

Beaver Island: Our 'Emerald Isle,' 1D



Walter's is champ, 1C

Summertime and soups are cool, 1B

# Westland Observer

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Westland, Michigan

44 Pages

Fifty Cents

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## Private schools to use Ford center

By **Tedd Schneider**  
staff writer

Students from two parochial schools will be using the Ford Vocational/Technical Center this fall.

The Wayne-Westland school board Monday approved pilot agreements to accept tuition students from Lutheran High School in Westland and Cabrini High School in Allen Park at the center on Marquette, east of Newburgh. The board also renewed

similar contracts with the Allen Park and Northville public school districts.

The new agreements mark the first time the center will be used by private school students.

Edwin Ferguson, vocational/technical center principal, said Friday he expects a total of 12-15 students from the two private schools will be enrolled at the center for the fall semester.

"I think what's important is we're

showing that we're a member of the community at large," Ferguson said. "The center can benefit from those outside the Wayne-Westland Community School District as well as inside, and that includes private schools."

"BESIDES, a number of students who attend Lutheran High actually live in the district," he said.

The center also attracts students from the Crestwood and North Allen

Park-Melvindale school districts. The majority of its estimated 1,800 students this fall will come from the Wayne-Westland district.

Some 166 students from outside districts were enrolled at the center in 1988-89, according to fourth Friday attendance figures turned in to the state.

Tom Svitkovich, associate superintendent for communications and finance, told the board Monday that declining enrollment at the high

school level opens up more spaces at the center for other students.

"I don't see where you're going to have a problem with our students getting bumped to make room for outsiders," he said. The contracts with other schools also stipulate that the intent isn't to displace Wayne-Westland students to make room for students from outside the district.

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### places and faces

**THE JOHN GLENN** high school football stadium will move up a notch this fall, matching the first-class performance of the team that plays in it.

The Wayne-Westland school board last week approved construction of a new press box at Irma Kionka Stadium.

The press box will be built with \$53,610 in bond issue money. (A \$12.9 million bond issue for building repairs and equipment purchases was approved by district voters in January, 1988.) Completion of the project is expected by Sept. 1 and in case of delays, the current press box won't be demolished until the new one is finished.

The new press box will feature an improved public address system, school officials said Monday.

The current PA setup, with two small speakers on top of the press box, often isn't heard by fans on the far side of the field.

**HALFTIME SHOWS** at Glenn, Wayne Memorial and the four junior high schools are going to be new and improved as well.

The board also approved the purchase of \$37,952 in band instruments to be divided among the six schools.

New instruments will include a baritone saxophone, a tenor saxophone, a violin, viola and several percussion instruments and accessories. The schools are also getting 180 music chairs and 80 orchestra music stands.

**THE LIONS** are racing ducks.

Got that? Well, let us explain. The Westland Host Lions Club will join the Garden City Lions in a fund raising "duck race" to benefit the children's services department at William Beaumont Hospital.

The event is scheduled for 1 p.m. Sunday, Aug. 6 at Ellizabeth Park in Trenton. Pre-race festivities for children begin at 11 a.m.

For more information call Bill Acton of the Westland Host Lions, 326-2607.

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## Taking the plunge

### Wedding to feature swimwear

By **Leonard Poger**  
editor

Karen Starr and Kerry Byrd will get into the swim of things — figuratively — when they plan to marry Saturday morning on the banks of the Rifle River near Standish with a "color guard" of canoes.

They will wear specially designed wedding/bathing suit outfits for the ceremony.

The groom's outfit will consist of white talls and a top hat along with his white bathing suit.

His bride-to-be will walk down the banks of the Rifle River dressed in a white bathing suit, bustle and carrying flowers.

Their wedding party will also be dressed in swim wear, flanked by three decorated canoes and 18 other canoes on the banks of the river.

The swim wear is meant to symbolize Byrd's activities in the Canoe Club, of which he has been the only president in its 12-year history.

They talked about the upcoming wedding in their Calumet Court home in the Norwayne neighborhood of Westland.

"IT WAS Kerry's idea to get married with a canoe theme," said Karen, 37, "I went along with it," adding the type of wedding ceremony didn't matter to her.

Byrd, 38, said his club has a canoeing trip the first weekend of August every year and he wanted to combine the event and the wedding into one.



ART EMANUELE/staff photographer

Ready to paddle down the aisle are Karen Starr and Kerry Byrd who show off their swimsuit/wedding outfits. They will be married Saturday morning on the banks of the Rifle River.

It is the second marriage for both.

Byrd, a 1 1/2 year employee at the Chevrolet-Pontiac-Cadillac engine plant in Romulus, has two children from his first marriage.

Starr, personnel coordinator for Temporary Resources, has five children from her previous marriage.

The cost of the bride's outfit is \$240 while the groom's is \$100.

## Lions make life easier for asthmatic 6-month-old

By **Tedd Schneider**  
staff writer

A 6-month-old girl — and her mother — are breathing easier thanks to the Westland Host Lions Club.

Megan Schilling, who has suffered from acute asthma, bronchitis and other respiratory problems since shortly after her birth last winter, was the recipient of a 12,000-BTU air conditioner donated by the Lions recently.

The air conditioner removes humidity and dust from Megan's room,

making each breath the infant takes less of a chore.

"The difference is unbelievable," said Robin Schilling, Megan's mother. "I don't think we're going to be going back to the hospital quite so much."

MEGAN HAS been in and out of Westland Medical Center since she was 5 weeks old. An air-conditioned environment is so vital that when the power to the Schilling's Norwayne home in the Palmer-Merriman area was temporarily knocked out in an electrical storm Wednesday, it was

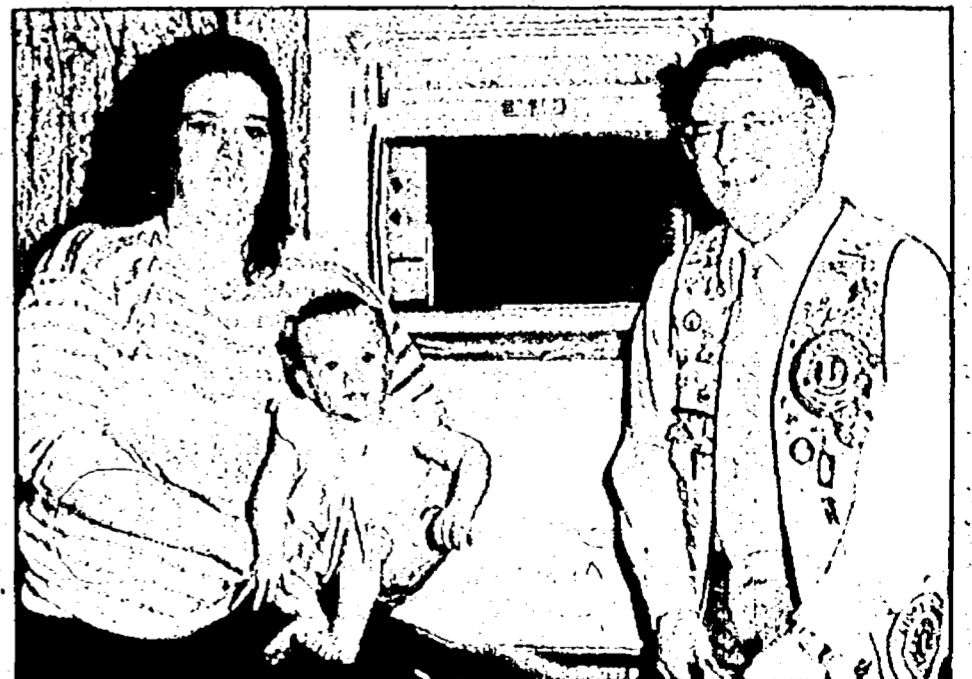
back to the hospital for the night. Schilling, 33, is divorced and unemployed. Caring for Megan and her two other children takes up most of her time, she said.

And she's familiar with the infant's dilemma.

Her son Erik, 9, also has asthma, although not as severe as Megan. "They (doctors) keep telling me he'll grow out of it, but so far he hasn't," she said.

Her 12-year-old daughter is normal, Schilling said.

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ART EMANUELE/staff photographer

Robin Schilling holds Megan in front of the new air conditioner as Bill Acton, Westland Host Lions Club president, looks on.

## Couple honored for 33 years of volunteer work

Greger and Margaret Gregeron of Westland aren't doctors. But with the uncounted hours they have donated to volunteer hospitals for 33 years, they should have been doctors.

The Gregerons, Westland residents for 20 years, were recently honored by Wayne County Commissioner Kay Beard, who named them as the Outstanding Seniors of the Year for Westland.

Beard's 12th district includes Westland,

Garden City and Inkster.

The program was implemented by Beard in 1987, after she noted that there are many active volunteers in the area who deserve special recognition for their dedicated service to their communities.

Gregeron, 81, and his wife, 71, have been volunteers at veterans hospitals and other medical facilities for 33 years. Combined, the couple has contributed more than

18,000 hours of volunteer work at the Ann Arbor Veteran's Administration Hospital.

Greger served as the director of the VA's volunteer service program for several years before retiring recently. He has received many citations from the VA and other veterans groups for his volunteer efforts.

Margaret spends most of her time working in the psychiatric ward of the Ann Arbor VA hospital, bringing cheer to patients.

Doctors in the department have commented on how much the patients of the ward look forward to seeing Margaret come in to stay with them, and how they hate to see her leave.

Like her husband, Margaret has also received various citations for her dedicated volunteer work.

The Gregerons received a wooden plaque for their latest honor.

## Woman charged in fatal accident

A Westland woman has been charged with manslaughter in connection with a July 23 head-on collision that resulted in the death of 26-year-old woman, also from Westland.

Police issued a warrant Friday against Michelle Gabbard, 22. No arraignment date has been set, said officer Thomas Hissong of the Westland police traffic bureau.

If convicted on the manslaughter charge, Gabbard faces a maximum 15-year prison sentence.

Killed in the two-car accident on Wayne Road near Glen was Annette Perry.

Police said a 1978 Ford Granada driven southbound on Wayne Road by Perry was struck head on by Gabbard's 1978 Ford pickup truck at 3:02 a.m. The pickup truck had crossed the center line, police said.

Police believe the driver of the truck had been drinking. Results from blood alcohol tests hadn't been returned by state police as of Friday, Hissong said.

Gabbard's driver's license was suspended at the time of the accident, Hissong said.

Neither driver was wearing a seat belt at the time of the crash, police said.

## cop calls

A HOMEOWNER on the 36600 block of Joy told police burglars broke into her house for the second time in less than a week Tuesday.

In the latest incident, the thieves made off with a videocassette recorder, stereo amplifier, cassette deck and cable television box. The stolen merchandise had a total value of \$600, the woman said.

The woman said the most recent break-in occurred between 7 a.m. and 3:30 p.m. while nobody was home.

The culprits forced open a front door than was still being repaired after the first break-in, police said.

A RESIDENT of the Hawthorne Club Apartments, Merri-

man and Ann Arbor Trail, reported that someone stole her 1985 Chevrolet Monte Carlo from the complex parking lot late Monday or early Tuesday.

The locked car, valued at \$7,000 by its owner, was stolen between 10 p.m. and 8:30 a.m.

It was recovered by Detroit police at 10:31 p.m. Tuesday on the 14800 block of Littlefield.

Police said the car's ignition and dash were heavily damaged.

THREE MEN stole two 12-packs of beer from the Dairy Mart store, 35035 Cherry Hill, Tuesday night. The stolen merchandise was valued at \$18.

A store employee told police the men entered the store at 9:50 p.m.

One of the men went to the cooler and took the beer while the other two waited by the door, the employee said.

The employee said she tried to block the thieves' path as they left the store, but one of the men grabbed her by the arm and shoved her aside.

The employee described the man who took the beer from the cooler as black, 6 feet tall and 285-300 pounds. The man who grabbed her arm was white, 6 feet tall and 230 pounds and the other man was white, about 5 feet 7 and 200 pounds, she said.

All three men were wearing shorts and T-shirts or tank tops, she said.

A WESTLAND youth told police he was assaulted by two other

boys Wednesday afternoon as he rode his bicycle on the grounds of P.D. Graham Elementary School, 1255 S. John Hix.

The youth wasn't seriously injured, police said.

The boy said his assailants began following him in a 1974 Chevrolet Nova at about 3 p.m. Eventually, the assailants got out of the car and chased him, the boy told police.

The two assailants caught up to him and threw him on the hood of the car, the boy said. Then one attacker punched him in the cheek using a plastic cigarette lighter inside his fist and tried to kick him in the foot.

The boy suffered a bruise below his right eye, police said.

## 'Appliance Doctor' continues his fight for legislation

Continued from Page 1

"We want to make sure consumers have all the tools possible to assure they get what they pay for," he said. "This is a legitimate area to look into. There is clearly a need for legislation, not because all appliance dealers are dishonest but because some are."

BULLARD, WHO AUTHORED similar legislation last year, said he envisions a regulatory system similar to the Bureau of Electronic and Appliance Repair (BEAR) in California that since 1972 has licensed all

repair centers.

"In the absence of a regulatory or similar system here, many repair operations have no fixed address. Under existing Michigan laws, consumers are easily defrauded," Bullard said.

The California law guards against both fraud and incompetence, and has dramatically reduced the incidence of both, according to John Hayes of BEAR, who said the agency is empowered to revoke licensing.

Newly elected state Rep. Jan Dolan, R-Farmington Hills, who serves

on the House Consumer Committee, is not convinced Michigan needs new regulatory laws.

"I am not yet satisfied there is not already something out there. We have quite a Consumer Protection Act in place. Sometimes legislation is in place but consumers don't take advantage of it. Maybe consumer education is needed," she said.

Dolan did not attend Tuesday's hearings. Nor did state Rep. Maxine Berman, D-Southfield, also a consumer committee member who declined comment on the subject "until I know more about it."

IN JANUARY 1988, similar legislation authored by Bullard died in the House Committee on State Affairs.

The new proposals require service numbers for all repair technicians. Such numbers must accompany all advertisement, estimates and billings. Each repair job must first be estimated in writing. Licensing fees are set at \$100, with annual renewal fees of \$50.

Jim Hallan of the Michigan Retailers Association, a group that opposes both proposals, said the bill is poorly drafted.

"The licensing provision contains no certification procedure," he said.

"It's just going to create additional cost but provide no additional safety," adding the number of service repair complaints is small and adequate consumer protections are already in place. The Michigan Merchants Council also opposes the proposed legislation.

Esther Shapiro, director of consumer affairs in Detroit, said to date this year, her office has received 79 complaints amounting to \$9,959 in paybacks to wronged consumers.

"Ninety percent of operations in Michigan are very small industries,"

little mom-and-pop operations," Parry of Sands Appliance said, adding the majority are honest operators that require little regulating.

In Tuesday's testimony, however, Gagnon said it is "the scams and fly-by-night operations" that need regulating. It is time, he added, "to help ourselves improve our tainted image."

## Board approves contracts

Continued from Page 1

Many communities don't have vocational/technical training programs equal to those in Wayne-Westland, Ferguson said. The Ford Center, a 100,000-square-foot facility

built in the late 1970s, provides training in 22 skill areas for high school students and adults.

THE AGREEMENTS call for the schools or districts involved to pay

Wayne-Westland \$1 per student in tuition and a \$26 per student administrative services fee. The \$27 total is refundable should the student drop out of the program before the fourth Friday count.

Students may schedule a maximum of 50 percent of their class time at the center, the agreement states.

Each student is counted as a half-time full-time equivalent for purposes of receiving state aid.

Wayne-Westland has no obligation to provide transportation to the center for outside students.

But Svltkovich said a district bus which passes Lutheran High on its scheduled route may be used for students from that school. Cabrini High School students coming to the center will use either a Cabrini bus or a bus from Allen Park Public Schools, he said.

## Lions Club helps girl

Continued from Page 1

Schilling said insurance covers some, but not all, of Megan's medical expenses.

"Not working, and having three kids, money gets kind of tight around here," she said.

THE LIONS made the emergency donation July 6 after receiving a call from Bill Hiney of the American Lung Association, who has worked with the Schillings. The club purchased it from ABC Warehouse, which dropped the \$349 price by \$150.

Bill Acton, Host Lions president, said the club makes emergency donations when the situation is "desperate."

"It's one more example of what the Lions do for the community," Acton said.

Schilling was surprised by the donation and grateful that somebody was thinking about her.

"We just came home one day from the hospital and there it was," she said. "In today's society, with everybody out for themselves, it's nice to know that somebody cared enough to try and help out."

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Wayne-Westland Community Schools  
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- Project:
  - Furnishing and installing a computerized Energy Management System and associated controls.
- Proposals to be Submitted:
  - Cherry Hill Adult Center Energy Management System
- Due Date and Place:
 

Date: Monday, August 28, 1989  
Time: 2:00 p.m.  
Place: Wayne-Westland Community Schools  
Department of Buildings & Grounds  
33415 Myrtle Street  
Wayne, Michigan 48184
- Issue of Specifications:
  - Specifications may be obtained at the Department of Buildings & Grounds
  - Deposit: \$25.00
- Proposal Guarantee and Security Bonds:
  - A certified check or satisfactory bid bond made payable to: Treasurer of the Board of Education, Wayne-Westland Community Schools, and equal to five percent (5%) of the bid shall be submitted with each proposal. No bids may be withdrawn for at least sixty (60) days after bid opening.
- Rights of the Owner:
  - The Owner reserves the right to reject any and all bids and to waive any informalities therein.

SHARON SCOTT, Secretary  
Board of Education  
Wayne-Westland Community Schools

NOTE: PROPOSALS WILL BE OPENED ON MONDAY, AUGUST 28, 1989 AT 7:00 P.M. AT THE BOARD OF EDUCATION BOARD ROOM LOCATED AT:

TIMOTHY J. DYER BUILDING  
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Publish: July 31 and August 8, 1989

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NOTICE OF PUBLIC HEARING  
August 7, 1989  
CITY OF GARDEN CITY

NOTICE IS HEREBY GIVEN that the Mayor and Council of Garden City will hold a Public Hearing on August 7, 1989, at 7:00 P.M. in the Council Chambers, at the Civic Center, 6000 Middlebelt Road, Garden City, Michigan

August 7, 1989, at 7:00 P.M.  
On soliciting Public comments on amending the City Manager Salary Ordinance as follows:

POSITION	EFFECTIVE JULY 1, 1989
City Manager	\$45,715.00-\$69,475.00

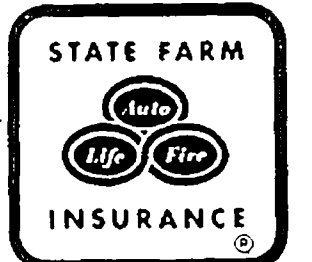
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City Clerk-Treasurer

Publish: July 28, 1989

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FIGHT SOME OF THE WORST DISEASES OF OUR TIME.  
Support the American Diabetes Association.



American Diabetes Association

# Removing obstacles

## Outreach office serves blind in a variety of ways

By Leonard Poger  
staff writer

The Ford Road office display includes a Monopoly board and cards, a Scrabble game, a Frisbee, and playing cards.

But those games help blind persons enjoy the same quality of life as sighted persons.

The games, along with a set of

records containing the King James version of the Bible and other materials, contain the raised dots which are "read" by sightless persons.

The table articles are the first thing visitors see when they enter the National Federation of the Blind/Michigan chapter's community outreach office on Ford, 1 1/2 blocks east of Merriman.

It is only the second office of the

private, non-profit organization which provides a variety of services and programs to blind persons. The other office is in Lansing.

Besides the games and records, the chapter's outreach staffers are also working to help blind persons fight society's stereotypes and prejudices toward the sightless.

Daniel Harman, executive director of community outreach, said that the average blind persons — given proper training and opportunity — can compete with the average sighted person in the job market.

"AN ENLIGHTENED and informed society should understand that the measurement of a person's eyesight shouldn't be the measurement of the person's abilities," Harman said.

He cited numerous examples of blind persons who are independent and achieved things on their own:

- Allen Harris, the Michigan chapter president who has been blind since birth, is head of the social studies department at Edsel Ford High School in Dearborn, head of the wrestling department and a wrestling coach.

- Steve Zielinski, who takes two buses from his Lincoln Park home to reach the Garden City community outreach office.

- The chiropractor for Harman's father in Iowa.

- The top newspaper carrier in Nebraska who won a scholarship a year ago from the national federation.

Harman, aided by assistant director Diana Mahon, said the Michigan federation has three objectives — look for blind persons to make them aware of the free services and programs offered by the organization; provide information to sighted society, and to raise money to support the group and its outreach programs.

HARMAN SAID the problem of blindness is growing, mainly among elderly persons although youngsters are also affected.

"One recent call was from a mother whose 18-year-old son was blinded after an auto accident," Harman said.

The director said the biggest obstacle to the blind isn't their lack of



Staff photos by ART EMANUELE/staff photographer

Dan Harman, executive director of the National Federation of the Blind/Michigan community outreach center, and Diana Mahon, assistant director, display Scrabble, Monopoly and other games designed with Braille dots for use by sightless people.

sight but their own sense of helplessness and society's perceptions toward the blind.

The Michigan Commission for the Blind (a state agency) estimates that there are an estimated 89,000 visually impaired persons in the state who are 65 or older," Harman said.

"That number is expected to double in the next 20 years."

Harman said that 90 percent of sightless persons have some vision while the remaining 10 percent are totally blind.

"Many people are fearful of losing their sight," Harman said, with blindness being the second most feared disease — next to cancer.

For blind youngsters, the federation offers a variety of services and programs, including how to read Braille, how to use white canes and enrollment in a summer day camp.

"Braille (with the familiar raised dots) are to the blind what the printed word is to sighted person," Harman said. "A blind person who can't read Braille is as illiterate as a sighted person who can't read print."

THE TRAINING on how to read Braille and the use of the white cane — is important to all ages of sightless persons, Harman said.

"What isolates blind persons isn't the blindness," Harman pointed out.

"It is the inability to travel. Sightless persons can grow up and gain understanding, dignity and self-respect."

He said the federation "helps people help themselves and doesn't do things for them."

Harman said the national federation, formed in 1940, is the country's largest and oldest private organization dedicated to helping the blind.

To contact the community outreach office, write to P.O. Box 15, Garden City, 48135 or call 427-0209, 10 a.m. to 9 p.m. weekdays.

### Many services available

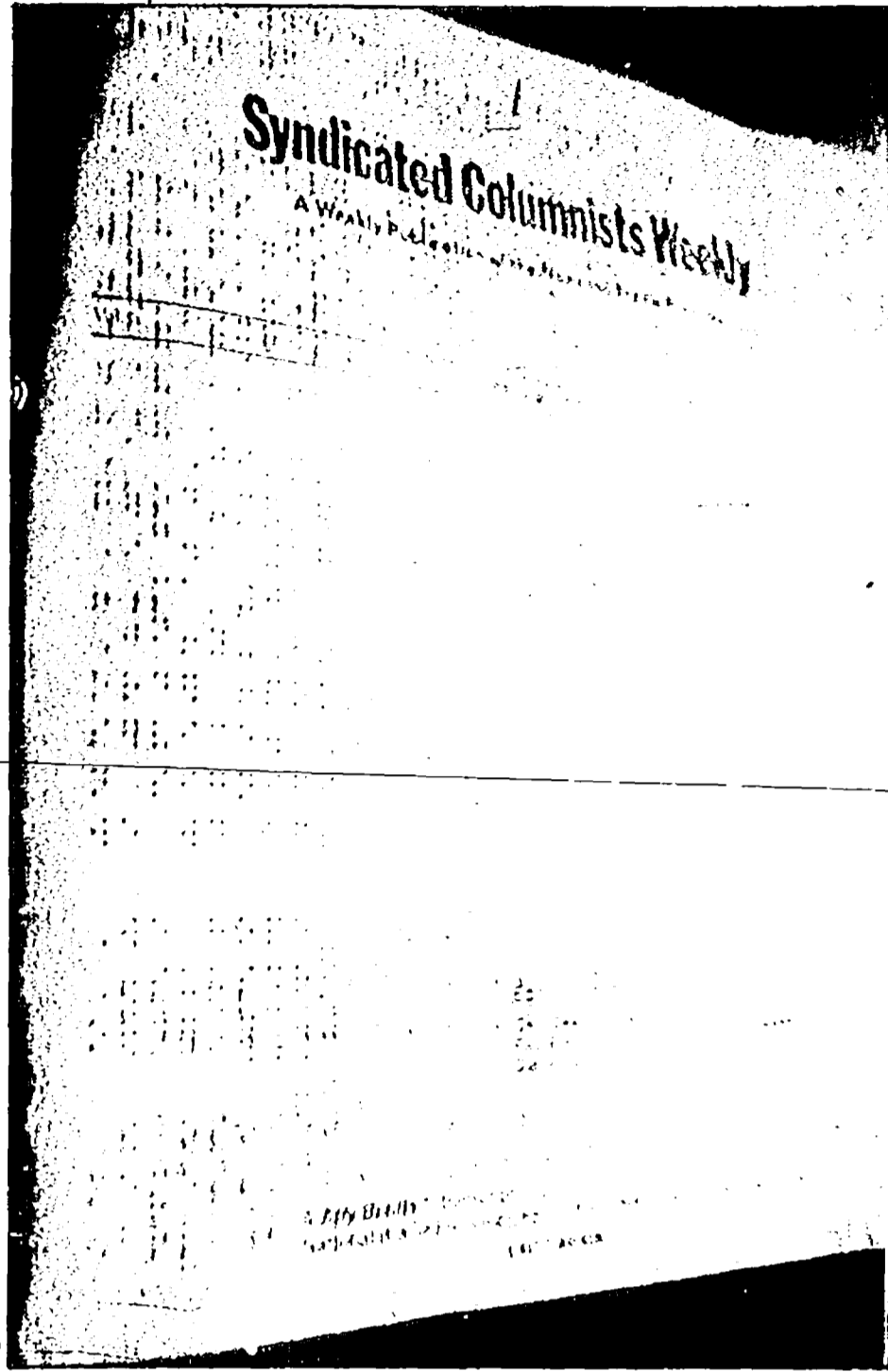
Here are some of the free services or programs offered by the National Federation of the Blind/Michigan chapter community outreach office on Ford east of Merriman:

- Books and magazines in Braille

or cassettes and records through the Wayne County Library for the Blind.

- Variety of sources to obtain Braille transcription service.

- Equipment for use by blind persons.



Blind people can "read" syndicated columns through the use of Braille dots.

## Subdivision seeks rezoning to W-W due to bus ride

Residents of a partially-completed Wayne subdivision are seeking a change in schools for their children.

Wayne-Westland school officials said last week they would look into their request.

A half-dozen residents of the Legacy Estates subdivision appeared before the school board Monday claiming that busing the children two miles to Roosevelt Elementary School in Wayne would be inconvenient and prevent their children from developing traditional friendships.

The residents requested instead that the subdivision, west of John Hix and south of Glenwood (the Wayne/Westland border), be rezoned by the district so that children would attend either P.D. Graham or Schweitzer Elementary Schools, both in Westland. Graham is about a mile from the subdivision and Schweitzer is about 1 1/2 miles away.

"The children are apprehensive about being bused and when they get to junior high school they might lose out on after-school activities like clubs and sports," said Bonnie

Worthington, a subdivision resident.

"WITH OTHER kids going to their school living almost three miles away, they aren't able to hop on a bike and go visiting," another resident said.

One parent, who said his son needed to come home during lunch hour for asthma treatments, wondered whether he would have enough time to take the medication.

There are 18 homes already completed in the subdivision, with 12 currently occupied. There will be 54 homes when it is finished, according to the city of Wayne planning department.

Although the children are in the Roosevelt attendance area, the district's open enrollment policy allows them to be enrolled at any school in the district where there is available space.

But the district doesn't provide transportation for those students and the parents said they want to make sure they don't get "bumped" back to Roosevelt if their chosen school is full.

The district provides bus transportation for elementary students who live at least a mile from the school they are assigned.

## Fund-raiser head named

St. Mary Hospital in Livonia has appointed Todd A. Riedel as its first director of fund development.

Riedel will implement a fund-raising program for the hospital.

The Plymouth resident earned a bachelor's degree from the School of the Ozarks in Point Lookout, Mo., where he worked on the school's fund development team for two years.

He also spent five months at Southwest Missouri State University as assistant director of development.

## Kids' luncheon set

A luncheon for handicapped children will be held at 10 a.m. Wednesday, Aug. 16, in the American Legion Post in Livonia.

Handicapped children from Livonia, Redford, Northville and Garden City will be there for the luncheon, which is open to the public, along with their teachers and aides, and professional clowns.

## Model's career driving ahead

Jamie Lynn Kolodziej, who graduated John Glenn High School just over a year ago, is in the driver's seat where her career is concerned.

The Westland woman was recently picked as a Honda auto spokeswoman and model for the 1989-90 international auto show circuit, reported her father, Jim Kolodziej.

She will travel extensively this fall and next spring, her father said.

After graduating John Glenn High, Kolodziej attended Henry Ford Community College, Dearborn, majoring in mass media communications. At the same time, she enrolled at the John Robert Powers Modeling Agency and pursued modeling as a career.

In June, she finished in the top 25 of the 134 contestants in the annual Miss Michigan United Pageant. Shortly afterwards, Kolodziej was named a video jockey for Entertainment Spotlight, a local cable-TV program, and hostess for Metro Spotlight, also on cable.

HER VIDEO appearances weren't limited to Westland audiences. She was seen in a commercial to be aired on the east coast, Florida and the Caribbean, her father said.

As a youngster, she was active in Brownies, gymnastics, dance and the Westland Youth Athletic Association, playing softball and basketball.

She moved up to Girl Scouts and

after entering Stevenson Junior High School, she got involved in dramatic productions and student government. She was president of the student council and the female lead in five plays.

She also found time to join the Spanish Club and be a cheerleader for the football and basketball teams.

At John Glenn, Kolodziej was the lead in nine plays, voted Thespians Club vice president, elected Miss Junior Class, was a participant in many student leadership seminars, basketball cheerleader, state finalist in a national homecoming queen competition, and class president for her three years in the high school.



Jamie Kolodziej  
Honda model



Yvonne Manber, MD



Luis Gonzalez, MD



Norman Gove, MD



Duane Heilbronn, MD

## Now serving the Plymouth-Canton Community...

Four new doctors in Obstetrics/Gynecology are accepting new patients close to home.

At the Arbor Health Building in downtown Plymouth:  
Duane Heilbronn, MD  
Norman Gove, MD

At the McAuley Health Building-Canton on Ford Road and Lilley:  
Yvonne Manber, MD  
Luis Gonzalez, MD

- ♦ Physicians will be on staff at St. Joseph Mercy Hospital Catherine McAuley Health Center in Ann Arbor
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### Westland Observer

(USPS 663-530)

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# 'Mutual dependence'

## Mayor Young urges Detroit, suburbs unity

By Keith Postler  
staff writer

Detroit Mayor Coleman A. Young's message last Thursday to the 200 persons who heard him speak at the Mayflower Meeting House was simple but powerful.

The big city and its suburbs are dependent on one another and need to emphasize the commonalities between each, not the differences.

During his opening remarks, Young said of Detroit and the suburbs, "There is a mutual dependence between us that far outweighs any differences we have."

Reaction among those in the audience after the mayor's speech was generally positive.

"Impressive," said Plymouth fire chief Al Matthews. "It was the first time I've heard him speak, and I was very impressed. I think he has some very good ideas."

Said Kay Arnold of Plymouth, "I felt it was very positive. It made us aware that we do connect with the city. I felt he gave us all a lot to think about regarding education being the responsibility not of each city, but for all of us as parents and taxpayers."

YOUNG TOUCHED on a variety of subjects, including the impact of technology on the demise of the auto industry and Detroit, and its part in the growth of the suburbs.

Young called on suburban and Detroit leaders to work together to ensure the future of the auto industry in metro Detroit and to help lure industry back to Michigan.

By doing that, he said, Detroit and its suburbs would benefit and be able to better compete with the onslaught of foreign corporations that have entered auto and other hi-tech industries.

The suburban stretch between Detroit and Ann Arbor, he said, also has the potential to be the next great hi-tech corridor in America. Detroit and its suburbs should work together toward this goal, first by setting up a mass transportation system along that route and then developing outlying areas.

Young offered two solutions to crime — education and jobs.

BY PROVIDING a stronger educational system and luring jobs back to the city, the crime rate would slowly decline. He also said that providing education for future generations should be a state-wide responsibility, not the burden of individual school districts.

Mary Roehr, executive director of the Plymouth Community Chamber of Commerce, said, "I think that he's a master at speaking and sizing up his audience and he came across as very genuine."

"I think there were some good questions that focused on the issues, and I think having him come to the surrounding communities furthers all our goals," she said. "And I do agree with him, that what affects Detroit affects us and vice versa."

"He was very smooth," said John Stewart, a lawyer and Plymouth Township trustee. "He presented a thorough picture of what condition he thought Detroit is in. I'm very impressed that the guy gave an 18-minute speech with no notes. I was a little surprised at his emphasis on economics being the answer to many problems."

Not everyone was taken by Young's visit.

"I think the mayor needs to spend more time building a sense of commitment in his own city," said William Joyner, a public relations executive.



JIM JAGDFELD/staff photographer

Detroit Mayor Coleman A. Young, speaking in Plymouth last Thursday at a Kiwanis Club meeting, said suburban leaders should emphasize commonalities their communities have with Detroit, not the differences.

### community calendar

**YMCA SWIM**

Through Aug. 18 — Wayne-Westland Family YMCA will offer a youth summer swim camp for children ages 5-17. Session will run through Aug. 18. Fee is \$40. For more information, call 721-7044.

**JAYCEES**

Thursday, Aug. 3 — The Garden City Jaycees will hold a membership meeting at 8 p.m. in the Silver Saloon banquet room, 5651 Middlebelt-north of Ford Road. Guests are welcome. Interested people may call Tim Graham at 721-3544.

**WESTLAND YAA**

Thursday, Aug. 3 — The Westland Youth Athletic Association will hold a membership meeting at 7:30 p.m. at the Bailey Center, 36601 Ford, behind city hall, Westland. For more information, call Keith Demolay at 722-1251.

**OPEN HOUSE**

Saturday, Aug. 5 — The Garden City Jaycees will host a police station open house from 10 a.m. to 4 p.m. at the police station on Ford Road west of Middlebelt. For more information, call Sally at 525-0099.

**WWCS MEMBERSHIP MEETING**

Tuesday, Aug. 8 — The Wayne Westland Schools' Senior Adults will hold a membership meeting for the Tuesday and Wednesday Clubs in the Dyer Center, on Marquette at Carlson. A social hour will be at 1 p.m. with the meeting at 2 p.m. People attending may get their tickets to an upcoming DRC trip, pay dues and get a program of activities for the 1989-90 year.

**COUNTRY/WESTERN**

Friday, Aug. 11 — Senior citizens can enjoy a country-western barbecue at the Westland Friendship Center—under the pavilion, 1119 North Newburgh Road. There will be chicken, baked beans, corn on the cob, beer and beverages, entertainment, door prizes, bingo, cards and horse races. Tickets available at the Senior Clubs and at the Friendship Center front desk for \$3 for residents and \$5 for non-residents.

**ICE SKATING**

Monday-Thursday, Aug. 14-17 — The Westland Sports Arena will hold registration for its summer session of ice skating classes from noon to 6 p.m. at the arena on Wildwood at Hunter. Classes are available on Mondays, Wednesdays and Saturday mornings. The five-week session begins Aug. 21 and costs \$18.75. The class includes five 30-minute lessons

and one free skate per week. For more information, call 729-4560.

**CONCERT IN THE PARK**

Wednesday, Aug. 16 — The Westland Cultural Society will sponsor a free Concert in the Park with the Blue Grass group to perform. It will start at 7 p.m. at the Bailey Center gazebo, behind City Hall on Ford near Carlson. Patrons are asked to bring a lawn chair or blanket.

**HOCKEY**

Saturday, Aug. 19 — Garden City Over-30 Hockey League will hold registration for 1989-90 from 11 a.m. to 4 p.m. at the Log Cabin (adjacent to Garden City Arena) on Cherry Hill east of Merriman. For more information, call after 7 p.m. Bill Trefney at 525-3691 or Gordy Loud at 722-4610.

**SOCCER CAMP**

Monday-Friday, Aug. 21-25 — Britannia Soccer Ltd. will conduct instructive activities for soccer players at the Wayne-Westland YMCA. Professional players and coaches will perform. Players of all skill levels are encouraged to participate and admission is free. For more information, call 721-7044.

**WEEKEND COLLEGE**

Thursday, Wednesday, Aug. 24 & 29 — Wayne State University's Weekend College Program will offer fall courses leading to a four-year degree at the Bentley Center, 15100 Hubbard at Five Mile, Livonia. A counselor will be available for information and registration noon to 6 p.m. For more information, call 577-0832.

**CONCERT**

Wednesday, Sept. 20 — The Westland Cultural Society's Concert in the Park Series will have the European Brass perform at 7 p.m. at the Bailey Center gazebo, behind City Hall, on Ford near Carlson. People are asked to bring a lawn chair or blanket.

**OPEN SWIM**

The Wayne-Westland YMCA has daily open swim available 2-4 p.m. and 7-8 p.m. Monday-Friday, and 1-3 p.m. Saturday. Family Swim is 8-8:45 p.m. Friday and 3-4 p.m. Saturday. The YMCA is at 827 South Wayne Road, Westland. For more information, call 721-7044.

**KARATE**

Karate classes will be held Tuesdays and Thursdays at the Wayne-Westland Family YMCA, 827 S. Wayne Road, Westland. Bob Preville will instruct classes for children 6:30-7:45 p.m. and adults 7:30-9 p.m. For more information, call the Y at 721-7044.

### obituaries

**EUGENE L. ELERY**

Services for Mr. Elery, 62, of Garden City were held July 28 from the John Santelu and Son Funeral Home with Fr. William Sayers of St. David Episcopal Church officiating. Internment was in White Chapel Cemetery, Troy.

Mr. Elery died July 23 in Westland. He was born Dec. 2, 1926 in Marshall Town, Iowa.

**NELLIE E. SHERIDAN**

Services for Mrs. Sheridan, 61, of Garden City were held June 29 from the John Santelu and Son Funeral Home with Deacon Michael Markula of St. Dunstan Catholic Church officiating. Internment was in St. Hedwig Cemetery, Dearborn Heights.

Mrs. Sheridan died June 26 in Garden City. A homemaker, she was born July

**17, 1927 in Pennsylvania.**

Survivors are her husband, F. Michael; two daughters, Mary Beth Pondell and Maureen Parker; four grandchildren; mother, Nellie Kazen; sister, Marie Cohn, and brothers, Alfred and John Kazen. Preceding her in death was a son, Kevin.

A rosary service held June 28 by the Women of the Moose. Memorials may be sent to the Michigan Cancer Foundation.

## What kind of a kid do you suppose Thomas Edison was?



Bet he looked at problems and saw solutions. Like Maurice Scales who invented Baby No-Mash to prevent doors from closing on little fingers.

Bet he saw how things were done, and imagined better ways to do them. Like Lillian Lukas who invented the Puddle Detecting Cane for the blind.

Bet he watched how things work and thought of ways to avoid wasting time or effort. Like Caitilin McCracken who invented the Orphan Kitten Feeder for Three.

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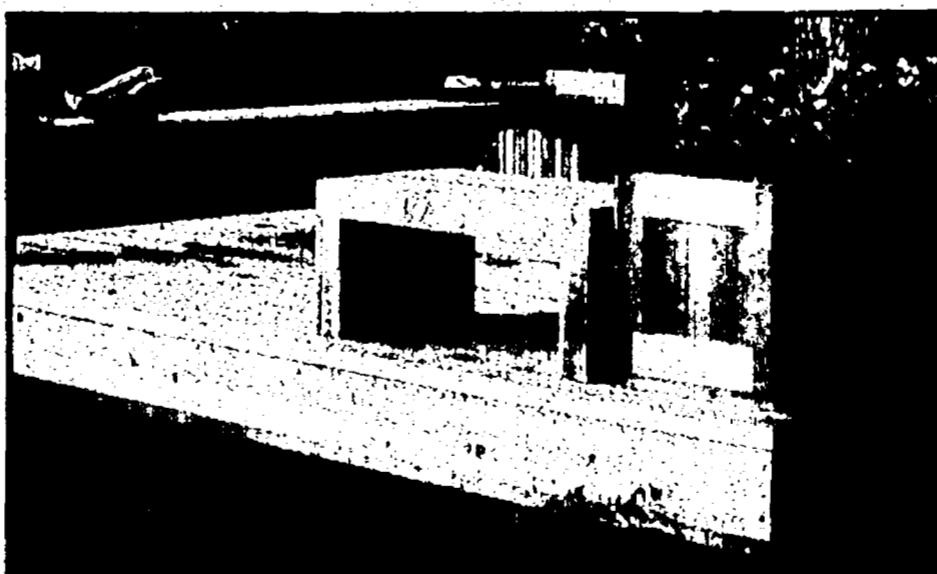
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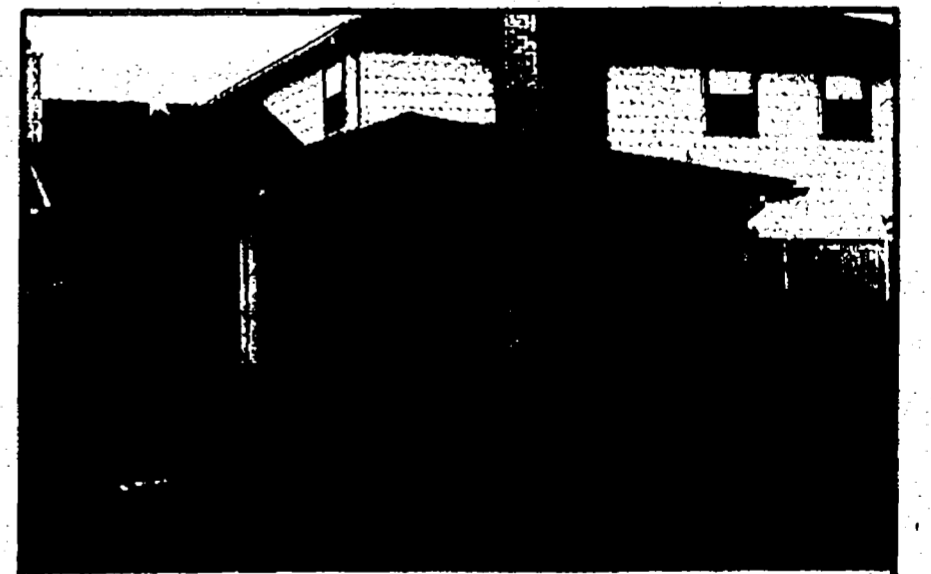
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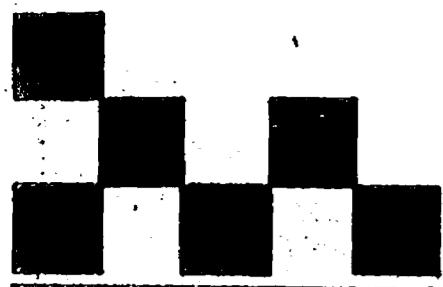
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### taste buds



chef Larry Janes

## Herb lady tells how she began

Occasionally in this business, I cross paths with other foodies who, like myself, enjoy playing in the kitchen. We swap recipes, stories and techniques over the phone, standing in line at the supermarket and in the strangest of places.

I met Diane Steinhauer of Westland one afternoon while she was volunteering as a room mother in her daughter's kindergarten class. Seems that in addition to helping out at school, she also makes time for a family of five while helping out as volunteer for the herb study group at Matthaei Gardens in Ann Arbor. She also has a 10-by-50-foot herb and vegetable garden at home and is involved in countless other activities.

An active member of the American Herb Society, Steinhauer tends to more than 150 assorted herbs in her own backyard. She can also be seen tending to the herb and botanical gardens at Matthaei. This summer, she will attend the national conference for the American Herb Society, which is hosting noted cookbook author and herbologist Sol Gilbertie.

Anyone who has more than 150 herbs in a garden is, in my book, a self-appointed herbologist. Steinhauer's garden runs the gamut of her Westland backyard, creeping down the sides of the house toward the street. She claims her garden is more experimental than functional.

THE PLOTS ARE laid out in Chinese fashion, using raised beds. The herbs are used mainly for culinary purposes, with a few of the more fragrant varieties being raised for craft purposes.

Steinhauer claims she became hooked on herbs when she first sampled fresh tomatoes laced with a basil vinaigrette. In addition, many of her herbs end up in favorite soups and stews, salads and homemade vinegars and oils.

The herb lady says she began expanding her herb garden because, "It provokes all of the senses." She likes the texture of the leaves, the smell of the flowers, the assorted tastes, and the sounds of the birds and insects that flock to the garden during the summer growing season.

She has observed wild finches, hummingbird moths and swallowtail butterfly caterpillars, in addition to thousands of butterflies and birds who partake of her herbal delights.

The wildlife is not the only thing to benefit from Steinhauer's green thumb. She and her husband, Curt, spent their honeymoon canning tomatoes for the cellar. The Steinhauer kids, Geoffrey, 13; Maren, 9; and Alexis, 6, notice that Mom has become almost a permanent fixture around Hayes School.

For daughter Alexis' sixth birthday, Mom brought in a Peter Rabbit book and went through all the herbs. Peter enjoyed while hopping through the enchanted forest. The class then feasted on parsley dip, fresh vegetables and chamomile tea, just as Peter Rabbit did in the book.

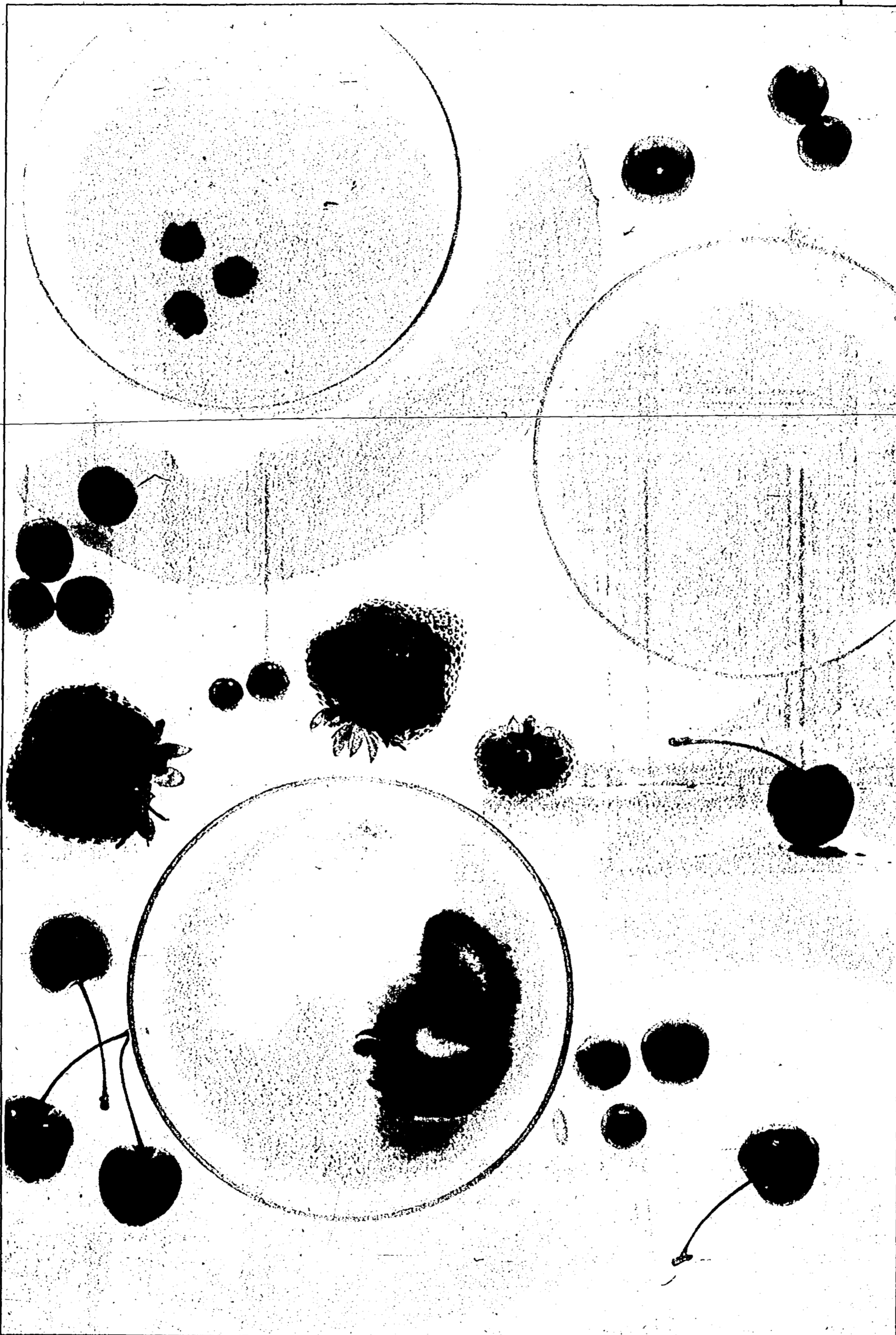
IN ADDITION, the Steinhauer family has successfully planted a pizza and salad garden at Hayes School, consisting of tomatoes, basil, peppers and assorted salad fixings. In all, when harvest time approaches, Steinhauer will find herself tossing pizza, stirring sauce and assembling salads for hungry 4th and 6th graders who, unknowingly, will get a lesson on herbs and vegetables while enjoying the bounty.

Talk about being wrapped up in her hobby, Steinhauer also volunteers and maintains the formal herb gardens at the beautiful Matthaei Gardens. She assigns study topics to the various coordinators and helps with tours. She is very active in the fall herb and bulb sale and fundraiser at Matthaei.

Steinhauer is quick to point out that this year's sale will feature an amateur flower and plant show, in addition to a kitchen cupboard sale of homemade vinegars, oils and dried wreaths.

Please turn to Page 2

# Summer soups a cool choice



Fruit soups are among the cold summer soups, including strawberry soup (clockwise from bottom), blueberry, and chilled cantaloupe and honeydew soup.

JIM JAGDFELD/staff photographer

## Easy to do ahead

By Gerl Rinschler  
special writer

WHETHER YOU'RE picnicking on the patio or cruising down the St. Clair River, chilled summer soups can soothe any appetite.

If you've never attempted to make one, keep this in mind: they're versatile, digestible and so easy to make. Most of them can be made in advance, require little or no cooking and travel well. What more could a good cook ask for?

From its beginning as a mixture of stones and water, soup has evolved into many different forms, from France's gorgeous pot-au-feu, a broth enriched with daily leftovers, to an elegant chilled consommé.

It's difficult to document when the first chilled soup appeared since few European cultures embraced the idea. Tracing back through American food history, chilled soups didn't appear in cookbooks until the early 1920s.

Today, cold soups such as the Spanish gazpacho, French chilled cucumber or Hungarian sour cherry have become standard summer fare. But, if you've tried these and you're yearning for some inspiring new ideas, read on.

Not all hot soups transform nicely into chilled soups. Vegetable purees and fruit-puree-based soups work best. Avoid those made from beef bases or those made with a high butterfat content since the fat will harden when chilled and become very unappetizing.

MOST FRUIT SOUPS are a blend of pureed fresh fruit such as blueberry, melon, strawberry or a combination of them mixed with white wine. Generally, a sparkling white grape juice can be substituted for the wine if you wish to make them non-alcoholic. When selecting fruit, choose only ones that are ripe and have a fruity fragrance.

Other than gazpacho, most vegetable puree soups need to be cooked either in water, vegetable stock or a light chicken stock. Usually, a chicken broth or vegetable broth cube by Knorr-Swiss works well because the fat content is very low. For most purees a blender does the best job in rendering a smooth base. Take extra care when pureeing potatoes in a blender. Because of the high gluten content, they will become gooey.

When tasting any pureed or cream soup after chilling, you will notice the flavor becomes diminished. Spices such as curry, cloves and ginger often become muted when chilled. Other seasonings such as pepper, allspice and coriander intensify when exposed to heat for a long time. It's best to season these soups cautiously, tasting when hot and then tasting again after they have been refrigerated for a few hours.

There are no strict rules to follow

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# Use berries, melons, carrots or avocados

### COLD BLUEBERRY SUPREME

Serves 4

3 cups blueberries, washed, trimmed  
1 tablespoon orange or lemon zest  
1 cup cranberry juice cocktail  
1 cup fresh apple cider  
2 tablespoons creme de cassis liqueur or Chambord  
Garnish: 1 cup lemon-flavored yogurt

Puree the berries in a blender until smooth. Add fruit juices, liqueur and zest. If necessary add sugar to taste. Chill for four hours. Serve icy cold with a dollop of the yogurt.

### ICY CARROT CREAM SOUP

Serves 4

2 tablespoons unsalted butter or margarine  
1 cup carrots, peeled and sliced  
3 cups medium, russet potatoes, peeled, sliced  
1/4 cup diced leeks, white part only

Please turn to Page 2

3 cups light chicken or vegetable stock  
2 tablespoons whipping or coffee cream  
1/4 cup fresh orange juice  
1/4 teaspoon ground allspice  
salt and pepper to taste  
1/2 teaspoon dried basil leaves

In a large heavy saucepan, melt butter or margarine. When hot add leeks and cook, tossing until soft and transparent. Add carrots and toss 5 minutes. Add potatoes and warm stock and basil. Cover and simmer until vegetables are fork tender. Remove from heat. Strain vegetables from soup, reserving the stock, and puree in food processor or blender. Slowly add cream and enough stock to make a smooth creamy soup. Cool. Season and add orange juice. Refrigerate 2-4 hours. Taste and correct seasonings before serving. Garnish with large Italian parsley

leaves or orange slices.

### AVOCADO CREAM

Serves 6

3 ripe avocados — 1 1/2 cups diced  
1/4 cup whipping cream  
1/4 cup dry white wine  
1 cup lightly seasoned chicken stock (fat free)  
1/2 teaspoon ground ginger  
1 teaspoon fresh lime juice  
pinch freshly ground nutmeg  
salt and white pepper to taste  
Garnish: 6 small cooked, chilled, peeled shrimp and 6 sprigs of fresh dill.

Puree avocado using a wire mesh strainer or tamis strainer and wooden spoon. Bring chicken stock to a boil. Add wine and simmer for 5 minutes. Remove from heat and add cream and spices, then lime juice. Cool completely, refrigerate 2-4 hours. Taste just before serving. Add more seasonings if needed. Garnish

each individual bowl with a shrimp and a sprig of dill.

This soup is best when made the same day because it will darken when stored longer.

### CHILLED CANTALOUPE SOUP

Serves 6

one 3-pound ripe cantaloupe, seeded, peeled and cut into chunks  
1 cup fruity white wine or 1 cup sparkling white grape juice  
1 tablespoon fresh lime juice  
Garnish: 6 thin lime slices and 6 tablespoons sour cream

Puree the cantaloupe chunks with the wine or grape juice in a blender. Blend on high speed until smooth. Flavor with lime juice. Refrigerate covered two hours. Serve very cold. At serving time you may need to whisk or re-blend for a few seconds. Garnish each bowl with a dollop of sour cream topped with a slice of lime.

### STRAWBERRY ROMANOFF SOUP

Serves 3-4

1 pint fresh strawberries, washed, hulled, cut in slices  
1/2 cup apple cider or apple juice  
1/2 cup sparkling apple cider  
1/2 cup low-fat strawberry yogurt  
2 tablespoons cassis liqueur  
about 1 tablespoon sugar

Garnish: 9-12 small-to-medium-size fresh strawberries; 12 medium, fresh mint leaves, sliced

In a blender or food processor, puree strawberries, cider, sparkling cider, yogurt and cassis. Taste, add sugar if needed.

Refrigerate 3-4 hours. Serve in bowls, adding 3-4 sliced strawberries per bowl and 3-4 sliced mint leaves. Serve chilled.

# Health facts vs. fiction

Since the ancient days, people have wanted to believe that certain foods hold special curative properties and powers. At one time, it was believed that garlic would give you added strength and that eating chocolate would prolong life.

Wouldn't it be great if that were the truth? No more steroids for athletes, and we'd all live forever.

More and more scientific studies show there is a relationship between the diet people consume and the incidence of the leading diseases.

Take care about products, with health claims when choosing a particular breakfast cereal to avoid cancer, or eating a certain oat bran to lower cholesterol, or fish-oil capsules to protect you against heart disease and on and on.

BE WISE enough to distinguish between popular, current hype and reality.

Oat bran therapy just may be a low-cost way of lowering cholesterol levels. If you add oats to your daily diet but continue to follow a high fat, high cholesterol diet, your cholesterol level will probably increase.

To the degree that low-fat oat products replace fatty items in a healthy diet, the value increases. Oat bran is only as good as your entire dietary pattern.

Eating quantities of oat muffins will add to the fiber in your diet; however it also will add lots of unwanted calories.

Having a "fiber fest" everyday by eating a high-fiber breakfast cereal will prevent cancer. If it were only that simple.

Increase consumption of breads, cereals, fruits, vegetables and legumes, these complex carbohydrates



**Lois Thieleke**

home economist, Cooperative Extension Service

tend to decrease consumption of foods that contain lots of fat. Also eating complex carbohydrates automatically increases your intake of fiber.

Look for the words, whole wheat or whole grain on ingredient lists for breads, and cereals.

FIBER IS BENEFICIAL for diabetics. The maintenance of normal blood glucose levels is of primary concern to diabetics.

Recent research attention has been placed on the role of fiber in this process. Soluble fiber absorbs water and forms gels in the stomach. This gel formation slows the rate at which food is emptied from the stomach.

In the small intestine, gel formation leads to slower digestion and absorption rate.

Preliminary research has shown that eating two carrots a day will also lower cholesterol levels significantly. Just as with the oat products, it's the soluble fiber in carrots that is believed to be responsible for the benefits.

Here again, two carrots a day is not helpful if you have eggs and croissants for breakfast, a fatty luncheon meat sandwich for lunch and fried chicken for dinner.

CHANCES ARE that by increasing fiber you'll also increase consumption of beta-carotene. Broccoli,

carrots, apricots, cantaloupe, pumpkin, squash (butternut especially), sweet potatoes and spinach are all excellent sources of beta-carotene.

The best way to ensure you're getting beta-carotene daily is to eat an orange- or yellow-colored fruit or vegetable or a dark green vegetable.

Adding fish to the diet can also be beneficial to one's health. Fish are lower in fat than foods that come from animals, and they contain a wide variety of nutrients.

Inexpensive fish that contain the now famous Omega-3 fatty acids include canned mackerel, sardines and herring. Canned salmon and white meat albacore tuna are also good sources.

Some studies have suggested that two fish meals a week may decrease the risk of developing heart disease. However, don't binge on fish to the exclusion of other healthful foods.

WHILE NOT ALL the answers are available on which foods may truly protect us against, or contribute to, the development of various kinds of diseases, there is sufficient evidence to make some personal food habit changes. Make sure you "glean" fact from fiction in balancing nutrients to maintain good health.

We keep our cars in good running order but sometimes neglect the preventive maintenance that can keep our bodies running smoothly.

## Microwave chicken dijon

AP — Yes, you can enjoy microwave oven-fried chicken and still get a crisp coating. It's not quite as crispy as pan-fried but much lower in fat and more healthful.

The secret? Coat only the meaty side of each piece and cook meaty side up. That way there's no coating on the bottom to absorb juices and become soggy. Cover with paper towels — not a cover, plastic wrap or waxed paper — so moisture can escape.

**MICROWAVE CHICKEN DIJON**  
1 tablespoon margarine or butter  
¼ cup fine dry seasoned bread crumbs  
1 tablespoon dried parsley flakes  
½ teaspoon paprika  
2 whole medium chicken breasts (12 ounces each), skinned and halved lengthwise  
1 tablespoon Dijon-style mustard

For coating, in a 1-cup measure cook margarine, uncovered, on 100 percent power (high) for 30 to 40 seconds or until melted. In a small mixing bowl combine bread crumbs, parsley flakes and paprika. Toss with melted butter.

Rinse chicken pieces and pat dry. On waxed paper brush pieces with mustard. Dip each piece into crumb mixture, coating the meatier side and leaving the other side uncoated. In a microwave-safe 8-by-8-by-2-inch baking dish arrange pieces, coated side up, on a rack, with meaty portions toward edges of the dish.

Cover with paper towels. Cook on high for 8-10 minutes or until no pink remains, giving the dish a half-turn every 3 minutes. Makes 4 servings.

Nutrition information per serving: 187 cal., 21 g. pro., 5 g. carb., 6 g. fat, 54 mg. chol., 379 mg. sodium. U.S. RDA: 62 percent niacin, 19 percent phosphorus.

## Herb lady tells how it all began

Continued from Page 1

For more information on how to get in on this, she may be reached at Matthaai Gardens, 1800 N. Dixboro Road, Ann Arbor. Folks interested in entering the amateur horticultural sale may contact her directly at 763-7061.

And if all of that isn't enough, the Steinbauers are also active environmentalists. She abhors the use of pesticides and says that the best pesticide of all is "your own two hands." She composts clippings and garbage and uses the natural fertilizer to

keep her garden healthy.

IN THE FALL, she sows annual rye grass to help keep the garden from eroding and to add valued nutrients, not to mention that the grass "looks great in the late fall when everything has been turned under for a winter's sleep."

If you are into herbs and gardening as much as Steinhauer, you will want to stop by Matthaai Gardens. Maybe you will be lucky and she will have a pot of chamomile tea brewing on the portable stove.

Here are a couple of herb lady Diane Steinhauer's tried-and-true recipes.

**HERBAL CAMOMILE TEA**  
10 tablespoons flower heads of chamomile  
4 cups fresh water, brought to rolling boil

First, bring fresh cool water to a rolling boil. Then rinse a china, pottery or nonmetallic teapot with some of the water. Toss in the herbs (2 tablespoons fresh or 1 tablespoon dry). Add the water and allow the tea to "steep" for about 5 minutes. Strain the herbs as soon as the tea reaches desired strength. Serve with honey, lemon, orange slices or fresh herb sprigs. To make iced tea, follow the same procedure, using 3 tablespoons of fresh herbs per one cup of water. The extra allows for melting ice.

**CREAM OF SORREL SOUP**  
1 cup fresh sorrel leaves  
1 tablespoon butter or oil

**Strain the herbs as soon as the tea reaches desired strength. Serve with honey, lemon, orange slices or fresh herb sprigs.**

1 small clove garlic, minced fine  
4 cups good chicken stock  
1 cup heavy or whipping cream  
salt and pepper to taste

Wash and pat dry sorrel leaves. Chop fine. In a heated saucepan, add butter or oil and saute chopped herbs with the garlic for 1 minute. Stir in chicken stock and simmer for 10 minutes. Place soup in a blender or processor and process until pureed. Raise the temperature of the cream with a little hot soup, stirring constantly, making sure not to boil. Correct taste with salt and pepper, if desired.

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<b>Bone-In Delmonico Steaks</b>	<b>\$3.39</b> LB.	Bilmar <b>Turkey Breast</b> <b>\$2.89</b> LB.
<b>Boneless Delmonico Steaks</b>	<b>\$3.99</b> LB.	Lipari 2001 Low Salt Smoked <b>Ham</b> <b>\$2.99</b> LB.
<b>USDA Choice Beef Porterhouse T-Bone Steak</b>	<b>\$3.99</b> LB.	Marla <b>Baby Swiss Cheese</b> <b>\$2.69</b> LB.
<b>Boneless Top Sirloin Steak</b>	<b>\$2.99</b> LB.	<b>SEAFOOD DEPT.</b>
<b>USDA Choice Boneless English or Chuck Roast</b>	<b>\$1.59</b> LB.	Medium Size Shell-On <b>Shrimp</b> <b>\$5.59</b> LB.
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<b>Boneless Breast</b>	<b>\$2.89</b> LB.	

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# East and West together, with easygoing dishes

Madhur Jaffrey's Cookbook: Easy East/West Menus for Family and Friends." Madhur Jaffrey, Harper & Row, 1989, \$22.50.

The one and only time I met Madhur Jaffrey was in the summer of 1985. We were both enrolled in a cooking class taught by James Beard entitled "Tasting." Along with other notable cooks in the class, Jaffrey was introduced as the author of the cookbook "An Invitation to Indian Cooking," as well as an actress and friend of Beard's.

During one of the lectures on "seasonings," Beard remarked that Jaffrey taught him to grind all cooking spices such as fennel seeds, allspice and cinnamon just before using them. Later that summer I took her advice and ground some cinnamon pieces in an old electric coffee grinder. Jaffrey was right. The difference was phenomenal.

Jaffrey's latest book is "Madhur Jaffrey's Cookbook: Easy East/West Menus for Family and Friends." And it's just what the title implies, a personal collection of her favorite recipes. Although she is regarded to be the cooking authority of Indian food, most of what she prepares are dishes from Mexico, Korea, Japan and the United States.

The editors of Jaffrey's book sum up her cooking style beautifully in the introduction: "When a woman from India who has lived in Europe marries a man from America whose father comes from Kentucky — exotic things are bound to happen."

Recipes throughout the book are intriguing, appetizing and healthy. Most of them are simple to prepare and use ingredients which can easily be found in the grocery store or health food markets. Reading through recipes such as Spicy Chick-



## cook's books

### Geri Rinschler

en Stewed with Chickpeas or Stir-Fried Gingery Eggplant will tell you that you've got to like spices to enjoy most of the dishes in her collection.

The majority of the recipes are written to serve four-six people. The menus are grouped into chapters based on the ingredients of the main dish such as fish, chicken or meat. There are few dessert recipes — among them are cookies and a devil's food cake — most of them contain fruit.

This is a refreshing, innovative cookbook with tasty dishes for summer cooking as well as hearty ones for the winter.

After all this, if you're still yearning to try some Indian food, "A Taste of India, Madhur Jaffrey's Far East Cookery" will be arriving in bookstores in September.

Following is a recipe from "Madhur Jaffrey's Cookbook: Easy East/West Menus for Family and Friends."

**GOLDEN SESAME CORN BREAD**  
 1 tablespoon peanut or corn oil  
 1 tablespoon whole yellow mustard seeds  
 1 tablespoon whole sesame seeds  
 1 cup cornmeal  
 1 cup all-purpose flour  
 3 tablespoons sugar  
 4 teaspoons baking powder  
 1/2 teaspoon salt  
 1 cup plain yogurt lightly beaten  
 1/4 cup milk  
 1 egg, lightly beaten

1 fresh jalapeno pepper or 5-6 fresh hot green chilies, very finely chopped (with seeds)  
 2 teaspoons very finely grated, peeled, fresh ginger  
 2 tablespoons chopped, fresh green coriander (Chinese parsley)

Preheat the oven to 400 degrees. Pour 1 tablespoon oil into an 8-inch-square metal cake pan and heat over a medium-low flame. When very hot, put in the mustard seeds. As soon as they begin to pop, put in the sesame seeds. Stir them about for 10 seconds. Remove the pan from the fire. Spoon out the seeds and put them in a saucer. Some will remain clinging to the pan. This is as it should be; leave them there. Just push what remains toward the bottom.

Combine the cornmeal, flour, sugar, baking powder and salt in a bowl. Mix slightly. Add yogurt, milk, egg, jalapeno or chilies, ginger, green coriander (Chinese parsley) and 4 tablespoons oil. Stir gently and mix thoroughly.

Spoon the corn bread batter into the cake pan. Scatter the seed mixture from the saucer over the top as evenly as you can. Bake for 25-30 minutes or until golden brown.

This bread is best served straight from the oven. I cut it into squares or thick slices and put them in a bread basket lined and covered with a single large napkin. However, it can be made ahead of time, wrapped in foil and reheated in a 400-degree oven for 10-12 minutes.



JOHN STORMZANO

Icy Carrot Cream Soup combines carrots with russet potatoes and leeks, among other ingredients. See recipe on 1B.

## Summer soups a cool choice

Continued from Page 1

when garnishing or serving chilled soups. Sprigs of thyme or a few long pieces of chives will dress up cold cucumber, cauliflower, potato or squash soup. Sprigs of apple mint or tiny edible flowers such as Johnny jump-ups add a bit of glamour to avocado, cantaloupe, blueberry or other cold fruit soups.

A TRADITIONAL rim soup dish or cream soup dish is always appropriate for serving cold soups. But don't be afraid to use a glass dessert or berry bowl for individual servings.

**Other than gazpacho, most vegetable puree soups need to be cooked either in water, vegetable stock or a light chicken stock.**

Most of the time, pureed soups can be stored in the glass blender. Sometimes fruit soups will separate during refrigeration and may need to be re-blended just for a few seconds.

All chilled soups can be served as an appetizer. Just add a mixed green

side salad, some crunchy French bread and a slice of cheese or pate and you will have the makings for a delightful luncheon or light supper. For a summer dinner menu, either the cold vegetable or fruit soups can be followed by a simple seafood or fish fillet, poultry or lamb entree.

## cooking calendar

### ● AUGUST EVENTS

Jacobson's will offer Chantal cookware demonstrations from 2-4 p.m. Saturday, Aug. 12, at the Kitchen Shop in Birmingham.

Cooking demonstrations with Peg Watson will be held from 1-3 p.m. Thursday, Aug. 17, at Jacobson's Kitchen Shop in Rochester.

Panasonic's Bread Baker demonstrations are scheduled for 2-4 p.m. Saturday, Aug. 19, at Jacobson's

Kitchen Shop in Birmingham. "School Snacking Smarts!" will be offered at 7 p.m. Thursday, Aug. 24, in the Lounge of Jacobson's Rochester store. The program is designed for 5-7 year olds, who will be taught the importance of eating good, healthy snacks. Also, a lunch bag decorating event will be featured.

Kitchen appliances demonstrations will be held from 1-3 p.m. Saturday, Aug. 26, at the Kitchen Shop in the Dearborn store.



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JIM JAGDFELD/staff photographer

### Nature walk

Teacher JoAnne Abernethy and Lisa Ann Park, 5, of Novi, check the contents of their net in hopes of finding a dragon fly. It was all part of Wonders in Science for 4 and 5-year-olds. The two-week course was part of Schoolcraft College's summer series for gifted and talented students called Adventures in Learning.

"Please, my little girl needs blood."

Imagine if you had to ask for blood to save the life of someone you love. Next time the American Red Cross asks, give blood, please.

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## Hospitals sue over Medicaid funding

Michigan hospitals are suing the state for what they term inadequate payment on behalf of needy patients. The Michigan Hospital Association filed suit in U.S. District Court last week, charging state and federal Medicaid payments fall short of costs involved in providing care for Medicaid patients. The MHA and its member hospitals allege the state violates federal requirements for adequate reimbursement. Twelve hospitals are direct parties to the suit. Botsford General

Hospital, Farmington Hills, is the only Wayne or Oakland county hospital so involved, though the Southfield-based MHA said another metropolitan area hospital may be added to the suit.

"HOSPITALS WERE chosen because they represented the average hospital in terms of Medicaid payments — not too high above the average, nor too low," MHA spokesman Steven Simmons said.

Calling it a matter of economic survival for many hospitals, the MHA claims a statewide Medicaid shortfall of more than \$75 million.

A recent MHA-commissioned study found hospitals received less than 80 cents Medicaid payment for every \$1 of care provided to needy patients.

Other hospitals that are party to the suit include: Bay Medical Center, Bay City; Berrien General, Berrien Center; Carson City Hospital; Ed-

ward W. Sparrow, Lansing; Ionia County Memorial, Ionia; Lansing General; Macomb Hospital Center, Warren; Mercy Memorial Medical Center, St. Joseph; Saint John, Detroit; St. Luke, Saginaw and Schoolcraft Memorial, Manistiquette.

Simmons declined to name the other metropolitan area hospital that was considering joining the suit. "They're board hasn't voted on it yet and we wouldn't comment until they had," he said.

## State park fees to increase through 1995

By Tim Richard  
staff writer

State park fees will go up by half next year and keep going up through 1995 under a bill on its way to Gov. James Blanchard's desk.

The Michigan Senate last week had to vote twice on the controversial bill before giving it 24-8 approval.

"It's amazing the increase we've had in the state budget in the '80s," said Sen. Doug Cruce, R-Troy, one of the no votes.

"For us to increase fees while the tax base is expanding so rapidly is unthinkable. There should be enough tax revenue to operate the parks," Cruce said in an interview.

THE VEHICLE admissions provide \$2.8 million a year for park operations and maintenance, about 20 percent of the operating budget.

Here's how fees would rise under House Bill 4681:

**The annual vehicle permit, which has been at \$10 since 1980, would go to \$15 next year, \$18 in 1993 and \$20 in 1995.**

• The annual vehicle permit, which has been at \$10 since 1980, would go to \$15 next year, \$18 in 1993 and \$20 in 1995.

• Daily permits would go from the current \$2 to \$4 for Michigan residents.

• Senior citizen fees would go from \$1 a year to half the general admission price.

• Non-resident fee would go from \$3 to \$6.

• Commercial buses and vans holding more than 12 passengers no longer would be able to buy annual sticker. They would be charged daily fees of up to \$15 to be set by the Natural Resources Commission.

• A bigger chunk of the annual permit money would go for park operation and maintenance, a smaller proportion into capital outlay and special maintenance. This is due to voter passage of a \$140 million recreational bond issue last year that is to be used solely for capital outlay.

• The Department of Natural Resources could raise fees for camping reservations and camping fees, which are paid on a daily basis over and above vehicle entry fees.

SUPPORTING the bill were Sens. William Faust, D-Westland, Jack Faxon, D-Farmington Hills, and Robert Geake, R-Northville.

Opposed were Cruce, George Hart, D-Deerborn, and Rudy Nichols, R-Waterford.

Richard Fessler, R-Commerce, had an excused absence.

Current fees are "ridiculously low," according to a staff analysis. Meanwhile, staffing is down, toilet facilities are sometimes in disrepair, and stairways are deteriorating.

"The money goes into a special, restricted fund," said Sen. Phil Arthurs, R-Whitehall. "It is used for day-to-day operations — rangers, trucks. Fees have not been increased in a number of years. This does not meet inflation."

"The DNR budget is based on this fee increase," said Arthurs.

Debate was brief as senators waded through a stack of budget conference reports in the cramped quarters of a committee room. The Senate chamber has been torn apart during extensive renovations of the State Capitol Building.

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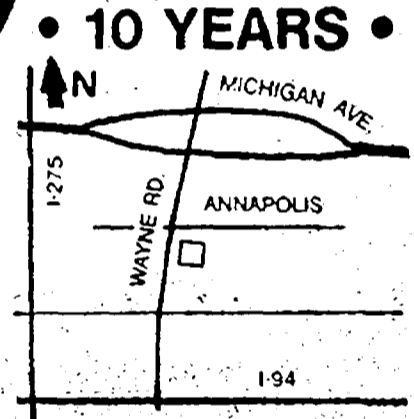
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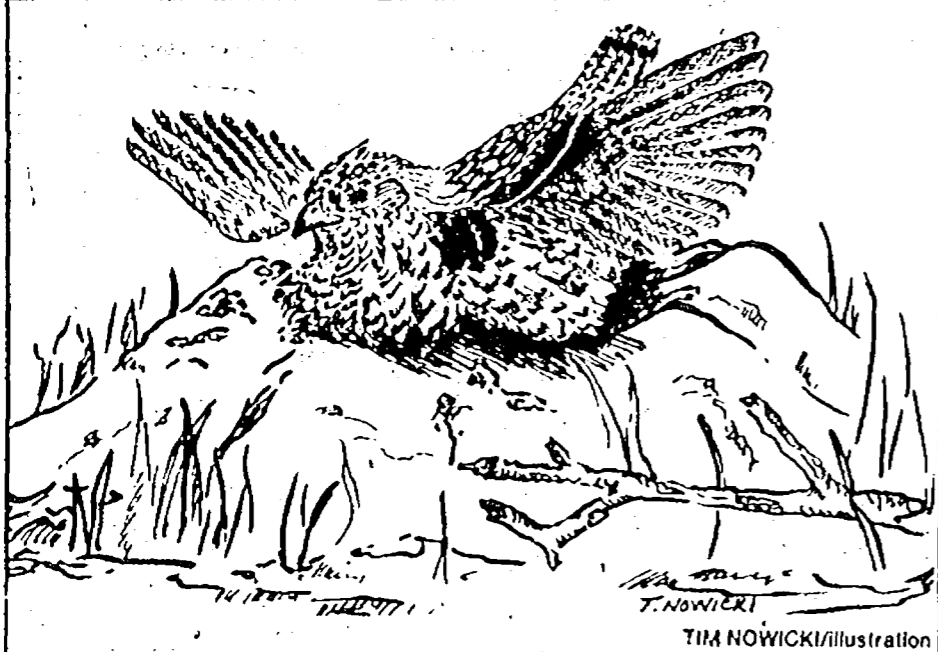
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TIM NOWICKI/illustration

The ruffed grouse is among fowl that enjoy dust bathing. The function of dust bathing is not known, but it is thought to remove excess lipids from the feathers that are fed upon by feather mites. It may also help fluff the feathers and aid in their alignment.

## Sun bathing — It's for the birds

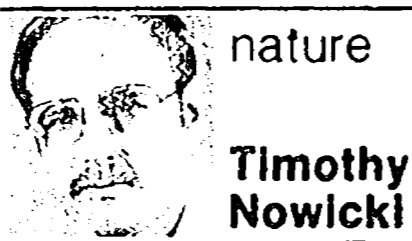
Summer is indeed the time for bathing. On hot sticky days, or after one has been sun bathing, it feels great to cool off in the shower.

Well, man is not the only animal that bathes. In fact birds do not always use water to bathe with either. We are all familiar with birds splashing in a shallow puddle formed by the sprinkler. Wetting feathers with water can help control their body heat and help align their feathers.

Birds also sun bathe. On hot sunny days one may see a robin, or cardinal in the yard resting on the ground with its wings outstretched and head arched downward. It may appear that the bird is suffering from heat exhaustion, but it is actually sun bathing.

Sun bathing is believed to force ectoparasites to regions of the body where the bird can easily remove them. Exposing the skin to sunlight may stimulate the production of vitamin D. There is also a strong correlation between molting and sun bathing. Sunlight may help to soothe the skin when it is irritated by the replacement of new feathers.

SEVERAL species of birds have been reported bathing in the rain and in the dew on leaves. But dust bathing is not as common. Fowl like birds, such as, quail, pheasants, and grouse are those most commonly observed dust bathing.



nature

Timothy Nowicki

Not long ago I had the opportunity to watch a ruffed grouse dust bathing. Like most birds that dust bath, this individual rocked back and forth to form a slight depression in an old ant mound. It was very deliberate in its movements and would lie on one side with the upper wing extended. This allowed dust to get into the underwing area. There were times when it rolled onto its back while rocking and rolling to and fro insuring dust landed everywhere. In between bouts of rocking it would remain still for long periods as if soaking in pleasure. Though this behavior made the bird more vulnerable to predation, it stayed in its "tub" for about 40 minutes.

The exact function of dust bathing is not known, but it is thought to remove excess lipids from the feathers which are fed upon by feather mites. It may also help fluff the feathers and aid in their alignment.

The writer is a naturalist at Independence-Oaks Parks in Oakland County.

## Ficano mulls options after jail loss

By Wayne Poal  
staff writer

Wayne County Sheriff Robert Ficano said Friday he was mulling his options after last week's Michigan Court of Appeals decision that cost him control of the county jail.

Ficano said he was meeting with his attorneys to determine whether to continue his case before the state Supreme Court in the wake of Thursday's appeals court ruling favoring county Executive Edward McNamara.

"We're weighing our options," Ficano said. "We feel there are constitutional issues involved and we feel

this sets a bad precedent. But there has been cooperation lately between our office and the executive."

The state appeals court upheld chief Wayne County Circuit Judge Richard Kaufman's Feb. 16 ruling awarding the jail to McNamara under terms of a 1971 prisoner lawsuit.

In March, the state Supreme Court temporarily overruled Kaufman, returning the jail to Ficano pending the appeals court ruling.

IN THAT ruling, Kaufman said the sheriff wasn't doing enough to bring the jail into compliance and had hampered improvements

through "mismanagement".

Ficano, steadfastly denying Kaufman's findings, said he's never received his day in court to properly argue them.

"There's never been a full hearing in open court," Ficano said. "We never had the ability for cross-examination."

A spokesman for the executive's office said McNamara would "move promptly" to assume jail control.

"We're going to move in promptly to clean up the jail and bring the budget into balance," said deputy county executive Michael Duggan.

Former county youth home direc-

tor Pete Wilson had been administering the jail under an informal agreement between both branches.

While Ficano said he assumed the informal agreement would continue, Duggan said the agreement, "was in effect until the (appeals court) opinion came out."

"We're going to do this in cooperation with the sheriff, but Ed McNamara is the jail administrator," Duggan said. "He's the one who will be reporting to Judge Kaufman."

The jail would return to the sheriff, Duggan said, once terms of Kaufman's ruling were met.

## More state students need aid to complete college education

Eighty percent more state college students are using financial aid programs to complete their studies compared with those enrolled in college during the mid-1970s.

Increased aid levels occurred among all types of colleges and universities, but was most pronounced among community and independent colleges, according to a just-released Michigan Department of Education study.

The study compared the years 1986 and 1974.

While state higher education enrollment increased by 14 percent over that period, 80 percent more students had qualified for state, federal or private aid.

Michigan's public and independent colleges reported nearly 170,500 students were eligible for financial aid in 1986. The figure represents more than one-third of the state's undergraduates.

The increase can be attributed to

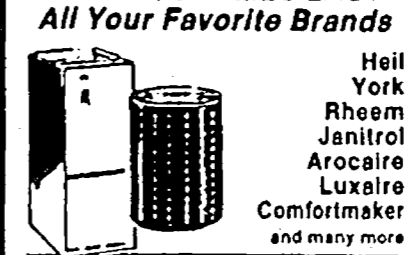
rising tuition and changes in enrollment patterns, the economy and the financial aid system, said state Superintendent of Schools Donald Bemis.

Students at public universities received the most aid, \$235 million. Students at independent colleges received \$158 million in aid. Community college students received \$82 million in aid.

The federal government provided

34 percent of state students' financial aid, private sources 33 percent, the state 18 percent. Colleges and universities themselves provided 15 percent of all financial aid.

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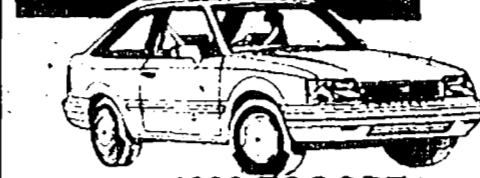
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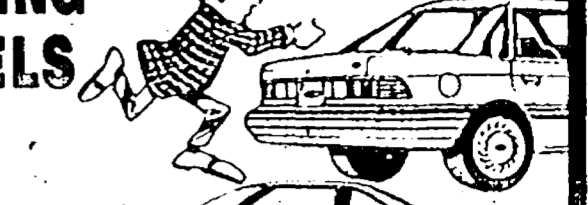
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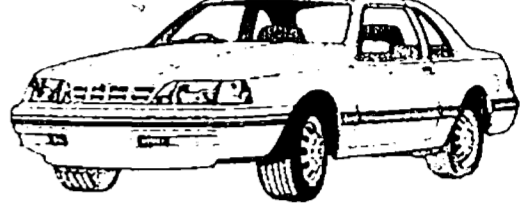
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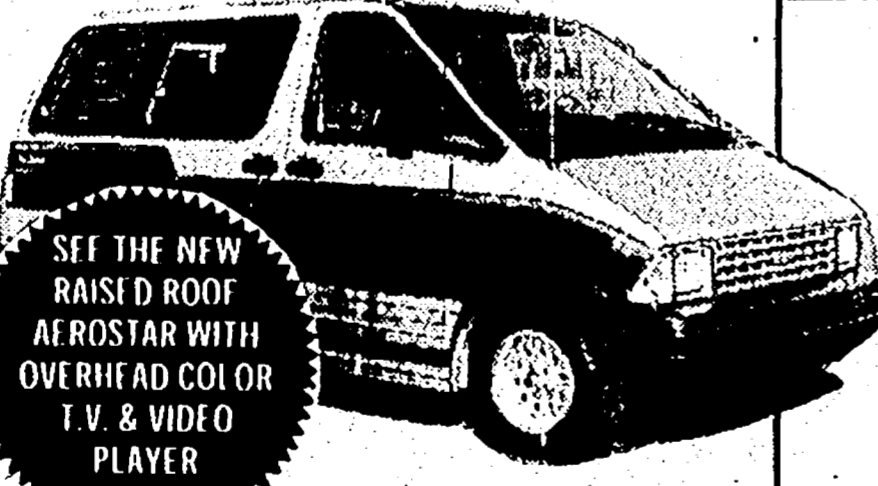
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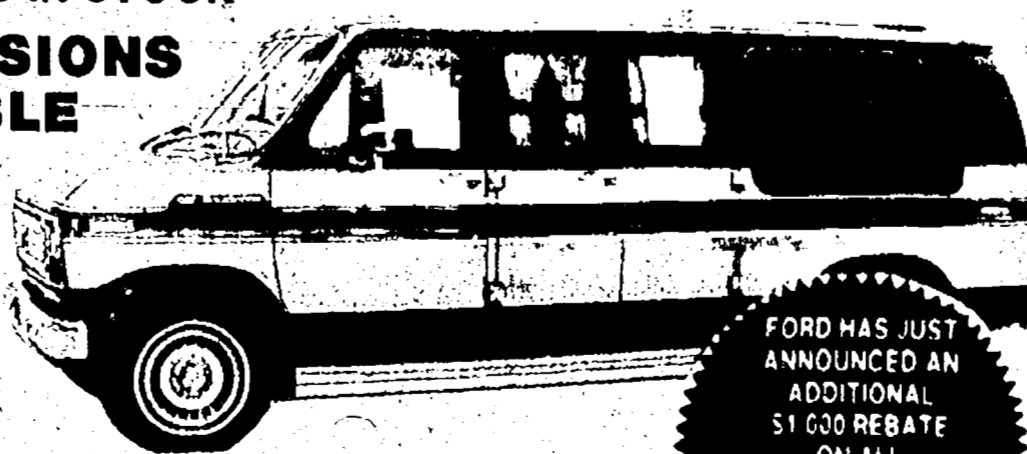
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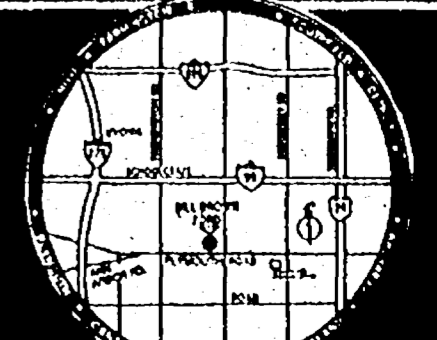
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# STREET SCENE

## Wheelin' along

Pick a street . . . any street. You're sure to find someone cruisin' by on a bicycle. Bicycling is a favorite summer pastime not only for the fun of it, but for the physical fitness aspect. American Youth Hostels has cashed in on the pastime with bicycle "clubs" that meet weekly for jaunts on two wheels. See Page 6D.

The Observer & Eccentric Newspapers

Monday, July 17, 1989 D&E

★ 1D

# BEAVER ISLAND

## 'America's Emerald Isle'

By M.B. Dillon  
staff writer

Tranquility, natural beauty, solitude, simplicity and old-fashioned friendliness — these are some of the things Beaver Islanders like best about their Lake Michigan home.

They're also the reasons vacationers, looking to get away from it all, fall in love with the place. If you can't relax here, there's just no hope for you.

Twenty miles northwest of Charlevoix, Beaver Island is 13 miles long and six miles wide — the largest island in Lake Michigan.

Largely forested, Beaver boasts seven inland lakes, 41 miles of beaches, 100 miles of scenic roads and numerous hiking trails. Fishermen and hunters will tell you the island is blessed with a rich variety of animal and plant life.

There are wonderful restaurants; fascinating museums; a biological station; marinas; lakeside campgrounds that operate on the honor system; delightful shops with hardwood floors and wooden screen doors; even an antique toy store where a note invites you to leave the money on the counter if Mary isn't around.

Islanders are proud of their quality schools, and their newest asset — a library funded chiefly by Land's End retailer Gary Comber.

Sunsets on Beaver Island are something to behold.

Star-gazers are in heaven here.

Beaver is the largest of an 11-island archipelago that from the air "looks like a scattering of emeralds strewn by the hand of a playful giant against the deep blue of Lake Michigan," suggested one travel writer. Those en route to one of Beaver's two small airports are free to judge for themselves.

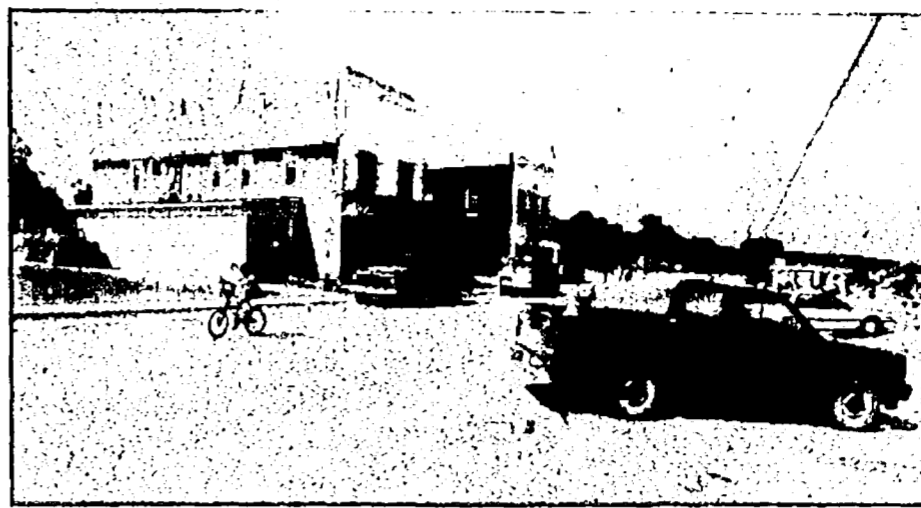
VISITORS opting for the 2½-hour ferry ride (\$21 round trip) from Charlevoix are treated to eye-pleasing sights as well. The boat docks in the heart of St. James, a harbor town nestled in a bay lush with evergreens and sandy beaches.

A sign reading "Cead Mile Fáilte" (100,000 welcomes in Irish) gives visitors their first clue that beaver dams notwithstanding, Beaver Island is a friendly, Irish place.

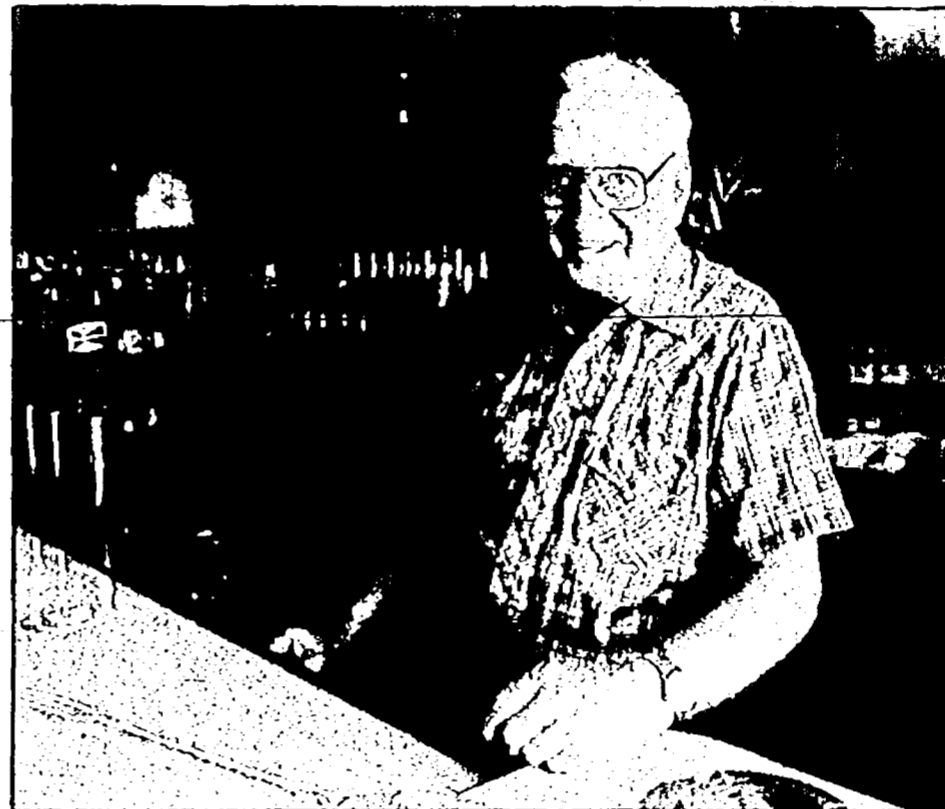
It's not unusual for newly-arrived city slickers to be offered a ride to their motel or cottage by a passer-by. If they accept, travelers may learn how rare it is for an islander to remove the keys from the ignition. Local wisdom has it that that's a good way to lose them.

One of the nicest customs on Beaver is the wave, and not the kind you do at Tiger Stadium. You can bet that whether you're on foot or on wheels, an islander will never pass you on the road without waving hello.

Please turn to Page 4



An afternoon rush hour on Beaver Island's main street, the King's Highway consisted of a pickup truck and a child on a bicycle.



Archie La Freniere, Beaver's "unofficial governor-general," swatted plenty of flies while presiding over the Shamrock Bar for 37 years.

## Island has a colorful beginning

By M.B. Dillon  
staff writer

When it comes to colorful Michigan island history, Beaver Island has a lock on bragging rights.

Need convincing? Visit the island museum, better known as the Old Mormon Print Shop. On the National Register of historic places, the museum is staffed by Beaver Island Historical Society volunteers who'll confirm it in a minute. (They'll also invite you to help yourself to a paperback or two from a shelf on the front porch, as long as you bring it back, trade it for a book of your own, or make a small donation.)

Beaver was formed nearly 10,000 years ago when a stubborn limestone lip scraped rocks and sediment from the belly of a passing glacier.

Little is known about Beaver's first Indian inhabitants, but it's said Ojibways were around when the first white trappers and traders arrived.

Christianity may have come to Beaver Island as early as the 1600s. Bishop Frederic Baraga built the island's first church in 1832.

The only kingdom ever in existence in the United States was founded in 1847 by self-coronated James Jesse Strang, leader of a Mormon colony on Beaver.

By 1850, Mormons outnumbered the "gentiles," mainly Irish, and by 1852, non-Mormons were crowded off the island.

In the Old Mormon Print Shop, the red-headed Strang started the first daily newspaper north of Grand Rapids — the Daily Northern Islander.

A flamboyant lawyer, Strang also served in the state legislature. He appropriated land on the island, contended he received divine commands and practiced polygamy.

Please turn to Page 4

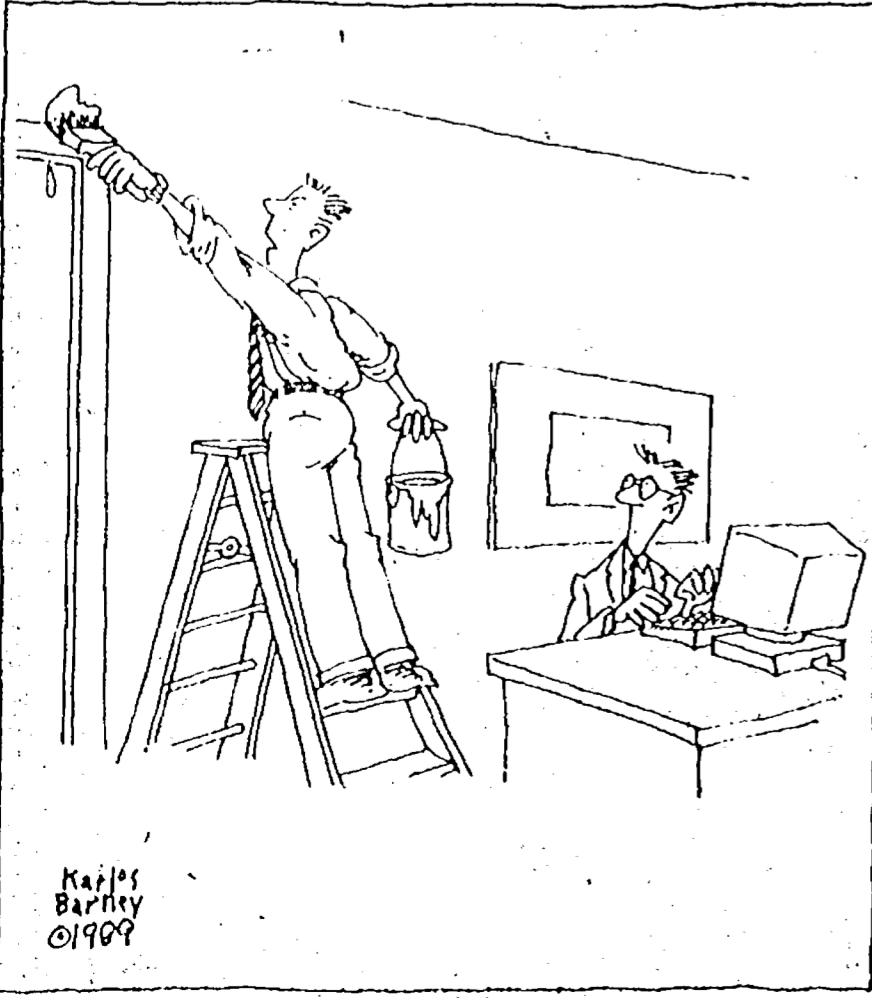


photos by STEVE CANTRELL/staff photographer

From his plane, Beaver Island's Roy Elsworth — realtor, Erin Motel owner, pilot, forestry management expert and elk hunter — can enjoy the view of Beaver Harbor and the town of St. James.

### Warp Factor

Karlos Barney



Karlos Barney  
©1989

"J.P. asked who wanted to go up the corporate ladder, and naturally, I raised my hand."

## Once upon a time in Sveti Stefan

By Iris Sanderson Jones  
contributing travel editor

Q: Four of us are going to Dubrovnik, Yugoslavia, on a one-week tour, then staying another week on our own. We plan to spend a few days sailing and a few days land touring. The literature keeps referring to a hotel, or an island, called Sveti Stefan. What's the story on Sveti Stefan?

A: If you like sea tales, you will love the story of Sveti Stefan on the Adriatic coast of what is now southern Yugoslavia. The story begins in the 15th century.

The walled city of Dubrovnik sat in its jeweled setting beside the sea 85 miles to the north. The walled city of Budva sat above the sea six miles north. The Turks controlled the Adriatic coast 40 miles south of the island in what is now Albania and made regular forays into the area.

It was a dangerous place to live, so the people who lived on the rocky mountainsides of Montenegro decided to build a wall around a tiny rock island as someplace to



MICKY JONES

The island hotel of Sveti Stefan, situated south of Dubrovnik, Yugoslavia, was once a fishing village.

go when the fighting started. The island was just offshore, so they could walk across at low tide. Today, that entire walled island village is the Hotel Sveti Stefan.

Before I tell you more, let me tell you how to get there by the scenic route. You will have toured

the beautiful seaside city of Dubrovnik. Drive south along the scenic coast, with a stop for water sports, history and browsing in Cavtat.

This whole Adriatic coast is popular with European tourists, who come to sail, explore the living re-

mains off ancient history, enjoy the sunshine and sun on the beautiful beaches. You can pick your beach style — rock, spa-quality mud, sand, pebble, nude, whatever.

There is a huge double bay called the Gulf of Kotor between Dubrovnik and Sveti Stefan. Spend at least a day driving around it, stopping at Herceg-Novi and other towns.

DRIVE TO the top of the mountain for a spectacular view and tour the ancient city of Kotor, wrapped in a wall from sea to mountain top and back again. Drive across the mountains to the walled city of Budva and six miles on to Sveti Stefan. You can take a ferry across the gulf, but you would miss all that wonderful touring.

You first see Sveti Stefan from a hill above the Adriatic, an island of red roofs, trimmed around the edges by a stone wall. When you turn down off the Adriatic Highway and pass the summer homes (now hotels) of the former Yugoslav royal

Please turn to Page 6

## MOVING PICTURES

# 'Hooch' is dumb, 'drooly' d-u-m-b

Welcome to the Wonderful World of Saliva — and if you think a big, ugly dog that drools in all directions is funny, well then, you're gonna love "Turner & Hooch" (D, PG, 95 minutes).

Hooch is portrayed by an unpleasant looking animal, Beasley, and his double Igor, both De Bordeauxs, a French breed of mastiff. About half way through the film, while sitting on an all-night stakeout, Detective Scott Turner (Tom Hanks) turns to the dog and says, "I'm boring you."

I can't speak for the dog, but for myself, I couldn't agree more. "Turner & Hooch" is filled with infantile humor — the dog's heavy spittle flung in all directions and deposited everywhere, particular in the fastidious Turner's clothing and home. Hooch also enjoys chewing furniture, car upholstery and leaving a mess wherever he goes, including the immediate atmosphere which he fills with flatulence — much to almost everyone's amusement.

The film's real problem, however, is not childish bathroom jokes but its own schizophrenia as it fluctuates from serious murder-mystery to a conventional Disney comedy all about men and animals bonding. The comedy element wins out but in the final analysis, "Turner & Hooch" tears itself apart figuring out what it wants to be.

The story opens with Turner's waterfront friend, Zack Gregory (Reginald VelJohnson), Hooch's master, murdered by the bad guys. Hooch is a witness and winds up staying with Turner during the investigation.

For the most part, the investigation is subordinated to the alleged comedy of sloppy dog destroying meticulous home, car and office of Mr. Clean, Detective Scott Turner. The complicated murder investigation gets lost in the background of these immature jokes and, at several points, is incomprehensible.

The simple-minded silliness is carried to the nth degree with the love-interest, veterinarian Dr. Emily Carson (Mare Winningham), who it should be no surprise, has a lady dog so that Hooch can do it in the streets while Turner and Carson are doing it inside.

Yes, friends, they do it, even in Touchstone Pictures — Disney's arm for mature entertainment. But don't worry, parents, they don't show anything, just talk about it, so you needn't worry. This film is so childish that kids young enough to enjoy it won't understand what they're talking about.

**THE DELIGHTFUL** Babar stories created over 50 years ago by Cecil de Brunhoff and illustrated by her husband, Jean, now are on the screen in an animated version which should amuse children of all ages.

Produced in part by the Nelvana Company, whose 1985 success, "The Care Bears Movie" holds the box-office record for a non-Disney animation, "Babar: The Movie" is set for a



Tom Hanks stars as Scott Turner, a police detective whose well-ordered life goes to the dogs when he teams up with a sloopy, drooling junkyard dog, named Hooch, to solve a murder in "Turner & Hooch."



the movies

Dan Greenberg

### Grading the movies

A+	To; marks - sure to please
A	Close behind - excellent
A-	Still in running for top honors
B+	Pretty good stuff, not perfect
B	Good
B-	Good but notable deficiencies
C+	Just a cut above average
C	Mediocre
C-	Not so hot and slipping fast
D+	The very best of the poor stuff
D	Poor
D-	It doesn't get much worse
F	Truly awful
Z	Reserved for the colossally bad
*	No advanced screening

major co-merchandising campaign so look for Babar dolls everywhere.

Interested in trivia? They've got that, too. How many artists were required to create the Babar film? Answer: 281 and they used 37.5 gallons of paint on 150,000 animation cels. Great fun.

So, what did you expect? Jason is still a corpse with an attitude. At 110 minutes "Friday the 13th: Part VII" (F, R) is 100 minutes too long.

"Jason Takes Manhattan" isn't quite accurate either. It's more like Jason takes an extremely slow boat to the Big Apple while killing off everyone in sight in a litany of un-inspired gore. This movie has the look and feel of a junior high school film project.

Production values are nil and suspense is non-existent. Nothing here is fun or enjoyable. What is disturbing, particularly since this movie is aimed at a young audience, is the tacit approval of promiscuity and the frequent use of cocaine and heroin. This is unforgivable and a wholly unnecessary breach of the supposedly socially responsible consciousness in Hollywood these days.

There isn't a single redeeming aspect in this movie to make it worthwhile. Save your money and your time. Trust me, you've got better things to do. *Reviewed by Susan Fincham.*

#### STILL PLAYING:

"Batman" (C+) (PG-13) 120 minutes. Michael Keaton is a dud in the title role but Jack Nicholson's Joker is terrific.

"Dead Poets Society" (A+) (PG) 124 minutes. Robin Williams' sensitive portrait of a fine teacher is complimented by excellent young actors as his students.

"Do the Right Thing" (B+) (R) 120 minutes. Sharp, incisive and entertaining commentary on today's urban America.

"Field of Dreams" (B+) (PG) 111 minutes. Fanciful baseball story as Iowa farmer builds diamond so Shoeless Joe Jackson can play again.

"Ghostbusters II" (C-) (PG) 102 minutes. It's less funny the second time.

"Great Balls of Fire" (C) (PG-13) 105 minutes. Jerry Lee Lewis is energetic and entertaining but biography is hokey whitewash of a decadent life.

"Honey, I Shrunk the Kids" (B+) (PG) 105 minutes. It's fun but it ain't easy to be small.

"Indiana Jones and the Last Crusade" (B+) (PG-13) 120 minutes. Good entertainment, but enough already.

"Karate Kid III" (D-) (PG) 105 minutes. Boring, cliched sequel.

"Lethal Weapon II" (B+) (R) 115 minutes. Glover and Gibson do it again in high, albeit violent, style.

## ALTERNATIVE VIEWING

## Stewart shines in series

By John Monaghan  
special writer

A director once said that Jimmy Stewart's success came from his ability to be so "unusually unusual." It was a feature that proved irresistible in "Mr. Smith Goes to Washington" (1939) and "It's a Wonderful Life" (1946), where he played common men in an uphill battle for dignity.

The Livonia Mall plays tribute to Jimmy Stewart in a continuing series of free films. Screening Tuesday mornings at 10 a.m. (Squeezed in before the mall's matinees), previous films have attracted word-of-mouth audiences up to 300.

More than the previous series, which saluted Judy Garland, Clark Gable and Debbie Reynolds, the choices in the Stewart festival are testimony to the actor's greatness. Though passing over his famous films with director Frank Capra, four out of the five films scheduled rank among his finest work.

Hitchcock's "Rear Window" (1945) kicks off the month-long series on Aug. 1. In a bizarre twist on the term "neighborhood watch," Stewart plays a bed-ridden photo-journalist who suspects murder in the apartment across the courtyard.

WHAT MAKES "Rear Window" so incredible is that the audience never strays from the photographer's



Jimmy Stewart has top billing for a showing of some of his best movies at Livonia Mall during August.

apartment. We see what he sees from the confines of his bed and as he battles the homicidal Raymond Burr, armed with nothing but flash bulbs.

Fortunately, the rest of the titles hail from the previous two decades — three from the busy year of 1940. "Born to Dance" (1936), playing Aug.

22, provided Stewart with his first big break. Though a clumsy hoofbeater, he and Eleanor Powell introduced a slew of Cole Porter musical numbers, including "Easy to Love" and "I've Got You Under My Skin."

He teamed up with Katherine Hepburn, Cary Grant and director George Cukor for "The Philadelphia Story" (1940), the stagey but breezy film version of the Broadway play. It screens Aug. 8.

Stewart plays a reporter covering a society wedding only to fall in love with the bride (a beguiling Hepburn). Ex-husband Grant, meanwhile, has his own plans for getting her back. Stewart won his first Academy Award for this.

MY PERSONAL favorite among Stewart films is "The Shop Around the Corner" (1940), screening Aug. 29. Ernst Lubitsch directed, with Stewart and Margaret Sullivan as employees in a Budapest notibis shop. For close to a year, they despise each other without knowing that they share a common bond — they are each other's lonely hearts pen pals.

And while the Aug. 15 offering "No Time for Comedy" (1940), is true to its title, think of this as your only chance to see it on the big screen. Even in his lesser films, Stewart exhibited a sincerity and warmth that no actor has since equaled.

## VIDEO VIEWING

By Dan Greenberg  
special writer

There's nothing like vintage Bogie, and "The Desperate Hours" (B, 112 minutes, unrated) is just that. While there's an appealing, competent supporting cast, including Arthur Kennedy, Martha Scott, Dewey Martin, Gig Young and Mary Murphy, this one is all Bogart and his nemesis, Fredric March.

This 1955 black and white Paramount release — just two years before Bogart's untimely death — was produced and directed by William Wyler. Joseph Hayes adapted his novel and play for the screen and Paramount is releasing the video cassette on Aug. 2.

The story is pretty simple and straight forward, almost cliched in these days of widespread hostage-taking. Bogart, his brother, and a semi-moronic agent, Cobish, escape from jail and turn up at Fredric March's nice, polite, proper house, which they take over, holding March and his family hostage. They're

waiting for Bogie's girlfriend to show up with the loot.

MARCH IS faced with the classic dilemma of every lawful and orderly person: Does duty lie with loved ones or with society? March opts to protect, as well as trying to save, his family from these desperate men.

"The Desperate Hours" starts rather slowly but builds effectively to a tense, exciting conclusion which should raise everybody's blood pressure.

The opening, however moderately paced, does set the scene of the '50s extremely well. The cars, the hairdos, the suits and dresses, everything including the ladies' figures are remarkably similar. Even after watching the entire film carefully, it is difficult to recall distinguishing features of the mother, daughter or kid brother's school teacher.

But then the '50s was a time of conformity. No doubt in another few decades, commentators will say the same thing about the '80s. Nonetheless, "The Desperate Hours" is worth

watching just for its picture of the '50s.

It's also worth screening as a psychological face-off between Bogart and March because that's what the film is all about. No doubt some will complain that this is haggard Bogart reprising his '30s style in a '50s movie — and there's something to be said for that point of view — but it is enjoyable and entertaining anyway.

THE FILM develops well on the psychologically level as internal pressures work on the three gang members as well as on the family held hostage.

The police forces — city, county and FBI — come in for some pretty modern criticism insofar as their political interests outweigh their concern for the family's safety. In desperation Fredric March's wife says, "Nobody knows what's going on in here."

That helplessness characterizes so much of modern life and the film is successful in dealing with that fear and with the terror of being held hostage.

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## Ha Ha Ha, Hee Hee Hee,



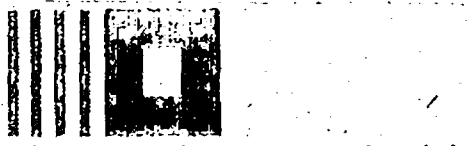
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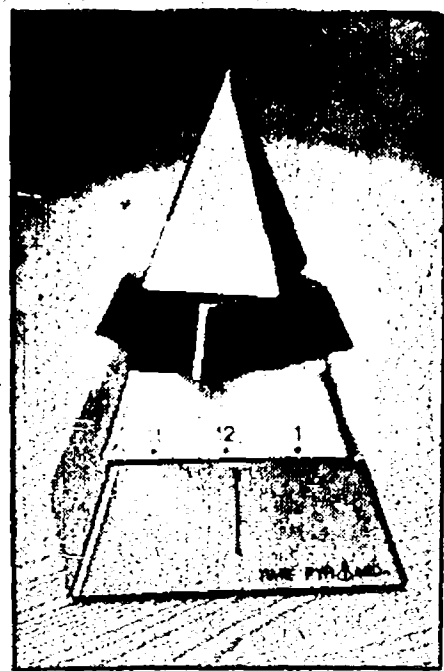
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## street seen

Our intrepid Street Scene reporter is always looking for the unusual and welcomes comments and suggestions from readers and entrepreneurs. Send those to this column in care of this newspaper, 36251 Schoolcraft, Livonia 48150, or call 591-2300, Ext. 313.



### Making a point

The Time Pyramid continuously changes form while indicating time and composes a pyramid every three hours. Add this unusual piece to your office or home interior. It can be found at Eaton Luggage, 300 S. Main, Royal Oak.

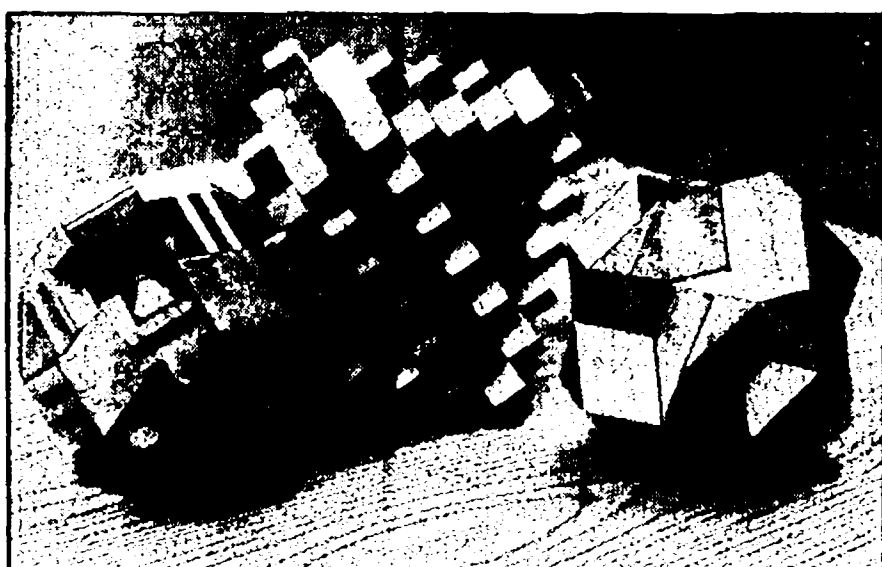
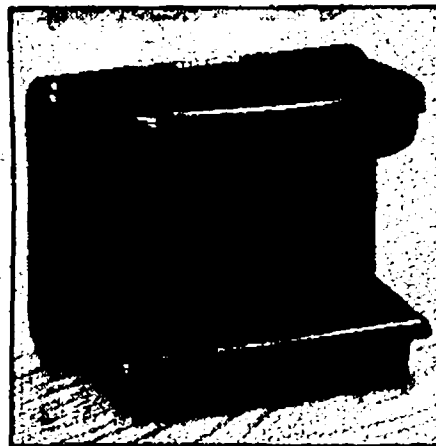


### Pint-sized sweats

Mini-sweats for the 9- to 24-month-old set are the creative "baby" of the Blue Kangaroo, based in West Bloomfield. All outfits are handmade, oversized with many designs to choose from. Various prints and fabrics are used as well as some small toys and charms that are enclosed in plastic pockets. Machine wash and dry, with snaps in the legs for quick changes. Toddler styles also. Prices range from \$25 to \$55 and are special orders. For more information, call 737-8888.

### Tackless traveler

Say goodbye to tacky nail polish. Dry your nails in two minutes with this portable nail dryer. Nails won't smear or smudge when you carry this battery-operated dryer on your trips. Great for quick repairs. \$12. Eaton Luggage, 300 S. Main, Royal Oak.



### Puzzling twist

Wooden brain teasers serve two purposes: a mental challenge and a fun way to create contemporary art objects that turn out to be tabletop conversation pieces. But it's not as easy as it looks. Puzzles range from \$37.95 or \$48.95. Puzzle Place, 32728 Grand River, Farmington.



### Stars in your eyes

Impress friends and turn a room into a planetarium with Super Star Machine by Bushnell. The projector shoots more than 300 stars, 31 constellations and three star fields onto your ceiling wall. It includes four interchangeable domes and star date selectors to outline constellation patterns. \$34.95. Science and Things, 34781 Grand River, Farmington.

## STREET SENSE

### 'To thine own self be true'

Dear Barbara,

I really enjoy your column and respect the way you speak to those who write you for advice. I hope you'll be able to help me out a little bit with my dilemma.

I've been going with a wonderful, loving, faithful man for 1 1/2 years now. We have a good relationship and others enjoy and admire it. I love and care about him deeply, but sad to say, I don't think I've ever been in love with him. I've never thought about him in a dreamy, happy way. I've never really desired him in a passionate, romantic, sexual way, even though he is very good looking and is an excellent lover. This has made me feel gully and dishonest throughout the entire relationship. I have cared for him and treated him well, but I've always felt bad that my whole heart and soul wasn't with him. He really deserves that much of me since he's given wholeheartedly of himself.

He asked me to live with him and marry him many times, but I just could never do it. I have always voiced my hesitations, have told him I am not ready to "settle down" or commit myself entirely like that, yet still he hangs on and loves me as strongly and devotedly as ever. I almost wish he would treat me bad so I could have a reason to break up with him. The last thing in the world I want to do is hurt this man. We've been through a lot together and I

know how very sensitive he is. He'll be devastated, if I leave him, probably wonder what he did wrong when he's done nothing wrong. How can I tell him, after all of this time, that he just doesn't "turn me on"? What a thing to say!! It would make him feel like he's ugly or something, and that's just not true.

I know this letter is very long already, but I must add one more important aspect of this dilemma. About three months ago, I met a guy who just makes me crazy, and I want to go out with him. I have been totally faithful to my boyfriend and I do not want to "sneak around" with this new man. He hasn't asked me out yet, but I know he likes me and is attracted to me in return. I have "held myself back" out of loyalty to my boyfriend, but if I'm honest with myself, I know that that really makes me angry. I'm staying with a man I do love and care about, but it's mainly because I don't want to hurt him, not because of blinding passion or a real want. And I'm not talking of just a physical thing; it's not sex that I yearn for, it's something much more all-consuming than that. I've been in love before and I know this isn't "it" for me with my boyfriend. And that makes me very sad because it obviously is "it" for him. I wish I could say I feel the same, but in my heart of hearts, I know I don't.

Please, Barbara, help me decide what to do about this situation in my

life. This new man interests and attracts me enormously in a way that my boyfriend never has. But my boyfriend is the kindest, sweetest, most generous and thoughtful man I've ever met. Girls tell me to "hold on to him" and I know I'm a lucky lady. For my birthday last month, he bought me a diamond and emerald ring, though I told him I never wanted a ring. I feel trapped and gully and I cry myself to sleep many nights. I desperately seek your advice.

Janie

Dear Janie,

I enjoyed reading your letter very much and I'm going to take this opportunity to thank all my readers who have sent letters and given me such pleasure.

If I understand your letter, you are not doing what is best for you or you would not be so unhappy. In continuing with this man who you say you love, you are not being true to yourself. Also, for the sake of your security, you are being unfair to him and leading him on only to let him down painfully when the time comes.

My following statement is a vast generalization and can easily be criticized. I will make the statement anyway in the hope of gaining clarity and decisiveness. If a woman is capable of experiencing the excitement you describe in yourself and is



Barbara Schiff

capable of generating the same in the man she wants, she would be better going for that rather than settling for dullness and security. However, moving away from decisiveness and clarity, a woman's age would have a large weight in which mate to choose. The younger you are, the more my statement is true.

Many women face this dilemma. Whatever choice you and others like you make, it is important to be able to live happily with the compromise.

Barbara

If you have a question for Barbara Schiff, a trained therapist and experienced counselor, send it to Street Sense, 36251 Schoolcraft, Livonia 48150.

Continued from Page 1

False-front buildings, many dating to the 1800s, give St. James the feel of a frontier town. Anchoring St. James is the Shamrock Bar, kitty-corner from the dock in the heart of town. The Shamrock stays open year-round for breakfast, lunch, dinner and evening diversion.

During the 37 years native islander Archie LaFreniere ran the Shamrock, he was known as Beaver's "unofficial Governor-General."

Now retired, the harmonica-playing LaFreniere has no intention of leaving Beaver, even if he does have to travel a ways to see Notre Dame's Fighting Irish play football. Mrs. LaFreniere, the former Frances Connaghan, also wants to stay put. Like their parents and grandparents and great-grandparents before them, several of LaFreniere's children have settled on Beaver.

"I ENJOY IT here. It's a closer knit community; it's just a peaceful place," said Mrs. LaFreniere, during a time out from preparing dinner.

"My paternal grandfather came here in winter. He walked across from Goodhart near Cross Village," recalled the Governor-General. "My grandmother ran a boarding house

near the lumber mill where she served luncheons and dinners."

LaFreniere, now 76, was the third eldest of eight children. His mother died at 38 giving birth in the family home in town, now the LaFreniere gift shop.

"It was her death that got a doctor on the island," he said.

Tourism has replaced fishing and logging as Beaver's primary industry — something that gives rise to mixed emotions. LaFreniere welcomes the boost to the economy "as long as the building doesn't get out of hand. We're not about to let anyone make a mess of our nice atmosphere, the water and all that."

So-called "off-islanders," several from the metropolitan Detroit area, are making a go of it in tourism, and enjoying themselves.

Bob and Lil McGlocklin moved to Beaver 20 years ago from Garden City. In what was once a rectory, they run the Circle M Supper Club, home of the Circle M Famous Big Burger with steamed onions, cheese and sauteed mushrooms, billed by the Wall Street Journal as one of the top 10 burgers in the U.S.

The Circle M is a few miles out of town. It sits all alone on a pastoral meadow laden with flowers and trees. The McGlocklins offer free

transportation to the restaurant, and Bob often shuttles patrons in his own van.

ARLENE AND Richard Bailey of Rochester began vacationing on Beaver 17 years ago. In 1978, they bought and renovated the Beaver Island Lodge, a restaurant with rentable condominiums perched on a bluff overlooking Lake Michigan.

They became full-time residents in April. Their son Mike, a Schoolcraft College culinary arts product, is chef at the lodge, a great place to catch sunset. Mike's wife Jayne manages the dining room, and Bailey's daughter Lisabeth, is an artist.

Lisabeth has an in-house gift shop and helps manage the condo association.

Why do they love Beaver?

"The simplicity of things and the beauty of the island. Life is simpler here. You get away from the traffic and the people," said Arlene Bailey, whose husband is retiring this year from Ford Motor's comptrollers' office.

For more information, write or call the Beaver Island Chamber of Commerce, Box 5, St. James, Beaver Island, Mich. 49782 or call (616) 448-2505.



STEVE CANTRELL/staff photographer

Restaurateurs Lil and Bob McGlocklin left Garden City for Beaver Island not to get rich, "but for a way of life. There's a nice slow pace here," they say.

## Beaver Island has a 'colorful' history

Continued from Page 1

IN 1856, HIS colony of 2,000 torn with strife, Strang was fatally shot by two disgruntled Mormons.

Leaderless, the Mormons left, making way for former islanders and fishermen to return to Beaver from neighboring islands. Many were Irishmen who'd left their country on "coffin ships" during the potato famine.

"Sociologically, Beaver Island is just fascinating," said Shirley Gladish of Beaver's Historical Society. "Not every small town has experienced such dramatic eras. And anything that happens on Beaver Island is highlighted by its isolation."

"In the mid 1800s, Beaver was open for homesteading. That attracted many people whose roots were in northwest Ireland. They could have farms and they could fish, so to come to Beaver Island from eastern U.S. cities, where Irish were told they need not apply, was a logical pathway.

"In Ireland, they weren't permitted to own land. Here they could, so it was just like heaven. The fishing was fabulous."

The Irish christened Beaver "America's Emerald Isle," a name

that's stood the test of time.

One of the most treasured chapters of Beaver Island history began in 1893 with the arrival of Feodor Protar, who came from a family of eminent professors from the Russian Baltic province of Livonia.

The white-bearded Protar was said to be a haunted, desperate man who kept his troubled past to himself. Before moving to Beaver and taking up housekeeping in a small cabin on Slopown Road, Protar had led successful careers in theater and newspaper publishing.

UNTIL HIS death in 1925, he lived on the fruits of the land and dispensed free medical help to islanders, who gave him the title of doctor.

When Protar sensed his death was approaching, he wrote these instructions:

"One strong bag and a heavy stone will cover all requirements . . . and four friends. Let me slip into the water is all what is necessary."

It wasn't to be. In accordance with state law, Protar was buried on land near his home. Islanders took up a collection and erected a tombstone. The spot is entered in the National Register.

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# STREET CRACKS

## Humor with dash of sports

By Bob Sadler  
special writer

In the opportunistic world of stand-up comedy, there are performers and there are those who specialize in writing material.

Bill Scheft is a guy who's not only established himself as a top-notch comedic performer and writer, he's also an accomplished free-lance sportswriter, with articles published in The New York Times, Sports Illustrated and Sport magazine.

Naturally, with those credits, a significant portion of his humor originates out of a passion for sports. That's why Scheft loves to come to Detroit.

"New York (where he resides) is a great sports town," Scheft said, "but the people who go to comedy clubs aren't necessarily sports fans. In Detroit, it's the same people."

Scheft had thoughts about each of the major franchises in Detroit, except the recent NBA champion Pistons.

"A losing team is much more interesting than a winning team. There's a lot more to poke fun at."

Alluding to a certain franchise owned by William Clay Ford, Scheft

quipped, "I love coming to town with a losing football team. That really hurts."

On the Tigers, who possess the worst record in the majors, "The Tigers have a new season ticket plan. Buy one, get one free. Buy two, you can pitch."

SCHJEFT PROVIDED more sobering thoughts about the current state of the Red Wings.

"I think it's really tough when people are celebrating before they win a Stanley Cup. But Betty Ford's going to have a heck of a team this year."

Originally from Boston, Scheft grew up with the Celtics, Bruins, Patriots and Red Sox. He graduated with honors from Harvard and said he doesn't understand why many are intimidated by the Ivy League mystique.

"They say going to Harvard opens a lot of doors for you," Scheft said. "They don't tell you that those doors have to have your father's name on them."

After graduation, Scheft took a job as a sportswriter in Albany, N.Y., which he found to be a very lonely place.

"I used to go to the batting cages and bring a glove," he confessed.

After a couple of years in Albany, Scheft moved to The Big Apple and tried to make it as a free-lancer, a rather tough proposition. When that wasn't putting enough food on the table, he looked to find something else.

"I just didn't want to eat bologna

the rest of my life," Scheft said.

He auditioned at New York's "Catch a Rising Star" and began the long climb up the comedy ladder.

"That was back in the days when it used to take two years to make a living in stand-up," he said. "Now it takes about a week — because there's so many clubs."

IN THE eight plus years, he's been in comedy, Scheft has done a lot of television. As he puts it, "I've done everything but the shows that can help you." He's appeared on Fox's "The Late Show" and "The Willton North Report," CBS "Morning Program" and "The NFL Today," NBC "Sportsworld Looks at Sports Humor" special and Cinemax's Richard Belzer special.

Eventually, Scheft would like to give up live performance in favor of writing. He's already written a few scripts for television pilots and dreams of one day writing something to run on Broadway.

"I like performing, but I feel I'll always be 10 times the writer," he said. "I'm satisfied with my act, though."

And he says that his stints at The Comedy Castle in Detroit are his most enjoyable ones on the road.

"It's my favorite club," he said. "I really mean that. If I ever get a (cable TV) special, I'll do it in Detroit."

Bill Scheft returns to Mark Ridley's Comedy Castle, 2595 Woodward, Berkley, Tuesday through Saturday. For showtimes and reservations, call 542-9000.



Bill Scheft is a guy who's not only established himself as a top-notch comedic performer and writer, but also as an accomplished free-lance sports writer.

### COMEDY CLUBS

Here are some listings of comedy clubs in our area. To let us know which is appearing at your club send the information to: Comedy Listings, Observer & Eccentric Newspapers, 36251 Schoolcraft Livonia 48150.

**BEA'S KITCHEN**  
Skeeter Murray will perform along with Downtown Tony Brown and Mario Schrotino will perform on Friday and Saturday, Aug. 4-5, at Bea's Comedy Kitchen, 541 Larned, Detroit. Showtimes are 9 p.m. and 11.15 p.m. For information, call 961-2561.

**BENEFIT**  
Comedians Jimmie Walker, Ernest Thomas, Damon Wayans, George Wallace and Franklin Ajaye

will perform in "Comedy Campaign," a benefit for the homeless, on Saturday, Aug. 5, at the Masonic Temple in Detroit. Showtime is 8 p.m. Part of the proceeds will benefit the Salvation Army, Homeless Union, YMCA Homeless Program. For ticket information, call 259-2275.

**CHAPLIN'S EAST**  
Russ Bennett will appear on Wednesday and Thursday, Aug. 2-5, at Chaplin's East, 34244 Groesbeck, Fraser. Showtimes are 8:30 p.m. Wednesday and Thursday and 8:30 p.m. and 10:30 p.m. Friday and Saturday. For information, call 792-1902.

**CHAPLIN'S PLYMOUTH**  
John Planey will appear Thurs-

day-Saturday, Aug. 3-5, at Chaplin's Plymouth in the Plymouth Hilton, 14707 Northville Road, Plymouth. For information, call 454-4680.

**CHAPLIN'S WEST**  
Randy Montgomery will appear Tuesday-Saturday, Aug. 1-5, at Chaplin's West, 16890 Telegraph, south of Six Mile, Detroit. For information, call 533-8866.

**HOLLY HOTEL**  
Ollie Jo Prater will perform along with Steve Blinnitzer and Lisa Recker Thursday through Saturday Aug. 3-5, at Holly Hotel, 110 Battle Alley, Holly. Show times are 8:30 p.m. with additional 10:30 p.m. shows on Friday and Saturday. For information, call 634-1891.

#### DINING & ENTERTAINMENT



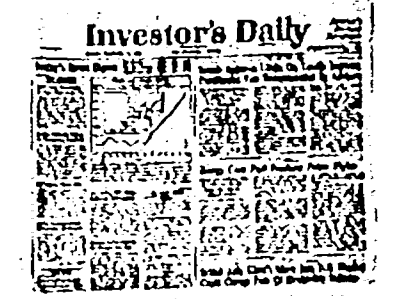
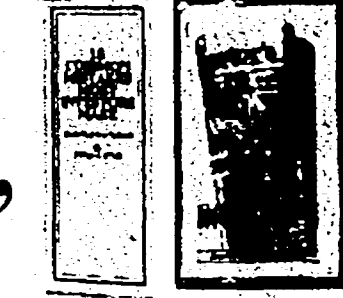
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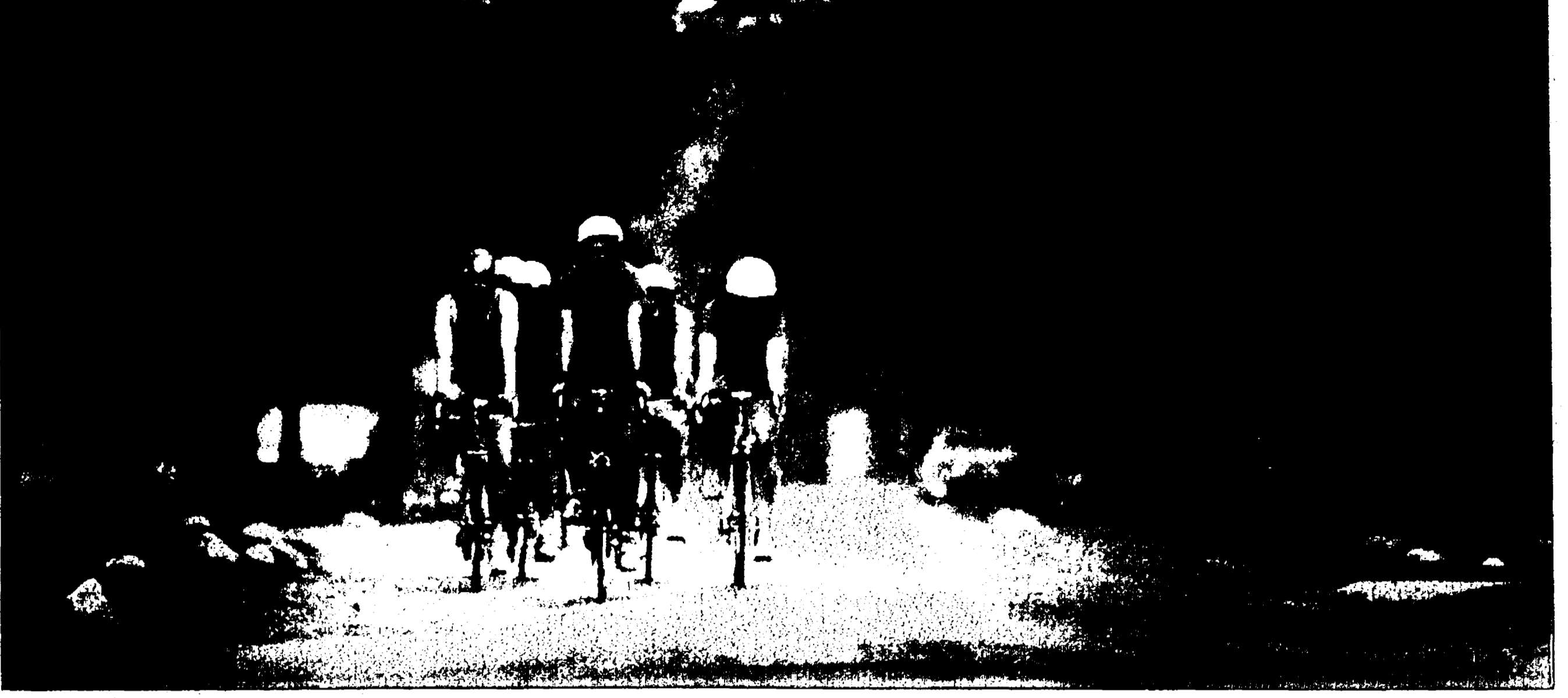
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Ron Miller leads a group of American Youth Hostels bicyclists on a Wednesday evening ride through a residential section in Birmingham.

DAN DEAN/staff photographer

## Taking to the road for fun and fitness

By Lynn Waldemith  
special writer

Summer's here and the bikin' is easy.

Whether you're an avid cycling enthusiast or just a beginner, biking is the perfect summertime activity. It's fun, it's simple and it's an excellent form of aerobic exercise.

Riding a bicycle allows you to stay in shape while you enjoy the outdoors. One of the best ways to discover new bike routes and meet new people is to participate in a ride, sponsored by a local biking club or organization.

American Youth Hostels Inc. in Berkeley is one of the largest and best known biking groups in the tri-county area. The organization sponsors rides every day of the week except Fridays.

"We offer a diverse group of rides that match different abilities and styles of riding," said Jim DeBaker, president of the AYH Bike Club. "And most of our rides tend to be on low traffic routes."

AYH grades its rides according to typical riding speeds. Although the average speeds will be lower because of stops, the grades are "D" for slow (7 to 10 mph) rides, recommended for the beginner or for those preparing for the more advanced rides, "C" for moderate (10 to 13 mph) rides, "B" for moderately fast (13 to 16 mph) rides, "A" for fast (16 to 19 mph) rides, and "AA" for very fast (20 plus mph), recommended only for the very advanced bicyclist.

IF YOU aren't sure of your ability, DeBaker recommends that you start at a low grade ride and move up when you feel comfortable doing so. By the way, don't let the name American Youth Hostel fool you. People of all different ages participate in AYH rides, including teenagers and senior citizens.

Riders are assessed \$2 for each AYH-sponsored ride. Most of the group rides are have a leader, but on some of the simpler routes, riders are simply given a map and directions.

The number of people who participate in an AYH ride varies anywhere from one to 50, but special event rides, such as the Firecracker 100, can draw as many as 1,000 riders.

Biking is especially popular on weekends and so are the AYH weekend rides.

Every Saturday, AYH sponsors a ride, known as the Clarkston-Orion Express, which gives bikers the opportunity to pedal through Clarkston and Lake Orion. Special Saturday rides are also available each month.

The first Saturday of the month features a ride that begins in Hartland in Livingston County, north of Brighton. Riders are provided with maps and have the option of biking anywhere from 25 to 75 miles.

The third Saturday of the month highlights a ride from Dearborn to Northville — approximately 50 miles round trip, although riders have the option of going fewer miles. Much of the route consists of Edward Hines Drive, which is largely closed off from vehicular traffic on Saturdays.

BICYCLING can certainly cause you to work up an appetite. Perhaps that's one of the reasons why the Sunday Morning Brunch Ride, held every Sunday, is AYH's most popular biking event.

The brunch ride offers a variety of different routes, some of the destinations include Birmingham, Northville and Plymouth. After meeting at Nine Mile and Evergreen roads in Southfield, riders begin their work-out, which is approximately 25 miles with a brunch stop halfway.

AYH also offers a regular series of rides during the week. On Mondays, the Lakeshore Spin features a scenic 20- to 25-mile ride through the Grosse Pointes and along the shore of Lake St. Clair.

The Ego-Opto Ride on Tuesdays is a 20- to 25-mile ride through the country and suburban areas in Plymouth and Northville. Wednesday is the Cranbrook Ramble. The 20- to 25-mile route goes through Cranbrook and the Birmingham-Bloomfield area.

On Thursdays, the M&M Ride takes bikers through Berkley, Lathrup, Southfield and Birmingham at a very easy pace with a stop for ice cream.

All AYH weekday rides begin at 6 p.m. Another popular ride is the Firecracker 100. Held on the fourth of July, the Firecracker 100 is AYH's annual fund-raising ride. The starting point is Milford, and bikers have a choice of completing a 25-, 50- or 100-mile route.

For more information about the Firecracker 100

ride or any of the regular AYH rides, call the AYH office at 545-0511.

To enjoy bicycling, all you really need is a bike that's in good running order and comfortable clothing that won't get caught in the bike chain or spokes.

A WATER bottle is a good idea, as well as a bag of some sort to carry a jacket or sweater, a spare tube and patch kit, or any other items you might need.

But the best piece of advice is to wear a safety helmet when riding.

"If you break an arm or leg, you can fix that," DeBaker said. "But if you crack open your head, you may not be so lucky. We don't require riders to wear a helmet, but we strongly encourage it."

"I consider the \$25 to \$50 that you spend on a helmet the best insurance policy that you can have."

If you're interested in biking through scenic northern Michigan, Michigan Bicycle Touring at (616) 263-5885 and Bicycle Cruises at (800) 222-0072 offer a variety of weekend and week-long bike tours.

Information about other biking groups and tours are available at local bike shops.

In addition, bike maps that show road surface type and recreation facilities are available through the Michigan Department of Transportation. The maps highlight designated bike facilities, roads with paved shoulders and roads with low traffic volumes.

## Kinsey Report: A new 'blues'

By Larry O'Connor  
staff writer

Once Donald Kinsey saw the future in the face of a great bluesman, the brightness faded.

"We did a show with (Albert King) in Pittsburgh not long ago," said Donald Kinsey, guitar player with The Kinsey Report. "It's almost like the years of the ups and downs and being used has taken its toll on him. It hurts me to see him like that because I know him so well. I heard him say, 'Donald, I don't give a damn about playing any more.'"

The story of the blues artists has often been a tale of woe. Bad management and exploited by promoters have left some greats broke, alcoholics or drug addicts and, worse, dead.

The sight of a burned-out musician who once set the stage on fire with his high energized style guitar playing was not only painful, but somewhat frightening, especially to a member of a group that has been touted to be the blues band of the 1990s.

The Kinsey Report has just released what is undoubtedly the blues album of the year, "Midnight Drive" (Alligator). Several cuts are outstanding. Several cuts are deserving of commercial radio play.

Yet, there are no guarantees that will happen.

"We just played New York City a couple of weeks back and this guy came up to me and said, 'Wow you guys were great. When's the new album coming out?'" said Donald Kinsey, perhaps best illustrating what The Kinsey Report is up against.

**THE KINSEYS** remain strong. They are family, both on and off stage.

Their father, blues legend Lester "Big Daddy" Kinsey introduced his sons Donald, Ralph and Kenneth to the music at an early age. They toured from the late '60s until 1972. Then Donald Kinsey went on a 12-



The Kinsey brothers — Ralph, Donald and Kenneth — have been inspired by their father, blues legend Lester "Big Daddy" Kinsey, who introduced his sons to the blues at an early age.

**'I think it's very important (to bring in new audiences). College radio has been a great help in allowing us to do that. I wish (commercial) radio would. They are playing more of our music.'**

— Donald Kinsey

year musical odyssey that saw him perform with King, and later, reggae greats Bob Marley and Peter Tosh.

When Donald Kinsey returned to his hometown of Gary, Ind., and was back together with his father and brothers, a new sound had been created. Their brand of music would be a volatile blend of funk, reggae and rock'n'roll while still rooted in blues.

"I think it's very important (to bring in new audiences)," Kinsey said. "College radio has been a great help in allowing us to do that. I wish (commercial) radio would. They are playing more of our music."

"My thing on that is that it should be a combination of both old and new because it's a learning process and history thing going on, too. I

think that people are digging on the Kinsey Report's album should also have the chance to experience a person like my father — who is more traditional and Delta like — because you get a chance to see how it came to be, the now and the then."

"BIG DADDY" Kinsey still tours with his sons. He will appear (this week) at the Motor City Blues Festival at the Michigan State Fairgrounds.

"Big Daddy" provides the stabilizing influence for The Kinsey Report.

"My dad and I just had breakfast together this morning," said Donald Kinsey, in a phone conversation from Ottawa, Ont., where the group was performing that night. "He

helped open our eyes, not just to music but to things that are going on around us, which, to me, is more important than music sometimes."

But there have been others who have made Kinsey's eyelids expand. Three years spent touring with Albert King proved beneficial. He appeared on two of King's albums "I Wanna Get Funky" and "Montreux Festival."

Kinsey later met reggae greats Marley and Tosh at an Island Records press party in New York. He took up an invitation to record with Marley, only to find himself present when six gunmen made an attempt on Marley's life.

Kinsey was in the kitchen with Marley when the shooting occurred. He escaped injury, but Marley was wounded. Shakened, Kinsey returned home.

He reunited with his brother, Ralph (who had spent time in the Air Force) and Ron Prince (longtime Kinsey Report member) and formed the rock and reggae outfit The Chosen Ones.

DURING THAT time, Kinsey also toured and recorded with Tosh who was killed in 1987 by a gunman. The group opened for the Rolling Stones on their 1978 U.S. Tour, helping bring reggae to a wider audience.

"Reggae music was new to me," Kinsey said. "So much of it reminded me of growing up in Gary, Ind. There are spots you can go to Gary, Ind., now and places in Kingston, Jamaica, where you could hardly tell the difference."

"I really felt I was somewhere where I was supposed to be. I got deep into it. I wanted to see it grow. We started looking at it like, 'Wow, why can't a reggae tune by Bob Marley be in the Top 100 of Billboard?'"

Marley eventually hit the Top 100 Billboard with "Rastaman Vibration," on which Kinsey performed. Now, The Kinsey Report is striving for chart action.

The group released "Edge of the City" in 1987 and was well-received by critics but never rose above blues circles. "Midnight Drive" (Alligator) could be the ticket.

"When we put the album out, everyone felt really good about it," he said. "So you never know how or what's going to happen."

"The important thing is that we establish ourselves and our identity."

The Kinsey Report will perform on Sunday as part of the Motor City Blues Festival this weekend at the Michigan State Fairgrounds. For ticket information, call 681-6020.

## Hotel has that fairy tale 'look'

Continued from Page 1

family, Sveti Stefan appears before you like a fairy tale.

The turrets and their sentries have gone, but otherwise the island looks much as it did centuries ago, buildings climbing step by step up the rocky hill above the wall.

Ancient Montenegro was a tribal society and each clan had 12 families. The Pastovic clan built the wall, each family built a house inside the wall and whenever enemy ships came into view the people would flee to the island.

The clan did that for about 200 years. They moved into the walled island permanently during the 17th century and built stone houses.

By the end of World War II, there were only five families left on the island. Artists had discovered the place by then, and one of them had a great idea of turning the whole island into a hotel. It took a few years for the bureaucratic wheels to turn, and the five families didn't move willingly to larger modern houses on the mainland, but in the 1960s, Hotel Sveti Stefan opened to the public.

THERE ARE 116 rooms set in the old houses and shops. The government built a causeway and a sand beach and spent millions of public and private money restoring the village.

When you walk across the causeway and through the wall to the reception desk, you might be assigned a room in one of the old houses or you might get a whole stone house to yourself.

The alternative is to visit the hotel for lunch, or dinner, about \$20 for a large meal, or pay about \$3 just to tour the island, and use the receipt for a cake and coffee at the bakery.

Rent a car in Dubrovnik. People who fly in and take the airport limousine to Sveti Stefan pay \$75 for the whole car, full or empty. Or take a bus to Budva.

For more information, contact the Yugoslav National Tourist Office, 630 Fifth Ave., New York, N.Y. 10020.















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