

Whirling around  
the Windy City, 1D



Johnstown  
journey, 1C

Sorbet, ice cream  
are light treats, 1B

# Westland Observer

Volume 25 Number 17

Monday, August 14, 1989

Westland, Michigan

52 Pages

Fifty Cents

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## Fire causes minor damage at theater



ART EMANUELE/staff photographer

Fire Capt. Ed Ferguson inspects a room with a popcorn machine where a fire started Thursday.

### places and faces

**RESTORATION** of the historic Nankin Mill continues. The Westland City Council last week approved a bid from the Foremost Development Corp. to replace the roof on the 120-year-old building with a new cedar shake covering. The \$24,000 project will be paid for with part of a \$50,000 state grant that was obtained to restore the historic mill at Ann Arbor Trail and Farmington Road.

**DON'T HAVE** your property tax bill paid yet? Well, you've got another couple of weeks to scrape the money together. Tuesday's deadline for payment without penalty has been extended to Thursday, Aug. 31.

**ATTENTION** Franklin Junior High School students (and parents!)

We hate to interrupt your summer vacation with school news, but here goes:

Students enrolled at Franklin for the fall semester will schedule classes on Wednesday, Aug. 23, and Thursday, Aug. 24.

Ninth graders should report to the school cafeteria on Wednesday morning, eighth graders Wednesday afternoon and seventh graders Thursday morning. Make-ups for all three grade levels are Thursday afternoon.

Times are set alphabetically, by last name, so students or parents should call the school to find out exactly what time they will register for classes.

Also, students who have just moved into the Franklin attendance area should call the school, 595-2407, to make an appointment for registration.

**DON SCHMIDT** of Harlow Tire has been named employee of the month by the Westland Chamber of Commerce.

Schmidt was cited for helping local businessman Bruce Priestly change a flat tire after business hours on Friday, Aug. 4. Priestly pulled his car into the Harlow lot as Schmidt was closing the store.

Schmidt also gave his winnings from the chamber's monthly business card raffle back to the organization.

The chamber gives the award to a local employee or business that goes "beyond the call of duty" in servicing its customers.

Nominations may be made by calling the chamber office, 328-7222.

**CITY COUNCIL** meetings are bound to be a little shorter — but not quite as entertaining — now that longtime council watcher Mildred Evans has moved to Tennessee.

Evans' harangues against city spending policies or services perceived as inadequate were pretty much a regular feature. She will be missed, although probably not by city officials.

**VOLUNTEERS** from Michigan United Conservation Clubs will be canvassing Westland neighborhoods through Oct. 31.

The volunteers, who carry picture identification and travel door-to-door between 4 and 9 p.m., will explain MUCC campaigns on conservation of the environment, education and other issues.

**THE WAYNE**-Westland school board will meet at 7 p.m. today in the Dyer Center, on Marquette near Carlson. Agendas are available from the superintendent's office.

The show must go on.

Even fire and smoke couldn't stop Batman from foiling the Joker or Sally and Harry from getting together on screen Thursday at the Quo Vadis Theater on Wayne Road north of Warren.

A fire that started in a storage room containing a popcorn machine and popcorn filled the second floor with smoke and caused the opening of the theater to be postponed.

No one was injured. The shows had not yet started when an employee reported an obnoxious odor coming from a second-floor room. The

building was evacuated and the fire department called.

Westland Fire Chief Larry Lane said the department has ruled the fire accidental, but doesn't know specifically how the fire started.

**THE STATE** police fire marshal's office has been called in to help in the investigation, said Lane.

Lane said he is "definitely grateful" that the fire didn't start when customers were in the theater.

Although the adjacent room stores film, there was no film damage, said

Steve DeChambeau, the theater's managing director.

While several fire trucks and an emergency rescue vehicle were parked next to the theater, several cars drove up to the entrance and were told that the theater was temporarily closed.

DeChambeau said the doors were reopened for the 7 p.m. shows.

A company which specializes in deodorizing interiors was called in to help eliminate the smoke odor, he said.

It was the first major fire in the theater, which opened nearly 25 years ago.

## Couple weds in historic home

By Leonard Pogor  
staff writer

A Garden City man was married Saturday morning in a home that has personal and historical significance.

Jeff Summers and Cheryl Sikora were married in the Westland Historical Museum, the first such ceremony in the city-owned building on Wayne Road.

The reason for the couple picking the 120-year structure as the site for their wedding was simple, Summers said.

His grandfather, Herschel Summers, owned the building and farmland behind it from 1939 until he died in the late 1980s.

The groom, who has lived in Garden City "on and off for 25 years," recalls he and his four older brothers spending most Sundays in the home, cutting the grass, accompanying their grandfather to the church nearby and watching him use a manual plow to farm crops on the five acres behind the house.

"**CHERYL AND I** agreed independently to have a small ceremony and be married in my grandfather's former house," Summers said.

"Cheryl liked the rustic atmosphere and the small size of the house," he added.

Summers, 31, said his grandfather willed the house to a son, John, Jeff's father.

"My father lived in the house from the age of 12 (he is now 68) until he entered the service in World War II," the younger Summers said.

"After the war, he returned home, married and then moved to Wayne."

Summers and Sikora, 33, of Farmington Hills, were discussing getting married since last winter but he didn't propose until the Fourth of July weekend, he said.



Photo by Brian Toovalian

Jeff Summers and Cheryl Sikora light a ceremonial candle during their Saturday morning wedding at the Westland Historical

Museum. The building once belonged to Summers' grandfather, Herschel Summers.

## City man sentenced to prison for assault

A Westland man who confessed to sexually molesting his 12-year-old stepson two years ago has been sentenced to 10 to 20 years in prison.

At the sentencing Thursday, Recorder's Court Judge Warfield Moore, Jr., criticized the defendant, David Hatfield, 35, and other relatives for allowing the boy to be molested and trying to cover it up.

Hatfield initially denied molesting the boy, and the victim this summer recanted his original statements that he was molested.

The defendant was then ordered to take a lie detector test but confessed Tuesday before taking the test, said Westland police officer Laura Moore.

In a bench trial earlier this summer, Hatfield was convicted of two counts of first degree criminal sexual conduct. The judge had set a sentencing date when the boy said he wanted to recant his earlier testimony.

But in a signed statement read in court Thursday, the boy said he was coerced by relatives into changing his story.

Judge Moore criticized the family for allowing the sexual abuse to take place and for trying to cover it up.

The judge said he was "sick to my stomach and something should be done with the family," the officer said.

The boy is currently staying with his natural father, Moore said.

Hatfield was charged after an incident which reportedly took place during the Father's Day weekend of 1987.

During the trial, officer Moore said, Hatfield jumped bond and went south for one year. He later returned to have the trial resume.

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## A match made in heaven

Hot-air balloon carries couple to marital bliss

Cindy Grant, a longtime Westland resident, was in the clouds — literally — when she and her husband, Alexander, were married in a hot-air balloon over the Grand Teton mountain range in Idaho last month.

She wrote that the 7 a.m. ceremony on the Fourth of July was the most romantic ceremony she has ever known.

Unlike most weddings, the Grant ceremony and balloon trip were planned at the last minute.

**THIS IS** the way the bride described the events leading up to the wedding: The bridegroom is a Navy man

who is required to do a lot of traveling. During a planned camping trip in Yellowstone Park during the Fourth of July weekend, he stopped the car and asked Cindy to join him running through a wheat field.

He picked some flowers, got down on his knee and said that hot-air balloon races were in nearby Driggs, Idaho, and that he would like to take her up in a balloon and return her to Earth as his bride.

They arrived at the Driggs at noon Saturday during the holiday weekend. Within four hours, they arranged for a minister, balloon and rings. They applied for the marriage license Monday, July 3.

The ceremony began at 7 a.m. the next day when the balloon was launched, with the minister reading the couple's favorite Bible verses, allowing them to recite personal vows, exchange rings and enjoy the one-hour ride.

They returned to Earth for a homemade breakfast in town.

**THE NEW** bride, 39, is the former Cindy Parent Balhorn, who lived in Westland from 1964 until last summer.

After graduating from Franklin High School in 1967, she studied at



# Extended invitation



Tracy Armstrong, 8, used balloons to get her wheels ready for the bicycle decorating contest.

photos by ART EMANUELE/staff photographer



Michael Jones takes a swing at the pinata.



Sarah Bjerk, 4, was named winner of the bike decorating contest.

**I**T'S AUGUST, and for the folks on Jean Court that means one thing — block party time.

Residents of the southwest neighborhood street threw their sixth annual get-together Aug. 6.

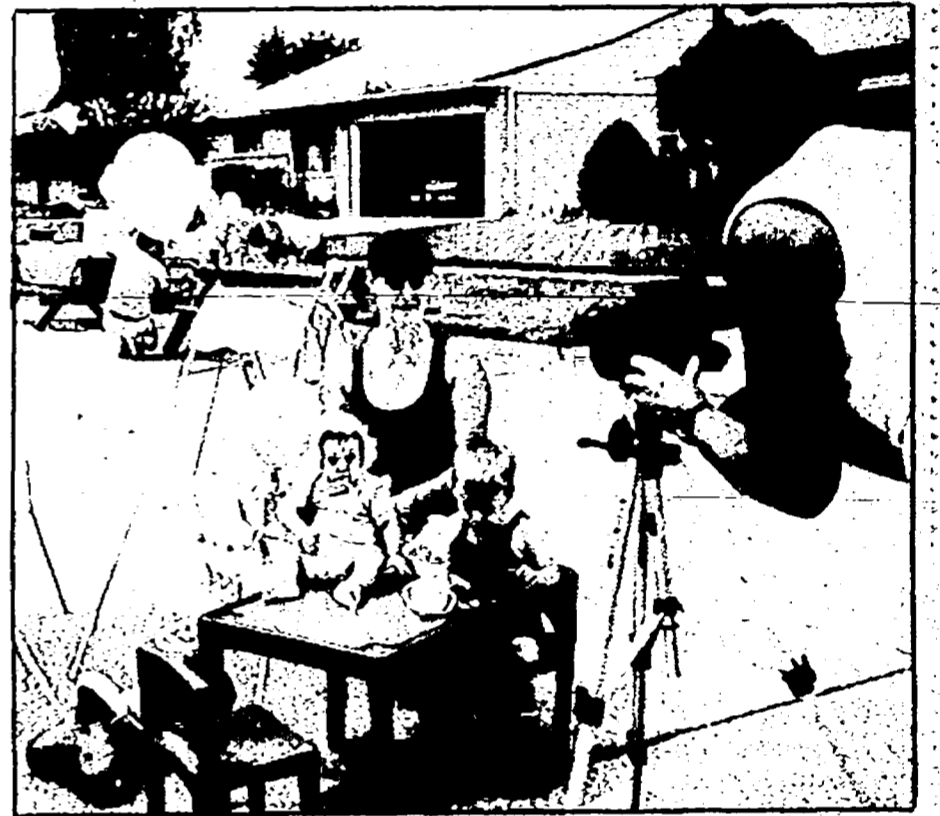
This year's party didn't draw quite as many participants as previous ones, said chairwoman Nancy Tenant. "We had a lot of people out of town on vacation, but I think everybody who came had a good time," Tenant said.

The food was plentiful and neighborhood children had activities galore to keep them happy during the 7-hour celebration. There was a three-legged race, bicycle decorating contest and the highlight of the day, the chance to break a candy-filled pinata.

"It (the party) really pulls people together," Tenant said. "I think it makes for better, closer neighbors."

Tenant said the party is easy to plan and something that more neighborhoods should consider. Jean Court residents elect a new chairperson every two years, she said.

Some \$172 in raffle money collected at the party will be donated to the family of Keith Jensen Jr., a 4-year-old Westland boy who was killed in an Aug. 2 traffic accident in Livonia.



The Dean family marked the block party with a video portrait. Paul Dean sets up the camera as Debbie readies daughter Jana, 4 months, and son Andrew, 2.

## Hearing denied in dispute over mall book sale

A Wayne County Circuit judge Wednesday turned down a pro-life group's request for a show cause hearing to reinstate the group's Saturday, Aug. 12, used book sale at Westland Center.

Judge James Rashid's denial of the emergency hearing left Right To Life-Lifespan without a site for its fund-raising sale, which the mall cancelled 10 days before the scheduled event.

The Livonia-based pro-life group has filed a lawsuit against the mall and its management company, Center Companies of Southfield, claiming that the last-minute cancellation was a breach of contract.

The suit, which will be heard next January by Judge Cynthia Stephens, accuses the mall of breaking its agreement to provide space for the sale after it received several telephone calls threatening boycotts and other disruptive actions by pro-choice supporters.

It claims the mall is liable for "substantial profits being lost" from

the cancelled sale. No specific damage amount is listed.

A spokeswoman for the mall declined last week declined comment on the lawsuit.

The spokeswoman said previously that the decision to cancel the sale, originally slated for the shopping center's lower level, was due to "space and time limitations" created other planned weekend events at the mall.

The spokeswoman said that a "mix-up" led to the mall granting permission for the sale by telephone several months ago. There was no written contract, both parties said.

The spokeswoman denied Right To Life-Lifespan's claim that the mall received threatening telephone calls after advertising the sale on one of its marquees.

The pro-life group said 2,000 books were donated for the sale. The group has 10,000 members in Wayne, Oakland and Macomb Counties.



### Doctor cited

Dr. Stanley J. Sczeglenski of Westland was one of 96 U.S. physicians recently awarded a certificate of competence in sports medicine from the American Osteopathic Academy of Sports Medicine. The certificate is awarded to doctors who have successfully completed written and oral examinations given by the AOASM. Sczeglenski is affiliated with Nankin Family Physicians, Garden City Osteopathic Hospital and Annapolis Hospital. He is the team physician for John Glenn and Wayne Memorial High Schools.

## Bluegrass coming to park

Roy Cobb and the Coachmen will perform "Flatt and Scruggs" bluegrass music at a free outdoor concert at 7 p.m. Wednesday in the Central City Park gazebo behind the Bailey Recreation Center, on Ford near Carlson.

Jeff Branch, a spokesman for the group and the bass player, said the four-member band sticks to the upbeat, traditional bluegrass sound.

"It's what people remember bluegrass used to be," said Branch, an

employee of Giffelder Music in Northville.

"Think of Flatt and Scruggs. That's what we play. Bluegrass has its own sound and we think it's important to preserve it."

Other performers will be Roy Cobb on the guitar and singing the lead vocals, Dana Cupp on banjo and Jeff Tuttle on the mandolin.

The event is the fifth in the concert-in-the-parks series organized

by the Westland Cultural Society in cooperation with the Westland recreation department and sponsored by the Westland Rotary Club.

The next outdoor concert in the series will have "Chaser," a light rock band playing music from the 1950s and '60s, performing at 7 p.m., Sunday, Aug. 27, in Jaycees' Park, on Wildwood and Hunter.

While the concerts are free, patrons are asked to bring their own lawn chair or blanket.

## SCHOOL'S OUT, but the doctor is in ... at St. Mary Hospital Health Care Centers



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M-F, 9-6

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Center - Northville  
42000 Six Mile  
west of Haggerty  
347-1070  
Hours: M: 9-8, T-Th: 9-5,  
W: 12-8, F: 12-5







# County's parks look for private, public aid

By Wayno Poal  
staff writer

Wayne County residents are increasingly "buying into" the county parks system. Now, county parks officials would like to see county government and businesses do the same.

"Buying in" is county park system shorthand for revenue raising, with the nation's golf boom just a start.

More people are playing golf at Warren Valley Golf Course, according to just-released county figures. The Dearborn Heights course, a chief revenue producer for the county parks system, took in slightly more than \$1 million in revenue in 1988. The figure was approximately \$200,000 more than that raised in 1980 and 1981 combined.

Another revenue raiser, Elizabeth Park Marina in Trenton, took in \$108,927 in 1988 — a 62-percent increase in five years.

DESPITE THAT, and despite the fact that a second county golf course is scheduled to open this month, parks officials said the county system is far too small and understaffed to meet the needs of heavily populated Wayne County.

"I can tell you Belle Isle (in the city of Detroit) has more staff and a greater budget than we do," county parks director Hurley Coleman said.



After celebrating its 70th anniversary, Wayne County Parks is looking toward the future.

Under National Parks Service guidelines, officials said, the county needs to add 2,300 more acres of parkland to meet the needs of its residents.

At this time, however, county parks officials are more concerned with refurbishing what they have.

THE COUNTY is eligible for an

estimated \$487,500 a year in state money under a new voter-approved bond issue, officials said, provided county officials come up with an estimated \$162,500 in matching grants.

That money is particularly valuable, officials said, because it would allow the county system to improve its current holdings, not just add new

parkland.

Most of the county system's 40 buildings are lavatories. Many have been shut since an early 1980s budget crisis.

The county is also eligible to share in a \$1.3 million state waterfront bond program and a \$3 million "rails and trails" program, designed to boost tourism, provided the county comes up with matching grant money.

"It would be a travesty if we did not come away with any of that money," parks design manager Nancy Watkins said.

GETTING CORPORATE sponsors to "buy into" the park is the second part of the system's revenue raising strategy.

Parks officials are stepping up efforts to lease parkland for corporate picnics and other events.

"What we're also looking at doing is have corporate sponsors offset the cost of some renovations," Coleman said. "So you'd see a sign: 'This is brought to you by so-and-so.'"

A county park tax isn't being considered, Coleman said.

COUNTY OFFICIALS acknowledge the system is finding its place between surrounding communities'

smaller, well-organized parks and the much larger nearby Metroparks.

"We have to create events that offer something different," recreation manager Vic Chiasson said.

Parks officials made their presentation Thursday to members of the county commission's Committee on Roads, Airports and Public Services.

While members made no monetary pledges, committee chairman David Cavanagh "pledged to cooperate" with parks officials on their proposal.

**The county is eligible for an estimated \$487,500 a year in state money under a new voter-approved bond issue, officials said, provided county officials come up with an estimated \$162,500 in matching grants.**

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## S'craft sets sign-ups

Mail-in registration for continuing education services courses, seminars and workshops at Schoolcraft College will be conducted Aug. 14-26. CES classes are scheduled to begin Monday, Sept. 18.

New courses offered this fall include: leadership skills for managers, negotiating techniques, estimating home building costs, real estate appraisal, starting a business, interior design II, feathered star quilt, chemical dependency, home electrical repair, gardening and landscape design I, weather awareness and computers in the horse industry.

For more information and a free copy of the fall schedule, call 462-4448. Schoolcraft is at 18600 Haggerty, between Six and Seven Mile roads, Livonia.

## SC staffer is 'leader'

Noreen Thomas, assistant dean of continuing education services, is representing Schoolcraft College in the "Leaders" program, an international training session for female community college administrators.

Thomas recently attended the Leadership Institute, Albany, N.Y. She was selected to attend on the basis of proposed projects and interest in college administration.

The program is designed to enhance the skills participants need to assume decision-making roles, including human relations, planning and budgetary skills.

The program is sponsored by the League for Innovation in Community Colleges and the American Association of Women in Community and Junior Colleges.

Thomas is a Farmington Hills resident.

## Grants are available

Agencies providing food and shelter to needy area residents are encouraged to apply now for federal Emergency Food and Shelter Program (EFSP) grants.

Though final figures have yet to be announced, metropolitan Detroit is expected to share in \$134 million federal grant program.

To qualify, agencies must be non-profit, audited annually and be non-discriminatory. Agencies must also demonstrate their ability to deliver food or shelter. Private agencies applying for EFSP grants must also have a voluntary board of directors.

Organizations interested in applying for EFSP grants can call or write the United Community Service office in Romulus, 782-4030. The office is at 19101 Inkster Road.

## GOP takes baseball win

GOP congressmen, led by manager Carl Pursell, defeated their Democratic counterparts, 8-2, in the annual Congressional Baseball Game, July 31, in Washington.

The seven-inning charity game raised more than \$10,000 for Washington Children's Hospital.

"The most important part of this game is that it provides a short distraction from our business on Capitol Hill and benefits a good cause," said Pursell, R-Plymouth.

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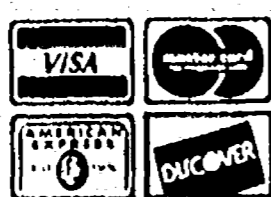
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- DEARBORN 16101 Ford Road (at Fairlane Meadows)
- FLINT 3192 Linden Rd. (Across from Genesee Valley Mall)
- LIVONIA 19330 Middlebelt Road (Across from Livonia Mall)
- MADISON HEIGHTS 32706 John R Road (1 block South of 14 mile)
- NOVI 12 Mile & Novi Road (Across from 12 Oaks Mall)
- PONTIAC 200 N. Telegraph Road (Across from Summit Place Mall)
- ROSEVILLE 32074 Gratiot Avenue (Across from Macomb Mall)
- SAGINAW Fashion Corner Shopping Plaza - 4354 Bay Road
- SOUTHFIELD TEL: 12 Mall
- STERLING HEIGHTS 13701 B. Lakeside Circle
- TAYLOR Eureka at Rancho Rd. (Across from Southland Mall)
- WESTLAND 35475 W. Warren Road
- W. LANSING 5845 W. Saginaw Hwy
- 8-MILE 9900 8 Mile Road (Belair Center)

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Filled with cheese & topped with homemade meat sauce	6.25

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ORANGE ROUGHY -	8.50
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BROILED COD	6.50
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PETITE BAY SCALLOPS	8.50
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MUSHROOM CHICKEN & MUSHROOMS -	7.95
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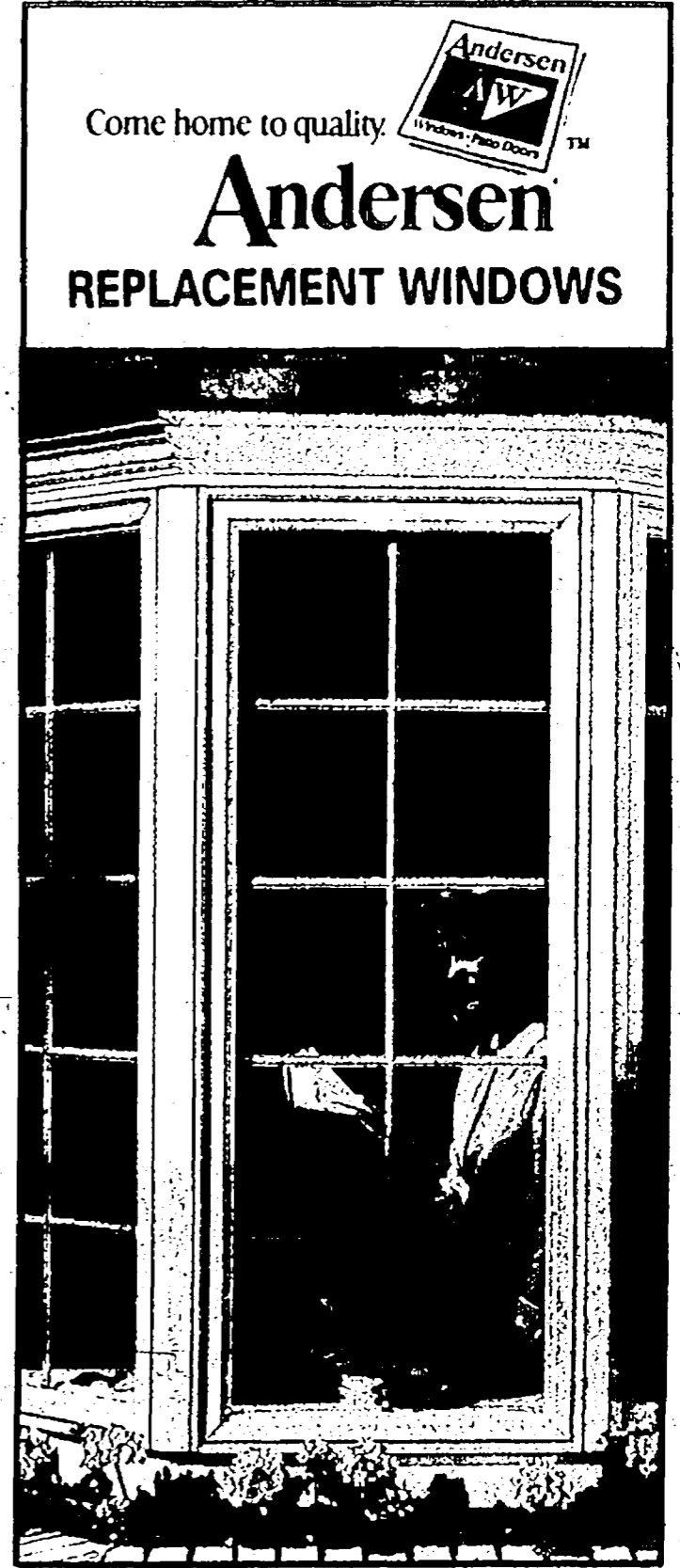
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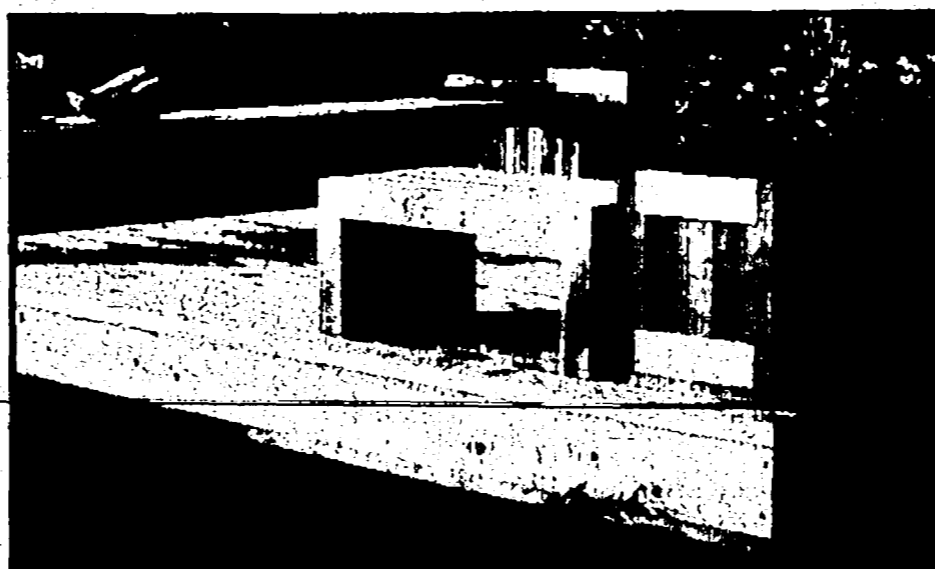
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## Pick a rib that suits you best

With the summertime barbecue season in full swing, now is the time to enjoy barbecue ribs on the backyard grill.

Spareribs can be a source of confusion for the backyard barbecuer. Regular spareribs are from the front of the rib cage and are held together by the sternum bone, so most of the time they are difficult to cut and eat. A trip to the local meat market will find an assortment of ribs, ranging from babybacks, barbecue-style ribs and country ribs. What's the difference you ask?

Babyback ribs are cut from the rib side of the loin, are about two inches wide, and have more meat on them per pound than the barbecue style and country ribs.

Country ribs are really not ribs at all but are mainly the meaty section of the rib and that is split in half and then cut into chop-like strips. Barbecue ribs, the least expensive and most popular of the lot, are regular spareribs with the sternum sections of bone removed.

All the above-mentioned ribs are delicious, especially when finished with a lip-tangy sauce on the grill or barbecue. The lighter-weight ribs cut from smaller hogs have a tendency to be a bit more flavorful and tender than the larger ribs.

FOR AVERAGE appetites, allow at least four ribs per person, with heartier appetites being allowed almost a full slab. Generally speaking, two full racks of ribs should be enough for five to six people, especially when there is an ample amount of salads and starches to pass along with the ribs.

Many people parboil ribs to pre-cook them. This procedure makes them more tender and mouth-watering but, unfortunately, has a tendency to boil away a great deal of flavor. Yours truly personally thinks that a simple pre-roasting in a moderate (350-degree) oven for about 45 minutes is all that is needed to help leech out the flavor from the bones, cook off a majority of fat and still have the ribs maintain a juiciness and great taste we all enjoy.

After the pre-baking, a healthy slathering of sauce and an additional 30 minutes or so on a slow grill or barbecue is all that is needed for a great entree.

I have heard of many folks who prefer to skin their ribs prior to cooking. Removal of the tough layer of skin that can usually be found on the back sides of the rib bones themselves is an easy procedure that can be accomplished by anyone. It is a good, sharp knife. By removing this skin, you will not only have a more tender rib, but it is so often called "rib pull" where the entire section of meat adheres to this skin in one bite.

Another cooking practice widely used when preparing ribs is the pre-soaking in a vinegar-water bath. Advocates of this procedure say that pre-soaking with vinegar helps break down the skin and tenderize the meat. Accepted ratios of vinegar-to-water should be about one cup of vinegar to each quart of water, but the choice to pre-soak is entirely optional.

BECAUSE RIBS have a tendency to be fatty and can cause flare-ups easily on the grill, make sure you use only white-ash, well-heated coals. I keep a clean spray bottle filled with water, bouillon or cheap wine within arm's reach to immediately snuff out any flare-ups, which not only slings the ribs but impart a burnt taste when left uncontrolled.

Cooking ribs on the barbecue can be an exciting and tasty experience. Try some today for a mouth-watering entree.

See recipes, Page 2



GUY WARREN

Strawberry sorbet garnished with Johnny-jump-ups (miniature pansies) is served with a fresh fruit plate of blueberries, strawberries and kiwi garnished with basil leaves.

# SORBET-nice ice

## Fresh, flavorful, low-cal

By Geri Rinschler  
special writer

THE ITALIANS call it granita, the French, sorbet, and some of us just call it flavored ice. No matter what you call it, these frozen delights never go out of style and, lucky for us, these low-calorie desserts are trendy again.

Most food historians tell us the Chinese are responsible for first having flavored ice. It is believed the first Italian ice was made at the court of the Roman Emperor, Nero. He demanded that snow be brought down from the mountain and then flavored it with fruit juice and honey. By the 16th century, ices and sherbets (which is a fruit ice with milk added) were popular in Italy and Spain.

Authors of the Better Homes and Gardens 'Heritage Cookbook' (Meredith Corp., 1975) tell us that American Indian women scooped up balls of snow and covered them with maple syrup long before the Mayflower landed.

But the one who gave international fame to ices or granitas and sorbets was a Sicilian nobleman, Procopio dei Coltelli. He went to Paris and opened a Venetian coffee shop and sold ices and sherbets. His Cafe Procope was extolled for its excellent frozen desserts.

GRANITAS AND sorbets are the simplest of frozen desserts. They usually consist of frozen fruit juice or fruit puree, a sugar syrup and other flavorings such as vanilla, spices or liqueurs.

Some restaurants around town offer sorbets made with smoked tea, wine or champagne as a palate cleanser after the entree is served. The technique used to prepare these more aromatic ices is the same as those used to make a fruit sorbet or ice.

Almost any fruit or juice can be used to make a summer ice. Favorites are strawberry, raspberry, lemon, orange and grapefruit. When I was a young girl living in the New York metropolitan area, summer

wasn't summer without a weekly visit to a local Italian pastry shop for a chocolate or lemon granita.

To make the best Italian ice or sorbet, it's not necessary to use an ice cream maker. Actually, the Italian granita makers believe the best ices are made by hand, removing the ice from the freezer every hour and breaking up the crystals with a spoon, then returning the ice to the freezer and repeating this process three times before allowing the final freezing.

Whichever fruits you choose for your ice, make sure they are ripe. Making a simple sugar syrup is often the first step in the recipe. I prefer using a super fine sugar. It dissolves quickly and easily. If you can't find super fine sugar, traditional granulated cane sugar will be all right.

WHAT MAKES a sorbet or granita special? Most connoisseurs will tell you it must have a slightly grainy texture. Best way to achieve this is to first freeze the mixture without stirring. Then remove the ice when it

becomes firm and break up the ice crystals. This can be accomplished in one of many ways — either by hand with a spoon or fork, using an electric mixer or by tossing it in a food processor or blender.

If you are making large amounts, it will be easier and quicker to use the food processor. Placing the ingredients into an ice cream maker will result in a very smooth ice, which is not typical of granita but very suitable for a sorbet. All the recipes accompanying this article may be used with any ice cream maker. Just follow the manufacturer's instructions.

Serving any fruit ice should be done simply. The French love to serve their sorbets in a hollowed-out fruit shell such as oranges, lemons, limes or grapefruits. For a larger serving bowl, hollowed-out pineapples and melons are fun.

To prepare lemons and oranges, cut off the top 1/3 of the fruit and scoop out the fruit. Chill until ready to fill with the fruit ice. After filling re-freeze before serving and then garnish with a sprig of mint. Small bunches of mint and groups of fresh berries make an attractive garnish when serving individual scoops on a dessert plate.

## Lighten up with ice cream

By Arlene Funke  
special writer

Are you a guilt-ridden ice cream freak who agonizes over each mouthful of the rich, fatty treat?

Well, dry those tears. There is no reason to deny yourself. Low-fat "light" ice creams and sweet, no-cholesterol sorbets are as close as your supermarket freezer.

"It was brought about by customer demand," said Ron Larkin, 51, a sales manager for Stroh's Ice Cream in Detroit. "That seems to be the wave of the future."

This summer, Stroh's introduced several flavors of light, reduced-fat ice cream. The Farmington Hills-based Melody Farms has been marketing its "lite" line for about three years.

NEW LIGHT FLAVORS include the usual vanilla and neapolitan. But more voluptuous flavors are showing up too — peach almondine and chocolate raspberry. If you absolutely hate cholesterol, you might opt for a cherry sorbet from Savino Sorbet. The fruity, refreshing sorbet is totally fat-free.

Although there are slightly fewer calories in light ice creams, "the big difference is butterfat," said Stephen George, vice president of product development for the family-owned Melody Farms.

"The benefits will come from the lowered fat intake," said George, 40, a West Bloomfield resident. "There is a substantial difference in the fat, so cholesterol and fat would be lowered."

Regular ice cream contains hefty portions of cream, or half-and-half, along with sugar and flavorings or nuts. U.S. government

standards stipulate that ice cream must contain at least 10 percent butterfat. Rich, premium ice creams, such as Haagen Dazs, may contain up to 18 percent butterfat.

There are no specific government definitions of light ice cream, according to George. However, industry standards place light ice cream in the "ice milk" category, at around six percent butterfat or less.

"Light is nothing more than ice milk," George said.

ACCORDING TO books in local county extension services, one cup (eight ounces) of vanilla ice cream contains 290 calories and 16 grams of fat. It also contains 30 grams of carbohydrates and almost six grams of protein.

Larkin said a four-ounce scoop of light ice cream contains from 100 to 130 calories, compared to 140 to 180 calories or more for regular ice cream. Stroh's offers eight flavors of light and Melody Farms has six.

Low-fat purists who turned up their noses at ice milk might be pleasantly surprised with the new light ice creams. Improvements have enhanced the flavor and texture, according to George. For example, non-fat dry milk is added to give the texture "chew," more closely resembling regular ice cream.

"Good quality ice cream has less air," George said. "They (ice milks) are formulated so there is less air, and it doesn't get so granulated. Nowadays people want exotic flavors, with less fat."

Please turn to Page 3



DAN DEAN/staff photographer

Sharon Frye of Birmingham enjoys Stroh's new light ice cream at Stroh's Ice Cream Parlor, 3659 W. Maple, in Bloomfield Township.

# Make your own sorbet for cool summer treat

The first two recipes are taken from a new cookbook, "Low Cholesterol Cuisine" by Anne Lindsay, Hearst Books, 1989, \$17.95.

## PINEAPPLE-ORANGE SORBET

Serves 10

- 1/2 cup water
- 1/2 cup granulated sugar
- 1 pineapple or 1 20-ounce can crushed pineapple
- 2 cups orange juice
- 2 teaspoons grated orange rind
- 1-tablespoon lemon or lime juice

In a saucepan, combine water and sugar; simmer until sugar dissolves.

Peel pineapple and cut into quarters; puree quarters or undrained pineapple in food processor.

In a bowl combine sugar syrup, orange juice, pineapple, rind and lemon juice. Freeze in an ice cream maker following manufacturer's instructions. Alternately, transfer to metal pan and freeze until barely firm.

Then either process in food processor or beat with electric mixer until smooth. Transfer to freezer container and freeze until firm. To serve, remove from freezer 15-30 minutes before serving or until mixture is soft enough to scoop.

Serve on dessert plate surrounded with fresh berries or in sherbet glasses, each garnished with its own fruit or fresh mint leaf.

## KIWISORBET

Serves 10

- 12 kiwi
- 1 cup granulated sugar
- 1 cup water
- 1 tablespoon lemon juice

Using a sharp knife, peel kiwi; puree in food processor or pass through food mill and place in bowl.

In a saucepan bring sugar, water and lemon juice to boil, stirring occasionally until sugar has dissolved. Add to kiwi and mix well.

Freeze in ice cream maker following manufacturer's instruction. Alternately, transfer to metal pan and freeze until barely firm. Then either process in food processor or beat with electric mixer until smooth. Transfer to freezer container and freeze until firm.

To serve, remove from freezer 15-30 minutes before serving or until mixture is soft enough to scoop. Serve on dessert plate surrounded with fresh berries or in sherbet glasses, each garnished with its own fruit or fresh mint leaf.

**Using a sharp knife, peel kiwi; puree in food processor or pass through food mill and place in bowl.**

and blend for a few seconds. Return to freezer in pan for 2-4 hours until firm. At serving time remove 15 minutes before serving. Garnish with a fresh strawberry.

## EXPRESSO GRANITA

Serves 4

- 2 cups water
- 1 3/4 cups superfine sugar
- 4 cups freshly made espresso coffee, cold
- 1/2 teaspoon vanilla
- garnish: 1/2 cup whipped heavy cream
- ground cinnamon for sprinkling over cream

Bring water to a boil, add sugar and stir until melted. Remove from heat. Add coffee and cool. Add vani-

la. Pour into a metal pan and freeze 2-3 hours. When firm, blend in a food processor or with an electric mixer. Return to metal pan and freeze 2-4 hours.

At serving time, remove about 15 minutes before serving. Serve in tall glasses or coffee cups. Top each serving with a tablespoon or so of whipped cream and a sprinkling of cinnamon.

## LEMON GRANITA

Serves 4-6

- 2 cups water

1 cup superfine sugar  
juice of 2 large lemons  
zest of 1 lemon, finely chopped

Bring water to a boil. Add sugar and stir until melted. Remove from heat. Add lemon juice and zest. Set aside and allow to cool. Pour into a metal pan and freeze without stirring about 1-2 hours. Remove, blend well in food processor. Return to pan and freeze 2-4 hours. At serving time remove about 15 minutes before serving. Serve in scoop. Garnish with mint sprigs.

## Chef Larry gives rib sauce recipe

### LIP-TINGLING BARBECUE SAUCE FOR RIBS

- 1/2 cup brown sugar
- 4 tablespoons honey
- 2 cloves garlic, smashed
- 2 tablespoons Worcestershire
- 1 teaspoon fresh-grated ginger
- 1/4 cup vinegar
- 1/2 cup water
- 1/2 cup ketchup
- 1 teaspoon Tabasco or other hot

sauce  
1/2 teaspoon dry mustard  
dash salt  
pepper

Combine all ingredients in a saucepan over low heat. Stir until it begins to gently bubble. Continue cooking until the sauce coats the back of a spoon, about 10 minutes. Cool and store in a jar until needed.

## STRAWBERRY SORBET

Serves 6-8

- 2 quarts or about 6 cups washed, hulled strawberries
- 1 1/2 cups superfine or granulated sugar
- 1/2 cup water
- 1/2 cup orange juice
- 2 tablespoons Grand Marnier
- juice of 1 lemon
- 6 strawberries for garnish

In a bowl mix berries, sugar, juices, water. Puree in a blender. Add Grand Marnier. Pour into a metal pan or ice cube trays and freeze until almost firm. Remove

## clarification

The recipe for Three-Bean Baked Beans, that accompanied Larry Jones' column about a treasure chest of recipes in the Aug. 7 issue, should have included the following ingredient: 1 same-sized can kidney beans.

The address and phone number for Oliverio's, in the listing of Specialty/Gourmet shops in the Aug. 7 issue, was incorrect. The current address and phone is: 3832 N. Woodward, between 13 and 14 Mile Roads, Royal Oak, 549-3344.

## new products

### NEW FLAVORS

London's Farm Dairy of Port Huron has launched three new versions of its original Ryba's Mackinac Island Fudge Ice Cream. The new flavors are Double Chocolate Fudge, Walnut Fudge and Amaretto Cherry Fudge. These join with the two original flavors, Mackinac Island Fudge and Peanut Butter Fudge. London's began development of Ryba's Mackinac Island Fudge Ice Cream in 1986 to kick off the Blue Water Festival/Port Huron to Mackinac Island Race, and in commemoration of the dairy's 50th anniversary. The new ice cream became so popular it broke company sales records for ice cream, making Mackinac Island Fudge second only to vanilla, the national favorite flavor.

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# These foods are refreshing when it's hot

Ah, those lazy days of summer, when the temperatures climb in to the 90s, there is no breeze to be found, and the heat just seems to have drained your last ounce of energy. These days are meant for relaxing — finding a shady spot, a lawn chair and a good book.

Yet for those of us who don't have the leisure time to relax and must be at work or on the go — we can learn to beat the summer heat.

Keeping your body cool helps to prevent mid-afternoon fatigue and a feeling of the blahs. On a warm summer day, you can refresh yourself quickly with a small sprayer atomizer filled with mineral water. This is a good item to keep in your desk at work or your fridge at home. Just spray from enough distance from your face to get a fine mist. It will help replenish the lost moisture and make skin tingle.

Also, remember the importance of



Lite success

Florine Mark

drinking fluids. Since we perspire more in the heat, the body loses more than usual — up to eight cups of water in hot weather, two in moderate weather. Replenishing with extra liquids on such days is essential. At Weight Watchers, they recommend that you drink six-eight eight-ounce glasses of water a day. During extremely hot weather, it's especially important to drink fluids to maintain the proper water balance and prevent dehydration.

essential, in maintaining summer cool and comfort. For example, the nutrient potassium is depleted through perspiration and water loss. Bananas are an excellent source of potassium. To replenish this important nutrient and refresh yourself at the same time, try a "Super Shake-up." And when you are suffering from the afternoon slumps, a cup of sparkling soup is bound to pick you up!

You can stay cool this summer if you plan for it and include light, easy refreshers into your day.

THE FOODS we choose to eat are

### SUPER SHAKE UP

Serves 1  
 1/2 medium banana, sliced  
 1/2 cup whole frozen strawberries  
 1/2 cup plain yogurt  
 vanilla extract and sugar substitute

In blender, place banana, strawberries and yogurt; cover and whirl until smooth. Pour into a tall glass and add vanilla and sugar substitute to taste.

Each serving provides: 1 1/2 Fruit Exchange, 1 Milk Exchange.  
 Per serving: 147 calories, 7 grams fat, 27 grams carbohydrates, 81 milligrams sodium.

Source: Weight Watchers Low-Calorie Sweet Treats Magazine, 1987.

### FRIZZY FRUIT COOLER

Serves 4  
 1 1/2 cups chilled low-calorie cranberry juice

3/4 cup chilled orange juice  
 1 1/2 cups chilled seltzer  
 sugar substitute (optional)  
 1 small orange, cut into 4 equal slices, to garnish

In medium pitcher, stir together juices and seltzer. If desired, sweeten to taste with sugar substitute. Fill four tall glasses with ice, pour cooler equally into glasses, garnish each with an orange slice. Serve at once.

Each serving provides: 1 Fruit Exchange

Per serving: 52 calories, 5 grams protein, 2 grams fat, 13 grams carbohydrates, 4 milligrams sodium.

Source: Weight Watchers Low-Calorie Sweet Treat, 1987.

### SPARKLING SOUP

Serves 4  
 1 cup diced, seeded, pared cucumber

1 cup grated carrot  
 1/4 cup chopped fresh mint leaves or 2 tablespoons crushed dried mint  
 1 garlic clove  
 1 teaspoon coarse (kosher) salt  
 4 cups plain yogurt  
 3/4 cup chilled seltzer  
 cucumber slices to garnish

In large bowl, combine first three ingredients. On sheet of wax paper or foil, mash garlic and salt together until pasty; add to cucumber mixture. Whisk in yogurt; cover and chill. When ready to serve, stir in seltzer and garnish.

Each serving provides: 1 Vegetable Exchange, 2 Milk Exchange.

Per serving: 160 calories, 12 grams protein, 4 grams fat, 20 grams carbohydrates, 709 milligrams sodium.

Source: Weight Watchers Low-Calorie Fast & Easy Cookbook.

# Makers of ice cream are looking on the light side

Continued from Page 1

Melody Farms has a dairy in Lansing and a 250-employee plant in Livonia, where ice cream, cottage cheese and milk are packaged. Corporate offices are in Farmington Hills.

CUSTOMER RESPONSE has en-

couraged manufacturers to expand their choices of low-fat frozen desserts, but they certainly aren't ignoring diehards who have to have the premiums.

Stroh's Brewery, which began making ice cream during Prohibition, is launching a line of frozen

lowfat yogurt this month. Melody Farms, which sells 18 regular ice cream flavors, now is touting its premium Prestige label. At 12 1/2 percent butterfat, the Prestige line offers luxurious flavors such as white chocolate, raspberry fudge and strawberry cheesecake sorbet. Light ice cream "can never dupli-

cate Haagen Dazs," George said. "In some cases, it's defeating the purpose."

Matching the enthusiasm of local ice cream manufacturers is Lou DeCillis, owner of Savino Sorbet Inc.

Sorbet is a sweet, fruit-based dessert also known as Italian ice. Sorbet — unlike sherbert, which it resembles in texture — contains no milk, so is fat-free.

"When I first started, I would tell people that sorbet contains no fat and is cholesterol-free," said DeCillis, 39, of Southfield, a chef and graduate of the prestigious Culinary Institute in New York.

"They would say, 'So what?' Now their eyes light up. Our time has come."

Sorbet, made from water, fruit or juice and sugar, is a typical Italian confection. DeCillis, originally from New York, was a boy when he ate his first lemon ice from an Italian sweet shop in Brooklyn.

DE CILLIS savored that sweet-but-tangy, refreshing taste of sorbet. Around 10 years ago he came to Michigan and started his sorbet business. His recipes were tested by the HeartSmart program at Henry Ford Hospital's Heart and Vascular Institute.

Sorbet has around 160 calories per four-ounce scoop. Savino sorbets are available at several restaurants and ice cream parlors. Five flavors, sold in pint cartons, include lemon,

tangerine, Michigan cherry, chocolate and red raspberry.

Currently Savino ices are manufactured, packaged and distributed by Stroh's. DeCillis has a sales office in Plymouth.

Savino ices have turned up on the tables of some pretty influential people. They were served to King Gustav of Sweden when he visited the Detroit area, and President George Bush sampled some on a local campaign stop.

Stroh's Ice Cream is available at most major supermarket chains. Both Melody Farms and Savino Sorbets are sold in larger independent food chains and specialty stores.

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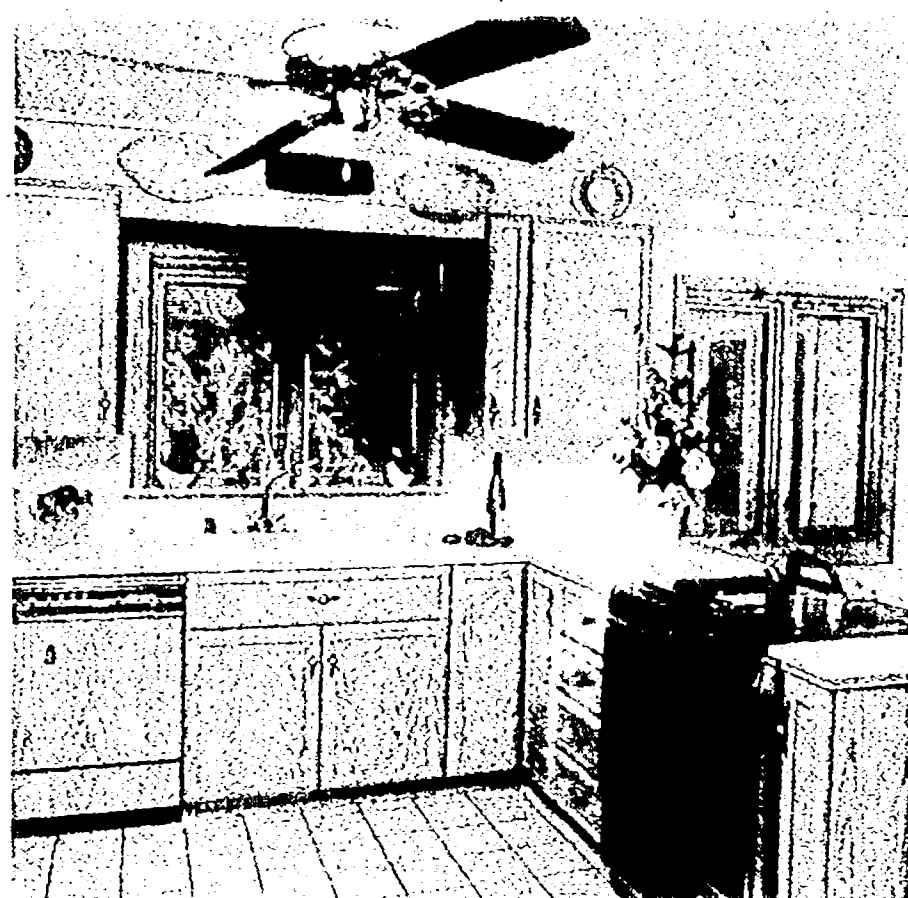
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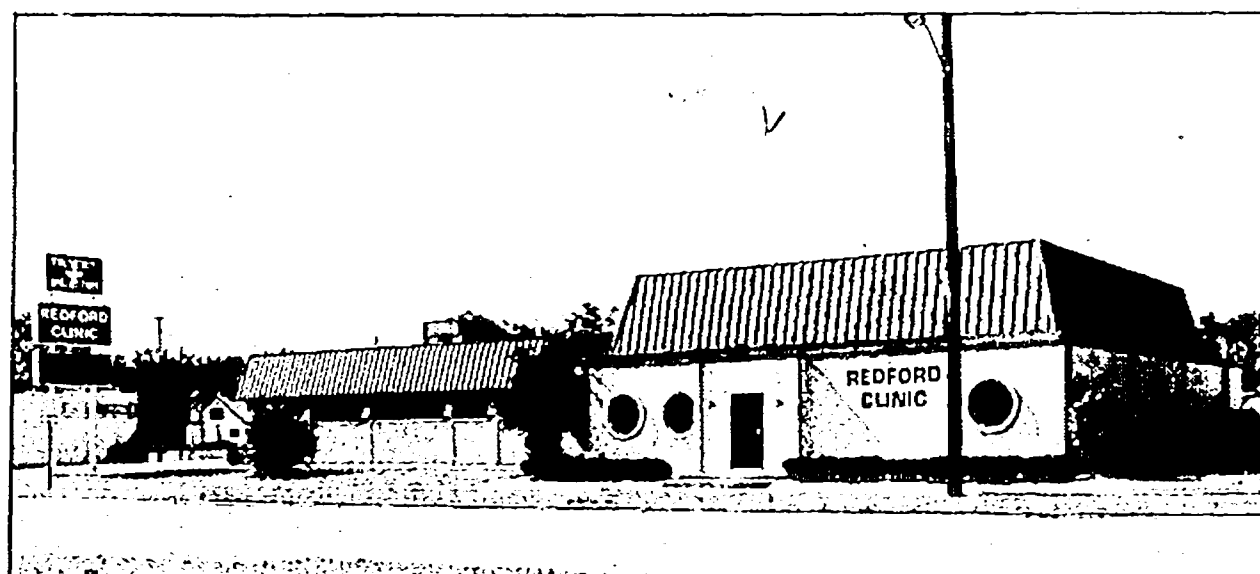
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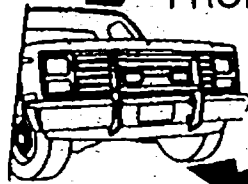
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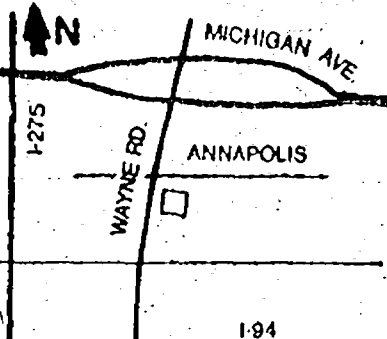
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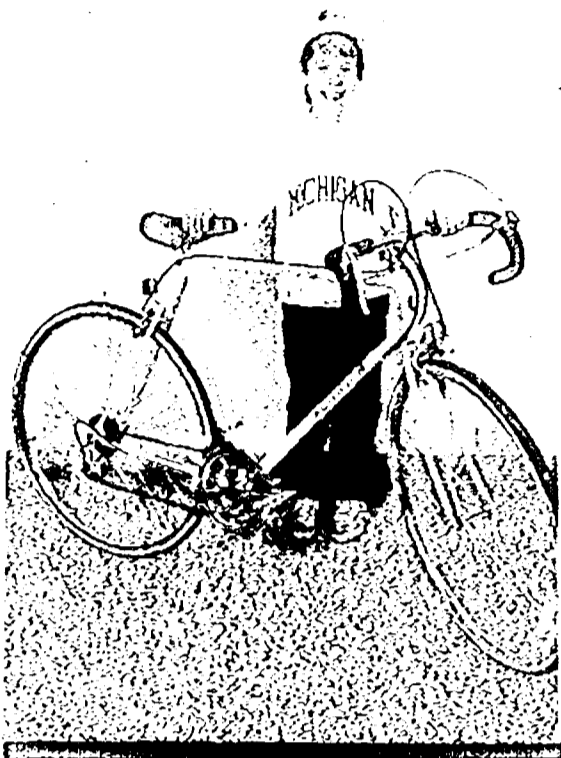
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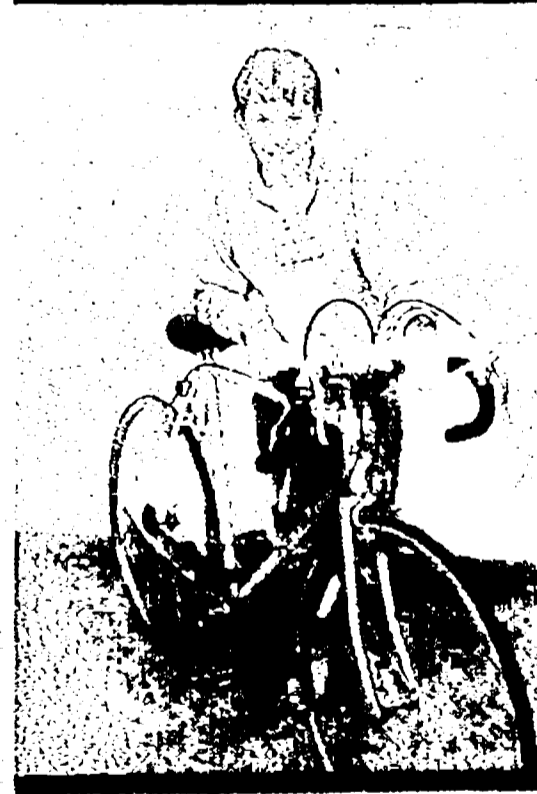
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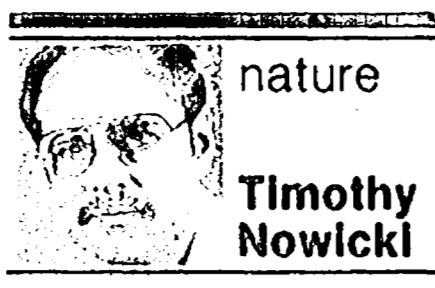


# Soapwort — a weed with many benefits

As my daughter and I rode our bicycle along Farmington Road across from the Livonia Police Station, I noticed a cluster of wildflowers known as bouncing bet, or soapwort. They often grow in large patches in disturbed areas during the summer.

Though soapwort can be found throughout southeastern Michigan now, native Americans wouldn't have known about this flower in the 1700s. Soapwort is an alien. Not from outer space, but from Europe.

Many of our wildflowers, often known as weeds, grow in areas where man has disturbed the natural



nature

**Timothy Nowicki**

soil and many were brought from Europe to serve a purpose. To get a rough idea of how many alien plants are found in eastern North America, I counted 53 alien plants out of 342. Though the sample is small, approxi-

mately 15 percent of the wildflowers we see today were brought from Europe, intentionally or unintentionally.

Soapwort was brought over intentionally because of its long history of use. When the leaves are crushed in water and mixed, they produce a foamy lather. This soapy quality and its cleaning properties were known since the Middle Ages. It was brought from France and Germany to England by friars, who planted it near their monasteries and hospitals.

Textile mills used a soapwort so-

lution to whiten fabric before it was printed. It was also used to brighten china and glass. According to one source, a solution made from soapwort leaves is used for this purpose even today.

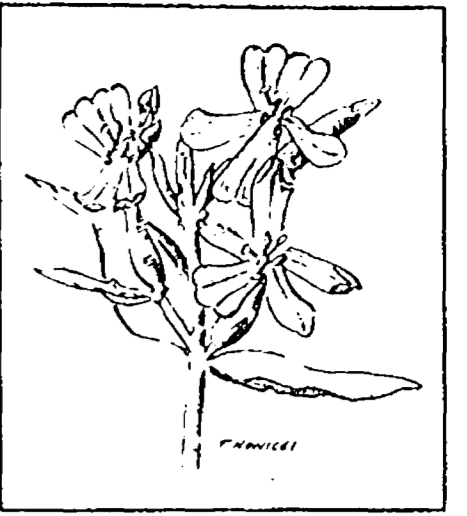
There are several other qualities of this plant which made it beneficial to man. It has a pleasant fragrance, which was used to cover up the stench of some of the English streets that had poor sanitation.

Modern research has discovered that some chemicals found in soapwort are useful in treating

syphilis, jaundice and liver problems. Though the plant is moderately poisonous, medieval brewers used it to help put a head on their steins of beer.

Before the advent of modern synthetics, man had to use plants and animals for producing products which he wanted and needed for survival. Today, the natural world — provided there is some remaining — is still a rich source of potential for man.

The writer is a naturalist at Independence-Oaks Park in Oakland County. He lives in Livonia.



TIM NOWICKI/illustration

Wildflowers known as bouncing bet, or soapwort often grow in large patches in disturbed areas during the summer.

## Exchange students need homes

Exchange students Nikodemus Asplund and Maria Berron are eager to become the newest young ambassadors from Sweden and Spain when they arrive in the Detroit area next month to attend high school for a year.

The two students were selected for an academic year abroad by Educational Foundation for Foreign Study, a non-profit student exchange program based in Cambridge, Mass. Local foundation International Exchange coordinator Bob Gurney has been working to find homes for Asplund and Berron.

"In addition to being a good representative of Sweden, Nikodemus is eager to learn about American customs and become fluent in English during his exchange year. He's an excellent sportsman and is especially interested in applying his skills to baseball and football next year. As a Stockholm native coming to spend a year in the Detroit area, he will also enjoy comparing daily life in both urban areas," Gurney said.

Seventeen-year-old exchange student Maria Berron said she is also going to take advantage of this opportunity and study and learn as much as possible while living with an area family.

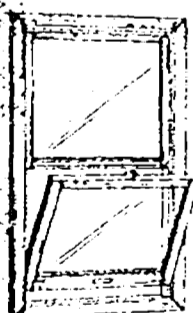
"Maria enjoys swimming, dancing and outdoors activities. With her interest in English and history, she hopes to work in an international office after graduation," he said.

Families interested providing a temporary home for Asplund or Berron can call Gurney at 895-0400.

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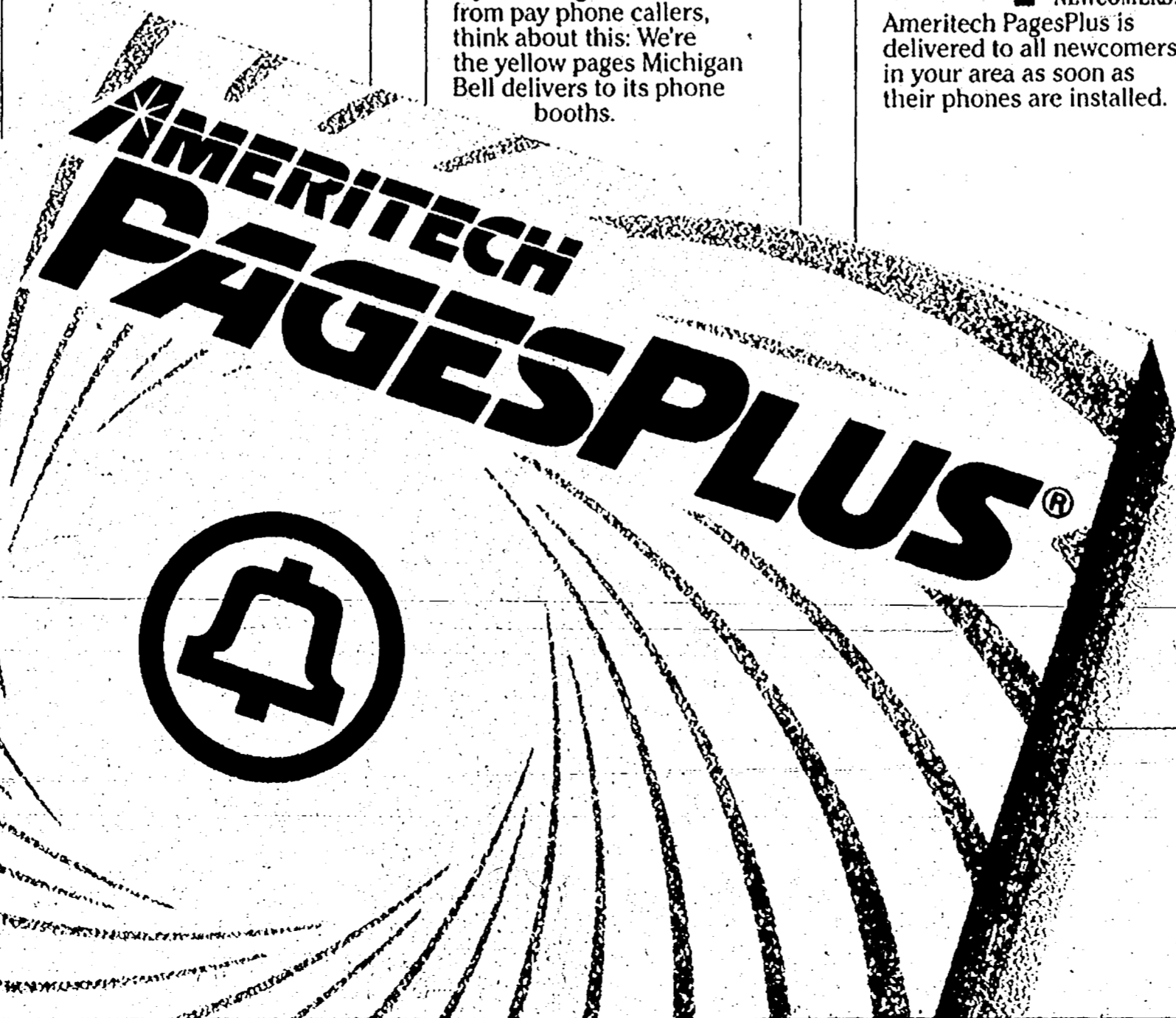
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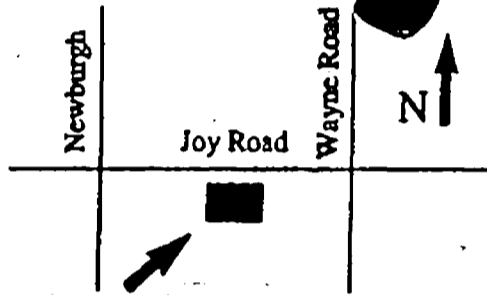
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# House OKs increase for 1990 Congressional budget

Here's how Observer & Eccentric area members of Congress were recorded on major roll call votes in the week ending Aug. 4.

## HOUSE:

### THE BUDGET FOR CONGRESS

By a vote of 291 for and 123 against, the House approved a fiscal 1990 budget of \$1.6 billion for itself and congressional support agencies. That is an increase of 14 percent over the comparable fiscal 1989 bill. After the Senate adds its budget of more than \$400 million, the cost of operating the legislative branch in 1990 will top \$2 billion. Members' salaries of nearly \$50 million are funded separately.

Among items in the House-passed bill are \$188 million for the salaries of House members' personal staffs (up 5 percent from the comparable 1989 figure), \$118 million for committee operations including staff salaries (up 7 percent) and \$123 million for House members' and senators' free-mail privileges. The postage

sum is open-ended and likely to be increased, despite new language reducing from six to four the number of mass mailings House members can send to constituents each year.

Supporter Vic Fazio, D-Calif., said "this is a very tight, austere budget." Opponent Hank Brown, R-Colo., said Congress has "a staff that is 10 times as big as any other government in the world for its deliberative body." Members voting yes supported the bill.

Michigan members voting yes were Carl Pursell, R-Plymouth; Dennis Hertel, D-Harper Woods; William Ford, D-Taylor and Sander Levin, D-Southfield.

William Broomfield, R-Lake Orion, voted no.

### TO CUT CONGRESSIONAL BUDGET

By a vote of 167 for and 246 against, the House rejected an amendment cutting nearly all areas of the 1990 legislative branch budget (above) by 6.25 percent, for a savings of \$97 million.

## Roll Call Report

"What used to be called the '\$1 Billion Congress' has become the '\$2 Billion Congress,'" said amendment sponsor Bill Frenzel, R-Minn.

Opponent Jerry Lewis, R-Calif., said the amendment "would cut some items that are very fundamental in terms of the members' ability to work around this place."

Members voting yes supported a 6.25 percent cut in the fiscal 1990 legislative branch budget.

Michigan members voting yes were Pursell and Broomfield. Hertel, Ford and Levin voted no.

### TO RAISE THE DEBT LIMIT

The House voted 231 for and 185 against to raise the national debt ceiling by \$70 billion to about \$2.87 trillion. The new limit (HR 3024), which was sent to the Senate, will enable the government to pay its bills while awaiting congressional approval of a separate measure putting the federal borrowing limit at \$3.123 trillion.

Supporter Bill Archer, R-Texas, said: "As distasteful as any increase in the federal debt may be to me personally and to many others in this chamber, we should adopt this measure."

Opponent Paul Henry, R-Mich., said: "By allowing this short-term hike of the debt limit... we are absolving ourselves of our responsibility to face some very fundamental questions" about America's economic health.

Members voting yes supported the higher debt ceiling.

Michigan members Ford and Levin voted yes. Pursell, Hertel and Broomfield voted no.

### SENATE:

**MX MISSILE** — By a vote of 62 for and 38 against, the House tabled (killed) an amendment stripping the fiscal 1990 defense authorization bill of nearly half of its funding for establishing a rail-based MX missile system. The amendment sought to

remove \$502 million in procurement money while retaining \$600 million in the bill for continued research into transferring the multi-warhead MX from stationary silos to moving railroad cars.

The vote occurred as the Senate sent a \$305 billion military spending bill (S 1352) for fiscal 1990 to conference with the House. It preserved an administration pact with many Democratic leaders in Congress to fund a mobile missile system consisting of both the rail-garrisoned MX and the truck-borne, single-warhead Midgetman. The House version of the bill decimates that agreement.

Senators voting yes supported full funding for putting MX missiles on railroad cars.

Michigan Democratic Senators Carl Levin and Donald Riegle voted no.

**CUBA AND DRUGS** — By a vote of 73 for and 27 against, the Senate tabled (killed) an amendment to the

1990 defense bill (above) seeking to curb what intelligence sources say is Cuban Premier Fidel Castro's contribution to America's drug problem. The measure sought to get at Cuba through its provider the Soviet Union.

The amendment called for denying American aid to any Soviet state, until President George Bush certifies Cuba is not a transit point for illegal drug shipments to the United States. American aid reaches the Soviet Union through world development banks and other channels.

John Warner, R-Va., who voted to kill the amendment, said it could upset U.S. Soviet relations in such areas as arms control.

Amendment sponsor William Armstrong, R-Colo., accused Cuba of "sending in the poisonous substances, which are killing and ruining the lives of our young people."


Michigan Levin and Riegle voted yes.

## SC sets Saturday registration

Schoolcraft College will hold registration for fall classes from 9 a.m. to noon Saturday, Aug. 26. Classes begin Thursday, Aug. 31. School officials said the special

Saturday sign-up session is being offered to accommodate the various work schedules of today's students. For more information, call 462-4430.

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# STREET SCENE

## Like far out, man

The English band Happy Mondays is part of a large Acid House scene in Great Britain, bringing back '70s culture with all the vices. Except theirs is simply not a trip down the farout lane. Find out how this group has incorporated the music of the '70s into a new whirlwind of a sound on Page 6D.

The Observer & Eccentric Newspapers

Monday, August 14, 1989 O&E

★ ★ 10



The pedestrian rush hour in Chicago's Loop peaks around 8:30 a.m. as Reebok-clad office workers clog the sidewalks and intersections of the financial district.



Members of the Second City Theater — Tim O'Malley (from left), Christina Dunn, Michael Franco, Ian Gomez, Maureen Kelley, Aaron Freeman, Rob Colson and Faith Soloway — rehearse a musical number for this summer's road show in Atlantic City.

## In search of a 'hot time' in Chitown

By **Tedd Schnelder**  
staff writer

We were off and running, Chicago-style:

### MORNING:

I first knew it on the ride in from Midway, when the 20-minute conversation with our chauffeur — Melvin Stewart, City Cab Number 2316 — ranged from the Pistons ("They'll miss Mahorn") to life as a Windy City hack ("Retire? never... Ask me again tomorrow") to his police record ("So I hit him in the mouth with the gun. I had to pay the fine and his dentist bill").

Chicago was definitely going to be my kind of town... for the next 12 hours anyway.

You can have the skyscrapers and museums, the restaurants and night spots that usually dominate these tourist excursions. Oh, I'll make them part of my itinerary. But for my vacation memories I'll take the people whose paths cross mine along the way, thank you.

Those impressions are more vivid and tend to hold up better over time.

That's why Melvin Stewart, City Cab Number 2316, became the first Chicago snapshot in my personal album.

The idea was to cram as much of Chitown down our throats as possible in one day. Sort of a Reader's Digest version of the typical weekend tour package, with help from Southwest Airlines and the newspaper's expense account, of course.

A summer drizzle in Detroit gave way to sunshine and a promised high of 80 degrees as the 737 touched down at Midway.

We were supposed to take the bus from Midway to the Loop (the city's financial district) for our first round of stops. But the buses apparently don't start running until long after our 7 a.m. flight arrived, so we hailed Stewart, who was parked by the terminal curb, looking for an early morning fare. The cab ride cost \$17 including tip, or only about \$2 more than two bus tickets.

First stop, the Sears Tower. Even with Sears about to take a hike to the suburbs (relocating its corporate headquarters to Hoffman Estates in a move that will leave the building half empty), the 110-story glass and steel monument will easily fulfill Personal Travel Rule Number 117: When going to a big city, always go to the top of one — and only one — tall building.

Unfortunately, to get to the top of the Sears Tower, we have to wade through some garbage at the bottom — namely, a shocky "multi-media" presentation hosted (on tape) by a bubbly Oprah Winfrey, who goes on and on about the wonderfulness of her hometown. Mercifully, it ends in 15 minutes and we're whisked to the Sky Deck on the 103rd floor.

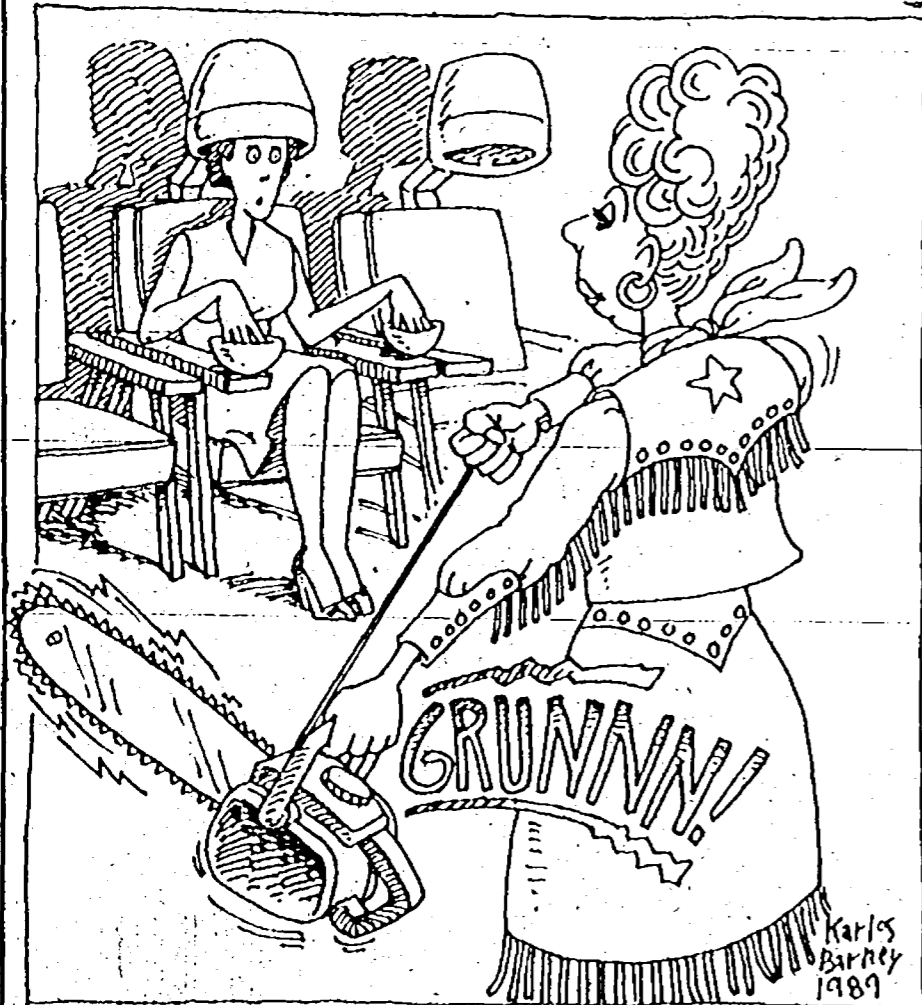
And on this slightly hazy morning, the view is spectacular. The

Please turn to Page 6

photos by JERRY ZOLYNSKY/staff photographer

### Warp Factor

Karlos Barney



Finding that life really does imitate art, Myrna comes face to face with the Texas Chainsaw Manicure.

## Chicago: A foodaholic's delight

By **Larry Jones**  
special writer

The assignment read: "Get to Chicago and interview famed Italian chef and cookbook author Gullano Bugliatti."

At first, I had thought of taking Amtrack — round-trip train fare for under \$55. I could finish that paperback book I started on last summer's vacation. I could leave Detroit and five hours later, arrive in the Windy City, only to do an interview and then spend another five hours coming home... Maybe next time.

I could drive and spend about \$30 for gas. Then I realized it would cost a hundred bucks to park downtown.

So, as luck would have, while watching "The Real Ghostbusters," an ad for Southwest Airlines \$29 one-way airfare to Chicago caught my eye. In the 48 hours that evolved between placing my reservation and picking up my ticket at the travel agency, the price had jumped an extra 10 bucks. But hey, I leave Metro at 10:45 a.m. and arrive in Chicago

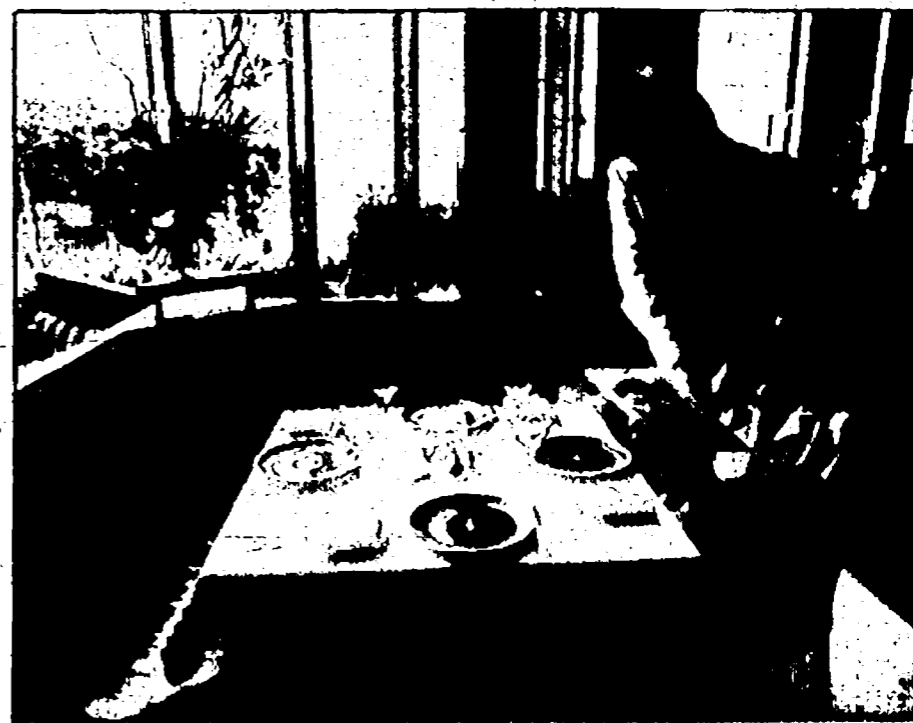
at 10:45 a.m. Who could beat that?

The flight was late, but then again, so was I. It gave me just enough time to get a red-hot, diet Coke and bag of chips at the airport. I nearly choked when the tab totaled a little over \$5. (Take it from me, skip airport food.)

Metro could easily wise up and do something about the shoddy service and poor quality of food. If it tasted good and the person working the counter would smile occasionally, the hurried traveler wouldn't mind plunking down that kind of money. But in its present state, the food and service stink.

AH, BUT ON to Chicago...

My interview and luncheon took me to the beginning of the "Magnificent Mile" as the Windy City calls it. A huge, glitzy building with the restaurant Spagglia discreetly placed on the second floor. The interview and press conference was in the private dining room and since the flight ran late, I entered while Chef Bugliatti was giving his spiel for the Italian



JERRY ZOLYNSKY/staff photographer

Spagglia offers elegant Italian food and a sweeping view of the Magnificent Mile's north end.

olive oil industry. Little did I know I sat next to the restaurant critic for the Chicago Tribune and directly across

from me was a hefty, bearded fellow who called himself Chicago's

Please turn to Page 4







# STREET CRACKS

## 10 years and still joking

### Lilly finds club work a challenge

By Larry O'Connor  
staff writer

The comedic boom of late has spawned several Johnny-Come-Late-lys on the scene while the Tim Lillys of the world chuckle along.

For 10 years, Lilly has been a comedian. He's seen more clubs than Jack Nicklaus, more roadside restaurants than a trucker.

Lilly's resigned himself to the fact that might not change anytime soon. He believes a lack of television exposure is perhaps his biggest stumbling block to big time notoriety.

"I know what these guys (in television) want and I'm not it," said Lilly, who will perform Thursday through Sunday at Joey's Comedy Club in Livonia. "They want the Ken Doll look. It's not so much what you say, it's how you look. I'm 50 pounds overweight, balding and wear glasses. Those are strikes against you in television."

Yet, he can still swing for the big laugh. His humor is suburban, recalling times such as cruising down Woodward Avenue and growing up in Ferndale.

People in the audience can relate to such things as being a stepfather, having a child for the first time and trying to support a family of five on a comedian's wages.

The latter is becoming increasingly difficult. With comedy clubs sprouting, several would-be comedians are taking a shot.

"THAT'S THE Catch-22," Lilly said. "There are more clubs, but there's 35 to 40 people in Detroit who fancy themselves as comedians. The clubs use that to their advantage. They say, 'OK, Tim Lilly doesn't want to work for \$50 a night, we'll get another comedic act.'"

"Fortunately, there are clubs like the Looney Bin in Walled Lake and Joey's in (Livonia) who will give a local guy a chance to headline."

Lilly has gone beyond the inner



Tim Lilly's humor is suburban, and the audience can relate to such things as being a stepfather, having a child for the first time and trying to support a family of five on a comedian's wages.

circle of Detroit area clubs, performing at the Comedy Store in Hollywood and The Improv in Los Angeles.

He prefers Great Lakes region, though. He feels people here can relate to the urban Midwestern humor. His start in the business certainly has Midwestern roots.

Lilly was a drama student in high school and had aspirations of going to Eastern Michigan University. Personal setbacks, including the death of his mother, stalled those plans.

While working at a "9 to 5 ham-and-egger," Lilly noticed the Delta Lady Club in Ferndale had an open mike night. He tried it. He liked it.

Lilly's jokes used to be spiked with "pot-smoking" fare, but he's cleaned things up.

Instead, Lilly's more likely to discuss some of his encounters of constantly being on the road.

"I got stuck behind a driver's education car and I noticed the kid has his hands in the 10-and-2 position on the wheel," he said. "They're teaching these kids the wrong things."

"Instead, they should be learning

how to get on the expressway without spilling their McDonald's Super Size. Or say, 'OK, put it in drive. Now open the Whooper box.'"

LILLY HAS joined the ranks of the recently married. His wife had three children of her own, daughters 12 and 10 and a son 6. They also have a seven-week old daughter.

The responsibilities have increased with fatherhood. And, with it, have come some harsh realities.

"I realized that I'm old. I'm square," he said. "My daughter mentioned her favorite band is Guy. I said, 'Guy who?' I imagine that's what it was like when I was young and my parents were asking, 'Who is this Led Zeppelin fellow?'"

"At that point, I put on my Bermuda shorts and black socks and said, 'Let's head to the beach.'"

Tim Lilly will perform Thursday through Sunday, Aug. 17-20, at Joey's Comedy Club, 36071 Plymouth Road, between Wayne and Levan roads, Livonia. For information, call 261-0555.

## COMEDY CLUBS

Here are some listings of comedy clubs in our area. To let us know who is appearing at your club, send the information to: Comedy Listings, Observer & Eccentric Newspapers, 36251 Schoolcraft, Livonia 48150.

**BEA'S KITCHEN**  
Ruben Guagardo will perform with Downtown Tony Brown and Arturo Shelton will perform Friday-Saturday, Aug. 18-19, at Bea's Comedy Kitchen, 541 Larned, Detroit. Showtimes are 9 p.m. and 11:15 p.m. For information, call 961-2581.

**CHAPLIN'S EAST**  
Sheila Kay will appear Wednesday-Saturday, Aug. 16-19, at Chaplin's East, 34244 Groesbeck, Fraser. Showtimes are 8:30 p.m. Wednesday and Thursday and 8:30 p.m. and 10:30 p.m. Friday and Saturday. For information, call 792-1902.

**CHAPLIN'S PLYMOUTH**  
Franko and Nick Griffin will appear Thursday, Aug. 17, at Chaplin's Plymouth in the Plymouth Hilton, 14707 Northville Road, Plymouth. For information, call 454-4680.

**CHAPLIN'S WEST**  
John Wing Jr. will appear Tuesday-Saturday, Aug. 15-19, at Chaplin's West, 16890 Telegraph, south of Six Mile, Detroit. For information, call 533-8866.

**HOLLY HOTEL**  
Heywood Banks will perform with Ken Brown and Mary Miller Thursday-Saturday Aug. 17-19, at Holly Hotel, 110 Battle Alley, Holly. Showtimes are 8:30 p.m. with additional 10:30 p.m. shows on Friday and Saturday. For information, call 634-1891.

**JOEY'S LIVONIA**  
Tim Lilly will perform Thursday-Saturday, Aug. 17-19, at Joey's Comedy Club, 36071 Plymouth Road, Livonia. Showtimes are 9 p.m. Thursday and Friday and 8:30 p.m. and 10:30 p.m. Saturday. For reservations, call 261-0555.

**LOONEY BIN**  
Mark Sweetman will perform Friday-Saturday, Aug. 18-19, at the Wolverine Lounge and Looney Bin Comedy Club, 1655 Glengary, Walled Lake. Showtimes are 9 p.m. Friday

and 8 and 10:15 p.m. Saturday. For information, call 669-9374.

**LOONEY BIN TOO**  
Donnel will perform Friday-Saturday, Aug. 18-19, at The Looney Bin at The Roxy, I-94 and Haggerty. Showtimes are 9 p.m. Friday and 8 and 10 p.m. Saturday. There's a \$5 cover charge. For information, call 699-1829.

**MISS KITTY'S**  
Bud Dingman will appear with Peter Berman Thursday-Saturday, Aug. 17-19, at Miss Kitty's Comedy Club, Long Branch Restaurant, 595 N. Lapeer Road, Oxford. Showtimes are 8 p.m. Thursday, 8 p.m. and 10:30 p.m. Friday and Saturday. For information, call 628-6500.

**MAINSTREET**  
Lowell Sanders will perform Wednesday-Saturday, Aug. 16-19, at Mainstreet Comedy Showcase, 314 E. Liberty, Ann Arbor. For information, call 996-9080.

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Sunday, September 17, 1989  
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DISTANCES AND TIMES:  
5k Run (3.1 miles) — 9:00 a.m.  
5k Walk (3.1 miles) — 9:05 a.m.  
10k Run (6.2 miles) — 10:00 a.m.  
400 Meter Run (1.4 mile) — 11:30 a.m.  
(Families with children under 12 only)

LOCATION: Hart Plaza at Woodward and Jefferson in downtown Detroit

COURSE: Starts near the Guardian Building at Congress and Griswold and finishes on Hart Plaza. Course maps will be sent to all pre-registered runners in their entry packet.

AWARDS: 10K: Top Male: \$1,000 U.S. Savings Bond. Top Female: \$1,000 U.S. Savings Bond. Top Male Wheeler: \$500 U.S. Savings Bond. Top Female Wheeler: \$500 U.S. Savings Bond. Top Male Master: \$500 U.S. Savings Bond. Top Female Master: \$500 U.S. Savings Bond. The top three finishers will win special commemorative plates. Medals will be awarded to the following finishers: Top 200 men and top 200 women, 39 years and under, top 75 men and 50 women, 40 years and older, top ten wheelers, and to all runners 60 years and older.

AWARDS: 5K RUN: Special commemorative plates to the top three male and female finishers. Medals to the top 100 men and women finishers and the top ten wheelers.

AWARDS: 5K FITNESS WALK: This is not a race. Commemorative badges and certificates to all finishers.

OTHER AWARDS: Special award(s) to the five organizations with the most participants in all three events.

SPECIAL GIFT: A MichCon-United Foundation 40th Anniversary T-shirt will be given to all entrants.

ENTRY FEE: \$8.00 (non-refundable) if postmarked by September 7, 1989. \$3.00 for children 12 and under. All entries after September 7th are \$10.00 for adults and \$5.00 for children, with late registration only taking place at Hart Plaza on Sunday, September 17th.

Checks should be made payable to MichCon-UW Torch Drive Run/Walk. Do not send cash.

Mail to: UW Torch Drive Run/Walk  
500 Griswold Street, 7th Floor  
Detroit, MI 48226

NOTE: Race number and packet will be mailed one week prior to the event. All entries after September 7th are \$10.00 and will only take place on Hart Plaza after 7:30 a.m. on September 17, 1989.

MICHCON-UNITED WAY TORCH DRIVE RUN/WALK — OFFICIAL ENTRY FORM

ENTRY FEE: \$8.00 (All entries after September 7th are \$10.00)  
\$3.00 for children 12 and under. (All entries after September 7th are \$5.00)

NAME (Print) \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ AGE (on 9/17/89) \_\_\_\_\_ SEX: M \_\_\_\_\_ F \_\_\_\_\_

EVENTS YOU ARE RUNNING: 10K  5K Run  5K Walk  400 Meter

If running on a team, list the name \_\_\_\_\_ (Each team member must submit a separate entry form. Team captain must submit a complete list of team entrants by September 7, 1989.)

WAIVER: To be signed by the athlete or parent/guardian if under 18.  
For and in consideration of my participation in the MichCon-UW Torch Drive Run/Walk, I waive and release all rights and claims for damages I might have against the organizers, The Michigan Consolidated Gas Company, United Way for Southeastern Michigan, The City of Detroit, The Motor City Striders, The Road Runners of America, the Athletics Congress, or other officials for injuries or damages sustained by my participation in said run/walk. I understand all sports are insured and named.

ATHLETE: \_\_\_\_\_ PARENT GUARDIAN (if under 18) \_\_\_\_\_  
Entry cannot be accepted if Waiver is not signed.  
Make checks payable to: MichCon-United Way Torch Drive Run/Walk  
Return to: United Way Torch Drive Run/Walk, 500 Griswold Street, Detroit, Michigan 48226

NOTE: The above listed entry fees do not help defray costs for this event. These fees do not represent a donation to United Way for Southeastern Michigan.

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Saturday  
August 19  
at 11:00 AM  
For All Ages

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307 South Lyon Milford-Highland MILFORD (White Lake Twp) New construction 1800 sq. ft. brick ranch, 2 car garage, full basement on 1.2 acres. Move in before school starts \$128,300. 437-0265

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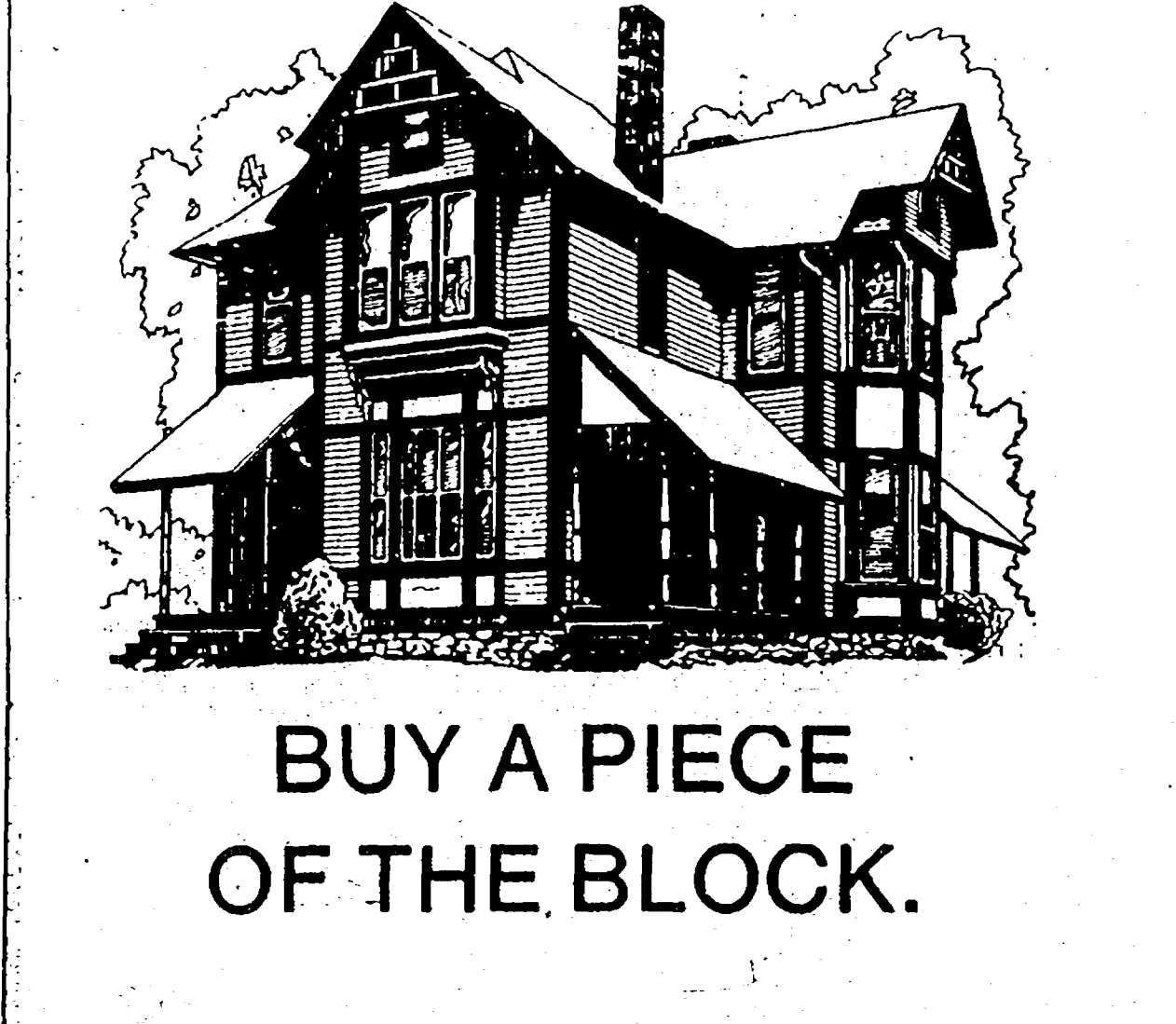
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328 Condos Sneak A Peek Greenpoint At Copper Creek Farmington Hills 2 bedroom, 2 1/2 bath townhouse 2 car garage. Private pool. Pre-construction price from \$109,990. 661-4422

332 Mobile Homes For Sale NEW YORKER, 12x60, appliances, air, \$8700. Shoring, Michigan. Call after 5pm 852-9686

CROSSWORD PUZZLER Answer to Previous Puzzle ACROSS 1 "The Couple" 4 Faroe Islands whirlwind 6 -- minister 11 Rules 13 Those borne 15 Article 16 Exterior 18 Cooled lava 19 That thing 21 Seven -- (oceans of the world) 22 Cumberbund 24 Clayey earth 26 Disturbance 28 Hawaiian word 29 Assumed name 31 Break suddenly 33 Bowe ID 34 Fruit seeds 36 Pierce 38 Preposition 40 Rodents 42 Look fixedly 45 Sick 47 Festive 49 Bridge term 50 Eve's mate 52 Ordinance 54 Roman 51 55 Note of scale 56 Raise 59 Therefore 61 Stage whispers 63 Sell to consumer 65 -- Williams 66 gards 67 Compass pt. DOWN 1 Anglo-Saxon money compound 6 Jails 7 Free of 8 Roman date 9 Myself 10 Expunged 12 Proceed 14 Indian title 17 Capuchin monks 20 "The -- Bountiful" 23 Lansbury ID 24 Mother 25 Denies face 30 Type of party 32 Boone and Peterson 35 Most rapid 37 TV's Lucille 38 Crown 39 "The -- Rookie" 41 South-eastern European 43 Dried grape 44 Printer's measure 46 " -- Law" 48 Cognizant of 51 Ancient Persian 53 Anna -- 57 Meadow 58 Latin conjunction 60 Spanish cheer 62 Negative prefix 64 Diphthong



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