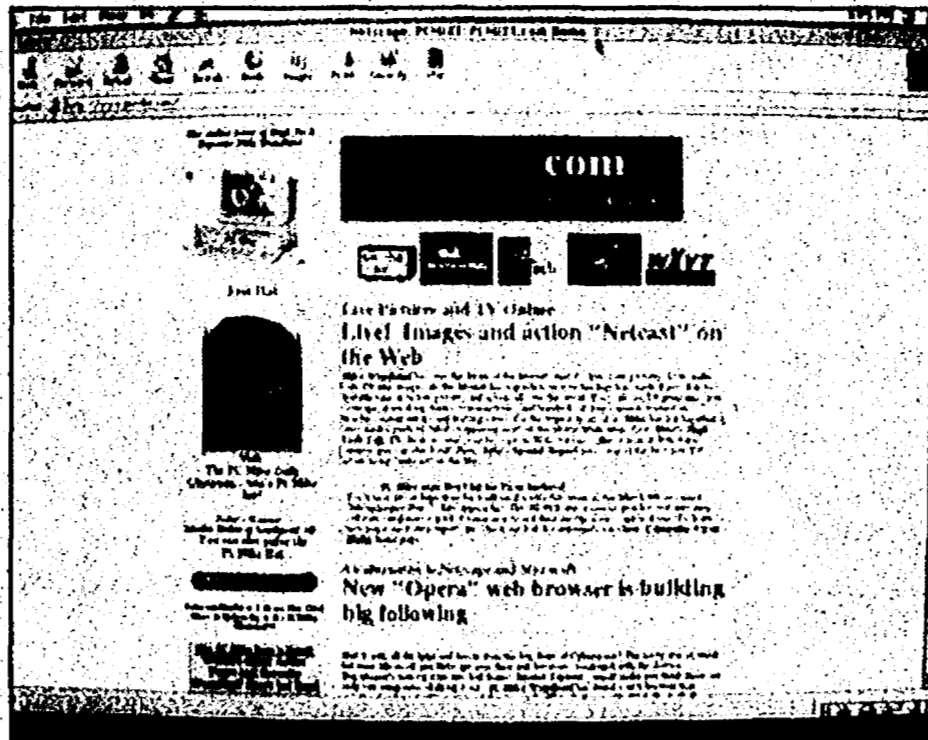
A Web Ring is a collection of loosely related Web sites of similar content or interest. In this case, it's a Great Lakes Web Ring.

What do you find there? This ring contains 38 different Michigan-related sites. A few of my favorites:

■ Continuous Wave (<http://tango.w8hd.org/>), Jim Hebert's guide to sailing in the North Channel and personal ramblings about sailboats.

■ George and Sue's Home Page (<http://www.portup.com/~gpmead/>), a collection of photos from the Soo locks taken by a temporary Lock and Dam Operator at Sault Ste. Marie and his fiancé.

■ The Copper Country Historical Page (<http://www.portup.com/copper-range/>) is a labor of love from amateur archeologist and model railroad hobbyist Kevin Musser. His site details the history of Michigan's Upper Peninsula Copper boom of the late 1800's



STAFF PHOTO BY TOM HAWLEY

Valuable resource: Mike Wendland, PC Talk columnist for the Observer & Eccentric Newspapers, has revamped his Web site. You can obtain more information and links to sites featured in his weekly columns through the online pages at www.pemike.com

and has lots of great historical photos and models of long closed mines and the railroads that served them.

There are so many first-rate Michigan sites that it's impossible in a single column to do anything but whet your appetite to do some searching.

Here are my three absolute favorites:

■ Henry Ford Museum Online (<http://www.hfmv.org/>). This Dearborn world class museum has an online site that is very interactive. Photos and information let you plan your next visit or take a "virtual tour" of both the museum and adjacent Greenfield Village.

■ The Detroit Institute of Arts (<http://www.dia.org/>) You may not be aware of it, but the DIA is the fifth-largest fine arts museum in the United States, with holdings of over 60,000 works. The institute's Web site not only lists exhibitions but offers amazingly detailed descriptions and photographs of many of them. It's almost as good as an actual visit.

■ Isle Royale National Park (http://www.nyx.net/~sjhoward/Isle_Royale/). This is an unofficial and noncommercial site devoted to this pristine Michigan wilderness. There's so much here, from pictures of wolves and moose to

history and hiking guides, that you'll easily spend an entire night scrolling away.

Mike Wendland covers the Internet for NBC-TV Newschannel stations. His radio show airs Saturday and Sunday afternoons from 4-6 p.m. on TalkRadio 1270, WXYT and he is the owner of Awesome Pages, a web development company (248-852-1930)

BUSINESS CALENDAR

Business-related calendar items are welcome from the Observer area and should be sent to Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Our fax number is (313) 691-7279.

Church of Livonia (8820 Wayne Road and Joy). Call Jim Willey (734) 464-0451.

TUE, MARCH 10

ASQ BUSINESS MEETING
The greater Detroit section of American Society for Quality will meet at the Sterling Inn (Sterling Heights) to discuss "ISO Solutions." Dinner will precede the main speakers. To make a reservation fax request (248) 352-2142.

WED, MARCH 11

BUSINESS NETWORK INT'L
BNI will meet regularly from 7-8:30 a.m. at the Laurel Park Chapter, Richards Restaurant on Plymouth Road & Newburgh. For more information call BNI at (734) 397-9939.

TUE, MARCH 17

CAREER WOMEN MEETING
The Nat'l Association of Career Women West Suburban Chapter will meet from 11:45 a.m. to 1:30 p.m. at Ernesto's Restaurant in Plymouth (41661 Plymouth Road). The guest speaker for March is Julie VanAmejde, IDS who will explore several hiring issues and the legality of background investigations. For information call Judie, (313) 453-7272 Ext. 223.

MON, MARCH 2

SUBURBAN WEST
The Suburban West organization will meet at 6 p.m. for a social hour with dinner at 6:30 p.m. followed by Cheryl Hagen of Cleary College presenting "Women in a Whirlpool." Meet at the Holiday Inn Livonia, N. Laurel Park (1-275 and 6 Mile). For details call Eunice Taylor (313) 254-9617.

MARCH 4,6

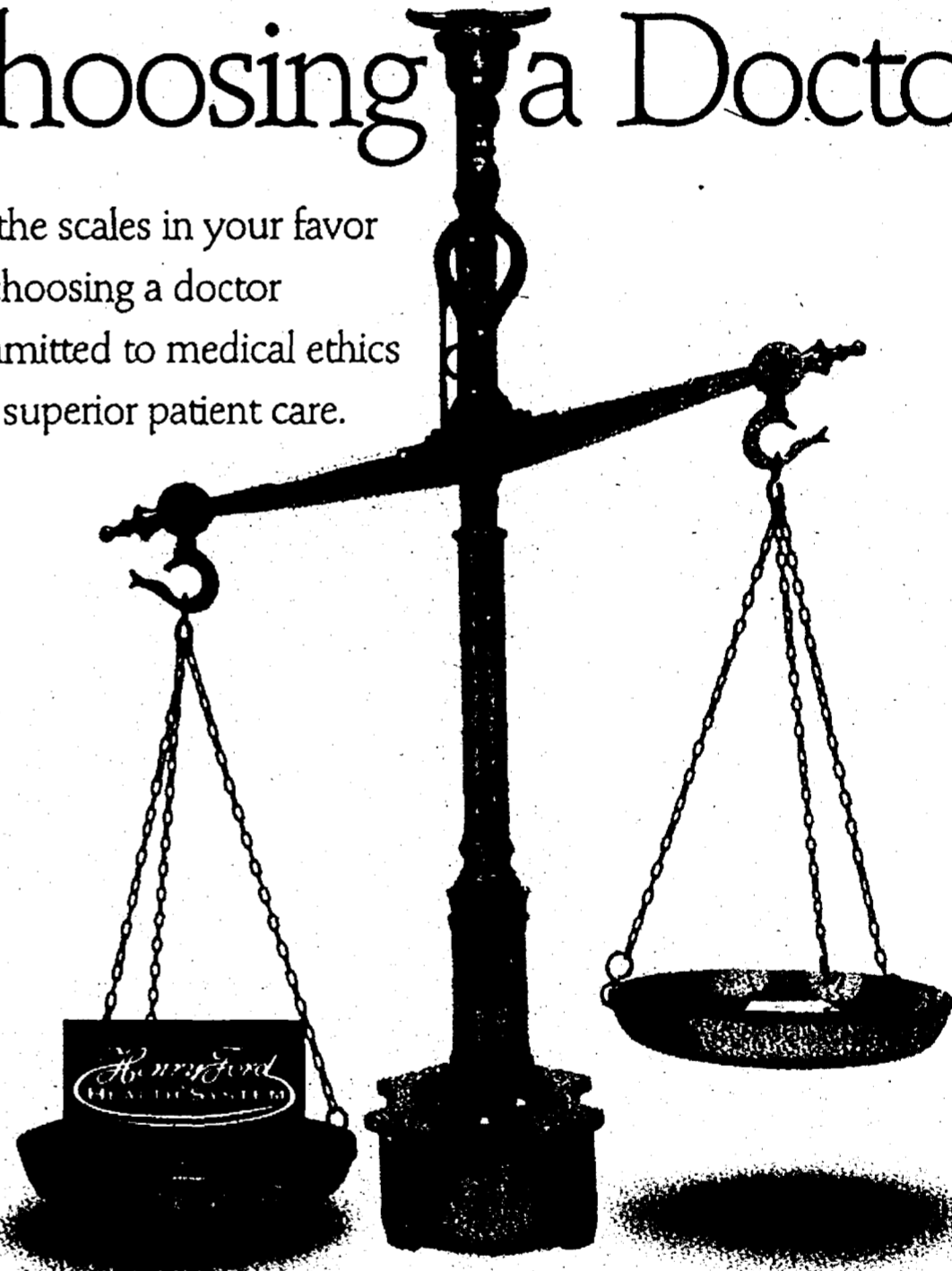
BUSINESS NETWORK INT'L
BNI will meet regularly from 7-8:30 a.m. at the Laurel Park Chapter, Richards Restaurant on Plymouth Road & Newburgh. The Livonia chapter will meet at 7-8:30 a.m. at the Livonia Chapter, Senate Koney Island, on Plymouth Road near Stark. For more information call BNI at (734) 397-9939.

SUN, MARCH 8

LEAVING A LEGACY
Passing on your legacy and why protecting your estate is so important will be presented by AAL Branch of Livonia at 11:30 a.m. at Timothy Lutheran

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To find a Henry Ford Health System Physician call: 1-800-653-6568.

For information on your AMA physician including hours, locations, credentials and insurance accepted, visit the AMA Homepage at <http://www.ama-assn.org>

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For a copy of any of the following, mail to: HF Medical Group, 1 Ford Place 8B, Detroit, MI 48202 or FAX to 313-874-4030 or e-mail to www.henryfordhealth.org/feedback.html.

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 Map of Henry Ford Health System Locations
 Medical Minute Health Information Newsletter

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ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Seniors graduate from classroom to workplace

Tanya Proctor won't graduate from Madonna University until May, but already the Farmington Hills resident is student teaching and enjoying every minute of it. She is one of four graduating seniors exhibiting their art works in a show produced by the university's art department. Two of the four seniors student teach in schools in Redford and West Bloomfield. A third, Brandi Parenti of Westland, who graduated in December, works full time as a graphic designer for Ideal Steel in Hamburg. The fourth student in the exhibit, Carole Bateman-Sheposh, a former Westland resident now living in California, plans to pursue a master's degree in art therapy.

Exhibit

The Graduating Seniors Exhibit illustrates the success of the art department's program at Madonna University. The first part of the show features mostly fine art with a smattering of commercial advertisements, brochures and logos.

"It's our way of celebrating what the students have done," said art professor Doug Semivan. "What I'm particularly proud of is that they each found their own voice. Some artists work before developing their style."

Graduating Seniors Art Exhibition

What: Madonna University's arts department presents part one of a display featuring Deborah Levesque, Brandi Parenti, Tanya Proctor, and Carol Bateman-Sheposh.

When: Through Tuesday, March 17. Hours are 8 a.m. to 10:30 p.m. Monday to Thursday; until 7 p.m. Friday; 9 a.m. to 5:30 p.m. Saturday; and 1-5 p.m. Sunday. For more information, call (734) 432-5711.

Where: The Exhibit Gallery on the second floor of the Library Wing, 36600 Schoolcraft, (I-96) at Levan, Livonia.

relief print, photography, computer drawing and sculpture are among the works displayed in this year's show.

"I'm especially proud of the work they've done in printmaking," said Semivan, a Royal Oak artist with an etching in the collection of the Detroit Institute of Arts. "It shows the quality of the program. They understand the professionalism that if a purchase is made it has to be museum quality."

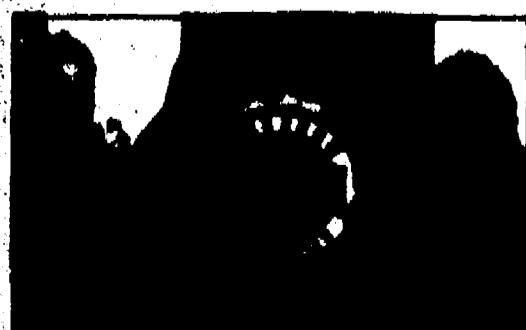
On the road to success

Three of the exhibiting students are well on their way to a career in the arts thanks to their training at Madonna University.

Proctor, a graduate of North Farmington High School, has wanted to be a teacher ever since her elementary school days. She now student teaches at Doherty Elementary in West Bloomfield. An alabaster sculpture of a frog, large ceramic vessel and a black and white lithograph of a jazz musician are three of the works she's exhibiting in the show.

"I love the sparkle in their eyes when they get what it is I'm saying,"

Please see EXPRESSIONS, C2



Finally Tanya Proctor (left), Brandi Parenti and Deborah Levesque display their work in the Graduating Seniors Exhibit at Madonna University.



Women of color: Dora Gonzales-Baggett painted "La Senora," one of two oils she exhibits in "SheBeMe." (Below) Yvonne P. Lamar displays this photo collage in "SheBeMe," a touring exhibition of art works by women of African American, Asian American, Hispanic American, and Native American ancestry.

BY LINDA ANN CHOMIN
STAFF WRITER

"A good painting is something people feel, not just a cute little landscape, and that's what I strive for," said Dora Gonzales-Baggett.

Gonzales-Baggett, a Hispanic artist, is one of 20 artists showing soul-wrenching work in "She Be Me," a touring exhibition by women artists of African American, Asian American, Hispanic American and Native American ancestry.

If you're looking for an evening that provides more than entertainment, circle Saturday, March 28, on your calendar. That's when Canton Project Arts has scheduled two thought-provoking arts events - a performance by Empattheatre, an Ann Arbor-based theater troupe, and the visual art exhibition, "She Be Me." Both probe deeply into our lives.

An opening reception for the exhibit precedes Empattheatre's performance, the first program in a Spring Theater Series presented by Canton Project Arts with the Canton Observer's support.

"It's a great evening for the arts," said Kathleen Salla, who's coordinating volunteers for the events, "and a great way to be part of different aspects of the arts."

Some of the imagery in "She Be Me" may present a picture most would rather not confront. Empattheatre, an improvisational group, offers a somewhat lighter platter of food for thought with performers dramatizing situations supplied by the audience.

Mike Ager, Canton Township's resource development manager and township liaison to Canton Project Arts, related to Empattheatre the first time he and his family saw them perform at the Ann Arbor Public Library. He thought the improvisational troupe would provide a nice

Arts events explore societal values

change of pace from Broadway-inspired programs that Canton Project Arts has presented the past few winters. The audience will be treated to an informal evening of drama and humor drawn together by eight performers.

"It's a fun kind of theater experience," said Ager. "They cater to the audience whether it's children or adults. When I saw them, the audience was asked to write situations down. Someone put down they were parents experiencing the Beanie Baby craze. So Empattheatre acted out that they were out of Beanie Babies at the local fast food restaurant and kids were harassing their parents as they were standing in line."

Please see VALUES, C2

"She Be Me"

What: A touring fine arts and fine crafts exhibition featuring women artists of African American, Asian American, Hispanic American, and Native American ancestry. Sponsored by the Arts League of Michigan, the show includes painting, sculpture, ceramics, photography, fused glass and collage.

When: March 29 to April 2. Opening artist's reception begins 6 p.m. Saturday, March 28, followed by opening ceremony at 7 p.m. The public is invited. Admission is free. Regular hours are 9 a.m. to 5 p.m. March 29 to April 2. For more information, call the Arts League of Michigan at (313) 577-1371.

Where: Summit on the Park, (banquet center grand hall), 46000 Summit Parkway, (west off of Canton Center Road, south of Cherry Hill), Canton.

Empatheatre

What: Canton Project Arts spotlights Empattheatre, an improvisational theater troupe from Ann Arbor, in the first of a two-part Spring Theater Series.

When: 8 p.m. Saturday, March 28. Where: Summit on the Park. For more information, call (734) 397-8450. Cost: Tickets are \$10 and available at the Summit on the Park and Arnold Williams Music in Canton. Seating is limited to the first 150 people.



EXHIBIT

Michigan Fine Arts Competition reflects 1990s sensibilities

BY FRANK PROVENZANO
STAFF WRITER

Naturally, when looking at the finalists in the Michigan Fine Arts Competition, a question comes to mind: Are there any traits that distinguish artists from the Great Lakes state from those who hang out in Los Angeles or New York?

Or for that matter, from artists in Peoria?

And, of course, it's only natural to wonder if any significant art is being created by Michigan artists?

Nearly 50 years ago, a young New York artist named Larry Rivers faced a similar predicament, except he was looking out at a post-war America slumbering in a cultural orthodoxy.

In 1953 at the height of the Cold War, Rivers' painting of the blurry-eyed "father of our country," George Washington, crossing (Or was he retreating?) the Delaware challenged the mainstream attitudes of "patriotic." Until then, few other artists had so directly

confronted the status quo. So, upon hearing that Rivers was the juror of the 17th annual Michigan Fine Arts Competition, there was an expectation of controversy. Or at least, a hint of rebelliousness.

Ironically, it might be those abstract questions about the role of art that prove to be more provocative than the 80 entrants in this year's show at the Birmingham Bloomfield Art Association.

Something for everyone

By its nature, the competition isn't a preconceived exhibit organized around a theme. For the most part, the show reflects Rivers sensibility, which is clearly, a little of everything.

Typically, statewide art competitions are uneven and diverse. The Michigan Fine Arts Competition is no exception.

The temptation is to look for common, distinguishing traits among Michigan artists. That, however, is missing the point.

What: 17th Annual Michigan Fine Arts Competition

When: Through Friday, March 27

Where: Birmingham Bloomfield Art Association, 1516 S. Cranbrook Road, Birmingham; (248) 644-0866

Hours: 9 a.m. to 5 p.m. Monday-Saturday

Note: In conjunction with the show, the Robert Kidd Gallery, 107 Townsend, Birmingham, (248) 642-3909, is exhibiting, "The Master's Eye," paintings and drawings by Larry Rivers, juror of the Michigan Fine Arts Competition.

The artists are as diverse as the work. Students, academics, professionals and self-taught artists are all represented. Any semblance of a common aesthetic is mere coincidence.

Years ago, a statewide arts competition might have depictions of light-houses, paintings of the sylvan north, bears, wolverines, lumberjacks or images of massive freighters, steaming

Please see FINE ARTS, C2

Daughter of the Regiment

What: Comic opera by Gaetano Donizetti, sung in French with English surtitles. Where: University of Michigan's Power Center, 121 Fletcher St., Ann Arbor. When: 8 p.m. Thursday-Saturday, March 12-14. Special 75-minute family performance, 2 p.m. Saturday, March 14. Tickets: \$22-\$44. Call (734) 764-2538. On the web, www.ums.org. Where: Macomb Center for the Performing Arts, Clinton Township. When: 7 p.m. Sunday, March 15. Tickets: \$29-\$32. Call (810) 286-2222. On the web, MACOMB.CENTER@MACOMB.CC.MI.US. Where: Wharton Center, Michigan State University Campus, East Lansing. When: 7:30 p.m. Tuesday, March 17. Tickets: \$28-\$40. Call 1-(800)-WHARTON. On the web, www.msu.edu

Opera 'Regiment' suits singer

BY HUGH GALLAGHER
STAFF WRITER

This was Wednesday, so it must be Lawrence, Kan.

For the national touring company of the New York City Opera, keeping up with the changing venues can be a problem on their 16-week trek through 28 states and Canada to present Gaetano Donizetti's "The Daughter of the Regiment." The company opens for a three-day stay at the University of Michigan's Power Center Thursday and will also perform at the Macomb Center and Wharton Auditorium at Michigan State.

"Sometimes you get 'bushead,' because you get to the point where you say, 'What town are we in,'" said singer David Ward, by phone from Lawrence. "It's not unusual to go into a store and ask the clerk what town you're in and they look at you funny. But this is an amiable cast, maybe because it's a comedy."

The New York City Opera began its "bus and truck" tours across North America in 1979 with a two-fold mission: to take top-quality opera performances across country and to provide talented young artists with valuable performing experience.

This year the emphasis is on light and playful in a slightly updated staging of Donizetti's opera. The opera will be sung in French with English surtitles. "It's very interesting, when the curtain goes up you see a small village and it's charming," said Ward, who is one of two singers alternating in the bass role of Sgt. Sulpice. "Then the chorus comes out and it's three times the size of the village. The village becomes furniture for the chorus."

The production also features a real electric car on stage.

"The Daughter of the Regiment" is still a period piece, Ward said, with the soldiers more French Foreign Legion than Napoleonic. Marie is a spirited young woman who was found as an infant on a battle field and raised by the regiment. She falls in love with a



Regimental salute: Robin Blich Wiper is one of four sopranos who will alternate in title role of Marie, "The Daughter of the Regiment."

Please see REGIMENT, C2



Winning touch: The charcoal drawing, "Oryx," by Laurie Ann Bouley of Bloomfield Hills.

Malls & Mainstreets

The Observer

Page 4, Section C

Susan DeMaggio, Editor 248-901-2567

on the web: <http://observer-eccentric.com>

Sunday, March 8, 1998

Say bye-bye to your beauty blues

This month, I have decided to collect your letters and answer the most frequently asked questions about beauty, skin care, and all of the things that make life worth living. Here goes:

1.) As I get older, I find that my complexion color is changing. Where it was all mono-colored, I seem to now appear "blotchy." What can I do?

You must remember that as you age, so does your skin tone. The majority of women appear paler with more yellow in the skin. Make sure that you use foundation/creme rouge/blusher colors that have a "blue" base to them as opposed to a "yellow" base. Think more "sun-burned" than "suntanned." Also, there is an old adage that the older you get the lighter the hair should become UNTRUE! There must always be a contrast between the complexion color and your hair color. Always try to have your hair darker than your skin-tone or you will look terribly washed out.

2.) What can I do about the bags under my eyes and the creepiness above the eyes?

This is certainly the most common question asked in my 35 years as a makeup artist, and I have always answered it the same way. For undereye bags/circles: be sure to apply your makeup base ON the bags. Then take your concealer and apply it just in the line of demarcation (the orbit) NOT on the bags themselves. This was you will eradicate the division line and your circles will disappear. DO NOT put the concealer on under your foundation. It will swim. As far as the creepiness (I call them hangovers), short of plastic surgery, here's your best bet. Use a white eyeliner (yes I manufacture one). The first rule of art is for every shadow you must have a highlight.

3.) Lines around the mouth! How can I prevent my lipstick from bleeding?

Try this: When you apply your base, be sure to put a bit on your lips. Powder your lips. Use a lip liner, fill in with lipstick and gloss, applied simultaneously (and at the same time!) To your lip brush. DO NOT BLOT YOUR LIPS! That will start the movement of your lipstick up your nose!

Try licking your lips. The saliva (sorry) has a tendency to "set" your lip color. Once you become proficient at your makeup, all will have to carry with you during the day are your lips (compact, lip liner, lipstick and gloss).

4.) How much blusher is too much blusher? I never seem to have enough color in my cheeks.

Remember that blusher is like perfume: YOU may not smell it, but people passing you faint. Trust me, when you apply your blusher in the morning and it looks good to you... that's enough! Ditto on the perfume. If you MUST wear Jungle Gardenia, Youth Dew, or Liz Taylor's latest, a little goes a loooong way!

5.) My eyebrows are disappearing with age. Any suggestions?

Eyebrows can make or break your "look." The rule of eye is less is more. I prefer a thinner brow on my clients, since it "opens the eyes."

How? By giving you more room to work with between the brow and the lash line. If you have a vision problem, try folding the temples of your glasses (the "arms"), hold one lens over one eye, and pluck the opposite eye. That will help.

Remember that your brows should always be a 1/2 shade DARKER than the hair on your head. Always use a brush on brow color to avoid the "quotation mark" look a pencil gives you.

I am beginning my personal appearances all around the Detroit area. My March appointments will be in Ann Arbor, Northville, Rochester, and Royal Oak.

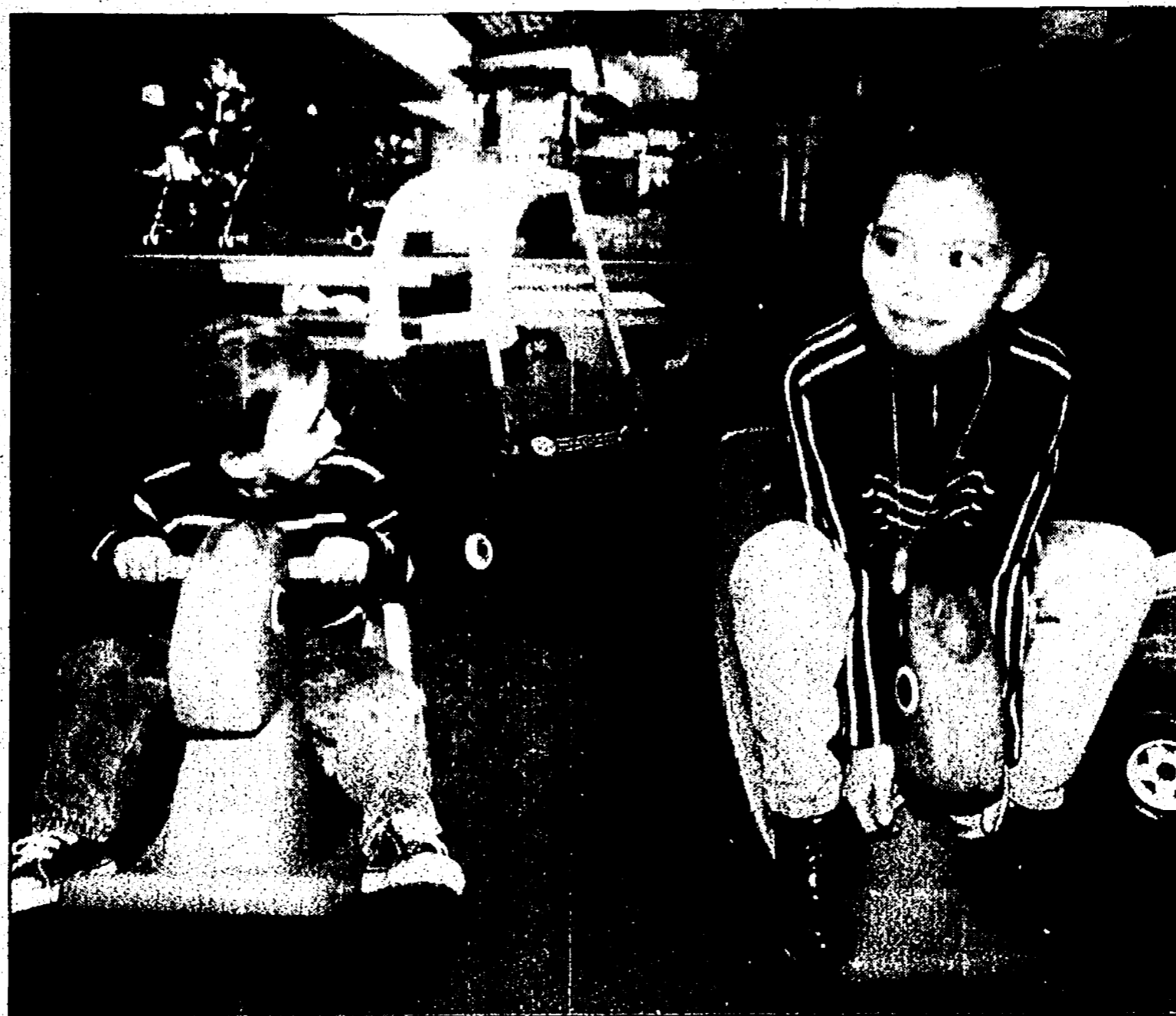
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BEAUTY AND THE BEST



JEFFREY BRUCE

Malls aren't just for shopping anymore!



Play time: Wonderland Mall in Livonia becomes the latest shopping center to add a play-ground to the premises for toddlers. Equipped with Little Tikes toys, the carpeted play pit offers moms a place to take a shopping break and kids the place to make new friends. Themed playcenters are also located at Twelve Oaks, Lakeside and Fairlane malls.

Summit Place ready for future



Summit Place Mall at Elizabeth Lake and Telegraph in Waterford, is close to a deal which would add a movie megaplex and major restaurant to the regional shopping center, making it more appealing to modern families.

BY SUSAN DEMAGGIO
RETAIL EDITOR

Whose afraid of Great Lakes Crossing, the big bad mega outlet mall coming in 14 miles north of them?

Not Summit Place in Waterford. Mall manager Joe Tyree is busy these days, tracking down tenants that offer the merchandise and services his shoppers are seeking, and that includes a multi-screen cinema and a pub-style eatery.

"We're about 90 days away from announcing some major changes at the center," he said. "And it has nothing to do with Great Lakes Crossing opening in November in Auburn Hills. My understanding is that, that center will be more of a tourist destination. At Summit Place, we're a super regional shopping center, the place area residents come to buy their kids shoes, purchase a video, or a pair jeans.

"We're continuing to reposition with a mix of the type of stores you find at Twelve Oaks, Lakeside. We're geared to families. You see lots of double strollers at the center."

Krys Bylund of Star Theatres in Grand Rapids, confirmed that the company was considering Summit Place for a multiplex, but it was looking at other locations as well.

"We're all on the move now," she explained. "AMC and United Artists, are looking for sites, too. It's a good

time to be in the entertainment business."

Within the past year, Summit Place has added to its lineup: Paul Harris (a woman's boutique, fresh out of bankruptcy with clothes for the working woman and the first new store in Michigan) an expanded Victoria's Secret, Lane Bryant, Jarman Shoes, Pacific Sunwear, Corey's Jewel Box, 5-7-9 Shop, Sunglass Hut, Wild Pair, a prototype Imperial Sports (which has seen sales shoot up 70-percent in less than eight months) Java Brew and Bakery, and in the Picnic Food Court, Charlie's Steakery and Motown Chicken.

Special shoppers

Located less than a mile south of the Oakland County offices complex, Summit Place has decided to offer the 2,000 county employees a VIP card which will feature promotions and discounts throughout the year.

The center is also launching a walkers club. "It's about one-and-a-half miles around the center," Tyree said. "And we're already got dozens of people who walk around here each day."

To welcome Spring, an enticing Shop, Save and Win marketing promotion kicks-off at Summit Place in April, where among other perks, shoppers can register to win a \$25,000 family van from Lunghammer.

Summit Place sits in the middle of

2.1 million-square feet of retail over 120 acres owned by a partnership of investors. It is managed by Ramco-Gershenson which also owns and operates Tel-Twelve Mall in Southfield, West Oaks in Novi, and many other properties, nationally. Shoppers to the center will also find Target, Farmer Jack, Mervyns, Best Buy, Circuit City, Media Play, Builder's Square, Pier One Imports, Learning Tree, and a Sam's Club Warehouse, among a dozen more specialty retailers.

Still cocooning

Like many other shopping malls across the country, Summit Place has watched the decline of women's fashion sales, which once drove the industry, replaced by home furnishing and electronic sales.

"Americans put their money into home-cocooning products, these days," Tyree said.

"People want the comfort and convenience of their own homes, so they're buying products that relax, entertain and amuse them at home. They're not buying fashion. Do you know the name of the store that has become the barometer for measuring the success of a shopping center?"

The Gap. When it comes to leasing space in a shopping center, most new retailers want to know, "How does your Gap do?"

Summit Place was built in 1961, then known as "The Pontiac Mall." In 1987, it expanded to add a Hudson's, and Sears. In 1992, Hudson's remodeled and upscaled its Summit Place store and Matt Prentice opened his Sour Dough Bread Co. Restaurant in the Hudson's wing.

Somerset hosts a spring fling

The sights, sounds and smells of spring have arrived at The Somerset Collection in Troy.

After a one-year hiatus, the mall is back in bloom with their home and garden show through April 11.

Sponsored by Torre & Bruglio, GM Card, Air New Zealand, Australia 2000, English Gardens and Observer & Eccentric Newspapers, the show includes a host of special events:

- Elaborate garden displays surrounding the performance stages presented by event contributors: Cebel of Sydney, Christiansen's Plant Center, Post Gardens Greenhouses, Harbour Days, Moonlit Lighting, Planterra Tropical Greenhouses, Ray Wiegand Nurseries, Shemin Nurseries, F&T Hardscape and Unilock.

- Performances of "The World Beyond The Wall," by The Children's Theatre of Michigan, run March 8-April 11 in the North Grand Court. Visits to the Garden Village where Nestor Fairweather, the rabbit, resides for pictures with children, are available March 28-April 11.

- Sale of playhouses to benefit Habitat for Humanity beginning April 1. Information available at the Concierge Desk in Somerset North.

- Informal modeling of spring fashions every Wednesday from noon to 2 p.m. in the Somerset North Grand Court and South Rotunda. (Those attending the informal modeling on Wednesday, April 8, from noon to 1 p.m. in the South Rotunda are invited to don their Sunday-best hats for "Hats Off to Spring." Box lunches are available for \$5 and the person with the most distinctive spring hat will win a \$200 gift certificate.)

- Cabaret Night Series featuring world-class entertainers with performances Thursday nights March 12, March 19 and April 2 at 7 p.m., Somerset North. Among the performers are Kimmie Horn and Randy Scoff.

- Special presentations by local home and garden experts. Saturday, March 21 at 1 p.m., Somerset North, Art and Antique Appraisals by experts from the Frank Boos Gallery, Bloomfield Hills. (Please do not bring coins, stamps, large gemstones and musical instruments.) Reservations are required for this event. Tuesday, March 31 at 1 p.m., Somerset South - Guide to Tree and Shrub Planting. Greg Myers of English Gardens will explain everything there is to know about planting trees and shrubs.

- Tuesday, April 7 at 7 p.m., Somerset North, *The Latest in High-Tech Travel Packs* with experts from Eastern Mountain Sports describing all you will need for traveling with the latest high tech travel packs.

- Special presentations about Australia at Somerset South, reservations are required for these events. Highlights include: Saturday, March 28 at 3 p.m., Somerset South, *Exploring the Gardens of Australia* with Australia 2000 experts. Saturday, April 4 at 3 p.m., Somerset South, *Tahiti, Fuji and Cruises to Australia*.

- Saturday, April 11 at 3 p.m., Somerset South, *The Millennium, Sydney 2000 Olympic Games and The America's Cup in Australia*.

Reservations are required for many events. Please call the event hotline at (248) 816-5484. Admittance is free.

For a complete schedule of shows and lectures, stop by the mall where kiosks are stocked with special "Journals of Events."

News of special events for shoppers is included in this calendar. Send information to: *Malls & Mainstreets*, c/o *The Observer & Eccentric Newspapers*, 805 East Maple, Birmingham, MI 48009; or fax (248) 644-1314. Deadline: Wednesday 5 p.m. for publication on Sunday.

Sunday, March 8

Puppet show

Performed daily at 7 p.m. Saturdays 11, 1 and 3 p.m. Sunday at 1 and 3 p.m.

Meadow Brook Village Mall.

Adams/Walton, Rochester Hills.
(248) 375-9451.

Health expo

Sponsored by the American Heart Association, noon to 4 p.m. Registered dietitians offer personal consultations, body fat analysis, blood pressure screenings, and host a recipe contest with prizes and more.

Tel-Twelve Mall, 12 Mile/Telegraph, Southfield.
(248) 353-4111.

Monday, March 9

Fashion show/dinner

The Michigan Professional Women's Network

ADDED ATTRACTIONS

invites those interested to view a spring fashion show from local boutiques, and enjoy dinner and networking with others at 6 p.m. Reservations required. Tickets \$25.

Birmingham Community House.
380 South Bates.
(248) 548-2587.

Wednesday, March 11

Hard of hearing meet

MedMax hosts meeting of Self Help for Hard of Hearing at 7 p.m. Telecoil devices discussed. No charge, reservations suggested.

35600 Central City Pkwy.
Westland
(313) 595-0194.

Thursday, March 12

Private lingerie fittings

Neiman Marcus presents the Wacoal Silhouette Analyzer in Intimate Apparel on Level Two through

March 13. Appointments for personal fittings will be taken for the event. The digital imaging machine allows women to see how their silhouettes can be transformed with the correctly-sized undergarments. Free.

Somerset Collection South.
Big Beaver/Coolidge, Troy.
(248) 643-3300 ext. 2250 or 2251.

Consignment clothing show

Reruns hostess Linda Janni presents an informal show of career, casual and evening clothes at the Water Club Seafood Grill, noon to 2 p.m. Call for reservations.

39500 E. Ann Arbor at I-275, Plymouth.
(734) 454-0666.

Bullders Show opens

The 80th annual Builders Home & Flower Show hits Cobo Hall through March 15. Admission is \$6.50 for adults, \$4.50 for seniors. Grand entrance features floral archway leading to a garden with 25,000 spring bulbs. Home improvement experts visit. Hundreds of information booths and displays.
(248) 737-4478.

TRAVEL

Beautiful Scotland rolls out the red plaid carpet

BY CORINNE ABATT
SPECIAL WRITER

Flying over northern Scotland on one of the clearest days I can ever recall was like a trip back in time. There were few signs of civilization in those remote northern regions, so it couldn't be much different than it was hundreds of years ago, except for better roads. Who could love such a place with its deeply pierced coastline and rusty-hued, ragged terrain, seemingly torn apart by enormous jagged stone outcroppings?

From the window of our plane, the network of glens, highlands, lochs and firths appeared to be ideal for hiding anything from a small army to a flotilla of ships or a herd of sheep.

"What a foreboding landscape," I said to my friend Peg Merritt of Southfield in the plane seat beside me. We had watched the movie "Braveheart" with Mel Gibson playing the role of Scotland's indomitable defender William Wallace not long before and the bloody battle scenes were still fresh. And while Mel Gibson is certainly a factor in Scotland's growing appeal to tourists, he wasn't a major player in our decision to go there last October.

Peg is a castle and history buff, and I am always looking for something a bit different so the Scottish Highlights & Castle Stay offered through The Community House of Birmingham looked perfect for a fall getaway. Besides, I had never set foot on the British Isles, and I happen to love scones.

Krysta McNaughton of Birmingham, the youngest of our 15-member group by at least three decades, has a specific reason for signing up. Explaining that her ancestry is Scottish on both sides, she said, "I am third generation, but the first to go back to Scotland to visit. I'm going to buy a McNaughton clan tartan."

We left by bus from The Community House for Detroit Metro on our eight-day trip. Peg eager to add to her knowledge of monarchs and castle architecture, Krysta on the lookout for her clan plaid and me itching to rub my hands against ancient walls and stumble around the ruins of old cemeteries and churches.

That first impression of foreboding disappeared minutes after we landed in Glasgow. Tourism, the friendly Scottish people quickly let you know, is their biggest industry and even if they didn't in so many slightly burred words, we sensed it immediately in the pleasant welcoming smiles, the ready conversation and offers of help.

On the highway out of Glasgow on the way to our hotel on the grounds of Airth Castle, we stopped at the Cathedral of Glasgow, ostensibly to see something wonderful, in truth to kill time until our rooms were ready. Hardly in the mood for a church stop after about 22 sleepless hours (that's another story), we filed out of the bus like sleepwalkers. In addition to this magnificent Pre-Reformation cathedral completed in the 14th century, this turned out to be a historic complex, with even an art museum, arranged around a broad cobblestone plaza.

At this point, I was most fascinated by the prospect of a cup of coffee at a small outdoor table in



Bonny banks: Krysta McNaughton walks beside Loch Lomond, described by Sir Walter Scott in "Lady of the Lake."

the Zen garden. The wondrous beauty of this historic cathedral (high Presbyterian) brought me back to life. It's now near the top of my "must revisit" list. Just before returning to the bus, several of us peered through the closed, iron gates at the entrance to the cemetery.

A voice behind us said, "See that bridge, it's called the bridge of sighs, the last one of those inside ever cross." I was struck by the beauty of the narrow, old timbered bridge that made a gentle arch over a shallow valley. Along the side, roses were still in full bloom. "See, just beyond the bridge," the voice continued, "that's where the author of 'Wee Willie Winkie' is buried." We turned to greet a pleasant-faced, middle-aged woman who said she was one of the caretakers in the complex, obviously just getting warmed up. "Oh, I have many more stories about this place, I've worked here for more than 30 years," she said with a smile just as our guide signaled it was time to leave.

We have just started unpacking at the inn about half a block down the hill from the castle when the sound of bagpipes drifted in on the pure air of the clean countryside that is slowly being eaten away by subdivisions. Like the children who followed the Pied Piper of Hamelin, bagpipes call to me. I found them in the hands of a couple of kilted musicians playing as a wedding party came down the steps and out on the front lawn of Airth Castle. At least a dozen men, ranging from mid 20s to mid 60s, wore dress kilts.

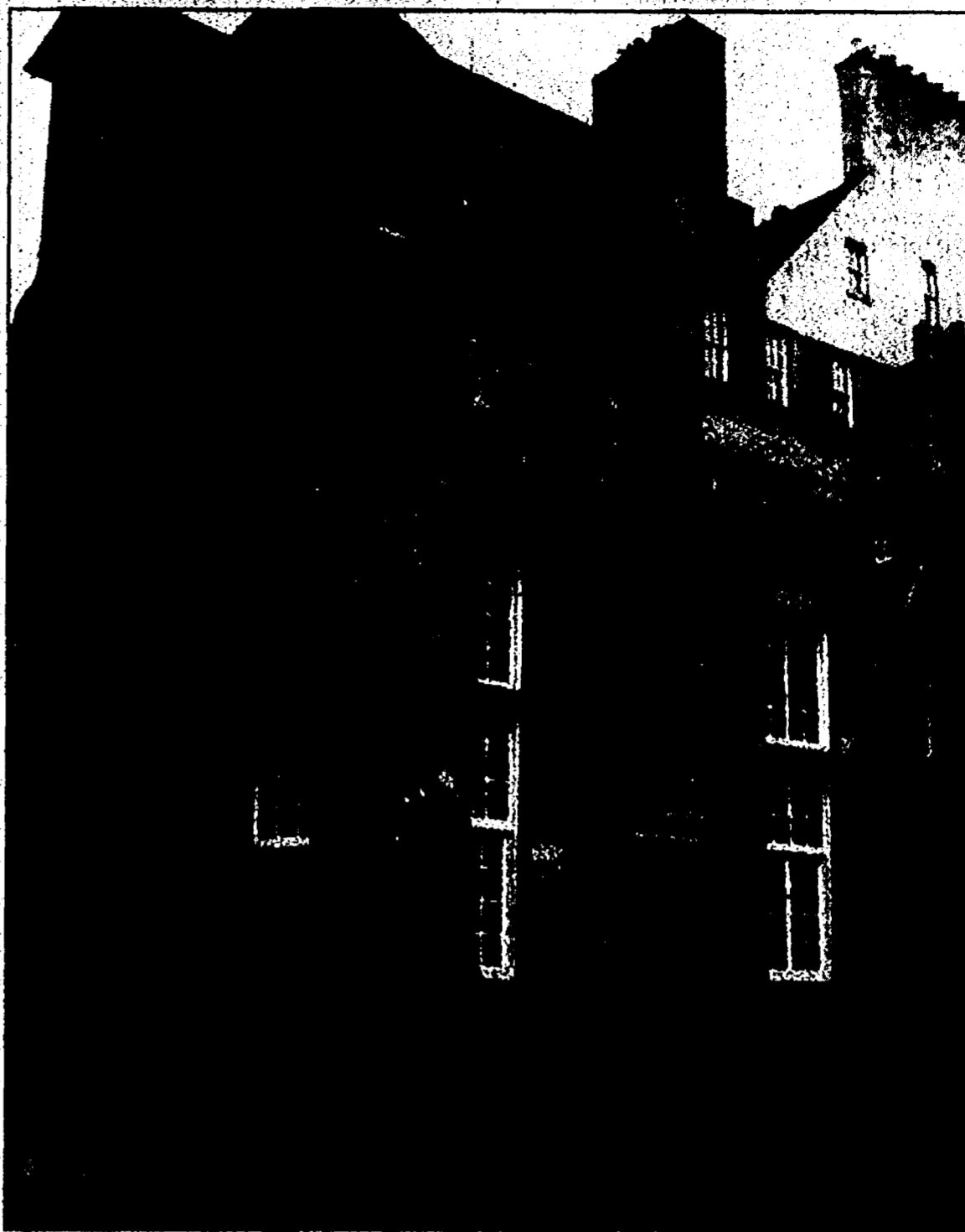
What Krysta may have envisioned as a hunt and search mission turned out to be a piece of cake. As we drove slowly through the town of Pitlochry

after our visit to Stirling Castle, where Mary Queen of Scots was crowned in 1543, we passed a corner store called Macnaughton's. Its attractive windows were filled with tartan fashions. Certainly this was the appropriate place to Krysta to begin her search. Pitlochry is one of those quaint, historic towns you always promise yourself you'll come back to and spend a couple of days just moseying around.

Krysta returned from shopping wearing a victory smile. "The McNaughton fighting tartan comes in modern and ancient colors - the formal or dress plaid and the new or everyday with more muted colors." She bought some of each to share with her relatives. She also found that the variance in spelling of the name doesn't have any meaning beyond personal preference. Krysta also admitted that for a person who only recently became interested in family history, she has quickly developed a strong tie to Scotland. "I love Pitlochry! I didn't want to leave," she said.

After several days of exploring castles - they're almost the equivalent of service stations in the United States - one on every corner, or so it seemed - Edinburgh offered a welcome change. It's a walkers paradise, with an easy to understand street plan and enough historic sites to keep you busy for weeks. The famous Royal Mile, the oldest section of town, starts at Edinburgh Castle, a magnificent structure in the process of restoration, that dominates the city's skyline. Tiny shops offering wonderful woolsens are tucked in among charming restaurants, coffee houses and small museums.

Along the way there are comfortable benches for people



Literary site: The Writers' Museum on Edinburgh's Royal Mile is in the former home of Lady Stair built in 1622.

watchers. Between many of the old buildings is a pedestrian walkway called a close, which leads to residences, commercial buildings or sometimes a museum. Taking the close that led to Lady Stair's home, built in 1622, turned into an adventure. The fine old building is now the home of The Writer's Museum. All of the items in this beautifully restored residence relate to three of Scotland's most revered writers - Robert Burns, Robert Louis Stevenson and Sir Walter Scott. Peg, a retired commercial artist, was delighted with this quiet place. "Of all the things I saw, I think I liked Lady Stair's house best because it was built in 1622. It fascinated me. Stirling Castle was great, too. You can't help but be stirred by the story of William Wallace."

On the way home, Kay and Dan Kingsbury of Bloomfield Township found they had some particular impressions of Scotland. "I was impressed by the cleanliness," she said. "No billboards, no litter. It looked like a prosperous country. I was surprised to learn tourism is their

chief industry. And I felt safe there. I liked Holyrood Castle. That was fun to see because it's the place where Queen Elizabeth stays when she comes to Scot-

land." Corinne Abatt is a former Observer & Eccentric editor, freelance writer and resident of Beverly Hills.

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AAA TRAVEL

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*No purchase necessary. Some restrictions may apply. Must be 18 years of age to enter.

Sports & Recreation

The Observer

INSIDE:
College sports, D4
Recreation, D6

L/W Page 1, Section D

Brad Emmons, Editor 734-953-2123

on the web, http://observer-eccentric.com

Sunday, March 8, 1998

OBSERVER SPORTS SCENE

Collegiate notes

•Michigan State University freshman Paul Terek (Livonia Franklin) placed fifth in the pole vault competition and the heptathlon during last weekend's Big Ten Championships in West Lafayette, Ind.

Terek racked up a total of 4,954 points during the two-day event.

•Jonathan Carlson, a 1995 Livonia Churchill graduate, swam his best times ever at the Big Ten Championships in Minneapolis.

The Indiana University swimmer failed to place but recorded three personal best times for the fifth-place Hoosiers.

Carlson, a business major, recorded a 4:45.96 in the 500 freestyle, 1:41.09 in the 200 freestyle and 47.42 in the 100 freestyle, all personal bests.

He was also a member of the 800 freestyle relay team, which took eighth in a time of 6:43.24.

•A pair of former local basketball stars now playing for University of Michigan-Dearborn's men's basketball team were recently were named to the NAIA Great Lakes All-Region Team.

Tom Laco (Redford Catholic Central) and Rudy Hatfield (Livonia Churchill) both received the honor after helping lead the Wolves to the Great Lakes Independent Conference playoffs.

Laco, a senior guard, was the Wolves captain and was the recipient of the 1996-97 UM-D Athletic Leadership Award.

Hatfield, a junior forward, is a transfer from Schoolcraft Community College.

Youth soccer champions

The Livonia Y Meteors, an under-16 boys soccer team coached by Edd Broderick and Gary Bewersdorf, recently captured the league championship at Total Soccer in Wixom.

Members of the Meteors include: Lorik Abdoullaj, Keith Bonnell, Ross Bohler, Nick Bork, David Dordeski, Allen Deloy, Dan Drake, Kevin Kinnelly, Ryan Kracht, Paul Karolak, Kevin Kurpinski, Danny Lipon, Mike Ppich, Justin Smoes, Adam Vincintni and Aaron Vlk.

Fastpitch softball clinic

Livonia Ladywood will be hosting a fast pitch softball hitting and field clinic on Sunday, March 15. The clinic will be held from noon to 5 p.m.

The clinic will include hitting and bunting, a variety of different training methods and workouts, proper fielding and throwing techniques, and lunch.

The clinic, which is \$40 per student, is open to all girls in the fourth through eighth grades. Parents and coaches can attend at no charge.

The clinic will be limited to the first 50 athletes that register. For more information, call 734-591-2323.

WYAA registration

The Westland Youth Athletic Association has begun taking registrations for summer T-ball, baseball and softball leagues.

A variety of leagues will be available for baseball, including: T-ball for youth ages 4-6 (\$30); Coach-Pitch for ages 7-8 (\$80); Mustang for ages 9-10 (\$40); Bronco for ages 11-12 (\$90); Pony for ages 13-14 (\$65); and Colt for ages 15-16 (\$65).

Girls can participate in Shetland softball (ages 8-11 for \$40), Filly league (ages 12-14 for \$90) or Appaloosa league (ages 15-16 for \$65).

Registration will take place from March 4 through April 4 at 6050 Farmington Road. Dates for registration are 8-10 p.m. each Wednesday and noon-2 p.m. each Saturday.

For more information, call 313-421-0640.

Wayne softball signup

The city of Wayne is accepting registrations for men's women's and co-ed softball teams from 8:30 a.m. to 10 p.m. daily at the Wayne Community Center, 4635 Howe Road.

The divisions and evenings are as follows: Monday - Women's League; Tuesday - Men's C/D League; Wednesday - Co-ed League and Men's Over 40; Thursday - Men's C/D League; Friday - Men's D/E League and Men's Over 40.

There are no residency requirements.

Team cost is \$395 and includes 14 to 16 games, one umpire per game, an official scorekeeper, all-star game, playoffs and awards.

For more information, call Keith Alexander at (313) 721-7400.

Western Lakes title eludes Glenn

Salem pulls out 65-64 win

BY BRAD EMONS
STAFF WRITER

March Madness officially begins tomorrow, but Friday's Western Lakes Activities Association playoff championship game at Livonia Churchill proved to be more than a precursor.

In a game showcasing the top two teams in the WLAA, Plymouth Salem avenged its only loss during the league season with a heartstopping 65-64 triumph over Westland John Glenn.

Matt Mair's short banker with 5.8 seconds remaining proved to be the difference.

Salem enters Class A state tournament play at Novi with a 17-3 record, while Glenn, which had its five-game winning streak snapped, moves on to the Belleville district with a 13-7 mark.

"It was a classic championship game," said Salem coach Bob Brodie, who tasted his first WLAA playoff title win since 1992 (when Eastern Michigan's James Head was a sophomore).

"The greatest satisfaction I get from this is that a lot of these guys have been playing on the varsity for three years and they accomplished all the goals we set out for the regular season - we won the Christmas tournament (at Grosse Ile), won our division (Lakes), won the top seed and this.

"I feel good for these kids." And the Rocks did it during the final minute and 38 seconds without their inspirational leader and floor leader, senior point-guard Andy Power, who severely turned his ankle on a drive to the basket.

"I landed on (teammate Jeff) McKian's foot and the pain is shooting all over," said Power, who led the Rocks with 11 points. "I'm real proud of them, Glenn got us the last time and we wanted to come out and get back our respect.

"It's really doesn't matter if I'm in or out because this is a team of interchangeable parts."

Salem offset the sterling play of Glenn sophomore point-guard Eric Jones, who scored a game-high 26 points.

"What it came down to was the fact that they've got kids who are a little older who can provide some senior leadership, while we really only have two kids - Eric and Reggie (Spearman), who have played in this kind of

BOYS BASKETBALL

game before the big crowd," Glenn coach Mike Schuette said. "But I'm proud of the way they played this game and the way they played the whole season."

It was close throughout the first three quarters.

Glenn led 21-19 after one period, but Salem pulled even at 32-32 at intermission on a pair of Power free throws with 50.8 seconds left.

The Rocks forged ahead 48-45 after three quarters thanks to a Tony Bernhardt triple with 45 seconds to go in the period.

Salem, getting a pair of threes from Aaron Rypkowski and another from Power, increased that three-point advantage to eight, 57-49, with 5:46 remaining in regulation.

But Glenn refused to fold, knotting the count at 59-59 on Stephen Lawson's short baseline jumper.

Glenn actually took the lead, 61-59, on a drive by Jones, but Bernhardt responded with a short baseline shot with just 52 seconds to play.

With just 23 seconds to play, McKian snuck through for a reverse layup for a 63-61 Salem lead.

Lawson, who finished with 12 points, was fouled at the 19-second mark. He made the first, but missed the second. Teammate Ty Haygood (10 points) snared the miss and banked it home inside the lane to put Glenn back on top just three seconds later, 64-63.

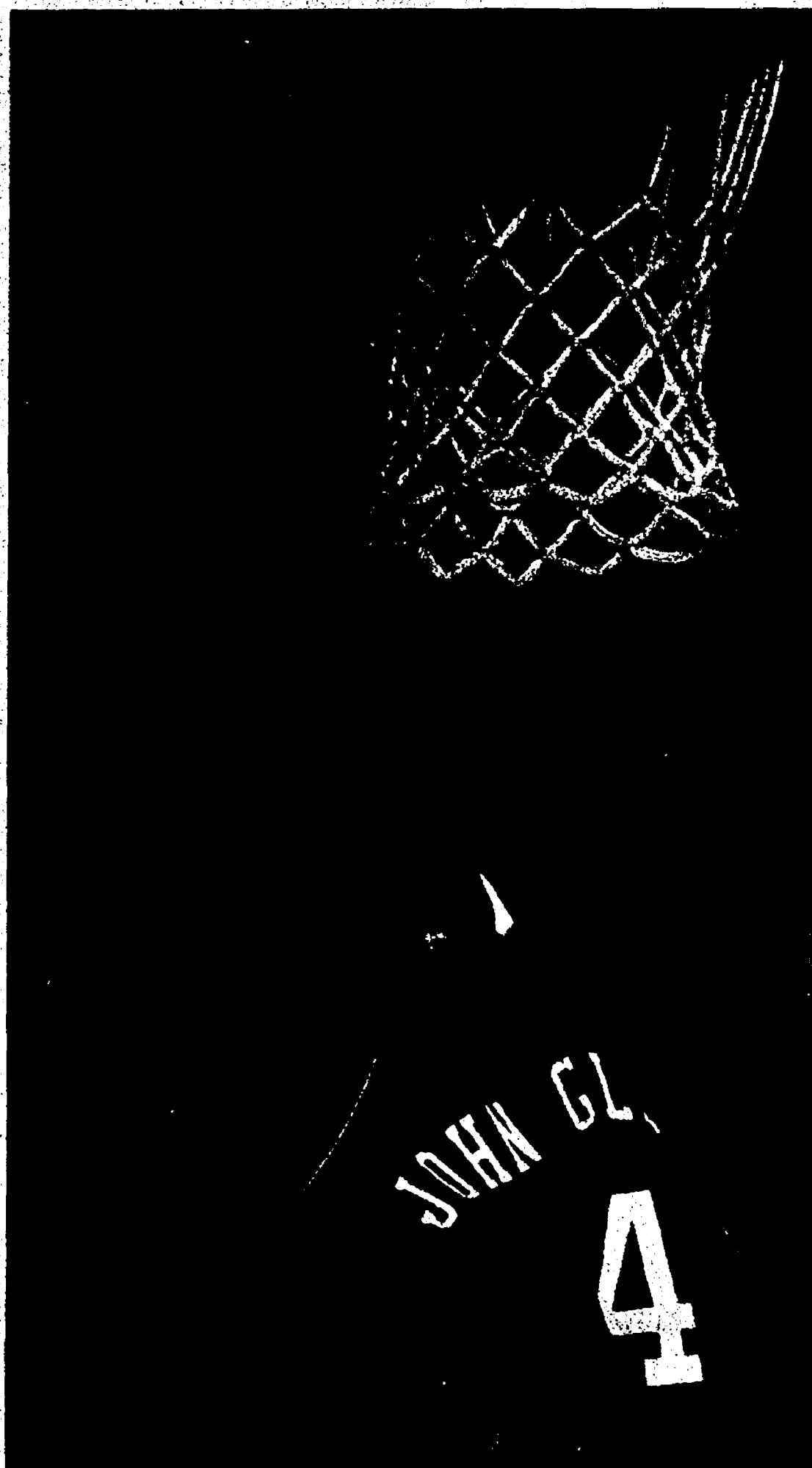
Salem then crisply moved the ball down the floor, setting the stage for Mair's heroics.

The 5-foot-11 senior was fouled on the play, but missed his free throw. Teammate Bhavin Patel (10 points) battled two Glenn players for the rebound as the ball squirted out of bounds with the Rocks retaining possession.

Bernhardt was then fouled with 0.09 left. He also missed his free throw attempt, but it didn't matter, because Glenn ran out of time and miracles.

Salem, which had eight different players score, held the edge in field goal shooting, connecting on 27 of 56 (48.2 percent). Glenn was 23 of 58 for 39.6 percent.

Please see WLAA FINAL, D2



STAFF PHOTO BY BILL BRISLER

Slam Jam: Westland John Glenn' Stephen Lawson goes for the dunk during first-half action in Friday's WLAA title game.

EMU signs All-Area player George

It's been a good week for the Eastern Michigan University athletic program.

On Wednesday, the Hurons won the MAC tournament to earn a birth in the NCAA basketball championship tournament.

Earlier in the week, they received the word that Livonia Churchill's Dave George would be playing soccer there next fall.



Dave George EMU signee

SOCCER

George, who was named to the first team All-Observer squad the past two seasons, selected Eastern over Oakland University, Western Michigan University and the University of Wisconsin.

"I thought Eastern provided the best situation for me," George said. "They have a good team with a lot of young talented players and I like the direction they're heading.

"I also wanted to pick a school that

was in state to stay close to my family."

George, who made his mark in the Western Lakes Activities Association as one of the league's top defensemen, has played sweeper for the Chargers the past two seasons.

According to George, he may play defense or challenge for an open spot as the outside midfielder.

"The coach has told me the spot is open and he's looking for me to come in, play well and challenge for that spot," George said. "I'm looking forward to it."

Another reason why George selected

Eastern is that he will be joining several former Livonia area players, along with some of his current club teammates.

George is currently practicing with his club team, the Birmingham Blazers, which finished fourth nationally last year. The Blazers, who begin their season in late March, should contend for the national title this season, according to George.

For now, George isn't exactly dreaming about his days as an Eagle.

"I'm just trying to enjoy my final semester in high school," he said.

Tournament time

District spikers: On this play, Livonia Ladywood's (from left) Sarah Poglits and Leslie Orzech put the block on Livonia Franklin hitter Andrea Kmet as the state girls volleyball tournament opened Friday night with Class A district action. Host Ladywood defeated Livonia Franklin in the championship match to advance to Saturday's regional semifinals at Plymouth Salem. Franklin reached the final with a surprising victory over Western Lakes Activities Association runner-up Livonia Stevenson. See story on page D3. Other district results will appear in Thursday's Observer.



STAFF PHOTO BY SHANNON LAWRENCE

Road unkind for Plymouth hockey team

The road is always a treacherous place in the Ontario Hockey League. But the Plymouth Whalers found a way to multiply that danger.

First, play three road games in three days. Next, play the last two against the hottest team in the OHL.

The result: One win, two losses, and a bigger gap between your own team's second-place standing and the team occupying first place in your division.

Going into last weekend's action, the Whalers had been on a bit of a streak of their own, with a 5-1-1 record in their previous seven games.

But the Erie Otters had been even hotter, collecting 12 wins and two ties in their previous 14 games. With two victories over the Whalers, the Otters have closed to within three points of Plymouth (74 for the Whalers, 71 for Erie), although Plymouth has played two fewer games. London continues to lead the OHL's West Division with a 37-20-4 record (78 points).

The weekend road trip started out well enough for Plymouth. At Oshawa Friday, three third-period goals allowed the Whalers to upend the host Generals 4-2.

Andrew Taylor accounted for two of Plymouth's goals, the first tying the game at 1-1 in the second period and the second pushing the Whalers' lead to 3-1 midway through the final period.

The Generals managed to narrow the margin to 3-2 with nearly five minutes remaining, but an empty-net goal by David Legwand — he also had two assists in the game — in the game's final minute clinched the victory for Plymouth.

For Legwand, the goal was his 50th of the season. He is tied for second in the OHL in goals scored.

Harold Druken scored the eventual game-winner for Plymouth early in the final period. Druken also had an assist.

Robert Esche made 26 saves in the net for the Whalers.

At Erie on Saturday, Plymouth battled back from a 4-0 deficit after two periods, narrowing the gap to 4-2 on goals by Jesse Boulerice and Legwand in the first two minutes of the final period.

But the Whalers could draw no closer. The Otters answered with four consecutive scores to complete an 8-2 rout. Robert Holsinger made 27 saves in goal for Plymouth.

On Sunday, the Whalers led 3-1 early in the last period at Erie, thanks to two goals by Druken and another by Pat Parthenais. But the Otters again had an answer, pushing across four goals in the third period to escape with a 5-3 victory.

Legwand contributed two assists to the Plymouth offense, and Esche made 28 stops in goal.

•WHALERS 3, SARNIA 1: The Whalers offense woke up in the third period Tuesday as they scored three straight goals to send the Sarnia Sting home with the loss.

After a scoreless first period, the Sting took a 1-0 lead on a goal by Jeff Heerema.

The Whalers got on the board at 8:34 of the third period when Andrew Taylor scored a power-play goal. The goal was assisted by David Legwand and Harold Druken.

With just under six minutes remaining, Plymouth took the lead for good when Eric Gooldy scored off a play setup by Steve Wasylo. Gooldy was named the game's first star.

The Whalers got an insurance goal at the 16:19 mark, provided by Jesse Boulerice. Wasylo and goalkeeper Robert Esche recorded assists.

The Whalers outshot Sarnia 38-21.

Blazers advance

Ladywood turns back surprising Franklin

BY NEAL ZIPSER
STAFF WRITER

VOLLEYBALL

Being the only junior on Livonia Ladywood's talented senior-laden volleyball team may make Jenny Young feel like her last name.

But Young proved she fits right in with her older teammates as she led the Blazers to their fifth straight district title Friday at Ladywood.

Young recorded 10 kills and six aces as the Blazers defeated a resilient Livonia Franklin team, 15-13, 15-2.

With her heroics, Young made sure her teammates in the starting line-up have won the district championship in each of their seasons on the varsity.

"I don't feel young because I've actually been on the varsity as long as the other players," Young said. "When we were getting ready, they said they wanted to win their last match at the Ladywood gym. But they looked at me and said 'except for you.'"

The Blazers will try to win the regional title for the fifth straight time when they travel Saturday to the Plymouth Salem regional to battle the Rocks.

Ladywood and Salem split a pair of games when the two teams met Feb. 7 at the Schoolcraft Invitational. The two rivals have battled each other the past two years in the regional with each match going three-games.

"I expect it to be just as tough if not tougher with it being at

their gym," Ladywood coach Tom Teeters said. "They are a very physical team and well coached."

Against Franklin, Ladywood had its hands full early. After jumping out to a 4-0 lead, Franklin clawed its way back into the game and eventually tied the game at 9-9 on a kill by Andrea Kmet. An ace by sophomore Tera Morrill gave Franklin the lead.

The Blazers came back to take a 13-10 lead, but Franklin again rallied to tie the game after an ace by Jackie Ziem and a kill by Danielle Wensing.

After Ladywood took a 14-13 lead, Young put the game away with a powerful jump serve.

"I've been working on the jump serve since the middle of last week when coach told me to give it a try," Young said.

"We have had service receiving problems and I think they may have caught us deep with their topspin," Franklin coach Ann Hutchins said.

Young opened the second game with three aces as Ladywood jumped out to a 7-0 lead. Deanna LaBute later entered the game and served for six points.

"I thought the turning point was when Jenny served for the win in the first game with the jump serve," Teeters said.

"That's a lot of pressure to serve in a close game for the win with

a jump serve. That carried us in the second game as Jenny's serving gave us the lead."

"We worked so hard physically and mentally in the first game that I figured we might have a letdown in the second game," Hutchins said. "But that game took nothing away from how we played today."

Ladywood received six kills and 10 assists from Sarah Poglits. The senior also collected four digs, including one in the first game that prevented Franklin from taking a 14-13 lead. Katie Brogan added five assists and five digs.

Franklin ended the season 26-16-7, but Hutchins was happy with the effort.

"I can't begin to express my feelings," the Franklin coach said. "The girls worked extremely hard tonight. They played with a lot of heart and desire."

"We started playing better as a team after we beat Northville to win the division and continued playing well in the league tournament. That carried over into tonight. The team had a lot of confidence."

The Patriots advanced to the finals with a somewhat surprising 17-15, 4-15, 15-12 victory over rival Livonia Stevenson.

In the first game, Franklin rallied from a 13-4 deficit and eventually won on a spike from junior Nicole Boyd.

The Spartans came back to take the second game as sopho-

more Kate LeBlanc had four kills to back the serving of Stephanie Dulz (two aces).

Dulz kept the Spartans hopes alive in the decisive game with seven kills and three aces, but Franklin proved to be too much. The Patriots came back from a 10-9 deficit and put the victory away with another kill from Boyd.

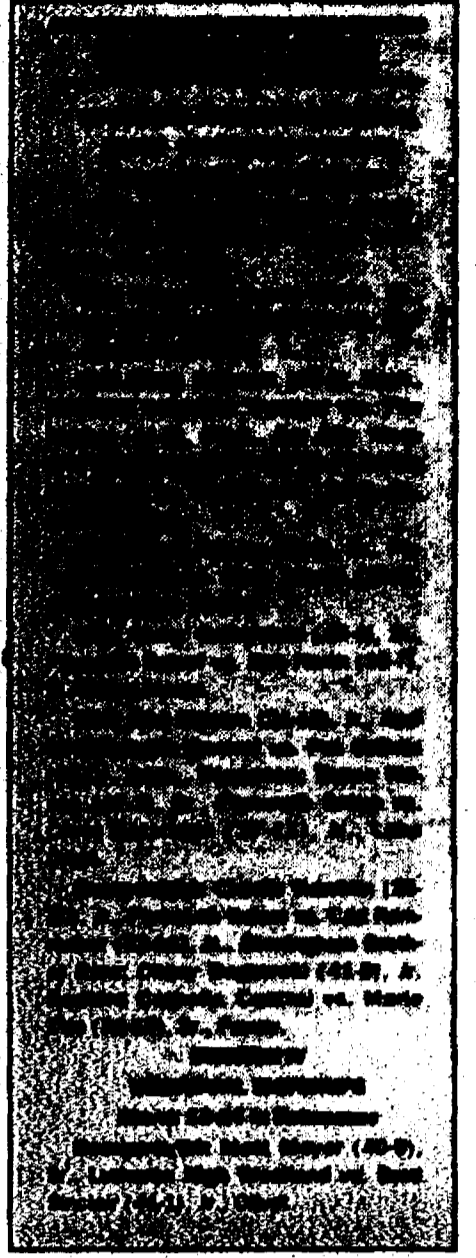
Franklin leaders for the two matches were Kmet with 16 kills and seven blocks, Morrill with 11 kills and three aces, Brooke Hensman with eight kills and five blocks, and Danielle Wensing with 28 digs and a .950 serving percentage.

Boyd finished with seven kills for the Patriots. Ziem had 14 digs and a .950 serving percentage while Lyndsay Sopko added 26 assists, six kills and six blocks.

Ladywood advanced to the finals by routing Detroit Redford, 15-1, 15-2, and then cruising past Redford Union, 15-2, 15-1.

Against Detroit, LaBute collected six kills in six attempts to go along with five aces. Andrea Rahaley and Mickie Finn had five aces each, as the Blazers recorded 18 aces in all.

Ladywood collected another 13 aces against RU, including seven by Poglits. The leading hitters were Jenny Lachapelle (seven kills), Poglits (six) and Young (five).



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Knowledge

COLLEGE SPORTS ROUNDUP

Crusaders go 7-4-1 to open campaign

Don't look now, but Madonna University's softball squad is on a hot streak.

On Wednesday, the Crusaders beat Gannon (Pa.) University, 4-3, for their third victory in four games.

In Wednesday's game, Madonna trailed 3-1 after three innings. But the Crusaders rallied for three runs in the bottom of the fifth inning.

Designated hitter Vicki Malkowski led the offense with a pair of hits and runs batted in.

Shanna Price went the distance on the mound. She improved to 3-1 on the year and currently sports a 1.62 earned run average.

GRAND VALLEY 3, MADONNA 1: The Crusader offense was held to just five hits in a loss Wednesday.

Christy Riopelle had Madonna's lone run batted in. She singled home the run in the second inning.

Angle VanDoorn pitched well in defeat. She allowed five hits and two earned runs in six innings.

Madonna 7, Fredonia State 0: In the last of three games Tuesday,

SOFTBALL

Janel Leschinger tossed a four-hitter to lead the Crusaders to an easy win.

She walked just one while striking out four. Leschinger, who tossed a no-hitter Feb. 28 against Mercyhurst, improved to 3-0 on the season and now has a 0.33 earned run average.

Madonna got all the offense it needed with four runs in the first inning against Fredonia State.

MADONNA 9, LEBANON VALLEY 2: A six-run second inning gave Madonna all the breathing room it needed in a game play Tuesday at Fort Myers.

Price pitched a complete game. She allowed seven hits and no earned runs.

ST. ANSELM 2, MADONNA 2: Nope, that's not a misprint.

Madonna scored a run in the top of the 10th inning to earn the tie.

VandDoorn pitched all nine innings in the tie.

The Crusaders opened their season



Crusader ace: Senior pitcher Shanna Price is off to a 3-1 start.

Feb. 27 with a 1-0 loss to Alma College. Madonna posted a 4-3 record before the tie with St. Anselm.

In terms of individual performances thus far, Piontkowski leads Madonna with a .545 batting average.

Leschinger leads the hurlers with her microscopic ERA. She has struck out 13 batters in 21 innings.

Madonna wins 4 of 10 on Florida spring trip

Madonna University softball team wrapped Thursday's 10th game of its Florida trip.

On Wednesday, the Crusaders led 2-1 in the top of the sixth. Warner Southern rallied to tie the game in the final three innings to take the game.

Madonna's high standout Mitch Jabczonki struck for Warner Southern, which fell to 4-6 on the season.

Warner Southern's lefty hurler, the second baseman had a double and a triple, the game runs batted in.

Madonna's ace Shanna Price pitched a pair of innings in the offense with a pair of hits and runs batted in.

Madonna 7, KING COLLEGE 5: The Crusaders were back in earlier game Thursday.

Madonna took a 7-0 thin hung on to edge King College. Deryl Rocho hit a solo home run to lead the Crusaders' offense.

Madonna earned seven hits in the game with four batters having more than one.

Paul Barral evened his record at 1-1 for Madonna. He pitched five and two-thirds

BASEBALL

innings, striking out four and walking just one.

MADONNA 10, ROLLINS 6: Wednesday at Winter Park, Fla., the Crusaders took a measure of revenge against Rollins College.

Madonna took a 10-2 beating Tuesday, but rebounded with a strong effort.

Madonna was never in Tuesday's game. Rollins College scored eight runs in the first three innings.

Bob Mason started for the Crusaders and took much of the punishment by surrendering 12 runs in four innings.

Madonna played shabby defense behind Mason by making four errors.

The Crusaders opened the season Feb. 28 in Florida. Madonna lost four of its first six games before taking on Rollins College.

After 10 games, Foley leads the team with 10 runs batted in while Warholik, Taylor and Rocho have each clubbed two home runs.

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Clarenceville tankers sparkle

Brett Meconis and Emily Howard were the top finishers recently for the Clarenceville Swim Club last month at the Valentine's Day meet held at Livonia Clarenceville High School.

Meconis took firsts in the 50-yard freestyle (24.92), 100 freestyle (54.4) and 100 butterfly (1:00.84).

Howard won the 50 backstroke (34.34) and 100 IM (1:15.08). She also took a second in the 50 butterfly (31.88), third in the 50 butterfly (31.88) and fifth in the 50 freestyle (28.13).

OTHER CLARENCEVILLE FINISHERS

Girls Open: Cheri Farber: fourth place, 100 freestyle (59.31); Patricia Hurches: fourth, 200 freestyle (2:22.64), 100 backstroke (1:15.13); Emily Irvine: second, 100 butterfly (1:13.55); third, 200 backstroke (2:37.79); fourth, 50 freestyle (29.5); sixth, 100 freestyle (1:03.76); Meghan Lesnau: first, 1,650 freestyle (18:28.16); Kristel Mathie: third, 200 breaststroke (3:00.46); fourth, 100 breaststroke (1:24.69); 100 freestyle (1:03.47); Danielle Navas: third, 200 freestyle (2:21.11), 100 freestyle (1:03.59); fifth, 200 IM (2:39.09), 100 breaststroke (1:25.53); Amanda Polkowski: second, 200 freestyle; fifth, 50 freestyle (27.89), 100 breaststroke (1:25.53), 100 backstroke (1:15.57), 200 breaststroke (3:05.1); Laura Shereda: second, 100 breaststroke (1:24.35), 100 backstroke (1:14.63), 200 backstroke (2:34.87); third, 100 butterfly (1:13.81); fourth, 400 IM (5:28.63), 200 butterfly (2:37.18).

Boys 13-14: Jon Burmeister: second, 400 IM (5:48.29); fifth, 200 backstroke (2:40.22); sixth, 100 backstroke (1:16.0); Kevin D'Alessandro: fourth, 100 butterfly (1:19.33); Jordan Moblo: second, 200 IM (2:28.34), 100 backstroke (1:06.0), 100 butterfly (1:09.3); third, 100 freestyle (59.73); fourth, 100 breaststroke (1:23.44); fifth, 50

CLUB SWIMMING

freestyle (27.57); Matthew Peurach: second, 100 backstroke (1:12.83); third, 200 backstroke (2:37.56), 200 breaststroke (2:53.81), 100 breaststroke (1:21.9); fifth, 200 IM (2:38.59); George Shereda: fifth, 100 breaststroke (1:23.9); Bryant Steele: second, 200 freestyle (2:15.49); fourth, 100 backstroke (1:14.05); fifth, 100 butterfly (1:07.1); sixth, 100 freestyle (1:01.32).

Girls 13-14: Stephanie Cummings: first, 400 IM (5:07.76); second, 200 butterfly (2:33.94), 200 breaststroke (3:00.33); fifth, 200 freestyle (2:11.69); Lindsay Dolin: first, 100 backstroke (1:05.05); fifth, 100 butterfly (1:11.24); sixth, 100 freestyle (1:00.03), 50 freestyle (27.73); Julia Fitzpatrick: second, 100 breaststroke (1:23.3); Jessica Lis: third, 200 freestyle (2:18.96); Melissa Navas: third, 100 freestyle (1:02.76); sixth, 200 IM (2:30.61), 100 breaststroke (1:21.82), 200 breaststroke (2:55.24); Valerie Sierzega: fifth, 100 breaststroke (1:21.17).

Boys 11-12: Aaron Martinuzzi: fifth, 100 backstroke (1:23.23); Charlie Thompson: first, 100 freestyle (1:00.17), 50 freestyle (27.56); second, 50 backstroke (34.97), 200 freestyle (2:10.11); third, 50 butterfly (31.95), 100 IM (1:12.81), 50 breaststroke (38.21); fourth, 100 butterfly (1:12.65).

Girls 11-12: Megan Brueste: sixth, 100 breaststroke (no time); Monica Freshman: first, 50 breaststroke (no time); second, 100 IM (1:15.7); Allison Goldsmith: third, 50 freestyle (30.81); sixth, 50 breaststroke (40.31); Erin Lennon: third, 50 butterfly (32.11); fourth, 100 freestyle (1:07.53); sixth, 100 butterfly (1:20.55); Julie Ward: first, 100 butterfly (1:16.95), 50 freestyle (29.48); second, 100 breaststroke (1:21.0); third, 50 breaststroke (36.4); fourth, 50 butterfly (33.43).

Boys 9-10: Matthew Hurches: fifth, 100 freestyle (1:18.05); sixth, 100 IM (1:32.84); William Navas: first, 100 freestyle (1:12.99); second, 50 butterfly (40.4), 200 freestyle (2:38.24); third, 100 butterfly (1:33.61); fourth, 50 backstroke (38.28); Matthew Paletta: fifth, 50 freestyle (no time).

RELAY RESULTS

Open: Meconis, Polkowski, Dolin, Steele: first, 200 freestyle (1:48.15); Jordan Moblo, Cummings, Lis, Irvine: fourth, 1:53.37; Dolin, Farber, Meconis, Polkowski: second, 200 medley (2:02.34); Cummings, Navas, Steele, Moblo: fifth (2:07.92).

11-12: Freshman, Howard, Ward, Thompson: 200 freestyle (1:53.12); Goldsmith, Ward, Thompson, Howard: fourth, 200 medley (2:13.03).

10-and-under: Pauza, Parnham, Kusoplos, Green: first, 200 freestyle (2:07.54); Kusoplos, Green, Pauza, Farber: first, 200 medley (2:22.44).

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PLEASE ME, AND I'LL COME IF YOU'RE HOME DWF, 26, 5'8", 150lbs, reddish hair, child, looking for LTR, possible marriage. #28781

LEAHANE SCOTSMAN S/W, 57, 170lbs, tall, intelligent, good-looking, fit, and a young-looking 56. #28782

SNICER AFFECTIONATE S/W, 28, 5'7", 140lbs, financially secure, enjoys boating, camping, hiking, cooking, quiet evenings at home. #28783

GENERATION X'er Attractive, with S/W, 25, 5'7", 170lbs, black/brown, responsible architect by day, adventure seeker by night. #28784

HANDSOME BUSINESSMAN Professional, handsome DWF, 51, 5'10", seeks honest woman with sense of humor, for dining out, dancing, plays, weekend getaways, traveling. #28785

LTR IN LIVONIA Young S/W, 40, 5'10", handsome, large frame, western dancer outfit, has handicap of 6 fingers. #28786

OUTDOOR SWIMMER Outdoor S/W, 28, 5'10", 210lbs, active, intelligent, good-looking. #28787

HONEST, FUN GUY S/W, 39, 5'8", who's active, good-looking, outgoing, energetic, fun-loving, high energy, very honest, trustworthy. #28788

FOR HIS RIGHT S/W, 40, 5'5", 160lbs, likes to do most anything walks, movies, dining out, etc. #28789

LOOKING FOR A LADY S/W, looking for a S/W, 30-40, for friendship, possible relationship. #28790

LOVES THE OUTDOORS Triathlete, somewhat rugged S/W, 35, 5'11", good-looking, would appreciate a nice dinner, quiet evening at home. #28791

HEART BROKEN Honest, handsome DWF, 67, 195lbs, brown/green, ND/DPG, STD-free, responsible, enjoys nights, father of three. #28792

WHY BE LONELY? Talented, intelligent, active, outgoing, romantic, trustworthy, Baywatch babe not required. #28793

TALL & HANDSOME Humorous, outgoing, active, fun-loving, S/W, 30, 6'0", who's active, enjoys comedies, movies, traveling, or just fun. #28794

LOOKING AT YOU Attractive, outgoing S/W, 46, very interesting, fun-loving, intelligent, looking for a S/W, 30-40, for friendship, possible relationship. #28795

SEEKING COMPANION Nice-looking, healthy DM, 54, 5'8", 150lbs, outgoing, fun-loving, S/W, 30-40, who's active, enjoys dining out, dancing, all sports. #28796

EDUCATED & PRACTICAL Good looking, very fit but not too good, seeks attractive, sensible and smart female. #28797

ANYBODY OUT THERE? 35 year old, widower, not a professional, interested in a variety of new things. #28798

ALL GOOD ONES ARE NOT TAKEN Protestant S/W, 58, 5'10", 170lbs, NS, young, attractive, seeks someone, 25-40, who's fun, intelligent, and fun-loving. #28799

LANDSCAPE DESIGNER Nice-looking, honest, affectionate, caring S/W, 41, 5'9", 160lbs, NS, enjoys all classic rock, blues, and swing music. #28800

SAVE THE BEST FOR LAST Dark haired S/W, with passion for life during the S/W, 40-50, for dating, friendship, fun and romance. #28801

YOU GO YOUR WAY I go my way but we go our way. No pressure LTR, friends first. #28802

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CLOSE TO GOD Spiritually-minded W, 52, 5'7", 150lbs, blonde/blue, enjoys church activities, walking, dining out. #28803

LOVELY IN WESTLAND DWF, 55, 5'7", 160lbs, NS, many interests, seeks S/W, 55+, handsome, interested in LTR. #28804

OUTDOOR MAN D/W, 62, 5'7", 160lbs, educated, never married, Catholic W, 44, 5'10", 165lbs, blonde/blue, NS, appreciates class, walks, loves music, and small towns. #28805

BROWN BOGARD Hardworking, widowed BF, enjoys reading, dining out, jazz, travel, seeks BM, 45-52, for dating, possibly something more serious. #28806

HAPPY-GO-LUCKY MAN But to really be lucky I need you! Retired SM, 67, 6'2", 220lbs, brown hair, enjoys rustic country drives, seeks SF, 50-60, with similar interests, for companionship. #28807

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LIKE OLDER MEN? Mature professional, 44, enjoys the finer things in life, seeks slender, petite young W, for possible relationship. #28808

RELATE. THEN IT'S A DATE! S/W, 38, 5'7", 140lbs, NS, D/P, single, intelligent, fun-loving, seeks S/W, 30-40, who's active, enjoys boating, walks, volleyball, movies, art, dancing, coffee houses, ethnic grocers. #28809

FILL THE VOID S/W, late 40s, retired, likes dancing, walking, seeks someone, 30s, with young children who needs financial assistance for LTR. Loves to have fun. #28810

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